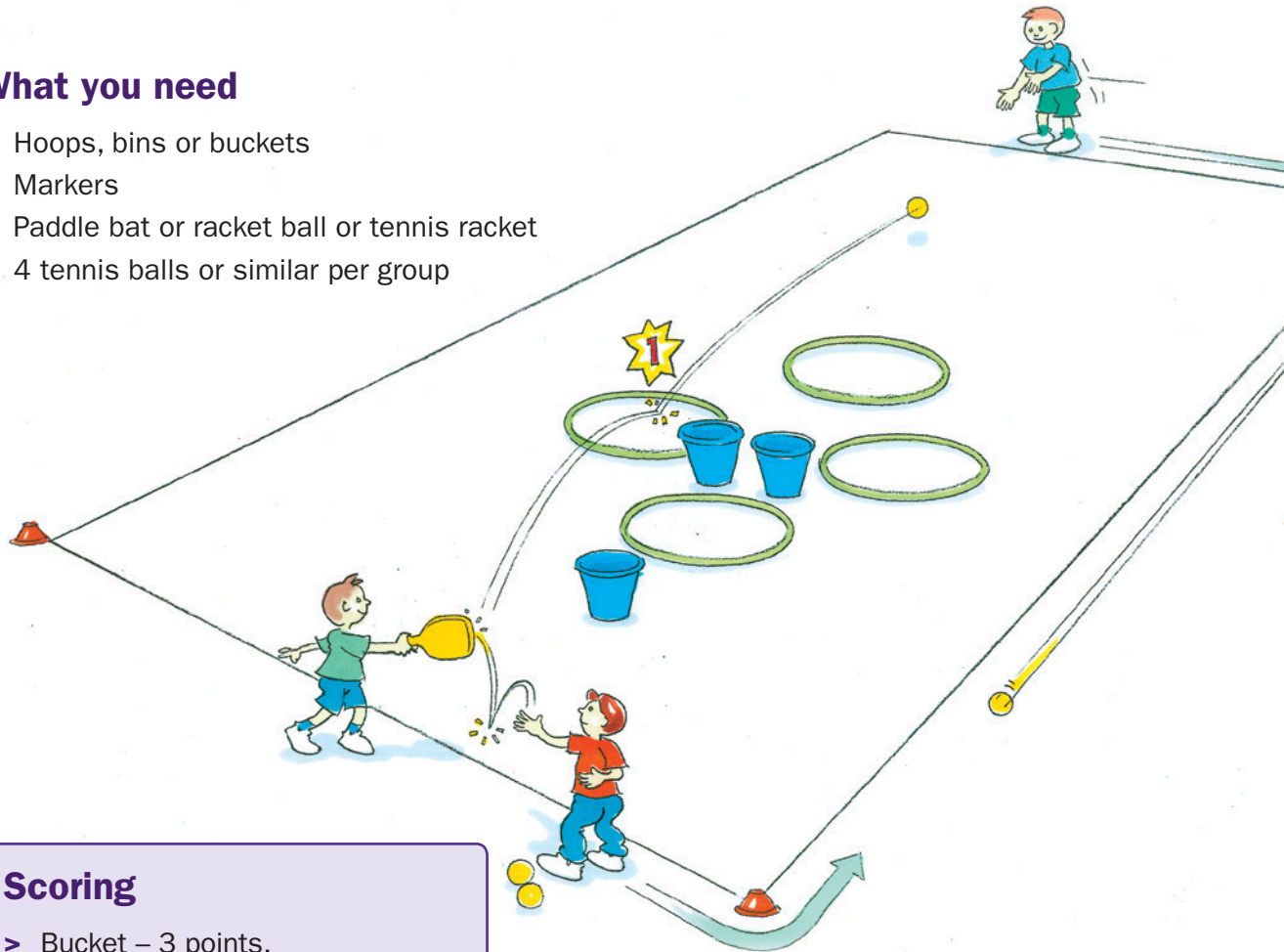


# Bucket and hoop

From a drop shot, a ball is hit with a bat into a hoop or a bucket to score points. Play in groups of 3 players – a feeder, a hitter and a collector.

## What you need

- > Hoops, bins or buckets
- > Markers
- > Paddle bat or racket ball or tennis racket
- > 4 tennis balls or similar per group



## Scoring

- > Bucket – 3 points.
- > Hoop – one point.
- > Total score after every 6 hits.

