



## FOCUS ON POLICY

Create, implement and review a whole of school physical literacy policy.

This fact sheet expands on the [Physical Literacy: Guide for Schools](#), providing more practical examples to help embed physical literacy in your school.

- Conduct focus groups and/or surveys with teachers, students, parents and local community providers to help inform the school's physical literacy policy.
- Incorporate the relevant aspects of the school's physical literacy policy into the school's strategic planning cycle.
- Ensure the school's physical literacy policy prioritises:
  - a whole school approach
  - development of diverse fundamental movement skills for students
  - environment and social settings that support students develop fundamental movement skills
  - equitable and inclusive practices in health and physical education, sport and physical activities
  - sport and physical activities are flexible, diverse and available to all students.
- Promote the physical literacy policy in the school newsletter and make it available on the school website.
- Get inspiration from the [Christ Church Primary School Physical Literacy Policy](#)

For more resources to support your school on its physical literacy journey, visit the [Sport Australia website](#).

