



Australian Government  
 Australian Sports Commission  
 Department of Health and Ageing

# Participation in Exercise, Recreation and Sport



## Annual Report 2008

### State and Territory Tables for Queensland



Government of South Australia  
 Office for Recreation and Sport



Department of  
 Sport and Recreation

### 9.3.4 Queensland

**Table 60: Queensland participants — total participation in physical activity by type of participation, age and sex, 2008 (a)**

		Organised only (c) (A)	Non-organised only (d) (B)	Both organised and non-organised (e) (C)	Total organised (A + C)	Total non-organised (B + C)	Total participation (A + B + C)
Sex	Age group (years)	Number ('000)					
Males	15 to 24	67.2	76.2	127.3	194.5	203.6	270.8
	25 to 34	12.9*	102.2	125.8	138.8	228.1	241.0
	35 to 44	31.0*	130.9	84.2	115.2	215.1	246.1
	45 to 54	20.7*	122.4	78.4	99.1	200.9	221.5
	55 to 64	20.1*	125.9	36.0	56.1	161.9	182.0
	65 and over	28.0*	104.4	43.7	71.8	148.1	176.2
	<b>TOTAL</b>	<b>179.9</b>	<b>662.0</b>	<b>495.6</b>	<b>675.5</b>	<b>1,157.6</b>	<b>1,337.5</b>
	Females	15 to 24	47.7	103.0	111.7	159.4	214.7
25 to 34		33.4	135.8	91.5	125.0	227.3	260.7
35 to 44		31.6	154.3	86.5	118.1	240.8	272.5
45 to 54		16.7*	170.1	54.5	71.3	224.6	241.3
55 to 64		6.8**	120.4	62.0	68.8	182.4	189.3
65 and over		20.1*	122.0	39.3	59.3	161.2	181.3
<b>TOTAL</b>		<b>156.4</b>	<b>805.6</b>	<b>445.5</b>	<b>602.0</b>	<b>1,251.1</b>	<b>1,407.6</b>
Persons		15 to 24	114.9	179.2	239.1	353.9	418.3
	25 to 34	46.4	238.0	217.4	263.7	455.4	501.7
	35 to 44	62.6	285.2	170.7	233.4	455.9	518.5
	45 to 54	37.4	292.5	132.9	170.4	425.5	462.9
	55 to 64	27.0*	246.3	98.0	125.0	344.3	371.3
	65 and over	48.1	226.4	83.0	131.1	309.4	357.5
	<b>TOTAL</b>	<b>336.4</b>	<b>1,467.6</b>	<b>941.1</b>	<b>1,277.5</b>	<b>2,408.7</b>	<b>2,745.1</b>
	Total participation rate (%) (b)						
Males	15 to 24	23.0	26.1	43.5	66.5	69.6	92.5
	25 to 34	4.6*	36.2	44.6	49.1	80.8	85.4
	35 to 44	10.5*	44.3	28.5	39.0	72.8	83.3
	45 to 54	7.4*	43.9	28.1	35.5	72.0	79.4
	55 to 64	8.5*	53.2	15.2	23.7	68.4	76.9
	65 and over	12.1*	45.2	18.9	31.1	64.2	76.3
	<b>TOTAL</b>	<b>11.1</b>	<b>40.9</b>	<b>30.7</b>	<b>41.8</b>	<b>71.6</b>	<b>82.7</b>
	Females	15 to 24	16.7	36.0	39.0	55.7	75.0
25 to 34		11.7	47.3	31.9	43.6	79.3	90.9
35 to 44		10.2	49.9	28.0	38.2	77.9	88.1
45 to 54		5.7*	58.2	18.7	24.4	76.9	82.6
55 to 64		2.9**	51.0	26.3	29.2	77.2	80.1
65 and over		7.9*	48.0	15.4	23.3	63.4	71.3
<b>TOTAL</b>		<b>9.4</b>	<b>48.4</b>	<b>26.8</b>	<b>36.2</b>	<b>75.1</b>	<b>84.5</b>
Persons		15 to 24	19.8	31.0	41.3	61.1	72.2
	25 to 34	8.1	41.8	38.2	46.3	80.0	88.2
	35 to 44	10.4	47.2	28.2	38.6	75.4	85.8
	45 to 54	6.6	51.2	23.3	29.8	74.5	81.1
	55 to 64	5.7*	52.1	20.7	26.4	72.8	78.5
	65 and over	9.9	46.7	17.1	27.0	63.8	73.7
	<b>TOTAL</b>	<b>10.2</b>	<b>44.7</b>	<b>28.7</b>	<b>38.9</b>	<b>73.4</b>	<b>83.6</b>

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) Participants' activities are fully organised

(d) Participants' activities are fully non-organised

(e) Participants' activities are part organised and part non-organised

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

**Table 61: Queensland participants — total participation in any physical activity (organised and non-organised) by demographics, 2008 (a)**

