



Cycling
AUSTRALIA



SCHOOL TEACHER

CAST

Instructor Certificate



Cycling Australia have developed the Cycling Australia School Teacher (CAST) instructor certificate for road traffic safety education, expanded skills acquisition, health and wellness through cycling excursions and collaborate schools' sports in closed road and off-road scenarios.

The CAST 5 ½ hour education program addresses the physical development and motor skills of children within the school's environment that prepares them for outdoor cycling adventures, competitive sport and camps.

A CAST teacher will have the skills to develop and deliver a range of cycling specific sessions that take the student outcomes to a higher level than the contemporary 'learn to ride' focus that has been with us for many years. Now, children and adolescents are wanting to explore off road environments as part of outdoor education, extra to the competition in sport that is available in the numerous schools cycling championships.

A CAST teacher will feel comfortable with riding Green level MTB trails, entry level BMX and Gravel Grinding cycling adventures to list a few.

The CAST program will take the teacher through education on the Cycling Australia Core 4 Skills for successful bicycle control and help the participants explore the wonderful world of riding a bike safely on all surfaces.

CAST is available to all schools and is considered as a primary source for program sustainability by Sporting Schools in that the school is able to continue with program delivery for many years after the initial program.

CAST engages the teacher as a skilled deliverer of the next level of "FUN" by building the skills competency and knowledge for adventure.

