SPORTING Schools

BASEBALL AUSTRALIA

CONGRATULATIONS

On your participation in

Baseball Australia's Baseball5 program

and keeping active and having fun!

FIND A CLUB: www.baseball.com.au/play-baseball/

SPORTAUS

sportingschools.gov.au

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SPORTING Schools

Sporting Schools is a $240 million Australian Government initiative designed to help schools to increase children's participation in sport, and to connect them with community sporting opportunities.

Research shows that children who are physically active achieve greater academic success and maintain higher attention levels during class at school, and an early connection to sport can positively influence participation and encourage a lifelong love of sport.

Sport Australia is proud to partner with over 30 national sporting organisations to deliver the Australian Government's Sporting Schools program in more than 7500 schools across Australia. Since 2015, the program has provided over 7 million opportunities for children to get active, engaged and having fun while sampling a variety of different sports at school.

For more information on the Sporting Schools program, visit: **www.sportingschools.gov.au**

FIND YOUR 30

While adults need 30 minutes of physical activity a day, children need 60 minutes. So, as well as finding 30 at school, why not find your 30 at home with the family?

For ideas on how you can find your 30 visit **www.sportaus.gov.au/findyour30/challenge**

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