	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
<b>AGE GROUP (YEARS)</b>						
15 to 24	270.8	92.5	262.4	91.6	533.2	92.1
25 to 34	241.0	85.4	260.7	90.9	501.7	88.2
35 to 44	246.1	83.3	272.5	88.1	518.5	85.8
45 to 54	221.5	79.4	241.3	82.6	462.9	81.1
55 to 64	182.0	76.9	189.3	80.1	371.3	78.5
65 and over	176.2	76.3	181.3	71.3	357.5	73.7
<b>REGION</b>						
Capital city	615.0	85.8	656.3	87.8	1,271.3	86.8
Rest of state	722.6	80.3	751.3	81.9	1,473.8	81.1
<b>EMPLOYMENT STATUS</b>						
Employed full time	854.4	84.0	491.9	90.4	1,346.3	86.3
Employed part time	150.0	84.9	410.3	85.4	560.2	85.3
Employed refused	13.8*	87.3*	8.4*	83.4*	22.1*	85.8*
Total employed	1,018.1	84.2	910.6	88.0	1,928.7	86.0
Unemployed	63.1	96.7	53.0	84.8	116.2	90.9
Not in the labour force	256.3	74.9	444.0	78.2	700.2	76.9
<b>MARITAL STATUS</b>						
Married	786.8	82.8	807.9	86.7	1,594.7	84.7
Not married	540.7	82.8	596.8	81.9	1,137.5	82.4
Refused/Do not know	10.0*	74.4*	2.8**	63.1**	12.9*	71.6*
<b>CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD</b>						
At least one under 18 at home	391.5	82.9	461.9	85.4	853.4	84.2
At least one under 18 — none at home	48.8	70.7	5.2**	56.7**	54.0	69.0
No children under 18	897.2	83.6	940.5	84.3	1,837.7	84.0
<b>HIGHEST EDUCATION ATTAINMENT</b>						
University degree or higher (including postgraduate diploma)	287.5	92.6	341.1	92.6	628.6	92.6
Undergraduate diploma or associate diploma	98.0	95.8	117.4	90.7	215.4	92.9
Certificate, trade qualification or apprenticeship	223.1	84.3	169.3	85.9	392.4	85.0
Highest level of secondary school	305.4	81.2	283.0	82.6	588.3	81.8
Did not complete highest level of school	317.4	73.9	389.0	76.8	706.3	75.5
Never went to school	1.8**	34.3**	0.0**	0.0**	1.8**	34.3**
Still at secondary school	79.0	94.9	72.2	90.5	151.2	92.8
Other	21.7*	56.4*	30.7*	84.5*	52.4	70.1
Refused	3.7**	51.8**	4.9**	100.0**	8.6*	71.4*
<b>LANGUAGE SPOKEN AT HOME</b>						
English only	1,232.0	82.7	1,311.9	84.0	2,543.9	83.4
European language/s other than English	30.2*	70.3*	26.6*	95.1*	56.8	80.1
Non-European language/s	75.3	86.9	70.2	90.9	145.6	88.8
<b>Total</b>	<b>1,337.5</b>	<b>82.7</b>	<b>1,407.6</b>	<b>84.5</b>	<b>2,745.1</b>	<b>83.6</b>

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

**Table 62: All Queensland persons — participation in any physical activity by frequency, age and sex, 2008 (a)**

Sex	Age group (years)	None	Up to once per week (b)	One or two times per week (c)	Three or four times per week (d)	Five or more times per week	Do not know	Total
		Number ('000)						
Males	15 to 24	21.9*	36.4	66.8	80.0	87.6	0.0**	292.6
	25 to 34	41.3	57.2	62.4	32.4	89.0	0.0**	282.3
	35 to 44	49.4	42.6	95.6	52.9	54.9	0.0**	295.5
	45 to 54	57.3	47.2	61.6	41.2	71.6	0.0**	278.9
	55 to 64	54.7	32.5	44.2	24.1*	81.2	0.0**	236.7
	65 and over	54.6	21.7*	45.2	29.7*	79.6	0.0**	230.8
	<b>TOTAL</b>		<b>279.3</b>	<b>237.6</b>	<b>375.8</b>	<b>260.3</b>	<b>463.9</b>	<b>0.0**</b>
Females	15 to 24	24.0*	24.3*	84.8	64.1	89.2	0.0**	286.4
	25 to 34	26.0*	33.8	76.6	85.3	65.0	0.0**	286.7
	35 to 44	36.7	32.3	79.9	77.1	83.1	0.0**	309.1
	45 to 54	50.7	29.5*	60.2	48.1	100.5	3.1**	292.1
	55 to 64	46.9	22.0*	27.3*	39.8	98.8	1.4**	236.2
	65 and over	73.1	24.1*	40.0	38.7	78.5	0.0**	254.4
	<b>TOTAL</b>		<b>257.4</b>	<b>166.1</b>	<b>368.9</b>	<b>353.2</b>	<b>514.9</b>	<b>4.5**</b>
Persons	15 to 24	45.9	60.7	151.6	144.1	176.8	0.0**	579.1
	25 to 34	67.3	91.0	139.0	117.7	154.0	0.0**	569.1
	35 to 44	86.1	74.9	175.5	130.0	138.0	0.0**	604.7
	45 to 54	108.0	76.7	121.8	89.3	172.0	3.1**	570.9
	55 to 64	101.6	54.5	71.6	63.9	180.0	1.4**	472.9
	65 and over	127.7	45.8	85.2	68.4	158.1	0.0**	485.2
	<b>TOTAL</b>		<b>536.6</b>	<b>403.6</b>	<b>744.7</b>	<b>613.5</b>	<b>978.9</b>	<b>4.5**</b>
Percentage of row (%)								
Males	15 to 24	7.5*	12.4	22.8	27.3	29.9	0.0**	100.0
	25 to 34	14.6	20.3	22.1	11.5	31.5	0.0**	100.0
	35 to 44	16.7	14.4	32.4	17.9	18.6	0.0**	100.0
	45 to 54	20.6	16.9	22.1	14.8	25.7	0.0**	100.0
	55 to 64	23.1	13.7	18.7	10.2*	34.3	0.0**	100.0
	65 and over	23.7	9.4*	19.6	12.9*	34.5	0.0**	100.0
	<b>TOTAL</b>		<b>17.3</b>	<b>14.7</b>	<b>23.2</b>	<b>16.1</b>	<b>28.7</b>	<b>0.0**</b>
Females	15 to 24	8.4*	8.5*	29.6	22.4	31.1	0.0**	100.0
	25 to 34	9.1*	11.8	26.7	29.7	22.7	0.0**	100.0
	35 to 44	11.9	10.5	25.9	25.0	26.9	0.0**	100.0
	45 to 54	17.4	10.1*	20.6	16.5	34.4	1.1**	100.0
	55 to 64	19.9	9.3*	11.6*	16.9	41.8	0.6**	100.0
	65 and over	28.7	9.5*	15.7	15.2	30.8	0.0**	100.0
	<b>TOTAL</b>		<b>15.5</b>	<b>10.0</b>	<b>22.2</b>	<b>21.2</b>	<b>30.9</b>	<b>0.3**</b>
Persons	15 to 24	7.9	10.5	26.2	24.9	30.5	0.0**	100.0
	25 to 34	11.8	16.0	24.4	20.7	27.1	0.0**	100.0
	35 to 44	14.2	12.4	29.0	21.5	22.8	0.0**	100.0
	45 to 54	18.9	13.4	21.3	15.6	30.1	0.5**	100.0
	55 to 64	21.5	11.5	15.1	13.5	38.1	0.3**	100.0
	65 and over	26.3	9.4	17.6	14.1	32.6	0.0**	100.0
	<b>TOTAL</b>		<b>16.4</b>	<b>12.3</b>	<b>22.7</b>	<b>18.7</b>	<b>29.8</b>	<b>0.1**</b>

