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Contents

1	Executive summary	1
2	Introduction	5
3	Errata	6
4	Glossary	7
5	Sports definitions	10
6	Participation in any physical activity	12
6.1	Frequency of participation in any physical activity	12
6.2	Median frequency of participation in any physical activity, 2001–2007	12
6.3	Regular participation in any physical activity, 2001–2007	13
6.4	Regular participation in any physical activity by demographics	14
6.5	Duration of participation in any physical activity	16
6.6	Average number of different activities (any physical activity)	17
6.7	Main activities	18
7	Participation in non-organised physical activity	21
7.1	Frequency of participation in non-organised physical activity	21
7.2	Median frequency of participation in non-organised physical activity, 2001–2007	22
7.3	Regular participation in non-organised physical activity, 2001–2007	22
7.4	Regular participation in non-organised physical activity by demographics	23
7.5	Main non-organised activities	25
8	Participation in organised physical activity	27
8.1	Frequency of participation in organised physical activity	27
8.2	Median frequency of participation in organised physical activity, 2001–2007	28
8.3	Regular participation in organised physical activity, 2001–2007	29
8.4	Regular participation in organised physical activity by demographics	29
8.5	Type of organisation	31
8.6	Main organised activities	32
9	Participation in club-based physical activity	34
9.1	Frequency of participation in club-based physical activity	34
9.2	Median frequency of participation in club-based physical activity, 2001–2007	35
9.3	Regular participation in club-based physical activity, 2001–2007	36
9.4	Regular participation in club-based physical activity by demographics	37
9.5	Main club-based activities	38

10	Detailed tables	40
	List of tables	
10.1	Total participation in any physical activity	46
10.2	Recent participation in any physical activity	50
10.3	Regular participation in any physical activity	54
10.4	Total participation in organised physical activity	55
10.5	Total participation in specific activities	58
10.6	Total participation in specific organised activities	64
10.7	State data (all states)	66
10.8	State data (Australian Capital Territory)	75
10.9	State data (New South Wales)	86
10.10	State data (Northern Territory)	97
10.11	State data (Queensland)	108
10.12	State data (South Australia)	119
10.13	State data (Tasmania)	130
10.14	State data (Victoria)	141
10.15	State data (Western Australia)	152
11	Explanatory notes	163
11.1	Introduction	163
11.2	Scope	163
11.3	Methodology	163
11.4	Questionnaire	163
11.5	Comparability of the data	164
11.6	Weighting the data	164
11.7	Standard errors and relative standard errors	164
11.8	Significance testing	165
12	Exercise, Recreation and Sport Survey questionnaire 2007	167
13	References	172
14	Contacts	173

List of figures

Figure 1:	Frequency of participation in any physical activity, 2007	12
Figure 2:	Median frequency of participation per week in any physical activity by sex and year	13
Figure 3:	Regular participation rate in any physical activity by sex and year	14
Figure 4:	Regular participation rate in any physical activity by age and sex, 2007	14
Figure 5:	Regular participation rate in any physical activity by region and sex, 2007	15
Figure 6:	Weekly duration of participation in any physical activity, 2007	16
Figure 7:	All recent participants — median duration of participation in any physical activity by age and sex, 2007	17
Figure 8:	All participants — average number of different activities by sex and age, 2007 (a)	18
Figure 9:	Top-ten activities (any physical activity), 2007	18
Box 1:	Total participation rate in top-ten physical activities by year	19
Figure 10:	Frequency of participation in non-organised physical activity, 2007	21
Figure 11:	Median frequency of participation per week in non-organised physical activities by sex and year	22
Figure 12:	Regular participation rate in non-organised physical activities by sex and year	23
Figure 13:	Regular participation in non-organised physical activity by age and sex, 2007	24
Figure 14:	Top-ten physical activities (non-organised), 2007	25
Box 2:	Total participation rate in top-ten non-organised physical activities by year	26
Figure 15:	Frequency of participation in organised physical activity, 2007	27
Figure 16:	All participants in organised physical activity — median frequency of participation in organised physical activity by sex and year	28
Figure 17:	Regular participation in organised physical activity by sex and year	29
Figure 18:	Regular participation in organised physical activity by age and sex, 2007	30
Figure 19:	Total participation in organised physical activity by type of organisation, 2007	31
Figure 20:	Top-ten activities (organised), 2007	32
Box 3:	Total participation rate in top-ten organised physical activities by year	33
Figure 21:	Frequency of participation in club-based physical activity, 2007	34
Figure 22:	All club-based participants — median frequency of participation in club-based physical activity by sex and year	35
Figure 23:	Regular participation in club-based physical activity by sex and year	36
Figure 24:	Regular participation in club-based physical activity by age and sex, 2007	37
Figure 25:	Top-ten activities (club-based), 2007	38
Box 4:	Total participation rate in top-ten club-based physical activities by year	39

1 Executive summary

Background

The Exercise, Recreation and Sport Survey (ERASS) collects information on the frequency, duration, nature and type of physical activities that are participated in for exercise, recreation and sport by persons aged 15 years and over.

ERASS has been collecting this information since 2001.

ERASS was conducted quarterly in 2007 with an annual total of 16,400 respondents across Australia.

A summary of key findings is provided below.

Main findings

Participation in any physical activity

'Any physical activity' is physical activity for exercise, recreation and sport. It includes those activities that were organised by a club, association or other type of organisation, and those activities that were non-organised, but excludes those activities that were part of household or garden duties, or were part of work.

- An estimated 13.0 million persons aged 15 years and over, or 79.4% of the population living in occupied private dwellings, participated at least once annually in physical activity for exercise, recreation and sport. This is the **total participation rate** in any physical activity.
- An estimated 3.4 million persons aged 15 years and over did not participate in any physical activity for exercise, recreation or sport in the 12 months prior to interview in 2007.
- An estimated 10.9 million persons aged 15 years and over, or 66.7% of the population, participated at least once per week, on average, in a physical activity. This is the **weekly participation rate**.
- An estimated 7.1 million persons aged 15 years and over, or 43.5% of the population, participated at least three times per week, on average, in a physical activity. This is the **regular participation rate**.
- The median frequency of participation in physical activity was 2.0 times per week in 2007. Women (2.4 times per week) tended to participate more frequently than men (2.0 times).
- An estimated 7.4 million persons, or 45.1% of the population, participated for two hours or more per week in the two weeks prior to interview in 2007. An estimated 3.2 million persons, or 19.4% of the population, participated for five hours or more each week in the two weeks prior to interview.
- The regular participation rate in any physical activity increased over six percentage points between 2001 and 2007. This increase occurred for both men and women, although the increase was greater for women (almost eight percentage points). The increase in regular participation rates was almost entirely explained by an increase in participation in non-organised activities.
- Women, regardless of employment status, had higher regular participation rates in any physical activity. Participation rates were also higher among the university educated and those still at school.
- While females were more likely to be regular participants, participant males were more likely than participant females to be physically active for a longer duration. This was especially true for males aged between 15 and 24 years who took part in physical activity 3.8 hours per week, on average. With the exception of this youngest male age group, duration of participation tended to increase gradually with age for women and men, although among women duration peaked at 55 to 64 years.

- The number of different physical activities participated in was strongly related to age for both males and females. Participants aged between 15 and 24 years participated in an average of 2.2 different physical activities in the 12 months prior to interview in 2007. Among participants aged 65 years and over this had decreased to 1.5 different physical activities, on average. Young males aged between 15 and 24 years participated in the greatest number of different activities (2.3 on average).
- The top-ten physical activities in 2007, in terms of total participation rate, were walking, aerobics/fitness, swimming, cycling, running, tennis, bushwalking, golf, outdoor football and netball. An estimated 5.4 million persons, or 33% of the population, participated at least once in walking for exercise, recreation or sport in 2007.
- In terms of the top-ten physical activities, aerobics/fitness enjoyed the largest increase in total participation between 2001 and 2007, increasing by 68% over 2001. Walking, outdoor football, bushwalking, cycling and running all enjoyed increases in participation over 2001.
- Activities experiencing large declines in participation between 2001 and 2007 included tennis (down 31% over 2001), golf (-26%), swimming (-19%) and netball (-15%).

Participation in non-organised physical activity

'Non-organised physical activity' is physical activity for exercise, recreation and sport that was non-organised in full or in part; that is, not fully organised by a club, association or other type of organisation.

- The **total participation rate** in non-organised physical activity was 64.4% in 2007. Most participation in physical activity was partly or fully non-organised (81.2%).
- An estimated 5.5 million persons aged 15 years and over participated at least three times per week in non-organised physical activities, a **regular participation rate** of 33.6%.
- The regular participation rate in non-organised physical activity increased almost six percentage points between 2001 and 2007. This increase occurred for both men and women, although the increase was greater for women (seven percentage points).
- Women, regardless of employment status, had higher regular participation rates in non-organised physical activity (37.0%) than men (30.1%).
- Regular participation in non-organised physical activity gradually increased with age, peaking at 45 to 54 years among women and 55 to 64 years among men. Women aged between 45 and 54 years were the most active in non-organised physical activity, with a regular participation rate of 43.5%.
- Participation rates in non-organised physical activity were higher among those with a university education.
- The top-ten non-organised physical activities in 2007, in terms of total participation rate, were walking, aerobics/fitness, swimming, cycling, running, bushwalking, tennis, golf, outdoor football and surf sports. Almost all participation in cycling and running was non-organised, and most participation in swimming was non-organised.

Participation in organised physical activity

‘Organised physical activity’ is physical activity for exercise, recreation and sport that was organised in full or in part by (1) a fitness, leisure or indoor sports centre that required payment for participation, (2) a sport or recreation club or association that required payment of membership, fees or registration, (3) a workplace, (4) a school, or (5) any other type of organisation.

- The **total participation rate** in organised physical activity was 38.0% in 2007. About half of all participation in physical activity was partly or fully organised (47.9%).
- An estimated 1.8 million persons aged 15 years and over participated at least three times per week in organised physical activities, a **regular participation rate** of 11.2%.
- Unlike non-organised participation, the regular participation rate in organised physical activity increased only slightly between 2001 and 2007.
- On average, men and women were about equally likely to regularly participate in organised physical activity in 2007. However, regular participation in organised physical activity was higher for males in the 15 to 34 years age group and higher for females in the 35 to 64 years age group.
- While participation in non-organised physical activity increased with age, regular participation in organised physical activity was most common among those aged 15 to 24 years, regardless of gender.
- As with non-organised physical activity, the university educated had higher regular participation rates in organised physical activity. Regular participation in organised physical activity was also slightly higher in capital cities (11.9%) than elsewhere in the country (10.0%).
- The top-ten organised physical activities in 2007, in terms of total participation rate, were aerobics/fitness, golf, netball, tennis, outdoor football, basketball, swimming, touch football, outdoor cricket and martial arts.
- In terms of the top-ten organised physical activities, aerobics/fitness enjoyed the largest increase in total participation between 2001 and 2007, increasing by 64% over 2001. Reflecting the lack of movement overall between 2001 and 2007 in organised activity participation rates, the only other organised activity in the top ten to experience any increase in participation since 2001 was outdoor football (by 9%).
- Organised activities most likely to have seen a decline in participation were golf (-22%), tennis (-22%) and touch football (-20%).

Participation in club-based physical activity

‘Club-based physical activity’ is any physical activity for exercise, recreation and sport that was organised in full or in part by a sport or recreation club or association that required payment of membership, fees or registration. This was distinct from fitness, leisure or sports centres that required payment for participation.

- The **total participation rate** in club-based physical activity was 25.7% in 2007.
- An estimated 1.1 million persons aged 15 years and over participated at least three times per week in club-based physical activities, a **regular participation rate** of 7.0%.
- Club-based physical activity was the one area of physical activity where the female regular participation rate did not exceed the male rate. However, while the rate of regular participation in club-based activities remained steady between 2001 and 2007 among males, it increased from 4.8% to 6.8% among females.

- Regardless of gender, regular participation in club-based physical activity was most common among those aged 15 to 24 years (13.4%). As with other types of physical activity, club-based physical activity participation rates were higher among the university educated.
- The top-ten club-based physical activities in 2007, in terms of total participation rate, were aerobics/fitness, golf, outdoor football, tennis, netball, basketball, outdoor cricket, lawn bowls, Australian football and touch football.
- Of these, only aerobics/fitness, outdoor football and basketball experienced increases in participation between 2001 and 2007.
- The club-based activities most likely to have seen a decline in participation were touch football (-25%), lawn bowls (-24%), tennis (-20%) and golf (-18%).



2 Introduction

The Exercise, Recreation and Sport Survey (ERASS) is a joint initiative of the Australian Sports Commission and the state and territory government agencies responsible for sport and recreation.

The first survey was conducted in 2001. This publication presents results from the seventh annual ERASS data collection, which was conducted in 2007.

ERASS collects information on the frequency, duration, nature and type of physical activities that are participated in by persons aged 15 years and over for exercise, recreation and sport during the 12 months prior to interview. Participation means active 'playing' participation, and does not include coaching, refereeing and being a spectator, or activities related to work, household chores or gardening duties.

ERASS collects data on the **total participation rate** in physical activity for exercise, recreation and sport over the 12-month period. The total participation rate is based on the number of persons who have undertaken exercise, recreation and sport **at least once** during the previous 12 months. This rate does not reflect the number of persons who are physically active on a regular basis. Frequency and duration data provide an indication of the number of persons who are regularly active. The main focus of this report is on persons who are physically active three times per week or more. This is referred to as the **regular participation rate** throughout the report.

The survey is conducted quarterly throughout Australia. In 2007, ACNielsen Research completed the fieldwork and supplied the data tables provided in this report. The report was then prepared by Newspoll Market Research for the Australian Sports Commission in consultation with the states and territories. Newspoll is responsible for ERASS data collection in 2008 and 2009.

This publication presents information regarding the:

- frequency of participation in organised and non-organised physical activity for exercise, recreation and sport
- duration of participation in physical activity for exercise, recreation and sport
- type of participation in physical activity for exercise, recreation and sport
- trends in participation over time.

Information is available for both organised and non-organised exercise, recreation and sport for all states and territories and for a variety of demographic variables. This report also introduces, for the first time, analysis of club-based participation.

3 Errata

ERASS 2007 Annual Report

Estimates at the national and Victorian level related to Indigenous and language status are not available in the ERASS 2007 Annual Report. Data is available for Indigenous status for all states and territories except for Victoria in Section 10: Detailed tables. The estimates for national and all states and territories for Indigenous and language status will be available in the ERASS 2008 Annual Report.

ERASS 2006 Annual Report

Following the release of the Participation in Exercise, Recreation and Sport Annual Report 2006 an error was found that has a minor impact on the data in that report. The error arose because the organisation that was contracted to produce the tables used population estimates that are inconsistent with those underpinning past ERASS publications. They used what the Australian Bureau of Statistics call Estimated Resident Population (ERP) figures, instead of the population in Occupied Private Dwellings (OPD). The ERP figures include persons in special dwellings such as hospitals and nursing homes who are outside the scope of ERASS (they numbered about 540,000 persons aged 15 years and over in 2006). As a result, the 2006 report exaggerated the size of the population that ERASS covers by about 3%, and this error automatically flowed proportionately into estimates of the number of participants. Note that the physical activity participation rates remain virtually unchanged because the number of participants and the population were both exaggerated on approximately the same scale.

To ensure that users of ERASS data have easy access to data that gives a true picture of participation over time, revised data from 2006 have been updated on the ERASS website (ausport.gov.au/information/scors/ERASS).

4 Glossary

For definitions of sports, see section 5 'Sport definitions'.

Any physical activity

Physical activity for exercise, recreation and sport. It includes those activities that were organised by a club, association or other type of organisation, and those activities that were non-organised, but excludes those activities that were part of household or garden duties, or were part of work

Capital cities

The six state capital city statistical divisions, the Darwin Statistical Division and the Australian Capital Territory

Club-based physical activity

Physical activity for exercise, recreation and sport that was organised in full or in part by a sport or recreation club or association that required payment of membership, fees or registration. This is distinct from fitness, leisure or sports centres that required payment for participation

Employed full time

Persons employed full time are those who usually work 35 hours or more per week (in all jobs)

Employed part time

Persons employed part time are those who usually work less than 35 hours per week (in all jobs)

ERASS

Exercise, Recreation and Sport Survey

Fitness organisation

A fitness, leisure or indoor sports centre that requires payment for participation

Frequency of participation

Number of times participated in physical activity for exercise, recreation and sport in the last 12 months. This number is used to define number of times 'per week' a person participated (by dividing the number of times in the last 12 months by 52) and in the calculation of the 'total participation rate', the 'weekly participation rate' and the 'regular participation rate'

Indigenous people

People who identified themselves, or were identified by another household member, as being of Aboriginal and/or Torres Strait Islander origin

Married

Married persons are those who describe their marital status as being married or in a de facto relationship

Mean

Often known as the average and is the sum of all the data values divided by the number of data values

Median

The median represents the centre or midpoint of the data. One-half of the data will have values less than the median, and the other half will have values greater than the median

Non-organised physical activity

Physical activity for exercise, recreation and sport that was non-organised in full or in part; that is, not fully organised by a club, association or other type of organisation

Non-participation rate

For any group, this is the number of persons who did not participate in any activity at least once in the last 12 months, expressed as a percentage of the population in the same group

Not in the labour force

Persons not in the labour force are those who did not have a job when interviewed and did not look for work in the four weeks prior to interview

Not married

Not married persons are those who describe their marital status as being either separated, divorced, widowed or never married

Organised physical activity

Physical activity for exercise, recreation and sport that was organised in full or in part by (1) a fitness, leisure or indoor sports centre that required payment for participation, (2) a sport or recreation club or association that required payment of membership, fees or registration, (3) a workplace, (4) a school, or (5) any other type of organisation

Participants

Persons who participated in at least one physical activity for exercise, recreation and sport at least once in the last 12 months

Per week

Statistics that identify the number of times persons participated 'per week' are calculated by dividing the number of times individuals participate in physical activity for exercise, recreation and sport during the 12 months prior to interview by 52 (that is, the number of weeks in a year). This provides an average of the number of times persons participated 'per week'. However, it is possible that individuals who participate 'once per week' may not be regular participants throughout the 12 months prior to interview, as all their participation might be concentrated during one particular time period. For example, an individual who participates in cricket 52 times over three months, but then in no other activity for the other nine months, would appear to participate in physical activity for exercise, recreation and sport once per week

Recent participants

Persons who participated in at least one of their three top physical activities in the last two weeks. Top physical activities are defined as those done most frequently by that person on an annual basis

Recent physical activity

Physical activity for exercise, recreation and sport that was done in the last two weeks

Regular participants

Persons who participated in at least one physical activity for exercise, recreation and sport at least three times per week on average. Statistics that identify the number of times persons participated 'per week' are calculated by dividing the number of times individuals participate in physical activity for exercise, recreation and sport during the 12 months prior to interview by 52 (that is, the number of weeks in a year). This provides an average of the number of times persons participated 'per week'

Regular participation rate

For any group, this is the number of persons who participated in the activity at least three times weekly in the last 12 months, expressed as a percentage of the population in the same group. Statistics that identify the number of times persons participated 'per week' are calculated by dividing the number of times individuals participate in physical activity for exercise, recreation and sport during the 12 months prior to interview by 52 (that is, the number of weeks in a year). This provides an average of the number of times persons participated 'per week'

Rest of state

The whole of Australia less the six state capital city statistical divisions, the Darwin Statistical Division and the Australian Capital Territory

RSE

Relative standard error (see section 11.7 'Standard errors and relative standard errors')

SE

Standard error (see section 11.7 'Standard errors and relative standard errors')

Sport organisation

Sport or recreation club or association that requires payment of membership, fees or registration

Total participation rate

For any group, this is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

Unemployed

Unemployed persons are those who did not have a job when interviewed and looked for work in the four weeks prior to interview

Weekly participation rate

For any group, this is the number of persons who participated in the activity at least once weekly in the last 12 months, expressed as a percentage of the population in the same group. Statistics that identify the number of times persons participated 'per week' are calculated by dividing the number of times individuals participate in physical activity for exercise, recreation and sport during the 12 months prior to interview by 52 (that is, the number of weeks in a year). This provides an average of the number of times persons participated 'per week'



5 Sports definitions

Aerobics/fitness

Includes aerobics, calisthenics, Chinese exercise, exercise bike, gymnasium workouts, military exercise, Prime Movers for Over 50s, Step Reebok and treadmill. Excludes aquarobics and weight training, which are categorised separately

Basketball

Includes indoor and outdoor basketball

Bushwalking

Excludes other types of walking for sport and recreation, which are categorised separately

Canoeing/kayaking

Excludes canoe polo

Cricket (indoor)

Excludes outdoor cricket, which is categorised separately, and electric light cricket

Cricket (outdoor)

Excludes indoor cricket, which is categorised separately, and electric light cricket

Cycling

Includes BMX and mountain bike riding. Excludes triathlon, which is categorised separately

Dancing

Includes ballet, boot scooting and line dancing

Football (indoor)

Includes indoor soccer, fluffy ball and futsal. Excludes outdoor soccer, which is categorised separately

Football (outdoor)

Includes outdoor soccer. Excludes indoor soccer, which is categorised separately

Golf

Excludes putt-putt golf

Gymnastics

Includes trampolining

Hockey (indoor)

Excludes outdoor hockey, which is categorised separately

Hockey (outdoor)

Excludes indoor hockey, which is categorised separately

Horse riding/equestrian activities/polocrosse

Excludes rodeo and horse racing

Ice/snow sports

Includes blade-skating, ice hockey, ice-skating and snow skiing and any other snow and ice sports. Excludes wheelchair ice hockey

Martial arts

Includes chi kung, eastern judo, judo, karate, kick boxing, taekwondo and Tai Chi

Motor sports

Includes track, trail bike, car, motorbike, speedway, drag and go-kart

Netball

Includes indoor and outdoor netball

Orienteering

Includes rogaining and cross-country running

Rock climbing

Includes abseiling and caving

Roller sports

Includes inline hockey, rollerblading, skateboarding and all other roller sports

Rugby league

Includes rugby sevens and modball

Running

Includes jogging and marathon. Excludes triathlon, which is categorised separately

Sailing

Includes outriggering

Shooting sports

Includes hunting, paintball, pistol shooting and any other shooting sports. Excludes archery and bow hunting

Squash

Includes racquet ball

Surf sports

Includes sailboarding, surfing, wind surfing. Excludes surf lifesaving

Swimming

Includes board diving. Excludes triathlon, which is categorised separately

Tennis

Includes outdoor and indoor tennis

Tenpin bowling

Excludes bocce

Touch football

Includes Austag

Volleyball

Includes indoor (rebound) and outdoor volleyball, and Newcombe ball. Excludes water volleyball

Walking

Indicated as 'Walking — other' in the tables. This category excludes bushwalking, which is categorised separately

Water polo

Excludes canoe polo

Waterskiing/powerboating

Includes jet skiing

Weight training

Includes bodybuilding, circuits, power team, and weight training for fitness. Excludes weight-lifting (competition)

Yoga

Includes Pilates

Data on some other sports and activities were collected, and although they are included in the general data on participation rates, they have not been specifically identified in this report due to their relatively low participation rates. These include: air sports, archery/bow hunting, bocce, croquet, gridiron, outdoor and indoor lacrosse, rodeo, surf lifesaving, wrestling, canoe polo, electric light cricket, wheelchair ice hockey, dog racing, handball, fencing, gorilla ball, ultimate frisbee, Gaelic football, horse racing, tee-ball, boomerang throwing, water volleyball, wood chopping, sheepdog trials, marching, korfbal, underwater hockey, sofcrosse, royal tennis, broom ball, leader ball, pigeon racing, weight-lifting (competition), putt-putt golf and grockey.

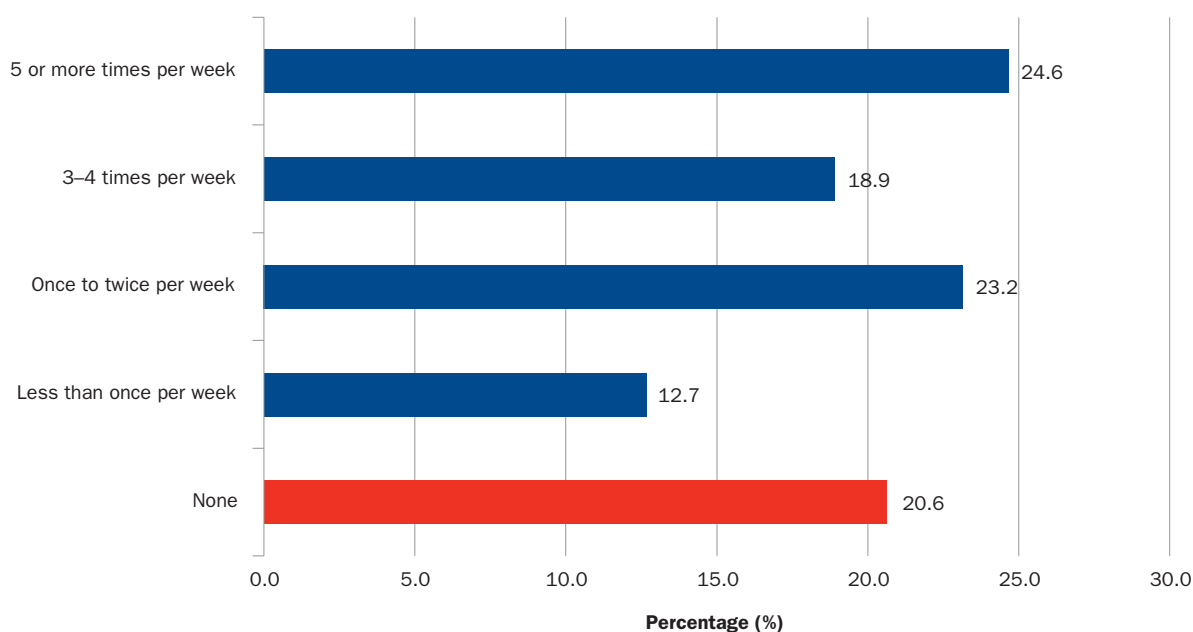
6 Participation in any physical activity

6.1 Frequency of participation in any physical activity

During the 12 months prior to interview in 2007:

- an estimated 13.0 million persons aged 15 years and over participated **at least once annually** in physical activity for exercise, recreation and sport, a **total participation rate** of 79.4% (Table 1)
- an estimated 10.9 million persons aged 15 years and over participated **at least once per week¹** in physical activity for exercise, recreation and sport, a **weekly participation rate** of 66.7% (Figure 1 and Table 4)
- an estimated 7.1 million persons aged 15 years and over participated three times a week or more, a **regular participation rate** of 43.5%
- an estimated 3.4 million persons aged 15 years and over did not participate in **any** physical activity for exercise, recreation or sport in the 12 months prior to interview in 2007, a **non-participation rate** of 20.6% (Table 3).

Figure 1: Frequency of participation in any physical activity, 2007



Base: All persons aged 15 years and over (n=16,400)

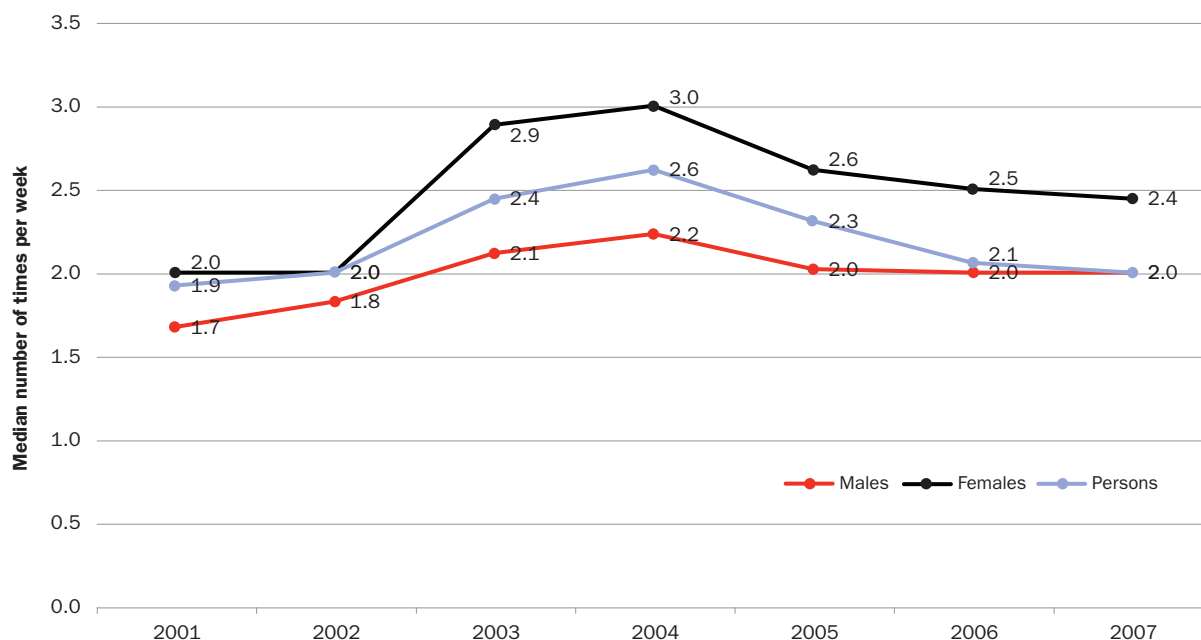
6.2 Median frequency of participation in any physical activity, 2001–2007

- The median frequency of participation in any physical activity was 2.0 times per week in 2007 (Figure 2).
- Overall, the median frequency of participation in any activity peaked in 2004 and has now returned to near 2001 levels.

1 See 'Glossary' for information about how 'per week' statistics are calculated.

- For females, the median frequency of participation was 2.4 times per week in 2007. This represents a decline compared to a peak of 3.0 times per week in 2004, but was higher than in 2001 (2.0).
- Male median frequency of participation has fluctuated less across the years, and has remained steady at 2.0 times per week since 2005. As with women there has been a slight increase since 2001, when it was 1.7.

Figure 2: Median frequency of participation per week in any physical activity by sex and year



Base: All persons aged 15 years and over in 2007 (n=16,400); in 2006 (n=13,708); in 2005 (n=13,726); in 2004 (n=13,662); in 2003 (n=13,703); in 2002 (n=13,632); and in 2001 (n=13,424)

6.3 Regular participation in any physical activity, 2001–2007

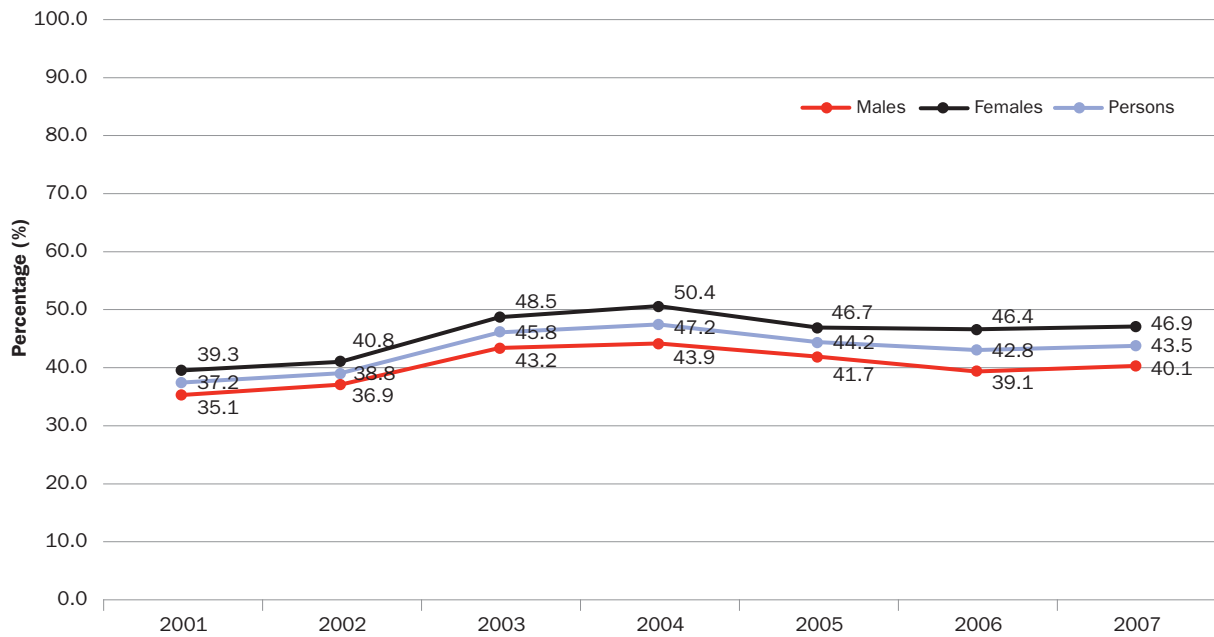
Regular participation in exercise, recreation and sport is defined as those participating three times a week or more, on average.²

- The regular participation rate in any physical activity for exercise, recreation or sport in 2007 was 43.5% (Figure 3 and Table 9).
- This has changed little since 2006 (42.8%), but has increased since 2001 (37.2%).
- Females were more likely than males to be regular participants, and this has been the case since 2001.
- The regular participation rate increased between 2001 and 2007 for both males and females. In 2001, the regular participation rate among males was 35.1%. This increased to 40.1% in 2007. In 2001, the regular participation rate among females was 39.3%. This increased to 46.9% in 2007.
- The increase in the regular participation rate was almost entirely explained by an increase in participation in non-organised activities³ (+7.1 percentage points for females; +4.3 percentage points for males) (see section 7.3 ‘Regular participation in non-organised physical activity, 2001–2007’). Participation in organised activities has remained relatively unchanged between 2001 and 2007 (+2.1 percentage points for females; +1.6 percentage points for males) (see section 8.3 ‘Regular participation in organised physical activity, 2001–2007’).

² See ‘Glossary’ for information about how ‘per week’ statistics are calculated

³ See ‘Glossary’ for definitions of organised and non-organised activities

Figure 3: Regular participation rate in any physical activity by sex and year



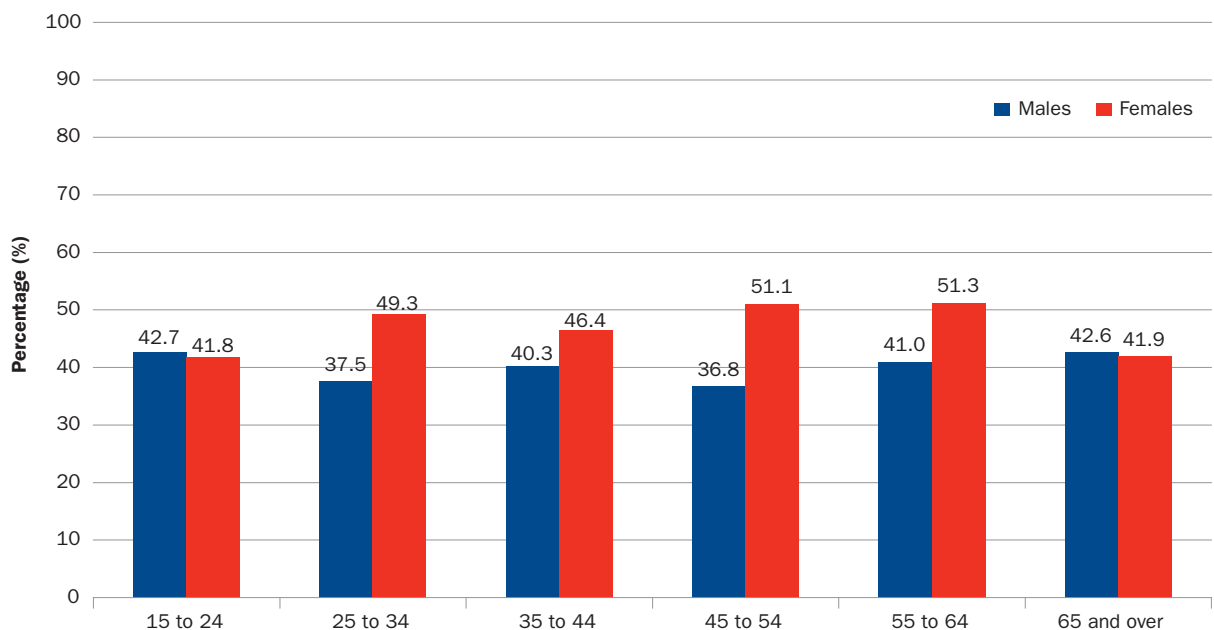
Base: All persons aged 15 years and over in 2007 (n=16,400); in 2006 (n=13,708); in 2005 (n=13,726); in 2004 (n=13,662); in 2003 (n=13,703); in 2002 (n=13,632); and in 2001 (n=13,424)

6.4 Regular participation in any physical activity by demographics

Age and sex

- In 2007, females were more likely than males to be regular participants (three times a week or more) in any physical activity for exercise, recreation and sport (46.9% and 40.1%, respectively) (Table 9).
- Women were more likely to be regularly active as they got older, peaking at 55 to 64 years (51.3%), and then declining again for those aged 65 years or over (41.9%) (Figure 4 and Table 9).
- Males were most likely to be regularly active between the ages of 15 and 24 (42.7%), or 65 years and over (42.6%).

Figure 4: Regular participation rate in any physical activity by age and sex, 2007



Base: All persons aged 15 years and over (n=16,400)

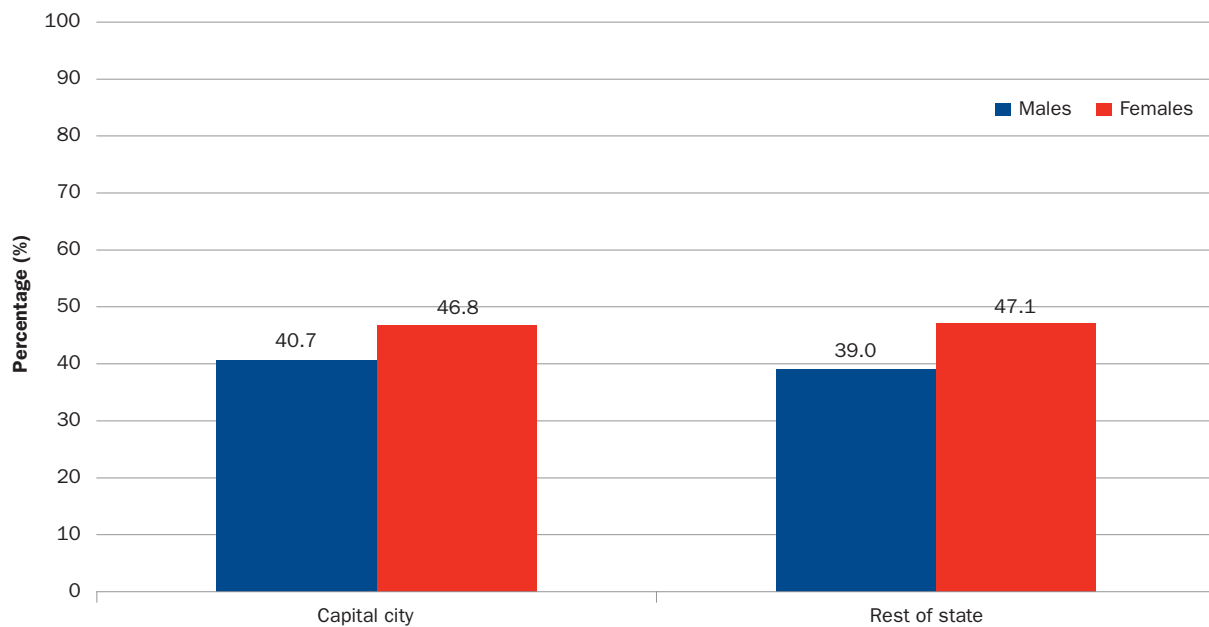
Labour force status

- Labour force status had little impact on the regular participation rate in 2007 (Table 9).

Regional status

- The regular participation rate for any physical activity among persons living in capital cities was no different to those living in the rest of the state (43.8% and 43.1% respectively) (Table 9). However, there were some differences in terms of organised participation (see section 8.4 'Regular participation in organised physical activity by demographics').
- In both geographic areas, regular participation was higher for females than for males, reflecting the national pattern (Figure 5).

Figure 5: Regular participation rate in any physical activity by region and sex, 2007



Base: All persons aged 15 years and over (n=16,400)

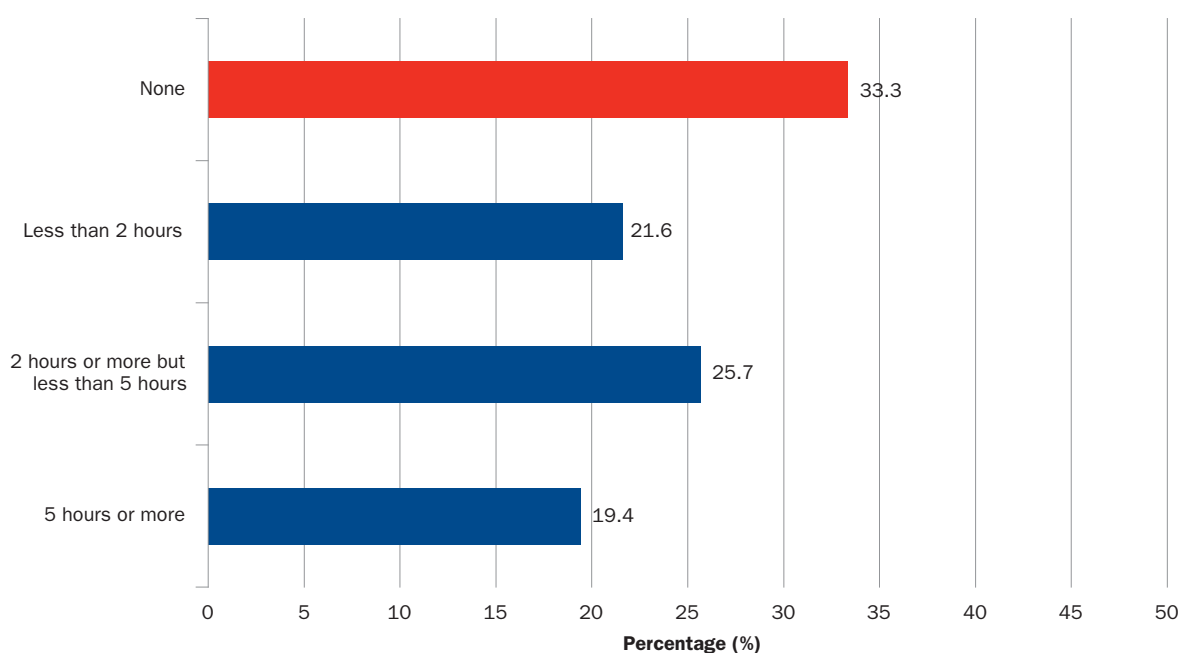
Education

- The regular participation rate was highest for those with a university degree (50.0%) or diploma (47.5%), or who were still at secondary school (46.6%). The regular participation rate was lowest for those who did not complete the highest level of secondary school (36.9%) (Table 9).

6.5 Duration of participation in any physical activity

- An estimated 10.9 million people, or 66.7% of the population, participated in a physical activity⁴ in the two weeks prior to interview in 2007 (Table 5). These people are described as ‘recent participants’ in this report.⁵
- One-third (33.3%) did not participate in a physical activity⁶ in the two weeks prior to interview in 2007 (Figure 6).
- Almost half of all persons (45.1%), or an estimated 7.4 million people, participated for two hours or more each week in the two weeks prior to interview.
- An estimated 3.2 million people, or 19.4%, participated for five hours or more each week in the two weeks prior to interview in 2007.

Figure 6: Weekly duration of participation in any physical activity, 2007



Base: All persons aged 15 years and over (n=16,400)

While females were more likely to be regular participants (see section 6.4 ‘Regular participation in any physical activity by demographics’), males were more likely to participate for a longer duration. Figure 9 shows recent participants⁷ median duration in hours of physical activity each week.

- One-third of males (33.4%) who participated in a physical activity during the two weeks prior to interview did so for five hours or more per week (Table 6). The median hours of participation in any physical activity was 3.0 hours per week for recent participant males (Figure 7).
- Among females, 25% who participated in any physical activity during the two weeks prior to interview did so for five hours or more per week (Table 7). Median hours of participation per week for females was 2.8.
- Among males, duration of participation in any physical activity was highest among those aged 15 to 24 years (median of 3.8 hours/week). This declined for males aged 25 to 34 years (2.5 hours/week) and then gradually increased again with age, reaching 3.5 hours among males aged 65 years and over.
- Among females, duration of participation increased gradually with age, peaked at 55 to 64 years (median of 3.3 hours/week), and then declined again among those aged 65 years or over (3.0 hours).

