



Australian Government
 Australian Sports Commission
 Department of Health and Ageing

Participation in Exercise, Recreation and Sport



Annual Report 2008

State and Territory Tables for Western Australia



Government of South Australia
 Office for Recreation and Sport



Department of
 Sport and Recreation

9.3.8 Western Australia

Table 104: Western Australian participants — total participation in physical activity by type of participation, age and sex, 2008 (a)

		Organised only (c) (A)	Non-organised only (d) (B)	Both organised and non-organised (e) (C)	Total organised (A + C)	Total non-organised (B + C)	Total participation (A + B + C)
Sex	Age group (years)	Number ('000)					
Males	15 to 24	21.3	35.9	79.2	100.5	115.1	136.4
	25 to 34	21.6	54.8	51.7	73.3	106.5	128.1
	35 to 44	10.2*	70.3	49.3	59.5	119.6	129.8
	45 to 54	15.7	72.6	33.0	48.6	105.6	121.3
	55 to 64	9.1*	61.2	24.5	33.6	85.7	94.8
	65 and over	11.0*	51.2	21.6	32.6	72.8	83.8
	TOTAL		88.8	346.0	259.4	348.2	605.4
Females	15 to 24	26.0	44.3	63.2	89.2	107.5	133.5
	25 to 34	11.3*	59.2	51.7	63.0	110.9	122.2
	35 to 44	14.8*	57.2	70.6	85.4	127.8	142.6
	45 to 54	10.3*	76.7	35.3	45.5	111.9	122.2
	55 to 64	6.2*	62.8	27.7	33.8	90.5	96.6
	65 and over	15.4*	48.2	32.1	47.5	80.4	95.8
	TOTAL		84.0	348.5	280.4	364.4	628.9
Persons	15 to 24	47.3	80.2	142.4	189.7	222.6	269.9
	25 to 34	32.9	114.1	103.4	136.3	217.4	250.3
	35 to 44	25.0	127.5	119.9	144.9	247.4	272.3
	45 to 54	25.9	149.3	68.2	94.2	217.6	243.5
	55 to 64	15.3*	124.0	52.2	67.5	176.2	191.5
	65 and over	26.4	99.4	53.7	80.1	153.2	179.6
	TOTAL		172.8	694.5	539.8	712.6	1,234.3
Total participation rate (%) (b)							
Males	15 to 24	14.1	23.8	52.4	66.6	76.2	90.3
	25 to 34	15.1	38.5	36.3	51.5	74.8	89.9
	35 to 44	6.6*	45.6	32.0	38.6	77.5	84.1
	45 to 54	10.7	49.8	22.6	33.4	72.5	83.2
	55 to 64	7.7*	51.8	20.8	28.5	72.6	80.3
	65 and over	9.8*	45.5	19.2	29.0	64.7	74.5
	TOTAL		10.8	42.0	31.5	42.3	73.5
Females	15 to 24	18.1	30.8	43.9	62.0	74.7	92.7
	25 to 34	8.0*	41.9	36.5	44.5	78.3	86.4
	35 to 44	9.5*	36.8	45.4	54.9	82.2	91.8
	45 to 54	6.9*	51.7	23.8	30.7	75.4	82.3
	55 to 64	5.4*	54.4	24.0	29.3	78.4	83.7
	65 and over	12.3*	38.5	25.6	37.9	64.2	76.5
	TOTAL		10.1	42.0	33.8	43.9	75.8
Persons	15 to 24	16.0	27.2	48.3	64.3	75.5	91.5
	25 to 34	11.6	40.2	36.4	48.0	76.6	88.2
	35 to 44	8.1	41.2	38.7	46.8	79.9	88.0
	45 to 54	8.8	50.8	23.2	32.0	73.9	82.8
	55 to 64	6.5*	53.1	22.3	28.9	75.4	82.0
	65 and over	11.1	41.8	22.6	33.7	64.4	75.5
	TOTAL		10.4	42.0	32.6	43.1	74.6

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) Participants' activities are fully organised

