



Australian Government
 Australian Sports Commission

Participation in Exercise, Recreation and Sport



Annual Report 2009

State and Territory Tables for Queensland



Communities
 Sport & Recreation



Government of Western Australia
 Department of Sport and Recreation



Government of South Australia
 Office for Recreation and Sport



Queensland
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9.3.4 Queensland

Table 60: Queensland participants — total participation in physical activity by type of participation, age and sex, 2009 (a)

		Organised only (c) (A)	Non-organised only (d) (B)	Both organised and non-organised (e) (C)	Total organised (A + C)	Total non-organised (B + C)	Total participation (A + B + C)
Sex	Age group (years)	Number ('000)					
Males	15 to 24	58.0	68.8	151.7	209.7	220.5	278.5
	25 to 34	30.0	108.2	114.0	144.0	222.2	252.2
	35 to 44	46.1	136.5	87.2	133.3	223.7	269.8
	45 to 54	*17.5	134.3	71.9	89.4	206.2	223.7
	55 to 64	20.6	106.6	54.4	75.0	161.0	181.6
	65 and over	31.1	98.5	26.6	57.7	125.1	156.2
	TOTAL	203.4	653.0	505.7	709.1	1,158.7	1,362.1
	Females	15 to 24	59.9	74.3	126.8	186.7	201.2
25 to 34		29.3	132.9	78.4	107.7	211.3	240.6
35 to 44		30.4	163.0	85.4	115.8	248.4	278.8
45 to 54		*12.5	166.4	54.3	66.8	220.7	233.2
55 to 64		*16.2	131.3	52.0	68.1	183.3	199.4
65 and over		26.5	108.1	49.7	76.2	157.9	184.3
TOTAL		174.7	776.0	446.6	621.3	1,222.7	1,397.3
Persons		15 to 24	117.9	143.2	278.5	396.4	421.7
	25 to 34	59.2	241.1	192.4	251.7	433.5	492.8
	35 to 44	76.5	299.5	172.6	249.1	472.1	548.6
	45 to 54	30.0	300.7	126.2	156.2	426.8	456.9
	55 to 64	36.8	237.9	106.4	143.2	344.3	381.0
	65 and over	57.6	206.7	76.3	133.9	283.0	340.6
	TOTAL	378.0	1,429.0	952.4	1,330.4	2,381.4	2,759.4
	Total participation rate (%) (b)						
Males	15 to 24	19.0	22.5	49.6	68.6	72.2	91.1
	25 to 34	10.0	36.2	38.1	48.1	74.3	84.3
	35 to 44	14.9	44.1	28.1	43.0	72.2	87.1
	45 to 54	*6.0	45.8	24.5	30.5	70.3	76.3
	55 to 64	8.3	43.1	22.0	30.3	65.1	73.4
	65 and over	12.8	40.5	10.9	23.7	51.4	64.1
	TOTAL	12.0	38.4	29.8	41.7	68.2	80.2
	Females	15 to 24	20.3	25.1	42.9	63.2	68.1
25 to 34		9.8	44.5	26.3	36.1	70.8	80.6
35 to 44		9.6	51.5	27.0	36.6	78.5	88.1
45 to 54		*4.1	55.1	18.0	22.1	73.1	77.2
55 to 64		*6.6	53.4	21.1	27.7	74.5	81.1
65 and over		10.0	40.7	18.7	28.7	59.4	69.3
TOTAL		10.1	45.0	25.9	36.0	70.9	81.0
Persons		15 to 24	19.6	23.8	46.3	65.9	70.1
	25 to 34	9.9	40.3	32.2	42.1	72.5	82.5
	35 to 44	12.2	47.8	27.6	39.8	75.4	87.6
	45 to 54	5.0	50.5	21.2	26.2	71.7	76.8
	55 to 64	7.5	48.2	21.6	29.0	69.8	77.2
	65 and over	11.3	40.6	15.0	26.3	55.5	66.9
	TOTAL	11.0	41.7	27.8	38.9	69.6	80.6

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2009

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) Participants' activities are fully organised

(d) Participants' activities are fully non-organised

(e) Participants' activities are part organised and part non-organised

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 61: Queensland participants — total participation in any physical activity (organised and non-organised) by demographics, 2009 (a)

