

### PARTICIPATION IN SWIMMING BY AUSTRALIAN CHILDREN 2003 – 2012

#### **Report prepared by the Australian Sports Commission**



## Participation Data for Australian Children 5-14 Year Olds

This report presents data from the *Children's Participation in Cultural & Leisure Activities Survey (CPCLAS)* which was administered by the Australian Bureau of Statistics (ABS) in 2003, 2006, 2009 and 2012.

The **CPCLAS** collected information about participation in *organised sport outside of school hours* for Australian 5-14 year olds as recalled by their parents.

More details on the **CPCLAS** can be found via ABS cat. no. 4901.0 or the following link: <u>http://www.abs.gov.au/AUSSTATS/abs@.nsf/Lookup/4901.0Main+Features1Apr</u> <u>%202012?OpenDocument</u>

This report has been prepared by the Australian Sports Commission (ASC) and includes some data that has not been presented in previous ABS **CPCLAS** publications. The ASC purchased custom data for select sports through the ABS Sports Unit.

# The Children's Participation in Cultural & Leisure Activities Survey

The *Children's Participation in Cultural & Leisure Activities Survey* asked parents:

Which sports has [Child name] played or trained for outside of school hours since this time last year?

In each year the survey was administered, a number of parents responded:

Swimming \*

\* In this report the definition of swimming participation also includes diving, but excludes triathlon.

# Explanatory notes for interpreting the Children's Participation Data

Data from the *CPCLAS* <u>should not</u> be directly compared with results from other sport participation surveys, such as the *Exercise Recreation And Sport Survey (ERASS)* or the *ABS adult sport participation surveys*, without considering the difference in methodology, scope and years.

#### It should be noted that the **CPCLAS** data:

- Is based upon a different data collection process to the ERASS adults' data
- Is not collected in the same years as the ERASS and ABS adults' data
- Reflects parent responses, while the ERASS and ABS adults' data reflects participant responses
- Reflects participation <u>outside of school hours</u> only, while the ERASS and ABS adults' data also included measures of total participation
- Reflects <u>organised participation only</u>, while information on non-organised participation data was also collected for the ERASS and ABS adults
- Reports different participation frequency categories to the ERASS adults data (e.g. Regular participation for the children's data is defined as 27 times or more a year, while for the adults data is defined as 26 times or more a year)

# How to interpret the Children's Participation Data

Some of the data in this report has not been publically released by the ABS. The ASC sourced custom data tables from the ABS containing information relevant for sports. Please note that the ASC did not have access to the raw data. As the ABS reported the total survey sample size (sample size in 2003 = 8,900; sample size in 2006 = 8,682; sample size in 2009 = 5,825; sample size in 2012 = 7,300), it was possible to compare the proportion of Australian children participating in a sport across the four time periods with significance testing. The ABS, however, did not report the sample sizes for the demographic (e.g. age or gender) categories, so it was not possible to conduct significance tests on demographic subgroups. As such, the interpretation of data relating to the demographic subgroups in this report is indicative only.

The ABS does not publically release data with high Relative Standard Errors (RSEs). It is important to note that all the swimming data presented in this report was associated with acceptable RSEs. For further information\* related to RSEs associated with the data please refer to ABS cat. no. 4901.0.

Please note that scales may differ between charts.

Australian children's population (5–14 year olds) by year from ABS population estimates:

2003: 2,647,500	2006: 2,664,700
2009: 2,722,500	2012: 2,786,100

Participation frequency definitions:

- Annual defined as participating in a given sport at least once a year
- Regular defined as participating in a given sport at least 27 times a year
- Non-regular defined as participating in a given sport at least once but less than 27 times a year

\*<u>http://www.abs.gov.au/AUSSTATS/abs@.nsf/Latestproducts/4901.0Technical%20Note1Apr%202012?opendocument&tabname=Notes&prodn</u>o=4901.0&issue=Apr%202012&num=&view=

## **Summary of Trends**

# Summary of General Trends in Children's Participation Among 21 Selected Sports

Between 2003 and 2012 there was a <u>significant increase</u> in children's organised participation in the following sports:

- *Gymnastics* and *rugby union* had a significant increase in annual, regular and non-regular participation rates.
- *Rugby union* had a significant increase in annual and non-regular participation rates.
- *Touch football* and *football* had a significant increase in the non-regular participation rate.

