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 Australian Sports Commission

# Participation in Exercise, Recreation and Sport



**Annual Report 2009**

State and Territory Tables for Tasmania



**Communities**  
 Sport & Recreation



**Government of Western Australia**  
 Department of Sport and Recreation



**Government of South Australia**  
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### 9.3.6 Tasmania

**Table 82: Tasmanian participants — total participation in physical activity by type of participation, age and sex, 2009 (a)**

		Organised only (c) (A)	Non-organised only (d) (B)	Both organised and non-organised (e) (C)	Total organised (A + C)	Total non-organised (B + C)	Total participation (A + B + C)
Sex	Age group (years)	Number ('000)					
Males	15 to 24	8.8	*3.9	15.4	24.2	19.3	28.1
	25 to 34	*3.7	11.9	10.1	13.8	22.0	25.7
	35 to 44	5.1	13.3	9.0	14.2	22.3	27.5
	45 to 54	*3.6	16.1	9.9	13.5	25.9	29.5
	55 to 64	*2.2	13.9	8.7	10.9	22.6	24.9
	65 and over	*2.3	16.9	5.0	7.3	21.9	24.1
	<b>TOTAL</b>		<b>25.8</b>	<b>76.0</b>	<b>58.1</b>	<b>83.9</b>	<b>134.1</b>
Females	15 to 24	6.0	6.3	16.9	22.9	23.2	29.3
	25 to 34	*3.2	13.6	6.9	10.1	20.5	23.7
	35 to 44	*1.9	18.2	9.3	11.3	27.5	29.5
	45 to 54	*2.9	18.8	8.8	11.7	27.7	30.6
	55 to 64	*1.4	15.7	8.0	9.4	23.7	25.1
	65 and over	*2.3	16.6	6.8	9.1	23.4	25.7
	<b>TOTAL</b>		<b>17.8</b>	<b>89.3</b>	<b>56.7</b>	<b>74.5</b>	<b>146.0</b>
Persons	15 to 24	14.8	10.2	32.3	47.1	42.5	57.4
	25 to 34	6.9	25.5	17.0	23.9	42.5	49.4
	35 to 44	7.1	31.5	18.3	25.4	49.9	57.0
	45 to 54	6.5	34.9	18.7	25.2	53.6	60.1
	55 to 64	*3.6	29.6	16.7	20.3	46.3	50.0
	65 and over	4.6	33.4	11.8	16.4	45.3	49.9
	<b>TOTAL</b>		<b>43.5</b>	<b>165.2</b>	<b>114.9</b>	<b>158.4</b>	<b>280.1</b>
Total participation rate (%) (b)							
Males	15 to 24	26.5	*11.7	46.5	73.0	58.2	84.7
	25 to 34	*13.2	42.7	36.2	49.4	78.9	92.1
	35 to 44	16.0	41.4	28.0	43.9	69.3	85.3
	45 to 54	*10.1	44.9	27.5	37.7	72.5	82.6
	55 to 64	*7.1	43.7	27.3	34.3	71.0	78.0
	65 and over	*6.8	50.2	14.9	21.7	65.2	71.9
	<b>TOTAL</b>		<b>13.2</b>	<b>39.1</b>	<b>29.9</b>	<b>43.1</b>	<b>68.9</b>
Females	15 to 24	19.1	20.1	53.6	72.7	73.7	92.9
	25 to 34	*11.1	46.9	23.7	34.7	70.6	81.6
	35 to 44	*5.7	53.5	27.4	33.1	80.9	86.5
	45 to 54	*7.8	50.8	23.8	31.6	74.6	82.4
	55 to 64	*4.2	48.0	24.5	28.7	72.5	76.7
	65 and over	*6.1	43.4	17.9	24.0	61.3	67.4
	<b>TOTAL</b>		<b>8.8</b>	<b>44.1</b>	<b>28.0</b>	<b>36.8</b>	<b>72.1</b>
Persons	15 to 24	22.9	15.8	50.0	72.9	65.8	88.7
	25 to 34	12.1	44.9	29.8	41.9	74.7	86.8
	35 to 44	10.7	47.6	27.7	38.4	75.3	85.9
	45 to 54	9.0	47.9	25.6	34.6	73.6	82.5
	55 to 64	*5.6	45.9	25.9	31.5	71.7	77.4
	65 and over	6.4	46.6	16.5	22.9	63.1	69.5
	<b>TOTAL</b>		<b>11.0</b>	<b>41.6</b>	<b>28.9</b>	<b>39.9</b>	<b>70.5</b>

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2009

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) Participants' activities are fully organised

(d) Participants' activities are fully non-organised

(e) Participants' activities are part organised and part non-organised

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

**Table 83: Tasmanian participants — total participation in any physical activity (organised and non-organised) by demographics, 2009 (a)**