	MALES		FEMALES		PERSONS	
	Number	Total participation rate (b)	Number	Total participation rate	Number	Total participation rate
	('000)	(%)	('000)	(%)	('000)	(%)
AGE GROUP (YEARS)						
15 to 24	278.5	91.1	261.0	88.3	539.6	89.8
25 to 34	252.2	84.3	240.6	80.6	492.8	82.5
35 to 44	269.8	87.1	278.8	88.1	548.6	87.6
45 to 54	223.7	76.3	233.2	77.2	456.9	76.8
55 to 64	181.6	73.4	199.4	81.1	381.0	77.2
65 and over	156.2	64.1	184.3	69.3	340.6	66.9
REGION						
Capital city	606.8	80.9	635.4	82.1	1,242.2	81.5
Rest of state	755.3	79.6	761.9	80.2	1,517.2	79.9
EMPLOYMENT STATUS						
Employed full time	806.6	81.9	395.2	79.9	1,201.8	81.2
Employed part time	179.8	83.8	458.9	88.3	638.8	87.0
Employed refused	**5.5	**63.2	*7.1	*87.8	*12.6	*75.0
Total employed	992.0	82.1	861.2	84.2	1,853.2	83.1
Unemployed	76.0	82.1	81.4	83.3	157.4	82.7
Not in the labour force	294.1	73.9	454.7	75.3	748.8	74.7
MARITAL STATUS						
Married	814.8	79.2	805.0	80.5	1,619.8	79.8
Not married	541.3	81.9	585.6	81.9	1,126.9	81.9
Refused/Do not know	**6.0	**63.2	*6.8	*75.5	*12.7	*69.2
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	410.0	84.0	477.9	81.0	887.9	82.4
At least one under 18 — none at home	43.7	76.7	*8.9	*70.3	52.6	75.5
No children under 18	908.0	78.7	910.2	81.2	1,818.2	79.9
Refused	**0.4	**100.0	**0.3	**100.0	**0.7	**100.0
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	348.0	90.9	311.3	87.7	659.3	89.4
Undergraduate diploma or associate diploma	83.0	89.2	112.6	89.2	195.6	89.2
Certificate, trade qualification or apprenticeship	250.4	82.3	183.4	82.3	433.8	82.3
Highest level of secondary school	314.5	81.5	360.6	82.9	675.1	82.3
Did not complete highest level of school	259.1	65.5	347.6	72.3	606.8	69.2
Never went to school	**0.0	**0.0	**0.3	**32.3	**0.3	**21.0
Still at secondary school	67.3	89.2	49.6	93.4	116.9	91.0
Other	33.7	68.2	29.6	66.2	63.3	67.2
Refused	*6.1	*51.8	**2.4	**37.5	*8.4	*46.8
INDIGENOUS STATUS						
Indigenous	23.1	62.7	36.9	78.7	60.1	71.6
Non-Indigenous	1,338.0	80.6	1,359.6	81.1	2,697.6	80.8
Refused	**1.0	**80.3	**0.8	**58.4	**1.8	**68.6
LANGUAGE SPOKEN AT HOME						
English only	1,231.7	80.0	1,313.1	81.7	2,544.8	80.9
European language/s other than English	42.8	78.0	28.9	79.0	71.6	78.4
Non-European language/s	91.9	83.4	61.1	70.6	153.0	77.8
Total	1,362.1	80.2	1,397.3	81.0	2,759.4	80.6

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2009

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 62: All Queensland persons — participation in any physical activity by frequency, age and sex, 2009 (a)

Sex	Age group (years)	None	Up to once per week (b)	One or two times per week (c)	Three or four times per week (d)	Five or more times per week	Do not know	Total
		Number ('000)						
Males	15 to 24	27.1	46.4	49.2	70.6	112.4	**0.0	305.6
	25 to 34	47.1	66.3	56.6	47.1	82.2	**0.0	299.3
	35 to 44	39.9	64.3	67.3	71.5	66.8	**0.0	309.8
	45 to 54	69.6	40.8	68.8	57.4	56.6	**0.0	293.3
	55 to 64	65.7	35.7	48.8	37.9	59.0	**0.2	247.4
	65 and over	87.3	20.9	35.8	36.1	58.9	**4.5	243.5
	TOTAL	336.7	274.4	326.4	320.5	435.9	**4.8	1,698.8
Females	15 to 24	34.5	40.6	53.1	71.1	96.2	**0.0	295.6
	25 to 34	57.8	36.8	72.3	53.9	77.6	**0.0	298.3
	35 to 44	37.8	41.7	77.1	77.7	82.0	**0.2	316.6
	45 to 54	68.7	28.4	53.4	59.9	90.2	**1.2	301.9
	55 to 64	46.6	*20.3	44.5	46.3	88.1	**0.2	246.0
	65 and over	81.6	*18.3	38.4	47.5	80.1	**0.0	265.9
	TOTAL	326.9	186.2	338.9	356.4	514.2	**1.6	1,724.3
Persons	15 to 24	61.6	87.0	102.3	141.7	208.6	**0.0	601.2
	25 to 34	104.8	103.1	128.9	101.0	159.8	**0.0	597.6
	35 to 44	77.7	106.1	144.4	149.1	148.8	**0.2	626.4
	45 to 54	138.3	69.2	122.3	117.3	146.8	**1.2	595.1
	55 to 64	112.3	56.0	93.3	84.2	147.1	**0.4	493.4
	65 and over	168.9	39.2	74.2	83.6	139.0	**4.5	509.4
	TOTAL	663.6	460.6	665.3	676.9	950.2	*6.4	3,423.0

Percentage of row (%)

Males	15 to 24	8.9	15.2	16.1	23.1	36.8	**0.0	100.0
	25 to 34	15.7	22.1	18.9	15.7	27.5	**0.0	100.0
	35 to 44	12.9	20.8	21.7	23.1	21.6	**0.0	100.0
	45 to 54	23.7	13.9	23.5	19.6	19.3	**0.0	100.0
	55 to 64	26.6	14.4	19.7	15.3	23.9	**0.1	100.0
	65 and over	35.9	8.6	14.7	14.8	24.2	**1.9	100.0
	TOTAL	19.8	16.2	19.2	18.9	25.7	**0.3	100.0
Females	15 to 24	11.7	13.7	18.0	24.1	32.5	**0.0	100.0
	25 to 34	19.4	12.3	24.2	18.1	26.0	**0.0	100.0
	35 to 44	11.9	13.2	24.4	24.5	25.9	**0.1	100.0
	45 to 54	22.8	9.4	17.7	19.8	29.9	**0.4	100.0
	55 to 64	18.9	*8.2	18.1	18.8	35.8	**0.1	100.0
	65 and over	30.7	*6.9	14.5	17.9	30.1	**0.0	100.0
	TOTAL	19.0	10.8	19.7	20.7	29.8	**0.1	100.0
Persons	15 to 24	10.2	14.5	17.0	23.6	34.7	**0.0	100.0
	25 to 34	17.5	17.3	21.6	16.9	26.7	**0.0	100.0
	35 to 44	12.4	16.9	23.1	23.8	23.8	**0.0	100.0
	45 to 54	23.2	11.6	20.5	19.7	24.7	**0.2	100.0
	55 to 64	22.8	11.3	18.9	17.1	29.8	**0.1	100.0
	65 and over	33.1	7.7	14.6	16.4	27.3	**0.9	100.0
	TOTAL	19.4	13.5	19.4	19.8	27.8	*0.2	100.0

