



Australian Government
 Australian Sports Commission

Participation in Exercise, Recreation and Sport



Annual Report 2009

State and Territory Tables for Western Australia



Communities
 Sport & Recreation



Government of Western Australia
 Department of Sport and Recreation



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Table 104: Western Australian participants — total participation in physical activity by type of participation, age and sex, 2009 (a)

		Organised only (c) (A)	Non-organised only (d) (B)	Both organised and non-organised (e) (C)	Total organised (A + C)	Total non-organised (B + C)	Total participation (A + B + C)
Sex	Age group (years)	Number ('000)					
Males	15 to 24	22.6	54.2	66.8	89.4	121.0	143.6
	25 to 34	23.0	72.7	47.9	70.9	120.6	143.6
	35 to 44	*13.0	76.6	58.2	71.3	134.9	147.9
	45 to 54	*15.0	82.0	38.3	53.2	120.3	135.3
	55 to 64	*8.7	62.6	22.8	31.6	85.4	94.1
	65 and over	*14.0	43.9	24.0	37.9	67.9	81.9
	TOTAL	96.3	392.0	258.0	354.3	650.0	746.4
	Females	15 to 24	31.0	52.6	55.8	86.8	108.4
25 to 34		*9.1	73.0	54.7	63.8	127.8	136.8
35 to 44		*6.5	80.4	52.9	59.4	133.3	139.8
45 to 54		*13.7	80.4	34.4	48.1	114.8	128.5
55 to 64		*7.0	63.3	24.2	31.2	87.4	94.5
65 and over		17.0	50.7	29.9	47.0	80.6	97.7
TOTAL		84.3	400.4	252.0	336.2	652.3	736.6
Persons		15 to 24	53.5	106.8	122.6	176.2	229.4
	25 to 34	32.1	145.7	102.6	134.7	248.3	280.4
	35 to 44	19.5	157.0	111.1	130.7	268.2	287.7
	45 to 54	28.7	162.4	72.7	101.3	235.1	263.7
	55 to 64	15.8	125.8	47.0	62.8	172.8	188.6
	65 and over	31.0	94.6	53.9	84.9	148.6	179.5
	TOTAL	180.6	792.4	510.0	690.6	1,302.4	1,483.0
	Total participation rate (%) (b)						
Males	15 to 24	14.3	34.4	42.4	56.8	76.9	91.2
	25 to 34	14.7	46.3	30.5	45.2	76.9	91.5
	35 to 44	*7.9	46.5	35.3	43.3	81.8	89.8
	45 to 54	*9.6	52.8	24.6	34.3	77.4	87.0
	55 to 64	*7.0	50.0	18.3	25.3	68.3	75.3
	65 and over	*11.7	36.8	20.1	31.8	56.9	68.5
	TOTAL	11.0	44.6	29.3	40.3	73.9	84.9
	Females	15 to 24	20.8	35.3	37.5	58.3	72.8
25 to 34		*6.1	48.8	36.6	42.6	85.4	91.5
35 to 44		*4.1	50.3	33.1	37.2	83.5	87.5
45 to 54		*8.9	52.3	22.4	31.3	74.6	83.5
55 to 64		*5.8	52.0	19.8	25.6	71.8	77.6
65 and over		12.9	38.5	22.7	35.6	61.2	74.1
TOTAL		9.7	46.3	29.1	38.8	75.4	85.1
Persons		15 to 24	17.5	34.9	40.0	57.5	74.9
	25 to 34	10.5	47.5	33.5	44.0	81.0	91.5
	35 to 44	6.0	48.4	34.3	40.3	82.6	88.7
	45 to 54	9.3	52.5	23.5	32.8	76.0	85.3
	55 to 64	6.4	51.0	19.0	25.4	70.0	76.4
	65 and over	12.3	37.7	21.5	33.8	59.1	71.5
	TOTAL	10.4	45.4	29.2	39.6	74.7	85.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2009

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) Participants' activities are fully organised