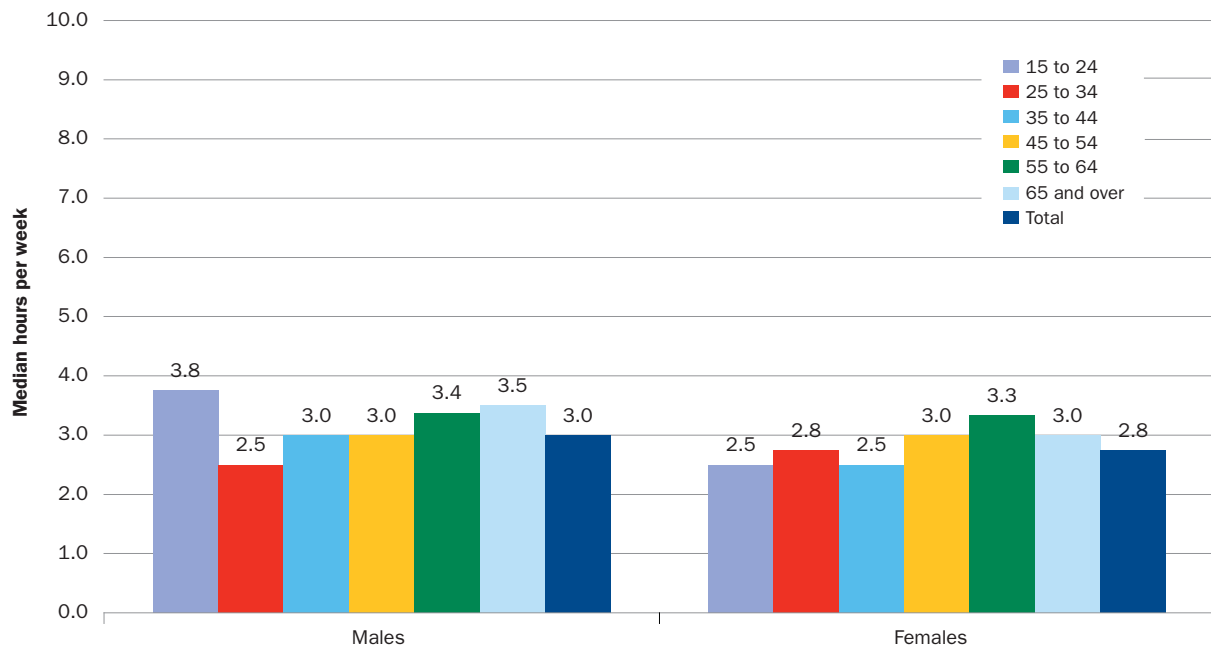
4 Participated in one of their ‘top three’ activities for 2007 in the two weeks prior to interview

5 See ‘Glossary’ for more information about how ‘recent participants’ are defined

6 Did not participate in one of their ‘top three’ activities for 2007 in the two weeks prior to interview

7 See ‘Glossary’ for more information about how ‘recent participants’ are defined

Figure 7: All recent participants — median duration of participation in any physical activity by age and sex, 2007



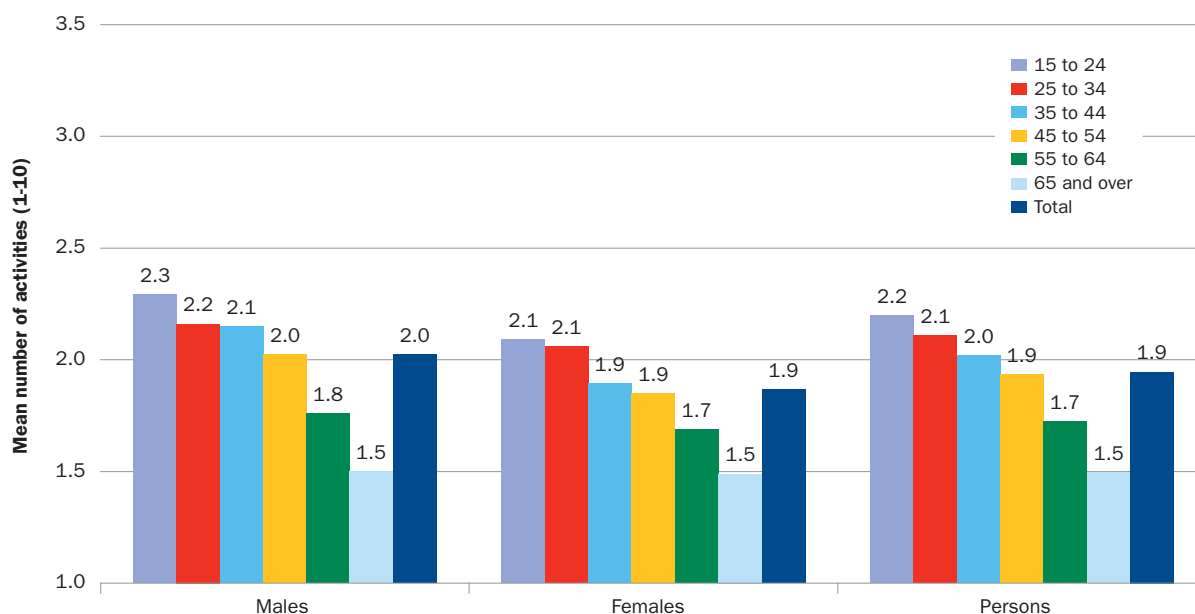
Base: All recent participants (n=11,027)

6.6 Average number of different activities (any physical activity)

Participants took part in an average (mean) of 1.9 different sports or activities in the 12 months prior to interview (Figure 8).

- This peaked at 2.2 different activities for the 15 to 24 year age group and decreased with age to 1.5 different activities for those aged 65 and over.
- The average number of activities engaged in decreased with age for both men and women.
- Males participated in an average of 2.0 different activities, compared to an average of 1.9 different activities for females.
- Males aged between 15 and 24 years participated in the greatest number of different activities, on average (2.3).

Figure 8: All participants — average number of different activities by sex and age, 2007 (a)



Base: All participants (n=13,011)

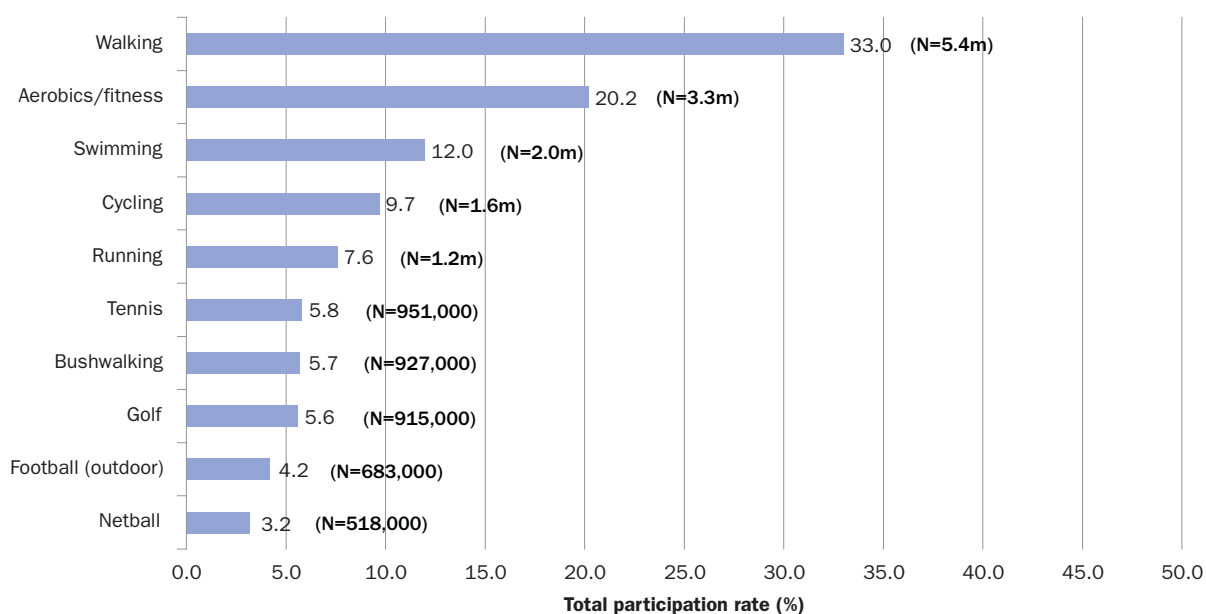
(a) The height of the columns are sometimes not equal when the average number of activities is reported as being equal. This is due to rounding — the average number of activities is rounded to one decimal place for reporting in the figure above whereas the actual calculation of the column chart is based on a more precise estimate of at least ten decimal places.

6.7 Main activities

Total participation in top-ten activities, 2007

- Of all activities, walking had the highest total participation rate (33.0%). An estimated 5.4 million persons aged 15 years and over walked at least once for exercise, recreation and sport in the 12 months prior to interview (Figure 9 and Table 13).
- This excluded bushwalking, which is categorised separately and had a total participation rate of 5.7%.
- Other sports and physical activities with relatively high total participation rates were aerobics/fitness activities (20.2%), swimming (12.0%), cycling (9.7%) and running (7.6%).

Figure 9: Top-ten activities (any physical activity), 2007



Base: All persons aged 15 years and over (n=16,400)

Walking had the highest total participation rate for both males (24.1%) and females (41.6%) (Table 14).

- For males, activities with the highest total participation rates were walking (24.1%), aerobics/fitness activities (15.2%), cycling (13.1%), swimming (11.1%), running (9.6%) and golf (9.1%).
- For females, activities with the highest total participation rates were walking (41.6%), aerobics/fitness activities (25.1%), swimming (12.9%), cycling (6.5%), bushwalking (6.2%), running (5.8%), netball (5.6%) and tennis (5.0%).

Walking also had the highest total participation rate across all age groups, with the exception of the 15 to 24 year age group (Table 15).

- The total participation rate for walking increased with age, peaking at 55 to 64 years (44.5%) and declining slightly among those aged 65 years and over (40.3%).
- In the youngest age group (15 to 24 years), aerobics/fitness activities (22.1%), outdoor football (13.3%), walking (12.7%) and swimming (11.8%) attracted the most participants.
- Participation in outdoor football tapered quickly, with only 4.5% of people aged 25 to 34 years participating, and even lower participation rates in older age groups.
- In the oldest age group (65 years and over), walking (40.3%), aerobics/fitness (12.9%) and golf (7.9%) attracted the most participants.

Total participation in top-ten activities, 2001–2007

- In terms of the top-ten activities, aerobics/fitness enjoyed the largest increase in total participation between 2001 and 2007 (68% increase over 2001)⁸ (Box 1).
- Other activities in the top ten to experience large increases since 2001 included walking (24% increase over 2001), outdoor football (24% increase), bushwalking (17% increase), cycling (11% increase) and running (15% increase).
- Activities experiencing declines in participation between 2001 and 2007 included tennis (-31% over 2001), golf (-26%), swimming (-19%) and netball (-15%).

Box 1: Total participation rate in top-ten physical activities by year

	2001	2002	2003	2004	2005	2006	2007	% change 2001–2007 (a)
	Total participation rate							
	%	%	%	%	%	%	%	
Walking (other)	28.8	30.8	37.9	39.0	37.3	36.2	33.0	23.7%
Aerobics/fitness	13.0	14.6	16.0	17.1	18.5	19.2	20.2	68.4%
Swimming	16.0	14.9	15.3	16.5	14.4	13.7	12.0	-18.6%
Cycling	9.5	9.3	9.4	10.5	10.3	10.2	9.7	10.6%
Running	7.2	7.6	7.6	8.3	7.7	7.4	7.6	14.8%
Tennis	9.2	8.2	9.0	8.4	7.8	6.9	5.8	-31.2%
Walking (bush)	5.3	5.6	5.8	5.2	5.7	4.7	5.7	16.6%
Golf	8.2	8.7	8.2	7.9	7.1	6.8	5.6	-26.2%
Football (outdoor)	3.7	4.5	4.3	4.2	3.8	4.2	4.2	23.9%
Netball	4.1	4.1	3.9	3.6	3.6	3.6	3.2	-15.4%

Base: All persons aged 15 years and over in 2007 (n=16,400); in 2006 (n=13,708); in 2005 (n=13,726); in 2004 (n=13,662); in 2003 (n=13,703); in 2002 (n=13,632); and in 2001 (n=13,424)

(a) Percentage change in the number of participants between 2001 and 2007 — see footnote at bottom of page.

⁸ Per cent change over 2001 is calculated as follows: (N2007 - N2001)/N2001.

Frequency of specific activities, 2007

People participated most frequently in walking. The median number of times per year spent walking for exercise, recreation or sport was 156, which equates to 3.0 times per week on average (Table 16).

Other activities⁹ relatively frequently participated in were:

- aerobics/fitness activities (median of 104 times a year, which equates to 2.0 times per week on average)
- running (1.9 times per week on average)
- basketball (once per week on average)
- dancing (once per week on average)
- cycling (once per week on average)
- horse riding and other equestrian activities (once per week on average)
- netball (once per week on average)
- yoga (once per week on average).



⁹ Activities included in this analysis refer only to those activities that are participated in by 50,000 or more persons aged 15 years and over in 2007.

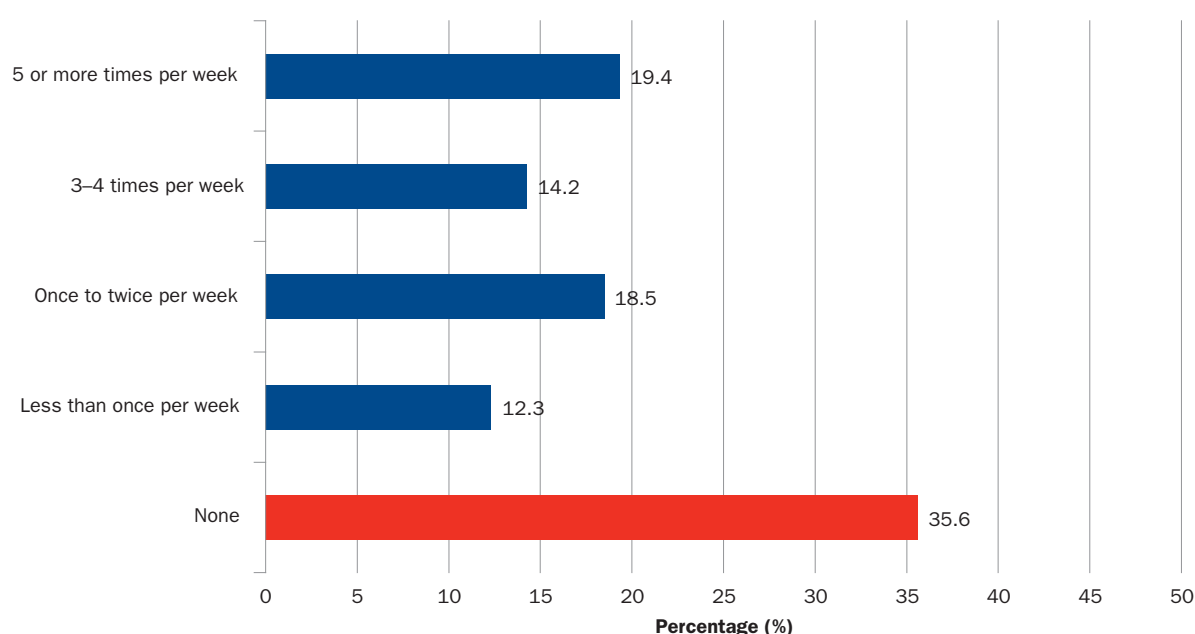
7 Participation in non-organised physical activity

7.1 Frequency of participation in non-organised physical activity

During the 12 months prior to interview in 2007:

- an estimated 10.5 million persons aged 15 years and over participated **at least once annually** in physical activity for exercise, recreation and sport that was non-organised¹⁰, a **total participation rate** in non-organised activities of 64.4% (Figure 10 and Table 1)
- over three quarters (81.2%) of total participants undertake at least some non-organised activities
- an estimated 8.5 million persons aged 15 years and over participated **at least once per week** in a non-organised physical activity for exercise, recreation and sport¹¹, a **weekly participation rate** in non-organised activities of 52.1%
- an estimated 5.5 million persons aged 15 years and over participated three times a week or more, a **regular participation rate** in non-organised activities of 33.6%
- an estimated 5.8 million persons aged 15 years and over did not participate in **any** non-organised physical activity for exercise, recreation or sport in the 12 months prior to interview in 2007, a **non-participation rate** in non-organised activities of 35.6%.

Figure 10: Frequency of participation in non-organised physical activity, 2007



Base: All persons aged 15 years and over (n=16,400)

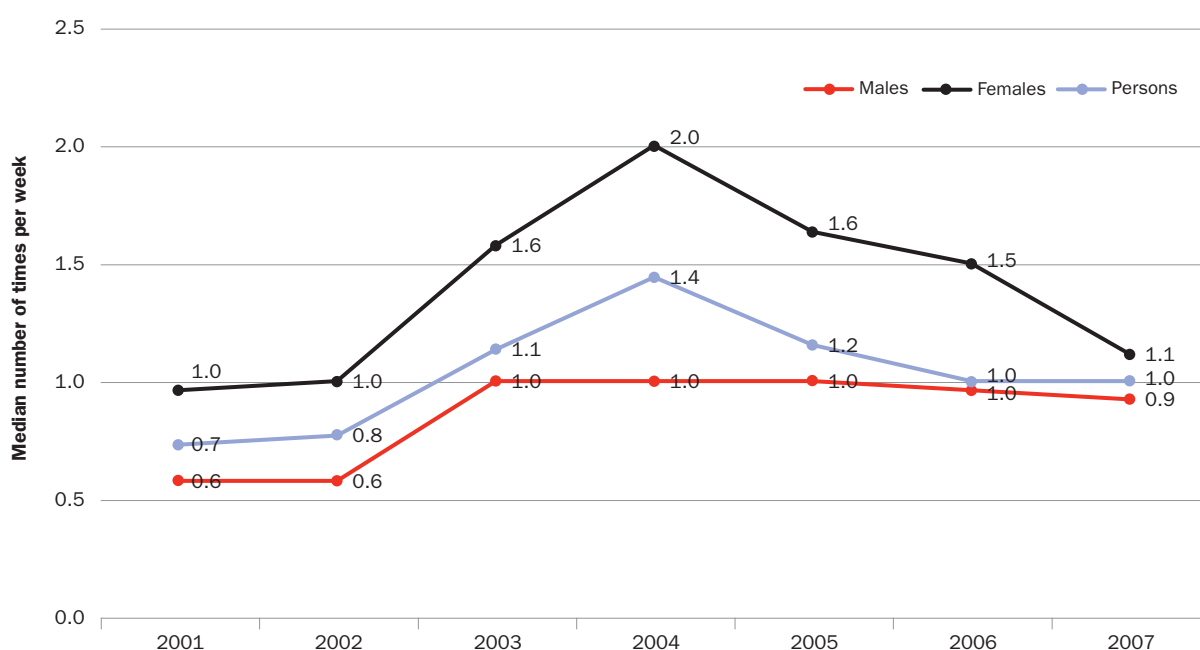
¹⁰ See 'Glossary' for the definition of non-organised physical activities

¹¹ See 'Glossary' for information about how 'per week' statistics are calculated

7.2 Median frequency of participation in non-organised physical activity, 2001–2007

- The median frequency of participation in non-organised physical activity was 1.0 times per week in 2007 (Figure 11).
- Overall, the median frequency of participation in non-organised activity peaked in 2004 at 1.4 times per week and in 2007 was only slightly higher than it was in 2001 (1.0 times per week compared with 0.7).
- For females, the median frequency of participation in non-organised activity was 1.1 times per week in 2007. This represents a decline compared to a peak of 2.0 times in 2004, but was slightly higher than in 2001.
- For males, the median frequency of participation in non-organised physical activity was 0.9 times per week in 2007. This median frequency has remained steady between 2003 and 2007. As with females, there was a slight increase between 2001 and 2007.

Figure 11: Median frequency of participation per week in non-organised physical activities by sex and year



Base: All persons aged 15 years and over in 2007 (n=16,400); in 2006 (n=13,708); in 2005 (n=13,726); in 2004 (n=13,662); in 2003 (n=13,703); in 2002 (n=13,632); and in 2001 (n=13,424)

7.3 Regular participation in non-organised physical activity, 2001–2007

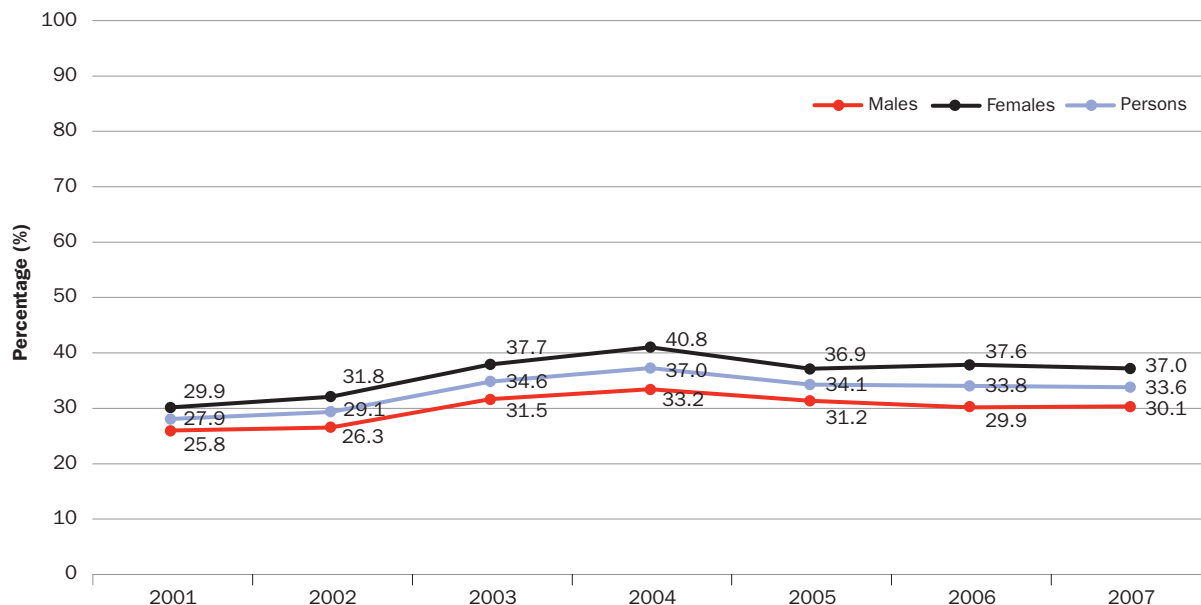
Regular participation in exercise, recreation and sport is defined as those participating three times a week or more, on average.¹²

- The regular participation rate in non-organised physical activities in 2007 was 33.6% (Figure 12). This was considerably higher than for organised physical activities (see section 8.3 ‘Regular participation in organised physical activity, 2001–2007’).
- The regular participation rate in non-organised physical activity changed little between 2006 (33.8%) and 2007, but has increased since 2001 (27.9%). Although in the same period there was also an increase in the regular participation rate in organised physical activity (see section 8.3 ‘Regular participation in organised physical activity, 2001–2007’), the increase was much greater for non-organised activity.

¹² See ‘Glossary’ for information about how ‘per week’ statistics are calculated

- Females were more likely than males to be regular participants in non-organised physical activities, and this has been the case since 2001. In 2001, the regular participation rate in non-organised physical activities among males was 25.8%, compared to 29.9% among females. In 2007, regular participation in non-organised physical activities among females increased to 37.0% while regular male participation increased to 30.1%.

Figure 12: Regular participation rate in non-organised physical activities by sex and year



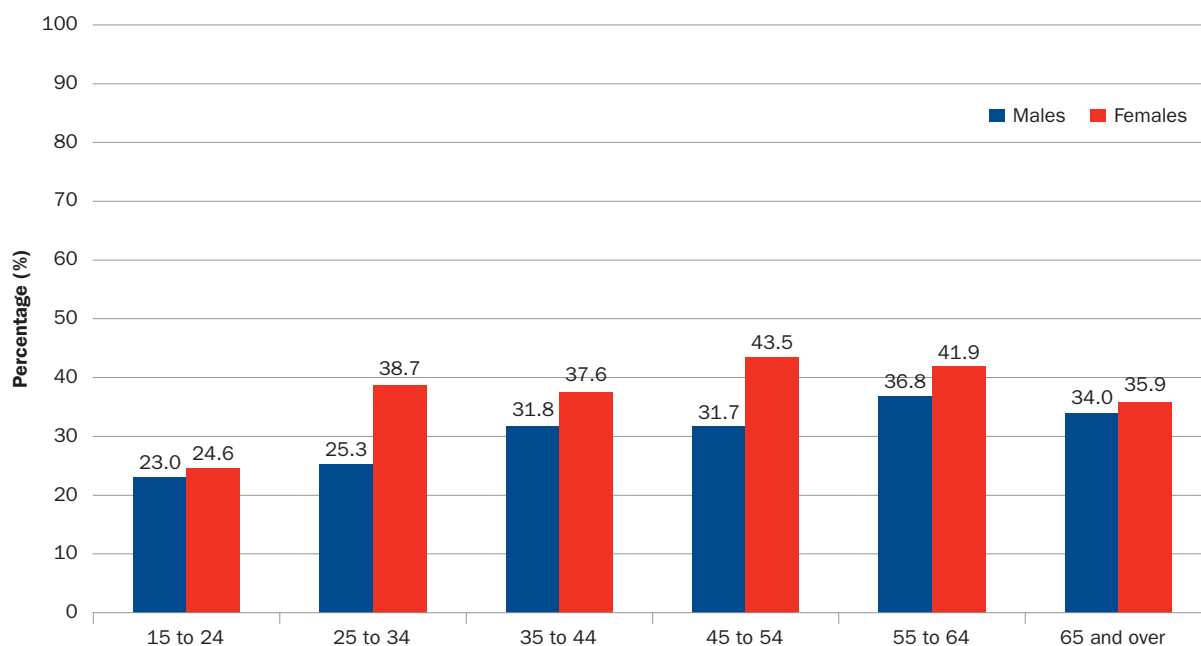
Base: All persons aged 15 years and over in 2007 (n=16,400); in 2006 (n=13,708); in 2005 (n=13,726); in 2004 (n=13,662); in 2003 (n=13,703); in 2002 (n=13,632); and in 2001 (n=13,424)

7.4 Regular participation in non-organised physical activity by demographics

Age and sex

- Females were more likely to regularly participate in non-organised physical activity than men in 2007 (37.0% and 30.1%, respectively) (Figure 13).
- Regular participation in non-organised physical activity was lowest among those aged 15 to 24 years (23.8%), and gradually increased with age, peaking in the age group 55 to 64 years (39.4%). Among those aged 65 years or over, the regular participation rate in non-organised physical activity was 35.0%.
- Regular participation in non-organised physical activity was higher for females than males in all age groups.

Figure 13: Regular participation in non-organised physical activity by age and sex, 2007



Base: All persons aged 15 years and over (n=16,400)

Labour force status

- Overall, those who were employed part time or not in the labour force had the highest regular participation rate in non-organised physical activity (34.0% and 34.6% respectively).
- Women were more likely than men to participate in non-organised physical activity regardless of labour force status, but the gender gap was particularly pronounced among those who were employed. Women working part time (36.9%) and full time (38.7%) had the highest regular participation rates in non-organised activity.

Regional status

- There was little difference between capital cities and the rest of the state in regular participation in non-organised physical activities (33.3% and 34.1%, respectively).

Education

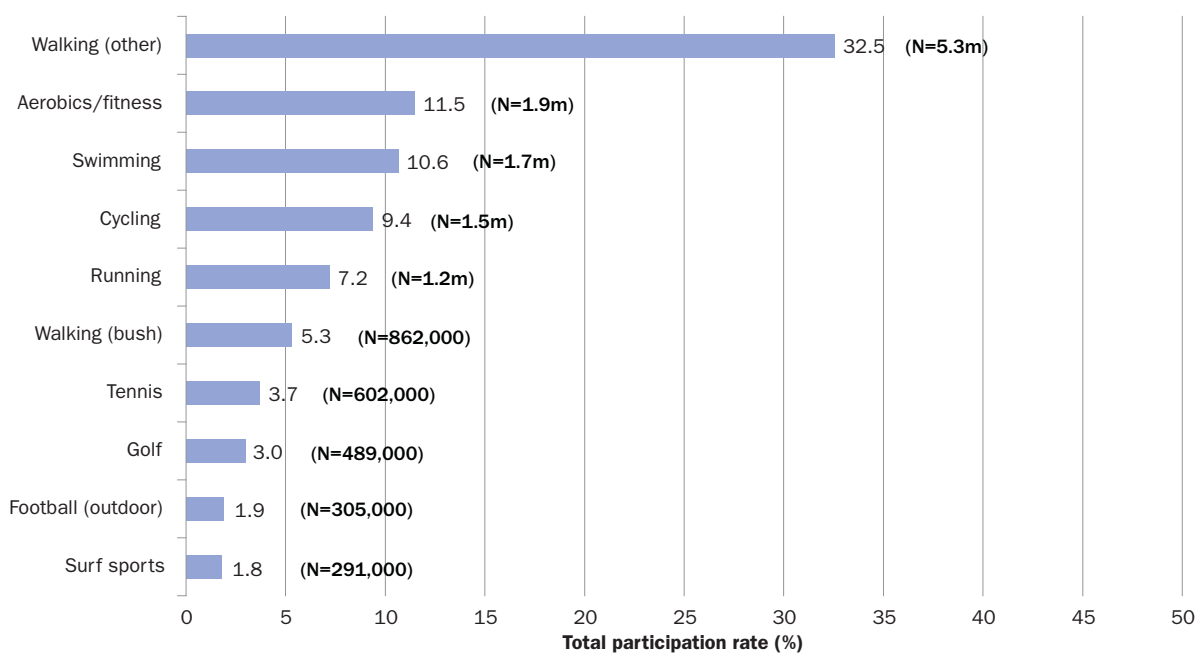
- Those who were still at secondary school had the highest regular participation rate in organised physical activity (see section 8.4 'Regular participation in organised physical activity by demographics'), but had the lowest regular participation rate in non-organised physical activity (20.4%).
- Regular participation in non-organised physical activities was highest among people with university degrees (39.4%) or diplomas (37.8%).

7.5 Main non-organised activities

Total participation in top-ten non-organised activities, 2007

- Of all non-organised activities, walking had the highest total participation rate (32.5%). An estimated 5.3 million persons aged 15 years and over walked at least once, as a non-organised activity, in the 12 months prior to interview (Figure 14 and Table 13). Almost all participation in walking was non-organised.
- This excluded non-organised bushwalking, which is categorised separately and had a total participation rate of 5.3%.
- Other non-organised sports and physical activities with relatively high total participation rates were aerobics/fitness activities (11.5%), swimming (10.6%), cycling (9.4%) and running (7.2%).
- Almost all participation in cycling and running was non-organised. Most participation in swimming was non-organised.

Figure 14: Top-ten physical activities (non-organised), 2007



Base: All persons aged 15 years and over (n=16,400)

Total participation in top-ten non-organised activities, 2001–2007

- In terms of the top-ten non-organised activities, aerobics/fitness enjoyed the largest increase in total participation between 2001 and 2007 (70% increase over 2001)¹³ (Box 2).
- Other activities in the top ten to experience large increases since 2001 included outdoor football (52% increase over 2001), walking (24% increase), running (18% increase), bushwalking (17% increase), and cycling (13% increase).
- Non-organised activities experiencing declines in participation since 2001 included tennis (-35% over 2001), golf (-30%), swimming (-20%) and surf sports (-15%).

Box 2: Total participation rate in top-ten non-organised physical activities by year

	2001	2002	2003	2004	2005	2006	2007	% change 2001–2007 (a)
	Total participation rate							
	%	%	%	%	%	%	%	
Walking (other)	28.4	30.2	37.2	38.6	36.7	35.7	32.5	24.0%
Aerobics/fitness	7.3	8.3	8.6	9.8	10.1	12.2	11.5	70.1%
Swimming	14.4	13.3	13.3	14.5	12.9	12.2	10.6	-19.9%
Cycling	9.0	8.8	9.0	10.1	9.9	9.8	9.4	12.5%
Running	6.6	7.0	7.0	7.9	7.1	7.0	7.2	18.4%
Walking (bush)	4.9	5.1	5.3	4.6	5.2	4.3	5.3	17.0%
Tennis	6.1	5.3	5.7	5.2	5.0	4.7	3.7	-35.0%
Golf	4.6	4.8	4.4	4.3	4.1	3.9	3.0	-29.7%
Football (outdoor)	1.3	1.7	1.7	1.4	1.4	1.9	1.9	52.3%
Surf sports	2.3	2.1	2.2	3.0	2.5	2.2	1.8	-15.3%

Base: All persons aged 15 years and over in 2007 (n=16,400); in 2006 (n=13,708); in 2005 (n=13,726); in 2004 (n=13,662); in 2003 (n=13,703); in 2002 (n=13,632); and in 2001 (n=13,424)

(a) Percentage change in the number of participants between 2001 and 2007 — see footnote at bottom of page.



13 Percent change over 2001 is calculated as follows: (N2007 – N2001)/N2001

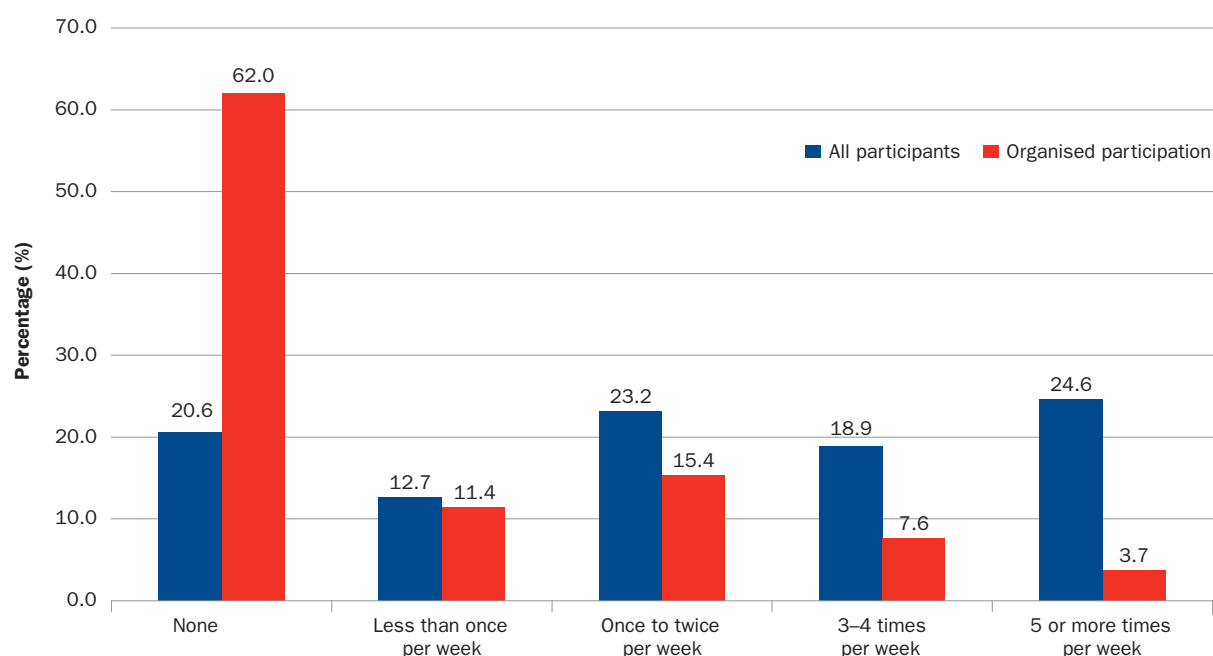
8 Participation in organised physical activity

8.1 Frequency of participation in organised physical activity

During the 12 months prior to interview in 2007:

- an estimated 6.2 million persons aged 15 years and over participated **at least once annually** in a physical activity for exercise, recreation and sport that was organised by a club, association, fitness centre or other type of organisation,¹⁴ a **total participation rate** in organised activity of 38.0% (Table 1). Almost half (47.9%) of total participation in any physical activity was partly or fully organised participation
- an estimated 4.3 million persons aged 15 years and over participated **at least once per week** in organised physical activity, a **weekly participation rate** in organised activity of 26.6% (Table 11). This was about half the weekly participation rate in non-organised activity (see section 7.1 'Frequency of participation in non-organised physical activity')
- an estimated 1.8 million persons aged 15 years and over participated in an organised physical activity three times a week or more, a **regular participation rate** in organised activity of 11.2%. This was about one-third the regular participation rate in non-organised activity (see section 7.1 'Frequency of participation in non-organised physical activity')
- an estimated 10.1 million persons aged 15 years and over did not participate in **any** organised physical activity in the 12 months prior to interview in 2007, a **non-participation rate** in organised activity of 62.0% (Figure 15 and Table 10).

Figure 15: Frequency of participation in organised physical activity, 2007



Base: All persons aged 15 years and over (n=16,400)

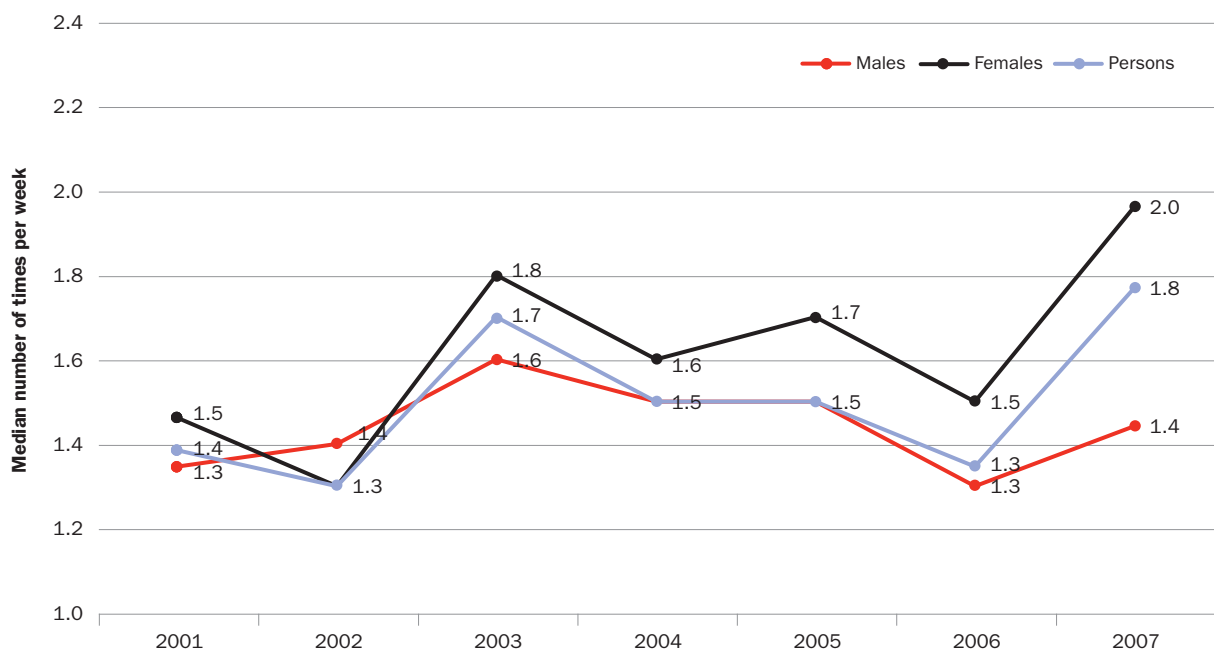
14 See 'Glossary' for the definition of organised physical activities

8.2 Median frequency of participation in organised physical activity, 2001–2007

Note that the median data in this section is based only on those people who participated in organised physical activity and is therefore not comparable to the median data in section 6.2 ‘Median frequency of participation in any physical activity, 2001–2007’ and section 7.2 ‘Median frequency of participation in non-organised physical activity, 2001–2007’, which are based on all persons in the survey. The more restricted base is used in this section because more than 50% of people in the survey did not participate in organised physical activity. If all persons was used as the base then the median would be zero.

- The median frequency of participation in organised physical activity among participants¹⁵ was 1.8 times per week in 2007 (Figure 16).
- In 2007, the median frequency of participation in organised activity among participants was at its highest level since 2001.
- For female participants, the median frequency of participation in organised activities was 2.0 times per week in 2007. This was at its highest level since 2001 and was much higher than for men.
- Among male participants, there was little change between 2001 and 2007 (1.4 times per week in 2007, compared to 1.3 in 2001).

Figure 16: All participants in organised physical activity — median frequency of participation in organised physical activity by sex and year



Base: All participants in organised activities in 2007 (n=6,039); in 2006 (n=4,994); in 2005 (n=5,486); in 2004 (n=5,587); in 2003 (n=5,664); in 2002 (n=5,329); and in 2001 (n=5,317)

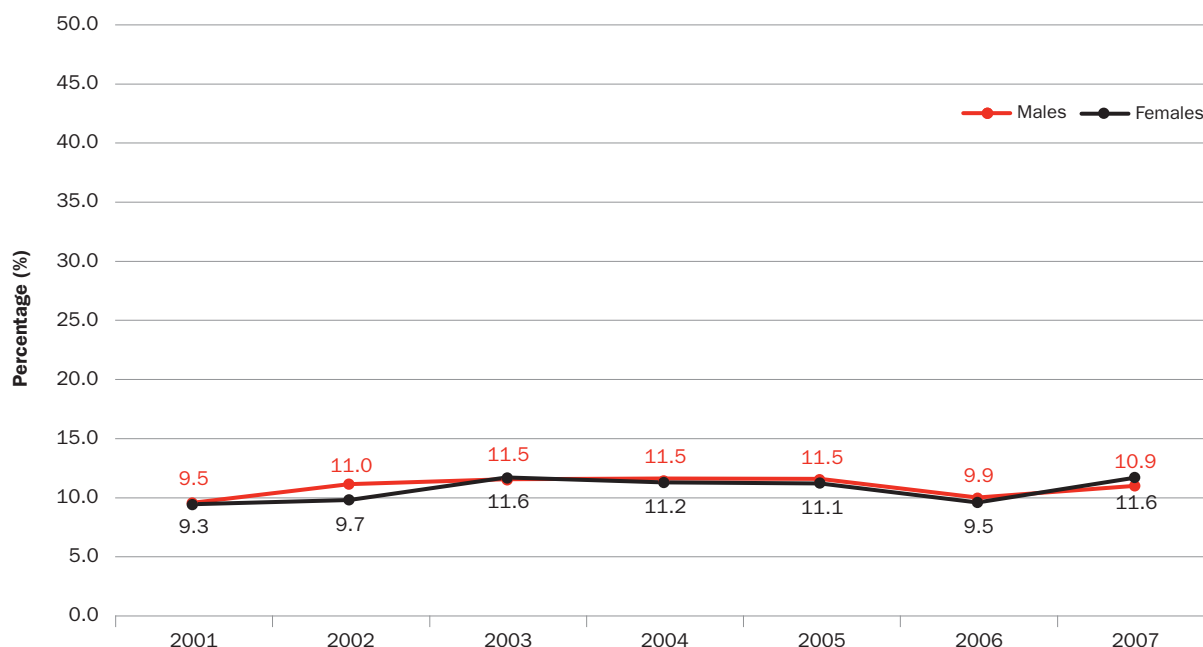
¹⁵ All those not participating in organised activity (frequency=0) are excluded from this calculation

8.3 Regular participation in organised physical activity, 2001–2007

Regular participation in exercise, recreation and sport is defined as those participating three times a week or more, on average.¹⁶

- In 2007, the regular participation rate in organised physical activities was 11.2%. This was considerably lower than for non-organised physical activities (33.6%) (see section 7.3 ‘Regular participation in non-organised physical activity, 2001–2007’).
- The regular participation rate in organised physical activities has remained steady for both men and women since 2003, although there was a slight decline in 2006 (Figure 17). The 2007 rate, however, was higher than in 2001 for both males and females (when it was 9.5% for males and 9.3% for females).
- There was little difference between males and females in organised participation rates in 2007. This has been the case since 2001 and is different to non-organised participation, where women have consistently had a higher regular participation rate (see section 7.3 ‘Regular participation in non-organised physical activity, 2001–2007’).

Figure 17: Regular participation in organised physical activity by sex and year



Base: All persons aged 15 years and over in 2007 (n=16,400); in 2006 (n=13,708); in 2005 (n=13,726); in 2004 (n=13,662); in 2003 (n=13,703); in 2002 (n=13,632); and in 2001 (n=13,424)

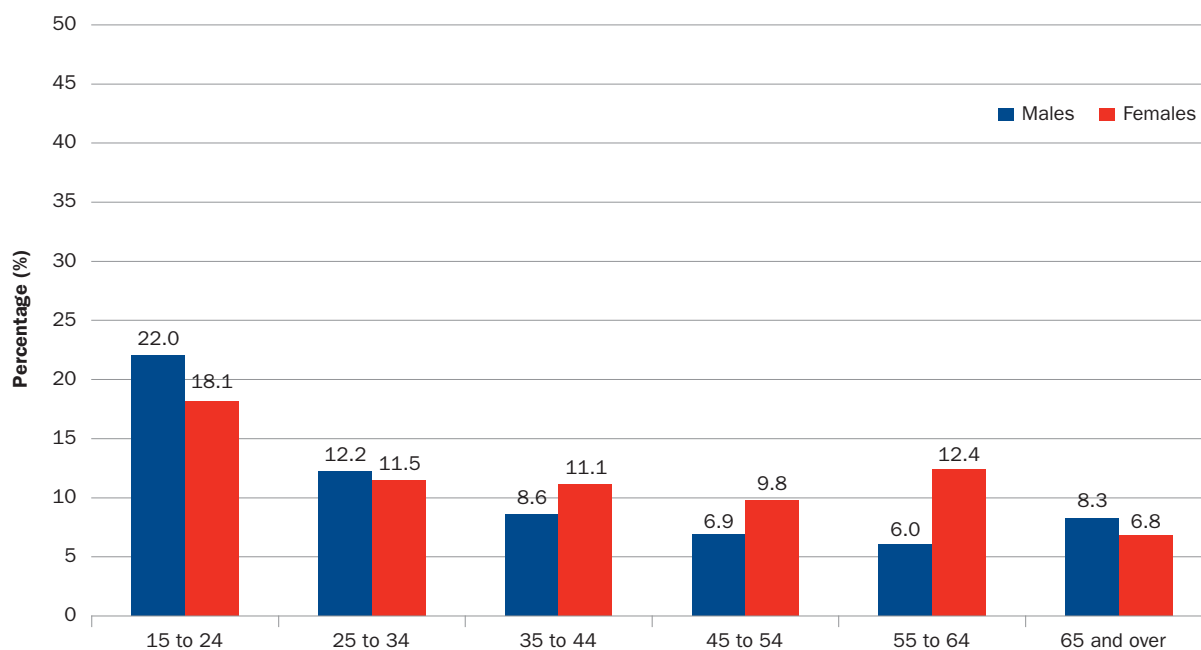
8.4 Regular participation in organised physical activity by demographics

Age and sex

- On average, women were slightly more likely than men to regularly participate in organised physical activity in 2007, but the difference was small (11.6% and 10.9%, respectively).
- Regular participation in organised physical activity was higher for males in the 15 to 34 years age group and higher for females in the 35 to 64 years age group (Figure 18).
- Whereas participation in non-organised physical activity increased with age (see section 7.4 ‘Regular participation in non-organised physical activity by demographics’), regular participation in organised physical activity was most common among those aged 15 to 24 years (20.1%).