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 63: Queensland participants — participation in any physical activity by cumulative frequency, age and sex, 2009 (a) (b)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	46.4	232.1	208.1	182.9	278.5
	25 to 34	66.3	185.9	152.8	129.3	252.2
	35 to 44	64.3	205.5	168.7	138.2	269.8
	45 to 54	40.8	182.9	150.7	114.1	223.7
	55 to 64	35.7	145.7	118.3	96.9	181.6
	65 and over	20.9	130.8	111.0	95.0	156.2
	TOTAL	274.4	1,082.9	909.5	756.5	1,362.1
Females	15 to 24	40.6	220.4	197.7	167.3	261.0
	25 to 34	36.8	203.7	167.7	131.5	240.6
	35 to 44	41.7	236.8	195.4	159.7	278.8
	45 to 54	28.4	203.5	178.7	150.1	233.2
	55 to 64	*20.3	179.0	160.5	134.5	199.4
	65 and over	*18.3	166.0	148.3	127.6	184.3
	TOTAL	186.2	1,209.5	1,048.2	870.6	1,397.3
Persons	15 to 24	87.0	452.6	405.8	350.2	539.6
	25 to 34	103.1	389.7	320.5	260.8	492.8
	35 to 44	106.1	442.3	364.1	297.9	548.6
	45 to 54	69.2	386.4	329.4	264.2	456.9
	55 to 64	56.0	324.7	278.7	231.4	381.0
	65 and over	39.2	296.8	259.2	222.6	340.6
	TOTAL	460.6	2,292.4	1,957.7	1,627.1	2,759.4
Total participation rate (%) (c)						
Males	15 to 24	15.2	76.0	68.1	59.9	91.1
	25 to 34	22.1	62.1	51.1	43.2	84.3
	35 to 44	20.8	66.3	54.5	44.6	87.1
	45 to 54	13.9	62.4	51.4	38.9	76.3
	55 to 64	14.4	58.9	47.8	39.2	73.4
	65 and over	8.6	53.7	45.6	39.0	64.1
	TOTAL	16.2	63.7	53.5	44.5	80.2
Females	15 to 24	13.7	74.6	66.9	56.6	88.3
	25 to 34	12.3	68.3	56.2	44.1	80.6
	35 to 44	13.2	74.8	61.7	50.5	88.1
	45 to 54	9.4	67.4	59.2	49.7	77.2
	55 to 64	*8.2	72.8	65.2	54.7	81.1
	65 and over	*6.9	62.4	55.8	48.0	69.3
	TOTAL	10.8	70.1	60.8	50.5	81.0
Persons	15 to 24	14.5	75.3	67.5	58.3	89.8
	25 to 34	17.3	65.2	53.6	43.6	82.5
	35 to 44	16.9	70.6	58.1	47.6	87.6
	45 to 54	11.6	64.9	55.4	44.4	76.8
	55 to 64	11.3	65.8	56.5	46.9	77.2
	65 and over	7.7	58.3	50.9	43.7	66.9
	TOTAL	13.5	67.0	57.2	47.5	80.6

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2009

(b) Cumulative frequency should be interpreted as the total number of persons who engaged in the activity with **at least** that frequency (for example, 2.0 million Queensland persons engaged in physical activity at least twice per week, which is a combination of those who engaged twice, three times, four times and five times per week or more)

(c) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 64: Queensland recent participants — recent participation in any physical activity by duration and age, 2009 (a)

