



Australian Government
Australian Sports Commission

Participation in Exercise, Recreation and Sport



Annual Report 2010



Communities
Sport & Recreation



Government of Western Australia
Department of Sport and Recreation



Government of South Australia
Office for Recreation and Sport



Queensland
Government

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1 Executive summary

Background

The Exercise, Recreation and Sport Survey (ERASS) collects information on the frequency, duration, nature and type of physical activities participated in for exercise, recreation or sport by persons aged 15 years and over. ERASS has been collecting this information since 2001. It was conducted quarterly in 2010, with an annual total of 21,603 respondents across Australia. A summary of key findings is provided below.

Key findings

Participation in any physical activity

'Any physical activity' is physical activity for exercise, recreation or sport. It includes those activities that were organised by a club, association or other type of organisation, and those activities that were non-organised. It excludes those activities that were part of household or garden duties, or were part of work.

- In 2010, an estimated 14.4 million persons aged 15 years and over, or 82.3% of the population living in occupied private dwellings, participated at least once annually in physical activity for exercise, recreation or sport. This is the **total participation rate** in any physical activity.
- An estimated 12.2 million persons aged 15 years and over, or 69.4% of the population, participated at least once per week, on average, in physical activity. This is the **weekly participation rate**.
- An estimated 8.3 million persons aged 15 years and over, or 47.7% of the population, participated at least three times per week, on average, in physical activity. This is the **regular participation rate**.
- An estimated 4.9 million persons aged 15 years and over, or 28.0% of the population, participated five times per week or more, on average, in physical activity. This is the **frequent participation rate**.
- The median frequency of participation in any physical activity was 2.5 times per week in 2010. Females (3.0 times per week) tended to participate more frequently than males (2.2 times). This was true in all age groups except the youngest (15 to 24 years), where median frequency was higher for males (3.0) than females (2.6), and the eldest (65 years or older), where it was the same for males and females (2.2).
- An estimated 8.4 million persons, or 47.9% of the population, participated for two hours or more per week in the two weeks prior to interview in 2010. An estimated 3.8 million persons, or 21.9% of the population, participated for five hours or more per week in the two weeks prior to interview.
- The 2010 regular participation rate remains unchanged from 2009 (47.7%). Between 2001 and 2004 the rate increased to 47.2%, then declined slightly between 2004 and 2006, before increasing again in the period 2007 to 2008. The overall trend appears to be a slowly increasing regular participation rate.
- This increase was slightly greater for females (11 percentage points) than males (ten percentage points).
- Except in the youngest and oldest age groups, females had higher regular participation rates in any physical activity. Regular participation rates in any physical activity were also higher among the university-educated and those still at secondary school.

- Females speaking a non-European language at home had lower than average regular participation rates.
- While females participated in physical activity more regularly than males, males participated for a longer duration. This was especially true for males aged between 15 and 24 years, who participated in physical activity for 4.0 hours per week, on average. With the exception of this youngest male age group, duration of participation tended to increase with age for females and males.
- The number of different physical activities participated in was strongly related to age for both males and females. Participants aged between 15 and 24 years participated in an average of 2.5 different physical activities in the 12 months prior to interview in 2010. The number of different physical activities participated in decreased steadily with age; participants aged 65 years and over participated in 1.7 different physical activities, on average.
- The top ten physical activities in 2010, in terms of total participation rate, were walking, aerobics/fitness, swimming, cycling, running, golf, tennis, bushwalking, outdoor football and netball. An estimated 6.3 million persons, or 35.9% of the population, participated at least once in walking for exercise, recreation or sport in 2010.
- In terms of the top ten physical activities, the largest increase in total participation between 2001 and 2010 was for aerobics/fitness, increasing steadily by 110% since 2001. Participation in running, outdoor football, cycling and walking also increased in the ten-year period, although walking, running and cycling showed greater fluctuation over the period. For example, total participation in walking increased between 2001 and 2004, decreased somewhat between 2004 and 2007, increased in 2008, and then decreased again slightly in 2009.
- Activities experiencing declines in participation between 2001 and 2010 included tennis (down 24% compared to 2001 and now at its second lowest participation rate since 2001), swimming (down 6% since 2001) and golf (down 5% between 2001 and 2010). Total participation in golf declined steadily between 2002 and 2007, but recovered somewhat in the period 2008 to 2010.

Participation in non-organised physical activity

‘Non-organised physical activity’ is physical activity for exercise, recreation or sport that was non-organised in full or in part (that is, not fully organised by a club, association or other type of organisation).

- The **total participation rate** in non-organised physical activity was 70.8% in 2010. Most participants engaged in partially or fully non-organised activity (86.1%).
- An estimated 6.7 million persons aged 15 years and over participated at least three times per week in non-organised physical activity, a **regular participation rate** of 38.5%.
- The regular participation rate in non-organised physical activity increased 11 percentage points between 2001 and 2010.
- This increase in the regular participation rate in non-organised physical activity occurred for both males and females. As outlined below, the regular participation rate in organised physical activity also increased in the same period, but the increase was small. Overall increases in physical activity were mainly due to the increase in non-organised participation.
- Females had higher regular participation rates in non-organised physical activity (41.5%) than males (35.3%). This was true in all age groups except those aged 15 to 24 years and aged 65 years and over, where regular participation rates were equivalent between males and females.
- Regular participation in non-organised physical activity gradually increased with age for females and males, peaking at 55 to 64 years. Females aged between 55 and 64 years were the most active in non-organised physical activity, with a regular participation rate of 48.2%.
- Regular participation in non-organised physical activity was higher among those with a university education.
- Regular participation rates in non-organised physical activity were lower than average among persons speaking a non-European language at home.

- The top ten non-organised physical activities in 2010, in terms of total participation rate, were walking, aerobics/fitness, swimming, cycling, running, bushwalking, golf, tennis, weight training and fishing. Almost all participation in walking, cycling, running and swimming was non-organised.
- Aerobics/fitness had the largest increase in total participation between 2001 and 2010.

Participation in organised physical activity

‘Organised physical activity’ is physical activity for exercise, recreation or sport that was organised in full or in part by (1) a fitness, leisure or indoor sports centre that required payment for participation, (2) a sport or recreation club or association that required payment of membership, fees or registration, (3) a workplace, (4) a school, or (5) any other type of organisation.

- The **total participation rate** in organised physical activity was 40.0% in 2010. About half of all participation in physical activity was partially or fully organised (48.6%).
- An estimated 2.1 million persons aged 15 years and over participated at least three times per week in organised physical activity, a **regular participation rate** of 12.0%.
- The regular participation rate in organised physical activity increased only slightly between 2001 and 2010 (three percentage points for both males and females).
- Overall, regular participation rates in organised physical activity were very slightly higher among males (12.2%) than females (11.9%) in 2010. However, regular participation in organised physical activity was higher for males aged 15 to 24 years and higher for females aged 25 to 64 years.
- Regular participation in organised physical activity was most common among those aged 15 to 24 years, regardless of gender, while participation in non-organised physical activity increased with age.
- Those still at secondary school had the highest regular participation rates in organised physical activity.
- The top ten organised physical activities in 2010, in terms of total participation rate, were aerobics/fitness, golf, outdoor football (soccer), netball, Australian rules football, tennis, basketball, touch football, outdoor cricket and lawn bowls.
- In terms of the top ten organised physical activities, Australian rules football had the largest increase in total participation between 2001 and 2010, increasing by 64% since 2001.
- Other top ten organised activities experiencing increases in participation since 2001 were outdoor football (55% increase) and outdoor cricket (33% increase). For outdoor football, participation changed little between 2001 and 2007 with only small fluctuations, but then increased in the period 2007–10. Participation in outdoor cricket increased between 2001 and 2004, fluctuated in the period 2004 to 2008, and increased in the period 2008 to 2010.
- Of all top ten organised activities, tennis (–24%) and golf (–8%) experienced the greatest declines in participation between 2001 and 2010.

Participation in club-based physical activity

‘Club-based physical activity’ is any physical activity for exercise, recreation or sport that was organised in full or in part by a sport or recreation club or association that required payment of membership, fees or registration. This was distinct from fitness, leisure or sports centres that required payment for participation.

- The **total participation rate** in club-based physical activity was 25.7% in 2010.
- An estimated 1.1 million persons aged 15 years and over participated at least three times per week in club-based physical activity, a **regular participation rate** of 6.3%.
- In club-based physical activity, and in contrast to non-organised physical activity, the male regular participation rate (7.9%) exceeded the female rate (4.8%).

- Regular participation in club-based physical activity increased slightly for both males and females between 2001 and 2010 (three percentage points for males, one percentage point for females). The male regular participation rate in club-based physical activity was at its highest level ever in 2009, but declined slightly between 2009 and 2010.
- Regardless of gender, regular participation in club-based physical activity was most common among those aged 15 to 24 years (17.7%).
- The top ten club-based physical activities in 2010, in terms of total participation rate, were golf, outdoor football, netball, Australian rules football, tennis, outdoor cricket, lawn bowls, touch football, basketball and martial arts.
- Of these, Australian rules football, outdoor football, outdoor cricket, basketball, netball, lawn bowls and martial arts all experienced increases in participation between 2001 and 2010. Much of the increase in participation for both Australian rules football and outdoor football occurred in the period 2007 to 2010.
- Of all top ten club-based activities, tennis (-13%) had the greatest decline in participation between 2001 and 2010.

2 Introduction

The Exercise, Recreation and Sport Survey (ERASS) is a joint initiative of the Australian Sports Commission and the state and territory government agencies responsible for sport and recreation.

The first survey was conducted in 2001. This publication presents results from the tenth annual ERASS data collection, which was conducted in 2010.

ERASS collects information on the frequency, duration, nature and type of physical activity that was participated in by persons living in occupied private dwellings¹ and aged 15 years and over for exercise, recreation or sport during the 12 months prior to interview. Participation means active 'playing' participation but does not include coaching, refereeing and being a spectator, or activity related to work, household chores or gardening duties.

ERASS collects data on the **total participation rate** in physical activity for exercise, recreation or sport over the 12-month period. The total participation rate is based on the number of persons who have undertaken exercise, recreation or sport **at least once** during the previous 12 months. This rate does not reflect the number of persons who are physically active on a regular basis.

ERASS also collects frequency and duration data to provide an indication of the number of persons who are regularly active. The main focus of this report is on persons who are physically active three times per week or more. This is referred to as the **regular participation rate** throughout the report.

The survey is conducted quarterly throughout Australia. In 2010, Newspoll Market and Social Research completed the fieldwork and prepared this report for the Australian Sports Commission in consultation with the state and territory agencies for sport and recreation.

This publication presents information regarding the:

- frequency of participation in organised and non-organised physical activity for exercise, recreation or sport
- duration of participation in physical activity for exercise, recreation or sport
- type of participation in physical activity for exercise, recreation or sport
- trends in participation over time.

Information is available for both organised and non-organised exercise, recreation and sport, for all states and territories and for a variety of demographic variables.

3 Errata

Following the initial release of the ERASS Annual Report 2010, an error was found that has a minor impact on the data provided in this report. The report published incorrect club-based participation data for martial arts on pages 4 and 42 of the 2010 report. This error has now been corrected and the revised data is provided in this updated publication.

¹ Excludes special dwellings such as hospitals, hotels, prisons, nursing homes, etc.

4 Glossary

For definitions of sports, please see 'Physical activity definitions' on page 9.

Any physical activity

Physical activity for exercise, recreation or sport. It includes activities that were organised by a club, association or other type of organisation, and those activities that were non-organised, but excludes those activities that were part of household or garden duties, or were part of work

Capital cities

The six state capital city statistical divisions, the Darwin Statistical Division and the Australian Capital Territory

Club-based physical activity

Physical activity for exercise, recreation or sport that was organised in full or in part by a sport or recreation club or association that required payment of membership, fees or registration. This is distinct from fitness, leisure or sports centres that required payment for participation. Excludes all aerobics/fitness participants

Employed full time

Persons employed full time are those who usually work 35 hours or more per week (in all jobs)

Employed part time

Persons employed part time are those who usually work less than 35 hours per week (in all jobs)

ERASS

Exercise, Recreation and Sport Survey

European language

A language originating, and primarily spoken, in a country lying within Europe. Includes Afrikaans

Fitness organisation

A fitness, leisure or indoor sports centre that requires payment for participation

Frequency of participation

Number of times a person participated in physical activity for exercise, recreation or sport in the last 12 months. This number is used to define number of times 'per week' a person participated (by dividing number of times in last 12 months by 52) and in the calculation of the 'total participation rate', the 'weekly participation rate' and the 'regular participation rate'

Frequent participation rate

For any group, this is the number of persons who participated in the activity at least five times weekly in the last 12 months, expressed as a percentage of the population in the same group. Statistics that identify the number of times persons participated 'per week' are calculated by dividing the number of times individuals participate in physical activity for exercise, recreation or sport during the 12 months prior to interview by 52 (that is, number of weeks in a year). This provides an average of the number of times persons participated 'per week'

Married

Married persons are those who describe their marital status as being married or in a de facto relationship

Mean

Often known as the average and is the sum of all the data values divided by the number of data values

Median

The median represents the centre or midpoint of the data. One half of the data will have values less than the median while the other half will have values greater than the median

Non-European language

A language originating, and primarily spoken, in a country lying outside Europe. Includes Turkish and Russian

Non-organised physical activity

Physical activity for exercise, recreation or sport that was non-organised in full or in part (that is, not fully organised by a club, association or other type of organisation)

Non-participation rate

For any group, this is the number of persons who did not participate in any activity at least once in the last 12 months, expressed as a percentage of the population in the same group

Not in the labour force

Persons not in the labour force are those who did not have a job when interviewed and did **not** look for work in the four weeks prior to interview

Not married

Not married persons are those who describe their marital status as being either separated, divorced, widowed or never married

Organised physical activity

Physical activity for exercise, recreation or sport that was organised in full or in part by (1) a fitness, leisure or indoor sports centre that required payment for participation, (2) a sport or recreation club or association that required payment of membership, fees or registration, (3) a workplace, (4) a school, or (5) any other type of organisation

Participants

Persons who participated in at least one physical activity for exercise, recreation or sport at least once in the last 12 months

Per week

Statistics that identify the number of times persons participated 'per week' are calculated by dividing the number of times individuals participated in physical activity for exercise, recreation or sport during the 12 months prior to interview by 52 (that is, number of weeks in a year). This provides an average of the number of times persons participated 'per week'. However, it is possible that individuals who participate 'once per week' may not be regular participants throughout the 12 months prior to interview, as all their participation might be concentrated during one particular time period. For example, an individual who participates in cricket 52 times over three months, but then in no other activity for the other nine months, would appear to participate in physical activity for exercise, recreation or sport once per week

Recent participants

Persons who participated in at least one of their three top physical activities in the last two weeks. 'Top physical activities' are defined as those done most frequently by that person on an annual basis

Recent physical activity

Physical activity for exercise, recreation or sport that was done in the last two weeks

Regular participants

Persons who participated in at least one physical activity for exercise, recreation or sport at least three times per week on average. Statistics that identify the number of times persons participated 'per week' are calculated by dividing the number of times individuals participate in physical activity for exercise, recreation or sport during the 12 months prior to interview by 52 (that is, number of weeks in a year). This provides an average of the number of times persons participated 'per week'

Regular participation rate

For any group, this is the number of persons who participated in the activity at least three times weekly in the last 12 months, expressed as a percentage of the population in the same group. Statistics that identify the number of times persons participated 'per week' are calculated by dividing the number of times individuals participate in physical activity for exercise, recreation or sport during the 12 months prior to interview by 52 (that is, number of weeks in a year). This provides an average of the number of times persons participated 'per week'

Rest of state

The whole of Australia less the six state capital city statistical divisions, the Darwin Statistical Division and the Australian Capital Territory

RSE

Relative standard error (see Section 10.7: Standard errors and relative standard errors, page 168)

SE

Standard error (see Section 10.7: Standard errors and relative standard errors, page 168)

Sport organisation

Sport or recreation club or association that requires payment of membership, fees or registration

Total participation rate

For any group, this is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

Unemployed

Unemployed persons are those who did not have a job when interviewed but who looked for work in the four weeks prior to interview

Weekly participation rate

For any group, this is the number of persons who participated in the activity at least once weekly in the last 12 months, expressed as a percentage of the population in the same group. Statistics that identify the number of times persons participated 'per week' are calculated by dividing the number of times individuals participate in physical activity for exercise, recreation or sport during the 12 months prior to interview by 52 (that is, number of weeks in a year). This provides an average of the number of times persons participated 'per week'.

5 Physical activity definitions

Aerobics/fitness

Includes aerobics, calisthenics, Chinese exercise, exercise bike, gymnasium workouts, military exercise, Prime Movers for Over 50s, Step Reebok and treadmill. Excludes aquarobics and weight training, which are categorised separately

Basketball

Includes indoor and outdoor basketball

Bushwalking

Includes bushwalking only. Excludes other types of walking for sport and recreation, which are categorised separately

Canoeing/kayaking

Excludes canoe polo

Cricket (indoor)

Includes indoor cricket only. Outdoor cricket is categorised separately. Excludes electric light cricket

Cricket (outdoor)

Includes outdoor cricket only. Indoor cricket is categorised separately. Excludes electric light cricket

Cycling

Includes cycling, BMX and mountain bike riding. Excludes triathlon, which is categorised separately

Dancing

Includes dancing, ballet, boot scooting and line dancing

Football (indoor)

Includes indoor soccer, fluffy ball and futsal. Excludes outdoor soccer, which is categorised separately

Football (outdoor)

Includes outdoor soccer only. Excludes indoor soccer, which is categorised separately

Golf

Excludes putt-putt golf

Gymnastics

Includes gymnastics and trampolining

Hockey (indoor)

Includes indoor hockey only. Excludes outdoor hockey, which is categorised separately

Hockey (outdoor)

Includes outdoor hockey only. Excludes indoor hockey, which is categorised separately

Horse riding/equestrian activities/polocrosse

Excludes rodeo and horseracing

Ice/snow sports

Includes blade-skating, ice hockey, ice-skating, snowboarding, skeleton, and snow skiing and any other snow and ice sports. Excludes wheelchair ice hockey

Martial arts

Includes chi kung, Eastern judo, judo, karate, kick boxing, taekwondo and Tai Chi

Motor sports

Includes track, trail bike, car, motorbike, speedway, drag and go-kart

Netball

Includes indoor and outdoor netball

Orienteering

Includes orienteering, rogaining and cross-country running

Rock climbing

Includes rock climbing, abseiling and caving

Roller sports

Includes inline hockey, rollerblading, skateboarding and all other roller sports

Rugby league

Includes rugby league, rugby sevens and modball

Running

Includes jogging, running, marathon. Excludes triathlon, which is categorised separately

Sailing

Includes sailing, outriggering

Shooting sports

Includes hunting, paintball, pistol shooting and any other shooting sports. Excludes archery and bowhunting

Squash

Includes squash and racquet ball

Surf sports

Includes sailboarding, surfing and wind surfing. Excludes surf lifesaving

Swimming

Includes swimming and board diving. Excludes triathlon, which is categorised separately

Tennis

Includes outdoor and indoor tennis

Tenpin bowling

Excludes bocce

Touch football

Includes touch football and Austag

Volleyball

Includes indoor (rebound) and outdoor volleyball, beach volleyball and Newcombe ball. Excludes water volleyball

Water polo

Excludes canoe polo

Waterskiing/powerboating

Includes jet skiing, powerboating and waterskiing

Walking

Indicated as 'Walking — other' in the tables. This category excludes bushwalking, which is categorised separately

Weight training

Includes bodybuilding, circuits, power team, and weight training for fitness. Excludes weight-lifting (competition)

Yoga

Includes Pilates

Data on some other sports and activities were collected, and although they are included in the general data on participation rates, they have not been specifically identified in this report due to their relatively low participation rates. These include: air sports, archery/bow hunting, bocce, croquet, gridiron, outdoor and indoor lacrosse, rodeo, surf lifesaving, wrestling, canoe polo, electric light cricket, wheelchair ice hockey, dog racing, handball, fencing, gorilla ball, ultimate frisbee, Gaelic football, horseracing, tee-ball, boomerang throwing, water volleyball, wood chopping, sheepdog trials, marching, korfbal, underwater hockey, softcrosse, royal tennis, broom ball, leader ball, pigeon racing, weight-lifting (competition), putt-putt golf and grockey.

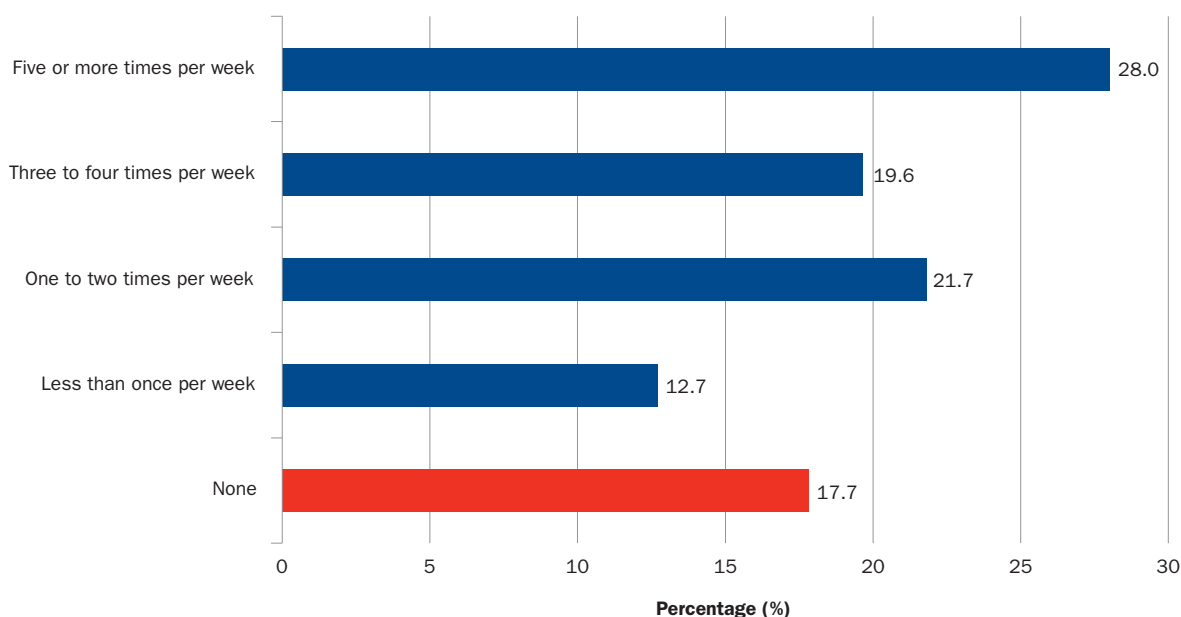
6 Participation in any physical activity

6.1 Frequency of participation in any physical activity

During the 12 months prior to interview in 2010:

- An estimated 14.4 million persons aged 15 years and over participated **at least once annually** in physical activity for exercise, recreation or sport, a **total participation** rate of 82.3% (Table 1).
- An estimated 12.2 million persons aged 15 years and over participated **at least once per week**² in physical activity for exercise, recreation or sport, a **weekly participation** rate of 69.4% (Figure 1 and Table 4).
- An estimated 8.3 million persons aged 15 years and over participated three times a week or more, a **regular participation rate** of 47.7% (Figure 1 and Table 4).
- An estimated 4.9 million persons aged 15 years and over participated five times a week or more, a **frequent participation rate** of 28.0% (Figure 1 and Table 3).
- An estimated 3.1 million persons aged 15 years and over did not participate in **any** physical activity for exercise, recreation or sport in the 12 months prior to interview in 2010, a **non-participation rate** of 17.7% (Figure 1 and Table 3).

Figure 1: Frequency of participation in any physical activity, 2010



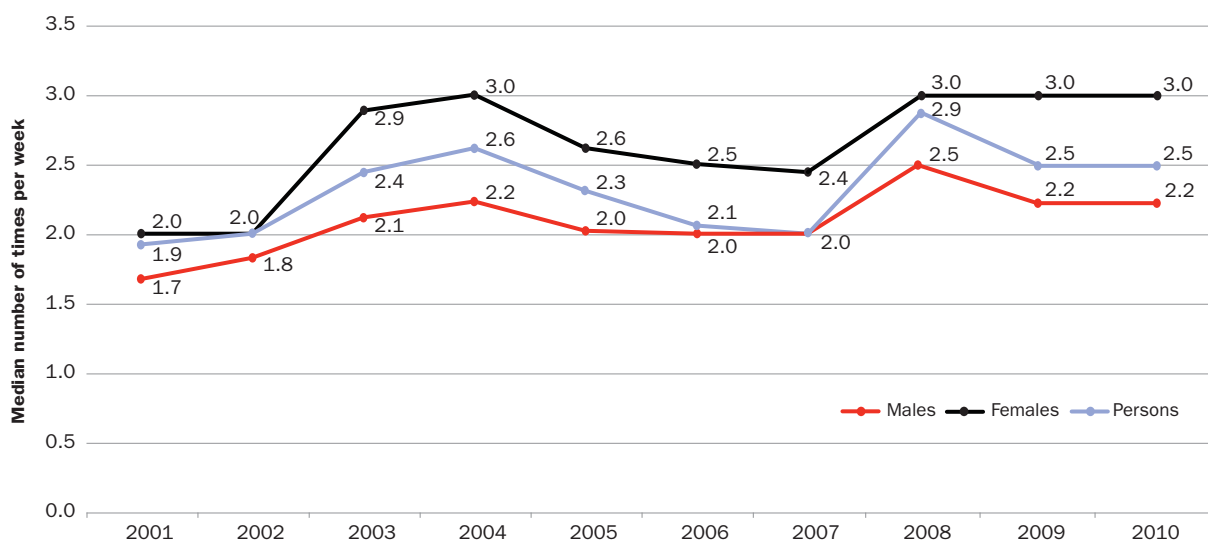
Base: All persons aged 15 years and over (n=21,603)

2 See glossary for information about how 'per week' statistics are calculated.

6.2 Median frequency of participation in any physical activity, 2001–2010

- The median frequency of participation in any physical activity for all Australians was 2.5 times per week in 2010, as in 2009 (Figure 2). This median calculation includes non-participants (that is, zero frequency).
- Overall, the median frequency of participation in any activity was higher than when first measured in 2001, but lower than two peaks in 2004 and 2008.
- For all females, the median frequency of participation was 3.0 times per week in 2010, as in 2004, 2008 and 2009.
- Male median frequency of participation in 2010 was 2.2 times per week, as in 2009. This is higher than in 2001 (when it was 1.7), but slightly lower than in 2008 (when it was 2.5).
- Females were more frequent participants in all age groups except the youngest (15 to 24 years), where median frequency was higher for males (3.0) than females (2.6), and the eldest (65 years or older), where median frequency was the same for males and females (2.2).

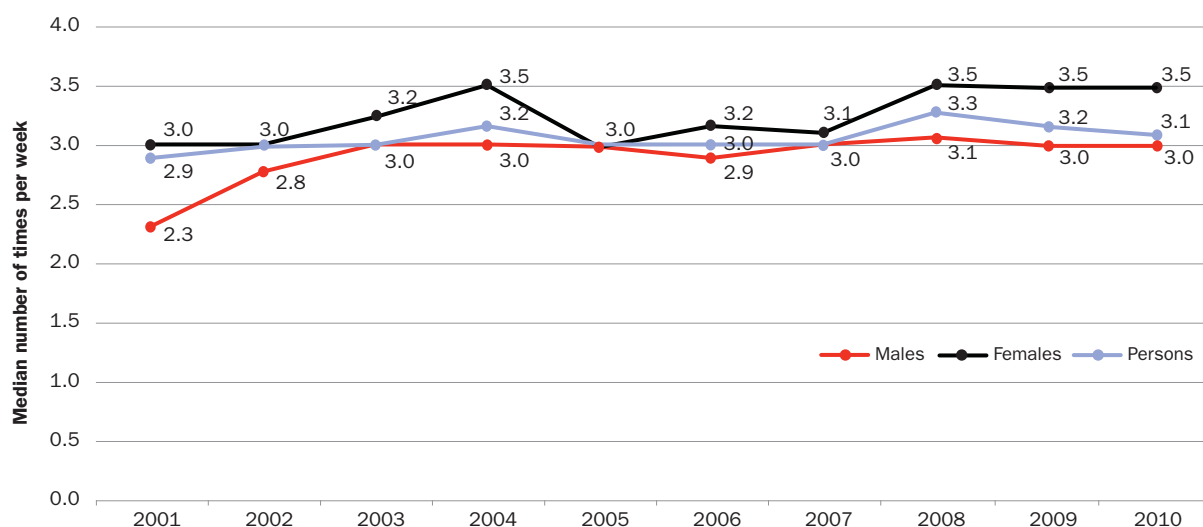
Figure 2: Median frequency of participation per week in any physical activity by sex and year



Base: All persons aged 15 years and over in 2010 (n=21,603), 2009 (n=21,031), 2008 (n=17,293), in 2007 (n=16,400), in 2006 (n=13,708); in 2005 (n=13,726); in 2004 (n=13,662); in 2003 (n=13,703); in 2002 (n=13,632); and in 2001 (n=13,424)

- Among those who did participate in physical activity for exercise, recreation or sport (excluding zero frequency), the median frequency of participation in any physical activity was 3.1 times per week in 2010 (Figure 3).
- Median frequency of participation was 3.5 times per week for female participants and 3.0 times per week for male participants.

Figure 3: All participants in physical activity — median frequency of participation per week in any physical activity by sex and year



Base: All participants in physical activity in 2010 (n=17,445), 2009 (n=16,943), 2008 (n=14,324), in 2007 (n=13,011); in 2006 (n=10,969); in 2005 (n=11,336); in 2004 (n=11,211); in 2003 (n=11,248); in 2002 (n=10,550); and in 2001 (n=10,341)

6.3 Regular participation in any physical activity, 2001–2010

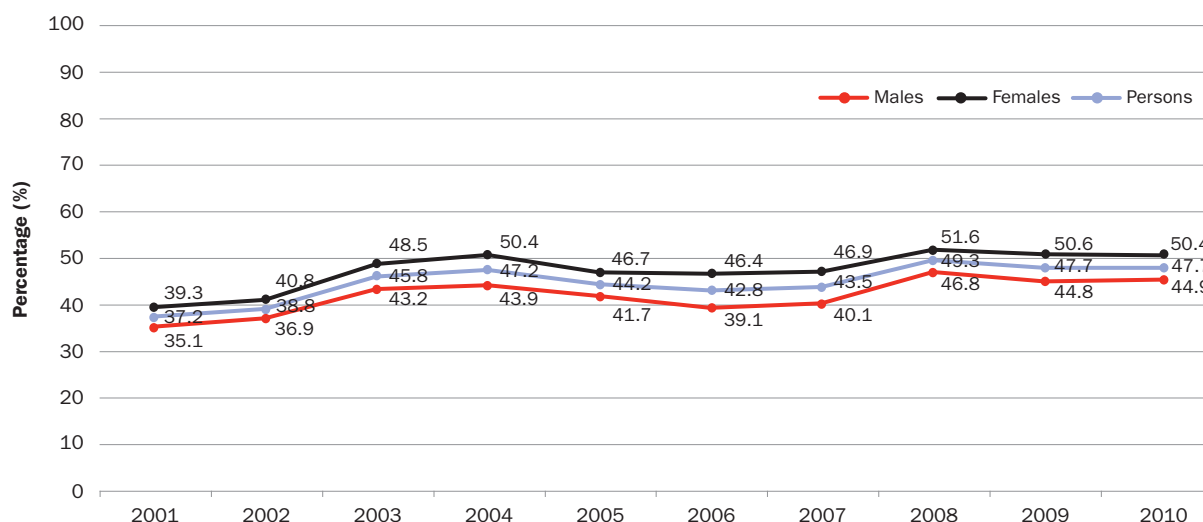
Regular participation in exercise, recreation or sport is defined as those participating three times a week or more, on average.³

- The regular participation rate in any physical activity for exercise, recreation or sport in 2010 was 47.7% (Figure 4 and Table 9).
- The 2010 regular participation rate remains unchanged from 2009. Between 2001 and 2004 the rate increased to 47.2%, then declined slightly between 2004 and 2006, before increasing again in the period 2007 to 2008. The overall trend appears to be a slowly increasing regular participation rate.
- The regular participation rate increased between 2001 and 2010 for both males and females. In 2001, the regular participation rate among males was 35.1%, increasing to 43.9% in 2004, then declining somewhat before increasing to 46.8% in 2008, and declining slightly again to 44.9% in 2010. Females followed the same general pattern, with the regular participation rate among females being 39.3% in 2001 and 50.4% in 2010.
- The increase in the regular participation rate was mainly explained by an increase in participation in non-organised activity⁴ (see Section 6.3 ‘Regular participation in non-organised physical activity, 2001–2010’). Participation in organised activity has increased more slowly between 2001 and 2010 (see Section 7.3 ‘Regular participation in organised physical activity, 2001–2010’).

³ See glossary for information about how ‘per week’ statistics are calculated.

⁴ See glossary for how ‘organised’ and ‘non-organised’ activities are defined.

Figure 4: Regular participation rate in any physical activity by sex and year



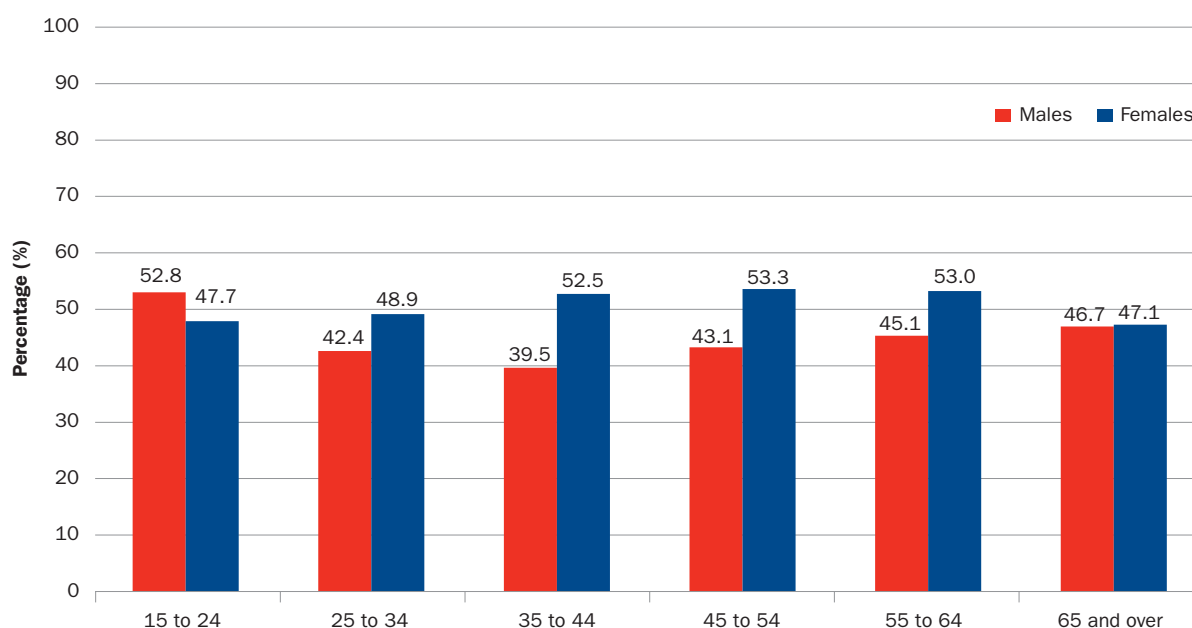
Base: All persons aged 15 years and over in 2010 (n=21,603), 2009 (n=21,031), 2008 (n=17,293), in 2007 (n=16,400), in 2006 (n=13,708); in 2005 (n=13,726); in 2004 (n=13,662); in 2003 (n=13,703); in 2002 (n=13,632); and in 2001 (n=13,424)

6.4 Regular participation in any physical activity by demographics

Age and sex

- In 2010, regular participation rates (three times a week or more) in any physical activity for exercise, recreation or sport were higher for females than males (50.4% and 44.9%, respectively) (Table 9).
- Females were more regularly active as they got older, peaking at 45 to 54 years old (53.3%), and then declining again for those aged 65 years or older (47.1%) (Figure 5 and Table 9).
- Males between the ages of 15 and 24 (52.8%) were more regularly active than females.

Figure 5: Regular participation rate in any physical activity by age and sex, 2010



Base: All persons aged 15 years and over (n=21,603)

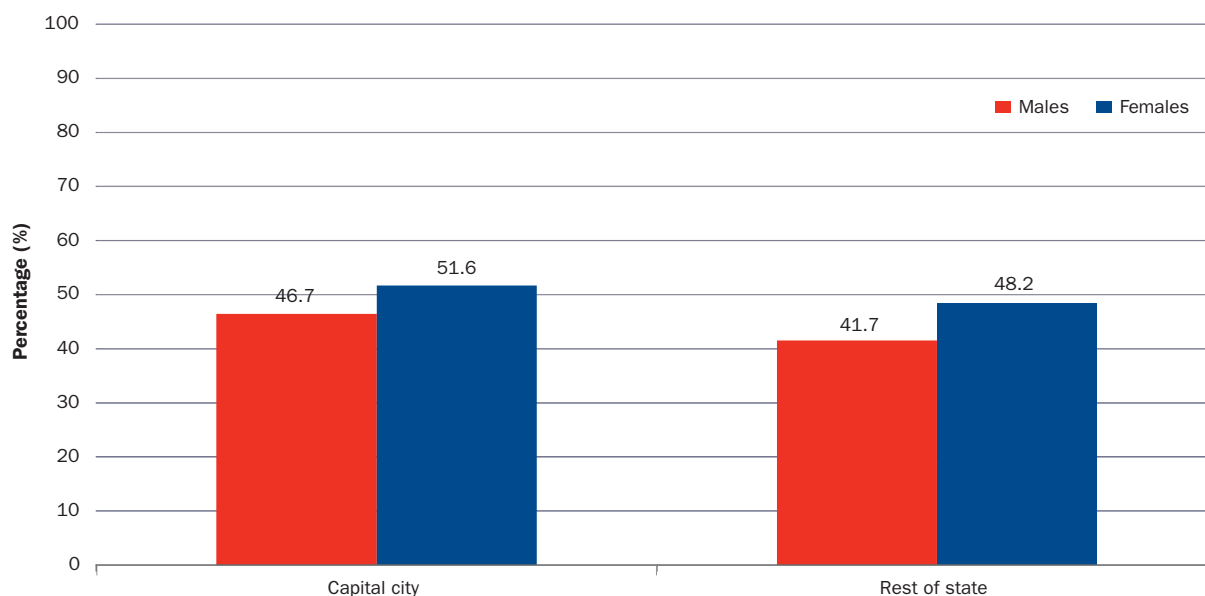
Labour force status

- Labour force status had limited impact on the regular participation rate in 2010, with part-time employed having the highest regular participation rate (52.6%), compared to full-time employed (46.0%), unemployed (43.3%) and not in the labour force (47.3%) (Table 9).

Regional status

- The regular participation rate for any physical activity among persons living in capital cities was slightly higher than for those living in the rest of the state (49.2% and 44.9% respectively) (Table 9).
- In both geographic areas, regular participation was higher for females than for males, reflecting the national pattern (Figure 6).

Figure 6: Regular participation rate in any physical activity by region and sex, 2010



Base: All persons aged 15 years and over (n=21,603)

Education

- The regular participation rate was highest for those with a university degree (54.7%) or diploma (50.6%), or who were still at secondary school (51.8%). The regular participation rate was lowest for those who did not complete the highest level of school (39.2%) or who never went to school (34.4%)⁵ (Table 9).

Language spoken at home

As ERASS collects information via telephone, persons who do not speak English may have been less likely to participate in this survey. However, given that a large majority of persons who speak a language other than English at home speak English well (82% according to 2006 Census), it is reasonable to assume these statistics represent an accurate estimation of the participation of these persons in physical activity for exercise, recreation or sport (Australian Bureau of Statistics. 2006. Census Tables. Catalogue number 2068.0, www.abs.gov.au).

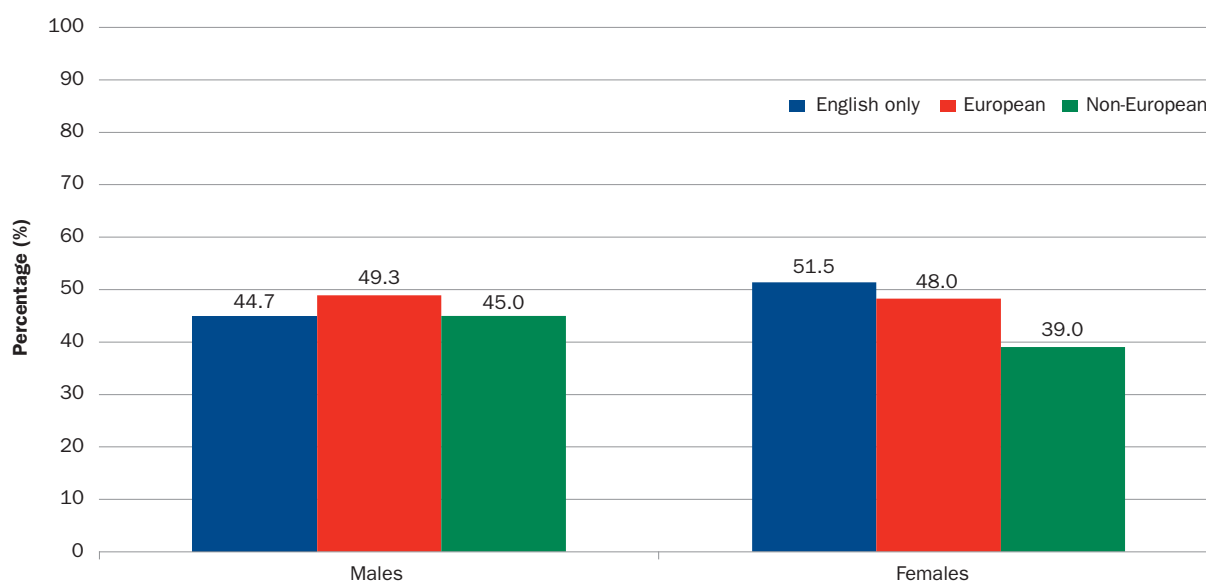
- Among males, there was little difference in regular participation rates between those who speak English only at home (44.7%) and those who speak a non-European language⁶ at home (45.0%). Both groups had slightly lower regular participation rates than males who speak a European language at home (49.3%).

⁵ This estimate has a relative standard error greater than 50% and is considered too unreliable for general use.

⁶ See glossary for definitions of European and non-European languages.

- Among females, those who speak a non-European language at home had the lowest regular participation rates (39.0%), especially when compared to those who speak English only at home (51.5%) (Figure 7 and Table 9).

Figure 7: Regular participation rate in any physical activity by language spoken at home and sex, 2010



Base: All persons aged 15 years and over (n=21,603)

6.5 Duration of participation in any physical activity

- An estimated 12.2 million people, or 69.8% of the population⁷, participated in physical activity at least once⁸ in the two weeks prior to interview in 2010. These people are described as 'recent participants' in this report.⁹
- Almost one-third of all persons (30.2%) did not participate in physical activity¹⁰ in the two weeks prior to interview in 2010 (Figure 8).
- Almost half of all persons (47.9%), or an estimated 8.4 million people, participated for two hours or more per week in the two weeks prior to interview.
- An estimated 3.8 million people, or 21.9% of all persons, participated for five hours or more per week in the two weeks prior to interview in 2010.

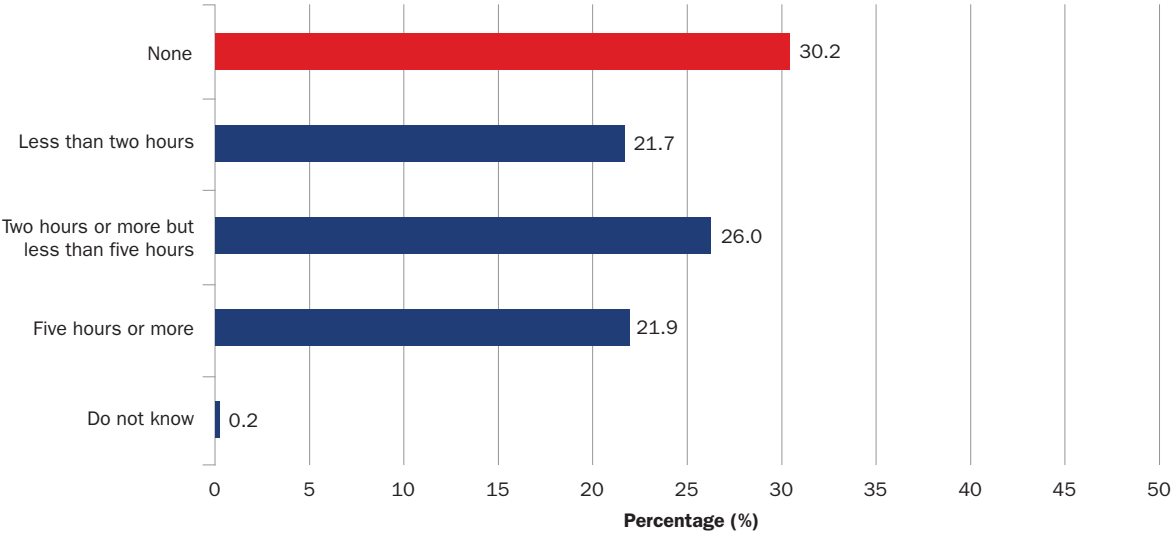
⁷ Table 5 excludes those who 'did not know' frequency of participation from the total.

⁸ Participated at least once in one of their 'top three' activities for 2010 in the two weeks prior to interview.

⁹ See glossary for more information about how 'recent participants' are defined.

¹⁰ Did not participate in one of their 'top three' activities for 2010 in the two weeks prior to interview.

Figure 8: Weekly duration of participation in any physical activity, 2010



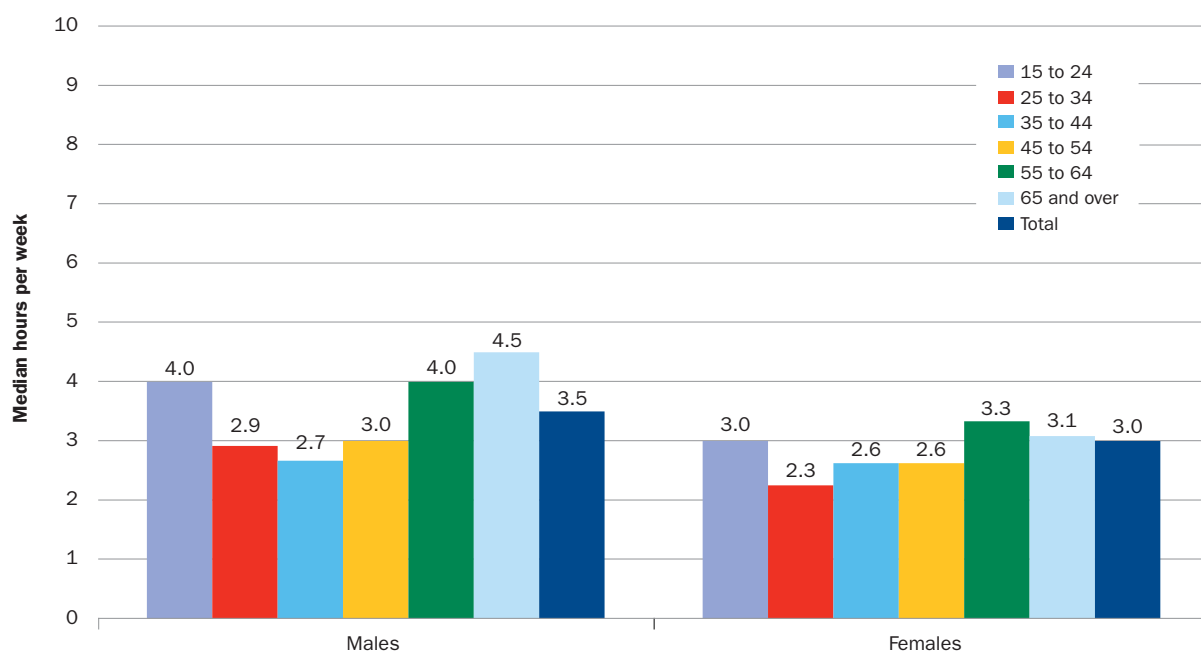
Base: All persons aged 15 years and over (n=21,603)

While females were more likely to be regular participants (see Section 5.4 ‘Regular participation in any physical activity by demographics’), male participants participated for a longer duration. Figure 9 shows recent participants’¹¹ median duration in hours of physical activity per week.

- One-third of males (36.4%) who participated in physical activity during the two weeks prior to interview did so for five hours or more per week (Table 6). The median hours of participation in any physical activity was 3.5 hours per week for recent participant males (Figure 9).
- Among females, 26.4% who participated in any physical activity during the two weeks prior to the interview did so for five hours or more per week (Table 7). The median hours of participation per week for females was 3.0 hours per week.
- Among males, median duration of participation in any physical activity was highest among those aged 15 to 24 years (4.0 hours per week), those aged 55 to 64 years (4.0), and those aged 65 years and over (4.5). Median duration was lowest for males aged 35 to 44 years (2.7 hours per week).
- Among females aged 25 years or older, duration of participation increased gradually with age until peaking at 3.3 hours per week among those aged 55 to 64 years.

11 See glossary for more information about how ‘recent participants’ are defined.

Figure 9: All recent participants — median duration of participation in any physical activity by age and sex, 2010



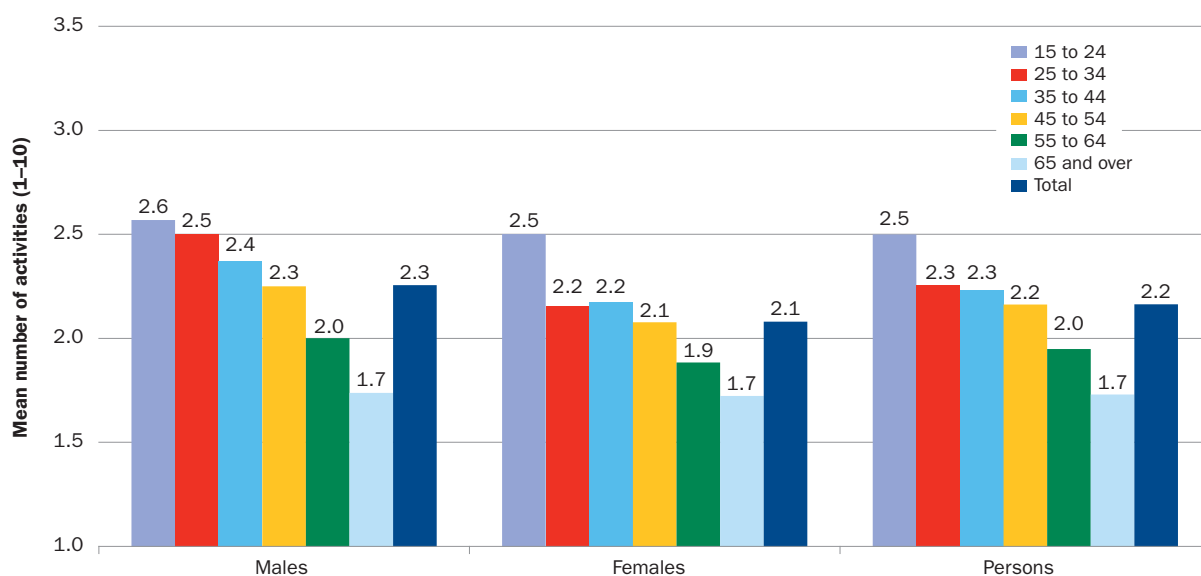
Base: All recent participants (n=14,783)

6.6 Average number of different activities (any physical activity)

Participants took part in an average (mean) of 2.2 different sports or activities in the 12 months prior to interview, as in 2009.

- This peaked at 2.5 different activities for the 15 to 24 year age group and decreased with age to 1.7 different activities for those aged 65 and over.
- The average number of activities engaged in decreased with age for both males and females.
- Males participated in an average of 2.3 different activities, compared to an average of 2.1 different activities for females.

Figure 10: All participants — average number of different activities by sex and age, 2010 (a)



Base: All participants (n=17,445)

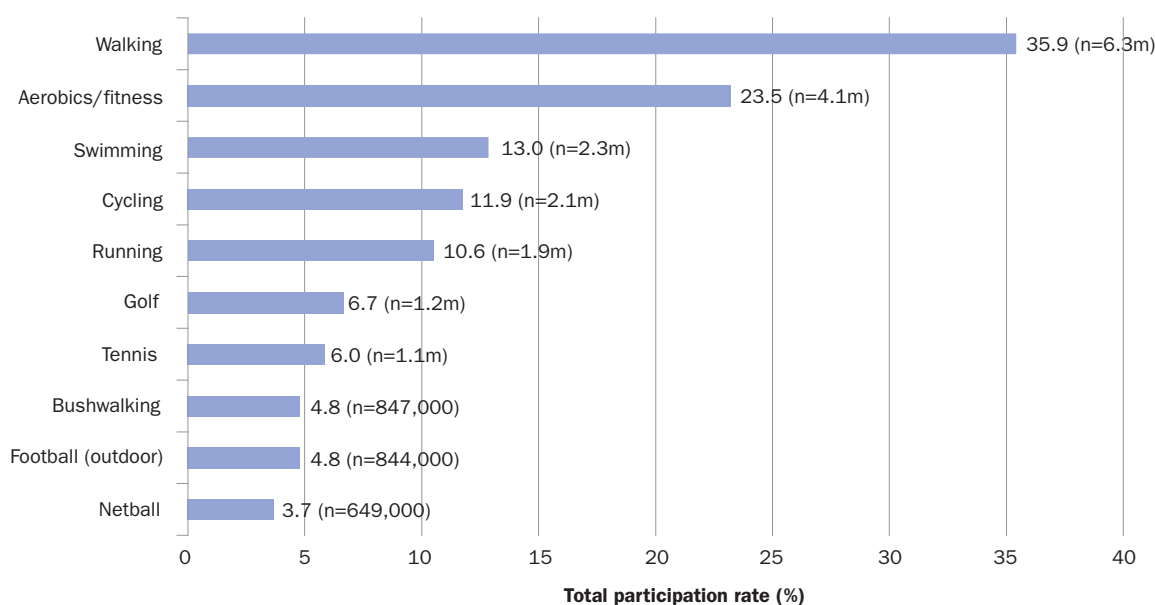
(a) The height of the columns are sometimes not equal when the average number of activities is reported as being equal. This is due to rounding; the average number of activities is rounded to one decimal place for reporting in the figure above whereas the actual calculation of the column chart is based on a more precise estimate of at least ten decimal places.

6.7 Top ten activities

Total participation in top ten activities, 2010

- Of all activities, walking had the highest total participation rate (35.9%). An estimated 6.3 million persons aged 15 years and over walked at least once for exercise, recreation or sport in the 12 months prior to interview (Figure 11 and Table 13).
- This excluded bushwalking, which is categorised separately and had a total participation rate of 4.8%.
- Other sports and physical activities with relatively high total participation rates were aerobics/fitness activities (23.5%), swimming (13.0%), cycling (11.9%) and running (10.6%).

Figure 11: Top ten activities, 2010



Base: All persons aged 15 years and over (n=21,603)

Walking had the highest total participation rate for both males (26.2%) and females (45.3%) (Table 14).

- For males, activities with the highest total participation rates were walking (26.2%), aerobics/fitness activities (18.7%), cycling (15.5%), running (12.8%), swimming (12.1%) and golf (11.4%).
- For females, activities with the highest total participation rates were walking (45.3%), aerobics/fitness activities (28.2%), swimming (13.9%), running (8.4%), cycling (8.4%), netball (6.5%) and yoga (6.1%).

Walking also had the highest total participation rate across all age groups over 34 years (Table 15).

- The total participation rate for walking increased with age, peaking at 55 to 64 years (50.5%) and declining slightly among those aged 65 years and older (47.8%).
- In the youngest age group (15 to 24 year olds), aerobics/fitness activities (24.9%), outdoor football (16.1%), running (14.4%), basketball (11.8%) and swimming (11.5%) attracted the most participants.
- Participation in outdoor football tapered quickly, with only 5.3% of people aged 25 to 34 years participating. There were even lower participation rates in older age groups.
- In the oldest age group (65 years and older), walking (47.8%), aerobics/fitness (16.6%) and golf (9.4%) attracted the most participants.

Total participation in top ten activities, 2001–2010

- In terms of the top ten activities, aerobics/fitness had the largest increase in total participation between 2001 and 2010 (+110% between 2001 and 2010) (Box 1). There has been a steady increase in participation in aerobics/fitness since 2001.
- Other activities in the top ten to experience large increases compared to 2001 included:
 - running (+71% between 2001 and 2010), which showed a steady increase between 2001 to 2005, a slight decline in 2006, and then increased again between 2006 and 2009, and declined slightly again in 2010
 - outdoor football (+53% between 2001 and 2010); which increased between 2001 and 2002, declined somewhat between 2002 and 2005, increased again between 2005 and 2009, and stayed steady in 2010
 - cycling (+45% between 2001 and 2010), which increased between 2002 and 2004, remained steady between 2004 and 2006, declined somewhat in 2007, increased between 2007 and 2008, declined slightly in 2009 but increased in 2010 to be at the highest level in ten years
 - walking (+44% between 2001 and 2010), which increased between 2001 and 2004, decreased somewhat between 2004 and 2007, increased in 2008, and decreased slightly again in 2009 and 2010.
- Activities experiencing declines in participation between 2001 and 2010 included:
 - tennis (–24% between 2001 and 2010), where participation steadily declined between 2003 and 2007, increased in 2008, but since then has marginally declined again, and is now at its second lowest participation rate since 2001
 - swimming (–6% between 2001 and 2010), where participation rates have fluctuated up and down, and since 2008 have declined slightly
 - golf (–5%), where participation declined steadily between 2002 and 2007 but increased somewhat in the period 2008 to 2010.

Box 1: Total participation in top ten physical activities by year

	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	% change 2001–2010 (a)
	Total participation ('000)										
Walking	4355.9	4720.3	5900.6	6168.1	5973.6	5811.3	5390.0	6508.4	6215.5	6281.4	44
Aerobics/fitness	1961.0	2236.9	2487.2	2698.2	2959.7	3074.5	3303.0	3901.9	3932.4	4117.6	110
Swimming	2415.5	2278.0	2384.5	2605.7	2311.2	2200.0	1966.2	2414.3	2419.1	2279.2	–6
Cycling	1438.3	1419.4	1470.1	1658.4	1646.9	1642.8	1591.1	1928.1	1901.3	2081.2	45
Running	1084.3	1161.8	1181.5	1312.0	1231.7	1194.9	1245.1	1649.4	1893.7	1856.7	71
Golf	1240.2	1337.1	1282.0	1250.6	1139.3	1090.9	915.0	1181.1	1103.1	1177.2	–5
Tennis	1381.8	1260.5	1407.0	1323.2	1253.3	1100.7	951.2	1122.5	1093.3	1050.1	–24
Bushwalking	794.9	855.5	902.2	818.0	910.4	754.3	926.5	1067.3	862.9	846.5	6
Football (outdoor)	551.3	693.2	668.5	659.2	614.3	675.7	683.0	855.6	879.8	843.9	53
Netball	612.4	624.6	613.3	564.3	581.7	581.2	518.4	642.6	686.8	649.5	6

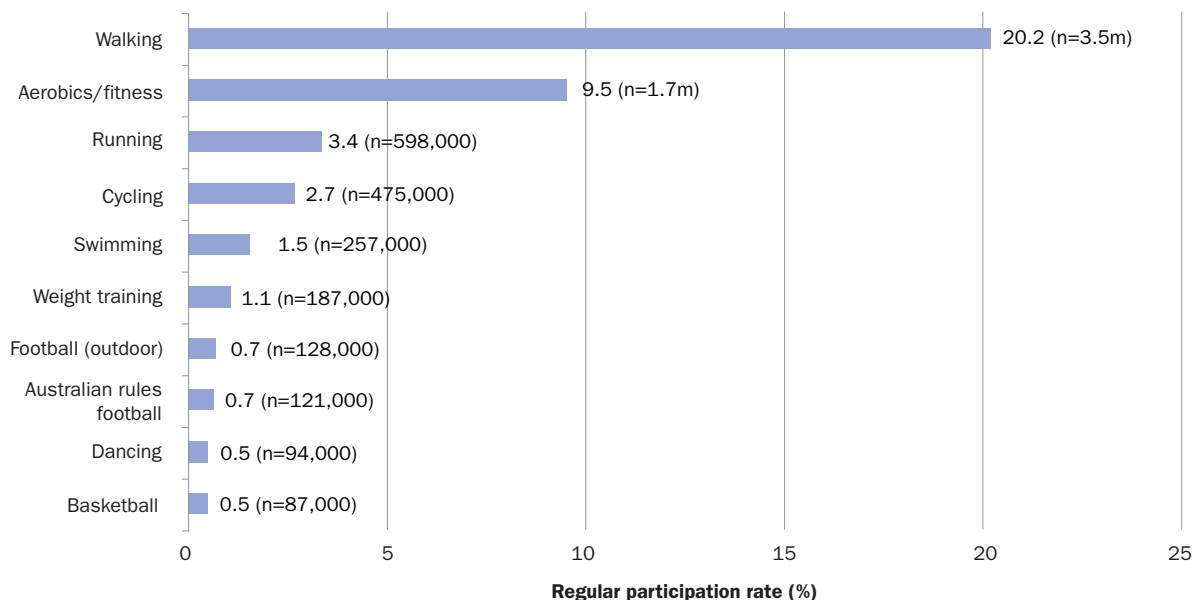
Base: All persons aged 15 years and over in 2010 (n=21,603), in 2009 (n=21,031), in 2008 (n=17,293), in 2007 (n=16,400); in 2006 (n=13,708); in 2005 (n=13,726); in 2004 (n=13,662); in 2003 (n=13,703); in 2002 (n=13,632); and in 2001 (n=13,424)

(a) Percentage change in the number of participants between 2001 and 2010. Percentage change over 2001 is calculated as follows: $(N_{2010}-N_{2001})/N_{2001}$.

Top ten regular activities (any physical activity), 2010

- Of all activities, walking had the highest total regular participation rate (20.2%). An estimated 3.5 million persons aged 15 years and over walked at least three times per week, on average (Figure 12).
- Other sports and physical activities with relatively high regular participation rates were aerobics/fitness activities (9.5%), running (3.4%), cycling (2.7%), and swimming (1.5%).

Figure 12: Top ten regular physical activities, 2010



Base: All persons aged 15 years and over (n=21,603)

Frequency of specific activities, 2010

People participated most frequently in walking. The median number of times per year spent walking for exercise, recreation or sport was 156, which equates to 3.0 times per week on average (Table 16).

Other activities¹² relatively frequently participated in were:

- aerobics/fitness (median of 104 times a year, which equates to 2.0 times per week on average)
- weight training (2.0 times per week on average)
- running (2.0 times per week on average)
- rowing (2.0 times per week on average)
- martial arts (1.5 times per week on average)
- horseriding/equestrian activities (1.2 times per week on average).

Gymnastics, dancing, lawn bowls, boxing, orienteering, Australian rules football, rugby league, yoga, aquarobics, netball, athletics/track and field, basketball, badminton and cycling were all participated in at least once per week on average.

¹² Activities included in this analysis refer only to those activities that are participated in by 50,000 or more persons aged 15 years and over in 2010.

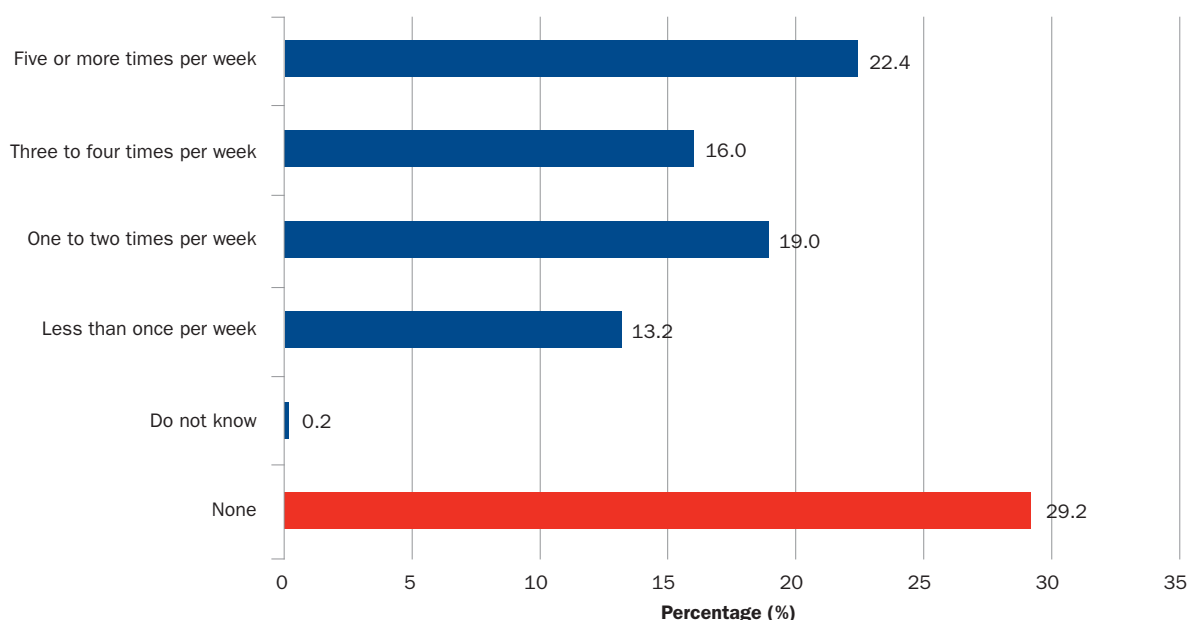
7 Participation in non-organised physical activity

7.1 Frequency of participation in non-organised physical activity

During the 12 months prior to interview in 2010:

- An estimated 12.4 million persons aged 15 years and over participated **at least once annually** in physical activity for exercise, recreation or sport that was non-organised¹³, a **total participation rate** in non-organised activity of 70.8% (Table 1).¹⁴ Over three-quarters (86.1%) of all participants undertook at least some non-organised physical activity.
- An estimated 10.1 million persons aged 15 years and over participated **at least once per week** in a non-organised physical activity for exercise, recreation or sport¹⁵, a **weekly participation rate** in non-organised physical activity of 57.4% (Figure 13).
- An estimated 6.7 million persons aged 15 years and over participated three times a week or more, a **regular participation rate** in non-organised physical activity of 38.5%.
- An estimated 3.9 million persons aged 15 years and over participated five times a week or more, a **frequent participation rate** in non-organised physical activity of 22.4%.
- An estimated 5.1 million persons aged 15 years and over did not participate in **any** non-organised physical activity for exercise, recreation or sport in the 12 months prior to interview in 2010, a **non-participation rate** in non-organised physical activity of 29.2%.

Figure 13: Frequency of participation in non-organised physical activity, 2010



Base: All persons aged 15 years and over (n=21,603)

13 See glossary for the definition of non-organised physical activities.

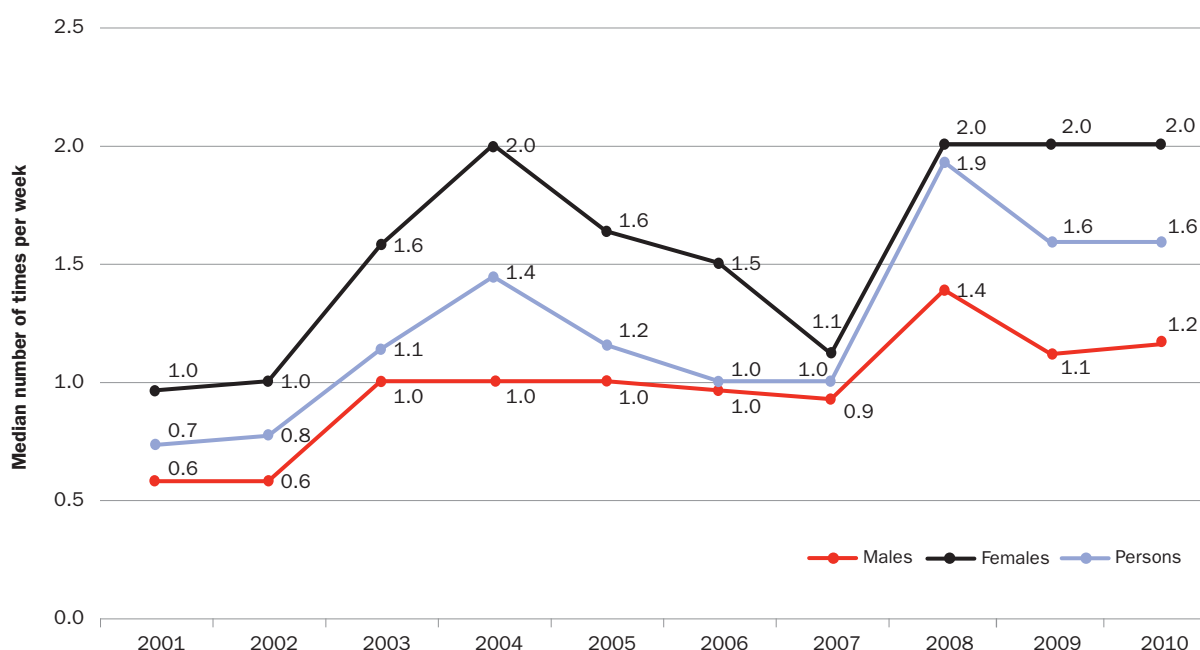
14 Those who 'don't know if activity organised' (Q3) are included in the counts of non-organised participants.

15 See glossary for information about how 'per week' statistics are calculated.

7.2 Median frequency of participation in non-organised physical activity, 2001–2010

- The median frequency of participation in non-organised physical activity was 1.6 times per week in 2010 among all Australians (Figure 14). This median calculation includes non-participants (that is, zero frequency).
- This is lower than the peak in 2008 (when it was 1.9), but higher than when first measured in 2001, when it was 0.7 times per week.
- For all females, the median frequency of participation in non-organised activity was 2.0 times per week in 2010, as in 2009 and 2008.
- For all males, the median frequency of participation in non-organised physical activity was 1.2 times per week in 2010. This was lower than the peak of 1.4 in 2008, but higher than when first measured in 2001 (0.6).

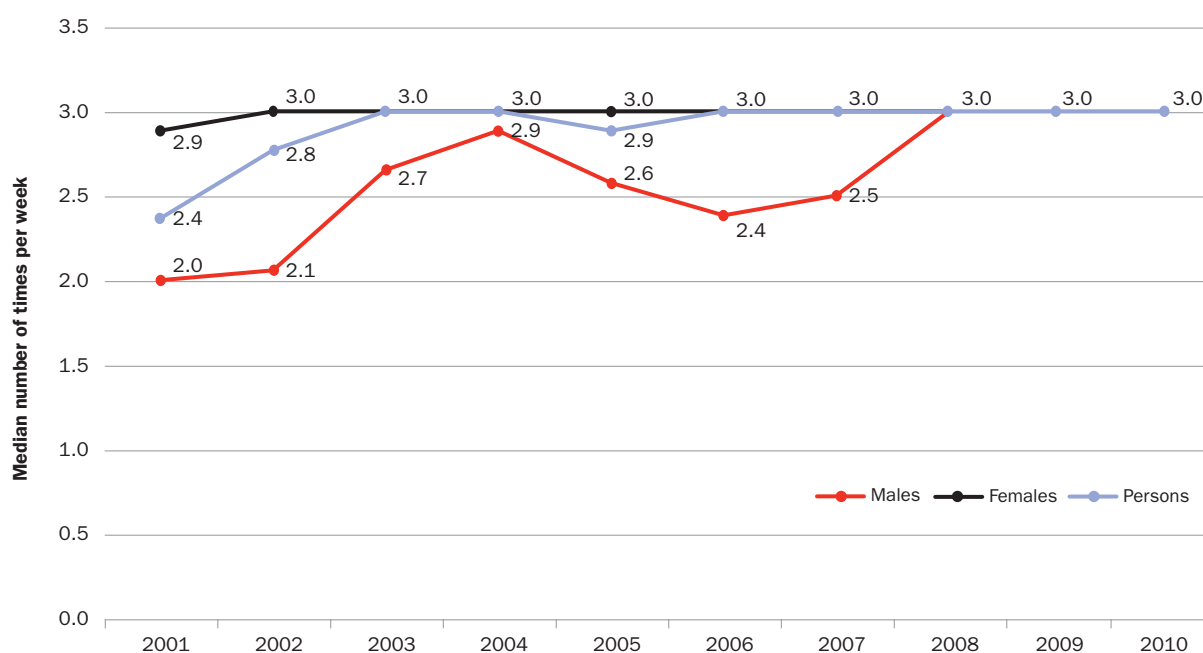
Figure 14: Median frequency of participation per week in non-organised physical activity by sex and year



Base: All persons aged 15 years and over in 2010 (n=17,603), 2009 (n=21,031), in 2008 (n=17,293), in 2007 (n=16,400), in 2006 (n=13,708); in 2005 (n=13,726); in 2004 (n=13,662); in 2003 (n=13,703); in 2002 (n=13,632); and in 2001 (n=13,424)

- Among participants in non-organised physical activity only (excluding zero frequency), the median frequency of participation in non-organised physical activity was 3.0 times per week in 2010, as in most years since 2003 (Figure 15).
- Median frequency of participation among non-organised physical activity participants was 3.0 for both males and females. Frequency of participation in non-organised activity was higher than that in organised activity (See Section 7.2 'Median frequency of participation in organised physical activity 2001–2010').

Figure 15: All participants in non-organised physical activity — median frequency of participation per week in non-organised physical activity by sex and year



Base: All participants in non-organised physical activity who provided a frequency in 2010 (n=15,291), 2009 (n=14,748), in 2008 (n=12,493), in 2007 (n=10,771); in 2006 (n=9,309); in 2005 (n=9,557); in 2004 (n=9,560); in 2003 (n=9,394); in 2002 (n=8,648); and in 2001 (n=8,395)

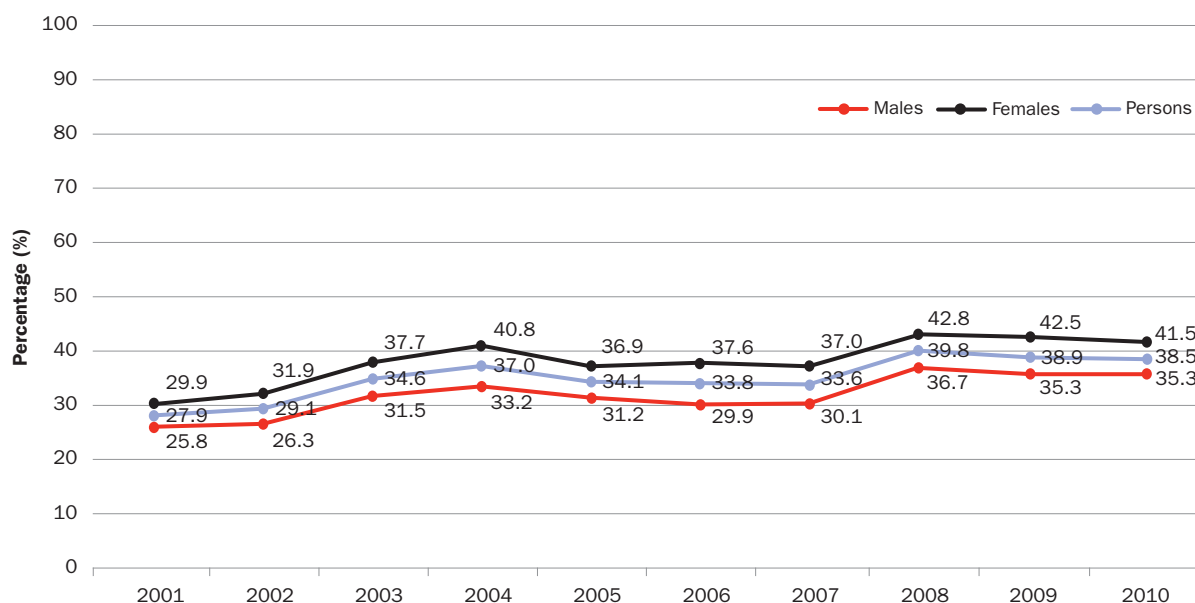
7.3 Regular participation in non-organised physical activity, 2001–2010

Regular participation in exercise, recreation or sport is defined as those participating three times a week or more, on average.¹⁶

- The regular participation rate in non-organised physical activity in 2010 was 38.5% (Figure 16). This was considerably higher than for organised physical activity (see Section 7.3 ‘Regular participation in organised physical activity 2001–2010’).
- The regular participation rate in non-organised physical activity has increased since 2001 (when it was 27.9%), but in 2010 was lower than the peak in 2008 (when it was 39.8%). Although in the same period there was also an increase in the regular participation rate in organised physical activity (see Section 7.3 ‘Regular participation in organised physical activity 2001–2010’), the increase was greater for non-organised activity.
- More females than males were regular participants in non-organised physical activity, and this has been the case since 2001. In 2001, the regular participation rate in non-organised physical activity among males was 25.8%, compared to 29.9% among females. In 2010, regular male participation in non-organised physical activity increased to 35.3%. In the same period, regular participation among females increased to 41.5%. Both males and females followed the same general pattern of a gradual increase in regular participation in non-organised activity between 2001 and 2010, with two peaks occurring in 2004 and 2008.

¹⁶ See glossary for information about how ‘per week’ statistics are calculated.