## Between 2003 and 2012 there was a <u>significant decrease</u> in children's organised participation in the following sports:

- *Hockey* had a significant decrease in annual, regular and non-regular participation rates.
- Netball, tennis and softball had a significant decrease in annual and regular participation rates.
- *Athletics* had a significant decrease in the annual participation rate.
- *Cricket, touch football* and *golf* had a significant decrease in the regular participation rate.

For information on general trends in children's organised participation across sports please refer to the following ABS reports:

- 1. <u>http://www.ausport.gov.au/ data/assets/pdf file/0011/276914/ABS Childrens participation in organised 2003 2006.pdf</u>
- 2. <u>http://www.ausport.gov.au/ data/assets/pdf file/0009/197829/childrens participation in organised sport 2003 2006 surv</u> ey multi-variate analysis.pdf

# Summary of General Trends in Children's Swimming Participation

#### **Organised swimming participation**

Between 2003 and 2012:

- The ABS estimation of the number of children annually participating in organised swimming varied around 439,000 (in 2003) and 503,000 (in 2009).
- The ABS estimation of the percentage of Australian children annually participating in organised swimming varied between 16.6% (in 2003) and 18.5% (in 2009).
- There was no significant change in the annual, regular or non-regular participation rates for children's organised swimming.

#### Comparison of regular v. non-regular organised swimming participation

For all four time periods, the regular participation rate for children's organised swimming was statistically significantly higher than the non-regular participation rate.

#### Demographic analysis of organised swimming participation

For all four time periods, the ABS estimated that slightly more girls than boys participated in swimming annually and regularly.

The annual and regular participation rate in organised swimming decreased with age. For all four time periods, the 12-14 year old category had the lowest participation rate and the 5-8 year old category had the highest participation rate.

## Organised\* Participation in Swimming^

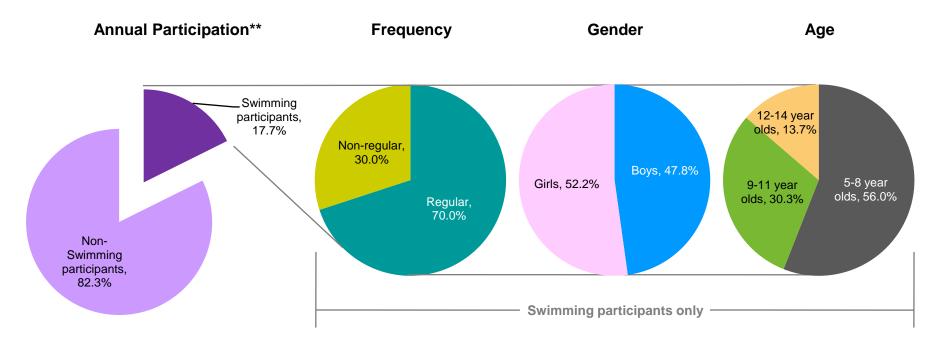
\* The CPCLAS refers to "organised sport" as a sport which is played or trained for outside of school hours and is organised by a school, club or association

^ Includes swimming and diving. Excludes triathlon.

### **Current Participation Status (2012)**

#### **Interpretive Notes**

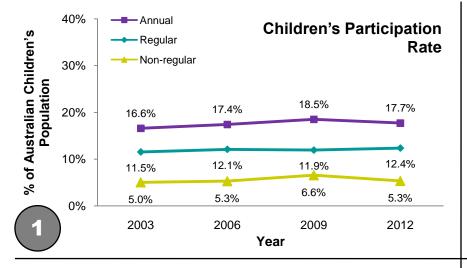
- 17.7% of the Australian children's population participated in organised swimming at least once in 2012.
- Statistically significantly more children participated in organised swimming regularly (70.0%) than non-regularly (30.0%).
- A similar proportion of girls (52.2%) and boys (47.8%) participated in organised swimming annually\*.
- A small majority of annual organised swimming participants were aged 5-8 years (56.0%)\*.