(d) Participants' activities are fully non-organised

(e) Participants' activities are part organised and part non-organised

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 105: Western Australian participants — total participation in any physical activity (organised and non-organised) by demographics, 2008 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
AGE GROUP (YEARS)						
15 to 24	136.4	90.3	133.5	92.7	269.9	91.5
25 to 34	128.1	89.9	122.2	86.4	250.3	88.2
35 to 44	129.8	84.1	142.6	91.8	272.3	88.0
45 to 54	121.3	83.2	122.2	82.3	243.5	82.8
55 to 64	94.8	80.3	96.6	83.7	191.5	82.0
65 and over	83.8	74.5	95.8	76.5	179.6	75.5
REGION						
Capital city	531.3	86.7	541.0	86.1	1,072.3	86.4
Rest of state	162.9	77.1	171.9	85.3	334.8	81.1
EMPLOYMENT STATUS						
Employed full time	454.8	86.1	230.2	88.4	685.0	86.9
Employed part time	84.9	89.5	240.3	89.7	325.1	89.7
Employed refused	0.0**	0.0**	5.4*	74.3*	5.4*	66.7*
Total employed	539.7	86.5	475.9	88.9	1,015.5	87.6
Unemployed	23.6	79.8	32.0	79.2	55.6	79.5
Not in the labour force	130.9	76.7	205.0	80.7	335.9	79.1
MARITAL STATUS						
Married	414.8	84.1	415.4	86.8	830.2	85.4
Not married	278.8	84.7	292.2	85.2	571.0	85.0
Refused/Do not know	0.6**	36.9**	5.3*	63.9*	5.9*	59.6*
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	212.1	88.3	230.2	87.1	442.3	87.7
At least one under 18 — none at home	12.4*	61.3*	3.4**	82.4**	15.8	64.8
No children under 18	469.8	83.4	478.3	85.6	948.1	84.5
Refused	0.0**	0.0**	1.0**	37.1**	1.0**	37.1**
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	161.6	92.6	185.9	90.1	347.5	91.3
Undergraduate diploma or associate diploma	72.8	93.1	54.3	84.8	127.1	89.4
Certificate, trade qualification or apprenticeship	111.0	78.0	100.7	86.1	211.7	81.6
Highest level of secondary school	155.3	88.7	164.4	89.3	319.7	89.0
Did not complete highest level of school	124.8	71.5	139.8	79.6	264.6	75.5
Still at secondary school	40.9	96.3	35.1	94.9	76.0	95.7
Other	25.6	80.5	30.1	79.2	55.7	79.8
Refused	2.2**	68.3**	2.6**	32.2**	4.7*	42.4*
LANGUAGE SPOKEN AT HOME						
English only	606.0	84.1	638.1	87.4	1,244.2	85.8
European language/s other than English	21.9	79.7	23.7	86.1	45.6	82.9
Non-European language/s	69.2	84.8	57.3	72.9	126.5	78.9
Total	694.2	84.2	712.9	85.9	1,407.1	85.1

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 106: All Western Australian persons — participation in any physical activity by frequency, age and sex, 2008 (a)

Sex	Age group (years)	None	Up to once per week (b)	One or two times per week (c)	Three or four times per week (d)	Five or more times per week	Do not know	Total
		Number ('000)						
Males	15 to 24	14.6*	19.8	29.1	31.0	55.2	1.3**	151.0
	25 to 34	14.3*	14.3*	50.2	36.0	27.6	0.0**	142.4
	35 to 44	24.5	28.7	38.3	28.8	33.9	0.0**	154.2
	45 to 54	24.5	22.4	49.6	24.9	24.4	0.0**	145.8
	55 to 64	23.3	23.8	24.5	18.8	27.8	0.0**	118.1
	65 and over	28.7	5.4*	19.5	19.8	37.9	1.2**	112.5
	TOTAL		129.8	114.5	211.1	159.4	206.8	2.5**
Females	15 to 24	10.5*	21.9	29.5	32.3	49.7	0.0**	143.9
	25 to 34	19.3	15.4*	41.3	32.2	33.4	0.0**	141.6
	35 to 44	12.8*	11.4*	36.5	35.5	59.2	0.0**	155.4
	45 to 54	26.2	18.2	33.0	21.4	48.9	0.8**	148.5
	55 to 64	18.8	7.5*	15.7	24.6	48.8	0.0**	115.4
	65 and over	29.5	8.6*	27.0	21.8	37.9	0.5**	125.2
	TOTAL		117.1	83.0	182.9	167.9	277.8	1.3**
Persons	15 to 24	25.1	41.7	58.6	63.3	104.9	1.3**	295.0
	25 to 34	33.6	29.7	91.4	68.2	61.0	0.0**	284.0
	35 to 44	37.3	40.1	74.8	64.3	93.1	0.0**	309.6
	45 to 54	50.7	40.6	82.6	46.4	73.2	0.8**	294.2
	55 to 64	42.1	31.3	40.2	43.4	76.6	0.0**	233.5
	65 and over	58.1	14.0*	46.5	41.6	75.8	1.7**	237.7
	TOTAL		246.9	197.4	394.1	327.3	484.6	3.7**
Percentage of row (%)								
Males	15 to 24	9.7*	13.1	19.3	20.5	36.5	0.9**	100.0
	25 to 34	10.1*	10.0*	35.2	25.3	19.4	0.0**	100.0
	35 to 44	15.9	18.6	24.8	18.7	22.0	0.0**	100.0
	45 to 54	16.8	15.4	34.0	17.1	16.7	0.0**	100.0
	55 to 64	19.7	20.1	20.7	15.9	23.5	0.0**	100.0
	65 and over	25.5	4.8*	17.4	17.6	33.7	1.0**	100.0
	TOTAL		15.8	13.9	25.6	19.3	25.1	0.3**
Females	15 to 24	7.3*	15.2	20.5	22.5	34.5	0.0**	100.0
	25 to 34	13.6	10.9*	29.2	22.7	23.6	0.0**	100.0
	35 to 44	8.2*	7.3*	23.5	22.9	38.1	0.0**	100.0
	45 to 54	17.7	12.2	22.2	14.4	32.9	0.5**	100.0
	55 to 64	16.3	6.5*	13.6	21.3	42.3	0.0**	100.0
	65 and over	23.5	6.9*	21.5	17.4	30.2	0.4**	100.0
	TOTAL		14.1	10.0	22.0	20.2	33.5	0.2**
Persons	15 to 24	8.5	14.1	19.9	21.5	35.6	0.4**	100.0
	25 to 34	11.8	10.5	32.2	24.0	21.5	0.0**	100.0
	35 to 44	12.0	13.0	24.2	20.8	30.1	0.0**	100.0
	45 to 54	17.2	13.8	28.1	15.8	24.9	0.3**	100.0
	55 to 64	18.0	13.4	17.2	18.6	32.8	0.0**	100.0
	65 and over	24.5	5.9*	19.6	17.5	31.9	0.7**	100.0
	TOTAL		14.9	11.9	23.8	19.8	29.3	0.2**