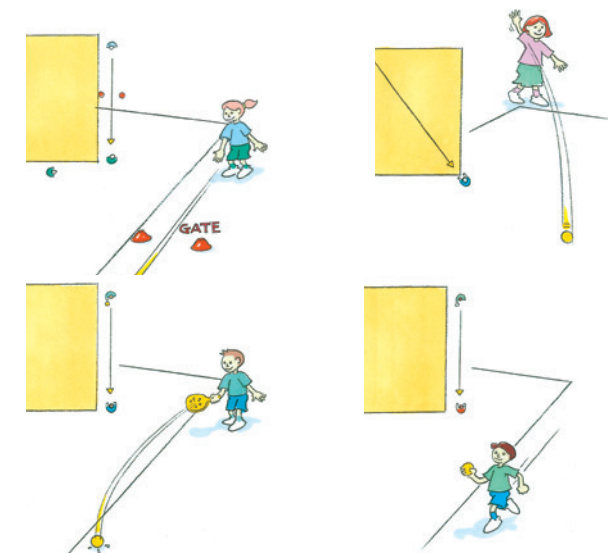
## What to do

### Hitters

- > 6 hits, then rotate roles.

### Collectors

- > Collect balls and return using a nominated path and type of return, e.g. roll down the side.



### Feeders

- > Feed with drop shots as shown.

## LEARNING INTENTION

*Bucket and hoop* supports students to further develop their fielding, throwing, striking skills in an activity that requires accuracy and control.

SKILL FOCUS

CATCHING

STRIKING  
THROWING

TEAMWORK

CONTENT DESCRIPTIONS

ACPMPO43

ACPMPO61

# Bucket and hoop

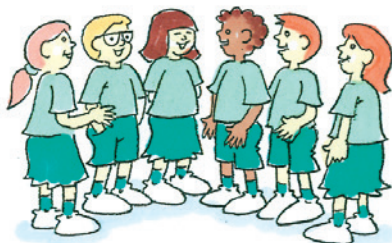
## change it...

### Coaching

- > Use player role models to highlight particular skills. Follow up with individual coaching to one side if necessary.

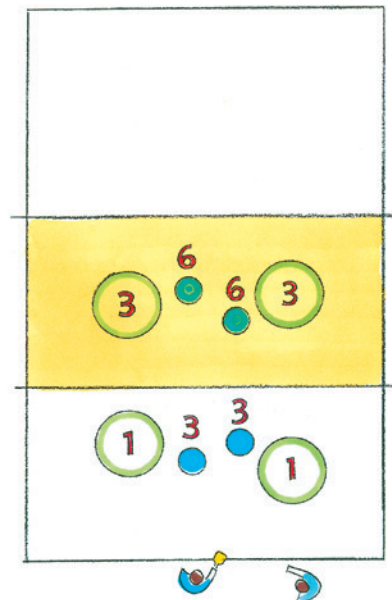
### Game rules

- > **Easier serve** – the feeder places the ball on the racket for a hit; or tosses it, depending on ability.
- > **2-bounce rule** – allow 2 bounces if necessary.
- > **Hit a bucket** – an easier option is to allow one point for hitting the bucket.
- > **Time challenge** – how many points in 3 minutes?
- > **Team challenge** – how many total points (best of 2 rounds)?
- > Vary the time/team challenge according to ability.



### Playing area

- > Change the position of the hoops and buckets. Have scoring zones.



### Equipment

- > Vary the type, size and weight of the balls and bats/rackets used according to ability
- > Allow player choice.

### Safety

- > Ensure adequate space for the number of players. Allow enough space between groups.
- > Players must ensure play has stopped before running into another group's area.

### ASK THE PLAYERS

#### Hitters

- > What technique was most accurate in scoring points?
- > Where was the ball positioned when you were striking it most accurately? e.g. at hip/waist height and slightly in front of me.

#### Feeders

- > How did you work out where to bounce the ball in order for it to be in the right position for the hitter?

#### Collectors

- > What cues could you use to work out which direction the hit was going to go? position of hitter's feet, shoulders, direction of their arm swing, position of the bat.

### TEACHING TIPS

#### Hitters

- > Keep your eye on the ball and hit the ball when it gets to waist height and is slightly in front of your body.
- > Swing your arm so that the bat follows through in the direction you want the ball to go.

#### Feeders

- > Aim your passes slightly in front of the hitter and at waist height. Bounce the ball half way between you and the hitter.

#### Collectors

- > Watch the direction of the hitter's arm swing and the position of their body to predict where the ball will go.