	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
<b>AGE GROUP (YEARS)</b>						
15 to 24	28.1	84.7	29.3	92.9	57.4	88.7
25 to 34	25.7	92.1	23.7	81.6	49.4	86.8
35 to 44	27.5	85.3	29.5	86.5	57.0	85.9
45 to 54	29.5	82.6	30.6	82.4	60.1	82.5
55 to 64	24.9	78.0	25.1	76.7	50.0	77.4
65 and over	24.1	71.9	25.7	67.4	49.9	69.5
<b>REGION</b>						
Capital city	68.9	84.9	71.5	82.2	140.4	83.5
Rest of state	91.0	80.2	92.3	79.9	183.2	80.0
<b>EMPLOYMENT STATUS</b>						
Employed full time	82.9	84.4	44.3	88.1	127.2	85.7
Employed part time	22.4	89.3	55.6	86.1	78.0	87.0
Employed refused	*2.7	*100.0	*1.8	*89.9	4.5	95.7
Total employed	108.0	85.7	101.8	87.1	209.8	86.3
Unemployed	10.5	93.1	7.9	86.7	18.4	90.2
Not in the labour force	41.4	72.3	54.1	70.7	95.5	71.4
<b>MARITAL STATUS</b>						
Married	99.2	85.5	97.2	81.4	196.4	83.4
Not married	60.3	77.7	66.6	80.1	126.9	78.9
Refused/Do not know	**0.4	**45.0	**0.0	**0.0	**0.4	**45.0
<b>CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD</b>						
At least one under 18 at home	47.3	88.9	49.9	81.8	97.2	85.1
At least one under 18 — none at home	*3.7	*67.4	**0.5	**100.0	*4.2	*70.4
No children under 18	108.9	80.1	113.3	80.4	222.2	80.3
<b>HIGHEST EDUCATION ATTAINMENT</b>						
University degree or higher (including postgraduate diploma)	31.6	94.9	30.4	85.5	62.1	90.1
Undergraduate diploma or associate diploma	12.7	82.3	12.1	85.4	24.8	83.8
Certificate, trade qualification or apprenticeship	27.3	85.2	26.3	82.4	53.6	83.8
Highest level of secondary school	32.9	81.2	35.4	78.4	68.4	79.7
Did not complete highest level of school	41.7	72.8	43.5	76.1	85.2	74.5
Never went to school	**0.0	**0.0	**0.1	**40.1	**0.1	**40.1
Still at secondary school	9.3	94.8	9.5	94.9	18.9	94.9
Other	*3.5	*68.6	5.8	77.8	9.3	74.1
Refused	**0.8	**79.9	**0.6	**81.3	*1.4	*80.5
<b>INDIGENOUS STATUS</b>						
Indigenous	5.7	76.4	4.9	73.1	10.6	74.8
Non-Indigenous	154.0	82.4	158.7	81.1	312.7	81.7
Refused	**0.2	**100.0	**0.2	**100.0	**0.4	**100.0
<b>LANGUAGE SPOKEN AT HOME</b>						
English only	153.8	82.7	159.2	80.9	313.0	81.8
European language/s other than English	*2.3	*74.0	*1.6	*88.0	*4.0	*79.2
Non-European language/s	*3.9	*65.4	*3.2	*77.2	7.1	70.2
<b>Total</b>	<b>159.8</b>	<b>82.2</b>	<b>163.8</b>	<b>80.9</b>	<b>323.6</b>	<b>81.5</b>

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2009

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

**Table 84: All Tasmanian persons — participation in any physical activity by frequency, age and sex, 2009 (a)**

Sex	Age group (years)	None	Up to once per week (b)	One or two times per week (c)	Three or four times per week (d)	Five or more times per week	Do not know	Total
		Number ('000)						
Males	15 to 24	5.1	4.6	6.4	7.8	9.4	**0.0	33.2
	25 to 34	*2.2	6.5	9.3	*3.3	6.5	**0.0	27.9
	35 to 44	4.7	7.4	8.2	5.3	6.6	**0.0	32.2
	45 to 54	6.2	6.0	8.0	5.6	9.9	**0.0	35.8
	55 to 64	7.0	5.1	6.2	4.8	8.8	**0.0	31.9
	65 and over	9.4	*3.5	5.6	6.2	8.8	**0.2	33.6
	<b>TOTAL</b>	<b>34.7</b>	<b>33.1</b>	<b>43.7</b>	<b>32.9</b>	<b>49.9</b>	<b>**0.2</b>	<b>194.5</b>
Females	15 to 24	*2.3	*4.2	6.8	10.1	8.0	**0.0	31.5
	25 to 34	5.3	5.1	6.7	8.5	*3.4	**0.0	29.0
	35 to 44	4.6	*3.4	6.6	6.5	13.0	**0.0	34.1
	45 to 54	6.5	*3.5	7.9	6.1	12.8	**0.2	37.1
	55 to 64	7.6	*2.0	6.6	6.1	10.3	**0.1	32.7
	65 and over	12.4	**1.1	6.6	6.4	10.9	**0.7	38.2
	<b>TOTAL</b>	<b>38.7</b>	<b>19.4</b>	<b>41.3</b>	<b>43.7</b>	<b>58.4</b>	<b>**1.0</b>	<b>202.5</b>
Persons	15 to 24	7.3	8.8	13.2	17.9	17.4	**0.0	64.7
	25 to 34	7.5	11.7	16.0	11.8	9.9	**0.0	56.9
	35 to 44	9.3	10.8	14.8	11.8	19.6	**0.0	66.3
	45 to 54	12.7	9.5	16.0	11.7	22.8	**0.2	72.8
	55 to 64	14.6	7.1	12.8	10.9	19.1	**0.1	64.6
	65 and over	21.9	4.6	12.1	12.6	19.7	**0.9	71.7
	<b>TOTAL</b>	<b>73.4</b>	<b>52.5</b>	<b>85.0</b>	<b>76.6</b>	<b>108.4</b>	<b>**1.2</b>	<b>397.0</b>
Percentage of row (%)								
Males	15 to 24	15.3	13.9	19.3	23.4	28.2	**0.0	100.0
	25 to 34	*7.9	23.4	33.5	*11.9	23.3	**0.0	100.0
	35 to 44	14.7	23.0	25.4	16.5	20.5	**0.0	100.0
	45 to 54	17.4	16.8	22.5	15.6	27.7	**0.0	100.0
	55 to 64	22.0	16.0	19.4	15.1	27.5	**0.0	100.0
	65 and over	28.1	*10.3	16.6	18.3	26.2	**0.6	100.0
	<b>TOTAL</b>	<b>17.8</b>	<b>17.0</b>	<b>22.5</b>	<b>16.9</b>	<b>25.7</b>	<b>**0.1</b>	<b>100.0</b>
Females	15 to 24	*7.1	*13.4	21.7	32.2	25.5	**0.0	100.0
	25 to 34	18.4	17.7	23.1	29.2	*11.7	**0.0	100.0
	35 to 44	13.5	*10.0	19.4	19.1	38.1	**0.0	100.0
	45 to 54	17.6	*9.4	21.4	16.4	34.7	**0.5	100.0
	55 to 64	23.3	*6.1	20.3	18.6	31.4	**0.3	100.0
	65 and over	32.6	**2.9	17.2	16.8	28.6	**1.8	100.0
	<b>TOTAL</b>	<b>19.1</b>	<b>9.6</b>	<b>20.4</b>	<b>21.6</b>	<b>28.9</b>	<b>**0.5</b>	<b>100.0</b>
Persons	15 to 24	11.3	13.7	20.4	27.7	26.9	**0.0	100.0
	25 to 34	13.2	20.5	28.2	20.7	17.4	**0.0	100.0
	35 to 44	14.1	16.3	22.3	17.8	29.5	**0.0	100.0
	45 to 54	17.5	13.1	21.9	16.0	31.2	**0.3	100.0
	55 to 64	22.6	11.0	19.8	16.9	29.5	**0.2	100.0
	65 and over	30.5	6.4	16.9	17.5	27.4	**1.2	100.0
	<b>TOTAL</b>	<b>18.5</b>	<b>13.2</b>	<b>21.4</b>	<b>19.3</b>	<b>27.3</b>	<b>**0.3</b>	<b>100.0</b>

