



SPORTS ABILITY

Target Games

Bean Bag Team Challenge

Games for developing accuracy when throwing.

Learning Intention

To practice throwing accurately at targets at different distances.



Skill Focus

Accuracy, throwing



What you need

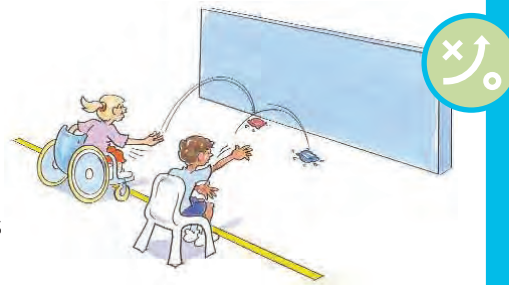
- Suitable indoor or outdoor surface
- Bean bag - one for each player
- Markers or cones
- Flat discs or hoops for targets



What to do

Close to the wall

- Aim is to throw the bean bag as close to the wall without touching the wall.
- Challenge another player. One player throws their bean bag toward the wall, the second player tries to get closer without touching the wall. The player closest scores a point and starts the next end.



Follow the leader

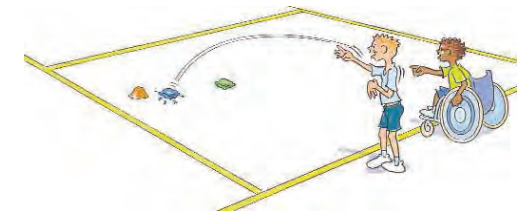
- Similar to Crown Green, except no target is used.
- Play in pairs. One player throws the bean bag into the area. The other player attempts to hit this bean bag with their own. If successful they score a point.
- Players take turns to start.
- Play to an agreed number of points.



What to do

Crown green

- In pairs, players throw their bean bag towards a target e.g. a marker.
- The player landing closest wins a point and has control of the target. They then place the target anywhere they like in the playing area, and have the first throw for the next round.
- Play to an agreed number of rounds.



Target bean bag

- 2 targets are placed on the ground at an agreed distance apart.
- Players try to land on the target from the opposite end. Once everyone has played, the end is scored, e.g. 1 point for landing in the outer circle, 3 for the centre circle.
- Players collect bean bags and play back towards the other target.



Curriculum links

ACPMPO43, ACPMP045, ACPMP061, ACPMP080





Teaching Style · Rules · Equipment · Environment

Use the TREE model to modify the game. Below are some suggestions or try your own!

Teaching style



- Encourage players to play honestly and agree on their scores.
- Pair together players with similar ability.

Rules



- Each pair should agree the rules for their games between themselves.
- When players of different abilities play together, rules can be amended to challenge both players e.g. use different sized targets.

Equipment



- Boccia balls are an alternative to using bean bags.

Environment



- To make the game easier to score points:
 - decrease the distance to the target
 - increase the target size.
- To make the game more challenging as skills improve:
 - increase the distance to the target
 - decrease the target size.

Safety



- Ensure players are aware of the environment around them, including any obstacles and other players.

Ask the players



- What different throwing techniques have you used?
- What body position do you need to be in to throw accurately at the target?
- What area of the target should you aim for to ensure you hit it?