Figure 16: Regular participation rate in non-organised physical activity by sex and year



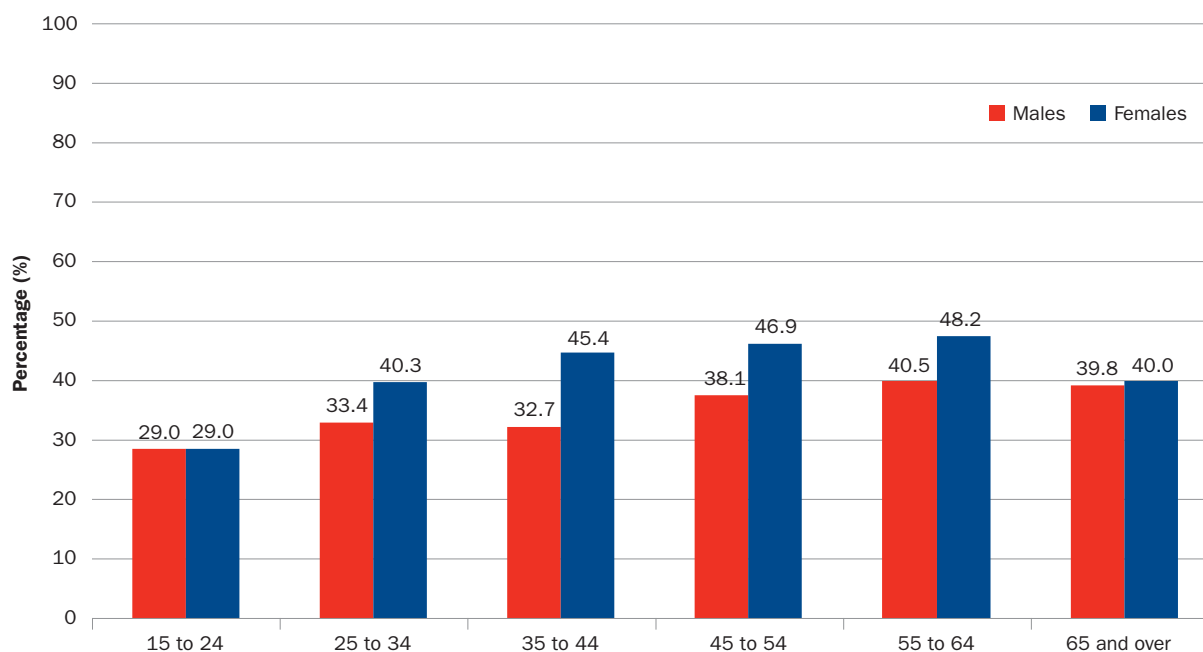
Base: All persons aged 15 years and over in 2010 (n=21,603), in 2009 (n=21,031), in 2008 (n=17,293), in 2007 (n=16,400), in 2006 (n=13,708); in 2005 (n=13,726); in 2004 (n=13,662); in 2003 (n=13,703); in 2002 (n=13,632); and in 2001 (n=13,424)

7.4 Regular participation in non-organised physical activity by demographics

Age and sex

- More females than males regularly participated in non-organised physical activity in 2010 (41.5% and 35.3%, respectively).
- Among females, regular participation in non-organised physical activity was lowest among those aged 15 to 24 years (29.0%), and gradually increased with age, peaking in the age group 55 to 64 years (48.2%), before declining again (Figure 17). Among females aged 65 years or older, the regular participation rate in non-organised physical activity was 40.0%.
- Among males, regular participation in non-organised physical activity also increased with age, from 29.0% among males aged 15 to 24 years and 33.4% among males aged 25 to 34 years, to 40.5% among males aged 55 to 64 years.
- Regular participation in non-organised physical activity was higher for females than males in all age groups except those aged 15 to 24 years and 65 years and over. The gap between males and females was largest in the 35 to 44 years age group.

Figure 17: Regular participation in non-organised physical activity by age and sex, 2010



Base: All persons aged 15 years and over (n=21,603)

Labour force status

- Those working part time had the highest rate of regular participation in non-organised physical activity (41.1%), followed closely by those working full time (38.2%) and those not in the labour force (38.4%).
- The unemployed had the lowest rate of regular participation in non-organised physical activity (30.8%).
- More females than males participated in non-organised physical activity regardless of labour force status¹⁷, but the gender gap was particularly pronounced among those who were employed. Females working full time (44.2%) and part time (44.1%) had the highest regular participation rates in non-organised activity.

Regional status

- Regular participation rates in non-organised physical activity were slightly higher among people living in capital cities than elsewhere (39.9% and 35.9% respectively).

Education

- Those still at secondary school had the highest regular participation rate in organised physical activity (see Section 7.4 'Regular participation in organised physical activity by demographics'), but had the lowest regular participation rate in non-organised physical activity (21.7%).
- Regular participation in non-organised physical activity was highest among people with university degrees (46.6%) or diplomas (42.1%).

Language status

- Regular participation in non-organised physical activity was less common among those who speak a non-European language at home (34.9%) compared to those who speak English (38.8%) or another European language (40.0%) at home.

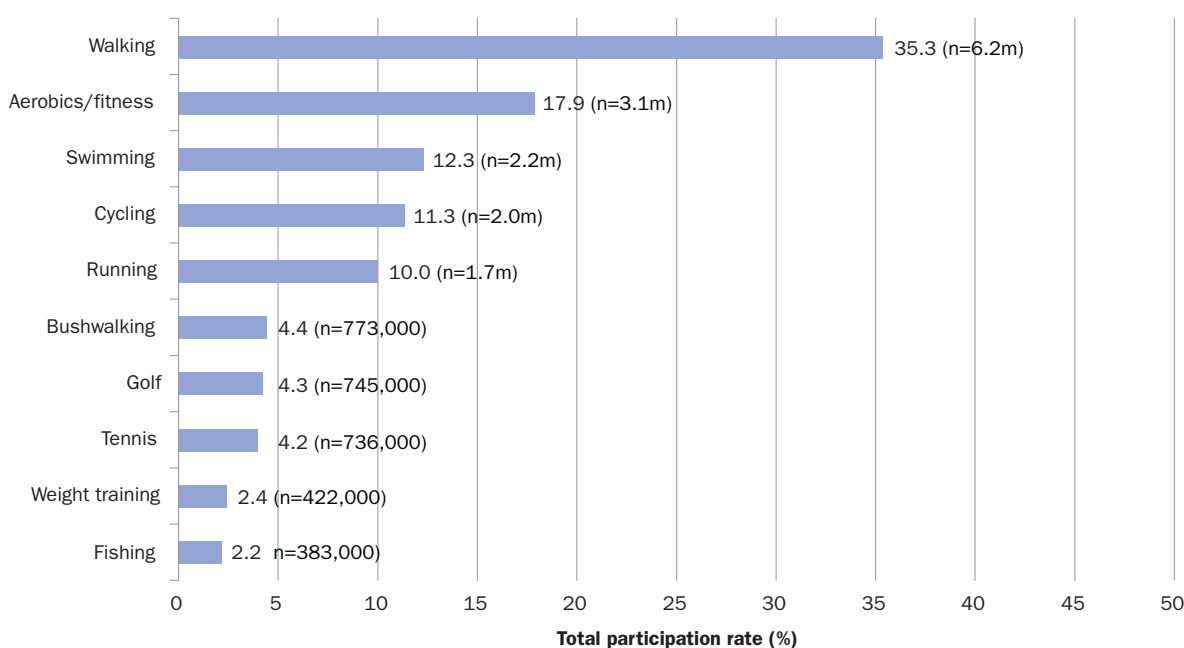
¹⁷ Except those not in the labour force, where the rate of regular participation was equal between males and females.

7.5 Top ten non-organised activities

Total participation in top ten non-organised activities, 2010

- Of all non-organised activities, walking had the highest total participation rate (35.3%). An estimated 6.2 million persons aged 15 years and over walked at least once, as a non-organised activity, in the 12 months prior to interview (Figure 18 and Table 13). Almost all participation in walking was non-organised.
- This excluded non-organised bushwalking, which is categorised separately and had a total participation rate of 4.4%.
- Other non-organised sports and physical activities with relatively high total participation rates were aerobics/fitness activities (17.9%), swimming (12.3%), cycling (11.3%) and running (10.0%).
- Almost all participation in cycling, running and swimming was non-organised.

Figure 18: Top ten non-organised physical activities, 2010



Base: All persons aged 15 years and over (n=21,603)

Total participation in top ten non-organised activities, 2001–2010

- In terms of the top ten non-organised activities, aerobics/fitness had the largest increase in total participation between 2001 and 2010 (+183% between 2001 and 2010) (Box 2). Aerobics/fitness participation increased steadily over the ten years, except for a slight decline in 2007.
- Other activities in the top ten to experience large increases since 2001 included:
 - running (+77% between 2001 and 2010), which increased between 2001 and 2004, declined slightly between 2004 and 2006, increased again between 2007 and 2009, and has declined slightly in 2010
 - cycling (+46% between 2001 and 2010), which increased fairly steadily between 2002 and 2005, declined slightly in the period 2005 to 2007, increased again between 2007 and 2008, declined slightly between 2008 and 2009, and has increased again in 2010
 - walking (+44% between 2001 and 2010), which increased between 2001 and 2004, declined between 2004 and 2007, increased again in 2008, declined slightly in 2009, and has remained steady in 2010
 - weight training (+34% between 2001 and 2010), which has shown no consistent pattern between 2001 and 2010.

- In terms of the top ten non-organised activities, the only one experiencing a decline in participation of any note between 2001 and 2010 was tennis (-21% between 2001 and 2010). The decline in tennis participation mainly occurred between 2003 and 2007. Participation increased between 2007 and 2008, but declined again in 2009 and 2010. Participation in 2010 was lower than in 2001.

Box 2: Total participation in top ten non-organised physical activities by year

	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	% change 2001-2010 (a)
	Total participation ('000)										
Walking	4283.5	4625.1	5787.8	6099.7	5875.3	5724.1	5309.7	6417.5	6110.2	6181.8	44
Aerobics/fitness	1104.1	1273.5	1340.7	1551.8	1623.2	1959.9	1876.7	2788.1	2855.2	3126.5	183
Swimming	2170.1	2042.2	2066.5	2295.2	2070.8	1955.0	1738.8	2158.9	2219.8	2153.2	-1
Cycling	1361.1	1342.4	1400.7	1591.3	1576.4	1571.7	1532.0	1850.5	1809.9	1985.1	46
Running	989.3	1067.5	1094.5	1242.4	1143.2	1125.5	1171.4	1554.6	1771.4	1748.1	77
Bushwalking	737.4	787.8	824.8	731.1	837.6	693.8	862.5	984.8	803.0	772.6	5
Golf	695.2	733.1	690.4	680.5	654.0	631.4	488.9	752.5	703.8	744.9	7
Tennis	927.0	818.0	884.4	819.7	792.5	752.7	602.3	791.1	714.0	736.3	-21
Weight training	313.8	230.0	274.6	304.3	233.1	355.0	257.7	468.5	402.7	421.7	34
Fishing	335.5	337.1	387.7	349.4	312.0	335.0	252.7	356.3	367.4	383.2	14

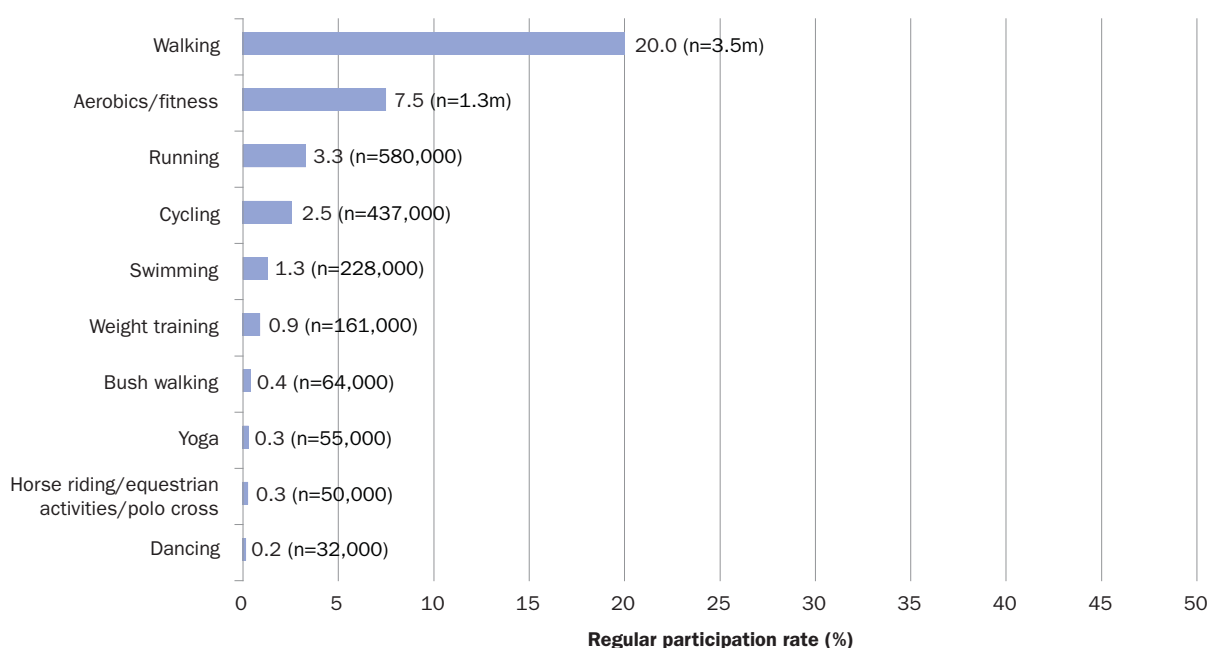
Base: All persons aged 15 years and over in 2010 (n=21,603), in 2009 (n=21,031), in 2008 (n=17,293), in 2007 (n=16,400); in 2006 (n=13,708); in 2005 (n=13,726); in 2004 (n=13,662); in 2003 (n=13,703); in 2002 (n=13,632); and in 2001 (n=13,424)

(a) Percentage change in the number of participants between 2001 and 2010. Percentage change over 2001 is calculated as follows: $(N_{2010}-N_{2001})/N_{2001}$.

Top ten regular non-organised physical activities, 2010

- Of all non-organised activities, walking had the highest total regular participation rate (20.0%). An estimated 3.5 million persons aged 15 years and over walked at least three times per week, on average (Figure 19).
- Other non-organised sports and physical activities with relatively high regular participation rates were aerobics/fitness activities (7.5%), running (3.3%), cycling (2.5%), and swimming (1.3%).

Figure 19: Top ten non-organised regular physical activities, 2010



Base: All persons aged 15 years and over (n=21,603)

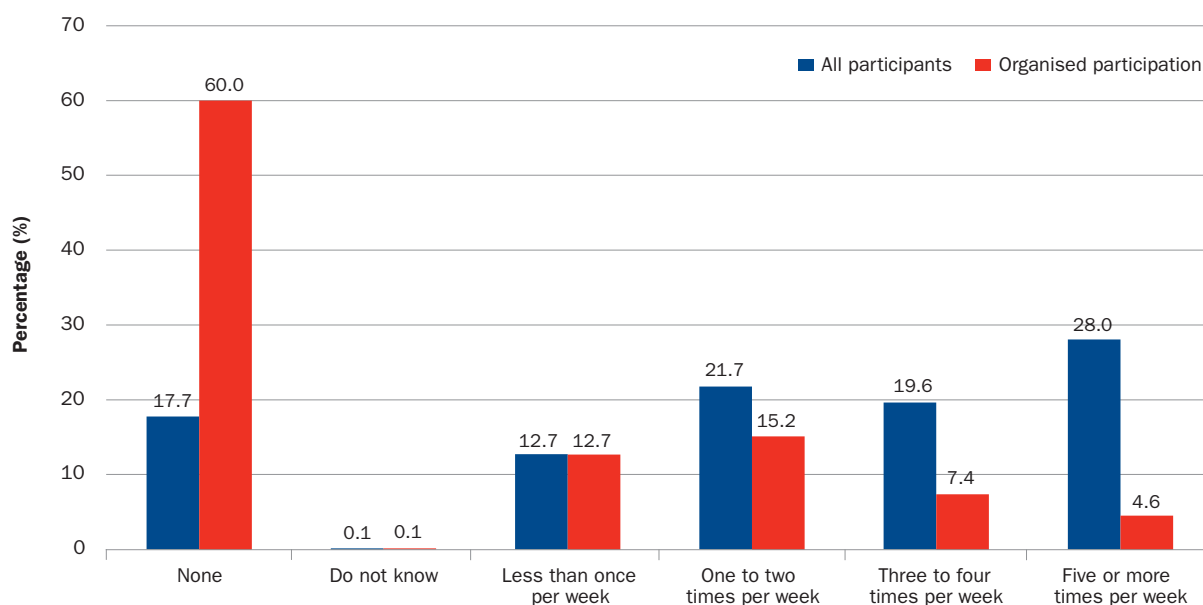
8 Participation in organised physical activity

8.1 Frequency of participation in organised physical activity

During the 12 months prior to interview in 2010:

- An estimated 7.0 million persons aged 15 years and over participated **at least once annually** in physical activity for exercise, recreation or sport that was organised by a club, association, fitness centre or other type of organisation¹⁸, a **total participation rate** in organised activity of 40.0% (Table 1). Almost half (48.6%) of those participating in any activity did so on a partially or fully organised basis.
- An estimated 4.8 million persons aged 15 years and over participated **at least once per week** in organised physical activity, a **weekly participation rate** in organised activity of 27.2% (Table 11). This was about half the weekly participation rate in non-organised activity (see Section 6.1 'Frequency of participation in non-organised physical activity').
- An estimated 2.1 million persons aged 15 years and over participated in an organised physical activity three times a week or more, a **regular participation rate** in organised activity of 12.0%. This was about one-third the regular participation rate in non-organised activity (see Section 6.1 'Frequency of participation in non-organised physical activity').
- An estimated 803,000 persons aged 15 years and over participated in an organised physical activity five times a week or more, a **frequent participation rate** in organised activity of 4.6% (Figure 20 and Table 10).
- An estimated 10.5 million persons aged 15 years and over did not participate in **any** organised physical activity in the 12 months prior to interview in 2010, a **non-participation rate** in organised activity of 60.0%.

Figure 20: Frequency of participation in organised physical activity, 2010



Base: All persons aged 15 years and over (n=21,603)

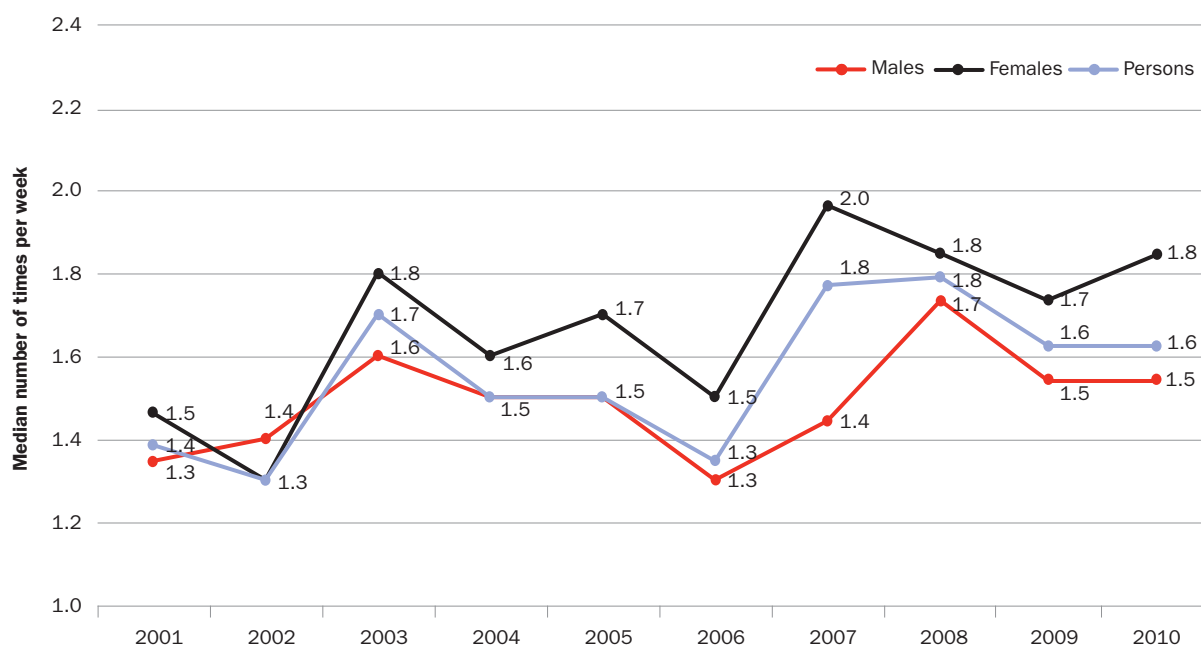
¹⁸ See glossary for the definition of organised physical activities.

8.2 Median frequency of participation in organised physical activity, 2001–2010

Note that the median data in this section is based only on those people who participated in organised physical activity.

- The median frequency of participation in organised physical activity **among participants**¹⁹ was 1.6 times per week in 2010 (Figure 21).
- In 2010, the median frequency of participation in organised activity among participants was slightly lower than at its peak in 2008 (1.8 times per week), but still higher than in 2001, when it was 1.4 times per week.
- For female participants, the median frequency of participation in organised activity was 1.8 times per week in 2010. This was lower than in 2007, when it peaked at 2.0 times per week, but higher than in 2001 when it was 1.5 times per week.
- Among male participants, the median frequency of participation in organised activity was 1.5 times per week in 2010. This was slightly lower than when it was at its peak in 2008 (1.7 times per week), but higher than in 2001 when it was 1.3 times per week.

Figure 21: All participants in organised physical activity — median frequency of participation per week in organised physical activity by sex and year



Base: All participants in organised activity who provided a frequency in 2010 (n=7,875), in 2009 (n=7,682), in 2008 (n=6,753); in 2007 (n=6,039); in 2006 (n=4,994); in 2005 (n=5,486); in 2004 (n=5,587); in 2003 (n=5,664); in 2002 (n=5,329); and in 2001 (n=5,317)

8.3 Regular participation in organised physical activity, 2001–2010

Regular participation in exercise, recreation or sport is defined as those participating three times a week or more, on average.²⁰

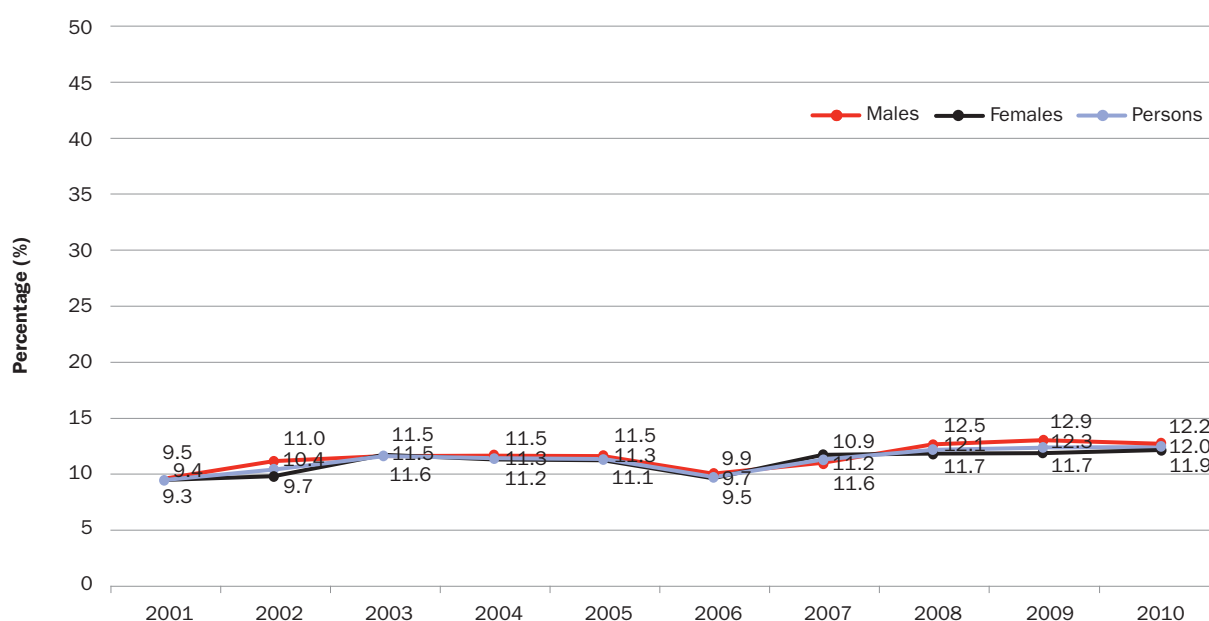
- In 2010, the regular participation rate in organised physical activity was 12.0%. This was considerably lower than for non-organised physical activity (see Section 6.3 'Regular participation in non-organised physical activity 2001–2010').

¹⁹ All those not participating in organised activity (frequency=0) are excluded from this calculation.

²⁰ See glossary for information about how 'per week' statistics are calculated.

- Overall, the regular participation rate in organised physical activity has increased for males since 2001 (Figure 22). The 2010 rate for males was 12.2% (1.1 million males), compared to 9.5% in 2001 (707,000 males). The increase has been gradual, with a decline occurring in the period 2005 to 2006 but with the rate beginning to recover in 2007.
- The regular participation rate in organised physical activity has also increased for females. The 2010 rate for females was 11.9% (1.1 million females), compared to 9.3% in 2001 (713,000 females). Females follow the same general pattern as males, with a gradual increase between 2001 and 2010, except for a period of decline in the period 2005 to 2006. The 2010 regular participation rate for females is the highest in the ten-year period.
- There was only a small difference between males and females in organised participation rates in 2010, with males having a slightly higher participation rate than females. This has been the case since 2001 and is different to non-organised participation, in which females have consistently had a higher regular participation rate (see Section 6.3 'Regular participation in non-organised physical activity 2001–2010').

Figure 22: Regular participation in organised physical activity by sex and year



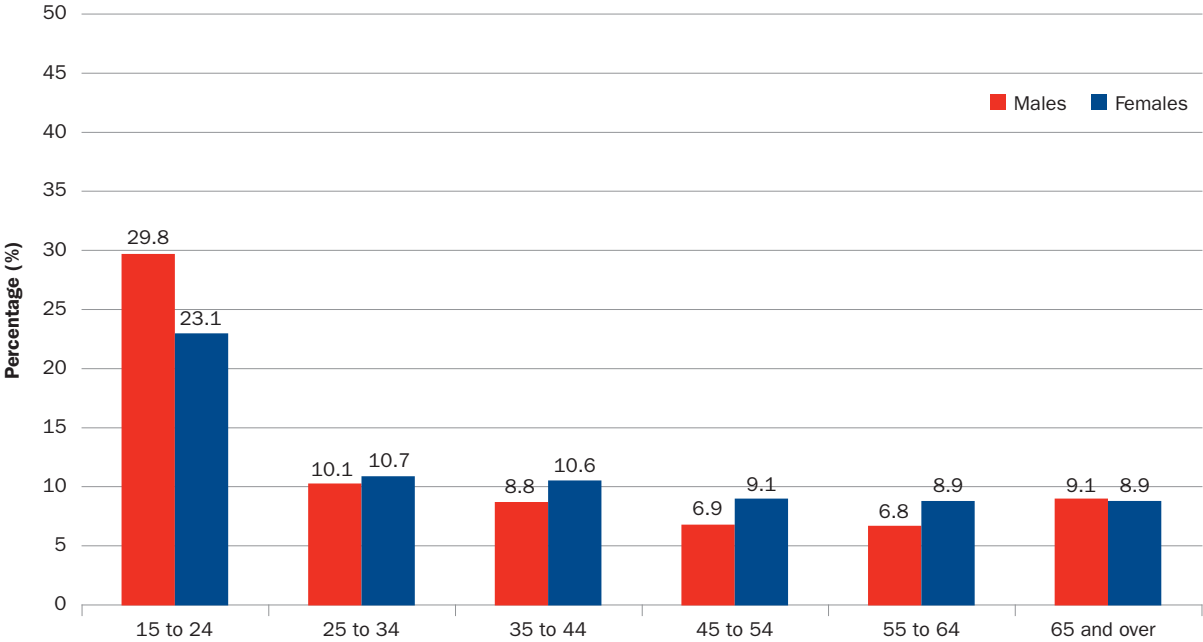
Base: All persons aged 15 years and over in 2010 (n=21,603), in 2009 (n=21,031), in 2008 (n=17,293), in 2007 (n=16,400); in 2006 (n=13,708); in 2005 (n=13,726); in 2004 (n=13,662); in 2003 (n=13,703); in 2002 (n=13,632); and in 2001 (n=13,424)

8.4 Regular participation in organised physical activity by demographics

Age and sex

- On average, more males than females regularly participated in organised physical activity in 2010, but the difference was small (12.2% and 11.9%, respectively).
- Regular participation in organised physical activity was higher for males than females in the 15 to 24 years age group and higher for females in the 25 to 64 years age groups (Figure 23).
- Whereas participation in non-organised physical activity increased with age (see Section 6.4 'Regular participation in non-organised physical activity by demographics'), regular participation in organised physical activity was most common among those aged 15 to 24 years.

Figure 23: Regular participation in organised physical activity by age and sex, 2010



Base: All persons aged 15 years and over (n=21,603)

Labour force status

- Those employed part time (15.7%) and the unemployed (14.6%) had the highest regular participation rate in organised physical activity, when compared to those employed full time (10.1%) or not in the labour force (11.6%).

Regional status

- Regular participation in organised physical activity was equivalent in capital cities (12.0%) to elsewhere (12.0%).

Education

- Those still at secondary school had the highest regular participation rate in organised physical activity (33.8%).
- In 2010, there were few differences of note between persons of differing education levels.

Language status

- Unlike with non-organised physical activity (see Section 6.4 ‘Regular participation in non-organised physical activity by demographics’), there were few differences in regular participation in organised physical activity between those who speak only English at home (12.1%), those who speak another European language at home (12.0%), and those who speak a non-European language at home (11.4%).

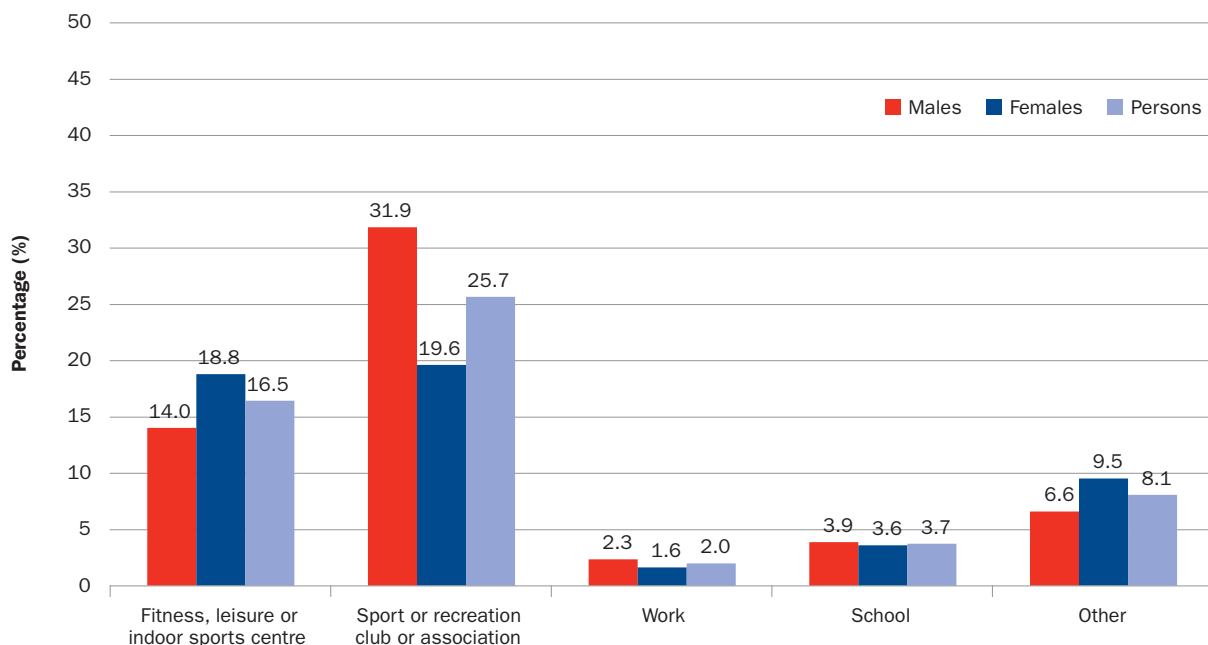
8.5 Type of organisation

Note that there are some concerns about the accuracy of the data in ERASS relating to the type of organisation involved in organising physical activities (see Section 11 'Exercise, Recreation and Sport Survey questionnaire 2010' for detailed wording). In particular, there is some concern that the distinction between 'fitness, leisure or indoor sports centre' and 'sport or recreation club or association' may not always be clear to either the respondent and/or the interviewer, particularly for those involved in aerobics/fitness activities. This could be due to the fact that some fitness centres refer to themselves as a 'club' and charge an annual membership fee which can then blur the distinction between 'fitness, leisure or indoor sports centre' and 'sport or recreation club or association'. For this reason, in this analysis, all aerobics/fitness participants describing their participation as being through a 'club' have been recoded to 'fitness, leisure or indoor sports centre'.

In terms of the type of organisation behind organised physical activity:

- An estimated 4.5 million persons, or 25.7%, participated at least once in 2010 in physical activity organised by a **'sport or recreation club or association'** (Table 12).
- An estimated 2.9 million persons, or 16.5%, participated in physical activity organised by a **'fitness, leisure or indoor sports centre'**.
- Relatively few people participated in physical activity organised by **school** (652,000 persons, or 3.7%) or **work** (346,000 persons, or 2.0%).
- More females than males participated at least once in physical activity organised by a fitness, leisure or indoor sports centre (total participation rates: 18.8% and 14.0%, respectively) (Table 12 and Figure 24).
- More males participated at least once in physical activity organised by a sport or recreation club or association than females (total participation rates: 31.9% and 19.6%, respectively).
- Participation in physical activity organised by a club was highest among the 15–24 age group (46.1%) (Table 12).

Figure 24: Total participation in organised physical activity by type of organisation, 2010



Base: All persons aged 15 years and over (n=21,603)

Note: Aerobics/fitness participants²¹ who said their activity had been organised by a sport or recreation club or association have been recoded to fitness, leisure or indoor sports centre.

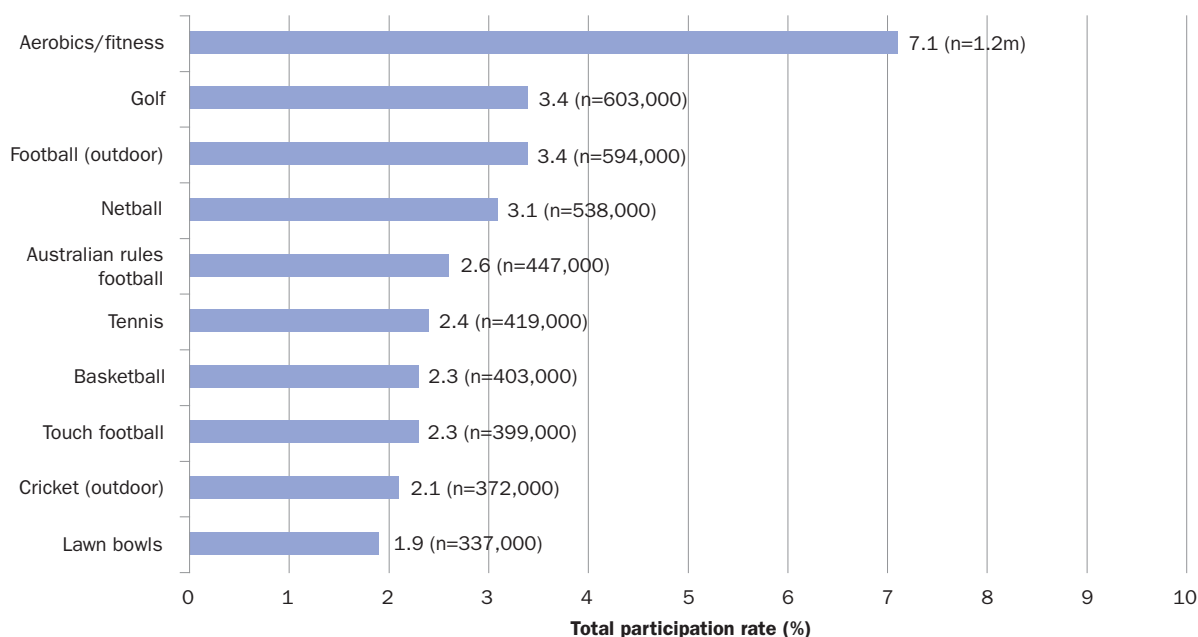
21 Includes calisthenics, Chinese exercise, exercise bike, gymnasium workouts, military exercise, Prime Movers, Step Reebok, treadmill and other aerobics/exercising/physiotherapy.

8.6 Top ten organised activities

Total participation in top ten organised activities, 2010

- In 2010, the organised activity with the highest total participation rate was aerobics/fitness (7.1%) (Figure 25 and Table 17). An estimated 1.2 million persons aged 15 years and over participated in this activity in an organised environment at least once in the 12 months prior to interview.
- The other organised activities that attracted the greatest number of participants were golf (3.4%), outdoor football (3.4%), netball (3.1%), Australian rules football (2.6%), tennis (2.4%), basketball (2.3%), touch football (2.3%), outdoor cricket (2.1%) and lawn bowls (1.9%).

Figure 25: Top ten organised physical activities, 2010



Base: All persons aged 15 years and over (n=21,603)

Total participation in top ten organised activities, 2001–2010

- In terms of the top ten organised activities, Australian rules football had the largest increase in total participation between 2001 and 2010 (+64%) (Box 3). For Australian rules football, there was a slight but steady increase in participation between 2001 and 2005. Participation then declined in the period 2005 to 2007, before increasing again in 2008 to 2010. In 2010, the participation rate in Australian rules football was the highest in the ten-year period.
- Participation in outdoor football also increased over this time (+55% between 2001 and 2010). Participation in outdoor football changed little between 2001 and 2007, with only small fluctuations, but then increased in the period 2007 to 2010.
- Outdoor cricket also experienced a large increase in participation between 2001 and 2010 (+33%). Participation increased between 2001 and 2004, fluctuated in the period 2004 to 2008, and has increased in the period 2008 to 2010.
- Another organised activity experiencing an increase between 2001 and 2010 was lawn bowls (+20%), which increased between 2001 and 2003, decreased between 2003 and 2007, then increased again in 2008 before decreasing slightly again in 2009. The 2010 rate was equivalent to the 2009 participation rate, although the absolute number of participants was slightly higher.
- Aerobics/fitness organised participation increased +26% between 2001 and 2010, but there has been great fluctuation in that period and organised participation now appears to be in decline. In 2010, the organised participation rate of 7.2% was the lowest in the nine-year period from 2002 to 2010, but higher than in 2001 when it was 6.5%.

- Of the top ten organised activities, there was a decline in participation between 2001 and 2010 for:
 - tennis (–24%), for which the organised participation rate declined steadily from 2004 and, in 2010, was at its lowest participation rate in the ten-year period ; and
 - golf (–8%), which peaked in 2002–2003 but in 2010 was at a level lower than in 2001.

Box 3: Total participation in top ten organised physical activities by year

	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	% change 2001–2010 (a)
	Total participation ('000)										
Aerobics/fitness	982.9	1095.1	1309.1	1393.3	1502.8	1282.0	1610.1	1327.4	1279.3	1238.0	26
Golf	655.1	709.5	728.7	678.8	590.8	601.3	513.2	602.2	565.4	602.7	–8
Football (outdoor)	381.9	467.9	429.0	447.5	431.1	428.0	418.0	574.1	579.2	593.8	55
Netball	533.2	523.6	545.6	509.9	510.3	504.5	438.9	526.6	577.3	537.6	1
Australian rules football	272.5	289.0	319.1	342.1	387.0	336.3	241.5	371.7	375.5	447.3	64
Tennis	548.6	541.9	588.9	597.8	547.5	433.7	427.2	448.1	463.4	419.2	–24
Basketball	364.2	432.0	367.5	341.1	376.3	370.0	353.4	388.3	413.3	403.5	11
Touch football	345.8	299.9	273.0	304.6	299.8	305.5	276.3	412.5	302.2	398.8	15
Cricket (outdoor)	279.6	327.4	332.4	346.3	317.1	382.7	264.1	344.4	347.0	372.1	33
Lawn bowls	280.3	337.1	353.9	343.4	340.9	307.2	229.1	329.4	319.1	337.0	20

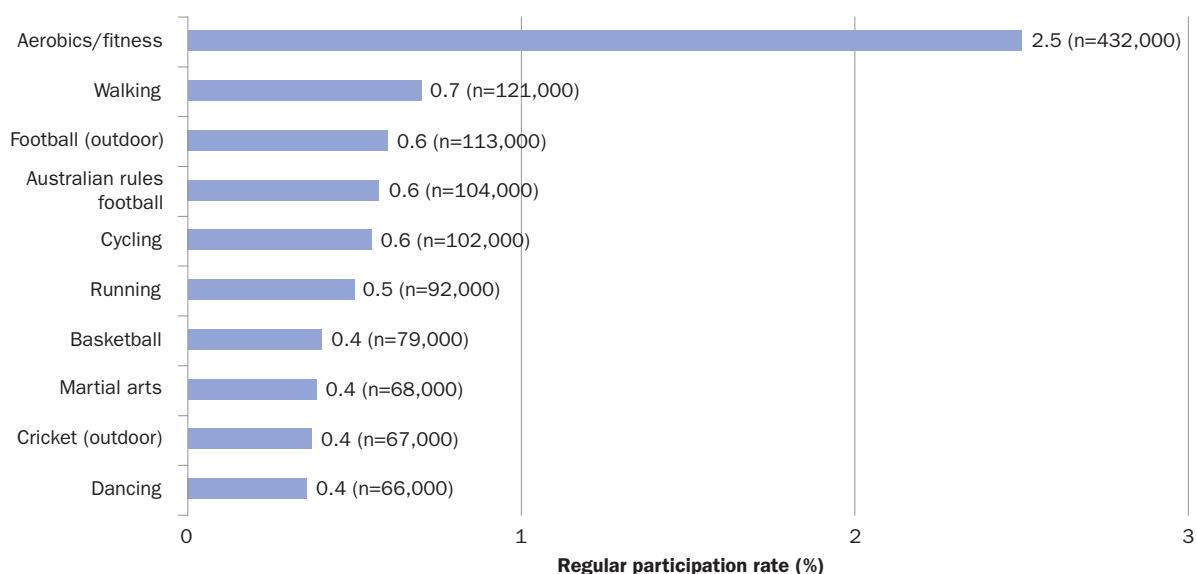
Base: All persons aged 15 years and over in 2010 (n=21,603), in 2009 (n=21,031), in 2008 (n=17,293), in 2007 (n=16,400); in 2006 (n=13,708); in 2005 (n=13,726); in 2004 (n=13,662); in 2003 (n=13,703); in 2002 (n=13,632); and in 2001 (n=13,424)

(a) Percentage change in the number of participants between 2001 and 2010. Percent change over 2001 is calculated as follows: $(N_{2010}-N_{2001})/N_{2001}$.

Top ten regular organised activities, 2010

- In 2010, the organised activity with the highest regular participation rate was aerobics/fitness (2.5%) (Figure 26). An estimated 432,000 persons aged 15 years and over participated in this activity in an organised environment at least three times per week, on average.
- The other organised activities that attracted the greatest number of regular participants were walking (0.7%), outdoor football (0.6%), Australian rules football (0.6%) and cycling (0.6%).

Figure 26: Top ten regular organised physical activities, 2010



Base: All persons aged 15 years and over (n=21,603)

9 Participation in club-based physical activity

Persons participating in organised physical activity were asked what type of club, association or organisation organised the activity. Responses could include a 'fitness, leisure or indoor sports centre that required payment for participation', a 'sport or recreation club or association that required payment of membership fees or registration', 'work', 'school' or something else. Persons saying they participated in physical activity organised by a 'sport or recreation club' are considered club-based physical activity participants and are discussed in this section. Participants in club-based physical activity are a subset of organised participants discussed in Section 7.

See note at start of Section 7.5 'Type of organisation' for more information about how participants were categorised.

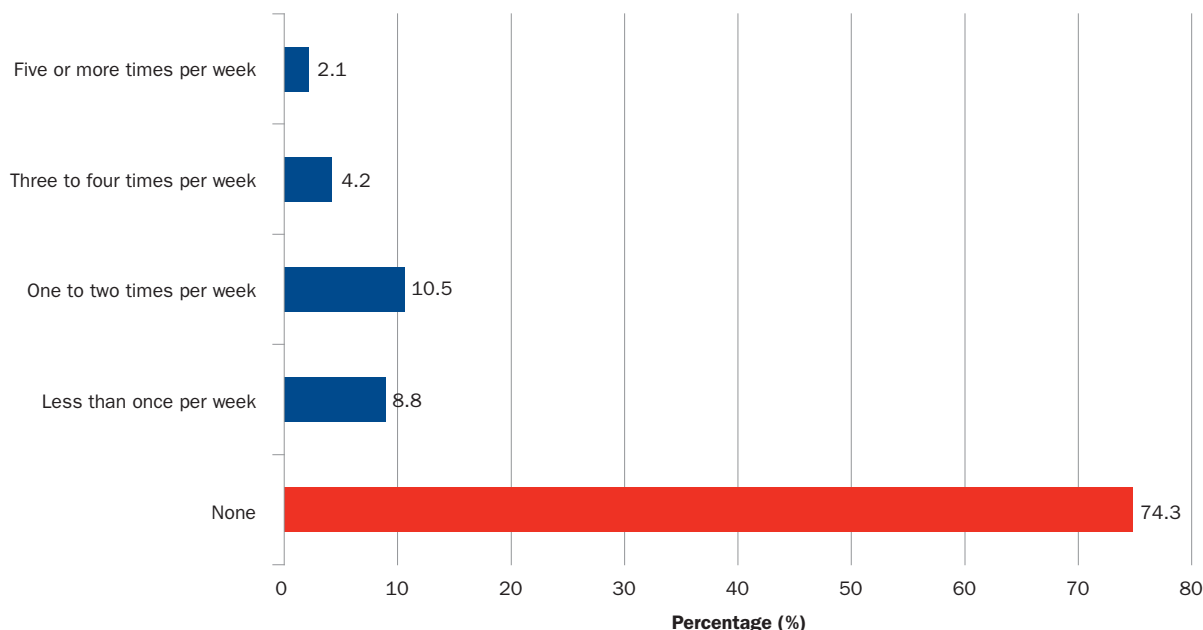
9.1 Frequency of participation in club-based physical activity

During the 12 months prior to interview in 2010:

- An estimated 4.5 million persons aged 15 years and over participated **at least once annually** in physical activity for exercise, recreation or sport that was organised by a sport or recreation club or association²², a **total participation rate** in club-based physical activity of 25.7% (Table 12).
- An estimated 2.9 million persons aged 15 years and over participated **at least once per week** in physical activity that was organised by a sport or recreation club or association, a **weekly participation rate** in club-based physical activity of 16.8% (Figure 27).
- An estimated 1.1 million persons aged 15 years and over participated in a club-based physical activity three times a week or more, a **regular participation rate** in club-based physical activity of 6.3%.
- An estimated 375,000 persons aged 15 years and over participated in a club-based physical activity five times a week or more, a **frequent participation rate** in club-based physical activity of 2.1%.
- An estimated 13.0 million persons aged 15 years and over did not participate in **any** club-based physical activity in the 12 months prior to interview in 2010, a **non-participation rate** in club-based physical activity of 74.3%.

²² See glossary for the definition of club-based physical activities.

Figure 27: Frequency of participation in club-based physical activity, 2010



Base: All persons aged 15 years and over (n=21,603)

Note: Aerobics/fitness participants²³ who said their activity had been organised by a sport or recreation club or association have been excluded from this analysis.

9.2 Median frequency of participation in club-based physical activity, 2001–2010

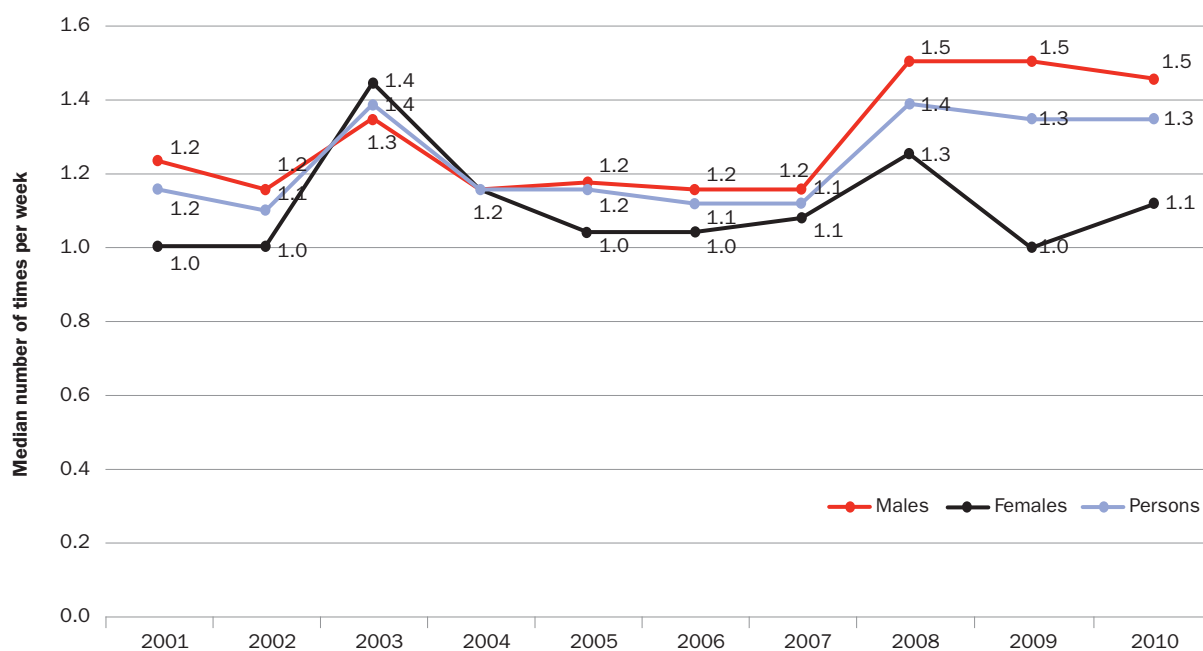
Note that the median data in this section is based only on those people who participated in club-based physical activity.

- The median frequency of participation in club-based physical activity among participants²⁴ was 1.3 times per week in 2010. This is slightly higher than in 2001, when it was 1.2, but lower than peaks in 2003 and 2008, when it was 1.4 (Figure 28).
- Median frequency of participation in club-based activity was generally higher for males than for females over the period 2001 to 2010 (2003 excepted).
- Median frequency of participation among females was 1.1 times per week in 2010, after two peaks in 2003 and 2008 (Figure 28).
- Among male participants, median frequency of participation in club-based physical activity was at its highest level ever in 2008, 2009 and 2010 (1.5 times per week).

²³ Includes calisthenics, Chinese exercise, exercise bike, gymnasium workouts, military exercise, Prime Movers, Step Reebok, treadmill and other aerobics/exercising/physiotherapy.

²⁴ All those not participating in club-based activity (frequency=0) are excluded from this calculation.

Figure 28: All club-based participants — median frequency of participation in club-based physical activity by sex and year



Base: All participants in club-based activity who provided a frequency in 2010 (n=4,842), in 2009 (n=4,710), in 2008 (n=4,048), in 2007 (n=4,003); in 2006 (n=3,415); in 2005 (n=3,627); in 2004 (n=3,877); in 2003 (n=3,721); in 2002 (n=3,574); and in 2001 (n=3,578)

Note: Aerobics/fitness participants²⁵ who said their activity had been organised by a sport or recreation club or association have been excluded from this analysis. The 2007 Annual Report did not exclude this type of participant from this type of analysis; there will therefore be minor discrepancies between the 2008, 2009 and 2010 reports and the 2007 report for this data.

9.3 Regular participation in club-based physical activity, 2001–2010

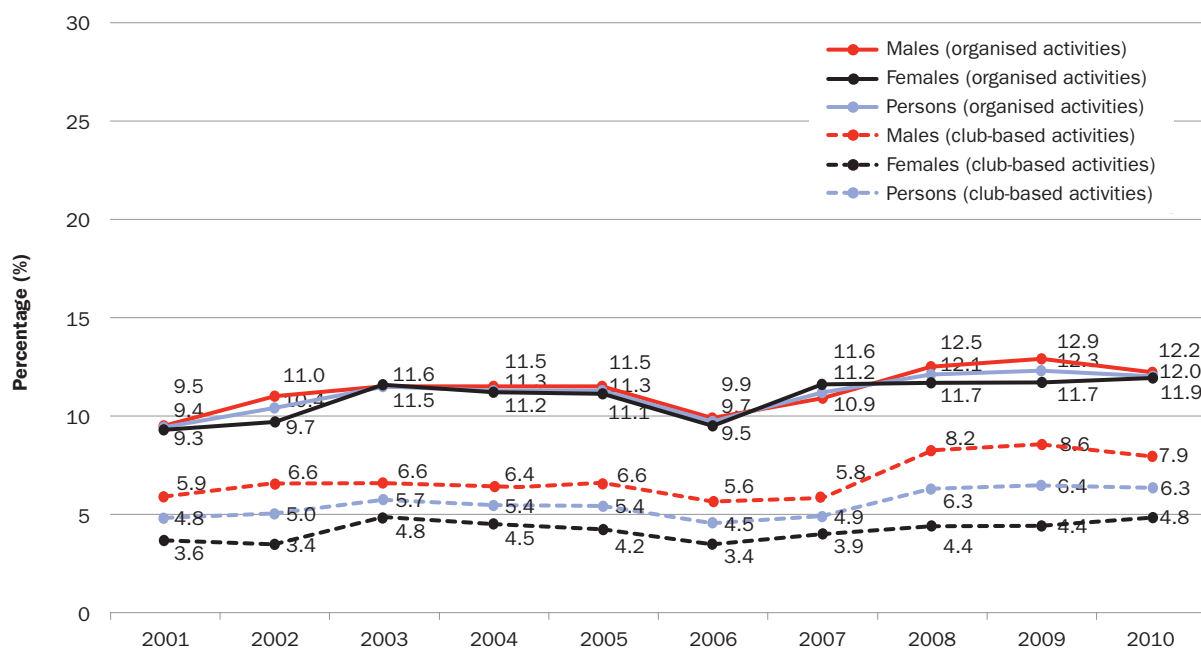
Regular participation in exercise, recreation or sport is defined as those participating three times a week or more, on average.²⁶

- In 2010, regular participation in physical activity organised by a sport or recreation club or association was 6.3%.
- For males, the regular participation rate in club-based physical activity was 7.9% and for females it was 4.8% in 2010 (Figure 29). This is unlike non-organised physical activity, where the female rate of regular participation exceeds the male rate (see Section 6.3 ‘Regular participation in non-organised physical activity 2001–2010’).
- Regular club-based participation among females increased between 2001 and 2010. In 2001, the regular participation rate was 3.6% and in 2010 it was 4.8%.
- The male regular participation rate in club-based activity was at its highest level ever in 2009, when it was 8.6%, and declined in 2010 to 7.9%.

²⁵ Includes calisthenics, Chinese exercise, exercise bike, gymnasium workouts, military exercise, Prime Movers, Step Reebok, treadmill and other aerobics/exercising/physiotherapy.

²⁶ See glossary for information about how ‘per week’ statistics are calculated.

Figure 29: Regular participation in club-based physical activity by sex and year



Base: All persons aged 15 years and over in 2010 (n=21,603), in 2009 (n=20,031), in 2008 (n=17,293), in 2007 (n=16,400); in 2006 (n=13,708); in 2005 (n=13,726); in 2004 (n=13,662); in 2003 (n=13,703); in 2002 (n=13,632); and in 2001 (n=13,424)

Note: Aerobics/fitness participants²⁷ who said their activity had been organised by a sport or recreation club or association have been excluded from this analysis. The 2007 Annual Report did not exclude this type of participant from this type of analysis; there will therefore be minor discrepancies between the 2008, 2009 and 2010 reports and the 2007 report for this data.

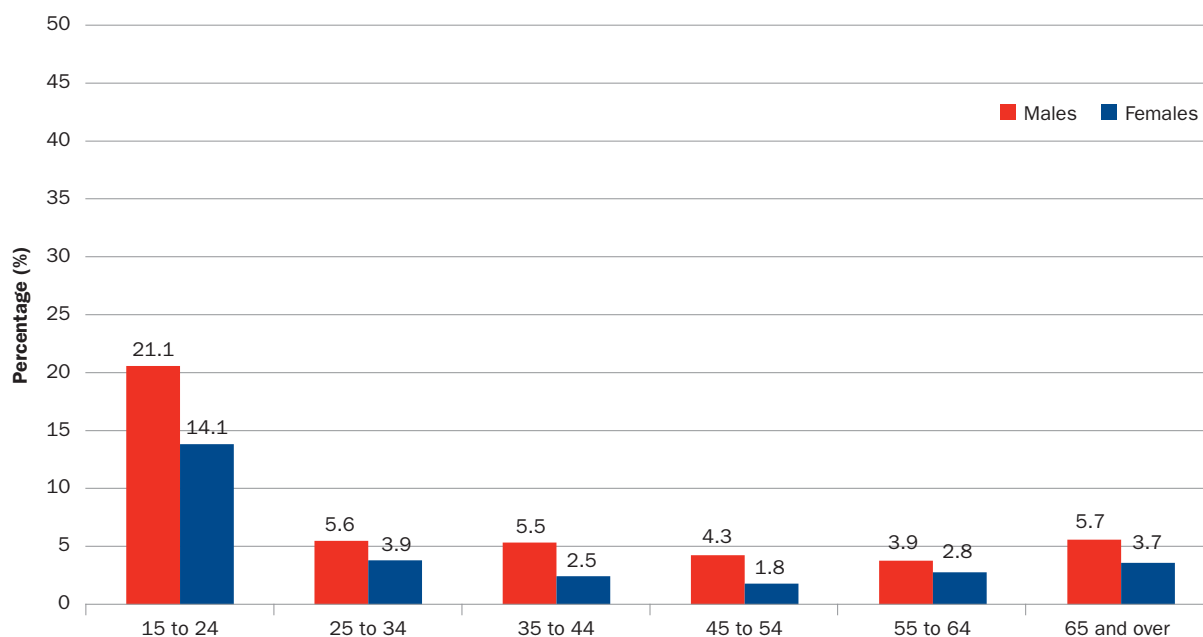
9.4 Regular participation in club-based physical activity by demographics

Age and sex

- Males had higher regular participation rates than females in club-based physical activity in 2010 (7.9% and 4.8%, respectively) (Figure 29).
- The difference between males and females was especially pronounced among those aged 15 to 24 years, where the regular participation rate for males in club-based activity was 21.1%, compared to 14.1% for females.
- Regardless of gender, regular participation in club-based physical activity was most common among those aged 15 to 24 years (17.7%).

²⁷ Includes calisthenics, Chinese exercise, exercise bike, gymnasium workouts, military exercise, Prime Movers, Step Reebok, treadmill and other aerobics/exercising/physiotherapy.

Figure 30: Regular participation in club-based physical activity by age and sex, 2010



Base: All persons aged 15 years and over (n=21,603)

Note: Aerobics/fitness participants²⁸ who said their activity had been organised by a sport or recreation club or association have been excluded from this analysis.

Labour force status

- Those employed part time (8.1%) and the unemployed (8.9%) had the highest regular participation rate in club-based physical activity in 2010.
- Those who were employed full time had the lowest regular participation rate in club-based physical activity (5.2%).

Regional status

- In 2010, the regular participation rate in club-based physical activity was slightly lower in capital cities (5.9%) than among those living in other parts of Australia (7.0%).

Education

- Those who were still at secondary school had the highest regular participation rate in club-based physical activity (24.1%), followed by those who had completed secondary school only (8.0%). Among those with a university degree, the comparable figure was 4.8% and among those with a diploma it was 3.4%.

Language status

- There were few differences in regular participation in club-based physical activity between those who speak only English at home, those who speak another European language at home, and those who speak a non-European language at home. Those who speak a European language other than English at home had the lowest regular participation rate (5.0%), while those who speak only English at home had the highest rate (6.4%) (see Section 6.4 'Regular participation in non-organised physical activity by demographics').

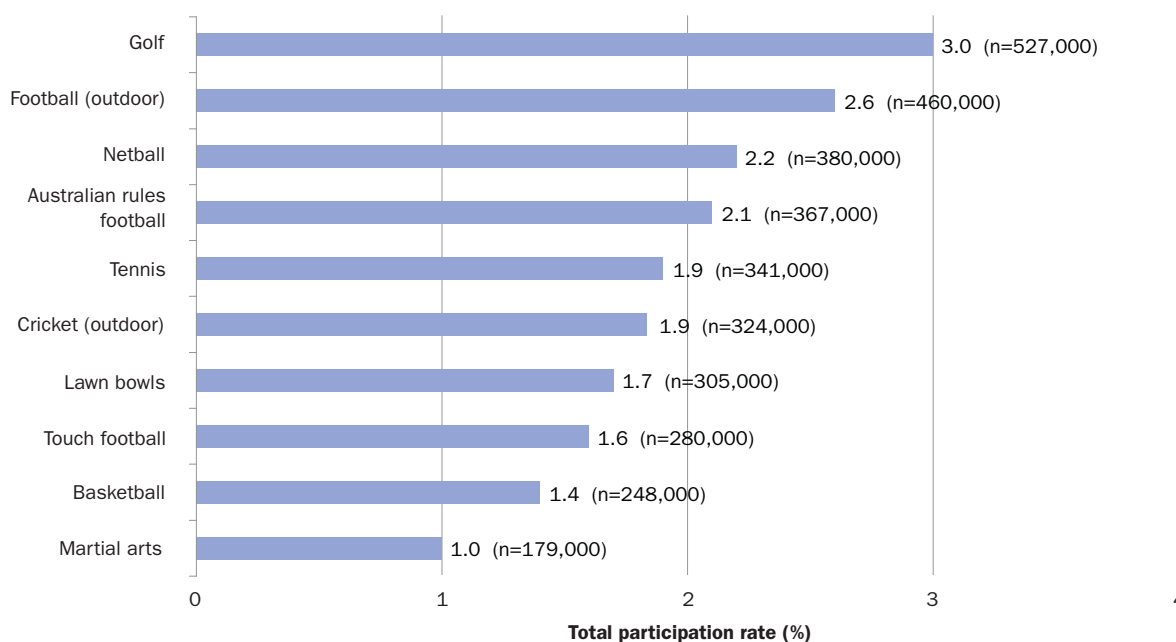
²⁸ Includes calisthenics, Chinese exercise, exercise bike, gymnasium workouts, military exercise, Prime Movers, Step Reebok, treadmill and other aerobics/exercising/physiotherapy.

9.5 Top ten club-based activities

Total participation in top ten club-based activities, 2010

- In 2010, the club-based activity with the highest total participation rate was golf (3.0%) (Figure 31). An estimated 527,000 persons aged 15 years and over participated in this activity at least once in the 12 months prior to interview.
- Other sports and physical activities that had relatively high numbers of club-based participants were outdoor football (2.6%), netball (2.2%), Australian rules football (2.1%), tennis (1.9%), outdoor cricket (1.9%), lawn bowls (1.7%), touch football (1.6%), basketball (1.4%), and martial arts (1.0%).

Figure 31: Top ten club-based physical activities, 2010



Base: All persons aged 15 years and over (n=21,603)

Total participation in top ten club-based activities 2001–2010

- Australian rules football and outdoor football had the largest increases in total participation between 2001 and 2010 (+71% and +56%, respectively, between 2001 and 2010) (Box 4).
 - Australian rules football club-based participation gradually increased between 2001 and 2005, decreased between 2005 and 2007, and then increased again in the period 2007 to 2009. The participation rate for Australian rules football in 2010 is the highest in the ten-year period.
 - Outdoor football club-based participation fluctuated between 2001 and 2007, but began to increase in 2007 and has continued to do so in the period 2007 to 2010.
- The other club-based activities in the top ten to experience increases in total participation since 2001 were:
 - outdoor cricket (+49%), which has fluctuated throughout the ten-year period
 - basketball (+21%), which declined in the period 2002 to 2006, but began to increase again from 2007 onwards, with a slight decline again between 2009 and 2010
 - netball (+13%), which was steady between 2001 and 2004 and declined slightly in the period 2004 to 2007, but has increased since 2007
 - lawn bowls (+13%), which fluctuated over the period 2001 to 2007, but increased between 2007 and 2010
 - martial arts (+10%), which has fluctuated over the ten-year period.

- One top ten club-based activity experienced a decline in total participation between 2001 and 2010, including — tennis (–13%), which peaked in 2004.

Box 4: Total participation in top ten club-based physical activities by year

	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	% change 2001–2010 (a)
	Total participation ('000)										
Golf	534.0	600.5	600.5	564.0	503.8	510.4	438.9	530.9	482.3	526.6	–1
Football (outdoor)	295.2	336.8	276.1	297.8	310.8	298.7	317.9	397.8	451.9	460.3	56
Netball	336.5	330.3	339.8	347.3	315.4	322.7	292.7	341.5	388.6	380.3	13
Australian rules football	214.8	227.0	258.3	258.1	306.4	234.8	202.6	299.1	307.1	367.2	71
Tennis	393.5	405.8	445.8	449.3	405.8	294.6	314.3	363.9	396.8	340.7	–13
Cricket (outdoor)	218.2	254.7	264.3	280.6	248.3	288.3	209.7	279.8	274.4	324.1	49
Lawn bowls	269.8	291.3	329.7	308.6	316.0	272.0	203.9	297.4	294.7	305.0	13
Touch football	270.8	230.7	180.6	219.6	226.4	245.4	202.0	307.8	228.1	280.3	4
Basketball	205.6	259.2	224.7	216.5	190.7	183.0	216.2	219.8	254.2	248.4	21
Martial arts	162.8	155.1	159.6	180.8	171.8	162.2	171.1	165.3	156.1	178.5	10

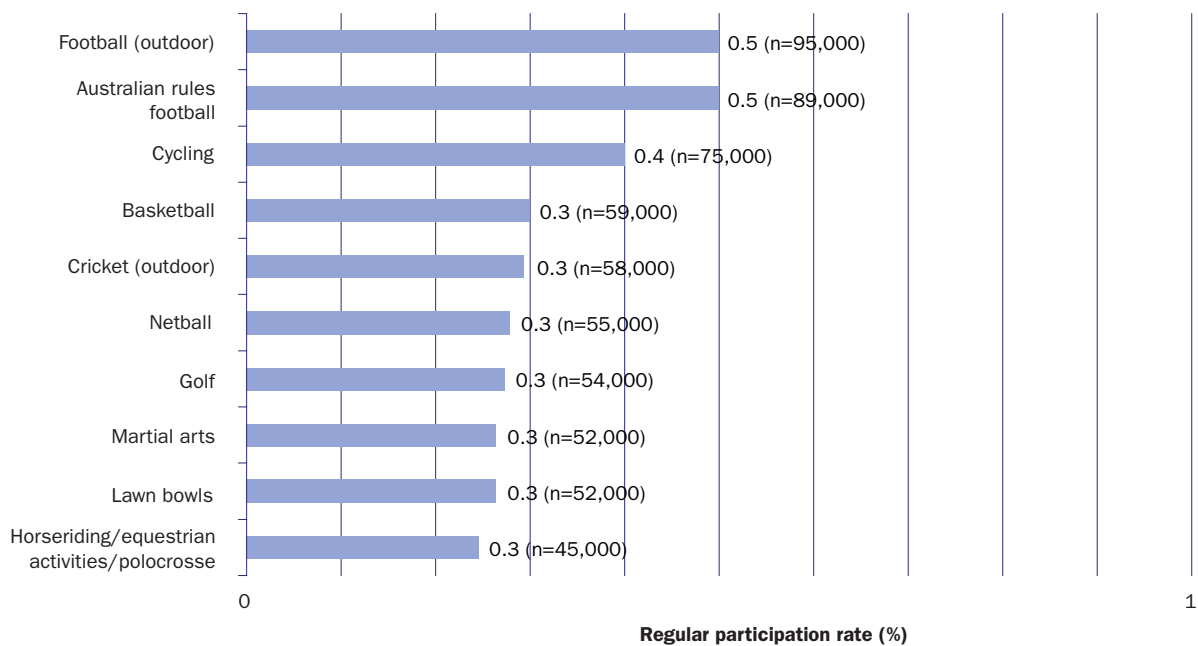
Base: All persons aged 15 years and over in 2010 (n=21,603), in 2009 (n=20,031), in 2008 (n=17,293), in 2007 (n=16,400); in 2006 (n=13,708); in 2005 (n=13,726); in 2004 (n=13,662); in 2003 (n=13,703); in 2002 (n=13,632); and in 2001 (n=13,424)

(a) Percentage change in the number of participants between 2001 and 2010. Per cent change over 2001 is calculated as follows: $(N_{2010}-N_{2001})/N_{2001}$.

Top ten regular club-based activities, 2010

- In 2010, the club-based activity with the highest regular participation rate was outdoor football (0.5%) (Figure 32). An estimated 95,000 persons aged 15 years and over participated in this activity in a club environment at least three times per week, on average.
- The other club-based activities that attracted the greatest number of regular participants were Australian rules football (0.5%), cycling (0.4%), basketball (0.3%), outdoor cricket (0.3%), netball (0.3%), golf (0.3%), martial arts (0.3%), lawn bowls (0.3%), and horseriding (0.3%).