(d) Participants' activities are fully non-organised

(e) Participants' activities are part organised and part non-organised

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 105: Western Australian participants — total participation in any physical activity (organised and non-organised) by demographics, 2009 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
AGE GROUP (YEARS)						
15 to 24	143.6	91.2	139.4	93.6	283.0	92.4
25 to 34	143.6	91.5	136.8	91.5	280.4	91.5
35 to 44	147.9	89.8	139.8	87.5	287.7	88.7
45 to 54	135.3	87.0	128.5	83.5	263.7	85.3
55 to 64	94.1	75.3	94.5	77.6	188.6	76.4
65 and over	81.9	68.5	97.7	74.1	179.5	71.5
REGION						
Capital city	561.6	86.2	561.7	86.2	1,123.3	86.2
Rest of state	184.7	81.2	174.9	81.8	359.7	81.5
EMPLOYMENT STATUS						
Employed full time	470.0	88.1	220.1	84.7	690.1	87.0
Employed part time	110.2	85.2	252.8	91.2	362.9	89.3
Employed refused	**3.2	**74.5	*8.1	*81.1	*11.3	*79.1
Total employed	583.3	87.5	481.0	87.9	1,064.3	87.7
Unemployed	36.6	82.6	34.0	91.7	70.7	86.7
Not in the labour force	126.4	75.3	221.6	78.8	348.0	77.5
MARITAL STATUS						
Married	442.9	83.9	416.2	86.2	859.1	85.0
Not married	302.4	86.6	316.0	83.5	618.4	85.0
Refused/Do not know	**1.1	**52.8	*4.4	*100.0	*5.5	*85.0
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	218.7	87.5	242.1	87.7	460.8	87.6
At least one under 18 — none at home	22.1	81.5	**3.9	**73.2	26.0	80.1
No children under 18	505.6	84.0	490.6	84.0	996.2	84.0
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	187.5	89.8	179.8	92.8	367.3	91.3
Undergraduate diploma or associate diploma	59.3	95.9	75.4	89.0	134.7	91.9
Certificate, trade qualification or apprenticeship	133.3	86.8	93.8	90.9	227.1	88.5
Highest level of secondary school	163.5	83.6	199.7	87.6	363.3	85.7
Did not complete highest level of school	157.3	76.1	135.5	69.5	292.8	72.9
Still at secondary school	30.0	100.0	31.6	100.0	61.6	100.0
Other	*12.5	*67.3	17.1	71.6	29.6	69.7
Refused	**3.0	**75.7	**3.6	**78.3	*6.6	*77.1
INDIGENOUS STATUS						
Indigenous	*14.6	*87.3	*14.0	*79.2	28.5	83.2
Non-Indigenous	731.8	84.9	722.6	85.2	1,454.4	85.0
LANGUAGE SPOKEN AT HOME						
English only	654.0	85.3	679.1	86.0	1,333.1	85.6
European language/s other than English	26.1	73.9	16.0	75.6	42.1	74.5
Non-European language/s	67.9	85.4	43.9	76.3	111.9	81.5
Total	746.4	84.9	736.6	85.1	1,483.0	85.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2009

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 106: All Western Australian persons — participation in any physical activity by frequency, age and sex, 2009 (a)

Sex	Age group (years)	None	Up to once per week (b)	One or two times per week (c)	Three or four times per week (d)	Five or more times per week	Do not know	Total
		Number ('000)						
Males	15 to 24	*13.8	25.6	30.8	35.7	51.4	**0.0	157.4
	25 to 34	*13.3	22.0	46.2	33.8	41.5	**0.0	156.9
	35 to 44	16.9	25.5	38.0	34.6	49.8	**0.0	164.8
	45 to 54	20.2	20.5	41.4	27.8	45.6	**0.0	155.5
	55 to 64	30.9	16.0	17.9	20.1	40.1	**0.0	125.1
	65 and over	37.6	*6.7	18.8	18.8	37.6	**0.0	119.5
	TOTAL	132.7	116.4	193.1	170.8	266.0	**0.0	879.0
Females	15 to 24	*9.6	16.4	54.1	29.9	39.0	**0.0	149.0
	25 to 34	*12.8	19.0	39.8	29.1	48.9	**0.0	149.6
	35 to 44	19.9	*12.6	27.1	39.1	60.3	**0.7	159.7
	45 to 54	25.3	15.7	26.4	39.1	47.3	**0.0	153.8
	55 to 64	27.3	*6.8	19.2	26.5	41.4	**0.6	121.8
	65 and over	34.1	*5.3	24.4	21.5	46.5	**0.0	131.8
	TOTAL	129.0	75.9	191.0	185.1	283.4	**1.2	865.6
Persons	15 to 24	23.4	42.0	84.9	65.5	90.5	**0.0	306.4
	25 to 34	26.0	41.1	86.0	62.9	90.4	**0.0	306.5
	35 to 44	36.8	38.2	65.1	73.7	110.1	**0.7	324.5
	45 to 54	45.5	36.2	67.8	66.9	92.9	**0.0	309.3
	55 to 64	58.2	22.8	37.1	46.6	81.5	**0.6	246.8
	65 and over	71.7	*12.0	43.2	40.3	84.0	**0.0	251.2
	TOTAL	261.7	192.3	384.1	356.0	549.4	**1.2	1,744.6
Percentage of row (%)								
Males	15 to 24	*8.8	16.3	19.6	22.6	32.7	**0.0	100.0
	25 to 34	*8.5	14.1	29.5	21.6	26.4	**0.0	100.0
	35 to 44	10.2	15.5	23.0	21.0	30.3	**0.0	100.0
	45 to 54	13.0	13.2	26.6	17.9	29.3	**0.0	100.0
	55 to 64	24.7	12.8	14.3	16.1	32.1	**0.0	100.0
	65 and over	31.5	*5.6	15.8	15.7	31.4	**0.0	100.0
	TOTAL	15.1	13.2	22.0	19.4	30.3	**0.0	100.0
Females	15 to 24	*6.4	11.0	36.3	20.1	26.2	**0.0	100.0
	25 to 34	*8.5	12.7	26.6	19.4	32.7	**0.0	100.0
	35 to 44	12.5	*7.9	17.0	24.5	37.7	**0.4	100.0
	45 to 54	16.5	10.2	17.2	25.4	30.8	**0.0	100.0
	55 to 64	22.4	*5.6	15.8	21.8	34.0	**0.5	100.0
	65 and over	25.9	*4.1	18.5	16.3	35.3	**0.0	100.0
	TOTAL	14.9	8.8	22.1	21.4	32.7	**0.1	100.0
Persons	15 to 24	7.6	13.7	27.7	21.4	29.5	**0.0	100.0
	25 to 34	8.5	13.4	28.1	20.5	29.5	**0.0	100.0
	35 to 44	11.3	11.8	20.1	22.7	33.9	**0.2	100.0
	45 to 54	14.7	11.7	21.9	21.6	30.0	**0.0	100.0
	55 to 64	23.6	9.2	15.0	18.9	33.0	**0.2	100.0
	65 and over	28.5	*4.8	17.2	16.0	33.4	**0.0	100.0
	TOTAL	15.0	11.0	22.0	20.4	31.5	**0.1	100.0