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

**Table 85: Tasmanian participants — participation in any physical activity by cumulative frequency, age and sex, 2009 (a) (b)**

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	4.6	23.5	22.3	17.1	28.1
	25 to 34	6.5	19.2	13.9	9.8	25.7
	35 to 44	7.4	20.1	15.3	11.9	27.5
	45 to 54	6.0	23.5	18.7	15.5	29.5
	55 to 64	5.1	19.8	16.0	13.6	24.9
	65 and over	*3.5	20.5	18.2	14.9	24.1
	<b>TOTAL</b>	<b>33.1</b>	<b>126.6</b>	<b>104.4</b>	<b>82.9</b>	<b>159.8</b>
Females	15 to 24	*4.2	25.0	20.3	18.2	29.3
	25 to 34	5.1	18.6	16.6	11.8	23.7
	35 to 44	*3.4	26.1	23.1	19.5	29.5
	45 to 54	*3.5	26.9	22.1	18.9	30.6
	55 to 64	*2.0	23.0	19.6	16.3	25.1
	65 and over	**1.1	23.9	21.3	17.3	25.7
	<b>TOTAL</b>	<b>19.4</b>	<b>143.4</b>	<b>122.9</b>	<b>102.1</b>	<b>163.8</b>
Persons	15 to 24	8.8	48.5	42.6	35.3	57.4
	25 to 34	11.7	37.7	30.5	21.7	49.4
	35 to 44	10.8	46.2	38.4	31.4	57.0
	45 to 54	9.5	50.4	40.7	34.4	60.1
	55 to 64	7.1	42.8	35.6	29.9	50.0
	65 and over	4.6	44.4	39.5	32.3	49.9
	<b>TOTAL</b>	<b>52.5</b>	<b>270.0</b>	<b>227.4</b>	<b>185.0</b>	<b>323.6</b>
Total participation rate (%) (c)						
Males	15 to 24	13.9	70.8	67.3	51.6	84.7
	25 to 34	23.4	68.8	49.8	35.3	92.1
	35 to 44	23.0	62.3	47.4	36.9	85.3
	45 to 54	16.8	65.8	52.2	43.3	82.6
	55 to 64	16.0	62.0	50.2	42.6	78.0
	65 and over	*10.3	61.0	54.4	44.5	71.9
	<b>TOTAL</b>	<b>17.0</b>	<b>65.1</b>	<b>53.7</b>	<b>42.6</b>	<b>82.2</b>
Females	15 to 24	*13.4	79.4	64.5	57.8	92.9
	25 to 34	17.7	63.9	57.1	40.8	81.6
	35 to 44	*10.0	76.6	67.9	57.1	86.5
	45 to 54	*9.4	72.5	59.6	51.1	82.4
	55 to 64	*6.1	70.3	59.8	50.0	76.7
	65 and over	**2.9	62.6	55.7	45.4	67.4
	<b>TOTAL</b>	<b>9.6</b>	<b>70.8</b>	<b>60.7</b>	<b>50.4</b>	<b>80.9</b>
Persons	15 to 24	13.7	75.0	65.9	54.6	88.7
	25 to 34	20.5	66.3	53.5	38.1	86.8
	35 to 44	16.3	69.7	58.0	47.3	85.9
	45 to 54	13.1	69.2	55.9	47.3	82.5
	55 to 64	11.0	66.2	55.1	46.4	77.4
	65 and over	6.4	61.9	55.1	45.0	69.5
	<b>TOTAL</b>	<b>13.2</b>	<b>68.0</b>	<b>57.3</b>	<b>46.6</b>	<b>81.5</b>

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2009

(b) Cumulative frequency should be interpreted as the total number of persons who engaged in the activity with **at least** that frequency (for example, 227,400 Tasmanian persons engaged in physical activity at least twice per week, which is a combination of those who engaged twice, three times, four times and five times per week or more)

(c) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

**Table 86: Tasmanian recent participants — recent participation in any physical activity by duration and age, 2009 (a)**

