



Australian Government
Australian Sports Commission

Participation in Exercise, Recreation and Sport



Annual Report 2010

State and Territory Tables for Western Australia



Communities
Sport & Recreation



Government of Western Australia
Department of Sport and Recreation



Government of South Australia
Office for Recreation and Sport



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9.3.8 Western Australia

Table 104: Western Australian participants — total participation in physical activity by type of participation, age and sex, 2010 (a)

		Organised only (c) (A)	Non-organised only (d) (B)	Both organised and non-organised (e) (C)	Total organised (A + C)	Total non-organised (B + C)	Total participation (A + B + C)
Sex	Age group (years)	Number ('000)					
Males	15 to 24	35.2	55.2	54.9	90.0	110.0	145.2
	25 to 34	23.0	77.5	56.6	79.5	134.0	157.0
	35 to 44	21.0	89.2	33.4	54.4	122.6	143.6
	45 to 54	*9.8	85.2	36.5	46.2	121.7	131.5
	55 to 64	*7.9	73.9	30.5	38.3	104.3	112.2
	65 and over	*13.6	52.7	25.1	38.7	77.8	91.3
	TOTAL	110.3	433.6	236.9	347.1	670.5	780.8
Females	15 to 24	30.6	30.7	62.8	93.4	93.5	124.1
	25 to 34	*14.3	77.8	44.2	58.5	122.0	136.3
	35 to 44	19.0	70.4	46.3	65.3	116.6	135.6
	45 to 54	*11.0	76.7	43.5	54.4	120.2	131.2
	55 to 64	*6.8	73.2	26.0	32.8	99.2	106.0
	65 and over	*12.5	56.9	30.4	42.9	87.2	99.8
	TOTAL	94.2	385.6	253.1	347.3	638.7	732.9
Persons	15 to 24	65.7	85.9	117.7	183.4	203.6	269.3
	25 to 34	37.3	155.2	100.8	138.0	256.0	293.3
	35 to 44	40.0	159.6	79.7	119.6	239.2	279.2
	45 to 54	20.7	162.0	79.9	100.7	241.9	262.6
	55 to 64	*14.7	147.1	56.4	71.1	203.5	218.2
	65 and over	26.1	109.5	55.5	81.6	165.0	191.1
	TOTAL	204.5	819.2	490.0	694.5	1,309.2	1,513.7
Total participation rate (%) (b)							
Males	15 to 24	21.9	34.4	34.2	56.1	68.6	90.5
	25 to 34	14.0	47.2	34.4	48.4	81.6	95.6
	35 to 44	12.5	53.1	19.9	32.3	73.0	85.4
	45 to 54	*6.1	53.5	22.9	29.0	76.3	82.5
	55 to 64	*6.1	57.3	23.6	29.7	80.9	87.0
	65 and over	*10.9	42.3	20.2	31.1	62.5	73.4
	TOTAL	12.2	47.9	26.2	38.3	74.1	86.2
Females	15 to 24	20.2	20.2	41.4	61.6	61.6	81.8
	25 to 34	*9.2	50.3	28.6	37.8	78.8	88.1
	35 to 44	11.8	43.5	28.6	40.4	72.1	83.9
	45 to 54	*7.0	49.0	27.7	34.7	76.7	83.7
	55 to 64	*5.4	58.0	20.6	26.0	78.6	84.0
	65 and over	*9.2	41.8	22.3	31.5	64.1	73.3
	TOTAL	10.6	43.5	28.5	39.2	72.0	82.6
Persons	15 to 24	21.1	27.5	37.7	58.8	65.2	86.3
	25 to 34	11.7	48.7	31.6	43.3	80.3	91.9
	35 to 44	12.1	48.4	24.2	36.3	72.6	84.7
	45 to 54	6.6	51.2	25.3	31.8	76.5	83.1
	55 to 64	*5.8	57.7	22.1	27.9	79.8	85.6
	65 and over	10.0	42.0	21.3	31.3	63.3	73.3
	TOTAL	11.4	45.7	27.3	38.7	73.0	84.5

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) Participants' activities are fully organised

