



Collect 3

3 players – a feeder, a collector and a fielder work cooperatively. The feeder rolls 3 balls in quick succession into the target area. The collector has to gather the balls with the assistance of the fielder, running against the clock, and return them to a hoop.

What you need

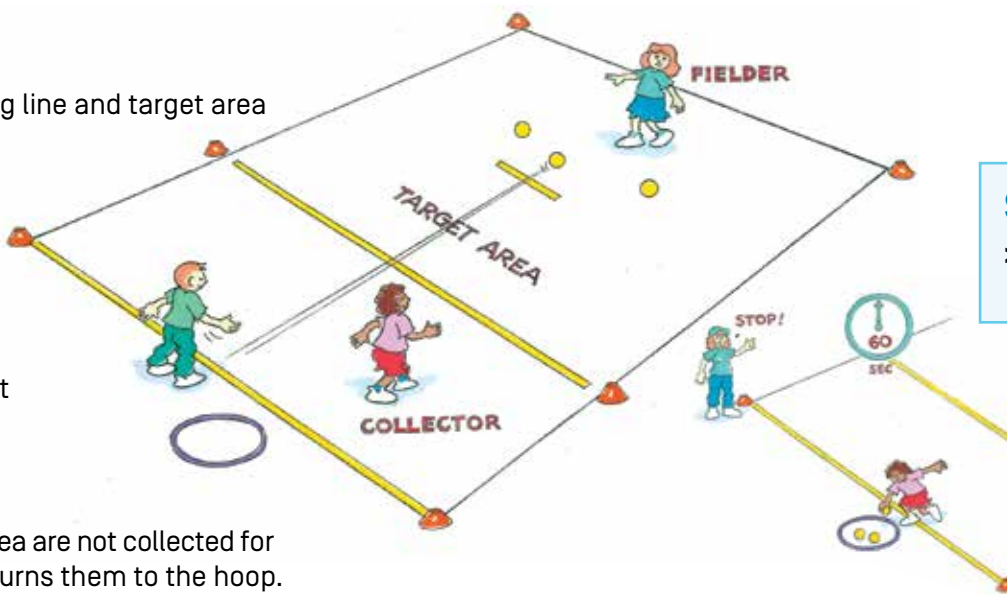
- > Cones to mark a starting line and target area
- > 3 tennis balls per group
- > One hoop or container for returned balls
- > Stopwatch

What to do

- > Allow the collector a set period to collect balls [e.g. 60 seconds].
- > Rotate roles.
- > Balls out of the target area are not collected for scoring – the fielder returns them to the hoop.
- > If all balls roll out, the feeder has a second attempt.

Change it

- > Talk to players about the cooperative aspect of accurate feeding (target rolling) and efficient fielding and how they interrelate for a good result.
- > **Cooperative team challenge** – add each player's score together to give a team total.
- > **Number of balls** – use 2 balls [easier], 4 balls [harder].



- > **Balls** – use different rolling balls (slow v fast rolling).
- > **Target area** – vary the size and shape. Mark a zone within the target area for bonus points if the feeder rolls balls into the zone.
- > If a player has limited mobility they could be located in the target area facing the feeder. Collected balls are then passed to a buddy to return to the hoop.

Safety

- > Ensure there is sufficient space between groups.
- > If a ball enters another group's area, play must stop before the ball is retrieved.
- > The fielder does not enter the playing area.

Scoring

- > Number of balls returned in the set time.



Ask the players

- > What strategies did you use to collect each of the balls as quickly as possible?
- > How did you work together as fielder and collector to return the balls as quickly as possible to the hoop?
- > When you were the feeder, where did you roll the ball to try and make it slower for the fielders to retrieve the ball?
- > When being the feeder, what can you do to stay focused and calm?

LEARNING INTENTION

Collect 3 develops accuracy in rolling objects towards a target as well as fielding and retrieving objects.

PHYSICAL LITERACY ELEMENTS

MOVING WITH EQUIPMENT
OBJECT MANIPULATION

SELF-REGULATION (EMOTIONS)
SPEED

STRATEGY AND PLANNING

AC:HPE CONTENT DESCRIPTIONS

ACPMPO43
ACPMPO61