

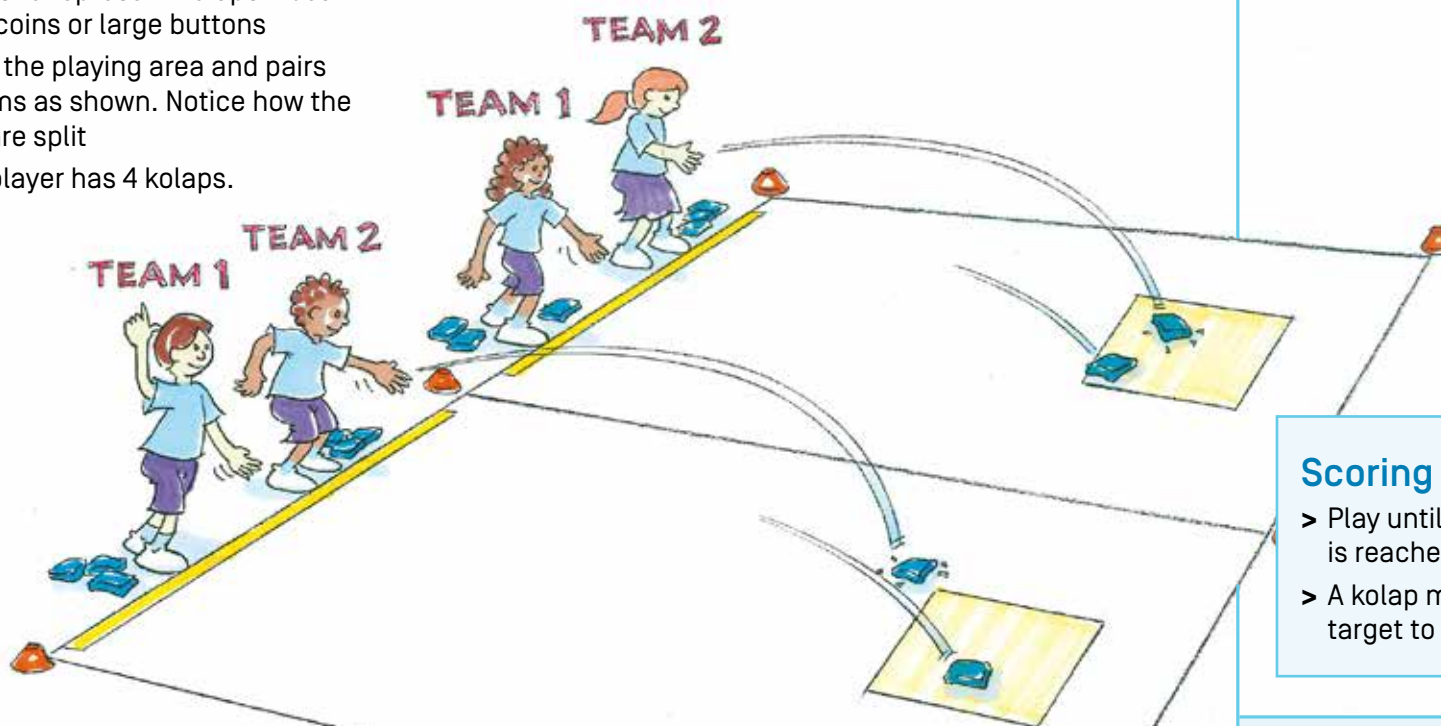


# Kolap

Players work in teams of two to throw objects towards a designated target, such as a mat. For each successful throw teams are awarded a point. The first team to a set number points wins.

## What you need

- > Targets for each pair: softball bases, rubber mats or towels
- > Objects to represent kolaps – bean bags, coins or large buttons
- > Set up the playing area and pairs in teams as shown. Notice how the pairs are split
- > Each player has 4 kolaps.



## What to do

- > Players attempt to throw their kolaps onto the mat in front of them.
- > One player starts the game and throws 4 kolaps. A player from the second team throws next.

## Scoring

- > Play until a nominated combined score is reached by one of the teams [e.g. 20].
- > A kolap must land completely on the target to count.

## LEARNING INTENTION

A target game that provides interest and variety to other games like bocce.

PHYSICAL LITERACY ELEMENTS

OBJECT MANIPULATION

SOCIETY AND CULTURE

REASONING STRATEGY AND PLANNING

AC:HPE CONTENT DESCRIPTIONS

ACPMPO08  
ACPMPO25

- > Change the distance and size of the target.
- > Vary the type of throw – front on, side on, 1 or 2 hands.
- > Set a time limit for each round of 4 kolaps thrown.
- > Match the kolap substitute to the ability of the group [e.g. bean bags and bigger targets for beginners].
- > Provide targets at different distances, with different values.
- > **No standing around** – each player has their own target (the same distance for each player). Players can throw simultaneously and avoid waiting around.

## Ask the players

- > How can you change your throw to make it go further/closer to the target [e.g. back swing, follow through, step]?

## Teaching tips

- > Encourage students to consider pre-shot decisions to successfully hit the target by altering throw direction [starting point, target line and release point] and distance [length of backswing, force and arm swing].

## Safety

- > Ensure adequate space for the number of players.
- > Players wait for others to finish their round before moving onto the playing area.

## Aboriginal and Torres Strait Islanders histories and cultures

This object throwing game was observed being played on Mer Island in the Torres Strait late in the 19th century. The game is named after the beans of the kolap tree, which were used as the throwing objects.