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 107: Western Australian participants — participation in any physical activity by cumulative frequency, age and sex, 2008 (a)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	19.8	115.3	101.8	86.2	136.4
	25 to 34	14.3*	113.8	89.8	63.6	128.1
	35 to 44	28.7	101.0	76.9	62.7	129.8
	45 to 54	22.4	98.8	67.5	49.3	121.3
	55 to 64	23.8	71.1	58.2	46.6	94.8
	65 and over	5.4*	77.2	67.7	57.7	83.8
	TOTAL	114.5	577.3	461.8	366.1	694.2
Females	15 to 24	21.9	111.6	95.3	82.0	133.5
	25 to 34	15.4*	106.8	89.0	65.6	122.2
	35 to 44	11.4*	131.2	111.0	94.7	142.6
	45 to 54	18.2	103.3	83.5	70.3	122.2
	55 to 64	7.5*	89.1	84.4	73.4	96.6
	65 and over	8.6*	86.7	75.5	59.7	95.8
	TOTAL	83.0	628.7	538.7	445.7	712.9
Persons	15 to 24	41.7	226.9	197.1	168.2	269.9
	25 to 34	29.7	220.6	178.8	129.2	250.3
	35 to 44	40.1	232.2	188.0	157.4	272.3
	45 to 54	40.6	202.1	151.0	119.6	243.5
	55 to 64	31.3	160.2	142.5	120.0	191.5
	65 and over	14.0*	163.9	143.2	117.4	179.6
	TOTAL	197.4	1,205.9	1,000.5	811.9	1,407.1

Total participation rate (%) (b)

Males	15 to 24	13.1	76.3	67.4	57.1	90.3
	25 to 34	10.0*	79.9	63.0	44.7	89.9
	35 to 44	18.6	65.5	49.9	40.7	84.1
	45 to 54	15.4	67.8	46.3	33.8	83.2
	55 to 64	20.1	60.2	49.3	39.4	80.3
	65 and over	4.8*	68.7	60.2	51.3	74.5
	TOTAL	13.9	70.1	56.0	44.4	84.2
Females	15 to 24	15.2	77.5	66.2	57.0	92.7
	25 to 34	10.9*	75.5	62.9	46.3	86.4
	35 to 44	7.3*	84.4	71.5	61.0	91.8
	45 to 54	12.2	69.6	56.2	47.3	82.3
	55 to 64	6.5*	77.2	73.1	63.6	83.7
	65 and over	6.9*	69.2	60.3	47.7	76.5
	TOTAL	10.0	75.7	64.9	53.7	85.9
Persons	15 to 24	14.1	76.9	66.8	57.0	91.5
	25 to 34	10.5	77.7	63.0	45.5	88.2
	35 to 44	13.0	75.0	60.7	50.8	88.0
	45 to 54	13.8	68.7	51.3	40.6	82.8
	55 to 64	13.4	68.6	61.0	51.4	82.0
	65 and over	5.9*	69.0	60.2	49.4	75.5
	TOTAL	11.9	72.9	60.5	49.1	85.1

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 108: Western Australian recent participants — recent participation in any physical activity by duration and age, 2008 (a)

