



SPORTS ABILITY

Tee Ball

Zone Tee Ball

A team sport for developing striking, catching and throwing.



Learning Intention

To practice and refine striking, catching and throwing skills.



Skill Focus

Catching, fielding, shot placement, striking, throwing.



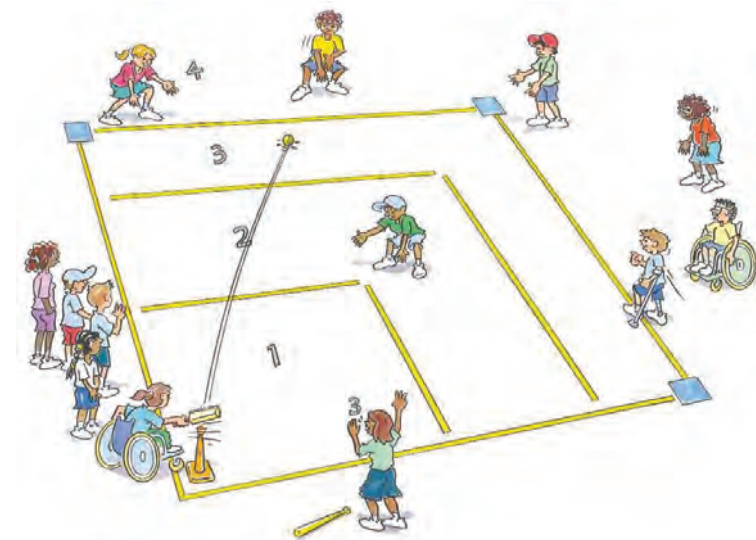
What you need

- Suitable indoor or outdoor playing area
- Tee-ball bat and ball or alternatives (see Equipment)
- Base markers - these should be flat strips or discs
- Batting tee



What to do

- Divide into teams of 6-9 players.
- Batters score by hitting the ball into the scoring zone instead of running around the bases.
- Players continue to move around the bases. They are moved on by the number of the zone the batter reaches with the ball.
- Allow one 'good' hit for each batter, i.e. hit between the angle of home, first and third base.
- One fielder is allowed inside the bases.
- Umpire calls each batter to the home plate and calls 'play ball' and raises a hand to start play.



Alternative Balls & Bats



Curriculum links

ACPMPO43, ACPMP045, ACPMP061, ACPMP063, ACPMP080, ACPMP082

F-2

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Teaching Style · Rules · Equipment · Environment

Use the TREE model to modify the game. Below are some suggestions or try your own!

Teaching style

- Fielders should move towards where the ball is heading and not wait for the ball to come to them.
- Batters should look to see where best to hit the ball depending on the positions of the fielders.

Rules

- Points can be awarded for either the zone where the ball first bounces or which zone the ball is fielded/stopped.
- A fielder in possession of the ball touches the base a batter is moving to, then the batter is out.

Equipment

- Include a variety of bats e.g. different sized tee-ball bats, plastic bats, paddle bats.
- Use different density balls to vary the challenge for batters and fielders, e.g. whiffle ball, foam ball, softball.

Environment

- Increase or decrease the playing area. Increasing the size gives fielders a bigger area to cover, decreasing will reduce scoring options.
- Vary the positions of the fielding team. Have more or less fielders inside the bases.

Safety

- Bats must be dropped and not thrown.
- Umpire to remove tee after batter has hit the ball.
- Waiting batters remain in 'safety zone' to the rear of the batter.

Ask the players

Batters

- Where will you aim to hit the ball and why?
- Where do you need to be looking when you strike the ball off the tee?

Fielders

- How can you tell what direction the batter is going to hit the ball?
- How can you be ready to back-up if a team-mate misses a ball?