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

**Table 63: Queensland participants — participation in any physical activity by cumulative frequency, age and sex, 2008 (a)**

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	36.4	234.4	202.3	167.6	270.8
	25 to 34	57.2	183.8	144.2	121.4	241.0
	35 to 44	42.6	203.5	163.8	107.8	246.1
	45 to 54	47.2	174.3	148.6	112.8	221.5
	55 to 64	32.5	149.5	130.9	105.3	182.0
	65 and over	21.7*	154.5	130.6	109.3	176.2
	<b>TOTAL</b>		<b>237.6</b>	<b>1,100.0</b>	<b>920.4</b>	<b>724.2</b>
Females	15 to 24	24.3*	238.1	203.7	153.3	262.4
	25 to 34	33.8	226.9	202.2	150.3	260.7
	35 to 44	32.3	240.1	200.2	160.2	272.5
	45 to 54	29.5*	208.8	180.3	148.6	241.3
	55 to 64	22.0*	165.9	151.1	138.6	189.3
	65 and over	24.1*	157.2	135.8	117.2	181.3
	<b>TOTAL</b>		<b>166.1</b>	<b>1,237.0</b>	<b>1,073.4</b>	<b>868.1</b>
Persons	15 to 24	60.7	472.5	406.0	320.9	533.2
	25 to 34	91.0	410.7	346.4	271.7	501.7
	35 to 44	74.9	443.6	364.0	268.1	518.5
	45 to 54	76.7	383.1	329.0	261.4	462.9
	55 to 64	54.5	315.4	282.1	243.8	371.3
	65 and over	45.8	311.7	266.4	226.5	357.5
	<b>TOTAL</b>		<b>403.6</b>	<b>2,337.0</b>	<b>1,993.8</b>	<b>1,592.3</b>

Total participation rate (%) (b)

Males	15 to 24	12.4	80.1	69.1	57.3	92.5
	25 to 34	20.3	65.1	51.1	43.0	85.4
	35 to 44	14.4	68.8	55.4	36.5	83.3
	45 to 54	16.9	62.5	53.3	40.4	79.4
	55 to 64	13.7	63.2	55.3	44.5	76.9
	65 and over	9.4*	66.9	56.6	47.4	76.3
	<b>TOTAL</b>		<b>14.7</b>	<b>68.0</b>	<b>56.9</b>	<b>44.8</b>
Females	15 to 24	8.5*	83.1	71.1	53.5	91.6
	25 to 34	11.8	79.1	70.5	52.4	90.9
	35 to 44	10.5	77.7	64.8	51.8	88.1
	45 to 54	10.1*	71.5	61.7	50.9	82.6
	55 to 64	9.3*	70.2	64.0	58.7	80.1
	65 and over	9.5*	61.8	53.4	46.1	71.3
	<b>TOTAL</b>		<b>10.0</b>	<b>74.3</b>	<b>64.5</b>	<b>52.1</b>
Persons	15 to 24	10.5	81.6	70.1	55.4	92.1
	25 to 34	16.0	72.2	60.9	47.7	88.2
	35 to 44	12.4	73.4	60.2	44.3	85.8
	45 to 54	13.4	67.1	57.6	45.8	81.1
	55 to 64	11.5	66.7	59.7	51.6	78.5
	65 and over	9.4	64.2	54.9	46.7	73.7
	<b>TOTAL</b>		<b>12.3</b>	<b>71.2</b>	<b>60.8</b>	<b>48.5</b>

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

**Table 64: Queensland recent participants — recent participation in any physical activity by duration and age, 2008 (a)**