		15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	Total
		Number ('000)						
Five hours or more	More than three sessions weekly	71.9	38.3	53.1	42.1	44.1	41.9	291.4
	Two or three sessions weekly	11.9*	5.3*	5.0*	8.2*	10.4*	5.5*	46.2
	Less than two sessions weekly	0.0**	0.9**	0.0**	0.7**	1.7**	0.0**	3.3**
	<i>Total</i>	83.8	44.5	58.0	51.0	56.2	47.4	340.9
Two hours or more but less than five hours	More than three sessions weekly	48.2	39.9	49.5	35.0	47.1	40.4	260.1
	Two or three sessions weekly	36.0	40.2	30.0	20.6	13.5*	16.3	156.6
	Less than two sessions weekly	17.6	11.4*	12.6*	8.5*	9.6*	8.5*	68.2
	<i>Total</i>	101.8	91.6	92.0	64.0	70.2	65.3	485.0
Less than two hours	More than three sessions weekly	4.1*	7.9*	9.6*	7.8*	4.0**	5.9*	39.3
	Two or three sessions weekly	12.6*	18.4	20.1	23.6	17.0	9.5*	101.3
	Less than two sessions weekly	32.8	42.5	49.7	46.6	16.6	21.3	209.4
	<i>Total</i>	49.5	68.7	79.4	78.1	37.6	36.7	350.1
Total	More than three sessions weekly	124.2	86.2	112.2	84.9	95.1	88.1	590.8
	Two or three sessions weekly	60.6	63.9	55.0	52.4	40.9	31.4	304.1
	Less than two sessions weekly	50.4	54.8	62.3	55.8	27.9	29.8	281.0
	Total	235.2	204.8	229.5	193.2	163.9	149.4	1,175.9
		Percentage of total (%)						
Five hours or more	More than three sessions weekly	6.1	3.3	4.5	3.6	3.7	3.6	24.8
	Two or three sessions weekly	1.0*	0.4*	0.4*	0.7*	0.9*	0.5*	3.9
	Less than two sessions weekly	0.0**	0.1**	0.0**	0.1**	0.1**	0.0**	0.3**
	<i>Total</i>	7.1	3.8	4.9	4.3	4.8	4.0	29.0
Two hours or more but less than five hours	More than three sessions weekly	4.1	3.4	4.2	3.0	4.0	3.4	22.1
	Two or three sessions weekly	3.1	3.4	2.5	1.7	1.2*	1.4	13.3
	Less than two sessions weekly	1.5	1.0*	1.1*	0.7*	0.8*	0.7*	5.8
	<i>Total</i>	8.7	7.8	7.8	5.4	6.0	5.6	41.2
Less than two hours	More than three sessions weekly	0.3*	0.7*	0.8*	0.7*	0.3**	0.5*	3.3
	Two or three sessions weekly	1.1*	1.6	1.7	2.0	1.4	0.8*	8.6
	Less than two sessions weekly	2.8	3.6	4.2	4.0	1.4	1.8	17.8
	<i>Total</i>	4.2	5.8	6.8	6.6	3.2	3.1	29.8
Total	More than three sessions weekly	10.6	7.3	9.5	7.2	8.1	7.5	50.2
	Two or three sessions weekly	5.2	5.4	4.7	4.5	3.5	2.7	25.9
	Less than two sessions weekly	4.3	4.7	5.3	4.7	2.4	2.5	23.9
	Total	20.0	17.4	19.5	16.4	13.9	12.7	100.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport in the two weeks prior to interview in 2008

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 109: Western Australian regular participants — regular participation in any physical activity (organised and non-organised) by demographics, 2008 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Regular participation rate (b) (%)	Number (‘000)	Regular participation rate (%)	Number (‘000)	Regular participation rate (%)
AGE GROUP (YEARS)						
15 to 24	86.2	57.1	82.0	57.0	168.2	57.0
25 to 34	63.6	44.7	65.6	46.3	129.2	45.5
35 to 44	62.7	40.7	94.7	61.0	157.4	50.8
45 to 54	49.3	33.8	70.3	47.3	119.6	40.6
55 to 64	46.6	39.4	73.4	63.6	120.0	51.4
65 and over	57.7	51.3	59.7	47.7	117.4	49.4
REGION						
Capital city	279.6	45.6	339.2	54.0	618.8	49.9
Rest of state	86.5	40.9	106.5	52.9	193.1	46.8
EMPLOYMENT STATUS						
Employed full time	223.2	42.3	124.4	47.8	347.6	44.1
Employed part time	43.3	45.7	158.0	59.0	201.3	55.5
Employed refused	0.0**	0.0**	4.7*	65.0*	4.7*	58.3*
Total employed	266.5	42.7	287.1	53.6	553.6	47.8
Unemployed	10.4*	35.2*	21.5	53.3	32.0	45.7
Not in the labour force	89.2	52.3	137.1	53.9	226.3	53.3
MARITAL STATUS						
Married	207.0	42.0	261.9	54.7	468.9	48.2
Not married	158.6	48.2	178.5	52.0	337.1	50.1
Refused/Do not know	0.6**	36.9**	5.3*	63.9*	5.9*	59.6*
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	101.5	42.3	145.3	55.0	246.8	48.9
At least one under 18 — none at home	7.2*	35.6*	3.4**	82.4**	10.6*	43.5*
No children under 18	257.5	45.7	296.0	53.0	553.5	49.3
Refused	0.0**	0.0**	1.0**	37.1**	1.0**	37.1**
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	87.5	50.1	124.7	60.5	212.2	55.7
Undergraduate diploma or associate diploma	37.9	48.5	35.9	56.1	73.8	51.9
Certificate, trade qualification or apprenticeship	57.3	40.3	60.1	51.3	117.4	45.3
Highest level of secondary school	85.6	48.9	96.7	52.5	182.2	50.7
Did not complete highest level of school	58.2	33.3	84.9	48.3	143.1	40.8
Still at secondary school	27.9	65.6	23.6	63.7	51.5	64.8
Other	9.7*	30.3*	20.0	52.5	29.6	42.4
Refused	2.2**	68.3**	0.0**	0.0**	2.2**	19.4**
LANGUAGE SPOKEN AT HOME						
English only	325.0	45.1	400.1	54.8	725.0	50.0
European language/s other than English	10.5*	38.4*	17.1	61.9	27.6	50.2
Non-European language/s	31.2	38.2	34.9	44.3	66.1	41.2
Total	366.1	44.4	445.7	53.7	811.9	49.1

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the regular participation rate is the number of persons who participated in the activity at least three times per week on average expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 110: Western Australian organised participants — participation in organised physical activity by frequency, age and sex, 2008 (a)