¹⁶ See ‘Glossary’ for information about how ‘per week’ statistics are calculated

Figure 18: Regular participation in organised physical activity by age and sex, 2007



Base: All persons aged 15 years and over (n=16,400)

Labour force status

- Those who were employed part time or unemployed had the highest regular participation rate in organised physical activity (14.1% and 11.6% respectively), particularly males employed part time (15.5%).

Regional status

- Regular participation in organised physical activities was higher in the capital cities (11.9% compared with 10.0% elsewhere).

Education

- Those who were still at secondary school had the highest regular participation rate in organised physical activity (25.8%).
- Regular participation in organised physical activities was also higher than average among people with university degrees (12.9%) or diplomas (11.1%).
- People who did not complete secondary school (8.4%) had the lowest regular participation rate in organised physical activities.

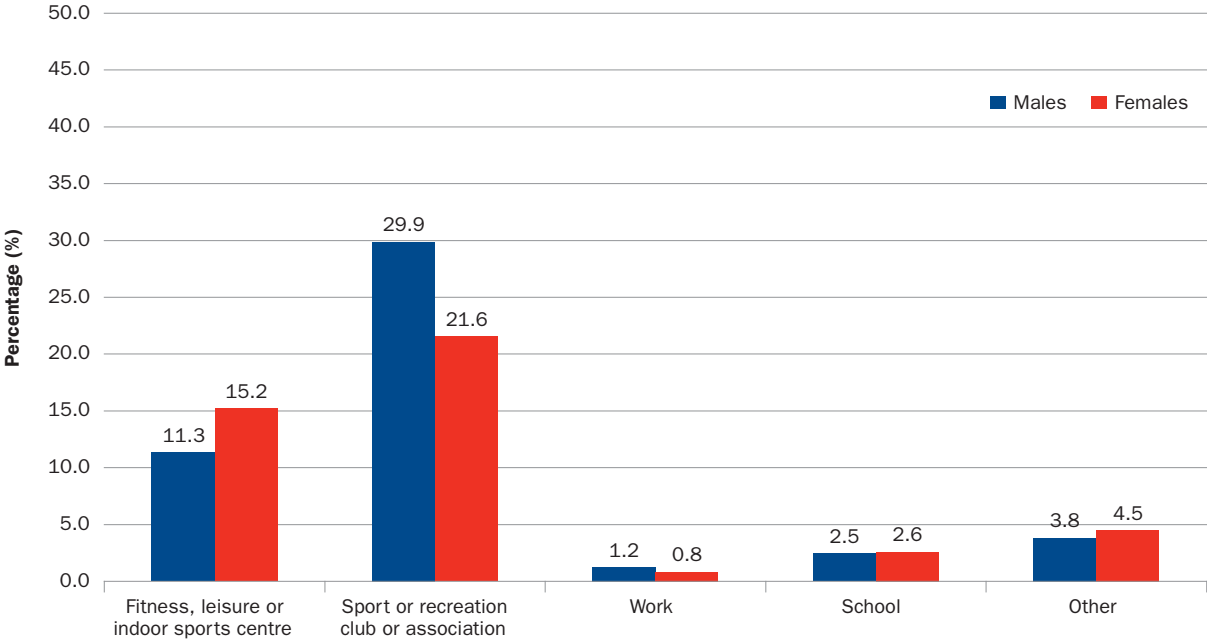
8.5 Type of organisation

Note that there are some concerns about the accuracy of the data from Question 4 in ERASS relating to the type of organisation involved in organising physical activities (see section 11 ‘Exercise, Recreation and Sport Survey questionnaire’ for detailed question wording). In particular, there is some concern that the distinction between ‘fitness, leisure or indoor sports centre’ and ‘sport or recreation club or association’ may not always be clear to either the respondent and/or the interviewer. This could be due to the fact that some fitness centres refer to themselves as a ‘club’ and charge an annual membership fee which can then blur the distinction between ‘fitness, leisure or indoor sports centre’ and ‘sport or recreation club or association’. This matter is currently being investigated in an attempt to resolve this quality issue. Until this is resolved, users should exercise care in interpreting data on type of organisation.

In terms of the type of organisation behind organised physical activities:

- an estimated 4.2 million persons, or 25.7%, participated at least once in 2007 in activities that were organised by a **‘sport or recreation club or association’** (Table 12)
- an estimated 2.2 million persons, or 13.3%, participated in activities that were organised by a **‘fitness, leisure or indoor sports centre’**
- relatively few people participated in activities that were organised by **school** (412,900 persons, or 2.5%) or **work** (164,800 persons, or 1.0%)
- females were more likely than males to participate in activities organised by a fitness, leisure or indoor sports centre (total participation rate of 15.2% and 11.3%, respectively) (Figure 19)
- more males participated in activities organised by a sport or recreation club or association than females (total participation rate of 29.9% and 21.6%, respectively)
- participation through clubs was highest among the 15–24 age group (39.7%) (Table 12).

Figure 19: Total participation in organised physical activity by type of organisation, 2007



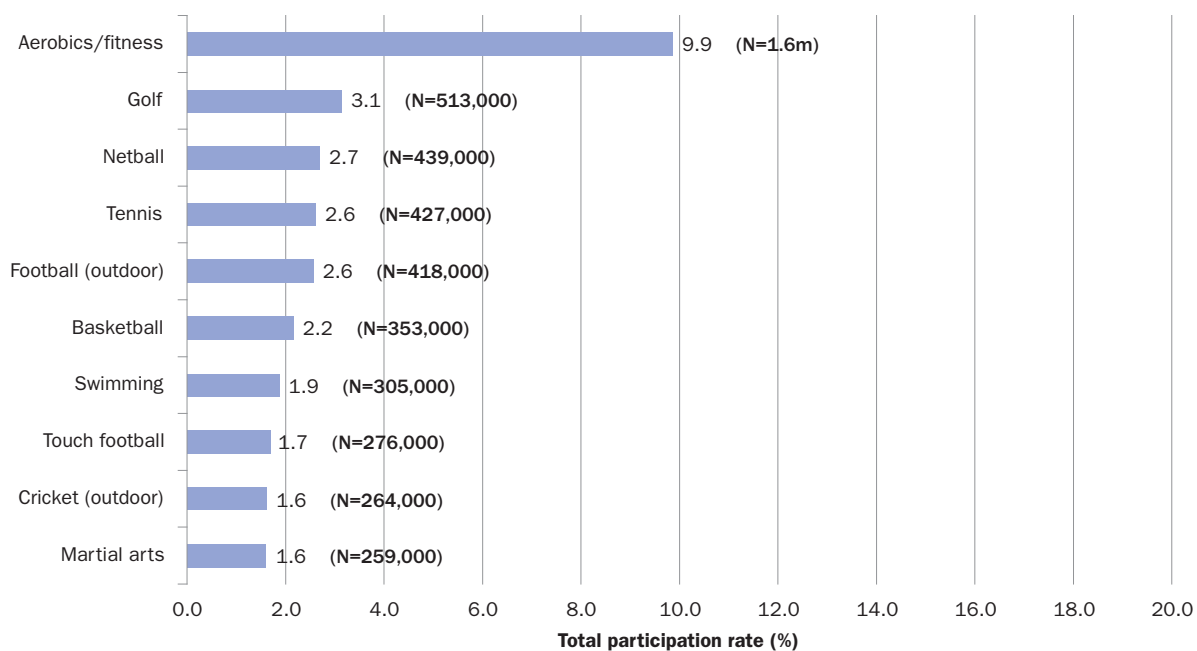
Base: All persons aged 15 years and over (n=16,400)

8.6 Main organised activities

Total participation in top-ten organised activities, 2007

- In 2007, the organised activity with the highest total participation rate was aerobics/fitness (9.9%) (Figure 20 and Table 17). An estimated 1.6 million persons aged 15 years and over participated in this activity in an organised environment at least once in the 12 months prior to interview.
- Other sports and physical activities that had relatively high numbers of participants in an organised environment were golf (3.1%), netball (2.7%), tennis (2.6%), outdoor football (2.6%), basketball (2.2%), swimming (1.9%), touch football (1.7%), outdoor cricket (1.6%) and martial arts (1.6%).

Figure 20: Top-ten activities (organised), 2007



Base: All persons aged 15 years and over (n=16,400)



Total participation in top-ten organised activities, 2001–2007

- In terms of the top-ten organised activities, aerobics/fitness enjoyed the largest increase in total participation between 2001 and 2007 (64% increase over 2001)¹⁷ (Box 3).
- The only other organised activity in the top ten to experience a large increase in participation since 2001 was outdoor football (9% increase over 2001).
- The remaining top-ten organised activities experienced declines or no change in total participation between 2001 and 2007.
- Organised activities most likely to have seen a decline in participation were golf (-22%), tennis (-22%) and touch football (-20%).

Box 3: Total participation rate in top-ten organised physical activities by year

	2001	2002	2003	2004	2005	2006	2007	% change 2001–2007 (a)
	Total participation rate							
	%	%	%	%	%	%	%	
Aerobics/fitness	6.5	7.2	8.4	8.8	9.4	8.0	9.9	63.8%
Golf	4.3	4.6	4.7	4.3	3.7	3.7	3.1	-21.7%
Netball	3.5	3.4	3.5	3.2	3.2	3.1	2.7	-17.7%
Tennis	3.6	3.5	3.8	3.8	3.4	2.7	2.6	-22.1%
Football (outdoor)	2.5	3.1	2.8	2.8	2.7	2.7	2.6	9.4%
Basketball	2.4	2.8	2.4	2.2	2.4	2.3	2.2	-3.0%
Swimming	2.2	2.2	2.8	2.8	2.2	1.9	1.9	-8.6%
Touch football	2.3	2.0	1.8	1.9	1.9	1.9	1.7	-20.1%
Cricket (outdoor)	1.9	2.1	2.1	2.2	2.0	2.4	1.6	-5.5%
Martial arts	1.7	1.8	1.8	1.7	1.7	1.6	1.6	0.8%

Base: All persons aged 15 years and over in 2007 (n=16,400); in 2006 (n=13,708); in 2005 (n=13,726); in 2004 (n=13,662); in 2003 (n=13,703); in 2002 (n=13,632); and in 2001 (n=13,424)

(a) Percentage change in the number of participants between 2001 and 2007 — see footnote at bottom of page.

17 Percent change over 2001 is calculated as follows: (N2007 - N2001)/N2001

9 Participation in club-based physical activity

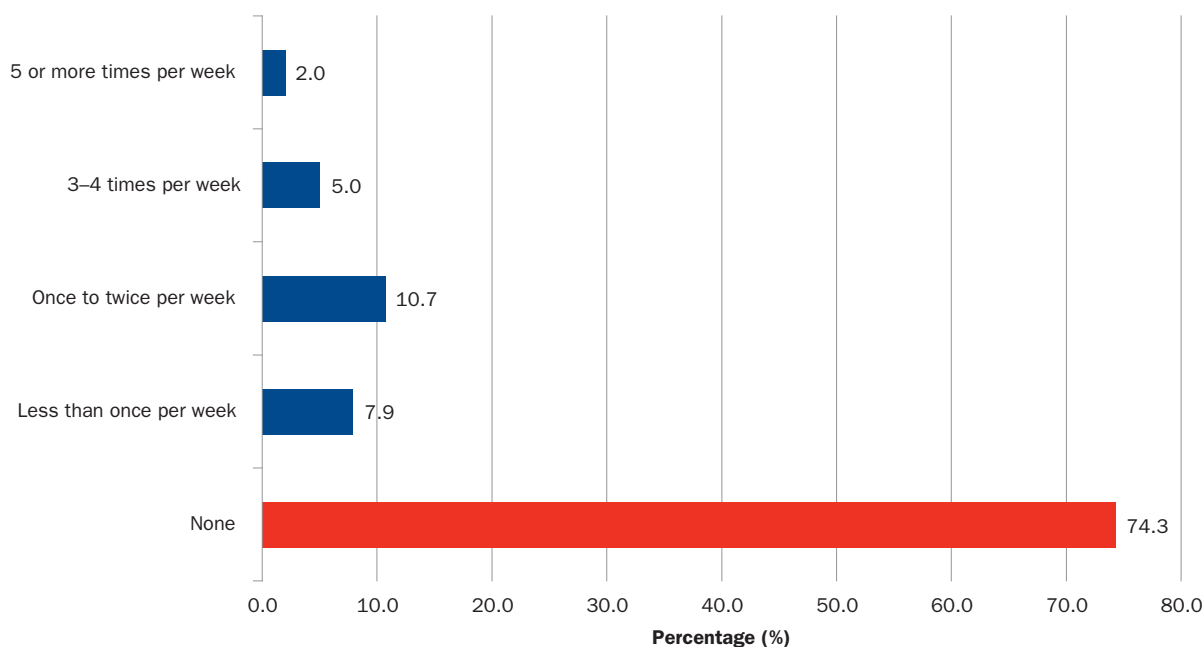
See note at start of section 8.5 'Type of organisation'.

9.1 Frequency of participation in club-based physical activity

During the 12 months prior to interview in 2007:

- an estimated 4.2 million persons aged 15 years and over participated **at least once annually** in a physical activity for exercise, recreation and sport that was organised by a sport or recreation club or association¹⁸, a **total participation rate** in club-based physical activity of 25.7% (Figure 21 and Table 12)
- an estimated 2.9 million persons aged 15 years and over participated **at least once per week** in physical activity that was organised by a sport or recreation club or association, a **weekly participation rate** in club-based activity of 17.8%
- an estimated 1.1 million persons aged 15 years and over participated in a club-based physical activity three times a week or more, a **regular participation rate** in club-based activity of 7.0%
- an estimated 12.1 million persons aged 15 years and over did not participate in **any** club-based physical activity in the 12 months prior to interview in 2007, a **non-participation rate** in club-based activity of 74.3%.

Figure 21: Frequency of participation in club-based physical activity, 2007



Base: All persons aged 15 years and over (n=16,400)

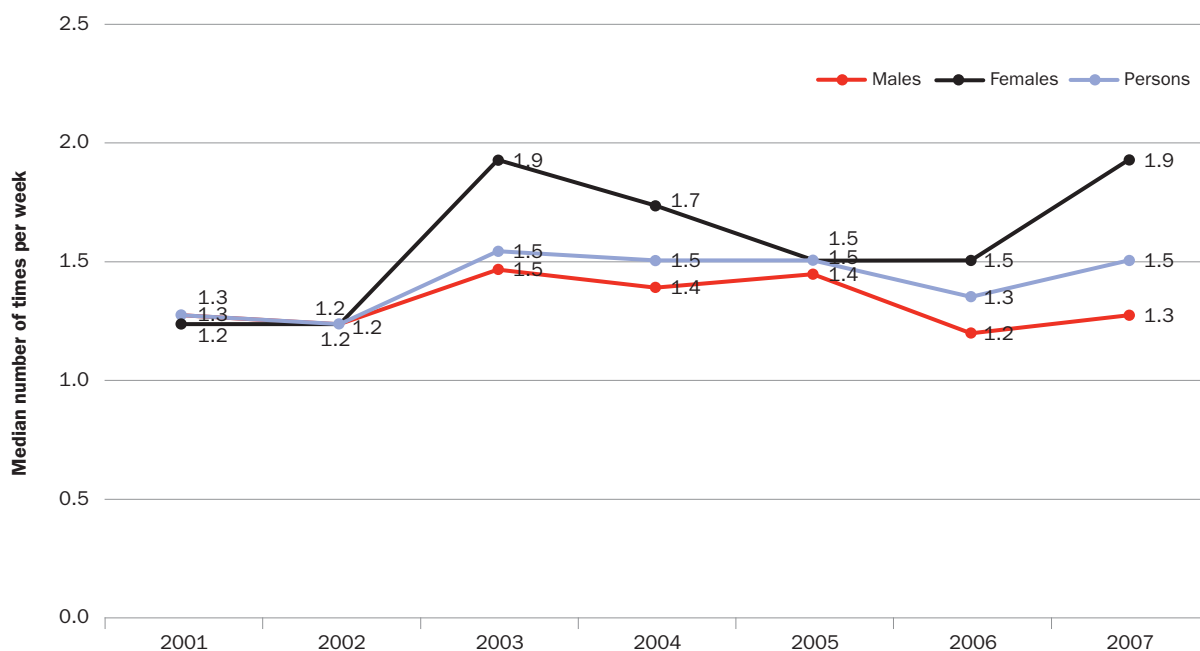
¹⁸ See 'Glossary' for the definition of club-based physical activities

9.2 Median frequency of participation in club-based physical activity, 2001–2007

Note that the median data in this section is based only on those people who participated in club-based physical activity and is therefore not comparable to the median data in section 6.2 ‘Median frequency of participation in any physical activity, 2001–2007’ and section 7.2 ‘Median frequency of participation in non-organised physical activity, 2001–2007’, which are based on all persons in the survey. The more restricted base is used in this section because more than 50% of people in the survey did not participate in club-based physical activity. If all persons was used as the base then the median would be zero.

- The median frequency of participation in club-based physical activity among participants¹⁹ was 1.5 times per week in 2007 and has been relatively steady around this level since 2001 (Figure 22).
- Median frequency of participation in club-based activities was generally higher for women than for men over the period 2001 to 2007.
- Median frequency of participation among women was 1.9 times per week in 2007 and has fluctuated over the period 2001 to 2007.
- Among male participants, there was little change between 2001 and 2007 (1.3 times per week).

Figure 22: All club-based participants — median frequency of participation in club-based physical activity by sex and year



Base: All participants in club-based activities in 2007 (n=4,003); in 2006 (n=3,415); in 2005 (n=3,627); in 2004 (n=3,877); in 2003 (n=3,721); in 2002 (n=3,574); and in 2001 (n=3,578)

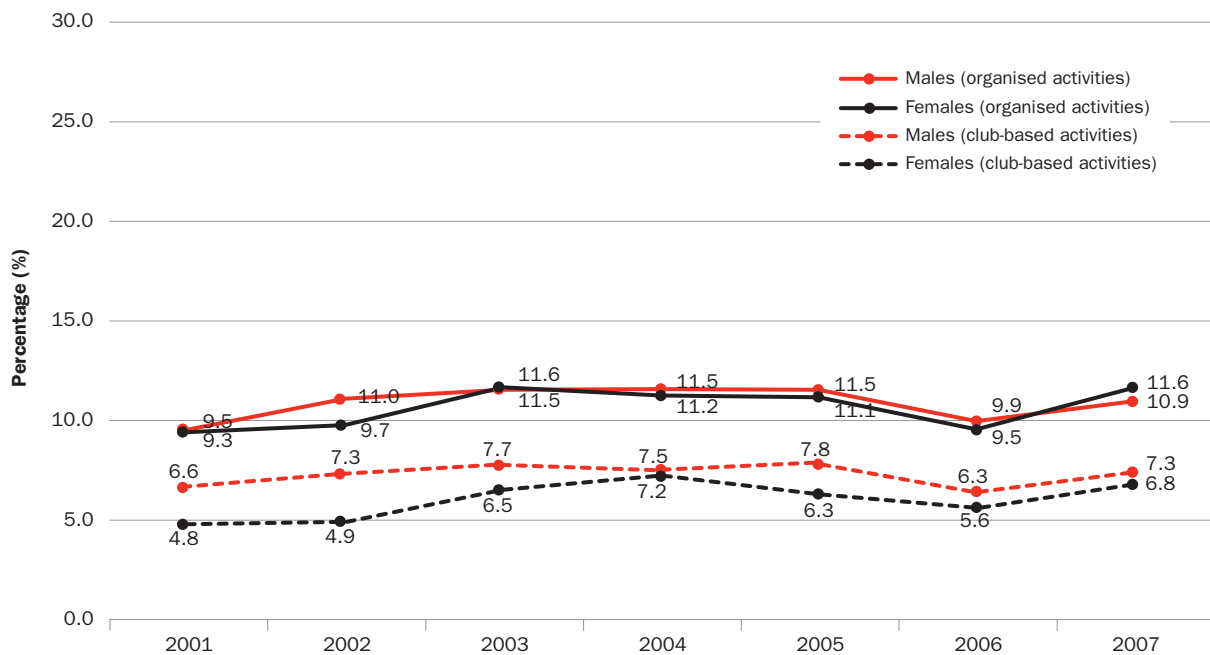
19 All those not participating in club-based activity (frequency=0) are excluded from this calculation

9.3 Regular participation in club-based physical activity, 2001–2007

Regular participation in exercise, recreation and sport is defined as those participating three times a week or more, on average.²⁰

- In 2007, regular participation in physical activity organised by a recreation or sport club or association was 7.0% overall.
- For males the regular participation rate in club-based physical activity was 7.3% and for females it was 6.8% in 2007 (Figure 23). Club-based physical activity was the one area of physical activity where the female regular participation rate did not exceed the male rate.
- Regular club-based participation among women has risen since 2001, when the regular participation rate was 4.8%.
- The male regular participation rate in club-based activity was similar in 2007 to 2001 levels (6.6%).

Figure 23: Regular participation in club-based physical activity by sex and year



Base: All persons aged 15 years and over in 2007 (n=16,400); in 2006 (n=13,708); in 2005 (n=13,726); in 2004 (n=13,662); in 2003 (n=13,703); in 2002 (n=13,632); and in 2001 (n=13,424)

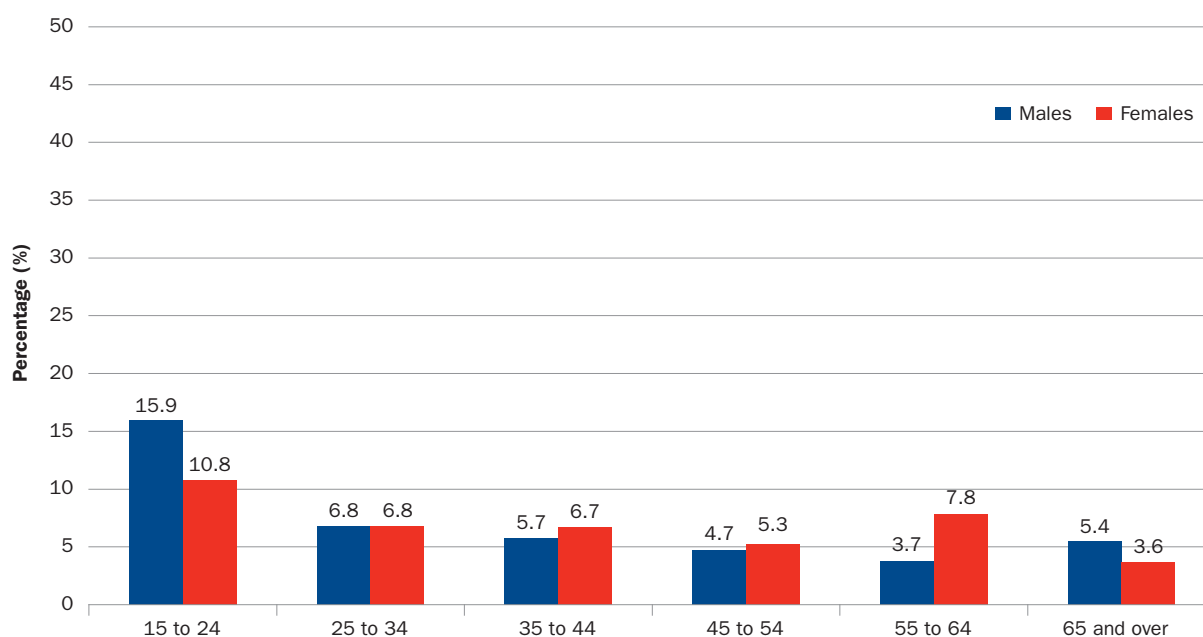
20 See 'Glossary' for information about how 'per week' statistics are calculated

9.4 Regular participation in club-based physical activity by demographics

Age and sex

- While men were overall slightly more likely than women to regularly participate in club-based physical activity in 2007 (7.3% and 6.8%, respectively), this relationship varies by age (Figure 24).
- The difference between males and females was especially pronounced among those aged 55 to 64 years, where the regular participation rate for females in club-based activity was 7.8%, compared to 3.7% for males.
- Regardless of gender, regular participation in club-based physical activity was most common among those aged 15 to 24 years (13.4%).

Figure 24: Regular participation in club-based physical activity by age and sex, 2007



Base: All persons aged 15 years and over (n=16,400)

Labour force status

- Those who were not in the labour force (including students and retired persons) had the lowest regular participation rate in club-based physical activity (5.8%).
- There was little difference between employed and unemployed persons in regular participation rate (7.6% and 7.8%, respectively).

Regional status

- Although regular participation in organised physical activities was higher in capital cities (see section 8.4 'Regular participation in organised physical activity by demographics'), regular participation in club-based physical activities was much the same in capital cities as elsewhere (7.1% and 6.9%, respectively).

Education

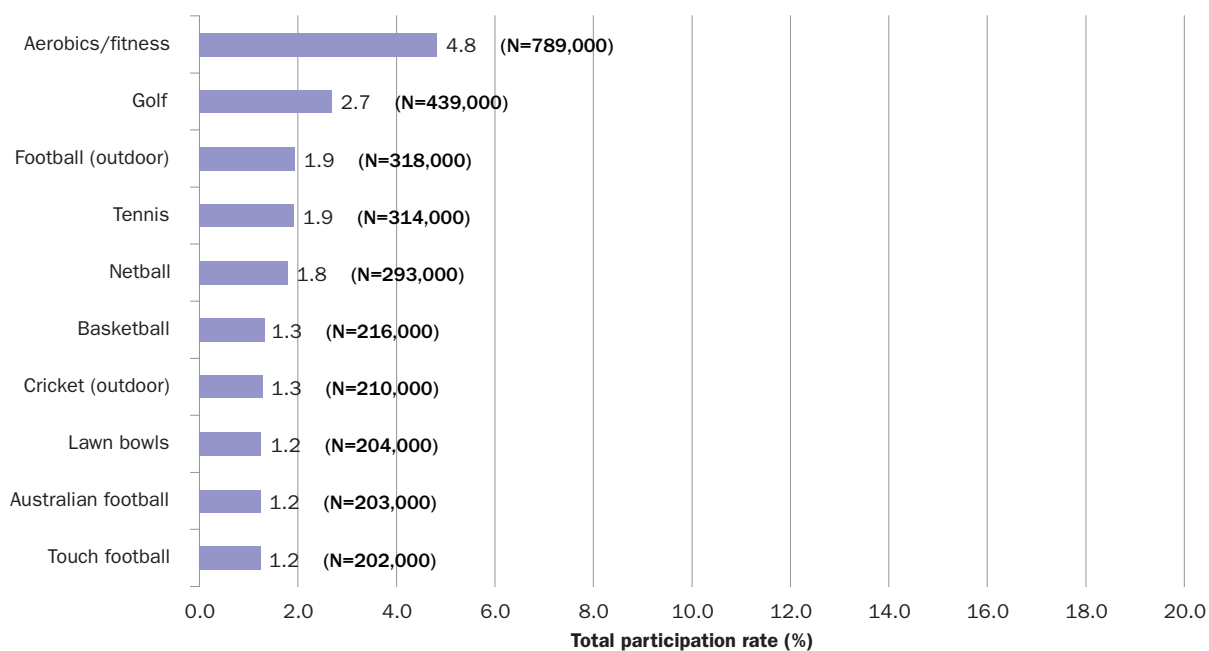
- Those who were still at secondary school had the highest regular participation rate in club-based physical activity (14.7%).
- Regular participation in club-based physical activities was also higher than average among people with university degrees (8.1%).

9.5 Main club-based activities

Total participation in top-ten club-based activities, 2007

- In 2007, the club-based activity with the highest total participation rate was aerobics/fitness (4.8%) (Figure 25). An estimated 789,000 persons aged 15 years and over participated in this activity at least once in the 12 months prior to interview.
- Other sports and physical activities that had relatively high numbers of club-based participants were golf (2.7%), outdoor football (1.9%), tennis (1.9%), netball (1.8%), basketball (1.3%), outdoor cricket (1.3%), lawn bowls (1.2%), Australian football (1.2%) and touch football (1.2%).

Figure 25: Top-ten activities (club-based), 2007



Base: All persons aged 15 years and over (n=16,400)

Total participation in top-ten club-based activities, 2001–2007

- In terms of the top-ten club-based activities, aerobics/fitness enjoyed the largest increase in total participation between 2001 and 2007 (144% increase over 2001)²¹ (Box 4).
- The only other club-based activities in the top ten to experience increases in participation since 2001 were outdoor football (8% increase over 2001) and basketball (5%).
- The remaining top-ten club-based activities experienced declines in total participation between 2001 and 2007.
- Club-based activities most likely to have seen a decline in participation were touch football (-25%), lawn bowls (-24%), tennis (-20%), golf (-18%) and netball (-13%).

Box 4: Total participation rate in top-ten club-based physical activities by year

	2001	2002	2003	2004	2005	2006	2007	% change 2001–2007 (a)
	Total participation rate							
	%	%	%	%	%	%	%	
Aerobics/fitness	2.1	2.9	3.4	4.7	4.4	4.3	4.8	144.0%
Golf	3.5	3.9	3.9	3.6	3.1	3.2	2.7	-17.8%
Football (outdoor)	2.0	2.2	1.8	1.9	1.9	1.9	1.9	7.7%
Tennis	2.6	2.7	2.9	2.8	2.5	1.8	1.9	-20.1%
Netball	2.2	2.2	2.2	2.2	2.0	2.0	1.8	-13.0%
Basketball	1.4	1.7	1.4	1.4	1.2	1.1	1.3	5.2%
Cricket (outdoor)	1.4	1.7	1.7	1.8	1.6	1.8	1.3	-3.9%
Lawn bowls	1.8	1.9	2.1	2.0	2.0	1.7	1.2	-24.4%
Australian football	1.4	1.5	1.7	1.6	1.9	1.5	1.2	-5.7%
Touch football	1.8	1.5	1.2	1.4	1.4	1.5	1.2	-25.4%

Base: All persons aged 15 years and over in 2007 (n=16,400); in 2006 (n=13,708); in 2005 (n=13,726); in 2004 (n=13,662); in 2003 (n=13,703); in 2002 (n=13,632); and in 2001 (n=13,424))

(a) Percentage change in the number of participants between 2001 and 2007 – see footnote at bottom of page.

21 Percent change over 2001 is calculated as follows: (N2007 - N2001)/N2001

10 Detailed tables

List of tables	Page
10.1 Total participation in any physical activity	46
Table 1: All participants — total participation in physical activity by type of participation, age and sex, 2007 (a)	
Table 2: All participants — total participation in any physical activity (organised and non-organised) by demographics, 2007 (a)	
Table 3: All persons — participation in any physical activity for exercise, recreation and sport by frequency, age and sex, 2007 (a)	
Table 4: All participants — participation in any physical activity by cumulative frequency, age and sex, 2007 (a)	
10.2 Recent participation in any physical activity	50
Table 5: All recent participants — recent participation in any physical activity by duration and age, 2007 (a)	
Table 6: All male recent participants — recent participation in any physical activity by duration and age, 2007 (a)	
Table 7: All female recent participants — recent participation in any physical activity by duration and age, 2007 (a)	
Table 8: All recent participants — recent participation in physical activity by type and duration, 2007 (a)	
10.3 Regular participation in any physical activity	54
Table 9: All regular participants — regular participation in any physical activity (organised and non-organised) by demographics, 2007 (a)	
10.4 Total participation in organised physical activity	55
Table 10: All persons — participation in organised physical activity by frequency, age and sex, 2007 (a)	
Table 11: Organised participants — participation in organised physical activity by cumulative frequency, age and sex, 2007 (a)	
Table 12: Organised participants — total participation in organised activities by type of organisation, age and sex, 2007 (a)	
10.5 Total participation in specific activities	58
Table 13: All participants — total participation in specific activities by type of activity, 2007 (a)	
Table 14: All participants — total participation in specific activities (organised and non-organised) by sex, 2007 (a)	
Table 15: All participants — total participation in specific activities (organised and non-organised) by age, 2007 (a)	
Table 16: All participants — participation in specific activities (organised and non-organised) by frequency, 2007 (a)	

10.6 Total participation in specific organised activities

64

Table 17: Organised participants — total participation in specific organised activities by age, 2007 (a)

10.7 State data (all states)

66

Table 18: All participants — total participation in any physical activity by states and territories, age and sex, 2007 (a)

Table 19: All participants — total participation in any physical activity by states and territories and sex, 2001 to 2007 (a)

Table 20: Regular participants — regular participation in any physical activity by states and territories, age and sex, 2007 (a)

Table 21: Regular participants — regular participation in any physical activity by states and territories and sex, 2001 to 2007 (a)

Table 22: Organised participants — total participation in organised physical activity by states and territories, age and sex, 2007 (a)

Table 23: Organised participants — total participation in organised physical activity by states and territories and sex, 2001 to 2007 (a)

Table 24: Regular organised participants — regular participation in organised physical activity by states and territories and sex, 2001 to 2007 (a)

Table 25: Fitness and leisure participants — total participation in physical activities organised by fitness, leisure and indoor sports centres by states and territories, age and sex, 2007 (a)

Table 26: Club-based participants — total participation in physical activities organised by sport or recreation clubs or associations by states and territories, age and sex, 2007 (a)

10.8 State data (Australian Capital Territory)

75

Table 27: Australian Capital Territory participants — total participation in physical activity by type of participation, age and sex, 2007 (a)

Table 28: Australian Capital Territory participants — total participation in any physical activity (organised and non-organised) by demographics, 2007 (a)

Table 29: All Australian Capital Territory persons — participation in any physical activity by frequency, age and sex, 2007 (a)

Table 30: Australian Capital Territory participants — participation in any physical activity by cumulative frequency, age and sex, 2007 (a)

Table 31: Recent Australian Capital Territory participants — recent participation in any physical activity by duration and age, 2007 (a)

Table 32: Regular Australian Capital Territory participants — regular participation in any physical activity (organised and non-organised) by demographics, 2007 (a)

Table 33: Australian Capital Territory organised participants — participation in organised physical activity by frequency, age and sex, 2007 (a)

Table 34: Australian Capital Territory organised participants — participation in organised physical activity by cumulative frequency, age and sex, 2007 (a)

Table 35: Australian Capital Territory organised participants — total participation in organised activities by type of organisation, age and sex, 2007 (a)

Table 36: Australian Capital Territory participants — total participation in specific activities (organised and non-organised) by sex, 2007 (a)

Table 37: Australian Capital Territory participants — total participation in specific activities by type of activity, 2007 (a)

10.9 State data (New South Wales)

86

Table 38: New South Wales participants — total participation in physical activity by type of participation, age and sex, 2007 (a)

Table 39: New South Wales participants — total participation in any physical activity (organised and non-organised) by demographics, 2007 (a)

Table 40: All New South Wales persons — participation in any physical activity by frequency, age and sex, 2007 (a)

Table 41: New South Wales participants — participation in any physical activity by cumulative frequency, age and sex, 2007 (a)

Table 42: New South Wales recent participants — recent participation in any physical activity by duration and age, 2007 (a)

Table 43: New South Wales regular participants — regular participation in any physical activity (organised and non-organised) by demographics, 2007 (a)

Table 44: New South Wales organised participants — participation in organised physical activity by frequency, age and sex, 2007 (a)

Table 45: New South Wales organised participants — participation in organised physical activity by cumulative frequency, age and sex, 2007 (a)

Table 46: New South Wales organised participants — total participation in organised activities by type of organisation, age and sex, 2007 (a)

Table 47: New South Wales participants — total participation in specific activities (organised and non-organised) by sex, 2007 (a)

Table 48: New South Wales participants — total participation in specific activities by type of activity, 2007 (a)

10.10 State data (Northern Territory)

97

Table 49: Northern Territory participants — total participation in physical activity by type of participation, age and sex, 2007 (a)

Table 50: Northern Territory participants — total participation in any physical activity (organised and non-organised) by demographics, 2007 (a)

Table 51: All Northern Territory persons — participation in any physical activity by frequency, age and sex, 2007 (a)

Table 52: Northern Territory participants — participation in any physical activity by cumulative frequency, age and sex, 2007 (a)

Table 53: Northern Territory recent participants — recent participation in any physical activity by duration and age, 2007 (a)

Table 54: Northern Territory regular participants — regular participation in any physical activity (organised and non-organised) by demographics, 2007 (a)

Table 55: Northern Territory organised participants — participation in organised physical activity by frequency, age and sex, 2007 (a)

Table 56: Northern Territory organised participants — participation in organised physical activity by cumulative frequency, age and sex, 2007 (a)

Table 57: Northern Territory organised participants — total participation in organised activities by type of organisation, age and sex, 2007 (a)

Table 58: Northern Territory participants — total participation in specific activities (organised and non-organised) by sex, 2007 (a)

Table 59: Northern Territory participants — total participation in specific activities by type of activity, 2007 (a)

10.11 State data (Queensland)

108

Table 60: Queensland participants — total participation in physical activity by type of participation, age and sex, 2007 (a)

Table 61: Queensland participants — total participation in any physical activity (organised and non-organised) by demographics, 2007 (a)

Table 62: All Queensland persons — participation in any physical activity by frequency, age and sex, 2007 (a)

Table 63: Queensland participants — participation in any physical activity by cumulative frequency, age and sex, 2007 (a)

Table 64: Queensland recent participants — recent participation in any physical activity by duration and age, 2007 (a)

Table 65: Queensland regular participants — regular participation in any physical activity (organised and non-organised) by demographics, 2007 (a)

Table 66: Queensland organised participants — participation in organised physical activity by frequency, age and sex, 2007 (a)

Table 67: Queensland organised participants — participation in organised physical activity by cumulative frequency, age and sex, 2007 (a)

Table 68: Queensland organised participants — total participation in organised activities by type of organisation, age and sex, 2007 (a)

Table 69: Queensland participants — total participation in specific activities (organised and non-organised) by sex, 2007 (a)

Table 70: Queensland participants — total participation in specific activities by type of activity, 2007 (a)

10.12 State data (South Australia)

119

Table 71: South Australia participants — total participation in physical activity by type of participation, age and sex, 2007 (a)

Table 72: South Australia participants — total participation in any physical activity (organised and non-organised) by demographics, 2007 (a)

Table 73: All South Australia persons — participation in any physical activity by frequency, age and sex, 2007 (a)

Table 74: South Australia participants — participation in any physical activity by cumulative frequency, age and sex, 2007 (a)

Table 75: South Australia recent participants — recent participation in any physical activity by duration and age, 2007 (a)

Table 76: South Australia regular participants — regular participation in any physical activity (organised and non-organised) by demographics, 2007 (a)

Table 77: South Australia organised participants — participation in organised physical activity by frequency, age and sex, 2007 (a)

Table 78: South Australia organised participants — participation in organised physical activity by cumulative frequency, age and sex, 2007 (a)

Table 79: South Australia organised participants — total participation in organised activities by type of organisation, age and sex, 2007 (a)

Table 80: All South Australia participants — total participation in specific activities (organised and non-organised) by sex, 2007 (a)

Table 81: South Australia participants — total participation in specific activities by type of activity, 2007 (a)

10.13 State data (Tasmania)

130

Table 82: Tasmania participants — total participation in physical activity by type of participation, age and sex, 2007 (a)

Table 83: Tasmania participants — total participation in any physical activity (organised and non-organised) by demographics, 2007 (a)

Table 84: All Tasmania persons — participation in any physical activity by frequency, age and sex, 2007 (a)

Table 85: Tasmania participants — participation in any physical activity by cumulative frequency, age and sex, 2007 (a)

Table 86: Tasmania recent participants — recent participation in any physical activity by duration and age, 2007 (a)

Table 87: Tasmania regular participants — regular participation in any physical activity (organised and non-organised) by demographics, 2007 (a)

Table 88: Tasmania organised participants — participation in organised physical activity by frequency, age and sex, 2007 (a)

Table 89: Tasmania organised participants — participation in organised physical activity by cumulative frequency, age and sex, 2007 (a)

Table 90: Tasmania organised participants — total participation in organised activities by type of organisation, age and sex, 2007 (a)

Table 91: Tasmania participants — total participation in specific activities (organised and non-organised) by sex, 2007 (a)

Table 92: Tasmania participants — total participation in specific activities by type of activity, 2007 (a)

10.14 State data (Victoria)

141

Table 93: Victoria participants — total participation in physical activity by type of participation, age and sex, 2007 (a)

Table 94: Victoria participants — total participation in any physical activity (organised and non-organised) by demographics, 2007 (a)

Table 95: All Victoria persons — participation in any physical activity by frequency, age and sex, 2007 (a)

Table 96: Victoria participants — participation in any physical activity by cumulative frequency, age and sex, 2007 (a)

Table 97: Victoria recent participants — recent participation in any physical activity by duration and age, 2007 (a)

Table 98: Victoria regular participants — regular participation in any physical activity (organised and non-organised) by demographics, 2007 (a)

Table 99: Victoria organised participants — participation in organised physical activity by frequency, age and sex, 2007 (a)

Table 100: Victoria organised participants — participation in organised physical activity by cumulative frequency, age and sex, 2007 (a)

Table 101: Victoria organised participants — total participation in organised activities by type of organisation, age and sex, 2007 (a)

Table 102: Victoria participants — total participation in specific activities (organised and non-organised) by sex, 2007 (a)

Table 103: Victoria participants — total participation in specific activities by type of activity, 2007 (a)

10.15 State data (Western Australia)

152

Table 104: Western Australia participants — total participation in physical activity by type of participation, age and sex, 2007 (a)

Table 105: Western Australia participants — total participation in any physical activity (organised and non-organised) by demographics, 2007 (a)

Table 106: All Western Australia persons — participation in any physical activity by frequency, age and sex, 2007 (a)

Table 107: Western Australia participants — participation in any physical activity by cumulative frequency, age and sex, 2007 (a)

Table 108: Western Australia recent participants — recent participation in any physical activity by duration and age, 2007 (a)

Table 109: Western Australia regular participants — regular participation in any physical activity (organised and non-organised) by demographics, 2007 (a)

Table 110: Western Australia organised participants — participation in organised physical activity by frequency, age and sex, 2007 (a)

Table 111: Western Australia organised participants — participation in organised physical activity by cumulative frequency, age and sex, 2007 (a)

Table 112: Western Australia organised participants — total participation in organised activities by type of organisation, age and sex, 2007 (a)

Table 113: Western Australia participants — total participation in specific activities (organised and non-organised) by sex, 2007 (a)

Table 114: Western Australia participants — total participation in specific activities by type of activity, 2007 (a)



10.1 Total participation in any physical activity

Table 1: All participants — total participation in physical activity by type of participation, age and sex, 2007 (a)

Sex	Age group (years)	Organised only (c)	Non-organised only (d)	Both organised and non-organised (e)	Total organised (A + C)	Total non-organised (B + C)	Total participation (A + B + C)
		(A)	(B)	(C)			
Number ('000)							
Males	15 to 24	417.3	385.3	454.7	872.0	840.0	1,257.2
	25 to 34	239.8	538.1	415.6	655.4	953.7	1,193.6
	35 to 44	195.6	663.7	383.4	578.9	1,047.1	1,242.6
	45 to 54	127.2	632.0	300.5	427.7	932.5	1,059.7
	55 to 64	106.9	508.2	201.4	308.3	709.6	816.5
	65 and over	163.5	476.7	181.0	344.5	657.7	821.2
	TOTAL	1,250.3	3,204.0	1,936.5	3,186.8	5,140.5	6,390.8
Females	15 to 24	361.0	426.0	340.7	701.7	766.7	1,127.8
	25 to 34	209.0	618.1	384.0	593.0	1,002.1	1,211.1
	35 to 44	190.4	742.8	342.1	532.5	1,084.9	1,275.3
	45 to 54	129.7	700.9	323.3	453.0	1,024.2	1,153.9
	55 to 64	134.4	530.7	233.6	368.0	764.2	898.7
	65 and over	166.0	527.7	207.5	373.6	735.2	901.3
	TOTAL	1,190.6	3,546.2	1,831.2	3,021.8	5,377.4	6,568.0
Persons	15 to 24	778.3	811.3	795.4	1,573.7	1,606.7	2,385.0
	25 to 34	448.9	1,156.3	799.5	1,248.4	1,955.8	2,404.7
	35 to 44	385.9	1,406.5	725.5	1,111.4	2,132.0	2,517.9
	45 to 54	256.9	1,332.8	623.8	880.7	1,956.7	2,213.5
	55 to 64	241.3	1,038.8	435.0	676.3	1,473.8	1,715.1
	65 and over	329.6	1,004.4	388.5	718.0	1,392.9	1,722.5
	TOTAL	2,440.9	6,750.2	3,767.7	6,208.6	10,517.9	12,958.7
Total participation rate (%) (b)							
Males	15 to 24	29.1	26.8	31.7	60.7	58.5	87.6
	25 to 34	17.0	38.2	29.5	46.5	67.7	84.8
	35 to 44	13.2	44.8	25.9	39.0	70.6	83.8
	45 to 54	9.1	45.3	21.5	30.6	66.8	75.9
	55 to 64	9.5	44.9	17.8	27.3	62.7	72.2
	65 and over	14.0	40.7	15.4	29.4	56.1	70.1
	TOTAL	15.6	39.9	24.1	39.7	64.0	79.6
Females	15 to 24	26.0	30.7	24.5	50.5	55.2	81.2
	25 to 34	14.6	43.2	26.9	41.5	70.1	84.7
	35 to 44	12.4	48.5	22.3	34.7	70.8	83.2
	45 to 54	9.0	48.5	22.4	31.4	70.9	79.9
	55 to 64	11.8	46.4	20.4	32.2	66.8	78.6
	65 and over	12.2	38.8	15.2	27.4	54.0	66.2
	TOTAL	14.3	42.7	22.1	36.4	64.8	79.1
Persons	15 to 24	27.6	28.7	28.2	55.7	56.9	84.4
	25 to 34	15.8	40.7	28.2	44.0	68.9	84.7
	35 to 44	12.8	46.6	24.1	36.9	70.7	83.5
	45 to 54	9.0	46.9	22.0	31.0	68.9	77.9
	55 to 64	10.6	45.7	19.1	29.7	64.8	75.4
	65 and over	13.0	39.7	15.3	28.3	55.0	68.0
	TOTAL	15.0	41.3	23.1	38.0	64.4	79.4