Figure 32: Top ten regular club-based physical activities, 2010



Base: All persons aged 15 years and over (n=21,603)

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Sex	Age group (years)	Organised only (c)	Non-organised only (d)	Both organised and non-organised (e)	Total organised	Total non-organised	Total participation
		(A)	(B)	(C)	(A + C)	(B + C)	(A + B + C)
		Number ('000)					
Males	15 to 24	393.1	360.0	624.7	1,017.8	984.8	1,377.9
	25 to 34	190.5	620.7	529.1	719.6	1,149.8	1,340.3
	35 to 44	192.8	682.2	461.2	654.0	1,143.4	1,336.2
	45 to 54	114.5	726.4	386.2	500.7	1,112.6	1,227.1
	55 to 64	104.0	596.0	286.7	390.7	882.7	986.7
	65 and over	118.4	544.1	291.1	409.5	835.2	953.7
	TOTAL		1,113.3	3,529.4	2,579.1	3,692.4	6,108.5
Females	15 to 24	306.8	349.8	593.5	900.3	943.3	1,250.1
	25 to 34	149.0	712.0	431.0	580.0	1,143.0	1,292.0
	35 to 44	127.1	745.5	444.7	571.9	1,190.3	1,317.4
	45 to 54	86.6	815.1	357.3	443.9	1,172.3	1,258.9
	55 to 64	64.0	662.4	266.6	330.6	929.0	993.0
	65 and over	156.8	587.0	325.2	482.0	912.2	1,069.1
	TOTAL		890.4	3,871.9	2,418.2	3,308.6	6,290.1
Persons	15 to 24	699.9	709.9	1,218.2	1,918.1	1,928.1	2,628.0
	25 to 34	339.5	1,332.7	960.1	1,299.6	2,292.8	2,632.3
	35 to 44	319.9	1,427.7	906.0	1,225.9	2,333.7	2,653.6
	45 to 54	201.1	1,541.4	743.5	944.6	2,284.9	2,486.0
	55 to 64	168.0	1,258.4	553.3	721.3	1,811.7	1,979.7
	65 and over	275.3	1,131.1	616.3	891.6	1,747.4	2,022.7
	TOTAL		2,003.8	7,401.3	4,997.3	7,001.1	12,398.6
		Total participation rate (%) (b)					
Males	15 to 24	25.7	23.6	40.9	66.6	64.4	90.1
	25 to 34	12.4	40.5	34.5	47.0	75.0	87.5
	35 to 44	12.5	44.1	29.8	42.3	74.0	86.4
	45 to 54	7.6	48.5	25.8	33.5	74.4	82.0
	55 to 64	8.3	47.8	23.0	31.4	70.9	79.2
	65 and over	9.0	41.5	22.2	31.2	63.6	72.7
	TOTAL		12.9	40.8	29.8	42.6	70.5
Females	15 to 24	20.9	23.8	40.5	61.4	64.3	85.2
	25 to 34	9.8	46.7	28.3	38.0	75.0	84.7
	35 to 44	8.1	47.4	28.3	36.4	75.7	83.8
	45 to 54	5.7	53.3	23.3	29.0	76.6	82.3
	55 to 64	5.0	52.2	21.0	26.1	73.3	78.3
	65 and over	10.5	39.5	21.9	32.4	61.3	71.9
	TOTAL		10.1	43.8	27.3	37.4	71.1
Persons	15 to 24	23.4	23.7	40.7	64.0	64.4	87.7
	25 to 34	11.1	43.6	31.4	42.5	75.0	86.1
	35 to 44	10.3	45.8	29.1	39.3	74.9	85.1
	45 to 54	6.6	50.9	24.6	31.2	75.5	82.1
	55 to 64	6.7	50.1	22.0	28.7	72.1	78.7
	65 and over	9.8	40.4	22.0	31.8	62.4	72.2
	TOTAL		11.4	42.3	28.5	40.0	70.8

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months

(c) Participants' activities are fully organised

(d) Participants' activities are fully non-organised

(e) Participants' activities are part organised and part non-organised

Table 2: All participants — total participation in any physical activity (organised and non-organised) by demographics, 2010 (a)

	MALES		FEMALES		PERSONS	
	Number	Total participation rate (b)	Number	Total participation rate	Number	Total participation rate
	('000)	(%)	('000)	(%)	('000)	(%)
AGE GROUP (YEARS)						
15 to 24	1,377.9	90.1	1,250.1	85.2	2,628.0	87.7
25 to 34	1,340.3	87.5	1,292.0	84.7	2,632.3	86.1
35 to 44	1,336.2	86.4	1,317.4	83.8	2,653.6	85.1
45 to 54	1,227.1	82.0	1,258.9	82.3	2,486.0	82.1
55 to 64	986.7	79.2	993.0	78.3	1,979.7	78.7
65 and over	953.7	72.7	1,069.1	71.9	2,022.7	72.2
REGION						
Capital city	4,639.7	84.1	4,650.7	81.9	9,290.4	83.0
Rest of state	2,582.1	82.1	2,529.8	79.8	5,112.0	80.9
EMPLOYMENT STATUS						
Employed full time	4,307.1	86.2	2,161.8	85.9	6,468.9	86.1
Employed part time	930.0	86.3	2,311.0	86.9	3,241.0	86.7
Employed refused	49.9	80.3	63.6	74.1	113.5	76.7
Total employed	5,286.9	86.1	4,536.4	86.2	9,823.4	86.1
Unemployed	344.4	79.1	341.3	80.8	685.7	80.0
Not in the labour force	1,590.5	76.2	2,302.8	72.8	3,893.3	74.2
MARITAL STATUS						
Married	4,282.5	83.0	4,146.9	81.9	8,429.5	82.5
Not married	2,908.4	84.0	2,990.9	80.4	5,899.3	82.1
Refused/Do not know	30.9	81.6	42.7	63.7	73.6	70.2
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	2,050.7	85.3	2,406.0	82.4	4,456.6	83.7
At least one under 18 — none at home	184.0	79.9	34.1	80.4	218.0	80.0
No children under 18	4,981.7	82.7	4,739.4	80.5	9,721.1	81.6
Refused	**5.5	**100.0	**1.1	**66.6	**6.6	**92.6
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	2,165.1	89.3	2,161.4	89.4	4,326.5	89.3
Undergraduate diploma or associate diploma	551.9	88.2	526.9	82.0	1,078.8	85.0
Certificate, trade qualification or apprenticeship	1,043.9	83.6	924.6	85.5	1,968.5	84.5
Highest level of secondary school	1,479.8	83.6	1,501.5	80.3	2,981.2	81.9
Did not complete highest level of school	1,480.9	73.6	1,600.5	71.0	3,081.4	72.2
Never went to school	**0.9	**8.0	**7.2	**79.6	*8.1	*40.0
Still at secondary school	365.2	94.3	307.3	90.3	672.5	92.4
Other	100.9	73.6	120.6	65.1	221.4	68.7
Refused	33.3	75.9	30.6	65.1	64.0	70.3
LANGUAGE SPOKEN AT HOME						
English only	6,354.1	84.3	6,468.6	82.5	12,822.7	83.4
European language/s other than English	253.9	76.4	257.8	78.3	511.8	77.4
Non-European language/s	638.9	77.3	482.3	67.2	1,121.3	72.6
Total	7,221.8	83.4	7,180.5	81.1	14,402.4	82.3

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 3: All persons — participation in any physical activity for exercise, recreation and sport by frequency, age and sex, 2010 (a)

Sex	Age group (years)	None	Up to once	One or two	Three or four	Five or	Do not know	Total
			per week (b)	times per week (c)	times per week (d)	more times per week		
		Number ('000)						
Males	15 to 24	150.6	189.9	379.2	341.4	464.9	**2.4	1,528.5
	25 to 34	191.8	304.6	385.9	283.0	366.8	**0.0	1,532.1
	35 to 44	209.7	295.9	430.2	296.1	314.0	**0.0	1,545.9
	45 to 54	269.1	231.0	346.9	273.1	371.3	**4.8	1,496.2
	55 to 64	259.0	172.5	250.5	183.2	378.7	**1.8	1,245.7
	65 and over	358.9	114.1	224.7	209.6	403.8	**1.5	1,312.5
	TOTAL	1,439.1	1,308.0	2,017.4	1,586.5	2,299.4	*10.6	8,660.9
Females	15 to 24	216.9	196.9	353.7	299.4	400.0	**0.2	1,467.0
	25 to 34	232.6	206.4	338.7	354.2	391.6	**1.1	1,524.6
	35 to 44	254.3	164.8	327.1	368.4	456.4	**0.8	1,571.8
	45 to 54	271.3	152.0	287.4	337.2	478.9	**3.4	1,530.2
	55 to 64	275.2	96.9	222.0	248.6	423.3	**2.3	1,268.2
	65 and over	418.0	101.8	261.8	240.2	459.5	**5.6	1,487.1
	TOTAL	1,668.3	918.7	1,790.7	1,847.9	2,609.7	*13.5	8,848.9
Persons	15 to 24	367.5	386.8	732.9	640.8	864.9	**2.7	2,995.5
	25 to 34	424.4	511.0	724.6	637.2	758.4	**1.1	3,056.7
	35 to 44	464.0	460.7	757.3	664.5	770.4	**0.8	3,117.7
	45 to 54	540.4	383.0	634.3	610.3	850.2	*8.2	3,026.4
	55 to 64	534.2	269.4	472.4	431.8	802.0	**4.1	2,513.9
	65 and over	776.9	215.9	486.5	449.9	863.3	**7.1	2,799.6
	TOTAL	3,107.4	2,226.7	3,808.1	3,434.4	4,909.1	*24.1	17,509.8
Percentage of row (%)								
Males	15 to 24	9.9	12.4	24.8	22.3	30.4	**0.2	100.0
	25 to 34	12.5	19.9	25.2	18.5	23.9	**0.0	100.0
	35 to 44	13.6	19.1	27.8	19.2	20.3	**0.0	100.0
	45 to 54	18.0	15.4	23.2	18.3	24.8	**0.3	100.0
	55 to 64	20.8	13.8	20.1	14.7	30.4	**0.1	100.0
	65 and over	27.3	8.7	17.1	16.0	30.8	**0.1	100.0
	TOTAL	16.6	15.1	23.3	18.3	26.5	*0.1	100.0
Females	15 to 24	14.8	13.4	24.1	20.4	27.3	**0.0	100.0
	25 to 34	15.3	13.5	22.2	23.2	25.7	**0.1	100.0
	35 to 44	16.2	10.5	20.8	23.4	29.0	**0.1	100.0
	45 to 54	17.7	9.9	18.8	22.0	31.3	**0.2	100.0
	55 to 64	21.7	7.6	17.5	19.6	33.4	**0.2	100.0
	65 and over	28.1	6.8	17.6	16.2	30.9	**0.4	100.0
	TOTAL	18.9	10.4	20.2	20.9	29.5	*0.2	100.0
Persons	15 to 24	12.3	12.9	24.5	21.4	28.9	**0.1	100.0
	25 to 34	13.9	16.7	23.7	20.8	24.8	**0.0	100.0
	35 to 44	14.9	14.8	24.3	21.3	24.7	**0.0	100.0
	45 to 54	17.9	12.7	21.0	20.2	28.1	*0.3	100.0
	55 to 64	21.3	10.7	18.8	17.2	31.9	**0.2	100.0
	65 and over	27.8	7.7	17.4	16.1	30.8	**0.3	100.0
	TOTAL	17.7	12.7	21.7	19.6	28.0	*0.1	100.0

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 4: All participants — participation in any physical activity by cumulative frequency, age and sex, 2010 (a) (b)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	189.9	1,185.5	964.1	806.3	1,377.9
	25 to 34	304.6	1,035.7	839.2	649.8	1,340.3
	35 to 44	295.9	1,040.3	824.0	610.1	1,336.2
	45 to 54	231.0	991.3	813.3	644.3	1,227.1
	55 to 64	172.5	812.4	669.7	561.9	986.7
	65 and over	114.1	838.1	732.3	613.4	953.7
	TOTAL	1,308.0	5,903.3	4,842.6	3,885.9	7,221.8
Females	15 to 24	196.9	1,053.0	887.2	699.3	1,250.1
	25 to 34	206.4	1,084.5	906.9	745.8	1,292.0
	35 to 44	164.8	1,151.9	1003.8	824.8	1,317.4
	45 to 54	152.0	1,103.5	947.9	816.1	1,258.9
	55 to 64	96.9	893.8	802.5	671.9	993.0
	65 and over	101.8	961.6	833.8	699.8	1,069.1
	TOTAL	918.7	6,248.3	5,382.2	4,457.6	7,180.5
Persons	15 to 24	386.8	2,238.5	1,851.2	1,505.7	2,628.0
	25 to 34	511.0	2,120.2	1,746.2	1,395.6	2,632.3
	35 to 44	460.7	2,192.2	1,827.8	1,434.9	2,653.6
	45 to 54	383.0	2,094.8	1,761.2	1,460.5	2,486.0
	55 to 64	269.4	1,706.2	1,472.2	1,233.8	1,979.7
	65 and over	215.9	1,799.7	1,566.2	1,313.2	2,022.7
	TOTAL	2,226.7	12,151.6	10,224.8	8,343.6	14,402.4

Total participation rate (%) (c)

Males	15 to 24	12.4	77.6	63.1	52.8	90.1
	25 to 34	19.9	67.6	54.8	42.4	87.5
	35 to 44	19.1	67.3	53.3	39.5	86.4
	45 to 54	15.4	66.3	54.4	43.1	82.0
	55 to 64	13.8	65.2	53.8	45.1	79.2
	65 and over	8.7	63.9	55.8	46.7	72.7
	TOTAL	15.1	68.2	55.9	44.9	83.4
Females	15 to 24	13.4	71.8	60.5	47.7	85.2
	25 to 34	13.5	71.1	59.5	48.9	84.7
	35 to 44	10.5	73.3	63.9	52.5	83.8
	45 to 54	9.9	72.1	61.9	53.3	82.3
	55 to 64	7.6	70.5	63.3	53.0	78.3
	65 and over	6.8	64.7	56.1	47.1	71.9
	TOTAL	10.4	70.6	60.8	50.4	81.1
Persons	15 to 24	12.9	74.7	61.8	50.3	87.7
	25 to 34	16.7	69.4	57.1	45.7	86.1
	35 to 44	14.8	70.3	58.6	46.0	85.1
	45 to 54	12.7	69.2	58.2	48.3	82.1
	55 to 64	10.7	67.9	58.6	49.1	78.7
	65 and over	7.7	64.3	55.9	46.9	72.2
	TOTAL	12.7	69.4	58.4	47.7	82.3

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) Cumulative frequency should be interpreted as the total number of persons who engaged in the activity with **at least** that frequency (for example, 10.2 million persons engaged in physical activity at least twice per week, which is a combination of the number of those who engaged twice, three times, four times and five times per week or more)

(c) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

10.1.2 Recent participation in any physical activity

Table 5: All recent participants — recent participation in any physical activity by duration and age, 2010 (a)

		15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	Total
		Number ('000)						
Five hours or more	More than three sessions weekly	688.5	452.3	446.0	506.8	517.5	550.7	3,161.8
	Two or three sessions weekly	155.8	74.5	69.2	67.9	81.7	102.4	551.4
	Less than two sessions weekly	*14.5	*12.2	*27.3	*20.8	*26.3	*18.0	119.1
	<i>Total</i>	858.8	539.0	542.4	595.5	625.5	671.0	3,832.3
Two hours or more but less than five hours	More than three sessions weekly	261.9	394.6	455.8	481.2	358.3	378.9	2,330.7
	Two or three sessions weekly	369.6	347.4	318.0	256.5	158.9	147.0	1,597.4
	Less than two sessions weekly	136.0	105.7	111.8	106.8	85.3	86.8	632.5
	<i>Total</i>	767.5	847.7	885.6	844.6	602.5	612.7	4,560.6
Less than two hours	More than three sessions weekly	45.9	40.6	50.2	55.5	56.8	78.0	327.0
	Two or three sessions weekly	111.6	189.7	199.7	232.5	133.3	135.6	1,002.4
	Less than two sessions weekly	438.4	508.7	544.8	430.2	271.5	268.7	2,462.3
	<i>Total</i>	595.8	739.0	794.7	718.2	461.6	482.3	3,791.7
Total	More than three sessions weekly	996.3	887.6	952.0	1,043.5	932.6	1,007.6	5,819.5
	Two or three sessions weekly	636.9	611.5	586.9	557.0	373.8	385.0	3,151.2
	Less than two sessions weekly	588.9	626.6	683.8	557.8	383.2	373.6	3,213.9
	Total	2,222.1	2,125.7	2,222.8	2,158.3	1,689.6	1,766.1	12,184.6
		Percentage of total (%)						
Five hours or more	More than three sessions weekly	5.7	3.7	3.7	4.2	4.2	4.5	25.9
	Two or three sessions weekly	1.3	0.6	0.6	0.6	0.7	0.8	4.5
	Less than two sessions weekly	*0.1	*0.1	*0.2	*0.2	*0.2	*0.1	1.0
	<i>Total</i>	7.0	4.4	4.5	4.9	5.1	5.5	31.5
Two hours or more but less than five hours	More than three sessions weekly	2.1	3.2	3.7	3.9	2.9	3.1	19.1
	Two or three sessions weekly	3.0	2.9	2.6	2.1	1.3	1.2	13.1
	Less than two sessions weekly	1.1	0.9	0.9	0.9	0.7	0.7	5.2
	<i>Total</i>	6.3	7.0	7.3	6.9	4.9	5.0	37.4
Less than two hours	More than three sessions weekly	0.4	0.3	0.4	0.5	0.5	0.6	2.7
	Two or three sessions weekly	0.9	1.6	1.6	1.9	1.1	1.1	8.2
	Less than two sessions weekly	3.6	4.2	4.5	3.5	2.2	2.2	20.2
	<i>Total</i>	4.9	6.1	6.5	5.9	3.8	4.0	31.1
Total	More than three sessions weekly	8.2	7.3	7.8	8.6	7.7	8.3	47.8
	Two or three sessions weekly	5.2	5.0	4.8	4.6	3.1	3.2	25.9
	Less than two sessions weekly	4.8	5.1	5.6	4.6	3.1	3.1	26.4
	Total	18.2	17.4	18.2	17.7	13.9	14.5	100.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport in the two weeks prior to interview in 2010

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 6: All male recent participants — recent participation in any physical activity by duration and age, 2010 (a)

		15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	Total
		Number ('000)						
Five hours or more	More than three sessions weekly	411.8	260.6	208.2	269.4	268.5	309.1	1,727.7
	Two or three sessions weekly	111.0	53.1	57.9	51.6	58.7	64.9	397.3
	Less than two sessions weekly	*11.5	*9.8	*25.1	*18.5	*24.1	*14.2	103.2
	<i>Total</i>	534.3	323.5	291.2	339.5	351.4	388.2	2,228.1
Two hours or more but less than five hours	More than three sessions weekly	92.3	166.3	166.3	188.1	148.0	149.7	910.7
	Two or three sessions weekly	205.6	178.7	162.9	130.8	68.5	56.6	803.1
	Less than two sessions weekly	93.0	86.6	93.6	85.2	65.8	50.9	475.1
	<i>Total</i>	390.9	431.6	422.8	404.1	282.3	257.1	2,188.8
Less than two hours	More than three sessions weekly	*24.0	*13.4	*22.8	*21.9	31.7	35.7	149.4
	Two or three sessions weekly	52.1	84.8	94.3	92.9	47.3	50.8	422.2
	Less than two sessions weekly	190.5	230.1	267.1	209.3	124.4	107.1	1,128.6
	<i>Total</i>	266.6	328.2	384.2	324.1	203.5	193.7	1,700.3
Total	More than three sessions weekly	528.1	440.3	397.3	479.3	448.3	494.6	2,787.8
	Two or three sessions weekly	368.7	316.6	315.1	275.3	174.6	172.2	1,622.6
	Less than two sessions weekly	295.1	326.4	385.8	313.0	214.4	172.2	1,706.8
	Total	1,191.9	1,083.3	1,098.2	1,067.6	837.2	839.0	6,117.2
		Percentage of total (%)						
Five hours or more	More than three sessions weekly	6.7	4.3	3.4	4.4	4.4	5.1	28.2
	Two or three sessions weekly	1.8	0.9	0.9	0.8	1.0	1.1	6.5
	Less than two sessions weekly	*0.2	*0.2	*0.4	*0.3	*0.4	*0.2	1.7
	<i>Total</i>	8.7	5.3	4.8	5.5	5.7	6.3	36.4
Two hours or more but less than five hours	More than three sessions weekly	1.5	2.7	2.7	3.1	2.4	2.4	14.9
	Two or three sessions weekly	3.4	2.9	2.7	2.1	1.1	0.9	13.1
	Less than two sessions weekly	1.5	1.4	1.5	1.4	1.1	0.8	7.8
	<i>Total</i>	6.4	7.1	6.9	6.6	4.6	4.2	35.8
Less than two hours	More than three sessions weekly	*0.4	*0.2	*0.4	*0.4	0.5	0.6	2.4
	Two or three sessions weekly	0.9	1.4	1.5	1.5	0.8	0.8	6.9
	Less than two sessions weekly	3.1	3.8	4.4	3.4	2.0	1.8	18.4
	<i>Total</i>	4.4	5.4	6.3	5.3	3.3	3.2	27.8
Total	More than three sessions weekly	8.6	7.2	6.5	7.8	7.3	8.1	45.6
	Two or three sessions weekly	6.0	5.2	5.2	4.5	2.9	2.8	26.5
	Less than two sessions weekly	4.8	5.3	6.3	5.1	3.5	2.8	27.9
	Total	19.5	17.7	18.0	17.5	13.7	13.7	100.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport in the two weeks prior to interview in 2010

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 7: All female recent participants — recent participation in any physical activity by duration and age, 2010 (a)

		15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	Total
		Number ('000)						
Five hours or more	More than three sessions weekly	276.7	191.7	237.8	237.4	249.0	241.5	1,434.1
	Two or three sessions weekly	44.8	*21.3	*11.3	*16.3	*22.9	37.5	154.1
	Less than two sessions weekly	**3.0	**2.5	**2.2	**2.3	**2.2	**3.8	*16.0
	<i>Total</i>	324.5	215.5	251.2	256.0	274.1	282.8	1,604.1
Two hours or more but less than five hours	More than three sessions weekly	169.6	228.4	289.5	293.1	210.3	229.2	1,420.1
	Two or three sessions weekly	164.0	168.6	155.1	125.7	90.4	90.5	794.3
	Less than two sessions weekly	42.9	*19.1	*18.2	*21.6	*19.5	36.0	157.4
	<i>Total</i>	376.6	416.1	462.8	440.5	320.2	355.6	2,371.8
Less than two hours	More than three sessions weekly	*21.9	*27.2	*27.5	33.6	*25.1	42.3	177.5
	Two or three sessions weekly	59.4	105.0	105.4	139.7	86.0	84.7	580.2
	Less than two sessions weekly	247.8	278.6	277.7	220.8	147.1	161.7	1,333.7
	<i>Total</i>	329.2	410.8	410.6	394.1	258.1	288.7	2,091.5
Total	More than three sessions weekly	468.2	447.3	554.7	564.2	484.3	513.0	3,031.7
	Two or three sessions weekly	268.2	294.9	271.8	281.7	199.3	212.7	1,528.6
	Less than two sessions weekly	293.8	300.2	298.1	244.8	168.8	201.4	1,507.1
	Total	1,030.2	1,042.4	1,124.6	1,090.7	852.4	927.1	6,067.4
		Percentage of total (%)						
Five hours or more	More than three sessions weekly	4.6	3.2	3.9	3.9	4.1	4.0	23.6
	Two or three sessions weekly	0.7	*0.4	*0.2	*0.3	*0.4	0.6	2.5
	Less than two sessions weekly	**0.0	**0.0	**0.0	**0.0	**0.0	**0.1	*0.3
	<i>Total</i>	5.3	3.6	4.1	4.2	4.5	4.7	26.4
Two hours or more but less than five hours	More than three sessions weekly	2.8	3.8	4.8	4.8	3.5	3.8	23.4
	Two or three sessions weekly	2.7	2.8	2.6	2.1	1.5	1.5	13.1
	Less than two sessions weekly	0.7	*0.3	*0.3	*0.4	*0.3	0.6	2.6
	<i>Total</i>	6.2	6.9	7.6	7.3	5.3	5.9	39.1
Less than two hours	More than three sessions weekly	*0.4	*0.4	*0.5	0.6	*0.4	0.7	2.9
	Two or three sessions weekly	1.0	1.7	1.7	2.3	1.4	1.4	9.6
	Less than two sessions weekly	4.1	4.6	4.6	3.6	2.4	2.7	22.0
	<i>Total</i>	5.4	6.8	6.8	6.5	4.3	4.8	34.5
Total	More than three sessions weekly	7.7	7.4	9.1	9.3	8.0	8.5	50.0
	Two or three sessions weekly	4.4	4.9	4.5	4.6	3.3	3.5	25.2
	Less than two sessions weekly	4.8	4.9	4.9	4.0	2.8	3.3	24.8
	Total	17.0	17.2	18.5	18.0	14.0	15.3	100.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport in the two weeks prior to interview in 2010

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 8: All recent participants — recent participation in physical activity by type and duration, 2010 (a)

		Total organised	Total non-organised	Total
		Number ('000)		
Five hours or more	More than three sessions weekly	1,644.5	2,829.4	3,161.8
	Two or three sessions weekly	425.4	292.8	551.4
	Less than two sessions weekly	76.4	74.1	119.1
	<i>Total</i>	2,146.3	3,196.4	3,832.3
Two hours or more but less than five hours	More than three sessions weekly	682.2	2,222.5	2,330.7
	Two or three sessions weekly	737.2	1,212.0	1,597.4
	Less than two sessions weekly	389.5	365.3	632.5
	<i>Total</i>	1,809.0	3,799.8	4,560.6
Less than two hours	More than three sessions weekly	*24.4	323.4	327.0
	Two or three sessions weekly	201.6	939.2	1,002.4
	Less than two sessions weekly	715.5	1,917.6	2,462.3
	<i>Total</i>	941.5	3,180.2	3,791.7
Total	More than three sessions weekly	2,351.1	5,375.4	5,819.5
	Two or three sessions weekly	1,364.3	2,444.1	3,151.2
	Less than two sessions weekly	1,181.4	2,357.0	3,213.9
	Total	4,896.8	1,0176.4	12,184.6
		Percentage of total (%)		
Five hours or more	More than three sessions weekly	13.5	23.2	25.9
	Two or three sessions weekly	3.5	2.4	4.5
	Less than two sessions weekly	0.6	0.6	1.0
	<i>Total</i>	17.6	26.2	31.5
Two hours or more but less than five hours	More than three sessions weekly	5.6	18.2	19.1
	Two or three sessions weekly	6.1	9.9	13.1
	Less than two sessions weekly	3.2	3.0	5.2
	<i>Total</i>	14.8	31.2	37.4
Less than two hours	More than three sessions weekly	*0.2	2.7	2.7
	Two or three sessions weekly	1.7	7.7	8.2
	Less than two sessions weekly	5.9	15.7	20.2
	<i>Total</i>	7.7	26.1	31.1
Total	More than three sessions weekly	19.3	44.1	47.8
	Two or three sessions weekly	11.2	20.1	25.9
	Less than two sessions weekly	9.7	19.3	26.4
	Total	40.2	83.5	100.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport in the two weeks prior to interview in 2010

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

10.1.3 Regular participation in any physical activity

Table 9: All regular participants — regular participation in any physical activity (organised and non-organised) by demographics, 2010 (a)

	MALES		FEMALES		PERSONS	
	Number ('000)	Regular participation rate (b) (%)	Number ('000)	Regular participation rate (%)	Number ('000)	Regular participation rate (%)
AGE GROUP (YEARS)						
15 to 24	806.3	52.8	699.3	47.7	1,505.7	50.3
25 to 34	649.8	42.4	745.8	48.9	1,395.6	45.7
35 to 44	610.1	39.5	824.8	52.5	1,434.9	46.0
45 to 54	644.3	43.1	816.1	53.3	1,460.5	48.3
55 to 64	561.9	45.1	671.9	53.0	1,233.8	49.1
65 and over	613.4	46.7	699.8	47.1	1,313.2	46.9
REGION						
Capital city	2,575.7	46.7	2,931.1	51.6	5,506.8	49.2
Rest of state	1,310.2	41.7	1,526.5	48.2	2,836.7	44.9
EMPLOYMENT STATUS						
Employed full time	2,119.5	42.4	1,334.3	53.0	3,453.8	46.0
Employed part time	530.0	49.2	1,438.3	54.1	1,968.3	52.6
Employed refused	*27.4	*44.2	38.7	45.0	66.1	44.7
Total employed	2,677.0	43.6	2,811.2	53.4	5,488.2	48.1
Unemployed	199.2	45.8	172.0	40.7	371.2	43.3
Not in the labour force	1,009.7	48.4	1,474.4	46.6	2,484.1	47.3
MARITAL STATUS						
Married	2,179.1	42.2	2,575.6	50.9	4,754.8	46.5
Not married	1,680.4	48.5	1,848.1	49.7	3,528.5	49.1
Refused/Do not know	*26.3	*69.6	33.9	50.6	60.3	57.4
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	893.7	37.2	1,442.7	49.4	2,336.4	43.9
At least one under 18 — none at home	93.4	40.6	*19.1	*45.2	112.5	41.3
No children under 18	2,897.7	48.1	2,994.9	50.9	5,892.7	49.5
Refused	**1.0	**18.9	**0.9	**54.1	**1.9	**26.6
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	1,236.4	51.0	1,412.0	58.4	2,648.4	54.7
Undergraduate diploma or associate diploma	297.0	47.5	345.4	53.7	642.5	50.6
Certificate, trade qualification or apprenticeship	549.3	44.0	560.1	51.8	1,109.4	47.6
Highest level of secondary school	779.0	44.0	933.1	49.9	1,712.1	47.1
Did not complete highest level of school	737.3	36.6	934.2	41.4	1,671.5	39.2
Never went to school	**0.0	*0.0	*7.0	**77.0	*7.0	**34.4
Still at secondary school	208.1	53.7	168.6	49.5	376.7	51.8
Other	61.1	44.6	78.4	42.3	139.5	43.3
Refused	*17.7	*40.2	*18.8	*39.9	36.4	40.1
LANGUAGE SPOKEN AT HOME						
English only	3,369.3	44.7	4,037.5	51.5	7,406.8	48.2
European language/s other than English	163.7	49.3	158.0	48.0	321.7	48.6
Non-European language/s	372.3	45.0	279.5	39.0	651.8	42.2
Total	3,885.9	44.9	4,457.6	50.4	8,343.6	47.7

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the regular participation rate is the number of persons who participated in the activity at least three times per week on average expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

10.1.4 Total participation in organised physical activity

Table 10: All persons — participation in organised physical activity by frequency, age and sex, 2010 (a)

Sex	Age group (years)	None	Up to once per week (b)	One or two times per week (c)	Three or four times per week (d)	Five or more times per week	Do not know	Total
		Number ('000)						
Males	15 to 24	510.6	240.8	320.3	227.1	228.7	**1.0	1,528.5
	25 to 34	812.4	286.8	277.7	89.8	65.3	**0.0	1,532.1
	35 to 44	891.9	264.1	254.3	93.9	41.8	**0.0	1,545.9
	45 to 54	995.5	231.1	166.7	64.2	38.4	**0.3	1,496.2
	55 to 64	855.0	133.3	172.3	60.3	*23.9	**0.8	1,245.7
	65 and over	903.0	94.7	194.8	84.0	35.0	**1.1	1,312.5
	TOTAL	4,968.5	1,250.7	1,386.0	619.3	433.2	**3.2	8,660.9
Females	15 to 24	566.8	231.1	329.4	186.4	152.3	**1.1	1,467.0
	25 to 34	944.6	193.8	220.9	119.9	43.8	**1.6	1,524.6
	35 to 44	999.9	200.7	203.9	114.5	52.2	**0.6	1,571.8
	45 to 54	1,086.3	147.1	157.7	97.3	41.4	**0.3	1,530.2
	55 to 64	937.6	78.5	138.9	73.0	39.5	**0.8	1,268.2
	65 and over	1,005.1	129.0	218.9	91.6	40.2	**2.3	1,487.1
	TOTAL	5,540.2	980.2	1,269.8	682.7	369.4	**6.6	8,848.9
Persons	15 to 24	1,077.4	471.9	649.7	413.5	381.0	**2.1	2,995.5
	25 to 34	1,757.1	480.6	498.7	209.7	109.1	**1.6	3,056.7
	35 to 44	1,891.7	464.8	458.2	208.4	94.0	**0.6	3,117.7
	45 to 54	2,081.8	378.2	324.4	161.5	79.8	**0.6	3,026.4
	55 to 64	1,792.6	211.8	311.2	133.2	63.4	**1.6	2,513.9
	65 and over	1,908.1	223.7	413.7	175.6	75.3	**3.3	2,799.6
	TOTAL	10,508.7	2,230.9	2,655.8	1,301.9	802.6	*9.8	17,509.8
Percentage of row (%)								
Males	15 to 24	33.4	15.8	21.0	14.9	15.0	**0.1	100.0
	25 to 34	53.0	18.7	18.1	5.9	4.3	**0.0	100.0
	35 to 44	57.7	17.1	16.4	6.1	2.7	**0.0	100.0
	45 to 54	66.5	15.4	11.1	4.3	2.6	**0.0	100.0
	55 to 64	68.6	10.7	13.8	4.8	*1.9	**0.1	100.0
	65 and over	68.8	7.2	14.8	6.4	2.7	**0.1	100.0
	TOTAL	57.4	14.4	16.0	7.1	5.0	**0.0	100.0
Females	15 to 24	38.6	15.8	22.5	12.7	10.4	**0.1	100.0
	25 to 34	62.0	12.7	14.5	7.9	2.9	**0.1	100.0
	35 to 44	63.6	12.8	13.0	7.3	3.3	**0.0	100.0
	45 to 54	71.0	9.6	10.3	6.4	2.7	**0.0	100.0
	55 to 64	73.9	6.2	11.0	5.8	3.1	**0.1	100.0
	65 and over	67.6	8.7	14.7	6.2	2.7	**0.2	100.0
	TOTAL	62.6	11.1	14.3	7.7	4.2	**0.1	100.0
Persons	15 to 24	36.0	15.8	21.7	13.8	12.7	**0.1	100.0
	25 to 34	57.5	15.7	16.3	6.9	3.6	**0.1	100.0
	35 to 44	60.7	14.9	14.7	6.7	3.0	**0.0	100.0
	45 to 54	68.8	12.5	10.7	5.3	2.6	**0.0	100.0
	55 to 64	71.3	8.4	12.4	5.3	2.5	**0.1	100.0
	65 and over	68.2	8.0	14.8	6.3	2.7	**0.1	100.0
	TOTAL	60.0	12.7	15.2	7.4	4.6	*0.1	100.0

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 11: Organised participants — participation in organised physical activity by cumulative frequency, age and sex, 2010 (a) (b)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	240.8	776.1	581.5	455.8	1,017.8
	25 to 34	286.8	432.8	276.8	155.1	719.6
	35 to 44	264.1	390.0	235.7	135.7	654.0
	45 to 54	231.1	269.3	186.9	102.6	500.7
	55 to 64	133.3	256.5	161.9	84.2	390.7
	65 and over	94.7	313.8	208.8	119.0	409.5
	TOTAL	1,250.7	2,438.5	1,651.6	1,052.4	3,692.4
Females	15 to 24	231.1	668.1	477.6	338.7	900.3
	25 to 34	193.8	384.6	251.5	163.7	580.0
	35 to 44	200.7	370.6	250.2	166.7	571.9
	45 to 54	147.1	296.5	203.8	138.7	443.9
	55 to 64	78.5	251.3	176.1	112.4	330.6
	65 and over	129.0	350.8	234.1	131.9	482.0
	TOTAL	980.2	2,321.9	1,593.3	1,052.1	3,308.6
Persons	15 to 24	471.9	1,444.2	1,059.1	794.5	1,918.1
	25 to 34	480.6	817.4	528.3	318.8	1,299.6
	35 to 44	464.8	760.6	485.8	302.4	1,225.9
	45 to 54	378.2	565.8	390.8	241.3	944.6
	55 to 64	211.8	507.8	338.0	196.6	721.3
	65 and over	223.7	664.6	442.9	250.9	891.6
	TOTAL	2,230.9	4,760.4	3,244.9	2,104.5	7,001.1
Total participation rate (%) (c)						
Males	15 to 24	15.8	50.8	38.0	29.8	66.6
	25 to 34	18.7	28.3	18.1	10.1	47.0
	35 to 44	17.1	25.2	15.2	8.8	42.3
	45 to 54	15.4	18.0	12.5	6.9	33.5
	55 to 64	10.7	20.6	13.0	6.8	31.4
	65 and over	7.2	23.9	15.9	9.1	31.2
	TOTAL	14.4	28.2	19.1	12.2	42.6
Females	15 to 24	15.8	45.5	32.6	23.1	61.4
	25 to 34	12.7	25.2	16.5	10.7	38.0
	35 to 44	12.8	23.6	15.9	10.6	36.4
	45 to 54	9.6	19.4	13.3	9.1	29.0
	55 to 64	6.2	19.8	13.9	8.9	26.1
	65 and over	8.7	23.6	15.7	8.9	32.4
	TOTAL	11.1	26.2	18.0	11.9	37.4
Persons	15 to 24	15.8	48.2	35.4	26.5	64.0
	25 to 34	15.7	26.7	17.3	10.4	42.5
	35 to 44	14.9	24.4	15.6	9.7	39.3
	45 to 54	12.5	18.7	12.9	8.0	31.2
	55 to 64	8.4	20.2	13.4	7.8	28.7
	65 and over	8.0	23.7	15.8	9.0	31.8
	TOTAL	12.7	27.2	18.5	12.0	40.0

(a) Relates to persons aged 15 years and over who participated in organised physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) Cumulative frequency should be interpreted as the total number of persons who engaged in the activity with **at least** that frequency (for example, 3.2 million persons engaged in organised physical activity at least twice per week, which is a combination of those who engaged twice, three times, four times and five times per week or more)

(c) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

Table 12: Organised participants — total participation in organised activities by type of organisation, age and sex, 2010 (a)

Sex	Age group (years)	Fitness, leisure or indoor sports centre	Sport or recreation club or association (c)	Work	School	Other	Total organised participation
		Number ('000)					
Males	15 to 24	402.9	794.0	51.5	291.5	94.6	1,017.8
	25 to 34	310.7	516.8	41.9	*19.6	90.7	719.6
	35 to 44	197.7	497.5	58.1	*7.9	104.6	654.0
	45 to 54	133.2	370.1	33.2	*9.3	81.0	500.7
	55 to 64	90.4	282.1	*16.1	**3.7	94.8	390.7
	65 and over	80.8	300.8	**1.7	**2.9	105.1	409.5
	TOTAL		1,215.5	2,761.3	202.5	335.0	571.0
Females	15 to 24	472.1	586.8	48.8	267.8	148.7	900.3
	25 to 34	330.2	282.0	31.0	**5.6	142.4	580.0
	35 to 44	322.3	274.3	*23.8	*22.4	136.1	571.9
	45 to 54	221.0	188.7	*24.2	*10.6	122.9	443.9
	55 to 64	147.0	161.9	*14.1	**5.4	103.8	330.6
	65 and over	172.3	244.0	**1.3	**5.5	189.3	482.0
	TOTAL		1,664.9	1,737.7	143.2	317.3	843.3
Persons	15 to 24	875.0	1,380.8	100.2	559.4	243.3	1,918.1
	25 to 34	640.9	798.8	72.9	*25.2	233.1	1,299.6
	35 to 44	519.9	771.8	81.9	30.3	240.8	1,225.9
	45 to 54	354.2	558.8	57.4	*19.9	204.0	944.6
	55 to 64	237.3	444.0	30.1	*9.1	198.7	721.3
	65 and over	253.1	544.8	**3.0	*8.4	294.4	891.6
	TOTAL		2,880.4	4,499.1	345.7	652.3	1,414.3

Total participation rate (%) (b)

Males	15 to 24	26.4	51.9	3.4	19.1	6.2	66.6
	25 to 34	20.3	33.7	2.7	*1.3	5.9	47.0
	35 to 44	12.8	32.2	3.8	*0.5	6.8	42.3
	45 to 54	8.9	24.7	2.2	*0.6	5.4	33.5
	55 to 64	7.3	22.6	*1.3	**0.3	7.6	31.4
	65 and over	6.2	22.9	**0.1	**0.2	8.0	31.2
	TOTAL		14.0	31.9	2.3	3.9	6.6
Females	15 to 24	32.2	40.0	3.3	18.3	10.1	61.4
	25 to 34	21.7	18.5	2.0	**0.4	9.3	38.0
	35 to 44	20.5	17.4	*1.5	*1.4	8.7	36.4
	45 to 54	14.4	12.3	*1.6	*0.7	8.0	29.0
	55 to 64	11.6	12.8	*1.1	**0.4	8.2	26.1
	65 and over	11.6	16.4	**0.1	**0.4	12.7	32.4
	TOTAL		18.8	19.6	1.6	3.6	9.5
Persons	15 to 24	29.2	46.1	3.3	18.7	8.1	64.0
	25 to 34	21.0	26.1	2.4	*0.8	7.6	42.5
	35 to 44	16.7	24.8	2.6	1.0	7.7	39.3
	45 to 54	11.7	18.5	1.9	*0.7	6.7	31.2
	55 to 64	9.4	17.7	1.2	*0.4	7.9	28.7
	65 and over	9.0	19.5	**0.1	*0.3	10.5	31.8
	TOTAL		16.5	25.7	2.0	3.7	8.1

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) All aerobics/fitness participants describing their activity as organised by a sport or recreation club or association have been recoded to fitness, leisure or indoor sports centre

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

10.1.5 Total participation in specific activities

Table 13: All participants — total participation in specific activities by type of activity, 2010 (a)

Activity	Number ('000)			Total participation rate (%) (b)		
	Organised	Non-organised	Total	Organised	Non-organised	Total
Aerobics/fitness	1,238.0	3,126.5	4,117.6	7.1	17.9	23.5
Aquarobics	120.0	73.7	185.2	0.7	0.4	1.1
Athletics/track and field	91.2	39.3	117.1	0.5	0.2	0.7
Australian rules football	447.3	182.5	577.7	2.6	1.0	3.3
Badminton	47.7	92.3	128.5	0.3	0.5	0.7
Baseball	*25.4	*9.7	31.8	*0.1	*0.1	0.2
Basketball	403.5	267.8	609.6	2.3	1.5	3.5
Billiards/snooker/pool	**5.4	*11.4	*14.7	**0.0	*0.1	*0.1
Boxing	86.5	127.5	206.9	0.5	0.7	1.2
Canoeing/kayaking	60.0	179.9	229.0	0.3	1.0	1.3
Carpet bowls	31.3	**7.1	34.8	0.2	**0.0	0.2
Cricket (indoor)	80.7	41.3	118.9	0.5	0.2	0.7
Cricket (outdoor)	372.1	202.6	563.1	2.1	1.2	3.2
Cycling	264.0	1,985.1	2,081.2	1.5	11.3	11.9
Dancing	328.6	161.5	457.8	1.9	0.9	2.6
Darts	*15.6	*10.1	*22.7	*0.1	*0.1	*0.1
Fishing	41.3	383.2	390.3	0.2	2.2	2.2
Golf	602.7	744.9	1,177.2	3.4	4.3	6.7
Gymnastics	35.2	*26.9	59.6	0.2	*0.2	0.3
Hockey (indoor)	*16.9	*11.1	*25.8	*0.1	*0.1	*0.1
Hockey (outdoor)	157.3	*8.1	160.8	0.9	*0.0	0.9
Horse riding/equestrian activities/polocrosse	87.6	122.7	166.9	0.5	0.7	1.0
Ice/snow sports	50.0	194.7	225.9	0.3	1.1	1.3
Lawn bowls	337.0	58.3	361.3	1.9	0.3	2.1
Martial arts	284.6	103.9	370.4	1.6	0.6	2.1
Motor sports	96.2	172.3	235.5	0.5	1.0	1.3
Netball	537.6	166.6	649.5	3.1	1.0	3.7
Orienteering	61.8	81.2	126.4	0.4	0.5	0.7
Rock climbing	*17.5	47.1	60.2	*0.1	0.3	0.3
Roller sports	**5.1	60.3	62.7	**0.0	0.3	0.4
Rowing	43.4	*25.1	66.0	0.2	*0.1	0.4
Rugby league	178.7	80.0	238.1	1.0	0.5	1.4
Rugby union	118.5	*25.7	135.7	0.7	*0.1	0.8
Running	257.8	1,748.1	1,856.7	1.5	10.0	10.6
Sailing	89.9	81.4	146.9	0.5	0.5	0.8
Scuba diving	28.4	79.3	94.8	0.2	0.5	0.5
Shooting sports	64.7	79.0	133.1	0.4	0.5	0.8
Football (indoor)	222.9	133.9	333.1	1.3	0.8	1.9
Football (outdoor)	593.8	324.5	843.9	3.4	1.9	4.8
Softball	50.7	*10.3	53.7	0.3	*0.1	0.3
Squash/racquetball	82.5	185.9	240.4	0.5	1.1	1.4
Surf sports	40.2	309.7	336.1	0.2	1.8	1.9
Swimming	222.8	2,153.2	2,279.2	1.3	12.3	13.0
Table tennis	45.4	58.7	97.5	0.3	0.3	0.6
Tennis	419.2	736.3	1,050.1	2.4	4.2	6.0
Tenpin bowling	58.1	49.0	104.0	0.3	0.3	0.6
Touch football	398.8	124.0	487.8	2.3	0.7	2.8
Triathlon	50.4	**7.3	54.2	0.3	**0.0	0.3
Volleyball	146.6	70.1	202.1	0.8	0.4	1.2
Walking (bush)	103.2	772.6	846.5	0.6	4.4	4.8
Walking (other)	270.7	6,181.8	6,281.4	1.5	35.3	35.9
Water polo	*13.5	*5.6	*18.5	*0.1	*0.0	*0.1
Waterskiing/powerboating	**6.1	112.9	115.9	**0.0	0.6	0.7
Weight training	131.6	421.7	515.3	0.8	2.4	2.9
Yoga	316.6	332.1	610.2	1.8	1.9	3.5

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 14: All participants — total participation in specific activities (organised and non-organised) by sex, 2010 (a)

Activity	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
Aerobics/fitness	1,620.0	18.7	2,497.6	28.2	4,117.6	23.5
Aquarobics	*22.3	*0.3	162.9	1.8	185.2	1.1
Athletics/track and field	50.8	0.6	66.3	0.7	117.1	0.7
Australian rules football	530.2	6.1	47.5	0.5	577.7	3.3
Badminton	66.7	0.8	61.8	0.7	128.5	0.7
Baseball	*23.0	*0.3	*8.8	*0.1	31.8	0.2
Basketball	405.8	4.7	203.8	2.3	609.6	3.5
Billiards/snooker/pool	*11.6	*0.1	**3.0	**0.0	*14.7	*0.1
Boxing	98.1	1.1	108.8	1.2	206.9	1.2
Canoeing/kayaking	139.1	1.6	89.9	1.0	229.0	1.3
Carpet bowls	*12.2	*0.1	*22.6	*0.3	34.8	0.2
Cricket (indoor)	112.4	1.3	**6.5	**0.1	118.9	0.7
Cricket (outdoor)	515.8	6.0	47.2	0.5	563.1	3.2
Cycling	1,340.2	15.5	741.0	8.4	2,081.2	11.9
Dancing	63.4	0.7	394.4	4.5	457.8	2.6
Darts	*15.0	*0.2	*7.8	*0.1	*22.7	*0.1
Fishing	349.5	4.0	40.8	0.5	390.3	2.2
Golf	985.2	11.4	191.9	2.2	1,177.2	6.7
Gymnastics	*17.9	*0.2	41.7	0.5	59.6	0.3
Hockey (indoor)	*16.9	*0.2	*8.9	*0.1	*25.8	*0.1
Hockey (outdoor)	82.4	1.0	78.4	0.9	160.8	0.9
Horse riding/equestrian activities/polocrosse	31.1	0.4	135.9	1.5	166.9	1.0
Ice/snow sports	120.9	1.4	105.1	1.2	225.9	1.3
Lawn bowls	234.9	2.7	126.4	1.4	361.3	2.1
Martial arts	207.9	2.4	162.5	1.8	370.4	2.1
Motor sports	208.5	2.4	*27.0	*0.3	235.5	1.3
Netball	72.5	0.8	576.9	6.5	649.5	3.7
Orienteering	68.3	0.8	58.1	0.7	126.4	0.7
Rock climbing	36.1	0.4	*24.2	*0.3	60.2	0.3
Roller sports	41.1	0.5	*21.6	*0.2	62.7	0.4
Rowing	31.3	0.4	34.7	0.4	66.0	0.4
Rugby league	218.3	2.5	*19.8	*0.2	238.1	1.4
Rugby union	126.7	1.5	*8.9	*0.1	135.7	0.8
Running	1,112.0	12.8	744.6	8.4	1,856.7	10.6
Sailing	111.0	1.3	35.9	0.4	146.9	0.8
Scuba diving	63.6	0.7	31.2	0.4	94.8	0.5
Shooting sports	123.4	1.4	*9.7	*0.1	133.1	0.8
Football (indoor)	259.8	3.0	73.3	0.8	333.1	1.9
Football (outdoor)	597.4	6.9	246.5	2.8	843.9	4.8
Softball	*8.3	*0.1	45.4	0.5	53.7	0.3
Squash/racquet ball	168.6	1.9	71.8	0.8	240.4	1.4
Surf sports	261.9	3.0	74.2	0.8	336.1	1.9
Swimming	1,047.1	12.1	1,232.1	13.9	2,279.2	13.0
Table tennis	72.7	0.8	*24.8	*0.3	97.5	0.6
Tennis	572.3	6.6	477.8	5.4	1,050.1	6.0
Tenpin bowling	62.1	0.7	41.9	0.5	104.0	0.6
Touch football	309.9	3.6	177.9	2.0	487.8	2.8
Triathlon	31.4	0.4	*22.8	*0.3	54.2	0.3
Volleyball	112.0	1.3	90.1	1.0	202.1	1.2
Walking (bush)	446.5	5.2	400.0	4.5	846.5	4.8
Walking (other)	2,268.9	26.2	4,012.5	45.3	6,281.4	35.9
Water polo	*11.6	*0.1	**6.9	**0.1	*18.5	*0.1
Waterskiing/powerboating	81.9	0.9	34.0	0.4	115.9	0.7
Weight training	334.4	3.9	180.9	2.0	515.3	2.9
Yoga	70.1	0.8	540.1	6.1	610.2	3.5

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 15: All participants — total participation in specific activities (organised and non-organised) by age, 2010 (a)

Activity	Number ('000)						Total
	15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	
Aerobics/fitness	747.1	894.2	833.8	702.7	476.3	463.5	4,117.6
Aquarobics	*9.8	*20.2	*16.1	*25.3	38.2	75.5	185.2
Athletics/track and field	95.8	**6.8	*7.7	*1.5	**2.0	**3.3	117.1
Australian rules football	325.2	131.2	73.8	41.5	**5.3	**0.9	577.7
Badminton	40.9	35.5	*18.7	*18.0	*10.8	**4.4	128.5
Baseball	*13.3	**6.3	*10.4	**0.6	**1.2	**0.0	31.8
Basketball	352.3	139.4	81.9	*25.4	*9.1	**1.5	609.6
Billiards/snooker/pool	**0.6	**2.4	**1.4	**3.6	**2.4	**4.3	*14.7
Boxing	87.2	69.4	*25.2	*17.8	**3.8	**3.5	206.9
Canoeing/kayaking	*25.5	33.9	43.7	58.7	53.4	*13.8	229.0
Carpet bowls	**0.0	**0.0	**0.7	**0.3	**2.8	31.1	34.8
Cricket (indoor)	36.1	40.0	*23.5	*17.7	**1.0	**0.5	118.9
Cricket (outdoor)	212.4	167.8	99.0	60.9	*18.2	**4.8	563.1
Cycling	235.5	435.9	582.7	465.3	247.2	114.7	2,081.2
Dancing	172.8	65.1	38.7	56.3	54.1	71.0	457.8
Darts	**1.5	**2.7	**0.4	**7.1	**6.8	**4.2	*22.7
Fishing	*14.6	73.2	88.1	85.2	89.4	39.8	390.3
Football (indoor)	200.6	83.5	36.6	*8.9	**3.6	**0.0	333.1
Football (outdoor)	481.9	161.2	134.9	59.0	**6.4	**0.6	843.9
Golf	53.5	167.1	222.4	230.8	238.7	264.5	1,177.2
Gymnastics	29.4	*9.8	*8.3	**4.7	**2.7	**4.7	59.6
Hockey (indoor)	*17.4	**1.7	**4.6	**0.2	**0.6	**1.4	*25.8
Hockey (outdoor)	73.9	28.2	31.6	*21.6	**4.6	**0.8	160.8
Horse riding/equestrian activities/polocrosse	46.0	29.4	39.7	29.4	*16.3	**6.1	166.9
Ice/snow sports	47.6	48.7	41.9	58.2	*14.2	*15.3	225.9
Lawn bowls	**6.6	*21.2	*17.3	32.7	72.3	211.2	361.3
Martial arts	111.1	87.4	49.7	31.6	35.1	55.4	370.4
Motor sports	67.2	38.6	67.4	37.8	*19.3	**5.2	235.5
Netball	299.4	205.6	97.4	36.1	**5.4	**5.6	649.5
Orienteering	78.3	*16.4	*10.0	*16.6	**3.8	**1.3	126.4
Rock climbing	*23.5	*10.7	*9.8	*12.6	**1.9	**1.7	60.2
Roller sports	29.8	*17.1	*7.4	**7.2	**0.4	**0.7	62.7
Rowing	29.3	**5.9	**5.5	*15.6	**6.2	**3.6	66.0
Rugby league	160.5	49.1	*19.4	*8.9	**0.1	**0.0	238.1
Rugby union	87.3	*23.3	*20.6	*3.0	**1.4	**0.0	135.7
Running	431.4	539.1	496.6	259.7	93.6	36.2	1,856.7
Sailing	*10.0	*8.3	*22.3	47.4	41.5	*17.3	146.9
Scuba diving	*14.3	*17.9	*20.5	30.8	*9.1	**2.2	94.8
Shooting sports	31.2	*20.7	*26.7	*17.6	*22.5	*14.3	133.1
Softball	*19.2	*11.3	*15.5	**6.7	**1.0	**0.0	53.7
Squash/racquet ball	49.9	65.7	57.9	40.9	*19.6	**6.3	240.4
Surf sports	73.2	70.1	70.2	73.0	40.4	*9.1	336.1
Swimming	343.8	458.3	510.1	471.9	298.2	197.0	2,279.2
Table tennis	*26.8	*12.4	*19.5	*13.3	*8.3	*17.2	97.5
Tennis	231.5	181.5	218.4	167.3	135.0	116.5	1,050.1
Tenpin bowling	*14.8	*18.3	*20.2	*25.3	*13.8	*11.6	104.0
Touch football	243.0	135.5	70.0	31.9	**6.6	**0.8	487.8
Triathlon	**5.9	*8.6	*27.8	*9.0	**1.4	**1.5	54.2
Volleyball	121.1	35.4	*26.1	*15.7	**3.3	**0.4	202.1
Walking (bush)	39.9	106.1	196.4	229.4	169.3	105.4	846.5
Walking (other)	318.6	863.0	1,111.2	1,380.4	1,268.9	1,339.2	6,281.4
Water polo	*13.9	**0.7	**3.8	**0.0	**0.0	**0.0	*18.5
Waterskiing/powerboating	*25.9	*16.2	33.3	*25.5	*11.4	**3.6	115.9
Weight training	104.6	140.0	100.6	76.4	57.2	36.5	515.3
Yoga	84.3	138.8	117.1	124.0	90.1	55.9	610.2

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 15 continued: All participants — total participation in specific activities (organised and non-organised) by age, 2010

Activity	Total participation rate (%) (b)						Total
	15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	
Aerobics/fitness	24.9	29.3	26.7	23.2	18.9	16.6	23.5
Aquarobics	*0.3	*0.7	*0.5	*0.8	1.5	2.7	1.1
Athletics/track and field	3.2	**0.2	*0.2	**0.0	**0.1	**0.1	0.7
Australian rules football	10.9	4.3	2.4	1.4	**0.2	**0.0	3.3
Badminton	1.4	1.2	*0.6	*0.6	*0.4	**0.2	0.7
Baseball	*0.4	**0.2	*0.3	**0.0	**0.0	**0.0	0.2
Basketball	11.8	4.6	2.6	*0.8	*0.4	**0.1	3.5
Billiards/snooker/pool	**0.0	**0.1	**0.0	**0.1	**0.1	**0.2	*0.1
Boxing	2.9	2.3	*0.8	*0.6	**0.2	**0.1	1.2
Canoeing/kayaking	*0.9	1.1	1.4	1.9	2.1	*0.5	1.3
Carpet bowls	**0.0	**0.0	**0.0	**0.0	**0.1	1.1	0.2
Cricket (indoor)	1.2	1.3	*0.8	*0.6	**0.0	**0.0	0.7
Cricket (outdoor)	7.1	5.5	3.2	2.0	*0.7	**0.2	3.2
Cycling	7.9	14.3	18.7	15.4	9.8	4.1	11.9
Dancing	5.8	2.1	1.2	1.9	2.2	2.5	2.6
Darts	**0.1	**0.1	**0.0	**0.2	**0.3	**0.2	*0.1
Fishing	*0.5	2.4	2.8	2.8	3.6	1.4	2.2
Football (indoor)	6.7	2.7	1.2	*0.3	**0.1	**0.0	1.9
Football (outdoor)	16.1	5.3	4.3	1.9	**0.3	**0.0	4.8
Golf	1.8	5.5	7.1	7.6	9.5	9.4	6.7
Gymnastics	1.0	*0.3	*0.3	**0.2	**0.1	**0.2	0.3
Hockey (indoor)	*0.6	**0.1	**0.1	**0.0	**0.0	**0.0	*0.1
Hockey (outdoor)	2.5	0.9	1.0	*0.7	**0.2	**0.0	0.9
Horse riding/equestrian activities/polocrosse	1.5	1.0	1.3	1.0	*0.6	**0.2	1.0
Ice/snow sports	1.6	1.6	1.3	1.9	*0.6	*0.5	1.3
Lawn bowls	**0.2	*0.7	*0.6	1.1	2.9	7.5	2.1
Martial arts	3.7	2.9	1.6	1.0	1.4	2.0	2.1
Motor sports	2.2	1.3	2.2	1.3	*0.8	**0.2	1.3
Netball	10.0	6.7	3.1	1.2	**0.2	**0.2	3.7
Orienteering	2.6	*0.5	*0.3	*0.5	**0.1	**0.0	0.7
Rock climbing	*0.8	*0.4	*0.3	*0.4	**0.1	**0.1	0.3
Roller sports	1.0	*0.6	*0.2	**0.2	**0.0	**0.0	0.4
Rowing	1.0	**0.2	**0.2	*0.5	**0.2	**0.1	0.4
Rugby league	5.4	1.6	*0.6	*0.3	**0.0	**0.0	1.4
Rugby union	2.9	*0.8	*0.7	**0.1	**0.1	**0.0	0.8
Running	14.4	17.6	15.9	8.6	3.7	1.3	10.6
Sailing	*0.3	*0.3	*0.7	1.6	1.7	*0.6	0.8
Scuba diving	*0.5	*0.6	*0.7	1.0	*0.4	**0.1	0.5
Shooting sports	1.0	*0.7	*0.9	*0.6	*0.9	*0.5	0.8
Softball	*0.6	*0.4	*0.5	**0.2	**0.0	**0.0	0.3
Squash/racquet ball	1.7	2.2	1.9	1.4	*0.8	**0.2	1.4
Surf sports	2.4	2.3	2.3	2.4	1.6	*0.3	1.9
Swimming	11.5	15.0	16.4	15.6	11.9	7.0	13.0
Table tennis	*0.9	*0.4	*0.6	*0.4	*0.3	*0.6	0.6
Tennis	7.7	5.9	7.0	5.5	5.4	4.2	6.0
Tenpin bowling	*0.5	*0.6	*0.6	*0.8	*0.5	*0.4	0.6
Touch football	8.1	4.4	2.2	1.1	**0.3	**0.0	2.8
Triathlon	**0.2	*0.3	*0.9	*0.3	**0.1	**0.1	0.3
Volleyball	4.0	1.2	*0.8	*0.5	**0.1	**0.0	1.2
Walking (bush)	1.3	3.5	6.3	7.6	6.7	3.8	4.8
Walking (other)	10.6	28.2	35.6	45.6	50.5	47.8	35.9
Water polo	*0.5	**0.0	**0.1	**0.0	**0.0	**0.0	*0.1
Waterskiing/powerboating	*0.9	*0.5	1.1	*0.8	*0.5	**0.1	0.7
Weight training	3.5	4.6	3.2	2.5	2.3	1.3	2.9
Yoga	2.8	4.5	3.8	4.1	3.6	2.0	3.5

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

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** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 16: All participants — participation in specific activities (organised and non-organised) by frequency, 2010 (a)

Activity	Number ('000)						Total
	1-6 times per year	7-12 times per year	13-26 times per year	27-52 times per year	53-104 times per year	More than 104 times per year	
Aerobics/fitness	146.6	155.5	332.6	676.1	958.3	1,840.1	4,109.1
Aquarobics	*12.5	*24.6	*27.1	61.5	36.6	*22.8	185.2
Athletics/track and field	*24.2	*13.5	*16.6	*16.2	*19.8	*26.6	116.8
Australian rules football	48.5	48.9	90.1	121.4	128.1	140.4	577.5
Badminton	*20.6	*11.0	*20.6	47.9	*21.2	**7.3	128.5
Baseball	**1.7	**2.0	*7.5	*8.9	**4.5	**7.3	31.8
Basketball	78.6	49.9	78.7	199.9	102.4	95.7	605.2
Billiards/snooker/pool	*2.1	*3.4	*1.6	*2.6	*3.7	*1.3	*14.7
Boxing	*19.4	*5.0	*22.0	87.7	50.5	*21.3	206.0
Canoeing/kayaking	101.3	43.0	31.5	31.0	*14.2	*7.9	229.0
Carpet bowls	**1.2	**1.0	*3.1	*14.2	*11.0	**2.7	33.3
Cricket (indoor)	*17.5	*15.4	28.1	46.3	**7.2	*1.3	115.8
Cricket (outdoor)	119.2	78.1	114.4	85.7	80.1	85.4	562.9
Cycling	252.1	264.9	340.1	418.1	284.5	517.1	2,076.9
Dancing	30.9	38.5	31.0	145.1	106.8	105.3	457.6
Darts	**1.5	**0.3	**0.9	*9.7	**5.0	**5.4	*22.7
Fishing	89.2	90.1	95.2	76.1	28.6	*10.4	389.5
Football (indoor)	49.9	52.8	51.3	128.8	37.2	*13.0	333.1
Football (outdoor)	117.3	103.7	126.2	190.6	153.1	149.1	840.0
Golf	264.2	184.2	152.2	292.4	201.6	82.1	1,176.6
Gymnastics	*5.4	*2.8	*3.0	*20.1	*16.6	*11.3	59.2
Hockey (indoor)	**1.8	**7.3	*3.8	*7.0	*2.4	*3.5	*25.8
Hockey (outdoor)	*10.8	*8.1	43.8	42.9	31.5	*23.8	160.8
Horse riding/equestrian activities/polocrosse	*23.1	*15.5	*18.7	*24.1	*16.0	69.5	166.9
Ice/snow sports	113.8	40.3	*27.4	*20.6	*6.7	*13.2	222.0
Lawn bowls	32.3	31.8	35.4	87.6	106.6	65.6	359.3
Martial arts	*16.9	*24.1	32.3	97.6	93.4	102.1	366.3
Motor sports	35.3	69.6	46.6	46.6	*21.7	*15.1	234.9
Netball	48.8	73.1	110.3	234.2	109.7	71.5	647.7
Orienteering	*25.7	*10.2	*13.0	*19.8	*24.2	33.4	126.4
Rock climbing	*25.5	*14.7	*4.3	*10.8	*2.6	*1.8	59.7
Roller sports	*14.9	*7.1	*7.7	*14.7	*1.8	*15.6	61.7
Rowing	*3.2	*8.6	*4.2	*12.4	*13.2	*24.4	66.0
Rugby league	*12.6	*16.9	35.8	72.4	51.7	48.7	237.9
Rugby union	*10.0	*16.4	29.4	*25.9	37.2	*16.7	135.7
Running	94.2	104.6	152.3	413.3	436.1	646.9	1,847.4
Sailing	32.3	*22.7	*26.9	44.0	*12.4	*8.0	146.3
Scuba diving	48.5	*22.1	*12.8	*5.7	*5.2	*0.6	94.8
Shooting sports	44.1	*17.5	*23.0	28.2	*11.0	*9.2	133.1
Softball	*15.3	*8.2	*7.7	*13.5	*3.5	*5.5	53.7
Squash/racquet ball	43.6	44.2	*21.8	72.0	45.7	*13.0	240.4
Surf sports	59.7	52.4	66.1	70.3	49.0	37.8	335.3
Swimming	236.5	334.2	405.1	567.3	414.4	311.2	2,268.6
Table tennis	*16.6	*6.4	*20.4	*20.6	*15.7	*17.9	97.5
Tennis	202.8	187.0	146.4	325.9	149.1	38.1	1,049.2
Tenpin bowling	39.1	*7.4	*3.3	36.8	*8.3	*9.1	104.0
Touch football	55.3	89.3	114.7	132.7	68.5	*22.9	483.3
Triathlon	*20.0	*4.9	*5.6	*4.5	*2.9	*16.3	54.2
Volleyball	*21.6	35.1	42.1	67.1	*19.4	*12.4	197.6
Walking (bush)	320.2	201.1	120.4	101.4	28.0	71.3	842.5
Walking (other)	114.0	161.7	291.9	855.9	1,124.7	3,706.0	6,254.3
Water polo	*0.8	*8.7	*1.8	*3.5	*1.1	*2.6	*18.5
Waterskiing/powerboating	30.1	*26.0	33.1	*17.2	*9.5	*0.0	115.9
Weight training	*21.4	*11.2	32.0	97.8	147.0	204.5	513.8
Yoga	53.0	54.5	74.6	253.8	100.4	73.5	609.8

continued over

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 16 continued: All participants — participation in specific activities (organised and non-organised) by frequency, 2010

Activity	Total participation rate (%) (b)						Total	Mean times per year	Median times per year
	1-6 times per year	7-12 times per year	13-26 times per year	27-52 times per year	53-104 times per year	More than 104 times per year			
Aerobics/fitness	0.8	0.9	1.9	3.9	5.5	10.5	23.5	126.6	104.2
Aquarobics	*0.1	*0.1	*0.2	0.4	0.2	*0.1	1.1	60.6	51.7
Athletics/track and field	*0.1	*0.1	*0.1	*0.1	*0.1	*0.2	0.7	78.2	51.5
Australian rules football	0.3	0.3	0.5	0.7	0.7	0.8	3.3	71.7	51.8
Badminton	*0.1	*0.1	*0.1	0.3	*0.1	**0.0	0.7	48.1	51.5
Baseball	**0.0	**0.0	*0.0	*0.1	**0.0	**0.0	0.2	106.7	36.2
Basketball	0.4	0.3	0.4	1.1	0.6	0.5	3.5	66.8	51.5
Billiards/snooker/pool	**0.0	**0.0	**0.0	**0.0	**0.0	**0.0	*0.1	*56.7	*29.7
Boxing	*0.1	**0.0	*0.1	0.5	0.3	*0.1	1.2	64.7	52.0
Canoeing/kayaking	0.6	0.2	0.2	0.2	*0.1	*0.0	1.3	24.9	10.5
Carpet bowls	**0.0	**0.0	**0.0	*0.1	*0.1	**0.0	0.2	71.3	52.1
Cricket (indoor)	*0.1	*0.1	0.2	0.3	**0.0	**0.0	0.7	32.9	26.1
Cricket (outdoor)	0.7	0.4	0.7	0.5	0.5	0.5	3.2	53.7	20.4
Cycling	1.4	1.5	1.9	2.4	1.6	3.0	11.9	86.6	50.4
Dancing	0.2	0.2	0.2	0.8	0.6	0.6	2.6	87.1	52.3
Darts	**0.0	**0.0	**0.0	*0.1	**0.0	**0.0	*0.1	*83.6	*51.8
Fishing	0.5	0.5	0.5	0.4	0.2	*0.1	2.2	28.2	15.3
Football (indoor)	0.3	0.3	0.3	0.7	0.2	*0.1	1.9	41.0	39.6
Football (outdoor)	0.7	0.6	0.7	1.1	0.9	0.9	4.8	63.8	48.2
Golf	1.5	1.1	0.9	1.7	1.2	0.5	6.7	45.0	26.1
Gymnastics	**0.0	**0.0	**0.0	*0.1	*0.1	*0.1	0.3	85.4	52.4
Hockey (indoor)	**0.0	**0.0	**0.0	**0.0	**0.0	**0.0	*0.1	*54.0	*24.4
Hockey (outdoor)	*0.1	*0.0	0.3	0.2	0.2	*0.1	0.9	60.6	39.6
Horse riding/equestrian activities/polocrosse	*0.1	*0.1	*0.1	*0.1	*0.1	0.4	1.0	123.2	60.5
Ice/snow sports	0.6	0.2	*0.2	*0.1	**0.0	*0.1	1.3	26.5	6.0
Lawn bowls	0.2	0.2	0.2	0.5	0.6	0.4	2.1	75.3	52.3
Martial arts	*0.1	*0.1	0.2	0.6	0.5	0.6	2.1	97.3	80.2
Motor sports	0.2	0.4	0.3	0.3	*0.1	*0.1	1.3	45.1	20.1
Netball	0.3	0.4	0.6	1.3	0.6	0.4	3.7	61.4	51.5
Orienteering	*0.1	*0.1	*0.1	*0.1	*0.1	0.2	0.7	97.1	51.9
Rock climbing	*0.1	*0.1	**0.0	*0.1	**0.0	**0.0	0.3	22.1	9.8
Roller sports	*0.1	**0.0	*0.0	*0.1	**0.0	*0.1	0.4	91.4	32.4
Rowing	**0.0	*0.0	**0.0	*0.1	*0.1	*0.1	0.4	114.9	103.5
Rugby league	*0.1	*0.1	0.2	0.4	0.3	0.3	1.4	70.9	51.8
Rugby union	*0.1	*0.1	0.2	*0.1	0.2	*0.1	0.8	54.8	48.2
Running	0.5	0.6	0.9	2.4	2.5	3.7	10.6	110.3	103.6
Sailing	0.2	*0.1	*0.2	0.3	*0.1	*0.0	0.8	39.0	20.5
Scuba diving	0.3	*0.1	*0.1	**0.0	**0.0	**0.0	0.5	15.5	6.3
Shooting sports	0.3	*0.1	*0.1	0.2	*0.1	*0.1	0.8	38.6	19.5
Softball	*0.1	*0.0	*0.0	*0.1	**0.0	**0.0	0.3	44.4	18.2
Squash/racquet ball	0.2	0.3	*0.1	0.4	0.3	*0.1	1.4	48.7	34.8
Surf sports	0.3	0.3	0.4	0.4	0.3	0.2	1.9	59.1	25.9
Swimming	1.4	1.9	2.3	3.2	2.4	1.8	13.0	61.0	39.9
Table tennis	*0.1	**0.0	*0.1	*0.1	*0.1	*0.1	0.6	79.7	45.0
Tennis	1.2	1.1	0.8	1.9	0.9	0.2	6.0	40.6	26.0
Tenpin bowling	0.2	**0.0	**0.0	0.2	*0.0	*0.1	0.6	43.9	38.4
Touch football	0.3	0.5	0.7	0.8	0.4	*0.1	2.8	41.9	25.5
Triathlon	*0.1	**0.0	**0.0	**0.0	**0.0	*0.1	0.3	106.6	19.8
Volleyball	*0.1	0.2	0.2	0.4	*0.1	*0.1	1.1	43.6	29.5
Walking (bush)	1.8	1.1	0.7	0.6	0.2	0.4	4.8	34.7	11.7
Walking (other)	0.7	0.9	1.7	4.9	6.4	21.2	35.7	180.3	155.9
Water polo	**0.0	*0.0	**0.0	**0.0	**0.0	**0.0	*0.1	*44.7	*12.2
Waterskiing/powerboating	0.2	*0.1	0.2	*0.1	*0.1	**0.0	0.7	21.7	15.0
Weight training	*0.1	*0.1	0.2	0.6	0.8	1.2	2.9	123.0	104.0
Yoga	0.3	0.3	0.4	1.4	0.6	0.4	3.5	67.1	51.7

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

10.1.6 Total participation in specific organised activities

Table 17: Organised participants — total participation in specific organised activities by age, 2010 (a)

Activity	Number ('000)						Total
	15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	
Aerobics/fitness	193.1	262.6	263.0	181.3	146.5	191.5	1,238.0
Aquarobics	*7.8	*14.2	*12.7	*12.5	*23.1	49.6	120.0
Athletics/track and field	80.2	**5.9	**0.3	**1.5	**0.0	**3.3	91.2
Australian rules football	276.5	85.4	56.6	*26.0	**2.2	**0.7	447.3
Badminton	*19.1	*9.2	*6.1	*4.7	*6.7	*1.9	47.7
Baseball	*7.4	**6.3	*10.4	*0.0	*1.2	*0.0	*25.4
Basketball	246.0	89.0	50.8	*12.6	*4.5	*0.6	403.5
Billiards/snooker/pool	**0.6	**0.0	*1.4	*0.5	*0.8	*2.1	*5.4
Boxing	36.3	*25.5	*12.1	*10.5	*1.9	*0.2	86.5
Canoeing/kayaking	*11.6	**7.3	*10.2	*17.0	*11.0	*2.9	60.0
Carpet bowls	**0.0	**0.0	*0.7	*0.3	*2.5	*27.8	31.3
Cricket (indoor)	*26.4	*21.8	*16.5	*14.5	*1.0	*0.5	80.7
Cricket (outdoor)	163.2	89.4	64.4	43.5	*9.8	*1.7	372.1
Cycling	38.0	56.1	75.3	48.6	28.4	*17.5	264.0
Dancing	140.4	35.9	*26.7	41.5	34.5	49.6	328.6
Darts	**0.9	**2.4	*0.4	*6.4	*4.5	*1.0	*15.6
Fishing	**0.5	**6.2	*11.2	*8.7	*12.2	*2.4	41.3
Football (indoor)	135.2	56.7	*22.7	*7.7	*0.7	*0.0	222.9
Football (outdoor)	385.6	94.7	71.7	37.4	*4.1	*0.3	593.8
Golf	*21.3	53.2	91.4	117.5	142.9	176.4	602.7
Gymnastics	*26.9	*7.5	**0.0	*0.6	*0.2	*0.0	35.2
Hockey (indoor)	*11.3	*1.7	*2.7	*0.2	*0.6	*0.5	*16.9
Hockey (outdoor)	71.3	*27.7	31.5	*21.6	*4.4	*0.7	157.3
Horse riding/equestrian activities/polocrosse	34.9	*15.5	*15.8	*11.7	*8.3	*1.4	87.6
Ice/snow sports	*9.8	*16.2	*6.0	*12.3	*1.1	*4.7	50.0
Lawn bowls	**6.3	*16.4	*14.6	30.8	70.6	198.2	337.0
Martial arts	94.1	65.6	43.2	*20.6	*19.9	41.2	284.6
Motor sports	*26.1	*12.8	*26.7	*19.8	*10.1	*0.8	96.2
Netball	261.5	158.6	79.2	*27.4	*5.3	*5.6	537.6
Orienteering	46.8	*1.7	*3.8	*5.4	*3.0	*1.1	61.8
Rock climbing	*11.1	**0.0	*1.7	*3.9	*0.7	*0.1	*17.5
Roller sports	**4.0	*0.7	*0.2	*0.1	*0.0	*0.2	*5.1
Rowing	*24.2	*5.4	*2.8	*8.0	*3.0	*0.0	43.4
Rugby league	138.9	*18.8	*17.9	*3.2	*0.0	*0.0	178.7
Rugby union	80.8	*17.9	*15.6	*2.9	*1.4	*0.0	118.5
Running	32.1	77.7	81.9	47.0	*13.5	*5.5	257.8
Sailing	*10.0	*5.3	*14.3	*26.8	*22.3	*11.2	89.9
Scuba diving	**5.5	*4.4	*10.7	*4.0	*3.6	*0.2	28.4
Shooting sports	**4.5	*7.0	*16.3	*7.3	*19.2	*10.4	64.7
Softball	*17.9	*11.0	*14.1	*6.7	*1.0	*0.0	50.7
Squash/racquet ball	*21.5	*19.5	*17.3	*14.7	*7.7	*1.7	82.5
Surf sports	*23.8	*3.8	*2.3	*6.0	*2.2	*2.2	40.2
Swimming	85.3	44.3	36.2	*27.6	*15.3	*14.0	222.8
Table tennis	*13.6	*1.2	*11.4	*4.5	*2.8	*11.8	45.4
Tennis	105.7	47.3	78.0	66.6	68.6	52.9	419.2
Tenpin bowling	*8.2	*7.2	*12.3	*14.0	*8.2	*8.2	58.1
Touch football	211.2	102.1	50.6	*27.7	*6.4	*0.8	398.8
Triathlon	*4.8	*6.4	*27.5	*9.0	*1.2	*1.5	50.4
Volleyball	89.0	*27.2	*14.7	*12.3	*2.9	*0.4	146.6
Walking (bush)	**5.0	*8.4	*24.1	*19.5	*19.4	*26.8	103.2
Walking (other)	**4.3	*17.4	44.3	46.2	68.7	89.7	270.7
Water polo	*8.9	*0.7	*3.8	*0.0	*0.0	*0.0	*13.5
Waterskiing/powerboating	**1.4	*1.5	*0.9	*0.3	*1.8	*0.2	*6.1
Weight training	*15.3	45.7	30.0	*15.9	*11.9	*12.8	131.6
Yoga	50.8	75.8	59.2	60.2	35.9	34.7	316.6

continued over

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 17 continued: Organised participants — total participation in specific organised activities by age, 2010

Activity	Total participation rate (%) (b)						Total
	15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	
Aerobics/fitness	6.4	8.6	8.4	6.0	5.8	6.8	7.1
Aquarobics	*0.3	*0.5	*0.4	*0.4	*0.9	1.8	0.7
Athletics/track and field	2.7	**0.2	**0.0	**0.0	**0.0	**0.1	0.5
Australian rules football	9.2	2.8	1.8	*0.9	**0.1	**0.0	2.6
Badminton	*0.6	*0.3	**0.2	**0.2	**0.3	**0.1	0.3
Baseball	*0.2	**0.2	*0.3	**0.0	**0.0	**0.0	*0.1
Basketball	8.2	2.9	1.6	*0.4	**0.2	**0.0	2.3
Billiards/snooker/pool	**0.0	**0.0	**0.0	**0.0	**0.0	**0.1	**0.0
Boxing	1.2	*0.8	*0.4	*0.3	**0.1	**0.0	0.5
Canoeing/kayaking	*0.4	**0.2	*0.3	*0.6	*0.4	**0.1	0.3
Carpet bowls	**0.0	**0.0	**0.0	**0.0	**0.1	*1.0	0.2
Cricket (indoor)	*0.9	*0.7	*0.5	*0.5	**0.0	**0.0	0.5
Cricket (outdoor)	5.4	2.9	2.1	1.4	*0.4	**0.1	2.1
Cycling	1.3	1.8	2.4	1.6	1.1	*0.6	1.5
Dancing	4.7	1.2	*0.9	1.4	1.4	1.8	1.9
Darts	**0.0	**0.1	**0.0	**0.2	**0.2	**0.0	*0.1
Fishing	**0.0	**0.2	*0.4	*0.3	*0.5	**0.1	0.2
Football (indoor)	4.5	1.9	*0.7	*0.3	**0.0	**0.0	1.3
Football (outdoor)	12.9	3.1	2.3	1.2	**0.2	**0.0	3.4
Golf	*0.7	1.7	2.9	3.9	5.7	6.3	3.4
Gymnastics	*0.9	*0.2	**0.0	**0.0	**0.0	**0.0	0.2
Hockey (indoor)	*0.4	**0.1	**0.1	**0.0	**0.0	**0.0	*0.1
Hockey (outdoor)	2.4	*0.9	1.0	*0.7	**0.2	**0.0	0.9
Horse riding/equestrian activities/polocrosse	1.2	*0.5	*0.5	*0.4	*0.3	**0.0	0.5
Ice/snow sports	*0.3	*0.5	**0.2	*0.4	**0.0	**0.2	0.3
Lawn bowls	**0.2	*0.5	*0.5	1.0	2.8	7.1	1.9
Martial arts	3.1	2.1	1.4	*0.7	*0.8	1.5	1.6
Motor sports	*0.9	*0.4	*0.9	*0.7	*0.4	**0.0	0.5
Netball	8.7	5.2	2.5	*0.9	**0.2	**0.2	3.1
Orienteering	1.6	**0.1	**0.1	**0.2	**0.1	**0.0	0.4
Rock climbing	*0.4	**0.0	**0.1	**0.1	**0.0	**0.0	*0.1
Roller sports	**0.1	**0.0	**0.0	**0.0	**0.0	**0.0	**0.0
Rowing	*0.8	**0.2	**0.1	*0.3	**0.1	**0.0	0.2
Rugby league	4.6	*0.6	*0.6	**0.1	**0.0	**0.0	1.0
Rugby union	2.7	*0.6	*0.5	**0.1	**0.1	**0.0	0.7
Running	1.1	2.5	2.6	1.6	*0.5	**0.2	1.5
Sailing	*0.3	**0.2	*0.5	*0.9	*0.9	*0.4	0.5
Scuba diving	**0.2	**0.1	*0.3	**0.1	**0.1	**0.0	0.2
Shooting sports	**0.1	**0.2	*0.5	**0.2	*0.8	*0.4	0.4
Softball	*0.6	*0.4	*0.5	**0.2	**0.0	**0.0	0.3
Squash/racquet ball	*0.7	*0.6	*0.6	*0.5	*0.3	**0.1	0.5
Surf sports	*0.8	**0.1	**0.1	**0.2	**0.1	**0.1	0.2
Swimming	2.8	1.5	1.2	*0.9	*0.6	*0.5	1.3
Table tennis	*0.5	**0.0	*0.4	**0.1	**0.1	*0.4	0.3
Tennis	3.5	1.5	2.5	2.2	2.7	1.9	2.4
Tenpin bowling	*0.3	**0.2	*0.4	*0.5	*0.3	*0.3	0.3
Touch football	7.0	3.3	1.6	*0.9	**0.3	**0.0	2.3
Triathlon	**0.2	**0.2	*0.9	*0.3	**0.0	**0.1	0.3
Volleyball	3.0	*0.9	*0.5	*0.4	**0.1	**0.0	0.8
Walking (bush)	**0.2	*0.3	*0.8	*0.6	*0.8	*1.0	0.6
Walking (other)	**0.1	*0.6	1.4	1.5	2.7	3.2	1.5
Water polo	*0.3	**0.0	**0.1	**0.0	**0.0	**0.0	*0.1
Waterskiing/ powerboating	**0.0	**0.0	**0.0	**0.0	**0.1	**0.0	**0.0
Weight training	*0.5	1.5	1.0	*0.5	*0.5	*0.5	0.8
Yoga	1.7	2.5	1.9	2.0	1.4	1.2	1.8

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

10.2 2001–2010 state/territory tables

Table 18: All participants — total participation in any physical activity by state/territory, age and sex, 2010 (a)

		ACT	NSW	NT	QLD	SA	TAS	VIC	WA	AUSTRALIA
Sex	Age group (years)	Number ('000)								
Males	15 to 24	21.6	434.0	15.7	268.3	102.4	30.8	359.7	145.2	1,377.9
	25 to 34	25.8	407.1	14.8	270.8	91.2	23.6	350.0	157.0	1,340.3
	35 to 44	22.5	415.8	15.1	269.3	97.3	27.9	344.6	143.6	1,336.2
	45 to 54	21.3	395.3	12.4	245.9	89.4	27.6	303.8	131.5	1,227.1
	55 to 64	17.5	314.9	8.3	192.1	77.4	24.8	239.4	112.2	986.7
	65 and over	13.4	334.3	4.5	173.1	77.1	24.0	236.1	91.3	953.7
	TOTAL		122.2	2,301.4	70.9	1,419.5	534.7	158.7	1,833.7	780.8
Females	15 to 24	23.0	394.3	13.1	257.9	92.2	27.2	318.2	124.1	1,250.1
	25 to 34	24.3	425.6	15.3	256.1	90.2	23.7	320.5	136.3	1,292.0
	35 to 44	23.0	409.6	14.1	272.1	99.5	28.7	334.8	135.6	1,317.4
	45 to 54	21.6	398.7	10.3	259.9	96.0	29.7	311.6	131.2	1,258.9
	55 to 64	17.6	313.3	7.4	194.0	78.2	26.4	250.1	106.0	993.0
	65 and over	14.4	357.8	3.9	197.6	88.4	28.1	279.2	99.8	1,069.1
	TOTAL		123.9	2,299.3	64.1	1,437.7	544.4	163.9	1,814.3	732.9
Persons	15 to 24	44.6	828.4	28.8	526.2	194.6	58.1	678.0	269.3	2,628.0
	25 to 34	50.1	832.7	30.1	526.9	181.3	47.3	670.6	293.3	2,632.3
	35 to 44	45.6	825.4	29.2	541.5	196.8	56.6	679.4	279.2	2,653.6
	45 to 54	42.9	793.9	22.7	505.8	185.4	57.3	615.3	262.6	2,486.0
	55 to 64	35.0	628.2	15.7	386.1	155.6	51.2	489.5	218.2	1,979.7
	65 and over	27.8	692.0	8.4	370.7	165.5	52.0	515.2	191.1	2,022.7
	TOTAL		246.1	4,600.7	135.0	2,857.2	1,079.1	322.5	3,648.0	1,513.7
Total participation rate (%) (b)										
Males	15 to 24	85.2	89.6	87.0	85.7	93.1	91.9	93.8	90.5	90.1
	25 to 34	90.4	82.8	78.3	88.0	86.3	84.0	90.3	95.6	87.5
	35 to 44	87.5	85.1	87.5	85.5	88.3	87.4	88.5	85.4	86.4
	45 to 54	91.5	81.9	80.2	82.1	79.0	76.4	82.9	82.5	82.0
	55 to 64	91.7	78.3	72.5	75.9	79.3	76.6	79.6	87.0	79.2
	65 and over	81.9	75.8	69.4	68.4	70.7	68.9	72.1	73.4	72.7
	TOTAL	88.3	82.5	80.8	81.5	82.8	80.6	85.1	86.2	83.4
Females	15 to 24	94.2	84.2	81.8	85.7	86.9	86.4	86.6	81.8	85.2
	25 to 34	87.2	85.5	80.8	83.6	87.5	80.7	82.9	88.1	84.7
	35 to 44	88.5	81.7	82.4	84.9	89.9	85.2	83.6	83.9	83.8
	45 to 54	88.0	80.4	70.9	84.3	82.9	79.6	82.6	83.7	82.3
	55 to 64	87.8	76.3	75.0	76.6	76.2	78.4	80.2	84.0	78.3
	65 and over	76.0	70.5	68.8	72.0	69.1	71.8	74.0	73.3	71.9
	TOTAL	87.4	79.8	78.0	81.5	81.7	80.1	81.7	82.6	81.1
Persons	15 to 24	89.6	86.9	84.6	85.7	90.0	89.2	90.2	86.3	87.7
	25 to 34	88.8	84.2	79.5	85.8	86.8	82.3	86.6	91.9	86.1
	35 to 44	88.0	83.4	85.0	85.2	89.1	86.3	86.0	84.7	85.1
	45 to 54	89.7	81.2	75.7	83.2	81.0	78.1	82.7	83.1	82.1
	55 to 64	89.7	77.3	73.7	76.3	77.7	77.5	79.9	85.6	78.7
	65 and over	78.7	72.9	69.1	70.2	69.9	70.5	73.1	73.3	72.2
	TOTAL	87.8	81.1	79.5	81.5	82.3	80.3	83.4	84.5	82.3