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 107: Western Australian participants — participation in any physical activity by cumulative frequency, age and sex, 2009 (a) (b)

		Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
Sex	Age group (years)	Number ('000)				
Males	15 to 24	25.6	117.9	108.8	87.1	143.6
	25 to 34	22.0	121.6	94.8	75.3	143.6
	35 to 44	25.5	122.4	100.9	84.4	147.9
	45 to 54	20.5	114.8	95.1	73.4	135.3
	55 to 64	16.0	78.1	68.3	60.3	94.1
	65 and over	*6.7	75.2	65.5	56.3	81.9
	TOTAL	116.4	630.0	533.4	436.9	746.4
Females	15 to 24	16.4	123.0	101.4	68.9	139.4
	25 to 34	19.0	117.8	100.9	78.0	136.8
	35 to 44	*12.6	126.5	111.9	99.4	139.8
	45 to 54	15.7	112.8	98.5	86.4	128.5
	55 to 64	*6.8	87.1	75.3	67.9	94.5
	65 and over	*5.3	92.3	82.8	68.0	97.7
	TOTAL	75.9	659.5	570.8	468.5	736.6
Persons	15 to 24	42.0	240.9	210.2	156.0	283.0
	25 to 34	41.1	239.3	195.7	153.3	280.4
	35 to 44	38.2	248.9	212.7	183.8	287.7
	45 to 54	36.2	227.6	193.6	159.8	263.7
	55 to 64	22.8	165.3	143.7	128.2	188.6
	65 and over	*12.0	167.5	148.3	124.3	179.5
	TOTAL	192.3	1,289.5	1,104.3	905.4	1,483.0
Total participation rate (%) (c)						
Males	15 to 24	16.3	74.9	69.1	55.3	91.2
	25 to 34	14.1	77.5	60.4	48.0	91.5
	35 to 44	15.5	74.3	61.2	51.2	89.8
	45 to 54	13.2	73.8	61.2	47.2	87.0
	55 to 64	12.8	62.5	54.6	48.2	75.3
	65 and over	*5.6	62.9	54.8	47.2	68.5
	TOTAL	13.2	71.7	60.7	49.7	84.9
Females	15 to 24	11.0	82.6	68.0	46.3	93.6
	25 to 34	12.7	78.7	67.5	52.1	91.5
	35 to 44	*7.9	79.2	70.0	62.2	87.5
	45 to 54	10.2	73.3	64.0	56.2	83.5
	55 to 64	*5.6	71.6	61.9	55.8	77.6
	65 and over	*4.1	70.1	62.9	51.6	74.1
	TOTAL	8.8	76.2	65.9	54.1	85.1
Persons	15 to 24	13.7	78.6	68.6	50.9	92.4
	25 to 34	13.4	78.1	63.9	50.0	91.5
	35 to 44	11.8	76.7	65.6	56.6	88.7
	45 to 54	11.7	73.6	62.6	51.7	85.3
	55 to 64	9.2	67.0	58.2	51.9	76.4
	65 and over	*4.8	66.7	59.0	49.5	71.5
	TOTAL	11.0	73.9	63.3	51.9	85.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2009

(b) Cumulative frequency should be interpreted as the total number of persons who engaged in the activity with **at least** that frequency (for example, 1.1 million Western Australian persons engaged in physical activity at least twice per week, which is a combination of those who engaged twice, three times, four times and five times per week or more)

(c) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 108: Western Australian recent participants — recent participation in any physical activity by duration and age, 2009 (a)