		15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	Total
		Number ('000)						
Five hours or more	More than three sessions weekly	134.2	85.7	86.6	87.6	102.6	93.0	589.7
	Two or three sessions weekly	24.1*	16.9*	13.9*	3.8**	13.0*	10.9*	82.6
	Less than two sessions weekly	2.2**	3.0**	3.6**	5.2**	0.0**	3.4**	17.3*
	<i>Total</i>	160.5	105.6	104.1	96.6	115.7	107.2	689.7
Two hours or more but less than five hours	More than three sessions weekly	73.1	67.2	88.0	94.8	72.4	68.9	464.4
	Two or three sessions weekly	73.4	82.6	79.4	49.0	27.0*	25.0*	336.3
	Less than two sessions weekly	42.7	16.9*	18.2*	31.3*	11.9*	17.1*	138.1
	<i>Total</i>	189.2	166.7	185.6	175.1	111.3	110.9	938.9
Less than two hours	More than three sessions weekly	4.5**	7.9**	10.5*	11.9*	8.0**	14.9*	57.7
	Two or three sessions weekly	33.7	42.3	51.6	29.9*	32.5	30.7*	220.7
	Less than two sessions weekly	82.1	59.6	90.1	76.4	46.9	30.8*	385.9
	<i>Total</i>	120.3	109.8	152.2	118.2	87.5	76.4	664.4
Total	More than three sessions weekly	211.8	160.9	185.0	194.3	183.1	176.8	1,111.9
	Two or three sessions weekly	131.1	141.8	144.9	82.7	72.6	66.5	639.6
	Less than two sessions weekly	127.0	79.5	111.9	112.9	58.8	51.2	541.4
	<b>Total</b>	<b>470.0</b>	<b>382.2</b>	<b>441.8</b>	<b>389.9</b>	<b>314.4</b>	<b>294.5</b>	<b>2,292.9</b>
		Percentage of total (%)						
Five hours or more	More than three sessions weekly	5.9	3.7	3.8	3.8	4.5	4.1	25.7
	Two or three sessions weekly	1.1*	0.7*	0.6*	0.2**	0.6*	0.5*	3.6
	Less than two sessions weekly	0.1**	0.1**	0.2**	0.2**	0.0**	0.1**	0.8*
	<i>Total</i>	7.0	4.6	4.5	4.2	5.0	4.7	30.1
Two hours or more but less than five hours	More than three sessions weekly	3.2	2.9	3.8	4.1	3.2	3.0	20.3
	Two or three sessions weekly	3.2	3.6	3.5	2.1	1.2*	1.1*	14.7
	Less than two sessions weekly	1.9	0.7*	0.8*	1.4*	0.5*	0.7*	6.0
	<i>Total</i>	8.3	7.3	8.1	7.6	4.9	4.8	40.9
Less than two hours	More than three sessions weekly	0.2**	0.3**	0.5*	0.5*	0.4**	0.7*	2.5
	Two or three sessions weekly	1.5	1.8	2.3	1.3*	1.4	1.3*	9.6
	Less than two sessions weekly	3.6	2.6	3.9	3.3	2.0	1.3*	16.8
	<i>Total</i>	5.2	4.8	6.6	5.2	3.8	3.3	29.0
Total	More than three sessions weekly	9.2	7.0	8.1	8.5	8.0	7.7	48.5
	Two or three sessions weekly	5.7	6.2	6.3	3.6	3.2	2.9	27.9
	Less than two sessions weekly	5.5	3.5	4.9	4.9	2.6	2.2	23.6
	<b>Total</b>	<b>20.5</b>	<b>16.7</b>	<b>19.3</b>	<b>17.0</b>	<b>13.7</b>	<b>12.8</b>	<b>100.0</b>

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport in the two weeks prior to interview in 2008

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use



**Table 65: Queensland regular participants — regular participation in any physical activity (organised and non-organised) by demographics, 2008 (a)**

	MALES		FEMALES		PERSONS	
	Number (‘000)	Regular participation rate (b) (%)	Number (‘000)	Regular participation rate (%)	Number (‘000)	Regular participation rate (%)
<b>AGE GROUP (YEARS)</b>						
15 to 24	167.6	57.3	153.3	53.5	320.9	55.4
25 to 34	121.4	43.0	150.3	52.4	271.7	47.7
35 to 44	107.8	36.5	160.2	51.8	268.1	44.3
45 to 54	112.8	40.4	148.6	50.9	261.4	45.8
55 to 64	105.3	44.5	138.6	58.7	243.8	51.6
65 and over	109.3	47.4	117.2	46.1	226.5	46.7
<b>REGION</b>						
Capital city	318.8	44.5	405.5	54.3	724.3	49.5
Rest of state	405.4	45.0	462.7	50.4	868.1	47.7
<b>EMPLOYMENT STATUS</b>						
Employed full time	435.4	42.8	310.2	57.0	745.6	47.8
Employed part time	97.3	55.1	216.7	45.1	314.0	47.8
Employed refused	7.8**	49.3**	5.2**	52.2**	13.0*	50.4*
Total employed	540.5	44.7	532.1	51.4	1,072.6	47.8
Unemployed	34.1	52.2	37.0	59.2	71.1	55.6
Not in the labour force	149.6	43.7	299.1	52.6	448.7	49.3
<b>MARITAL STATUS</b>						
Married	388.5	40.9	494.3	53.0	882.7	46.9
Not married	329.5	50.5	371.0	50.9	700.5	50.7
Refused/Do not know	6.2**	46.2**	2.8**	63.1**	9.1*	50.4*
<b>CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD</b>						
At least one under 18 at home	184.7	39.1	246.7	45.6	431.4	42.6
At least one under 18 — none at home	20.2*	29.3*	3.3**	35.6**	23.5*	30.0*
No children under 18	519.3	48.4	618.2	55.4	1,137.4	52.0
<b>HIGHEST EDUCATION ATTAINMENT</b>						
University degree or higher (including postgraduate diploma)	166.5	53.7	232.2	63.1	398.7	58.8
Undergraduate diploma or associate diploma	49.6	48.4	73.7	56.9	123.2	53.2
Certificate, trade qualification or apprenticeship	115.5	43.7	93.4	47.4	209.0	45.3
Highest level of secondary school	186.8	49.7	189.3	55.2	376.0	52.3
Did not complete highest level of school	151.4	35.3	217.7	43.0	369.1	39.4
Still at secondary school	40.0	48.1	38.8	48.6	78.8	48.3
Other	12.1*	31.4*	18.2*	50.2*	30.3*	40.5*
Refused	2.3**	32**	4.9**	100**	7.2**	59.6**
<b>LANGUAGE SPOKEN AT HOME</b>						
English only	655.5	44.0	808.5	51.8	1,464.0	48.0
European language/s other than English	15.7*	36.6*	22.1*	79.0*	37.9	53.3
Non-European language/s	53.0	61.2	38.7	50.1	91.7	55.9
<b>Total</b>	<b>724.2</b>	<b>44.8</b>	<b>868.1</b>	<b>52.1</b>	<b>1,592.3</b>	<b>48.5</b>