Sex	Age group (years)	None	Up to once	One or two	Three or four	Five or	Do not know	Total
			per week (b)	times per week (c)	times per week (d)	more times per week		
		Number ('000)						
Males	15 to 24	50.5	18.0	33.3	22.4	25.5	1.3**	151.0
	25 to 34	69.1	19.2	33.1	14.3*	6.8*	0.0**	142.4
	35 to 44	94.7	19.1	20.7	15.7	4.0**	0.0**	154.2
	45 to 54	97.1	20.4	20.5	4.8*	3.0**	0.0**	145.8
	55 to 64	84.5	13.9*	16.2	1.4**	2.0**	0.0**	118.1
	65 and over	79.8	7.3*	16.7	4.4*	2.5**	1.8**	112.5
	TOTAL	475.8	97.9	140.5	63.0	43.8	3.0**	824.0
Females	15 to 24	54.8	25.9	18.7	22.7	21.9	0.0**	143.9
	25 to 34	78.6	27.7	23.9	9.2*	2.2**	0.0**	141.6
	35 to 44	70.0	26.1	32.1	17.5	9.7*	0.0**	155.4
	45 to 54	102.9	13.4*	19.6	9.3*	2.5**	0.8**	148.5
	55 to 64	81.6	9.5*	16.7	5.4*	2.2**	0.0**	115.4
	65 and over	77.7	11.5*	23.9	8.2*	3.4**	0.5**	125.2
	TOTAL	465.6	114.0	134.9	72.3	42.0	1.3**	830.0
Persons	15 to 24	105.3	43.9	52.0	45.1	47.4	1.3**	295.0
	25 to 34	147.7	46.9	56.9	23.5	9.0*	0.0**	284.0
	35 to 44	164.7	45.1	52.8	33.2	13.7*	0.0**	309.6
	45 to 54	200.1	33.8	40.0	14.1*	5.4*	0.8**	294.2
	55 to 64	166.1	23.4	33.0	6.8*	4.3*	0.0**	233.5
	65 and over	157.6	18.8	40.6	12.6*	5.9*	2.3**	237.7
	TOTAL	941.4	211.9	275.4	135.3	85.7	4.3*	1,654.0

Percentage of row (%)

Males	15 to 24	33.4	11.9	22.0	14.8	16.9	0.9**	100.0
	25 to 34	48.5	13.5	23.2	10.0*	4.7*	0.0**	100.0
	35 to 44	61.4	12.4	13.4	10.2	2.6**	0.0**	100.0
	45 to 54	66.6	14.0	14.0	3.3*	2.0**	0.0**	100.0
	55 to 64	71.5	11.8*	13.8	1.2**	1.7**	0.0**	100.0
	65 and over	71.0	6.5*	14.8	3.9*	2.2**	1.6**	100.0
	TOTAL	57.7	11.9	17.1	7.6	5.3	0.4**	100.0
Females	15 to 24	38.0	18.0	13.0	15.8	15.2	0.0**	100.0
	25 to 34	55.5	19.6	16.9	6.5*	1.6**	0.0**	100.0
	35 to 44	45.1	16.8	20.7	11.3	6.2*	0.0**	100.0
	45 to 54	69.3	9.0*	13.2	6.3*	1.7**	0.5**	100.0
	55 to 64	70.7	8.2*	14.5	4.7*	1.9**	0.0**	100.0
	65 and over	62.1	9.2*	19.1	6.6*	2.7**	0.4**	100.0
	TOTAL	56.1	13.7	16.2	8.7	5.1	0.2**	100.0
Persons	15 to 24	35.7	14.9	17.6	15.3	16.1	0.4**	100.0
	25 to 34	52.0	16.5	20.0	8.3	3.2*	0.0**	100.0
	35 to 44	53.2	14.6	17.1	10.7	4.4*	0.0**	100.0
	45 to 54	68.0	11.5	13.6	4.8*	1.8*	0.3**	100.0
	55 to 64	71.1	10.0	14.1	2.9*	1.8*	0.0**	100.0
	65 and over	66.3	7.9	17.1	5.3*	2.5*	0.9**	100.0
	TOTAL	56.9	12.8	16.6	8.2	5.2	0.3*	100.0