		15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	Total
		Number ('000)						
Five hours or more	More than three sessions weekly	11.5	7.9	9.5	13.4	15.8	13.2	71.4
	Two or three sessions weekly	5.0	**0.3	**0.8	*1.9	*1.6	*3.1	12.6
	Less than two sessions weekly	**0.5	*1.4	**0.5	*1.3	**0.7	**0.1	4.5
	<i>Total</i>	17.0	9.6	10.8	16.6	18.1	16.4	88.6
Two hours or more but less than five hours	More than three sessions weekly	4.8	8.8	13.2	10.3	8.1	8.8	54.0
	Two or three sessions weekly	9.1	*3.8	7.2	7.0	*2.1	*3.3	32.5
	Less than two sessions weekly	*3.6	*2.8	*3.9	*3.3	*3.5	*2.1	19.2
	<i>Total</i>	17.5	15.4	24.3	20.6	13.7	14.2	105.8
Less than two hours	More than three sessions weekly	**0.4	**0.6	**0.9	**1.1	**1.2	*2.1	6.2
	Two or three sessions weekly	*3.7	5.8	4.9	*2.8	*4.0	*3.7	24.9
	Less than two sessions weekly	12.3	9.6	8.1	7.9	6.8	6.6	51.4
	<i>Total</i>	16.5	16.0	13.8	11.8	12.0	12.4	82.5
Total	More than three sessions weekly	16.7	17.3	23.6	24.8	25.1	24.1	131.6
	Two or three sessions weekly	17.8	9.9	12.9	11.7	7.7	10.1	70.1
	Less than two sessions weekly	16.4	13.7	12.5	12.5	11.1	8.8	75.1
	<b>Total</b>	<b>50.9</b>	<b>41.0</b>	<b>49.0</b>	<b>49.1</b>	<b>43.9</b>	<b>43.0</b>	<b>276.9</b>
		Percentage of total (%)						
Five hours or more	More than three sessions weekly	4.2	2.9	3.4	4.8	5.7	4.8	25.8
	Two or three sessions weekly	1.8	**0.1	**0.3	*0.7	*0.6	*1.1	4.6
	Less than two sessions weekly	**0.2	*0.5	**0.2	*0.5	**0.3	**0.1	1.6
	<i>Total</i>	6.1	3.5	3.9	6.0	6.5	5.9	32.0
Two hours or more but less than five hours	More than three sessions weekly	1.7	3.2	4.8	3.7	2.9	3.2	19.5
	Two or three sessions weekly	3.3	*1.4	2.6	2.5	*0.8	*1.2	11.8
	Less than two sessions weekly	*1.3	*1.0	*1.4	*1.2	*1.3	*0.8	6.9
	<i>Total</i>	6.3	5.6	8.8	7.5	5.0	5.1	38.2
Less than two hours	More than three sessions weekly	**0.2	**0.2	**0.3	**0.4	**0.4	*0.7	2.3
	Two or three sessions weekly	*1.3	2.1	1.8	*1.0	*1.5	*1.3	9.0
	Less than two sessions weekly	4.5	3.5	2.9	2.9	2.5	2.4	18.6
	<i>Total</i>	5.9	5.8	5.0	4.3	4.4	4.5	29.8
Total	More than three sessions weekly	6.0	6.3	8.5	9.0	9.1	8.7	47.5
	Two or three sessions weekly	6.4	3.6	4.6	4.2	2.8	3.7	25.3
	Less than two sessions weekly	5.9	5.0	4.5	4.5	4.0	3.2	27.1
	<b>Total</b>	<b>18.4</b>	<b>14.8</b>	<b>17.7</b>	<b>17.7</b>	<b>15.9</b>	<b>15.5</b>	<b>100.0</b>

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport in the two weeks prior to interview in 2009

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

**Table 87: Tasmanian regular participants — regular participation in any physical activity (organised and non-organised) by demographics, 2009 (a)**

	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
<b>AGE GROUP (YEARS)</b>						
15 to 24	17.1	51.6	18.2	57.8	35.3	54.6
25 to 34	9.8	35.3	11.8	40.8	21.7	38.1
35 to 44	11.9	36.9	19.5	57.1	31.4	47.3
45 to 54	15.5	43.3	18.9	51.1	34.4	47.3
55 to 64	13.6	42.6	16.3	50.0	29.9	46.4
65 and over	14.9	44.5	17.3	45.4	32.3	45.0
<b>REGION</b>						
Capital city	34.4	42.4	43.9	50.4	78.2	46.6
Rest of state	48.5	42.7	58.3	50.4	106.7	46.6
<b>EMPLOYMENT STATUS</b>						
Employed full time	37.5	38.2	25.5	50.6	62.9	42.4
Employed part time	10.8	42.8	36.5	56.5	47.2	52.6
Employed refused	*1.6	*60.6	*1.2	*61.8	*2.9	*61.1
Total employed	49.9	39.6	63.2	54.0	113.0	46.5
Unemployed	4.9	43.6	4.9	54.0	9.8	48.3
Not in the labour force	28.1	49.1	34.0	44.5	62.1	46.4
<b>MARITAL STATUS</b>						
Married	49.2	42.4	60.5	50.7	109.7	46.6
Not married	33.5	43.1	41.6	50.1	75.1	46.7
Refused/Do not know	**0.2	**24.9	**0.0	**0.0	**0.2	**24.9
<b>CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD</b>						
At least one under 18 at home	18.4	34.6	30.6	50.1	49.0	42.9
At least one under 18 — none at home	*1.8	*33.1	**0.3	**59.2	*2.1	*35.5
No children under 18	62.6	46.1	71.2	50.5	133.8	48.3
<b>HIGHEST EDUCATION ATTAINMENT</b>						
University degree or higher (including postgraduate diploma)	21.1	63.3	18.7	52.5	39.8	57.7
Undergraduate diploma or associate diploma	5.7	37.0	8.6	61.2	14.3	48.6
Certificate, trade qualification or apprenticeship	11.2	34.9	15.8	49.5	27.0	42.2
Highest level of secondary school	15.6	38.6	21.5	47.6	37.2	43.4
Did not complete highest level of school	19.9	34.7	27.8	48.7	47.7	41.7
Never went to school	**0.0	**0.0	**0.1	**40.1	**0.1	**40.1
Still at secondary school	6.1	62.0	4.8	47.8	10.9	54.8
Other	*2.5	*49.4	4.3	57.9	6.8	54.5
Refused	**0.8	**79.9	**0.4	**51.1	**1.2	**67.0
<b>INDIGENOUS STATUS</b>						
Indigenous	*4.0	*53.9	*3.1	*46.6	7.1	50.4
Non-Indigenous	78.7	42.1	98.8	50.5	177.5	46.4
Refused	**0.2	**100.0	**0.2	**100.0	**0.4	**100.0
<b>LANGUAGE SPOKEN AT HOME</b>						
English only	79.7	42.9	98.2	49.9	177.9	46.5
European language/s other than English	**1.0	**30.9	**1.2	**63.5	*2.2	*43.0
Non-European language/s	*2.2	*36.7	*2.7	*66.6	4.9	48.9
<b>Total</b>	<b>82.9</b>	<b>42.6</b>	<b>102.1</b>	<b>50.4</b>	<b>185.0</b>	<b>46.6</b>