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

(c) Participants' activities are fully organised

(d) Participants' activities are fully non-organised

(e) Participants' activities are part organised and part non-organised

Table 2: All participants — total participation in any physical activity (organised and non-organised) by demographics, 2007 (a)

	MALES		FEMALES		PERSONS	
	Number	Total participation rate (b)	Number	Total participation rate	Number	Total participation rate
	('000)	(%)	('000)	(%)	('000)	(%)
AGE GROUP (YEARS)						
15 to 24	1,257.2	87.6	1,127.8	81.2	2,385.0	84.4
25 to 34	1,193.6	84.8	1,211.1	84.7	2,404.7	84.7
35 to 44	1,242.6	83.8	1,275.3	83.2	2,517.9	83.5
45 to 54	1,059.7	75.9	1,153.9	79.9	2,213.5	77.9
55 to 64	816.5	72.2	898.7	78.6	1,715.1	75.4
65 and over	821.2	70.1	901.3	66.2	1,722.5	68.0
REGION						
Capital city	4,160.3	80.8	4,247.2	79.1	8,407.5	79.9
Rest of state	2,230.4	77.5	2,320.8	79.2	4,551.3	78.4
EMPLOYMENT STATUS						
Employed full time	3,893.4	82.6	2,051.4	84.1	5,944.7	83.1
Employed part time	829.2	83.0	1,975.9	83.6	2,805.1	83.4
Total employed	4,722.6	82.6	4,027.2	83.8	8,749.8	83.2
Unemployed	264.8	79.1	217.7	78.2	482.5	78.7
Not in the labour force	1,403.4	71.0	2,323.1	72.2	3,726.5	71.7
MARITAL STATUS						
Married	3,812.5	79.7	3,751.8	80.7	7,564.2	80.2
Not married	2,540.0	79.5	2,763.0	77.2	5,303.0	78.3
Refused/Do not know	38.3	82.5	53.3	70.9	91.5	75.3
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	1,859.5	82.6	2,236.7	81.2	4,096.2	81.8
At least one under 18 — none at home	178.0	76.1	25.8*	71.2*	203.8	75.4
No children under 18	4,353.3	78.6	4,305.5	78.1	8,658.8	78.4
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	1,893.6	88.2	1,806.6	86.7	3,700.2	87.4
Undergraduate diploma or associate diploma	498.8	86.7	617.2	85.5	1,116.0	86.0
Certificate, trade qualification or apprenticeship	1,033.3	78.3	820.5	83.6	1,853.8	80.5
Highest level of secondary school	1,433.1	78.5	1,499.2	75.1	2,932.3	76.7
Did not complete highest level of school	1,068.8	65.9	1,411.6	70.7	2,480.4	68.5
Never went to school	8.8*	66.4*	11.9*	49.2*	20.6*	55.3*
Still at secondary school	334.3	91.1	263.8	85.4	598.1	88.5
Other	92.4	78.1	86.2	83.0	178.6	80.4
Refused	27.7*	73.6*	51.0	61.9	78.7	65.6
Total	6,390.8	79.6	6,568.0	79.1	12,958.7	79.4

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 3: All persons — participation in any physical activity for exercise, recreation and sport by frequency, age and sex, 2007 (a)

Sex	Age group (years)	None	Up to once per week (b)	Once or twice per week (c)	Three or four times per week (d)	Five or more times per week	Total
		Number ('000)					
Males	15 to 24	178.8	206.1	437.8	275.9	337.4	1,436.0
	25 to 34	214.7	269.3	395.5	278.0	250.8	1,408.3
	35 to 44	240.2	253.0	392.1	292.2	305.4	1,482.8
	45 to 54	336.8	224.7	321.5	192.3	321.2	1,396.5
	55 to 64	314.4	136.2	217.0	191.7	271.5	1,130.8
	65 and over	350.3	115.7	206.2	169.3	330.0	1,171.5
	TOTAL	1,635.2	1,205.0	1,970.0	1,399.4	1,816.2	8,025.9
Females	15 to 24	261.1	206.0	341.7	292.4	287.7	1,388.8
	25 to 34	218.2	149.9	356.4	316.6	388.3	1,429.3
	35 to 44	257.5	193.7	369.8	351.1	360.7	1,532.8
	45 to 54	290.3	130.1	286.0	309.1	428.8	1,444.2
	55 to 64	245.4	85.8	225.7	222.5	364.7	1,144.0
	65 and over	460.0	99.7	230.7	193.1	377.8	1,361.3
	TOTAL	1,732.5	865.1	1,810.3	1,684.6	2,208.0	8,300.5
Persons	15 to 24	439.8	412.1	779.5	568.3	625.1	2,824.8
	25 to 34	433.0	419.2	751.9	594.6	639.0	2,837.6
	35 to 44	497.7	446.7	761.9	643.2	666.1	3,015.6
	45 to 54	627.2	354.8	607.5	501.4	749.9	2,840.7
	55 to 64	559.7	222.0	442.7	414.2	636.3	2,274.9
	65 and over	810.3	215.4	436.9	362.4	707.8	2,532.8
	TOTAL	3,367.6	2,070.1	3,780.3	3,084.0	4,024.2	16,326.4
Percentage of row							
Males	15 to 24	12.4	14.4	30.5	19.2	23.5	100.0
	25 to 34	15.2	19.1	28.1	19.7	17.8	100.0
	35 to 44	16.2	17.1	26.4	19.7	20.6	100.0
	45 to 54	24.1	16.1	23.0	13.8	23.0	100.0
	55 to 64	27.8	12.0	19.2	17.0	24.0	100.0
	65 and over	29.9	9.9	17.6	14.5	28.2	100.0
	TOTAL	20.4	15.0	24.5	17.4	22.6	100.0
Females	15 to 24	18.8	14.8	24.6	21.1	20.7	100.0
	25 to 34	15.3	10.5	24.9	22.1	27.2	100.0
	35 to 44	16.8	12.6	24.1	22.9	23.5	100.0
	45 to 54	20.1	9.0	19.8	21.4	29.7	100.0
	55 to 64	21.4	7.5	19.7	19.4	31.9	100.0
	65 and over	33.8	7.3	16.9	14.2	27.8	100.0
	TOTAL	20.9	10.4	21.8	20.3	26.6	100.0
Persons	15 to 24	15.6	14.6	27.6	20.1	22.1	100.0
	25 to 34	15.3	14.8	26.5	21.0	22.5	100.0
	35 to 44	16.5	14.8	25.3	21.3	22.1	100.0
	45 to 54	22.1	12.5	21.4	17.7	26.4	100.0
	55 to 64	24.6	9.8	19.5	18.2	28.0	100.0
	65 and over	32.0	8.5	17.2	14.3	27.9	100.0
	TOTAL	20.6	12.7	23.2	18.9	24.6	100.0

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

Table 4: All participants — participation in any physical activity by cumulative frequency, age and sex, 2007 (a)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	206.1	1,051.1	813.1	613.4	1,257.2
	25 to 34	269.3	924.3	708.8	528.8	1,193.6
	35 to 44	253.0	989.6	764.2	597.5	1,242.6
	45 to 54	224.7	835.0	684.0	513.4	1,059.7
	55 to 64	136.2	680.2	555.7	463.2	816.5
	65 and over	115.7	705.5	609.5	499.3	821.2
	TOTAL	1,205.0	5,185.7	4,135.2	3,215.7	6,390.8
Females	15 to 24	206.0	921.8	739.5	580.1	1,127.8
	25 to 34	149.9	1,061.3	874.2	704.8	1,211.1
	35 to 44	193.7	1,081.6	907.4	711.8	1,275.3
	45 to 54	130.1	1,023.8	886.5	737.8	1,153.9
	55 to 64	85.8	812.9	712.2	587.2	898.7
	65 and over	99.7	801.5	684.6	570.8	901.3
	TOTAL	865.1	5,702.9	4,804.3	3,892.6	6,568.0
Persons	15 to 24	412.1	1,972.9	1,552.6	1,193.4	2,385.0
	25 to 34	419.2	1,985.5	1,583.0	1,233.6	2,404.7
	35 to 44	446.7	2,071.2	1,671.5	1,309.3	2,517.9
	45 to 54	354.8	1,858.8	1,570.5	1,251.3	2,213.5
	55 to 64	222.0	1,493.1	1,267.8	1,050.4	1,715.1
	65 and over	215.4	1,507.1	1,294.1	1,070.2	1,722.5
	TOTAL	2,070.1	10,888.6	8,939.5	7,108.3	12,958.7

Total participation rate (%) (b)

Males	15 to 24	14.4	73.2	56.6	42.7	87.6
	25 to 34	19.1	65.6	50.3	37.5	84.8
	35 to 44	17.1	66.7	51.5	40.3	83.8
	45 to 54	16.1	59.8	49.0	36.8	75.9
	55 to 64	12.0	60.2	49.1	41.0	72.2
	65 and over	9.9	60.2	52.0	42.6	70.1
	TOTAL	15.0	64.6	51.5	40.1	79.6
Females	15 to 24	14.8	66.4	53.2	41.8	81.2
	25 to 34	10.5	74.2	61.2	49.3	84.7
	35 to 44	12.6	70.6	59.2	46.4	83.2
	45 to 54	9.0	70.9	61.4	51.1	79.9
	55 to 64	7.5	71.1	62.2	51.3	78.6
	65 and over	7.3	58.9	50.3	41.9	66.2
	TOTAL	10.4	68.7	57.9	46.9	79.1
Persons	15 to 24	14.6	69.8	55.0	42.2	84.4
	25 to 34	14.8	70.0	55.8	43.5	84.7
	35 to 44	14.8	68.7	55.4	43.4	83.5
	45 to 54	12.5	65.4	55.3	44.0	77.9
	55 to 64	9.8	65.6	55.7	46.2	75.4
	65 and over	8.5	59.5	51.1	42.3	68.0
	TOTAL	12.7	66.7	54.8	43.5	79.4

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

10.2 Recent participation in any physical activity

Table 5: All recent participants — recent participation in any physical activity by duration and age, 2007 (a)

		15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	Total
		Number ('000)						
Five hours or more	More than three sessions weekly	502.4	406.9	431.6	431.1	404.7	407.0	2,583.7
	Two or three sessions weekly	128.4	71.0	52.3	63.2	59.0	91.6	465.6
	Less than two sessions weekly	10.2*	15.5*	25.6*	26.5*	22.3*	19.1*	119.1
	<i>Total</i>	<i>641.0</i>	<i>493.4</i>	<i>509.5</i>	<i>520.8</i>	<i>486.1</i>	<i>517.7</i>	<i>3,168.4</i>
Two hours or more but less than five hours	More than three sessions weekly	220.7	355.5	408.9	436.1	324.7	313.5	2,059.4
	Two or three sessions weekly	363.2	313.5	284.2	253.5	163.4	122.0	1,499.8
	Less than two sessions weekly	131.7	112.2	113.5	95.8	77.7	98.3	629.3
	<i>Total</i>	<i>715.6</i>	<i>781.2</i>	<i>806.5</i>	<i>785.5</i>	<i>565.8</i>	<i>533.8</i>	<i>4,188.5</i>
Less than two hours	More than three sessions weekly	30.9	38.5	56.0	49.1	50.2	86.0	310.7
	Two or three sessions weekly	156.0	179.3	223.8	161.2	132.6	147.9	1,000.7
	Less than two sessions weekly	439.7	485.1	478.5	346.9	233.3	230.8	2,214.3
	<i>Total</i>	<i>626.6</i>	<i>702.9</i>	<i>758.3</i>	<i>557.1</i>	<i>416.1</i>	<i>464.7</i>	<i>3,525.8</i>
Total	More than three sessions weekly	753.9	800.8	896.5	916.3	779.7	806.6	4,953.8
	Two or three sessions weekly	647.6	563.9	560.3	477.9	355.0	361.4	2,966.1
	Less than two sessions weekly	582.0	612.9	617.5	469.2	333.3	348.2	2,963.1
	Total	1,983.6	1,977.6	2,074.3	1,863.4	1,468.0	1,516.2	10,883.0
		Percentage of total						
Five hours or more	More than three sessions weekly	4.6	3.7	4.0	4.0	3.7	3.7	23.7
	Two or three sessions weekly	1.2	0.7	0.5	0.6	0.5	0.8	4.3
	Less than two sessions weekly	0.1*	0.1*	0.2*	0.2*	0.2*	0.2*	1.1
	<i>Total</i>	<i>5.9</i>	<i>4.5</i>	<i>4.7</i>	<i>4.8</i>	<i>4.5</i>	<i>4.8</i>	<i>29.1</i>
Two hours or more but less than five hours	More than three sessions weekly	2.0	3.3	3.8	4.0	3.0	2.9	18.9
	Two or three sessions weekly	3.3	2.9	2.6	2.3	1.5	1.1	13.8
	Less than two sessions weekly	1.2	1.0	1.0	0.9	0.7	0.9	5.8
	<i>Total</i>	<i>6.6</i>	<i>7.2</i>	<i>7.4</i>	<i>7.2</i>	<i>5.2</i>	<i>4.9</i>	<i>38.5</i>
Less than two hours	More than three sessions weekly	0.3	0.4	0.5	0.5	0.5	0.8	2.9
	Two or three sessions weekly	1.4	1.6	2.1	1.5	1.2	1.4	9.2
	Less than two sessions weekly	4.0	4.5	4.4	3.2	2.1	2.1	20.3
	<i>Total</i>	<i>5.8</i>	<i>6.5</i>	<i>7.0</i>	<i>5.1</i>	<i>3.8</i>	<i>4.3</i>	<i>32.4</i>
Total	More than three sessions weekly	6.9	7.4	8.2	8.4	7.2	7.4	45.5
	Two or three sessions weekly	6.0	5.2	5.1	4.4	3.3	3.3	27.3
	Less than two sessions weekly	5.3	5.6	5.7	4.3	3.1	3.2	27.2
	Total	18.2	18.2	19.1	17.1	13.5	13.9	100.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport in the two weeks prior to interview in 2007

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 6: All male recent participants — recent participation in any physical activity by duration and age, 2007 (a)

		15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	Total
		Number ('000)						
Five hours or more	More than three sessions weekly	335.1	195.7	230.2	214.2	174.4	222.9	1,372.6
	Two or three sessions weekly	97.2	48.8	40.8	45.1	42.5	47.6	322.0
	Less than two sessions weekly	10.2*	14.6*	18.8*	14.4*	16.3*	16.9*	91.1
	<i>Total</i>	442.5	259.2	289.8	273.7	233.2	287.4	1,785.7
Two hours or more but less than five hours	More than three sessions weekly	86.1	108.3	180.7	165.8	131.0	121.5	793.4
	Two or three sessions weekly	186.0	146.6	129.8	113.1	81.9	59.8	717.1
	Less than two sessions weekly	77.6	81.2	80.0	70.8	45.1	56.0	410.7
	<i>Total</i>	349.7	336.1	390.5	349.7	258.0	237.3	1,921.3
Less than two hours	More than three sessions weekly	5.0**	14.9*	25.2*	29.0	30.8	34.2	139.0
	Two or three sessions weekly	67.9	79.4	94.9	65.4	52.6	78.6	438.8
	Less than two sessions weekly	212.4	247.2	243.9	161.4	126.1	76.2	1,067.3
	<i>Total</i>	285.4	341.5	364.0	255.8	209.5	189.0	1,645.1
Total	More than three sessions weekly	426.3	318.9	436.1	409.0	336.3	378.6	2,305.0
	Two or three sessions weekly	351.1	274.9	265.5	223.5	176.9	185.9	1,477.8
	Less than two sessions weekly	300.2	343.0	342.7	246.6	187.4	149.2	1,569.1
	Total	1,077.5	936.8	1,044.2	879.2	700.6	713.6	5,352.0
		Percentage of total						
Five hours or more	More than three sessions weekly	6.3	3.7	4.3	4.0	3.3	4.2	25.6
	Two or three sessions weekly	1.8	0.9	0.8	0.8	0.8	0.9	6.0
	Less than two sessions weekly	0.2*	0.3*	0.4*	0.3*	0.3*	0.3*	1.7
	<i>Total</i>	8.3	4.8	5.4	5.1	4.4	5.4	33.4
Two hours or more but less than five hours	More than three sessions weekly	1.6	2.0	3.4	3.1	2.4	2.3	14.8
	Two or three sessions weekly	3.5	2.7	2.4	2.1	1.5	1.1	13.4
	Less than two sessions weekly	1.4	1.5	1.5	1.3	0.8	1.0	7.7
	<i>Total</i>	6.5	6.3	7.3	6.5	4.8	4.4	35.9
Less than two hours	More than three sessions weekly	0.1**	0.3*	0.5*	0.5	0.6	0.6	2.6
	Two or three sessions weekly	1.3	1.5	1.8	1.2	1.0	1.5	8.2
	Less than two sessions weekly	4.0	4.6	4.6	3.0	2.4	1.4	19.9
	<i>Total</i>	5.3	6.4	6.8	4.8	3.9	3.5	30.7
Total	More than three sessions weekly	8.0	6.0	8.1	7.6	6.3	7.1	43.1
	Two or three sessions weekly	6.6	5.1	5.0	4.2	3.3	3.5	27.6
	Less than two sessions weekly	5.6	6.4	6.4	4.6	3.5	2.8	29.3
	Total	20.1	17.5	19.5	16.4	13.1	13.3	100.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport in the two weeks prior to interview in 2007

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 7: All female recent participants — recent participation in any physical activity by duration and age, 2007 (a)

		15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	Total
		Number ('000)						
Five hours or more	More than three sessions weekly	167.2	211.1	201.4	216.9	230.3	184.1	1,211.1
	Two or three sessions weekly	31.3	22.2*	11.5*	18.1*	16.6*	44.0	143.6
	Less than two sessions weekly	0.0**	0.9**	6.8**	12.1*	6.0**	2.2**	28.0
	<i>Total</i>	198.5	234.2	219.7	247.1	252.9	230.3	1,382.8
Two hours or more but less than five hours	More than three sessions weekly	134.6	247.2	228.2	270.3	193.7	192.0	1,266.0
	Two or three sessions weekly	177.2	166.9	154.4	140.5	81.5	62.3	782.7
	Less than two sessions weekly	54.1	31.0	33.5	25.0*	32.7	42.3	218.6
	<i>Total</i>	365.9	445.1	416.0	435.8	307.8	296.5	2,267.2
Less than two hours	More than three sessions weekly	25.8*	23.6*	30.8	20.1*	19.4*	51.9	171.7
	Two or three sessions weekly	88.1	99.9	128.9	95.8	80.0	69.3	562.0
	Less than two sessions weekly	227.3	237.9	234.6	185.4	107.2	154.6	1,147.0
	<i>Total</i>	341.2	361.4	394.3	301.3	206.7	275.8	1,880.7
Total	More than three sessions weekly	327.7	481.9	460.5	507.4	443.4	428.0	2,648.8
	Two or three sessions weekly	296.6	289.0	294.8	254.4	178.1	175.6	1,488.3
	Less than two sessions weekly	281.8	269.9	274.8	222.5	145.9	199.0	1,394.0
	Total	906.0	1,040.7	1,030.1	984.3	767.4	802.6	5,531.1
		Percentage of total						
Five hours or more	More than three sessions weekly	3.0	3.8	3.6	3.9	4.2	3.3	21.9
	Two or three sessions weekly	0.6	0.4*	0.2*	0.3*	0.3*	0.8	2.6
	Less than two sessions weekly	0.0**	0.0**	0.1**	0.2*	0.1**	0.0**	0.5
	<i>Total</i>	3.6	4.2	4.0	4.5	4.6	4.2	25.0
Two hours or more but less than five hours	More than three sessions weekly	2.4	4.5	4.1	4.9	3.5	3.5	22.9
	Two or three sessions weekly	3.2	3.0	2.8	2.5	1.5	1.1	14.2
	Less than two sessions weekly	1.0	0.6	0.6	0.5*	0.6	0.8	4.0
	<i>Total</i>	6.6	8.0	7.5	7.9	5.6	5.4	41.0
Less than two hours	More than three sessions weekly	0.5*	0.4*	0.6	0.4*	0.4*	0.9	3.1
	Two or three sessions weekly	1.6	1.8	2.3	1.7	1.4	1.3	10.2
	Less than two sessions weekly	4.1	4.3	4.2	3.4	1.9	2.8	20.7
	<i>Total</i>	6.2	6.5	7.1	5.4	3.7	5.0	34.0
Total	More than three sessions weekly	5.9	8.7	8.3	9.2	8.0	7.7	47.9
	Two or three sessions weekly	5.4	5.2	5.3	4.6	3.2	3.2	26.9
	Less than two sessions weekly	5.1	4.9	5.0	4.0	2.6	3.6	25.2
	Total	16.4	18.8	18.6	17.8	13.9	14.5	100.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport in the two weeks prior to interview in 2007

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 8: All recent participants — recent participation in physical activity by type and duration, 2007 (a)

		Total organised	Total non-organised	Total
		Number ('000)		
Five hours or more	More than three sessions weekly	1,268.7	2,268.2	2,583.7
	Two or three sessions weekly	362.2	255.3	465.6
	Less than two sessions weekly	70.3	67.6	119.1
	<i>Total</i>	<i>1,701.2</i>	<i>2,591.2</i>	<i>3,168.4</i>
Two hours or more but less than five hours	More than three sessions weekly	599.5	1,934.8	2,059.4
	Two or three sessions weekly	839.1	996.0	1,499.8
	Less than two sessions weekly	346.8	381.4	629.3
	<i>Total</i>	<i>1,785.4</i>	<i>3,312.2</i>	<i>4,188.5</i>
Less than two hours	More than three sessions weekly	26.1*	302.7	310.7
	Two or three sessions weekly	194.0	905.0	1,000.7
	Less than two sessions weekly	755.2	1,648.4	2,214.3
	<i>Total</i>	<i>975.3</i>	<i>2,856.1</i>	<i>3,525.8</i>
Total	More than three sessions weekly	1,894.3	4,505.7	4,953.8
	Two or three sessions weekly	1,395.3	2,156.4	2,966.1
	Less than two sessions weekly	1,172.7	2,097.4	2,963.1
	Total	4,462.3	8,759.5	10,883.0
		Percentage of total		
Five hours or more	More than three sessions weekly	11.7	20.8	23.7
	Two or three sessions weekly	3.3	2.3	4.3
	Less than two sessions weekly	0.6	0.6	1.1
	<i>Total</i>	<i>15.6</i>	<i>23.8</i>	<i>29.1</i>
Two hours or more but less than five hours	More than three sessions weekly	5.5	17.8	18.9
	Two or three sessions weekly	7.7	9.2	13.8
	Less than two sessions weekly	3.2	3.5	5.8
	<i>Total</i>	<i>16.4</i>	<i>30.4</i>	<i>38.5</i>
Less than two hours	More than three sessions weekly	0.2*	2.8	2.9
	Two or three sessions weekly	1.8	8.3	9.2
	Less than two sessions weekly	6.9	15.1	20.3
	<i>Total</i>	<i>9.0</i>	<i>26.2</i>	<i>32.4</i>
Total	More than three sessions weekly	17.4	41.4	45.5
	Two or three sessions weekly	12.8	19.8	27.3
	Less than two sessions weekly	10.8	19.3	27.2
	Total	41.0	80.5	100.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport in the two weeks prior to interview in 2007

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

10.3 Regular participation in any physical activity

Table 9: All regular participants — regular participation in any physical activity (organised and non-organised) by demographics, 2007 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Regular participation rate (b) (%)	Number (‘000)	Regular participation rate (%)	Number (‘000)	Regular participation rate (%)
AGE GROUP (YEARS)						
15 to 24	613.4	42.7	580.1	41.8	1,193.4	42.2
25 to 34	528.8	37.5	704.8	49.3	1,233.6	43.5
35 to 44	597.5	40.3	711.8	46.4	1,309.3	43.4
45 to 54	513.4	36.8	737.8	51.1	1,251.3	44.0
55 to 64	463.2	41.0	587.2	51.3	1,050.4	46.2
65 and over	499.3	42.6	570.8	41.9	1,070.2	42.3
REGION						
Capital city	2,093.6	40.7	2,512.6	46.8	4,606.2	43.8
Rest of state	1,122.1	39.0	1,380.0	47.1	2,502.1	43.1
EMPLOYMENT STATUS						
Employed full time	1,853.2	39.3	1,200.9	49.2	3,054.2	42.7
Employed part time	418.1	41.8	1,130.1	47.8	1,548.2	46.0
Total employed	2,271.3	39.7	2,331.0	48.5	4,602.3	43.8
Unemployed	123.2	36.8	138.7	49.8	262.0	42.7
Not in the labour force	821.1	41.5	1,422.9	44.2	2,244.0	43.2
MARITAL STATUS						
Married	1,883.3	39.4	2,271.4	48.9	4,154.7	44.0
Not married	1,310.2	41.0	1,589.2	44.4	2,899.4	42.8
Refused/Do not know	22.2*	47.9*	32.0	42.6	54.2	44.6
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	861.9	38.3	1,258.8	45.7	2,120.7	42.4
At least one under 18 — none at home	95.2	40.7	14.3*	39.4*	109.4	40.5
No children under 18	2,258.6	40.8	2,619.5	47.5	4,878.1	44.1
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	995.9	46.4	1,119.2	53.7	2,115.1	50.0
Undergraduate diploma or associate diploma	249.9	43.4	366.5	50.8	616.4	47.5
Certificate, trade qualification or apprenticeship	499.0	37.8	483.2	49.2	982.1	42.7
Highest level of secondary school	732.9	40.2	843.2	42.2	1,576.1	41.2
Did not complete highest level of school	502.2	31.0	832.2	41.7	1,334.4	36.9
Never went to school	5.9**	44.7**	9.1*	37.8*	15.0*	40.3*
Still at secondary school	162.4	44.3	152.7	49.4	315.1	46.6
Other	51.1	43.2	53.7	51.6	104.8	47.2
Refused	16.4*	43.4*	32.8	39.8	49.2	40.9
Total	3,215.7	40.1	3,892.6	46.9	7,108.3	43.5

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, regular participation rate is the number of persons who participated in the activity at least three times per week on average, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

10.4 Total participation in organised physical activity

Table 10: All persons — participation in organised physical activity by frequency, age and sex, 2007 (a)

Sex	Age group (years)	None	Up to once per week (b)	Once or twice per week (c)	Three or four times per week (d)	Five or more times per week	Total
		Number ('000)					
Males	15 to 24	564.1	222.4	334.0	191.4	124.2	1,436.0
	25 to 34	752.9	224.0	259.5	119.0	52.9	1,408.3
	35 to 44	903.9	242.3	210.2	88.1	38.4	1,482.8
	45 to 54	968.8	183.5	148.6	59.7	35.9	1,396.5
	55 to 64	822.5	110.8	129.9	42.2	25.4*	1,130.8
	65 and over	827.0	86.8	161.1	69.3	27.3*	1,171.5
	TOTAL	4,839.1	1,069.7	1,243.3	569.8	304.0	8,025.9
Females	15 to 24	687.1	183.6	266.0	162.1	90.0	1,388.8
	25 to 34	836.3	184.0	244.9	102.6	61.5	1,429.3
	35 to 44	1,000.3	136.8	225.6	121.5	48.6	1,532.8
	45 to 54	991.2	122.7	188.8	106.5	35.0	1,444.2
	55 to 64	776.0	84.4	141.8	105.8	36.0	1,144.0
	65 and over	987.7	80.5	201.4	66.6	25.1*	1,361.3
	TOTAL	5,278.7	792.0	1,268.6	665.1	296.2	8,300.5
Persons	15 to 24	1,251.1	405.9	600.0	353.5	214.3	2,824.8
	25 to 34	1,589.2	408.1	504.4	221.5	114.3	2,837.6
	35 to 44	1,904.1	379.1	435.8	209.6	86.9	3,015.6
	45 to 54	1,960.0	306.1	337.4	166.2	70.9	2,840.7
	55 to 64	1,598.5	195.2	271.7	148.0	61.4	2,274.9
	65 and over	1,814.8	167.3	362.5	135.9	52.3	2,532.8
	TOTAL	10,117.8	1,861.7	2,511.9	1,234.8	600.2	16,326.4
Percentage of row							
Males	15 to 24	39.3	15.5	23.3	13.3	8.6	100.0
	25 to 34	53.5	15.9	18.4	8.4	3.8	100.0
	35 to 44	61.0	16.3	14.2	5.9	2.6	100.0
	45 to 54	69.4	13.1	10.6	4.3	2.6	100.0
	55 to 64	72.7	9.8	11.5	3.7	2.2*	100.0
	65 and over	70.6	7.4	13.8	5.9	2.3*	100.0
	TOTAL	60.3	13.3	15.5	7.1	3.8	100.0
Females	15 to 24	49.5	13.2	19.2	11.7	6.5	100.0
	25 to 34	58.5	12.9	17.1	7.2	4.3	100.0
	35 to 44	65.3	8.9	14.7	7.9	3.2	100.0
	45 to 54	68.6	8.5	13.1	7.4	2.4	100.0
	55 to 64	67.8	7.4	12.4	9.2	3.1	100.0
	65 and over	72.6	5.9	14.8	4.9	1.8*	100.0
	TOTAL	63.6	9.5	15.3	8.0	3.6	100.0
Persons	15 to 24	44.3	14.4	21.2	12.5	7.6	100.0
	25 to 34	56.0	14.4	17.8	7.8	4.0	100.0
	35 to 44	63.1	12.6	14.5	7.0	2.9	100.0
	45 to 54	69.0	10.8	11.9	5.9	2.5	100.0
	55 to 64	70.3	8.6	11.9	6.5	2.7	100.0
	65 and over	71.7	6.6	14.3	5.4	2.1	100.0
	TOTAL	62.0	11.4	15.4	7.6	3.7	100.0

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 11: Organised participants — participation in organised physical activity by cumulative frequency, age and sex, 2007 (a)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	222.4	649.6	464.4	315.6	872.0
	25 to 34	224.0	431.4	277.3	171.8	655.4
	35 to 44	242.3	336.7	198.1	126.5	578.9
	45 to 54	183.5	244.2	151.2	95.6	427.7
	55 to 64	110.8	197.5	112.6	67.6	308.3
	65 and over	86.8	257.7	176.8	96.6	344.5
	TOTAL		1,069.7	2,117.1	1,380.5	873.8
Females	15 to 24	183.6	518.2	373.7	252.1	701.7
	25 to 34	184.0	408.9	254.8	164.0	593.0
	35 to 44	136.8	395.7	267.1	170.1	532.5
	45 to 54	122.7	330.3	230.2	141.5	453.0
	55 to 64	84.4	283.6	198.6	141.8	368.0
	65 and over	80.5	293.1	178.2	91.7	373.6
	TOTAL		792.0	2,229.8	1,502.7	961.2
Persons	15 to 24	405.9	1,167.8	838.1	567.8	1,573.7
	25 to 34	408.1	840.3	532.1	335.9	1,248.4
	35 to 44	379.1	732.4	465.2	296.6	1,111.4
	45 to 54	306.1	574.6	381.4	237.1	880.7
	55 to 64	195.2	481.1	311.3	209.4	676.3
	65 and over	167.3	550.8	355.0	188.3	718.0
	TOTAL		1,861.7	4,346.9	2,883.2	1,835.0
Total participation rate (%) (b)						
Males	15 to 24	15.5	45.2	32.3	22.0	60.7
	25 to 34	15.9	30.6	19.7	12.2	46.5
	35 to 44	16.3	22.7	13.4	8.5	39.0
	45 to 54	13.1	17.5	10.8	6.8	30.6
	55 to 64	9.8	17.5	10.0	6.0	27.3
	65 and over	7.4	22.0	15.1	8.2	29.4
	TOTAL		13.3	26.4	17.2	10.9
Females	15 to 24	13.2	37.3	26.9	18.2	50.5
	25 to 34	12.9	28.6	17.8	11.5	41.5
	35 to 44	8.9	25.8	17.4	11.1	34.7
	45 to 54	8.5	22.9	15.9	9.8	31.4
	55 to 64	7.4	24.8	17.4	12.4	32.2
	65 and over	5.9	21.5	13.1	6.7	27.4
	TOTAL		9.5	26.9	18.1	11.6
Persons	15 to 24	14.4	41.3	29.7	20.1	55.7
	25 to 34	14.4	29.6	18.8	11.8	44.0
	35 to 44	12.6	24.3	15.4	9.8	36.9
	45 to 54	10.8	20.2	13.4	8.3	31.0
	55 to 64	8.6	21.1	13.7	9.2	29.7
	65 and over	6.6	21.7	14.0	7.4	28.3
	TOTAL		11.4	26.6	17.7	11.2

(a) Relates to persons aged 15 years and over who participated in organised physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

Table 12: Organised participants — total participation in organised activities by type of organisation, age and sex, 2007 (a)

Sex	Age group (years)	Fitness, leisure or indoor sports centre	Sport or recreation club or association	Work	School	Other	Total organised participation
		Number ('000)					
Males	15 to 24	233.5	668.7	15.5*	184.2	36.9	872.0
	25 to 34	221.8	498.5	23.3*	4.7**	64.4	655.4
	35 to 44	177.9	425.1	27.2*	7.5*	58.7	578.9
	45 to 54	109.5	322.5	16.0*	0.2**	49.1	427.7
	55 to 64	76.0	229.0	16.3*	0.8**	45.0	308.3
	65 and over	91.3	256.1	0.9**	0.0**	53.5	344.5
	TOTAL		910.1	2,400.0	99.2	197.3	307.7
Females	15 to 24	239.1	453.9	12.6*	188.3	61.3	701.7
	25 to 34	287.9	329.3	21.7*	10.7*	66.3	593.0
	35 to 44	256.0	311.3	13.6*	7.4*	47.8	532.5
	45 to 54	191.1	264.2	14.8*	5.1**	49.0	453.0
	55 to 64	151.9	220.5	1.9**	2.3**	60.6	368.0
	65 and over	137.0	211.1	1.1**	1.7**	87.3	373.6
	TOTAL		1,262.9	1,790.2	65.6	215.5	372.4
Persons	15 to 24	472.6	1,122.6	28.1	372.6	98.2	1,573.7
	25 to 34	509.7	827.8	45.0	15.4*	130.7	1,248.4
	35 to 44	433.9	736.4	40.7	15.0*	106.6	1,111.4
	45 to 54	300.6	586.7	30.8	5.3**	98.2	880.7
	55 to 64	227.9	449.5	18.2*	3.0**	105.5	676.3
	65 and over	228.3	467.1	2.0**	1.7**	140.9	718.0
	TOTAL		2,172.9	4,190.2	164.8	412.9	680.1

Total participation rate (%) (b)

Males	15 to 24	16.3	46.6	1.1*	12.8	2.6	60.7
	25 to 34	15.8	35.4	1.7*	0.3**	4.6	46.5
	35 to 44	12.0	28.7	1.8*	0.5*	4.0	39.0
	45 to 54	7.8	23.1	1.1*	0.0**	3.5	30.6
	55 to 64	6.7	20.3	1.4*	0.1**	4.0	27.3
	65 and over	7.8	21.9	0.1**	0.0**	4.6	29.4
	TOTAL		11.3	29.9	1.2	2.5	3.8
Females	15 to 24	17.2	32.7	0.9*	13.6	4.4	50.5
	25 to 34	20.1	23.0	1.5*	0.7*	4.6	41.5
	35 to 44	16.7	20.3	0.9*	0.5*	3.1	34.7
	45 to 54	13.2	18.3	1.0*	0.4**	3.4	31.4
	55 to 64	13.3	19.3	0.2**	0.2**	5.3	32.2
	65 and over	10.1	15.5	0.1**	0.1**	6.4	27.4
	TOTAL		15.2	21.6	0.8	2.6	4.5
Persons	15 to 24	16.7	39.7	1.0	13.2	3.5	55.7
	25 to 34	18.0	29.2	1.6	0.5*	4.6	44.0
	35 to 44	14.4	24.4	1.4	0.5*	3.5	36.9
	45 to 54	10.6	20.7	1.1	0.2**	3.5	31.0
	55 to 64	10.0	19.8	0.8*	0.1**	4.6	29.7
	65 and over	9.0	18.4	0.1**	0.1**	5.6	28.3
	TOTAL		13.3	25.7	1.0	2.5	4.2

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

10.5 Total participation in specific activities

Table 13: All participants — total participation in specific activities by type of activity, 2007 (a)

Activity	Number ('000)			Total participation rate (%) (b)		
	Organised	Non-organised	Total	Organised	Non-organised	Total
Aerobics/fitness	1610.1	1876.7	3,303.0	9.9	11.5	20.2
Aquarobics	110.9	46.2	152.2	0.7	0.3	0.9
Athletics/track and field	96.3	35.2	115.5	0.6	0.2	0.7
Australian football	241.5	82.3	308.7	1.5	0.5	1.9
Badminton	57.3	57.8	110.0	0.4	0.4	0.7
Baseball	27.2*	6.2**	32.5	0.2*	0.0**	0.2
Basketball	353.4	182.5	496.8	2.2	1.1	3.0
Billiards/snooker/pool	17.2*	18.6*	31.6	0.1*	0.1*	0.2
Boxing	35.0	38.1	72.3	0.2	0.2	0.4
Canoeing/kayaking	46.7	121.0	149.8	0.3	0.7	0.9
Carpet bowls	34.8	5.4**	39.4	0.2	0.0**	0.2
Cricket (indoor)	93.8	42.6	128.9	0.6	0.3	0.8
Cricket (outdoor)	264.1	171.9	412.0	1.6	1.1	2.5
Cycling	121.5	1,532.0	1,591.1	0.7	9.4	9.7
Dancing	216.5	119.6	301.2	1.3	0.7	1.8
Darts	13.1*	1.1**	13.3*	0.1*	0.0**	0.1*
Fishing	31.3	252.7	264.6	0.2	1.5	1.6
Football (indoor)	170.6	97.6	248.5	1.0	0.6	1.5
Football (outdoor)	418.0	304.9	683.0	2.6	1.9	4.2
Golf	513.2	488.9	915.0	3.1	3.0	5.6
Gymnastics	17.2*	24.6*	41.1	0.1*	0.2*	0.3
Hockey (indoor)	4.8**	0.8**	5.3**	0.0**	0.0**	0.0**
Hockey (outdoor)	94.6	11.3*	100.3	0.6	0.1*	0.6
Horse riding/equestrian activities/polocrosse	63.6	121.0	165.1	0.4	0.7	1.0
Ice/snow sports	26.0*	115.9	137.4	0.2*	0.7	0.8
Lawn bowls	229.1	17.6*	236.5	1.4	0.1*	1.4
Martial arts	259.0	74.5	308.4	1.6	0.5	1.9
Motor sports	75.4	136.6	178.6	0.5	0.8	1.1
Netball	438.9	103.4	518.4	2.7	0.6	3.2
Orienteering	23.9*	51.4	74.6	0.1*	0.3	0.5
Rock climbing	26.0*	42.3	61.9	0.2*	0.3	0.4
Roller sports	11.9*	74.6	79.7	0.1*	0.5	0.5
Rowing	46.0	28.8	70.0	0.3	0.2	0.4
Rugby league	138.0	45.6	175.2	0.8	0.3	1.1
Rugby union	106.9	27.3*	127.9	0.7	0.2*	0.8
Running	138.7	1,171.4	1,245.1	0.8	7.2	7.6
Sailing	48.7	46.0	82.4	0.3	0.3	0.5
Scuba diving	31.9	50.0	69.9	0.2	0.3	0.4
Shooting sports	37.2	40.1	66.2	0.2	0.2	0.4
Softball	55.3	2.9**	58.1	0.3	0.0**	0.4
Squash/racquetball	90.5	113.4	192.4	0.6	0.7	1.2
Surf sports	37.3	291.9	308.2	0.2	1.8	1.9
Swimming	305.1	1738.8	1,966.2	1.9	10.7	12.0
Table tennis	24.7*	38.9	58.4	0.2*	0.2	0.4
Tennis	427.2	602.3	951.2	2.6	3.7	5.8
Tenpin bowling	40.0	40.4	78.9	0.2	0.2	0.5
Touch football	276.3	118.0	369.5	1.7	0.7	2.3
Triathlon	55.4	7.4*	56.7	0.3	0.0*	0.3
Volleyball	86.9	41.0	122.7	0.5	0.3	0.8
Walking (bush)	102.9	862.5	926.5	0.6	5.3	5.7
Walking (other)	173.3	5309.7	5,390.0	1.1	32.5	33.0
Water polo	14.7*	2.8**	16.5*	0.1*	0.0**	0.1*
Waterskiing/powerboating	13.0*	87.5	94.5	0.1*	0.5	0.6
Weight training	101.3	257.7	347.4	0.6	1.6	2.1
Yoga	253.2	242.2	454.3	1.6	1.5	2.8

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 14: All participants — total participation in specific activities (organised and non-organised) by sex, 2007 (a)

Activity	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
Aerobics/fitness	1,218.1	15.2	2,084.9	25.1	3,303.0	20.2
Aquarobics	12.7*	0.2*	139.6	1.7	152.2	0.9
Athletics/track and field	61.9	0.8	53.6	0.6	115.5	0.7
Australian football	280.0	3.5	28.7	0.3	308.7	1.9
Badminton	52.9	0.7	57.1	0.7	110.0	0.7
Baseball	31.8	0.4	0.7**	0.0**	32.5	0.2
Basketball	325.7	4.1	171.1	2.1	496.8	3.0
Billiards/snooker/pool	21.5*	0.3*	10.0*	0.1*	31.6	0.2
Boxing	49.1	0.6	23.2*	0.3*	72.3	0.4
Canoeing/kayaking	85.0	1.1	64.8	0.8	149.8	0.9
Carpet bowls	12.5*	0.2*	26.9*	0.3*	39.4	0.2
Cricket (indoor)	123.5	1.5	5.4**	0.1**	128.9	0.8
Cricket (outdoor)	374.7	4.7	37.3	0.4	412.0	2.5
Cycling	1,055.1	13.1	536.0	6.5	1,591.1	9.7
Dancing	48.2	0.6	253.0	3.0	301.2	1.8
Darts	8.9*	0.1*	4.4**	0.1**	13.3*	0.1*
Fishing	235.0	2.9	29.6	0.4	264.6	1.6
Football (indoor)	206.5	2.6	42.0	0.5	248.5	1.5
Football (outdoor)	530.4	6.6	152.6	1.8	683.0	4.2
Golf	731.6	9.1	183.4	2.2	915.0	5.6
Gymnastics	12.1*	0.2*	29.0	0.3	41.1	0.3
Hockey (indoor)	3.1**	0.0**	2.3**	0.0**	5.3**	0.0**
Hockey (outdoor)	64.8	0.8	35.5	0.4	100.3	0.6
Horse riding/equestrian activities/polocrosse	46.0	0.6	119.1	1.4	165.1	1.0
Ice/snow sports	89.7	1.1	47.7	0.6	137.4	0.8
Lawn bowls	146.6	1.8	89.9	1.1	236.5	1.4
Martial arts	154.1	1.9	154.3	1.9	308.4	1.9
Motor sports	160.7	2.0	17.9*	0.2*	178.6	1.1
Netball	55.2	0.7	463.2	5.6	518.4	3.2
Orienteering	47.1	0.6	27.5*	0.3*	74.6	0.5
Rock climbing	40.7	0.5	21.2*	0.3*	61.9	0.4
Roller sports	61.9	0.8	17.8*	0.2*	79.7	0.5
Rowing	43.0	0.5	27.0*	0.3*	70.0	0.4
Rugby league	168.5	2.1	6.7**	0.1**	175.2	1.1
Rugby union	126.2	1.6	1.8**	0.0**	127.9	0.8
Running	766.8	9.6	478.3	5.8	1,245.1	7.6
Sailing	57.2	0.7	25.1*	0.3*	82.4	0.5
Scuba diving	56.7	0.7	13.2*	0.2*	69.9	0.4
Shooting sports	64.2	0.8	2.0**	0.0**	66.2	0.4
Softball	11.3*	0.1*	46.9	0.6	58.1	0.4
Squash/racquetball	139.1	1.7	53.3	0.6	192.4	1.2
Surf sports	256.7	3.2	51.4	0.6	308.2	1.9
Swimming	893.0	11.1	1,073.3	12.9	1,966.2	12.0
Table tennis	42.9	0.5	15.5*	0.2*	58.4	0.4
Tennis	533.2	6.6	418.0	5.0	951.2	5.8
Tenpin bowling	39.7	0.5	39.2	0.5	78.9	0.5
Touch football	246.8	3.1	122.7	1.5	369.5	2.3
Triathlon	48.6	0.6	8.1*	0.1*	56.7	0.3
Volleyball	70.4	0.9	52.3	0.6	122.7	0.8
Walking (bush)	409.0	5.1	517.5	6.2	926.5	5.7
Walking (other)	1,936.6	24.1	3,453.3	41.6	5,390.0	33.0
Water polo	8.3*	0.1*	8.2*	0.1*	16.5*	0.1*
Waterskiing/powerboating	59.4	0.7	35.1	0.4	94.5	0.6
Weight training	210.9	2.6	136.5	1.6	347.4	2.1
Yoga	66.2	0.8	388.1	4.7	454.3	2.8