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 11.1: Western Australian organised participants — participation in organised physical activity by cumulative frequency, age and sex, 2008 (a)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	18.0	81.2	62.3	47.9	100.5
	25 to 34	19.2	54.1	36.6	21.0	73.3
	35 to 44	19.1	40.5	25.8	19.7	59.5
	45 to 54	20.4	28.3	16.2	7.8*	48.6
	55 to 64	13.9*	19.7	14.5*	3.4**	33.6
	65 and over	7.3*	23.6	15.4*	6.9*	32.6
	TOTAL		97.9	247.3	170.8	106.8
Females	15 to 24	25.9	63.3	53.2	44.6	89.2
	25 to 34	27.7	35.3	25.9	11.4*	63.0
	35 to 44	26.1	59.3	41.0	27.2	85.4
	45 to 54	13.4*	31.4	15.3*	11.8*	45.5
	55 to 64	9.5*	24.3	15.8	7.6*	33.8
	65 and over	11.5*	35.5	26.3	11.6*	47.5
	TOTAL		114.0	249.1	177.5	114.3
Persons	15 to 24	43.9	144.5	115.5	92.5	189.7
	25 to 34	46.9	89.4	62.5	32.4	136.3
	35 to 44	45.1	99.8	66.8	46.9	144.9
	45 to 54	33.8	59.6	31.5	19.6	94.2
	55 to 64	23.4	44.0	30.3	11.1*	67.5
	65 and over	18.8	59.1	41.7	18.5	80.1
	TOTAL		211.9	496.4	348.3	221.0
Total participation rate (%) (b)						
Males	15 to 24	11.9	53.8	41.3	31.7	66.6
	25 to 34	13.5	38.0	25.7	14.8	51.5
	35 to 44	12.4	26.2	16.7	12.8	38.6
	45 to 54	14.0	19.4	11.1	5.3*	33.4
	55 to 64	11.8*	16.7	12.3*	2.9**	28.5
	65 and over	6.5*	20.9	13.7*	6.1*	29.0
	TOTAL		11.9	30.0	20.7	13.0
Females	15 to 24	18.0	44.0	36.9	31.0	62.0
	25 to 34	19.6	24.9	18.3	8.1*	44.5
	35 to 44	16.8	38.2	26.4	17.5	54.9
	45 to 54	9.0*	21.1	10.3*	7.9*	30.7
	55 to 64	8.2*	21.1	13.7	6.6*	29.3
	65 and over	9.2*	28.4	21.0	9.3*	37.9
	TOTAL		13.7	30.0	21.4	13.8
Persons	15 to 24	14.9	49.0	39.2	31.4	64.3
	25 to 34	16.5	31.5	22.0	11.4	48.0
	35 to 44	14.6	32.2	21.6	15.2	46.8
	45 to 54	11.5	20.3	10.7	6.7	32.0
	55 to 64	10.0	18.9	13.0	4.7*	28.9
	65 and over	7.9	24.9	17.5	7.8	33.7
	TOTAL		12.8	30.0	21.1	13.4

(a) Relates to persons aged 15 years and over who participated in organised physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 112: Western Australian organised participants — total participation in organised activities by type of organisation, age and sex, 2008 (a)

Sex	Age group (years)	Fitness, leisure or indoor sports centre	Sport or recreation club or association (c)	Work	School	Other	Total organised participation
		Number ('000)					
Males	15 to 24	37.8	76.9	5.4*	28.0	14.5*	100.5
	25 to 34	31.2	51.1	4.3*	1.7**	8.0*	73.3
	35 to 44	16.0	44.2	5.0*	1.0**	13.2*	59.5
	45 to 54	16.8	36.5	1.8**	1.2**	8.5*	48.6
	55 to 64	6.1*	28.0	0.7**	0.0**	5.8*	33.6
	65 and over	6.2*	22.1	0.9**	0.0**	10.3*	32.6
	TOTAL		114.1	258.7	18.1	31.8	60.3
Females	15 to 24	35.4	45.5	1.9**	39.4	11.9*	89.2
	25 to 34	39.3	30.4	5.6*	0.0**	15.2*	63.0
	35 to 44	49.9	37.5	2.1**	2.4**	11.2*	85.4
	45 to 54	19.1	19.2	2.9**	1.0**	12.2*	45.5
	55 to 64	17.8	14.6*	0.8**	0.0**	14.9*	33.8
	65 and over	19.1	19.3	0.0**	0.0**	24.9	47.5
	TOTAL		180.5	166.4	13.3*	42.8	90.2
Persons	15 to 24	73.1	122.3	7.2*	67.4	26.4	189.7
	25 to 34	70.6	81.5	9.9*	1.7**	23.2	136.3
	35 to 44	65.8	81.7	7.1*	3.3**	24.3	144.9
	45 to 54	35.9	55.7	4.7*	2.2**	20.6	94.2
	55 to 64	23.9	42.5	1.5**	0.0**	20.7	67.5
	65 and over	25.3	41.4	0.9**	0.0**	35.2	80.1
	TOTAL		294.6	425.2	31.4	74.6	150.5
Total participation rate (%) (b)							
Males	15 to 24	25.0	50.9	3.5*	18.5	9.6*	66.6
	25 to 34	21.9	35.9	3.0*	1.2**	5.6*	51.5
	35 to 44	10.3	28.7	3.3*	0.6**	8.5*	38.6
	45 to 54	11.5	25.0	1.2**	0.8**	5.8*	33.4
	55 to 64	5.2*	23.7	0.6**	0.0**	4.9*	28.5
	65 and over	5.5*	19.6	0.8**	0.0**	9.2*	29.0
	TOTAL		13.8	31.4	2.2	3.9	7.3
Females	15 to 24	24.6	31.6	1.3**	27.4	8.2*	62.0
	25 to 34	27.8	21.5	4.0*	0.0**	10.7*	44.5
	35 to 44	32.1	24.1	1.3**	1.5**	7.2*	54.9
	45 to 54	12.8	12.9	2.0**	0.7**	8.2*	30.7
	55 to 64	15.4	12.6*	0.7**	0.0**	12.9*	29.3
	65 and over	15.3	15.4	0.0**	0.0**	19.9	37.9
	TOTAL		21.7	20.1	1.6*	5.2	10.9
Persons	15 to 24	24.8	41.5	2.5*	22.8	9.0	64.3
	25 to 34	24.8	28.7	3.5*	0.6**	8.2	48.0
	35 to 44	21.3	26.4	2.3*	1.1**	7.9	46.8
	45 to 54	12.2	18.9	1.6*	0.7**	7.0	32.0
	55 to 64	10.2	18.2	0.7**	0.0**	8.9	28.9
	65 and over	10.6	17.4	0.4**	0.0**	14.8	33.7
	TOTAL		17.8	25.7	1.9	4.5	9.1

