

No Needles Policy



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Purpose and Scope

The purpose of this policy is to ensure that no Sport Australia staff or other individuals using AIS facilities possess injection equipment or administer injections, other than those individuals authorised to do so.

The policy applies to all Sport Australia staff including medical practitioners, as well as staff of sporting organisations including medical practitioners, athletes and any other individuals authorised to enter or use any facilities at the AIS campus, the AIS European Training Centre or any other AIS-managed site.

Background

Sport Australia is a leader in the fight against doping and other unethical behaviour in sport. Some doping and other unethical practices involve the injection of banned substances or inappropriate injections of substances.

By prohibiting the possession of injection equipment by unauthorised persons, this policy will reduce the risk of doping or other unethical behavior at AIS sites.

Policy

Obligations applicable to all individuals

- 1. Any individual with a documented medical condition (e.g. diabetes, anaphylaxis susceptibility) requiring the possession of injection equipment must notify the AIS Chief Medical Officer of their condition and request listing on the AIS Self-Injection Register.
- 2. Individuals must not be in possession of any hypodermic needles or other injection equipment, unless:
 - (a) the individual is a medical practitioner from AIS Sports Medicine or other registered medical practitioner; or
 - (b) the individual's possession has been authorised by an AIS medical practitioner or other registered medical practitioner and has requested listing on the AIS Self-Injection Register.
- 3. Individuals must not self-inject any substance, unless authorised to do so by an AIS medical practitioner or other registered medical practitioner for the treatment of a documented medical condition.
- 4. Individuals must not allow any person other than an AIS medical practitioner or other registered medical practitioner to administer an injection to them, such injection only to be administered by the medical practitioner for a purpose permitted by this policy.

Obligations applicable to medical practitioners

- 5. Medical practitioners must take all appropriate steps to ensure that access to injectable materials is restricted to medical practitioners from AIS Sports Medicine or other registered medical practitioners.
- 6. Medical practitioners must not perform any injections, except:
 - (a) where medically required for vaccination purposes; or
 - (b) where medically required for treatment of a documented medical condition; or
 - (c) with prior approval of the AIS Ethics Committee for research purposes.

Obligations applicable to sports science sports medicine staff

7. Members of the sports science sports medicine (SSSM) staff of any organisation must ensure that injections are not performed as part of a routine supplementation program in their organisation.





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