Bucket and hoop

From a drop shot, a ball is hit with a bat into a hoop or a bucket to score points. Play in groups of 3 players – a feeder, a hitter and a collector.

What you need

- Hoops, bins or buckets
- Markers
- Paddle bat or racket ball or tennis racket
- 4 tennis balls or similar per group

What to do

Hitters
- 6 hits, then rotate roles.

Collectors
- Collect balls and return using a nominated path and type of return (e.g. roll down the side).

Feeders
- Feed with drop shots as shown.

Scoring

- Bucket – 3 points
- Hoop – one point
- Total score after every 6 hits

LEARNING INTENTION

Bucket and hoop supports students to further develop their fielding, throwing, striking skills in an activity that requires accuracy and control.
Coaching
> Use player role models to highlight particular
skills. Follow up with individual coaching to one
side if necessary.

Game rules
> **Easier serve** – the feeder places the ball
on the racket for a hit; or tosses it, depending
on ability.
> **2-bounce rule** – allow 2 bounces if necessary.
> **Hit a bucket** – an easier option is to allow one
point for hitting the bucket.
> **Time challenge** – how many points in
3 minutes?
> **Team challenge** – how many total points
(best of 2 rounds)?
> **Vary the time/team challenge according
to ability.**

Playing area
> **Change the position of the hoops and buckets.**
Have scoring zones.

Equipment
> **Vary the type, size and weight of the balls and
bats/rackets used according to ability**
> **Allow player choice.**

Safety
> **Ensure adequate space for the number of
players. Allow enough space between groups.**
> **Players must ensure play has stopped before
running into another group's area.**

 Ask the players

**Hitters**
> What technique was most accurate in
scoring points?
> Where was the ball positioned when you were
striking it most accurately (e.g. at hip/waist
height and slightly in front of me)?

**Feeders**
> How did you work out where to bounce the
ball in order for it to be in the right position
for the hitter?

**Collectors**
> What cues could you use to work out which
direction the hit was going to go (i.e. position
of hitter’s feet/shoulders, direction of their
arm swing or position of the bat)?

Teaching tips

**Hitters**
> Keep your eye on the ball and hit the ball when
it gets to waist height and is slightly in front of
your body.
> Swing your arm so that the bat follows through in
the direction you want the ball to go.

**Feeders**
> Aim your passes slightly in front of the hitter
and at waist height. Bounce the ball half way
between you and the hitter.

**Collectors**
> Watch the direction of the hitter’s arm swing
and the position of their body to predict where
the ball will go.