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2009

(b) For any group, the regular participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

**Table 88: All Tasmanian persons — participation in organised physical activity by frequency, age and sex, 2009 (a)**

Sex	Age group (years)	None	Up to once per week (b)	One or two times per week (c)	Three or four times per week (d)	Five or more times per week	Do not know	Total
		Number ('000)						
Males	15 to 24	8.9	7.2	6.3	6.0	4.7	**0.0	33.2
	25 to 34	14.1	6.1	4.6	*2.0	**1.1	**0.0	27.9
	35 to 44	18.1	6.0	*3.5	*2.6	*2.1	**0.0	32.2
	45 to 54	22.3	5.4	4.7	**0.3	*3.1	**0.0	35.8
	55 to 64	20.9	4.8	4.5	*1.3	**0.3	**0.0	31.9
	65 and over	26.3	*1.4	*3.6	*2.1	**0.2	**0.0	33.6
	<b>TOTAL</b>	<b>110.6</b>	<b>30.8</b>	<b>27.3</b>	<b>14.4</b>	<b>11.4</b>	<b>**0.0</b>	<b>194.5</b>
Females	15 to 24	8.6	5.7	10.7	*3.0	*3.5	**0.0	31.5
	25 to 34	18.9	4.4	*3.5	*1.9	**0.3	**0.0	29.0
	35 to 44	22.8	*3.4	4.9	**1.1	*1.8	**0.0	34.1
	45 to 54	25.3	4.4	5.1	**1.0	*1.2	**0.0	37.1
	55 to 64	23.3	*2.5	4.8	**1.0	**1.1	**0.0	32.7
	65 and over	29.0	*2.2	5.3	**0.8	**0.8	**0.0	38.2
	<b>TOTAL</b>	<b>128.0</b>	<b>22.6</b>	<b>34.3</b>	<b>8.9</b>	<b>8.8</b>	<b>**0.0</b>	<b>202.5</b>
Persons	15 to 24	17.5	12.9	17.0	9.0	8.2	**0.0	64.7
	25 to 34	33.0	10.4	8.1	*4.0	*1.4	**0.0	56.9
	35 to 44	40.9	9.4	8.4	*3.8	*3.9	**0.0	66.3
	45 to 54	47.6	9.8	9.8	*1.3	4.3	**0.0	72.8
	55 to 64	44.2	7.3	9.3	*2.3	*1.4	**0.0	64.6
	65 and over	55.3	*3.6	8.9	*2.8	**1.0	**0.0	71.7
	<b>TOTAL</b>	<b>238.6</b>	<b>53.4</b>	<b>61.6</b>	<b>23.2</b>	<b>20.2</b>	<b>**0.0</b>	<b>397.0</b>
Percentage of row (%)								
Males	15 to 24	27.0	21.8	19.1	18.2	14.0	**0.0	100.0
	25 to 34	50.6	21.8	16.5	*7.3	**3.8	**0.0	100.0
	35 to 44	56.1	18.5	*10.8	*8.2	*6.5	**0.0	100.0
	45 to 54	62.3	15.1	13.2	**0.8	*8.5	**0.0	100.0
	55 to 64	65.7	14.9	14.3	*4.1	**1.0	**0.0	100.0
	65 and over	78.3	*4.2	*10.8	*6.2	**0.5	**0.0	100.0
	<b>TOTAL</b>	<b>56.9</b>	<b>15.9</b>	<b>14.0</b>	<b>7.4</b>	<b>5.8</b>	<b>**0.0</b>	<b>100.0</b>
Females	15 to 24	27.3	18.0	34.0	*9.6	*11.2	**0.0	100.0
	25 to 34	65.3	15.0	*12.0	*6.7	**1.0	**0.0	100.0
	35 to 44	66.9	*10.0	14.4	**3.3	*5.4	**0.0	100.0
	45 to 54	68.4	11.8	13.7	**2.7	*3.4	**0.0	100.0
	55 to 64	71.3	*7.8	14.6	**3.0	**3.3	**0.0	100.0
	65 and over	76.0	*5.8	13.9	**2.1	**2.2	**0.0	100.0
	<b>TOTAL</b>	<b>63.2</b>	<b>11.2</b>	<b>16.9</b>	<b>4.4</b>	<b>4.3</b>	<b>**0.0</b>	<b>100.0</b>
Persons	15 to 24	27.1	19.9	26.3	14.0	12.6	**0.0	100.0
	25 to 34	58.1	18.3	14.2	*7.0	*2.4	**0.0	100.0
	35 to 44	61.6	14.1	12.6	*5.7	*5.9	**0.0	100.0
	45 to 54	65.4	13.4	13.5	*1.8	5.9	**0.0	100.0
	55 to 64	68.5	11.3	14.4	*3.6	*2.2	**0.0	100.0
	65 and over	77.1	*5.1	12.5	*4.0	**1.4	**0.0	100.0
	<b>TOTAL</b>	<b>60.1</b>	<b>13.5</b>	<b>15.5</b>	<b>5.9</b>	<b>5.1</b>	<b>**0.0</b>	<b>100.0</b>

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use



**Table 89: Tasmanian organised participants — participation in organised physical activity by cumulative frequency, age and sex, 2009 (a) (b)**