		15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	Total
		Number ('000)						
Five hours or more	More than three sessions weekly	60.9	40.7	64.0	49.8	49.7	46.0	311.1
	Two or three sessions weekly	*8.8	*8.4	**3.7	*12.8	*8.5	*13.5	55.8
	Less than two sessions weekly	**2.9	*4.2	**3.3	**2.9	**0.0	**0.5	*13.8
	<i>Total</i>	72.6	53.4	71.0	65.5	58.2	60.0	380.7
Two hours or more but less than five hours	More than three sessions weekly	37.8	51.8	49.5	50.7	35.5	36.3	261.6
	Two or three sessions weekly	56.8	35.6	21.8	23.8	18.6	*15.1	171.7
	Less than two sessions weekly	**8.8	**12.1	**13.7	**7.5	*4.9	*6.2	53.3
	<i>Total</i>	103.5	99.5	85.0	82.1	59.0	57.6	486.6
Less than two hours	More than three sessions weekly	**0.0	*5.4	*5.2	*8.7	*8.4	*5.9	33.6
	Two or three sessions weekly	*12.6	19.7	30.7	19.9	*12.8	*11.4	107.1
	Less than two sessions weekly	46.7	50.6	50.8	48.3	28.0	24.7	249.1
	<i>Total</i>	59.3	75.7	86.7	76.9	49.2	42.0	389.9
Total	More than three sessions weekly	98.8	97.9	118.6	109.2	93.7	88.2	606.4
	Two or three sessions weekly	78.2	63.7	56.3	56.5	39.9	40.0	334.6
	Less than two sessions weekly	58.4	66.9	67.8	58.7	32.9	31.4	316.2
	Total	235.4	228.6	242.7	224.5	166.5	159.5	1,257.2
		Percentage of total (%)						
Five hours or more	More than three sessions weekly	4.8	3.2	5.1	4.0	4.0	3.7	24.7
	Two or three sessions weekly	*0.7	*0.7	**0.3	*1.0	*0.7	*1.1	4.4
	Less than two sessions weekly	**0.2	*0.3	**0.3	**0.2	**0.0	**0.0	*1.1
	<i>Total</i>	5.8	4.2	5.6	5.2	4.6	4.8	30.3
Two hours or more but less than five hours	More than three sessions weekly	3.0	4.1	3.9	4.0	2.8	2.9	20.8
	Two or three sessions weekly	4.5	2.8	1.7	1.9	1.5	*1.2	13.7
	Less than two sessions weekly	*0.7	*1.0	*1.1	*0.6	*0.4	*0.5	4.2
	<i>Total</i>	8.2	7.9	6.8	6.5	4.7	4.6	38.7
Less than two hours	More than three sessions weekly	**0.0	*0.4	*0.4	*0.7	*0.7	*0.5	2.7
	Two or three sessions weekly	*1.0	1.6	2.4	1.6	*1.0	*0.9	8.5
	Less than two sessions weekly	3.7	4.0	4.0	3.8	2.2	2.0	19.8
	<i>Total</i>	4.7	6.0	6.9	6.1	3.9	3.3	31.0
Total	More than three sessions weekly	7.9	7.8	9.4	8.7	7.5	7.0	48.2
	Two or three sessions weekly	6.2	5.1	4.5	4.5	3.2	3.2	26.6
	Less than two sessions weekly	4.6	5.3	5.4	4.7	2.6	2.5	25.2
	Total	18.7	18.2	19.3	17.9	13.2	12.7	100.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport in the two weeks prior to interview in 2009

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 109: Western Australian regular participants — regular participation in any physical activity (organised and non-organised) by demographics, 2009 (a)

	MALES		FEMALES		PERSONS	
	Number	Total participation rate (b)	Number	Total participation rate	Number	Total participation rate
	('000)	(%)	('000)	(%)	('000)	(%)
AGE GROUP (YEARS)						
15 to 24	87.1	55.3	68.9	46.3	156.0	50.9
25 to 34	75.3	48.0	78.0	52.1	153.3	50.0
35 to 44	84.4	51.2	99.4	62.2	183.8	56.6
45 to 54	73.4	47.2	86.4	56.2	159.8	51.7
55 to 64	60.3	48.2	67.9	55.8	128.2	51.9
65 and over	56.3	47.2	68.0	51.6	124.3	49.5
REGION						
Capital city	339.6	52.1	359.1	55.1	698.7	53.6
Rest of state	97.3	42.7	109.5	51.2	206.7	46.8
EMPLOYMENT STATUS						
Employed full time	260.3	48.8	147.3	56.6	407.6	51.4
Employed part time	72.6	56.2	156.5	56.5	229.2	56.4
Employed refused	**1.5	**34.4	**2.4	**23.5	**3.8	**26.8
Total employed	334.4	50.1	306.2	55.9	640.6	52.8
Unemployed	17.6	39.8	17.2	46.5	34.9	42.8
Not in the labour force	84.8	50.5	145.2	51.6	230.0	51.2
MARITAL STATUS						
Married	260.0	49.3	283.9	58.8	543.9	53.8
Not married	176.8	50.6	181.8	48.0	358.6	49.3
Refused/Do not know	**0.0	**0.0	**2.9	**65.4	**2.9	**44.7
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	109.0	43.6	150.2	54.4	259.2	49.3
At least one under 18 — none at home	*10.5	*38.7	**2.9	**55.3	*13.4	*41.4
No children under 18	317.3	52.7	315.4	54.0	632.8	53.3
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	117.5	56.3	131.0	67.6	248.5	61.7
Undergraduate diploma or associate diploma	33.9	54.9	45.9	54.2	79.8	54.5
Certificate, trade qualification or apprenticeship	73.3	47.8	54.6	52.9	127.9	49.8
Highest level of secondary school	98.4	50.3	122.2	53.6	220.6	52.1
Did not complete highest level of school	88.8	43.0	91.5	46.9	180.3	44.9
Still at secondary school	16.9	56.3	*11.0	*34.8	27.9	45.3
Other	*7.1	*38.1	*10.6	*44.2	17.6	41.5
Refused	**1.0	**25.7	**1.8	**38.3	**2.8	**32.5
INDIGENOUS STATUS						
Indigenous	*6.6	*39.9	*7.1	*40.1	*13.7	*40.0
Non-Indigenous	430.2	49.9	461.5	54.4	891.7	52.1
LANGUAGE SPOKEN AT HOME						
English only	381.7	49.8	434.4	55.0	816.1	52.4
European language/s other than English	*12.5	*35.4	*11.7	*55.1	24.2	42.8
Non-European language/s	44.4	55.7	24.8	43.1	69.2	50.4
Total	436.9	49.7	468.5	54.1	905.4	51.9

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2009

(b) For any group, the regular participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 110: All Western Australian persons — participation in organised physical activity by frequency, age and sex, 2009 (a)