		15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	Total
		Number ('000)						
Five hours or more	More than three sessions weekly	156.8	79.2	89.9	89.5	88.5	82.7	586.6
	Two or three sessions weekly	*18.7	*14.7	23.1	*16.7	*15.9	*20.2	109.4
	Less than two sessions weekly	**1.1	**1.9	**3.4	*7.7	**3.4	*6.3	23.8
	<i>Total</i>	176.7	95.7	116.4	113.9	107.8	109.2	719.7
Two hours or more but less than five hours	More than three sessions weekly	68.3	75.1	72.8	95.0	77.7	63.0	451.9
	Two or three sessions weekly	93.4	47.8	63.9	39.9	33.7	28.0	306.7
	Less than two sessions weekly	*14.8	27.2	*20.2	*15.7	*20.4	*14.5	112.9
	<i>Total</i>	176.5	150.1	157.0	150.6	131.8	105.4	871.5
Less than two hours	More than three sessions weekly	*6.3	*7.3	*17.7	*13.4	*7.0	*12.6	64.4
	Two or three sessions weekly	*17.4	45.2	50.3	32.9	23.9	26.2	195.9
	Less than two sessions weekly	92.4	90.9	107.2	62.2	58.9	38.6	450.1
	<i>Total</i>	116.0	143.4	175.2	108.5	89.9	77.4	710.5
Total	More than three sessions weekly	231.5	161.6	180.5	197.9	173.2	158.3	1,102.9
	Two or three sessions weekly	129.5	107.7	137.4	89.5	73.5	74.4	612.0
	Less than two sessions weekly	108.2	120.0	130.7	85.6	82.8	59.4	586.8
	Total	469.2	389.2	448.6	373.1	329.5	292.1	2,301.7
		Percentage of total (%)						
Five hours or more	More than three sessions weekly	6.8	3.4	3.9	3.9	3.8	3.6	25.5
	Two or three sessions weekly	*0.8	*0.6	1.0	*0.7	*0.7	*0.9	4.8
	Less than two sessions weekly	**0.0	**0.1	**0.1	*0.3	**0.1	*0.3	1.0
	<i>Total</i>	7.7	4.2	5.1	4.9	4.7	4.7	31.3
Two hours or more but less than five hours	More than three sessions weekly	3.0	3.3	3.2	4.1	3.4	2.7	19.6
	Two or three sessions weekly	4.1	2.1	2.8	1.7	1.5	1.2	13.3
	Less than two sessions weekly	*0.6	1.2	*0.9	*0.7	*0.9	*0.6	4.9
	<i>Total</i>	7.7	6.5	6.8	6.5	5.7	4.6	37.9
Less than two hours	More than three sessions weekly	*0.3	*0.3	*0.8	*0.6	*0.3	*0.5	2.8
	Two or three sessions weekly	*0.8	2.0	2.2	1.4	1.0	1.1	8.5
	Less than two sessions weekly	4.0	3.9	4.7	2.7	2.6	1.7	19.6
	<i>Total</i>	5.0	6.2	7.6	4.7	3.9	3.4	30.9
Total	More than three sessions weekly	10.1	7.0	7.8	8.6	7.5	6.9	47.9
	Two or three sessions weekly	5.6	4.7	6.0	3.9	3.2	3.2	26.6
	Less than two sessions weekly	4.7	5.2	5.7	3.7	3.6	2.6	25.5
	Total	20.4	16.9	19.5	16.2	14.3	12.7	100.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport in the two weeks prior to interview in 2009

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 65: Queensland regular participants — regular participation in any physical activity (organised and non-organised) by demographics, 2009 (a)

	MALES		FEMALES		PERSONS	
	Number	Regular participation rate (b)	Number	Regular participation rate	Number	Regular participation rate
	('000)	(%)	('000)	(%)	('000)	(%)
AGE GROUP (YEARS)						
15 to 24	182.9	59.9	167.3	56.6	350.2	58.3
25 to 34	129.3	43.2	131.5	44.1	260.8	43.6
35 to 44	138.2	44.6	159.7	50.5	297.9	47.6
45 to 54	114.1	38.9	150.1	49.7	264.2	44.4
55 to 64	96.9	39.2	134.5	54.7	231.4	46.9
65 and over	95.0	39.0	127.6	48.0	222.6	43.7
REGION						
Capital city	358.8	47.8	405.9	52.4	764.7	50.2
Rest of state	397.7	41.9	464.8	48.9	862.4	45.4
EMPLOYMENT STATUS						
Employed full time	416.9	42.3	244.1	49.3	661.0	44.7
Employed part time	114.4	53.3	279.4	53.8	393.9	53.6
Employed refused	**4.6	**53.2	**5.1	**63.6	*9.7	*58.2
Total employed	536.0	44.4	528.6	51.7	1,064.6	47.7
Unemployed	37.5	40.5	53.1	54.4	90.6	47.6
Not in the labour force	183.0	46.0	288.9	47.8	471.9	47.1
MARITAL STATUS						
Married	423.5	41.2	489.9	49.0	913.4	45.0
Not married	327.9	49.6	375.6	52.5	703.5	51.1
Refused/Do not know	**5.0	**53.2	**5.1	**57.3	*10.1	*55.2
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	191.8	39.3	269.7	45.7	461.4	42.8
At least one under 18 — none at home	26.6	46.7	**5.3	**41.8	31.9	45.8
No children under 18	538.1	46.6	595.4	53.1	1,133.4	49.8
Refused	**0.0	**0.0	**0.3	**100.0	**0.3	**41.6
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	229.0	59.9	202.3	57.0	431.3	58.5
Undergraduate diploma or associate diploma	52.1	56.0	61.5	48.7	113.6	51.8
Certificate, trade qualification or apprenticeship	107.7	35.4	102.9	46.2	210.6	39.9
Highest level of secondary school	177.3	46.0	217.5	50.0	394.8	48.1
Did not complete highest level of school	121.2	30.6	234.4	48.8	355.6	40.6
Never went to school	**0.0	**0.0	**0.3	**32.3	**0.3	**21.0
Still at secondary school	49.1	65.1	33.9	63.9	83.0	64.6
Other	*16.8	*34.0	*16.6	*37.1	33.4	35.5
Refused	**3.3	**28.0	**1.2	**19.1	**4.5	**24.9
INDIGENOUS STATUS						
Indigenous	*12.8	*34.6	26.5	56.6	39.3	46.9
Non-Indigenous	743.1	44.7	843.9	50.4	1,587.0	47.6
Refused	**0.6	**49.7	**0.2	**15.0	**0.8	**31.1
LANGUAGE SPOKEN AT HOME						
English only	672.8	43.7	817.7	50.9	1,490.5	47.4
European language/s other than English	31.2	56.8	*19.8	*54.2	51.0	55.8
Non-European language/s	55.9	50.7	38.6	44.6	94.5	48.0
Total	756.5	44.5	870.6	50.5	1,627.1	47.5