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

Table 19: All participants — total participation in any physical activity by state/territory and sex, 2001–2010 (a)

		ACT	NSW	NT	QLD	SA	TAS	VIC	WA	AUSTRALIA
Sex	Year	Number ('000)								
Males	2001	103.8	2,026.0	60.1	1,099.2	447.2	134.4	1,493.6	599.5	5,963.9
	2002	107.2	1,987.3	58.0	1,096.1	468.3	137.4	1,511.1	603.3	5,968.6
	2003	108.3	2,152.2	59.9	1,147.8	490.4	145.4	1,632.1	636.7	6,372.7
	2004	110.5	2,156.3	61.1	1,217.9	472.6	147.3	1,678.2	669.9	6,513.7
	2005	113.2	2,214.8	59.8	1,273.3	498.0	150.5	1,667.2	663.5	6,640.3
	2006	110.9	2,090.9	60.1	1,228.1	486.3	150.3	1,581.4	646.9	6,354.8
	2007	112.3	2,091.1	62.3	1,266.1	476.3	142.4	1,611.7	628.7	6,390.8
	2008	117.1	2,233.2	64.7	1,337.5	517.2	154.9	1,719.4	694.2	6,838.3
	2009	120.9	2,289.0	71.6	1,362.1	524.2	159.8	1,747.5	746.4	7,021.5
	2010	122.2	2,301.4	70.9	1,419.5	534.7	158.7	1,833.7	780.8	7,221.8
Females	2001	100.2	1,944.5	53.2	1,060.8	438.7	146.4	1,443.9	596.9	5,784.6
	2002	102.4	1,928.0	53.4	1,130.4	460.0	140.1	1,515.3	613.8	5,943.4
	2003	110.1	2,099.9	57.2	1,204.2	502.8	153.0	1,683.1	661.0	6,471.3
	2004	112.0	2,160.7	54.4	1,243.0	497.7	156.8	1,700.1	652.9	6,577.6
	2005	112.0	2,214.8	55.4	1,243.5	508.7	156.5	1,735.2	663.3	6,689.5
	2006	115.1	2,122.0	59.4	1,259.2	499.3	159.6	1,701.4	674.5	6,590.6
	2007	115.1	2,085.5	60.6	1,310.2	514.6	157.5	1,650.8	673.8	6,568.0
	2008	120.9	2,254.8	63.1	1,407.6	535.5	164.1	1,752.1	712.9	7,011.0
	2009	120.6	2,262.3	65.7	1,397.3	535.7	163.8	1,801.4	736.6	7,083.4
	2010	123.9	2,299.3	64.1	1,437.7	544.4	163.9	1,814.3	732.9	7,180.5
Persons	2001	204.0	3,970.5	113.3	2,160.0	886.0	280.8	2,937.6	1,196.4	11,748.6
	2002	209.6	3,915.2	111.4	2,226.5	928.3	277.5	3,026.4	1,217.1	11,912.0
	2003	218.4	4,252.0	117.1	2,352.1	993.2	298.4	3,315.1	1,297.6	12,844.0
	2004	222.5	4,317.0	115.5	2,461.0	970.3	304.0	3,378.3	1,322.9	13,091.3
	2005	225.1	4,429.6	115.3	2,516.8	1,006.7	307.0	3,402.4	1,326.9	13,329.8
	2006	226.0	4,212.9	119.5	2,487.3	985.6	309.8	3,282.8	1,321.4	12,945.4
	2007	227.3	4,176.6	122.9	2,576.2	990.9	299.9	3,262.5	1,302.5	12,958.7
	2008	238.1	4,488.0	127.9	2,745.1	1,052.7	319.0	3,471.5	1,407.1	13,849.3
	2009	241.4	4,551.3	137.3	2,759.4	1,060.0	323.6	3,548.9	1,483.0	14,104.9
	2010	246.1	4,600.7	135.0	2,857.2	1,079.1	322.5	3,648.0	1,513.7	14,402.4
Total participation rate (%) (b)										
Males	2001	86.0	80.3	81.9	79.1	76.6	75.7	79.8	81.3	79.8
	2002	88.8	77.8	78.6	77.3	79.6	77.1	79.5	80.3	78.7
	2003	88.8	83.2	81.4	78.7	82.6	80.5	84.3	83.0	82.6
	2004	88.6	82.5	83.2	80.9	79.1	80.9	85.3	86.0	83.0
	2005	90.3	84.1	81.4	82.1	82.7	81.5	83.7	83.8	83.5
	2006	87.4	80.6	79.5	79.8	80.5	81.1	80.1	82.6	80.6
	2007	86.7	79.5	80.2	80.2	77.9	76.3	80.2	78.2	79.6
	2008	88.8	83.8	81.3	82.7	83.5	82.2	84.1	84.2	83.7
	2009	88.7	83.2	84.0	80.2	82.2	82.2	82.6	84.9	82.6
	2010	88.3	82.5	80.8	81.5	82.8	80.6	85.1	86.2	83.4
Females	2001	80.9	75.6	79.1	75.5	72.9	78.6	75.0	80.8	75.9
	2002	83.1	74.2	79.2	78.6	76.0	74.9	77.6	81.6	77.0
	2003	88.5	79.8	84.8	81.4	82.4	80.8	84.7	86.0	82.4
	2004	87.8	81.5	82.3	81.5	81.1	81.9	84.9	83.7	82.6
	2005	87.7	83.0	84.9	79.7	82.5	80.9	85.7	83.8	83.1
	2006	86.9	78.6	81.2	79.2	79.3	82.2	83.0	84.9	80.7
	2007	85.4	76.3	80.9	80.5	80.8	80.4	79.2	83.0	79.1
	2008	88.3	81.4	82.3	84.5	83.1	83.2	82.7	85.9	83.1
	2009	86.1	79.6	81.8	81.0	81.3	80.9	82.5	85.1	81.4
	2010	87.4	79.8	78.0	81.5	81.7	80.1	81.7	82.6	81.1
Persons	2001	83.4	77.9	80.5	77.3	74.7	77.2	77.4	81.0	77.8
	2002	85.9	76.0	78.9	78.0	77.8	75.9	78.5	81.0	77.8
	2003	88.6	81.5	83.0	80.1	82.5	80.7	84.5	84.5	82.5
	2004	88.2	82.0	82.8	81.2	80.1	81.4	85.1	84.8	82.8
	2005	89.0	83.5	83.0	80.9	82.6	81.2	84.7	83.8	83.3
	2006	87.1	79.6	80.3	79.5	79.9	81.7	81.6	83.7	80.7
	2007	86.0	77.9	80.5	80.4	79.3	78.4	79.7	80.6	79.4
	2008	88.6	82.6	81.8	83.6	83.3	82.7	83.4	85.1	83.4
	2009	87.4	81.4	83.0	80.6	81.7	81.5	82.6	85.0	82.0
	2010	87.8	81.1	79.5	81.5	82.3	80.3	83.4	84.5	82.3

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

Table 20: Regular participants — regular participation in any physical activity by state/territory, age and sex, 2010 (a)

		ACT	NSW	NT	QLD	SA	TAS	VIC	WA	AUSTRALIA
Sex	Age group (years)	Number ('000)								
Males	15 to 24	12.5	227.4	9.9	168.5	62.2	15.9	225.7	84.2	806.3
	25 to 34	14.0	186.0	7.1	123.9	55.0	12.9	168.6	82.3	649.8
	35 to 44	12.7	189.8	7.6	109.6	48.7	14.3	155.8	71.5	610.1
	45 to 54	12.9	208.6	6.3	119.1	49.2	12.2	152.2	83.9	644.3
	55 to 64	12.2	157.9	4.4	121.6	41.0	11.9	138.2	74.8	561.9
	65 and over	9.3	206.9	3.2	121.5	48.9	15.2	150.4	57.8	613.4
	TOTAL		73.7	1,176.7	38.5	764.1	304.9	82.5	990.9	454.6
Females	15 to 24	12.9	228.4	6.7	144.7	51.2	15.4	172.3	67.8	699.3
	25 to 34	13.8	232.8	8.5	137.2	53.8	14.9	196.0	88.8	745.8
	35 to 44	13.6	244.5	9.7	167.1	72.6	18.0	208.9	90.5	824.8
	45 to 54	14.9	263.5	7.0	164.4	59.9	16.7	201.1	88.6	816.1
	55 to 64	10.9	214.5	5.8	134.6	46.6	15.9	172.0	71.5	671.9
	65 and over	10.1	227.6	2.2	137.9	47.3	17.5	188.3	68.9	699.8
	TOTAL		76.2	1,411.2	39.9	885.9	331.3	98.4	1,138.6	476.1
Persons	15 to 24	25.5	455.9	16.6	313.2	113.3	31.2	398.0	152.0	1,505.7
	25 to 34	27.8	418.8	15.6	261.1	108.8	27.8	364.6	171.1	1,395.6
	35 to 44	26.3	434.3	17.3	276.7	121.3	32.3	364.8	162.0	1,434.9
	45 to 54	27.8	472.1	13.3	283.5	109.1	29.0	353.3	172.5	1,460.5
	55 to 64	23.1	372.4	10.2	256.2	87.6	27.8	310.2	146.3	1,233.8
	65 and over	19.4	434.5	5.4	259.4	96.3	32.7	338.7	126.7	1,313.2
	TOTAL		149.9	2,587.9	78.4	1,650.0	636.3	180.9	2,129.5	930.7

Regular participation rate (%) (b)

Males	15 to 24	49.4	47.0	54.5	53.8	56.5	47.3	58.8	52.5	52.8
	25 to 34	49.0	37.9	37.7	40.3	52.0	46.0	43.5	50.1	42.4
	35 to 44	49.4	38.9	44.2	34.8	44.1	45.0	40.0	42.6	39.5
	45 to 54	55.4	43.2	40.6	39.7	43.5	33.9	41.5	52.6	43.1
	55 to 64	63.9	39.2	38.5	48.0	42.0	36.8	45.9	58.0	45.1
	65 and over	56.9	46.9	49.0	48.0	44.9	43.8	46.0	46.5	46.7
	TOTAL	53.2	42.2	43.9	43.9	47.2	41.9	46.0	50.2	44.9
Females	15 to 24	52.9	48.7	41.8	48.1	48.2	48.8	46.9	44.7	47.7
	25 to 34	49.6	46.8	45.0	44.8	52.2	50.8	50.7	57.4	48.9
	35 to 44	52.3	48.7	56.6	52.1	65.6	53.3	52.2	56.0	52.5
	45 to 54	60.8	53.2	48.0	53.3	51.7	44.8	53.3	56.6	53.3
	55 to 64	54.7	52.2	58.3	53.2	45.4	47.3	55.1	56.7	53.0
	65 and over	53.0	44.8	39.1	50.2	37.0	44.7	49.9	50.6	47.1
	TOTAL	53.8	49.0	48.5	50.2	49.7	48.1	51.3	53.7	50.4
Persons	15 to 24	51.1	47.8	48.6	51.0	52.4	48.0	53.0	48.7	50.3
	25 to 34	49.3	42.3	41.3	42.5	52.1	48.4	47.1	53.6	45.7
	35 to 44	50.8	43.9	50.3	43.5	54.9	49.3	46.2	49.1	46.0
	45 to 54	58.1	48.3	44.2	46.6	47.6	39.4	47.5	54.6	48.3
	55 to 64	59.2	45.8	47.7	50.6	43.7	42.1	50.6	57.4	49.1
	65 and over	54.8	45.8	44.3	49.2	40.7	44.3	48.1	48.6	46.9
	TOTAL	53.5	45.6	46.1	47.1	48.5	45.1	48.7	51.9	47.7

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the regular participation rate is the number of persons who participated in the activity at least three times per week on average expressed as a percentage of the population in the same group

Table 21: Regular participants — regular participation in any physical activity by state/territory and sex, 2001–2010 (a)

		ACT	NSW	NT	QLD	SA	TAS	VIC	WA	AUSTRALIA
Sex	Year	Number ('000)								
Males	2001	50.3	889.7	27.8	497.7	168.9	51.6	665.1	270.6	2,621.8
	2002	51.3	880.4	30.5	550.0	212.1	56.4	680.5	335.0	2,796.3
	2003	62.7	1,105.2	32.2	596.9	255.0	73.5	870.4	335.2	3,331.1
	2004	62.8	1,125.6	34.9	633.4	225.8	73.2	896.9	394.0	3,446.7
	2005	62.3	1,115.6	33.1	584.2	224.6	75.7	875.5	343.0	3,313.9
	2006	58.4	1,029.8	31.5	584.9	200.1	67.9	774.8	333.9	3,081.4
	2007	62.3	1,091.9	35.2	621.7	224.7	71.5	799.4	308.9	3,215.7
	2008	72.5	1,315.8	35.6	724.2	283.1	87.6	940.9	366.1	3,825.9
	2009	69.8	1,190.9	37.9	756.5	268.8	82.9	961.9	436.9	3,805.5
	2010	73.7	1,176.7	38.5	764.1	304.9	82.5	990.9	454.6	3,885.9
Females	2001	56.1	999.6	29.0	565.1	217.8	73.8	720.4	331.0	2,992.8
	2002	52.2	976.8	29.6	596.2	229.6	69.8	825.0	370.0	3,149.2
	2003	64.0	1,202.4	37.3	711.9	291.1	91.3	991.8	418.8	3,808.7
	2004	69.4	1,282.3	37.6	765.0	291.3	96.4	1,042.8	427.6	4,012.4
	2005	65.3	1,262.2	33.6	687.4	273.0	86.3	958.0	393.2	3,759.0
	2006	65.3	1,169.1	36.2	743.6	276.3	93.6	992.5	411.7	3,788.4
	2007	72.0	1,189.6	38.3	814.3	290.3	95.2	967.3	425.7	3,892.6
	2008	76.6	1,362.4	42.3	868.1	347.9	104.6	1,104.7	445.7	4,352.4
	2009	79.0	1,400.1	42.3	870.6	319.7	102.1	1,115.2	468.5	4,397.5
	2010	76.2	1,411.2	39.9	885.9	331.3	98.4	1,138.6	476.1	4,457.6
Persons	2001	106.5	1,889.3	56.9	1,062.8	386.7	125.4	1,385.5	601.6	5,614.6
	2002	103.5	1,857.2	60.1	1,146.3	441.7	126.2	1,505.5	705.1	5,945.4
	2003	126.7	2,307.7	69.6	1,308.7	546.1	164.8	1,862.2	754.1	7,139.8
	2004	132.3	2,407.9	72.5	1,398.4	517.2	169.7	1,939.6	821.6	7,459.1
	2005	127.6	2,377.8	66.7	1,271.5	497.6	162.0	1,833.5	736.2	7,072.9
	2006	123.7	2,198.9	67.7	1,328.5	476.5	161.5	1,767.3	745.6	6,869.8
	2007	134.4	2,281.4	73.5	1,436.0	515.0	166.7	1,766.7	734.6	7,108.3
	2008	149.0	2,678.2	78.0	1,592.3	631.1	192.2	2,045.6	811.9	8,178.4
	2009	148.8	2,591.0	80.2	1,627.1	588.5	185.0	2,077.1	905.4	8,203.0
	2010	149.9	2,587.9	78.4	1,650.0	636.3	180.9	2,129.5	930.7	8,343.6
Regular participation rate (%) (b)										
Males	2001	41.7	35.3	37.9	35.8	28.9	29.0	35.5	36.7	35.1
	2002	42.5	34.5	41.4	38.8	36.1	31.6	35.8	44.6	36.9
	2003	51.4	42.7	43.8	40.9	42.9	40.7	44.9	43.7	43.2
	2004	50.4	43.1	47.5	42.1	37.8	40.2	45.6	50.6	43.9
	2005	49.7	42.3	45.0	37.6	37.3	41.0	44.0	43.3	41.7
	2006	46.1	39.7	41.7	38.0	33.1	36.7	39.2	42.6	39.1
	2007	48.2	41.5	45.4	39.4	36.7	38.3	39.8	38.4	40.1
	2008	55.0	49.4	44.7	44.8	45.7	46.5	46.0	44.4	46.8
	2009	51.2	43.3	44.4	44.5	42.1	42.6	45.5	49.7	44.8
	2010	53.2	42.2	43.9	43.9	47.2	41.9	46.0	50.2	44.9
Females	2001	45.3	38.9	43.1	40.2	36.2	39.6	37.4	44.8	39.3
	2002	42.4	37.6	43.9	41.5	37.9	37.3	42.3	49.2	40.8
	2003	51.4	45.7	55.3	48.1	47.7	48.2	49.9	54.5	48.5
	2004	54.4	48.4	56.8	50.1	47.5	50.4	52.0	54.8	50.4
	2005	51.1	47.3	51.5	44.1	44.3	44.6	47.3	49.7	46.7
	2006	49.3	43.3	49.5	46.8	43.9	48.2	48.4	51.8	46.4
	2007	53.4	43.5	51.1	50.0	45.6	48.6	46.4	52.4	46.9
	2008	55.9	49.2	55.2	52.1	54.0	53.0	52.2	53.7	51.6
	2009	56.4	49.2	52.6	50.5	48.5	50.4	51.1	54.1	50.6
	2010	53.8	49.0	48.5	50.2	49.7	48.1	51.3	53.7	50.4
Persons	2001	43.6	37.1	40.4	38.0	32.6	34.5	36.5	40.7	37.2
	2002	42.4	36.0	42.6	40.1	37.0	34.5	39.1	46.9	38.8
	2003	51.4	44.2	49.3	44.6	45.4	44.5	47.5	49.1	45.8
	2004	52.4	45.7	51.9	46.1	42.7	45.4	48.9	52.7	47.2
	2005	50.4	44.8	48.1	40.9	40.8	42.8	45.6	46.5	44.2
	2006	47.7	41.5	45.5	42.5	38.6	42.6	43.9	47.3	42.8
	2007	50.9	42.5	48.2	44.8	41.2	43.6	43.2	45.5	43.5
	2008	55.4	49.3	49.9	48.5	49.9	49.8	49.1	49.1	49.3
	2009	53.8	46.3	48.4	47.5	45.4	46.6	48.3	51.9	47.7
	2010	53.5	45.6	46.1	47.1	48.5	45.1	48.7	51.9	47.7

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview

(b) For any group, the regular participation rate is the number of persons who participated in the activity at least three times per week on average expressed as a percentage of the population in the same group

Table 22: Organised participants — total participation in organised physical activity by state/territory, age and sex, 2010 (a)

		ACT	NSW	NT	QLD	SA	TAS	VIC	WA	AUSTRALIA
Sex	Age group (years)	Number ('000)								
Males	15 to 24	13.8	321.6	11.3	218.9	86.0	22.4	253.8	90.0	1,017.8
	25 to 34	15.1	228.9	7.4	140.8	49.2	13.0	185.7	79.5	719.6
	35 to 44	9.7	194.5	8.1	140.6	52.6	13.5	180.7	54.4	654.0
	45 to 54	7.9	152.9	5.8	104.4	38.2	12.8	132.5	46.2	500.7
	55 to 64	6.3	139.0	3.7	62.9	34.0	9.7	96.8	38.3	390.7
	65 and over	5.8	141.9	*1.1	77.9	30.0	9.5	104.7	38.7	409.5
	TOTAL	58.5	1,178.9	37.3	745.5	290.0	80.9	954.1	347.1	3,692.4
Females	15 to 24	17.6	303.4	7.6	182.1	70.9	22.3	203.1	93.4	900.3
	25 to 34	13.3	179.3	7.1	121.2	39.4	9.8	151.3	58.5	580.0
	35 to 44	8.5	178.7	6.9	109.4	37.2	13.8	152.2	65.3	571.9
	45 to 54	6.4	124.1	3.4	93.1	39.4	11.2	111.8	54.4	443.9
	55 to 64	7.4	93.6	*1.9	77.2	20.3	8.3	89.1	32.8	330.6
	65 and over	5.9	167.6	*1.9	83.5	41.2	9.6	129.6	42.9	482.0
	TOTAL	59.2	1,046.7	28.7	666.5	248.3	74.9	837.0	347.3	3,308.6
Persons	15 to 24	31.4	625.0	18.8	401.0	156.9	44.7	456.9	183.4	1,918.1
	25 to 34	28.4	408.2	14.5	262.0	88.6	22.9	337.0	138.0	1,299.6
	35 to 44	18.2	373.2	14.9	250.0	89.8	27.3	332.9	119.6	1,225.9
	45 to 54	14.2	277.0	9.3	197.5	77.6	23.9	244.3	100.7	944.6
	55 to 64	13.8	232.7	5.5	140.1	54.3	18.0	185.9	71.1	721.3
	65 and over	11.7	309.5	2.9	161.4	71.1	19.1	234.3	81.6	891.6
	TOTAL	117.7	2,225.6	66.0	1,412.0	538.3	155.9	1,791.1	694.5	7,001.1

Total participation rate (%) (b)

Males	15 to 24	54.3	66.4	62.3	70.0	78.2	66.8	66.1	56.1	66.6
	25 to 34	52.9	46.6	39.1	45.7	46.6	46.3	47.9	48.4	47.0
	35 to 44	37.5	39.8	46.7	44.6	47.7	42.4	46.4	32.3	42.3
	45 to 54	33.8	31.7	37.6	34.8	33.8	35.4	36.1	29.0	33.5
	55 to 64	33.1	34.6	31.9	24.8	34.8	30.0	32.2	29.7	31.4
	65 and over	35.4	32.2	*16.3	30.8	27.5	27.3	32.0	31.1	31.2
	TOTAL	42.3	42.3	42.5	42.8	44.9	41.1	44.3	38.3	42.6
Females	15 to 24	72.1	64.7	47.3	60.5	66.8	70.7	55.2	61.6	61.4
	25 to 34	47.9	36.0	37.5	39.6	38.2	33.6	39.1	37.8	38.0
	35 to 44	32.8	35.6	40.3	34.1	33.6	40.9	38.0	40.4	36.4
	45 to 54	25.9	25.0	23.6	30.2	34.0	29.9	29.6	34.7	29.0
	55 to 64	37.2	22.8	*18.8	30.5	19.8	24.5	28.6	26.0	26.1
	65 and over	31.1	33.0	*32.8	30.4	32.2	24.5	34.4	31.5	32.4
	TOTAL	41.7	36.3	34.9	37.8	37.3	36.6	37.7	39.2	37.4
Persons	15 to 24	63.1	65.6	55.3	65.3	72.6	68.7	60.8	58.8	64.0
	25 to 34	50.4	41.3	38.3	42.7	42.4	39.8	43.5	43.3	42.5
	35 to 44	35.1	37.7	43.5	39.3	40.7	41.6	42.1	36.3	39.3
	45 to 54	29.8	28.3	30.8	32.5	33.9	32.6	32.8	31.8	31.2
	55 to 64	35.2	28.6	25.8	27.7	27.1	27.2	30.3	27.9	28.7
	65 and over	33.1	32.6	24.0	30.6	30.0	25.8	33.3	31.3	31.8
	TOTAL	42.0	39.2	38.8	40.3	41.0	38.8	40.9	38.7	40.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 23: Organised participants — total participation in organised physical activity by state/territory and sex, 2001–2010 (a)

		ACT	NSW	NT	QLD	SA	TAS	VIC	WA	AUSTRALIA
Sex	Year	Number ('000)								
Males	2001	57.2	1,058.5	35.3	564.7	253.1	79.0	794.2	316.4	3,158.3
	2002	58.2	1,131.2	33.2	621.1	253.2	75.3	805.4	319.0	3,296.7
	2003	61.3	1,135.5	33.3	597.5	284.1	80.0	924.4	333.9	3,450.0
	2004	66.3	1,162.1	34.5	618.6	249.4	81.5	966.3	330.4	3,509.0
	2005	64.6	1,150.2	32.5	678.6	275.9	74.9	911.5	329.0	3,517.2
	2006	56.0	1,113.3	32.0	570.3	245.4	69.0	786.4	346.6	3,219.0
	2007	57.3	1,047.0	31.0	610.7	235.5	73.6	810.3	321.4	3,186.8
	2008	64.6	1,184.9	35.4	675.5	258.2	82.9	906.2	348.2	3,555.9
	2009	60.9	1,157.8	39.5	709.1	266.6	83.9	890.4	354.3	3,562.6
	2010	58.5	1,178.9	37.3	745.5	290.0	80.9	954.1	347.1	3,692.4
Females	2001	49.5	912.5	27.9	536.8	223.2	76.4	740.6	306.6	2,873.6
	2002	54.3	995.3	29.5	546.4	216.0	65.1	745.5	312.9	2,965.0
	2003	57.6	1,030.3	29.6	565.2	239.1	75.4	851.4	353.5	3,202.2
	2004	61.6	1,084.4	28.2	558.7	229.3	71.2	875.8	335.3	3,244.4
	2005	59.5	1,059.2	25.6	560.7	238.4	71.3	808.8	351.3	3,174.8
	2006	54.7	948.6	29.9	533.2	235.6	60.0	854.4	344.1	3,060.5
	2007	57.0	934.6	29.7	557.6	234.8	72.8	796.9	338.5	3,021.8
	2008	57.6	988.6	29.3	602.0	253.1	72.9	846.2	364.4	3,214.1
	2009	55.1	1,054.0	33.8	621.3	240.7	74.5	866.5	336.2	3,282.2
	2010	59.2	1,046.7	28.7	666.5	248.3	74.9	837.0	347.3	3,308.6
Persons	2001	106.7	1,971.0	63.2	1,101.5	476.3	155.4	1,534.8	623.0	6,031.9
	2002	112.5	2,126.5	62.7	1,167.5	469.1	140.4	1,550.9	632.0	6,261.7
	2003	118.8	2,165.8	62.9	1,162.7	523.3	155.4	1,775.8	687.5	6,652.2
	2004	127.9	2,246.5	62.6	1,177.3	478.7	152.7	1,842.0	665.7	6,753.4
	2005	124.1	2,209.5	58.2	1,239.4	514.3	146.1	1,720.3	680.2	6,692.1
	2006	110.7	2,061.9	61.9	1,103.4	481.0	129.0	1,640.8	690.7	6,279.5
	2007	114.2	1,981.6	60.6	1,168.3	470.3	146.4	1,607.3	659.9	6,208.6
	2008	122.2	2,173.5	64.8	1,277.5	511.2	155.9	1,752.4	712.6	6,770.0
	2009	116.0	2,211.8	73.3	1,330.4	507.3	158.4	1,757.0	690.6	6,844.8
	2010	117.7	2,225.6	66.0	1,412.0	538.3	155.9	1,791.1	694.5	7,001.1
Total participation rate (%) (b)										
Males	2001	47.4	41.9	48.1	40.6	43.4	44.4	42.4	42.9	42.2
	2002	48.2	44.3	45.0	43.8	43.1	42.2	42.4	42.5	43.5
	2003	50.2	43.9	45.3	41.0	47.9	44.3	47.7	43.5	44.7
	2004	53.2	44.5	47.0	41.1	41.7	44.8	49.1	42.4	44.7
	2005	51.5	43.7	44.3	43.7	45.8	40.6	45.8	41.5	44.2
	2006	44.1	42.9	42.3	37.0	40.6	37.3	39.8	44.3	40.8
	2007	44.3	39.8	39.9	38.7	38.5	39.4	40.3	40.0	39.7
	2008	49.0	44.5	44.5	41.8	41.7	44.0	44.3	42.3	43.5
	2009	44.7	42.1	46.4	41.7	41.8	43.1	42.1	40.3	41.9
	2010	42.3	42.3	42.5	42.8	44.9	41.1	44.3	38.3	42.6
Females	2001	40.0	35.5	41.5	38.2	37.1	41.1	38.4	41.5	37.7
	2002	44.1	38.3	43.8	38.0	35.7	34.8	38.2	41.6	38.4
	2003	46.2	39.2	43.8	38.2	39.2	39.8	42.9	46.0	40.8
	2004	48.3	40.9	42.6	36.6	37.4	37.2	43.7	43.0	40.8
	2005	46.6	39.7	39.2	36.0	38.7	36.8	39.9	44.4	39.4
	2006	41.3	35.1	40.9	33.5	37.4	30.9	41.7	43.3	37.5
	2007	42.3	34.2	39.6	34.3	36.8	37.2	38.2	41.7	36.4
	2008	42.1	35.7	38.2	36.2	39.3	37.0	40.0	43.9	38.1
	2009	39.3	37.1	42.1	36.0	36.5	36.8	39.7	38.8	37.7
	2010	41.7	36.3	34.9	37.8	37.3	36.6	37.7	39.2	37.4
Persons	2001	43.6	38.7	44.9	39.4	40.2	42.7	40.4	42.2	39.9
	2002	46.1	41.3	44.5	40.9	39.3	38.4	40.2	42.0	40.9
	2003	48.2	41.5	44.6	39.6	43.5	42.0	45.3	44.8	42.7
	2004	50.7	42.7	44.9	38.8	39.5	40.9	46.4	42.7	42.7
	2005	49.1	41.7	41.9	39.8	42.2	38.7	42.8	43.0	41.8
	2006	42.7	38.9	41.6	35.3	39.0	34.0	40.8	43.8	39.1
	2007	43.2	36.9	39.8	36.5	37.7	38.3	39.3	40.8	38.0
	2008	45.5	40.0	41.4	38.9	40.4	40.4	42.1	43.1	40.8
	2009	42.0	39.5	44.3	38.9	39.1	39.9	40.9	39.6	39.8
	2010	42.0	39.2	38.8	40.3	41.0	38.8	40.9	38.7	40.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

Table 24: Regular organised participants — regular participation in organised physical activity by state/territory and sex, 2001–2010 (a)

		ACT	NSW	NT	QLD	SA	TAS	VIC	WA	AUSTRALIA
Sex	Year	Number ('000)								
Males	2001	13.0	208.5	8.3	125.5	55.3	18.8	198.7	79.2	707.2
	2002	15.7	268.4	10.9	164.2	56.1	16.4	203.4	100.8	835.8
	2003	17.5	238.5	7.9	165.8	72.1	20.8	254.4	107.6	884.7
	2004	17.7	286.5	9.6	145.4	66.1	20.4	262.0	95.4	902.9
	2005	19.0	265.1	7.9	167.2	59.6	19.1	275.6	98.5	912.0
	2006	14.0	244.7	8.4	153.7	48.3	14.5	194.3	101.0	778.9
	2007	16.0	303.4	9.2	164.5	59.0	17.4	220.4	83.9	873.8
	2008	23.0	333.7	10.4	183.0	83.2	26.1	257.2	106.8	1,023.4
	2009	17.2	343.7	9.8	217.7	78.2	25.7	301.8	100.5	1,094.6
	2010	14.8	309.3	8.7	220.1	88.4	24.4	281.1	105.8	1,052.4
Females	2001	14.5	213.6	7.2	134.4	53.3	17.2	192.6	80.2	713.1
	2002	14.0	209.2	7.9	134.3	60.5	12.7	211.6	98.7	748.8
	2003	15.8	319.3	8.5	142.9	61.9	18.5	222.5	123.2	912.4
	2004	19.7	274.2	7.3	153.4	57.8	20.6	262.9	94.2	890.1
	2005	16.1	313.2	7.3	160.2	50.7	15.1	217.2	113.4	893.3
	2006	15.3	216.0	6.9	143.0	69.9	14.9	215.5	92.4	773.8
	2007	18.2	289.4	10.7	217.8	67.2	20.5	227.8	109.6	961.2
	2008	17.9	262.2	10.6	213.8	86.1	19.0	261.8	114.3	985.7
	2009	20.4	332.7	9.4	206.8	64.5	17.7	277.7	90.4	1,019.6
	2010	16.9	353.5	8.1	231.6	68.4	20.5	260.1	93.1	1,052.1
Persons	2001	27.5	422.0	15.5	259.9	108.6	36.0	391.3	159.4	1,420.2
	2002	29.7	477.6	18.9	298.5	116.6	29.0	415.0	199.4	1,584.6
	2003	33.3	557.8	16.3	308.7	134.0	39.3	476.9	230.8	1,797.0
	2004	37.4	560.7	16.8	298.8	123.9	41.0	524.9	189.5	1,793.0
	2005	35.1	578.3	15.2	327.4	110.3	34.2	492.8	211.9	1,805.3
	2006	29.3	460.6	15.3	296.7	118.2	29.4	409.8	193.5	1,552.8
	2007	34.2	592.8	19.9	382.3	126.2	37.9	448.3	193.5	1,835.0
	2008	40.9	595.8	21.0	396.9	169.3	45.1	519.0	221.0	2,009.1
	2009	37.6	676.3	19.2	424.5	142.7	43.4	579.5	190.9	2,114.1
	2010	31.7	662.7	16.8	451.6	156.8	44.9	541.2	198.8	2,104.5
Regular participation rate (%) (b)										
Males	2001	10.8	8.3	11.3	9.0	9.5	10.6	10.6	10.7	9.5
	2002	13.0	10.5	14.8	11.6	9.5	9.2	10.7	13.4	11.0
	2003	14.4	9.2	10.7	11.4	12.1	11.5	13.1	14.0	11.5
	2004	14.2	11.0	13.1	9.6	11.1	11.2	13.3	12.2	11.5
	2005	15.1	10.1	10.7	10.8	9.9	10.3	13.8	12.4	11.5
	2006	11.0	9.4	11.1	10.0	8.0	7.8	9.8	12.9	9.9
	2007	12.3	11.5	11.9	10.4	9.6	9.3	11.0	10.4	10.9
	2008	17.4	12.5	13.1	11.3	13.4	13.9	12.6	13.0	12.5
	2009	12.6	12.5	11.5	12.8	12.3	13.2	14.3	11.4	12.9
	2010	10.7	11.1	9.9	12.6	13.7	12.4	13.0	11.7	12.2
Females	2001	11.7	8.3	10.6	9.6	8.9	9.2	10.0	10.9	9.4
	2002	11.4	8.0	11.8	9.3	10.0	6.8	10.8	13.1	9.7
	2003	12.7	12.1	12.5	9.7	10.1	9.7	11.2	16.0	11.6
	2004	15.4	10.3	11.0	10.1	9.4	10.8	13.1	12.1	11.2
	2005	12.6	11.7	11.3	10.3	8.2	7.8	10.7	14.3	11.1
	2006	11.6	8.0	9.4	9.0	11.1	7.7	10.5	11.6	9.5
	2007	13.5	10.6	14.3	13.4	10.5	10.5	10.9	13.5	11.6
	2008	13.1	9.5	13.8	12.8	13.4	9.6	12.4	13.8	11.7
	2009	14.6	11.7	11.8	12.0	9.8	8.7	12.7	10.4	11.7
	2010	11.9	12.3	9.9	13.1	10.3	10.0	11.7	10.5	11.9
Persons	2001	11.3	8.3	11.0	9.3	9.2	9.9	10.3	10.8	9.4
	2002	12.2	9.3	13.4	10.5	9.8	7.9	10.8	13.3	10.4
	2003	13.5	10.7	11.6	10.5	11.1	10.6	12.2	15.0	11.5
	2004	14.8	10.6	12.1	9.9	10.2	11.0	13.2	12.2	11.3
	2005	13.9	10.9	11.0	10.5	9.0	9.0	12.3	13.4	11.3
	2006	11.3	8.7	10.3	9.5	9.6	7.7	10.2	12.3	9.7
	2007	12.9	11.1	13.1	11.9	10.1	9.9	11.0	12.0	11.2
	2008	15.2	11.0	13.5	12.1	13.4	11.7	12.5	13.4	12.1
	2009	13.6	12.1	11.6	12.4	11.0	10.9	13.5	10.9	12.3
	2010	11.3	11.7	9.9	12.9	11.9	11.2	12.4	11.1	12.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview

(b) For any group, the regular participation rate is the number of persons who participated in the activity at least three times per week on average expressed as a percentage of the population in the same group

Table 25: Fitness and leisure participants — total participation in physical activities organised by fitness, leisure and indoor sports centres by state/territory, age and sex, 2010 (a) (c)

		ACT	NSW	NT	QLD	SA	TAS	VIC	WA	AUSTRALIA
Sex	Age group (years)	Number ('000)								
Males	15 to 24	3.1	111.4	4.0	93.4	45.8	6.0	103.0	36.2	402.9
	25 to 34	5.2	95.0	2.7	63.3	17.4	4.4	97.2	25.4	310.7
	35 to 44	2.6	50.7	3.0	41.0	12.9	*3.5	62.4	21.5	197.7
	45 to 54	*2.2	41.9	**0.5	30.6	*11.4	*2.8	35.5	*8.4	133.2
	55 to 64	*0.9	*29.5	*0.5	22.2	*4.0	**1.2	22.2	*9.8	90.4
	65 and over	*1.9	*25.3	**0.0	*11.9	*6.1	*1.2	27.0	*7.4	80.8
	TOTAL	15.9	353.9	10.7	262.3	97.5	19.2	347.2	108.7	1,215.5
Females	15 to 24	8.9	169.4	3.5	81.9	40.7	10.0	101.5	56.2	472.1
	25 to 34	9.0	99.0	3.5	66.8	25.2	5.3	89.1	32.2	330.2
	35 to 44	5.5	92.3	3.3	63.5	25.1	7.7	84.5	40.3	322.3
	45 to 54	3.3	60.9	*1.8	44.9	23.7	5.0	58.7	22.7	221.0
	55 to 64	3.6	*36.9	*0.6	36.9	*8.9	*4.1	39.9	16.1	147.0
	65 and over	2.9	56.5	*0.9	28.1	16.2	*3.0	48.2	16.6	172.3
	TOTAL	33.3	515.0	13.6	322.0	139.8	35.1	422.0	184.0	1,664.9
Persons	15 to 24	12.1	280.9	7.5	175.2	86.5	16.0	204.5	92.3	875.0
	25 to 34	14.3	194.0	6.2	130.1	42.6	9.8	186.3	57.6	640.9
	35 to 44	8.1	143.0	6.4	104.5	38.0	11.2	146.9	61.8	519.9
	45 to 54	5.4	102.7	2.3	75.4	35.1	7.9	94.2	31.1	354.2
	55 to 64	4.5	66.4	*1.1	59.1	12.9	5.3	62.1	25.9	237.3
	65 and over	4.8	81.8	*0.9	39.9	22.3	*4.3	75.2	23.9	253.1
	TOTAL	49.2	868.9	24.4	584.3	237.4	54.3	769.3	292.7	2,880.4
Total participation rate (%) (b)										
Males	15 to 24	12.3	23.0	22.1	29.8	41.6	18.0	26.8	22.5	26.4
	25 to 34	18.3	19.3	14.5	20.6	16.4	15.8	25.1	15.5	20.3
	35 to 44	10.0	10.4	17.5	13.0	11.7	*11.0	16.0	12.8	12.8
	45 to 54	*9.2	8.7	**3.0	10.2	*10.1	*7.8	9.7	*5.3	8.9
	55 to 64	*4.7	*7.3	*4.4	8.8	*4.1	**3.7	7.4	*7.6	7.3
	65 and over	*11.8	*5.7	**0.0	*4.7	*5.6	*3.6	8.2	*5.9	6.2
	TOTAL	11.5	12.7	12.2	15.1	15.1	9.8	16.1	12.0	14.0
Females	15 to 24	36.5	36.2	21.8	27.2	38.3	31.7	27.6	37.0	32.2
	25 to 34	32.5	19.9	18.3	21.8	24.5	18.2	23.1	20.8	21.7
	35 to 44	21.3	18.4	19.5	19.8	22.7	22.7	21.1	24.9	20.5
	45 to 54	13.3	12.3	*12.6	14.6	20.5	13.5	15.6	14.5	14.4
	55 to 64	18.0	*9.0	*6.3	14.6	*8.6	*12.1	12.8	12.7	11.6
	65 and over	15.3	11.1	*15.6	10.2	12.7	*7.7	12.8	12.2	11.6
	TOTAL	23.5	17.9	16.6	18.3	21.0	17.2	19.0	20.7	18.8
Persons	15 to 24	24.2	29.5	22.0	28.5	40.0	24.6	27.2	29.6	29.2
	25 to 34	25.3	19.6	16.4	21.2	20.4	17.0	24.1	18.1	21.0
	35 to 44	15.7	14.4	18.5	16.4	17.2	17.0	18.6	18.7	16.7
	45 to 54	11.3	10.5	7.6	12.4	15.3	10.7	12.7	9.9	11.7
	55 to 64	11.5	8.2	*5.3	11.7	6.4	8.0	10.1	10.2	9.4
	65 and over	13.7	8.6	*7.3	7.6	9.4	*5.8	10.7	9.2	9.0
	TOTAL	17.6	15.3	14.3	16.7	18.1	13.5	17.6	16.3	16.5

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) All aerobics/fitness participants describing their activity as organised by a sport or recreation club or association have been recoded to fitness, leisure or indoor sports centre

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 26: Club-based participants — total participation in physical activities organised by sport or recreation clubs or associations by state/territory, age and sex, 2010 (a) (c)

		ACT	NSW	NT	QLD	SA	TAS	VIC	WA	AUSTRALIA
Sex	Age group (years)	Number ('000)								
Males	15 to 24	11.3	264.1	7.7	161.1	68.2	17.3	193.8	70.5	794.0
	25 to 34	10.7	164.5	4.9	97.7	36.2	10.2	135.4	57.1	516.8
	35 to 44	6.3	147.3	6.1	117.4	42.7	10.8	123.0	44.1	497.5
	45 to 54	5.9	116.9	4.6	68.9	28.9	11.2	102.9	30.8	370.1
	55 to 64	4.4	94.9	3.0	40.8	29.1	7.4	70.1	32.4	282.1
	65 and over	4.4	104.5	*0.7	60.9	19.0	7.7	77.7	25.9	300.8
	TOTAL		43.0	892.1	27.0	546.9	224.1	64.5	702.9	260.9
Females	15 to 24	10.3	219.0	5.0	125.4	47.2	13.3	127.9	38.6	586.8
	25 to 34	5.7	80.7	3.0	61.7	20.4	7.0	71.6	31.8	282.0
	35 to 44	4.3	90.1	3.5	54.2	15.3	7.8	67.4	31.6	274.3
	45 to 54	2.8	56.3	*1.4	29.8	17.0	5.0	54.8	21.6	188.7
	55 to 64	2.6	45.0	*0.8	42.2	*9.4	*3.4	40.5	18.0	161.9
	65 and over	*2.2	92.0	*0.9	53.5	15.6	5.0	52.6	22.3	244.0
	TOTAL		27.9	583.1	14.6	366.9	124.9	41.7	414.8	163.9
Persons	15 to 24	21.6	483.1	12.7	286.5	115.4	30.6	321.7	109.2	1380.8
	25 to 34	16.4	245.2	7.9	159.5	56.6	17.2	207.0	88.9	798.8
	35 to 44	10.6	237.3	9.6	171.7	58.0	18.6	190.3	75.7	771.8
	45 to 54	8.7	173.1	6.0	98.7	46.0	16.2	157.7	52.5	558.8
	55 to 64	7.0	139.9	3.8	83.0	38.5	10.8	110.6	50.4	444.0
	65 and over	6.6	196.4	*1.6	114.4	34.6	12.7	130.4	48.2	544.8
	TOTAL		70.9	1,475.2	41.6	913.8	348.9	106.2	1,117.7	424.8
Total participation rate (%) (b)										
Males	15 to 24	44.4	54.5	42.9	51.5	61.9	51.6	50.5	44.0	51.9
	25 to 34	37.5	33.5	26.1	31.8	34.3	36.3	35.0	34.8	33.7
	35 to 44	24.4	30.2	35.0	37.3	38.7	33.8	31.6	26.2	32.2
	45 to 54	25.4	24.2	29.7	23.0	25.6	31.0	28.1	19.4	24.7
	55 to 64	23.1	23.6	26.4	16.1	29.8	22.7	23.3	25.1	22.6
	65 and over	27.1	23.7	*10.2	24.1	17.4	22.2	23.8	20.8	22.9
	TOTAL	31.1	32.0	30.8	31.4	34.7	32.8	32.6	28.8	31.9
Females	15 to 24	42.3	46.8	30.9	41.7	44.5	42.3	34.8	25.5	40.0
	25 to 34	20.5	16.2	15.8	20.2	19.8	24.0	18.5	20.6	18.5
	35 to 44	16.7	18.0	20.8	16.9	13.8	23.3	16.8	19.5	17.4
	45 to 54	11.4	11.4	*9.4	9.7	14.7	13.5	14.5	13.8	12.3
	55 to 64	12.8	11.0	*8.3	16.7	*9.1	*10.1	13.0	14.3	12.8
	65 and over	*11.5	18.1	*15.6	19.5	12.2	12.8	13.9	16.3	16.4
	TOTAL	19.7	20.2	17.7	20.8	18.7	20.4	18.7	18.5	19.6
Persons	15 to 24	43.4	50.7	37.2	46.7	53.4	47.1	42.8	35.0	46.1
	25 to 34	29.1	24.8	21.0	26.0	27.1	30.0	26.7	27.9	26.1
	35 to 44	20.5	24.0	27.9	27.0	26.2	28.4	24.1	22.9	24.8
	45 to 54	18.2	17.7	19.9	16.2	20.1	22.1	21.2	16.6	18.5
	55 to 64	17.8	17.2	18.0	16.4	19.2	16.3	18.0	19.8	17.7
	65 and over	18.7	20.7	*12.7	21.7	14.6	17.2	18.5	18.5	19.5
	TOTAL	25.3	26.0	24.5	26.1	26.6	26.5	25.5	23.7	25.7

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) All aerobics/fitness participants describing their activity as organised by a sport or recreation club or association have been recoded to fitness, leisure or indoor sports centre

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

10.3 2010 state/territory tables

10.3.1 Australian Capital Territory

Table 27: Australian Capital Territory participants — total participation in physical activity by type of participation, age and sex, 2010 (a)

		Organised only (c) (A)	Non-organised only (d) (B)	Both organised and non-organised (e) (C)	Total organised (A + C)	Total non-organised (B + C)	Total participation (A + B + C)
Sex	Age group (years)	Number ('000)					
Males	15 to 24	3.4	7.8	10.3	13.8	18.2	21.6
	25 to 34	3.0	10.7	12.1	15.1	22.8	25.8
	35 to 44	*1.9	12.9	7.7	9.7	20.6	22.5
	45 to 54	*1.1	13.4	6.8	7.9	20.2	21.3
	55 to 64	*0.9	11.2	5.4	6.3	16.6	17.5
	65 and over	*1.8	7.6	4.0	5.8	11.6	13.4
	TOTAL		12.2	63.6	46.3	58.5	110.0
Females	15 to 24	4.2	5.4	13.4	17.6	18.8	23.0
	25 to 34	*1.9	11.0	11.4	13.3	22.4	24.3
	35 to 44	*1.9	14.5	6.6	8.5	21.1	23.0
	45 to 54	*1.2	15.2	5.1	6.4	20.3	21.6
	55 to 64	*1.0	10.1	6.4	7.4	16.5	17.6
	65 and over	*1.2	8.5	4.7	5.9	13.2	14.4
	TOTAL		11.6	64.7	47.6	59.2	112.3
Persons	15 to 24	7.7	13.2	23.7	31.4	37.0	44.6
	25 to 34	4.9	21.7	23.5	28.4	45.2	50.1
	35 to 44	3.9	27.4	14.3	18.2	41.7	45.6
	45 to 54	2.3	28.6	11.9	14.2	40.6	42.9
	55 to 64	*1.9	21.3	11.8	13.8	33.1	35.0
	65 and over	3.1	16.1	8.6	11.7	24.8	27.8
	TOTAL		23.8	128.3	93.9	117.7	222.3
Total participation rate (%) (b)							
Males	15 to 24	13.6	30.9	40.7	54.3	71.6	85.2
	25 to 34	10.6	37.5	42.3	52.9	79.8	90.4
	35 to 44	*7.5	50.0	30.0	37.5	80.0	87.5
	45 to 54	*4.6	57.7	29.2	33.8	86.9	91.5
	55 to 64	*4.7	58.6	28.4	33.1	87.0	91.7
	65 and over	*11.1	46.5	24.3	35.4	70.8	81.9
	TOTAL		8.8	46.0	33.5	42.3	79.5
Females	15 to 24	17.3	22.1	54.8	72.1	76.9	94.2
	25 to 34	*6.8	39.3	41.0	47.9	80.3	87.2
	35 to 44	*7.5	55.7	25.3	32.8	81.0	88.5
	45 to 54	*5.1	62.0	20.9	25.9	82.9	88.0
	55 to 64	*5.2	50.6	32.0	37.2	82.6	87.8
	65 and over	*6.6	44.8	24.6	31.1	69.4	76.0
	TOTAL		8.2	45.6	33.6	41.7	79.2
Persons	15 to 24	15.4	26.6	47.6	63.1	74.2	89.6
	25 to 34	8.7	38.4	41.7	50.4	80.1	88.8
	35 to 44	7.5	52.9	27.6	35.1	80.5	88.0
	45 to 54	4.8	59.9	25.0	29.8	84.9	89.7
	55 to 64	*5.0	54.5	30.2	35.2	84.7	89.7
	65 and over	8.7	45.6	24.5	33.1	70.1	78.7
	TOTAL		8.5	45.8	33.5	42.0	79.3

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) Participants' activities are fully organised

(d) Participants' activities are fully non-organised

(e) Participants' activities are part organised and part non-organised

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 28: Australian Capital Territory participants — total participation in any physical activity (organised and non-organised) by demographics, 2010 (a)

	MALES		FEMALES		PERSONS	
	Number	Total participation rate (b)	Number	Total participation rate	Number	Total participation rate
	('000)	(%)	('000)	(%)	('000)	(%)
AGE GROUP (YEARS)						
15 to 24	21.6	85.2	23.0	94.2	44.6	89.6
25 to 34	25.8	90.4	24.3	87.2	50.1	88.8
35 to 44	22.5	87.5	23.0	88.5	45.6	88.0
45 to 54	21.3	91.5	21.6	88.0	42.9	89.7
55 to 64	17.5	91.7	17.6	87.8	35.0	89.7
65 and over	13.4	81.9	14.4	76.0	27.8	78.7
REGION						
Capital city	122.2	88.3	123.9	87.4	246.1	87.8
EMPLOYMENT STATUS						
Employed full time	77.1	90.9	49.9	90.7	127.1	90.8
Employed part time	14.5	78.7	36.2	91.6	50.7	87.5
Employed refused	*0.7	*100.0	*0.7	*75.8	*1.4	*85.9
Total employed	92.3	88.8	86.9	90.9	179.2	89.8
Unemployed	4.5	96.2	3.4	82.7	7.9	89.9
Not in the labour force	25.4	85.3	33.6	79.7	59.0	82.0
MARITAL STATUS						
Married	76.9	90.4	70.9	87.8	147.9	89.1
Not married	45.1	84.9	52.4	86.6	97.5	85.8
Refused/Do not know	**0.2	**100.0	*0.5	*100.0	*0.7	*100.0
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	35.9	91.0	42.1	88.4	78.0	89.5
At least one under 18 — none at home	2.3	75.9	**0.5	**100.0	2.7	79.1
No children under 18	83.7	87.5	81.3	86.8	165.0	87.2
Refused	**0.3	**100.0	**0.0	**0.0	**0.3	**100.0
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	63.4	93.0	54.2	91.6	117.6	92.3
Undergraduate diploma or associate diploma	9.3	86.5	12.3	92.4	21.6	89.8
Certificate, trade qualification or apprenticeship	13.0	93.2	11.5	85.9	24.5	89.6
Highest level of secondary school	20.0	82.0	25.0	84.7	45.0	83.5
Did not complete highest level of school	10.9	74.5	13.0	75.6	23.9	75.1
Never went to school	**0.0	**0.0	**0.2	**100.0	**0.2	**100.0
Still at secondary school	4.7	88.2	5.9	96.2	10.6	92.5
Other	*0.9	*75.8	*1.2	*54.0	*2.0	*61.5
Refused	**0.0	**0.0	*0.7	*85.5	*0.7	*85.5
LANGUAGE SPOKEN AT HOME						
English only	109.5	89.7	111.9	89.2	221.4	89.4
European language/s other than English	4.0	69.9	4.6	83.8	8.6	76.7
Non-European language/s	9.5	82.2	8.4	70.8	17.9	76.4
Total	122.2	88.3	123.9	87.4	246.1	87.8

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 29: All Australian Capital Territory persons — participation in any physical activity by frequency, age and sex, 2010 (a)

Sex	Age group (years)	None	Up to once	One or two	Three or four	Five or	Do not know	Total
			per week (b)	times per week (c)	times per week (d)	more times per week		
		Number ('000)						
Males	15 to 24	3.8	2.8	6.3	6.9	5.6	**0.0	25.4
	25 to 34	2.7	3.8	8.0	5.8	8.2	**0.0	28.6
	35 to 44	3.2	3.1	6.8	5.1	7.6	**0.0	25.7
	45 to 54	*2.0	3.6	4.8	5.7	7.2	**0.0	23.3
	55 to 64	*1.6	*1.7	3.6	4.4	7.8	**0.0	19.1
	65 and over	3.0	*1.1	3.0	3.4	5.9	**0.0	16.4
	TOTAL		16.2	16.1	32.4	31.4	42.3	**0.0
Females	15 to 24	*1.4	4.2	5.6	6.1	6.8	**0.2	24.4
	25 to 34	3.6	3.3	7.1	6.0	7.9	**0.0	27.9
	35 to 44	3.0	3.7	5.7	7.2	6.4	**0.0	26.0
	45 to 54	2.9	*2.2	4.5	6.4	8.5	**0.0	24.5
	55 to 64	2.4	2.2	4.2	3.7	7.2	**0.2	20.0
	65 and over	4.6	*1.1	3.0	3.2	6.8	**0.2	19.0
	TOTAL		17.9	16.8	30.2	32.5	43.7	*0.7
Persons	15 to 24	5.2	7.0	11.9	13.0	12.5	**0.2	49.8
	25 to 34	6.3	7.2	15.1	11.7	16.1	**0.0	56.4
	35 to 44	6.2	6.8	12.4	12.3	14.0	**0.0	51.8
	45 to 54	4.9	5.8	9.3	12.1	15.7	**0.0	47.8
	55 to 64	4.0	3.9	7.8	8.1	15.0	**0.2	39.1
	65 and over	7.5	2.3	6.0	6.6	12.8	**0.2	35.4
	TOTAL		34.2	33.0	62.5	63.9	86.0	*0.7
Percentage of row (%)								
Males	15 to 24	14.8	11.1	24.7	27.2	22.2	**0.0	100.0
	25 to 34	9.6	13.5	27.9	20.2	28.8	**0.0	100.0
	35 to 44	12.5	11.9	26.3	20.0	29.4	**0.0	100.0
	45 to 54	*8.5	15.4	20.8	24.6	30.8	**0.0	100.0
	55 to 64	*8.3	*8.9	18.9	23.1	40.8	**0.0	100.0
	65 and over	18.1	*6.9	18.1	20.8	36.1	**0.0	100.0
	TOTAL		11.7	11.7	23.4	22.7	30.6	**0.0
Females	15 to 24	*5.8	17.3	23.1	25.0	27.9	**1.0	100.0
	25 to 34	12.8	12.0	25.6	21.4	28.2	**0.0	100.0
	35 to 44	11.5	14.4	21.8	27.6	24.7	**0.0	100.0
	45 to 54	12.0	*8.9	18.4	25.9	34.8	**0.0	100.0
	55 to 64	12.2	11.0	20.9	18.6	36.0	**1.2	100.0
	65 and over	24.0	*6.0	15.8	16.9	36.1	**1.1	100.0
	TOTAL		12.6	11.9	21.3	22.9	30.8	*0.5
Persons	15 to 24	10.4	14.2	23.9	26.1	25.0	**0.5	100.0
	25 to 34	11.2	12.7	26.8	20.8	28.5	**0.0	100.0
	35 to 44	12.0	13.1	24.0	23.8	27.0	**0.0	100.0
	45 to 54	10.3	12.0	19.5	25.3	32.8	**0.0	100.0
	55 to 64	10.3	10.0	20.0	20.8	38.4	**0.6	100.0
	65 and over	21.3	6.4	16.9	18.7	36.1	**0.6	100.0
	TOTAL		12.2	11.8	22.3	22.8	30.7	*0.2

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 30: Australian Capital Territory participants — participation in any physical activity by cumulative frequency, age and sex, 2010 (a) (b)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	2.8	18.8	16.0	12.5	21.6
	25 to 34	3.8	22.0	17.3	14.0	25.8
	35 to 44	3.1	19.5	16.6	12.7	22.5
	45 to 54	3.6	17.7	15.2	12.9	21.3
	55 to 64	*1.7	15.8	13.9	12.2	17.5
	65 and over	*1.1	12.3	11.2	9.3	13.4
	TOTAL		16.1	106.0	90.1	73.7
Females	15 to 24	4.2	18.6	16.0	12.9	23.0
	25 to 34	3.3	21.0	17.9	13.8	24.3
	35 to 44	3.7	19.3	17.4	13.6	23.0
	45 to 54	*2.2	19.4	17.1	14.9	21.6
	55 to 64	2.2	15.1	13.4	10.9	17.6
	65 and over	*1.1	13.1	11.9	10.1	14.4
	TOTAL		16.8	106.4	93.5	76.2
Persons	15 to 24	7.0	37.4	32.0	25.5	44.6
	25 to 34	7.2	42.9	35.2	27.8	50.1
	35 to 44	6.8	38.8	33.9	26.3	45.6
	45 to 54	5.8	37.1	32.3	27.8	42.9
	55 to 64	3.9	30.9	27.2	23.1	35.0
	65 and over	2.3	25.4	23.1	19.4	27.8
	TOTAL		33.0	212.4	183.6	149.9

Total participation rate (%) (c)

Males	15 to 24	11.1	74.1	63.0	49.4	85.2
	25 to 34	13.5	76.9	60.6	49.0	90.4
	35 to 44	11.9	75.6	64.4	49.4	87.5
	45 to 54	15.4	76.2	65.4	55.4	91.5
	55 to 64	*8.9	82.8	72.8	63.9	91.7
	65 and over	*6.9	75.0	68.1	56.9	81.9
	TOTAL		11.7	76.6	65.1	53.2
Females	15 to 24	17.3	76.0	65.4	52.9	94.2
	25 to 34	12.0	75.2	64.1	49.6	87.2
	35 to 44	14.4	74.1	66.7	52.3	88.5
	45 to 54	*8.9	79.1	69.6	60.8	88.0
	55 to 64	11.0	75.6	66.9	54.7	87.8
	65 and over	*6.0	68.9	62.8	53.0	76.0
	TOTAL		11.9	75.0	66.0	53.8
Persons	15 to 24	14.2	75.0	64.2	51.1	89.6
	25 to 34	12.7	76.1	62.3	49.3	88.8
	35 to 44	13.1	74.9	65.5	50.8	88.0
	45 to 54	12.0	77.7	67.6	58.1	89.7
	55 to 64	10.0	79.1	69.8	59.2	89.7
	65 and over	6.4	71.7	65.3	54.8	78.7
	TOTAL		11.8	75.8	65.5	53.5

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) Cumulative frequency should be interpreted as the total number of persons who engaged in the activity with at least that frequency (for example, 183,600 Australian Capital Territory persons engaged in physical activity **at least** twice per week, which is a combination of those who engaged twice, three times, four times and five times per week or more)

(c) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 31: Australian Capital Territory recent participants — recent participation in any physical activity by duration and age, 2010 (a)

		15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	Total
		Number ('000)						
Five hours or more	More than three sessions weekly	13.2	9.2	7.5	9.5	9.9	7.4	56.8
	Two or three sessions weekly	*0.8	*0.8	**0.5	*0.7	*1.0	*1.2	5.0
	Less than two sessions weekly	**0.0	**0.2	**0.3	**0.2	**0.5	**0.2	*1.4
	<i>Total</i>	14.0	10.2	8.3	10.4	11.4	8.9	63.2
Two hours or more but less than five hours	More than three sessions weekly	3.4	9.2	8.7	9.1	7.2	6.0	43.6
	Two or three sessions weekly	7.8	5.1	5.9	5.3	3.4	2.3	29.8
	Less than two sessions weekly	*2.0	2.4	*0.8	*1.9	*1.1	*1.0	9.2
	<i>Total</i>	13.2	16.7	15.3	16.3	11.8	9.3	82.6
Less than two hours	More than three sessions weekly	**0.2	**0.2	*1.7	*1.3	*0.7	*1.0	5.1
	Two or three sessions weekly	3.4	3.7	4.5	2.6	3.0	2.7	19.8
	Less than two sessions weekly	6.3	10.8	8.3	7.3	4.4	3.1	40.2
	<i>Total</i>	9.9	14.7	14.5	11.3	8.0	6.8	65.2
Total	More than three sessions weekly	16.9	18.6	17.9	19.9	17.8	14.4	105.5
	Two or three sessions weekly	11.9	9.6	10.8	8.6	7.4	6.2	54.6
	Less than two sessions weekly	8.3	13.4	9.4	9.4	6.0	4.3	50.8
	Total	37.1	41.6	38.1	37.9	31.3	24.9	211.0
		Percentage of total (%)						
Five hours or more	More than three sessions weekly	6.3	4.4	3.6	4.5	4.7	3.5	26.9
	Two or three sessions weekly	*0.4	*0.4	**0.2	*0.3	*0.5	*0.6	2.4
	Less than two sessions weekly	**0.0	**0.1	**0.2	**0.1	**0.2	**0.1	*0.7
	<i>Total</i>	6.6	4.8	3.9	4.9	5.4	4.2	30.0
Two hours or more but less than five hours	More than three sessions weekly	1.6	4.3	4.1	4.3	3.4	2.8	20.6
	Two or three sessions weekly	3.7	2.4	2.8	2.5	1.6	1.1	14.1
	Less than two sessions weekly	*1.0	1.1	*0.4	*0.9	*0.5	*0.5	4.4
	<i>Total</i>	6.3	7.9	7.3	7.7	5.6	4.4	39.1
Less than two hours	More than three sessions weekly	**0.1	**0.1	*0.8	*0.6	*0.3	*0.5	2.4
	Two or three sessions weekly	1.6	1.8	2.1	1.2	1.4	1.3	9.4
	Less than two sessions weekly	3.0	5.1	4.0	3.5	2.1	1.5	19.1
	<i>Total</i>	4.7	7.0	6.9	5.3	3.8	3.2	30.9
Total	More than three sessions weekly	8.0	8.8	8.5	9.4	8.5	6.8	50.0
	Two or three sessions weekly	5.6	4.6	5.1	4.1	3.5	2.9	25.9
	Less than two sessions weekly	3.9	6.4	4.5	4.5	2.8	2.1	24.1
	Total	17.6	19.7	18.1	18.0	14.8	11.8	100.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport in the two weeks prior to interview in 2010

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 32: Australian Capital Territory regular participants — regular participation in any physical activity (organised and non-organised) by demographics, 2010 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Regular participation rate (b) (%)	Number (‘000)	Regular participation rate (%)	Number (‘000)	Regular participation rate (%)
AGE GROUP (YEARS)						
15 to 24	12.5	49.4	12.9	52.9	25.5	51.1
25 to 34	14.0	49.0	13.8	49.6	27.8	49.3
35 to 44	12.7	49.4	13.6	52.3	26.3	50.8
45 to 54	12.9	55.4	14.9	60.8	27.8	58.1
55 to 64	12.2	63.9	10.9	54.7	23.1	59.2
65 and over	9.3	56.9	10.1	53.0	19.4	54.8
REGION						
Capital city	73.7	53.2	76.2	53.8	149.9	53.5
EMPLOYMENT STATUS						
Employed full time	44.1	52.0	31.2	56.7	75.4	53.8
Employed part time	9.1	49.7	20.0	50.6	29.2	50.4
Employed refused	*0.7	*100.0	**0.5	**51.9	*1.2	*72.0
Total employed	54.0	51.9	51.7	54.2	105.7	53.0
Unemployed	2.6	55.3	*2.0	*48.4	4.6	52.1
Not in the labour force	17.1	57.5	22.5	53.4	39.6	55.1
MARITAL STATUS						
Married	46.1	54.1	43.7	54.1	89.8	54.1
Not married	27.4	51.6	32.1	53.1	59.5	52.4
Refused/Do not know	**0.2	**100.0	**0.4	**72.2	*0.6	*79.1
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	19.0	48.2	25.3	53.2	44.4	50.9
At least one under 18 — none at home	*1.1	*35.3	**0.2	**51.4	*1.3	*37.4
No children under 18	53.4	55.8	50.7	54.1	104.0	55.0
Refused	**0.2	**52.7	**0.0	**0.0	**0.2	**52.7
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	40.2	59.0	34.9	59.0	75.1	59.0
Undergraduate diploma or associate diploma	6.0	55.8	6.8	51.3	12.8	53.3
Certificate, trade qualification or apprenticeship	6.9	49.2	6.6	49.6	13.5	49.4
Highest level of secondary school	12.4	50.9	14.8	50.3	27.2	50.6
Did not complete highest level of school	5.2	35.8	7.3	42.4	12.5	39.4
Still at secondary school	2.5	47.1	4.2	69.2	6.7	58.9
Other	**0.3	**30.1	*0.9	*39.7	*1.2	*36.4
Refused	**0.0	**0.0	*0.7	*85.5	*0.7	*85.5
LANGUAGE SPOKEN AT HOME						
English only	66.8	54.7	68.9	54.9	135.7	54.8
European language/s other than English	*2.0	*34.9	2.2	41.3	4.3	38.0
Non-European language/s	5.5	47.9	5.6	47.4	11.1	47.6
Total	73.7	53.2	76.2	53.8	149.9	53.5

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the regular participation rate is the number of persons who participated in the activity at least three times per week on average expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 33: All Australian Capital Territory persons — participation in organised physical activity by frequency, age and sex, 2010 (a)

Sex	Age group (years)	None	Up to once	One or two	Three or four	Five or	Do not know	Total
			per week (b)	times per week (c)	times per week (d)	more times per week		
		Number ('000)						
Males	15 to 24	11.6	2.8	6.9	4.1	**0.0	**0.0	25.4
	25 to 34	13.5	4.9	6.9	3.0	**0.3	**0.0	28.6
	35 to 44	16.1	4.0	3.5	*1.4	*0.6	**0.0	25.7
	45 to 54	15.4	3.9	2.3	*1.1	*0.5	**0.0	23.3
	55 to 64	12.7	*1.8	2.8	*1.0	*0.7	**0.0	19.1
	65 and over	10.6	*1.6	*2.2	*1.6	*0.5	**0.0	16.4
	TOTAL	79.9	19.1	24.6	12.2	2.6	**0.0	138.4
Females	15 to 24	6.8	4.5	8.2	2.6	2.4	**0.0	24.4
	25 to 34	14.5	5.7	5.2	*1.7	*0.7	**0.0	27.9
	35 to 44	17.5	4.2	*2.1	*1.3	*0.9	**0.0	26.0
	45 to 54	18.2	*1.6	*1.7	*1.7	*1.4	**0.0	24.5
	55 to 64	12.6	2.2	2.6	*2.0	*0.6	**0.1	20.0
	65 and over	13.1	*1.7	2.5	*1.1	*0.5	**0.1	19.0
	TOTAL	82.6	19.8	22.3	10.4	6.5	**0.2	141.8
Persons	15 to 24	18.4	7.3	15.1	6.7	2.4	**0.0	49.8
	25 to 34	28.0	10.7	12.1	4.7	*1.0	**0.0	56.4
	35 to 44	33.6	8.2	5.6	2.8	*1.5	**0.0	51.8
	45 to 54	33.6	5.5	4.0	2.8	*1.9	**0.0	47.8
	55 to 64	25.3	4.0	5.4	3.0	*1.3	**0.1	39.1
	65 and over	23.6	3.3	4.7	2.7	*1.0	**0.1	35.4
	TOTAL	162.5	38.9	46.9	22.6	9.0	**0.2	280.2
Percentage of row (%)								
Males	15 to 24	45.7	11.1	27.2	16.0	**0.0	**0.0	100.0
	25 to 34	47.1	17.3	24.0	10.6	**1.0	**0.0	100.0
	35 to 44	62.5	15.6	13.8	*5.6	*2.5	**0.0	100.0
	45 to 54	66.2	16.9	10.0	*4.6	*2.3	**0.0	100.0
	55 to 64	66.9	*9.5	14.8	*5.3	*3.6	**0.0	100.0
	65 and over	64.6	*9.7	*13.2	*9.7	*2.8	**0.0	100.0
	TOTAL	57.7	13.8	17.8	8.8	1.9	**0.0	100.0
Females	15 to 24	27.9	18.3	33.7	10.6	9.6	**0.0	100.0
	25 to 34	52.1	20.5	18.8	*6.0	*2.6	**0.0	100.0
	35 to 44	67.2	16.1	*8.0	*5.2	*3.4	**0.0	100.0
	45 to 54	74.1	*6.3	*7.0	*7.0	*5.7	**0.0	100.0
	55 to 64	62.8	11.0	12.8	*9.9	*2.9	**0.6	100.0
	65 and over	68.9	*8.7	13.1	*6.0	*2.7	**0.5	100.0
	TOTAL	58.3	14.0	15.7	7.3	4.6	**0.2	100.0
Persons	15 to 24	36.9	14.6	30.3	13.4	4.7	**0.0	100.0
	25 to 34	49.6	18.9	21.5	8.3	*1.8	**0.0	100.0
	35 to 44	64.9	15.9	10.9	5.4	*3.0	**0.0	100.0
	45 to 54	70.2	11.5	8.4	5.8	*4.0	**0.0	100.0
	55 to 64	64.8	10.3	13.8	7.7	*3.2	**0.3	100.0
	65 and over	66.9	9.2	13.2	7.7	*2.8	**0.3	100.0
	TOTAL	58.0	13.9	16.7	8.1	3.2	**0.1	100.0

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 34: Australian Capital Territory organised participants — participation in organised physical activity by cumulative frequency, age and sex, 2010 (a) (b)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	2.8	11.0	6.6	4.1	13.8
	25 to 34	4.9	10.2	5.8	3.3	15.1
	35 to 44	4.0	5.6	3.2	*2.1	9.7
	45 to 54	3.9	3.9	2.5	*1.6	7.9
	55 to 64	*1.8	4.5	2.9	*1.7	6.3
	65 and over	*1.6	4.2	3.6	*2.0	5.8
	TOTAL	19.1	39.4	24.6	14.8	58.5
Females	15 to 24	4.5	13.2	8.9	4.9	17.6
	25 to 34	5.7	7.6	5.5	2.4	13.3
	35 to 44	4.2	4.3	3.4	2.2	8.5
	45 to 54	*1.6	4.8	4.0	3.1	6.4
	55 to 64	2.2	5.1	3.6	2.6	7.4
	65 and over	*1.7	4.1	2.7	*1.7	5.9
	TOTAL	19.8	39.2	28.2	16.9	59.2
Persons	15 to 24	7.3	24.1	15.5	9.0	31.4
	25 to 34	10.7	17.8	11.2	5.7	28.4
	35 to 44	8.2	10.0	6.7	4.3	18.2
	45 to 54	5.5	8.8	6.5	4.7	14.2
	55 to 64	4.0	9.6	6.5	4.2	13.8
	65 and over	3.3	8.4	6.3	3.7	11.7
	TOTAL	38.9	78.6	52.8	31.7	117.7
Total participation rate (%) (c)						
Males	15 to 24	11.1	43.2	25.9	16.0	54.3
	25 to 34	17.3	35.6	20.2	11.5	52.9
	35 to 44	15.6	21.9	12.5	*8.1	37.5
	45 to 54	16.9	16.9	10.8	*6.9	33.8
	55 to 64	*9.5	23.7	15.4	*8.9	33.1
	65 and over	*9.7	25.7	22.2	*12.5	35.4
	TOTAL	13.8	28.5	17.8	10.7	42.3
Females	15 to 24	18.3	53.8	36.5	20.2	72.1
	25 to 34	20.5	27.4	19.7	8.5	47.9
	35 to 44	16.1	16.7	13.2	8.6	32.8
	45 to 54	*6.3	19.6	16.5	12.7	25.9
	55 to 64	11.0	25.6	18.0	12.8	37.2
	65 and over	*8.7	21.9	14.2	*8.7	31.1
	TOTAL	14.0	27.6	19.9	11.9	41.7
Persons	15 to 24	14.6	48.4	31.1	18.1	63.1
	25 to 34	18.9	31.5	19.9	10.1	50.4
	35 to 44	15.9	19.3	12.9	8.4	35.1
	45 to 54	11.5	18.3	13.7	9.9	29.8
	55 to 64	10.3	24.6	16.7	10.9	35.2
	65 and over	9.2	23.6	17.9	10.5	33.1
	TOTAL	13.9	28.1	18.9	11.3	42.0

- (a) Relates to persons aged 15 years and over who participated in organised physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010
- (b) Cumulative frequency should be interpreted as the total number of persons who engaged in the activity with **at least** that frequency (for example, 52,800 Australian Capital Territory persons engaged in organised physical activity at least twice per week, which is a combination of those who engaged twice, three times, four times and five times per week or more)
- (c) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 35: Australian Capital Territory organised participants — total participation in organised activities by type of organisation, age and sex, 2010 (a)

Sex	Age group (years)	Fitness, leisure or indoor sports centre	Sport or recreation club or association (c)	Work	School	Other	Total organised participation
		Number ('000)					
Males	15 to 24	3.1	11.3	*0.9	4.1	2.8	13.8
	25 to 34	5.2	10.7	*1.9	**0.3	2.5	15.1
	35 to 44	2.6	6.3	*1.3	**0.2	2.4	9.7
	45 to 54	*2.2	5.9	*0.9	**0.4	*1.4	7.9
	55 to 64	*0.9	4.4	**0.1	**0.0	*1.9	6.3
	65 and over	*1.9	4.4	**0.0	**0.1	*0.7	5.8
	TOTAL	15.9	43.0	5.2	5.0	11.7	58.5
Females	15 to 24	8.9	10.3	*0.9	5.6	3.8	17.6
	25 to 34	9.0	5.7	*1.4	**0.2	2.4	13.3
	35 to 44	5.5	4.3	*0.7	*0.7	*1.6	8.5
	45 to 54	3.3	2.8	**0.2	**0.2	*1.7	6.4
	55 to 64	3.6	2.6	**0.3	**0.1	2.7	7.4
	65 and over	2.9	*2.2	**0.0	**0.1	2.7	5.9
	TOTAL	33.3	27.9	3.6	7.0	14.9	59.2
Persons	15 to 24	12.1	21.6	*1.9	9.7	6.6	31.4
	25 to 34	14.3	16.4	3.4	**0.5	4.9	28.4
	35 to 44	8.1	10.6	*2.0	*0.9	4.1	18.2
	45 to 54	5.4	8.7	*1.1	**0.5	3.1	14.2
	55 to 64	4.5	7.0	**0.5	**0.1	4.6	13.8
	65 and over	4.8	6.6	**0.0	**0.2	3.4	11.7
	TOTAL	49.2	70.9	8.8	12.0	26.6	117.7

Total participation rate (%) (b)

Males	15 to 24	12.3	44.4	*3.7	16.0	11.1	54.3
	25 to 34	18.3	37.5	*6.7	**1.0	8.7	52.9
	35 to 44	10.0	24.4	*5.0	**0.6	9.4	37.5
	45 to 54	*9.2	25.4	*3.8	**1.5	*6.2	33.8
	55 to 64	*4.7	23.1	**0.6	**0.0	*10.1	33.1
	65 and over	*11.8	27.1	**0.0	**0.7	*4.2	35.4
	TOTAL	11.5	31.1	3.7	3.6	8.5	42.3
Females	15 to 24	36.5	42.3	*3.8	23.1	15.4	72.1
	25 to 34	32.5	20.5	*5.1	**0.9	8.5	47.9
	35 to 44	21.3	16.7	*2.9	*2.9	*6.3	32.8
	45 to 54	13.3	11.4	**0.6	**0.6	*7.0	25.9
	55 to 64	18.0	12.8	**1.7	**0.6	13.4	37.2
	65 and over	15.3	*11.5	**0.0	**0.5	14.2	31.1
	TOTAL	23.5	19.7	2.6	4.9	10.5	41.7
Persons	15 to 24	24.2	43.4	*3.8	19.5	13.2	63.1
	25 to 34	25.3	29.1	5.9	**0.9	8.6	50.4
	35 to 44	15.7	20.5	*3.9	*1.8	7.8	35.1
	45 to 54	11.3	18.2	*2.2	**1.1	6.6	29.8
	55 to 64	11.5	17.8	**1.2	**0.3	11.8	35.2
	65 and over	13.7	18.7	**0.0	**0.6	9.6	33.1
	TOTAL	17.6	25.3	3.1	4.3	9.5	42.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) All aerobics/fitness participants describing their activity as organised by a sport or recreation club or association have been recoded to fitness, leisure or indoor sports centre

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 36: Australian Capital Territory participants — total participation in specific activities (organised and non-organised) by sex, 2010 (a)