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 15: All participants — total participation in specific activities (organised and non-organised) by age, 2007 (a)

Activity	Number ('000)						Total
	15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	
Aerobics/fitness	623.5	714.0	707.5	532.4	399.6	325.9	3,303.0
Aquarobics	2.1**	19.0*	7.1**	22.3*	36.4	65.2	152.2
Athletics/track and field	92.4	8.7*	5.8**	3.1**	3.7**	1.8**	115.5
Australian football	163.4	72.5	52.0	16.9*	1.5**	2.5**	308.7
Badminton	47.5	24.1*	22.2*	8.7*	4.2**	3.2**	110.0
Baseball	12.0*	4.9**	6.2**	8.6*	0.8**	0.0**	32.5
Basketball	301.0	117.1	45.9	26.6*	5.0**	1.1**	496.8
Billiards/snooker/pool	7.2**	5.7**	1.5**	4.8**	3.5**	8.8*	31.6
Boxing	32.3	14.9*	16.6*	6.7**	0.8**	1.0**	72.3
Canoeing/kayaking	20.1*	26.5*	36.5	43.5	18.5*	4.7**	149.8
Carpet bowls	0.0**	0.0**	0.0**	0.7**	5.0**	33.7	39.4
Cricket (indoor)	55.8	48.1	13.8*	7.5*	2.8**	0.9**	128.9
Cricket (outdoor)	154.9	119.6	90.2	40.2	1.3**	5.8**	412.0
Cycling	187.5	358.2	469.5	331.1	160.8	84.0	1,591.1
Dancing	81.9	46.1	28.7	46.2	42.2	56.1	301.2
Darts	2.0**	1.2**	0.9**	2.8**	2.8**	3.6**	13.3*
Fishing	10.5*	40.0	55.0	72.8	54.2	32.1	264.6
Football (indoor)	146.8	62.4	31.6	7.8*	0.0**	0.0**	248.5
Football (outdoor)	376.3	126.3	124.0	46.7	7.1**	2.6**	683.0
Golf	58.8	117.5	147.3	194.7	196.6	200.1	915.0
Gymnastics	14.9*	13.6*	4.8**	6.7**	0.2**	0.8**	41.1
Hockey (indoor)	3.8**	0.4**	0.9**	0.1**	0.2**	0.0**	5.3**
Hockey (outdoor)	46.1	14.2*	23.4*	13.7*	0.9**	1.9**	100.3
Horse riding/equestrian activities/polocrosse	22.6*	35.1	47.8	41.3	14.6*	3.5**	165.1
Ice/snow sports	31.2	36.5	23.2*	29.3	12.7*	4.5**	137.4
Lawn bowls	7.6*	10.2*	10.6*	25.4*	54.4	128.4	236.5
Martial arts	88.2	76.0	47.0	28.5	23.3*	45.4	308.4
Motor sports	42.8	42.1	51.2	24.6*	13.4*	4.4**	178.6
Netball	244.9	157.4	92.1	22.3*	1.5**	0.2**	518.4
Orienteering	29.9	23.7*	11.4*	5.5**	2.6**	1.5**	74.6
Rock climbing	29.5	17.8*	4.4**	5.9**	3.2**	1.0**	61.9
Roller sports	39.9	24.0*	9.8*	4.3**	0.0**	1.8**	79.7
Rowing	30.1	6.9**	8.7*	10.0*	12.3*	2.1**	70.0
Rugby league	127.1	30.2	10.3*	3.3**	4.3**	0.0**	175.2
Rugby union	85.6	24.4*	11.0*	6.7**	0.1**	0.0**	127.9
Running	301.1	374.8	306.6	167.5	74.3	20.7*	1,245.1
Sailing	6.4**	3.5**	19.0*	27.8*	19.8*	6.0**	82.4
Scuba diving	11.2*	25.6*	19.4*	12.6*	1.0**	0.1**	69.9
Shooting sports	14.2*	9.7*	11.8*	13.5*	7.4*	9.5*	66.2
Softball	23.9*	13.4*	12.4*	4.6**	3.9**	0.0**	58.1
Squash/racquetball	33.4	44.0	57.6	42.4	10.8*	4.3**	192.4
Surf sports	78.3	75.7	64.7	63.9	19.3*	6.3**	308.2
Swimming	333.2	414.1	466.3	382.6	222.6	147.4	1,966.2
Table tennis	16.0*	5.6**	9.8*	7.6*	10.5*	8.9*	58.4
Tennis	227.6	148.8	200.6	187.8	111.8	74.6	951.2
Tenpin bowling	7.5*	12.5*	16.5*	20.8*	8.0*	13.5*	78.9
Touch football	178.9	94.6	73.7	22.4*	0.0**	0.0**	369.5
Triathlon	1.4**	25.3*	20.6*	5.1**	4.3**	0.0**	56.7
Volleyball	64.6	23.7*	26.4*	6.5**	1.5**	0.0**	122.7
Walking (bush)	59.8	162.6	204.6	216.2	180.5	102.8	926.5
Walking (other)	358.0	811.1	1,019.6	1,168.9	1,012.7	1,019.6	5,390.0
Water polo	8.0*	0.9**	5.2**	2.4**	0.0**	0.0**	16.5*
Waterskiing/powerboating	23.1*	26.9*	21.1*	15.7*	7.3**	0.4**	94.5
Weight training	56.7	76.3	83.1	60.8	35.0	35.7	347.4
Yoga	40.7	105.5	112.2	98.1	62.4	35.3	454.3

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

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** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 15 continued: All participants — total participation in specific activities (organised and non-organised) by age, 2007

Activity	Total participation rate (%) (b)						Total
	15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	
Aerobics/fitness	22.1	25.2	23.5	18.7	17.6	12.9	20.2
Aquarobics	0.1**	0.7*	0.2**	0.8*	1.6	2.6	0.9
Athletics/track and field	3.3	0.3*	0.2**	0.1**	0.2**	0.1**	0.7
Australian football	5.8	2.6	1.7	0.6*	0.1**	0.1**	1.9
Badminton	1.7	0.8*	0.7*	0.3*	0.2**	0.1**	0.7
Baseball	0.4*	0.2**	0.2**	0.3*	0.0**	0.0**	0.2
Basketball	10.7	4.1	1.5	0.9*	0.2**	0.0**	3.0
Billiards/snooker/pool	0.3**	0.2**	0.1**	0.2**	0.2**	0.3*	0.2
Boxing	1.1	0.5*	0.5*	0.2**	0.0**	0.0**	0.4
Canoeing/kayaking	0.7*	0.9*	1.2	1.5	0.8*	0.2**	0.9
Carpet bowls	0.0**	0.0**	0.0**	0.0**	0.2**	1.3	0.2
Cricket (indoor)	2.0	1.7	0.5*	0.3*	0.1**	0.0**	0.8
Cricket (outdoor)	5.5	4.2	3.0	1.4	0.1**	0.2**	2.5
Cycling	6.6	12.6	15.6	11.7	7.1	3.3	9.7
Dancing	2.9	1.6	1.0	1.6	1.9	2.2	1.8
Darts	0.1**	0.0**	0.0**	0.1**	0.1**	0.1**	0.1*
Fishing	0.4*	1.4	1.8	2.6	2.4	1.3	1.6
Football (indoor)	5.2	2.2	1.0	0.3*	0.0**	0.0**	1.5
Football (outdoor)	13.3	4.5	4.1	1.6	0.3**	0.1**	4.2
Golf	2.1	4.1	4.9	6.9	8.6	7.9	5.6
Gymnastics	0.5*	0.5*	0.2**	0.2**	0.0**	0.0**	0.3
Hockey (indoor)	0.1**	0.0**	0.0**	0.0**	0.0**	0.0**	0.0**
Hockey (outdoor)	1.6	0.5*	0.8*	0.5*	0.0**	0.1**	0.6
Horse riding/equestrian activities/polocrosse	0.8*	1.2	1.6	1.5	0.6*	0.1**	1.0
Ice/snow sports	1.1	1.3	0.8*	1.0	0.6*	0.2**	0.8
Lawn bowls	0.3*	0.4*	0.4*	0.9*	2.4	5.1	1.4
Martial arts	3.1	2.7	1.6	1.0	1.0*	1.8	1.9
Motor sports	1.5	1.5	1.7	0.9*	0.6*	0.2**	1.1
Netball	8.7	5.5	3.1	0.8*	0.1**	0.0**	3.2
Orienteering	1.1	0.8*	0.4*	0.2**	0.1**	0.1**	0.5
Rock climbing	1.0	0.6*	0.1**	0.2**	0.1**	0.0**	0.4
Roller sports	1.4	0.8*	0.3*	0.1**	0.0**	0.1**	0.5
Rowing	1.1	0.2**	0.3*	0.4*	0.5*	0.1**	0.4
Rugby league	4.5	1.1	0.3*	0.1**	0.2**	0.0**	1.1
Rugby union	3.0	0.9*	0.4*	0.2**	0.0**	0.0**	0.8
Running	10.7	13.2	10.2	5.9	3.3	0.8*	7.6
Sailing	0.2**	0.1**	0.6*	1.0*	0.9*	0.2**	0.5
Scuba diving	0.4*	0.9*	0.6*	0.4*	0.0**	0.0**	0.4
Shooting sports	0.5*	0.3*	0.4*	0.5*	0.3*	0.4*	0.4
Softball	0.8*	0.5*	0.4*	0.2**	0.2**	0.0**	0.4
Squash/racquetball	1.2	1.6	1.9	1.5	0.5*	0.2**	1.2
Surf sports	2.8	2.7	2.1	2.2	0.8*	0.2**	1.9
Swimming	11.8	14.6	15.5	13.5	9.8	5.8	12.0
Table tennis	0.6*	0.2**	0.3*	0.3*	0.5*	0.4*	0.4
Tennis	8.1	5.2	6.7	6.6	4.9	2.9	5.8
Tenpin bowling	0.3*	0.4*	0.5*	0.7*	0.4*	0.5*	0.5
Touch football	6.3	3.3	2.4	0.8*	0.0**	0.0**	2.3
Triathlon	0.1**	0.9*	0.7*	0.2**	0.2**	0.0**	0.3
Volleyball	2.3	0.8*	0.9*	0.2**	0.1**	0.0**	0.8
Walking (bush)	2.1	5.7	6.8	7.6	7.9	4.1	5.7
Walking (other)	12.7	28.6	33.8	41.1	44.5	40.3	33.0
Water polo	0.3*	0.0**	0.2**	0.1**	0.0**	0.0**	0.1*
Waterskiing/powerboating	0.8*	0.9*	0.7*	0.6*	0.3**	0.0**	0.6
Weight training	2.0	2.7	2.8	2.1	1.5	1.4	2.1
Yoga	1.4	3.7	3.7	3.5	2.7	1.4	2.8

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 16: All participants — participation in specific activities (organised and non-organised) by frequency, 2007 (a)

Activity	Number ('000)						Total
	1-6 times per year	7-12 times per year	13-26 times per year	27-52 times per year	53-104 times per year	More than 104 times per year	
Aerobics/fitness	126.3	117.5	198.3	527.8	778.0	1,555.1	3,303.0
Aquarobics	16.7*	8.7*	18.3*	43.7	40.1	24.7*	152.2
Athletics/track and field	28.7	7.9*	13.5*	32.5	22.8*	10.0*	115.5
Australian football	33.5	31.1	54.0	66.8	75.0	48.4	308.7
Badminton	20.1*	10.5*	24.4*	38.7	13.3*	3.0**	110.0
Baseball	2.4**	4.2**	6.2**	9.9*	5.9**	3.9**	32.5
Basketball	45.6	48.8	69.5	191.3	72.4	69.1	496.8
Billiards/snooker/pool	1.0**	0.2**	1.3**	13.2*	4.4**	11.6*	31.6
Boxing	2.9**	7.4*	5.9**	14.9*	24.9*	16.3*	72.3
Canoeing/kayaking	59.8	30.7	21.9*	16.0*	15.1*	6.3**	149.8
Carpet bowls	1.3**	0.7**	3.1**	11.9*	14.6*	7.8*	39.4
Cricket (indoor)	24.1*	10.3*	27.5*	46.5	14.0*	6.4**	128.9
Cricket (outdoor)	95.1	62.5	75.9	105.1	46.0	27.4*	412.0
Cycling	142.2	197.5	221.3	304.9	284.5	440.8	1,591.1
Dancing	30.6	29.5	27.3*	95.9	60.8	57.0	301.2
Darts	0.2**	0.0**	3.4**	6.3**	0.0**	3.4**	13.3*
Fishing	51.7	68.1	55.9	46.9	24.3*	17.7*	264.6
Football (indoor)	27.4*	28.0	51.9	91.0	31.1	19.2*	248.5
Football (outdoor)	80.3	76.8	117.4	179.5	132.4	96.6	683.0
Golf	191.3	125.8	136.5	216.0	178.2	67.2	915.0
Gymnastics	0.5**	10.1*	0.0**	3.1**	8.5*	18.8*	41.1
Hockey (indoor)	0.1**	0.4**	2.0**	2.1**	0.8**	0.0**	5.3**
Hockey (outdoor)	2.4**	2.5**	20.1*	33.3	21.9*	20.2*	100.3
Horse riding/equestrian activities/polocrosse	27.8*	14.5*	25.3*	28.8	19.0*	49.7	165.1
Ice/snow sports	59.9	31.5	27.7*	4.9**	6.2**	7.1**	137.4
Lawn bowls	21.1*	24.9*	26.3*	46.0	60.6	57.6	236.5
Martial arts	18.1*	23.4*	11.7*	78.8	62.4	113.9	308.4
Motor sports	31.9	43.1	48.1	42.3	6.2**	6.9**	178.6
Netball	37.2	64.8	67.1	205.6	91.3	52.4	518.4
Orienteering	13.1*	3.3**	5.8**	11.1*	14.5*	26.8*	74.6
Rock climbing	30.2	8.5*	16.6*	5.5**	1.0**	0.0**	61.9
Roller sports	11.6*	5.6**	12.1*	16.0*	12.1*	22.4*	79.7
Rowing	4.3**	4.3**	7.9*	8.3*	27.7*	17.5*	70.0
Rugby league	8.9*	22.8*	33.9	34.7	36.8	38.2	175.2
Rugby union	6.1**	18.1*	14.1*	26.9*	23.7*	39.0	127.9
Running	101.0	57.2	82.9	267.9	310.7	425.4	1,245.1
Sailing	24.8*	13.2*	19.8*	13.9*	6.6**	4.0**	82.4
Scuba diving	18.0*	16.9*	16.3*	12.6*	4.4**	1.6**	69.9
Shooting sports	28.2	12.9*	14.9*	9.4*	0.7**	0.1**	66.2
Softball	8.6*	5.3**	15.1*	15.0*	11.1*	3.0**	58.1
Squash/racquetball	23.9*	22.4*	40.1	58.1	32.5	15.4*	192.4
Surf sports	41.6	36.1	70.2	61.9	51.6	46.7	308.2
Swimming	197.3	251.3	361.3	505.8	336.5	314.0	1,966.2
Table tennis	9.5*	6.1**	7.0**	24.1*	5.9**	5.8**	58.4
Tennis	176.7	124.6	158.4	310.5	105.7	75.2	951.2
Tenpin bowling	30.9	6.0**	4.2**	31.3	5.5**	0.9**	78.9
Touch football	47.6	52.1	62.2	155.8	28.4	23.5*	369.5
Triathlon	20.8*	5.0**	6.8**	2.2**	5.2**	16.7*	56.7
Volleyball	33.9	14.7*	11.9*	36.2	16.8*	9.2*	122.7
Walking (bush)	247.2	197.9	104.1	97.4	72.8	207.1	926.5
Walking (other)	98.9	166.1	240.9	664.4	906.1	3,313.6	5,390.0
Water polo	3.1**	1.2**	3.8**	2.7**	4.1**	1.6**	16.5*
Waterskiing/powerboating	22.0*	25.6*	21.5*	10.3*	10.2*	4.8**	94.5
Weight training	12.6*	11.5*	28.3	59.8	80.4	154.8	347.4
Yoga	42.9	33.7	57.2	151.5	85.8	83.3	454.3

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 16 continued: All participants — participation in specific activities (organised and non-organised) by frequency, 2007

Activity	Total participation rate (%) (b)						Total	Mean times per year	Median times per year
	1-6 times per year	7-12 times per year	13-26 times per year	27-52 times per year	53-104 times per year	More than 104 times per year			
Aerobics/fitness	0.8	0.7	1.2	3.2	4.8	9.5	20.2	132.0	104.0
Aquarobics	0.1*	0.1*	0.1*	0.3	0.2	0.2*	0.9	70.7	52.0
Athletics/track and field	0.2	0.0*	0.1*	0.2	0.1*	0.1*	0.7	54.0	50.0
Australian football	0.2	0.2	0.3	0.4	0.5	0.3	1.9	62.3	50.0
Badminton	0.1*	0.1*	0.1*	0.2	0.1*	0.0**	0.7	39.7	28.0
Baseball	0.0**	0.0**	0.0**	0.1*	0.0**	0.0**	0.2	62.4	37.0
Basketball	0.3	0.3	0.4	1.2	0.4	0.4	3.0	62.9	52.0
Billiards/snooker/pool	0.0**	0.0**	0.0**	0.1*	0.0**	0.1*	0.2	123.9	59.0
Boxing	0.0**	0.0*	0.0**	0.1*	0.2*	0.1*	0.4	90.3	100.0
Canoeing/kayaking	0.4	0.2	0.1*	0.1*	0.1*	0.0**	0.9	27.7	10.0
Carpet bowls	0.0**	0.0**	0.0**	0.1*	0.1*	0.0*	0.2	90.8	72.0
Cricket (indoor)	0.1*	0.1*	0.2*	0.3	0.1*	0.0**	0.8	42.1	30.0
Cricket (outdoor)	0.6	0.4	0.5	0.6	0.3	0.2*	2.5	37.5	20.0
Cycling	0.9	1.2	1.4	1.9	1.7	2.7	9.7	101.5	52.0
Dancing	0.2	0.2	0.2*	0.6	0.4	0.3	1.8	76.7	52.0
Darts	0.0**	0.0**	0.0**	0.0**	0.0**	0.0**	0.1*	76*	52*
Fishing	0.3	0.4	0.3	0.3	0.1*	0.1*	1.6	37.5	20.0
Football (indoor)	0.2*	0.2	0.3	0.6	0.2	0.1*	1.5	46.7	40.0
Football (outdoor)	0.5	0.5	0.7	1.1	0.8	0.6	4.2	61.3	50.0
Golf	1.2	0.8	0.8	1.3	1.1	0.4	5.6	47.4	30.0
Gymnastics	0.0**	0.1*	0.0**	0.0**	0.1*	0.1*	0.3	118.7	104.0
Hockey (indoor)	0.0**	0.0**	0.0**	0.0**	0.0**	0.0**	0.0**	37.4**	35**
Hockey (outdoor)	0.0**	0.0**	0.1*	0.2	0.1*	0.1*	0.6	75.0	52.0
Horse riding/equestrian activities/polocrosse	0.2*	0.1*	0.2*	0.2	0.1*	0.3	1.0	102.2	52.0
Ice/snow sports	0.4	0.2	0.2*	0.0**	0.0**	0.0**	0.8	22.8	7.0
Lawn bowls	0.1*	0.2*	0.2*	0.3	0.4	0.4	1.4	76.7	52.0
Martial arts	0.1*	0.1*	0.1*	0.5	0.4	0.7	1.9	118.9	104.0
Motor sports	0.2	0.3	0.3	0.3	0.0**	0.0**	1.1	29.5	24.0
Netball	0.2	0.4	0.4	1.3	0.6	0.3	3.2	58.3	52.0
Orienteering	0.1*	0.0**	0.0**	0.1*	0.1*	0.2*	0.5	103.1	104.0
Rock climbing	0.2	0.1*	0.1*	0.0**	0.0**	0.0**	0.4	14.9	10.0
Roller sports	0.1*	0.0**	0.1*	0.1*	0.1*	0.1*	0.5	125.0	52.0
Rowing	0.0**	0.0**	0.0*	0.1*	0.2*	0.1*	0.4	105.2	104.0
Rugby league	0.1*	0.1*	0.2	0.2	0.2	0.2	1.1	68.7	52.0
Rugby union	0.0**	0.1*	0.1*	0.2*	0.1*	0.2	0.8	83.1	52.0
Running	0.6	0.4	0.5	1.6	1.9	2.6	7.6	109.7	100.0
Sailing	0.2*	0.1*	0.1*	0.1*	0.0**	0.0**	0.5	33.5	16.0
Scuba diving	0.1*	0.1*	0.1*	0.1*	0.0**	0.0**	0.4	24.0	13.0
Shooting sports	0.2	0.1*	0.1*	0.1*	0.0**	0.0**	0.4	16.0	10.0
Softball	0.1*	0.0**	0.1*	0.1*	0.1*	0.0**	0.4	44.0	27.0
Squash/racquetball	0.1*	0.1*	0.2	0.4	0.2	0.1*	1.2	49.6	40.0
Surf sports	0.3	0.2	0.4	0.4	0.3	0.3	1.9	65.4	30.0
Swimming	1.2	1.5	2.2	3.1	2.1	1.9	12.0	66.1	48.0
Table tennis	0.1*	0.0**	0.0**	0.1*	0.0**	0.0**	0.4	49.3	40.0
Tennis	1.1	0.8	1.0	1.9	0.6	0.5	5.8	45.4	30.0
Tenpin bowling	0.2	0.0**	0.0**	0.2	0.0**	0.0**	0.5	31.1	24.0
Touch football	0.3	0.3	0.4	1.0	0.2	0.1*	2.3	44.2	32.0
Triathlon	0.1*	0.0**	0.0**	0.0**	0.0**	0.1*	0.3	131.2	20.0
Volleyball	0.2	0.1*	0.1*	0.2	0.1*	0.1*	0.8	44.0	30.0
Walking (bush)	1.5	1.2	0.6	0.6	0.4	1.3	5.7	76.9	15.0
Walking (other)	0.6	1.0	1.5	4.1	5.5	20.3	33.0	188.0	156.0
Water polo	0.0**	0.0**	0.0**	0.0**	0.0**	0.0**	0.1*	69.2*	36*
Waterskiing/powerboating	0.1*	0.2*	0.1*	0.1*	0.1*	0.0**	0.6	34.5	12.0
Weight training	0.1*	0.1*	0.2	0.4	0.5	0.9	2.1	128.5	104.0
Yoga	0.3	0.2	0.4	0.9	0.5	0.5	2.8	81.7	52.0

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

10.6 Total participation in specific organised activities

Table 17: Organised participants — total participation in specific organised activities by age, 2007 (a)

Activity	Number ('000)						Total
	15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	
Aerobics/fitness	308.3	370.0	341.7	238.2	195.0	157.0	1,610.1
Aquarobics	0.6**	11.9*	4.6**	17.6*	26.7*	49.3	110.9
Athletics/track and field	79.7	4.9**	5.8**	0.8**	3.4**	1.8**	96.3
Australian football	139.4	49.5	37.9	10.9*	1.3**	2.5**	241.5
Badminton	21.8*	10.1*	13.2*	6.2**	3.4**	2.7**	57.3
Baseball	8.5*	4.9**	5.4**	7.6*	0.8**	0.0**	27.2*
Basketball	216.9	78.5	33.3	21.0*	2.6**	1.1**	353.4
Billiards/snooker/pool	3.3**	5.7**	0.5**	4.7**	0.2**	2.7**	17.2*
Boxing	15.5*	7.3**	9.7*	0.7**	0.8**	1.0**	35.0
Canoeing/kayaking	14.7*	8.3*	10.7*	7.5*	4.4**	1.1**	46.7
Carpet bowls	0.0**	0.0**	0.0**	0.7**	5.0**	29.2	34.8
Cricket (indoor)	42.6	30.7	10.4*	6.5**	2.8**	0.9**	93.8
Cricket (outdoor)	104.0	83.4	51.4	21.2*	0.9**	3.2**	264.1
Cycling	13.7*	27.3*	36.0	21.3*	14.6*	8.6*	121.5
Dancing	64.9	36.3	13.6*	27.9*	30.3	43.4	216.5
Darts	2.0**	1.1**	0.9**	2.7**	2.8**	3.6**	13.1*
Fishing	0.8**	3.5**	6.4**	5.8**	10.0*	4.7**	31.3
Football (indoor)	94.2	45.3	24.6*	6.5**	0.0**	0.0**	170.6
Football (outdoor)	254.8	67.2	66.2	25.5*	3.4**	0.9**	418.0
Golf	37.0	26.5*	69.7	97.9	138.6	143.6	513.2
Gymnastics	7.0**	1.6**	3.1**	5.5**	0.0**	0.0**	17.2*
Hockey (indoor)	3.8**	0.3**	0.6**	0.1**	0.0**	0.0**	4.8**
Hockey (outdoor)	44.6	13.2*	20.3*	13.7*	0.9**	1.9**	94.6
Horse riding/equestrian activities/polocrosse	4.3**	10.7*	16.9*	22.3*	8.7*	0.8**	63.6
Ice/snow sports	8.2*	4.9**	6.4**	2.9**	1.6**	2.0**	26.0*
Lawn bowls	7.6*	10.2*	10.6*	21.1*	54.2	125.4	229.1
Martial arts	77.5	67.7	41.0	27.0*	14.9*	31.0	259.0
Motor sports	8.9*	16.6*	24.4*	14.5*	8.5*	2.5**	75.4
Netball	197.5	145.2	74.2	20.5*	1.4**	0.2**	438.9
Orienteering	15.8*	1.2**	2.6**	2.3**	0.5**	1.5**	23.9*
Rock climbing	11.8*	11.5*	0.2**	0.7**	2.0**	0.0**	26.0*
Roller sports	4.3**	4.4**	0.2**	2.2**	0.0**	0.8**	11.9*
Rowing	27.1*	4.4**	2.9**	4.6**	4.8**	2.1**	46.0
Rugby league	101.1	26.5*	5.6**	3.3**	1.5**	0.0**	138.0
Rugby union	72.3	19.5*	8.2*	6.7**	0.1**	0.0**	106.9
Running	13.6*	48.2	30.0	24.2*	13.8*	8.9*	138.7
Sailing	6.0**	2.3**	8.6*	14.8*	15.8*	1.1**	48.7
Scuba diving	2.6**	13.1*	12.3*	3.8**	0.0**	0.1**	31.9
Shooting sports	2.7**	4.5**	4.3**	11.2*	5.5**	9.0*	37.2
Softball	23.9*	13.4*	9.6*	4.6**	3.9**	0.0**	55.3
Squash/racquetball	13.2*	14.5*	26.9*	23.1*	10.5*	2.4**	90.5
Surf sports	8.5*	12.0*	1.7**	8.9*	5.3**	0.9**	37.3
Swimming	100.8	61.4	50.0	37.0	33.1	22.7*	305.1
Table tennis	4.4**	2.0**	3.8**	4.1**	3.8**	6.4**	24.7*
Tennis	113.7	55.1	83.5	77.2	51.9	45.7	427.2
Tenpin bowling	4.4**	4.8**	7.4*	8.8*	4.2**	10.6*	40.0
Touch football	121.0	75.6	62.2	17.5*	0.0**	0.0**	276.3
Triathlon	1.4**	24.1*	20.6*	4.9**	4.3**	0.0**	55.4
Volleyball	45.0	14.9*	19.2*	6.2**	1.5**	0.0**	86.9
Walking (bush)	12.8*	3.8**	6.6**	24.2*	27.0*	28.6	102.9
Walking (other)	7.7*	13.4*	21.9*	43.9	46.0	40.4	173.3
Water polo	6.4**	0.7**	5.2**	2.4**	0.0**	0.0**	14.7*
Waterskiing/powerboating	2.9**	6.2**	2.2**	0.7**	0.8**	0.1**	13.0*
Weight training	15.4*	22.3*	24.2*	14.6*	12.6*	12.2*	101.3
Yoga	27.0*	57.8	64.2	53.5	36.6	14.0*	253.2

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 17 continued: Organised participants — total participation in specific organised activities by age, 2007

Activity	Total participation rate (%) (b)						Total
	15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	
Aerobics/fitness	10.9	13.0	11.3	8.4	8.6	6.2	9.9
Aquarobics	0.0**	0.4*	0.2**	0.6*	1.2*	1.9	0.7
Athletics/track and field	2.8	0.2**	0.2**	0.0**	0.2**	0.1**	0.6
Australian football	4.9	1.7	1.3	0.4*	0.1**	0.1**	1.5
Badminton	0.8*	0.4*	0.4*	0.2**	0.1**	0.1**	0.4
Baseball	0.3*	0.2**	0.2**	0.3*	0.0**	0.0**	0.2*
Basketball	7.7	2.8	1.1	0.7*	0.1**	0.0**	2.2
Billiards/snooker/pool	0.1**	0.2**	0.0**	0.2**	0.0**	0.1**	0.1*
Boxing	0.5*	0.3**	0.3*	0.0**	0.0**	0.0**	0.2
Canoeing/kayaking	0.5*	0.3*	0.4*	0.3*	0.2**	0.0**	0.3
Carpet bowls	0.0**	0.0**	0.0**	0.0**	0.2**	1.2	0.2
Cricket (indoor)	1.5	1.1	0.3*	0.2**	0.1**	0.0**	0.6
Cricket (outdoor)	3.7	2.9	1.7	0.7*	0.0**	0.1**	1.6
Cycling	0.5*	1.0*	1.2	0.8*	0.6*	0.3*	0.7
Dancing	2.3	1.3	0.5*	1.0*	1.3	1.7	1.3
Darts	0.1**	0.0**	0.0**	0.1**	0.1**	0.1**	0.1*
Fishing	0.0**	0.1**	0.2**	0.2**	0.4*	0.2**	0.2
Football (indoor)	3.3	1.6	0.8*	0.2**	0**	0.0**	1.0
Football (outdoor)	9.0	2.4	2.2	0.9*	0.1**	0.0**	2.6
Golf	1.3	0.9*	2.3	3.4	6.1	5.7	3.1
Gymnastics	0.2**	0.1**	0.1**	0.2**	0.0**	0.0**	0.1*
Hockey (indoor)	0.1**	0.0**	0.0**	0.0**	0.0**	0.0**	0.0**
Hockey (outdoor)	1.6	0.5*	0.7*	0.5*	0.0**	0.1**	0.6
Horse riding/equestrian activities/polocrosse	0.2**	0.4*	0.6*	0.8*	0.4*	0.0**	0.4
Ice/snow sports	0.3*	0.2**	0.2**	0.1**	0.1**	0.1**	0.2*
Lawn bowls	0.3*	0.4*	0.4*	0.7*	2.4	5.0	1.4
Martial arts	2.7	2.4	1.4	0.9*	0.7*	1.2	1.6
Motor sports	0.3*	0.6*	0.8*	0.5*	0.4*	0.1**	0.5
Netball	7.0	5.1	2.5	0.7*	0.1**	0.0**	2.7
Orienteering	0.6*	0.0**	0.1**	0.1**	0.0**	0.1**	0.1*
Rock climbing	0.4*	0.4*	0.0**	0.0**	0.1**	0.0**	0.2*
Roller sports	0.2**	0.2**	0.0**	0.1**	0.0**	0.0**	0.1*
Rowing	1.0*	0.2**	0.1**	0.2**	0.2**	0.1**	0.3
Rugby league	3.6	0.9*	0.2**	0.1**	0.1**	0.0**	0.8
Rugby union	2.6	0.7*	0.3*	0.2**	0.0**	0.0**	0.7
Running	0.5*	1.7	1.0	0.9*	0.6*	0.3*	0.8
Sailing	0.2**	0.1**	0.3*	0.5*	0.7*	0.0**	0.3
Scuba diving	0.1**	0.5*	0.4*	0.1**	0.0**	0.0**	0.2
Shooting sports	0.1**	0.2**	0.1**	0.4*	0.2**	0.4*	0.2
Softball	0.8*	0.5*	0.3*	0.2**	0.2**	0.0**	0.3
Squash/racquetball	0.5*	0.5*	0.9*	0.8*	0.5*	0.1**	0.6
Surf sports	0.3*	0.4*	0.1**	0.3*	0.2**	0.0**	0.2
Swimming	3.6	2.2	1.7	1.3	1.5	0.9*	1.9
Table tennis	0.2**	0.1**	0.1**	0.1**	0.2**	0.3**	0.2*
Tennis	4.0	1.9	2.8	2.7	2.3	1.8	2.6
Tenpin bowling	0.2**	0.2**	0.2*	0.3*	0.2**	0.4*	0.2
Touch football	4.3	2.7	2.1	0.6*	0.0**	0.0**	1.7
Triathlon	0.1**	0.8*	0.7*	0.2**	0.2**	0.0**	0.3
Volleyball	1.6	0.5*	0.6*	0.2**	0.1**	0.0**	0.5
Walking (bush)	0.5*	0.1**	0.2**	0.9*	1.2*	1.1	0.6
Walking (other)	0.3*	0.5*	0.7*	1.5	2.0	1.6	1.1
Water polo	0.2**	0.0**	0.2**	0.1**	0.0**	0.0**	0.1*
Waterskiing/powerboating	0.1**	0.2**	0.1**	0.0**	0.0**	0.0**	0.1*
Weight training	0.5*	0.8*	0.8*	0.5*	0.6*	0.5*	0.6
Yoga	1.0*	2.0	2.1	1.9	1.6	0.6*	1.6

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group.

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

10.7 State data (all states)

Table 18: All participants — total participation in any physical activity by states and territories, age and sex, 2007 (a)

		ACT	NSW	NT	QLD	SA	TAS	VIC	WA	AUSTRALIA
Sex	Age group (years)	Number ('000)								
Males	15 to 24	22.1	408.9	14.3	246.4	95.4	29.1	308.9	132.1	1,257.2
	25 to 34	22.9	392.2	14.0	239.8	80.7	23.7	307.2	113.1	1,193.6
	35 to 44	22.7	410.0	13.4	252.3	82.1	25.7	316.1	120.3	1,242.6
	45 to 54	19.7	332.3	11.2	216.4	85.3	23.3	266.4	105.1	1,059.7
	55 to 64	14.8	272.1	6.7	159.6	68.6	19.9	195.0	79.7	816.5
	65 and over	10.0	275.6	2.7	151.7	64.2	20.6	218.0	78.4	821.2
	TOTAL		112.3	2,091.1	62.3	1,266.1	476.3	142.4	1,611.7	628.7
Females	15 to 24	20.8	331.6	13.2	222.3	94.6	26.1	298.6	120.6	1,127.8
	25 to 34	23.4	389.9	13.9	251.4	78.0	25.1	301.8	127.7	1,211.1
	35 to 44	22.3	395.9	13.4	265.5	93.0	29.1	319.4	136.6	1,275.3
	45 to 54	20.1	366.2	11.4	231.8	88.1	28.7	284.3	123.3	1,153.9
	55 to 64	15.2	291.7	6.2	183.7	76.0	22.2	216.1	87.7	898.7
	65 and over	13.3	310.1	2.6	155.5	85.0	26.3	230.6	77.9	901.3
	TOTAL		115.1	2,085.5	60.6	1,310.2	514.6	157.5	1,650.8	673.8
Persons	15 to 24	43.0	740.5	27.5	468.7	189.9	55.2	607.5	252.7	2,385.0
	25 to 34	46.2	782.1	27.8	491.2	158.7	48.8	609.0	240.8	2,404.7
	35 to 44	45.0	805.9	26.8	517.8	175.1	54.9	635.5	256.9	2,517.9
	45 to 54	39.8	698.4	22.6	448.2	173.4	52.0	550.7	228.4	2,213.5
	55 to 64	30.0	563.8	12.9	343.3	144.6	42.1	411.2	167.4	1,715.1
	65 and over	23.3	585.7	5.3	307.2	149.2	46.9	448.6	156.3	1,722.5
	TOTAL		227.3	4,176.6	122.9	2,576.2	990.9	299.9	3,262.5	1,302.5
Total participation rate (%) (b)										
Males	15 to 24	87.3	89.2	90.4	85.9	88.8	91.2	85.5	88.9	87.6
	25 to 34	87.5	84.2	85.1	86.9	82.6	87.6	85.1	81.8	84.8
	35 to 44	93.0	85.1	81.9	86.8	74.7	79.5	84.2	79.2	83.8
	45 to 54	88.4	72.6	80.3	79.2	79.1	67.4	77.4	73.7	75.9
	55 to 64	86.4	73.6	68.1	69.7	76.8	66.9	71.5	70.1	72.2
	65 and over	71.3	69.5	51.4	68.1	64.7	66.6	74.1	72.3	70.1
	TOTAL	86.7	79.5	80.2	80.2	77.9	76.3	80.2	78.2	79.6
Females	15 to 24	85.4	74.3	86.7	79.0	92.0	84.6	86.1	85.3	81.2
	25 to 34	87.8	81.9	80.2	89.4	80.3	87.9	83.0	92.1	84.7
	35 to 44	88.3	79.6	83.0	87.0	83.2	85.0	82.1	88.7	83.2
	45 to 54	84.0	77.6	84.0	81.3	78.5	79.8	79.9	84.5	79.9
	55 to 64	84.5	78.0	74.7	80.8	81.0	73.6	76.7	79.2	78.6
	65 and over	80.0	66.2	57.9	63.0	71.1	72.8	66.4	64.0	66.2
	TOTAL	85.4	76.3	80.9	80.5	80.8	80.4	79.2	83.0	79.1
Persons	15 to 24	86.4	81.8	88.6	82.5	90.3	87.9	85.8	87.1	84.4
	25 to 34	87.6	83.0	82.6	88.2	81.4	87.7	84.0	86.9	84.7
	35 to 44	90.6	82.3	82.5	86.9	79.0	82.3	83.1	84.0	83.5
	45 to 54	86.1	75.2	82.1	80.2	78.8	73.7	78.7	79.2	77.9
	55 to 64	85.4	75.8	71.1	75.2	79.0	70.3	74.2	74.6	75.4
	65 and over	76.0	67.7	54.4	65.4	68.2	69.9	69.9	67.9	68.0
	TOTAL	86.0	77.9	80.5	80.4	79.3	78.4	79.7	80.6	79.4

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

Table 19: All participants — total participation in any physical activity by states and territories and sex, 2001 to 2007 (a)

		ACT	NSW	NT	QLD	SA	TAS	VIC	WA	AUSTRALIA
Sex	Year	Number ('000)								
Males	2001	103.8	2,026.0	60.1	1,099.2	447.2	134.4	1,493.6	599.5	5,963.9
	2002	107.2	1,987.3	58.0	1,096.1	468.3	137.4	1,511.1	603.3	5,968.6
	2003	108.3	2,152.2	59.9	1,147.8	490.4	145.4	1,632.1	636.7	6,372.7
	2004	110.5	2,156.3	61.1	1,217.9	472.6	147.3	1,678.2	669.9	6,513.7
	2005	113.2	2,214.8	59.8	1,273.3	498.0	150.5	1,667.2	663.5	6,640.3
	2006	110.9	2,090.9	60.1	1,228.1	486.3	150.3	1,581.4	646.9	6,354.8
	2007	112.3	2,091.1	62.3	1,266.1	476.3	142.4	1,611.7	628.7	6,390.8
Females	2001	100.2	1,944.5	53.2	1,060.8	438.7	146.4	1,443.9	596.9	5,784.6
	2002	102.4	1,928.0	53.4	1,130.4	460.0	140.1	1,515.3	613.8	5,943.4
	2003	110.1	2,099.9	57.2	1,204.2	502.8	153.0	1,683.1	661.0	6,471.3
	2004	112.0	2,160.7	54.4	1,243.0	497.7	156.8	1,700.1	652.9	6,577.6
	2005	112.0	2,214.8	55.4	1,243.5	508.7	156.5	1,735.2	663.3	6,689.5
	2006	115.1	2,122.0	59.4	1,259.2	499.3	159.6	1,701.4	674.5	6,590.6
	2007	115.1	2,085.5	60.6	1,310.2	514.6	157.5	1,650.8	673.8	6,568.0
Persons	2001	204.0	3,970.5	113.3	2,160.0	886.0	280.8	2,937.6	1,196.4	11,748.6
	2002	209.6	3,915.2	111.4	2,226.5	928.3	277.5	3,026.4	1,217.1	11,912.0
	2003	218.4	4,252.0	117.1	2,352.1	993.2	298.4	3,315.1	1,297.6	12,844.0
	2004	222.5	4,317.0	115.5	2,461.0	970.3	304.0	3,378.3	1,322.9	13,091.3
	2005	225.1	4,429.6	115.3	2,516.8	1,006.7	307.0	3,402.4	1,326.9	13,329.8
	2006	226.0	4,212.9	119.5	2,487.3	985.6	309.8	3,282.8	1,321.4	12,945.4
	2007	227.3	4,176.6	122.9	2,576.2	990.9	299.9	3,262.5	1,302.5	12,958.7

Total participation rate (%) (b)

Males	2001	86.0	80.3	81.9	79.1	76.6	75.7	79.8	81.3	79.8
	2002	88.8	77.8	78.6	77.3	79.6	77.1	79.5	80.3	78.7
	2003	88.8	83.2	81.4	78.7	82.6	80.5	84.3	83.0	82.6
	2004	88.6	82.5	83.2	80.9	79.1	80.9	85.3	86.0	83.0
	2005	90.3	84.1	81.4	82.1	82.7	81.5	83.7	83.8	83.5
	2006	87.4	80.6	79.5	79.8	80.5	81.1	80.1	82.6	80.6
	2007	86.7	79.5	80.2	80.2	77.9	76.3	80.2	78.2	79.6
Females	2001	80.9	75.6	79.1	75.5	72.9	78.6	75.0	80.8	75.9
	2002	83.1	74.2	79.2	78.6	76.0	74.9	77.6	81.6	77.0
	2003	88.5	79.8	84.8	81.4	82.4	80.8	84.7	86.0	82.4
	2004	87.8	81.5	82.3	81.5	81.1	81.9	84.9	83.7	82.6
	2005	87.7	83.0	84.9	79.7	82.5	80.9	85.7	83.8	83.1
	2006	86.9	78.6	81.2	79.2	79.3	82.2	83.0	84.9	80.7
	2007	85.4	76.3	80.9	80.5	80.8	80.4	79.2	83.0	79.1
Persons	2001	83.4	77.9	80.5	77.3	74.7	77.2	77.4	81.0	77.8
	2002	85.9	76.0	78.9	78.0	77.8	75.9	78.5	81.0	77.8
	2003	88.6	81.5	83.0	80.1	82.5	80.7	84.5	84.5	82.5
	2004	88.2	82.0	82.8	81.2	80.1	81.4	85.1	84.8	82.8
	2005	89.0	83.5	83.0	80.9	82.6	81.2	84.7	83.8	83.3
	2006	87.1	79.6	80.3	79.5	79.9	81.7	81.6	83.7	80.7
	2007	86.0	77.9	80.5	80.4	79.3	78.4	79.7	80.6	79.4

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2006

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

Table 20: Regular participants — regular participation in any physical activity by states and territories, age and sex, 2007 (a)