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) All aerobics/fitness participants describing their activity as organised by a sport or recreation club or association have been recoded to fitness, leisure or indoor sports centre

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 113: Western Australian participants — total participation in specific activities (organised and non-organised) by sex, 2008 (a)

Activity	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
Aerobics/fitness	137.4	16.7	248.3	29.9	385.8	23.3
Aquarobics	2.2**	0.3**	18.3	2.2	20.5	1.2
Athletics/track and field	6.7*	0.8*	10.0*	1.2*	16.7	1.0
Australian rules football	75.4	9.2	11.1*	1.3*	86.5	5.2
Badminton	9.3*	1.1*	15.3*	1.8*	24.6	1.5
Baseball	5.9*	0.7*	2.6**	0.3**	8.5*	0.5*
Basketball	63.7	7.7	28.2	3.4	91.9	5.6
Billiards/snooker/pool	3.1**	0.4**	0.0**	0.0**	3.1**	0.2**
Boxing	7.4*	0.9*	6.6*	0.8*	14.0*	0.8*
Canoeing/kayaking	13.8*	1.7*	13.0*	1.6*	26.8	1.6
Carpet bowls	0.6**	0.1**	2.9**	0.3**	3.5**	0.2**
Cricket (indoor)	22.2	2.7	2.6**	0.3**	24.7	1.5
Cricket (outdoor)	53.4	6.5	5.2*	0.6*	58.6	3.5
Cycling	124.9	15.2	99.6	12.0	224.6	13.6
Dancing	5.5*	0.7*	37.6	4.5	43.1	2.6
Darts	5.5*	0.7*	1.8**	0.2**	7.3*	0.4*
Fishing	30.9	3.8	4.8*	0.6*	35.7	2.2
Football (indoor)	33.4	4.1	6.0*	0.7*	39.5	2.4
Football (outdoor)	58.5	7.1	14.5*	1.7*	73.0	4.4
Golf	86.1	10.4	24.7	3.0	110.8	6.7
Gymnastics	0.0**	0.0**	1.4**	0.2**	1.4**	0.1**
Hockey (indoor)	0.0**	0.0**	1.2**	0.1**	1.2**	0.1**
Hockey (outdoor)	18.8	2.3	18.5	2.2	37.2	2.3
Horse riding/equestrian activities/polocrosse	3.1**	0.4**	9.6*	1.2*	12.7*	0.8*
Ice/snow sports	9.0*	1.1*	2.2**	0.3**	11.1*	0.7*
Lawn bowls	15.3*	1.9*	18.4	2.2	33.7	2.0
Martial arts	15.8	1.9	17.9	2.2	33.7	2.0
Motor sports	20.8	2.5	0.7**	0.1**	21.5	1.3
Netball	3.5**	0.4**	65.7	7.9	69.2	4.2
Orienteering	5.6*	0.7*	7.1*	0.9*	12.6*	0.8*
Rock climbing	2.0**	0.2**	8.3*	1.0*	10.3*	0.6*
Roller sports	3.6**	0.4**	4.9*	0.6*	8.5*	0.5*
Rowing	4.7*	0.6*	2.6**	0.3**	7.3*	0.4*
Rugby league	9.4*	1.1*	1.9**	0.2**	11.3*	0.7*
Rugby union	10.6*	1.3*	0.0**	0.0**	10.6*	0.6*
Running	84.8	10.3	68.7	8.3	153.4	9.3
Sailing	4.5*	0.5*	1.9**	0.2**	6.3*	0.4*
Scuba diving	20.1	2.4	0.9**	0.1**	21.0	1.3
Shooting sports	3.8**	0.5**	0.7**	0.1**	4.5*	0.3*
Softball	2.7**	0.3**	8.9*	1.1*	11.7*	0.7*
Squash/racquetball	33.1	4.0	12.6*	1.5*	45.7	2.8
Surf sports	45.4	5.5	5.2*	0.6*	50.6	3.1
Swimming	120.1	14.6	159.9	19.3	280.0	16.9
Table tennis	4.8*	0.6*	0.0**	0.0**	4.8*	0.3*
Tennis	45.7	5.5	44.9	5.4	90.5	5.5
Tenpin bowling	4.4*	0.5*	3.0**	0.4**	7.4*	0.4*
Touch football	11.2*	1.4*	5.2*	0.6*	16.4	1.0
Triathlon	3.4**	0.4**	2.9**	0.3**	6.2*	0.4*
Volleyball	15.1*	1.8*	14.8*	1.8*	29.8	1.8
Walking (bush)	33.6	4.1	41.9	5.0	75.5	4.6
Walking (other)	241.0	29.2	422.2	50.9	663.3	40.1
Water polo	2.2**	0.3**	3.8**	0.5**	6.0*	0.4*
Waterskiing/powerboating	11.6*	1.4*	3.5**	0.4**	15.2*	0.9*
Weight training	25.0	3.0	30.4	3.7	55.4	3.4
Yoga	1.1**	0.1**	55.8	6.7	57.0	3.4