Activity	MALES		FEMALES		PERSONS	
	Number (’000)	Total participation rate (b) (%)	Number (’000)	Total participation rate (%)	Number (’000)	Total participation rate (%)
Aerobics/fitness	31.1	22.5	44.4	31.3	75.5	26.9
Aquarobics	**0.1	**0.1	*2.1	*1.5	2.3	0.8
Athletics/track and field	*1.2	*0.9	**0.5	**0.3	*1.7	*0.6
Australian rules football	4.9	3.5	*0.9	*0.7	5.8	2.1
Badminton	*1.4	*1.0	*1.2	*0.9	2.6	0.9
Baseball	**0.3	**0.2	**0.1	**0.1	**0.5	**0.2
Basketball	4.8	3.5	2.7	1.9	7.5	2.7
Boxing	*0.6	*0.4	*1.2	*0.8	*1.8	*0.6
Canoeing/kayaking	3.4	2.5	3.3	2.3	6.7	2.4
Carpet bowls	**0.0	**0.0	**0.3	**0.2	**0.3	**0.1
Cricket (indoor)	3.4	2.4	**0.5	**0.3	3.8	1.4
Cricket (outdoor)	6.6	4.8	*0.7	*0.5	7.3	2.6
Cycling	33.6	24.3	19.6	13.8	53.2	19.0
Dancing	*1.9	*1.4	7.4	5.2	9.3	3.3
Darts	**0.3	**0.2	**0.0	**0.0	**0.3	**0.1
Fishing	2.8	2.0	**0.2	**0.1	2.9	1.0
Golf	12.8	9.2	2.5	1.7	15.2	5.4
Gymnastics	**0.4	**0.3	**0.4	**0.3	*0.8	*0.3
Hockey (indoor)	*1.1	*0.8	*1.3	*0.9	2.4	0.8
Hockey (outdoor)	*1.7	*1.2	2.7	1.9	4.4	1.6
Horse riding/equestrian activities/polocrosse	**0.5	**0.4	*0.9	*0.6	*1.4	*0.5
Ice/snow sports	5.1	3.7	3.9	2.7	9.0	3.2
Lawn bowls	2.6	1.9	*0.8	*0.6	3.4	1.2
Martial arts	4.4	3.2	3.7	2.6	8.0	2.9
Motor sports	2.4	1.7	**0.0	**0.0	2.4	0.9
Netball	2.4	1.7	10.4	7.3	12.7	4.5
Orienteering	2.5	1.8	*1.0	*0.7	3.5	1.3
Rock climbing	*1.1	*0.8	*0.6	*0.4	*1.6	*0.6
Roller sports	*0.9	*0.7	**0.1	**0.1	*1.1	*0.4
Rowing	*1.2	*0.9	*0.6	*0.4	*1.8	*0.6
Rugby league	*1.1	*0.8	**0.0	**0.0	*1.1	*0.4
Rugby union	2.3	1.7	**0.0	**0.0	2.3	0.8
Running	21.2	15.3	13.8	9.7	35.0	12.5
Sailing	*0.5	*0.4	**0.2	**0.2	*0.7	*0.3
Scuba diving	*1.2	*0.9	*1.5	*1.0	2.7	1.0
Shooting sports	*0.6	*0.4	**0.5	**0.3	*1.0	*0.4
Football (indoor)	6.2	4.5	2.4	1.7	8.6	3.1
Football (outdoor)	14.9	10.8	5.6	4.0	20.5	7.3
Softball	*0.7	*0.5	*2.1	*1.5	2.7	1.0
Squash/racquet ball	3.6	2.6	*1.1	*0.8	4.7	1.7
Surf sports	2.3	1.6	*0.7	*0.5	2.9	1.0
Swimming	17.3	12.5	23.6	16.7	40.9	14.6
Table tennis	*1.8	*1.3	**0.2	**0.2	*2.0	*0.7
Tennis	10.9	7.9	5.7	4.1	16.6	5.9
Tenpin bowling	*1.1	*0.8	**0.5	**0.3	*1.6	*0.6
Touch football	5.0	3.6	3.4	2.4	8.3	3.0
Triathlon	*1.1	*0.8	*0.6	*0.4	*1.7	*0.6
Volleyball	*1.2	*0.9	*1.0	*0.7	2.2	0.8
Walking (bush)	12.2	8.8	10.0	7.1	22.2	7.9
Walking (other)	42.2	30.5	73.4	51.8	115.6	41.2
Water polo	**0.5	**0.3	**0.2	**0.2	*0.7	*0.3
Waterskiing/powerboating	*1.5	*1.1	**0.5	**0.3	*1.9	*0.7
Weight training	6.0	4.3	3.0	2.1	9.0	3.2
Yoga	*0.8	*0.6	9.8	6.9	10.5	3.8

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 37: Australian Capital Territory participants — total participation in specific activities by type of activity, 2010 (a)

Activity	Number ('000)			Total participation rate (%) (b)		
	Organised	Non-organised	Total	Organised	Non-organised	Total
Aerobics/fitness	24.1	57.0	75.5	8.6	20.3	26.9
Aquarobics	*1.2	*1.1	2.3	*0.4	*0.4	0.8
Athletics/track and field	*0.7	*1.0	*1.7	*0.2	*0.4	*0.6
Australian rules football	4.6	*2.0	5.8	1.6	*0.7	2.1
Badminton	*1.5	*1.0	2.6	*0.5	*0.4	0.9
Baseball	**0.5	**0.0	**0.5	**0.2	**0.0	**0.2
Basketball	4.9	4.0	7.5	1.7	1.4	2.7
Boxing	*0.7	*1.1	*1.8	*0.2	*0.4	*0.6
Canoeing/kayaking	*2.1	4.6	6.7	*0.7	1.6	2.4
Carpet bowls	**0.3	**0.1	**0.3	**0.1	**0.0	**0.1
Cricket (indoor)	2.5	*1.6	3.8	0.9	*0.6	1.4
Cricket (outdoor)	4.7	3.1	7.3	1.7	1.1	2.6
Cycling	6.0	51.6	53.2	2.2	18.4	19.0
Dancing	7.2	3.0	9.3	2.6	1.1	3.3
Darts	**0.0	**0.3	**0.3	**0.0	**0.1	**0.1
Fishing	*0.5	2.8	2.9	*0.2	1.0	1.0
Golf	8.5	9.6	15.2	3.0	3.4	5.4
Gymnastics	**0.0	*0.8	*0.8	**0.0	*0.3	*0.3
Hockey (indoor)	2.4	**0.0	2.4	0.8	**0.0	0.8
Hockey (outdoor)	4.4	*0.0	4.4	1.6	*0.0	1.6
Horse riding/equestrian activities/polocrosse	**0.3	*1.1	*1.4	*0.1	*0.4	*0.5
Ice/snow sports	*1.5	8.3	9.0	*0.5	3.0	3.2
Lawn bowls	2.7	*0.7	3.4	1.0	*0.3	1.2
Martial arts	6.3	2.3	8.0	2.2	0.8	2.9
Motor sports	*0.9	*1.8	2.4	*0.3	*0.6	0.9
Netball	10.2	3.7	12.7	3.6	1.3	4.5
Orienteering	*1.7	*2.2	3.5	*0.6	*0.8	1.3
Rock climbing	**0.2	*1.4	*1.6	**0.1	*0.5	*0.6
Roller sports	**0.0	*1.1	*1.1	**0.0	*0.4	*0.4
Rowing	*1.3	*0.6	*1.8	*0.5	*0.2	*0.6
Rugby league	*0.6	**0.5	*1.1	*0.2	**0.2	*0.4
Rugby union	2.3	**0.4	2.3	0.8	**0.1	0.8
Running	4.8	32.7	35.0	1.7	11.7	12.5
Sailing	**0.4	**0.3	*0.7	**0.1	**0.1	*0.3
Scuba diving	*1.0	*1.8	2.7	*0.4	*0.6	1.0
Shooting sports	*0.9	**0.5	*1.0	*0.3	**0.2	*0.4
Football (indoor)	5.8	3.6	8.6	2.1	1.3	3.1
Football (outdoor)	14.6	7.2	20.5	5.2	2.6	7.3
Softball	2.4	*0.6	2.7	0.8	*0.2	1.0
Squash/racquet ball	*1.4	3.5	4.7	*0.5	1.3	1.7
Surf sports	**0.1	2.8	2.9	**0.1	1.0	1.0
Swimming	3.3	38.3	40.9	1.2	13.7	14.6
Table tennis	*0.8	*1.5	*2.0	*0.3	*0.5	*0.7
Tennis	5.5	14.0	16.6	2.0	5.0	5.9
Tenpin bowling	**0.4	*1.3	*1.6	**0.2	*0.5	*0.6
Touch football	5.5	3.5	8.3	2.0	1.2	3.0
Triathlon	*1.7	**0.0	*1.7	*0.6	**0.0	*0.6
Volleyball	*1.6	*0.6	2.2	*0.6	*0.2	0.8
Walking (bush)	2.4	21.0	22.2	0.9	7.5	7.9
Walking (other)	5.2	114.0	115.6	1.8	40.7	41.2
Water polo	*0.7	**0.0	*0.7	*0.3	**0.0	*0.3
Waterskiing/powerboating	**0.0	*1.9	*1.9	**0.0	*0.7	*0.7
Weight training	*1.6	7.7	9.0	*0.6	2.8	3.2
Yoga	6.0	6.0	10.5	2.2	2.1	3.8

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

10.3.2 New South Wales

Table 38: New South Wales participants — total participation in physical activity by type of participation, age and sex, 2010 (a)

Sex	Age group (years)	Organised only (c)	Non-organised only (d)	Both organised and non-organised (e)	Total organised	Total non-organised	Total participation
		(A)	(B)	(C)	(A + C)	(B + C)	(A + B + C)
		Number ('000)					
Males	15 to 24	123.7	112.4	197.9	321.6	310.4	434.0
	25 to 34	73.5	178.2	155.4	228.9	333.6	407.1
	35 to 44	67.0	221.3	127.6	194.5	348.9	415.8
	45 to 54	*33.7	242.4	119.2	152.9	361.6	395.3
	55 to 64	*38.5	175.9	100.5	139.0	276.4	314.9
	65 and over	*36.2	192.3	105.8	141.9	298.1	334.3
	TOTAL		372.5	1,122.5	806.5	1,178.9	1,929.0
Females	15 to 24	106.2	91.0	197.2	303.4	288.1	394.3
	25 to 34	51.6	246.4	127.7	179.3	374.0	425.6
	35 to 44	42.3	230.9	136.4	178.7	367.3	409.6
	45 to 54	*19.3	274.5	104.8	124.1	379.3	398.7
	55 to 64	*25.2	219.7	68.5	93.6	288.1	313.3
	65 and over	54.2	190.2	113.4	167.6	303.5	357.8
	TOTAL		298.8	1,252.6	747.8	1,046.7	2,000.5
Persons	15 to 24	229.9	203.4	395.1	625.0	598.5	828.4
	25 to 34	125.1	424.5	283.1	408.2	707.6	832.7
	35 to 44	109.3	452.2	263.9	373.2	716.2	825.4
	45 to 54	53.0	516.9	224.0	277.0	740.9	793.9
	55 to 64	63.7	395.6	169.0	232.7	564.6	628.2
	65 and over	90.4	382.5	219.1	309.5	601.6	692.0
	TOTAL		671.3	2,375.1	1,554.3	2,225.6	3,929.4
		Total participation rate (%) (b)					
Males	15 to 24	25.5	23.2	40.9	66.4	64.1	89.6
	25 to 34	15.0	36.3	31.6	46.6	67.9	82.8
	35 to 44	13.7	45.3	26.1	39.8	71.4	85.1
	45 to 54	*7.0	50.2	24.7	31.7	74.9	81.9
	55 to 64	*9.6	43.7	25.0	34.6	68.7	78.3
	65 and over	*8.2	43.6	24.0	32.2	67.6	75.8
	TOTAL		13.3	40.2	28.9	42.3	69.1
Females	15 to 24	22.7	19.4	42.1	64.7	61.5	84.2
	25 to 34	10.4	49.5	25.6	36.0	75.1	85.5
	35 to 44	8.4	46.0	27.2	35.6	73.2	81.7
	45 to 54	*3.9	55.4	21.1	25.0	76.5	80.4
	55 to 64	*6.1	53.5	16.7	22.8	70.1	76.3
	65 and over	10.7	37.5	22.3	33.0	59.8	70.5
	TOTAL		10.4	43.5	25.9	36.3	69.4
Persons	15 to 24	24.1	21.3	41.5	65.6	62.8	86.9
	25 to 34	12.6	42.9	28.6	41.3	71.5	84.2
	35 to 44	11.0	45.7	26.7	37.7	72.3	83.4
	45 to 54	5.4	52.8	22.9	28.3	75.7	81.2
	55 to 64	7.8	48.7	20.8	28.6	69.4	77.3
	65 and over	9.5	40.3	23.1	32.6	63.4	72.9
	TOTAL		11.8	41.9	27.4	39.2	69.3

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) Participants' activities are fully organised

(d) Participants' activities are fully non-organised

(e) Participants' activities are part organised and part non-organised

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 39: New South Wales participants — total participation in any physical activity (organised and non-organised) by demographics, 2010 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
AGE GROUP (YEARS)						
15 to 24	434.0	89.6	394.3	84.2	828.4	86.9
25 to 34	407.1	82.8	425.6	85.5	832.7	84.2
35 to 44	415.8	85.1	409.6	81.7	825.4	83.4
45 to 54	395.3	81.9	398.7	80.4	793.9	81.2
55 to 64	314.9	78.3	313.3	76.3	628.2	77.3
65 and over	334.3	75.8	357.8	70.5	692.0	72.9
REGION						
Capital city	1,456.1	82.4	1,471.1	80.1	2,927.2	81.2
Rest of state	845.3	82.6	828.2	79.2	1,673.5	80.9
EMPLOYMENT STATUS						
Employed full time	1,341.1	84.9	712.2	86.8	2,053.3	85.6
Employed part time	289.2	82.2	647.4	85.9	936.5	84.7
Employed refused	*17.6	*90.9	*20.4	*66.3	*38.0	*75.8
Total employed	1,647.9	84.5	1,380.0	86.0	3,027.9	85.2
Unemployed	85.6	68.4	125.6	74.3	211.2	71.8
Not in the labour force	567.9	79.5	793.8	71.6	1,361.7	74.7
MARITAL STATUS						
Married	1,348.2	81.7	1,364.4	80.7	2,712.6	81.2
Not married	943.3	83.5	923.1	78.6	1,866.4	81.0
Refused/Do not know	**10.0	**100.0	*11.7	*74.9	*21.7	*84.7
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	667.7	83.4	821.3	82.3	1,489.0	82.8
At least one under 18 – none at home	63.1	84.7	*13.0	*100.0	76.1	87.0
No children under 18	1,570.6	82.0	1,465.0	78.3	3,035.6	80.2
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	692.8	86.4	699.9	89.4	1,392.7	87.9
Undergraduate diploma or associate diploma	184.8	88.0	171.1	79.0	355.9	83.4
Certificate, trade qualification or apprenticeship	363.7	84.0	318.5	88.6	682.2	86.1
Highest level of secondary school	437.7	82.5	435.6	79.1	873.3	80.8
Did not complete highest level of school	461.1	73.2	520.6	67.9	981.7	70.3
Never went to school	**0.0	**0.0	**5.3	**100.0	**5.3	**75.0
Still at secondary school	128.2	91.7	121.0	86.8	249.3	89.2
Other	*26.6	*71.9	*21.9	*45.8	48.5	57.1
Refused	**6.5	**100.0	**5.3	**43.1	*11.8	*62.8
LANGUAGE SPOKEN AT HOME						
English only	1,984.1	84.4	2,031.1	81.9	4,015.3	83.1
European language/s other than English	92.3	74.4	100.2	76.1	192.6	75.3
Non-European language/s	233.9	70.9	179.2	62.8	413.2	67.1
Total	2,301.4	82.5	2,299.3	79.8	4,600.7	81.1

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 40: All New South Wales persons — participation in any physical activity by frequency, age and sex, 2010 (a)

Sex	Age group (years)	None	Up to once per week (b)	One or two times per week (c)	Three or four times per week (d)	Five or more times per week	Do not know	Total
		Number ('000)						
Males	15 to 24	50.4	67.2	139.4	94.1	133.3	**0.0	484.4
	25 to 34	84.3	131.7	89.4	72.9	113.1	**0.0	491.4
	35 to 44	72.6	108.4	117.7	88.7	101.1	**0.0	488.4
	45 to 54	87.3	69.1	114.6	95.5	113.1	**2.9	482.6
	55 to 64	87.3	63.9	93.1	45.8	112.1	**0.0	402.3
	65 and over	106.9	45.9	81.4	73.0	134.0	**0.0	441.2
	TOTAL	488.8	486.2	635.6	470.0	706.7	**2.9	2,790.2
Females	15 to 24	74.2	58.2	107.8	101.1	127.3	**0.0	468.5
	25 to 34	72.2	96.2	96.6	119.9	112.9	**0.0	497.8
	35 to 44	92.0	57.3	107.8	102.4	142.0	**0.0	501.6
	45 to 54	97.1	50.9	81.8	112.1	151.4	**2.4	495.7
	55 to 64	97.4	*23.4	75.4	75.3	139.2	**0.0	410.7
	65 and over	149.7	42.6	87.6	74.3	153.2	**0.0	507.5
	TOTAL	582.6	328.7	557.0	585.1	826.1	**2.4	2,881.9
Persons	15 to 24	124.6	125.3	247.2	195.2	260.6	**0.0	953.0
	25 to 34	156.4	227.9	186.0	192.8	226.0	**0.0	989.2
	35 to 44	164.6	165.7	225.5	191.1	243.2	**0.0	990.0
	45 to 54	184.4	120.1	196.4	207.6	264.5	**5.3	978.3
	55 to 64	184.8	87.3	168.6	121.1	251.3	**0.0	813.0
	65 and over	256.7	88.5	169.0	147.3	287.2	**0.0	948.7
	TOTAL	1,071.4	814.9	1,192.6	1,055.1	1,532.8	**5.3	5,672.1
Percentage of row (%)								
Males	15 to 24	10.4	13.9	28.8	19.4	27.5	**0.0	100.0
	25 to 34	17.2	26.8	18.2	14.8	23.0	**0.0	100.0
	35 to 44	14.9	22.2	24.1	18.2	20.7	**0.0	100.0
	45 to 54	18.1	14.3	23.7	19.8	23.4	**0.6	100.0
	55 to 64	21.7	15.9	23.2	11.4	27.9	**0.0	100.0
	65 and over	24.2	10.4	18.5	16.5	30.4	**0.0	100.0
	TOTAL	17.5	17.4	22.8	16.8	25.3	**0.1	100.0
Females	15 to 24	15.8	12.4	23.0	21.6	27.2	**0.0	100.0
	25 to 34	14.5	19.3	19.4	24.1	22.7	**0.0	100.0
	35 to 44	18.3	11.4	21.5	20.4	28.3	**0.0	100.0
	45 to 54	19.6	10.3	16.5	22.6	30.5	**0.5	100.0
	55 to 64	23.7	*5.7	18.4	18.3	33.9	**0.0	100.0
	65 and over	29.5	8.4	17.3	14.6	30.2	**0.0	100.0
	TOTAL	20.2	11.4	19.3	20.3	28.7	**0.1	100.0
Persons	15 to 24	13.1	13.2	25.9	20.5	27.3	**0.0	100.0
	25 to 34	15.8	23.0	18.8	19.5	22.8	**0.0	100.0
	35 to 44	16.6	16.7	22.8	19.3	24.6	**0.0	100.0
	45 to 54	18.8	12.3	20.1	21.2	27.0	**0.5	100.0
	55 to 64	22.7	10.7	20.7	14.9	30.9	**0.0	100.0
	65 and over	27.1	9.3	17.8	15.5	30.3	**0.0	100.0
	TOTAL	18.9	14.4	21.0	18.6	27.0	**0.1	100.0

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 41: New South Wales participants — participation in any physical activity by cumulative frequency, age and sex, 2010 (a) (b)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	67.2	366.9	271.7	227.4	434.0
	25 to 34	131.7	275.4	215.4	186.0	407.1
	35 to 44	108.4	307.5	247.1	189.8	415.8
	45 to 54	69.1	323.2	273.7	208.6	395.3
	55 to 64	63.9	251.0	194.6	157.9	314.9
	65 and over	45.9	288.3	259.1	206.9	334.3
	TOTAL		486.2	1,812.3	1,461.6	1,176.7
Females	15 to 24	58.2	336.2	272.1	228.4	394.3
	25 to 34	96.2	329.4	273.6	232.8	425.6
	35 to 44	57.3	352.3	293.1	244.5	409.6
	45 to 54	50.9	345.3	288.1	263.5	398.7
	55 to 64	*23.4	289.9	264.8	214.5	313.3
	65 and over	42.6	315.1	268.5	227.6	357.8
	TOTAL		328.7	1,968.2	1,660.3	1,411.2
Persons	15 to 24	125.3	703.1	543.9	455.9	828.4
	25 to 34	227.9	604.8	489.0	418.8	832.7
	35 to 44	165.7	659.8	540.2	434.3	825.4
	45 to 54	120.1	668.5	561.8	472.1	793.9
	55 to 64	87.3	540.9	459.4	372.4	628.2
	65 and over	88.5	603.5	527.6	434.5	692.0
	TOTAL		814.9	3,780.5	3,121.9	2,587.9

Total participation rate (%) (c)

Males	15 to 24	13.9	75.7	56.1	47.0	89.6
	25 to 34	26.8	56.0	43.8	37.9	82.8
	35 to 44	22.2	63.0	50.6	38.9	85.1
	45 to 54	14.3	67.0	56.7	43.2	81.9
	55 to 64	15.9	62.4	48.4	39.2	78.3
	65 and over	10.4	65.4	58.7	46.9	75.8
	TOTAL		17.4	65.0	52.4	42.2
Females	15 to 24	12.4	71.8	58.1	48.7	84.2
	25 to 34	19.3	66.2	55.0	46.8	85.5
	35 to 44	11.4	70.2	58.4	48.7	81.7
	45 to 54	10.3	69.7	58.1	53.2	80.4
	55 to 64	*5.7	70.6	64.5	52.2	76.3
	65 and over	8.4	62.1	52.9	44.8	70.5
	TOTAL		11.4	68.3	57.6	49.0
Persons	15 to 24	13.2	73.8	57.1	47.8	86.9
	25 to 34	23.0	61.1	49.4	42.3	84.2
	35 to 44	16.7	66.6	54.6	43.9	83.4
	45 to 54	12.3	68.3	57.4	48.3	81.2
	55 to 64	10.7	66.5	56.5	45.8	77.3
	65 and over	9.3	63.6	55.6	45.8	72.9
	TOTAL		14.4	66.7	55.0	45.6

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) Cumulative frequency should be interpreted as the total number of persons who engaged in the activity with **at least** that frequency (for example, 3.1 million New South Wales persons engaged in physical activity at least twice per week, which is a combination of those who engaged twice, three times, four times and five times per week or more)

(c) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 42: New South Wales recent participants — recent participation in any physical activity by duration and age, 2010 (a)

		15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	Total
		Number ('000)						
Five hours or more	More than three sessions weekly	230.3	122.3	135.3	142.8	173.4	176.9	981.0
	Two or three sessions weekly	63.3	*36.9	*24.3	*20.7	*39.3	*32.3	216.9
	Less than two sessions weekly	**3.6	**0.0	**9.7	**2.6	**7.5	**6.2	*29.6
	<i>Total</i>	297.2	159.2	169.3	166.1	220.2	215.4	1,227.4
Two hours or more but less than five hours	More than three sessions weekly	62.0	120.9	133.5	151.8	86.8	129.7	684.8
	Two or three sessions weekly	106.8	98.8	101.4	87.5	50.4	43.7	488.7
	Less than two sessions weekly	47.8	45.2	50.1	42.7	*26.6	*36.8	249.3
	<i>Total</i>	216.7	264.8	285.1	282.1	163.9	210.3	1,422.8
Less than two hours	More than three sessions weekly	*14.7	*20.2	*16.2	*22.5	*14.1	*28.8	116.7
	Two or three sessions weekly	*30.5	*38.3	51.5	69.8	51.8	42.4	284.3
	Less than two sessions weekly	168.8	176.3	175.7	153.7	83.1	106.1	863.8
	<i>Total</i>	214.1	234.9	243.5	246.0	149.0	177.3	1,264.8
Total	More than three sessions weekly	307.1	263.4	285.0	317.1	274.4	335.5	1,782.5
	Two or three sessions weekly	200.6	174.0	177.3	178.0	141.5	118.4	989.8
	Less than two sessions weekly	220.2	221.5	235.5	199.1	117.2	149.1	1,142.7
	Total	727.9	658.9	697.8	694.2	533.1	603.0	3,915.0
		Percentage of total (%)						
Five hours or more	More than three sessions weekly	5.9	3.1	3.5	3.6	4.4	4.5	25.1
	Two or three sessions weekly	1.6	*0.9	*0.6	*0.5	*1.0	*0.8	5.5
	Less than two sessions weekly	**0.1	**0.0	**0.2	**0.1	**0.2	**0.2	*0.8
	<i>Total</i>	7.6	4.1	4.3	4.2	5.6	5.5	31.4
Two hours or more but less than five hours	More than three sessions weekly	1.6	3.1	3.4	3.9	2.2	3.3	17.5
	Two or three sessions weekly	2.7	2.5	2.6	2.2	1.3	1.1	12.5
	Less than two sessions weekly	1.2	1.2	1.3	1.1	*0.7	*0.9	6.4
	<i>Total</i>	5.5	6.8	7.3	7.2	4.2	5.4	36.3
Less than two hours	More than three sessions weekly	*0.4	*0.5	*0.4	*0.6	*0.4	*0.7	3.0
	Two or three sessions weekly	*0.8	*1.0	1.3	1.8	1.3	1.1	7.3
	Less than two sessions weekly	4.3	4.5	4.5	3.9	2.1	2.7	22.1
	<i>Total</i>	5.5	6.0	6.2	6.3	3.8	4.5	32.3
Total	More than three sessions weekly	7.8	6.7	7.3	8.1	7.0	8.6	45.5
	Two or three sessions weekly	5.1	4.4	4.5	4.5	3.6	3.0	25.3
	Less than two sessions weekly	5.6	5.7	6.0	5.1	3.0	3.8	29.2
	Total	18.6	16.8	17.8	17.7	13.6	15.4	100.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport in the two weeks prior to interview in 2010

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 43: New South Wales regular participants — regular participation in any physical activity (organised and non-organised) by demographics, 2010 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Regular participation rate (b) (%)	Number (‘000)	Regular participation rate (%)	Number (‘000)	Regular participation rate (%)
AGE GROUP (YEARS)						
15 to 24	227.4	47.0	228.4	48.7	455.9	47.8
25 to 34	186.0	37.9	232.8	46.8	418.8	42.3
35 to 44	189.8	38.9	244.5	48.7	434.3	43.9
45 to 54	208.6	43.2	263.5	53.2	472.1	48.3
55 to 64	157.9	39.2	214.5	52.2	372.4	45.8
65 and over	206.9	46.9	227.6	44.8	434.5	45.8
REGION						
Capital city	769.8	43.6	914.7	49.8	1,684.5	46.7
Rest of state	406.8	39.8	496.5	47.5	903.4	43.7
EMPLOYMENT STATUS						
Employed full time	635.8	40.2	412.7	50.3	1,048.5	43.7
Employed part time	140.1	39.8	406.2	53.9	546.2	49.4
Employed refused	**10.9	**56.0	*11.8	*38.4	*22.7	*45.2
Total employed	786.8	40.3	830.7	51.8	1,617.5	45.5
Unemployed	46.6	37.3	65.4	38.7	112.0	38.1
Not in the labour force	343.3	48.1	515.1	46.5	858.4	47.1
MARITAL STATUS						
Married	656.9	39.8	822.3	48.6	1,479.1	44.2
Not married	509.9	45.2	578.9	49.3	1,088.7	47.3
Refused/Do not know	**10.0	**100.0	**10.1	**64.3	*20.0	*78.2
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	275.1	34.3	468.3	46.9	743.4	41.3
At least one under 18 — none at home	*32.2	*43.2	**6.8	**51.9	*38.9	*44.5
No children under 18	869.4	45.4	936.1	50.0	1,805.6	47.7
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	395.2	49.3	451.0	57.6	846.2	53.4
Undergraduate diploma or associate diploma	90.9	43.3	122.3	56.4	213.1	50.0
Certificate, trade qualification or apprenticeship	201.9	46.7	175.5	48.8	377.4	47.6
Highest level of secondary school	221.9	41.8	276.4	50.2	498.3	46.1
Did not complete highest level of school	188.8	30.0	288.4	37.6	477.1	34.2
Never went to school	**0.0	**0.0	**5.3	**100.0	**5.3	**75.0
Still at secondary school	61.1	43.6	77.7	55.7	138.8	49.7
Other	*13.2	*35.6	*13.0	*27.1	*26.1	*30.8
Refused	**3.9	**59.4	**1.6	**13.4	**5.5	**29.4
LANGUAGE SPOKEN AT HOME						
English only	972.7	41.4	1,245.9	50.2	2,218.7	45.9
European language/s other than English	70.5	56.8	56.4	42.9	127.0	49.6
Non-European language/s	142.4	43.2	113.8	39.9	256.3	41.6
	1,176.7	42.2	1,411.2	49.0	2,587.9	45.6
Total	1,176.7	42.2	1,411.2	49.0	2,587.9	45.6

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the regular participation rate is the number of persons who participated in the activity at least three times per week on average expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 44: All New South Wales persons — participation in organised physical activity by frequency, age and sex, 2010 (a)

Sex	Age group (years)	None	Up to once	One or two	Three or four	Five or	Do not know	Total
			per week (b)	times per week (c)	times per week (d)	more times per week		
		Number ('000)						
Males	15 to 24	162.8	100.8	96.2	61.1	63.6	**0.0	484.4
	25 to 34	262.4	111.3	67.2	*24.9	*25.5	**0.0	491.4
	35 to 44	293.9	88.8	67.5	*28.6	**9.7	**0.0	488.4
	45 to 54	329.7	86.7	*41.0	**8.2	*17.0	**0.0	482.6
	55 to 64	263.3	45.7	62.2	*22.0	**9.1	**0.0	402.3
	65 and over	299.2	*29.7	72.5	*25.1	*14.6	**0.0	441.2
	TOTAL	1,611.3	463.0	406.6	169.8	139.4	**0.0	2,790.2
Females	15 to 24	165.2	75.0	107.0	75.0	46.5	**0.0	468.5
	25 to 34	318.5	62.9	63.3	*40.7	*12.4	**0.0	497.8
	35 to 44	322.9	60.3	60.2	*37.5	*20.7	**0.0	501.6
	45 to 54	371.6	*37.4	47.1	*25.8	*13.8	**0.0	495.7
	55 to 64	317.1	*16.6	46.8	*21.8	**8.4	**0.0	410.7
	65 and over	339.9	51.5	65.2	*34.3	*16.5	**0.0	507.5
	TOTAL	1,835.2	303.7	389.5	235.2	118.3	**0.0	2,881.9
Persons	15 to 24	328.0	175.7	203.2	136.0	110.1	**0.0	953.0
	25 to 34	581.0	174.2	130.5	65.6	*37.9	**0.0	989.2
	35 to 44	616.8	149.1	127.6	66.1	*30.4	**0.0	990.0
	45 to 54	701.3	124.1	88.1	*34.1	*30.7	**0.0	978.3
	55 to 64	580.3	62.3	109.1	43.8	*17.5	**0.0	813.0
	65 and over	639.1	81.3	137.7	59.4	*31.2	**0.0	948.7
	TOTAL	3,446.5	766.7	796.2	405.0	257.7	**0.0	5,672.1
Percentage of row (%)								
Males	15 to 24	33.6	20.8	19.9	12.6	13.1	**0.0	100.0
	25 to 34	53.4	22.7	13.7	*5.1	*5.2	**0.0	100.0
	35 to 44	60.2	18.2	13.8	*5.8	**2.0	**0.0	100.0
	45 to 54	68.3	18.0	*8.5	**1.7	*3.5	**0.0	100.0
	55 to 64	65.4	11.4	15.5	*5.5	**2.3	**0.0	100.0
	65 and over	67.8	*6.7	16.4	*5.7	*3.3	**0.0	100.0
	TOTAL	57.7	16.6	14.6	6.1	5.0	**0.0	100.0
Females	15 to 24	35.3	16.0	22.8	16.0	9.9	**0.0	100.0
	25 to 34	64.0	12.6	12.7	*8.2	*2.5	**0.0	100.0
	35 to 44	64.4	12.0	12.0	*7.5	*4.1	**0.0	100.0
	45 to 54	75.0	*7.6	9.5	*5.2	*2.8	**0.0	100.0
	55 to 64	77.2	*4.0	11.4	*5.3	**2.1	**0.0	100.0
	65 and over	67.0	10.2	12.8	*6.8	*3.3	**0.0	100.0
	TOTAL	63.7	10.5	13.5	8.2	4.1	**0.0	100.0
Persons	15 to 24	34.4	18.4	21.3	14.3	11.5	**0.0	100.0
	25 to 34	58.7	17.6	13.2	6.6	*3.8	**0.0	100.0
	35 to 44	62.3	15.1	12.9	6.7	*3.1	**0.0	100.0
	45 to 54	71.7	12.7	9.0	*3.5	*3.1	**0.0	100.0
	55 to 64	71.4	7.7	13.4	5.4	*2.2	**0.0	100.0
	65 and over	67.4	8.6	14.5	6.3	*3.3	**0.0	100.0
	TOTAL	60.8	13.5	14.0	7.1	4.5	**0.0	100.0

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 45: New South Wales organised participants — participation in organised physical activity by cumulative frequency, age and sex, 2010 (a) (b)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	100.8	220.8	162.8	124.7	321.6
	25 to 34	111.3	117.6	79.2	50.4	228.9
	35 to 44	88.8	105.7	76.7	*38.3	194.5
	45 to 54	86.7	66.2	44.2	*25.2	152.9
	55 to 64	45.7	93.3	56.7	*31.1	139.0
	65 and over	*29.7	112.2	70.7	*39.7	141.9
	TOTAL	463.0	715.9	490.4	309.3	1,178.9
Females	15 to 24	75.0	228.4	158.5	121.4	303.4
	25 to 34	62.9	116.4	82.7	53.2	179.3
	35 to 44	60.3	118.4	84.7	58.2	178.7
	45 to 54	*37.4	86.7	50.9	*39.6	124.1
	55 to 64	*16.6	77.0	48.6	*30.2	93.6
	65 and over	51.5	116.0	80.3	50.9	167.6
	TOTAL	303.7	743.0	505.7	353.5	1,046.7
Persons	15 to 24	175.7	449.2	321.3	246.1	625.0
	25 to 34	174.2	234.0	161.8	103.5	408.2
	35 to 44	149.1	224.1	161.4	96.5	373.2
	45 to 54	124.1	152.9	95.2	64.8	277.0
	55 to 64	62.3	170.4	105.3	61.3	232.7
	65 and over	81.3	228.3	151.0	90.6	309.5
	TOTAL	766.7	1,458.9	996.1	662.7	2,225.6

Total participation rate (%) (c)

Males	15 to 24	20.8	45.6	33.6	25.7	66.4
	25 to 34	22.7	23.9	16.1	10.2	46.6
	35 to 44	18.2	21.6	15.7	*7.8	39.8
	45 to 54	18.0	13.7	9.2	*5.2	31.7
	55 to 64	11.4	23.2	14.1	*7.7	34.6
	65 and over	*6.7	25.4	16.0	*9.0	32.2
	TOTAL	16.6	25.7	17.6	11.1	42.3
Females	15 to 24	16.0	48.7	33.8	25.9	64.7
	25 to 34	12.6	23.4	16.6	10.7	36.0
	35 to 44	12.0	23.6	16.9	11.6	35.6
	45 to 54	*7.6	17.5	10.3	*8.0	25.0
	55 to 64	*4.0	18.8	11.8	*7.4	22.8
	65 and over	10.2	22.9	15.8	10.0	33.0
	TOTAL	10.5	25.8	17.5	12.3	36.3
Persons	15 to 24	18.4	47.1	33.7	25.8	65.6
	25 to 34	17.6	23.7	16.4	10.5	41.3
	35 to 44	15.1	22.6	16.3	9.7	37.7
	45 to 54	12.7	15.6	9.7	6.6	28.3
	55 to 64	7.7	21.0	12.9	7.5	28.6
	65 and over	8.6	24.1	15.9	9.5	32.6
	TOTAL	13.5	25.7	17.6	11.7	39.2

(a) Relates to persons aged 15 years and over who participated in organised physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) Cumulative frequency should be interpreted as the total number of persons who engaged in the activity with **at least** that frequency (for example, 966,100 New South Wales persons engaged in organised physical activity at least twice per week, which is a combination of those who engaged twice, three times, four times and five times per week or more)

(c) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 46: New South Wales organised participants — total participation in organised activities by type of organisation, age and sex, 2010 (a)

Sex	Age group (years)	Fitness, leisure or indoor sports centre	Sport or recreation club or association (c)	Work	School	Other	Total organised participation
		Number ('000)					
Males	15 to 24	111.4	264.1	*13.2	80.4	*31.0	321.6
	25 to 34	95.0	164.5	**9.0	**5.1	*14.7	228.9
	35 to 44	50.7	147.3	*25.8	**0.0	*34.8	194.5
	45 to 54	41.9	116.9	*14.1	**0.0	*29.9	152.9
	55 to 64	*29.5	94.9	**3.5	**1.8	*40.3	139.0
	65 and over	*25.3	104.5	**0.0	**2.2	*34.8	141.9
	TOTAL		353.9	892.1	65.6	89.5	185.5
Females	15 to 24	169.4	219.0	*15.2	76.9	45.3	303.4
	25 to 34	99.0	80.7	*13.2	**0.0	45.8	179.3
	35 to 44	92.3	90.1	**5.8	**8.2	*39.5	178.7
	45 to 54	60.9	56.3	**7.0	**4.8	*32.8	124.1
	55 to 64	*36.9	45.0	**6.7	**3.3	*30.1	93.6
	65 and over	56.5	92.0	**0.0	**1.6	60.1	167.6
	TOTAL		515.0	583.1	47.9	94.9	253.6
Persons	15 to 24	280.9	483.1	*28.5	157.3	76.3	625.0
	25 to 34	194.0	245.2	*22.2	**5.1	60.5	408.2
	35 to 44	143.0	237.3	*31.6	**8.2	74.3	373.2
	45 to 54	102.7	173.1	*21.1	**4.8	62.7	277.0
	55 to 64	66.4	139.9	**10.2	**5.1	70.3	232.7
	65 and over	81.8	196.4	**0.0	**3.9	94.9	309.5
	TOTAL		868.9	1,475.2	113.5	184.4	439.1

Total participation rate (%) (b)

Males	15 to 24	23.0	54.5	*2.7	16.6	*6.4	66.4
	25 to 34	19.3	33.5	**1.8	**1.0	*3.0	46.6
	35 to 44	10.4	30.2	*5.3	**0.0	*7.1	39.8
	45 to 54	8.7	24.2	*2.9	**0.0	*6.2	31.7
	55 to 64	*7.3	23.6	*0.9	*0.4	*10.0	34.6
	65 and over	*5.7	23.7	**0.0	**0.5	*7.9	32.2
	TOTAL		12.7	32.0	2.4	3.2	6.6
Females	15 to 24	36.2	46.8	*3.2	16.4	9.7	64.7
	25 to 34	19.9	16.2	*2.6	**0.0	9.2	36.0
	35 to 44	18.4	18.0	**1.2	**1.6	*7.9	35.6
	45 to 54	12.3	11.4	**1.4	**1.0	*6.6	25.0
	55 to 64	*9.0	11.0	**1.6	**0.8	*7.3	22.8
	65 and over	11.1	18.1	**0.0	**0.3	11.8	33.0
	TOTAL		17.9	20.2	1.7	3.3	8.8
Persons	15 to 24	29.5	50.7	*3.0	16.5	8.0	65.6
	25 to 34	19.6	24.8	*2.2	**0.5	6.1	41.3
	35 to 44	14.4	24.0	*3.2	**0.8	7.5	37.7
	45 to 54	10.5	17.7	*2.2	**0.5	6.4	28.3
	55 to 64	8.2	17.2	**1.3	**0.6	8.7	28.6
	65 and over	8.6	20.7	**0.0	**0.4	10.0	32.6
	TOTAL		15.3	26.0	2.0	3.3	7.7

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) All aerobics/fitness participants describing their activity as organised by a sport or recreation club or association have been recoded to fitness, leisure or indoor sports centre

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 47: New South Wales participants — total participation in specific activities (organised and non-organised) by sex, 2010 (a)

Activity	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
Aerobics/fitness	529.4	19.0	741.0	25.7	1,270.5	22.4
Aquarobics	**9.1	**0.3	44.0	1.5	53.1	0.9
Athletics/track and field	*16.1	*0.6	*25.4	*0.9	41.5	0.7
Australian rules football	87.2	3.1	**8.2	**0.3	95.3	1.7
Badminton	**10.2	**0.4	**10.6	**0.4	*20.8	*0.4
Baseball	**10.0	**0.4	**5.9	**0.2	15.8	0.3
Basketball	96.0	3.4	49.9	1.7	145.9	2.6
Billiards/snooker/pool	**2.9	**0.1	**0.0	**0.0	2.9	0.1
Boxing	*23.1	*0.8	52.8	1.8	75.9	1.3
Canoeing/kayaking	*39.8	*1.4	*29.4	*1.0	69.2	1.2
Carpet bowls	**4.2	**0.2	**5.3	**0.2	**9.5	**0.2
Cricket (indoor)	*21.2	*0.8	**0.0	**0.0	21.2	0.4
Cricket (outdoor)	168.5	6.0	*25.3	*0.9	193.8	3.4
Cycling	383.3	13.7	220.2	7.6	603.5	10.6
Dancing	*23.8	*0.9	145.6	5.1	169.4	3.0
Darts	**5.3	**0.2	*3.3	**0.1	8.6	0.2
Fishing	113.4	4.1	*13.0	*0.5	126.4	2.2
Golf	361.9	13.0	69.2	2.4	431.1	7.6
Gymnastics	**7.1	**0.3	*17.6	*0.6	*24.7	*0.4
Hockey (indoor)	**6.1	**0.2	**1.9	**0.1	8.0	0.1
Hockey (outdoor)	*24.2	*0.9	*39.9	*1.4	64.1	1.1
Horse riding/equestrian activities/polocrosse	*13.5	*0.5	*33.5	*1.2	47.0	0.8
Ice/snow sports	51.8	1.9	44.2	1.5	96.0	1.7
Lawn bowls	78.8	2.8	53.1	1.8	131.9	2.3
Martial arts	65.6	2.4	*38.2	*1.3	103.8	1.8
Motor sports	73.6	2.6	**8.4	**0.3	82.0	1.4
Netball	**8.1	**0.3	164.7	5.7	172.7	3.0
Orienteering	*20.9	*0.8	*24.2	*0.8	45.1	0.8
Rock climbing	**7.1	**0.3	**7.0	**0.2	*14.1	*0.2
Roller sports	**3.6	**0.1	**5.0	**0.2	8.6	0.2
Rowing	**10.0	**0.4	**9.2	**0.3	*19.1	*0.3
Rugby league	112.6	4.0	**9.0	**0.3	121.5	2.1
Rugby union	60.9	2.2	**7.0	**0.2	67.9	1.2
Running	312.3	11.2	205.7	7.1	518.0	9.1
Sailing	*32.8	*1.2	*19.3	*0.7	52.1	0.9
Scuba diving	*14.0	*0.5	*11.4	*0.4	25.3	0.4
Shooting sports	53.8	1.9	**1.9	**0.1	55.7	1.0
Football (indoor)	68.9	2.5	*24.3	*0.8	93.2	1.6
Football (outdoor)	256.4	9.2	114.2	4.0	370.6	6.5
Softball	**3.1	**0.1	*19.5	*0.7	22.6	0.4
Squash/racquet ball	60.4	2.2	*28.8	*1.0	89.3	1.6
Surf sports	88.3	3.2	*24.8	*0.9	113.2	2.0
Swimming	386.0	13.8	385.2	13.4	771.2	13.6
Table tennis	**9.2	**0.3	*11.8	*0.4	21.0	0.4
Tennis	213.8	7.7	171.1	5.9	384.9	6.8
Tenpin bowling	**9.0	**0.3	**4.6	**0.2	13.6	0.2
Touch football	166.3	6.0	86.0	3.0	252.3	4.4
Triathlon	**6.0	**0.2	**1.9	**0.1	8.0	0.1
Volleyball	*19.9	*0.7	*13.7	*0.5	*33.6	*0.6
Walking (bush)	152.9	5.5	120.0	4.2	272.9	4.8
Walking (other)	667.9	23.9	1262.5	43.8	1930.4	34.0
Water polo	**3.1	**0.1	**0.0	**0.0	3.1	0.1
Waterskiing/powerboating	*20.9	*0.7	**8.9	**0.3	*29.8	*0.5
Weight training	80.1	2.9	57.9	2.0	138.1	2.4
Yoga	*17.9	*0.6	172.7	6.0	190.6	3.4

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 48: New South Wales participants — Total participation in specific activities by type of activity, 2010 (a)

Activity	Number ('000)			Total participation rate (%) (b)		
	Organised	Non-organised	Total	Organised	Non-organised	Total
Aerobics/fitness	372.4	966.4	1,270.5	6.6	17.0	22.4
Aquarobics	*28.6	*26.5	53.1	*0.5	*0.5	0.9
Athletics/track and field	*28.4	*21.2	41.5	*0.5	*0.4	0.7
Australian rules football	83.5	*26.6	95.3	1.5	*0.5	1.7
Badminton	**1.7	*19.1	*20.8	**0.0	*0.3	*0.4
Baseball	**10.0	**5.9	*15.8	**0.2	**0.1	*0.3
Basketball	82.7	85.6	145.9	1.5	1.5	2.6
Billiards/snooker/pool	**0.0	**2.9	**2.9	**0.0	**0.1	**0.1
Boxing	*23.3	52.6	75.9	*0.4	0.9	1.3
Canoeing/kayaking	*13.9	58.4	69.2	*0.2	1.0	1.2
Carpet bowls	**7.9	**3.9	**9.5	**0.1	**0.1	**0.2
Cricket (indoor)	*16.1	**5.1	*21.2	*0.3	**0.1	*0.4
Cricket (outdoor)	129.8	64.1	193.8	2.3	1.1	3.4
Cycling	85.8	570.4	603.5	1.5	10.1	10.6
Dancing	124.7	58.6	169.4	2.2	1.0	3.0
Darts	**6.9	**4.3	**8.6	**0.1	**0.1	**0.2
Fishing	*20.2	124.0	126.4	*0.4	2.2	2.2
Golf	227.1	259.2	431.1	4.0	4.6	7.6
Gymnastics	*17.2	**7.5	*24.7	*0.3	**0.1	*0.4
Hockey (indoor)	**0.0	**8.0	**8.0	**0.0	**0.1	**0.1
Hockey (outdoor)	64.1	**0.0	64.1	1.1	**0.0	1.1
Horse riding/equestrian activities/polocrosse	*12.9	*37.2	47.0	*0.2	*0.7	0.8
Ice/snow sports	*24.0	81.3	96.0	*0.4	1.4	1.7
Lawn bowls	125.4	*16.5	131.9	2.2	*0.3	2.3
Martial arts	69.0	*36.8	103.8	1.2	*0.6	1.8
Motor sports	*28.5	53.5	82.0	*0.5	0.9	1.4
Netball	132.8	47.2	172.7	2.3	0.8	3.0
Orienteering	*23.1	*25.6	45.1	*0.4	*0.5	0.8
Rock climbing	**3.6	*14.1	*14.1	**0.1	*0.2	*0.2
Roller sports	**0.0	**8.6	**8.6	**0.0	**0.2	**0.2
Rowing	**9.2	**9.9	*19.1	**0.2	**0.2	*0.3
Rugby league	92.6	*39.6	121.5	1.6	*0.7	2.1
Rugby union	62.9	**8.6	67.9	1.1	**0.2	1.2
Running	65.2	497.0	518.0	1.1	8.8	9.1
Sailing	*29.3	*33.3	52.1	*0.5	*0.6	0.9
Scuba diving	**3.1	*25.3	*25.3	**0.1	*0.4	*0.4
Shooting sports	*20.0	*37.6	55.7	*0.4	*0.7	1.0
Football (indoor)	58.9	*34.3	93.2	1.0	*0.6	1.6
Football (outdoor)	272.5	128.0	370.6	4.8	2.3	6.5
Softball	*22.6	**5.1	*22.6	*0.4	**0.1	*0.4
Squash/racquet ball	*30.8	66.9	89.3	*0.5	1.2	1.6
Surf sports	*14.8	100.1	113.2	*0.3	1.8	2.0
Swimming	51.8	753.6	771.2	0.9	13.3	13.6
Table tennis	**2.9	*18.0	*21.0	**0.1	*0.3	*0.4
Tennis	128.0	288.7	384.9	2.3	5.1	6.8
Tenpin bowling	**6.0	**7.6	*13.6	**0.1	**0.1	*0.2
Touch football	209.3	59.2	252.3	3.7	1.0	4.4
Triathlon	**8.0	**0.0	**8.0	**0.1	**0.0	**0.1
Volleyball	*23.4	*12.2	*33.6	*0.4	*0.2	*0.6
Walking (bush)	*23.0	258.3	272.9	*0.4	4.6	4.8
Walking (other)	85.8	1897.4	1930.4	1.5	33.5	34.0
Water polo	**3.1	**0.0	**3.1	**0.1	**0.0	**0.1
Waterskiing/powerboating	**1.7	*28.1	*29.8	**0.0	*0.5	*0.5
Weight training	44.2	106.7	138.1	0.8	1.9	2.4
Yoga	93.7	105.8	190.6	1.7	1.9	3.4

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group.

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

10.3.3 Northern Territory

Table 49: Northern Territory participants — total participation in physical activity by type of participation, age and sex, 2010 (a)

		Organised only (c) (A)	Non-organised only (d) (B)	Both organised and non-organised (e) (C)	Total organised (A + C)	Total non-organised (B + C)	Total participation (A + B + C)
Sex	Age group (years)	Number ('000)					
Males	15 to 24	3.3	4.5	8.0	11.3	12.4	15.7
	25 to 34	*1.4	7.4	6.0	7.4	13.4	14.8
	35 to 44	*1.9	7.1	6.2	8.1	13.3	15.1
	45 to 54	*1.1	6.6	4.7	5.8	11.3	12.4
	55 to 64	*1.3	4.7	2.4	3.7	7.1	8.3
	65 and over	**0.1	3.4	*0.9	*1.1	4.4	4.5
	TOTAL	9.0	33.6	28.3	37.3	61.9	70.9
Females	15 to 24	2.6	5.5	5.0	7.6	10.5	13.1
	25 to 34	*0.9	8.2	6.2	7.1	14.4	15.3
	35 to 44	*1.4	7.2	5.5	6.9	12.7	14.1
	45 to 54	*0.8	6.9	2.6	3.4	9.5	10.3
	55 to 64	**0.1	5.6	*1.7	*1.9	7.3	7.4
	65 and over	*0.8	2.1	*1.1	*1.9	3.1	3.9
	TOTAL	6.7	35.4	22.0	28.7	57.5	64.1
Persons	15 to 24	5.9	10.0	12.9	18.8	22.9	28.8
	25 to 34	2.3	15.6	12.2	14.5	27.8	30.1
	35 to 44	3.3	14.3	11.7	14.9	25.9	29.2
	45 to 54	*1.9	13.5	7.4	9.3	20.9	22.7
	55 to 64	*1.4	10.2	4.1	5.5	14.4	15.7
	65 and over	*0.9	5.5	*2.0	2.9	7.5	8.4
	TOTAL	15.7	69.0	50.3	66.0	119.4	135.0
Total participation rate (%) (b)							
Males	15 to 24	18.2	24.7	44.2	62.3	68.8	87.0
	25 to 34	*7.2	39.1	31.9	39.1	71.0	78.3
	35 to 44	*10.8	40.8	35.8	46.7	76.7	87.5
	45 to 54	*6.9	42.6	30.7	37.6	73.3	80.2
	55 to 64	*11.0	40.7	20.9	31.9	61.5	72.5
	65 and over	**2.0	53.1	*14.3	*16.3	67.3	69.4
	TOTAL	10.3	38.3	32.2	42.5	70.6	80.8
Females	15 to 24	16.4	34.5	30.9	47.3	65.5	81.8
	25 to 34	*5.0	43.3	32.5	37.5	75.8	80.8
	35 to 44	*8.2	42.1	32.1	40.3	74.2	82.4
	45 to 54	*5.5	47.2	18.1	23.6	65.4	70.9
	55 to 64	**1.0	56.3	*17.7	*18.8	74.0	75.0
	65 and over	*14.1	35.9	*18.8	*32.8	54.7	68.8
	TOTAL	8.1	43.1	26.8	34.9	69.9	78.0
Persons	15 to 24	17.3	29.3	37.9	55.3	67.2	84.6
	25 to 34	6.1	41.2	32.2	38.3	73.4	79.5
	35 to 44	9.5	41.5	34.0	43.5	75.4	85.0
	45 to 54	*6.2	44.8	24.6	30.8	69.4	75.7
	55 to 64	*6.4	47.9	19.4	25.8	67.3	73.7
	65 and over	*7.7	45.1	*16.4	24.0	61.4	69.1
	TOTAL	9.2	40.6	29.6	38.8	70.3	79.5

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) Participants' activities are fully organised

(d) Participants' activities are fully non-organised

(e) Participants' activities are part organised and part non-organised

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 50: Northern Territory participants — total participation in any physical activity (organised and non-organised) by demographics, 2010 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
AGE GROUP (YEARS)						
15 to 24	15.7	87.0	13.1	81.8	28.8	84.6
25 to 34	14.8	78.3	15.3	80.8	30.1	79.5
35 to 44	15.1	87.5	14.1	82.4	29.2	85.0
45 to 54	12.4	80.2	10.3	70.9	22.7	75.7
55 to 64	8.3	72.5	7.4	75.0	15.7	73.7
65 and over	4.5	69.4	3.9	68.8	8.4	69.1
REGION						
Capital city	31.2	79.1	31.5	80.4	62.7	79.8
Rest of state	39.7	82.2	32.7	75.9	72.3	79.2
EMPLOYMENT STATUS						
Employed full time	52.2	83.1	33.4	76.7	85.6	80.5
Employed part time	9.3	93.0	17.0	83.7	26.3	86.8
Employed refused	*1.1	*63.7	**0.1	**26.1	*1.2	*55.9
Total employed	62.6	84.0	50.5	78.5	113.1	81.5
Unemployed	*1.9	*63.3	2.4	96.5	4.3	78.4
Not in the labour force	6.4	62.7	11.3	73.0	17.6	68.9
MARITAL STATUS						
Married	42.9	81.3	36.0	74.5	78.9	78.1
Not married	27.5	80.3	27.9	83.4	55.4	81.8
Refused/Do not know	*0.5	*68.1	**0.2	**55.0	*0.7	*63.5
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	24.5	83.2	24.6	76.6	49.1	79.8
At least one under 18 – none at home	3.2	80.7	*0.7	*75.7	3.9	79.7
No children under 18	43.2	79.5	38.8	79.0	82.0	79.3
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	19.6	86.2	23.5	86.6	43.1	86.4
Undergraduate diploma or associate diploma	5.0	89.7	5.9	81.2	10.9	84.9
Certificate, trade qualification or apprenticeship	12.7	78.8	6.9	79.3	19.6	78.9
Highest level of secondary school	17.3	86.9	11.4	73.2	28.6	80.9
Did not complete highest level of school	12.5	67.1	12.4	67.3	24.9	67.2
Still at secondary school	3.0	86.7	3.2	84.6	6.3	85.6
Other	*0.6	*58.5	*0.8	*67.2	*1.3	*63.3
Refused	**0.3	**68.5	**0.1	**46.4	**0.4	**61.4
LANGUAGE SPOKEN AT HOME						
English only	65.1	81.3	58.8	79.0	123.8	80.2
European language/s other than English	*1.9	*78.9	*1.3	*74.2	3.2	76.9
Non-European language/s	4.1	75.6	4.1	66.1	8.1	70.5
Total	70.9	80.8	64.1	78.0	135.0	79.5

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 51: All Northern Territory persons — participation in any physical activity by frequency, age and sex, 2010 (a)

Sex	Age group (years)	None	Up to once per week (b)	One or two times per week (c)	Three or four times per week (d)	Five or more times per week	Do not know	Total
		Number ('000)						
Males	15 to 24	2.3	*1.6	4.2	4.7	5.2	**0.0	18.1
	25 to 34	4.1	3.0	4.7	*1.9	5.2	**0.0	18.9
	35 to 44	2.2	3.0	4.5	3.0	4.6	**0.0	17.3
	45 to 54	3.1	3.4	2.8	3.1	3.2	**0.0	15.5
	55 to 64	3.1	*1.5	2.4	*1.8	2.6	**0.0	11.5
	65 and over	*2.0	*0.9	**0.4	*1.2	*2.0	**0.0	6.5
	TOTAL	16.8	13.5	18.9	15.7	22.8	**0.0	87.7
Females	15 to 24	2.9	2.0	4.4	2.9	3.8	**0.0	16.0
	25 to 34	3.6	2.1	4.6	3.3	5.2	**0.2	18.9
	35 to 44	3.0	*1.5	2.8	3.2	6.4	**0.1	17.1
	45 to 54	4.2	*1.3	2.1	2.5	4.5	**0.0	14.6
	55 to 64	2.5	*0.6	*1.0	*1.2	4.5	**0.0	9.9
	65 and over	*1.8	*0.6	*1.0	*0.7	*1.5	**0.1	5.7
	TOTAL	18.0	8.1	15.8	13.9	26.0	**0.4	82.2
Persons	15 to 24	5.3	3.7	8.6	7.6	8.9	**0.0	34.1
	25 to 34	7.7	5.1	9.2	5.2	10.4	**0.2	37.9
	35 to 44	5.2	4.5	7.3	6.2	11.1	**0.1	34.4
	45 to 54	7.3	4.6	4.8	5.6	7.7	**0.0	30.0
	55 to 64	5.6	2.1	3.4	3.0	7.2	**0.0	21.3
	65 and over	3.8	*1.6	*1.4	*1.9	3.5	**0.1	12.2
	TOTAL	34.9	21.6	34.7	29.6	48.8	**0.4	169.9
Percentage of row (%)								
Males	15 to 24	13.0	*9.1	23.4	26.0	28.6	**0.0	100.0
	25 to 34	21.7	15.9	24.6	*10.1	27.5	**0.0	100.0
	35 to 44	12.5	17.5	25.8	17.5	26.7	**0.0	100.0
	45 to 54	19.8	21.8	17.8	19.8	20.8	**0.0	100.0
	55 to 64	27.5	*13.2	20.9	*15.4	23.1	**0.0	100.0
	65 and over	*30.6	*14.3	**6.1	*18.4	*30.6	**0.0	100.0
	TOTAL	19.2	15.4	21.5	17.9	26.0	**0.0	100.0
Females	15 to 24	18.2	12.7	27.3	18.2	23.6	**0.0	100.0
	25 to 34	19.2	10.8	24.2	17.5	27.5	**0.8	100.0
	35 to 44	17.6	*8.8	16.4	18.9	37.7	**0.6	100.0
	45 to 54	29.1	*8.7	14.2	17.3	30.7	**0.0	100.0
	55 to 64	25.0	*6.3	*10.4	*12.5	45.8	**0.0	100.0
	65 and over	*31.3	*10.9	*17.2	*12.5	*26.6	**1.6	100.0
	TOTAL	22.0	9.9	19.2	16.9	31.6	**0.4	100.0
Persons	15 to 24	15.4	10.8	25.2	22.3	26.3	**0.0	100.0
	25 to 34	20.5	13.4	24.4	13.8	27.5	**0.4	100.0
	35 to 44	15.0	13.2	21.1	18.2	32.2	**0.3	100.0
	45 to 54	24.3	15.4	16.1	18.6	25.6	**0.0	100.0
	55 to 64	26.3	10.0	16.0	14.0	33.6	**0.0	100.0
	65 and over	30.9	*12.7	*11.3	*15.6	28.7	**0.7	100.0
	TOTAL	20.5	12.7	20.4	17.4	28.7	**0.2	100.0

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 52: Northern Territory participants — participation in any physical activity by cumulative frequency, age and sex, 2010 (a) (b)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	*1.6	14.1	12.0	9.9	15.7
	25 to 34	3.0	11.8	8.8	7.1	14.8
	35 to 44	3.0	12.1	10.1	7.6	15.1
	45 to 54	3.4	9.0	7.8	6.3	12.4
	55 to 64	*1.5	6.8	5.8	4.4	8.3
	65 and over	*0.9	3.6	3.4	3.2	4.5
	TOTAL		13.5	57.4	47.9	38.5
Females	15 to 24	2.0	11.1	10.2	6.7	13.1
	25 to 34	2.1	13.1	11.4	8.5	15.3
	35 to 44	*1.5	12.5	11.4	9.7	14.1
	45 to 54	*1.3	9.1	8.2	7.0	10.3
	55 to 64	*0.6	6.8	6.5	5.8	7.4
	65 and over	*0.6	3.2	2.9	2.2	3.9
	TOTAL		8.1	55.7	50.4	39.9
Persons	15 to 24	3.7	25.1	22.2	16.6	28.8
	25 to 34	5.1	24.9	20.1	15.6	30.1
	35 to 44	4.5	24.6	21.5	17.3	29.2
	45 to 54	4.6	18.1	16.0	13.3	22.7
	55 to 64	2.1	13.6	12.3	10.2	15.7
	65 and over	*1.6	6.8	6.3	5.4	8.4
	TOTAL		21.6	113.1	98.3	78.4

Total participation rate (%) (c)

Males	15 to 24	*9.1	77.9	66.2	54.5	87.0
	25 to 34	15.9	62.3	46.4	37.7	78.3
	35 to 44	17.5	70.0	58.3	44.2	87.5
	45 to 54	21.8	58.4	50.5	40.6	80.2
	55 to 64	*13.2	59.3	50.5	38.5	72.5
	65 and over	*14.3	55.1	53.1	49.0	69.4
	TOTAL		15.4	65.4	54.6	43.9
Females	15 to 24	12.7	69.1	63.6	41.8	81.8
	25 to 34	10.8	69.2	60.0	45.0	80.8
	35 to 44	*8.8	73.0	66.7	56.6	82.4
	45 to 54	*8.7	62.2	55.9	48.0	70.9
	55 to 64	*6.3	68.8	65.6	58.3	75.0
	65 and over	*10.9	56.3	50.0	39.1	68.8
	TOTAL		9.9	67.8	61.3	48.5
Persons	15 to 24	10.8	73.8	65.0	48.6	84.6
	25 to 34	13.4	65.7	53.2	41.3	79.5
	35 to 44	13.2	71.5	62.5	50.3	85.0
	45 to 54	15.4	60.3	53.1	44.2	75.7
	55 to 64	10.0	63.7	57.5	47.7	73.7
	65 and over	*12.7	55.6	51.6	44.3	69.1
	TOTAL		12.7	66.6	57.9	46.1

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) Cumulative frequency should be interpreted as the total number of persons who engaged in the activity with **at least** that frequency (for example, 98,300 Northern Territory persons engaged in physical activity at least twice per week, which is a combination of those who engaged twice, three times, four times and five times per week or more)

(c) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 53: Northern Territory recent participants — recent participation in any physical activity by duration and age, 2010 (a)

		15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	Total
		Number ('000)						
Five hours or more	More than three sessions weekly	8.4	5.9	5.6	4.4	3.9	2.3	30.5
	Two or three sessions weekly	*1.2	**0.3	*0.7	*1.2	*0.7	**0.4	4.5
	Less than two sessions weekly	*0.5	**0.3	*1.0	**0.2	*0.6	**0.2	2.8
	<i>Total</i>	10.2	6.5	7.3	5.7	5.3	2.9	37.9
Two hours or more but less than five hours	More than three sessions weekly	2.8	5.8	6.2	5.4	3.8	*1.1	25.1
	Two or three sessions weekly	3.8	3.7	3.6	*1.1	*1.3	*0.8	14.2
	Less than two sessions weekly	2.6	2.1	*1.5	*0.6	*0.7	*0.6	8.1
	<i>Total</i>	9.2	11.6	11.3	7.1	5.8	2.5	47.4
Less than two hours	More than three sessions weekly	*0.5	**0.3	**0.4	*0.5	**0.5	*0.5	2.8
	Two or three sessions weekly	*1.8	3.1	*1.5	*2.0	*0.7	*0.6	9.7
	Less than two sessions weekly	3.9	4.0	4.5	2.8	2.1	*0.8	18.0
	<i>Total</i>	6.2	7.4	6.4	5.3	3.2	*2.0	30.5
Total	More than three sessions weekly	11.8	12.0	12.1	10.3	8.1	3.9	58.3
	Two or three sessions weekly	6.8	7.1	5.8	4.3	2.7	*1.7	28.4
	Less than two sessions weekly	7.0	6.4	7.0	3.5	3.4	*1.7	28.9
	Total	25.6	25.5	24.9	18.1	14.3	7.3	115.7
		Percentage of total (%)						
Five hours or more	More than three sessions weekly	7.3	5.1	4.8	3.8	3.4	2.0	26.4
	Two or three sessions weekly	*1.1	**0.3	*0.6	*1.0	*0.6	**0.3	3.9
	Less than two sessions weekly	*0.5	**0.2	*0.9	**0.1	*0.5	**0.2	2.4
	<i>Total</i>	8.8	5.6	6.3	5.0	4.6	2.5	32.7
Two hours or more but less than five hours	More than three sessions weekly	2.4	5.0	5.3	4.7	3.3	*1.0	21.7
	Two or three sessions weekly	3.3	3.2	3.1	*1.0	*1.1	*0.7	12.3
	Less than two sessions weekly	2.2	1.8	*1.3	*0.5	*0.6	*0.5	7.0
	<i>Total</i>	7.9	10.0	9.7	6.2	5.0	2.1	41.0
Less than two hours	More than three sessions weekly	*0.5	**0.3	**0.3	*0.5	**0.4	*0.5	2.4
	Two or three sessions weekly	*1.6	2.7	*1.3	*1.7	*0.6	*0.5	8.4
	Less than two sessions weekly	3.3	3.5	3.9	2.4	1.8	*0.7	15.6
	<i>Total</i>	5.3	6.4	5.5	4.6	2.8	*1.7	26.3
Total	More than three sessions weekly	10.2	10.4	10.5	8.9	7.0	3.4	50.4
	Two or three sessions weekly	5.9	6.1	5.0	3.7	2.3	*1.5	24.6
	Less than two sessions weekly	6.0	5.5	6.1	3.0	3.0	*1.5	25.0
	Total	22.1	22.0	21.5	15.7	12.4	6.3	100.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport in the two weeks prior to interview in 2010

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 54: Northern Territory regular participants — regular participation in any physical activity (organised and non-organised) by demographics, 2010 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Regular participation rate (b) (%)	Number (‘000)	Regular participation rate (%)	Number (‘000)	Regular participation rate (%)
AGE GROUP (YEARS)						
15 to 24	9.9	54.5	6.7	41.8	16.6	48.6
25 to 34	7.1	37.7	8.5	45.0	15.6	41.3
35 to 44	7.6	44.2	9.7	56.6	17.3	50.3
45 to 54	6.3	40.6	7.0	48.0	13.3	44.2
55 to 64	4.4	38.5	5.8	58.3	10.2	47.7
65 and over	3.2	49.0	2.2	39.1	5.4	44.3
REGION						
Capital city	17.4	44.0	19.5	49.8	36.9	46.9
Rest of state	21.1	43.8	20.4	47.3	41.5	45.5
EMPLOYMENT STATUS						
Employed full time	27.5	43.7	21.1	48.4	48.5	45.6
Employed part time	5.4	54.2	10.5	51.7	15.9	52.5
Employed refused	*0.8	*47.7	**0.0	**0.0	*0.8	*37.9
Total employed	33.7	45.2	31.5	49.1	65.2	47.0
Unemployed	*1.0	*32.5	*1.5	*59.2	2.5	44.6
Not in the labour force	3.8	37.6	6.9	44.4	10.7	41.8
MARITAL STATUS						
Married	22.1	42.0	23.4	48.4	45.5	45.0
Not married	15.9	46.3	16.4	49.0	32.3	47.6
Refused/Do not know	*0.5	*68.1	**0.1	**26.0	*0.6	*53.3
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	11.6	39.5	14.8	46.1	26.4	42.9
At least one under 18 – none at home	*1.6	*39.8	*0.6	*63.6	2.2	44.5
No children under 18	25.3	46.6	24.5	49.8	49.8	48.1
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	11.2	49.2	15.9	58.5	27.1	54.3
Undergraduate diploma or associate diploma	2.2	39.0	3.6	50.4	5.8	45.4
Certificate, trade qualification or apprenticeship	5.7	35.5	5.0	57.0	10.7	43.1
Highest level of secondary school	10.5	52.7	6.2	39.7	16.6	47.0
Did not complete highest level of school	6.7	35.8	7.0	38.3	13.7	37.0
Still at secondary school	*1.6	*46.7	*1.7	*46.2	3.4	46.4
Other	**0.4	**42.2	**0.4	**34.4	*0.8	*37.9
Refused	**0.3	**68.5	**0.0	**0.0	**0.3	**46.3
LANGUAGE SPOKEN AT HOME						
English only	34.7	43.3	37.3	50.2	72.0	46.6
European language/s other than English	*1.3	*54.8	*0.7	*37.2	*2.0	*47.3
Non-European language/s	2.6	48.5	*1.9	*31.0	4.5	39.1
Total	38.5	43.9	39.9	48.5	78.4	46.1

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the regular participation rate is the number of persons who participated in the activity at least three times per week on average expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 55: All Northern Territory persons — participation in organised physical activity by frequency, age and sex, 2010 (a)

Sex	Age group (years)	None	Up to once	One or two	Three or four	Five or	Do not know	Total
			per week (b)	times per week (c)	times per week (d)	more times per week		
		Number ('000)						
Males	15 to 24	6.8	2.1	5.9	*1.9	*1.4	**0.0	18.1
	25 to 34	11.5	3.3	2.7	*0.5	*0.8	**0.0	18.9
	35 to 44	9.2	2.6	3.7	*1.0	*0.7	**0.0	17.3
	45 to 54	9.6	3.2	*2.0	**0.3	**0.3	**0.0	15.5
	55 to 64	7.8	*1.3	*1.3	*0.8	**0.4	**0.0	11.5
	65 and over	5.4	**0.3	**0.3	**0.4	**0.1	**0.0	6.5
	TOTAL	50.4	12.7	15.9	4.9	3.8	**0.0	87.7
Females	15 to 24	8.4	*1.5	3.8	*0.6	*1.7	**0.0	16.0
	25 to 34	11.8	2.5	2.8	*1.1	*0.6	**0.0	18.9
	35 to 44	10.2	2.5	2.4	*1.1	*0.9	**0.1	17.1
	45 to 54	11.1	*1.1	*1.1	*0.9	**0.2	**0.0	14.6
	55 to 64	8.0	*0.6	*0.6	*0.5	**0.1	**0.0	9.9
	65 and over	3.8	*0.5	*1.0	**0.4	**0.0	**0.0	5.7
	TOTAL	53.5	8.8	11.7	4.6	3.6	**0.1	82.2
Persons	15 to 24	15.3	3.6	9.7	2.5	3.2	**0.0	34.1
	25 to 34	23.4	5.8	5.6	*1.7	*1.5	**0.0	37.9
	35 to 44	19.4	5.1	6.1	2.1	*1.6	**0.1	34.4
	45 to 54	20.8	4.4	3.1	*1.2	*0.5	**0.0	30.0
	55 to 64	15.8	*1.9	*1.9	*1.3	**0.5	**0.0	21.3
	65 and over	9.3	*0.8	*1.2	*0.8	**0.1	**0.0	12.2
	TOTAL	103.9	21.5	27.6	9.4	7.3	**0.1	169.9

Percentage of row (%)

Males	15 to 24	37.7	11.7	32.5	*10.4	*7.8	**0.0	100.0
	25 to 34	60.9	17.4	14.5	*2.9	*4.3	**0.0	100.0
	35 to 44	53.3	15.0	21.7	*5.8	*4.2	**0.0	100.0
	45 to 54	62.4	20.8	*12.9	**2.0	**2.0	**0.0	100.0
	55 to 64	68.1	*11.0	*11.0	*6.6	*3.3	**0.0	100.0
	65 and over	83.7	**4.1	**4.1	**6.1	**2.0	**0.0	100.0
	TOTAL	57.5	14.5	18.1	5.6	4.3	**0.0	100.0
Females	15 to 24	52.7	*9.1	23.6	*3.6	*10.9	**0.0	100.0
	25 to 34	62.5	13.3	15.0	*5.8	*3.3	**0.0	100.0
	35 to 44	59.7	14.5	13.8	*6.3	*5.0	**0.6	100.0
	45 to 54	76.4	*7.9	*7.9	*6.3	*1.6	**0.0	100.0
	55 to 64	81.3	*6.3	*6.3	*5.2	*1.0	**0.0	100.0
	65 and over	67.2	*9.4	*17.2	**6.3	**0.0	**0.0	100.0
	TOTAL	65.1	10.6	14.3	5.5	4.3	**0.1	100.0
Persons	15 to 24	44.7	10.5	28.3	7.2	9.3	**0.0	100.0
	25 to 34	61.7	15.4	14.7	*4.4	*3.8	**0.0	100.0
	35 to 44	56.5	14.7	17.8	6.1	*4.6	**0.3	100.0
	45 to 54	69.2	14.5	10.4	*4.1	*1.8	**0.0	100.0
	55 to 64	74.2	*8.8	*8.8	*6.0	*2.3	**0.0	100.0
	65 and over	76.0	*6.6	*10.2	*6.2	*1.1	**0.0	100.0
	TOTAL	61.2	12.6	16.2	5.6	4.3	**0.1	100.0

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 56: Northern Territory organised participants — participation in organised physical activity by cumulative frequency, age and sex, 2010 (a) (b)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	2.1	9.1	6.3	3.3	11.3
	25 to 34	3.3	4.1	2.2	*1.4	7.4
	35 to 44	2.6	5.5	2.6	*1.7	8.1
	45 to 54	3.2	2.6	*1.4	*0.6	5.8
	55 to 64	*1.3	2.4	*1.8	*1.1	3.7
	65 and over	**0.3	*0.8	*0.5	*0.5	*1.1
	TOTAL	12.7	24.5	14.8	8.7	37.3
Females	15 to 24	*1.5	6.1	4.4	2.3	7.6
	25 to 34	2.5	4.6	3.0	*1.7	7.1
	35 to 44	2.5	4.3	2.9	*1.9	6.9
	45 to 54	*1.1	2.3	*1.6	*1.1	3.4
	55 to 64	*0.6	*1.2	*0.9	*0.6	*1.9
	65 and over	*0.5	*1.3	*0.8	**0.4	*1.9
	TOTAL	8.8	19.9	13.6	8.1	28.7
Persons	15 to 24	3.6	15.3	10.7	5.6	18.8
	25 to 34	5.8	8.7	5.2	3.1	14.5
	35 to 44	5.1	9.8	5.5	3.7	14.9
	45 to 54	4.4	4.9	3.0	*1.8	9.3
	55 to 64	*1.9	3.6	2.7	*1.8	5.5
	65 and over	*0.8	2.1	*1.3	*0.9	2.9
	TOTAL	21.5	44.4	28.4	16.8	66.0

Total participation rate (%) (c)

Males	15 to 24	11.7	50.6	35.1	18.2	62.3
	25 to 34	17.4	21.7	11.6	*7.2	39.1
	35 to 44	15.0	31.7	15.0	*10.0	46.7
	45 to 54	20.8	16.8	*8.9	*4.0	37.6
	55 to 64	*11.0	20.9	*15.4	*9.9	31.9
	65 and over	**4.1	*12.2	*8.2	*8.2	*16.3
	TOTAL	14.5	28.0	16.9	9.9	42.5
Females	15 to 24	*9.1	38.2	27.3	14.5	47.3
	25 to 34	13.3	24.2	15.8	*9.2	37.5
	35 to 44	14.5	25.2	17.0	*11.3	40.3
	45 to 54	*7.9	15.7	*11.0	*7.9	23.6
	55 to 64	*6.3	*12.5	*9.4	*6.3	*18.8
	65 and over	*9.4	*23.4	*14.1	**6.3	*32.8
	TOTAL	10.6	24.2	16.5	9.9	34.9
Persons	15 to 24	10.5	44.8	31.4	16.5	55.3
	25 to 34	15.4	23.0	13.7	8.2	38.3
	35 to 44	14.7	28.4	16.0	10.7	43.5
	45 to 54	14.5	16.3	9.9	*5.9	30.8
	55 to 64	*8.8	17.0	12.6	*8.2	25.8
	65 and over	*6.6	17.5	*10.9	*7.3	24.0
	TOTAL	12.6	26.1	16.7	9.9	38.8

(a) Relates to persons aged 15 years and over who participated in organised physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) Cumulative frequency should be interpreted as the total number of persons who engaged in the activity with **at least** that frequency (for example, 28,400 Northern Territory persons engaged in organised physical activity at least twice per week, which is a combination of those who engaged twice, three times, four times and five times per week or more)

(c) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 57: Northern Territory organised participants — total participation in organised activities by type of organisation, age and sex, 2010 (a)

Sex	Age group (years)	Fitness, leisure or indoor sports centre	Sport or recreation club or association (c)	Work	School	Other	Total organised participation
		Number ('000)					
Males	15 to 24	4.0	7.7	*0.7	*1.4	3.0	11.3
	25 to 34	2.7	4.9	*1.4	**0.0	*0.8	7.4
	35 to 44	3.0	6.1	*0.9	**0.1	*1.2	8.1
	45 to 54	**0.5	4.6	**0.5	**0.0	*1.2	5.8
	55 to 64	*0.5	3.0	**0.1	**0.0	**0.4	3.7
	65 and over	**0.0	*0.7	**0.1	**0.0	**0.4	*1.1
	TOTAL		10.7	27.0	3.7	*1.6	7.0
Females	15 to 24	3.5	5.0	**0.3	2.9	*1.2	7.6
	25 to 34	3.5	3.0	*0.6	**0.2	2.8	7.1
	35 to 44	3.3	3.5	*0.5	**0.1	*1.8	6.9
	45 to 54	*1.8	*1.4	**0.0	**0.1	*0.6	3.4
	55 to 64	*0.6	*0.8	**0.1	**0.1	*0.7	*1.9
	65 and over	*0.9	*0.9	**0.0	**0.0	*0.7	*1.9
	TOTAL		13.6	14.6	*1.6	3.4	7.8
Persons	15 to 24	7.5	12.7	*1.0	4.3	4.2	18.8
	25 to 34	6.2	7.9	*2.0	**0.2	3.7	14.5
	35 to 44	6.4	9.6	*1.4	**0.3	3.0	14.9
	45 to 54	2.3	6.0	**0.5	**0.1	*1.8	9.3
	55 to 64	*1.1	3.8	**0.2	**0.1	*1.1	5.5
	65 and over	*0.9	*1.6	**0.1	**0.0	*1.1	2.9
	TOTAL		24.4	41.6	5.2	4.9	14.9