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2009

(b) For any group, the regular participation rate is the number of persons who participated in the activity at least three times per week on average expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 66: All Queensland persons — participation in organised physical activity by frequency, age and sex, 2009 (a)

Sex	Age group (years)	None	Up to once per week (b)	One or two times per week (c)	Three or four times per week (d)	Five or more times per week	Do not know	Total
		Number ('000)						
Males	15 to 24	95.9	54.3	65.7	54.2	35.5	**0.0	305.6
	25 to 34	155.3	62.6	44.1	21.2	*16.1	**0.0	299.3
	35 to 44	176.4	60.0	36.7	23.1	*13.5	**0.0	309.8
	45 to 54	203.8	32.5	39.2	*13.2	**4.6	**0.0	293.3
	55 to 64	172.4	23.5	33.8	*11.6	**5.8	**0.2	247.4
	65 and over	185.9	*13.7	25.1	*15.8	**3.1	**0.0	243.5
	TOTAL	989.7	246.6	244.6	139.0	78.7	**0.2	1,698.8
Females	15 to 24	108.9	40.6	55.0	65.5	25.6	**0.0	295.6
	25 to 34	190.6	38.0	46.4	*18.0	**5.2	**0.0	298.3
	35 to 44	200.8	40.8	45.2	*18.4	*11.4	**0.0	316.6
	45 to 54	235.1	26.7	*19.2	*12.3	*8.7	**0.0	301.9
	55 to 64	177.8	*17.9	29.6	*15.8	**4.8	**0.0	246.0
	65 and over	189.7	22.4	32.6	*16.3	**4.9	**0.0	265.9
	TOTAL	1,103.0	186.4	228.1	146.3	60.5	**0.0	1,724.3
Persons	15 to 24	204.8	94.9	120.7	119.7	61.1	**0.0	601.2
	25 to 34	345.9	100.6	90.6	39.2	21.3	**0.0	597.6
	35 to 44	377.2	100.9	81.9	41.5	24.9	**0.0	626.4
	45 to 54	439.0	59.1	58.4	25.4	*13.2	**0.0	595.1
	55 to 64	350.2	41.4	63.4	27.4	*10.7	**0.2	493.4
	65 and over	375.6	36.1	57.7	32.1	*8.0	**0.0	509.4
	TOTAL	2,092.6	433.0	472.7	285.3	139.2	**0.2	3,423.0
Percentage of row (%)								
Males	15 to 24	31.4	17.8	21.5	17.7	11.6	**0.0	100.0
	25 to 34	51.9	20.9	14.7	7.1	*5.4	**0.0	100.0
	35 to 44	57.0	19.4	11.8	7.5	*4.4	**0.0	100.0
	45 to 54	69.5	11.1	13.4	*4.5	**1.6	**0.0	100.0
	55 to 64	69.7	9.5	13.7	*4.7	**2.4	**0.1	100.0
	65 and over	76.3	*5.6	10.3	*6.5	**1.3	**0.0	100.0
	TOTAL	58.3	14.5	14.4	8.2	4.6	**0.0	100.0
Females	15 to 24	36.8	13.7	18.6	22.2	8.6	**0.0	100.0
	25 to 34	63.9	12.7	15.6	*6.0	**1.8	**0.0	100.0
	35 to 44	63.4	12.9	14.3	*5.8	*3.6	**0.0	100.0
	45 to 54	77.9	8.8	*6.4	*4.1	*2.9	**0.0	100.0
	55 to 64	72.3	*7.3	12.0	*6.4	**2.0	**0.0	100.0
	65 and over	71.3	8.4	12.3	*6.1	**1.8	**0.0	100.0
	TOTAL	64.0	10.8	13.2	8.5	3.5	**0.0	100.0
Persons	15 to 24	34.1	15.8	20.1	19.9	10.2	**0.0	100.0
	25 to 34	57.9	16.8	15.2	6.6	3.6	**0.0	100.0
	35 to 44	60.2	16.1	13.1	6.6	4.0	**0.0	100.0
	45 to 54	73.8	9.9	9.8	4.3	*2.2	**0.0	100.0
	55 to 64	71.0	8.4	12.9	5.6	*2.2	**0.0	100.0
	65 and over	73.7	7.1	11.3	6.3	*1.6	**0.0	100.0
	TOTAL	61.1	12.6	13.8	8.3	4.1	**0.0	100.0

