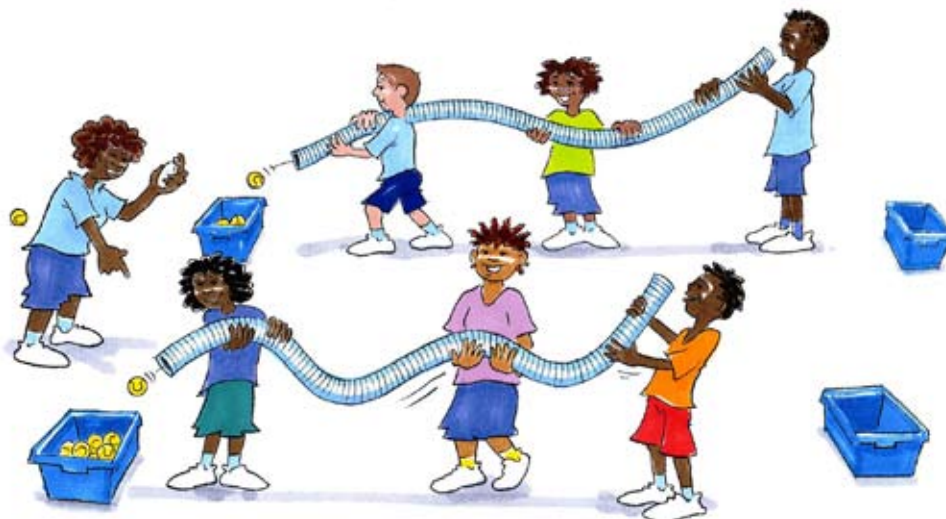




Australian Government  
Australian Sports Commission

# Juluhya

'ju-lu-hy-a'



SCHOOL  
YEARS  
K-3

SCHOOL  
YEARS  
4-6

## Background

A favourite pastime of the Aboriginal children in the Numinbah Valley area of south Queensland was rolling small round pebbles down long sheets of bark. These were folded in a tubular fashion. Competitions were held to see whose pebble appeared first.

## Language

*Juluhya* means 'to go down' in the Bundjalung language of north New South Wales and parts of south Queensland.

## Short description

This activity involves a group of players working together to roll a ball down a tube.

## Players

- A group of two to eight players

## Playing area

- An indoor or outdoor area suitable for the activity

## Equipment

- A piece of flexible tubing approximately 6–8 metres in length and with a diameter of 10–15 centimetres
- A supply of tennis balls or large marbles and a stop-watch. Containers to hold the tennis balls may also be used

## Game play and basic rules

- On the signal to start players put 10–20 tennis balls in one end of the tubing (one after the other) and work cooperatively to move them through to the other end of the tube and into a container.

- Time the attempt. When the teams are finished allow them a few minutes to discuss their strategy and have them try to beat their first time to set a combined class or 'world' record.

### Variations

- Relay: One tennis ball is rolled through the tubing. When it reaches the end the player closest to the container where it came out collects it and runs to the other end to place it in the tubing. Players move down a place so that all have a turn to feed the ball through the tubing.
- Students attach two tubes to each other by holding them together and move the balls from one end of the tube to the other. See if they can do it quicker on the second attempt.
- Use bedsheets or long plastic sheets and roll a large light ball down the sheet. After the ball moves onto the next sheet the group of players holding the first sheet joins on to the end of the other sheet to progress the ball down the playing area.

### Suggestion

This activity is particularly suitable for younger children.

### Teaching points

- Line up bin ready and balls ready. Go.
- Work together. Keep rolling. Faster.
- Keep going. That's good.
- Well done. Let's try again.