(d) Participants' activities are fully non-organised

(e) Participants' activities are part organised and part non-organised

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 105: Western Australian participants — total participation in any physical activity (organised and non-organised) by demographics, 2010 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
AGE GROUP (YEARS)						
15 to 24	145.2	90.5	124.1	81.8	269.3	86.3
25 to 34	157.0	95.6	136.3	88.1	293.3	91.9
35 to 44	143.6	85.4	135.6	83.9	279.2	84.7
45 to 54	131.5	82.5	131.2	83.7	262.6	83.1
55 to 64	112.2	87.0	106.0	84.0	218.2	85.6
65 and over	91.3	73.4	99.8	73.3	191.1	73.3
REGION						
Capital city	581.1	86.8	564.6	84.9	1,145.7	85.8
Rest of state	199.7	84.8	168.3	75.9	368.0	80.5
EMPLOYMENT STATUS						
Employed full time	486.0	87.8	235.3	88.7	721.3	88.1
Employed part time	82.9	89.2	254.4	86.1	337.3	86.8
Employed refused	*5.6	*73.9	*9.4	*86.6	*15.1	*81.4
Total employed	574.6	87.9	499.1	87.3	1,073.7	87.6
Unemployed	52.3	90.0	16.9	69.7	69.2	84.0
Not in the labour force	153.8	79.5	217.0	74.5	370.8	76.5
MARITAL STATUS						
Married	464.0	85.1	435.2	83.4	899.2	84.3
Not married	312.8	87.8	293.0	81.2	605.8	84.5
Refused/Do not know	**3.9	**100.0	*4.8	*100.0	*8.7	*100.0
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	212.6	85.5	237.0	81.8	449.6	83.5
At least one under 18 — none at home	25.3	100.0	*5.0	*71.2	30.3	93.8
No children under 18	541.5	85.9	490.9	83.2	1,032.4	84.6
Refused	**1.5	**100.0	**0.0	**0.0	**1.5	**100.0
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	224.8	94.2	207.7	90.8	432.5	92.5
Undergraduate diploma or associate diploma	53.5	92.3	52.3	81.4	105.8	86.6
Certificate, trade qualification or apprenticeship	113.2	78.7	108.1	84.9	221.2	81.6
Highest level of secondary school	169.5	85.5	160.7	81.0	330.2	83.3
Did not complete highest level of school	167.8	80.2	158.7	73.4	326.5	76.7
Never went to school	**0.6	**100.0	**1.1	**100.0	**1.7	**100.0
Still at secondary school	32.1	93.4	23.7	89.5	55.8	91.7
Other	*12.5	*82.8	*14.0	*82.8	26.5	82.8
Refused	*6.8	*91.9	*6.6	*86.7	*13.4	*89.3
LANGUAGE SPOKEN AT HOME						
English only	694.8	86.4	662.1	83.7	1,356.9	85.0
European language/s other than English	20.3	97.1	17.8	74.5	38.1	85.0
Non-European language/s	67.1	82.1	55.0	73.8	122.1	78.1
Total	780.8	86.2	732.9	82.6	1,513.7	84.5

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 106: All Western Australian persons — participation in any physical activity by frequency, age and sex, 2010 (a)

Sex	Age group (years)	None	Up to once per week (b)	One or two times per week (c)	Three or four times per week (d)	Five or more times per week	Do not know	Total
		Number ('000)						
Males	15 to 24	*15.2	26.6	34.4	36.9	47.3	**0.0	160.4
	25 to 34	*7.2	36.5	38.2	35.0	47.3	**0.0	164.2
	35 to 44	24.5	24.2	47.9	39.2	32.3	**0.0	168.1
	45 to 54	28.0	*14.0	33.6	28.0	55.9	**0.0	159.4
	55 to 64	16.7	*14.8	21.7	21.6	53.2	**1.0	128.9
	65 and over	33.1	*11.6	21.3	19.0	38.9	**0.6	124.4
	TOTAL	124.6	127.6	197.0	179.7	274.9	**1.6	905.4
Females	15 to 24	27.6	25.1	31.2	21.1	46.7	**0.0	151.7
	25 to 34	18.5	18.0	29.5	36.8	52.0	**0.0	154.8
	35 to 44	26.0	16.5	28.6	33.7	56.8	**0.0	161.6
	45 to 54	25.5	*11.6	30.9	31.3	57.4	**0.0	156.6
	55 to 64	20.1	*7.9	26.0	25.1	46.4	**0.6	126.1
	65 and over	36.4	*8.9	21.0	18.2	50.6	**1.0	136.1
	TOTAL	154.1	88.0	167.2	166.3	309.9	**1.6	887.0
Persons	15 to 24	42.8	51.7	65.6	58.0	94.0	**0.0	312.1
	25 to 34	25.7	54.5	67.7	71.8	99.3	**0.0	319.0
	35 to 44	50.5	40.7	76.5	72.9	89.1	**0.0	329.7
	45 to 54	53.4	25.5	64.5	59.2	113.3	**0.0	316.1
	55 to 64	36.8	22.6	47.6	46.8	99.6	**1.6	255.0
	65 and over	69.5	20.4	42.3	37.2	89.5	**1.6	260.6
	TOTAL	278.7	215.6	364.2	346.0	584.8	**3.2	1,792.4
Percentage of row (%)								
Males	15 to 24	*9.5	16.6	21.4	23.0	29.5	**0.0	100.0
	25 to 34	*4.4	22.2	23.3	21.3	28.8	**0.0	100.0
	35 to 44	14.6	14.4	28.5	23.3	19.2	**0.0	100.0
	45 to 54	17.5	*8.8	21.1	17.5	35.1	**0.0	100.0
	55 to 64	13.0	*11.5	16.8	16.8	41.3	**0.8	100.0
	65 and over	26.6	*9.3	17.1	15.2	31.3	**0.5	100.0
	TOTAL	13.8	14.1	21.8	19.8	30.4	**0.2	100.0
Females	15 to 24	18.2	16.6	20.5	13.9	30.8	**0.0	100.0
	25 to 34	11.9	11.6	19.1	23.8	33.6	**0.0	100.0
	35 to 44	16.1	10.2	17.7	20.8	35.1	**0.0	100.0
	45 to 54	16.3	*7.4	19.8	20.0	36.6	**0.0	100.0
	55 to 64	16.0	*6.3	20.6	19.9	36.8	**0.5	100.0
	65 and over	26.7	*6.5	15.4	13.4	37.2	**0.7	100.0
	TOTAL	17.4	9.9	18.8	18.7	34.9	**0.2	100.0
Persons	15 to 24	13.7	16.6	21.0	18.6	30.1	**0.0	100.0
	25 to 34	8.1	17.1	21.2	22.5	31.1	**0.0	100.0
	35 to 44	15.3	12.4	23.2	22.1	27.0	**0.0	100.0
	45 to 54	16.9	8.1	20.4	18.7	35.8	**0.0	100.0
	55 to 64	14.4	8.9	18.7	18.3	39.0	**0.6	100.0
	65 and over	26.7	7.8	16.2	14.3	34.4	**0.6	100.0
	TOTAL	15.5	12.0	20.3	19.3	32.6	**0.2	100.0