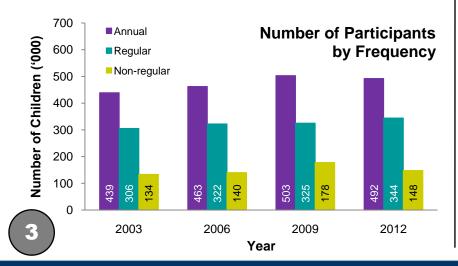


\*As the ABS did not report the survey sample sizes for the demographic (e.g. age or gender) categories it was not possible to conduct a significance test on the demographic subgroups \*\*Based on the 2012 ABS population estimate for Australian 5-14 year olds

A one sample Difference in Proportions T-Test at 95% confidence level was used to compare regular and non-regular participation rates

### 2003 – 2012 Participation by Frequency





#### Regular **Proportion of Participants by Frequency** Non-regular 2012 70.0% 30.0% 2009 64.6% 35.4% Year 2006 69.6% 30.4% 2003 69.6% 30.4% 0% 20% 40% 60% 80% 100%

#### **Interpretive Notes**

Between 2003 and 2012, the ABS estimation of the number of children annually participating in organised swimming varied around 439,000 (in 2003) and 503,000 (in 2009).

Between 2003 and 2012, the ABS estimation of the percentage of Australian children annually participating in organised swimming varied between 16.6% (in 2003) and 18.5% (in 2009).

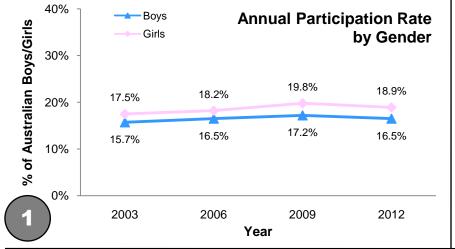
Between 2003 and 2012, there was no significant change in the annual, regular or non-regular participation rates for children's organised swimming.

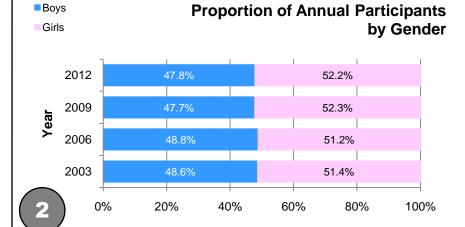
For all four time periods, the regular participation rate for children's organised swimming was statistically significantly higher than the non-regular participation rate.

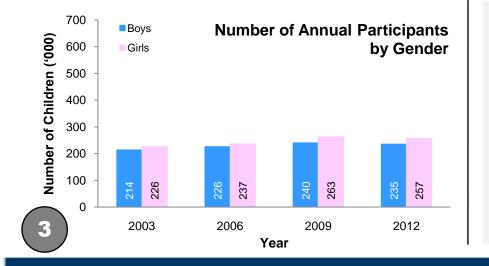
**Note:** A two sample Difference in Proportions T-Test at 95% confidence level was used to compare the percentage of Australian 5-14 year olds participating across the four time periods. A one sample Difference in Proportions T-Test at 95% confidence level was used to compare regular and non-regular participation rates.

# Annual Participation Demographic Analysis

### **Annual Participation by Gender**





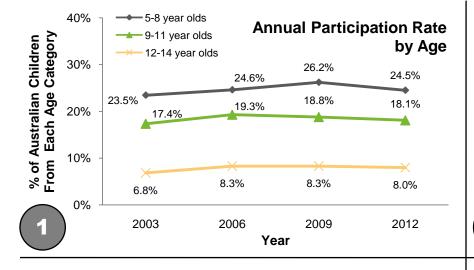


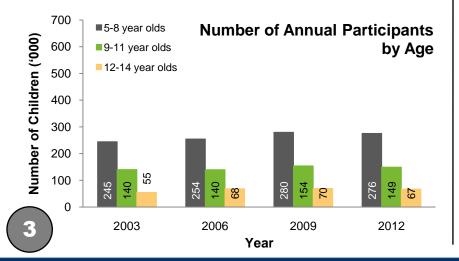
#### **Interpretive Notes**

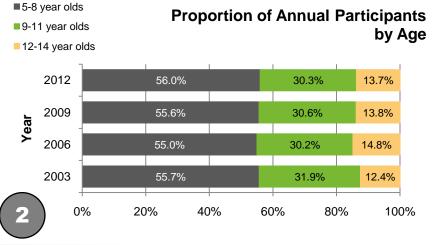
The data presented on this slide appears to indicate the following:

- For annual organised swimming participation, the proportion of girls to boys was relatively consistent between 2003 and 2012, with a little over half of participating children being girls.
- Over the years, the number of girls and boys participating in organised swimming increased from 2003 to 2009 and then was steady from 2009 to 2012. Unfortunately, with the data provided to the ASC by the ABS, it was not possible to statistically examine whether these changes over time were significant.

### **Annual Participation by Age**







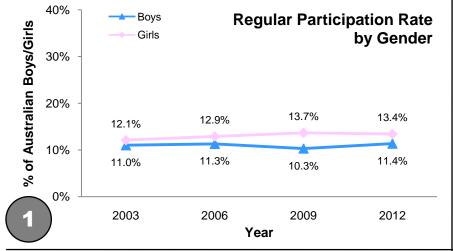
#### **Interpretive Notes**

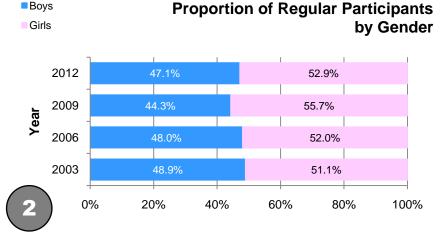
The data presented on this slide appears to indicate the following:

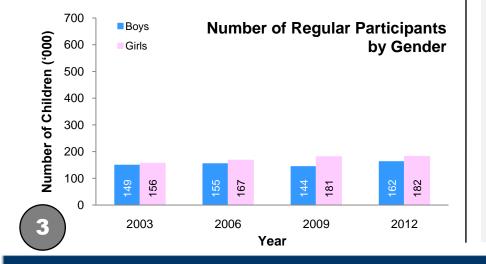
- The annual participation rate for organised swimming decreased with age. For all four time periods, the 12-14 year old category had the lowest annual participation rate and the 5-8 year old category had the highest annual participation rate.
- From 2003 to 2012, a little over half of annual swimming participants were 5-8 years of age.

# **Regular Participation Demographic Analysis**

### **Regular Participation by Gender**





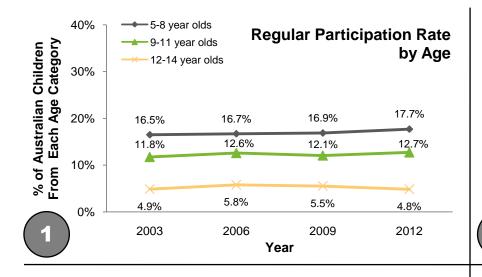


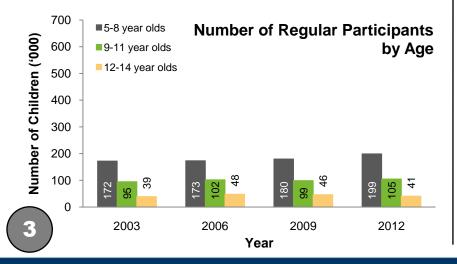
#### **Interpretive Notes**

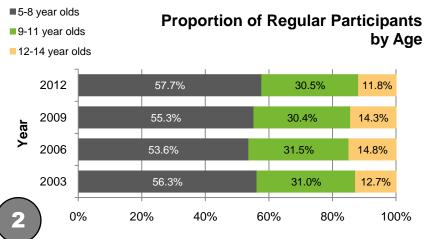
The data presented on this slide appears to indicate the following:

• As was the case for annual participation, slightly more girls than boys were estimated to participate in organised swimming regularly.

### **Regular Participation by Age**







#### Interpretive Notes

The data presented on this slide appears to indicate the following:

- The regular participation rate in organised swimming for each age category was relatively consistent across the years.
- The proportion of regular swimming participants from each age group was similar to the annual participation analysis.