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the regular participation rate is the number of persons who participated in the activity at least three times per week on average expressed as a percentage of the population in the same group

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

**Table 66: Queensland organised participants — participation in organised physical activity by frequency, age and sex, 2008 (a)**

Sex	Age group (years)	None	Up to once	One or two	Three or four	Five or	Do not know	Total
			per week (b)	times per week (c)	times per week (d)	more times per week		
		Number ('000)						
Males	15 to 24	98.1	42.4	67.5	58.5	26.0*	0.0**	292.6
	25 to 34	143.6	44.4	47.1	30.8*	16.5*	0.0**	282.3
	35 to 44	180.3	52.8	51.8	8.9*	1.7**	0.0**	295.5
	45 to 54	179.8	56.0	29.8*	13.3*	0.0**	0.0**	278.9
	55 to 64	180.6	26.2*	18.9*	9.2*	1.8**	0.0**	236.7
	65 and over	159.1	19.3*	36.1	13.7*	2.7**	0.0**	230.8
	<b>TOTAL</b>		<b>941.3</b>	<b>241.2</b>	<b>251.3</b>	<b>134.4</b>	<b>48.7</b>	<b>0.0**</b>
Females	15 to 24	127.0	34.8	37.2	38.6	48.9	0.0**	286.4
	25 to 34	161.8	42.7	50.4	26.8*	5.1**	0.0**	286.7
	35 to 44	191.0	35.5	57.1	19.2*	6.4**	0.0**	309.1
	45 to 54	220.8	21.4*	27.3*	10.5*	10.5*	1.7**	292.1
	55 to 64	167.3	17.4*	19.8*	16.7*	15.0*	0.0**	236.2
	65 and over	195.1	12.2*	30.9*	11.1*	5.2**	0.0**	254.4
	<b>TOTAL</b>		<b>1,063.0</b>	<b>163.9</b>	<b>222.6</b>	<b>122.8</b>	<b>91.0</b>	<b>1.7**</b>
Persons	15 to 24	225.1	77.2	104.7	97.1	74.9	0.0**	579.1
	25 to 34	305.3	87.1	97.5	57.6	21.5*	0.0**	569.1
	35 to 44	371.3	88.3	108.9	28.0*	8.1**	0.0**	604.7
	45 to 54	400.6	77.3	57.1	23.8*	10.5*	1.7**	570.9
	55 to 64	347.9	43.6	38.7	25.9*	16.8*	0.0**	472.9
	65 and over	354.1	31.5	67.0	24.7*	7.9**	0.0**	485.2
	<b>TOTAL</b>		<b>2,004.3</b>	<b>405.1</b>	<b>473.9</b>	<b>257.2</b>	<b>139.7</b>	<b>1.7**</b>

Percentage of row (%)

Males	15 to 24	33.5	14.5	23.1	20.0	8.9*	0.0**	100.0
	25 to 34	50.9	15.7	16.7	10.9*	5.8*	0.0**	100.0
	35 to 44	61.0	17.9	17.5	3.0*	0.6**	0.0**	100.0
	45 to 54	64.5	20.1	10.7*	4.8*	0.0**	0.0**	100.0
	55 to 64	76.3	11.1*	8.0*	3.9*	0.8**	0.0**	100.0
	65 and over	68.9	8.4*	15.6	5.9*	1.2**	0.0**	100.0
	<b>TOTAL</b>		<b>58.2</b>	<b>14.9</b>	<b>15.5</b>	<b>8.3</b>	<b>3.0</b>	<b>0.0**</b>
Females	15 to 24	44.3	12.1	13.0	13.5	17.1	0.0**	100.0
	25 to 34	56.4	14.9	17.6	9.4*	1.8**	0.0**	100.0
	35 to 44	61.8	11.5	18.5	6.2*	2.1**	0.0**	100.0
	45 to 54	75.6	7.3*	9.3*	3.6*	3.6*	0.6**	100.0
	55 to 64	70.8	7.4*	8.4*	7.1*	6.3*	0.0**	100.0
	65 and over	76.7	4.8*	12.1*	4.3*	2.0**	0.0**	100.0
	<b>TOTAL</b>		<b>63.8</b>	<b>9.8</b>	<b>13.4</b>	<b>7.4</b>	<b>5.5</b>	<b>0.1**</b>
Persons	15 to 24	38.9	13.3	18.1	16.8	12.9	0.0**	100.0
	25 to 34	53.7	15.3	17.1	10.1	3.8*	0.0**	100.0
	35 to 44	61.4	14.6	18.0	4.6*	1.3**	0.0**	100.0
	45 to 54	70.2	13.5	10.0	4.2*	1.8*	0.3**	100.0
	55 to 64	73.6	9.2	8.2	5.5*	3.6*	0.0**	100.0
	65 and over	73.0	6.5	13.8	5.1*	1.6**	0.0**	100.0
	<b>TOTAL</b>		<b>61.1</b>	<b>12.3</b>	<b>14.4</b>	<b>7.8</b>	<b>4.3</b>	<b>0.1**</b>

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use



**Table 67: Queensland organised participants — participation in organised physical activity by cumulative frequency, age and sex, 2008 (a)**

		Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
Sex	Age group (years)	Number ('000)				
Males	15 to 24	42.4	152.1	123.5	84.6	194.5
	25 to 34	44.4	94.4	63.8	47.3	138.8
	35 to 44	52.8	62.4	27.2*	10.6*	115.2
	45 to 54	56.0	43.1	29.5*	13.3*	99.1
	55 to 64	26.2*	29.9*	23.3*	11.0*	56.1
	65 and over	19.3*	52.5	33.0	16.3*	71.8
	<b>TOTAL</b>		<b>241.2</b>	<b>434.3</b>	<b>300.3</b>	<b>183.0</b>
Females	15 to 24	34.8	124.6	115.2	87.4	159.4
	25 to 34	42.7	82.3	52.4	31.9	125.0
	35 to 44	35.5	82.7	52.2	25.6*	118.1
	45 to 54	21.4*	48.2	32.7	20.9*	71.3
	55 to 64	17.4*	51.5	39.3	31.7	68.8
	65 and over	12.2*	47.1	24.7*	16.3*	59.3
	<b>TOTAL</b>		<b>163.9</b>	<b>436.4</b>	<b>316.6</b>	<b>213.8</b>
Persons	15 to 24	77.2	276.7	238.8	172.0	353.9
	25 to 34	87.1	176.7	116.2	79.2	263.7
	35 to 44	88.3	145.0	79.4	36.2	233.4
	45 to 54	77.3	91.4	62.2	34.2	170.4
	55 to 64	43.6	81.4	62.6	42.7	125.0
	65 and over	31.5	99.6	57.7	32.6	131.1
	<b>TOTAL</b>		<b>405.1</b>	<b>870.7</b>	<b>616.8</b>	<b>396.9</b>
Total participation rate (%) (b)						
Males	15 to 24	14.5	52.0	42.2	28.9	66.5
	25 to 34	15.7	33.4	22.6	16.7	49.1
	35 to 44	17.9	21.1	9.2*	3.6*	39.0
	45 to 54	20.1	15.5	10.6*	4.8*	35.5
	55 to 64	11.1*	12.6*	9.8*	4.7*	23.7
	65 and over	8.4*	22.7	14.3	7.1*	31.1
	<b>TOTAL</b>		<b>14.9</b>	<b>26.9</b>	<b>18.6</b>	<b>11.3</b>
Females	15 to 24	12.1	43.5	40.2	30.5	55.7
	25 to 34	14.9	28.7	18.3	11.1	43.6
	35 to 44	11.5	26.7	16.9	8.3*	38.2
	45 to 54	7.3*	16.5	11.2	7.2*	24.4
	55 to 64	7.4*	21.8	16.7	13.4	29.2
	65 and over	4.8*	18.5	9.7*	6.4*	23.3
	<b>TOTAL</b>		<b>9.8</b>	<b>26.2</b>	<b>19.0</b>	<b>12.8</b>
Persons	15 to 24	13.3	47.8	41.2	29.7	61.1
	25 to 34	15.3	31.0	20.4	13.9	46.3
	35 to 44	14.6	24.0	13.1	6.0	38.6
	45 to 54	13.5	16.0	10.9	6.0	29.8
	55 to 64	9.2	17.2	13.2	9.0	26.4
	65 and over	6.5	20.5	11.9	6.7	27.0
	<b>TOTAL</b>		<b>12.3</b>	<b>26.5</b>	<b>18.8</b>	<b>12.1</b>

(a) Relates to persons aged 15 years and over who participated in organised physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

**Table 68: Queensland organised participants — total participation in organised activities by type of organisation, age and sex, 2008 (a)**

Sex	Age group (years)	Fitness, leisure or indoor sports centre	Sport or recreation club or association (c)	Work	School	Other	Total organised participation
		Number ('000)					
Males	15 to 24	70.0	136.9	2.9**	67.8	14.4*	194.5
	25 to 34	62.3	86.1	21.6*	0.0**	29.0*	138.8
	35 to 44	29.7*	86.3	6.1**	0.0**	21.2*	115.2
	45 to 54	21.9*	69.1	7.4**	0.0**	16.8*	99.1
	55 to 64	5.0**	42.1	1.2**	0.0**	13.0*	56.1
	65 and over	17.1*	51.5	0.0**	0.0**	15.8*	71.8
	<b>TOTAL</b>		<b>206.0</b>	<b>471.9</b>	<b>39.3</b>	<b>67.8</b>	<b>110.3</b>
Females	15 to 24	67.1	97.1	0.0**	55.6	11.1*	159.4
	25 to 34	82.3	45.6	1.9**	1.9**	22.8*	125.0
	35 to 44	70.8	50.7	3.0**	0.0**	26.2*	118.1
	45 to 54	36.3	28.5*	3.4**	0.0**	17.0*	71.3
	55 to 64	31.5	31.2*	0.0**	0.0**	14.4*	68.8
	65 and over	19.6*	22.3*	0.0**	0.0**	20.1*	59.3
	<b>TOTAL</b>		<b>307.7</b>	<b>275.4</b>	<b>8.3**</b>	<b>57.5</b>	<b>111.6</b>
Persons	15 to 24	137.1	234.0	2.9**	123.4	25.5*	353.9
	25 to 34	144.6	131.6	23.5*	1.9**	51.8	263.7
	35 to 44	100.5	137.0	9.1*	0.0**	47.4	233.4
	45 to 54	58.2	97.7	10.9*	0.0**	33.8	170.4
	55 to 64	36.5	73.2	1.2**	0.0**	27.4*	125.0
	65 and over	36.7	73.8	0.0**	0.0**	36.0	131.1
	<b>TOTAL</b>		<b>513.7</b>	<b>747.3</b>	<b>47.6</b>	<b>125.3</b>	<b>221.9</b>

Total participation rate (%) (b)