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 107: Western Australian participants — participation in any physical activity by cumulative frequency, age and sex, 2010 (a) (b)

		Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
Sex	Age group (years)	Number ('000)				
Males	15 to 24	26.6	118.6	100.7	84.2	145.2
	25 to 34	36.5	120.4	105.8	82.3	157.0
	35 to 44	24.2	119.4	96.3	71.5	143.6
	45 to 54	*14.0	117.5	104.9	83.9	131.5
	55 to 64	*14.8	96.5	87.6	74.8	112.2
	65 and over	*11.6	79.2	65.0	57.8	91.3
	TOTAL	127.6	651.6	560.3	454.6	780.8
Females	15 to 24	25.1	99.0	85.9	67.8	124.1
	25 to 34	18.0	118.3	102.6	88.8	136.3
	35 to 44	16.5	119.1	109.6	90.5	135.6
	45 to 54	*11.6	119.6	106.2	88.6	131.2
	55 to 64	*7.9	97.5	85.9	71.5	106.0
	65 and over	*8.9	89.9	80.6	68.9	99.8
	TOTAL	88.0	643.3	570.9	476.1	732.9
Persons	15 to 24	51.7	217.6	186.6	152.0	269.3
	25 to 34	54.5	238.8	208.4	171.1	293.3
	35 to 44	40.7	238.5	205.9	162.0	279.2
	45 to 54	25.5	237.1	211.1	172.5	262.6
	55 to 64	22.6	194.0	173.5	146.3	218.2
	65 and over	20.4	169.0	145.7	126.7	191.1
	TOTAL	215.6	1,294.9	1,131.2	930.7	1,513.7
Total participation rate (%) (c)						
Males	15 to 24	16.6	74.0	62.8	52.5	90.5
	25 to 34	22.2	73.4	64.4	50.1	95.6
	35 to 44	14.4	71.0	57.3	42.6	85.4
	45 to 54	*8.8	73.7	65.8	52.6	82.5
	55 to 64	*11.5	74.8	68.0	58.0	87.0
	65 and over	*9.3	63.6	52.3	46.5	73.4
	TOTAL	14.1	72.0	61.9	50.2	86.2
Females	15 to 24	16.6	65.2	56.6	44.7	81.8
	25 to 34	11.6	76.5	66.3	57.4	88.1
	35 to 44	10.2	73.7	67.8	56.0	83.9
	45 to 54	*7.4	76.3	67.8	56.6	83.7
	55 to 64	*6.3	77.3	68.1	56.7	84.0
	65 and over	*6.5	66.0	59.2	50.6	73.3
	TOTAL	9.9	72.5	64.4	53.7	82.6
Persons	15 to 24	16.6	69.7	59.8	48.7	86.3
	25 to 34	17.1	74.9	65.3	53.6	91.9
	35 to 44	12.4	72.3	62.4	49.1	84.7
	45 to 54	8.1	75.0	66.8	54.6	83.1
	55 to 64	8.9	76.1	68.0	57.4	85.6
	65 and over	7.8	64.9	55.9	48.6	73.3
	TOTAL	12.0	72.2	63.1	51.9	84.5

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) Cumulative frequency should be interpreted as the total number of persons who engaged in the activity with **at least** that frequency (for example, 1.1 million Western Australian persons engaged in physical activity at least twice per week, which is a combination of those who engaged twice, three times, four times and five times per week or more)

(c) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 108: Western Australian recent participants — recent participation in any physical activity by duration and age, 2010 (a)