Total participation rate (%) (b)

Males	15 to 24	22.1	42.9	*3.9	*7.8	16.9	62.3
	25 to 34	14.5	26.1	*7.2	**0.0	*4.3	39.1
	35 to 44	17.5	35.0	*5.0	**0.8	*6.7	46.7
	45 to 54	**3.0	29.7	**3.0	**0.0	*7.9	37.6
	55 to 64	*4.4	26.4	**1.1	**0.0	**3.3	31.9
	65 and over	**0.0	*10.2	**2.0	**0.0	**6.1	*16.3
	TOTAL		12.2	30.8	4.2	*1.8	8.0
Females	15 to 24	21.8	30.9	**1.8	18.2	*7.3	47.3
	25 to 34	18.3	15.8	*3.3	**0.8	15.0	37.5
	35 to 44	19.5	20.8	*3.1	**0.6	*10.7	40.3
	45 to 54	*12.6	*9.4	**0.0	**0.8	*3.9	23.6
	55 to 64	*6.3	*8.3	**1.0	**1.0	*7.3	*18.8
	65 and over	*15.6	*15.6	**0.0	**0.0	*12.5	*32.8
	TOTAL		16.6	17.7	*1.9	4.1	9.5
Persons	15 to 24	22.0	37.2	*2.9	12.7	12.4	55.3
	25 to 34	16.4	21.0	*5.3	**0.4	9.7	38.3
	35 to 44	18.5	27.9	*4.1	**0.7	8.7	43.5
	45 to 54	7.6	19.9	**1.5	**0.4	*6.0	30.8
	55 to 64	*5.3	18.0	**1.1	**0.5	*5.1	25.8
	65 and over	*7.3	*12.7	**1.1	**0.0	*9.1	24.0
	TOTAL		14.3	24.5	3.1	2.9	8.7

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) All aerobics/fitness participants describing their activity as organised by a sport or recreation club or association have been recoded to fitness, leisure or indoor sports centre

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 58: Northern Territory participants — total participation in specific activities (organised and non-organised) by sex, 2010 (a)

Activity	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
Aerobics/fitness	14.0	15.9	24.8	30.1	38.7	22.8
Aquarobics	**0.1	**0.2	*1.7	*2.0	*1.8	*1.1
Athletics/track and field	**0.2	**0.3	*1.2	*1.5	*1.4	*0.8
Australian rules football	5.3	6.1	**0.1	**0.1	5.4	3.2
Badminton	**0.1	**0.1	**0.3	**0.4	**0.4	**0.3
Baseball	**0.2	**0.3	**0.0	**0.0	**0.2	**0.1
Basketball	2.6	3.0	2.3	2.8	4.9	2.9
Boxing	**0.3	**0.3	*0.9	*1.1	*1.2	*0.7
Canoeing/kayaking	**0.4	**0.5	*0.7	*0.9	*1.2	*0.7
Carpet bowls	**0.1	**0.2	**0.0	**0.0	**0.1	**0.1
Cricket (indoor)	*1.5	*1.8	**0.0	**0.0	*1.5	*0.9
Cricket (outdoor)	5.2	5.9	**0.3	**0.3	5.5	3.2
Cycling	19.9	22.7	9.8	11.9	29.7	17.5
Dancing	*0.5	*0.6	3.3	4.0	3.9	2.3
Darts	**0.0	**0.0	**0.1	**0.1	**0.1	**0.1
Fishing	6.9	7.9	*1.3	*1.6	8.2	4.8
Golf	7.9	9.0	*1.3	*1.6	9.2	5.4
Gymnastics	**0.0	**0.0	**0.2	**0.2	**0.2	**0.1
Hockey (indoor)	*0.7	*0.8	**0.1	**0.1	*0.8	*0.5
Hockey (outdoor)	*1.7	*1.9	*1.1	*1.3	2.8	1.6
Horse riding/equestrian activities/polocrosse	**0.4	**0.5	*1.3	*1.6	*1.7	*1.0
Ice/snow sports	**0.4	**0.4	*0.7	*0.8	*1.0	*0.6
Lawn bowls	*1.6	*1.8	*0.5	*0.7	2.1	1.2
Martial arts	*1.7	*1.9	*1.0	*1.3	2.7	1.6
Motor sports	2.7	3.1	**0.2	**0.3	3.0	1.7
Netball	**0.1	**0.2	6.6	8.0	6.7	4.0
Orienteering	**0.4	**0.5	*1.3	*1.5	*1.7	*1.0
Rock climbing	*0.7	*0.8	**0.0	**0.0	*0.7	*0.4
Roller sports	*0.5	*0.6	**0.3	**0.3	*0.8	*0.5
Rowing	**0.0	**0.0	**0.3	**0.4	**0.3	**0.2
Rugby league	2.7	3.1	**0.2	**0.2	2.8	1.7
Rugby union	2.6	3.0	**0.1	**0.1	2.7	1.6
Running	14.1	16.1	8.4	10.3	22.6	13.3
Sailing	**0.0	**0.0	**0.4	**0.5	**0.4	**0.2
Scuba diving	**0.3	**0.3	**0.1	**0.1	**0.4	**0.2
Shooting sports	*1.1	*1.2	**0.0	**0.0	*1.1	*0.6
Football (indoor)	*1.3	*1.5	*0.9	*1.1	2.1	1.3
Football (outdoor)	7.3	8.3	2.3	2.8	9.6	5.7
Softball	**0.0	**0.0	**0.5	**0.6	**0.5	**0.3
Squash/racquet ball	*1.5	*1.7	*0.5	*0.7	2.1	1.2
Surf sports	*1.0	*1.1	**0.1	**0.1	*1.1	*0.6
Swimming	11.9	13.6	14.5	17.6	26.4	15.5
Table tennis	**0.4	**0.5	**0.3	**0.3	*0.7	*0.4
Tennis	3.7	4.2	2.2	2.7	5.9	3.5
Tenpin bowling	**0.4	**0.5	**0.4	**0.5	*0.9	*0.5
Touch football	4.1	4.7	2.6	3.1	6.7	3.9
Triathlon	**0.3	**0.3	**0.2	**0.3	*0.5	*0.3
Volleyball	3.4	3.9	*1.9	*2.4	5.4	3.2
Walking (bush)	5.1	5.8	5.1	6.2	10.2	6.0
Walking (other)	17.8	20.3	32.8	39.9	50.6	29.8
Water polo	**0.0	**0.0	**0.2	**0.2	**0.2	**0.1
Waterskiing/powerboating	*1.1	*1.2	**0.2	**0.2	*1.2	*0.7
Weight training	3.3	3.8	*2.0	*2.4	5.3	3.1
Yoga	*0.7	*0.9	4.8	5.9	5.6	3.3

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 59: Northern Territory participants — total participation in specific activities by type of activity, 2010 (a)

Activity	Number ('000)			Total participation rate (%) (b)		
	Organised	Non-organised	Total	Organised	Non-organised	Total
Aerobics/fitness	11.2	30.5	38.7	6.6	17.9	22.8
Aquarobics	*1.6	*0.5	*1.8	*0.9	*0.3	*1.1
Athletics/track and field	*1.1	**0.4	*1.4	*0.7	**0.2	*0.8
Australian rules football	4.1	*1.6	5.4	2.4	*0.9	3.2
Badminton	**0.1	**0.3	**0.4	**0.1	**0.2	**0.3
Baseball	**0.2	**0.0	**0.2	**0.1	**0.0	**0.1
Basketball	3.4	*1.8	4.9	2.0	*1.1	2.9
Boxing	*0.7	*0.5	*1.2	*0.4	*0.3	*0.7
Canoeing/kayaking	**0.2	*1.0	*1.2	**0.1	*0.6	*0.7
Carpet bowls	**0.1	**0.0	**0.1	**0.1	**0.0	**0.1
Cricket (indoor)	*1.2	*0.8	*1.5	*0.7	*0.4	*0.9
Cricket (outdoor)	3.9	*2.0	5.5	2.3	*1.2	3.2
Cycling	3.4	28.7	29.7	2.0	16.9	17.5
Dancing	2.8	*1.4	3.9	1.7	*0.8	2.3
Darts	**0.1	**0.1	**0.1	**0.1	**0.1	**0.1
Fishing	*1.0	8.1	8.2	*0.6	4.8	4.8
Golf	4.7	6.0	9.2	2.7	3.5	5.4
Gymnastics	**0.2	**0.0	**0.2	**0.1	**0.0	**0.1
Hockey (indoor)	*0.8	**0.0	*0.8	*0.5	**0.0	*0.5
Hockey (outdoor)	2.7	**0.1	2.8	1.6	**0.1	1.6
Horse riding/equestrian activities/polocrosse	*0.9	*1.1	*1.7	*0.5	*0.7	*1.0
Ice/snow sports	**0.3	*0.7	*1.0	**0.2	*0.4	*0.6
Lawn bowls	*1.9	*0.6	2.1	*1.1	*0.4	1.2
Martial arts	*1.9	*0.8	2.7	*1.1	*0.5	1.6
Motor sports	*1.5	*1.6	3.0	*0.9	*1.0	1.7
Netball	5.2	*1.8	6.7	3.0	*1.1	4.0
Orienteering	*0.9	*0.7	*1.7	*0.6	*0.4	*1.0
Rock climbing	**0.1	*0.5	*0.7	**0.1	*0.3	*0.4
Roller sports	**0.0	*0.8	*0.8	**0.0	*0.5	*0.5
Rowing	**0.3	**0.0	**0.3	**0.2	**0.0	**0.2
Rugby league	2.5	*0.7	2.8	1.5	*0.4	1.7
Rugby union	2.4	*0.8	2.7	1.4	*0.5	1.6
Running	3.0	22.0	22.6	1.8	12.9	13.3
Sailing	**0.3	**0.1	**0.4	**0.2	**0.1	**0.2
Scuba diving	**0.0	**0.4	**0.4	**0.0	**0.2	**0.2
Shooting sports	**0.1	*1.1	*1.1	**0.1	*0.6	*0.6
Football (indoor)	*1.0	*1.2	2.1	*0.6	*0.7	1.3
Football (outdoor)	7.8	2.2	9.6	4.6	1.3	5.7
Softball	**0.4	**0.5	**0.5	**0.2	**0.3	**0.3
Squash/racquet ball	**0.4	*1.8	2.1	**0.3	*1.0	1.2
Surf sports	**0.0	*1.1	*1.1	**0.0	*0.6	*0.6
Swimming	2.7	25.7	26.4	1.6	15.1	15.5
Table tennis	**0.2	**0.4	*0.7	**0.1	**0.3	*0.4
Tennis	2.8	3.4	5.9	1.7	2.0	3.5
Tenpin bowling	**0.3	*0.7	*0.9	**0.2	*0.4	*0.5
Touch football	5.3	*1.7	6.7	3.1	*1.0	3.9
Triathlon	*0.5	**0.3	*0.5	*0.3	**0.2	*0.3
Volleyball	3.6	*2.0	5.4	2.1	*1.2	3.2
Walking (bush)	*1.1	9.5	10.2	*0.7	5.6	6.0
Walking (other)	2.3	50.0	50.6	1.3	29.4	29.8
Water polo	**0.2	**0.0	**0.2	**0.1	**0.0	**0.1
Waterskiing/powerboating	**0.1	*1.2	*1.2	**0.1	*0.7	*0.7
Weight training	**0.4	5.2	5.3	**0.2	3.0	3.1
Yoga	2.2	3.7	5.6	1.3	2.2	3.3

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

10.3.4 Queensland

Table 60: Queensland participants — total participation in physical activity by type of participation, age and sex, 2010 (a)

Sex	Age group (years)	Organised only (c)	Non-organised only (d)	Both organised and non-organised (e)	Total organised	Total non-organised	Total participation
		(A)	(B)	(C)	(A + C)	(B + C)	(A + B + C)
		Number ('000)					
Males	15 to 24	87.3	49.4	131.6	218.9	181.0	268.3
	25 to 34	23.1	130.0	117.7	140.8	247.7	270.8
	35 to 44	33.4	128.8	107.2	140.6	236.0	269.3
	45 to 54	23.8	141.5	80.6	104.4	222.1	245.9
	55 to 64	*18.4	129.2	44.5	62.9	173.7	192.1
	65 and over	*15.4	95.2	62.6	77.9	157.7	173.1
	TOTAL	201.3	674.0	544.2	745.5	1,218.2	1,419.5
	Females	15 to 24	70.7	75.8	111.4	182.1	187.2
25 to 34		40.1	134.9	81.1	121.2	216.0	256.1
35 to 44		23.8	162.7	85.6	109.4	248.3	272.1
45 to 54		24.6	166.8	68.5	93.1	235.3	259.9
55 to 64		*10.1	116.8	67.1	77.2	183.9	194.0
65 and over		26.9	114.1	56.6	83.5	170.7	197.6
TOTAL		196.2	771.2	470.3	666.5	1,241.5	1,437.7
Persons		15 to 24	158.0	125.2	243.0	401.0	368.2
	25 to 34	63.1	264.9	198.8	262.0	463.8	526.9
	35 to 44	57.2	291.5	192.8	250.0	484.2	541.5
	45 to 54	48.4	308.3	149.1	197.5	457.4	505.8
	55 to 64	28.5	246.0	111.6	140.1	357.6	386.1
	65 and over	42.2	209.3	119.1	161.4	328.4	370.7
	TOTAL	397.5	1,445.2	1,014.5	1,412.0	2,459.7	2,857.2
	Total participation rate (%) (b)						
Males	15 to 24	27.9	15.8	42.1	70.0	57.8	85.7
	25 to 34	7.5	42.2	38.2	45.7	80.5	88.0
	35 to 44	10.6	40.9	34.0	44.6	74.9	85.5
	45 to 54	7.9	47.2	26.9	34.8	74.1	82.1
	55 to 64	*7.3	51.0	17.6	24.8	68.6	75.9
	65 and over	*6.1	37.6	24.7	30.8	62.3	68.4
	TOTAL	11.6	38.7	31.2	42.8	69.9	81.5
	Females	15 to 24	23.5	25.2	37.0	60.5	62.2
25 to 34		13.1	44.1	26.5	39.6	70.6	83.6
35 to 44		7.4	50.7	26.7	34.1	77.4	84.9
45 to 54		8.0	54.1	22.2	30.2	76.3	84.3
55 to 64		*4.0	46.1	26.5	30.5	72.7	76.6
65 and over		9.8	41.6	20.6	30.4	62.2	72.0
TOTAL		11.1	43.7	26.7	37.8	70.4	81.5
Persons		15 to 24	25.7	20.4	39.6	65.3	60.0
	25 to 34	10.3	43.2	32.4	42.7	75.5	85.8
	35 to 44	9.0	45.9	30.3	39.3	76.2	85.2
	45 to 54	8.0	50.7	24.5	32.5	75.2	83.2
	55 to 64	5.6	48.6	22.0	27.7	70.6	76.3
	65 and over	8.0	39.7	22.6	30.6	62.2	70.2
	TOTAL	11.3	41.2	28.9	40.3	70.2	81.5

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) Participants' activities are fully organised

(d) Participants' activities are fully non-organised

(e) Participants' activities are part organised and part non-organised

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 61: Queensland participants — total participation in any physical activity (organised and non-organised) by demographics, 2010 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
AGE GROUP (YEARS)						
15 to 24	268.3	85.7	257.9	85.7	526.2	85.7
25 to 34	270.8	88.0	256.1	83.6	526.9	85.8
35 to 44	269.3	85.5	272.1	84.9	541.5	85.2
45 to 54	245.9	82.1	259.9	84.3	505.8	83.2
55 to 64	192.1	75.9	194.0	76.6	386.1	76.3
65 and over	173.1	68.4	197.6	72.0	370.7	70.2
REGION						
Capital city	628.8	81.6	650.3	81.9	1,279.1	81.8
Rest of state	790.7	81.4	787.4	81.1	1,578.1	81.3
EMPLOYMENT STATUS						
Employed full time	870.5	84.2	420.1	82.5	1,290.6	83.6
Employed part time	172.6	87.7	490.8	88.0	663.4	87.9
Employed refused	*7.0	*87.9	*15.1	*69.9	22.1	74.8
Total employed	1,050.2	84.8	926.0	85.0	1,976.2	84.9
Unemployed	79.4	78.1	78.5	86.9	157.9	82.2
Not in the labour force	290.0	72.3	433.2	74.1	723.1	73.3
MARITAL STATUS						
Married	856.5	80.9	834.0	81.7	1,690.5	81.3
Not married	557.2	82.7	595.6	82.4	1,152.8	82.5
Refused/Do not know	**5.8	**68.8	*8.0	*38.5	*13.8	*47.2
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	418.1	84.4	513.9	83.6	931.9	84.0
At least one under 18 – none at home	34.1	71.6	*6.2	*63.6	40.3	70.3
No children under 18	966.4	80.7	917.6	80.5	1,884.0	80.6
Refused	**0.9	**100.0	**0.0	**0.0	**0.9	**100.0
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	362.0	90.2	322.9	86.7	684.9	88.5
Undergraduate diploma or associate diploma	113.3	85.7	90.4	82.1	203.7	84.1
Certificate, trade qualification or apprenticeship	214.2	81.8	222.4	84.9	436.6	83.3
Highest level of secondary school	324.6	83.5	348.4	82.8	673.0	83.1
Did not complete highest level of school	294.9	68.6	357.4	73.6	652.2	71.2
Never went to school	**0.0	**0.0	**0.2	**51.0	**0.2	**2.9
Still at secondary school	84.8	98.1	53.6	93.7	138.4	96.3
Other	*18.1	*73.1	32.6	74.9	50.7	74.3
Refused	*7.7	*72.0	*9.8	*84.4	*17.5	*78.4
LANGUAGE SPOKEN AT HOME						
English only	1,305.8	81.6	1,352.3	81.7	2,658.1	81.6
European language/s other than English	25.6	78.3	25.6	87.1	51.2	82.5
Non-European language/s	94.7	82.2	61.0	76.2	155.8	79.7
Total	1,419.5	81.5	1,437.7	81.5	2,857.2	81.5

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 62: All Queensland persons — participation in any physical activity by frequency, age and sex, 2010 (a)

Sex	Age group (years)	None	Up to once per week (b)	One or two times per week (c)	Three or four times per week (d)	Five or more times per week	Do not know	Total
		Number ('000)						
Males	15 to 24	44.6	22.1	77.2	73.6	94.9	**0.5	312.9
	25 to 34	37.0	54.2	92.7	50.3	73.6	**0.0	307.8
	35 to 44	45.6	52.0	107.7	56.1	53.5	**0.0	314.9
	45 to 54	53.8	58.0	68.9	53.4	65.7	**0.0	299.7
	55 to 64	61.1	27.0	43.5	31.9	89.7	**0.0	253.2
	65 and over	80.0	*17.0	34.6	38.8	82.7	**0.0	253.1
	TOTAL		322.1	230.3	424.6	304.0	460.1	**0.5
Females	15 to 24	43.2	48.2	65.0	52.9	91.8	**0.0	301.1
	25 to 34	50.1	33.5	85.4	65.2	72.0	**0.0	306.2
	35 to 44	48.6	35.2	69.7	78.6	88.4	**0.2	320.7
	45 to 54	48.4	36.4	59.1	66.6	97.8	**0.0	308.3
	55 to 64	59.2	23.7	35.5	55.5	79.1	**0.2	253.1
	65 and over	77.0	*13.6	45.7	47.4	90.6	**0.4	274.6
	TOTAL		326.3	190.6	360.4	366.1	519.8	**0.7
Persons	15 to 24	87.8	70.3	142.3	126.5	186.7	**0.5	614.0
	25 to 34	87.1	87.7	178.2	115.5	145.6	**0.0	614.0
	35 to 44	94.2	87.2	177.4	134.7	142.0	**0.2	635.6
	45 to 54	102.1	94.4	128.0	120.0	163.5	**0.0	608.0
	55 to 64	120.2	50.8	79.0	87.4	168.8	**0.2	506.3
	65 and over	157.1	30.6	80.3	86.1	173.2	**0.4	527.7
	TOTAL		648.4	420.9	785.0	670.1	979.9	**1.2
Percentage of row (%)								
Males	15 to 24	14.3	7.1	24.7	23.5	30.3	**0.1	100.0
	25 to 34	12.0	17.6	30.1	16.3	23.9	**0.0	100.0
	35 to 44	14.5	16.5	34.2	17.8	17.0	**0.0	100.0
	45 to 54	17.9	19.4	23.0	17.8	21.9	**0.0	100.0
	55 to 64	24.1	10.7	17.2	12.6	35.4	**0.0	100.0
	65 and over	31.6	*6.7	13.7	15.3	32.7	**0.0	100.0
	TOTAL		18.5	13.2	24.4	17.5	26.4	**0.0
Females	15 to 24	14.3	16.0	21.6	17.6	30.5	**0.0	100.0
	25 to 34	16.4	10.9	27.9	21.3	23.5	**0.0	100.0
	35 to 44	15.1	11.0	21.7	24.5	27.6	**0.1	100.0
	45 to 54	15.7	11.8	19.2	21.6	31.7	**0.0	100.0
	55 to 64	23.4	9.4	14.0	21.9	31.3	**0.1	100.0
	65 and over	28.0	*5.0	16.6	17.2	33.0	**0.1	100.0
	TOTAL		18.5	10.8	20.4	20.8	29.5	**0.0
Persons	15 to 24	14.3	11.5	23.2	20.6	30.4	**0.1	100.0
	25 to 34	14.2	14.3	29.0	18.8	23.7	**0.0	100.0
	35 to 44	14.8	13.7	27.9	21.2	22.3	**0.0	100.0
	45 to 54	16.8	15.5	21.1	19.7	26.9	**0.0	100.0
	55 to 64	23.7	10.0	15.6	17.3	33.3	**0.0	100.0
	65 and over	29.8	5.8	15.2	16.3	32.8	**0.1	100.0
	TOTAL		18.5	12.0	22.4	19.1	28.0	**0.0

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 63: Queensland participants — participation in any physical activity by cumulative frequency, age and sex, 2010 (a) (b)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	22.1	245.7	212.6	168.5	268.3
	25 to 34	54.2	216.6	190.4	123.9	270.8
	35 to 44	52.0	217.4	163.8	109.6	269.3
	45 to 54	58.0	187.9	143.1	119.1	245.9
	55 to 64	27.0	165.1	138.2	121.6	192.1
	65 and over	*17.0	156.1	141.8	121.5	173.1
	TOTAL	230.3	1,188.7	989.9	764.1	1,419.5
Females	15 to 24	48.2	209.7	188.0	144.7	257.9
	25 to 34	33.5	222.6	174.8	137.2	256.1
	35 to 44	35.2	236.7	208.1	167.1	272.1
	45 to 54	36.4	223.5	194.7	164.4	259.9
	55 to 64	23.7	170.1	156.5	134.6	194.0
	65 and over	*13.6	183.6	168.7	137.9	197.6
	TOTAL	190.6	1,246.3	1,090.8	885.9	1,437.7
Persons	15 to 24	70.3	455.5	400.6	313.2	526.2
	25 to 34	87.7	439.2	365.2	261.1	526.9
	35 to 44	87.2	454.1	371.8	276.7	541.5
	45 to 54	94.4	411.5	337.8	283.5	505.8
	55 to 64	50.8	335.2	294.7	256.2	386.1
	65 and over	30.6	339.7	310.5	259.4	370.7
	TOTAL	420.9	2,435.1	2,080.7	1,650.0	2,857.2
Total participation rate (%) (c)						
Males	15 to 24	7.1	78.5	67.9	53.8	85.7
	25 to 34	17.6	70.4	61.9	40.3	88.0
	35 to 44	16.5	69.0	52.0	34.8	85.5
	45 to 54	19.4	62.7	47.8	39.7	82.1
	55 to 64	10.7	65.2	54.6	48.0	75.9
	65 and over	*6.7	61.7	56.0	48.0	68.4
	TOTAL	13.2	68.3	56.8	43.9	81.5
Females	15 to 24	16.0	69.7	62.4	48.1	85.7
	25 to 34	10.9	72.7	57.1	44.8	83.6
	35 to 44	11.0	73.8	64.9	52.1	84.9
	45 to 54	11.8	72.5	63.2	53.3	84.3
	55 to 64	9.4	67.2	61.8	53.2	76.6
	65 and over	*5.0	66.9	61.4	50.2	72.0
	TOTAL	10.8	70.7	61.8	50.2	81.5
Persons	15 to 24	11.5	74.2	65.2	51.0	85.7
	25 to 34	14.3	71.5	59.5	42.5	85.8
	35 to 44	13.7	71.4	58.5	43.5	85.2
	45 to 54	15.5	67.7	55.6	46.6	83.2
	55 to 64	10.0	66.2	58.2	50.6	76.3
	65 and over	5.8	64.4	58.8	49.2	70.2
	TOTAL	12.0	69.5	59.4	47.1	81.5

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) Cumulative frequency should be interpreted as the total number of persons who engaged in the activity with **at least** that frequency (for example, 2.0 million Queensland persons engaged in physical activity at least twice per week, which is a combination of those who engaged twice, three times, four times and five times per week or more)

(c) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 64: Queensland recent participants — recent participation in any physical activity by duration and age, 2010 (a)

		15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	Total
		Number ('000)						
Five hours or more	More than three sessions weekly	147.8	80.3	96.3	97.7	110.8	120.9	653.7
	Two or three sessions weekly	24.1	*13.4	**5.3	*15.3	*9.7	27.9	95.7
	Less than two sessions weekly	**1.5	*6.2	**2.4	*7.9	*6.2	**4.0	28.3
	<i>Total</i>	173.4	100.0	104.0	120.9	126.7	152.8	777.7
Two hours or more but less than five hours	More than three sessions weekly	59.9	80.7	86.9	95.6	72.5	69.2	464.8
	Two or three sessions weekly	79.2	77.5	64.7	53.2	30.2	29.6	334.3
	Less than two sessions weekly	*19.6	*13.2	22.0	*17.7	*16.4	*9.1	98.0
	<i>Total</i>	158.7	171.3	173.7	166.5	119.2	107.9	897.2
Less than two hours	More than three sessions weekly	*7.0	*8.1	*9.7	*9.2	*12.3	*10.8	57.1
	Two or three sessions weekly	23.7	28.5	31.1	52.4	*19.8	22.7	178.3
	Less than two sessions weekly	81.8	104.1	120.3	70.0	46.6	33.6	456.4
	<i>Total</i>	112.4	140.7	161.1	131.7	78.7	67.1	691.8
Total	More than three sessions weekly	214.7	169.1	192.9	202.5	195.6	200.9	1,175.6
	Two or three sessions weekly	126.9	119.4	101.1	120.9	59.7	80.2	608.3
	Less than two sessions weekly	102.9	123.5	144.8	95.6	69.3	46.8	582.8
	Total	444.5	412.0	438.7	419.1	324.6	327.8	2,366.7
		Percentage of total (%)						
Five hours or more	More than three sessions weekly	6.2	3.4	4.1	4.1	4.7	5.1	27.6
	Two or three sessions weekly	1.0	*0.6	**0.2	*0.6	*0.4	1.2	4.0
	Less than two sessions weekly	**0.1	*0.3	**0.1	*0.3	*0.3	**0.2	1.2
	<i>Total</i>	7.3	4.2	4.4	5.1	5.4	6.5	32.9
Two hours or more but less than five hours	More than three sessions weekly	2.5	3.4	3.7	4.0	3.1	2.9	19.6
	Two or three sessions weekly	3.3	3.3	2.7	2.2	1.3	1.2	14.1
	Less than two sessions weekly	*0.8	*0.6	0.9	*0.7	*0.7	*0.4	4.1
	<i>Total</i>	6.7	7.2	7.3	7.0	5.0	4.6	37.9
Less than two hours	More than three sessions weekly	*0.3	*0.3	*0.4	*0.4	*0.5	*0.5	2.4
	Two or three sessions weekly	1.0	1.2	1.3	2.2	*0.8	1.0	7.5
	Less than two sessions weekly	3.5	4.4	5.1	3.0	2.0	1.4	19.3
	<i>Total</i>	4.8	5.9	6.8	5.6	3.3	2.8	29.2
Total	More than three sessions weekly	9.1	7.1	8.1	8.6	8.3	8.5	49.7
	Two or three sessions weekly	5.4	5.0	4.3	5.1	2.5	3.4	25.7
	Less than two sessions weekly	4.3	5.2	6.1	4.0	2.9	2.0	24.6
	Total	18.8	17.4	18.5	17.7	13.7	13.9	100.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport in the two weeks prior to interview in 2010

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 65: Queensland regular participants — regular participation in any physical activity (organised and non-organised) by demographics, 2010 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Regular participation rate (b) (%)	Number (‘000)	Regular participation rate (%)	Number (‘000)	Regular participation rate (%)
AGE GROUP (YEARS)						
15 to 24	168.5	53.8	144.7	48.1	313.2	51.0
25 to 34	123.9	40.3	137.2	44.8	261.1	42.5
35 to 44	109.6	34.8	167.1	52.1	276.7	43.5
45 to 54	119.1	39.7	164.4	53.3	283.5	46.6
55 to 64	121.6	48.0	134.6	53.2	256.2	50.6
65 and over	121.5	48.0	137.9	50.2	259.4	49.2
REGION						
Capital city	366.4	47.5	413.6	52.1	779.9	49.9
Rest of state	397.7	41.0	472.3	48.7	870.1	44.8
EMPLOYMENT STATUS						
Employed full time	397.2	38.4	262.7	51.6	659.9	42.8
Employed part time	104.6	53.1	294.9	52.9	399.5	52.9
Employed refused	**2.9	**36.3	*8.8	*40.9	*11.7	*39.6
Total employed	504.7	40.7	566.5	52.0	1,071.1	46.0
Unemployed	60.1	59.2	39.5	43.7	99.6	51.9
Not in the labour force	199.3	49.7	279.9	47.9	479.2	48.6
MARITAL STATUS						
Married	430.2	40.6	510.9	50.1	941.1	45.3
Not married	329.8	48.9	367.1	50.8	696.9	49.9
Refused/Do not know	**4.2	**49.3	*7.9	*37.7	*12.0	*41.0
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	179.0	36.1	309.8	50.4	488.7	44.0
At least one under 18 — none at home	*10.5	*22.1	**3.3	**33.6	*13.8	*24.0
No children under 18	574.7	48.0	572.8	50.3	1,147.5	49.1
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	212.6	52.9	216.8	58.2	429.4	55.5
Undergraduate diploma or associate diploma	63.3	47.9	57.6	52.4	121.0	49.9
Certificate, trade qualification or apprenticeship	98.5	37.6	134.6	51.4	233.1	44.5
Highest level of secondary school	162.7	41.8	214.7	51.0	377.4	46.6
Did not complete highest level of school	151.8	35.3	207.4	42.7	359.2	39.2
Never went to school	**0.0	**0.0	**0.2	**51.0	**0.2	**2.9
Still at secondary school	61.4	71.0	31.2	54.5	92.6	64.5
Other	*11.0	*44.3	*18.4	*42.3	29.4	43.0
Refused	**2.9	**27.2	**4.9	**42.5	*7.9	*35.1
LANGUAGE SPOKEN AT HOME						
English only	684.9	42.8	844.3	51.0	1,529.2	47.0
European language/s other than English	*17.1	*52.4	*15.4	*52.2	32.5	52.3
Non-European language/s	67.7	58.7	27.1	33.8	94.8	48.5
Total	764.1	43.9	885.9	50.2	1,650.0	47.1

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the regular participation rate is the number of persons who participated in the activity at least three times per week on average expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 66: All Queensland persons — participation in organised physical activity by frequency, age and sex, 2010 (a)

Sex	Age group (years)	None	Up to once per week (b)	One or two times per week (c)	Three or four times per week (d)	Five or more times per week	Do not know	Total
		Number ('000)						
Males	15 to 24	94.0	41.0	75.3	46.0	56.6	**0.0	312.9
	25 to 34	167.0	67.0	52.8	*12.1	*8.9	**0.0	307.8
	35 to 44	174.4	46.1	62.2	26.8	**5.5	**0.0	314.9
	45 to 54	195.3	47.3	36.2	*16.6	**4.3	**0.0	299.7
	55 to 64	190.3	*19.0	27.9	*10.6	**5.4	**0.0	253.2
	65 and over	175.2	*17.1	33.5	20.9	*6.5	**0.0	253.1
	TOTAL	996.1	237.5	287.9	132.9	87.2	**0.0	1,741.6
Females	15 to 24	119.0	41.0	62.5	31.9	46.7	**0.0	301.1
	25 to 34	185.0	43.1	42.6	27.5	*8.0	**0.0	306.2
	35 to 44	211.3	40.5	40.1	21.5	*7.4	**0.0	320.7
	45 to 54	215.2	32.6	27.3	25.3	*7.9	**0.0	308.3
	55 to 64	176.0	*19.2	30.8	*15.0	*12.3	**0.0	253.1
	65 and over	191.2	*16.5	37.4	21.1	*6.9	**1.6	274.6
	TOTAL	1,097.5	192.8	240.5	142.2	89.3	**1.6	1,764.0
Persons	15 to 24	213.0	82.0	137.7	77.9	103.3	**0.0	614.0
	25 to 34	352.0	110.1	95.4	39.6	*17.0	**0.0	614.0
	35 to 44	385.6	86.6	102.3	48.2	*12.9	**0.0	635.6
	45 to 54	410.4	79.9	63.5	41.9	*12.2	**0.0	608.0
	55 to 64	366.2	38.2	58.7	25.5	*17.7	**0.0	506.3
	65 and over	366.4	33.5	70.8	42.1	*13.4	**1.6	527.7
	TOTAL	2,093.6	430.3	528.4	275.1	176.5	**1.6	3,505.6
Percentage of row (%)								
Males	15 to 24	30.0	13.1	24.1	14.7	18.1	**0.0	100.0
	25 to 34	54.3	21.8	17.2	*3.9	*2.9	**0.0	100.0
	35 to 44	55.4	14.6	19.8	8.5	**1.7	**0.0	100.0
	45 to 54	65.2	15.8	12.1	*5.5	**1.4	**0.0	100.0
	55 to 64	75.2	*7.5	11.0	*4.2	**2.1	**0.0	100.0
	65 and over	69.2	*6.7	13.2	8.3	*2.5	**0.0	100.0
	TOTAL	57.2	13.6	16.5	7.6	5.0	**0.0	100.0
Females	15 to 24	39.5	13.6	20.7	10.6	15.5	**0.0	100.0
	25 to 34	60.4	14.1	13.9	9.0	*2.6	**0.0	100.0
	35 to 44	65.9	12.6	12.5	6.7	*2.3	**0.0	100.0
	45 to 54	69.8	10.6	8.9	8.2	*2.6	**0.0	100.0
	55 to 64	69.5	*7.6	12.1	*5.9	*4.8	**0.0	100.0
	65 and over	69.6	*6.0	13.6	7.7	*2.5	**0.6	100.0
	TOTAL	62.2	10.9	13.6	8.1	5.1	**0.1	100.0
Persons	15 to 24	34.7	13.4	22.4	12.7	16.8	**0.0	100.0
	25 to 34	57.3	17.9	15.5	6.4	*2.8	**0.0	100.0
	35 to 44	60.7	13.6	16.1	7.6	*2.0	**0.0	100.0
	45 to 54	67.5	13.1	10.5	6.9	*2.0	**0.0	100.0
	55 to 64	72.3	7.5	11.6	5.0	*3.5	**0.0	100.0
	65 and over	69.4	6.4	13.4	8.0	*2.5	**0.3	100.0
	TOTAL	59.7	12.3	15.1	7.8	5.0	**0.0	100.0

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 67: Queensland organised participants — participation in organised physical activity by cumulative frequency, age and sex, 2010 (a) (b)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	41.0	177.9	128.3	102.7	218.9
	25 to 34	67.0	73.8	46.3	21.0	140.8
	35 to 44	46.1	94.5	50.8	32.2	140.6
	45 to 54	47.3	57.1	37.3	20.9	104.4
	55 to 64	*19.0	43.9	29.7	*16.0	62.9
	65 and over	*17.1	60.8	42.1	27.4	77.9
	TOTAL		237.5	508.0	334.6	220.1
Females	15 to 24	41.0	141.1	107.6	78.6	182.1
	25 to 34	43.1	78.1	46.9	35.5	121.2
	35 to 44	40.5	69.0	42.2	28.9	109.4
	45 to 54	32.6	60.5	46.3	33.2	93.1
	55 to 64	*19.2	58.0	40.6	27.2	77.2
	65 and over	*16.5	65.4	49.0	28.1	83.5
	TOTAL		192.8	472.1	332.7	231.6
Persons	15 to 24	82.0	319.0	235.9	181.2	401.0
	25 to 34	110.1	151.9	93.2	56.5	262.0
	35 to 44	86.6	163.5	93.1	61.1	250.0
	45 to 54	79.9	117.6	83.6	54.1	197.5
	55 to 64	38.2	101.9	70.4	43.2	140.1
	65 and over	33.5	126.3	91.2	55.4	161.4
	TOTAL		430.3	980.1	667.3	451.6
Total participation rate (%) (c)						
Males	15 to 24	13.1	56.9	41.0	32.8	70.0
	25 to 34	21.8	24.0	15.0	6.8	45.7
	35 to 44	14.6	30.0	16.1	10.2	44.6
	45 to 54	15.8	19.1	12.4	7.0	34.8
	55 to 64	*7.5	17.3	11.7	*6.3	24.8
	65 and over	*6.7	24.0	16.7	10.8	30.8
	TOTAL		13.6	29.2	19.2	12.6
Females	15 to 24	13.6	46.8	35.7	26.1	60.5
	25 to 34	14.1	25.5	15.3	11.6	39.6
	35 to 44	12.6	21.5	13.2	9.0	34.1
	45 to 54	10.6	19.6	15.0	10.8	30.2
	55 to 64	*7.6	22.9	16.0	10.8	30.5
	65 and over	*6.0	23.8	17.9	10.2	30.4
	TOTAL		10.9	26.8	18.9	13.1
Persons	15 to 24	13.4	52.0	38.4	29.5	65.3
	25 to 34	17.9	24.7	15.2	9.2	42.7
	35 to 44	13.6	25.7	14.6	9.6	39.3
	45 to 54	13.1	19.3	13.7	8.9	32.5
	55 to 64	7.5	20.1	13.9	8.5	27.7
	65 and over	6.4	23.9	17.3	10.5	30.6
	TOTAL		12.3	28.0	19.0	12.9

(a) Relates to persons aged 15 years and over who participated in organised physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) Cumulative frequency should be interpreted as the total number of persons who engaged in the activity with **at least** that frequency (for example, 667,300 Queensland persons engaged in organised physical activity at least twice per week, which is a combination of those who engaged twice, three times, four times and five times per week or more)

(c) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 68: Queensland organised participants — total participation in organised activities by type of organisation, age and sex, 2010 (a)

Sex	Age group (years)	Fitness, leisure or indoor sports centre	Sport or recreation club or association (c)	Work	School	Other	Total organised participation
		Number ('000)					
Males	15 to 24	93.4	161.1	*15.3	76.2	*17.0	218.9
	25 to 34	63.3	97.7	*8.1	**2.9	33.4	140.8
	35 to 44	41.0	117.4	*7.0	**1.1	21.8	140.6
	45 to 54	30.6	68.9	*10.7	**4.3	*10.3	104.4
	55 to 64	22.2	40.8	**3.8	**0.0	*16.0	62.9
	65 and over	*11.9	60.9	**0.0	**0.6	21.0	77.9
	TOTAL		262.3	546.9	44.9	85.1	119.4
Females	15 to 24	81.9	125.4	*16.2	60.2	33.4	182.1
	25 to 34	66.8	61.7	**5.7	**1.7	21.5	121.2
	35 to 44	63.5	54.2	**4.7	**4.5	30.2	109.4
	45 to 54	44.9	29.8	*8.5	**0.5	30.8	93.1
	55 to 64	36.9	42.2	**0.6	**0.3	27.2	77.2
	65 and over	28.1	53.5	**0.6	**2.0	22.6	83.5
	TOTAL		322.0	366.9	36.2	69.3	165.6
Persons	15 to 24	175.2	286.5	31.5	136.5	50.3	401.0
	25 to 34	130.1	159.5	*13.7	**4.6	54.9	262.0
	35 to 44	104.5	171.7	*11.8	**5.7	52.0	250.0
	45 to 54	75.4	98.7	*19.3	**4.8	41.1	197.5
	55 to 64	59.1	83.0	**4.3	**0.3	43.2	140.1
	65 and over	39.9	114.4	**0.6	**2.5	43.6	161.4
	TOTAL		584.3	913.8	81.1	154.4	285.0

Total participation rate (%) (b)

Males	15 to 24	29.8	51.5	*4.9	24.4	*5.4	70.0
	25 to 34	20.6	31.8	*2.6	**0.9	10.8	45.7
	35 to 44	13.0	37.3	*2.2	**0.4	6.9	44.6
	45 to 54	10.2	23.0	*3.6	**1.4	*3.4	34.8
	55 to 64	8.8	16.1	**1.5	**0.0	*6.3	24.8
	65 and over	*4.7	24.1	**0.0	**0.2	8.3	30.8
	TOTAL		15.1	31.4	2.6	4.9	6.9
Females	15 to 24	27.2	41.7	*5.4	20.0	11.1	60.5
	25 to 34	21.8	20.2	**1.8	**0.6	7.0	39.6
	35 to 44	19.8	16.9	**1.5	**1.4	9.4	34.1
	45 to 54	14.6	9.7	*2.8	**0.2	10.0	30.2
	55 to 64	14.6	16.7	**0.2	**0.1	10.8	30.5
	65 and over	10.2	19.5	**0.2	**0.7	8.2	30.4
	TOTAL		18.3	20.8	2.1	3.9	9.4
Persons	15 to 24	28.5	46.7	5.1	22.2	8.2	65.3
	25 to 34	21.2	26.0	*2.2	**0.7	8.9	42.7
	35 to 44	16.4	27.0	*1.8	**0.9	8.2	39.3
	45 to 54	12.4	16.2	*3.2	**0.8	6.8	32.5
	55 to 64	11.7	16.4	**0.9	**0.1	8.5	27.7
	65 and over	7.6	21.7	**0.1	**0.5	8.3	30.6
	TOTAL		16.7	26.1	2.3	4.4	8.1

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) All aerobics/fitness participants describing their activity as organised by a sport or recreation club or association have been recoded to fitness, leisure or indoor sports centre

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 69: Queensland participants — total participation in specific activities (organised and non-organised) by sex, 2010 (a)

Activity	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
Aerobics/fitness	322.9	18.5	485.1	27.5	808.0	23.0
Aquarobics	**1.8	**0.1	40.9	2.3	42.7	1.2
Athletics/track and field	*7.9	*0.5	*17.3	*1.0	25.3	0.7
Australian rules football	46.7	2.7	**6.0	**0.3	52.7	1.5
Badminton	*6.0	*0.3	**2.5	**0.1	*8.6	*0.2
Baseball	**0.9	**0.0	**0.0	**0.0	**0.9	**0.0
Basketball	74.4	4.3	20.8	1.2	95.2	2.7
Billiards/snooker/pool	**2.9	**0.2	**0.5	**0.0	**3.4	**0.1
Boxing	39.4	2.3	24.1	1.4	63.5	1.8
Canoeing/kayaking	38.2	2.2	22.4	1.3	60.7	1.7
Carpet bowls	**1.7	**0.1	*7.9	*0.4	*9.6	*0.3
Cricket (indoor)	31.8	1.8	**0.6	**0.0	32.4	0.9
Cricket (outdoor)	85.7	4.9	**4.4	**0.2	90.1	2.6
Cycling	251.4	14.4	138.1	7.8	389.6	11.1
Dancing	*12.4	*0.7	69.0	3.9	81.4	2.3
Darts	**1.3	**0.1	**2.0	**0.1	**3.3	**0.1
Fishing	85.6	4.9	*15.8	*0.9	101.4	2.9
Golf	170.2	9.8	38.7	2.2	208.9	6.0
Gymnastics	**2.1	**0.1	*7.8	*0.4	*10.0	*0.3
Hockey (indoor)	**0.8	**0.0	**0.2	**0.0	**1.0	**0.0
Hockey (outdoor)	*7.1	*0.4	*8.2	*0.5	*15.4	*0.4
Horse riding/equestrian activities/polocrosse	*7.1	*0.4	47.3	2.7	54.4	1.6
Ice/snow sports	*13.9	*0.8	*18.2	*1.0	32.1	0.9
Lawn bowls	35.5	2.0	*19.8	*1.1	55.3	1.6
Martial arts	55.8	3.2	47.3	2.7	103.1	2.9
Motor sports	46.8	2.7	*7.3	*0.4	54.2	1.5
Netball	24.0	1.4	98.0	5.6	122.0	3.5
Orienteering	*17.9	*1.0	*18.1	*1.0	36.0	1.0
Rock climbing	**5.6	**0.3	*9.4	*0.5	*15.0	*0.4
Roller sports	*13.1	*0.8	*7.7	*0.4	20.8	0.6
Rowing	*6.3	*0.4	*7.4	*0.4	*13.7	*0.4
Rugby league	79.8	4.6	*7.2	*0.4	87.0	2.5
Rugby union	46.5	2.7	**0.4	**0.0	46.9	1.3
Running	238.1	13.7	142.3	8.1	380.4	10.9
Sailing	24.5	1.4	**3.4	**0.2	27.9	0.8
Scuba diving	*16.6	*1.0	**2.8	**0.2	*19.3	*0.6
Shooting sports	*19.6	*1.1	**5.1	**0.3	24.7	0.7
Football (indoor)	42.0	2.4	*20.4	*1.2	62.4	1.8
Football (outdoor)	95.9	5.5	52.1	3.0	148.1	4.2
Softball	**1.1	**0.1	**5.2	**0.3	*6.3	*0.2
Squash/racquet ball	26.8	1.5	25.3	1.4	52.1	1.5
Surf sports	70.6	4.1	*11.5	*0.7	82.1	2.3
Swimming	167.1	9.6	226.2	12.8	393.3	11.2
Table tennis	*13.6	*0.8	**2.4	**0.1	*16.1	*0.5
Tennis	75.7	4.3	74.2	4.2	149.9	4.3
Tenpin bowling	28.2	1.6	*13.5	*0.8	41.7	1.2
Touch football	97.8	5.6	59.3	3.4	157.1	4.5
Triathlon	*8.4	*0.5	*7.7	*0.4	*16.1	*0.5
Volleyball	37.7	2.2	*19.6	*1.1	57.3	1.6
Walking (bush)	89.2	5.1	89.6	5.1	178.8	5.1
Walking (other)	459.5	26.4	766.5	43.5	1,225.9	35.0
Water polo	**0.6	**0.0	**6.0	**0.3	*6.6	*0.2
Waterskiing/powerboating	22.5	1.3	**5.5	**0.3	28.0	0.8
Weight training	95.3	5.5	52.8	3.0	148.1	4.2
Yoga	*10.6	*0.6	86.1	4.9	96.7	2.8

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 70: Queensland participants — total participation in specific activities by type of activity, 2010 (a)

Activity	Number ('000)			Total participation rate (%) (b)		
	Organised	Non-organised	Total	Organised	Non-organised	Total
Aerobics/fitness	218.1	643.6	808.0	6.2	18.4	23.0
Aquarobics	34.5	*11.9	42.7	1.0	*0.3	1.2
Athletics/track and field	23.5	**1.8	25.3	0.7	**0.1	0.7
Australian rules football	49.0	*8.6	52.7	1.4	*0.2	1.5
Badminton	**4.0	*8.6	*8.6	**0.1	*0.2	*0.2
Baseball	**0.9	**0.0	**0.9	**0.0	**0.0	**0.0
Basketball	64.4	39.9	95.2	1.8	1.1	2.7
Billiards/snooker/pool	**0.8	**3.2	**3.4	**0.0	**0.1	**0.1
Boxing	29.9	37.9	63.5	0.9	1.1	1.8
Canoeing/kayaking	*14.9	46.4	60.7	*0.4	1.3	1.7
Carpet bowls	*8.5	**2.3	*9.6	*0.2	**0.1	*0.3
Cricket (indoor)	28.8	**5.2	32.4	0.8	**0.1	0.9
Cricket (outdoor)	56.7	35.6	90.1	1.6	1.0	2.6
Cycling	48.6	371.7	389.6	1.4	10.6	11.1
Dancing	52.0	37.1	81.4	1.5	1.1	2.3
Darts	**1.2	**2.3	**3.3	**0.0	**0.1	**0.1
Fishing	**6.0	99.2	101.4	**0.2	2.8	2.9
Golf	101.8	140.2	208.9	2.9	4.0	6.0
Gymnastics	**6.0	**4.0	*10.0	**0.2	**0.1	*0.3
Hockey (indoor)	**1.0	**0.0	**1.0	**0.0	**0.0	**0.0
Hockey (outdoor)	*15.4	**1.0	*15.4	*0.4	**0.0	*0.4
Horse riding/equestrian activities/polocrosse	41.3	32.1	54.4	1.2	0.9	1.6
Ice/snow sports	*10.3	21.8	32.1	*0.3	0.6	0.9
Lawn bowls	51.8	*8.0	55.3	1.5	*0.2	1.6
Martial arts	82.8	27.3	103.1	2.4	0.8	2.9
Motor sports	28.3	41.9	54.2	0.8	1.2	1.5
Netball	102.3	33.9	122.0	2.9	1.0	3.5
Orienteering	*18.3	21.6	36.0	*0.5	0.6	1.0
Rock climbing	*6.3	*8.7	*15.0	*0.2	*0.2	*0.4
Roller sports	**0.5	*20.3	20.8	**0.0	*0.6	0.6
Rowing	*10.8	**3.3	*13.7	*0.3	**0.1	*0.4
Rugby league	66.1	27.1	87.0	1.9	0.8	2.5
Rugby union	40.2	*9.7	46.9	1.1	*0.3	1.3
Running	51.2	361.0	380.4	1.5	10.3	10.9
Sailing	*12.5	20.6	27.9	*0.4	0.6	0.8
Scuba diving	**3.7	*16.0	*19.3	**0.1	*0.5	*0.6
Shooting sports	*15.9	*14.1	24.7	*0.5	*0.4	0.7
Football (indoor)	55.6	*13.4	62.4	1.6	*0.4	1.8
Football (outdoor)	104.7	57.2	148.1	3.0	1.6	4.2
Softball	**4.8	**1.8	*6.3	**0.1	**0.1	*0.2
Squash/racquet ball	*17.3	42.3	52.1	*0.5	1.2	1.5
Surf sports	**3.3	81.1	82.1	**0.1	2.3	2.3
Swimming	40.3	364.8	393.3	1.1	10.4	11.2
Table tennis	*11.3	**4.9	*16.1	*0.3	**0.1	*0.5
Tennis	46.2	121.2	149.9	1.3	3.5	4.3
Tenpin bowling	28.0	*14.4	41.7	0.8	*0.4	1.2
Touch football	126.6	43.7	157.1	3.6	1.2	4.5
Triathlon	*14.7	**1.4	*16.1	*0.4	**0.0	*0.5
Volleyball	45.9	*15.9	57.3	1.3	*0.5	1.6
Walking (bush)	26.5	158.2	178.8	0.8	4.5	5.1
Walking (other)	47.6	1,208.8	1,225.9	1.4	34.5	35.0
Water polo	**1.5	**5.6	*6.6	**0.0	**0.2	*0.2
Waterskiing/powerboating	**2.1	28.0	28.0	**0.1	0.8	0.8
Weight training	45.1	116.9	148.1	1.3	3.3	4.2
Yoga	54.4	47.8	96.7	1.6	1.4	2.8

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

10.3.5 South Australia

Table 71: South Australian participants — total participation in physical activity by type of participation, age and sex, 2010 (a)

		Organised only (c) (A)	Non-organised only (d) (B)	Both organised and non-organised (e) (C)	Total organised (A + C)	Total non-organised (B + C)	Total participation (A + B + C)
Sex	Age group (years)	Number ('000)					
Males	15 to 24	33.8	16.4	52.3	86.0	68.7	102.4
	25 to 34	*10.1	41.9	39.1	49.2	81.0	91.2
	35 to 44	13.9	44.7	38.7	52.6	83.4	97.3
	45 to 54	*7.9	51.1	30.3	38.2	81.5	89.4
	55 to 64	*8.2	43.5	25.7	34.0	69.2	77.4
	65 and over	12.8	47.1	17.1	30.0	64.2	77.1
	TOTAL	86.8	244.7	203.3	290.0	448.0	534.7
	Females	15 to 24	23.2	21.3	47.7	70.9	68.9
25 to 34		*4.8	50.8	34.6	39.4	85.3	90.2
35 to 44		*6.5	62.3	30.7	37.2	93.0	99.5
45 to 54		*6.3	56.6	33.1	39.4	89.7	96.0
55 to 64		**3.3	57.9	17.0	20.3	74.9	78.2
65 and over		15.7	47.2	25.5	41.2	72.7	88.4
TOTAL		59.8	296.1	188.5	248.3	484.6	544.4
Persons		15 to 24	57.0	37.7	99.9	156.9	137.6
	25 to 34	14.9	92.7	73.6	88.6	166.4	181.3
	35 to 44	20.4	107.0	69.4	89.8	176.4	196.8
	45 to 54	14.2	107.7	63.4	77.6	171.1	185.4
	55 to 64	*11.5	101.4	42.8	54.3	144.1	155.6
	65 and over	28.5	94.3	42.6	71.1	136.9	165.5
	TOTAL	146.6	540.8	391.8	538.3	932.6	1,079.1
	Total participation rate (%) (b)						
Males	15 to 24	30.7	14.9	47.5	78.2	62.4	93.1
	25 to 34	*9.6	39.7	37.0	46.6	76.7	86.3
	35 to 44	12.6	40.5	35.1	47.7	75.7	88.3
	45 to 54	*7.0	45.2	26.8	33.8	72.0	79.0
	55 to 64	*8.4	44.5	26.4	34.8	70.9	79.3
	65 and over	11.8	43.2	15.7	27.5	58.9	70.7
	TOTAL	13.4	37.9	31.5	44.9	69.4	82.8
	Females	15 to 24	21.9	20.0	44.9	66.8	65.0
25 to 34		*4.7	49.3	33.5	38.2	82.8	87.5
35 to 44		*5.8	56.3	27.7	33.6	84.0	89.9
45 to 54		*5.5	48.9	28.5	34.0	77.4	82.9
55 to 64		**3.2	56.4	16.6	19.8	73.0	76.2
65 and over		12.3	36.9	19.9	32.2	56.9	69.1
TOTAL		9.0	44.4	28.3	37.3	72.7	81.7
Persons		15 to 24	26.4	17.4	46.2	72.6	63.7
	25 to 34	7.1	44.4	35.3	42.4	79.7	86.8
	35 to 44	9.2	48.4	31.4	40.7	79.9	89.1
	45 to 54	6.2	47.1	27.7	33.9	74.7	81.0
	55 to 64	*5.7	50.6	21.4	27.1	72.0	77.7
	65 and over	12.1	39.8	18.0	30.0	57.8	69.9
	TOTAL	11.2	41.2	29.9	41.0	71.1	82.3

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) Participants' activities are fully organised

(d) Participants' activities are fully non-organised

(e) Participants' activities are part organised and part non-organised

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 72: South Australian participants — total participation in any physical activity (organised and non-organised) by demographics, 2010 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
AGE GROUP (YEARS)						
15 to 24	102.4	93.1	92.2	86.9	194.6	90.0
25 to 34	91.2	86.3	90.2	87.5	181.3	86.8
35 to 44	97.3	88.3	99.5	89.9	196.8	89.1
45 to 54	89.4	79.0	96.0	82.9	185.4	81.0
55 to 64	77.4	79.3	78.2	76.2	155.6	77.7
65 and over	77.1	70.7	88.4	69.1	165.5	69.9
REGION						
Capital city	400.9	85.3	413.8	83.5	814.7	84.4
Rest of state	133.8	76.2	130.6	76.4	264.5	76.3
EMPLOYMENT STATUS						
Employed full time	308.3	88.1	158.9	88.8	467.2	88.4
Employed part time	79.5	84.0	191.1	86.7	270.6	85.9
Employed refused	*4.7	*100.0	**2.7	**78.0	*7.4	*90.6
Total employed	392.4	87.4	352.7	87.6	745.2	87.5
Unemployed	18.3	66.4	34.6	96.2	52.9	83.3
Not in the labour force	124.0	73.4	157.0	69.0	281.0	70.9
MARITAL STATUS						
Married	317.9	82.2	299.2	82.1	617.1	82.2
Not married	212.6	83.4	240.9	81.5	453.5	82.4
Refused/Do not know	*4.3	*100.0	*4.3	*69.6	*8.6	*82.0
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	141.5	85.6	170.0	83.3	311.5	84.3
At least one under 18 – none at home	*12.5	*67.6	**2.4	**67.1	14.9	67.5
No children under 18	378.9	82.4	372.0	81.1	750.8	81.8
Refused	**1.9	**100.0	**0.0	**0.0	**1.9	**100.0
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	133.0	88.8	167.0	90.2	300.0	89.6
Undergraduate diploma or associate diploma	36.5	89.3	39.4	80.9	75.9	84.7
Certificate, trade qualification or apprenticeship	90.6	89.2	67.6	87.6	158.2	88.5
Highest level of secondary school	116.7	80.6	129.9	84.0	246.6	82.4
Did not complete highest level of school	121.5	73.2	117.1	67.9	238.6	70.5
Still at secondary school	25.8	94.6	16.3	93.1	42.1	94.0
Other	*5.4	*66.4	*6.3	*68.4	*11.7	*67.5
Refused	*5.3	*78.3	**0.9	**65.0	*6.2	*76.0
LANGUAGE SPOKEN AT HOME						
English only	492.6	83.4	503.6	82.4	996.1	82.9
European language/s other than English	17.2	64.2	23.7	83.1	41.0	74.0
Non-European language/s	26.4	83.7	19.8	66.2	46.2	75.2
Total	534.7	82.8	544.4	81.7	1,079.1	82.3

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 73: All South Australian persons — participation in any physical activity by frequency, age and sex, 2010 (a)

		None	Up to once per week (b)	One or two times per week (c)	Three or four times per week (d)	Five or more times per week	Do not know	Total
Sex	Age group (years)	Number ('000)						
Males	15 to 24	*7.6	16.4	23.8	19.6	42.5	**0.0	110.0
	25 to 34	14.5	15.9	20.2	18.8	36.2	**0.0	105.7
	35 to 44	12.9	22.8	25.8	21.8	26.8	**0.0	110.2
	45 to 54	23.7	14.5	25.7	22.1	27.1	**0.0	113.1
	55 to 64	20.2	17.5	18.1	18.0	23.0	**0.8	97.6
	65 and over	31.9	*11.0	17.1	16.5	32.4	**0.0	108.9
	TOTAL	110.9	98.2	130.7	116.9	188.0	**0.8	645.6
Females	15 to 24	13.9	*7.9	33.1	27.0	24.1	**0.0	106.1
	25 to 34	12.9	*7.8	28.6	27.4	26.4	**0.0	103.1
	35 to 44	*11.2	*6.5	20.4	34.8	37.8	**0.0	110.7
	45 to 54	19.9	*10.8	25.4	25.9	34.0	**0.0	115.9
	55 to 64	24.5	*10.9	20.8	16.5	30.0	**0.0	102.7
	65 and over	39.5	*12.7	26.0	15.7	31.6	**2.4	127.9
	TOTAL	121.9	56.5	154.1	147.3	184.1	**2.4	666.3
Persons	15 to 24	21.6	24.3	56.9	46.7	66.7	**0.0	216.1
	25 to 34	27.5	23.8	48.8	46.2	62.6	**0.0	208.8
	35 to 44	24.1	29.3	46.2	56.6	64.6	**0.0	220.9
	45 to 54	43.6	25.3	51.0	48.0	61.1	**0.0	229.0
	55 to 64	44.7	28.4	38.8	34.5	53.0	**0.8	200.3
	65 and over	71.3	23.6	43.1	32.2	64.1	**2.4	236.8
	TOTAL	232.7	154.7	284.9	264.2	372.1	**3.3	1,311.9
Percentage of row (%)								
Males	15 to 24	*6.9	14.9	21.7	17.8	38.6	**0.0	100.0
	25 to 34	13.7	15.1	19.1	17.8	34.2	**0.0	100.0
	35 to 44	11.7	20.7	23.4	19.8	24.3	**0.0	100.0
	45 to 54	21.0	12.8	22.7	19.5	23.9	**0.0	100.0
	55 to 64	20.7	17.9	18.5	18.4	23.6	**0.9	100.0
	65 and over	29.3	*10.1	15.7	15.2	29.8	**0.0	100.0
	TOTAL	17.2	15.2	20.3	18.1	29.1	**0.1	100.0
Females	15 to 24	13.1	*7.4	31.2	25.5	22.8	**0.0	100.0
	25 to 34	12.5	*7.6	27.7	26.5	25.6	**0.0	100.0
	35 to 44	*10.1	*5.8	18.5	31.4	34.2	**0.0	100.0
	45 to 54	17.1	*9.3	21.9	22.3	29.3	**0.0	100.0
	55 to 64	23.8	*10.6	20.2	16.1	29.3	**0.0	100.0
	65 and over	30.9	*9.9	20.3	12.3	24.8	**1.9	100.0
	TOTAL	18.3	8.5	23.1	22.1	27.6	**0.4	100.0
Persons	15 to 24	10.0	11.2	26.3	21.6	30.8	**0.0	100.0
	25 to 34	13.2	11.4	23.4	22.1	30.0	**0.0	100.0
	35 to 44	10.9	13.3	20.9	25.6	29.3	**0.0	100.0
	45 to 54	19.0	11.0	22.3	21.0	26.7	**0.0	100.0
	55 to 64	22.3	14.2	19.4	17.2	26.5	**0.4	100.0
	65 and over	30.1	10.0	18.2	13.6	27.1	**1.0	100.0
	TOTAL	17.7	11.8	21.7	20.1	28.4	**0.3	100.0

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 74: South Australian participants — participation in any physical activity by cumulative frequency, age and sex, 2010 (a) (b)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	16.4	86.0	70.1	62.2	102.4
	25 to 34	15.9	75.2	60.8	55.0	91.2
	35 to 44	22.8	74.5	58.6	48.7	97.3
	45 to 54	14.5	74.9	62.3	49.2	89.4
	55 to 64	17.5	59.1	51.6	41.0	77.4
	65 and over	*11.0	66.1	56.3	48.9	77.1
	TOTAL	98.2	435.7	359.6	304.9	534.7
Females	15 to 24	*7.9	84.3	70.6	51.2	92.2
	25 to 34	*7.8	82.3	71.2	53.8	90.2
	35 to 44	*6.5	93.0	84.9	72.6	99.5
	45 to 54	*10.8	85.2	73.1	59.9	96.0
	55 to 64	*10.9	67.3	58.4	46.6	78.2
	65 and over	*12.7	73.3	60.1	47.3	88.4
	TOTAL	56.5	485.5	418.3	331.3	544.4
Persons	15 to 24	24.3	170.3	140.7	113.3	194.6
	25 to 34	23.8	157.6	132.0	108.8	181.3
	35 to 44	29.3	167.5	143.4	121.3	196.8
	45 to 54	25.3	160.1	135.4	109.1	185.4
	55 to 64	28.4	126.4	110.0	87.6	155.6
	65 and over	23.6	139.4	116.4	96.3	165.5
	TOTAL	154.7	921.2	777.9	636.3	1,079.1
Total participation rate (%) (c)						
Males	15 to 24	14.9	78.2	63.7	56.5	93.1
	25 to 34	15.1	71.2	57.5	52.0	86.3
	35 to 44	20.7	67.6	53.2	44.1	88.3
	45 to 54	12.8	66.2	55.1	43.5	79.0
	55 to 64	17.9	60.5	52.8	42.0	79.3
	65 and over	*10.1	60.7	51.7	44.9	70.7
	TOTAL	15.2	67.5	55.7	47.2	82.8
Females	15 to 24	*7.4	79.4	66.5	48.2	86.9
	25 to 34	*7.6	79.9	69.1	52.2	87.5
	35 to 44	*5.8	84.0	76.7	65.6	89.9
	45 to 54	*9.3	73.6	63.1	51.7	82.9
	55 to 64	*10.6	65.6	56.9	45.4	76.2
	65 and over	*9.9	57.3	47.0	37.0	69.1
	TOTAL	8.5	72.9	62.8	49.7	81.7
Persons	15 to 24	11.2	78.8	65.1	52.4	90.0
	25 to 34	11.4	75.5	63.2	52.1	86.8
	35 to 44	13.3	75.8	64.9	54.9	89.1
	45 to 54	11.0	69.9	59.2	47.6	81.0
	55 to 64	14.2	63.1	54.9	43.7	77.7
	65 and over	10.0	58.9	49.1	40.7	69.9
	TOTAL	11.8	70.2	59.3	48.5	82.3

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) Cumulative frequency should be interpreted as the total number of persons who engaged in the activity with **at least** that frequency (for example, 777,900 South Australian persons engaged in physical activity at least twice per week, which is a combination of those who engaged twice, three times, four times and five times per week or more)

(c) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 75: South Australian recent participants — recent participation in any physical activity by duration and age, 2010 (a)

		15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	Total
		Number ('000)						
Five hours or more	More than three sessions weekly	43.8	29.9	31.8	42.3	37.7	40.8	226.4
	Two or three sessions weekly	*11.0	**2.0	*5.0	*4.5	*6.2	**1.8	30.4
	Less than two sessions weekly	**3.2	**0.0	**1.8	**1.7	**0.9	**1.1	*8.8
	<i>Total</i>	58.0	32.0	38.6	48.5	44.7	43.7	265.6
Two hours or more but less than five hours	More than three sessions weekly	24.5	33.8	37.4	36.7	27.6	25.5	185.4
	Two or three sessions weekly	37.7	16.8	23.7	17.5	*12.3	17.6	125.7
	Less than two sessions weekly	*7.9	*3.5	*7.4	*7.8	*8.4	*8.9	43.9
	<i>Total</i>	70.1	54.1	68.4	62.0	48.3	52.0	355.0
Less than two hours	More than three sessions weekly	*3.5	**0.6	*4.7	**1.6	*4.8	*5.7	20.9
	Two or three sessions weekly	*10.6	22.2	17.8	21.5	*10.6	14.0	96.8
	Less than two sessions weekly	17.4	38.3	42.5	36.1	27.1	23.4	184.9
	<i>Total</i>	31.4	61.2	65.1	59.2	42.6	43.1	302.5
Total	More than three sessions weekly	71.8	64.3	73.9	80.6	70.1	72.0	432.7
	Two or three sessions weekly	59.2	41.1	46.4	43.5	29.1	33.5	252.9
	Less than two sessions weekly	28.6	41.8	51.7	45.6	36.4	33.4	237.5
	Total	159.6	147.2	172.1	169.7	135.6	138.9	923.1
		Percentage of total (%)						
Five hours or more	More than three sessions weekly	4.7	3.2	3.4	4.6	4.1	4.4	24.5
	Two or three sessions weekly	*1.2	**0.2	*0.5	*0.5	*0.7	**0.2	3.3
	Less than two sessions weekly	**0.4	**0.0	**0.2	**0.2	**0.1	**0.1	*0.9
	<i>Total</i>	6.3	3.5	4.2	5.3	4.8	4.7	28.8
Two hours or more but less than five hours	More than three sessions weekly	2.7	3.7	4.0	4.0	3.0	2.8	20.1
	Two or three sessions weekly	4.1	1.8	2.6	1.9	*1.3	1.9	13.6
	Less than two sessions weekly	*0.9	*0.4	*0.8	*0.8	*0.9	*1.0	4.8
	<i>Total</i>	7.6	5.9	7.4	6.7	5.2	5.6	38.5
Less than two hours	More than three sessions weekly	*0.4	**0.1	*0.5	**0.2	*0.5	*0.6	2.3
	Two or three sessions weekly	*1.1	2.4	1.9	2.3	*1.2	1.5	10.5
	Less than two sessions weekly	1.9	4.2	4.6	3.9	2.9	2.5	20.0
	<i>Total</i>	3.4	6.6	7.0	6.4	4.6	4.7	32.8
Total	More than three sessions weekly	7.8	7.0	8.0	8.7	7.6	7.8	46.9
	Two or three sessions weekly	6.4	4.5	5.0	4.7	3.2	3.6	27.4
	Less than two sessions weekly	3.1	4.5	5.6	4.9	3.9	3.6	25.7
	Total	17.3	16.0	18.6	18.4	14.7	15.0	100.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport in the two weeks prior to interview in 2010

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 76: South Australian regular participants — regular participation in any physical activity (organised and non-organised) by demographics, 2010 (a)

	MALES		FEMALES		PERSONS	
	Number	Regular participation rate (b)	Number	Regular participation rate	Number	Regular participation rate
	('000)	(%)	('000)	(%)	('000)	(%)
AGE GROUP (YEARS)						
15 to 24	62.2	56.5	51.2	48.2	113.3	52.4
25 to 34	55.0	52.0	53.8	52.2	108.8	52.1
35 to 44	48.7	44.1	72.6	65.6	121.3	54.9
45 to 54	49.2	43.5	59.9	51.7	109.1	47.6
55 to 64	41.0	42.0	46.6	45.4	87.6	43.7
65 and over	48.9	44.9	47.3	37.0	96.3	40.7
REGION						
Capital city	231.9	49.3	252.8	51.0	484.7	50.2
Rest of state	73.0	41.6	78.6	45.9	151.6	43.7
EMPLOYMENT STATUS						
Employed full time	164.3	47.0	102.8	57.5	267.1	50.5
Employed part time	46.2	48.8	113.4	51.5	159.6	50.7
Employed refused	**3.2	**69.2	**2.0	**58.4	*5.3	*64.6
Total employed	213.7	47.6	218.2	54.2	432.0	50.7
Unemployed	*9.6	*34.8	17.5	48.6	27.1	42.6
Not in the labour force	81.7	48.3	95.6	42.0	177.3	44.7
MARITAL STATUS						
Married	179.1	46.3	190.8	52.3	369.8	49.3
Not married	121.6	47.7	138.0	46.7	259.6	47.2
Refused/Do not know	*4.3	*100.0	**2.5	**40.6	*6.8	*64.8
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	79.5	48.1	115.3	56.5	194.8	52.7
At least one under 18 — none at home	*7.2	*38.8	**0.8	**22.9	*8.0	*36.2
No children under 18	217.4	47.3	215.2	46.9	432.6	47.1
Refused	**0.9	**46.6	**0.0	**0.0	**0.9	**46.6
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	76.5	51.1	109.1	58.9	185.6	55.4
Undergraduate diploma or associate diploma	19.1	46.7	26.7	54.8	45.8	51.1
Certificate, trade qualification or apprenticeship	50.2	49.4	40.6	52.7	90.8	50.8
Highest level of secondary school	72.9	50.4	79.3	51.3	152.2	50.8
Did not complete highest level of school	60.1	36.2	64.3	37.3	124.3	36.7
Still at secondary school	16.7	61.3	*6.7	*38.3	23.4	52.3
Other	*4.8	*58.9	*4.3	*46.0	*9.0	*52.0
Refused	*4.6	*69.2	**0.4	**30.0	*5.1	*62.4
LANGUAGE SPOKEN AT HOME						
English only	285.7	48.4	305.9	50.0	591.7	49.2
European language/s other than English	*9.3	*34.8	14.5	50.6	23.8	43.0
Non-European language/s	*9.9	*31.4	13.1	43.8	23.0	37.4
Total	304.9	47.2	331.3	49.7	636.3	48.5

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the regular participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 77: All South Australian persons — participation in organised physical activity by frequency, age and sex, 2010 (a)

Sex	Age group (years)	None	Up to once	Once or twice	Three or four	Five or	Do not know	Total
			per week (b)	per week (c)	times per week (d)	more times per week		
		Number ('000)						
Males	15 to 24	24.0	16.7	26.5	16.4	26.5	**0.0	110.0
	25 to 34	56.5	*11.6	26.0	*8.7	**2.9	**0.0	105.7
	35 to 44	57.6	20.9	19.9	*7.0	*5.0	**0.0	110.2
	45 to 54	74.9	14.6	15.2	*6.4	**2.1	**0.0	113.1
	55 to 64	63.7	*12.1	13.6	*7.0	**0.4	**0.8	97.6
	65 and over	79.0	*9.2	14.7	*4.9	**1.2	**0.0	108.9
	TOTAL	355.6	85.0	115.8	50.3	38.1	**0.8	645.6
Females	15 to 24	35.2	18.5	33.7	14.1	*4.6	**0.0	106.1
	25 to 34	63.7	13.5	*6.9	*12.6	*5.7	**0.6	103.1
	35 to 44	73.5	*10.5	19.3	*5.7	**1.6	**0.0	110.7
	45 to 54	76.5	12.8	15.4	*8.3	**2.9	**0.0	115.9
	55 to 64	82.4	*9.0	*3.9	*4.7	**2.7	**0.0	102.7
	65 and over	86.7	13.7	22.1	**2.4	**3.0	**0.0	127.9
	TOTAL	418.0	78.0	101.3	47.9	20.5	**0.6	666.3
Persons	15 to 24	59.2	35.2	60.2	30.5	31.0	**0.0	216.1
	25 to 34	120.2	25.1	32.9	21.3	*8.6	**0.6	208.8
	35 to 44	131.1	31.4	39.2	*12.6	*6.6	**0.0	220.9
	45 to 54	151.3	27.4	30.6	14.7	*5.0	**0.0	229.0
	55 to 64	146.0	21.1	17.5	*11.7	**3.1	**0.8	200.3
	65 and over	165.7	22.8	36.8	*7.3	*4.2	**0.0	236.8
	TOTAL	773.5	163.0	217.1	98.2	58.5	**1.4	1,311.9

Percentage of row (%)

Males	15 to 24	21.8	15.2	24.0	14.9	24.0	**0.0	100.0
	25 to 34	53.4	*11.0	24.6	*8.2	**2.8	**0.0	100.0
	35 to 44	52.3	18.9	18.0	*6.3	*4.5	**0.0	100.0
	45 to 54	66.2	12.9	13.4	*5.7	**1.8	**0.0	100.0
	55 to 64	65.2	*12.4	14.0	*7.1	**0.5	**0.9	100.0
	65 and over	72.5	*8.4	13.5	*4.5	**1.1	**0.0	100.0
	TOTAL	55.1	13.2	17.9	7.8	5.9	**0.1	100.0
Females	15 to 24	33.2	17.4	31.8	13.3	*4.3	**0.0	100.0
	25 to 34	61.8	13.1	*6.7	*12.2	*5.5	**0.6	100.0
	35 to 44	66.4	*9.5	17.5	*5.1	**1.5	**0.0	100.0
	45 to 54	66.0	11.0	13.3	*7.2	**2.5	**0.0	100.0
	55 to 64	80.2	*8.8	*3.8	*4.6	**2.6	**0.0	100.0
	65 and over	67.8	10.7	17.3	**1.9	**2.3	**0.0	100.0
	TOTAL	62.7	11.7	15.2	7.2	3.1	**0.1	100.0
Persons	15 to 24	27.4	16.3	27.8	14.1	14.3	**0.0	100.0
	25 to 34	57.6	12.0	15.8	10.2	*4.1	**0.3	100.0
	35 to 44	59.3	14.2	17.7	*5.7	*3.0	**0.0	100.0
	45 to 54	66.1	12.0	13.4	6.4	*2.2	**0.0	100.0
	55 to 64	72.9	10.5	8.7	*5.8	**1.6	**0.4	100.0
	65 and over	70.0	9.6	15.5	*3.1	*1.8	**0.0	100.0
	TOTAL	59.0	12.4	16.5	7.5	4.5	**0.1	100.0

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 78: South Australian organised participants — participation in organised physical activity by cumulative frequency, age and sex, 2010 (a) (b)

		Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
Sex	Age group (years)	Number ('000)				
Males	15 to 24	16.7	69.3	52.3	42.8	86.0
	25 to 34	*11.6	37.6	20.3	*11.6	49.2
	35 to 44	20.9	31.8	17.9	*11.9	52.6
	45 to 54	14.6	23.6	18.6	*8.5	38.2
	55 to 64	*12.1	21.0	15.8	*7.4	34.0
	65 and over	*9.2	20.8	14.1	*6.1	30.0
	TOTAL	85.0	204.1	138.9	88.4	290.0
Females	15 to 24	18.5	52.4	36.1	18.7	70.9
	25 to 34	13.5	25.2	21.0	18.3	39.4
	35 to 44	*10.5	26.7	18.6	*7.3	37.2
	45 to 54	12.8	26.6	16.1	*11.2	39.4
	55 to 64	*9.0	*11.3	*9.5	*7.4	20.3
	65 and over	13.7	27.5	*12.3	*5.4	41.2
	TOTAL	78.0	169.7	113.7	68.4	248.3
Persons	15 to 24	35.2	121.7	88.4	61.5	156.9
	25 to 34	25.1	62.9	41.3	29.9	88.6
	35 to 44	31.4	58.4	36.5	19.3	89.8
	45 to 54	27.4	50.3	34.7	19.7	77.6
	55 to 64	21.1	32.4	25.3	14.8	54.3
	65 and over	22.8	48.3	26.3	*11.5	71.1
	TOTAL	163.0	373.9	252.6	156.8	538.3
Total participation rate (%) (c)						
Males	15 to 24	15.2	63.0	47.5	38.9	78.2
	25 to 34	*11.0	35.6	19.2	*11.0	46.6
	35 to 44	18.9	28.8	16.2	*10.8	47.7
	45 to 54	12.9	20.9	16.5	*7.5	33.8
	55 to 64	*12.4	21.6	16.2	*7.6	34.8
	65 and over	*8.4	19.1	12.9	*5.6	27.5
	TOTAL	13.2	31.6	21.5	13.7	44.9
Females	15 to 24	17.4	49.4	34.1	17.6	66.8
	25 to 34	13.1	24.5	20.4	17.8	38.2
	35 to 44	*9.5	24.1	16.8	*6.6	33.6
	45 to 54	11.0	23.0	13.9	*9.7	34.0
	55 to 64	*8.8	*11.0	*9.3	*7.2	19.8
	65 and over	10.7	21.5	*9.6	*4.2	32.2
	TOTAL	11.7	25.5	17.1	10.3	37.3
Persons	15 to 24	16.3	56.3	40.9	28.5	72.6
	25 to 34	12.0	30.1	19.8	14.3	42.4
	35 to 44	14.2	26.5	16.5	8.7	40.7
	45 to 54	12.0	22.0	15.2	8.6	33.9
	55 to 64	10.5	16.2	12.6	7.4	27.1
	65 and over	9.6	20.4	11.1	*4.9	30.0
	TOTAL	12.4	28.5	19.3	11.9	41.0