		ACT	NSW	NT	QLD	SA	TAS	VIC	WA	AUSTRALIA
Sex	Age group (years)	Number ('000)								
Males	15 to 24	13.4	226.7	7.3	106.1	43.1	10.0	149.1	57.8	613.4
	25 to 34	11.3	179.3	8.5	96.8	34.1	14.0	132.5	52.2	528.8
	35 to 44	11.1	200.6	6.7	119.7	34.1	11.7	160.5	53.2	597.5
	45 to 54	10.9	154.2	6.2	116.4	37.5	11.3	128.4	48.6	513.4
	55 to 64	9.2	166.2	4.6	83.9	36.1	11.3	106.8	45.0	463.2
	65 and over	6.4	164.9	2.0*	98.8	39.8	13.2	122.0	52.1	499.3
	TOTAL	62.3	1,091.9	35.2	621.7	224.7	71.5	799.4	308.9	3,215.7
Females	15 to 24	11.8	144.3	7.1	115.9	50.5	14.0	157.7	78.8	580.1
	25 to 34	15.0	215.5	8.2	160.9	40.4	16.2	177.9	70.8	704.8
	35 to 44	13.5	203.0	8.2	150.6	54.4	16.8	185.8	79.6	711.8
	45 to 54	13.0	226.2	7.9	162.9	55.1	17.0	172.1	83.5	737.8
	55 to 64	10.0	203.3	4.7	116.3	44.2	14.0	131.8	62.9	587.2
	65 and over	8.8	197.2	2.1	107.7	45.5	17.3	142.0	50.2	570.8
	TOTAL	72.0	1,189.6	38.3	814.3	290.3	95.2	967.3	425.7	3,892.6
Persons	15 to 24	25.2	371.0	14.4	222.0	93.6	23.9	306.8	136.5	1,193.4
	25 to 34	26.4	394.8	16.7	257.7	74.5	30.1	310.5	123.0	1,233.6
	35 to 44	24.6	403.6	14.9	270.3	88.6	28.5	346.3	132.7	1,309.3
	45 to 54	23.9	380.4	14.1	279.3	92.6	28.3	300.5	132.1	1,251.3
	55 to 64	19.2	369.5	9.3	200.2	80.3	25.3	238.6	107.9	1,050.4
	65 and over	15.2	362.1	4.1	206.5	85.4	30.5	264.0	102.3	1,070.2
	TOTAL	134.4	2,281.4	73.5	1,436.0	515.0	166.7	1,766.7	734.6	7,108.3
Regular participation rate (%) (b)										
Males	15 to 24	52.7	49.4	46.2	37.0	40.1	31.2	41.3	38.9	42.7
	25 to 34	43.3	38.5	51.7	35.1	34.8	51.7	36.7	37.8	37.5
	35 to 44	45.5	41.6	40.9	41.2	31.0	36.1	42.7	35.0	40.3
	45 to 54	49.0	33.7	44.4	42.6	34.7	32.7	37.3	34.0	36.8
	55 to 64	53.6	45.0	46.4	36.7	40.5	38.0	39.2	39.6	41.0
	65 and over	45.5	41.6	37.8*	44.4	40.1	42.7	41.5	48.1	42.6
	TOTAL	48.2	41.5	45.4	39.4	36.7	38.3	39.8	38.4	40.1
Females	15 to 24	48.3	32.3	46.7	41.2	49.2	45.2	45.5	55.7	41.8
	25 to 34	56.5	45.3	47.3	57.2	41.6	56.6	48.9	51.0	49.3
	35 to 44	53.3	40.8	50.9	49.4	48.7	49.0	47.8	51.6	46.4
	45 to 54	54.1	47.9	58.4	57.1	49.1	47.2	48.4	57.3	51.1
	55 to 64	55.8	54.3	57.3	51.1	47.1	46.4	46.8	56.9	51.3
	65 and over	52.9	42.1	47.4	43.6	38.1	48.1	40.9	41.2	41.9
	TOTAL	53.4	43.5	51.1	50.0	45.6	48.6	46.4	52.4	46.9
Persons	15 to 24	50.6	41.0	46.4	39.1	44.5	38.1	43.3	47.1	42.2
	25 to 34	50.0	41.9	49.5	46.2	38.2	54.2	42.8	44.4	43.5
	35 to 44	49.4	41.2	45.9	45.4	39.9	42.7	45.3	43.4	43.4
	45 to 54	51.7	40.9	51.3	50.0	42.1	40.1	42.9	45.8	44.0
	55 to 64	54.7	49.7	51.4	43.9	43.9	42.2	43.0	48.1	46.2
	65 and over	49.5	41.9	42.2	44.0	39.0	45.6	41.1	44.5	42.3
	TOTAL	50.9	42.5	48.2	44.8	41.2	43.6	43.2	45.5	43.5

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, regular participation rate is the number of persons who participated in the activity at least three times per week on average, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 21: Regular participants — regular participation in any physical activity by states and territories and sex, 2001 to 2007 (a)

		ACT	NSW	NT	QLD	SA	TAS	VIC	WA	AUSTRALIA
Sex	Year	Number ('000)								
Males	2001	50.3	889.7	27.8	497.7	168.9	51.6	665.1	270.6	2,621.8
	2002	51.3	880.4	30.5	550.0	212.1	56.4	680.5	335.0	2,796.3
	2003	62.7	1,105.2	32.2	596.9	255.0	73.5	870.4	335.2	3,331.1
	2004	62.8	1,125.6	34.9	633.4	225.8	73.2	896.9	394.0	3,446.7
	2005	62.3	1,115.6	33.1	584.2	224.6	75.7	875.5	343.0	3,313.9
	2006	58.4	1,029.8	31.5	584.9	200.1	67.9	774.8	333.9	3,081.4
	2007	62.3	1,091.9	35.2	621.7	224.7	71.5	799.4	308.9	3,215.7
Females	2001	56.1	999.6	29.0	565.1	217.8	73.8	720.4	331.0	2,992.8
	2002	52.2	976.8	29.6	596.2	229.6	69.8	825.0	370.0	3,149.2
	2003	64.0	1,202.4	37.3	711.9	291.1	91.3	991.8	418.8	3,808.7
	2004	69.4	1,282.3	37.6	765.0	291.3	96.4	1,042.8	427.6	4,012.4
	2005	65.3	1,262.2	33.6	687.4	273.0	86.3	958.0	393.2	3,759.0
	2006	65.3	1,169.1	36.2	743.6	276.3	93.6	992.5	411.7	3,788.4
	2007	72.0	1,189.6	38.3	814.3	290.3	95.2	967.3	425.7	3,892.6
Persons	2001	106.5	1,889.3	56.9	1,062.8	386.7	125.4	1,385.5	601.6	5,614.6
	2002	103.5	1,857.2	60.1	1,146.3	441.7	126.2	1,505.5	705.1	5,945.4
	2003	126.7	2,307.7	69.6	1,308.7	546.1	164.8	1,862.2	754.1	7,139.8
	2004	132.3	2,407.9	72.5	1,398.4	517.2	169.7	1,939.6	821.6	7,459.1
	2005	127.6	2,377.8	66.7	1,271.5	497.6	162.0	1,833.5	736.2	7,072.9
	2006	123.7	2,198.9	67.7	1,328.5	476.5	161.5	1,767.3	745.6	6,869.8
	2007	134.4	2,281.4	73.5	1,436.0	515.0	166.7	1,766.7	734.6	7,108.3
Regular participation rate (%) (b)										
Males	2001	41.7	35.3	37.9	35.8	28.9	29.1	35.5	36.7	35.1
	2002	42.5	34.5	41.4	38.8	36.1	31.6	35.8	44.6	36.9
	2003	51.4	42.7	43.8	40.9	42.9	40.7	44.9	43.7	43.2
	2004	50.4	43.1	47.5	42.1	37.8	40.2	45.6	50.6	43.9
	2005	49.7	42.3	45.0	37.6	37.3	41.0	44.0	43.3	41.7
	2006	46.1	39.7	41.7	38.0	33.1	36.7	39.2	42.6	39.1
	2007	48.2	41.5	45.4	39.4	36.7	38.3	39.8	38.4	40.1
Females	2001	45.3	38.9	43.1	40.2	36.2	39.6	37.4	44.8	39.3
	2002	42.4	37.6	43.9	41.5	37.9	37.3	42.3	49.2	40.8
	2003	51.4	45.7	55.3	48.1	47.7	48.2	49.9	54.5	48.5
	2004	54.4	48.4	56.8	50.1	47.5	50.4	52.1	54.8	50.4
	2005	51.1	47.3	51.5	44.1	44.3	44.6	47.3	49.7	46.7
	2006	49.3	43.3	49.5	46.8	43.9	48.2	48.4	51.8	46.4
	2007	53.4	43.5	51.1	50.0	45.6	48.6	46.4	52.4	46.9
Persons	2001	43.6	37.1	40.4	38.0	32.6	34.5	36.5	40.7	37.2
	2002	42.4	36.1	42.6	40.1	37.0	34.5	39.1	46.9	38.8
	2003	51.4	44.2	49.3	44.6	45.4	44.5	47.5	49.1	45.8
	2004	52.4	45.7	51.9	46.1	42.7	45.4	48.9	52.7	47.2
	2005	50.4	44.8	48.1	40.9	40.8	42.8	45.6	46.5	44.2
	2006	47.7	41.5	45.5	42.5	38.6	42.6	43.9	47.3	42.8
	2007	50.9	42.5	48.2	44.8	41.2	43.6	43.2	45.5	43.5

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2006

(b) For any group, regular participation rate is the number of persons who participated in the activity at least three times per week, on average, expressed as a percentage of the population in the same group

Table 22: Organised participants — total participation in organised physical activity by states and territories, age and sex, 2007 (a)

		ACT	NSW	NT	QLD	SA	TAS	VIC	WA	AUSTRALIA
Sex	Age group (years)	Number ('000)								
Males	15 to 24	16.4	302.2	10.0	147.1	61.5	23.4	216.7	94.7	872.0
	25 to 34	14.4	225.5	7.6	125.6	46.7	12.9	170.0	52.8	655.4
	35 to 44	9.2	192.5	6.9	117.8	44.5	13.8	137.4	56.7	578.9
	45 to 54	8.3	119.1	3.5	97.1	31.4	8.8	109.0	50.6	427.7
	55 to 64	4.4	101.8	2.3	59.2	25.3	6.9	75.6	32.8	308.3
	65 and over	4.6	105.8	0.7*	64.0	26.1	7.9	101.5	33.9	344.5
	TOTAL		57.3	1,047.0	31.0	610.7	235.5	73.6	810.3	321.4
Females	15 to 24	13.7	209.1	8.6	121.5	57.7	18.0	200.2	73.0	701.7
	25 to 34	13.0	181.9	6.3	124.2	38.2	10.1	150.3	68.9	593.0
	35 to 44	9.6	161.9	6.5	101.2	39.0	13.0	139.9	61.4	532.5
	45 to 54	8.5	145.0	4.7	84.6	38.3	11.0	110.7	50.3	453.0
	55 to 64	7.1	118.8	2.2	67.6	31.1	8.8	93.1	39.3	368.0
	65 and over	5.1	118.0	1.3*	58.5	30.6	11.9	102.7	45.5	373.6
	TOTAL		57.0	934.6	29.7	557.6	234.8	72.8	796.9	338.5
Persons	15 to 24	30.1	511.3	18.7	268.5	119.1	41.4	416.9	167.7	1,573.7
	25 to 34	27.4	407.4	13.9	249.8	84.9	22.9	320.3	121.7	1,248.4
	35 to 44	18.8	354.4	13.5	219.0	83.5	26.8	277.4	118.1	1,111.4
	45 to 54	16.8	264.0	8.1	181.7	69.7	19.8	219.6	100.9	880.7
	55 to 64	11.5	220.6	4.5	126.8	56.4	15.7	168.7	72.1	676.3
	65 and over	9.7	223.8	2.0*	122.4	56.6	19.8	204.3	79.4	718.0
	TOTAL		114.2	1,981.6	60.6	1,168.3	470.3	146.4	1,607.3	659.9

Total participation rate (%) (b)

Males	15 to 24	64.5	65.9	63.5	51.3	57.2	73.2	60.0	63.7	60.7
	25 to 34	55.0	48.4	46.0	45.5	47.7	47.6	47.1	38.2	46.5
	35 to 44	37.8	40.0	42.5	40.6	40.5	42.7	36.6	37.3	39.0
	45 to 54	37.4	26.0	24.8	35.5	29.1	25.3	31.7	35.4	30.6
	55 to 64	25.5	27.6	23.2	25.9	28.3	23.1	27.7	28.9	27.3
	65 and over	32.7	26.7	13.5*	28.7	26.2	25.5	34.5	31.3	29.4
	TOTAL	44.3	39.8	39.9	38.7	38.5	39.4	40.3	40.0	39.7
Females	15 to 24	56.2	46.9	56.7	43.2	56.1	58.3	57.8	51.6	50.5
	25 to 34	49.0	38.2	36.5	44.1	39.4	35.3	41.3	49.7	41.5
	35 to 44	37.9	32.6	40.6	33.2	34.9	37.9	36.0	39.9	34.7
	45 to 54	35.4	30.7	34.4	29.7	34.1	30.6	31.1	34.5	31.4
	55 to 64	39.5	31.7	26.7	29.7	33.2	29.3	33.0	35.6	32.2
	65 and over	30.7	25.2	28.9*	23.7	25.6	33.0	29.6	37.4	27.4
	TOTAL	42.3	34.2	39.6	34.3	36.8	37.2	38.2	41.7	36.4
Persons	15 to 24	60.4	56.5	60.1	47.3	56.7	65.9	58.9	57.8	55.7
	25 to 34	52.0	43.3	41.1	44.8	43.6	41.3	44.2	44.0	44.0
	35 to 44	37.8	36.2	41.6	36.8	37.7	40.2	36.3	38.6	36.9
	45 to 54	36.3	28.4	29.5	32.5	31.7	28.0	31.4	35.0	31.0
	55 to 64	32.6	29.7	24.8	27.8	30.8	26.2	30.4	32.2	29.7
	65 and over	31.6	25.9	20.7*	26.1	25.9	29.6	31.8	34.5	28.3
	TOTAL	43.2	36.9	39.8	36.5	37.7	38.3	39.3	40.8	38.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 23: Organised participants — total participation in organised physical activity by states and territories and sex, 2001 to 2007 (a)

		ACT	NSW	NT	QLD	SA	TAS	VIC	WA	AUSTRALIA
Sex	Year	Number ('000)								
Males	2001	57.2	1,058.5	35.3	564.7	253.1	79.0	794.2	316.4	3,158.3
	2002	58.2	1,131.2	33.2	621.1	253.2	75.3	805.4	319.0	3,296.7
	2003	61.3	1,135.5	33.3	597.5	284.1	80.0	924.4	333.9	3,450.0
	2004	66.3	1,162.1	34.5	618.6	249.4	81.5	966.3	330.4	3,509.0
	2005	64.6	1,150.2	32.5	678.6	275.9	74.9	911.5	329.0	3,517.2
	2006	56.0	1,113.3	32.0	570.3	245.4	69.0	786.4	346.6	3,219.0
	2007	57.3	1,047.0	31.0	610.7	235.5	73.6	810.3	321.4	3,186.8
Females	2001	49.5	912.5	27.9	536.8	223.2	76.4	740.6	306.6	2,873.6
	2002	54.3	995.3	29.5	546.4	216.0	65.1	745.5	312.9	2,965.0
	2003	57.6	1,030.3	29.6	565.2	239.1	75.4	851.4	353.5	3,202.2
	2004	61.6	1,084.4	28.2	558.7	229.3	71.2	875.8	335.3	3,244.4
	2005	59.5	1,059.2	25.6	560.7	238.4	71.3	808.8	351.3	3,174.8
	2006	54.7	948.6	29.9	533.2	235.6	60.0	854.4	344.1	3,060.5
	2007	57.0	934.6	29.7	557.6	234.8	72.8	796.9	338.5	3,021.8
Persons	2001	106.7	1,971.0	63.2	1,101.5	476.3	155.4	1,534.8	623.0	6,031.9
	2002	112.5	2,126.5	62.7	1,167.5	469.1	140.4	1,550.9	632.0	6,261.7
	2003	118.8	2,165.8	62.9	1,162.7	523.3	155.4	1,775.8	687.5	6,652.2
	2004	127.9	2,246.5	62.6	1,177.3	478.7	152.7	1,842.0	665.7	6,753.4
	2005	124.1	2,209.5	58.2	1,239.4	514.3	146.1	1,720.3	680.2	6,692.1
	2006	110.7	2,061.9	61.9	1,103.4	481.0	129.0	1,640.8	690.7	6,279.5
	2007	114.2	1,981.6	60.6	1,168.3	470.3	146.4	1,607.3	659.9	6,208.6
Total participation rate (%) (b)										
Males	2001	47.4	41.9	48.1	40.6	43.4	44.4	42.4	42.9	42.2
	2002	48.2	44.3	45.0	43.8	43.1	42.2	42.4	42.5	43.5
	2003	50.2	43.9	45.3	41.0	47.9	44.3	47.7	43.5	44.7
	2004	53.2	44.5	47.0	41.1	41.7	44.8	49.1	42.4	44.7
	2005	51.5	43.7	44.3	43.7	45.8	40.6	45.8	41.5	44.2
	2006	44.1	42.9	42.3	37.1	40.6	37.3	39.8	44.3	40.8
	2007	44.3	39.8	39.9	38.7	38.5	39.4	40.3	40.0	39.7
Females	2001	40.0	35.5	41.5	38.2	37.1	41.1	38.4	41.5	37.7
	2002	44.1	38.3	43.8	38.0	35.7	34.8	38.2	41.6	38.4
	2003	46.2	39.2	43.8	38.2	39.2	39.8	42.9	46.0	40.8
	2004	48.3	40.9	42.6	36.6	37.4	37.2	43.7	43.0	40.8
	2005	46.6	39.7	39.2	36.0	38.7	36.8	39.9	44.4	39.4
	2006	41.3	35.1	40.9	33.5	37.4	30.9	41.7	43.3	37.5
	2007	42.3	34.2	39.6	34.3	36.8	37.2	38.2	41.7	36.4
Persons	2001	43.6	38.7	44.9	39.4	40.2	42.7	40.4	42.2	39.9
	2002	46.1	41.3	44.5	40.9	39.3	38.4	40.2	42.0	40.9
	2003	48.2	41.5	44.6	39.6	43.5	42.0	45.3	44.8	42.7
	2004	50.7	42.7	44.9	38.8	39.5	40.9	46.4	42.7	42.7
	2005	49.1	41.7	41.9	39.8	42.2	38.7	42.8	43.0	41.8
	2006	42.7	38.9	41.6	35.3	39.0	34.0	40.8	43.8	39.1
	2007	43.2	36.9	39.8	36.5	37.7	38.3	39.3	40.8	38.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2006

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

Table 24: Regular organised participants — regular participation in organised physical activity by states and territories and sex, 2001 to 2007 (a)

		ACT	NSW	NT	QLD	SA	TAS	VIC	WA	AUSTRALIA
Sex	Year	Number ('000)								
Males	2001	13.0	208.5	8.3	125.5	55.3	18.8	198.7	79.2	707.2
	2002	15.7	268.4	10.9	164.2	56.1	16.4	203.4	100.8	835.8
	2003	17.5	238.5	7.9	165.8	72.1	20.8	254.4	107.6	884.7
	2004	17.7	286.5	9.6	145.4	66.1	20.4	262.0	95.4	902.9
	2005	19.0	265.1	7.9	167.2	59.6	19.1	275.6	98.5	912.0
	2006	14.0	244.7	8.4	153.7	48.3	14.5	194.3	101.0	778.9
	2007	16.0	303.4	9.2	164.5	59.0	17.4	220.4	83.9	873.8
Females	2001	14.5	213.6	7.2	134.4	53.3	17.2	192.6	80.2	713.1
	2002	14.0	209.2	7.9	134.3	60.5	12.7	211.6	98.7	748.8
	2003	15.8	319.3	8.5	142.9	61.9	18.5	222.5	123.2	912.4
	2004	19.7	274.2	7.3	153.4	57.8	20.6	262.9	94.2	890.1
	2005	16.1	313.2	7.3	160.2	50.7	15.1	217.2	113.4	893.3
	2006	15.3	216.0	6.9	143.0	69.9	14.9	215.5	92.4	773.8
	2007	18.2	289.4	10.7	217.8	67.2	20.5	227.8	109.6	961.2
Persons	2001	27.5	422.0	15.5	259.9	108.6	36.0	391.3	159.4	1,420.2
	2002	29.7	477.6	18.9	298.5	116.6	29.0	415.0	199.4	1,584.6
	2003	33.3	557.8	16.3	308.7	134.0	39.3	476.9	230.8	1,797.0
	2004	37.4	560.7	16.8	298.8	123.9	41.0	524.9	189.5	1,793.0
	2005	35.1	578.3	15.2	327.4	110.3	34.2	492.8	211.9	1,805.3
	2006	29.3	460.6	15.3	296.7	118.2	29.4	409.8	193.5	1,552.8
	2007	34.2	592.8	19.9	382.3	126.2	37.9	448.3	193.5	1,835.0
Regular participation rate (%) (b)										
Males	2001	10.8	8.3	11.3	9.0	9.5	10.6	10.6	10.7	9.5
	2002	13.0	10.5	14.8	11.6	9.5	9.2	10.7	13.4	11.0
	2003	14.4	9.2	10.7	11.4	12.1	11.5	13.1	14.0	11.5
	2004	14.2	11.0	13.1	9.6	11.1	11.2	13.3	12.2	11.5
	2005	15.1	10.1	10.7	10.8	9.9	10.3	13.8	12.4	11.5
	2006	11.1	9.4	11.1	10.0	8.0	7.8	9.8	12.9	9.9
	2007	12.3	11.5	11.9	10.4	9.6	9.3	11.0	10.4	10.9
Females	2001	11.7	8.3	10.6	9.6	8.9	9.2	10.0	10.9	9.4
	2002	11.4	8.1	11.8	9.3	10.0	6.8	10.8	13.1	9.7
	2003	12.7	12.1	12.5	9.7	10.1	9.7	11.2	16.0	11.6
	2004	15.4	10.3	11.0	10.1	9.4	10.8	13.1	12.1	11.2
	2005	12.6	11.7	11.3	10.3	8.2	7.8	10.7	14.3	11.1
	2006	11.6	8.0	9.4	9.0	11.1	7.7	10.5	11.6	9.5
	2007	13.5	10.6	14.3	13.4	10.5	10.5	10.9	13.5	11.6
Persons	2001	11.3	8.3	11.0	9.3	9.2	9.9	10.3	10.8	9.4
	2002	12.2	9.3	13.4	10.5	9.8	7.9	10.8	13.3	10.4
	2003	13.5	10.7	11.6	10.5	11.1	10.6	12.2	15.0	11.5
	2004	14.8	10.6	12.1	9.9	10.2	11.0	13.2	12.2	11.3
	2005	13.9	10.9	11.0	10.5	9.1	9.0	12.3	13.4	11.3
	2006	11.3	8.7	10.3	9.5	9.6	7.7	10.2	12.3	9.7
	2007	12.9	11.1	13.1	11.9	10.1	9.9	11.0	12.0	11.2

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2006

(b) For any group, regular participation rate is the number of persons who participated in the activity at least three times per week, on average, expressed as a percentage of the population in the same group

Table 25: Fitness and leisure participants — total participation in physical activities organised by fitness, leisure and indoor sports centres by states and territories, age and sex, 2007 (a)

		ACT	NSW	NT	QLD	SA	TAS	VIC	WA	AUSTRALIA
Sex	Age group (years)	Number ('000)								
Males	15 to 24	5.1	74.2	2.7	38.9	14.4	6.1	51.1	41.0	233.5
	25 to 34	5.7	76.3	1.9*	44.1	13.3	4.9	57.6	18.1	221.8
	35 to 44	3.8	52.0	1.0*	46.4	13.5	3.6*	42.5	15.0*	177.9
	45 to 54	2.6	19.1*	0.7*	25.1*	6.8*	1.8*	30.3	23.2	109.5
	55 to 64	1.4*	25.7*	0.9*	11.4*	6.3*	1.6*	17.6	11.0*	76.0
	65 and over	1.5*	29.7*	0.1**	18.5*	5.5*	0.9**	25.4	9.7*	91.3
	TOTAL	20.0	277.1	7.4	184.4	59.8	19.0	224.5	117.9	910.1
Females	15 to 24	6.6	86.8	3.5	27.8*	23.3	6.6	61.1	23.3	239.1
	25 to 34	5.6	79.8	3.5	62.5	16.3	5.5	79.5	35.2	287.9
	35 to 44	4.2	82.1	2.0*	48.9	17.8	5.9	70.9	24.3	256.0
	45 to 54	3.7	50.1	1.8*	40.7	14.1	5.0	50.4	25.2	191.1
	55 to 64	4.0	45.2	1.2*	34.4	12.2*	2.9*	35.4	16.4	151.9
	65 and over	2.4	37.1*	0.6*	25.5*	12.6*	3.5*	39.9	15.4*	137.0
	TOTAL	26.6	381.1	12.7	239.8	96.3	29.4	337.3	139.8	1,262.9
Persons	15 to 24	11.6	161.0	6.3	66.7	37.7	12.7	112.3	64.3	472.6
	25 to 34	11.3	156.1	5.4	106.5	29.6	10.4	137.1	53.3	509.7
	35 to 44	8.0	134.1	3.0	95.4	31.3	9.5	113.4	39.3	433.9
	45 to 54	6.3	69.2	2.6	65.8	20.9	6.9	80.7	48.3	300.6
	55 to 64	5.4	71.0	2.1	45.8	18.5	4.5	53.0	27.5	227.9
	65 and over	3.9	66.8	0.7*	44.0	18.1	4.4	65.3	25.0	228.3
	TOTAL	46.6	658.1	20.0	424.2	156.1	48.3	561.8	257.7	2,172.9

		Total participation rate (%) (b)								
Males	15 to 24	20.0	16.2	17.3	13.6	13.4	19.2	14.1	27.6	16.3
	25 to 34	21.7	16.4	11.5*	16.0	13.6	18.1	16.0	13.1	15.8
	35 to 44	15.4	10.8	6.3*	16.0	12.3	11.2*	11.3	9.9*	12.0
	45 to 54	11.6	4.2*	5.1*	9.2*	6.3*	5.3*	8.8	16.2	7.8
	55 to 64	8.2*	7.0*	8.7*	5.0*	7.1*	5.4*	6.5	9.7*	6.7
	65 and over	10.9*	7.5*	2.7**	8.3*	5.5*	2.8**	8.6	8.9*	7.8
	TOTAL	15.5	10.5	9.5	11.7	9.8	10.2	11.2	14.7	11.3
Females	15 to 24	27.0	19.5	23.3	9.9*	22.6	21.3	17.6	16.5	17.2
	25 to 34	21.1	16.7	20.4	22.2	16.8	19.2	21.9	25.4	20.1
	35 to 44	16.8	16.5	12.1*	16.0	15.9	17.1	18.2	15.8	16.7
	45 to 54	15.5	10.6	13.6*	14.3	12.6	14.0	14.2	17.3	13.2
	55 to 64	22.5	12.1	14.7*	15.1	13.0*	9.7*	12.6	14.9	13.3
	65 and over	14.3	7.9*	13.2*	10.3*	10.6*	9.7*	11.5	12.6*	10.1
	TOTAL	19.7	13.9	16.9	14.7	15.1	15.0	16.2	17.2	15.2
Persons	15 to 24	23.4	17.8	20.3	11.7	17.9	20.2	15.9	22.2	16.7
	25 to 34	21.4	16.6	16.0	19.1	15.2	18.6	18.9	19.2	18.0
	35 to 44	16.1	13.7	9.2	16.0	14.1	14.2	14.8	12.8	14.4
	45 to 54	13.6	7.4	9.3	11.8	9.5	9.7	11.5	16.8	10.6
	55 to 64	15.5	9.5	11.4	10.0	10.1	7.6	9.6	12.3	10.0
	65 and over	12.7	7.7	7.5*	9.4	8.3	6.5	10.2	10.9	9.0
	TOTAL	17.6	12.3	13.1	13.2	12.5	12.6	13.7	16.0	13.3

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 26: Club-based participants — total participation in physical activities organised by sport or recreation clubs or associations by states and territories, age and sex, 2007 (a)

		ACT	NSW	NT	QLD	SA	TAS	VIC	WA	AUSTRALIA
Sex	Age group (years)	Number ('000)								
Males	15 to 24	12.5	238.2	7.9	117.9	45.4	18.3	162.7	65.9	668.7
	25 to 34	10.5	165.8	6.2	101.0	35.0	7.6	129.4	43.0	498.5
	35 to 44	7.9	143.1	5.3	84.5	33.6	10.2	100.1	40.6	425.1
	45 to 54	5.5	104.9	2.5	59.2	26.0	6.2	83.5	34.7	322.5
	55 to 64	4.1	76.1	1.4*	37.1	19.1	5.9	58.9	26.5	229.0
	65 and over	3.8	78.7	0.4**	49.5	18.6	6.0	74.8	24.2	256.1
	TOTAL		44.0	806.7	23.8	449.2	177.7	54.1	609.4	235.0
Females	15 to 24	9.3	133.5	5.6	90.3	33.4	12.2	129.0	40.7	453.9
	25 to 34	7.8	94.7	3.8	63.2	21.2	5.9	88.5	44.2	329.3
	35 to 44	5.7	89.1	4.7	67.5	21.1	7.4	75.6	40.2	311.3
	45 to 54	4.9	92.4	2.4	45.5	20.0	6.7	62.5	29.8	264.2
	55 to 64	4.0	77.5	1.0*	34.6	20.0	6.6	54.7	22.2	220.5
	65 and over	3.1	77.5	0.5*	26.4*	15.1	8.2	51.7	28.5	211.1
	TOTAL		34.8	564.7	17.9	327.4	130.8	47.0	462.0	205.5
Persons	15 to 24	21.8	371.6	13.5	208.2	78.8	30.4	291.7	106.6	1,122.6
	25 to 34	18.2	260.5	10.1	164.3	56.3	13.5	217.9	87.2	827.8
	35 to 44	13.5	232.2	10.0	152.0	54.7	17.6	175.8	80.8	736.4
	45 to 54	10.4	197.3	4.9	104.7	46.0	13.0	146.0	64.5	586.7
	55 to 64	8.1	153.6	2.4	71.6	39.1	12.4	113.6	48.7	449.5
	65 and over	6.8	156.2	0.9*	75.9	33.7	14.3	126.6	52.8	467.1
	TOTAL		78.8	1,371.4	41.7	776.6	308.6	101.1	1,071.4	440.5
Total participation rate (%) (b)										
Males	15 to 24	49.1	51.9	50.0	41.1	42.2	57.2	45.0	44.4	46.6
	25 to 34	40.0	35.6	37.9	36.6	35.8	28.0	35.8	31.1	35.4
	35 to 44	32.2	29.7	32.3	29.1	30.6	31.4	26.7	26.7	28.7
	45 to 54	24.5	22.9	17.9	21.7	24.1	18.0	24.3	24.3	23.1
	55 to 64	23.6	20.6	14.5*	16.2	21.4	19.7	21.6	23.3	20.3
	65 and over	26.7	19.8	8.1**	22.2	18.7	19.4	25.4	22.4	21.9
	TOTAL		34.0	30.7	30.6	28.5	29.1	29.0	30.3	29.2
Females	15 to 24	38.2	29.9	36.7	32.1	32.5	39.4	37.2	28.8	32.7
	25 to 34	29.3	19.9	22.2	22.5	21.9	20.6	24.3	31.9	23.0
	35 to 44	22.4	17.9	29.1	22.1	18.9	21.6	19.4	26.1	20.3
	45 to 54	20.4	19.6	17.6	15.9	17.8	18.8	17.6	20.4	18.3
	55 to 64	22.5	20.7	12.0*	15.2	21.3	21.8	19.4	20.0	19.3
	65 and over	18.6	16.6	10.5*	10.7*	12.6	22.8	14.9	23.4	15.5
	TOTAL		25.8	20.7	24.0	20.1	20.5	24.0	22.2	25.3
Persons	15 to 24	43.8	41.1	43.5	36.6	37.5	48.4	41.2	36.8	39.7
	25 to 34	34.6	27.7	29.8	29.5	28.9	24.2	30.1	31.5	29.2
	35 to 44	27.2	23.7	30.7	25.5	24.7	26.3	23.0	26.4	24.4
	45 to 54	22.4	21.2	17.8	18.7	20.9	18.4	20.9	22.4	20.7
	55 to 64	23.0	20.6	13.4	15.7	21.4	20.7	20.5	21.7	19.8
	65 and over	22.3	18.1	9.2*	16.2	15.4	21.3	19.7	22.9	18.4
	TOTAL		29.8	25.6	27.4	24.2	24.7	26.4	26.2	27.3

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

10.8 State data (Australian Capital Territory)

Table 27: Australian Capital Territory participants — total participation in physical activity by type of participation, age and sex, 2007 (a)

		Organised only (A)	Non-organised only (B)	Both organised and non-organised (C)	Total organised (A + C)	Total non-organised (B + C)	Total participation (A + B + C)
Sex	Age group (years)	Number ('000)					
Males	15 to 24	7.1	5.8	9.2	16.4	15.0	22.1
	25 to 34	3.5	8.5	10.9	14.4	19.4	22.9
	35 to 44	3.1	13.5	6.1	9.2	19.6	22.7
	45 to 54	1.7*	11.4	6.7	8.3	18.0	19.7
	55 to 64	0.8*	10.5	3.6	4.4	14.1	14.8
	65 and over	1.9*	5.4	2.6	4.6	8.1	10.0
	TOTAL		18.1	55.0	39.2	57.3	94.2
Females	15 to 24	3.6	7.1	10.1	13.7	17.3	20.8
	25 to 34	2.9	10.3	10.1	13.0	20.5	23.4
	35 to 44	2.4	12.7	7.2	9.6	20.0	22.3
	45 to 54	2.6	11.6	5.8	8.5	17.5	20.1
	55 to 64	1.0*	8.1	6.1	7.1	14.2	15.2
	65 and over	1.3*	8.2	3.8	5.1	12.0	13.3
	TOTAL		13.7	58.1	43.2	57.0	101.3
Persons	15 to 24	10.7	12.9	19.4	30.1	32.2	43.0
	25 to 34	6.4	18.8	21.0	27.4	39.9	46.2
	35 to 44	5.4	26.2	13.3	18.8	39.6	45.0
	45 to 54	4.3	23.0	12.5	16.8	35.5	39.8
	55 to 64	1.8*	18.5	9.7	11.5	28.2	30.0
	65 and over	3.3	13.6	6.4	9.7	20.1	23.3
	TOTAL		31.9	113.1	82.4	114.2	195.5
Total participation rate (%) (b)							
Males	15 to 24	28.2	22.7	36.4	64.5	59.1	87.3
	25 to 34	13.3	32.5	41.7	55.0	74.2	87.5
	35 to 44	12.6	55.2	25.2	37.8	80.4	93.0
	45 to 54	7.5*	51.0	29.9	37.4	81.0	88.4
	55 to 64	4.5*	60.9	20.9	25.5	81.8	86.4
	65 and over	13.9*	38.6	18.8	32.7	57.4	71.3
	TOTAL		14.0	42.5	30.3	44.3	72.8
Females	15 to 24	14.6	29.2	41.6	56.2	70.8	85.4
	25 to 34	10.9	38.8	38.1	49.0	76.9	87.8
	35 to 44	9.3	50.5	28.5	37.9	79.0	88.3
	45 to 54	11.1	48.6	24.3	35.4	72.9	84.0
	55 to 64	5.4*	45.0	34.1	39.5	79.1	84.5
	65 and over	7.9*	49.3	22.9	30.7	72.1	80.0
	TOTAL		10.2	43.1	32.1	42.3	75.2
Persons	15 to 24	21.5	25.9	38.9	60.4	64.8	86.4
	25 to 34	12.1	35.7	39.9	52.0	75.5	87.6
	35 to 44	10.9	52.8	26.9	37.8	79.7	90.6
	45 to 54	9.3	49.8	27.0	36.3	76.8	86.1
	55 to 64	5.0*	52.8	27.7	32.6	80.4	85.4
	65 and over	10.6	44.4	21.0	31.6	65.4	76.0
	TOTAL		12.1	42.8	31.2	43.2	74.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 28: Australian Capital Territory participants — total participation in any physical activity (organised and non-organised) by demographics, 2007 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
AGE GROUP (YEARS)						
15 to 24	22.1	87.3	20.8	85.4	43.0	86.4
25 to 34	22.9	87.5	23.4	87.8	46.2	87.6
35 to 44	22.7	93.0	22.3	88.3	45.0	90.6
45 to 54	19.7	88.4	20.1	84.0	39.8	86.1
55 to 64	14.8	86.4	15.2	84.5	30.0	85.4
65 and over	10.0	71.3	13.3	80.0	23.3	76.0
REGION						
Capital city	112.3	86.7	115.1	85.4	227.3	86.0
Rest of state	0.0**	0.0**	0.0**	0.0**	0.0**	0.0**
EMPLOYMENT STATUS						
Employed full time	75.3	89.0	48.0	87.6	123.2	88.4
Employed part time	13.8	88.5	32.5	87.9	46.3	88.1
Unemployed	4.6	95.2	3.4	75.1	7.9	85.5
Not in the labour force	18.6	76.1	31.2	81.0	49.8	79.1
MARITAL STATUS						
Married	65.9	87.1	62.9	86.6	128.8	86.9
Not married	46.2	86.1	52.0	84.0	98.1	85.0
Refused/Do not know	0.2**	100.0**	0.3**	68.0**	0.4**	78.1**
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	34.5	89.7	38.4	84.8	72.9	87.1
At least one under 18 – none at home	2.1*	81.1*	0.5*	81.4*	2.6	81.1
No children under 18	75.8	85.6	76.1	85.7	151.9	85.6
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	49.1	92.1	48.0	90.6	97.1	91.3
Undergraduate diploma or associate diploma	10.8	95.3	13.0	89.8	23.7	92.2
Certificate, trade qualification or apprenticeship	11.3	76.6	10.5	90.9	21.8	82.9
Highest level of secondary school	25.0	84.1	24.8	79.7	49.8	81.8
Did not complete highest level of school	11.0	77.7	14.6	74.5	25.7	75.8
Never went to school	0.0**	0.0**	0.1**	47.3**	0.1**	47.3**
Still at secondary school	4.4	86.4	3.6	90.1	7.9	88.0
Other	0.6*	70.7*	0.4**	77.3**	1.0*	73.3*
Refused	0.2**	52.9**	0.1**	33.2**	0.3**	42.1**
INDIGENOUS STATUS						
Non-Indigenous	111.9	87.1	113.6	85.4	225.5	86.2
Indigenous	0.4**	39.8**	1.4*	85.0*	1.8*	68.4*
Total	112.3	86.7	115.1	85.4	227.3	86.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 29: All Australian Capital Territory persons — participation in any physical activity by frequency, age and sex, 2007 (a)

Sex	Age group (years)	None	Up to once per week (b)	Once or twice per week (c)	Three or four times per week (d)	Five or more times per week	Total
		Number ('000)					
Males	15 to 24	3.2	2.3	6.5	4.8	8.5	25.4
	25 to 34	3.3	3.9	7.6	5.4	5.9	26.2
	35 to 44	1.7*	5.8	5.8	4.3	6.8	24.4
	45 to 54	2.6	2.6	6.2	3.6	7.3	22.3
	55 to 64	2.3	2.3	3.3	3.7	5.5	17.2
	65 and over	4.0	1.1*	2.5	2.2*	4.2	14.0
	TOTAL		17.2	18.1	31.9	24.2	38.2
Females	15 to 24	3.6	3.8	5.2	4.4	7.4	24.4
	25 to 34	3.3	1.8*	6.5	7.4	7.6	26.6
	35 to 44	3.0	2.8	6.0	6.4	7.1	25.3
	45 to 54	3.8	1.7*	5.4	5.0	7.9	24.0
	55 to 64	2.8	2.1*	3.1	4.3	5.7	17.9
	65 and over	3.3	1.9*	2.6	3.2	5.6	16.6
	TOTAL		19.7	14.2	28.8	30.7	41.3
Persons	15 to 24	6.8	6.1	11.7	9.2	15.9	49.8
	25 to 34	6.5	5.7	14.1	12.9	13.5	52.8
	35 to 44	4.7	8.6	11.8	10.6	13.9	49.7
	45 to 54	6.4	4.3	11.6	8.7	15.2	46.2
	55 to 64	5.1	4.4	6.3	8.1	11.2	35.1
	65 and over	7.4	3.0	5.1	5.4	9.8	30.7
	TOTAL		36.9	32.3	60.7	54.9	79.5
Percentage of row							
Males	15 to 24	12.7	9.1	25.5	19.1	33.6	100.0
	25 to 34	12.5	15.0	29.2	20.8	22.5	100.0
	35 to 44	7.0*	23.8	23.8	17.5	28.0	100.0
	45 to 54	11.6	11.6	27.9	16.3	32.7	100.0
	55 to 64	13.6	13.6	19.1	21.8	31.8	100.0
	65 and over	28.7	7.9*	17.8	15.8*	29.7	100.0
	TOTAL	13.3	14.0	24.6	18.7	29.5	100.0
Females	15 to 24	14.6	15.7	21.3	18.0	30.3	100.0
	25 to 34	12.2	6.8*	24.5	27.9	28.6	100.0
	35 to 44	11.7	11.2	23.8	25.2	28.0	100.0
	45 to 54	16.0	7.2*	22.7	21.0	33.1	100.0
	55 to 64	15.5	11.6*	17.1	24.0	31.8	100.0
	65 and over	20.0	11.4*	15.7	19.3	33.6	100.0
	TOTAL	14.6	10.5	21.4	22.8	30.6	100.0
Persons	15 to 24	13.6	12.3	23.4	18.5	32.0	100.0
	25 to 34	12.4	10.9	26.8	24.4	25.6	100.0
	35 to 44	9.4	17.4	23.8	21.4	28.0	100.0
	45 to 54	13.9	9.3	25.2	18.7	32.9	100.0
	55 to 64	14.6	12.6	18.1	22.9	31.8	100.0
	65 and over	24.0	9.8	16.7	17.7	31.8	100.0
	TOTAL	14.0	12.2	23.0	20.8	30.1	100.0

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 30: Australian Capital Territory participants — participation in any physical activity by cumulative frequency, age and sex, 2007 (a)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	2.3	19.8	16.1	13.4	22.1
	25 to 34	3.9	19.0	14.8	11.3	22.9
	35 to 44	5.8	16.9	13.5	11.1	22.7
	45 to 54	2.6	17.1	14.8	10.9	19.7
	55 to 64	2.3	12.5	10.8	9.2	14.8
	65 and over	1.1*	8.9	8.2	6.4	10.0
	TOTAL		18.1	94.2	78.3	62.3
Females	15 to 24	3.8	17.0	14.5	11.8	20.8
	25 to 34	1.8*	21.5	18.3	15.0	23.4
	35 to 44	2.8	19.5	16.2	13.5	22.3
	45 to 54	1.7*	18.4	16.0	13.0	20.1
	55 to 64	2.1*	13.1	11.5	10.0	15.2
	65 and over	1.9*	11.4	9.9	8.8	13.3
	TOTAL		14.2	100.9	86.4	72.0
Persons	15 to 24	6.1	36.8	30.7	25.2	43.0
	25 to 34	5.7	40.5	33.1	26.4	46.2
	35 to 44	8.6	36.4	29.7	24.6	45.0
	45 to 54	4.3	35.5	30.9	23.9	39.8
	55 to 64	4.4	25.6	22.3	19.2	30.0
	65 and over	3.0	20.3	18.1	15.2	23.3
	TOTAL		32.3	195.1	164.7	134.4
Total participation rate (%) (b)						
Males	15 to 24	9.1	78.2	63.6	52.7	87.3
	25 to 34	15.0	72.5	56.7	43.3	87.5
	35 to 44	23.8	69.2	55.2	45.5	93.0
	45 to 54	11.6	76.9	66.7	49.0	88.4
	55 to 64	13.6	72.7	62.7	53.6	86.4
	65 and over	7.9*	63.4	58.4	45.5	71.3
	TOTAL		14.0	72.8	60.5	48.2
Females	15 to 24	15.7	69.7	59.6	48.3	85.4
	25 to 34	6.8*	81.0	68.7	56.5	87.8
	35 to 44	11.2	77.1	64.0	53.3	88.3
	45 to 54	7.2*	76.8	66.9	54.1	84.0
	55 to 64	11.6*	72.9	64.3	55.8	84.5
	65 and over	11.4*	68.6	59.3	52.9	80.0
	TOTAL		10.5	74.8	64.1	53.4
Persons	15 to 24	12.3	74.0	61.6	50.6	86.4
	25 to 34	10.9	76.8	62.7	50.0	87.6
	35 to 44	17.4	73.2	59.7	49.4	90.6
	45 to 54	9.3	76.8	66.8	51.7	86.1
	55 to 64	12.6	72.8	63.6	54.7	85.4
	65 and over	9.8	66.2	58.9	49.5	76.0
	TOTAL		12.2	73.8	62.3	50.9

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 31: Recent Australian Capital Territory participants — recent participation in any physical activity by duration and age, 2007 (a)

		15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	Total
		Number ('000)						
Five hours or more	More than three sessions weekly	9.7	8.1	8.0	6.3	8.0	6.6	46.6
	Two or three sessions weekly	2.5	0.4**	0.7*	1.3*	0.7*	0.7*	6.4
	Less than two sessions weekly	0.0**	0.0**	0.2**	0.3**	0.5*	0.3**	1.2*
	<i>Total</i>	12.2	8.5	9.0	7.9	9.1	7.5	54.2
Two hours or more but less than five hours	More than three sessions weekly	7.6	7.3	8.8	9.2	6.5	5.5	44.9
	Two or three sessions weekly	5.4	8.0	5.3	6.1	2.1*	2.3	29.2
	Less than two sessions weekly	1.7*	2.4	1.6*	1.3*	0.8*	0.5*	8.3
	<i>Total</i>	14.7	17.7	15.6	16.6	9.3	8.3	82.3
Less than two hours	More than three sessions weekly	0.5*	0.7*	0.9*	1.7*	1.0*	0.9*	5.8
	Two or three sessions weekly	1.2*	4.8	4.5	3.9	2.2*	1.2*	17.7
	Less than two sessions weekly	6.5	8.4	8.2	5.2	4.7	3.0	36.0
	<i>Total</i>	8.2	14.0	13.6	10.9	7.9	5.0	59.5
Total	More than three sessions weekly	17.8	16.1	17.7	17.2	15.4	13.0	97.3
	Two or three sessions weekly	9.1	13.2	10.5	11.3	5.0	4.1	53.2
	Less than two sessions weekly	8.2	10.8	9.9	6.8	5.9	3.7	45.5
	Total	35.1	40.1	38.1	35.4	26.4	20.8	196.0
		Percentage of total						
Five hours or more	More than three sessions weekly	4.9	4.1	4.1	3.2	4.1	3.4	23.8
	Two or three sessions weekly	1.3	0.2**	0.4*	0.7*	0.4*	0.3*	3.2
	Less than two sessions weekly	0.0**	0.0**	0.1**	0.2**	0.2*	0.1**	0.6*
	<i>Total</i>	6.2	4.3	4.6	4.0	4.7	3.8	27.6
Two hours or more but less than five hours	More than three sessions weekly	3.9	3.7	4.5	4.7	3.3	2.8	22.9
	Two or three sessions weekly	2.7	4.1	2.7	3.1	1.1*	1.2	14.9
	Less than two sessions weekly	0.9*	1.2	0.8*	0.7*	0.4*	0.3*	4.2
	<i>Total</i>	7.5	9.0	8.0	8.5	4.8	4.2	42.0
Less than two hours	More than three sessions weekly	0.3*	0.4*	0.5*	0.9*	0.5*	0.4*	2.9
	Two or three sessions weekly	0.6*	2.4	2.3	2.0	1.1*	0.6*	9.0
	Less than two sessions weekly	3.3	4.3	4.2	2.7	2.4	1.5	18.4
	<i>Total</i>	4.2	7.1	6.9	5.5	4.0	2.5	30.3
Total	More than three sessions weekly	9.1	8.2	9.0	8.8	7.9	6.6	49.6
	Two or three sessions weekly	4.6	6.8	5.4	5.8	2.6	2.1	27.2
	Less than two sessions weekly	4.2	5.5	5.1	3.5	3.0	1.9	23.2
	Total	17.9	20.5	19.5	18.1	13.5	10.6	100.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport in the two weeks prior to interview in 2007