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 67: Queensland organised participants — participation in organised physical activity by cumulative frequency, age and sex, 2009 (a) (b)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	54.3	155.4	118.8	89.7	209.7
	25 to 34	62.6	81.4	54.8	37.3	144.0
	35 to 44	60.0	73.3	51.0	36.6	133.3
	45 to 54	32.5	57.0	29.5	*17.8	89.4
	55 to 64	23.5	51.2	33.0	*17.5	75.0
	65 and over	*13.7	44.0	24.3	*18.9	57.7
	TOTAL	246.6	462.3	311.3	217.7	709.1
Females	15 to 24	40.6	146.1	119.5	91.1	186.7
	25 to 34	38.0	69.6	46.4	23.2	107.7
	35 to 44	40.8	75.0	46.4	29.8	115.8
	45 to 54	26.7	40.1	27.0	20.9	66.8
	55 to 64	*17.9	50.2	35.4	20.6	68.1
	65 and over	22.4	53.8	36.6	21.2	76.2
	TOTAL	186.4	434.9	311.3	206.8	621.3
Persons	15 to 24	94.9	301.5	238.3	180.8	396.4
	25 to 34	100.6	151.1	101.2	60.5	251.7
	35 to 44	100.9	148.2	97.4	66.4	249.1
	45 to 54	59.1	97.1	56.4	38.7	156.2
	55 to 64	41.4	101.5	68.4	38.1	143.2
	65 and over	36.1	97.8	60.8	40.1	133.9
	TOTAL	433.0	897.2	622.6	424.5	1,330.4
Total participation rate (%) (c)						
Males	15 to 24	17.8	50.9	38.9	29.3	68.6
	25 to 34	20.9	27.2	18.3	12.5	48.1
	35 to 44	19.4	23.7	16.5	11.8	43.0
	45 to 54	11.1	19.4	10.0	*6.1	30.5
	55 to 64	9.5	20.7	13.3	*7.1	30.3
	65 and over	*5.6	18.1	10.0	*7.8	23.7
	TOTAL	14.5	27.2	18.3	12.8	41.7
Females	15 to 24	13.7	49.4	40.4	30.8	63.2
	25 to 34	12.7	23.3	15.6	7.8	36.1
	35 to 44	12.9	23.7	14.7	9.4	36.6
	45 to 54	8.8	13.3	8.9	6.9	22.1
	55 to 64	*7.3	20.4	14.4	8.4	27.7
	65 and over	8.4	20.2	13.8	8.0	28.7
	TOTAL	10.8	25.2	18.1	12.0	36.0
Persons	15 to 24	15.8	50.2	39.6	30.1	65.9
	25 to 34	16.8	25.3	16.9	10.1	42.1
	35 to 44	16.1	23.7	15.6	10.6	39.8
	45 to 54	9.9	16.3	9.5	6.5	26.2
	55 to 64	8.4	20.6	13.9	7.7	29.0
	65 and over	7.1	19.2	11.9	7.9	26.3
	TOTAL	12.6	26.2	18.2	12.4	38.9

(a) Relates to persons aged 15 years and over who participated in organised physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2009

(b) Cumulative frequency should be interpreted as the total number of persons who engaged in the activity with **at least** that frequency (for example, 622,600 Queensland persons engaged in organised physical activity at least twice per week, which is a combination of those who engaged twice, three times, four times and five times per week or more)

(c) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 68: Queensland organised participants — total participation in organised activities by type of organisation, age and sex, 2009 (a)

Sex	Age group (years)	Fitness, leisure or indoor sports centre	Sport or recreation club or association (c)	Work	School	Other	Total organised participation
		Number ('000)					
Males	15 to 24	58.3	144.3	**3.9	78.1	28.1	209.7
	25 to 34	53.6	99.8	*10.8	**0.3	21.0	144.0
	35 to 44	37.7	100.9	*8.2	**3.2	26.4	133.3
	45 to 54	24.5	60.3	**2.6	**1.2	*18.4	89.4
	55 to 64	*15.5	53.2	**1.3	**1.5	*12.8	75.0
	65 and over	*7.4	48.1	**0.4	**0.0	*8.5	57.7
	TOTAL		196.9	506.7	27.2	84.4	115.3
Females	15 to 24	76.6	90.6	**1.7	77.3	37.6	186.7
	25 to 34	56.6	62.7	*11.6	**3.9	*17.3	107.7
	35 to 44	59.9	58.8	**2.9	**0.2	26.7	115.8
	45 to 54	30.9	28.3	**5.3	**2.3	*20.3	66.8
	55 to 64	25.2	33.2	**1.1	**1.2	24.0	68.1
	65 and over	24.3	37.5	**0.0	**1.2	27.9	76.2
	TOTAL		273.4	311.1	22.6	86.2	153.7
Persons	15 to 24	134.9	234.8	**5.7	155.4	65.7	396.4
	25 to 34	110.2	162.5	22.4	**4.3	38.3	251.7
	35 to 44	97.6	159.7	*11.1	**3.4	53.1	249.1
	45 to 54	55.3	88.6	*7.9	**3.6	38.6	156.2
	55 to 64	40.6	86.4	**2.4	**2.7	36.8	143.2
	65 and over	31.6	85.6	**0.4	**1.2	36.4	133.9
	TOTAL		470.3	817.8	49.8	170.6	269.0

Total participation rate (%) (b)