Males	15 to 24	23.9	46.8	1.0**	23.2	4.9*	66.5
	25 to 34	22.1	30.5	7.6*	0.0**	10.3*	49.1
	35 to 44	10.0*	29.2	2.1**	0.0**	7.2*	39.0
	45 to 54	7.9*	24.8	2.7**	0.0**	6.0*	35.5
	55 to 64	2.1**	17.8	0.5**	0.0**	5.5*	23.7
	65 and over	7.4*	22.3	0.0**	0.0**	6.9*	31.1
	<b>TOTAL</b>		<b>12.7</b>	<b>29.2</b>	<b>2.4</b>	<b>4.2</b>	<b>6.8</b>
Females	15 to 24	23.4	33.9	0.0**	19.4	3.9*	55.7
	25 to 34	28.7	15.9	0.7**	0.7**	7.9*	43.6
	35 to 44	22.9	16.4	1.0**	0.0**	8.5*	38.2
	45 to 54	12.4	9.8*	1.2**	0.0**	5.8*	24.4
	55 to 64	13.3	13.2*	0.0**	0.0**	6.1*	29.2
	65 and over	7.7*	8.8*	0.0**	0.0**	7.9*	23.3
	<b>TOTAL</b>		<b>18.5</b>	<b>16.5</b>	<b>0.5**</b>	<b>3.5</b>	<b>6.7</b>
Persons	15 to 24	23.7	40.4	0.5**	21.3	4.4*	61.1
	25 to 34	25.4	23.1	4.1*	0.3**	9.1	46.3
	35 to 44	16.6	22.7	1.5*	0.0**	7.8	38.6
	45 to 54	10.2	17.1	1.9*	0.0**	5.9	29.8
	55 to 64	7.7	15.5	0.3**	0.0**	5.8*	26.4
	65 and over	7.6	15.2	0.0**	0.0**	7.4	27.0
	<b>TOTAL</b>		<b>15.7</b>	<b>22.8</b>	<b>1.4</b>	<b>3.8</b>	<b>6.8</b>

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) All aerobics/fitness participants describing their activity as organised by a sport or recreation club or association have been recoded to fitness, leisure or indoor sports centre

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

**Table 69: Queensland participants — total participation in specific activities (organised and non-organised) by sex, 2008 (a)**

Activity	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
Aerobics/fitness	349.6	21.6	426.3	25.6	775.9	23.6
Aquarobics	0.0**	0.0**	36.7	2.2	36.7	1.1
Athletics/track and field	10.7*	0.7*	16.1*	1.0*	26.9*	0.8*
Australian rules football	28.3*	1.7*	17.8*	1.1*	46.1	1.4
Badminton	12.0*	0.7*	3.7**	0.2**	15.7*	0.5*
Baseball	4.3**	0.3**	0.0**	0.0**	4.3**	0.1**
Basketball	53.3	3.3	17.1*	1.0*	70.4	2.1
Billiards/snooker/pool	7.0**	0.4**	1.3**	0.1**	8.3**	0.3**
Boxing	19.5*	1.2*	17.7*	1.1*	37.3	1.1
Canoeing/kayaking	17.0*	1.1*	18.7*	1.1*	35.7	1.1
Carpet bowls	5.3**	0.3**	1.3**	0.1**	6.5**	0.2**
Cricket (indoor)	32.3	2.0	5.8**	0.3**	38.0	1.2
Cricket (outdoor)	68.1	4.2	22.2*	1.3*	90.3	2.8
Cycling	192.9	11.9	140.4	8.4	333.3	10.2
Dancing	13.4*	0.8*	63.5	3.8	76.9	2.3
Darts	2.1**	0.1**	0.0**	0.0**	2.1**	0.1**
Fishing	75.2	4.7	20.0*	1.2*	95.2	2.9
Football (indoor)	60.3	3.7	25.5*	1.5*	85.8	2.6
Football (outdoor)	132.7	8.2	38.5	2.3	171.2	5.2
Golf	184.0	11.4	46.3	2.8	230.4	7.0
Gymnastics	0.0**	0.0**	11.1*	0.7*	11.1*	0.3*
Hockey (outdoor)	19.5*	1.2*	11.8*	0.7*	31.2*	1.0*
Horse riding/equestrian activities/polocrosse	11.7*	0.7*	25.0*	1.5*	36.6	1.1
Ice/snow sports	13.6*	0.8*	0.0**	0.0**	13.6*	0.4*
Lawn bowls	44.9	2.8	30.5*	1.8*	75.4	2.3
Martial arts	30.9*	1.9*	33.3	2.0	64.3	2.0
Motor sports	31.0*	1.9*	4.0**	0.2**	35.0	1.1
Netball	18.1*	1.1*	114.4	6.9	132.6	4.0
Orienteering	10.7*	0.7*	15.4*	0.9*	26.1*	0.8*
Rock climbing	15.9*	1.0*	5.2**	0.3**	21.0*	0.6*
Roller sports	5.1**	0.3**	15.8*	1.0*	20.9*	0.6*
Rowing	3.4**	0.2**	10.1*	0.6*	13.5*	0.4*
Rugby league	87.2	5.4	9.0*	0.5*	96.1	2.9
Rugby union	24.1*	1.5*	4.8**	0.3**	28.8*	0.9*
Running	181.7	11.2	138.1	8.3	319.7	9.7
Sailing	9.7*	0.6*	1.4**	0.1**	11.0*	0.3*
Scuba diving	13.4*	0.8*	2.8**	0.2**	16.2*	0.5*
Shooting sports	13.2*	0.8*	1.9**	0.1**	15.1*	0.5*
Softball	0.0**	0.0**	5.0**	0.3**	5.0**	0.2**
Squash/racquetball	31.7	2.0	14.9*	0.9*	46.6	1.4
Surf sports	46.2	2.9	14.0*	0.8*	60.2	1.8
Swimming	209.7	13.0	257.6	15.5	467.2	14.2
Table tennis	22.6*	1.4*	2.7**	0.2**	25.4*	0.8*
Tennis	100.1	6.2	95.2	5.7	195.3	6.0
Tenpin bowling	24.7*	1.5*	12.8*	0.8*	37.5	1.1
Touch football	129.0	8.0	69.7	4.2	198.6	6.1
Triathlon	10.1*	0.6*	1.4**	0.1**	11.5*	0.3*
Volleyball	28.8*	1.8*	38.4	2.3	67.2	2.0
Walking (bush)	85.2	5.3	125.6	7.5	210.8	6.4
Walking (other)	447.4	27.7	856.9	51.5	1,304.3	39.7
Water polo	0.0**	0.0**	2.7**	0.2**	2.7**	0.1**
Waterskiing/powerboating	33.4	2.1	10.1*	0.6*	43.5	1.3
Weight training	57.7	3.6	46.5	2.8	104.2	3.2
Yoga	5.1**	0.3**	77.8	4.7	82.9	2.5