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 32: Regular Australian Capital Territory participants — regular participation in any physical activity (organised and non-organised) by demographics, 2007 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Regular participation rate (b) (%)	Number (‘000)	Regular participation rate (%)	Number (‘000)	Regular participation rate (%)
AGE GROUP (YEARS)						
15 to 24	13.4	52.7	11.8	48.3	25.2	50.6
25 to 34	11.3	43.3	15.0	56.5	26.4	50.0
35 to 44	11.1	45.5	13.5	53.3	24.6	49.4
45 to 54	10.9	49.0	13.0	54.1	23.9	51.7
55 to 64	9.2	53.6	10.0	55.8	19.2	54.7
65 and over	6.4	45.5	8.8	52.9	15.2	49.5
REGION						
Capital city	62.3	48.2	72.0	53.4	134.4	50.9
Rest of state	0.0**	0.0**	0.0**	0.0**	0.0**	0.0**
EMPLOYMENT STATUS						
Employed full time	40.6	48.0	31.7	57.9	72.3	51.9
Employed part time	7.7	49.6	19.9	53.7	27.6	52.5
Unemployed	2.7	55.9	1.7*	38.6*	4.4	47.6
Not in the labour force	11.3	46.2	18.7	48.6	30.0	47.7
MARITAL STATUS						
Married	35.2	46.5	37.2	51.3	72.4	48.8
Not married	27.2	50.7	34.6	55.9	61.7	53.5
Refused/Do not know	0.0**	0.0**	0.3**	68.0**	0.3**	46.5**
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	15.5	40.5	22.2	48.9	37.7	45.0
At least one under 18 — none at home	1.1*	44.4*	0.1**	20.9**	1.3*	39.7*
No children under 18	45.7	51.6	49.7	56.0	95.4	53.8
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	30.1	56.5	31.0	58.6	61.1	57.5
Undergraduate diploma or associate diploma	5.3	46.6	8.6	59.8	13.9	54.0
Certificate, trade qualification or apprenticeship	5.0	33.5	5.9	51.6	10.9	41.4
Highest level of secondary school	12.3	41.2	15.5	49.9	27.8	45.6
Did not complete highest level of school	6.4	45.1	8.6	43.8	15.0	44.4
Never went to school	0.0**	0.0**	0.1**	47.3**	0.1**	47.3**
Still at secondary school	3.0	59.1	1.9*	48.5*	4.9	54.5
Other	0.4**	49.1**	0.3**	50.7**	0.7*	49.7*
Refused	0.0**	0.0**	0.0**	0.0**	0.0**	0.0**
INDIGENOUS STATUS						
Non-Indigenous	62.1	48.3	70.9	53.2	133.0	50.8
Indigenous	0.2**	22.3**	1.2*	69.2*	1.4*	52.0*
Total	62.3	48.2	72.0	53.4	134.4	50.9

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, regular participation rate is the number of persons who participated in the activity at least three times per week on average, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 33: Australian Capital Territory organised participants — participation in organised physical activity by frequency, age and sex, 2007 (a)

Sex	Age group (years)	None	Up to once per week (b)	Once or twice per week (c)	Three or four times per week (d)	Five or more times per week	Total
		Number ('000)					
Males	15 to 24	9.0	3.7	5.5	3.5	3.7	25.4
	25 to 34	11.8	5.9	5.4	2.2*	0.9*	26.2
	35 to 44	15.2	3.9	3.2	1.7*	0.3**	24.4
	45 to 54	13.9	2.9	3.6	1.4*	0.5*	22.3
	55 to 64	12.8	1.2*	2.3	0.6*	0.2**	17.2
	65 and over	9.5	1.4*	2.1*	1.0*	0.1**	14.0
	TOTAL		72.2	19.0	22.3	10.3	5.7
Females	15 to 24	10.7	3.6	5.8	2.5	1.9*	24.4
	25 to 34	13.6	2.7	5.6	3.1	1.6*	26.6
	35 to 44	15.7	3.3	3.3	2.0*	0.9*	25.3
	45 to 54	15.5	2.6	3.0	2.0*	0.8*	24.0
	55 to 64	10.8	1.9*	3.2	1.3*	0.7*	17.9
	65 and over	11.5	1.4*	2.3	1.3*	0.1**	16.6
	TOTAL		77.8	15.6	23.2	12.1	6.1
Persons	15 to 24	19.7	7.3	11.3	5.9	5.6	49.8
	25 to 34	25.3	8.6	11.1	5.3	2.5	52.8
	35 to 44	30.9	7.2	6.5	3.7	1.3*	49.7
	45 to 54	29.4	5.5	6.7	3.3	1.2*	46.2
	55 to 64	23.6	3.2	5.5	1.9*	0.9*	35.1
	65 and over	21.0	2.8	4.3	2.3	0.3**	30.7
	TOTAL		150.0	34.6	45.5	22.4	11.8
Percentage of row							
Males	15 to 24	35.5	14.5	21.8	13.6	14.5	100.0
	25 to 34	45.0	22.5	20.8	8.3*	3.3*	100.0
	35 to 44	62.2	16.1	13.3	7.0*	1.4**	100.0
	45 to 54	62.6	12.9	16.3	6.1*	2.0*	100.0
	55 to 64	74.5	7.3*	13.6	3.6*	0.9**	100.0
	65 and over	67.3	9.9*	14.9*	6.9*	1.0**	100.0
	TOTAL		55.7	14.7	17.2	8.0	4.4
Females	15 to 24	43.8	14.6	23.6	10.1	7.9*	100.0
	25 to 34	51.0	10.2	21.1	11.6	6.1*	100.0
	35 to 44	62.1	13.1	13.1	7.9*	3.7*	100.0
	45 to 54	64.6	11.0	12.7	8.3*	3.3*	100.0
	55 to 64	60.5	10.9*	17.8	7.0*	3.9*	100.0
	65 and over	69.3	8.6*	13.6	7.9*	0.7**	100.0
	TOTAL		57.7	11.6	17.2	9.0	4.5
Persons	15 to 24	39.6	14.6	22.7	11.9	11.3	100.0
	25 to 34	48.0	16.3	21.0	10.0	4.7	100.0
	35 to 44	62.2	14.6	13.2	7.5	2.6*	100.0
	45 to 54	63.7	12.0	14.5	7.2	2.7*	100.0
	55 to 64	67.4	9.1	15.8	5.3*	2.4*	100.0
	65 and over	68.4	9.2	14.2	7.4	0.8**	100.0
	TOTAL		56.8	13.1	17.2	8.5	4.4

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 34: Australian Capital Territory organised participants — participation in organised physical activity by cumulative frequency, age and sex, 2007 (a)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	3.7	12.7	8.8	7.1	16.4
	25 to 34	5.9	8.5	5.7	3.1	14.4
	35 to 44	3.9	5.3	3.8	2.0*	9.2
	45 to 54	2.9	5.5	3.5	1.8*	8.3
	55 to 64	1.2*	3.1	1.1*	0.8*	4.4
	65 and over	1.4*	3.2	2.2*	1.1*	4.6
	TOTAL		19.0	38.3	25.0	16.0
Females	15 to 24	3.6	10.1	6.8	4.4	13.7
	25 to 34	2.7	10.3	8.0	4.7	13.0
	35 to 44	3.3	6.3	4.5	3.0	9.6
	45 to 54	2.6	5.8	4.4	2.8	8.5
	55 to 64	1.9*	5.1	2.9	1.9*	7.1
	65 and over	1.4*	3.7	2.4	1.4*	5.1
	TOTAL		15.6	41.4	29.0	18.2
Persons	15 to 24	7.3	22.8	15.6	11.5	30.1
	25 to 34	8.6	18.8	13.6	7.8	27.4
	35 to 44	7.2	11.5	8.2	5.0	18.8
	45 to 54	5.5	11.3	7.9	4.6	16.8
	55 to 64	3.2	8.3	4.0	2.7	11.5
	65 and over	2.8	6.9	4.6	2.5	9.7
	TOTAL		34.6	79.6	54.0	34.2
Total participation rate (%) (b)						
Males	15 to 24	14.5	50.0	34.5	28.2	64.5
	25 to 34	22.5	32.5	21.7	11.7	55.0
	35 to 44	16.1	21.7	15.4	8.4*	37.8
	45 to 54	12.9	24.5	15.6	8.2*	37.4
	55 to 64	7.3*	18.2	6.4*	4.5*	25.5
	65 and over	9.9*	22.8	15.8*	7.9*	32.7
	TOTAL		14.7	29.6	19.3	12.3
Females	15 to 24	14.6	41.6	28.1	18.0	56.2
	25 to 34	10.2	38.8	29.9	17.7	49.0
	35 to 44	13.1	24.8	17.8	11.7	37.9
	45 to 54	11.1	24.3	18.2	11.6	35.4
	55 to 64	10.9*	28.7	16.3	10.9*	39.5
	65 and over	8.6*	22.1	14.3	8.6*	30.7
	TOTAL		11.6	30.7	21.5	13.5
Persons	15 to 24	14.6	45.9	31.4	23.2	60.4
	25 to 34	16.3	35.7	25.8	14.7	52.0
	35 to 44	14.6	23.2	16.6	10.1	37.8
	45 to 54	12.0	24.4	17.0	9.9	36.3
	55 to 64	9.1	23.5	11.4	7.8	32.6
	65 and over	9.2	22.4	15.0	8.3	31.6
	TOTAL		13.1	30.1	20.4	12.9

(a) Relates to persons aged 15 years and over who participated in organised physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 35: Australian Capital Territory organised participants — total participation in organised activities by type of organisation, age and sex, 2007 (a)

Sex	Age group (years)	Fitness, leisure or indoor sports centre	Sport or recreation club or association	Work	School	Other	Total organised participation
		Number ('000)					
Males	15 to 24	5.1	12.5	0.0**	4.2	0.9*	16.4
	25 to 34	5.7	10.5	0.2**	0.2**	1.1*	14.4
	35 to 44	3.8	7.9	0.0**	0.0**	0.5*	9.2
	45 to 54	2.6	5.5	0.5*	0.2**	1.5*	8.3
	55 to 64	1.4*	4.1	0.0**	0.0**	0.0**	4.4
	65 and over	1.5*	3.8	0.0**	0.0**	0.1**	4.6
	TOTAL		20.0	44.0	0.7*	4.5	4.2
Females	15 to 24	6.6	9.3	0.8*	1.9*	1.1*	13.7
	25 to 34	5.6	7.8	1.1*	0.2**	2.2*	13.0
	35 to 44	4.2	5.7	0.1**	0.0**	1.5*	9.6
	45 to 54	3.7	4.9	0.3**	0.0**	1.2*	8.5
	55 to 64	4.0	4.0	0.0**	0.0**	0.6*	7.1
	65 and over	2.4	3.1	0.0**	0.0**	1.4*	5.1
	TOTAL		26.6	34.8	2.3	2.1*	8.0
Persons	15 to 24	11.6	21.8	0.8*	6.1	2.0*	30.1
	25 to 34	11.3	18.2	1.3*	0.4**	3.3	27.4
	35 to 44	8.0	13.5	0.1**	0.0**	2.0*	18.8
	45 to 54	6.3	10.4	0.7*	0.2**	2.7	16.8
	55 to 64	5.4	8.1	0.0**	0.0**	0.6*	11.5
	65 and over	3.9	6.8	0.0**	0.0**	1.6*	9.7
	TOTAL		46.6	78.8	3.0	6.6	12.2

Total participation rate (%) (b)

Males	15 to 24	20.0	49.1	0.0**	16.4	3.6*	64.5
	25 to 34	21.7	40.0	0.8**	0.8**	4.2*	55.0
	35 to 44	15.4	32.2	0.0**	0.0**	2.1*	37.8
	45 to 54	11.6	24.5	2.0*	0.7**	6.8*	37.4
	55 to 64	8.2*	23.6	0.0**	0.0**	0.0**	25.5
	65 and over	10.9*	26.7	0.0**	0.0**	1.0**	32.7
	TOTAL		15.5	34.0	0.5*	3.5	3.2
Females	15 to 24	27.0	38.2	3.4*	7.9*	4.5*	56.2
	25 to 34	21.1	29.3	4.1*	0.7**	8.2*	49.0
	35 to 44	16.8	22.4	0.5**	0.0**	6.1*	37.9
	45 to 54	15.5	20.4	1.1**	0.0**	5.0*	35.4
	55 to 64	22.5	22.5	0.0**	0.0**	3.1*	39.5
	65 and over	14.3	18.6	0.0**	0.0**	8.6*	30.7
	TOTAL		19.7	25.8	1.7	1.6*	5.9
Persons	15 to 24	23.4	43.8	1.7*	12.2	4.1*	60.4
	25 to 34	21.4	34.6	2.5*	0.8**	6.2	52.0
	35 to 44	16.1	27.2	0.2**	0.0**	4.1*	37.8
	45 to 54	13.6	22.4	1.6*	0.3**	5.9	36.3
	55 to 64	15.5	23.1	0.0**	0.0**	1.6*	32.6
	65 and over	12.7	22.3	0.0**	0.0**	5.1*	31.6
	TOTAL		17.6	29.8	1.1	2.5	4.6

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 36: Australian Capital Territory participants — total participation in specific activities (organised and non-organised) by sex, 2007 (a)

Activity	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
Aerobics/fitness	23.2	17.9	41.9	31.1	65.0	24.6
Aquarobics	0.0**	0.0**	1.9*	1.4*	1.9*	0.7*
Athletics/track and field	1.5*	1.1*	0.5*	0.4*	2.0*	0.8*
Australian football	3.1	2.4	0.3**	0.2**	3.4	1.3
Badminton	1.7*	1.3*	1.5*	1.1*	3.2	1.2
Baseball	0.7*	0.5*	0.0**	0.0**	0.7*	0.3*
Basketball	5.4	4.1	1.0*	0.7*	6.3	2.4
Billiards/snooker/pool	0.2**	0.2**	0.0**	0.0**	0.2**	0.1**
Boxing	1.0*	0.8*	0.6*	0.4*	1.6*	0.6*
Canoeing/kayaking	2.7	2.1	1.3*	1.0*	4.0	1.5
Carpet bowls	0.0**	0.0**	0.2**	0.2**	0.2**	0.1**
Cricket (indoor)	4.3	3.3	0.4**	0.3**	4.7	1.8
Cricket (outdoor)	6.3	4.9	0.9*	0.6*	7.2	2.7
Cycling	25.8	20.0	16.7	12.4	42.5	16.1
Dancing	0.7*	0.5*	4.5	3.4	5.2	2.0
Fishing	2.1*	1.6*	0.6*	0.4*	2.7	1.0
Football (indoor)	7.6	5.9	2.7	2.0	10.3	3.9
Football (outdoor)	11.1	8.6	3.3	2.5	14.4	5.5
Golf	13.3	10.3	3.0	2.2	16.3	6.2
Gymnastics	0.7*	0.5*	1.0*	0.7*	1.7*	0.6*
Hockey (indoor)	0.4**	0.3**	0.4**	0.3**	0.8*	0.3*
Hockey (outdoor)	0.7*	0.5*	0.9*	0.7*	1.6*	0.6*
Horse riding/equestrian activities/polocrosse	0.2**	0.1**	1.3*	1.0*	1.5*	0.6*
Ice/snow sports	3.2	2.5	2.2*	1.6*	5.4	2.0
Lawn bowls	1.4*	1.1*	0.4**	0.3**	1.7*	0.7*
Martial arts	2.2*	1.7*	3.8	2.8	6.0	2.3
Motor sports	0.8*	0.6*	0.3**	0.2**	1.0*	0.4*
Netball	1.0*	0.8*	7.7	5.7	8.7	3.3
Orienteering	1.4*	1.1*	1.1*	0.8*	2.4	0.9
Rock climbing	2.1*	1.6*	0.9*	0.7*	3.0	1.1
Roller sports	1.7*	1.3*	0.5*	0.4*	2.2*	0.8*
Rowing	1.4*	1.1*	0.8*	0.6*	2.2*	0.8*
Rugby league	1.5*	1.2*	0.2**	0.1**	1.7*	0.7*
Rugby union	3.7	2.8	0.2**	0.1**	3.8	1.5
Running	20.1	15.6	9.3	6.9	29.5	11.2
Sailing	0.8*	0.6*	0.4**	0.3**	1.2*	0.5*
Scuba diving	0.7*	0.5*	0.4**	0.3**	1.1*	0.4*
Shooting sports	1.0*	0.8*	0.3**	0.2**	1.3*	0.5*
Softball	0.0**	0.0**	0.8*	0.6*	0.8*	0.3*
Squash/racquetball	3.6	2.8	1.0*	0.7*	4.6	1.8
Surf sports	2.5	1.9	0.1**	0.1**	2.6	1.0
Swimming	15.6	12.1	22.7	16.8	38.3	14.5
Table tennis	0.9*	0.7*	0.3**	0.2**	1.2*	0.5*
Tennis	12.1	9.3	6.7	4.9	18.7	7.1
Tenpin bowling	1.1*	0.9*	1.3*	1.0*	2.5	0.9
Touch football	6.6	5.1	2.8	2.1	9.4	3.6
Triathlon	1.0*	0.8*	0.1**	0.1**	1.2*	0.4*
Volleyball	2.3	1.8	0.6*	0.5*	3.0	1.1
Walking (bush)	8.4	6.5	9.6	7.1	18.0	6.8
Walking (other)	37.0	28.6	63.9	47.4	101.0	38.2
Water polo	0.2**	0.2**	0.0**	0.0**	0.2**	0.1**
Waterskiing/powerboating	1.1*	0.9*	0.2**	0.1**	1.3*	0.5*
Weight training	4.1	3.2	3.3	2.4	7.3	2.8
Yoga	0.7*	0.5*	7.2	5.4	7.9	3.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 37: Australian Capital Territory participants — total participation in specific activities by type of activity, 2007 (a)

Activity	Number ('000)			Total participation rate (%) (b)		
	Organised	Non-organised	Total	Organised	Non-organised	Total
Aerobics/fitness	35.2	35.6	65.0	13.3	13.5	24.6
Aquarobics	1.9*	0.1**	1.9*	0.7*	0.1**	0.7*
Athletics/track and field	2.0*	0.5*	2.0*	0.8*	0.2*	0.8*
Australian football	2.7	0.6*	3.4	1.0	0.2*	1.3
Badminton	1.2*	2.7	3.2	0.4*	1.0	1.2
Baseball	0.7*	0.2**	0.7*	0.3*	0.1**	0.3*
Basketball	3.8	3.5	6.3	1.4	1.3	2.4
Billiards/snooker/pool	-	0.2**	0.2**	-	0.1**	0.1**
Boxing	1.3*	0.6*	1.6*	0.5*	0.2*	0.6*
Canoeing/kayaking	0.6*	3.3	4.0	0.2*	1.3	1.5
Carpet bowls	0.2**	-	0.2**	0.1**	-	0.1**
Cricket (indoor)	3.3	1.4*	4.7	1.3	0.5*	1.8
Cricket (outdoor)	4.4	3.0	7.2	1.7	1.1	2.7
Cycling	3.6	40.6	42.5	1.4	15.3	16.1
Dancing	4.6	1.4*	5.2	1.7	0.5*	2.0
Fishing	-	2.7	2.7	-	1.0	1.0
Football (indoor)	6.6	4.7	10.3	2.5	1.8	3.9
Football (outdoor)	9.6	6.2	14.4	3.6	2.3	5.5
Golf	7.7	9.7	16.3	2.9	3.7	6.2
Gymnastics	0.8*	0.9*	1.7*	0.3*	0.3*	0.6*
Hockey (indoor)	0.6*	0.2**	0.8*	0.2*	0.1**	0.3*
Hockey (outdoor)	1.6*	-	1.6*	0.6*	-	0.6*
Horse riding/equestrian activities/polocrosse	0.8*	1.3*	1.5*	0.3*	0.5*	0.6*
Ice/snow sports	1.4*	4.3	5.4	0.5*	1.6	2.0
Lawn bowls	1.4*	0.3**	1.7*	0.5*	0.1**	0.7*
Martial arts	5.2	1.0*	6.0	2.0	0.4*	2.3
Motor sports	0.4**	0.7*	1.0*	0.1**	0.3*	0.4*
Netball	7.3	2.6	8.7	2.8	1.0	3.3
Orienteering	1.7*	1.0*	2.4	0.7*	0.4*	0.9
Rock climbing	0.4**	2.6	3.0	0.2**	1.0	1.1
Roller sports	-	2.2*	2.2*	-	0.8*	0.8*
Rowing	1.8*	0.4**	2.2*	0.7*	0.1**	0.8*
Rugby league	1.3*	0.4**	1.7*	0.5*	0.2**	0.7*
Rugby union	3.6	0.4**	3.8	1.4	0.2**	1.5
Running	3.6	27.8	29.5	1.4	10.5	11.2
Sailing	0.7*	0.7*	1.2*	0.3*	0.3*	0.5*
Scuba diving	0.8*	0.7*	1.1*	0.3*	0.3*	0.4*
Shooting sports	1.1*	0.4**	1.3*	0.4*	0.1**	0.5*
Softball	0.8*	0.1**	0.8*	0.3*	0.0**	0.3*
Squash/racquetball	1.7*	2.9	4.6	0.6*	1.1	1.8
Surf sports	-	2.6	2.6	-	1.0	1.0
Swimming	4.9	34.8	38.3	1.8	13.2	14.5
Table tennis	0.4**	1.2*	1.2*	0.2**	0.5*	0.5*
Tennis	5.7	14.4	18.7	2.2	5.5	7.1
Tenpin bowling	1.7*	0.9*	2.5	0.6*	0.3*	0.9
Touch football	7.3	3.4	9.4	2.8	1.3	3.6
Triathlon	1.0*	0.7*	1.2*	0.4*	0.3*	0.4*
Volleyball	2.4	0.9*	3.0	0.9	0.4*	1.1
Walking (bush)	2.2*	16.7	18.0	0.8*	6.3	6.8
Walking (other)	2.2*	100.5	101.0	0.8*	38.0	38.2
Water polo	0.2**	-	0.2**	0.1**	-	0.1**
Waterskiing/powerboating	0.4**	1.2*	1.3*	0.1**	0.4*	0.5*
Weight training	2.4	5.2	7.3	0.9	2.0	2.8
Yoga	4.7	4.1	7.9	1.8	1.5	3.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

10.9 State data (New South Wales)

Table 38: New South Wales participants — total participation in physical activity by type of participation, age and sex, 2007 (a)

		Organised only (A)	Non-organised only (B)	Both organised and non-organised (C)	Total organised (A + C)	Total non-organised (B + C)	Total participation (A + B + C)
Sex	Age group (years)	Number ('000)					
Males	15 to 24	117.7	106.7	184.5	302.2	291.2	408.9
	25 to 34	62.8	166.7	162.8	225.5	329.4	392.2
	35 to 44	66.1	217.5	126.4	192.5	343.9	410.0
	45 to 54	35.6*	213.2	83.5	119.1	296.7	332.3
	55 to 64	25.4*	170.3	76.5	101.8	246.8	272.1
	65 and over	51.8	169.8	54.0	105.8	223.8	275.6
	TOTAL		359.4	1,044.1	687.6	1,047.0	1,731.7
Females	15 to 24	115.4	122.5	93.7	209.1	216.2	331.6
	25 to 34	68.1	208.0	113.8	181.9	321.8	389.9
	35 to 44	65.2	234.1	96.7	161.9	330.8	395.9
	45 to 54	45.2	221.2	99.8	145.0	321.0	366.2
	55 to 64	46.1	173.0	72.7	118.8	245.7	291.7
	65 and over	47.2	192.1	70.8	118.0	262.9	310.1
	TOTAL		387.1	1,150.9	547.5	934.6	1,698.3
Persons	15 to 24	233.2	229.2	278.2	511.3	507.3	740.5
	25 to 34	130.9	374.7	276.6	407.4	651.3	782.1
	35 to 44	131.3	451.5	223.1	354.4	674.6	805.9
	45 to 54	80.8	434.4	183.2	264.0	617.6	698.4
	55 to 64	71.4	343.3	149.2	220.6	492.4	563.8
	65 and over	99.0	361.9	124.8	223.8	486.7	585.7
	TOTAL		746.5	2,195.0	1,235.1	1,981.6	3,430.0
Total participation rate (%) (b)							
Males	15 to 24	25.7	23.3	40.2	65.9	63.5	89.2
	25 to 34	13.5	35.8	34.9	48.4	70.7	84.2
	35 to 44	13.7	45.1	26.2	40.0	71.4	85.1
	45 to 54	7.8*	46.6	18.2	26.0	64.9	72.6
	55 to 64	6.9*	46.1	20.7	27.6	66.8	73.6
	65 and over	13.1	42.8	13.6	26.7	56.4	69.5
	TOTAL		13.7	39.7	26.1	39.8	65.9
Females	15 to 24	25.9	27.5	21.0	46.9	48.4	74.3
	25 to 34	14.3	43.7	23.9	38.2	67.6	81.9
	35 to 44	13.1	47.1	19.5	32.6	66.5	79.6
	45 to 54	9.6	46.9	21.1	30.7	68.0	77.6
	55 to 64	12.3	46.2	19.4	31.7	65.6	78.0
	65 and over	10.1	41.0	15.1	25.2	56.1	66.2
	TOTAL		14.2	42.1	20.0	34.2	62.1
Persons	15 to 24	25.8	25.3	30.7	56.5	56.1	81.8
	25 to 34	13.9	39.8	29.4	43.3	69.1	83.0
	35 to 44	13.4	46.1	22.8	36.2	68.9	82.3
	45 to 54	8.7	46.7	19.7	28.4	66.5	75.2
	55 to 64	9.6	46.2	20.1	29.7	66.2	75.8
	65 and over	11.4	41.8	14.4	25.9	56.3	67.7
	TOTAL		13.9	40.9	23.0	36.9	63.9

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 39: New South Wales participants — total participation in any physical activity (organised and non-organised) by demographics, 2007 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
AGE GROUP (YEARS)						
15 to 24	408.9	89.2	331.6	74.3	740.5	81.8
25 to 34	392.2	84.2	389.9	81.9	782.1	83.0
35 to 44	410.0	85.1	395.9	79.6	805.9	82.3
45 to 54	332.3	72.6	366.2	77.6	698.4	75.2
55 to 64	272.1	73.6	291.7	78.0	563.8	75.8
65 and over	275.6	69.5	310.1	66.2	585.7	67.7
REGION						
Capital city	1,341.8	80.8	1,304.9	75.1	2,646.6	77.9
Rest of state	749.3	77.3	780.6	78.4	1,529.9	77.9
EMPLOYMENT STATUS						
Employed full time	1,216.1	83.0	616.2	77.9	1,832.3	81.2
Employed part time	274.8	83.3	606.6	83.0	881.4	83.1
Unemployed	101.3	76.8	72.3	84.2	173.5	79.7
Not in the labour force	498.9	71.1	790.4	70.2	1,289.4	70.5
MARITAL STATUS						
Married	1,171.9	79.1	1,253.0	77.6	2,424.9	78.3
Not married	902.9	79.8	808.4	74.3	1,711.3	77.1
Refused/Do not know	16.3*	100.0*	24.1*	77.1*	40.4*	84.9*
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	589.4	82.0	754.9	78.8	1,344.3	80.2
At least one under 18 — none at home	67.9	73.4	3.6**	31.5**	71.5	68.9
No children under 18	1,433.8	78.9	1,327.0	75.2	2,760.8	77.1
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	631.7	86.6	603.8	83.5	1,235.5	85.1
Undergraduate diploma or associate diploma	137.5	84.4	180.8	79.5	318.4	81.5
Certificate, trade qualification or apprenticeship	377.9	81.9	308.7	83.6	686.6	82.7
Highest level of secondary school	468.4	77.8	456.5	72.6	924.9	75.1
Did not complete highest level of school	292.9	62.2	409.3	66.6	702.2	64.7
Never went to school	–	–	1.7**	19.3**	1.7**	19.3**
Still at secondary school	129.8	93.0	75.7	75.1	205.5	85.5
Other	40.1*	83.0*	28.5*	85.2*	68.6	83.9
Refused	12.8*	84.1*	20.4*	74.4*	33.2*	77.8*
INDIGENOUS STATUS						
Non-Indigenous	2,039.8	79.4	2,028.3	76.3	4,068.0	77.8
Indigenous	32.7*	79.5*	36.8*	76.6*	69.5	77.9
Total	2,091.1	79.5	2,085.5	76.3	4,176.6	77.9

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 40: All New South Wales persons — participation in any physical activity by frequency, age and sex, 2007 (a)

Sex	Age group (years)	None	Up to once	Once or twice	Three or four	Five or more	Total
			per week (b)	per week (c)	times per week (d)	times per week	
		Number ('000)					
Males	15 to 24	49.7	52.4	129.8	96.9	129.8	458.6
	25 to 34	73.5	93.0	119.9	89.6	89.6	465.7
	35 to 44	71.8	90.8	118.6	107.3	93.2	481.8
	45 to 54	125.2	67.5	110.5	52.3	101.8	457.4
	55 to 64	97.4	27.4*	78.5	70.3	96.0	369.5
	65 and over	120.9	42.2	68.4	56.4	108.5	396.5
	TOTAL		538.5	373.4	625.8	472.9	619.0
Females	15 to 24	114.6	82.7	104.6	79.2	65.1	446.2
	25 to 34	86.3	37.3*	137.1	98.4	117.1	476.2
	35 to 44	101.2	78.5	114.4	113.1	89.9	497.1
	45 to 54	105.7	45.4	94.5	106.7	119.5	471.9
	55 to 64	82.5	24.8*	63.7	77.2	126.1	374.2
	65 and over	158.4	37.1*	75.8	65.7	131.4	468.5
	TOTAL		648.7	305.8	590.1	540.4	649.1
Persons	15 to 24	164.3	135.1	234.3	176.1	194.9	904.8
	25 to 34	159.7	130.4	257.0	188.1	206.7	941.9
	35 to 44	173.0	169.3	233.0	220.5	183.1	978.9
	45 to 54	230.9	113.0	205.0	159.1	221.3	929.3
	55 to 64	179.9	52.2	142.2	147.4	222.1	743.7
	65 and over	279.4	79.3	144.2	122.2	239.9	865.1
	TOTAL		1,187.2	679.3	1,215.8	1,013.4	1,268.1
		Percentage of row					
Males	15 to 24	10.8	11.4	28.3	21.1	28.3	100.0
	25 to 34	15.8	20.0	25.7	19.3	19.3	100.0
	35 to 44	14.9	18.8	24.6	22.3	19.4	100.0
	45 to 54	27.4	14.8	24.2	11.4	22.3	100.0
	55 to 64	26.4	7.4*	21.2	19.0	26.0	100.0
	65 and over	30.5	10.7	17.3	14.2	27.4	100.0
	TOTAL		20.5	14.2	23.8	18.0	23.5
Females	15 to 24	25.7	18.5	23.4	17.8	14.6	100.0
	25 to 34	18.1	7.8*	28.8	20.7	24.6	100.0
	35 to 44	20.4	15.8	23.0	22.8	18.1	100.0
	45 to 54	22.4	9.6	20.0	22.6	25.3	100.0
	55 to 64	22.0	6.6*	17.0	20.6	33.7	100.0
	65 and over	33.8	7.9*	16.2	14.0	28.1	100.0
	TOTAL		23.7	11.2	21.6	19.8	23.7
Persons	15 to 24	18.2	14.9	25.9	19.5	21.5	100.0
	25 to 34	17.0	13.8	27.3	20.0	21.9	100.0
	35 to 44	17.7	17.3	23.8	22.5	18.7	100.0
	45 to 54	24.8	12.2	22.1	17.1	23.8	100.0
	55 to 64	24.2	7.0	19.1	19.8	29.9	100.0
	65 and over	32.3	9.2	16.7	14.1	27.7	100.0
	TOTAL		22.1	12.7	22.7	18.9	23.6

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 41: New South Wales participants — participation in any physical activity by cumulative frequency, age and sex, 2007 (a)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	52.4	356.5	301.4	226.7	408.9
	25 to 34	93.0	299.2	232.7	179.3	392.2
	35 to 44	90.8	319.2	239.6	200.6	410.0
	45 to 54	67.5	264.7	221.5	154.2	332.3
	55 to 64	27.4*	244.7	186.1	166.2	272.1
	65 and over	42.2	233.3	204.0	164.9	275.6
	TOTAL		373.4	1,717.6	1,385.2	1,091.9
Females	15 to 24	82.7	248.9	198.5	144.3	331.6
	25 to 34	37.3*	352.6	274.3	215.5	389.9
	35 to 44	78.5	317.4	263.9	203.0	395.9
	45 to 54	45.4	320.7	273.0	226.2	366.2
	55 to 64	24.8*	267.0	244.6	203.3	291.7
	65 and over	37.1*	273.0	232.6	197.2	310.1
	TOTAL		305.8	1,779.6	1,486.8	1,189.6
Persons	15 to 24	135.1	605.4	499.9	371.0	740.5
	25 to 34	130.4	651.8	506.9	394.8	782.1
	35 to 44	169.3	636.6	503.5	403.6	805.9
	45 to 54	113.0	585.4	494.5	380.4	698.4
	55 to 64	52.2	511.7	430.7	369.5	563.8
	65 and over	79.3	506.3	436.5	362.1	585.7
	TOTAL		679.3	3,497.3	2,872.0	2,281.4
Total participation rate (%) (b)						
Males	15 to 24	11.4	77.7	65.7	49.4	89.2
	25 to 34	20.0	64.2	50.0	38.5	84.2
	35 to 44	18.8	66.2	49.7	41.6	85.1
	45 to 54	14.8	57.9	48.4	33.7	72.6
	55 to 64	7.4*	66.2	50.4	45.0	73.6
	65 and over	10.7	58.8	51.4	41.6	69.5
	TOTAL		14.2	65.3	52.7	41.5
Females	15 to 24	18.5	55.8	44.5	32.3	74.3
	25 to 34	7.8*	74.0	57.6	45.3	81.9
	35 to 44	15.8	63.9	53.1	40.8	79.6
	45 to 54	9.6	68.0	57.8	47.9	77.6
	55 to 64	6.6*	71.3	65.4	54.3	78.0
	65 and over	7.9*	58.3	49.6	42.1	66.2
	TOTAL		11.2	65.1	54.4	43.5
Persons	15 to 24	14.9	66.9	55.2	41.0	81.8
	25 to 34	13.8	69.2	53.8	41.9	83.0
	35 to 44	17.3	65.0	51.4	41.2	82.3
	45 to 54	12.2	63.0	53.2	40.9	75.2
	55 to 64	7.0	68.8	57.9	49.7	75.8
	65 and over	9.2	58.5	50.5	41.9	67.7
	TOTAL		12.7	65.2	53.5	42.5

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 42: New South Wales recent participants — recent participation in any physical activity by duration and age, 2007 (a)

		15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	Total
		Number ('000)						
Five hours or more	More than three sessions weekly	158.9	135.6	133.6	128.7	136.8	141.3	834.8
	Two or three sessions weekly	52.7	22.0*	14.7*	21.5*	14.7*	36.5*	161.9
	Less than two sessions weekly	-	3.4**	9.1**	10.5**	11.9*	7.3**	42.1
	<i>Total</i>	<i>211.5</i>	<i>160.9</i>	<i>157.3</i>	<i>160.7</i>	<i>163.3</i>	<i>185.1</i>	<i>1,038.9</i>
Two hours or more but less than five hours	More than three sessions weekly	53.0	106.0	109.9	125.5	103.4	96.9	594.7
	Two or three sessions weekly	142.8	106.3	91.5	78.7	51.8	29.9*	501.0
	Less than two sessions weekly	29.5*	37.5*	46.0	36.7*	30.8*	32.4*	212.9
	<i>Total</i>	<i>225.3</i>	<i>249.8</i>	<i>247.4</i>	<i>240.9</i>	<i>186.0</i>	<i>159.2</i>	<i>1,308.6</i>
Less than two hours	More than three sessions weekly	11.0**	6.2**	15.0*	15.4*	17.8*	30.7*	96.0
	Two or three sessions weekly	34.6*	60.2	69.6	53.7	46.1	54.4	318.7
	Less than two sessions weekly	126.6	160.9	163.3	116.8	70.4	86.9	725.0
	<i>Total</i>	<i>172.2</i>	<i>227.3</i>	<i>247.9</i>	<i>185.9</i>	<i>134.3</i>	<i>172.1</i>	<i>1,139.7</i>
Total	More than three sessions weekly	222.8	247.8	258.4	269.6	258.0	269.0	1,525.5
	Two or three sessions weekly	230.1	188.4	175.8	153.9	112.6	120.9	981.7
	Less than two sessions weekly	156.1	201.8	218.4	164.0	113.1	126.6	980.0
	Total	609.0	637.9	652.6	587.5	483.7	516.5	3,487.2
		Percentage of total						
Five hours or more	More than three sessions weekly	4.6	3.9	3.8	3.7	3.9	4.1	23.9
	Two or three sessions weekly	1.5	0.6*	0.4*	0.6*	0.4*	1.0*	4.6
	Less than two sessions weekly	-	0.1**	0.3**	0.3**	0.3*	0.2**	1.2
	<i>Total</i>	<i>6.1</i>	<i>4.6</i>	<i>4.5</i>	<i>4.6</i>	<i>4.7</i>	<i>5.3</i>	<i>29.8</i>
Two hours or more but less than five hours	More than three sessions weekly	1.5	3.0	3.2	3.6	3.0	2.8	17.1
	Two or three sessions weekly	4.1	3.1	2.6	2.3	1.5	0.9*	14.4
	Less than two sessions weekly	0.8*	1.1*	1.3	1.1*	0.9*	0.9*	6.1
	<i>Total</i>	<i>6.5</i>	<i>7.2</i>	<i>7.1</i>	<i>6.9</i>	<i>5.3</i>	<i>4.6</i>	<i>37.5</i>
Less than two hours	More than three sessions weekly	0.3**	0.2**	0.4*	0.4*	0.5*	0.9*	2.8
	Two or three sessions weekly	1.0*	1.7	2.0	1.5	1.3	1.6	9.1
	Less than two sessions weekly	3.6	4.6	4.7	3.3	2.0	2.5	20.8
	<i>Total</i>	<i>4.9</i>	<i>6.5</i>	<i>7.1</i>	<i>5.3</i>	<i>3.9</i>	<i>4.9</i>	<i>32.7</i>
Total	More than three sessions weekly	6.4	7.1	7.4	7.7	7.4	7.7	43.7
	Two or three sessions weekly	6.6	5.4	5.0	4.4	3.2	3.5	28.2
	Less than two sessions weekly	4.5	5.8	6.3	4.7	3.2	3.6	28.1
	Total	17.5	18.3	18.7	16.8	13.9	14.8	100.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport in the two weeks prior to interview in 2007

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 43: New South Wales regular participants — regular participation in any physical activity (organised and non-organised) by demographics, 2007 (a)

	MALES		FEMALES		PERSONS	
	Number	Regular participation rate (b)	Number	Regular participation rate	Number	Regular participation rate
	('000)	(%)	('000)	(%)	('000)	(%)
AGE GROUP (YEARS)						
15 to 24	226.7	49.4	144.3	32.3	371.0	41.0
25 to 34	179.3	38.5	215.5	45.3	394.8	41.9
35 to 44	200.6	41.6	203.0	40.8	403.6	41.2
45 to 54	154.2	33.7	226.2	47.9	380.4	40.9
55 to 64	166.2	45.0	203.3	54.3	369.5	49.7
65 and over	164.9	41.6	197.2	42.1	362.1	41.9
REGION						
Capital city	688.9	41.5	745.2	42.9	1,434.1	42.2
Rest of state	403.0	41.6	444.4	44.6	847.3	43.1
EMPLOYMENT STATUS						
Employed full time	609.3	41.6	338.1	42.7	947.4	42.0
Employed part time	137.1	41.5	323.7	44.3	460.8	43.5
Unemployed	57.6	43.7	39.9*	46.5*	97.5	44.8
Not in the labour force	288.0	41.0	487.8	43.3	775.8	42.4
MARITAL STATUS						
Married	585.6	39.5	739.5	45.8	1,325.1	42.8
Not married	495.8	43.8	435.3	40.0	931.1	42.0
Refused/Do not know	10.6**	64.6**	14.7*	47.1*	25.3*	53.1*
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	278.4	38.7	392.1	40.9	670.5	40.0
At least one under 18 — none at home	33.4*	36.1*	1.6**	14.5**	35.0*	33.7*
No children under 18	780.2	42.9	795.8	45.1	1,576.0	44.0
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	336.0	46.1	361.4	50.0	697.4	48.0
Undergraduate diploma or associate diploma	60.6	37.2	98.1	43.1	158.7	40.6
Certificate, trade qualification or apprenticeship	193.6	42.0	179.8	48.7	373.4	45.0
Highest level of secondary school	258.3	42.9	243.9	38.8	502.2	40.8
Did not complete highest level of school	147.6	31.4	235.2	38.2	382.8	35.3
Never went to school	–	–	1.7**	19.3**	1.7**	19.3**
Still at secondary school	64.5	46.2	50.5	50.1	115.0	47.8
Other	23.6*	48.8*	7.3**	21.8**	30.9*	37.8*
Refused	7.7**	50.8**	11.7*	42.6*	19.4*	45.5*
INDIGENOUS STATUS						
Non-Indigenous	1,057.5	41.2	1,157.6	43.6	2,215.1	42.4
Indigenous	15.7*	38.2*	25.1*	52.3*	40.8*	45.8*
Total	1,091.9	41.5	1,189.6	43.5	2,281.4	42.5

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, regular participation rate is the number of persons who participated in the activity at least three times per week on average, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 44: New South Wales organised participants — participation in organised physical activity by frequency, age and sex, 2007 (a)

Sex	Age group (years)	None	Up to once	Once or twice	Three or four	Five or	Total
			per week (b)	per week (c)	times per week (d)	more times per week	
		Number ('000)					
Males	15 to 24	156.4	92.4	103.6	64.5	41.8	458.6
	25 to 34	240.1	80.0	76.0	46.1	23.5*	465.7
	35 to 44	289.3	98.8	63.6	21.9*	8.3**	481.8
	45 to 54	338.3	45.7	30.9*	30.7*	11.7*	457.4
	55 to 64	267.7	30.9*	48.0	15.4*	7.5**	369.5
	65 and over	290.7	27.4*	46.4	24.8*	7.3**	396.5
	TOTAL	1,582.6	375.2	368.4	203.3	100.0	2,629.6
Females	15 to 24	237.1	61.4	75.7	50.4	21.6*	446.2
	25 to 34	294.3	43.8	90.9	26.6*	20.5*	476.2
	35 to 44	335.3	36.2*	77.7	29.2*	18.7*	497.1
	45 to 54	326.9	35.2*	62.9	37.6*	9.2**	471.9
	55 to 64	255.5	27.9*	39.0*	39.7*	12.2*	374.2
	65 and over	350.6	27.0*	67.4	18.5*	5.1**	468.5
	TOTAL	1,799.6	231.5	413.7	202.1	87.3	2,734.2
Persons	15 to 24	393.5	153.8	179.3	114.9	63.4	904.8
	25 to 34	534.4	123.9	166.9	72.7	44.0	941.9
	35 to 44	624.6	135.0	141.3	51.1	27.0*	978.9
	45 to 54	665.3	81.0	93.9	68.3	20.9*	929.3
	55 to 64	523.2	58.8	87.0	55.2	19.7*	743.7
	65 and over	641.3	54.3	113.8	43.3	12.3*	865.1
	TOTAL	3,382.2	606.7	782.1	405.4	187.3	5,363.8
Percentage of row							
Males	15 to 24	34.1	20.1	22.6	14.1	9.1	100.0
	25 to 34	51.6	17.2	16.3	9.9	5.0*	100.0
	35 to 44	60.0	20.5	13.2	4.5*	1.7**	100.0
	45 to 54	74.0	10.0	6.8*	6.7*	2.5*	100.0
	55 to 64	72.4	8.4*	13.0	4.2*	2.0**	100.0
	65 and over	73.3	6.9*	11.7	6.2*	1.8**	100.0
	TOTAL	60.2	14.3	14.0	7.7	3.8	100.0
Females	15 to 24	53.1	13.8	17.0	11.3	4.8*	100.0
	25 to 34	61.8	9.2	19.1	5.6*	4.3*	100.0
	35 to 44	67.4	7.3*	15.6	5.9*	3.8*	100.0
	45 to 54	69.3	7.5*	13.3	8.0*	2.0**	100.0
	55 to 64	68.3	7.5*	10.4*	10.6*	3.3*	100.0
	65 and over	74.8	5.8*	14.4	4.0*	1.1**	100.0
	TOTAL	65.8	8.5	15.1	7.4	3.2	100.0
Persons	15 to 24	43.5	17.0	19.8	12.7	7.0	100.0
	25 to 34	56.7	13.2	17.7	7.7	4.7	100.0
	35 to 44	63.8	13.8	14.4	5.2	2.8*	100.0
	45 to 54	71.6	8.7	10.1	7.4	2.2*	100.0
	55 to 64	70.3	7.9	11.7	7.4	2.7*	100.0
	65 and over	74.1	6.3	13.2	5.0	1.4*	100.0
	TOTAL	63.1	11.3	14.6	7.6	3.5	100.0