		15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	Total
		Number ('000)						
Five hours or more	More than three sessions weekly	60.5	60.7	43.1	56.6	53.8	50.1	324.7
	Two or three sessions weekly	*13.4	*8.1	*7.9	*5.9	*5.1	*8.9	49.2
	Less than two sessions weekly	**1.8	**1.9	**2.8	**3.1	**1.0	**1.7	*12.3
	<i>Total</i>	75.6	70.6	53.9	65.6	59.9	60.7	386.2
Two hours or more but less than five hours	More than three sessions weekly	40.3	50.4	62.2	66.7	47.7	39.9	307.1
	Two or three sessions weekly	45.7	36.1	34.0	28.9	18.1	*13.4	176.2
	Less than two sessions weekly	20.5	17.1	*8.5	*6.1	*8.5	*7.1	67.7
	<i>Total</i>	106.5	103.5	104.6	101.8	74.3	60.4	551.1
Less than two hours	More than three sessions weekly	*8.3	*4.3	*5.5	**3.1	*8.1	*9.3	38.5
	Two or three sessions weekly	*10.9	28.4	26.2	24.2	*11.5	*11.9	113.1
	Less than two sessions weekly	35.8	48.7	50.9	42.5	31.8	19.2	228.9
	<i>Total</i>	55.0	81.4	82.6	69.8	51.4	40.4	380.5
Total	More than three sessions weekly	109.0	115.3	110.8	126.4	109.6	99.3	670.4
	Two or three sessions weekly	70.0	72.5	68.0	59.1	34.7	34.2	338.6
	Less than two sessions weekly	58.1	67.6	62.3	51.7	41.2	28.0	308.9
	Total	237.1	255.5	241.1	237.1	185.6	161.5	1,317.8
		Percentage of total (%)						
Five hours or more	More than three sessions weekly	4.6	4.6	3.3	4.3	4.1	3.8	24.6
	Two or three sessions weekly	*1.0	*0.6	*0.6	*0.4	*0.4	*0.7	3.7
	Less than two sessions weekly	**0.1	**0.1	**0.2	**0.2	**0.1	**0.1	*0.9
	<i>Total</i>	5.7	5.4	4.1	5.0	4.5	4.6	29.3
Two hours or more but less than five hours	More than three sessions weekly	3.1	3.8	4.7	5.1	3.6	3.0	23.3
	Two or three sessions weekly	3.5	2.7	2.6	2.2	1.4	*1.0	13.4
	Less than two sessions weekly	1.6	1.3	*0.6	*0.5	*0.6	*0.5	5.1
	<i>Total</i>	8.1	7.9	7.9	7.7	5.6	4.6	41.8
Less than two hours	More than three sessions weekly	*0.6	*0.3	*0.4	**0.2	*0.6	*0.7	2.9
	Two or three sessions weekly	*0.8	2.2	2.0	1.8	*0.9	*0.9	8.6
	Less than two sessions weekly	2.7	3.7	3.9	3.2	2.4	1.5	17.4
	<i>Total</i>	4.2	6.2	6.3	5.3	3.9	3.1	28.9
Total	More than three sessions weekly	8.3	8.8	8.4	9.6	8.3	7.5	50.9
	Two or three sessions weekly	5.3	5.5	5.2	4.5	2.6	2.6	25.7
	Less than two sessions weekly	4.4	5.1	4.7	3.9	3.1	2.1	23.4
	Total	18.0	19.4	18.3	18.0	14.1	12.3	100.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport in the two weeks prior to interview in 2010

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 109: Western Australian regular participants — regular participation in any physical activity (organised and non-organised) by demographics, 2010 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Regular participation rate (b) (%)	Number (‘000)	Regular participation rate (%)	Number (‘000)	Regular participation rate (%)
AGE GROUP (YEARS)						
15 to 24	84.2	52.5	67.8	44.7	152.0	48.7
25 to 34	82.3	50.1	88.8	57.4	171.1	53.6
35 to 44	71.5	42.6	90.5	56.0	162.0	49.1
45 to 54	83.9	52.6	88.6	56.6	172.5	54.6
55 to 64	74.8	58.0	71.5	56.7	146.3	57.4
65 and over	57.8	46.5	68.9	50.6	126.7	48.6
REGION						
Capital city	350.2	52.3	365.0	54.9	715.2	53.6
Rest of state	104.4	44.3	111.1	50.1	215.5	47.1
EMPLOYMENT STATUS						
Employed full time	270.8	48.9	156.2	58.9	427.0	52.2
Employed part time	55.8	60.0	164.3	55.6	220.1	56.6
Employed refused	**3.2	**41.5	*5.9	*54.0	*9.0	*48.8
Total employed	329.8	50.4	326.4	57.1	656.2	53.5
Unemployed	26.6	45.7	*7.6	*31.3	34.2	41.5
Not in the labour force	98.2	50.8	142.1	48.8	240.4	49.6
MARITAL STATUS						
Married	264.2	48.5	287.3	55.1	551.5	51.7
Not married	188.0	52.8	184.1	51.0	372.1	51.9
Refused/Do not know	**2.4	**60.0	*4.8	*100.0	*7.1	*81.9
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	102.4	41.2	154.6	53.3	257.0	47.7
At least one under 18 — none at home	17.2	68.0	*4.1	*59.0	21.3	66.0
No children under 18	335.0	53.2	317.4	53.8	652.4	53.5
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	135.4	56.7	143.0	62.5	278.3	59.5
Undergraduate diploma or associate diploma	36.5	62.9	28.9	45.0	65.4	53.5
Certificate, trade qualification or apprenticeship	58.6	40.7	74.6	58.6	133.1	49.1
Highest level of secondary school	89.4	45.1	96.8	48.8	186.1	46.9
Did not complete highest level of school	103.9	49.6	106.3	49.2	210.2	49.4
Never went to school	**0.0	**0.0	**1.1	**100.0	**1.1	**64.7
Still at secondary school	21.0	61.0	*11.1	*42.1	32.1	52.8
Other	*8.1	*53.9	*9.3	*55.1	17.5	54.5
Refused	**1.8	**24.0	*5.1	*66.9	*6.9	*45.8
LANGUAGE SPOKEN AT HOME						
English only	396.7	49.3	432.3	54.6	829.0	52.0
European language/s other than English	*13.5	*64.6	*11.5	*48.1	25.0	55.8
Non-European language/s	45.8	56.0	34.3	46.0	80.1	51.2
Total	454.6	50.2	476.1	53.7	930.7	51.9

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the regular participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 110: All Western Australian persons — participation in organised physical activity by frequency, age and sex, 2010 (a)