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 114: Western Australian participants — total participation in specific activities by type of activity, 2008 (a)

Activity	Number ('000)			Total participation rate (%) (b)		
	Organised	Non-organised	Total	Organised	Non-organised	Total
Aerobics/fitness	142.1	268.4	385.8	8.6	16.2	23.3
Aquarobics	12.1*	9.9*	20.5	0.7*	0.6*	1.2
Athletics/track and field	14.2*	6.0*	16.7	0.9*	0.4*	1.0
Australian rules football	60.2	35.2	86.5	3.6	2.1	5.2
Badminton	16.5	8.7*	24.6	1.0	0.5*	1.5
Baseball	6.8*	1.7**	8.5*	0.4*	0.1**	0.5*
Basketball	64.3	45.9	91.9	3.9	2.8	5.6
Billiards/snooker/pool	0.0**	3.1**	3.1**	0.0**	0.2**	0.2**
Boxing	11.6*	3.4**	14.0*	0.7*	0.2**	0.8*
Canoeing/kayaking	11.4*	18.5	26.8	0.7*	1.1	1.6
Carpet bowls	3.0**	0.5**	3.5**	0.2**	0.0**	0.2**
Cricket (indoor)	21.2	3.5**	24.7	1.3	0.2**	1.5
Cricket (outdoor)	30.0	33.3	58.6	1.8	2.0	3.5
Cycling	19.7	215.7	224.6	1.2	13.0	13.6
Dancing	35.3	16.7	43.1	2.1	1.0	2.6
Darts	7.3*	0.0**	7.3*	0.4*	0.0**	0.4*
Fishing	2.9**	34.9	35.7	0.2**	2.1	2.2
Football (indoor)	26.1	16.2	39.5	1.6	1.0	2.4
Football (outdoor)	44.8	37.0	73.0	2.7	2.2	4.4
Golf	58.4	73.2	110.8	3.5	4.4	6.7
Gymnastics	0.7**	0.7**	1.4**	0.0**	0.0**	0.1**
Hockey (indoor)	1.2**	0.0**	1.2**	0.1**	0.0**	0.1**
Hockey (outdoor)	36.1	1.2**	37.2	2.2	0.1**	2.3
Horse riding/equestrian activities/polocrosse	6.9*	12.0*	12.7*	0.4*	0.7*	0.8*
Ice/snow sports	2.9**	9.6*	11.1*	0.2**	0.6*	0.7*
Lawn bowls	29.0	8.8*	33.7	1.8	0.5*	2.0
Martial arts	27.4	10.1*	33.7	1.7	0.6*	2.0
Motor sports	7.2*	17.7	21.5	0.4*	1.1	1.3
Netball	54.8	23.7	69.2	3.3	1.4	4.2
Orienteering	8.7*	5.3*	12.6*	0.5*	0.3*	0.8*
Rock climbing	3.8**	6.5*	10.3*	0.2**	0.4*	0.6*
Roller sports	3.5**	5.0*	8.5*	0.2**	0.3*	0.5*
Rowing	1.9**	5.4*	7.3*	0.1**	0.3*	0.4*
Rugby league	8.5*	4.1*	11.3*	0.5*	0.2*	0.7*
Rugby union	8.3*	2.2**	10.6*	0.5*	0.1**	0.6*
Running	19.2	144.2	153.4	1.2	8.7	9.3
Sailing	3.7**	2.6**	6.3*	0.2**	0.2**	0.4*
Scuba diving	3.3**	19.1	21.0	0.2**	1.2	1.3
Shooting sports	2.3**	3.2**	4.5*	0.1**	0.2**	0.3*
Softball	11.7*	0.0**	11.7*	0.7*	0.0**	0.7*
Squash/racquetball	17.3	34.3	45.7	1.0	2.1	2.8
Surf sports	5.0*	48.5	50.6	0.3*	2.9	3.1
Swimming	46.7	244.5	280.0	2.8	14.8	16.9
Table tennis	1.6**	4.2*	4.8*	0.1**	0.3*	0.3*
Tennis	43.9	57.2	90.5	2.7	3.5	5.5
Tenpin bowling	3.8**	3.6**	7.4*	0.2**	0.2**	0.4*
Touch football	15.1*	2.1**	16.4	0.9*	0.1**	1.0
Triathlon	6.2*	0.0**	6.2*	0.4*	0.0**	0.4*
Volleyball	22.4	9.0*	29.8	1.4	0.5*	1.8
Walking (bush)	8.2*	73.1	75.5	0.5*	4.4	4.6
Walking (other)	24.1	656.2	663.3	1.5	39.7	40.1
Water polo	6.0*	1.9**	6.0*	0.4*	0.1**	0.4*
Waterskiing/powerboating	0.0**	15.2*	15.2*	0.0**	0.9*	0.9*
Weight training	19.9	35.5	55.4	1.2	2.1	3.4
Yoga	41.0	22.2	57.0	2.5	1.3	3.4

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use