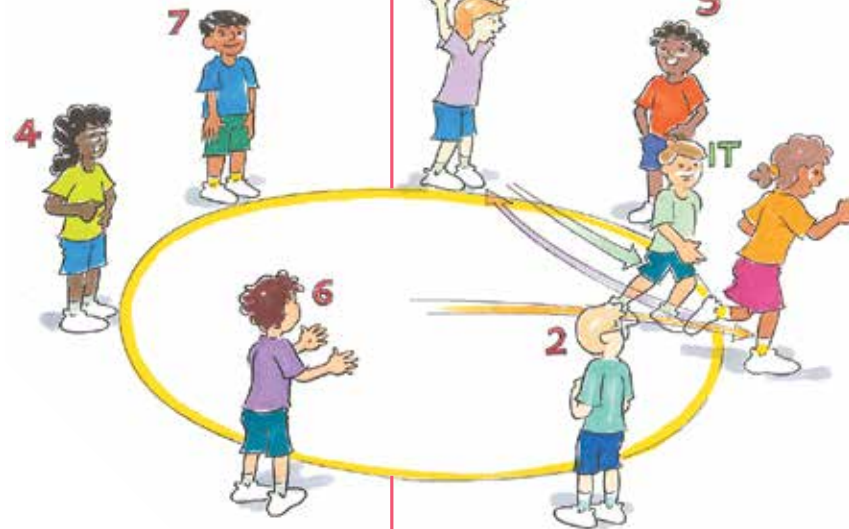
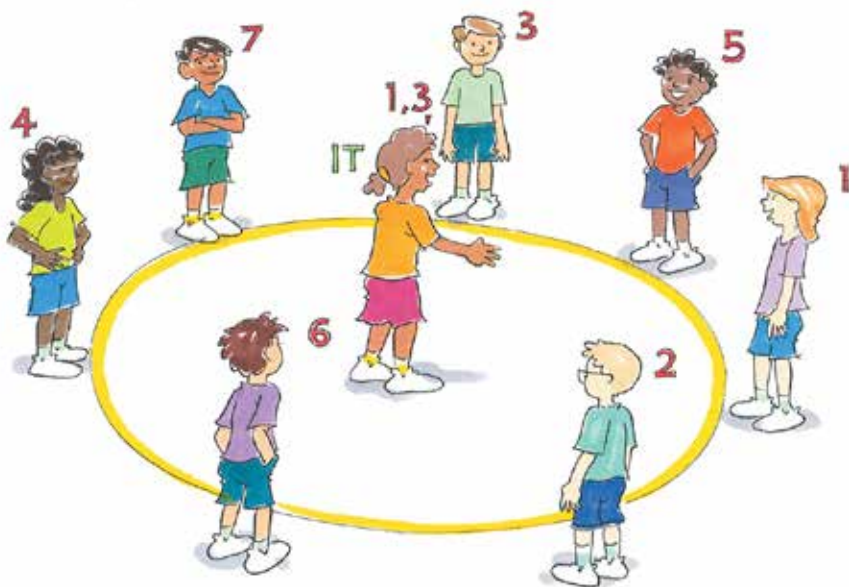




Number change

While standing in a circle, players try to change positions before the middle player takes their spot. Play with 6–10.



What to do

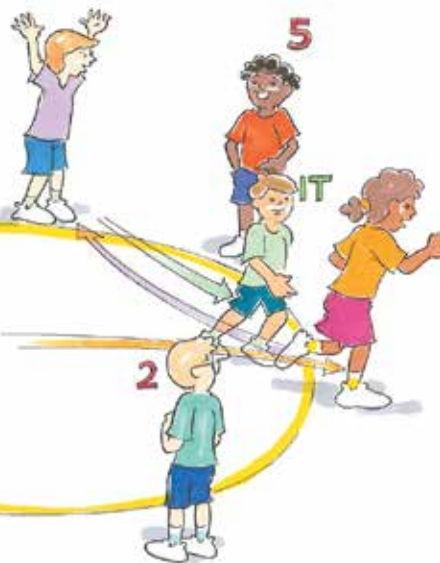
- > Players are given a number and form a circle in random order.
- > One of the players is 'it' and stands in the centre of the circle and calls out any two numbers. These two players try to swap places before the player who is 'it' takes their place.
- > The player who fails to find a vacant position in the circle becomes 'it'.

Change it

- > Two people are 'it' and in the centre of the circle.
- > Vary the locomotion players use when changing positions [e.g. skipping, hopping, jumping].

Safety

- > Make sure there is no physical contact [e.g. pushing] when players are changing places.



LEARNING INTENTION

Number change is a fun warm up activity that encourages quick thinking and requires teamwork and cooperative play.

PHYSICAL LITERACY ELEMENTS

MOVEMENT SKILLS
AGILITY

ENGAGEMENT AND ENJOYMENT
SPEED

PERCEPTUAL AWARENESS
TACTICS

AC:HPE CONTENT DESCRIPTIONS

ACPMPO08
ACPMPO25