Males	15 to 24	19.1	47.2	**1.3	25.6	9.2	68.6
	25 to 34	17.9	33.4	*3.6	**0.1	7.0	48.1
	35 to 44	12.2	32.6	*2.6	**1.0	8.5	43.0
	45 to 54	8.3	20.6	**0.9	**0.4	*6.3	30.5
	55 to 64	*6.3	21.5	**0.5	**0.6	*5.2	30.3
	65 and over	*3.0	19.8	**0.1	**0.0	*3.5	23.7
	TOTAL		11.6	29.8	1.6	5.0	6.8
Females	15 to 24	25.9	30.6	**0.6	26.1	12.7	63.2
	25 to 34	19.0	21.0	*3.9	**1.3	*5.8	36.1
	35 to 44	18.9	18.6	**0.9	**0.1	8.4	36.6
	45 to 54	10.2	9.4	**1.7	**0.8	*6.7	22.1
	55 to 64	10.2	13.5	**0.5	**0.5	9.7	27.7
	65 and over	9.1	14.1	**0.0	**0.5	10.5	28.7
	TOTAL		15.9	18.0	1.3	5.0	8.9
Persons	15 to 24	22.4	39.1	**0.9	25.9	10.9	65.9
	25 to 34	18.4	27.2	3.7	**0.7	6.4	42.1
	35 to 44	15.6	25.5	*1.8	**0.5	8.5	39.8
	45 to 54	9.3	14.9	*1.3	**0.6	6.5	26.2
	55 to 64	8.2	17.5	**0.5	**0.5	7.5	29.0
	65 and over	6.2	16.8	**0.1	**0.2	7.1	26.3
	TOTAL		13.7	23.9	1.5	5.0	7.9

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2009

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) All aerobics/fitness participants describing their activity as organised by a sport or recreation club or association have been recoded to fitness, leisure or indoor sports centre

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 69: Queensland participants — total participation in specific activities (organised and non-organised) by sex, 2009 (a)

Activity	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
Aerobics/fitness	305.7	18.0	451.5	26.2	757.2	22.1
Aquarobics	**1.2	**0.1	29.3	1.7	30.5	0.9
Athletics/track and field	*12.6	*0.7	*16.8	*1.0	29.4	0.9
Australian rules football	31.0	1.8	*11.6	*0.7	42.7	1.2
Badminton	**1.8	**0.1	**2.0	**0.1	**3.8	**0.1
Baseball	**4.5	**0.3	**3.5	**0.2	*8.1	*0.2
Basketball	38.4	2.3	32.7	1.9	71.2	2.1
Billiards/snooker/pool	**3.8	**0.2	**1.0	**0.1	**4.8	**0.1
Boxing	*19.3	*1.1	**5.4	**0.3	24.7	0.7
Canoeing/kayaking	38.1	2.2	*12.9	*0.8	51.0	1.5
Carpet bowls	**1.4	**0.1	*7.9	*0.5	*9.3	*0.3
Cricket (indoor)	25.0	1.5	**5.4	**0.3	30.4	0.9
Cricket (outdoor)	65.2	3.8	*17.2	*1.0	82.4	2.4
Cycling	240.1	14.1	124.3	7.2	364.4	10.6
Dancing	*9.5	*0.6	64.9	3.8	74.4	2.2
Darts	*7.1	*0.4	**0.3	**0.0	*7.4	*0.2
Fishing	78.9	4.6	*11.3	*0.7	90.1	2.6
Football (indoor)	57.1	3.4	*7.5	*0.4	64.5	1.9
Football (outdoor)	152.3	9.0	43.2	2.5	195.5	5.7
Golf	165.6	9.7	30.6	1.8	196.1	5.7
Gymnastics	**4.0	**0.2	**5.7	**0.3	*9.7	*0.3
Hockey (indoor)	**1.5	**0.1	**0.7	**0.0	**2.2	**0.1
Hockey (outdoor)	*12.1	*0.7	*16.6	*1.0	28.7	0.8
Horse riding/equestrian activities/polocrosse	*14.3	*0.8	21.1	1.2	35.3	1.0
Ice/snow sports	*9.5	*0.6	*16.8	*1.0	26.3	0.8
Lawn bowls	33.5	2.0	20.7	1.2	54.3	1.6
Martial arts	29.1	1.7	32.2	1.9	61.3	1.8
Motor sports	37.9	2.2	**6.0	**0.3	43.9	1.3
Netball	*15.0	*0.9	92.1	5.3	107.2	3.1
Orienteering	*9.4	*0.6	*7.5	*0.4	*16.8	*0.5
Rock climbing	*19.4	*1.1	*6.3	*0.4	25.7	0.7
Roller sports	*12.2	*0.7	*7.5	*0.4	*19.7	*0.6
Rowing	*12.5	*0.7	**4.8	**0.3	*17.3	*0.5
Rugby league	83.6	4.9	*7.4	*0.4	90.9	2.7
Rugby union	42.9	2.5	**0.9	**0.1	43.8	1.3
Running	266.2	15.7	137.1	8.0	403.3	11.8
Sailing	*15.2	*0.9	**5.7	**0.3	20.9	0.6
Scuba diving	*13.0	*0.8	**3.9	**0.2	*16.9	*0.5
Shooting sports	*13.1	*0.8	**1.2	**0.1	*14.2	*0.4
Softball	**3.7	**0.2	*8.3	*0.5	*12.1	*0.4
Squash/racquetball	37.2	2.2	*14.1	*0.8	51.3	1.5
Surf sports	96.2	5.7	*14.4	*0.8	110.5	3.2
Swimming	204.7	12.1	253.6	14.7	458.4	13.4
Table tennis	*8.3	*0.5	**3.7	**0.2	*12.0	*0.3
Tennis	106.0	6.2	101.8	5.9	207.8	6.1
Tenpin bowling	*11.0	*0.6	20.7	1.2	31.8	0.9
Touch football	81.2	4.8	41.5	2.4	122.7	3.6
Triathlon	*9.4	*0.6	20.9	1.2	30.3	0.9
Volleyball	*19.9	*1.2	25.6	1.5	45.5	1.3
Walking (bush)	103.7	6.1	66.5	3.9	170.2	5.0
Walking (other)	421.3	24.8	791.7	45.9	1,212.9	35.4
Water polo	**5.6	**0.3	*8.1	*0.5	*13.7	*0.4
Waterskiing/powerboating	24.3	1.4	*16.3	*0.9	40.7	1.2
Weight training	43.4	2.6	53.4	3.1	96.8	2.8
Yoga	*8.1	*0.5	92.3	5.4	100.4	2.9