(a) Relates to persons aged 15 years and over who participated in organised physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) Cumulative frequency should be interpreted as the total number of persons who engaged in the activity with **at least** that frequency (for example, 252,600 South Australian persons engaged in organised physical activity at least twice per week, which is a combination of those who engaged twice, three times, four times and five times per week or more)

(c) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 79: South Australian organised participants — total participation in organised activities by type of organisation, age and sex, 2010 (a)

Sex	Age group (years)	Fitness, leisure or indoor sports centre	Sport or recreation club or association (c)	Work	School	Other	Total organised participation
		Number ('000)					
Males	15 to 24	45.8	68.2	*4.7	24.3	**2.9	86.0
	25 to 34	17.4	36.2	**2.9	**0.0	*7.2	49.2
	35 to 44	12.9	42.7	*4.0	**1.0	*5.0	52.6
	45 to 54	*11.4	28.9	**2.1	**2.1	*4.7	38.2
	55 to 64	*4.0	29.1	**0.9	**0.0	*5.7	34.0
	65 and over	*6.1	19.0	**0.0	**0.0	*9.8	30.0
	TOTAL		97.5	224.1	14.5	27.4	35.2
Females	15 to 24	40.7	47.2	**0.0	15.0	*9.9	70.9
	25 to 34	25.2	20.4	**0.6	**0.0	*11.7	39.4
	35 to 44	25.1	15.3	**0.8	**0.0	*5.7	37.2
	45 to 54	23.7	17.0	*3.5	**1.5	*8.4	39.4
	55 to 64	*8.9	*9.4	**1.3	**0.0	*5.9	20.3
	65 and over	16.2	15.6	**0.5	**1.0	21.6	41.2
	TOTAL		139.8	124.9	*6.7	17.5	63.2
Persons	15 to 24	86.5	115.4	*4.7	39.4	12.8	156.9
	25 to 34	42.6	56.6	*3.5	**0.0	19.0	88.6
	35 to 44	38.0	58.0	*4.8	**1.0	*10.7	89.8
	45 to 54	35.1	46.0	*5.6	*3.5	13.1	77.6
	55 to 64	12.9	38.5	**2.2	**0.0	*11.6	54.3
	65 and over	22.3	34.6	**0.5	**1.0	31.3	71.1
	TOTAL		237.4	348.9	21.2	44.9	98.4

Total participation rate (%) (b)

Males	15 to 24	41.6	61.9	*4.3	22.1	**2.7	78.2
	25 to 34	16.4	34.3	**2.8	**0.0	*6.8	46.6
	35 to 44	11.7	38.7	*3.6	**0.9	*4.5	47.7
	45 to 54	*10.1	25.6	**1.8	**1.8	*4.1	33.8
	55 to 64	*4.1	29.8	**0.9	**0.0	*5.8	34.8
	65 and over	*5.6	17.4	**0.0	**0.0	*9.0	27.5
	TOTAL		15.1	34.7	2.3	4.2	5.5
Females	15 to 24	38.3	44.5	**0.0	14.2	*9.3	66.8
	25 to 34	24.5	19.8	**0.6	**0.0	*11.4	38.2
	35 to 44	22.7	13.8	**0.7	**0.0	*5.1	33.6
	45 to 54	20.5	14.7	*3.0	**1.3	*7.2	34.0
	55 to 64	*8.6	*9.1	**1.2	**0.0	*5.7	19.8
	65 and over	12.7	12.2	**0.4	**0.8	16.9	32.2
	TOTAL		21.0	18.7	*1.0	2.6	9.5
Persons	15 to 24	40.0	53.4	*2.2	18.2	5.9	72.6
	25 to 34	20.4	27.1	*1.7	**0.0	9.1	42.4
	35 to 44	17.2	26.2	*2.2	**0.4	*4.8	40.7
	45 to 54	15.3	20.1	*2.4	*1.5	5.7	33.9
	55 to 64	6.4	19.2	**1.1	**0.0	*5.8	27.1
	65 and over	9.4	14.6	**0.2	**0.4	13.2	30.0
	TOTAL		18.1	26.6	1.6	3.4	7.5

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) All aerobics/fitness participants describing their activity as organised by a sport or recreation club or association have been recoded to fitness, leisure or indoor sports centre

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 80: South Australian participants — total participation in specific activities (organised and non-organised) by sex, 2010 (a)

Activity	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
Aerobics/fitness	101.0	15.6	218.3	32.8	319.3	24.3
Aquarobics	**1.2	**0.2	*11.6	*1.7	12.8	1.0
Athletics/track and field	*7.2	*1.1	**2.2	**0.3	*9.3	*0.7
Australian rules football	66.1	10.2	**2.5	**0.4	68.6	5.2
Badminton	*4.7	*0.7	*6.3	*0.9	*11.0	*0.8
Baseball	*3.9	*0.6	**0.0	**0.0	*3.9	*0.3
Basketball	24.7	3.8	21.3	3.2	46.0	3.5
Billiards/snooker/pool	**1.5	**0.2	**0.0	**0.0	**1.5	**0.1
Boxing	**2.3	**0.4	*5.2	*0.8	*7.5	*0.6
Canoeing/kayaking	*9.1	*1.4	*5.9	*0.9	15.0	1.1
Carpet bowls	**3.1	**0.5	**2.9	**0.4	*6.1	*0.5
Cricket (indoor)	*11.0	*1.7	**0.8	**0.1	*11.8	*0.9
Cricket (outdoor)	51.8	8.0	**2.6	**0.4	54.4	4.1
Cycling	101.7	15.8	48.7	7.3	150.4	11.5
Dancing	**0.6	**0.1	21.2	3.2	21.8	1.7
Darts	**1.7	**0.3	**0.4	**0.1	**2.1	**0.2
Fishing	25.3	3.9	**1.2	**0.2	26.5	2.0
Golf	59.8	9.3	*9.9	*1.5	69.7	5.3
Gymnastics	**1.3	**0.2	**3.3	**0.5	*4.7	*0.4
Hockey (indoor)	**1.0	**0.2	**0.0	**0.0	**1.0	**0.1
Hockey (outdoor)	*9.0	*1.4	*4.0	*0.6	13.0	1.0
Horse riding/equestrian activities/polocrosse	**1.0	**0.2	*6.9	*1.0	*7.9	*0.6
Ice/snow sports	*3.5	*0.5	**0.8	**0.1	*4.3	*0.3
Lawn bowls	32.4	5.0	*9.1	*1.4	41.5	3.2
Martial arts	17.2	2.7	*10.4	*1.6	27.6	2.1
Motor sports	14.6	2.3	**1.4	**0.2	16.0	1.2
Netball	*7.1	*1.1	72.5	10.9	79.6	6.1
Orienteering	**1.0	**0.2	**0.0	**0.0	**1.0	**0.1
Rock climbing	**1.9	**0.3	**0.6	**0.1	**2.5	**0.2
Roller sports	**1.0	**0.2	**1.7	**0.3	**2.7	**0.2
Rowing	*3.6	*0.6	**0.7	**0.1	*4.3	*0.3
Rugby league	**2.9	**0.5	**0.0	**0.0	**2.9	**0.2
Rugby union	*6.8	*1.1	**0.0	**0.0	*6.8	*0.5
Running	74.9	11.6	50.8	7.6	125.7	9.6
Sailing	*8.5	*1.3	**1.8	**0.3	*10.2	*0.8
Scuba diving	**0.0	**0.0	**3.4	**0.5	**3.4	**0.3
Shooting sports	*9.3	*1.4	**0.8	**0.1	*10.0	*0.8
Football (indoor)	19.2	3.0	**1.7	**0.3	20.9	1.6
Football (outdoor)	37.6	5.8	*6.7	*1.0	44.3	3.4
Softball	**1.0	**0.2	**2.2	**0.3	**3.2	**0.2
Squash/racquet ball	*6.1	*0.9	**1.6	**0.2	*7.7	*0.6
Surf sports	19.4	3.0	*6.3	*0.9	25.7	2.0
Swimming	56.0	8.7	76.9	11.5	132.9	10.1
Table tennis	*7.4	*1.1	*4.1	*0.6	*11.5	*0.9
Tennis	52.3	8.1	39.3	5.9	91.6	7.0
Tenpin bowling	*8.3	*1.3	**2.2	**0.3	*10.6	*0.8
Touch football	*7.3	*1.1	**0.6	**0.1	*7.9	*0.6
Triathlon	**3.3	**0.5	**0.0	**0.0	**3.3	**0.3
Volleyball	*10.9	*1.7	*10.0	*1.5	20.9	1.6
Walking (bush)	34.3	5.3	26.5	4.0	60.8	4.6
Walking (other)	194.2	30.1	320.3	48.1	514.5	39.2
Waterskiing/powerboating	*6.1	*0.9	**1.6	**0.2	*7.7	*0.6
Weight training	37.0	5.7	*9.4	*1.4	46.3	3.5
Yoga	*4.4	*0.7	38.0	5.7	42.4	3.2

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 81: South Australian participants — total participation in specific activities by type of activity, 2010 (a)

Activity	Number ('000)			Total participation rate (%) (b)		
	Organised	Non-organised	Total	Organised	Non-organised	Total
Aerobics/fitness	103.7	237.1	319.3	7.9	18.1	24.3
Aquarobics	*8.5	*4.7	12.8	*0.7	*0.4	1.0
Athletics/track and field	*8.3	*4.1	*9.3	*0.6	*0.3	*0.7
Australian rules football	51.1	22.3	68.6	3.9	1.7	5.2
Badminton	*4.4	*8.3	*11.0	*0.3	*0.6	*0.8
Baseball	*3.9	**1.5	*3.9	*0.3	**0.1	*0.3
Basketball	30.9	21.9	46.0	2.4	1.7	3.5
Billiards/snooker/pool	**1.5	**1.5	**1.5	**0.1	**0.1	**0.1
Boxing	*4.2	*4.1	*7.5	*0.3	*0.3	*0.6
Canoeing/kayaking	**3.0	*12.0	15.0	**0.2	*0.9	1.1
Carpet bowls	*5.5	**0.6	*6.1	*0.4	**0.0	*0.5
Cricket (indoor)	*7.9	*3.9	*11.8	*0.6	*0.3	*0.9
Cricket (outdoor)	35.2	22.1	54.4	2.7	1.7	4.1
Cycling	16.5	147.7	150.4	1.3	11.3	11.5
Dancing	16.1	*7.2	21.8	1.2	*0.5	1.7
Darts	**1.3	**0.8	**2.1	**0.1	**0.1	**0.2
Fishing	**1.0	26.5	26.5	**0.1	2.0	2.0
Golf	36.8	44.4	69.7	2.8	3.4	5.3
Gymnastics	**3.3	**1.3	*4.7	**0.3	**0.1	*0.4
Hockey (indoor)	**1.0	**0.0	**1.0	**0.1	**0.0	**0.1
Hockey (outdoor)	13.0	**0.0	13.0	1.0	**0.0	1.0
Horse riding/equestrian activities/polocrosse	*5.0	*4.5	*7.9	*0.4	*0.3	*0.6
Ice/snow sports	**2.0	**3.3	*4.3	**0.2	**0.3	*0.3
Lawn bowls	36.5	*7.4	41.5	2.8	*0.6	3.2
Martial arts	23.1	*4.5	27.6	1.8	*0.3	2.1
Motor sports	*8.7	*9.4	16.0	*0.7	*0.7	1.2
Netball	66.0	20.7	79.6	5.0	1.6	6.1
Orienteering	**1.0	**1.0	**1.0	**0.1	**0.1	**0.1
Rock climbing	**1.9	**0.6	**2.5	**0.1	**0.0	**0.2
Roller sports	**0.0	**2.7	**2.7	**0.0	**0.2	**0.2
Rowing	**2.1	**2.2	*4.3	**0.2	**0.2	*0.3
Rugby league	**1.5	**1.5	**2.9	**0.1	**0.1	**0.2
Rugby union	*5.4	**1.5	*6.8	*0.4	**0.1	*0.5
Running	22.2	116.5	125.7	1.7	8.9	9.6
Sailing	*5.5	*6.0	*10.2	*0.4	*0.5	*0.8
Scuba diving	**1.4	**2.0	**3.4	**0.1	**0.2	**0.3
Shooting sports	*5.7	*4.3	*10.0	*0.4	*0.3	*0.8
Football (indoor)	13.2	*7.7	20.9	1.0	*0.6	1.6
Football (outdoor)	33.6	13.4	44.3	2.6	1.0	3.4
Softball	**2.2	**1.0	**3.2	**0.2	**0.1	**0.2
Squash/racquet ball	**3.3	*5.4	*7.7	**0.3	*0.4	*0.6
Surf sports	*6.0	24.2	25.7	*0.5	1.8	2.0
Swimming	25.0	116.2	132.9	1.9	8.9	10.1
Table tennis	*7.0	*6.2	*11.5	*0.5	*0.5	*0.9
Tennis	45.5	54.6	91.6	3.5	4.2	7.0
Tenpin bowling	*6.1	*4.4	*10.6	*0.5	*0.3	*0.8
Touch football	*7.9	**0.0	*7.9	*0.6	**0.0	*0.6
Triathlon	**3.3	**0.0	**3.3	**0.3	**0.0	**0.3
Volleyball	16.1	*7.5	20.9	1.2	*0.6	1.6
Walking (bush)	*7.9	55.1	60.8	*0.6	4.2	4.6
Walking (other)	22.2	509.3	514.5	1.7	38.8	39.2
Waterskiing/powerboating	**0.0	*7.7	*7.7	**0.0	*0.6	*0.6
Weight training	*6.1	41.5	46.3	*0.5	3.2	3.5
Yoga	21.1	24.5	42.4	1.6	1.9	3.2

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

10.3.6 Tasmania

Table 82: Tasmanian participants — total participation in physical activity by type of participation, age and sex, 2010 (a)

		Organised only (c) (A)	Non-organised only (d) (B)	Both organised and non-organised (e) (C)	Total organised (A + C)	Total non-organised (B + C)	Total participation (A + B + C)
Sex	Age group (years)	Number ('000)					
Males	15 to 24	7.8	8.4	14.6	22.4	23.0	30.8
	25 to 34	*2.9	10.6	10.1	13.0	20.7	23.6
	35 to 44	*4.0	14.3	9.5	13.5	23.9	27.9
	45 to 54	4.8	14.8	8.0	12.8	22.8	27.6
	55 to 64	*3.0	15.1	6.7	9.7	21.8	24.8
	65 and over	*3.9	14.5	5.6	9.5	20.1	24.0
	TOTAL	26.4	77.8	54.5	80.9	132.3	158.7
Females	15 to 24	8.9	5.0	13.3	22.3	18.3	27.2
	25 to 34	*1.7	13.8	8.1	9.8	21.9	23.7
	35 to 44	*3.0	14.9	10.8	13.8	25.7	28.7
	45 to 54	*2.6	18.6	8.6	11.2	27.2	29.7
	55 to 64	*1.2	18.2	7.0	8.3	25.2	26.4
	65 and over	*3.0	18.5	6.6	9.6	25.1	28.1
	TOTAL	20.5	88.9	54.4	74.9	143.3	163.9
Persons	15 to 24	16.8	13.4	27.9	44.7	41.3	58.1
	25 to 34	4.6	24.4	18.2	22.9	42.7	47.3
	35 to 44	7.0	29.3	20.3	27.3	49.5	56.6
	45 to 54	7.4	33.4	16.6	23.9	49.9	57.3
	55 to 64	*4.2	33.3	13.8	18.0	47.0	51.2
	65 and over	6.9	33.0	12.2	19.1	45.2	52.0
	TOTAL	46.9	166.7	108.9	155.9	275.6	322.5
Total participation rate (%) (b)							
Males	15 to 24	23.3	25.1	43.4	66.8	68.5	91.9
	25 to 34	*10.2	37.7	36.1	46.3	73.8	84.0
	35 to 44	*12.6	45.0	29.8	42.4	74.8	87.4
	45 to 54	13.4	41.1	22.0	35.4	63.1	76.4
	55 to 64	*9.2	46.6	20.8	30.0	67.4	76.6
	65 and over	*11.1	41.7	16.1	27.3	57.8	68.9
	TOTAL	13.4	39.5	27.7	41.1	67.2	80.6
Females	15 to 24	28.4	15.8	42.3	70.7	58.0	86.4
	25 to 34	*5.9	47.1	27.6	33.6	74.8	80.7
	35 to 44	*9.0	44.3	31.9	40.9	76.2	85.2
	45 to 54	*6.8	49.7	23.1	29.9	72.8	79.6
	55 to 64	*3.7	53.9	20.8	24.5	74.8	78.4
	65 and over	*7.7	47.3	16.8	24.5	64.1	71.8
	TOTAL	10.0	43.5	26.6	36.6	70.0	80.1
Persons	15 to 24	25.8	20.6	42.9	68.7	63.5	89.2
	25 to 34	8.0	42.5	31.8	39.8	74.3	82.3
	35 to 44	10.7	44.7	30.9	41.6	75.5	86.3
	45 to 54	10.0	45.5	22.6	32.6	68.0	78.1
	55 to 64	*6.4	50.3	20.8	27.2	71.2	77.5
	65 and over	9.3	44.6	16.5	25.8	61.1	70.5
	TOTAL	11.7	41.5	27.1	38.8	68.7	80.3

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) Participants' activities are fully organised

(d) Participants' activities are fully non-organised

(e) Participants' activities are part organised and part non-organised

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 83: Tasmanian participants — total participation in any physical activity (organised and non-organised) by demographics, 2010 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
AGE GROUP (YEARS)						
15 to 24	30.8	91.9	27.2	86.4	58.1	89.2
25 to 34	23.6	84.0	23.7	80.7	47.3	82.3
35 to 44	27.9	87.4	28.7	85.2	56.6	86.3
45 to 54	27.6	76.4	29.7	79.6	57.3	78.1
55 to 64	24.8	76.6	26.4	78.4	51.2	77.5
65 and over	24.0	68.9	28.1	71.8	52.0	70.5
REGION						
Capital city	69.6	84.4	73.5	83.9	143.1	84.1
Rest of state	89.1	77.9	90.4	77.2	179.5	77.6
EMPLOYMENT STATUS						
Employed full time	87.3	83.2	44.0	89.7	131.3	85.3
Employed part time	20.4	82.2	54.6	84.8	75.0	84.1
Employed refused	*1.6	*73.0	*3.4	*88.7	4.9	83.0
Total employed	109.2	82.9	102.0	87.0	211.2	84.8
Unemployed	7.1	92.7	5.3	71.8	12.3	82.4
Not in the labour force	42.3	73.9	56.6	70.7	99.0	72.0
MARITAL STATUS						
Married	99.4	80.3	95.0	81.1	194.4	80.7
Not married	58.5	81.4	67.8	78.4	126.3	79.8
Refused/Do not know	**0.8	**68.2	**1.0	**100.0	*1.8	*82.8
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	46.1	86.0	51.9	83.1	98.0	84.4
At least one under 18 — none at home	6.6	74.2	**0.6	**58.1	7.2	72.6
No children under 18	106.0	78.9	111.2	78.8	217.2	78.9
Refused	**0.0	**0.0	**0.2	**100.0	**0.2	**100.0
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	33.8	89.7	42.1	94.4	75.9	92.3
Undergraduate diploma or associate diploma	10.0	72.2	13.4	92.8	23.4	82.7
Certificate, trade qualification or apprenticeship	27.9	85.5	21.4	85.6	49.3	85.5
Highest level of secondary school	30.1	78.6	37.1	75.9	67.1	77.1
Did not complete highest level of school	42.6	73.7	36.8	65.9	79.4	69.9
Never went to school	**0.3	**100.0	**0.0	**0.0	**0.3	**51.3
Still at secondary school	11.2	96.4	7.0	88.1	18.1	93.0
Other	*1.9	*62.0	5.3	86.7	7.2	78.5
Refused	**1.0	**57.8	**0.9	**50.6	*1.8	*54.2
LANGUAGE SPOKEN AT HOME						
English only	150.6	80.6	157.7	80.1	308.3	80.3
European language/s other than English	*2.6	*68.9	*2.6	*94.9	5.2	80.0
Non-European language/s	5.7	83.3	*4.0	*72.2	9.7	78.3
Total	158.7	80.6	163.9	80.1	322.5	80.3

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 84: All Tasmanian persons — participation in any physical activity by frequency, age and sex, 2010 (a)

Sex	Age group (years)	None	Up to once per week (b)	One or two times per week (c)	Three or four times per week (d)	Five or more times per week	Do not know	Total
		Number ('000)						
Males	15 to 24	*2.7	8.3	6.7	5.1	10.8	**0.0	33.5
	25 to 34	4.5	*3.9	6.8	4.5	8.4	**0.0	28.1
	35 to 44	*4.0	6.2	7.3	6.5	7.9	**0.0	31.9
	45 to 54	8.5	5.5	9.6	6.6	5.7	**0.3	36.1
	55 to 64	7.6	7.0	5.9	5.7	6.2	**0.0	32.4
	65 and over	10.8	*4.2	4.6	4.8	10.5	**0.0	34.8
	TOTAL	38.1	35.0	40.9	33.2	49.4	**0.3	196.8
Females	15 to 24	*4.3	*3.5	8.4	6.0	9.4	**0.0	31.5
	25 to 34	5.6	*3.8	5.0	6.5	8.3	**0.0	29.3
	35 to 44	5.0	*3.5	7.3	8.8	9.2	**0.0	33.7
	45 to 54	7.6	*3.9	8.7	5.6	11.2	**0.4	37.3
	55 to 64	7.3	*3.2	6.9	*4.1	11.9	**0.4	33.7
	65 and over	11.0	*2.3	8.0	5.7	11.7	**0.3	39.1
	TOTAL	40.8	20.2	44.3	36.7	61.7	**1.0	204.7
Persons	15 to 24	7.0	11.8	15.1	11.1	20.2	**0.0	65.1
	25 to 34	10.1	7.7	11.8	11.0	16.8	**0.0	57.4
	35 to 44	9.0	9.7	14.6	15.3	17.0	**0.0	65.6
	45 to 54	16.1	9.4	18.2	12.1	16.8	**0.7	73.4
	55 to 64	14.8	10.2	12.8	9.8	18.0	**0.4	66.1
	65 and over	21.8	6.4	12.6	10.5	22.2	**0.3	73.9
	TOTAL	78.9	55.2	85.1	69.8	111.0	*1.3	401.5
Percentage of row (%)								
Males	15 to 24	*8.1	24.6	20.0	15.2	32.1	**0.0	100.0
	25 to 34	16.0	*13.9	24.1	16.0	30.0	**0.0	100.0
	35 to 44	*12.6	19.5	22.9	20.3	24.7	**0.0	100.0
	45 to 54	23.6	15.3	26.5	18.2	15.7	**0.8	100.0
	55 to 64	23.4	21.5	18.3	17.7	19.0	**0.0	100.0
	65 and over	31.1	*11.9	13.2	13.7	30.1	**0.0	100.0
	TOTAL	19.4	17.8	20.8	16.8	25.1	**0.2	100.0
Females	15 to 24	*13.6	*11.1	26.5	18.9	29.9	**0.0	100.0
	25 to 34	19.3	*12.9	17.1	22.3	28.5	**0.0	100.0
	35 to 44	14.8	*10.3	21.7	26.1	27.2	**0.0	100.0
	45 to 54	20.4	*10.4	23.3	15.0	29.9	**1.1	100.0
	55 to 64	21.6	*9.6	20.4	*12.1	35.2	**1.1	100.0
	65 and over	28.2	*5.9	20.5	14.7	30.0	**0.7	100.0
	TOTAL	19.9	9.9	21.6	17.9	30.1	**0.5	100.0
Persons	15 to 24	10.8	18.1	23.2	17.0	31.0	**0.0	100.0
	25 to 34	17.7	13.4	20.5	19.2	29.2	**0.0	100.0
	35 to 44	13.7	14.7	22.3	23.3	26.0	**0.0	100.0
	45 to 54	21.9	12.8	24.8	16.5	22.9	**1.0	100.0
	55 to 64	22.5	15.5	19.4	14.9	27.3	**0.5	100.0
	65 and over	29.5	8.7	17.1	14.2	30.1	**0.4	100.0
	TOTAL	19.7	13.7	21.2	17.4	27.7	*0.3	100.0

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 85: Tasmanian participants — participation in any physical activity by cumulative frequency, age and sex, 2010 (a) (b)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	8.3	22.6	19.0	15.9	30.8
	25 to 34	*3.9	19.7	15.8	12.9	23.6
	35 to 44	6.2	21.7	17.7	14.3	27.9
	45 to 54	5.5	21.8	17.3	12.2	27.6
	55 to 64	7.0	17.9	14.5	11.9	24.8
	65 and over	*4.2	19.8	17.7	15.2	24.0
	TOTAL	35.0	123.4	102.0	82.5	158.7
Females	15 to 24	*3.5	23.7	19.2	15.4	27.2
	25 to 34	*3.8	19.9	16.9	14.9	23.7
	35 to 44	*3.5	25.3	22.0	18.0	28.7
	45 to 54	*3.9	25.4	20.0	16.7	29.7
	55 to 64	*3.2	22.8	20.3	15.9	26.4
	65 and over	*2.3	25.5	20.9	17.5	28.1
	TOTAL	20.2	142.6	119.4	98.4	163.9
Persons	15 to 24	11.8	46.3	38.2	31.2	58.1
	25 to 34	7.7	39.6	32.7	27.8	47.3
	35 to 44	9.7	46.9	39.8	32.3	56.6
	45 to 54	9.4	47.2	37.4	29.0	57.3
	55 to 64	10.2	40.7	34.8	27.8	51.2
	65 and over	6.4	45.3	38.6	32.7	52.0
	TOTAL	55.2	266.0	221.4	180.9	322.5
Total participation rate (%) (c)						
Males	15 to 24	24.6	67.3	56.6	47.3	91.9
	25 to 34	*13.9	70.1	56.1	46.0	84.0
	35 to 44	19.5	68.0	55.7	45.0	87.4
	45 to 54	15.3	60.3	48.0	33.9	76.4
	55 to 64	21.5	55.1	44.7	36.8	76.6
	65 and over	*11.9	57.0	50.9	43.8	68.9
	TOTAL	17.8	62.7	51.8	41.9	80.6
Females	15 to 24	*11.1	75.3	60.9	48.8	86.4
	25 to 34	*12.9	67.9	57.7	50.8	80.7
	35 to 44	*10.3	74.9	65.3	53.3	85.2
	45 to 54	*10.4	68.1	53.7	44.8	79.6
	55 to 64	*9.6	67.8	60.3	47.3	78.4
	65 and over	*5.9	65.2	53.5	44.7	71.8
	TOTAL	9.9	69.7	58.3	48.1	80.1
Persons	15 to 24	18.1	71.2	58.6	48.0	89.2
	25 to 34	13.4	69.0	56.9	48.4	82.3
	35 to 44	14.7	71.5	60.6	49.3	86.3
	45 to 54	12.8	64.3	50.9	39.4	78.1
	55 to 64	15.5	61.6	52.7	42.1	77.5
	65 and over	8.7	61.3	52.3	44.3	70.5
	TOTAL	13.7	66.3	55.1	45.1	80.3

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) Cumulative frequency should be interpreted as the total number of persons who engaged in the activity with **at least** that frequency (for example, 221,400 Tasmanian persons engaged in physical activity at least twice per week, which is a combination of those who engaged twice, three times, four times and five times per week or more)

(c) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 86: Tasmanian recent participants — recent participation in any physical activity by duration and age, 2010 (a)

		15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	Total
		Number ('000)						
Five hours or more	More than three sessions weekly	14.4	10.3	11.4	11.5	12.0	12.8	72.3
	Two or three sessions weekly	*3.6	*2.0	**1.0	*2.8	*2.0	*3.3	14.6
	Less than two sessions weekly	**0.4	**0.0	**0.9	**0.7	*1.5	**0.8	4.4
	<i>Total</i>	18.3	12.3	13.3	15.0	15.5	16.9	91.3
Two hours or more but less than five hours	More than three sessions weekly	*4.0	7.3	10.5	10.3	9.7	9.5	51.3
	Two or three sessions weekly	7.9	4.7	7.9	7.1	*3.4	*2.9	33.9
	Less than two sessions weekly	*3.1	**0.9	*2.8	*2.6	*2.7	*3.7	15.8
	<i>Total</i>	15.1	12.8	21.2	19.9	15.8	16.1	101.0
Less than two hours	More than three sessions weekly	**0.8	**0.7	**0.6	*1.7	*1.5	*2.5	7.9
	Two or three sessions weekly	**0.0	*3.5	*4.2	*3.1	*3.5	*3.1	17.3
	Less than two sessions weekly	10.7	10.3	9.4	8.7	7.5	7.1	53.7
	<i>Total</i>	11.5	14.4	14.2	13.5	12.5	12.8	78.9
Total	More than three sessions weekly	19.2	18.2	22.5	23.5	23.2	24.9	131.5
	Two or three sessions weekly	11.5	10.1	13.1	13.0	8.9	9.2	65.8
	Less than two sessions weekly	14.2	11.1	13.1	12.0	11.7	11.6	73.8
	Total	44.9	39.5	48.7	48.5	43.8	45.8	271.2
		Percentage of total (%)						
Five hours or more	More than three sessions weekly	5.3	3.8	4.2	4.3	4.4	4.7	26.7
	Two or three sessions weekly	*1.3	*0.7	**0.4	*1.0	*0.7	*1.2	5.4
	Less than two sessions weekly	**0.1	**0.0	**0.3	**0.3	*0.6	**0.3	1.6
	<i>Total</i>	6.8	4.5	4.9	5.5	5.7	6.2	33.7
Two hours or more but less than five hours	More than three sessions weekly	*1.5	2.7	3.9	3.8	3.6	3.5	18.9
	Two or three sessions weekly	2.9	1.7	2.9	2.6	*1.3	*1.1	12.5
	Less than two sessions weekly	*1.2	**0.3	*1.0	*0.9	*1.0	*1.4	5.8
	<i>Total</i>	5.6	4.7	7.8	7.4	5.8	5.9	37.2
Less than two hours	More than three sessions weekly	**0.3	**0.2	**0.2	*0.6	*0.6	*0.9	2.9
	Two or three sessions weekly	**0.0	*1.3	*1.5	*1.2	*1.3	*1.1	6.4
	Less than two sessions weekly	3.9	3.8	3.5	3.2	2.8	2.6	19.8
	<i>Total</i>	4.2	5.3	5.2	5.0	4.6	4.7	29.1
Total	More than three sessions weekly	7.1	6.7	8.3	8.7	8.5	9.2	48.5
	Two or three sessions weekly	4.2	3.7	4.8	4.8	3.3	3.4	24.3
	Less than two sessions weekly	5.2	4.1	4.8	4.4	4.3	4.3	27.2
	Total	16.6	14.6	18.0	17.9	16.1	16.9	100.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport in the two weeks prior to interview in 2010

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 87: Tasmanian regular participants — regular participation in any physical activity (organised and non-organised) by demographics, 2010 (a)

	MALES		FEMALES		PERSONS	
	Number	Regular participation rate (b)	Number	Regular participation rate	Number	Regular participation rate
	('000)	(%)	('000)	(%)	('000)	(%)
AGE GROUP (YEARS)						
15 to 24	15.9	47.3	15.4	48.8	31.2	48.0
25 to 34	12.9	46.0	14.9	50.8	27.8	48.4
35 to 44	14.3	45.0	18.0	53.3	32.3	49.3
45 to 54	12.2	33.9	16.7	44.8	29.0	39.4
55 to 64	11.9	36.8	15.9	47.3	27.8	42.1
65 and over	15.2	43.8	17.5	44.7	32.7	44.3
REGION						
Capital city	37.9	46.0	44.3	50.5	82.2	48.3
Rest of state	44.6	39.0	54.1	46.2	98.7	42.7
EMPLOYMENT STATUS						
Employed full time	41.1	39.2	26.0	52.9	67.1	43.6
Employed part time	12.2	49.3	33.5	52.0	45.7	51.3
Employed refused	**0.6	**26.2	**1.0	**25.9	*1.5	*26.0
Total employed	53.9	40.9	60.4	51.6	114.4	45.9
Unemployed	*2.5	*32.8	*2.5	*33.6	5.0	33.2
Not in the labour force	26.1	45.5	35.5	44.3	61.6	44.8
MARITAL STATUS						
Married	49.2	39.8	58.4	49.9	107.6	44.7
Not married	32.7	45.5	39.4	45.6	72.1	45.5
Refused/Do not know	**0.6	**51.3	**0.5	**54.4	**1.2	**52.7
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	21.6	40.2	31.8	51.0	53.4	46.0
At least one under 18 — none at home	*3.4	*38.6	**0.6	**58.1	*4.0	*40.5
No children under 18	57.5	42.9	66.0	46.8	123.5	44.9
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	19.6	52.1	26.6	59.6	46.3	56.2
Undergraduate diploma or associate diploma	5.8	41.9	7.7	53.6	13.5	47.9
Certificate, trade qualification or apprenticeship	13.5	41.3	9.8	39.3	23.3	40.4
Highest level of secondary school	16.1	42.0	23.4	47.8	39.4	45.3
Did not complete highest level of school	20.6	35.7	23.3	41.7	43.9	38.6
Still at secondary school	5.0	42.8	*3.9	*49.7	8.9	45.6
Other	**1.2	**39.0	*3.2	*52.1	4.4	47.8
Refused	**0.8	**45.7	**0.5	**27.1	*1.2	*36.3
LANGUAGE SPOKEN AT HOME						
English only	78.2	41.8	94.5	48.0	172.7	45.0
European language/s other than English	*1.2	*33.2	*1.6	*56.9	*2.8	*43.3
Non-European language/s	*3.1	*45.7	*2.8	*50.1	5.9	47.6
Total	82.5	41.9	98.4	48.1	180.9	45.1

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the regular participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 88: All Tasmanian persons — participation in organised physical activity by frequency, age and sex, 2010 (a)

Sex	Age group (years)	None	Up to once per week (b)	One or two times per week (c)	Three or four times per week (d)	Five or more times per week	Do not know	Total
		Number ('000)						
Males	15 to 24	11.1	7.0	6.3	4.8	4.4	**0.0	33.5
	25 to 34	15.1	*3.9	4.5	*2.9	*1.7	**0.0	28.1
	35 to 44	18.4	6.7	*2.2	*2.7	*1.9	**0.0	31.9
	45 to 54	23.3	5.5	4.4	*1.8	**0.7	**0.3	36.1
	55 to 64	22.7	4.6	4.4	**0.4	**0.4	**0.0	32.4
	65 and over	25.3	*2.7	*4.0	*2.4	**0.4	**0.0	34.8
	TOTAL	115.9	30.4	25.8	15.0	9.4	**0.3	196.8
Females	15 to 24	9.3	4.9	8.8	5.1	*3.5	**0.0	31.5
	25 to 34	19.5	*3.7	4.7	**0.9	**0.7	**0.0	29.3
	35 to 44	19.9	4.4	5.4	*3.1	**1.0	**0.0	33.7
	45 to 54	26.2	4.7	*3.2	*2.2	**0.7	**0.3	37.3
	55 to 64	25.4	*3.1	*3.4	**0.9	**0.9	**0.0	33.7
	65 and over	29.5	*2.0	5.9	**0.7	**0.9	**0.1	39.1
	TOTAL	129.7	22.8	31.3	12.8	7.7	**0.4	204.7
Persons	15 to 24	20.4	11.9	15.1	9.8	7.9	**0.0	65.1
	25 to 34	34.6	7.6	9.1	*3.7	*2.4	**0.0	57.4
	35 to 44	38.3	11.1	7.6	5.8	*2.9	**0.0	65.6
	45 to 54	49.5	10.2	7.7	*4.1	*1.4	**0.6	73.4
	55 to 64	48.1	7.6	7.8	*1.3	*1.3	**0.0	66.1
	65 and over	54.8	4.7	9.9	*3.2	*1.2	**0.1	73.9
	TOTAL	245.6	53.2	57.1	27.8	17.1	**0.7	401.5
Percentage of row (%)								
Males	15 to 24	33.2	20.9	18.7	14.2	13.0	**0.0	100.0
	25 to 34	53.7	*14.1	16.0	*10.2	*6.1	**0.0	100.0
	35 to 44	57.6	20.9	*7.0	*8.5	*6.0	**0.0	100.0
	45 to 54	64.6	15.3	12.3	*5.1	**1.9	**0.8	100.0
	55 to 64	70.0	14.1	13.5	**1.2	**1.2	**0.0	100.0
	65 and over	72.7	*7.8	*11.5	*7.0	**1.0	**0.0	100.0
	TOTAL	58.9	15.5	13.1	7.6	4.8	**0.2	100.0
Females	15 to 24	29.3	15.6	27.9	16.1	*11.1	**0.0	100.0
	25 to 34	66.4	*12.5	15.9	**2.9	**2.3	**0.0	100.0
	35 to 44	59.1	13.0	15.9	*9.1	**2.9	**0.0	100.0
	45 to 54	70.1	12.6	*8.6	*5.9	**2.0	**0.7	100.0
	55 to 64	75.5	*9.1	*10.1	**2.6	**2.7	**0.0	100.0
	65 and over	75.5	*5.1	15.0	**1.8	**2.2	**0.4	100.0
	TOTAL	63.4	11.1	15.3	6.3	3.7	**0.2	100.0
Persons	15 to 24	31.3	18.3	23.2	15.1	12.1	**0.0	100.0
	25 to 34	60.2	13.3	15.9	*6.5	*4.1	**0.0	100.0
	35 to 44	58.4	16.9	11.6	8.8	*4.4	**0.0	100.0
	45 to 54	67.4	13.9	10.4	*5.5	*2.0	**0.8	100.0
	55 to 64	72.8	11.6	11.8	*1.9	*2.0	**0.0	100.0
	65 and over	74.2	6.4	13.3	*4.3	*1.6	**0.2	100.0
	TOTAL	61.2	13.2	14.2	6.9	4.3	**0.2	100.0

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 89: Tasmanian organised participants — participation in organised physical activity by cumulative frequency, age and sex, 2010 (a) (b)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	7.0	15.4	11.1	9.1	22.4
	25 to 34	*3.9	9.1	7.9	4.6	13.0
	35 to 44	6.7	6.8	5.4	4.6	13.5
	45 to 54	5.5	7.0	4.7	*2.5	12.8
	55 to 64	4.6	5.2	*2.2	**0.8	9.7
	65 and over	*2.7	6.8	4.9	*2.8	9.5
	TOTAL	30.4	50.2	36.2	24.4	80.9
Females	15 to 24	4.9	17.4	12.4	8.6	22.3
	25 to 34	*3.7	6.2	*3.0	*1.5	9.8
	35 to 44	4.4	9.4	6.5	*4.0	13.8
	45 to 54	4.7	6.2	*3.9	*3.0	11.2
	55 to 64	*3.1	5.2	*3.0	*1.8	8.3
	65 and over	*2.0	7.4	*3.9	*1.6	9.6
	TOTAL	22.8	51.8	32.7	20.5	74.9
Persons	15 to 24	11.9	32.8	23.5	17.7	44.7
	25 to 34	7.6	15.2	10.9	6.1	22.9
	35 to 44	11.1	16.2	12.0	8.6	27.3
	45 to 54	10.2	13.1	8.6	5.5	23.9
	55 to 64	7.6	10.3	5.2	*2.6	18.0
	65 and over	4.7	14.2	8.7	4.4	19.1
	TOTAL	53.2	102.0	68.9	44.9	155.9

Total participation rate (%) (c)

Males	15 to 24	20.9	45.9	33.0	27.2	66.8
	25 to 34	*14.1	32.3	28.3	16.3	46.3
	35 to 44	20.9	21.5	17.0	14.5	42.4
	45 to 54	15.3	19.3	13.1	*7.0	35.4
	55 to 64	14.1	15.9	*6.7	**2.5	30.0
	65 and over	*7.8	19.5	14.0	*8.0	27.3
	TOTAL	15.5	25.5	18.4	12.4	41.1
Females	15 to 24	15.6	55.1	39.3	27.2	70.7
	25 to 34	*12.5	21.1	*10.2	*5.2	33.6
	35 to 44	13.0	27.9	19.4	*12.0	40.9
	45 to 54	12.6	16.6	*10.4	*7.9	29.9
	55 to 64	*9.1	15.4	*9.0	*5.3	24.5
	65 and over	*5.1	19.0	*9.9	*4.0	24.5
	TOTAL	11.1	25.3	16.0	10.0	36.6
Persons	15 to 24	18.3	50.4	36.0	27.2	68.7
	25 to 34	13.3	26.6	19.0	10.6	39.8
	35 to 44	16.9	24.8	18.2	13.2	41.6
	45 to 54	13.9	17.9	11.8	7.5	32.6
	55 to 64	11.6	15.7	7.9	*3.9	27.2
	65 and over	6.4	19.2	11.8	5.9	25.8
	TOTAL	13.2	25.4	17.2	11.2	38.8

(a) Relates to persons aged 15 years and over who participated in organised physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) Cumulative frequency should be interpreted as the total number of persons who engaged in the activity with **at least** that frequency (for example, 68,900 Tasmanian persons engaged in organised physical activity at least twice per week, which is a combination of those who engaged twice, three times, four times and five times per week or more)

(c) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 90: Tasmanian organised participants — total participation in organised activities by type of organisation, age and sex, 2010 (a)

Sex	Age group (years)	Fitness, leisure or indoor sports centre	Sport or recreation club or association (c)	Work	School	Other	Total organised participation
		Number ('000)					
Males	15 to 24	6.0	17.3	**0.0	10.3	*2.0	22.4
	25 to 34	4.4	10.2	**0.6	**0.0	**1.1	13.0
	35 to 44	*3.5	10.8	*0.8	**0.6	*2.8	13.5
	45 to 54	*2.8	11.2	*0.5	**0.0	*1.3	12.8
	55 to 64	**1.2	7.4	**0.0	**0.2	*2.0	9.7
	65 and over	*1.2	7.7	**0.0	**0.0	*2.0	9.5
	TOTAL		19.2	64.5	*1.9	11.0	11.2
Females	15 to 24	10.0	13.3	**0.5	8.5	*3.9	22.3
	25 to 34	5.3	7.0	**0.8	**0.8	*2.6	9.8
	35 to 44	7.7	7.8	*0.6	**0.0	*2.9	13.8
	45 to 54	5.0	5.0	*0.5	**0.0	*3.3	11.2
	55 to 64	*4.1	*3.4	*0.4	**0.2	*2.5	8.3
	65 and over	*3.0	5.0	**0.0	**0.0	*3.2	9.6
	TOTAL		35.1	41.7	*2.7	9.5	18.4
Persons	15 to 24	16.0	30.6	**0.5	18.8	5.8	44.7
	25 to 34	9.8	17.2	*1.4	**0.8	*3.8	22.9
	35 to 44	11.2	18.6	*1.4	**0.6	5.7	27.3
	45 to 54	7.9	16.2	**1.0	**0.0	4.6	23.9
	55 to 64	5.3	10.8	*0.4	**0.4	4.5	18.0
	65 and over	*4.3	12.7	**0.0	**0.0	5.1	19.1
	TOTAL		54.3	106.2	4.6	20.5	29.5

Total participation rate (%) (b)

Males	15 to 24	18.0	51.6	**0.0	30.6	*5.9	66.8
	25 to 34	15.8	36.3	**2.1	**0.0	**4.0	46.3
	35 to 44	*11.0	33.8	**2.5	**1.8	*8.9	42.4
	45 to 54	*7.8	31.0	*1.5	**0.0	*3.6	35.4
	55 to 64	**3.7	22.7	**0.0	*0.6	*6.1	30.0
	65 and over	*3.6	22.2	**0.0	**0.0	*5.6	27.3
	TOTAL		9.8	32.8	*1.0	5.6	5.7
Females	15 to 24	31.7	42.3	**1.7	27.0	*12.3	70.7
	25 to 34	18.2	24.0	**2.7	**2.7	*9.0	33.6
	35 to 44	22.7	23.3	**1.7	**0.0	*8.6	40.9
	45 to 54	13.5	13.5	*1.3	**0.0	*8.8	29.9
	55 to 64	*12.1	*10.1	*1.1	*0.5	*7.6	24.5
	65 and over	*7.7	12.8	**0.0	**0.0	*8.1	24.5
	TOTAL		17.2	20.4	*1.3	4.6	9.0
Persons	15 to 24	24.6	47.1	**0.8	28.9	9.0	68.7
	25 to 34	17.0	30.0	*2.4	**1.4	*6.5	39.8
	35 to 44	17.0	28.4	*2.1	**0.9	8.7	41.6
	45 to 54	10.7	22.1	*1.4	**0.0	6.3	32.6
	55 to 64	8.0	16.3	*0.5	*0.6	6.8	27.2
	65 and over	*5.8	17.2	**0.0	**0.0	6.9	25.8
	TOTAL		13.5	26.5	1.2	5.1	7.4

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) All aerobics/fitness participants describing their activity as organised by a sport or recreation club or association have been recoded to fitness, leisure or indoor sports centre

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 91: Tasmanian participants — total participation in specific activities (organised and non-organised) by sex, 2010 (a)

Activity	MALES		FEMALES		PERSONS	
	Number (’000)	Total participation rate (b) (%)	Number (’000)	Total participation rate (%)	Number (’000)	Total participation rate (%)
Aerobics/fitness	23.9	12.1	47.0	23.0	70.9	17.7
Aquarobics	**0.2	**0.1	*3.4	*1.7	*3.6	*0.9
Athletics/track and field	*2.5	*1.3	**0.7	**0.4	*3.2	*0.8
Australian rules football	16.9	8.6	**0.9	**0.5	17.8	4.4
Badminton	**1.1	**0.6	*2.5	*1.2	*3.6	*0.9
Basketball	7.7	3.9	6.4	3.1	14.1	3.5
Billiards/snooker/pool	**0.2	**0.1	**0.0	**0.0	**0.2	**0.0
Boxing	**1.1	**0.5	**1.1	**0.5	*2.1	*0.5
Canoeing/kayaking	5.9	3.0	*2.8	*1.4	8.7	2.2
Carpet bowls	**1.2	**0.6	*1.6	*0.8	*2.8	*0.7
Cricket (indoor)	*2.2	*1.1	**0.2	**0.1	*2.4	*0.6
Cricket (outdoor)	17.0	8.7	*1.4	*0.7	18.5	4.6
Cycling	31.1	15.8	13.4	6.5	44.4	11.1
Dancing	*1.9	*1.0	8.9	4.4	10.8	2.7
Darts	**0.0	**0.0	**0.7	**0.4	**0.7	**0.2
Fishing	13.8	7.0	*2.7	*1.3	16.5	4.1
Golf	20.5	10.4	*3.7	*1.8	24.1	6.0
Gymnastics	**1.0	**0.5	**0.7	**0.3	*1.7	*0.4
Hockey (indoor)	**1.0	**0.5	**0.0	**0.0	**1.0	**0.2
Hockey (outdoor)	4.7	2.4	*2.6	*1.3	7.2	1.8
Horse riding/equestrian activities/polocrosse	**0.5	**0.2	*3.7	*1.8	*4.2	*1.0
Ice/snow sports	*2.1	*1.0	**0.6	**0.3	*2.7	*0.7
Lawn bowls	4.7	2.4	*3.3	*1.6	8.1	2.0
Martial arts	*2.8	*1.4	*3.7	*1.8	6.4	1.6
Motor sports	5.9	3.0	**0.4	**0.2	6.3	1.6
Netball	*2.0	*1.0	12.6	6.1	14.6	3.6
Orienteering	*3.8	*1.9	*2.1	*1.0	5.8	1.5
Rock climbing	*1.9	*1.0	**0.9	**0.5	*2.9	*0.7
Roller sports	*1.2	*0.6	*1.5	*0.7	*2.7	*0.7
Rowing	*1.5	*0.8	*1.9	*0.9	*3.4	*0.9
Rugby league	**0.8	**0.4	**0.0	**0.0	**0.8	**0.2
Rugby union	**0.4	**0.2	**0.0	**0.0	**0.4	**0.1
Running	18.9	9.6	13.1	6.4	32.0	8.0
Sailing	*3.4	*1.7	*1.2	*0.6	4.6	1.1
Scuba diving	*2.9	*1.5	**1.0	**0.5	*3.9	*1.0
Shooting sports	*4.0	*2.1	**0.0	**0.0	*4.0	*1.0
Football (indoor)	5.8	3.0	*1.3	*0.6	7.1	1.8
Football (outdoor)	9.3	4.7	*4.0	*2.0	13.3	3.3
Softball	**1.1	**0.6	**0.4	**0.2	*1.5	*0.4
Squash/racquet ball	*3.9	*2.0	*1.9	*0.9	5.8	1.4
Surf sports	*2.7	*1.4	*1.3	*0.6	*4.0	*1.0
Swimming	19.0	9.7	27.3	13.4	46.4	11.5
Table tennis	*3.2	*1.6	**1.2	**0.6	4.4	1.1
Tennis	7.1	3.6	9.2	4.5	16.3	4.1
Tenpin bowling	**0.0	**0.0	**0.9	**0.4	**0.9	**0.2
Touch football	*3.5	*1.8	*3.6	*1.7	7.1	1.8
Triathlon	**0.4	**0.2	**0.2	**0.1	**0.6	**0.2
Volleyball	**1.0	**0.5	*2.7	*1.3	*3.6	*0.9
Walking (bush)	19.8	10.1	16.5	8.1	36.3	9.0
Walking (other)	53.7	27.3	100.4	49.1	154.1	38.4
Water polo	**1.0	**0.5	**0.0	**0.0	**1.0	**0.2
Waterskiing/powerboating	*1.7	*0.9	*1.2	*0.6	*3.0	*0.7
Weight training	5.0	2.5	*4.0	*2.0	9.0	2.2
Yoga	**0.5	**0.3	6.6	3.2	7.0	1.8

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 92: Tasmanian participants — total participation in specific activities by type of activity, 2010 (a)

Activity	Number ('000)			Total participation rate (%) (b)		
	Organised	Non-organised	Total	Organised	Non-organised	Total
Aerobics/fitness	24.8	50.7	70.9	6.2	12.6	17.7
Aquarobics	*2.6	*1.4	*3.6	*0.6	*0.3	*0.9
Athletics/track and field	*2.6	**0.8	*3.2	*0.7	**0.2	*0.8
Australian rules football	13.4	6.3	17.8	3.3	1.6	4.4
Badminton	*2.6	*2.4	*3.6	*0.6	*0.6	*0.9
Basketball	11.4	*3.7	14.1	2.9	*0.9	3.5
Billiards/snooker/pool	**0.0	**0.2	**0.2	**0.0	**0.0	**0.0
Boxing	**0.8	*1.4	*2.1	**0.2	*0.4	*0.5
Canoeing/kayaking	*2.8	7.6	8.7	*0.7	1.9	2.2
Carpet bowls	*2.5	**0.3	*2.8	*0.6	**0.1	*0.7
Cricket (indoor)	*2.4	**0.0	*2.4	*0.6	**0.0	*0.6
Cricket (outdoor)	11.4	7.1	18.5	2.8	1.8	4.6
Cycling	4.4	42.7	44.4	1.1	10.6	11.1
Dancing	7.9	*3.5	10.8	2.0	*0.9	2.7
Darts	**0.7	**0.0	**0.7	**0.2	**0.0	**0.2
Fishing	*1.6	16.3	16.5	*0.4	4.1	4.1
Golf	15.9	13.0	24.1	4.0	3.2	6.0
Gymnastics	*1.3	**0.4	*1.7	*0.3	**0.1	*0.4
Hockey (indoor)	**1.0	**0.0	**1.0	**0.2	**0.0	**0.2
Hockey (outdoor)	5.2	*2.6	7.2	1.3	*0.6	1.8
Horse riding/equestrian activities/polocrosse	*1.3	*3.9	*4.2	*0.3	*1.0	*1.0
Ice/snow sports	**0.2	*2.4	*2.7	**0.1	*0.6	*0.7
Lawn bowls	7.9	**0.8	8.1	2.0	**0.2	2.0
Martial arts	*4.3	*2.3	6.4	*1.1	*0.6	1.6
Motor sports	*3.2	*3.9	6.3	*0.8	*1.0	1.6
Netball	12.8	*2.9	14.6	3.2	*0.7	3.6
Orienteering	*3.4	*3.3	5.8	*0.8	*0.8	1.5
Rock climbing	**0.1	*2.7	*2.9	**0.0	*0.7	*0.7
Roller sports	**0.0	*2.7	*2.7	**0.0	*0.7	*0.7
Rowing	*2.8	**0.8	*3.4	*0.7	**0.2	*0.9
Rugby league	**0.8	**0.4	**0.8	**0.2	**0.1	**0.2
Rugby union	**0.4	**0.0	**0.4	**0.1	**0.0	**0.1
Running	9.2	26.0	32.0	2.3	6.5	8.0
Sailing	*3.3	*2.3	4.6	*0.8	*0.6	1.1
Scuba diving	*1.4	*3.2	*3.9	*0.3	*0.8	*1.0
Shooting sports	*1.6	*2.9	*4.0	*0.4	*0.7	*1.0
Football (indoor)	5.4	*3.6	7.1	1.3	*0.9	1.8
Football (outdoor)	8.8	5.8	13.3	2.2	1.4	3.3
Softball	*1.5	**0.0	*1.5	*0.4	**0.0	*0.4
Squash/racquet ball	*2.5	*4.1	5.8	*0.6	*1.0	1.4
Surf sports	**0.4	*3.7	*4.0	**0.1	*0.9	*1.0
Swimming	*2.6	44.7	46.4	*0.7	11.1	11.5
Table tennis	*1.9	*2.4	4.4	*0.5	*0.6	1.1
Tennis	9.3	9.6	16.3	2.3	2.4	4.1
Tenpin bowling	**0.7	**0.3	**0.9	**0.2	**0.1	**0.2
Touch football	6.1	*2.0	7.1	1.5	*0.5	1.8
Triathlon	**0.6	**0.0	**0.6	**0.2	**0.0	**0.2
Volleyball	*2.4	*2.3	*3.6	*0.6	*0.6	*0.9
Walking (bush)	5.8	33.6	36.3	1.4	8.4	9.0
Walking (other)	4.7	152.4	154.1	1.2	38.0	38.4
Water polo	**1.0	**0.0	**1.0	**0.2	**0.0	**0.2
Waterskiing/powerboating	**0.3	*2.7	*3.0	**0.1	*0.7	*0.7
Weight training	*2.2	7.5	9.0	*0.5	1.9	2.2
Yoga	*4.2	*3.8	7.0	*1.1	*1.0	1.8

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

10.3.7 Victoria

Table 93: Victorian participants — total participation in physical activity by type of participation, age and sex, 2010 (a)

		Organised only (c) (A)	Non-organised only (d) (B)	Both organised and non-organised (e) (C)	Total organised (A + C)	Total non-organised (B + C)	Total participation (A + B + C)
Sex	Age group (years)	Number ('000)					
Males	15 to 24	98.7	106.0	155.1	253.8	261.1	359.7
	25 to 34	53.6	164.4	132.0	185.7	296.4	350.0
	35 to 44	49.8	163.9	130.9	180.7	294.8	344.6
	45 to 54	32.3	171.3	100.1	132.5	271.4	303.8
	55 to 64	25.9	142.6	70.9	96.8	213.6	239.4
	65 and over	34.7	131.4	70.0	104.7	201.4	236.1
	TOTAL		294.9	879.6	659.2	954.1	1,538.7
Females	15 to 24	60.3	115.2	142.7	203.1	257.9	318.2
	25 to 34	33.6	169.2	117.7	151.3	286.9	320.5
	35 to 44	29.1	182.6	123.0	152.2	305.6	334.8
	45 to 54	20.8	199.8	91.1	111.8	290.8	311.6
	55 to 64	16.3	161.0	72.8	89.1	233.8	250.1
	65 and over	42.5	149.6	87.1	129.6	236.6	279.2
	TOTAL		202.6	977.3	634.4	837.0	1,611.7
Persons	15 to 24	159.0	221.1	297.9	456.9	519.0	678.0
	25 to 34	87.2	333.6	249.7	337.0	583.3	670.6
	35 to 44	78.9	346.5	253.9	332.9	600.5	679.4
	45 to 54	53.1	371.1	191.2	244.3	562.2	615.3
	55 to 64	42.1	303.6	143.8	185.9	447.4	489.5
	65 and over	77.2	280.9	157.1	234.3	438.0	515.2
	TOTAL		497.5	1,856.9	1,293.6	1,791.1	3,150.5
Total participation rate (%) (b)							
Males	15 to 24	25.7	27.6	40.4	66.1	68.0	93.8
	25 to 34	13.8	42.4	34.1	47.9	76.5	90.3
	35 to 44	12.8	42.1	33.6	46.4	75.7	88.5
	45 to 54	8.8	46.7	27.3	36.1	74.0	82.9
	55 to 64	8.6	47.4	23.6	32.2	71.0	79.6
	65 and over	10.6	40.1	21.4	32.0	61.5	72.1
	TOTAL	13.7	40.8	30.6	44.3	71.4	85.1
Females	15 to 24	16.4	31.3	38.8	55.2	70.2	86.6
	25 to 34	8.7	43.8	30.4	39.1	74.2	82.9
	35 to 44	7.3	45.6	30.7	38.0	76.3	83.6
	45 to 54	5.5	52.9	24.1	29.6	77.1	82.6
	55 to 64	5.2	51.6	23.3	28.6	75.0	80.2
	65 and over	11.3	39.7	23.1	34.4	62.7	74.0
	TOTAL	9.1	44.0	28.6	37.7	72.6	81.7
Persons	15 to 24	21.2	29.4	39.6	60.8	69.1	90.2
	25 to 34	11.3	43.1	32.3	43.5	75.4	86.6
	35 to 44	10.0	43.9	32.2	42.1	76.0	86.0
	45 to 54	7.1	49.9	25.7	32.8	75.6	82.7
	55 to 64	6.9	49.5	23.5	30.3	73.0	79.9
	65 and over	11.0	39.9	22.3	33.3	62.2	73.1
	TOTAL	11.4	42.4	29.6	40.9	72.0	83.4

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) Participants' activities are fully organised

(d) Participants' activities are fully non-organised

(e) Participants' activities are part organised and part non-organised

Table 94: Victorian participants — total participation in any physical activity (organised and non-organised) by demographics, 2010 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
AGE GROUP (YEARS)						
15 to 24	359.7	93.8	318.2	86.6	678.0	90.2
25 to 34	350.0	90.3	320.5	82.9	670.6	86.6
35 to 44	344.6	88.5	334.8	83.6	679.4	86.0
45 to 54	303.8	82.9	311.6	82.6	615.3	82.7
55 to 64	239.4	79.6	250.1	80.2	489.5	79.9
65 and over	236.1	72.1	279.2	74.0	515.2	73.1
REGION						
Capital city	1349.8	85.6	1322.2	81.6	2672.0	83.6
Rest of state	483.9	83.7	492.2	81.9	976.0	82.8
EMPLOYMENT STATUS						
Employed full time	1,084.5	88.3	507.9	85.2	1,592.5	87.3
Employed part time	261.5	90.6	619.6	87.3	881.1	88.3
Employed refused	*11.6	*64.7	*11.8	*84.2	23.3	73.3
Total employed	1,357.6	88.4	1,139.3	86.3	2,497.0	87.5
Unemployed	95.4	88.6	74.6	84.2	170.0	86.6
Not in the labour force	380.6	74.3	600.4	73.9	981.0	74.0
MARITAL STATUS						
Married	1,076.8	85.7	1,012.1	83.2	2,088.9	84.5
Not married	751.4	84.4	790.1	80.1	1,541.6	82.1
Refused/Do not know	*5.4	*59.4	*12.1	*68.7	17.5	65.5
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	504.3	88.5	545.2	81.3	1,049.5	84.6
At least one under 18 – none at home	36.9	76.2	*5.7	*86.6	42.6	77.4
No children under 18	1,291.4	84.1	1,262.6	81.8	2,554.0	83.0
Refused	**0.9	**100.0	**0.9	**61.8	**1.8	**77.2
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	635.8	90.2	643.9	89.7	1,279.7	89.9
Undergraduate diploma or associate diploma	139.5	90.3	142.2	84.5	281.7	87.3
Certificate, trade qualification or apprenticeship	208.6	85.0	168.3	80.6	376.9	83.0
Highest level of secondary school	363.9	85.7	353.5	78.4	717.5	82.0
Did not complete highest level of school	369.6	76.0	384.7	73.7	754.3	74.8
Never went to school	**0.0	**0.0	**0.4	**21.7	**0.4	**8.5
Still at secondary school	75.4	95.5	76.6	93.6	152.0	94.5
Other	35.0	74.4	38.4	65.9	73.4	69.7
Refused	*5.8	*55.3	*6.4	*55.8	*12.2	*55.6
LANGUAGE SPOKEN AT HOME						
English only	1,551.7	86.1	1,591.1	83.6	3,142.8	84.8
European language/s other than English	90.0	77.6	81.8	77.6	171.9	77.6
Non-European language/s	197.5	80.7	150.8	67.4	348.3	74.4
Total	1,833.7	85.1	1,814.3	81.7	3,648.0	83.4

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 95: All Victorian persons — participation in any physical activity by frequency, age and sex, 2010 (a)

Sex	Age group (years)	None	Up to once per week (b)	One or two times per week (c)	Three or four times per week (d)	Five or more times per week	Do not know	Total
		Number ('000)						
Males	15 to 24	24.0	44.9	87.1	100.4	125.3	**2.0	383.7
	25 to 34	37.4	55.4	126.0	93.8	74.8	**0.0	387.5
	35 to 44	44.8	76.2	112.6	75.7	80.1	**0.0	389.4
	45 to 54	62.8	62.9	87.0	58.7	93.5	**1.6	366.6
	55 to 64	61.4	39.1	62.2	54.0	84.1	**0.0	300.8
	65 and over	91.2	22.4	62.4	53.0	97.4	**0.9	327.2
	TOTAL	321.6	301.0	537.2	435.7	555.2	*4.5	2,155.2
Females	15 to 24	49.4	47.7	98.3	82.2	90.0	**0.0	367.6
	25 to 34	66.1	41.7	81.9	89.2	106.8	**1.0	386.6
	35 to 44	65.5	40.6	84.8	99.6	109.3	**0.5	400.3
	45 to 54	65.7	34.9	74.9	87.0	114.1	**0.6	377.3
	55 to 64	61.9	24.9	52.2	67.1	105.0	**0.9	312.0
	65 and over	98.1	20.0	69.6	75.0	113.4	**1.2	377.2
	TOTAL	406.7	209.9	461.7	500.0	638.6	*4.2	2,221.0
Persons	15 to 24	73.4	92.6	185.4	182.6	215.4	**2.0	751.3
	25 to 34	103.5	97.1	207.9	183.0	181.6	**1.0	774.1
	35 to 44	110.3	116.8	197.4	175.3	189.5	**0.5	789.7
	45 to 54	128.5	97.9	162.0	145.7	207.6	**2.2	743.8
	55 to 64	123.3	64.0	114.4	121.1	189.1	**0.9	612.8
	65 and over	189.3	42.4	132.0	128.0	210.8	**2.1	704.5
	TOTAL	728.2	510.8	999.0	935.7	1,193.8	*8.7	4,376.2
Percentage of row (%)								
Males	15 to 24	6.2	11.7	22.7	26.2	32.7	**0.5	100.0
	25 to 34	9.7	14.3	32.5	24.2	19.3	**0.0	100.0
	35 to 44	11.5	19.6	28.9	19.4	20.6	**0.0	100.0
	45 to 54	17.1	17.2	23.7	16.0	25.5	**0.4	100.0
	55 to 64	20.4	13.0	20.7	18.0	28.0	**0.0	100.0
	65 and over	27.9	6.8	19.1	16.2	29.8	**0.3	100.0
	TOTAL	14.9	14.0	24.9	20.2	25.8	*0.2	100.0
Females	15 to 24	13.4	13.0	26.7	22.4	24.5	**0.0	100.0
	25 to 34	17.1	10.8	21.2	23.1	27.6	**0.3	100.0
	35 to 44	16.4	10.1	21.2	24.9	27.3	**0.1	100.0
	45 to 54	17.4	9.3	19.9	23.1	30.2	**0.2	100.0
	55 to 64	19.8	8.0	16.7	21.5	33.6	**0.3	100.0
	65 and over	26.0	5.3	18.5	19.9	30.1	**0.3	100.0
	TOTAL	18.3	9.4	20.8	22.5	28.8	*0.2	100.0
Persons	15 to 24	9.8	12.3	24.7	24.3	28.7	**0.3	100.0
	25 to 34	13.4	12.5	26.9	23.6	23.5	**0.1	100.0
	35 to 44	14.0	14.8	25.0	22.2	24.0	**0.1	100.0
	45 to 54	17.3	13.2	21.8	19.6	27.9	**0.3	100.0
	55 to 64	20.1	10.4	18.7	19.8	30.9	**0.1	100.0
	65 and over	26.9	6.0	18.7	18.2	29.9	**0.3	100.0
	TOTAL	16.6	11.7	22.8	21.4	27.3	*0.2	100.0

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 96: Victorian participants — participation in any physical activity by cumulative frequency, age and sex, 2010 (a) (b)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	44.9	312.9	262.0	225.7	359.7
	25 to 34	55.4	294.6	225.0	168.6	350.0
	35 to 44	76.2	268.4	213.9	155.8	344.6
	45 to 54	62.9	239.2	188.9	152.2	303.8
	55 to 64	39.1	200.3	163.6	138.2	239.4
	65 and over	22.4	212.8	177.8	150.4	236.1
	TOTAL		301.0	1,528.2	1,231.2	990.9
Females	15 to 24	47.7	270.5	225.1	172.3	318.2
	25 to 34	41.7	277.8	238.6	196.0	320.5
	35 to 44	40.6	293.7	257.3	208.9	334.8
	45 to 54	34.9	276.0	240.5	201.1	311.6
	55 to 64	24.9	224.3	196.8	172.0	250.1
	65 and over	20.0	257.9	220.2	188.3	279.2
	TOTAL		209.9	1,600.3	1,378.5	1,138.6
Persons	15 to 24	92.6	583.4	487.1	398.0	678.0
	25 to 34	97.1	572.4	463.6	364.6	670.6
	35 to 44	116.8	562.1	471.3	364.8	679.4
	45 to 54	97.9	515.2	429.4	353.3	615.3
	55 to 64	64.0	424.6	360.3	310.2	489.5
	65 and over	42.4	470.7	398.0	338.7	515.2
	TOTAL		510.8	3,128.5	2,609.8	2,129.5

Total participation rate (%) (c)

Males	15 to 24	11.7	81.5	68.3	58.8	93.8
	25 to 34	14.3	76.0	58.1	43.5	90.3
	35 to 44	19.6	68.9	54.9	40.0	88.5
	45 to 54	17.2	65.3	51.5	41.5	82.9
	55 to 64	13.0	66.6	54.4	45.9	79.6
	65 and over	6.8	65.0	54.3	46.0	72.1
	TOTAL	14.0	70.9	57.1	46.0	85.1
Females	15 to 24	13.0	73.6	61.2	46.9	86.6
	25 to 34	10.8	71.9	61.7	50.7	82.9
	35 to 44	10.1	73.4	64.3	52.2	83.6
	45 to 54	9.3	73.2	63.8	53.3	82.6
	55 to 64	8.0	71.9	63.1	55.1	80.2
	65 and over	5.3	68.4	58.4	49.9	74.0
	TOTAL	9.4	72.1	62.1	51.3	81.7
Persons	15 to 24	12.3	77.6	64.8	53.0	90.2
	25 to 34	12.5	73.9	59.9	47.1	86.6
	35 to 44	14.8	71.2	59.7	46.2	86.0
	45 to 54	13.2	69.3	57.7	47.5	82.7
	55 to 64	10.4	69.3	58.8	50.6	79.9
	65 and over	6.0	66.8	56.5	48.1	73.1
	TOTAL	11.7	71.5	59.6	48.7	83.4

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) Cumulative frequency should be interpreted as the total number of persons who engaged in the activity with **at least** that frequency (for example, 2.6 million Victorian persons engaged in physical activity at least twice per week, which is a combination of those who engaged twice, three times, four times and five times per week or more)

(c) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

Table 97: Victorian recent participants — recent participation in any physical activity by duration and age, 2010 (a)

		15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	Total
		Number ('000)						
Five hours or more	More than three sessions weekly	170.1	133.8	115.0	142.0	116.0	139.5	816.3
	Two or three sessions weekly	38.4	*10.9	24.6	16.8	17.7	26.6	134.9
	Less than two sessions weekly	**3.6	**3.6	*8.3	*4.4	*8.1	**3.7	31.7
	<i>Total</i>	212.1	148.3	147.9	163.2	141.8	169.7	983.0
Two hours or more but less than five hours	More than three sessions weekly	64.9	86.7	110.5	105.6	103.0	97.9	568.6
	Two or three sessions weekly	80.8	104.8	76.8	55.8	39.7	36.7	394.6
	Less than two sessions weekly	32.4	21.4	18.7	27.5	20.8	19.6	140.5
	<i>Total</i>	178.0	212.9	206.0	189.0	163.5	154.2	1,103.7
Less than two hours	More than three sessions weekly	*10.8	*6.1	*11.4	15.6	14.8	19.4	78.1
	Two or three sessions weekly	30.8	61.9	63.0	56.9	32.3	38.2	283.1
	Less than two sessions weekly	113.8	116.2	133.1	109.0	69.0	75.3	616.3
	<i>Total</i>	155.3	184.3	207.5	181.5	116.1	132.9	977.5
Total	More than three sessions weekly	245.8	226.6	237.0	263.2	233.8	256.7	1,463.0
	Two or three sessions weekly	150.0	177.6	164.4	129.5	89.7	101.5	812.7
	Less than two sessions weekly	149.7	141.3	160.0	140.9	97.9	98.6	788.5
	Total	545.4	545.5	561.3	533.6	421.4	456.9	3,064.2
		Percentage of total (%)						
Five hours or more	More than three sessions weekly	5.6	4.4	3.8	4.6	3.8	4.6	26.6
	Two or three sessions weekly	1.3	*0.4	0.8	0.5	0.6	0.9	4.4
	Less than two sessions weekly	**0.1	**0.1	*0.3	*0.1	*0.3	**0.1	1.0
	<i>Total</i>	6.9	4.8	4.8	5.3	4.6	5.5	32.1
Two hours or more but less than five hours	More than three sessions weekly	2.1	2.8	3.6	3.4	3.4	3.2	18.6
	Two or three sessions weekly	2.6	3.4	2.5	1.8	1.3	1.2	12.9
	Less than two sessions weekly	1.1	0.7	0.6	0.9	0.7	0.6	4.6
	<i>Total</i>	5.8	6.9	6.7	6.2	5.3	5.0	36.0
Less than two hours	More than three sessions weekly	*0.4	*0.2	*0.4	0.5	0.5	0.6	2.5
	Two or three sessions weekly	1.0	2.0	2.1	1.9	1.1	1.2	9.2
	Less than two sessions weekly	3.7	3.8	4.3	3.6	2.3	2.5	20.1
	<i>Total</i>	5.1	6.0	6.8	5.9	3.8	4.3	31.9
Total	More than three sessions weekly	8.0	7.4	7.7	8.6	7.6	8.4	47.7
	Two or three sessions weekly	4.9	5.8	5.4	4.2	2.9	3.3	26.5
	Less than two sessions weekly	4.9	4.6	5.2	4.6	3.2	3.2	25.7
	Total	17.8	17.8	18.3	17.4	13.8	14.9	100.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport in the two weeks prior to interview in 2010

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 98: Victorian regular participants — regular participation in any physical activity (organised and non-organised) by demographics, 2010 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Regular participation rate (b) (%)	Number (‘000)	Regular participation rate (%)	Number (‘000)	Regular participation rate (%)
AGE GROUP (YEARS)						
15 to 24	225.7	58.8	172.3	46.9	398.0	53.0
25 to 34	168.6	43.5	196.0	50.7	364.6	47.1
35 to 44	155.8	40.0	208.9	52.2	364.8	46.2
45 to 54	152.2	41.5	201.1	53.3	353.3	47.5
55 to 64	138.2	45.9	172.0	55.1	310.2	50.6
65 and over	150.4	46.0	188.3	49.9	338.7	48.1
REGION						
Capital city	728.4	46.2	845.1	52.2	1,573.5	49.2
Rest of state	262.5	45.4	293.5	48.8	556.0	47.2
EMPLOYMENT STATUS						
Employed full time	538.7	43.8	321.6	53.9	860.2	47.1
Employed part time	156.7	54.3	395.5	55.7	552.1	55.3
Employed refused	*5.2	*29.1	*8.6	*61.8	*13.8	*43.4
Total employed	700.5	45.6	725.7	55.0	1,426.2	50.0
Unemployed	50.2	46.7	36.1	40.7	86.3	44.0
Not in the labour force	240.2	46.9	376.8	46.4	617.0	46.6
MARITAL STATUS						
Married	531.4	42.3	638.9	52.5	1,170.2	47.3
Not married	455.3	51.2	492.0	49.9	947.4	50.5
Refused/Do not know	*4.3	*46.8	*7.7	*43.6	*11.9	*44.7
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	205.5	36.1	322.8	48.2	528.3	42.6
At least one under 18 — none at home	20.3	41.9	**2.7	**41.5	23.1	41.9
No children under 18	765.1	49.8	812.2	52.6	1,577.3	51.2
Refused	**0.0	**0.0	**0.9	**61.8	**0.9	**37.0
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	345.8	49.0	414.6	57.7	760.4	53.4
Undergraduate diploma or associate diploma	73.2	47.4	91.7	54.5	165.0	51.1
Certificate, trade qualification or apprenticeship	114.1	46.5	113.4	54.3	227.5	50.1
Highest level of secondary school	193.2	45.5	221.7	49.2	414.9	47.4
Did not complete highest level of school	200.3	41.2	230.3	44.1	430.6	42.7
Never went to school	**0.0	**0.0	**0.4	**21.7	**0.4	**8.5
Still at secondary school	38.8	49.2	31.9	39.0	70.7	44.0
Other	22.1	47.0	29.0	49.8	51.2	48.6
Refused	**3.4	**32.7	*5.5	*48.2	*8.9	*40.7
LANGUAGE SPOKEN AT HOME						
English only	849.6	47.1	1,008.2	53.0	1,857.8	50.1
European language/s other than English	48.7	41.9	55.7	52.9	104.4	47.1
Non-European language/s	95.2	38.9	80.9	36.1	176.1	37.6
Total	990.9	46.0	1,138.6	51.3	2,129.5	48.7

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the regular participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 99: All Victorian persons — participation in organised physical activity by frequency, age and sex, 2010 (a)

Sex	Age group (years)	None	Up to once	One or two	Three or four	Five or	Do not know	Total
			per week (b)	times per week (c)	times per week (d)	more times per week		
		Number ('000)						
Males	15 to 24	129.9	48.1	81.9	68.8	54.0	**1.0	383.7
	25 to 34	201.8	54.1	86.9	28.6	16.1	**0.0	387.5
	35 to 44	208.7	76.6	70.8	17.8	15.4	**0.0	389.4
	45 to 54	234.1	51.5	51.6	17.2	*12.1	**0.0	366.6
	55 to 64	204.0	36.1	41.4	*14.6	*4.6	**0.0	300.8
	65 and over	222.5	23.9	48.6	22.5	*9.2	**0.5	327.2
	TOTAL	1,201.1	290.4	381.2	169.6	111.5	**1.5	2,155.2
Females	15 to 24	164.6	48.1	81.9	44.7	27.4	**1.1	367.6
	25 to 34	235.3	40.3	72.0	27.1	*11.0	**1.0	386.6
	35 to 44	248.2	50.0	56.0	32.2	*13.5	**0.5	400.3
	45 to 54	265.4	35.9	37.7	27.9	*10.4	**0.0	377.3
	55 to 64	222.9	21.3	37.8	20.9	*9.1	**0.0	312.0
	65 and over	247.6	34.4	58.6	23.7	*12.4	**0.4	377.2
	TOTAL	1,384.0	229.9	344.0	176.4	83.8	**3.0	2,221.0
Persons	15 to 24	294.5	96.2	163.7	113.5	81.4	**2.1	751.3
	25 to 34	437.1	94.4	158.8	55.7	27.1	**1.0	774.1
	35 to 44	456.9	126.6	126.9	50.0	28.9	**0.5	789.7
	45 to 54	499.6	87.4	89.3	45.1	22.5	**0.0	743.8
	55 to 64	426.9	57.5	79.2	35.5	*13.7	**0.0	612.8
	65 and over	470.2	58.4	107.2	46.2	21.6	**0.9	704.5
	TOTAL	2,585.1	520.3	725.1	346.0	195.2	*4.5	4,376.2

Percentage of row (%)