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

**Table 70: Queensland participants — total participation in specific activities by type of activity, 2008 (a)**

Activity	Number ('000)			Total participation rate (%) (b)		
	Organised	Non-organised	Total	Organised	Non-organised	Total
Aerobics/fitness	252.8	569.2	775.9	7.7	17.3	23.6
Aquarobics	28.8*	7.9**	36.7	0.9*	0.2**	1.1
Athletics/track and field	26.9*	0.0**	26.9*	0.8*	0.0**	0.8*
Australian rules football	39.0	12.6*	46.1	1.2	0.4*	1.4
Badminton	2.2**	13.5*	15.7*	0.1**	0.4*	0.5*
Baseball	4.3**	0.0**	4.3**	0.1**	0.0**	0.1**
Basketball	35.4	38.9	70.4	1.1	1.2	2.1
Billiards/snooker/pool	4.5**	3.8**	8.3**	0.1**	0.1**	0.3**
Boxing	21.3*	16.0*	37.3	0.6*	0.5*	1.1
Canoeing/kayaking	9.3*	28.3*	35.7	0.3*	0.9*	1.1
Carpet bowls	6.5**	1.8**	6.5**	0.2**	0.1**	0.2**
Cricket (indoor)	30.5*	7.5**	38.0	0.9*	0.2**	1.2
Cricket (outdoor)	42.4	47.9	90.3	1.3	1.5	2.8
Cycling	23.0*	329.3	333.3	0.7*	10.0	10.2
Dancing	53.9	27.6*	76.9	1.6	0.8*	2.3
Darts	2.1**	0.0**	2.1**	0.1**	0.0**	0.1**
Fishing	12.5*	95.2	95.2	0.4*	2.9	2.9
Football (indoor)	78.7	18.2*	85.8	2.4	0.6*	2.6
Football (outdoor)	124.9	54.7	171.2	3.8	1.7	5.2
Golf	105.5	157.9	230.4	3.2	4.8	7.0
Gymnastics	9.8*	1.3**	11.1*	0.3*	0.0**	0.3*
Hockey (outdoor)	27.9*	6.4**	31.2*	0.8*	0.2**	1.0*
Horse riding/equestrian activities/polocrosse	14.2*	25.8*	36.6	0.4*	0.8*	1.1
Ice/snow sports	2.5**	13.6*	13.6*	0.1**	0.4*	0.4*
Lawn bowls	68.8	6.6**	75.4	2.1	0.2**	2.3
Martial arts	54.2	15.2*	64.3	1.7	0.5*	2.0
Motor sports	18.1*	20.7*	35.0	0.6*	0.6*	1.1
Netball	114.1	24.1*	132.6	3.5	0.7*	4.0
Orienteering	21.5*	8.7*	26.1*	0.7*	0.3*	0.8*
Rock climbing	6.5**	14.6*	21.0*	0.2**	0.4*	0.6*
Roller sports	0.0**	20.9*	20.9*	0.0**	0.6*	0.6*
Rowing	9.8*	5.8**	13.5*	0.3*	0.2**	0.4*
Rugby league	72.4	28.4*	96.1	2.2	0.9*	2.9
Rugby union	26.4*	4.8**	28.8*	0.8*	0.1**	0.9*
Running	44.0	303.7	319.7	1.3	9.3	9.7
Sailing	7.9**	6.6**	11.0*	0.2**	0.2**	0.3*
Scuba diving	0.0**	16.2*	16.2*	0.0**	0.5*	0.5*
Shooting sports	6.4**	8.7*	15.1*	0.2**	0.3*	0.5*
Softball	3.1**	1.9**	5.0**	0.1**	0.1**	0.2**
Squash/racquetball	21.9*	31.7	46.6	0.7*	1.0	1.4
Surf sports	3.1**	58.7	60.2	0.1**	1.8	1.8
Swimming	51.8	420.1	467.2	1.6	12.8	14.2
Table tennis	16.8*	10.9*	25.4*	0.5*	0.3*	0.8*
Tennis	73.2	141.5	195.3	2.2	4.3	6.0
Tenpin bowling	26.9*	15.3*	37.5	0.8*	0.5*	1.1
Touch football	150.0	58.2	198.6	4.6	1.8	6.1
Triathlon	9.9*	3.3**	11.5*	0.3*	0.1**	0.3*
Volleyball	41.8	30.9*	67.2	1.3	0.9*	2.0
Walking (bush)	17.4*	197.8	210.8	0.5*	6.0	6.4
Walking (other)	51.8	1,281.9	1,304.3	1.6	39.1	39.7
Water polo	2.7**	0.0**	2.7**	0.1**	0.0**	0.1**
Waterskiing/powerboating	7.7**	37.5	43.5	0.2**	1.1	1.3
Weight training	19.9*	86.0	104.2	0.6*	2.6	3.2
Yoga	42.2	43.9	82.9	1.3	1.3	2.5

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

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