Sex	Age group (years)	None	Up to once	One or two	Three or four	Five or	Do not know	Total
			per week (b)	times per week (c)	times per week (d)	more times per week		
		Number ('000)						
Males	15 to 24	68.1	29.7	30.0	*14.1	*15.4	**0.0	157.4
	25 to 34	86.0	17.9	34.8	*10.8	*7.4	**0.0	156.9
	35 to 44	93.5	32.1	20.0	*14.6	*4.5	**0.0	164.8
	45 to 54	102.2	17.2	23.9	*6.3	*5.8	**0.0	155.5
	55 to 64	93.5	*10.5	*10.9	*6.9	**3.2	**0.0	125.1
	65 and over	81.5	*9.0	17.6	*8.3	**3.0	**0.0	119.5
	TOTAL	524.7	116.5	137.3	61.1	39.4	**0.0	879.0
Females	15 to 24	62.1	22.4	40.3	16.4	*7.7	**0.0	149.0
	25 to 34	85.8	22.4	29.1	*8.8	**3.4	**0.0	149.6
	35 to 44	100.3	17.6	23.2	*11.9	*6.8	**0.0	159.7
	45 to 54	105.7	*12.2	18.0	*12.1	*5.2	**0.5	153.8
	55 to 64	90.6	*5.0	17.3	*7.4	**1.5	**0.0	121.8
	65 and over	84.8	*10.9	26.9	*4.3	*4.9	**0.0	131.8
	TOTAL	529.4	90.6	154.7	60.9	29.5	**0.5	865.6
Persons	15 to 24	130.2	52.1	70.4	30.5	23.1	**0.0	306.4
	25 to 34	171.8	40.3	63.9	19.7	*10.8	**0.0	306.5
	35 to 44	193.8	49.7	43.2	26.5	*11.3	**0.0	324.5
	45 to 54	207.9	29.4	41.9	18.5	*11.0	**0.5	309.3
	55 to 64	184.1	15.6	28.2	*14.3	*4.7	**0.0	246.8
	65 and over	166.3	19.9	44.5	*12.6	*7.9	**0.0	251.2
	TOTAL	1,054.1	207.1	292.0	122.1	68.9	**0.5	1,744.6

Percentage of row (%)

Males	15 to 24	43.2	18.9	19.1	*9.0	*9.8	**0.0	100.0
	25 to 34	54.8	11.4	22.2	*6.9	*4.7	**0.0	100.0
	35 to 44	56.7	19.5	12.2	*8.9	*2.7	**0.0	100.0
	45 to 54	65.7	11.1	15.4	*4.1	*3.7	**0.0	100.0
	55 to 64	74.7	*8.4	*8.7	*5.5	**2.6	**0.0	100.0
	65 and over	68.2	*7.5	14.7	*7.0	**2.5	**0.0	100.0
	TOTAL	59.7	13.3	15.6	7.0	4.5	**0.0	100.0
Females	15 to 24	41.7	15.0	27.1	11.0	*5.2	**0.0	100.0
	25 to 34	57.4	15.0	19.4	*5.9	**2.3	**0.0	100.0
	35 to 44	62.8	11.0	14.5	*7.4	*4.2	**0.0	100.0
	45 to 54	68.7	*8.0	11.7	*7.9	*3.4	**0.3	100.0
	55 to 64	74.4	*4.1	14.2	*6.1	**1.2	**0.0	100.0
	65 and over	64.4	*8.3	20.4	*3.3	*3.7	**0.0	100.0
	TOTAL	61.2	10.5	17.9	7.0	3.4	**0.1	100.0
Persons	15 to 24	42.5	17.0	23.0	10.0	7.6	**0.0	100.0
	25 to 34	56.0	13.2	20.8	6.4	*3.5	**0.0	100.0
	35 to 44	59.7	15.3	13.3	8.2	*3.5	**0.0	100.0
	45 to 54	67.2	9.5	13.6	6.0	*3.5	**0.2	100.0
	55 to 64	74.6	6.3	11.4	*5.8	*1.9	**0.0	100.0
	65 and over	66.2	7.9	17.7	*5.0	*3.1	**0.0	100.0
	TOTAL	60.4	11.9	16.7	7.0	3.9	**0.0	100.0

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 11.1: Western Australian organised participants — participation in organised physical activity by cumulative frequency, age and sex, 2009 (a) (b)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	29.7	59.6	46.6	29.6	89.4
	25 to 34	17.9	53.0	34.1	18.2	70.9
	35 to 44	32.1	39.2	26.9	19.1	71.3
	45 to 54	17.2	36.1	19.8	*12.1	53.2
	55 to 64	*10.5	21.0	*13.8	*10.1	31.6
	65 and over	*9.0	28.9	22.3	*11.3	37.9
	TOTAL		116.5	237.8	163.4	100.5
Females	15 to 24	22.4	64.4	52.5	24.1	86.8
	25 to 34	22.4	41.3	21.2	*12.3	63.8
	35 to 44	17.6	41.8	26.6	18.7	59.4
	45 to 54	*12.2	35.3	26.0	17.3	48.1
	55 to 64	*5.0	26.2	18.8	*8.9	31.2
	65 and over	*10.9	36.1	22.3	*9.2	47.0
	TOTAL		90.6	245.1	167.5	90.4
Persons	15 to 24	52.1	124.0	99.1	53.7	176.2
	25 to 34	40.3	94.4	55.3	30.5	134.7
	35 to 44	49.7	81.0	53.5	37.8	130.7
	45 to 54	29.4	71.4	45.8	29.4	101.3
	55 to 64	15.6	47.2	32.6	19.0	62.8
	65 and over	19.9	65.0	44.6	20.5	84.9
	TOTAL		207.1	482.9	330.9	190.9