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	7.2	17.0	13.9	10.7	24.2
	25 to 34	6.1	7.7	4.9	*3.1	13.8
	35 to 44	6.0	8.2	7.2	4.7	14.2
	45 to 54	5.4	8.1	5.6	*3.3	13.5
	55 to 64	4.8	6.2	*3.0	*1.6	10.9
	65 and over	*1.4	5.9	*3.7	*2.2	7.3
	<b>TOTAL</b>		<b>30.8</b>	<b>53.0</b>	<b>38.3</b>	<b>25.7</b>
Females	15 to 24	5.7	17.2	11.3	6.5	22.9
	25 to 34	4.4	5.7	4.3	*2.3	10.1
	35 to 44	*3.4	7.9	4.9	*3.0	11.3
	45 to 54	4.4	7.3	*3.7	*2.2	11.7
	55 to 64	*2.5	6.8	4.7	*2.1	9.4
	65 and over	*2.2	6.9	*3.7	*1.6	9.1
	<b>TOTAL</b>		<b>22.6</b>	<b>51.9</b>	<b>32.7</b>	<b>17.7</b>
Persons	15 to 24	12.9	34.2	25.2	17.2	47.1
	25 to 34	10.4	13.4	9.2	5.3	23.9
	35 to 44	9.4	16.0	12.1	7.7	25.4
	45 to 54	9.8	15.4	9.3	5.6	25.2
	55 to 64	7.3	13.0	7.7	*3.7	20.3
	65 and over	*3.6	12.8	7.5	*3.9	16.4
	<b>TOTAL</b>		<b>53.4</b>	<b>105.0</b>	<b>71.0</b>	<b>43.4</b>

Total participation rate (%) (c)

Males	15 to 24	21.8	51.2	41.9	32.2	73.0
	25 to 34	21.8	27.6	17.6	*11.1	49.4
	35 to 44	18.5	25.4	22.2	14.7	43.9
	45 to 54	15.1	22.6	15.6	*9.4	37.7
	55 to 64	14.9	19.4	*9.3	*5.1	34.3
	65 and over	*4.2	17.5	*11.1	*6.7	21.7
	<b>TOTAL</b>	<b>15.9</b>	<b>27.3</b>	<b>19.7</b>	<b>13.2</b>	<b>43.1</b>
Females	15 to 24	18.0	54.7	35.9	20.8	72.7
	25 to 34	15.0	19.7	14.8	*7.8	34.7
	35 to 44	*10.0	23.1	14.4	*8.7	33.1
	45 to 54	11.8	19.8	*10.0	*6.1	31.6
	55 to 64	*7.8	20.9	14.5	*6.3	28.7
	65 and over	*5.8	18.1	*9.8	*4.2	24.0
	<b>TOTAL</b>	<b>11.2</b>	<b>25.6</b>	<b>16.1</b>	<b>8.7</b>	<b>36.8</b>
Persons	15 to 24	19.9	52.9	39.0	26.6	72.9
	25 to 34	18.3	23.6	16.2	9.4	41.9
	35 to 44	14.1	24.2	18.2	11.6	38.4
	45 to 54	13.4	21.2	12.8	7.7	34.6
	55 to 64	11.3	20.2	11.9	*5.7	31.5
	65 and over	*5.1	17.8	10.4	*5.4	22.9
	<b>TOTAL</b>	<b>13.5</b>	<b>26.4</b>	<b>17.9</b>	<b>10.9</b>	<b>39.9</b>

(a) Relates to persons aged 15 years and over who participated in organised physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2009

(b) Cumulative frequency should be interpreted as the total number of persons who engaged in the activity with **at least** that frequency (for example, 71,000 Tasmanian persons engaged in organised physical activity at least twice per week, which is a combination of those who engaged twice, three times, four times and five times per week or more)

(c) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

**Table 90: Tasmanian organised participants — total participation in organised activities by type of organisation, age and sex, 2009 (a)**