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2009

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 70: Queensland participants — total participation in specific activities by type of activity, 2009 (a)

Activity	Number ('000)			Total participation rate (%) (b)		
	Organised	Non-organised	Total	Organised	Non-organised	Total
Aerobics/fitness	226.3	590.8	757.2	6.6	17.3	22.1
Aquarobics	20.7	*10.6	30.5	0.6	*0.3	0.9
Athletics/track and field	21.9	*10.9	29.4	0.6	*0.3	0.9
Australian rules football	28.6	*14.1	42.7	0.8	*0.4	1.2
Badminton	**2.2	**1.6	**3.8	**0.1	**0.0	**0.1
Baseball	**4.5	**3.5	*8.1	**0.1	**0.1	*0.2
Basketball	45.0	32.1	71.2	1.3	0.9	2.1
Billiards/snooker/pool	**0.0	**4.8	**4.8	**0.0	**0.1	**0.1
Boxing	*11.6	*15.5	24.7	*0.3	*0.5	0.7
Canoeing/kayaking	*6.1	49.4	51.0	*0.2	1.4	1.5
Carpet bowls	*7.6	**2.9	*9.3	*0.2	**0.1	*0.3
Cricket (indoor)	27.0	**4.3	30.4	0.8	**0.1	0.9
Cricket (outdoor)	46.2	43.6	82.4	1.3	1.3	2.4
Cycling	51.3	342.5	364.4	1.5	10.0	10.6
Dancing	61.8	*16.9	74.4	1.8	*0.5	2.2
Darts	*6.9	**0.9	*7.4	*0.2	**0.0	*0.2
Fishing	*7.5	88.5	90.1	*0.2	2.6	2.6
Football (indoor)	56.7	21.1	64.5	1.7	0.6	1.9
Football (outdoor)	139.7	76.4	195.5	4.1	2.2	5.7
Golf	108.7	117.1	196.1	3.2	3.4	5.7
Gymnastics	**1.9	*8.3	*9.7	**0.1	*0.2	0.3
Hockey (indoor)	**1.8	**0.4	**2.2	**0.1	**0.0	**0.1
Hockey (outdoor)	*19.8	*10.0	28.7	*0.6	*0.3	0.8
Horse riding/equestrian activities/polocrosse	*18.2	24.9	35.3	*0.5	0.7	1.0
Ice/snow sports	**2.9	25.2	26.3	**0.1	0.7	0.8
Lawn bowls	51.3	*9.9	54.3	1.5	*0.3	1.6
Martial arts	47.0	*19.3	61.3	1.4	*0.6	1.8
Motor sports	*19.6	32.8	43.9	*0.6	1.0	1.3
Netball	86.2	34.2	107.2	2.5	1.0	3.1
Orienteering	*8.4	*9.4	*16.8	*0.2	*0.3	*0.5
Rock climbing	*12.0	*13.6	25.7	*0.4	*0.4	0.7
Roller sports	**2.5	*17.2	*19.7	**0.1	*0.5	*0.6
Rowing	*8.2	*10.1	*17.3	*0.2	*0.3	*0.5
Rugby league	57.2	43.4	90.9	1.7	1.3	2.7
Rugby union	42.5	**2.6	43.8	1.2	**0.1	1.3
Running	51.8	379.4	403.3	1.5	11.1	11.8
Sailing	*11.7	*11.7	20.9	*0.3	*0.3	0.6
Scuba diving	**1.5	*16.2	*16.9	**0.0	*0.5	*0.5
Shooting sports	*8.1	*7.2	*14.2	*0.2	*0.2	*0.4
Softball	*11.3	**4.3	*12.1	*0.3	**0.1	*0.4
Squash/racquetball	*16.4	41.1	51.3	*0.5	1.2	1.5
Surf sports	22.9	107.4	110.5	0.7	3.1	3.2
Swimming	61.2	418.5	458.4	1.8	12.2	13.4
Table tennis	**3.8	*8.1	*12.0	**0.1	*0.2	*0.3
Tennis	70.8	151.7	207.8	2.1	4.4	6.1
Tenpin bowling	*19.1	*14.8	31.8	*0.6	*0.4	0.9
Touch football	104.7	26.9	122.7	3.1	0.8	3.6
Triathlon	30.0	**3.9	30.3	0.9	**0.1	0.9
Volleyball	27.2	*19.5	45.5	0.8	*0.6	1.3
Walking (bush)	*11.1	165.9	170.2	*0.3	4.8	5.0
Walking (other)	44.0	1,193.9	1,212.9	1.3	34.9	35.4
Water polo	*12.6	**1.1	*13.7	*0.4	**0.0	*0.4
Waterskiing/powerboating	**0.4	40.7	40.7	**0.0	1.2	1.2
Weight training	21.4	79.8	96.8	0.6	2.3	2.8
Yoga	48.6	56.5	100.4	1.4	1.7	2.9

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2009

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use