Males	15 to 24	33.9	12.5	21.3	17.9	14.1	**0.3	100.0
	25 to 34	52.1	14.0	22.4	7.4	4.2	**0.0	100.0
	35 to 44	53.6	19.7	18.2	4.6	4.0	**0.0	100.0
	45 to 54	63.9	14.1	14.1	4.7	*3.3	**0.0	100.0
	55 to 64	67.8	12.0	13.8	*4.9	*1.5	**0.0	100.0
	65 and over	68.0	7.3	14.9	6.9	*2.8	**0.1	100.0
	TOTAL	55.7	13.5	17.7	7.9	5.2	**0.1	100.0
Females	15 to 24	44.8	13.1	22.3	12.1	7.4	**0.3	100.0
	25 to 34	60.9	10.4	18.6	7.0	*2.8	**0.3	100.0
	35 to 44	62.0	12.5	14.0	8.0	*3.4	**0.1	100.0
	45 to 54	70.4	9.5	10.0	7.4	*2.7	**0.0	100.0
	55 to 64	71.4	6.8	12.1	6.7	*2.9	**0.0	100.0
	65 and over	65.6	9.1	15.5	6.3	*3.3	**0.1	100.0
	TOTAL	62.3	10.4	15.5	7.9	3.8	**0.1	100.0
Persons	15 to 24	39.2	12.8	21.8	15.1	10.8	**0.3	100.0
	25 to 34	56.5	12.2	20.5	7.2	3.5	**0.1	100.0
	35 to 44	57.9	16.0	16.1	6.3	3.7	**0.1	100.0
	45 to 54	67.2	11.7	12.0	6.1	3.0	**0.0	100.0
	55 to 64	69.7	9.4	12.9	5.8	*2.2	**0.0	100.0
	65 and over	66.7	8.3	15.2	6.6	3.1	**0.1	100.0
	TOTAL	59.1	11.9	16.6	7.9	4.5	*0.1	100.0

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 100: Victorian organised participants — participation in organised physical activity by cumulative frequency, age and sex, 2010 (a) (b)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	48.1	204.7	157.2	122.8	253.8
	25 to 34	54.1	131.6	78.3	44.7	185.7
	35 to 44	76.6	104.1	61.8	33.2	180.7
	45 to 54	51.5	80.9	55.8	29.4	132.5
	55 to 64	36.1	60.7	36.1	19.2	96.8
	65 and over	23.9	80.3	55.8	31.7	104.7
	TOTAL		290.4	662.2	445.0	281.1
Females	15 to 24	48.1	153.9	109.0	72.0	203.1
	25 to 34	40.3	110.0	69.7	38.1	151.3
	35 to 44	50.0	101.7	66.1	45.7	152.2
	45 to 54	35.9	75.9	57.7	38.2	111.8
	55 to 64	21.3	67.8	50.9	30.0	89.1
	65 and over	34.4	94.7	61.7	36.1	129.6
	TOTAL		229.9	604.1	415.0	260.1
Persons	15 to 24	96.2	358.6	266.2	194.9	456.9
	25 to 34	94.4	241.6	148.0	82.8	337.0
	35 to 44	126.6	205.8	127.9	78.9	332.9
	45 to 54	87.4	156.9	113.4	67.6	244.3
	55 to 64	57.5	128.4	87.0	49.2	185.9
	65 and over	58.4	175.0	117.5	67.8	234.3
	TOTAL		520.3	1,266.3	860.0	541.2

Total participation rate (%) (c)

Males	15 to 24	12.5	53.3	41.0	32.0	66.1
	25 to 34	14.0	34.0	20.2	11.5	47.9
	35 to 44	19.7	26.7	15.9	8.5	46.4
	45 to 54	14.1	22.1	15.2	8.0	36.1
	55 to 64	12.0	20.2	12.0	6.4	32.2
	65 and over	7.3	24.5	17.1	9.7	32.0
	TOTAL		13.5	30.7	20.6	13.0
Females	15 to 24	13.1	41.9	29.7	19.6	55.2
	25 to 34	10.4	28.5	18.0	9.9	39.1
	35 to 44	12.5	25.4	16.5	11.4	38.0
	45 to 54	9.5	20.1	15.3	10.1	29.6
	55 to 64	6.8	21.7	16.3	9.6	28.6
	65 and over	9.1	25.1	16.4	9.6	34.4
	TOTAL		10.4	27.2	18.7	11.7
Persons	15 to 24	12.8	47.7	35.4	25.9	60.8
	25 to 34	12.2	31.2	19.1	10.7	43.5
	35 to 44	16.0	26.1	16.2	10.0	42.1
	45 to 54	11.7	21.1	15.2	9.1	32.8
	55 to 64	9.4	21.0	14.2	8.0	30.3
	65 and over	8.3	24.8	16.7	9.6	33.3
	TOTAL		11.9	28.9	19.7	12.4

(a) Relates to persons aged 15 years and over who participated in organised physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) Cumulative frequency should be interpreted as the total number of persons who engaged in the activity with **at least** that frequency (for example, 860,000 Victorian persons engaged in organised physical activity at least twice per week, which is a combination of those who engaged twice, three times, four times and five times per week or more)

(c) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

Table 101: Victorian organised participants — total participation in organised activities by type of organisation, age and sex, 2010 (a)

Sex	Age group (years)	Fitness, leisure or indoor sports centre	Sport or recreation club or association (c)	Work	School	Other	Total organised participation
		Number ('000)					
Males	15 to 24	103.0	193.8	*7.7	66.3	28.8	253.8
	25 to 34	97.2	135.4	16.2	*7.7	19.5	185.7
	35 to 44	62.4	123.0	15.4	**3.4	30.8	180.7
	45 to 54	35.5	102.9	**3.1	**1.2	16.8	132.5
	55 to 64	22.2	70.1	*5.7	**1.7	21.8	96.8
	65 and over	27.0	77.7	**1.0	**0.0	24.4	104.7
	TOTAL		347.2	702.9	49.1	80.3	142.1
Females	15 to 24	101.5	127.9	*7.6	71.4	30.8	203.1
	25 to 34	89.1	71.6	*5.5	**2.7	38.0	151.3
	35 to 44	84.5	67.4	*9.5	*4.5	39.9	152.2
	45 to 54	58.7	54.8	**2.1	**1.9	26.0	111.8
	55 to 64	39.9	40.5	*4.7	**1.4	27.4	89.1
	65 and over	48.2	52.6	**0.3	**0.8	60.0	129.6
	TOTAL		422.0	414.8	29.6	82.6	222.1
Persons	15 to 24	204.5	321.7	15.3	137.7	59.5	456.9
	25 to 34	186.3	207.0	21.6	*10.4	57.6	337.0
	35 to 44	146.9	190.3	24.9	*7.9	70.8	332.9
	45 to 54	94.2	157.7	*5.2	**3.1	42.9	244.3
	55 to 64	62.1	110.6	*10.4	**3.1	49.2	185.9
	65 and over	75.2	130.4	**1.2	**0.8	84.3	234.3
	TOTAL		769.3	1,117.7	78.6	163.0	364.2

Total participation rate (%) (b)

Males	15 to 24	26.8	50.5	*2.0	17.3	7.5	66.1
	25 to 34	25.1	35.0	4.2	*2.0	5.0	47.9
	35 to 44	16.0	31.6	4.0	**0.9	7.9	46.4
	45 to 54	9.7	28.1	**0.8	**0.3	4.6	36.1
	55 to 64	7.4	23.3	*1.9	**0.6	7.2	32.2
	65 and over	8.2	23.8	**0.3	**0.0	7.4	32.0
	TOTAL	16.1	32.6	2.3	3.7	6.6	44.3
Females	15 to 24	27.6	34.8	*2.1	19.4	8.4	55.2
	25 to 34	23.1	18.5	*1.4	**0.7	9.8	39.1
	35 to 44	21.1	16.8	*2.4	*1.1	10.0	38.0
	45 to 54	15.6	14.5	**0.5	**0.5	6.9	29.6
	55 to 64	12.8	13.0	*1.5	**0.4	8.8	28.6
	65 and over	12.8	13.9	**0.1	**0.2	15.9	34.4
	TOTAL	19.0	18.7	1.3	3.7	10.0	37.7
Persons	15 to 24	27.2	42.8	2.0	18.3	7.9	60.8
	25 to 34	24.1	26.7	2.8	*1.3	7.4	43.5
	35 to 44	18.6	24.1	3.2	*1.0	9.0	42.1
	45 to 54	12.7	21.2	*0.7	**0.4	5.8	32.8
	55 to 64	10.1	18.0	*1.7	**0.5	8.0	30.3
	65 and over	10.7	18.5	**0.2	**0.1	12.0	33.3
	TOTAL	17.6	25.5	1.8	3.7	8.3	40.9

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) All aerobics/fitness participants describing their activity as organised by a sport or recreation club or association have been recoded to fitness, leisure or indoor sports centre

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 102: Victorian participants — total participation in specific activities (organised and non-organised) by sex, 2010 (a)

Activity	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
Aerobics/fitness	417.3	19.4	662.6	29.8	1,079.9	24.7
Aquarobics	*7.8	*0.4	40.6	1.8	48.4	1.1
Athletics/track and field	*11.6	*0.5	*11.6	*0.5	23.3	0.5
Australian rules football	220.5	10.2	14.9	0.7	235.3	5.4
Badminton	36.9	1.7	24.7	1.1	61.6	1.4
Baseball	*5.4	*0.2	**1.7	**0.1	*7.1	*0.2
Basketball	143.4	6.7	67.0	3.0	210.5	4.8
Billiards/snooker/pool	**2.2	*0.1	**2.6	**0.1	*4.8	*0.1
Boxing	27.4	1.3	20.3	0.9	47.7	1.1
Canoeing/kayaking	20.8	1.0	*14.6	*0.7	35.4	0.8
Carpet bowls	**1.9	*0.1	**3.5	**0.2	*5.3	*0.1
Cricket (indoor)	30.8	1.4	*4.4	*0.2	35.1	0.8
Cricket (outdoor)	142.1	6.6	*12.5	*0.6	154.6	3.5
Cycling	364.7	16.9	190.5	8.6	555.2	12.7
Dancing	*13.7	*0.6	78.8	3.5	92.6	2.1
Darts	**2.2	*0.1	**0.4	**0.0	**2.6	**0.1
Fishing	65.8	3.1	**2.2	**0.1	68.0	1.6
Golf	262.4	12.2	56.6	2.5	319.0	7.3
Gymnastics	*5.9	*0.3	*4.7	*0.2	*10.5	*0.2
Hockey (indoor)	**3.2	*0.1	**1.4	**0.1	*4.6	*0.1
Hockey (outdoor)	17.8	0.8	*11.8	*0.5	29.6	0.7
Horse riding/equestrian activities/polocrosse	*5.0	*0.2	30.9	1.4	35.9	0.8
Ice/snow sports	40.4	1.9	31.7	1.4	72.1	1.6
Lawn bowls	55.5	2.6	22.2	1.0	77.6	1.8
Martial arts	46.3	2.1	37.6	1.7	83.9	1.9
Motor sports	47.6	2.2	*5.7	*0.3	53.3	1.2
Netball	18.6	0.9	149.4	6.7	168.0	3.8
Orienteering	17.0	0.8	*6.3	*0.3	23.3	0.5
Rock climbing	*12.7	*0.6	**2.6	**0.1	15.3	0.4
Roller sports	15.1	0.7	*5.3	*0.2	20.5	0.5
Rowing	*4.7	*0.2	*12.6	*0.6	17.4	0.4
Rugby league	*10.9	*0.5	**0.5	**0.0	*11.4	*0.3
Rugby union	**1.2	*0.1	**1.4	**0.1	**2.6	**0.1
Running	321.9	14.9	234.3	10.5	556.2	12.7
Sailing	24.8	1.2	*5.0	*0.2	29.8	0.7
Scuba diving	*13.7	*0.6	*7.3	*0.3	21.0	0.5
Shooting sports	24.4	1.1	**0.0	**0.0	24.4	0.6
Football (indoor)	96.5	4.5	18.9	0.9	115.4	2.6
Football (outdoor)	113.5	5.3	41.5	1.9	155.0	3.5
Softball	**1.3	*0.1	*8.7	*0.4	*10.0	*0.2
Squash/racquet ball	31.8	1.5	*5.1	*0.2	36.9	0.8
Surf sports	39.2	1.8	15.4	0.7	54.6	1.2
Swimming	271.6	12.6	318.8	14.4	590.4	13.5
Table tennis	30.8	1.4	**2.6	**0.1	33.4	0.8
Tennis	160.2	7.4	137.6	6.2	297.8	6.8
Tenpin bowling	*14.0	*0.6	*14.2	*0.6	28.2	0.6
Touch football	*10.5	*0.5	*5.7	*0.3	16.2	0.4
Triathlon	*7.9	*0.4	*4.2	*0.2	*12.0	*0.3
Volleyball	27.5	1.3	23.5	1.1	51.0	1.2
Walking (bush)	106.8	5.0	93.5	4.2	200.3	4.6
Walking (other)	577.4	26.8	1,023.9	46.1	1,601.3	36.6
Water polo	**2.9	*0.1	**0.6	**0.0	**3.4	**0.1
Waterskiing/powerboating	18.3	0.9	*14.2	*0.6	32.5	0.7
Weight training	62.8	2.9	40.8	1.8	103.6	2.4
Yoga	22.5	1.0	163.7	7.4	186.3	4.3

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group.

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 103: Victorian participants — total participation in specific activities by type of activity, 2010 (a)

Activity	Number ('000)			Total participation rate (%) (b)		
	Organised	Non-organised	Total	Organised	Non-organised	Total
Aerobics/fitness	357.4	793.3	1,079.9	8.2	18.1	24.7
Aquarobics	32.0	18.0	48.4	0.7	0.4	1.1
Athletics/track and field	15.1	*9.9	23.3	0.3	*0.2	0.5
Australian rules football	178.2	73.5	235.3	4.1	1.7	5.4
Badminton	27.0	39.1	61.6	0.6	0.9	1.4
Baseball	*6.4	**2.4	*7.1	*0.1	**0.1	*0.2
Basketball	147.9	79.2	210.5	3.4	1.8	4.8
Billiards/snooker/pool	**1.7	**3.0	*4.8	**0.0	**0.1	*0.1
Boxing	21.8	26.6	47.7	0.5	0.6	1.1
Canoeing/kayaking	*11.4	25.7	35.4	*0.3	0.6	0.8
Carpet bowls	*5.3	**0.0	*5.3	*0.1	**0.0	*0.1
Cricket (indoor)	19.4	16.4	35.1	0.4	0.4	0.8
Cricket (outdoor)	112.5	45.8	154.6	2.6	1.0	3.5
Cycling	68.7	527.7	555.2	1.6	12.1	12.7
Dancing	69.1	28.9	92.6	1.6	0.7	2.1
Darts	**1.2	**1.3	**2.6	**0.0	**0.0	**0.1
Fishing	*8.9	66.0	68.0	*0.2	1.5	1.6
Golf	156.9	211.2	319.0	3.6	4.8	7.3
Gymnastics	**2.7	*7.8	*10.5	**0.1	*0.2	*0.2
Hockey (indoor)	*4.6	**0.4	*4.6	*0.1	**0.0	*0.1
Hockey (outdoor)	28.3	**2.4	29.6	0.6	**0.1	0.7
Horse riding/equestrian activities/polocrosse	18.4	31.6	35.9	0.4	0.7	0.8
Ice/snow sports	*10.2	68.1	72.1	*0.2	1.6	1.6
Lawn bowls	72.4	16.3	77.6	1.7	0.4	1.8
Martial arts	74.4	17.4	83.9	1.7	0.4	1.9
Motor sports	20.0	42.4	53.3	0.5	1.0	1.2
Netball	146.1	38.4	168.0	3.3	0.9	3.8
Orienteering	*10.0	18.5	23.3	*0.2	0.4	0.5
Rock climbing	*3.9	*12.3	15.3	*0.1	*0.3	0.4
Roller sports	**2.8	18.6	20.5	**0.1	0.4	0.5
Rowing	14.7	*3.8	17.4	0.3	*0.1	0.4
Rugby league	*7.9	*4.7	*11.4	*0.2	*0.1	*0.3
Rugby union	**2.6	**1.2	**2.6	**0.1	**0.0	**0.1
Running	82.3	513.8	556.2	1.9	11.7	12.7
Sailing	21.4	*13.5	29.8	0.5	*0.3	0.7
Scuba diving	*13.3	*12.7	21.0	*0.3	*0.3	0.5
Shooting sports	*10.0	17.0	24.4	*0.2	0.4	0.6
Football (indoor)	68.1	61.7	115.4	1.6	1.4	2.6
Football (outdoor)	95.6	74.2	155.0	2.2	1.7	3.5
Softball	*10.0	**1.3	*10.0	*0.2	**0.0	*0.2
Squash/racquet ball	*8.5	29.2	36.9	*0.2	0.7	0.8
Surf sports	*8.6	49.8	54.6	*0.2	1.1	1.2
Swimming	64.2	551.2	590.4	1.5	12.6	13.5
Table tennis	19.0	17.8	33.4	0.4	0.4	0.8
Tennis	146.9	186.2	297.8	3.4	4.3	6.8
Tenpin bowling	*11.4	18.8	28.2	*0.3	0.4	0.6
Touch football	*13.8	**3.6	16.2	*0.3	**0.1	0.4
Triathlon	*9.7	*4.1	*12.0	*0.2	*0.1	*0.3
Volleyball	36.3	17.1	51.0	0.8	0.4	1.2
Walking (bush)	29.2	177.9	200.3	0.7	4.1	4.6
Walking (other)	77.8	1,568.6	1,601.3	1.8	35.8	36.6
Water polo	**3.4	**0.0	**3.4	**0.1	**0.0	**0.1
Waterskiing/powerboating	**1.9	31.5	32.5	**0.0	0.7	0.7
Weight training	23.0	87.1	103.6	0.5	2.0	2.4
Yoga	103.7	98.3	186.3	2.4	2.2	4.3

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group.

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

10.3.8 Western Australia

Table 104: Western Australian participants — total participation in physical activity by type of participation, age and sex, 2010 (a)

Sex	Age group (years)	Organised only (c)	Non-organised only (d)	Both organised and non-organised (e)	Total organised	Total non-organised	Total participation
		(A)	(B)	(C)	(A + C)	(B + C)	(A + B + C)
		Number ('000)					
Males	15 to 24	35.2	55.2	54.9	90.0	110.0	145.2
	25 to 34	23.0	77.5	56.6	79.5	134.0	157.0
	35 to 44	21.0	89.2	33.4	54.4	122.6	143.6
	45 to 54	*9.8	85.2	36.5	46.2	121.7	131.5
	55 to 64	*7.9	73.9	30.5	38.3	104.3	112.2
	65 and over	*13.6	52.7	25.1	38.7	77.8	91.3
	TOTAL		110.3	433.6	236.9	347.1	670.5
Females	15 to 24	30.6	30.7	62.8	93.4	93.5	124.1
	25 to 34	*14.3	77.8	44.2	58.5	122.0	136.3
	35 to 44	19.0	70.4	46.3	65.3	116.6	135.6
	45 to 54	*11.0	76.7	43.5	54.4	120.2	131.2
	55 to 64	*6.8	73.2	26.0	32.8	99.2	106.0
	65 and over	*12.5	56.9	30.4	42.9	87.2	99.8
	TOTAL		94.2	385.6	253.1	347.3	638.7
Persons	15 to 24	65.7	85.9	117.7	183.4	203.6	269.3
	25 to 34	37.3	155.2	100.8	138.0	256.0	293.3
	35 to 44	40.0	159.6	79.7	119.6	239.2	279.2
	45 to 54	20.7	162.0	79.9	100.7	241.9	262.6
	55 to 64	*14.7	147.1	56.4	71.1	203.5	218.2
	65 and over	26.1	109.5	55.5	81.6	165.0	191.1
	TOTAL		204.5	819.2	490.0	694.5	1,309.2
Total participation rate (%) (b)							
Males	15 to 24	21.9	34.4	34.2	56.1	68.6	90.5
	25 to 34	14.0	47.2	34.4	48.4	81.6	95.6
	35 to 44	12.5	53.1	19.9	32.3	73.0	85.4
	45 to 54	*6.1	53.5	22.9	29.0	76.3	82.5
	55 to 64	*6.1	57.3	23.6	29.7	80.9	87.0
	65 and over	*10.9	42.3	20.2	31.1	62.5	73.4
	TOTAL		12.2	47.9	26.2	38.3	74.1
Females	15 to 24	20.2	20.2	41.4	61.6	61.6	81.8
	25 to 34	*9.2	50.3	28.6	37.8	78.8	88.1
	35 to 44	11.8	43.5	28.6	40.4	72.1	83.9
	45 to 54	*7.0	49.0	27.7	34.7	76.7	83.7
	55 to 64	*5.4	58.0	20.6	26.0	78.6	84.0
	65 and over	*9.2	41.8	22.3	31.5	64.1	73.3
	TOTAL		10.6	43.5	28.5	39.2	72.0
Persons	15 to 24	21.1	27.5	37.7	58.8	65.2	86.3
	25 to 34	11.7	48.7	31.6	43.3	80.3	91.9
	35 to 44	12.1	48.4	24.2	36.3	72.6	84.7
	45 to 54	6.6	51.2	25.3	31.8	76.5	83.1
	55 to 64	*5.8	57.7	22.1	27.9	79.8	85.6
	65 and over	10.0	42.0	21.3	31.3	63.3	73.3
	TOTAL		11.4	45.7	27.3	38.7	73.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) Participants' activities are fully organised

(d) Participants' activities are fully non-organised

(e) Participants' activities are part organised and part non-organised

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 105: Western Australian participants — total participation in any physical activity (organised and non-organised) by demographics, 2010 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
AGE GROUP (YEARS)						
15 to 24	145.2	90.5	124.1	81.8	269.3	86.3
25 to 34	157.0	95.6	136.3	88.1	293.3	91.9
35 to 44	143.6	85.4	135.6	83.9	279.2	84.7
45 to 54	131.5	82.5	131.2	83.7	262.6	83.1
55 to 64	112.2	87.0	106.0	84.0	218.2	85.6
65 and over	91.3	73.4	99.8	73.3	191.1	73.3
REGION						
Capital city	581.1	86.8	564.6	84.9	1,145.7	85.8
Rest of state	199.7	84.8	168.3	75.9	368.0	80.5
EMPLOYMENT STATUS						
Employed full time	486.0	87.8	235.3	88.7	721.3	88.1
Employed part time	82.9	89.2	254.4	86.1	337.3	86.8
Employed refused	*5.6	*73.9	*9.4	*86.6	*15.1	*81.4
Total employed	574.6	87.9	499.1	87.3	1,073.7	87.6
Unemployed	52.3	90.0	16.9	69.7	69.2	84.0
Not in the labour force	153.8	79.5	217.0	74.5	370.8	76.5
MARITAL STATUS						
Married	464.0	85.1	435.2	83.4	899.2	84.3
Not married	312.8	87.8	293.0	81.2	605.8	84.5
Refused/Do not know	**3.9	**100.0	*4.8	*100.0	*8.7	*100.0
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	212.6	85.5	237.0	81.8	449.6	83.5
At least one under 18 — none at home	25.3	100.0	*5.0	*71.2	30.3	93.8
No children under 18	541.5	85.9	490.9	83.2	1,032.4	84.6
Refused	**1.5	**100.0	**0.0	**0.0	**1.5	**100.0
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	224.8	94.2	207.7	90.8	432.5	92.5
Undergraduate diploma or associate diploma	53.5	92.3	52.3	81.4	105.8	86.6
Certificate, trade qualification or apprenticeship	113.2	78.7	108.1	84.9	221.2	81.6
Highest level of secondary school	169.5	85.5	160.7	81.0	330.2	83.3
Did not complete highest level of school	167.8	80.2	158.7	73.4	326.5	76.7
Never went to school	**0.6	**100.0	**1.1	**100.0	**1.7	**100.0
Still at secondary school	32.1	93.4	23.7	89.5	55.8	91.7
Other	*12.5	*82.8	*14.0	*82.8	26.5	82.8
Refused	*6.8	*91.9	*6.6	*86.7	*13.4	*89.3
LANGUAGE SPOKEN AT HOME						
English only	694.8	86.4	662.1	83.7	1,356.9	85.0
European language/s other than English	20.3	97.1	17.8	74.5	38.1	85.0
Non-European language/s	67.1	82.1	55.0	73.8	122.1	78.1
Total	780.8	86.2	732.9	82.6	1,513.7	84.5

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 106: All Western Australian persons — participation in any physical activity by frequency, age and sex, 2010 (a)

Sex	Age group (years)	None	Up to once per week (b)	One or two times per week (c)	Three or four times per week (d)	Five or more times per week	Do not know	Total
		Number ('000)						
Males	15 to 24	*15.2	26.6	34.4	36.9	47.3	**0.0	160.4
	25 to 34	*7.2	36.5	38.2	35.0	47.3	**0.0	164.2
	35 to 44	24.5	24.2	47.9	39.2	32.3	**0.0	168.1
	45 to 54	28.0	*14.0	33.6	28.0	55.9	**0.0	159.4
	55 to 64	16.7	*14.8	21.7	21.6	53.2	**1.0	128.9
	65 and over	33.1	*11.6	21.3	19.0	38.9	**0.6	124.4
	TOTAL	124.6	127.6	197.0	179.7	274.9	**1.6	905.4
Females	15 to 24	27.6	25.1	31.2	21.1	46.7	**0.0	151.7
	25 to 34	18.5	18.0	29.5	36.8	52.0	**0.0	154.8
	35 to 44	26.0	16.5	28.6	33.7	56.8	**0.0	161.6
	45 to 54	25.5	*11.6	30.9	31.3	57.4	**0.0	156.6
	55 to 64	20.1	*7.9	26.0	25.1	46.4	**0.6	126.1
	65 and over	36.4	*8.9	21.0	18.2	50.6	**1.0	136.1
	TOTAL	154.1	88.0	167.2	166.3	309.9	**1.6	887.0
Persons	15 to 24	42.8	51.7	65.6	58.0	94.0	**0.0	312.1
	25 to 34	25.7	54.5	67.7	71.8	99.3	**0.0	319.0
	35 to 44	50.5	40.7	76.5	72.9	89.1	**0.0	329.7
	45 to 54	53.4	25.5	64.5	59.2	113.3	**0.0	316.1
	55 to 64	36.8	22.6	47.6	46.8	99.6	**1.6	255.0
	65 and over	69.5	20.4	42.3	37.2	89.5	**1.6	260.6
	TOTAL	278.7	215.6	364.2	346.0	584.8	**3.2	1,792.4
Percentage of row (%)								
Males	15 to 24	*9.5	16.6	21.4	23.0	29.5	**0.0	100.0
	25 to 34	*4.4	22.2	23.3	21.3	28.8	**0.0	100.0
	35 to 44	14.6	14.4	28.5	23.3	19.2	**0.0	100.0
	45 to 54	17.5	*8.8	21.1	17.5	35.1	**0.0	100.0
	55 to 64	13.0	*11.5	16.8	16.8	41.3	**0.8	100.0
	65 and over	26.6	*9.3	17.1	15.2	31.3	**0.5	100.0
	TOTAL	13.8	14.1	21.8	19.8	30.4	**0.2	100.0
Females	15 to 24	18.2	16.6	20.5	13.9	30.8	**0.0	100.0
	25 to 34	11.9	11.6	19.1	23.8	33.6	**0.0	100.0
	35 to 44	16.1	10.2	17.7	20.8	35.1	**0.0	100.0
	45 to 54	16.3	*7.4	19.8	20.0	36.6	**0.0	100.0
	55 to 64	16.0	*6.3	20.6	19.9	36.8	**0.5	100.0
	65 and over	26.7	*6.5	15.4	13.4	37.2	**0.7	100.0
	TOTAL	17.4	9.9	18.8	18.7	34.9	**0.2	100.0
Persons	15 to 24	13.7	16.6	21.0	18.6	30.1	**0.0	100.0
	25 to 34	8.1	17.1	21.2	22.5	31.1	**0.0	100.0
	35 to 44	15.3	12.4	23.2	22.1	27.0	**0.0	100.0
	45 to 54	16.9	8.1	20.4	18.7	35.8	**0.0	100.0
	55 to 64	14.4	8.9	18.7	18.3	39.0	**0.6	100.0
	65 and over	26.7	7.8	16.2	14.3	34.4	**0.6	100.0
	TOTAL	15.5	12.0	20.3	19.3	32.6	**0.2	100.0

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 107: Western Australian participants — participation in any physical activity by cumulative frequency, age and sex, 2010 (a) (b)

		Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
Sex	Age group (years)	Number ('000)				
Males	15 to 24	26.6	118.6	100.7	84.2	145.2
	25 to 34	36.5	120.4	105.8	82.3	157.0
	35 to 44	24.2	119.4	96.3	71.5	143.6
	45 to 54	*14.0	117.5	104.9	83.9	131.5
	55 to 64	*14.8	96.5	87.6	74.8	112.2
	65 and over	*11.6	79.2	65.0	57.8	91.3
	TOTAL	127.6	651.6	560.3	454.6	780.8
Females	15 to 24	25.1	99.0	85.9	67.8	124.1
	25 to 34	18.0	118.3	102.6	88.8	136.3
	35 to 44	16.5	119.1	109.6	90.5	135.6
	45 to 54	*11.6	119.6	106.2	88.6	131.2
	55 to 64	*7.9	97.5	85.9	71.5	106.0
	65 and over	*8.9	89.9	80.6	68.9	99.8
	TOTAL	88.0	643.3	570.9	476.1	732.9
Persons	15 to 24	51.7	217.6	186.6	152.0	269.3
	25 to 34	54.5	238.8	208.4	171.1	293.3
	35 to 44	40.7	238.5	205.9	162.0	279.2
	45 to 54	25.5	237.1	211.1	172.5	262.6
	55 to 64	22.6	194.0	173.5	146.3	218.2
	65 and over	20.4	169.0	145.7	126.7	191.1
	TOTAL	215.6	1,294.9	1,131.2	930.7	1,513.7
Total participation rate (%) (c)						
Males	15 to 24	16.6	74.0	62.8	52.5	90.5
	25 to 34	22.2	73.4	64.4	50.1	95.6
	35 to 44	14.4	71.0	57.3	42.6	85.4
	45 to 54	*8.8	73.7	65.8	52.6	82.5
	55 to 64	*11.5	74.8	68.0	58.0	87.0
	65 and over	*9.3	63.6	52.3	46.5	73.4
	TOTAL	14.1	72.0	61.9	50.2	86.2
Females	15 to 24	16.6	65.2	56.6	44.7	81.8
	25 to 34	11.6	76.5	66.3	57.4	88.1
	35 to 44	10.2	73.7	67.8	56.0	83.9
	45 to 54	*7.4	76.3	67.8	56.6	83.7
	55 to 64	*6.3	77.3	68.1	56.7	84.0
	65 and over	*6.5	66.0	59.2	50.6	73.3
	TOTAL	9.9	72.5	64.4	53.7	82.6
Persons	15 to 24	16.6	69.7	59.8	48.7	86.3
	25 to 34	17.1	74.9	65.3	53.6	91.9
	35 to 44	12.4	72.3	62.4	49.1	84.7
	45 to 54	8.1	75.0	66.8	54.6	83.1
	55 to 64	8.9	76.1	68.0	57.4	85.6
	65 and over	7.8	64.9	55.9	48.6	73.3
	TOTAL	12.0	72.2	63.1	51.9	84.5

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) Cumulative frequency should be interpreted as the total number of persons who engaged in the activity with **at least** that frequency (for example, 1.1 million Western Australian persons engaged in physical activity at least twice per week, which is a combination of those who engaged twice, three times, four times and five times per week or more)

(c) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 108: Western Australian recent participants — recent participation in any physical activity by duration and age, 2010 (a)

		15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	Total
		Number ('000)						
Five hours or more	More than three sessions weekly	60.5	60.7	43.1	56.6	53.8	50.1	324.7
	Two or three sessions weekly	*13.4	*8.1	*7.9	*5.9	*5.1	*8.9	49.2
	Less than two sessions weekly	**1.8	**1.9	**2.8	**3.1	**1.0	**1.7	*12.3
	<i>Total</i>	75.6	70.6	53.9	65.6	59.9	60.7	386.2
Two hours or more but less than five hours	More than three sessions weekly	40.3	50.4	62.2	66.7	47.7	39.9	307.1
	Two or three sessions weekly	45.7	36.1	34.0	28.9	18.1	*13.4	176.2
	Less than two sessions weekly	20.5	17.1	*8.5	*6.1	*8.5	*7.1	67.7
	<i>Total</i>	106.5	103.5	104.6	101.8	74.3	60.4	551.1
Less than two hours	More than three sessions weekly	*8.3	*4.3	*5.5	**3.1	*8.1	*9.3	38.5
	Two or three sessions weekly	*10.9	28.4	26.2	24.2	*11.5	*11.9	113.1
	Less than two sessions weekly	35.8	48.7	50.9	42.5	31.8	19.2	228.9
	<i>Total</i>	55.0	81.4	82.6	69.8	51.4	40.4	380.5
Total	More than three sessions weekly	109.0	115.3	110.8	126.4	109.6	99.3	670.4
	Two or three sessions weekly	70.0	72.5	68.0	59.1	34.7	34.2	338.6
	Less than two sessions weekly	58.1	67.6	62.3	51.7	41.2	28.0	308.9
	Total	237.1	255.5	241.1	237.1	185.6	161.5	1,317.8
		Percentage of total (%)						
Five hours or more	More than three sessions weekly	4.6	4.6	3.3	4.3	4.1	3.8	24.6
	Two or three sessions weekly	*1.0	*0.6	*0.6	*0.4	*0.4	*0.7	3.7
	Less than two sessions weekly	**0.1	**0.1	**0.2	**0.2	**0.1	**0.1	*0.9
	<i>Total</i>	5.7	5.4	4.1	5.0	4.5	4.6	29.3
Two hours or more but less than five hours	More than three sessions weekly	3.1	3.8	4.7	5.1	3.6	3.0	23.3
	Two or three sessions weekly	3.5	2.7	2.6	2.2	1.4	*1.0	13.4
	Less than two sessions weekly	1.6	1.3	*0.6	*0.5	*0.6	*0.5	5.1
	<i>Total</i>	8.1	7.9	7.9	7.7	5.6	4.6	41.8
Less than two hours	More than three sessions weekly	*0.6	*0.3	*0.4	**0.2	*0.6	*0.7	2.9
	Two or three sessions weekly	*0.8	2.2	2.0	1.8	*0.9	*0.9	8.6
	Less than two sessions weekly	2.7	3.7	3.9	3.2	2.4	1.5	17.4
	<i>Total</i>	4.2	6.2	6.3	5.3	3.9	3.1	28.9
Total	More than three sessions weekly	8.3	8.8	8.4	9.6	8.3	7.5	50.9
	Two or three sessions weekly	5.3	5.5	5.2	4.5	2.6	2.6	25.7
	Less than two sessions weekly	4.4	5.1	4.7	3.9	3.1	2.1	23.4
	Total	18.0	19.4	18.3	18.0	14.1	12.3	100.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport in the two weeks prior to interview in 2010

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 109: Western Australian regular participants — regular participation in any physical activity (organised and non-organised) by demographics, 2010 (a)

	MALES		FEMALES		PERSONS	
	Number (’000)	Regular participation rate (b) (%)	Number (’000)	Regular participation rate (%)	Number (’000)	Regular participation rate (%)
AGE GROUP (YEARS)						
15 to 24	84.2	52.5	67.8	44.7	152.0	48.7
25 to 34	82.3	50.1	88.8	57.4	171.1	53.6
35 to 44	71.5	42.6	90.5	56.0	162.0	49.1
45 to 54	83.9	52.6	88.6	56.6	172.5	54.6
55 to 64	74.8	58.0	71.5	56.7	146.3	57.4
65 and over	57.8	46.5	68.9	50.6	126.7	48.6
REGION						
Capital city	350.2	52.3	365.0	54.9	715.2	53.6
Rest of state	104.4	44.3	111.1	50.1	215.5	47.1
EMPLOYMENT STATUS						
Employed full time	270.8	48.9	156.2	58.9	427.0	52.2
Employed part time	55.8	60.0	164.3	55.6	220.1	56.6
Employed refused	**3.2	**41.5	*5.9	*54.0	*9.0	*48.8
Total employed	329.8	50.4	326.4	57.1	656.2	53.5
Unemployed	26.6	45.7	*7.6	*31.3	34.2	41.5
Not in the labour force	98.2	50.8	142.1	48.8	240.4	49.6
MARITAL STATUS						
Married	264.2	48.5	287.3	55.1	551.5	51.7
Not married	188.0	52.8	184.1	51.0	372.1	51.9
Refused/Do not know	**2.4	**60.0	*4.8	*100.0	*7.1	*81.9
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	102.4	41.2	154.6	53.3	257.0	47.7
At least one under 18 — none at home	17.2	68.0	*4.1	*59.0	21.3	66.0
No children under 18	335.0	53.2	317.4	53.8	652.4	53.5
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	135.4	56.7	143.0	62.5	278.3	59.5
Undergraduate diploma or associate diploma	36.5	62.9	28.9	45.0	65.4	53.5
Certificate, trade qualification or apprenticeship	58.6	40.7	74.6	58.6	133.1	49.1
Highest level of secondary school	89.4	45.1	96.8	48.8	186.1	46.9
Did not complete highest level of school	103.9	49.6	106.3	49.2	210.2	49.4
Never went to school	**0.0	**0.0	**1.1	**100.0	**1.1	**64.7
Still at secondary school	21.0	61.0	*11.1	*42.1	32.1	52.8
Other	*8.1	*53.9	*9.3	*55.1	17.5	54.5
Refused	**1.8	**24.0	*5.1	*66.9	*6.9	*45.8
LANGUAGE SPOKEN AT HOME						
English only	396.7	49.3	432.3	54.6	829.0	52.0
European language/s other than English	*13.5	*64.6	*11.5	*48.1	25.0	55.8
Non-European language/s	45.8	56.0	34.3	46.0	80.1	51.2
Total	454.6	50.2	476.1	53.7	930.7	51.9

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the regular participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 110: All Western Australian persons — participation in organised physical activity by frequency, age and sex, 2010 (a)

Sex	Age group (years)	None	Up to once	One or two	Three or four	Five or	Do not know	Total
			per week (b)	times per week (c)	times per week (d)	more times per week		
		Number ('000)						
Males	15 to 24	70.3	22.3	21.5	24.0	22.3	**0.0	160.4
	25 to 34	84.7	30.6	30.7	*9.1	*9.1	**0.0	164.2
	35 to 44	113.7	18.4	24.3	*8.7	**3.0	**0.0	168.1
	45 to 54	113.2	18.3	*14.0	*12.6	**1.4	**0.0	159.4
	55 to 64	90.6	*12.8	18.7	**3.9	**3.0	**0.0	128.9
	65 and over	85.8	*10.2	19.1	*6.2	**2.6	**0.6	124.4
	TOTAL	558.2	112.5	128.3	64.5	41.3	**0.6	905.4
Females	15 to 24	58.3	37.7	23.6	*12.6	19.6	**0.0	151.7
	25 to 34	96.2	22.1	23.5	*8.3	*4.6	**0.0	154.8
	35 to 44	96.4	28.4	18.5	*12.2	*6.2	**0.0	161.6
	45 to 54	102.2	21.1	24.1	*5.1	*4.1	**0.0	156.6
	55 to 64	93.3	*6.5	*13.1	*7.2	*5.4	**0.7	126.1
	65 and over	93.3	*8.7	26.3	*7.8	**0.0	**0.0	136.1
	TOTAL	539.7	124.5	129.1	53.2	39.9	**0.7	887.0
Persons	15 to 24	128.7	60.0	45.1	36.6	41.8	**0.0	312.1
	25 to 34	180.9	52.7	54.2	17.4	*13.7	**0.0	319.0
	35 to 44	210.1	46.8	42.9	20.8	*9.2	**0.0	329.7
	45 to 54	215.4	39.4	38.1	17.7	*5.5	**0.0	316.1
	55 to 64	183.9	19.2	31.7	*11.1	*8.4	**0.7	255.0
	65 and over	179.0	18.9	45.4	*14.0	**2.6	**0.6	260.6
	TOTAL	1,097.9	237.0	257.4	117.7	81.1	**1.3	1,792.4
Percentage of row (%)								
Males	15 to 24	43.9	13.9	13.4	15.0	13.9	**0.0	100.0
	25 to 34	51.6	18.6	18.7	*5.5	*5.5	**0.0	100.0
	35 to 44	67.7	10.9	14.5	*5.1	**1.8	**0.0	100.0
	45 to 54	71.0	11.5	*8.8	*7.9	**0.9	**0.0	100.0
	55 to 64	70.3	*9.9	14.5	**3.0	**2.3	**0.0	100.0
	65 and over	68.9	*8.2	15.4	*5.0	**2.1	**0.5	100.0
	TOTAL	61.7	12.4	14.2	7.1	4.6	**0.1	100.0
Females	15 to 24	38.4	24.8	15.5	*8.3	12.9	**0.0	100.0
	25 to 34	62.2	14.3	15.2	*5.4	*3.0	**0.0	100.0
	35 to 44	59.6	17.6	11.5	*7.5	*3.8	**0.0	100.0
	45 to 54	65.3	13.5	15.4	*3.3	*2.6	**0.0	100.0
	55 to 64	74.0	*5.1	*10.4	*5.7	*4.3	**0.5	100.0
	65 and over	68.5	*6.4	19.3	*5.8	**0.0	**0.0	100.0
	TOTAL	60.8	14.0	14.6	6.0	4.5	**0.1	100.0
Persons	15 to 24	41.2	19.2	14.4	11.7	13.4	**0.0	100.0
	25 to 34	56.7	16.5	17.0	5.4	*4.3	**0.0	100.0
	35 to 44	63.7	14.2	13.0	6.3	*2.8	**0.0	100.0
	45 to 54	68.2	12.5	12.0	5.6	*1.7	**0.0	100.0
	55 to 64	72.1	7.5	12.4	*4.4	*3.3	**0.3	100.0
	65 and over	68.7	7.3	17.4	*5.4	**1.0	**0.2	100.0
	TOTAL	61.3	13.2	14.4	6.6	4.5	**0.1	100.0

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 11.1: Western Australian organised participants — participation in organised physical activity by cumulative frequency, age and sex, 2010 (a) (b)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	22.3	67.8	57.0	46.3	90.0
	25 to 34	30.6	48.9	36.9	18.2	79.5
	35 to 44	18.4	36.0	17.3	*11.6	54.4
	45 to 54	18.3	28.0	22.4	*14.0	46.2
	55 to 64	*12.8	25.5	16.7	*6.9	38.3
	65 and over	*10.2	27.9	16.9	*8.8	38.7
	TOTAL	112.5	234.0	167.1	105.8	347.1
Females	15 to 24	37.7	55.7	40.7	32.1	93.4
	25 to 34	22.1	36.4	19.8	*12.9	58.5
	35 to 44	28.4	36.9	25.6	18.3	65.3
	45 to 54	21.1	33.4	23.3	*9.3	54.4
	55 to 64	*6.5	25.7	18.9	*12.6	32.8
	65 and over	*8.7	34.2	23.4	*7.8	42.9
	TOTAL	124.5	222.2	151.7	93.1	347.3
Persons	15 to 24	60.0	123.5	97.6	78.4	183.4
	25 to 34	52.7	85.3	56.7	31.1	138.0
	35 to 44	46.8	72.8	42.9	30.0	119.6
	45 to 54	39.4	61.3	45.7	23.2	100.7
	55 to 64	19.2	51.2	35.6	19.5	71.1
	65 and over	18.9	62.1	40.3	16.6	81.6
	TOTAL	237.0	456.2	318.8	198.8	694.5

Total participation rate (%) (c)

Males	15 to 24	13.9	42.3	35.5	28.9	56.1
	25 to 34	18.6	29.8	22.5	11.1	48.4
	35 to 44	10.9	21.4	10.3	*6.9	32.3
	45 to 54	11.5	17.5	14.0	*8.8	29.0
	55 to 64	*9.9	19.8	13.0	*5.3	29.7
	65 and over	*8.2	22.4	13.6	*7.1	31.1
	TOTAL	12.4	25.8	18.5	11.7	38.3
Females	15 to 24	24.8	36.7	26.8	21.2	61.6
	25 to 34	14.3	23.5	12.8	*8.3	37.8
	35 to 44	17.6	22.8	15.8	11.3	40.4
	45 to 54	13.5	21.3	14.9	*5.9	34.7
	55 to 64	*5.1	20.4	15.0	*10.0	26.0
	65 and over	*6.4	25.1	17.2	*5.8	31.5
	TOTAL	14.0	25.0	17.1	10.5	39.2
Persons	15 to 24	19.2	39.6	31.3	25.1	58.8
	25 to 34	16.5	26.7	17.8	9.7	43.3
	35 to 44	14.2	22.1	13.0	9.1	36.3
	45 to 54	12.5	19.4	14.5	7.4	31.8
	55 to 64	7.5	20.1	14.0	7.6	27.9
	65 and over	7.3	23.8	15.5	6.4	31.3
	TOTAL	13.2	25.5	17.8	11.1	38.7

(a) Relates to persons aged 15 years and over who participated in organised physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) Cumulative frequency should be interpreted as the total number of persons who engaged in the activity with **at least** that frequency (for example, 318,800 Western Australian persons engaged in organised physical activity at least twice per week, which is a combination of those who engaged twice, three times, four times and five times per week or more)

(c) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 112: Western Australian organised participants — total participation in organised activities by type of organisation, age and sex, 2010 (a)

Sex	Age group (years)	Fitness, leisure or indoor sports centre	Sport or recreation club or association (c)	Work	School	Other	Total organised participation
		Number ('000)					
Males	15 to 24	36.2	70.5	*8.9	28.6	*7.1	90.0
	25 to 34	25.4	57.1	**1.9	**3.7	*11.5	79.5
	35 to 44	21.5	44.1	**3.0	**1.5	*5.8	54.4
	45 to 54	*8.4	30.8	**1.4	**1.4	*15.4	46.2
	55 to 64	*9.8	32.4	**2.0	**0.0	*6.9	38.3
	65 and over	*7.4	25.9	**0.6	**0.0	*12.1	38.7
	TOTAL		108.7	260.9	17.7	35.2	58.8
Females	15 to 24	56.2	38.6	*8.1	27.1	20.6	93.4
	25 to 34	32.2	31.8	**3.2	**0.0	17.5	58.5
	35 to 44	40.3	31.6	**1.1	*4.4	*14.6	65.3
	45 to 54	22.7	21.6	**2.5	**1.6	19.3	54.4
	55 to 64	16.1	18.0	**0.0	**0.0	*7.3	32.8
	65 and over	16.6	22.3	**0.0	**0.0	18.5	42.9
	TOTAL		184.0	163.9	*14.9	33.2	97.7
Persons	15 to 24	92.3	109.2	16.9	55.7	27.7	183.4
	25 to 34	57.6	88.9	*5.1	**3.7	29.0	138.0
	35 to 44	61.8	75.7	*4.1	*5.9	20.4	119.6
	45 to 54	31.1	52.5	**3.9	**3.0	34.7	100.7
	55 to 64	25.9	50.4	**2.0	**0.0	*14.2	71.1
	65 and over	23.9	48.2	**0.6	**0.0	30.6	81.6
	TOTAL		292.7	424.8	32.5	68.3	156.5

Total participation rate (%) (b)

Males	15 to 24	22.5	44.0	*5.5	17.8	*4.4	56.1
	25 to 34	15.5	34.8	**1.1	**2.3	*7.0	48.4
	35 to 44	12.8	26.2	**1.8	**0.9	*3.5	32.3
	45 to 54	*5.3	19.4	**0.9	**0.9	*9.6	29.0
	55 to 64	*7.6	25.1	**1.5	**0.0	*5.4	29.7
	65 and over	*5.9	20.8	**0.5	**0.0	*9.8	31.1
	TOTAL		12.0	28.8	1.9	3.9	6.5
Females	15 to 24	37.0	25.5	*5.3	17.9	13.6	61.6
	25 to 34	20.8	20.6	**2.1	**0.0	11.3	37.8
	35 to 44	24.9	19.5	**0.7	*2.7	*9.0	40.4
	45 to 54	14.5	13.8	**1.6	**1.0	12.3	34.7
	55 to 64	12.7	14.3	**0.0	**0.0	*5.8	26.0
	65 and over	12.2	16.3	**0.0	**0.0	13.6	31.5
	TOTAL		20.7	18.5	*1.7	3.7	11.0
Persons	15 to 24	29.6	35.0	5.4	17.9	8.9	58.8
	25 to 34	18.1	27.9	*1.6	**1.2	9.1	43.3
	35 to 44	18.7	22.9	*1.2	*1.8	6.2	36.3
	45 to 54	9.9	16.6	**1.2	**1.0	11.0	31.8
	55 to 64	10.2	19.8	**0.8	**0.0	*5.6	27.9
	65 and over	9.2	18.5	**0.2	**0.0	11.7	31.3
	TOTAL		16.3	23.7	1.8	3.8	8.7

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) All aerobics/fitness participants describing their activity as organised by a sport or recreation club or association have been recoded to fitness, leisure or indoor sports centre

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 113: Western Australian participants — total participation in specific activities (organised and non-organised) by sex, 2010 (a)

Activity	MALES		FEMALES		PERSONS	
	Number (’000)	Total participation rate (b) (%)	Number (’000)	Total participation rate (%)	Number (’000)	Total participation rate (%)
Aerobics/fitness	180.6	19.9	274.4	30.9	454.9	25.4
Aquarobics	**2.0	**0.2	18.5	2.1	20.5	1.1
Athletics/track and field	*4.0	*0.4	*7.4	*0.8	*11.5	*0.6
Australian rules football	82.8	9.1	*14.0	*1.6	96.8	5.4
Badminton	*6.2	*0.7	*13.7	*1.5	19.9	1.1
Baseball	**2.4	**0.3	**1.1	**0.1	**3.5	**0.2
Basketball	52.2	5.8	33.3	3.8	85.6	4.8
Billiards/snooker/pool	**2.0	**0.2	**0.0	**0.0	**2.0	**0.1
Boxing	*4.0	*0.4	**3.2	**0.4	*7.3	*0.4
Canoeing/kayaking	21.5	2.4	*10.7	*1.2	32.2	1.8
Carpet bowls	**0.0	**0.0	**1.2	**0.1	**1.2	**0.1
Cricket (indoor)	*10.5	*1.2	**0.0	**0.0	*10.5	*0.6
Cricket (outdoor)	39.0	4.3	**0.0	**0.0	39.0	2.2
Cycling	154.5	17.1	100.6	11.3	255.1	14.2
Dancing	*8.6	*0.9	60.1	6.8	68.6	3.8
Darts	*4.2	*0.5	**0.9	**0.1	*5.0	*0.3
Fishing	35.8	4.0	*4.6	*0.5	40.4	2.3
Golf	89.8	9.9	*10.1	*1.1	99.9	5.6
Gymnastics	**0.0	**0.0	*7.1	*0.8	*7.1	*0.4
Hockey (indoor)	**3.1	**0.3	**4.0	**0.4	*7.1	*0.4
Hockey (outdoor)	16.2	1.8	*8.1	*0.9	24.3	1.4
Horse riding/equestrian activities/polo	**3.1	**0.3	*11.4	*1.3	*14.5	*0.8
Ice/snow sports	**3.8	**0.4	*5.0	*0.6	*8.7	*0.5
Lawn bowls	23.8	2.6	17.6	2.0	41.4	2.3
Martial arts	*14.2	*1.6	20.7	2.3	34.9	1.9
Motor sports	*14.9	*1.6	**3.5	**0.4	18.4	1.0
Netball	*10.3	*1.1	62.8	7.1	73.1	4.1
Orienteering	*4.7	*0.5	*5.2	*0.6	*10.0	*0.6
Rock climbing	*5.1	*0.6	**3.1	**0.4	*8.2	*0.5
Roller sports	*5.6	*0.6	**0.0	**0.0	*5.6	*0.3
Rowing	**3.9	**0.4	**2.1	**0.2	*5.9	*0.3
Rugby league	*7.6	*0.8	**2.9	**0.3	*10.5	*0.6
Rugby union	*5.9	*0.7	**0.0	**0.0	*5.9	*0.3
Running	110.6	12.2	76.1	8.6	186.8	10.4
Sailing	16.4	1.8	*4.5	*0.5	21.0	1.2
Scuba diving	*15.0	*1.7	**3.9	**0.4	18.8	1.1
Shooting sports	*10.8	*1.2	**1.4	**0.2	*12.2	*0.7
Football (indoor)	19.9	2.2	**3.4	**0.4	23.3	1.3
Football (outdoor)	62.5	6.9	20.1	2.3	82.6	4.6
Softball	**0.0	**0.0	*6.9	*0.8	*6.9	*0.4
Squash/racquetball	34.5	3.8	*7.4	*0.8	41.8	2.3
Surf sports	38.4	4.2	*14.2	*1.6	52.5	2.9
Swimming	118.2	13.1	159.6	18.0	277.7	15.5
Table tennis	*6.3	*0.7	**2.2	**0.2	*8.5	*0.5
Tennis	48.7	5.4	38.4	4.3	87.1	4.9
Tenpin bowling	**1.0	**0.1	*5.6	*0.6	*6.6	*0.4
Touch football	*15.4	*1.7	16.7	1.9	32.2	1.8
Triathlon	**4.0	**0.4	*8.0	*0.9	*12.0	*0.7
Volleyball	*10.3	*1.1	17.7	2.0	28.0	1.6
Walking (bush)	26.3	2.9	38.8	4.4	65.1	3.6
Walking (other)	256.3	28.3	432.5	48.8	688.9	38.4
Water polo	**3.5	**0.4	**0.0	**0.0	**3.5	**0.2
Waterskiing/powerboating	*9.7	*1.1	**2.0	**0.2	*11.7	*0.7
Weight training	44.9	5.0	*11.1	*1.3	56.0	3.1
Yoga	*12.7	*1.4	58.3	6.6	71.0	4.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 114: Western Australian participants — total participation in specific activities by type of activity, 2010 (a)

Activity	Number ('000)			Total participation rate (%) (b)		
	Organised	Non-organised	Total	Organised	Non-organised	Total
Aerobics/fitness	126.3	348.0	454.9	7.0	19.4	25.4
Aquarobics	*10.9	*9.6	20.5	*0.6	*0.5	1.1
Athletics/track and field	*11.5	**0.0	*11.5	*0.6	**0.0	*0.6
Australian rules football	63.5	41.6	96.8	3.5	2.3	5.4
Badminton	*6.4	*13.4	19.9	*0.4	*0.7	1.1
Baseball	**3.5	**0.0	**3.5	**0.2	**0.0	**0.2
Basketball	57.8	31.7	85.6	3.2	1.8	4.8
Billiards/snooker/pool	**1.4	**0.6	**2.0	**0.1	**0.0	**0.1
Boxing	*5.0	**3.2	*7.3	*0.3	**0.2	*0.4
Canoeing/kayaking	*11.7	24.3	32.2	*0.7	1.4	1.8
Carpet bowls	**1.2	**0.0	**1.2	**0.1	**0.0	**0.1
Cricket (indoor)	**2.3	*8.3	*10.5	**0.1	*0.5	*0.6
Cricket (outdoor)	17.9	22.9	39.0	1.0	1.3	2.2
Cycling	30.7	244.6	255.1	1.7	13.6	14.2
Dancing	48.7	21.9	68.6	2.7	1.2	3.8
Darts	*4.1	**1.0	*5.0	*0.2	**0.1	*0.3
Fishing	**2.0	40.4	40.4	**0.1	2.3	2.3
Golf	51.1	61.2	99.9	2.8	3.4	5.6
Gymnastics	*4.5	*5.0	*7.1	*0.3	*0.3	*0.4
Hockey (indoor)	*6.2	**2.7	*7.1	*0.3	**0.1	*0.4
Hockey (outdoor)	24.3	**2.0	24.3	1.4	**0.1	1.4
Horse riding/equestrian activities/polocrosse	*7.4	*11.1	*14.5	*0.4	*0.6	*0.8
Ice/snow sports	**1.4	*8.7	*8.7	**0.1	*0.5	*0.5
Lawn bowls	38.4	*8.0	41.4	2.1	*0.4	2.3
Martial arts	23.0	*12.6	34.9	1.3	*0.7	1.9
Motor sports	*5.2	17.8	18.4	*0.3	1.0	1.0
Netball	62.2	18.1	73.1	3.5	1.0	4.1
Orienteering	**3.4	*8.4	*10.0	**0.2	*0.5	*0.6
Rock climbing	**1.4	*6.8	*8.2	**0.1	*0.4	*0.5
Roller sports	**1.8	*5.6	*5.6	**0.1	*0.3	*0.3
Rowing	**2.1	*4.4	*5.9	**0.1	*0.2	*0.3
Rugby league	*6.7	*5.6	*10.5	*0.4	*0.3	*0.6
Rugby union	**2.4	**3.5	*5.9	**0.1	**0.2	*0.3
Running	19.9	179.2	186.8	1.1	10.0	10.4
Sailing	17.2	*5.2	21.0	1.0	*0.3	1.2
Scuba diving	*4.6	17.8	18.8	*0.3	1.0	1.1
Shooting sports	*10.5	**1.6	*12.2	*0.6	**0.1	*0.7
Football (indoor)	*15.0	*8.3	23.3	*0.8	*0.5	1.3
Football (outdoor)	56.2	36.5	82.6	3.1	2.0	4.6
Softball	*6.9	**0.0	*6.9	*0.4	**0.0	*0.4
Squash/racquetball	18.1	32.6	41.8	1.0	1.8	2.3
Surf sports	*7.0	46.9	52.5	*0.4	2.6	2.9
Swimming	32.9	258.7	277.7	1.8	14.4	15.5
Table tennis	**2.2	*7.4	*8.5	**0.1	*0.4	*0.5
Tennis	35.0	58.7	87.1	2.0	3.3	4.9
Tenpin bowling	*5.2	**1.4	*6.6	*0.3	**0.1	*0.4
Touch football	24.4	*10.3	32.2	1.4	*0.6	1.8
Triathlon	*12.0	**1.5	*12.0	*0.7	**0.1	*0.7
Volleyball	17.3	*12.5	28.0	1.0	*0.7	1.6
Walking (bush)	*7.2	59.0	65.1	*0.4	3.3	3.6
Walking (other)	25.1	681.3	688.9	1.4	38.0	38.4
Water polo	**3.5	**0.0	**3.5	**0.2	**0.0	**0.2
Waterskiing/powerboating	**0.0	*11.7	*11.7	**0.0	*0.7	*0.7
Weight training	*9.0	49.2	56.0	*0.5	2.7	3.1
Yoga	31.2	42.0	71.0	1.7	2.3	4.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

11 Explanatory notes

11.1 Introduction

For a more detailed discussion of ERASS methodology, please see *Exercise, Recreation and Sport Survey: Methodology Report 2010*.

ERASS collects information on participation in physical activity for exercise, recreation or sport by the Australian population. Participation is restricted to active 'playing' participation and does not include non-playing participation such as coaching, refereeing and being a spectator, or activity that is related to work or household chores. Practice and training activity is included.

The survey is conducted quarterly throughout Australia, with the 2010 fieldwork undertaken by Newspoll. Results for 2010 were compiled by aggregating the four quarterly surveys conducted in February, May, August and November.

11.2 Scope

The survey collects information on persons who participated in exercise, recreation or sport in the 12 months prior to interview. The scope of the survey was all persons aged 15 years and over in occupied private dwellings (excludes people in special dwellings such as hospitals, hotels, nursing homes, etc.).

11.3 Methodology

Mode: All interviews were conducted by telephone using Newspoll's Computer-Assisted Telephone Interviewing system.

Sample design: The sample design was a random survey stratified by state and territory. In 2010 the sample was selected from SamplePages, and one person was randomly selected per dwelling to complete the interview (based on last-birthday method).

Total sample: The total sample of records used to produce estimates for 2010 was 21,603 persons aged 15 years and over. This sample was then weighted (by age, sex and geographic area) to the population in occupied private dwellings (17,509,794) using ABS estimates. The Victorian sample was boosted by 2,727. The Victorian boost sample was funded by the Sport and Recreation Victoria and VicHealth. The Queensland sample was boosted by 3,752. The Queensland boost sample was funded by the Queensland Sport and Recreation Services.

Overall response rate: The overall response rate was 23.1% in 2010. The response rate is the number of completed interviews divided by the number of contacts plus those where there was no answer after four calls.

11.4 Questionnaire

The questionnaire covers three main areas:

- Physical activity for exercise, recreation or sport over the last 12 months — identifying up to ten different types of activities participated in over the last 12 months, and for each type of activity determining whether it was organised by a club or association, the type of club or association and the number of times that activity was engaged in over the last 12 months.

- Physical activity for exercise, recreation or sport over the last two weeks — identifying the frequency and duration of participation in three activities that the respondent participated in during the two weeks prior to interview. The three activities chosen were those they participated in most over the 12 months prior to interview. This section was first added in 2005 and was again collected in 2006, 2007, 2008, 2009 and 2010.
- Demographics — covers sex, age, marital status, number and age of children, educational qualifications, employment status, Indigenous status, language spoken at home and postcode.

A copy of the questionnaire can be found in **Section 11**.

11.5 Comparability of the data

The survey was first conducted in 2001. This publication provides results from the tenth annual survey, which was conducted in 2010.

ERASS is not comparable with data collected through other surveys of participation in physical activity. In particular, the data cannot be directly compared with participation surveys conducted by the Australian Bureau of Statistics (for example, Population Survey Monitor and Multi-Purpose Household Survey) and by Sweeney Sports (Sweeney Research). This is due to differences in the scope, methodology and questionnaire design of the various surveys.

11.6 Weighting the data

The data are weighted at the state (eight states and territories), region (capital city and rest of state), age (15–24, 25–34, 35–44, 45–54, 55–64 and 65 and over) and sex level. Population estimates used are ABS population projections based on the 2006 Census for persons in occupied private dwellings (OPD).

11.7 Standard errors and relative standard errors

Since the estimates presented in the tables are based on information from a sample of persons selected randomly by telephone number they are subject to sampling variability; that is, they may differ from those that would have been produced if all persons had been included in the survey.

One measure of the likely difference is given by the standard error (SE), which indicates the extent to which an estimate might have varied by chance because only a sample of persons was included. There are about two chances in three (67%) that a sample estimate will vary by less than one standard error from the number that would have been obtained if all persons had been included, and about 19 chances in 20 (95%) that the difference will be less than two standard errors.

A table of standard errors for ERASS is provided at the end of this section. Note that standard errors vary by state and territory and for Australia in total.

As an example of the use of the standard error table, if it was estimated from ERASS that 100,000 persons aged 15 years and over in Australia participated in any physical activity in 2010, then from the table of standard errors we know that the standard error for an estimate of 100,000 for Australia is 12,800. Therefore we are 67% confident that if we surveyed the entire Australian population the result would be within one standard error; that is, between 87,200 (100,000 – 12,800) and 112,800 (100,000 + 12,800). Similarly, we would be 95% confident that, if we surveyed the entire Australian population, the result would be within two standard errors; that is, between 74,400 [100,000 – (2 x 12,800)] and 125,600 [100,000 + (2 x 12,800)].

Another measure of accuracy is the relative standard error (RSE), which is obtained by expressing the standard error as a percentage of the estimate. In the above example it is 12.8%. The relative standard error is a useful measure in that it provides an indication of the relative accuracy of the estimate, compared to other estimates. In the table at the end of this section, each standard error is also expressed as a relative standard error.

For the tables provided in this publication, only estimates with relative standard errors of less than 25% are considered sufficiently reliable for most purposes. However, estimates with relative standard errors of between 25% and 50% have been included and are shown in green font and preceded by a single asterisk (*) to indicate that they should be treated with caution and viewed as being merely indicative of the magnitude involved. Estimates with relative standard errors greater than 50% are shown in red font and preceded by a double asterisk (**) and are subject to sampling error too high for most practical purposes.

The table at the end of this section also gives the relative standard error cut-offs to be used when applying, if required, a font colour to the estimate. Note that the standard errors, and hence the cut-offs, vary by state and territory and for Australia in total. As an example of using these RSE cut-offs, for New South Wales, an estimate between 11,056 and 41,091 should be in green font and used with caution, and an estimate less than 11,056 should be in red font and will be considered too unreliable for general use.

Please note that the Victorian boost sample increased in size between 2007 and 2008, 2009 and 2010. RSEs were calculated on the basis of 2007 sample sizes. This means that the RSEs for Victoria for 2010 are reduced and RSE information reported in Victorian tables should be considered conservative. Similarly, RSEs for Australia were calculated on the basis of 2007 samples sizes, which does not take into account the size of the boost samples in Victoria and Queensland in 2010; RSE information reported for Australia tables should be considered conservative. RSEs for Queensland were recalculated in 2009.

11.8 Significance testing

When differences are detected between statistics, it is important to test to determine if those perceived differences are statistically significant or just due to sampling variability. For example, in 2010 for Australia, total participation by males aged 45–54 was 1,227,100 (giving a participation rate of 82.0%) and for males aged 55–64 it was 986,700 (participation rate of 79.2%). Are these differences significant?

The standard error on the difference between two estimates (e_1 and e_2) is approximated by the square root of the sum of the square of the standard errors for e_1 and e_2 . Therefore, in the above example, the standard error on the difference between the two estimates of the number of participants (1,227,100 – 986,700 = 240,400) is approximated by the square root of the sum of the square of the standard errors for 1,227,100 and 986,700; that is, square root of $[(38,000)^2 + (34,400)^2]$, or 51,258.

Therefore, we can be 95% confident that the difference of 240,400 is statistically significant if it is greater than twice the standard error of the difference, or 102,516 (2 x 51,258). This is true, therefore the differences in the estimates (and therefore the participation rates based on these estimates, namely 82.0% and 79.2%) are statistically significant.

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Standard errors

Size of estimate	NSW no.	VIC no.	QLD no.	SA no.	WA no.	TAS no.	NT no.	ACT no.	Australia no.
1,000	1,800	1,000	1,377	1,000	1,000	600	400	400	1,400
2,000	2,500	1,400	1,863	1,300	1,400	800	500	500	2,000
5,000	3,800	2,200	2,778	2,000	2,200	1,200	800	800	3,100
10,000	5,300	3,000	3,758	2,840	3,100	1,600	1,200	1,200	4,300
20,000	7,300	4,280	5,085	3,900	4,400	2,200	1,600	1,700	6,000
50,000	11,300	6,700	7,544	6,100	6,900	3,300	2,700	2,800	9,200
100,000	15,600	9,400	10,257	8,500	9,600	4,500	3,700	4,000	12,800
200,000	21,600	13,200	13,876	11,800	13,400	6,200	5,400	5,800	17,800
500,000	33,500	20,500	20,690	18,000	21,000	9,500	na	9,500	27,600
800,000	41,600	25,600	25,395	22,400	26,400	na	na	na	34,400
1,000,000	46,000	29,000	27,990	25,000	29,000	na	na	na	38,000
1,500,000	55,500	36,000	33,402	30,000	36,000	na	na	na	47,000
2,000,000	64,000	40,000	37,866	na	na	na	na	na	54,000
5,000,000	100,000	65,000	na	na	na	na	na	na	85,000
8,000,000	na	na	na	na	na	na	na	na	104,000

* na is 'not applicable' (exceeds relevant population in state or territory)

Relative standard errors

Size of estimate	NSW %	VIC %	QLD %	SA %	WA %	TAS %	NT %	ACT %	Australia %
1,000	177.8	98.9	137.7	95.1	101.9	55.5	35.3	36.5	142.6
2,000	123.3	69.4	93.2	66.1	71.4	38.0	25.2	26.2	99.2
5,000	76.0	43.4	55.6	40.8	44.6	23.0	16.1	16.9	61.4
10,000	52.7	30.5	37.6	28.4	31.3	15.7	11.5	12.1	42.8
20,000	36.6	21.4	25.4	19.7	21.9	10.8	8.2	8.7	29.8
50,000	22.5	13.4	15.1	12.2	13.7	6.5	5.3	5.6	18.4
100,000	15.6	9.4	10.3	8.5	9.6	4.5	3.7	4.0	12.8
200,000	10.8	6.6	6.9	5.9	6.7	3.1	2.7	2.9	8.9
500,000	6.7	4.1	4.1	3.6	4.2	1.9	na	1.9	5.5
800,000	5.2	3.2	3.2	2.8	3.3	na	na	na	4.3
1,000,000	4.6	2.9	2.8	2.5	2.9	na	na	na	3.8
1,500,000	3.7	2.4	2.2	2.0	2.4	na	na	na	3.1
2,000,000	3.2	2.0	1.9	na	na	na	na	na	2.7
5,000,000	2.0	1.3	na	na	na	na	na	na	1.7
8,000,000	na	na	na	na	na	na	na	na	1.3

Relative standard error cut-offs

RSE cut-off	NSW no.	VIC no.	QLD no.	SA no.	WA no.	TAS no.	NT no.	ACT no.	Australia no.
25%*	41,091	14,737	20,603	12,731	15,460	4,292	2,033	2,204	27,901
50%**	11,056	3,796	6,028	3,400	4,003	1,209	490	517	7,414

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

12 Exercise, Recreation and Sport Survey questionnaire 2010

The following questions are about physical activities you have participated in during the last 12 months for exercise, recreation or sport. Do not include any activities that were part of work or household and garden chores.

- Q1 During the last 12 months did you participate in any physical activities for exercise, recreation or sport?
- Yes 1 Go to Q2
- No 2 Go to Q7
- Don't know 9 Go to Q7
- Q2 What activities did you participate in?
- Up to maximum of 10 activities to be coded*
- For each activity — ask Q3–Q5*
- Q3 Was any of this (activity) organised by a club, association or other type of organisation?
- Yes, all (organised) 1 Go to Q4
- Yes, some (organised) 2 Go to Q4
- No 3 Go to Q5
- Don't know 9 Go to Q5
- Q4 What type of club, association or organisation organised the (activity)?
- (multiple response)**
- Fitness, leisure or indoor sports centre that required payment for participation 1
 - Sport or recreation club or association that required payment of membership, fees or registration 2
 - Work 3
 - School 4
 - Other (specify) 8
- Q4a Can you tell me the name of the club or association and the suburb where it is located?
- Record name of club and suburb separately and verbatim*

Q5	Including any practice or training, approximately how many times did you participate in (activity) during the last 12 months? <i>Record actual number (1-998)</i> <i>Don't know recorded as 999</i> [Ask Q6a and Q6b only for the 'top three sports' based on the frequency of activities reported at Q5]	
Q6a	Now, thinking about the activities you have mentioned, during the last two weeks, how many sessions of [activity 1, 2, 3] did you participate in? <i>Record actual number (1-50)</i> <i>Don't know recorded as 99</i>	
Q6b	On average, how long was each session of [activity 1, 2, 3] during the two-week period? <i>Record in hours and minutes</i> <i>'Don't know' recorded as 99</i>	
Q7	Sex of respondent	
	Male	1
	Female	2
Q8a	What is your current age? <i>(Record age)</i> <i>Refused go to Q8b; Others go to Q9</i>	
Q8b	Which age group do you belong to? (Read out)	
	15 to 17	1
	18 to 19	2
	20 to 24	3
	25 to 29	4
	30 to 34	5
	35 to 39	6
	40 to 44	7
	45 to 49	8
	50 to 54	9
	55 to 59	10
	60 to 64	11
	65 to 69	12
	70 years and over	13
	Refused	99

Q9	Which of the following best describes your current marital status? (Read out)	
	Married	1
	De facto	2
	Separated	3
	Divorced	4
	Widowed	5
	Never married	6
	Refused	7
Q10	Do you have any children under 18 years of age?	
	Yes	1 Go to Q11
	No	2 Go to Q13
Q11	How many of these children are living with you?	
	<i>Record actual number (1-10)</i>	
	<i>If zero, go to Q13.</i>	
	<i>Refused recorded as 99</i>	
Q12	What is the age of each of these children who are under 18 years of age and living with you?	
	<i>Record actual age (1-17)</i>	
	<i>Refused recorded as 99</i>	
Q13	What is the highest educational qualification you have completed?	
	University degree or higher (including postgraduate diploma)	1
	Undergraduate diploma or associate diploma	2
	Certificate, trade qualification or apprenticeship	3
	Highest level of secondary school	4
	Did not complete highest level of school	5
	Never went to school	6
	Still at secondary school	7
	Other (specify)	8
	Refused	9

Q14	Do you have a full-time or part-time job of any kind?		
	Yes	1	Go to Q15
	No.....	2	Go to Q17
	Retired (volunteered response).....	3	Go to Q17
Q15	Do you have more than one job?		
	Yes	1	
	No.....	2	
Q16	How many hours a week do you usually work (in all jobs)?		
	<i>Record actual hours (0 to 98)</i>		
	<i>Refused/Don't know recorded as 99</i>		
	Go to Q18		
Q17	Did you look for work at any time in the last four weeks?		
	Yes	1	
	No.....	2	
Q18	Are you of Aboriginal or Torres Strait Islander origin?		
	Yes	1	
	No.....	2	
	Refused	3	
Q19	Do you speak a language other than English at home?		
	Yes	1	Go to Q20
	No.....	2	Go to Q21

Q20 What languages other than English do you speak at home?

(multiple response)

Italian.....	2
Greek.....	3
Cantonese.....	4
Mandarin.....	5
Arabic.....	6
Vietnamese.....	7
German.....	8
Spanish.....	9
Tagalog (Filipino).....	10
Hindi.....	11
Macedonian.....	12
Croatian.....	13
Korean.....	14
Turkish.....	15
Polish.....	16
Other (specify).....	98

Q20(a) Do you have a disability or physical condition that restricts your life in some way?

Yes.....	1	Go to Q20(b)
No.....	2	Go to Q21
Not sure.....	3	Go to Q21
Refused.....	4	Go to Q21

Q20(b) Has this condition lasted, or is it likely to last, six months or more?

Yes.....	1	Go to Q20(b)
No.....	2	Go to Q21
Not sure.....	3	Go to Q21
Refused.....	4	Go to Q21

Q20(c) Does this condition relate to sight, hearing, mobility or something else?

Sight.....	1
Hearing	2
Mobility	3
Other (specify).....	4
Refused	5

Q20(d) To what extent does this condition restrict you....?

To a small extent.....	1
To a medium extent	2
To a large extent.....	3
Refused	4

Q20(e) Are there any physical activities for exercise, recreation or sport that you do not currently do, but would like to?

Yes	1	Go to Q20(f)
No.....	2	Go to Q21
Don't know/Not sure.....	3	Go to Q21
Refused	4	Go to Q21

Q20(f) What is the activity you would most like to do?
Record activity

Q20(g) What is the main reason you don't participate in this activity / any physical activity for exercise recreation or sport'?)

The attitudes of other people	1
My disability/limiting condition	2
Financial constraints/costs	3
Transport problems.....	4
Lack of facilities	5
Not enough time/too busy.....	6
Other (Specify).....	7
No reason.....	8
Refused	9

Q21 What is the postcode of the suburb/area where you live?
Record postcode
Record refused as 'refused'

Questionnaire attachment — list of activities

1	Calisthenics	44	Football — soccer (indoor)
2	Chinese exercise	45	Football — fluffy ball
3	Exercise bike	46	Football — futsal
4	Gymnasium workouts	47	Football — soccer (outdoor)
5	Military exercise	48	Football — touch
6	Prime movers=>50s	49	Football — Austag
7	Step Reebok	50	Golf
8	Aerobics/exercising/other	51	Gymnastics
10	Ballooning	52	Trampolining
11	Gliding	53	Hockey (indoor)
12	Gyroplane flying	54	Hockey (outdoor)
13	Hang gliding	55	Horseriding/equestrian activities
14	Model aeroplane flying	56	Blade-skating
15	Ultralight flying	57	Ice hockey
16	Air sports — other	58	Ice-skating
17	Archery	59	Snow skiing
18	Bow hunting	60	Ice/snow sports — other
19	Athletics — track and field	61	Lacrosse (outdoor)
20	Badminton	62	Lawn bowls
21	Baseball	63	Chi kung
22	Basketball (indoor and outdoor)	64	Eastern — judo
23	Billiards	65	Judo
24	Pool	66	Karate
25	Snooker	67	Kickboxing
26	Bocce/French bowls (outdoor)	68	Taekwondo
27	Boxing	69	Tai Chi
28	Canoeing	70	Yoga
29	Kayaking	71	Martial arts — other
30	Carpet bowls	72	Motor sports — go-karting
31	Cricket (indoor)	73	Motor sports — track
32	Cricket (outdoor) — vigoro	74	Motor sports — trail bike
33	Croquet	75	Motor sports — other
34	Cycling	76	Netball (indoor)
35	BMX	77	Netball (outdoor)
36	Mountain bike	78	Cross-country running
37	Darts	79	Orienteering
38	Football — Australian rules	80	Rogaining
39	Football — gridiron (US)	81	Rodeo
40	Football — rugby league	82	Inline hockey
41	Football — sevens	83	Rollerblading
42	Football — modball	84	Skateboarding
43	Football — rugby union	85	Roller sports — other

86	Rowing	131	Walking — other (specify)
87	Jogging	133	Abseiling
88	Running (for example, marathon)	134	Caving
89	Sailing (outrigging)	135	Rock climbing
90	Hunting	136	Handball
91	Paintball shooting	137	Fencing
92	Pistol shooting	138	Gorilla ball
93	Shooting sports — other	139	Racquet ball
94	Softball	140	Ultimate frisbee
95	Squash	141	Gaelic football
96	Surf lifesaving/Royal lifesaving	142	Horseracing (strapping)
97	Sailboarding	143	Teeball (T-ball)
98	Windsurfing	144	Boomerang throwing
99	Surfing	145	Water volleyball
100	Surf sports — other	146	Woodchopping
101	Diving (board)	147	Dog shows
102	Swimming	148	Sheepdog trials
103	Table tennis	149	Winter Olympics
104	Tennis (outdoor)	150	Marching
105	Tenpin bowling	151	Aquarobics
106	Triathlons	152	Korfball
107	Volleyball (indoor) — rebound	153	Underwater hockey
108	Newcombe ball	154	Softcrosse
109	Volleyball (outdoor)	155	Commonwealth Games
110	Jet skiing	156	Royal tennis
111	Powerboating	157	Broom ball
112	Waterskiing	158	Polocrosse
113	Wrestling	159	Leader ball
114	Tennis (indoor)	160	Pigeon racing
115	Lacrosse (indoor)	161	Weight-lifting (competition)
116	Canoe polo	162	Play
117	Bodybuilding	163	Putt-putt golf
118	Circuits	164	Grockey
119	Power team	165	Other activities (specify 1)
120	Weight training for fitness — other	166	Other activities (specify 2)
121	Ballet	167	Treadmill
122	Boot scooting	168	Volleyball — beach
123	Dancing — other	169	Snowboarding
124	Fishing	170	Skeleton
125	Electric light cricket		
126	Wheelchair ice hockey		
127	Scuba diving		
128	Water polo		
129	Dog racing		
130	Walking — bush		

13 Contacts

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