Sex	Age group (years)	Fitness, leisure or indoor sports centre	Sport or recreation club or association (c)	Work	School	Other	Total organised participation
		Number ('000)					
Males	15 to 24	8.6	18.7	**0.5	9.2	*3.2	24.2
	25 to 34	*3.9	12.5	**0.3	**0.3	*1.9	13.8
	35 to 44	*3.5	11.6	**0.5	**0.2	*3.7	14.2
	45 to 54	*3.8	11.6	**0.0	**0.0	*2.4	13.5
	55 to 64	*1.6	8.7	**0.2	**0.2	*1.7	10.9
	65 and over	**0.7	6.4	**0.0	**0.0	**0.7	7.3
	<b>TOTAL</b>		22.1	69.5	*1.5	10.0	13.6
Females	15 to 24	9.1	14.4	**0.7	8.8	*3.7	22.9
	25 to 34	5.0	5.0	*1.2	**0.7	*1.5	10.1
	35 to 44	*3.2	7.2	**0.6	**0.5	*3.4	11.3
	45 to 54	4.4	6.5	**0.4	**0.4	*3.0	11.7
	55 to 64	*3.5	*3.7	**0.4	**0.3	*3.0	9.4
	65 and over	*3.2	4.4	**0.0	**0.0	*4.0	9.1
	<b>TOTAL</b>		28.3	41.2	*3.3	10.6	18.7
Persons	15 to 24	17.7	33.1	*1.2	17.9	7.0	47.1
	25 to 34	8.9	17.5	*1.5	**1.0	*3.4	23.9
	35 to 44	6.7	18.8	**1.1	**0.7	7.2	25.4
	45 to 54	8.2	18.2	**0.4	**0.4	5.3	25.2
	55 to 64	5.1	12.4	**0.5	**0.5	4.7	20.3
	65 and over	*3.9	10.8	**0.0	**0.0	4.7	16.4
	<b>TOTAL</b>		<b>50.5</b>	<b>110.7</b>	<b>4.8</b>	<b>20.6</b>	<b>32.3</b>
Total participation rate (%) (b)							
Males	15 to 24	25.9	56.3	**1.5	27.6	*9.7	73.0
	25 to 34	*14.0	44.9	**1.1	**1.1	*6.8	49.4
	35 to 44	*10.9	35.9	**1.6	**0.8	*11.6	43.9
	45 to 54	*10.6	32.6	**0.0	**0.0	*6.6	37.7
	55 to 64	*5.1	27.2	**0.5	**0.7	*5.2	34.3
	65 and over	**2.0	19.2	**0.0	**0.0	**2.1	21.7
	<b>TOTAL</b>		11.4	35.7	*0.8	5.1	7.0
Females	15 to 24	28.8	45.8	**2.3	27.8	*11.8	72.7
	25 to 34	17.1	17.1	*4.2	**2.3	*5.2	34.7
	35 to 44	*9.3	21.2	**1.7	**1.4	*10.1	33.1
	45 to 54	12.0	17.6	**1.2	**1.2	*8.0	31.6
	55 to 64	*10.7	*11.3	**1.1	**0.8	*9.2	28.7
	65 and over	*8.4	11.5	**0.0	**0.0	*10.5	24.0
	<b>TOTAL</b>		14.0	20.4	*1.6	5.2	9.2
Persons	15 to 24	27.3	51.2	*1.9	27.7	10.8	72.9
	25 to 34	15.6	30.7	*2.7	**1.7	*6.0	41.9
	35 to 44	10.1	28.4	**1.6	**1.1	10.9	38.4
	45 to 54	11.3	25.0	**0.6	**0.6	7.3	34.6
	55 to 64	7.9	19.1	**0.8	**0.8	7.2	31.5
	65 and over	*5.4	15.1	**0.0	**0.0	6.6	22.9
	<b>TOTAL</b>		<b>12.7</b>	<b>27.9</b>	<b>1.2</b>	<b>5.2</b>	<b>8.1</b>

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2009

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) All aerobics/fitness participants describing their activity as organised by a sport or recreation club or association have been recoded to fitness, leisure or indoor sports centre

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

**Table 91: Tasmanian participants — total participation in specific activities (organised and non-organised) by sex, 2009 (a)**

Activity	MALES		FEMALES		PERSONS	
	Number (’000)	Total participation rate (b) (%)	Number (’000)	Total participation rate (%)	Number (’000)	Total participation rate (%)
Aerobics/fitness	21.1	10.8	44.5	22.0	65.6	16.5
Aquarobics	**0.3	**0.2	4.4	2.2	4.8	1.2
Athletics/track and field	**1.1	**0.6	*1.8	*0.9	*2.9	*1.0
Australian rules football	20.2	10.4	**0.7	**0.3	20.9	5.3
Badminton	**0.8	**0.4	*1.6	*0.8	*2.5	*0.6
Basketball	5.3	2.7	5.6	2.8	10.9	2.7
Billiards/snooker/pool	**0.4	**0.2	**0.2	**0.1	**0.6	**0.1
Boxing	**0.2	**0.1	**0.6	**0.3	**0.7	**0.2
Canoeing/kayaking	4.7	2.4	*2.7	*1.3	7.4	1.9
Carpet bowls	**0.7	**0.4	**0.6	**0.3	*1.3	*0.3
Cricket (indoor)	4.4	2.3	**0.0	**0.0	4.4	1.1
Cricket (outdoor)	14.4	7.4	*1.3	*0.6	15.7	4.0
Cycling	24.7	12.7	10.4	5.1	35.2	8.9
Dancing	**1.2	**0.6	7.8	3.8	9.0	2.3
Darts	**1.0	**0.5	**0.1	**0.1	**1.1	**0.3
Fishing	14.5	7.5	**0.9	**0.5	15.4	3.9
Football (indoor)	4.5	2.3	*3.4	*1.7	7.9	2.0
Football (outdoor)	9.0	4.6	5.0	2.5	14.0	3.5
Golf	21.1	10.9	5.2	2.6	26.3	6.6
Gymnastics	**0.3	**0.2	**0.0	**0.0	**0.3	**0.1
Hockey (indoor)	**0.4	**0.2	**0.8	**0.4	**1.2	**0.3
Hockey (outdoor)	5.2	2.7	*3.5	*1.7	8.8	2.2
Horse riding/equestrian activities/polo	**1.0	**0.5	*4.0	*2.0	5.0	1.3
Ice/snow sports	**0.2	**0.1	**0.8	**0.4	**1.0	**0.2
Lawn bowls	6.3	3.3	*2.6	*1.3	9.0	2.3
Martial arts	*4.0	*2.0	5.0	2.5	9.0	2.3
Motor sports	8.7	4.5	**0.4	**0.2	9.1	2.3
Netball	*2.1	*1.1	10.6	5.2	12.7	3.2
Orienteering	*3.7	*1.9	*1.8	*0.9	5.5	1.4
Rock climbing	*2.0	*1.0	**0.3	**0.2	*2.3	*0.6
Roller sports	**0.8	**0.4	**0.0	**0.0	**0.8	**0.2
Rowing	*3.8	*1.9	**1.1	**0.6	4.9	1.2
Rugby union	**1.1	**0.6	**0.5	**0.3	*1.6	*0.4
Running	19.2	9.9	11.9	5.9	31.1	7.8
Sailing	6.7	3.4	*2.0	*1.0	8.7	2.2
Scuba diving	*2.1	*1.1	**0.9	**0.4	*2.9	*0.7
Shooting sports	*4.0	*2.0	**0.0	**0.0	*4.0	*1.0
Softball	**0.0	**0.0	**1.1	**0.6	**1.1	**0.3
Squash/racquetball	*3.0	*1.5	**0.6	**0.3	*3.6	*0.9
Surf sports	6.5	3.3	**1.1	**0.6	7.6	1.9
Swimming	16.7	8.6	29.2	14.4	45.9	11.6
Table tennis	*3.7	*1.9	**0.1	**0.1	*3.8	*0.9
Tennis	8.8	4.5	6.2	3.0	15.0	3.8
Tenpin bowling	**0.6	**0.3	**1.0	**0.5	*1.6	*0.4
Touch football	4.7	2.4	*3.2	*1.6	7.9	2.0
Triathlon	**0.7	**0.4	**0.2	**0.1	**0.9	**0.2
Volleyball	*1.9	*1.0	**0.2	**0.1	*2.2	*0.5
Walking (bush)	15.5	8.0	14.8	7.3	30.4	7.7
Walking (other)	60.2	31.0	104.2	51.4	164.4	41.4
Water polo	**0.3	**0.1	**0.5	**0.3	**0.8	**0.2
Waterskiing/powerboating	**0.7	**0.4	**0.9	**0.4	*1.6	*0.4
Weight training	4.3	2.2	5.1	2.5	9.5	2.4
Yoga	**0.8	**0.4	5.9	2.9	6.8	1.7

