Bean Bag Team Challenge
Games for developing accuracy when throwing.

Learning Intention
To practice throwing accurately at targets at different distances.

Skill Focus
Accuracy, throwing

What you need
- Suitable indoor or outdoor surface
- Bean bag – one for each player
- Markers or cones
- Flat discs or hoops for targets

What to do

Crown green
- In pairs, players throw their bean bag towards a target e.g. a marker.
- The player landing closest wins a point and has control of the target. They then place the target anywhere they like in the playing area, and have the first throw for the next round.
- Play to an agreed number of rounds.

Target bean bag
- 2 targets are placed on the ground at an agreed distance apart.
- Players try to land on the target from the opposite end. Once everyone has played, the end is scored, e.g. 1 point for landing in the outer circle, 3 for the centre circle.
- Players collect bean bags and play back towards the other target.

Curriculum links
ACPMP043, ACPMP045, ACPMP061, ACPMP080
Bean Bag Team Challenge

SPORTS ABILITY

Teaching Style • Rules • Equipment • Environment
Use the TREE model to modify the game. Below are some suggestions or try your own!

**Teaching Style**
- Encourage players to play honestly and agree on their scores.
- Pair together players with similar ability.

**Rules**
- Each pair should agree the rules for their games between themselves.
- When players of different abilities play together, rules can be amended to challenge both players e.g. use different sized targets.

**Equipment**
- Boccia balls are an alternative to using bean bags.

**Environment**
- To make the game easier to score points:
  - decrease the distance to the target
  - increase the target size.
- To make the game more challenging as skills improve:
  - increase the distance to the target
  - decrease the target size.

**Safety**
- Ensure players are aware of the environment around them, including any obstacles and other players.

**Ask the players**
- What different throwing techniques have you used?
- What body position do you need to be in to throw accurately at the target?
- What area of the target should you aim for to ensure you hit it?