



FOCUS ON YOUR LOCAL COMMUNITY

Engage with a diverse range of community groups to enhance opportunities for students to engage in physical activity and develop their physical literacy.

This fact sheet expands on the [Physical Literacy: Guide for Schools](#), providing more practical examples to help embed physical literacy in your school.

- Engage with [Sporting Schools providers](#) to connect with local sports coaches/clubs and facilitate out of school opportunities for students.
- Promote local sporting clubs, physical activity providers and recreation centre opportunities to families through school newsletters, daily bulletins, assemblies and social media.
- Develop a directory of local sporting clubs, physical activity providers and recreation facilities and provide regular opportunities for them to connect to programs, conduct before, during and after school programs and participate in assemblies.
- Become a local community hub for physical activity participation and [share facilities](#) with local sport and physical activity providers.
- Encourage students who enjoy particular sports and physical activities to make direct contact with the appropriate local provider.
- Select games and sports for your health and physical education program that are played and supported in your local community.
- Invite community sport role models such as well-known athletes and coaches to speak about how they developed their passion for sport and what it means to them.
- Invite representatives from local sporting clubs, physical activity providers and recreation facilities to a morning tea/evening at the school where connections can be formed.
- Encourage shared facility use with local sporting clubs, physical activity providers and/or community groups.
- Work with outside hours school care providers and identify how they can contribute to developing a child's physical literacy.
- Liaise with local councils and state governments to develop safe play areas and active travel opportunities.
- Establish links with local feeder and partner schools to provide further physical activity initiatives.

For more resources to support your school on its physical literacy journey, visit the [Sport Australia website](#).