Sex	Age group (years)	None	Up to once	One or two	Three or four	Five or	Do not know	Total
			per week (b)	times per week (c)	times per week (d)	more times per week		
		Number ('000)						
Males	15 to 24	70.3	22.3	21.5	24.0	22.3	**0.0	160.4
	25 to 34	84.7	30.6	30.7	*9.1	*9.1	**0.0	164.2
	35 to 44	113.7	18.4	24.3	*8.7	**3.0	**0.0	168.1
	45 to 54	113.2	18.3	*14.0	*12.6	**1.4	**0.0	159.4
	55 to 64	90.6	*12.8	18.7	**3.9	**3.0	**0.0	128.9
	65 and over	85.8	*10.2	19.1	*6.2	**2.6	**0.6	124.4
	TOTAL		558.2	112.5	128.3	64.5	41.3	**0.6
Females	15 to 24	58.3	37.7	23.6	*12.6	19.6	**0.0	151.7
	25 to 34	96.2	22.1	23.5	*8.3	*4.6	**0.0	154.8
	35 to 44	96.4	28.4	18.5	*12.2	*6.2	**0.0	161.6
	45 to 54	102.2	21.1	24.1	*5.1	*4.1	**0.0	156.6
	55 to 64	93.3	*6.5	*13.1	*7.2	*5.4	**0.7	126.1
	65 and over	93.3	*8.7	26.3	*7.8	**0.0	**0.0	136.1
	TOTAL		539.7	124.5	129.1	53.2	39.9	**0.7
Persons	15 to 24	128.7	60.0	45.1	36.6	41.8	**0.0	312.1
	25 to 34	180.9	52.7	54.2	17.4	*13.7	**0.0	319.0
	35 to 44	210.1	46.8	42.9	20.8	*9.2	**0.0	329.7
	45 to 54	215.4	39.4	38.1	17.7	*5.5	**0.0	316.1
	55 to 64	183.9	19.2	31.7	*11.1	*8.4	**0.7	255.0
	65 and over	179.0	18.9	45.4	*14.0	**2.6	**0.6	260.6
	TOTAL		1,097.9	237.0	257.4	117.7	81.1	**1.3
Percentage of row (%)								
Males	15 to 24	43.9	13.9	13.4	15.0	13.9	**0.0	100.0
	25 to 34	51.6	18.6	18.7	*5.5	*5.5	**0.0	100.0
	35 to 44	67.7	10.9	14.5	*5.1	**1.8	**0.0	100.0
	45 to 54	71.0	11.5	*8.8	*7.9	**0.9	**0.0	100.0
	55 to 64	70.3	*9.9	14.5	**3.0	**2.3	**0.0	100.0
	65 and over	68.9	*8.2	15.4	*5.0	**2.1	**0.5	100.0
	TOTAL		61.7	12.4	14.2	7.1	4.6	**0.1
Females	15 to 24	38.4	24.8	15.5	*8.3	12.9	**0.0	100.0
	25 to 34	62.2	14.3	15.2	*5.4	*3.0	**0.0	100.0
	35 to 44	59.6	17.6	11.5	*7.5	*3.8	**0.0	100.0
	45 to 54	65.3	13.5	15.4	*3.3	*2.6	**0.0	100.0
	55 to 64	74.0	*5.1	*10.4	*5.7	*4.3	**0.5	100.0
	65 and over	68.5	*6.4	19.3	*5.8	**0.0	**0.0	100.0
	TOTAL		60.8	14.0	14.6	6.0	4.5	**0.1
Persons	15 to 24	41.2	19.2	14.4	11.7	13.4	**0.0	100.0
	25 to 34	56.7	16.5	17.0	5.4	*4.3	**0.0	100.0
	35 to 44	63.7	14.2	13.0	6.3	*2.8	**0.0	100.0
	45 to 54	68.2	12.5	12.0	5.6	*1.7	**0.0	100.0
	55 to 64	72.1	7.5	12.4	*4.4	*3.3	**0.3	100.0
	65 and over	68.7	7.3	17.4	*5.4	**1.0	**0.2	100.0
	TOTAL		61.3	13.2	14.4	6.6	4.5	**0.1

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 11.1: Western Australian organised participants — participation in organised physical activity by cumulative frequency, age and sex, 2010 (a) (b)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	22.3	67.8	57.0	46.3	90.0
	25 to 34	30.6	48.9	36.9	18.2	79.5
	35 to 44	18.4	36.0	17.3	*11.6	54.4
	45 to 54	18.3	28.0	22.4	*14.0	46.2
	55 to 64	*12.8	25.5	16.7	*6.9	38.3
	65 and over	*10.2	27.9	16.9	*8.8	38.7
	TOTAL	112.5	234.0	167.1	105.8	347.1
Females	15 to 24	37.7	55.7	40.7	32.1	93.4
	25 to 34	22.1	36.4	19.8	*12.9	58.5
	35 to 44	28.4	36.9	25.6	18.3	65.3
	45 to 54	21.1	33.4	23.3	*9.3	54.4
	55 to 64	*6.5	25.7	18.9	*12.6	32.8
	65 and over	*8.7	34.2	23.4	*7.8	42.9
	TOTAL	124.5	222.2	151.7	93.1	347.3
Persons	15 to 24	60.0	123.5	97.6	78.4	183.4
	25 to 34	52.7	85.3	56.7	31.1	138.0
	35 to 44	46.8	72.8	42.9	30.0	119.6
	45 to 54	39.4	61.3	45.7	23.2	100.7
	55 to 64	19.2	51.2	35.6	19.5	71.1
	65 and over	18.9	62.1	40.3	16.6	81.6
	TOTAL	237.0	456.2	318.8	198.8	694.5