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2009

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

**Table 92: Tasmanian participants — total participation in specific activities by type of activity, 2009 (a)**

Activity	Number ('000)			Total participation rate (%) (b)		
	Organised	Non-organised	Total	Organised	Non-organised	Total
Aerobics/fitness	17.1	51.3	65.6	4.3	12.9	16.5
Aquarobics	*3.4	*1.9	4.8	*0.9	*0.5	1.2
Athletics/track and field	*2.2	*1.4	*2.9	*0.6	*0.4	*0.7
Australian rules football	17.5	6.3	20.9	4.4	1.6	5.3
Badminton	*1.9	**0.5	*2.5	*0.5	**0.1	*0.6
Basketball	9.7	*2.2	10.9	2.5	*0.6	2.7
Billiards/snooker/pool	**0.4	**0.2	**0.6	**0.1	**0.1	**0.1
Boxing	**0.2	**0.6	**0.7	**0.0	**0.1	**0.2
Canoeing/kayaking	**0.8	7.3	7.4	**0.2	1.8	1.9
Carpet bowls	*1.3	**0.3	*1.3	*0.3	**0.1	*0.3
Cricket (indoor)	**0.9	*3.8	4.4	**0.2	*1.0	1.1
Cricket (outdoor)	12.1	5.1	15.7	3.0	1.3	4.0
Cycling	4.4	33.6	35.2	1.1	8.5	8.9
Dancing	7.3	*3.0	9.0	1.8	*0.8	2.3
Darts	**1.0	**0.9	**1.1	**0.3	**0.2	**0.3
Fishing	*1.5	15.2	15.4	*0.4	3.8	3.9
Football (indoor)	5.8	*2.5	7.9	1.5	*0.6	2.0
Football (outdoor)	11.8	4.4	14.0	3.0	1.1	3.5
Golf	15.0	16.6	26.3	3.8	4.2	6.6
Gymnastics	**0.0	**0.3	**0.3	**0.0	**0.1	**0.1
Hockey (indoor)	**0.7	**0.5	**1.2	**0.2	**0.1	**0.3
Hockey (outdoor)	8.1	**1.1	8.8	2.0	**0.3	2.2
Horse riding/equestrian activities/polocrosse	*2.5	*3.9	5.0	*0.6	*1.0	1.3
Ice/snow sports	**0.4	**1.0	**1.0	**0.1	**0.2	**0.2
Lawn bowls	8.4	**0.9	9.0	2.1	**0.2	2.3
Martial arts	7.5	*2.0	9.0	1.9	*0.5	2.3
Motor sports	*2.0	7.8	9.1	*0.5	2.0	2.3
Netball	11.1	*2.3	12.7	2.8	*0.6	3.2
Orienteering	4.8	*1.9	5.5	1.2	*0.5	1.4
Rock climbing	**0.8	*1.5	*2.3	**0.2	*0.4	*0.6
Roller sports	**0.0	**0.8	**0.8	**0.0	**0.2	**0.2
Rowing	*4.3	**0.8	4.9	*1.1	**0.2	1.2
Rugby union	*1.6	**0.0	*1.6	*0.4	**0.0	*0.4
Running	10.1	26.3	31.1	2.6	6.6	7.8
Sailing	4.9	5.7	8.7	1.2	1.4	2.2
Scuba diving	**0.0	*2.9	*2.9	**0.0	*0.7	*0.7
Shooting sports	**1.0	*3.1	*4.0	**0.2	*0.8	*1.0
Softball	**1.1	**0.0	**1.1	**0.3	**0.0	**0.3
Squash/racquetball	**0.9	*2.7	*3.6	**0.2	*0.7	*0.9
Surf sports	**0.7	7.4	7.6	**0.2	1.9	1.9
Swimming	6.8	41.3	45.9	1.7	10.4	11.6
Table tennis	**1.0	*2.7	*3.8	**0.3	*0.7	*0.9
Tennis	5.6	11.2	15.0	1.4	2.8	3.8
Tenpin bowling	**0.6	**1.1	*1.6	**0.1	**0.3	*0.4
Touch football	7.9	**0.6	7.9	2.0	**0.2	2.0
Triathlon	**0.9	**0.2	**0.9	**0.2	**0.1	**0.2
Volleyball	*2.2	**0.4	*2.2	*0.5	**0.1	*0.5
Walking (bush)	*4.3	28.6	30.4	*1.1	7.2	7.7
Walking (other)	8.7	161.3	164.4	2.2	40.6	41.4
Water polo	**0.8	**0.0	**0.8	**0.2	**0.0	**0.2
Waterskiing/powerboating	**0.0	*1.6	*1.6	**0.0	*0.4	*0.4
Weight training	*3.3	6.4	9.5	*0.8	1.6	2.4
Yoga	*3.4	*3.6	6.8	*0.9	*0.9	1.7

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2009

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

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