Total participation rate (%) (c)

Males	15 to 24	18.9	37.9	29.6	18.8	56.8
	25 to 34	11.4	33.8	21.7	11.6	45.2
	35 to 44	19.5	23.8	16.3	11.6	43.3
	45 to 54	11.1	23.2	12.7	*7.8	34.3
	55 to 64	*8.4	16.8	*11.0	*8.1	25.3
	65 and over	*7.5	24.2	18.6	*9.5	31.8
	TOTAL		13.3	27.1	18.6	11.4
Females	15 to 24	15.0	43.2	35.2	16.2	58.3
	25 to 34	15.0	27.6	14.2	*8.2	42.6
	35 to 44	11.0	26.2	16.7	11.7	37.2
	45 to 54	*8.0	23.0	16.9	11.3	31.3
	55 to 64	*4.1	21.5	15.5	*7.3	25.6
	65 and over	*8.3	27.4	16.9	*7.0	35.6
	TOTAL		10.5	28.3	19.3	10.4
Persons	15 to 24	17.0	40.5	32.4	17.5	57.5
	25 to 34	13.2	30.8	18.1	10.0	44.0
	35 to 44	15.3	25.0	16.5	11.6	40.3
	45 to 54	9.5	23.1	14.8	9.5	32.8
	55 to 64	6.3	19.1	13.2	7.7	25.4
	65 and over	7.9	25.9	17.7	8.2	33.8
	TOTAL		11.9	27.7	19.0	10.9

(a) Relates to persons aged 15 years and over who participated in organised physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2009

(b) Cumulative frequency should be interpreted as the total number of persons who engaged in the activity with **at least** that frequency (for example, 330,900 Western Australian persons engaged in organised physical activity at least twice per week, which is a combination of those who engaged twice, three times, four times and five times per week or more)

(c) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 112: Western Australian organised participants — total participation in organised activities by type of organisation, age and sex, 2009 (a)

Sex	Age group (years)	Fitness, leisure or indoor sports centre	Sport or recreation club or association (c)	Work	School	Other	Total organised participation
		Number ('000)					
Males	15 to 24	43.4	54.0	*4.5	23.3	*10.6	89.4
	25 to 34	24.0	52.4	**3.6	**0.0	*4.2	70.9
	35 to 44	23.0	54.7	*6.0	**1.2	*10.5	71.3
	45 to 54	*13.0	38.8	**3.8	**1.8	*9.8	53.2
	55 to 64	**2.9	27.6	**0.9	**0.0	*6.3	31.6
	65 and over	*9.1	26.3	**0.0	**0.0	*10.5	37.9
	TOTAL		115.5	253.7	18.8	26.2	51.9
Females	15 to 24	46.2	56.5	**2.8	25.9	*14.4	86.8
	25 to 34	43.3	25.3	**2.9	**2.8	*6.0	63.8
	35 to 44	28.0	32.0	**0.0	*5.1	*15.3	59.4
	45 to 54	29.0	20.9	*5.1	**0.0	**3.8	48.1
	55 to 64	16.6	*11.9	**1.1	**0.0	*8.4	31.2
	65 and over	16.6	22.8	**0.0	**0.5	*15.1	47.0
	TOTAL		179.7	169.5	*11.9	34.3	62.9
Persons	15 to 24	89.7	110.5	*7.3	49.2	25.0	176.2
	25 to 34	67.3	77.7	*6.6	**2.8	*10.2	134.7
	35 to 44	51.0	86.7	*6.0	*6.3	25.8	130.7
	45 to 54	42.0	59.6	*8.8	**1.8	*13.6	101.3
	55 to 64	19.5	39.5	**1.9	**0.0	*14.7	62.8
	65 and over	25.7	49.1	**0.0	**0.5	25.6	84.9
	TOTAL		295.2	423.2	30.7	60.6	114.8

Total participation rate (%) (b)

Males	15 to 24	27.6	34.3	*2.9	14.8	*6.7	56.8
	25 to 34	15.3	33.4	**2.3	**0.0	*2.7	45.2
	35 to 44	13.9	33.2	*3.7	**0.7	*6.4	43.3
	45 to 54	*8.4	24.9	**2.4	**1.2	*6.3	34.3
	55 to 64	**2.3	22.1	**0.7	**0.0	*5.0	25.3
	65 and over	*7.6	22.0	**0.0	**0.0	*8.8	31.8
	TOTAL		13.1	28.9	2.1	3.0	5.9
Females	15 to 24	31.0	37.9	**1.9	17.4	*9.6	58.3
	25 to 34	28.9	16.9	**2.0	**1.8	*4.0	42.6
	35 to 44	17.5	20.1	**0.0	*3.2	*9.6	37.2
	45 to 54	18.9	13.6	3.3	**0.0	**2.5	31.3
	55 to 64	13.7	*9.8	**0.9	**0.0	*6.9	25.6
	65 and over	12.6	17.3	**0.0	**0.4	*11.4	35.6
	TOTAL		20.8	19.6	*1.4	4.0	7.3
Persons	15 to 24	29.3	36.1	*2.4	16.1	8.1	57.5
	25 to 34	22.0	25.4	*2.1	**0.9	*3.3	44.0
	35 to 44	15.7	26.7	*1.9	*1.9	8.0	40.3
	45 to 54	13.6	19.3	*2.9	**0.6	*4.4	32.8
	55 to 64	7.9	16.0	**0.8	**0.0	*5.9	25.4
	65 and over	10.2	19.6	**0.0	**0.2	10.2	33.8
	TOTAL		16.9	24.3	1.8	3.5	6.6