Total participation rate (%) (c)

Males	15 to 24	13.9	42.3	35.5	28.9	56.1
	25 to 34	18.6	29.8	22.5	11.1	48.4
	35 to 44	10.9	21.4	10.3	*6.9	32.3
	45 to 54	11.5	17.5	14.0	*8.8	29.0
	55 to 64	*9.9	19.8	13.0	*5.3	29.7
	65 and over	*8.2	22.4	13.6	*7.1	31.1
	TOTAL	12.4	25.8	18.5	11.7	38.3
Females	15 to 24	24.8	36.7	26.8	21.2	61.6
	25 to 34	14.3	23.5	12.8	*8.3	37.8
	35 to 44	17.6	22.8	15.8	11.3	40.4
	45 to 54	13.5	21.3	14.9	*5.9	34.7
	55 to 64	*5.1	20.4	15.0	*10.0	26.0
	65 and over	*6.4	25.1	17.2	*5.8	31.5
	TOTAL	14.0	25.0	17.1	10.5	39.2
Persons	15 to 24	19.2	39.6	31.3	25.1	58.8
	25 to 34	16.5	26.7	17.8	9.7	43.3
	35 to 44	14.2	22.1	13.0	9.1	36.3
	45 to 54	12.5	19.4	14.5	7.4	31.8
	55 to 64	7.5	20.1	14.0	7.6	27.9
	65 and over	7.3	23.8	15.5	6.4	31.3
	TOTAL	13.2	25.5	17.8	11.1	38.7

(a) Relates to persons aged 15 years and over who participated in organised physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) Cumulative frequency should be interpreted as the total number of persons who engaged in the activity with **at least** that frequency (for example, 318,800 Western Australian persons engaged in organised physical activity at least twice per week, which is a combination of those who engaged twice, three times, four times and five times per week or more)

(c) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 112: Western Australian organised participants — total participation in organised activities by type of organisation, age and sex, 2010 (a)

Sex	Age group (years)	Fitness, leisure or indoor sports centre	Sport or recreation club or association (c)	Work	School	Other	Total organised participation
		Number ('000)					
Males	15 to 24	36.2	70.5	*8.9	28.6	*7.1	90.0
	25 to 34	25.4	57.1	**1.9	**3.7	*11.5	79.5
	35 to 44	21.5	44.1	**3.0	**1.5	*5.8	54.4
	45 to 54	*8.4	30.8	**1.4	**1.4	*15.4	46.2
	55 to 64	*9.8	32.4	**2.0	**0.0	*6.9	38.3
	65 and over	*7.4	25.9	**0.6	**0.0	*12.1	38.7
	TOTAL		108.7	260.9	17.7	35.2	58.8
Females	15 to 24	56.2	38.6	*8.1	27.1	20.6	93.4
	25 to 34	32.2	31.8	**3.2	**0.0	17.5	58.5
	35 to 44	40.3	31.6	**1.1	*4.4	*14.6	65.3
	45 to 54	22.7	21.6	**2.5	**1.6	19.3	54.4
	55 to 64	16.1	18.0	**0.0	**0.0	*7.3	32.8
	65 and over	16.6	22.3	**0.0	**0.0	18.5	42.9
	TOTAL		184.0	163.9	*14.9	33.2	97.7
Persons	15 to 24	92.3	109.2	16.9	55.7	27.7	183.4
	25 to 34	57.6	88.9	*5.1	**3.7	29.0	138.0
	35 to 44	61.8	75.7	*4.1	*5.9	20.4	119.6
	45 to 54	31.1	52.5	**3.9	**3.0	34.7	100.7
	55 to 64	25.9	50.4	**2.0	**0.0	*14.2	71.1
	65 and over	23.9	48.2	**0.6	**0.0	30.6	81.6
	TOTAL		292.7	424.8	32.5	68.3	156.5

Total participation rate (%) (b)

Males	15 to 24	22.5	44.0	*5.5	17.8	*4.4	56.1
	25 to 34	15.5	34.8	**1.1	**2.3	*7.0	48.4
	35 to 44	12.8	26.2	**1.8	**0.9	*3.5	32.3
	45 to 54	*5.3	19.4	**0.9	**0.9	*9.6	29.0
	55 to 64	*7.6	25.1	**1.5	**0.0	*5.4	29.7
	65 and over	*5.9	20.8	**0.5	**0.0	*9.8	31.1
	TOTAL		12.0	28.8	1.9	3.9	6.5
Females	15 to 24	37.0	25.5	*5.3	17.9	13.6	61.6
	25 to 34	20.8	20.6	**2.1	**0.0	11.3	37.8
	35 to 44	24.9	19.5	**0.7	*2.7	*9.0	40.4
	45 to 54	14.5	13.8	**1.6	**1.0	12.3	34.7
	55 to 64	12.7	14.3	**0.0	**0.0	*5.8	26.0
	65 and over	12.2	16.3	**0.0	**0.0	13.6	31.5
	TOTAL		20.7	18.5	*1.7	3.7	11.0
Persons	15 to 24	29.6	35.0	5.4	17.9	8.9	58.8
	25 to 34	18.1	27.9	*1.6	**1.2	9.1	43.3
	35 to 44	18.7	22.9	*1.2	*1.8	6.2	36.3
	45 to 54	9.9	16.6	**1.2	**1.0	11.0	31.8
	55 to 64	10.2	19.8	**0.8	**0.0	*5.6	27.9
	65 and over	9.2	18.5	**0.2	**0.0	11.7	31.3
	TOTAL		16.3	23.7	1.8	3.8	8.7