## **Sport Comparison**

# Ranking of Selected Sports According to Annual Participation

2012 Ranking	SPORT	2003 Ranking	
1	Swimming	1	-
2	Football	2	-
3	Australian Football	6	<b>1</b> 3
4	Netball	3	🦊 1
5	Basketball	5	-
6	Tennis	4	<b>4</b> 2
7	Gymnastics	9	<b>1</b> 2
8	Cricket	7	🦊 1
9	Rugby League	10	<b>1</b> €
10	Track and Field Athletics	8	<b>4</b> 2
11	Rugby Union	14	<b>1</b> 3

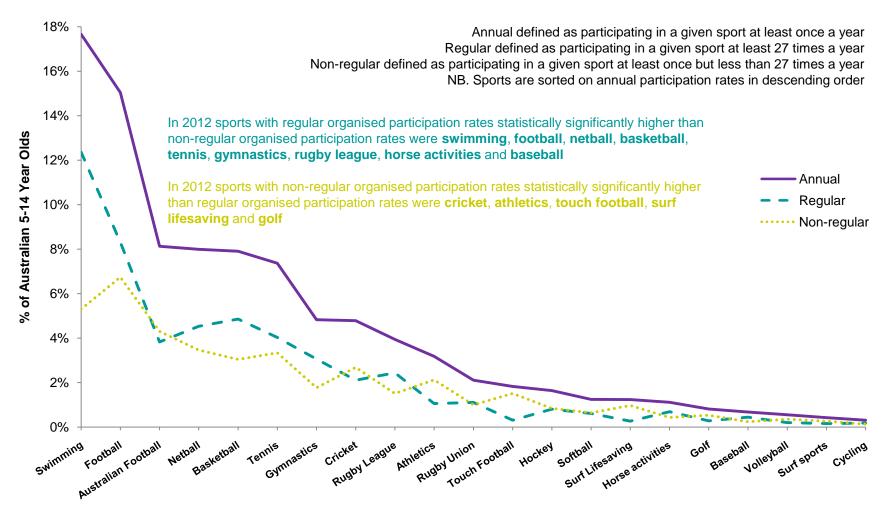
SPORT	2003 Ranking	
Touch Football	13	<b>1</b>
Hockey	11	<b>4</b> 2
Softball	12	<b>₽</b> 2
Surf Lifesaving	16	<b>1</b>
Horse activities	15	<b>↓</b> 1
Golf	17	-
Baseball	18	-
Volleyball	19	-
Surf sports	21	<b>1</b> €
Cycling	20	<b>4</b> 1
	Touch Football Hockey Softball Surf Lifesaving Horse activities Golf Baseball Volleyball Surf sports	SPORTRankingTouch Football13Hockey11Softball12Surf Lifesaving16Horse activities15Golf17Baseball18Volleyball19Surf sports21

The Table represents a ranking of 21 selected sports

Table sorted on 2012 rankings

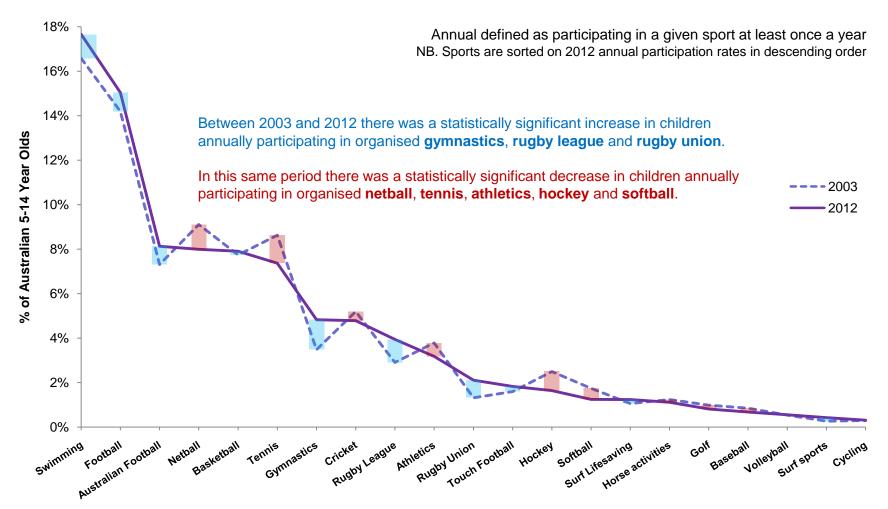
#1 ranking = sport with the highest participation among the 21 selected sports