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2009

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) All aerobics/fitness participants describing their activity as organised by a sport or recreation club or association have been recoded to fitness, leisure or indoor sports centre

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 113: Western Australian participants — total participation in specific activities (organised and non-organised) by sex, 2009 (a)

Activity	MALES		FEMALES		PERSONS	
	Number (’000)	Total participation rate (b) (%)	Number (’000)	Total participation rate (%)	Number (’000)	Total participation rate (%)
Aerobics/fitness	168.4	19.2	289.6	33.5	457.9	26.2
Aquarobics	*4.3	*0.5	19.3	2.2	23.6	1.4
Athletics/track and field	*14.0	*1.6	*5.6	*0.7	19.6	1.1
Australian rules football	63.3	7.2	*5.1	*0.6	68.4	3.9
Badminton	*8.9	*1.0	*5.1	*0.6	*14.0	*0.8
Baseball	**2.9	**0.3	**0.9	**0.1	**3.8	**0.2
Basketball	41.2	4.7	31.3	3.6	72.5	4.2
Billiards/snooker/pool	**0.0	**0.0	**0.5	**0.1	**0.5	**0.0
Boxing	*9.2	*1.0	*6.6	*0.8	15.8	0.9
Canoeing/kayaking	25.5	2.9	*15.3	*1.8	40.7	2.3
Carpet bowls	**1.7	**0.2	**1.9	**0.2	**3.5	**0.2
Cricket (indoor)	*13.0	*1.5	**1.2	**0.1	*14.3	*0.8
Cricket (outdoor)	39.4	4.5	*10.0	*1.2	49.4	2.8
Cycling	163.1	18.6	89.6	10.4	252.7	14.5
Dancing	*4.9	*0.6	27.1	3.1	32.0	1.8
Darts	**0.9	**0.1	**0.0	**0.0	**0.9	**0.0
Fishing	34.9	4.0	*8.1	*0.9	43.0	2.5
Football (indoor)	30.8	3.5	*5.7	*0.7	36.4	2.1
Football (outdoor)	49.2	5.6	21.5	2.5	70.7	4.1
Golf	90.8	10.3	19.0	2.2	109.8	6.3
Gymnastics	**0.0	**0.0	*4.7	*0.5	*4.7	*0.3
Hockey (indoor)	**1.8	**0.2	**0.0	**0.0	**1.8	**0.1
Hockey (outdoor)	15.6	1.8	26.1	3.0	41.7	2.4
Horse riding/equestrian activities/polocrosse	*4.4	*0.5	*12.7	*1.5	17.2	1.0
Ice/snow sports	*5.6	*0.6	**2.4	**0.3	*8.0	*0.5
Lawn bowls	29.3	3.3	*10.5	*1.2	39.9	2.3
Martial arts	18.6	2.1	*8.8	*1.0	27.4	1.6
Motor sports	23.0	2.6	**0.7	**0.1	23.8	1.4
Netball	*6.3	*0.7	66.5	7.7	72.8	4.2
Orienteering	**2.7	**0.3	*6.9	*0.8	*9.6	*0.6
Rock climbing	*6.8	*0.8	**2.9	**0.3	*9.7	*0.6
Roller sports	**2.2	**0.3	*8.4	*1.0	*10.7	*0.6
Rowing	*8.3	*0.9	*5.2	*0.6	*13.5	*0.8
Rugby league	*5.8	*0.7	**0.0	**0.0	*5.8	*0.3
Rugby union	*13.4	*1.5	**1.7	**0.2	*15.1	*0.9
Running	120.4	13.7	77.3	8.9	197.7	11.3
Sailing	*12.8	*1.5	*5.8	*0.7	18.6	1.1
Scuba diving	*10.0	*1.1	**3.2	**0.4	*13.2	*0.8
Shooting sports	*12.7	*1.4	**0.0	**0.0	*12.7	*0.7
Softball	**3.7	**0.4	*4.2	*0.5	*7.9	*0.5
Squash/racquetball	*12.2	*1.4	*8.1	*0.9	20.3	1.2
Surf sports	42.2	4.8	*8.4	*1.0	50.6	2.9
Swimming	132.4	15.1	174.0	20.1	306.4	17.6
Table tennis	*7.1	*0.8	**0.5	**0.1	*7.6	*0.4
Tennis	44.0	5.0	50.6	5.8	94.6	5.4
Tenpin bowling	**3.5	**0.4	*5.5	*0.6	*9.0	*0.5
Touch football	*14.1	*1.6	**2.7	**0.3	16.8	1.0
Triathlon	*4.6	*0.5	**0.8	**0.1	*5.4	*0.3
Volleyball	17.3	2.0	*15.5	*1.8	32.7	1.9
Walking (bush)	33.6	3.8	35.5	4.1	69.1	4.0
Walking (other)	231.7	26.4	417.9	48.3	649.6	37.2
Water polo	**0.9	**0.1	**2.7	**0.3	**3.6	**0.2
Waterskiing/powerboating	*10.8	*1.2	**2.2	**0.3	*13.0	*0.7
Weight training	30.4	3.5	18.7	2.2	49.2	2.8
Yoga	**2.9	**0.3	36.5	4.2	39.4	2.3