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) All aerobics/fitness participants describing their activity as organised by a sport or recreation club or association have been recoded to fitness, leisure or indoor sports centre

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 113: Western Australian participants — total participation in specific activities (organised and non-organised) by sex, 2010 (a)

Activity	MALES		FEMALES		PERSONS	
	Number (’000)	Total participation rate (b) (%)	Number (’000)	Total participation rate (%)	Number (’000)	Total participation rate (%)
Aerobics/fitness	180.6	19.9	274.4	30.9	454.9	25.4
Aquarobics	**2.0	**0.2	18.5	2.1	20.5	1.1
Athletics/track and field	*4.0	*0.4	*7.4	*0.8	*11.5	*0.6
Australian rules football	82.8	9.1	*14.0	*1.6	96.8	5.4
Badminton	*6.2	*0.7	*13.7	*1.5	19.9	1.1
Baseball	**2.4	**0.3	**1.1	**0.1	**3.5	**0.2
Basketball	52.2	5.8	33.3	3.8	85.6	4.8
Billiards/snooker/pool	**2.0	**0.2	**0.0	**0.0	**2.0	**0.1
Boxing	*4.0	*0.4	**3.2	**0.4	*7.3	*0.4
Canoeing/kayaking	21.5	2.4	*10.7	*1.2	32.2	1.8
Carpet bowls	**0.0	**0.0	**1.2	**0.1	**1.2	**0.1
Cricket (indoor)	*10.5	*1.2	**0.0	**0.0	*10.5	*0.6
Cricket (outdoor)	39.0	4.3	**0.0	**0.0	39.0	2.2
Cycling	154.5	17.1	100.6	11.3	255.1	14.2
Dancing	*8.6	*0.9	60.1	6.8	68.6	3.8
Darts	*4.2	*0.5	**0.9	**0.1	*5.0	*0.3
Fishing	35.8	4.0	*4.6	*0.5	40.4	2.3
Golf	89.8	9.9	*10.1	*1.1	99.9	5.6
Gymnastics	**0.0	**0.0	*7.1	*0.8	*7.1	*0.4
Hockey (indoor)	**3.1	**0.3	**4.0	**0.4	*7.1	*0.4
Hockey (outdoor)	16.2	1.8	*8.1	*0.9	24.3	1.4
Horse riding/equestrian activities/polo	**3.1	**0.3	*11.4	*1.3	*14.5	*0.8
Ice/snow sports	**3.8	**0.4	*5.0	*0.6	*8.7	*0.5
Lawn bowls	23.8	2.6	17.6	2.0	41.4	2.3
Martial arts	*14.2	*1.6	20.7	2.3	34.9	1.9
Motor sports	*14.9	*1.6	**3.5	**0.4	18.4	1.0
Netball	*10.3	*1.1	62.8	7.1	73.1	4.1
Orienteering	*4.7	*0.5	*5.2	*0.6	*10.0	*0.6
Rock climbing	*5.1	*0.6	**3.1	**0.4	*8.2	*0.5
Roller sports	*5.6	*0.6	**0.0	**0.0	*5.6	*0.3
Rowing	**3.9	**0.4	**2.1	**0.2	*5.9	*0.3
Rugby league	*7.6	*0.8	**2.9	**0.3	*10.5	*0.6
Rugby union	*5.9	*0.7	**0.0	**0.0	*5.9	*0.3
Running	110.6	12.2	76.1	8.6	186.8	10.4
Sailing	16.4	1.8	*4.5	*0.5	21.0	1.2
Scuba diving	*15.0	*1.7	**3.9	**0.4	18.8	1.1
Shooting sports	*10.8	*1.2	**1.4	**0.2	*12.2	*0.7
Football (indoor)	19.9	2.2	**3.4	**0.4	23.3	1.3
Football (outdoor)	62.5	6.9	20.1	2.3	82.6	4.6
Softball	**0.0	**0.0	*6.9	*0.8	*6.9	*0.4
Squash/racquetball	34.5	3.8	*7.4	*0.8	41.8	2.3
Surf sports	38.4	4.2	*14.2	*1.6	52.5	2.9
Swimming	118.2	13.1	159.6	18.0	277.7	15.5
Table tennis	*6.3	*0.7	**2.2	**0.2	*8.5	*0.5
Tennis	48.7	5.4	38.4	4.3	87.1	4.9
Tenpin bowling	**1.0	**0.1	*5.6	*0.6	*6.6	*0.4
Touch football	*15.4	*1.7	16.7	1.9	32.2	1.8
Triathlon	**4.0	**0.4	*8.0	*0.9	*12.0	*0.7
Volleyball	*10.3	*1.1	17.7	2.0	28.0	1.6
Walking (bush)	26.3	2.9	38.8	4.4	65.1	3.6
Walking (other)	256.3	28.3	432.5	48.8	688.9	38.4
Water polo	**3.5	**0.4	**0.0	**0.0	**3.5	**0.2
Waterskiing/powerboating	*9.7	*1.1	**2.0	**0.2	*11.7	*0.7
Weight training	44.9	5.0	*11.1	*1.3	56.0	3.1
Yoga	*12.7	*1.4	58.3	6.6	71.0	4.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 114: Western Australian participants — total participation in specific activities by type of activity, 2010 (a)