# 2012 Annual v. Regular v. Non-regular Participation Rates for Selected Sports



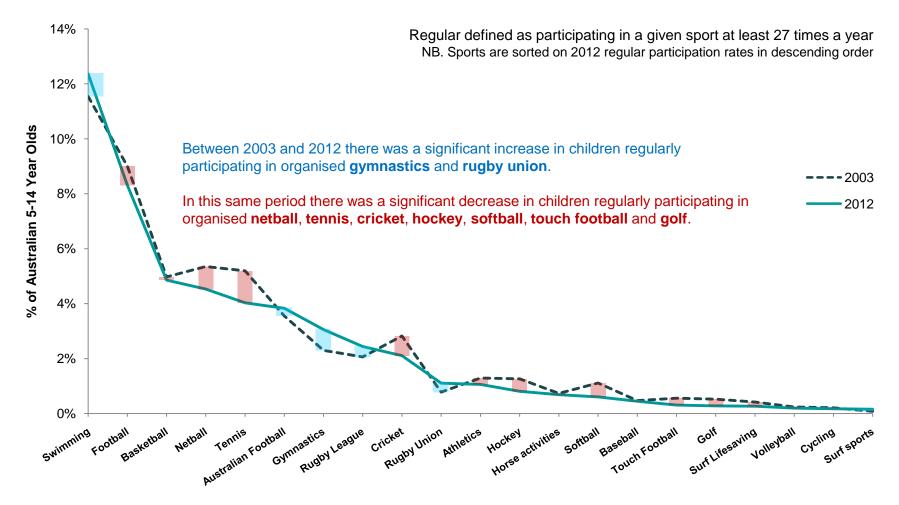
Note: A one sample Difference in Proportions T-Test at 95% confidence level was used to compare regular and non-regular participation rates.

### 2003 v. 2012 Annual Participation Rates for Selected Sports



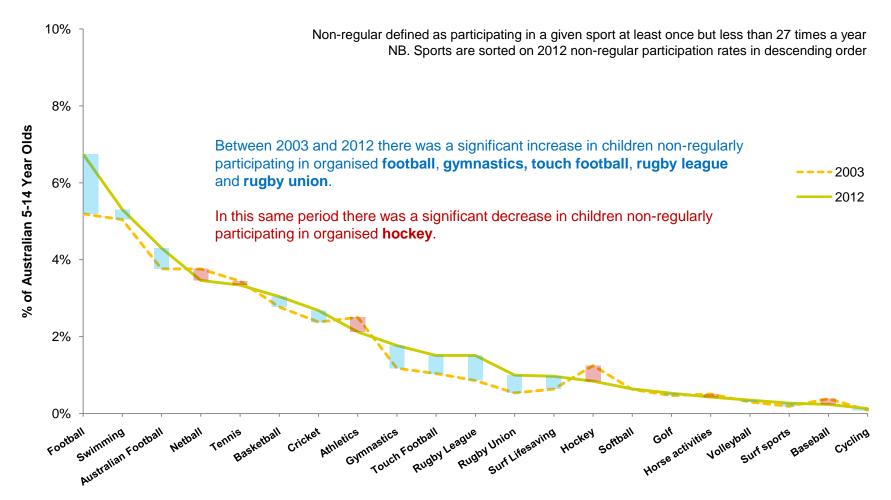
Note: A two sample Difference in Proportions T-Tests at 95% confidence level was used to compare the percentage of Australian 5-14 year olds participating in 2003 and 2012.

# 2003 v. 2012 Regular Participation Rates for Selected Sports



Note: A two sample Difference in Proportions T-Tests at 95% confidence level was used to compare the percentage of Australian 5-14 year olds participating in 2003 and 2012.

# 2003 v. 2012 Non-regular Participation Rates for Selected Sports



Note: A two sample Difference in Proportions T-Tests at 95% confidence level was used to compare the percentage of Australian 5-14 year olds participating in 2003 and 2012.