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2009

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 114: Western Australian participants — total participation in specific activities by type of activity, 2009 (a)

Activity	Number ('000)			Total participation rate (%) (b)		
	Organised	Non-organised	Total	Organised	Non-organised	Total
Aerobics/fitness	136.7	339.2	457.9	7.8	19.4	26.2
Aquarobics	*12.6	*11.0	23.6	*0.7	*0.6	1.4
Athletics/track and field	*13.9	*7.5	19.6	*0.8	*0.4	1.1
Australian rules football	42.9	25.5	68.4	2.5	1.5	3.9
Badminton	*7.7	*6.3	*14.0	*0.4	*0.4	*0.8
Baseball	**2.9	**0.9	**3.8	**0.2	**0.1	**0.2
Basketball	49.9	22.6	72.5	2.9	1.3	4.2
Billiards/snooker/pool	**0.0	**0.5	**0.5	**0.0	**0.0	**0.0
Boxing	*13.1	*4.2	15.8	*0.7	*0.2	0.9
Canoeing/kayaking	*8.8	34.3	40.7	*0.5	2.0	2.3
Carpet bowls	**3.5	**0.0	**3.5	**0.2	**0.0	**0.2
Cricket (indoor)	*5.9	*10.9	*14.3	*0.3	*0.6	*0.8
Cricket (outdoor)	24.1	25.3	49.4	1.4	1.5	2.8
Cycling	34.5	239.4	252.7	2.0	13.7	14.5
Dancing	26.1	*10.9	32.0	1.5	*0.6	1.8
Darts	**0.9	**0.0	**0.9	**0.0	**0.0	**0.0
Fishing	**3.4	41.5	43.0	**0.2	2.4	2.5
Football (indoor)	17.4	20.9	36.4	1.0	1.2	2.1
Football (outdoor)	38.8	36.5	70.7	2.2	2.1	4.1
Golf	64.4	66.4	109.8	3.7	3.8	6.3
Gymnastics	**1.7	**3.0	*4.7	**0.1	**0.2	*0.3
Hockey (indoor)	**1.8	**0.0	**1.8	**0.1	**0.0	**0.1
Hockey (outdoor)	41.7	**0.0	41.7	2.4	**0.0	2.4
Horse riding/equestrian activities/polocrosse	*8.6	*10.3	17.2	*0.5	*0.6	1.0
Ice/snow sports	**2.2	*5.8	*8.0	**0.1	*0.3	*0.5
Lawn bowls	38.5	*6.5	39.9	2.2	*0.4	2.3
Martial arts	21.3	*8.0	27.4	1.2	*0.5	1.6
Motor sports	*12.4	15.5	23.8	*0.7	0.9	1.4
Netball	61.4	21.2	72.8	3.5	1.2	4.2
Orienteering	*7.6	**2.1	*9.6	*0.4	**0.1	*0.6
Rock climbing	**3.3	*7.6	*9.7	**0.2	*0.4	*0.6
Roller sports	**0.0	*10.7	*10.7	**0.0	*0.6	*0.6
Rowing	*10.3	*6.4	*13.5	*0.6	*0.4	*0.8
Rugby league	**2.7	**3.1	*5.8	**0.2	**0.2	*0.3
Rugby union	*11.5	**3.6	*15.1	*0.7	**0.2	*0.9
Running	19.7	192.6	197.7	1.1	11.0	11.3
Sailing	*13.2	*8.6	18.6	*0.8	*0.5	1.1
Scuba diving	**1.9	*11.3	*13.2	**0.1	*0.6	*0.8
Shooting sports	*9.8	*7.2	*12.7	*0.6	*0.4	*0.7
Softball	*7.1	**0.9	*7.9	*0.4	**0.0	*0.5
Squash/racquetball	*6.5	16.5	20.3	*0.4	0.9	1.2
Surf sports	*9.4	44.4	50.6	*0.5	2.5	2.9
Swimming	45.6	277.5	306.4	2.6	15.9	17.6
Table tennis	**2.1	*5.4	*7.6	**0.1	*0.3	*0.4
Tennis	45.7	57.4	94.6	2.6	3.3	5.4
Tenpin bowling	*6.3	**3.3	*9.0	*0.4	**0.2	*0.5
Touch football	*10.8	*6.0	16.8	*0.6	*0.3	1.0
Triathlon	*5.4	**0.0	*5.4	*0.3	**0.0	*0.3
Volleyball	24.3	*11.0	32.7	1.4	*0.6	1.9
Walking (bush)	8.4	64.2	69.1	*0.5	3.7	4.0
Walking (other)	19.1	642.6	649.6	1.1	36.8	37.2
Water polo	**3.6	**0.0	**3.6	**0.2	**0.0	**0.2
Waterskiing/powerboating	**0.0	*13.0	*13.0	**0.0	*0.7	*0.7
Weight training	*12.8	38.5	49.2	*0.7	2.2	2.8
Yoga	23.4	20.1	39.4	1.3	1.2	2.3

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2009

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use