Activity	Number ('000)			Total participation rate (%) (b)		
	Organised	Non-organised	Total	Organised	Non-organised	Total
Aerobics/fitness	126.3	348.0	454.9	7.0	19.4	25.4
Aquarobics	*10.9	*9.6	20.5	*0.6	*0.5	1.1
Athletics/track and field	*11.5	**0.0	*11.5	*0.6	**0.0	*0.6
Australian rules football	63.5	41.6	96.8	3.5	2.3	5.4
Badminton	*6.4	*13.4	19.9	*0.4	*0.7	1.1
Baseball	**3.5	**0.0	**3.5	**0.2	**0.0	**0.2
Basketball	57.8	31.7	85.6	3.2	1.8	4.8
Billiards/snooker/pool	**1.4	**0.6	**2.0	**0.1	**0.0	**0.1
Boxing	*5.0	**3.2	*7.3	*0.3	**0.2	*0.4
Canoeing/kayaking	*11.7	24.3	32.2	*0.7	1.4	1.8
Carpet bowls	**1.2	**0.0	**1.2	**0.1	**0.0	**0.1
Cricket (indoor)	**2.3	*8.3	*10.5	**0.1	*0.5	*0.6
Cricket (outdoor)	17.9	22.9	39.0	1.0	1.3	2.2
Cycling	30.7	244.6	255.1	1.7	13.6	14.2
Dancing	48.7	21.9	68.6	2.7	1.2	3.8
Darts	*4.1	**1.0	*5.0	*0.2	**0.1	*0.3
Fishing	**2.0	40.4	40.4	**0.1	2.3	2.3
Golf	51.1	61.2	99.9	2.8	3.4	5.6
Gymnastics	*4.5	*5.0	*7.1	*0.3	*0.3	*0.4
Hockey (indoor)	*6.2	**2.7	*7.1	*0.3	**0.1	*0.4
Hockey (outdoor)	24.3	**2.0	24.3	1.4	**0.1	1.4
Horse riding/equestrian activities/polocrosse	*7.4	*11.1	*14.5	*0.4	*0.6	*0.8
Ice/snow sports	**1.4	*8.7	*8.7	**0.1	*0.5	*0.5
Lawn bowls	38.4	*8.0	41.4	2.1	*0.4	2.3
Martial arts	23.0	*12.6	34.9	1.3	*0.7	1.9
Motor sports	*5.2	17.8	18.4	*0.3	1.0	1.0
Netball	62.2	18.1	73.1	3.5	1.0	4.1
Orienteering	**3.4	*8.4	*10.0	**0.2	*0.5	*0.6
Rock climbing	**1.4	*6.8	*8.2	**0.1	*0.4	*0.5
Roller sports	**1.8	*5.6	*5.6	**0.1	*0.3	*0.3
Rowing	**2.1	*4.4	*5.9	**0.1	*0.2	*0.3
Rugby league	*6.7	*5.6	*10.5	*0.4	*0.3	*0.6
Rugby union	**2.4	**3.5	*5.9	**0.1	**0.2	*0.3
Running	19.9	179.2	186.8	1.1	10.0	10.4
Sailing	17.2	*5.2	21.0	1.0	*0.3	1.2
Scuba diving	*4.6	17.8	18.8	*0.3	1.0	1.1
Shooting sports	*10.5	**1.6	*12.2	*0.6	**0.1	*0.7
Football (indoor)	*15.0	*8.3	23.3	*0.8	*0.5	1.3
Football (outdoor)	56.2	36.5	82.6	3.1	2.0	4.6
Softball	*6.9	**0.0	*6.9	*0.4	**0.0	*0.4
Squash/racquetball	18.1	32.6	41.8	1.0	1.8	2.3
Surf sports	*7.0	46.9	52.5	*0.4	2.6	2.9
Swimming	32.9	258.7	277.7	1.8	14.4	15.5
Table tennis	**2.2	*7.4	*8.5	**0.1	*0.4	*0.5
Tennis	35.0	58.7	87.1	2.0	3.3	4.9
Tenpin bowling	*5.2	**1.4	*6.6	*0.3	**0.1	*0.4
Touch football	24.4	*10.3	32.2	1.4	*0.6	1.8
Triathlon	*12.0	**1.5	*12.0	*0.7	**0.1	*0.7
Volleyball	17.3	*12.5	28.0	1.0	*0.7	1.6
Walking (bush)	*7.2	59.0	65.1	*0.4	3.3	3.6
Walking (other)	25.1	681.3	688.9	1.4	38.0	38.4
Water polo	**3.5	**0.0	**3.5	**0.2	**0.0	**0.2
Waterskiing/powerboating	**0.0	*11.7	*11.7	**0.0	*0.7	*0.7
Weight training	*9.0	49.2	56.0	*0.5	2.7	3.1
Yoga	31.2	42.0	71.0	1.7	2.3	4.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use