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 45: New South Wales organised participants — participation in organised physical activity by cumulative frequency, age and sex, 2007 (a)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	92.4	209.8	168.9	106.3	302.2
	25 to 34	80.1	145.5	99.4	69.5	225.5
	35 to 44	98.8	93.7	44.0	30.1*	192.5
	45 to 54	45.7	73.3	49.4	42.4	119.1
	55 to 64	30.9*	71.0	32.9*	23.0*	101.8
	65 and over	27.4*	78.4	61.3	32.0*	105.8
	TOTAL		375.2	671.8	455.9	303.4
Females	15 to 24	61.4	147.7	115.3	72.0	209.1
	25 to 34	43.8	138.1	73.2	47.1	181.9
	35 to 44	36.2*	125.7	84.9	48.0	161.9
	45 to 54	35.2*	109.8	79.0	46.8	145.0
	55 to 64	27.9*	90.9	67.3	51.9	118.8
	65 and over	27.0*	91.0	52.2	23.6*	118.0
	TOTAL		231.5	703.1	471.9	289.4
Persons	15 to 24	153.8	357.6	284.2	178.3	511.3
	25 to 34	123.9	283.6	172.7	116.7	407.4
	35 to 44	135.0	219.4	128.9	78.1	354.4
	45 to 54	81.0	183.1	128.4	89.2	264.0
	55 to 64	58.8	161.8	100.2	74.9	220.6
	65 and over	54.3	169.4	113.5	55.6	223.8
	TOTAL		606.7	1,374.9	927.8	592.8

Total participation rate (%) (b)

Males	15 to 24	20.1	45.8	36.8	23.2	65.9
	25 to 34	17.2	31.2	21.4	14.9	48.4
	35 to 44	20.5	19.4	9.1	6.3*	40.0
	45 to 54	10.0	16.0	10.8	9.3	26.0
	55 to 64	8.4*	19.2	8.9*	6.2*	27.6
	65 and over	6.9*	19.8	15.5	8.1*	26.7
	TOTAL		14.3	25.5	17.3	11.5
Females	15 to 24	13.8	33.1	25.8	16.1	46.9
	25 to 34	9.2	29.0	15.4	9.9	38.2
	35 to 44	7.3*	25.3	17.1	9.6	32.6
	45 to 54	7.5*	23.3	16.7	9.9	30.7
	55 to 64	7.5*	24.3	18.0	13.9	31.7
	65 and over	5.8*	19.4	11.1	5.0*	25.2
	TOTAL		8.5	25.7	17.3	10.6
Persons	15 to 24	17.0	39.5	31.4	19.7	56.5
	25 to 34	13.2	30.1	18.3	12.4	43.3
	35 to 44	13.8	22.4	13.2	8.0	36.2
	45 to 54	8.7	19.7	13.8	9.6	28.4
	55 to 64	7.9	21.8	13.5	10.1	29.7
	65 and over	6.3	19.6	13.1	6.4	25.9
	TOTAL		11.3	25.6	17.3	11.1

(a) Relates to persons aged 15 years and over who participated in organised physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 46: New South Wales organised participants — total participation in organised activities by type of organisation, age and sex, 2007 (a)

Sex	Age group (years)	Fitness, leisure or indoor sports centre	Sport or recreation club or association	Work	School	Other	Total organised participation
		Number ('000)					
Males	15 to 24	74.2	238.2	6.7**	73.4	9.8**	302.2
	25 to 34	76.3	165.8	3.4**	–	29.9*	225.5
	35 to 44	52.0	143.1	16.5*	–	19.1*	192.5
	45 to 54	19.1*	104.9	2.5**	–	11.9*	119.1
	55 to 64	25.7*	76.1	7.9**	–	17.5*	101.8
	65 and over	29.7*	78.7	–	–	12.3*	105.8
	TOTAL		277.1	806.7	37.0*	73.4	100.4
Females	15 to 24	86.8	133.5	3.6**	54.1	21.6*	209.1
	25 to 34	79.8	94.7	10.7**	5.1**	28.5*	181.9
	35 to 44	82.1	89.1	5.5**	1.7**	14.4*	161.9
	45 to 54	50.1	92.4	5.2**	3.8**	18.2*	145.0
	55 to 64	45.2	77.5	–	–	15.7*	118.8
	65 and over	37.1*	77.5	–	1.7**	25.3*	118.0
	TOTAL		381.1	564.7	25.0*	66.3	123.6
Persons	15 to 24	161.0	371.6	10.2**	127.5	31.4*	511.3
	25 to 34	156.1	260.5	14.1*	5.1**	58.3	407.4
	35 to 44	134.1	232.2	22.0*	1.7**	33.5*	354.4
	45 to 54	69.2	197.3	7.7**	3.8**	30.1*	264.0
	55 to 64	71.0	153.6	7.9**	–	33.2*	220.6
	65 and over	66.8	156.2	–	1.7**	37.6*	223.8
	TOTAL		658.1	1,371.4	62.0	139.7	224.0

Total participation rate (%) (b)

Males	15 to 24	16.2	51.9	1.5**	16.0	2.1**	65.9
	25 to 34	16.4	35.6	0.7**	–	6.4*	48.4
	35 to 44	10.8	29.7	3.4*	–	4.0*	40.0
	45 to 54	4.2*	22.9	0.6**	–	2.6*	26.0
	55 to 64	7.0*	20.6	2.1**	–	4.7*	27.6
	65 and over	7.5*	19.8	–	–	3.1*	26.7
	TOTAL		10.5	30.7	1.4*	2.8	3.8
Females	15 to 24	19.5	29.9	0.8**	12.1	4.8*	46.9
	25 to 34	16.7	19.9	2.3**	1.1**	6.0*	38.2
	35 to 44	16.5	17.9	1.1**	0.3**	2.9*	32.6
	45 to 54	10.6	19.6	1.1**	0.8**	3.9*	30.7
	55 to 64	12.1	20.7	–	–	4.2*	31.7
	65 and over	7.9*	16.6	–	0.4**	5.4*	25.2
	TOTAL		13.9	20.7	0.9*	2.4	4.5
Persons	15 to 24	17.8	41.1	1.1**	14.1	3.5*	56.5
	25 to 34	16.6	27.7	1.5*	0.5**	6.2	43.3
	35 to 44	13.7	23.7	2.3*	0.2**	3.4*	36.2
	45 to 54	7.4	21.2	0.8**	0.4**	3.2*	28.4
	55 to 64	9.5	20.6	1.1**	–	4.5*	29.7
	65 and over	7.7	18.1	–	0.2**	4.3*	25.9
	TOTAL		12.3	25.6	1.2	2.6	4.2

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 47: New South Wales participants — total participation in specific activities (organised and non-organised) by sex, 2007 (a)

Activity	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
Aerobics/fitness	418.0	15.9	644.6	23.6	1,062.6	19.8
Aquarobics	2.5**	0.1**	40.3*	1.5*	42.8	0.8
Athletics/track and field	17.7*	0.7*	9.6**	0.3**	27.3*	0.5*
Australian football	16.1*	0.6*	0.0**	0.0**	16.1*	0.3*
Badminton	12.1*	0.5*	18.5*	0.7*	30.6*	0.6*
Baseball	4.7**	0.2**	0.0**	0.0**	4.7**	0.1**
Basketball	95.0	3.6	50.4	1.8	145.4	2.7
Billiards/snooker/pool	13.1*	0.5*	3.7**	0.1**	16.8*	0.3*
Boxing	21.4*	0.8*	5.6**	0.2**	26.9*	0.5*
Canoeing/kayaking	25.6*	1.0*	28.8*	1.1*	54.4	1.0
Carpet bowls	2.4**	0.1**	6.6**	0.2**	9.0**	0.2**
Cricket (indoor)	37.3*	1.4*	0.0**	0.0**	37.3*	0.7*
Cricket (outdoor)	134.5	5.1	12.8*	0.5*	147.3	2.7
Cycling	302.6	11.5	144.8	5.3	447.4	8.3
Dancing	16.3*	0.6*	64.5	2.4	80.8	1.5
Darts	0.0**	0.0**	3.3**	0.1**	3.3**	0.1**
Fishing	79.1	3.0	5.2**	0.2**	84.3	1.6
Football (indoor)	65.2	2.5	8.4**	0.3**	73.5	1.4
Football (outdoor)	245.7	9.3	72.0	2.6	317.6	5.9
Golf	226.2	8.6	72.2	2.6	298.4	5.6
Gymnastics	3.4**	0.1**	15.5*	0.6*	18.9*	0.4*
Hockey (outdoor)	18.5*	0.7*	8.5**	0.3**	27.1*	0.5*
Horse riding/equestrian activities/polocrosse	13.1*	0.5*	45.1	1.6	58.2	1.1
Ice/snow sports	49.6	1.9	18.3*	0.7*	67.9	1.3
Lawn bowls	37.8*	1.4*	23.8*	0.9*	61.5	1.1
Martial arts	43.0	1.6	58.9	2.2	101.9	1.9
Motor sports	58.2	2.2	4.5**	0.2**	62.6	1.2
Netball	2.7**	0.1**	123.5	4.5	126.2	2.4
Orienteering	18.0*	0.7*	2.8**	0.1**	20.8*	0.4*
Rock climbing	17.8*	0.7*	10.3**	0.4**	28.2*	0.5*
Roller sports	16.3*	0.6*	0.0**	0.0**	16.3*	0.3*
Rowing	11.8*	0.4*	9.3**	0.3**	21.1*	0.4*
Rugby league	96.7	3.7	0.0**	0.0**	96.7	1.8
Rugby union	53.0	2.0	0.0**	0.0**	53.0	1.0
Running	248.6	9.5	144.0	5.3	392.5	7.3
Sailing	15.6*	0.6*	3.3**	0.1**	18.9*	0.4*
Scuba diving	14.4*	0.5*	5.3**	0.2**	19.7*	0.4*
Shooting sports	18.6*	0.7*	0.0**	0.0**	18.6*	0.3*
Softball	2.8**	0.1**	17.5*	0.6*	20.3*	0.4*
Squash/racquetball	42.8	1.6	19.2*	0.7*	62.0	1.2
Surf sports	128.7	4.9	24.1*	0.9*	152.7	2.8
Swimming	365.4	13.9	372.4	13.6	737.7	13.8
Table tennis	14.0*	0.5*	5.3**	0.2**	19.3*	0.4*
Tennis	207.0	7.9	152.5	5.6	359.4	6.7
Tenpin bowling	5.0**	0.2**	4.7**	0.2**	9.8**	0.2**
Touch football	138.3	5.3	54.4	2.0	192.6	3.6
Triathlon	22.5*	0.9*	0.0**	0.0**	22.5*	0.4*
Volleyball	16.0*	0.6*	11.0**	0.4**	27.0*	0.5*
Walking (bush)	139.8	5.3	193.5	7.1	333.3	6.2
Walking (other)	634.6	24.1	1,060.2	38.8	1,694.8	31.6
Water polo	2.8**	0.1**	3.7**	0.1**	6.5**	0.1**
Waterskiing/powerboating	18.1*	0.7*	3.3**	0.1**	21.4*	0.4*
Weight training	57.7	2.2	43.0	1.6	100.7	1.9
Yoga	27.6*	1.1*	136.3	5.0	163.9	3.1

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 48: New South Wales participants — total participation in specific activities by type of activity, 2007 (a)

Activity	Number ('000)			Total participation rate (%) (b)		
	Organised	Non-organised	Total	Organised	Non-organised	Total
Aerobics/fitness	488.0	625.3	1,062.6	9.1	11.7	19.8
Aquarobics	26.3*	16.5*	42.8	0.5*	0.3*	0.8
Athletics/track and field	18.0*	14.7*	27.3*	0.3*	0.3*	0.5*
Australian football	9.3**	6.8**	16.1*	0.2**	0.1**	0.3*
Badminton	9.4**	21.2*	30.6*	0.2**	0.4*	0.6*
Baseball	4.7**	-	4.7**	0.1**	-	0.1**
Basketball	109.5	48.8	145.4	2.0	0.9	2.7
Billiards/snooker/pool	5.7**	13.4*	16.8*	0.1**	0.2*	0.3*
Boxing	10.0**	16.9*	26.9*	0.2**	0.3*	0.5*
Canoeing/kayaking	18.6*	41.1*	54.4	0.3*	0.8*	1.0
Carpet bowls	9.0**	-	9.0**	0.2**	-	0.2**
Cricket (indoor)	23.8*	16.3*	37.3*	0.4*	0.3*	0.7*
Cricket (outdoor)	84.7	72.7	147.3	1.6	1.4	2.7
Cycling	40.6*	424.3	447.4	0.8*	7.9	8.3
Dancing	63.8	29.1*	80.8	1.2	0.5*	1.5
Darts	3.3**	-	3.3**	0.1**	-	0.1**
Fishing	13.4*	79.5	84.3	0.2*	1.5	1.6
Football (indoor)	51.1	28.1*	73.5	1.0	0.5*	1.4
Football (outdoor)	204.9	131.3	317.6	3.8	2.4	5.9
Golf	175.2	142.2	298.4	3.3	2.7	5.6
Gymnastics	7.1**	11.8*	18.9*	0.1**	0.2*	0.4*
Hockey (outdoor)	27.1*	3.6**	27.1*	0.5*	0.1**	0.5*
Horse riding/equestrian activities/polocrosse	13.3*	48.5	58.2	0.2*	0.9	1.1
Ice/snow sports	10.6**	59.6	67.9	0.2**	1.1	1.3
Lawn bowls	61.5	4.5**	61.5	1.1	0.1**	1.1
Martial arts	79.5	34.2*	101.9	1.5	0.6*	1.9
Motor sports	25.6*	52.2	62.6	0.5*	1.0	1.2
Netball	103.5	26.3*	126.2	1.9	0.5*	2.4
Orienteering	3.1**	17.7*	20.8*	0.1**	0.3*	0.4*
Rock climbing	11.8*	22.5*	28.2*	0.2*	0.4*	0.5*
Roller sports	3.1**	16.3*	16.3*	0.1**	0.3*	0.3*
Rowing	12.1*	11.3*	21.1*	0.2*	0.2*	0.4*
Rugby league	68.2	32.0*	96.7	1.3	0.6*	1.8
Rugby union	40.2*	16.1*	53.0	0.7*	0.3*	1.0
Running	50.7	368.2	392.5	0.9	6.9	7.3
Sailing	10.3**	11.4*	18.9*	0.2**	0.2*	0.4*
Scuba diving	8.9**	10.9**	19.7*	0.2**	0.2**	0.4*
Shooting sports	10.0**	11.1*	18.6*	0.2**	0.2*	0.3*
Softball	17.5*	2.8**	20.3*	0.3*	0.1**	0.4*
Squash/racquetball	34.5*	30.9*	62.0	0.6*	0.6*	1.2
Surf sports	16.3*	146.9	152.7	0.3*	2.7	2.8
Swimming	110.4	657.6	737.7	2.1	12.3	13.8
Table tennis	8.9**	10.3**	19.3*	0.2**	0.2**	0.4*
Tennis	145.6	251.0	359.4	2.7	4.7	6.7
Tenpin bowling	4.4**	5.3**	9.8**	0.1**	0.1**	0.2**
Touch football	144.0	69.9	192.6	2.7	1.3	3.6
Triathlon	22.5*	2.8**	22.5*	0.4*	0.1**	0.4*
Volleyball	9.9**	17.1*	27.0*	0.2**	0.3*	0.5*
Walking (bush)	41.3	305.3	333.3	0.8	5.7	6.2
Walking (other)	50.1	1,675.8	1,694.8	0.9	31.2	31.6
Water polo	6.5**	-	6.5**	0.1**	-	0.1**
Waterskiing/powerboating	3.4**	18.0*	21.4*	0.1**	0.3*	0.4*
Weight training	30.4*	73.7	100.7	0.6*	1.4	1.9
Yoga	78.7	103.3	163.9	1.5	1.9	3.1

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

10.10 State data (Northern Territory)

Table 49: Northern Territory participants — total participation in physical activity by type of participation, age and sex, 2007 (a)

		Organised only (A)	Non-organised only (B)	Both organised and non-organised (C)	Total organised (A + C)	Total non-organised (B + C)	Total participation (A + B + C)
Sex	Age group (years)	Number ('000)					
Males	15 to 24	5.2	4.3	4.9	10.0	9.1	14.3
	25 to 34	2.6	6.4	4.9	7.6	11.3	14.0
	35 to 44	3.2	6.4	3.7	6.9	10.2	13.4
	45 to 54	1.5*	7.7	1.9*	3.5	9.7	11.2
	55 to 64	0.4**	4.4	1.9*	2.3	6.3	6.7
	65 and over	0.6*	2.0*	0.1**	0.7*	2.1	2.7
	TOTAL		13.6	31.3	17.4	31.0	48.7
Females	15 to 24	4.1	4.6	4.6	8.6	9.1	13.2
	25 to 34	2.0*	7.6	4.3	6.3	11.9	13.9
	35 to 44	2.2	6.8	4.3	6.5	11.1	13.4
	45 to 54	1.3*	6.7	3.4	4.7	10.1	11.4
	55 to 64	0.8*	4.0	1.4*	2.2	5.4	6.2
	65 and over	0.6*	1.3*	0.7*	1.3*	2.0*	2.6
	TOTAL		10.9	31.0	18.7	29.7	49.7
Persons	15 to 24	9.2	8.8	9.4	18.7	18.3	27.5
	25 to 34	4.6	14.0	9.3	13.9	23.2	27.8
	35 to 44	5.5	13.3	8.0	13.5	21.3	26.8
	45 to 54	2.9	14.5	5.3	8.1	19.8	22.6
	55 to 64	1.2*	8.4	3.3	4.5	11.7	12.9
	65 and over	1.2*	3.3	0.8*	2.0*	4.1	5.3
	TOTAL		24.5	62.2	36.1	60.6	98.3
Total participation rate (%) (b)							
Males	15 to 24	32.7	26.9	30.8	63.5	57.7	90.4
	25 to 34	16.1	39.1	29.9	46.0	69.0	85.1
	35 to 44	19.7	39.4	22.8	42.5	62.2	81.9
	45 to 54	11.1*	55.6	13.7*	24.8	69.2	80.3
	55 to 64	4.3**	44.9	18.8*	23.2	63.8	68.1
	65 and over	10.8*	37.8*	2.7**	13.5*	40.5	51.4
	TOTAL	17.5	40.3	22.4	39.9	62.7	80.2
Females	15 to 24	26.7	30.0	30.0	56.7	60.0	86.7
	25 to 34	11.4*	43.7	25.1	36.5	68.9	80.2
	35 to 44	13.9	42.4	26.7	40.6	69.1	83.0
	45 to 54	9.6*	49.6	24.8	34.4	74.4	84.0
	55 to 64	9.3*	48.0	17.3*	26.7	65.3	74.7
	65 and over	13.2*	28.9*	15.8*	28.9*	44.7*	57.9
	TOTAL	14.6	41.3	25.0	39.6	66.3	80.9
Persons	15 to 24	29.7	28.4	30.4	60.1	58.8	88.6
	25 to 34	13.7	41.5	27.5	41.1	68.9	82.6
	35 to 44	16.8	40.9	24.7	41.6	65.6	82.5
	45 to 54	10.4	52.6	19.2	29.5	71.8	82.1
	55 to 64	6.6*	46.3	18.2	24.8	64.5	71.1
	65 and over	11.9*	33.7	8.8*	20.7*	42.5	54.4
	TOTAL	16.1	40.8	23.7	39.8	64.5	80.5

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 50: Northern Territory participants — total participation in any physical activity (organised and non-organised) by demographics, 2007 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
AGE GROUP (YEARS)						
15 to 24	14.3	90.4	13.2	86.7	27.5	88.6
25 to 34	14.0	85.1	13.9	80.2	27.8	82.6
35 to 44	13.4	81.9	13.4	83.0	26.8	82.5
45 to 54	11.2	80.3	11.4	84.0	22.6	82.1
55 to 64	6.7	68.1	6.2	74.7	12.9	71.1
65 and over	2.7	51.4	2.6	57.9	5.3	54.4
REGION						
Capital city	41.2	79.2	42.4	81.4	83.6	80.3
Rest of state	21.0	82.3	18.2	79.6	39.2	81.0
EMPLOYMENT STATUS						
Employed full time	47.1	82.7	37.1	86.7	84.1	84.4
Employed part time	5.7	77.4	12.4	79.9	18.0	79.1
Unemployed	1.7*	58.4*	1.1*	71.3*	2.8	62.7
Not in the labour force	7.8	74.7	10.1	66.4	17.9	69.8
MARITAL STATUS						
Married	34.5	79.1	36.2	80.3	70.7	79.7
Not married	27.6	82.6	24.1	81.9	51.7	82.3
Refused/Do not know	0.1**	22.9**	0.3**	74.5**	0.5*	47.2*
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	18.0	81.9	22.4	77.9	40.4	79.6
At least one under 18 — none at home	3.0	81.4	0.6*	85.8*	3.6	82.2
No children under 18	41.3	79.4	37.6	82.7	78.8	80.9
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	16.1	86.1	17.7	88.5	33.8	87.4
Undergraduate diploma or associate diploma	5.5	91.3	5.8	83.0	11.3	86.9
Certificate, trade qualification or apprenticeship	11.2	76.5	8.2	86.5	19.4	80.4
Highest level of secondary school	15.6	80.2	13.4	81.3	29.0	80.7
Did not complete highest level of school	10.7	71.8	12.3	69.0	23.1	70.3
Never went to school	0.0**	0.0**	0.0**	0.0**	0.0**	0.0**
Still at secondary school	2.1	77.8	2.5	83.3	4.7	80.7
Other	0.7*	100.0*	0.6*	82.4*	1.3*	91.4*
Refused	0.3**	68.6**	0.1**	32.5**	0.4**	51.6**
INDIGENOUS STATUS						
Non-Indigenous	58.7	80.3	56.5	83.1	115.2	81.6
Indigenous	3.5	79.1	4.1	59.4	7.7	67.1
Total	62.3	80.2	60.6	80.9	122.9	80.5

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 51: All Northern Territory persons — participation in any physical activity by frequency, age and sex, 2007 (a)

Sex	Age group (years)	None	Up to once per week (b)	Once or twice per week (c)	Three or four times per week (d)	Five or more times per week	Total
		Number ('000)					
Males	15 to 24	1.5*	2.4	4.6	3.3	4.0	15.8
	25 to 34	2.5	2.1	3.4	2.8	5.7	16.4
	35 to 44	3.0	2.7	4.0	3.0	3.7	16.3
	45 to 54	2.7	2.3	2.7	2.0*	4.2	13.9
	55 to 64	3.1	1.1*	1.0*	1.3*	3.3	9.9
	65 and over	2.5	0.3**	0.4**	0.8*	1.1*	5.2
	TOTAL		15.4	10.9	16.1	13.3	21.9
Females	15 to 24	2.0*	1.3*	4.8	3.0	4.1	15.2
	25 to 34	3.4	2.3	3.4	3.0	5.2	17.3
	35 to 44	2.7	1.8*	3.4	2.2	6.0	16.1
	45 to 54	2.2	0.8*	2.7	2.8	5.1	13.6
	55 to 64	2.1	0.8*	0.7*	1.5*	3.2	8.2
	65 and over	1.9*	0.1**	0.4**	1.2*	0.9*	4.5
	TOTAL		14.3	7.0	15.4	13.8	24.4
Persons	15 to 24	3.5	3.7	9.4	6.4	8.0	31.0
	25 to 34	5.9	4.4	6.8	5.8	10.8	33.7
	35 to 44	5.7	4.5	7.4	5.2	9.7	32.5
	45 to 54	4.9	3.0	5.5	4.9	9.3	27.5
	55 to 64	5.2	1.9*	1.7*	2.8	6.5	18.1
	65 and over	4.4	0.4**	0.8*	2.0*	2.1	9.7
	TOTAL		29.7	17.9	31.5	27.1	46.4
Percentage of row							
Males	15 to 24	9.6*	15.4	28.8	21.2	25.0	100.0
	25 to 34	14.9	12.6	20.7	17.2	34.5	100.0
	35 to 44	18.1	16.5	24.4	18.1	22.8	100.0
	45 to 54	19.7	16.2	19.7	14.5*	29.9	100.0
	55 to 64	31.9	11.6*	10.1*	13.0*	33.3	100.0
	65 and over	48.6	5.4**	8.1**	16.2*	21.6*	100.0
	TOTAL	19.8	14.0	20.8	17.1	28.3	100.0
Females	15 to 24	13.3*	8.3*	31.7	20.0	26.7	100.0
	25 to 34	19.8	13.2	19.8	17.4	29.9	100.0
	35 to 44	17.0	10.9*	21.2	13.9	37.0	100.0
	45 to 54	16.0	5.6*	20.0	20.8	37.6	100.0
	55 to 64	25.3	9.3*	8.0*	18.7*	38.7	100.0
	65 and over	42.1*	2.6**	7.9**	26.3*	21.1*	100.0
	TOTAL	19.1	9.3	20.5	18.5	32.6	100.0
Persons	15 to 24	11.4	11.9	30.2	20.6	25.8	100.0
	25 to 34	17.4	12.9	20.2	17.3	32.2	100.0
	35 to 44	17.5	13.7	22.8	16.0	29.9	100.0
	45 to 54	17.9	11.0	19.8	17.6	33.7	100.0
	55 to 64	28.9	10.6*	9.2*	15.6	35.8	100.0
	65 and over	45.6	4.1**	8.0*	20.9*	21.4	100.0
	TOTAL	19.5	11.7	20.6	17.8	30.4	100.0

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 52: Northern Territory participants — participation in any physical activity by cumulative frequency, age and sex, 2007 (a)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	2.4	11.9	10.0	7.3	14.3
	25 to 34	2.1	11.9	10.2	8.5	14.0
	35 to 44	2.7	10.7	8.6	6.7	13.4
	45 to 54	2.3	8.9	7.7	6.2	11.2
	55 to 64	1.1*	5.6	5.0	4.6	6.7
	65 and over	0.3**	2.4	2.3	2.0*	2.7
	TOTAL		10.9	51.3	43.9	35.2
Females	15 to 24	1.3*	11.9	8.9	7.1	13.2
	25 to 34	2.3	11.6	9.8	8.2	13.9
	35 to 44	1.8*	11.6	10.2	8.2	13.4
	45 to 54	0.8*	10.7	9.4	7.9	11.4
	55 to 64	0.8*	5.4	5.3	4.7	6.2
	65 and over	0.1**	2.5	2.2	2.1	2.6
	TOTAL		7.0	53.7	45.7	38.3
Persons	15 to 24	3.7	23.8	18.9	14.4	27.5
	25 to 34	4.4	23.5	20.0	16.7	27.8
	35 to 44	4.5	22.3	18.8	14.9	26.8
	45 to 54	3.0	19.6	17.1	14.1	22.6
	55 to 64	1.9*	11.0	10.3	9.3	12.9
	65 and over	0.4**	4.9	4.5	4.1	5.3
	TOTAL		17.9	105.0	89.6	73.5

Total participation rate (%) (b)

Males	15 to 24	15.4	75.0	63.5	46.2	90.4
	25 to 34	12.6	72.4	62.1	51.7	85.1
	35 to 44	16.5	65.4	52.8	40.9	81.9
	45 to 54	16.2	64.1	55.6	44.4	80.3
	55 to 64	11.6*	56.5	50.7	46.4	68.1
	65 and over	5.4**	45.9	43.2	37.8*	51.4
	TOTAL	14.1	66.2	56.5	45.4	80.2
Females	15 to 24	8.3*	78.3	58.3	46.7	86.7
	25 to 34	13.2	67.1	56.9	47.3	80.2
	35 to 44	10.9*	72.1	63.0	50.9	83.0
	45 to 54	5.6*	78.4	68.8	58.4	84.0
	55 to 64	9.3*	65.3	64.0	57.3	74.7
	65 and over	2.6**	55.3	50.0	47.4	57.9
	TOTAL	9.3	71.6	61.0	51.1	80.9
Persons	15 to 24	11.9	76.6	60.9	46.4	88.6
	25 to 34	12.9	69.7	59.4	49.5	82.6
	35 to 44	13.7	68.7	57.9	45.9	82.5
	45 to 54	11.0	71.2	62.1	51.3	82.1
	55 to 64	10.6*	60.5	56.8	51.4	71.1
	65 and over	4.1**	50.3	46.4	42.2	54.4
	TOTAL	11.7	68.8	58.7	48.2	80.5

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 53: Northern Territory recent participants — recent participation in any physical activity by duration and age, 2007 (a)

		15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	Total
		Number ('000)						
Five hours or more	More than three sessions weekly	7.0	6.1	6.4	4.6	4.1	1.2*	29.3
	Two or three sessions weekly	0.9*	0.9*	0.5*	0.8*	0.3**	0.0**	3.3
	Less than two sessions weekly	0.3**	0.4**	0.5*	0.2**	0.0**	0.0**	1.4*
	<i>Total</i>	8.2	7.3	7.4	5.7	4.3	1.2*	34.1
Two hours or more but less than five hours	More than three sessions weekly	3.6	5.2	4.5	5.9	3.2	1.3*	23.8
	Two or three sessions weekly	2.3	2.9	2.6	2.7	0.6*	0.5*	11.7
	Less than two sessions weekly	1.4*	1.0*	0.9*	0.6*	0.4**	0.1**	4.4
	<i>Total</i>	7.4	9.1	7.9	9.2	4.2	2.0*	39.8
Less than two hours	More than three sessions weekly	0.0**	0.6*	0.9*	0.3**	0.5*	0.2**	2.6
	Two or three sessions weekly	1.7*	2.9	2.0*	1.9*	0.5*	0.6*	9.7
	Less than two sessions weekly	4.5	3.9	4.1	2.6	1.2*	0.8*	17.0
	<i>Total</i>	6.2	7.4	7.0	4.9	2.2	1.6*	29.2
Total	More than three sessions weekly	10.6	11.9	11.8	10.9	7.8	2.7	55.6
	Two or three sessions weekly	4.9	6.7	5.1	5.5	1.4*	1.1*	24.7
	Less than two sessions weekly	6.2	5.3	5.5	3.4	1.6*	0.9*	22.8
	Total	21.7	23.8	22.4	19.8	10.7	4.7	103.1
		Percentage of total						
Five hours or more	More than three sessions weekly	6.8	5.9	6.2	4.5	3.9	1.1*	28.4
	Two or three sessions weekly	0.8*	0.8*	0.5*	0.8*	0.3**	0.0**	3.2
	Less than two sessions weekly	0.3**	0.4**	0.5*	0.2**	0.0**	0.0**	1.4*
	<i>Total</i>	7.9	7.1	7.2	5.5	4.2	1.1*	33.0
Two hours or more but less than five hours	More than three sessions weekly	3.5	5.0	4.4	5.8	3.1	1.3*	23.1
	Two or three sessions weekly	2.3	2.9	2.5	2.6	0.6*	0.5*	11.3
	Less than two sessions weekly	1.4*	1.0*	0.8*	0.6*	0.4**	0.1**	4.2
	<i>Total</i>	7.1	8.8	7.7	9.0	4.1	1.9*	38.6
Less than two hours	More than three sessions weekly	0.0**	0.6*	0.9*	0.3**	0.5*	0.2**	2.5
	Two or three sessions weekly	1.7*	2.8	1.9*	1.9*	0.5*	0.6*	9.4
	Less than two sessions weekly	4.3	3.8	4.0	2.5	1.1*	0.7*	16.5
	<i>Total</i>	6.0	7.2	6.8	4.7	2.1	1.6*	28.4
Total	More than three sessions weekly	10.3	11.5	11.5	10.6	7.5	2.6	54.0
	Two or three sessions weekly	4.8	6.5	4.9	5.3	1.4*	1.1*	23.9
	Less than two sessions weekly	6.0	5.1	5.3	3.3	1.5*	0.8*	22.1
	Total	21.1	23.1	21.7	19.2	10.4	4.6	100.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport in the two weeks prior to interview in 2007

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 54: Northern Territory regular participants — regular participation in any physical activity (organised and non-organised) by demographics, 2007 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Regular participation rate (b) (%)	Number (‘000)	Regular participation rate (%)	Number (‘000)	Regular participation rate (%)
AGE GROUP (YEARS)						
15 to 24	7.3	46.2	7.1	46.7	14.4	46.4
25 to 34	8.5	51.7	8.2	47.3	16.7	49.5
35 to 44	6.7	40.9	8.2	50.9	14.9	45.9
45 to 54	6.2	44.4	7.9	58.4	14.1	51.3
55 to 64	4.6	46.4	4.7	57.3	9.3	51.4
65 and over	2.0*	37.8*	2.1	47.4	4.1	42.2
REGION						
Capital city	23.5	45.2	26.7	51.3	50.2	48.2
Rest of state	11.7	45.9	11.6	50.6	23.3	48.1
EMPLOYMENT STATUS						
Employed full time	26.8	47.1	23.2	54.2	50.0	50.2
Employed part time	3.9	52.7	7.2	46.8	11.1	48.7
Unemployed	0.4**	14.6**	0.5*	33.7*	0.9*	21.0*
Not in the labour force	4.1	39.6	7.3	48.2	11.5	44.7
MARITAL STATUS						
Married	20.7	47.5	23.5	52.2	44.3	49.9
Not married	14.5	43.3	14.4	49.0	28.9	46.0
Refused/Do not know	0.0**	0.0**	0.3**	74.5**	0.3**	35.1**
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	10.3	46.8	13.1	45.4	23.4	46.0
At least one under 18 — none at home	1.4*	39.8*	0.2**	29.1**	1.7*	38.0*
No children under 18	23.5	45.2	25.0	55.0	48.5	49.8
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	11.7	62.6	12.4	61.9	24.1	62.2
Undergraduate diploma or associate diploma	4.3	72.2	3.0	42.9	7.3	56.5
Certificate, trade qualification or apprenticeship	5.4	36.7	5.1	53.2	10.4	43.2
Highest level of secondary school	7.9	40.4	6.4	38.7	14.2	39.6
Did not complete highest level of school	4.1	27.6	9.4	52.7	13.5	41.3
Never went to school	0.0**	0.0**	0.0**	0.0**	0.0**	0.0**
Still at secondary school	1.5*	55.6*	1.5*	50.0*	3.0	52.6
Other	0.1**	20.3**	0.5*	67.8*	0.6*	43.5*
Refused	0.1**	37.1**	0.1**	32.5**	0.3**	35.0**
INDIGENOUS STATUS						
Non-Indigenous	33.1	45.3	36.0	53.0	69.1	49.0
Indigenous	2.1	46.9	2.3	32.7	4.4*	38.2*
Total	35.2	45.4	38.3	51.1	73.5	48.2

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, regular participation rate is the number of persons who participated in the activity at least three times per week on average, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 55: Northern Territory organised participants — participation in organised physical activity by frequency, age and sex, 2007 (a)

Sex	Age group (years)	None	Up to once per week (b)	Once or twice per week (c)	Three or four times per week (d)	Five or more times per week	Total
		Number ('000)					
Males	15 to 24	5.8	3.6	2.4	2.4	1.5*	15.8
	25 to 34	8.9	1.9*	3.8	1.3*	0.6*	16.4
	35 to 44	9.4	2.6	2.6	0.8*	1.0*	16.3
	45 to 54	10.5	1.4*	1.4*	0.5*	0.1**	13.9
	55 to 64	7.6	0.7*	1.0*	0.6*	0.0**	9.9
	65 and over	4.5	0.1**	0.1**	0.3**	0.1**	5.2
	TOTAL	46.6	10.4	11.4	5.9	3.4	77.6
Females	15 to 24	6.6	2.0*	3.3	2.3	1.0*	15.2
	25 to 34	11.0	2.2	2.1	1.3*	0.7*	17.3
	35 to 44	9.6	1.7*	2.6	1.6*	0.7*	16.1
	45 to 54	8.9	1.5*	1.4*	1.3*	0.4**	13.6
	55 to 64	6.0	0.3**	0.9*	0.8*	0.2**	8.2
	65 and over	3.2	0.2**	0.7*	0.2**	0.1**	4.5
	TOTAL	45.3	7.9	11.0	7.5	3.2	74.9
Persons	15 to 24	12.4	5.7	5.7	4.7	2.5	31.0
	25 to 34	19.8	4.1	5.8	2.7	1.3*	33.7
	35 to 44	19.0	4.2	5.2	2.3	1.7*	32.5
	45 to 54	19.4	3.0	2.8	1.8*	0.6*	27.5
	55 to 64	13.6	1.0*	1.9*	1.3*	0.2**	18.1
	65 and over	7.7	0.4**	0.8*	0.5*	0.3**	9.7
	TOTAL	91.9	18.3	22.4	13.4	6.6	152.5
Percentage of row							
Males	15 to 24	36.5	23.1	15.4	15.4	9.6*	100.0
	25 to 34	54.0	11.5*	23.0	8.0*	3.4*	100.0
	35 to 44	57.5	15.7	15.7	4.7*	6.3*	100.0
	45 to 54	75.2	10.3*	10.3*	3.4*	0.9**	100.0
	55 to 64	76.8	7.2*	10.1*	5.8*	0.0**	100.0
	65 and over	86.5	2.7**	2.7**	5.4**	2.7**	100.0
	TOTAL	60.1	13.4	14.6	7.5	4.4	100.0
Females	15 to 24	43.3	13.3*	21.7	15.0	6.7*	100.0
	25 to 34	63.5	12.6	12.0	7.8*	4.2*	100.0
	35 to 44	59.4	10.3*	16.4	9.7*	4.2*	100.0
	45 to 54	65.6	11.2*	10.4*	9.6*	3.2**	100.0
	55 to 64	73.3	4.0**	10.7*	9.3*	2.7**	100.0
	65 and over	71.1	5.3**	15.8*	5.3**	2.6**	100.0
	TOTAL	60.4	10.6	14.7	10.0	4.3	100.0
Persons	15 to 24	39.9	18.3	18.5	15.2	8.2	100.0
	25 to 34	58.9	12.0	17.3	7.9	3.8*	100.0
	35 to 44	58.4	13.0	16.1	7.2	5.3*	100.0
	45 to 54	70.5	10.7	10.3	6.5*	2.0*	100.0
	55 to 64	75.2	5.8*	10.4*	7.4*	1.2**	100.0
	65 and over	79.3	3.9**	8.8*	5.3*	2.7**	100.0
	TOTAL	60.2	12.0	14.7	8.8	4.3	100.0

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 56: Northern Territory organised participants — participation in organised physical activity by cumulative frequency, age and sex, 2007 (a)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	3.6	6.4	5.5	4.0	10.0
	25 to 34	1.9*	5.7	3.4	1.9*	7.6
	35 to 44	2.6	4.4	2.4	1.8*	6.9
	45 to 54	1.4*	2.0*	1.1*	0.6*	3.5
	55 to 64	0.7*	1.6*	0.9*	0.6*	2.3
	65 and over	0.1**	0.6*	0.4**	0.4**	0.7*
	TOTAL		10.4	20.6	13.7	9.2
Females	15 to 24	2.0*	6.6	4.8	3.3	8.6
	25 to 34	2.2	4.1	3.4	2.1	6.3
	35 to 44	1.7*	4.9	3.5	2.2	6.5
	45 to 54	1.5*	3.2	2.3	1.7*	4.7
	55 to 64	0.3**	1.9*	1.5*	1.0*	2.2
	65 and over	0.2**	1.1*	0.6*	0.4**	1.3*
	TOTAL		7.9	21.7	16.2	10.7
Persons	15 to 24	5.7	13.0	10.3	7.2	18.7
	25 to 34	4.1	9.8	6.8	4.0	13.9
	35 to 44	4.2	9.3	6.0	4.1	13.5
	45 to 54	3.0	5.2	3.4	2.3	8.1
	55 to 64	1.0*	3.4	2.4	1.6*	4.5
	65 and over	0.4**	1.6*	1.0*	0.8*	2.0*
	TOTAL		18.3	42.3	29.8	19.9
Total participation rate (%) (b)						
Males	15 to 24	23.1	40.4	34.6	25.0	63.5
	25 to 34	11.5*	34.5	20.7	11.5*	46.0
	35 to 44	15.7	26.8	15.0	11.0*	42.5
	45 to 54	10.3*	14.5*	7.7*	4.3*	24.8
	55 to 64	7.2*	15.9*	8.7*	5.8*	23.2
	65 and over	2.7**	10.8*	8.1**	8.1**	13.5*
	TOTAL	13.4	26.5	17.6	11.9	39.9
Females	15 to 24	13.3*	43.3	31.7	21.7	56.7
	25 to 34	12.6	24.0	19.8	12.0	36.5
	35 to 44	10.3*	30.3	21.8	13.9	40.6
	45 to 54	11.2*	23.2	16.8	12.8*	34.4
	55 to 64	4.0**	22.7*	18.7*	12.0*	26.7
	65 and over	5.3**	23.7*	13.2*	7.9**	28.9*
	TOTAL	10.6	29.0	21.6	14.3	39.6
Persons	15 to 24	18.3	41.8	33.2	23.4	60.1
	25 to 34	12.1	29.1	20.2	11.7	41.1
	35 to 44	13.0	28.5	18.4	12.5	41.6
	45 to 54	10.7	18.8	12.2	8.5	29.5
	55 to 64	5.8*	19.0	13.2	8.6*	24.8
	65 and over	3.9**	16.8*	10.4*	8.0*	20.7*
	TOTAL	12.0	27.7	19.6	13.1	39.8

(a) Relates to persons aged 15 years and over who participated in organised physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 57: Northern Territory organised participants — total participation in organised activities by type of organisation, age and sex, 2007 (a)

Sex	Age group (years)	Fitness, leisure or indoor sports centre	Sport or recreation club or association	Work	School	Other	Total organised participation
		Number ('000)					
Males	15 to 24	2.7	7.9	0.0**	0.3**	0.6*	10.0
	25 to 34	1.9*	6.2	0.6*	0.0**	0.4**	7.6
	35 to 44	1.0*	5.3	0.6*	0.0**	0.5*	6.9
	45 to 54	0.7*	2.5	0.2**	0.0**	0.5*	3.5
	55 to 64	0.9*	1.4*	0.0**	0.0**	0.6*	2.3
	65 and over	0.1**	0.4**	0.0**	0.0**	0.3**	0.7*
	TOTAL		7.4	23.8	1.4*	0.3**	2.8
Females	15 to 24	3.5	5.6	0.3**	1.5*	0.3**	8.6
	25 to 34	3.5	3.8	0.2**	0.1**	0.5*	6.3
	35 to 44	2.0*	4.7	0.4**	0.1**	0.7*	6.5
	45 to 54	1.8*	2.4	0.1**	0.0**	0.8*	4.7
	55 to 64	1.2*	1.0*	0.0**	0.0**	0.3**	2.2
	65 and over	0.6*	0.5*	0.0**	0.0**	0.4**	1.3*
	TOTAL		12.7	17.9	1.0*	1.7*	2.9
Persons	15 to 24	6.3	13.5	0.3**	1.8*	0.9*	18.7
	25 to 34	5.4	10.1	0.8*	0.1**	0.9*	13.9
	35 to 44	3.0	10.0	1.0*	0.1**	1.2*	13.5
	45 to 54	2.6	4.9	0.3**	0.0**	1.2*	8.1
	55 to 64	2.1	2.4	0.0**	0.0**	0.9*	4.5
	65 and over	0.7*	0.9*	0.0**	0.0**	0.6*	2.0
	TOTAL		20.0	41.7	2.4	2.0*	5.7
Total participation rate (%) (b)							
Males	15 to 24	17.3	50.0	0.0**	1.9**	3.8*	63.5
	25 to 34	11.5*	37.9	3.4*	0.0**	2.3**	46.0
	35 to 44	6.3*	32.3	3.9*	0.0**	3.1*	42.5
	45 to 54	5.1*	17.9	1.7**	0.0**	3.4*	24.8
	55 to 64	8.7*	14.5*	0.0**	0.0**	5.8*	23.2
	65 and over	2.7**	8.1**	0.0**	0.0**	5.4**	13.5*
	TOTAL	9.5	30.6	1.9*	0.4**	3.6	39.9
Females	15 to 24	23.3	36.7	1.7**	10.0*	1.7**	56.7
	25 to 34	20.4	22.2	1.2**	0.6**	3.0*	36.5
	35 to 44	12.1*	29.1	2.4**	0.6**	4.2*	40.6
	45 to 54	13.6*	17.6	0.8**	0.0**	5.6*	34.4
	55 to 64	14.7*	12.0*	0.0**	0.0**	4.0**	26.7
	65 and over	13.2*	10.5*	0.0**	0.0**	7.9**	28.9*
	TOTAL	16.9	24.0	1.3*	2.3*	3.9	39.6
Persons	15 to 24	20.3	43.5	0.8**	5.9*	2.8*	60.1
	25 to 34	16.0	29.8	2.3*	0.3**	2.7*	41.1
	35 to 44	9.2	30.7	3.2*	0.3**	3.7*	41.6
	45 to 54	9.3	17.8	1.3**	0.0**	4.5*	29.5
	55 to 64	11.4	13.4	0.0**	0.0**	5.0*	24.8
	65 and over	7.5*	9.2*	0.0**	0.0**	6.6*	20.7
	TOTAL	13.1	27.4	1.6	1.3*	3.8	39.8

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 58: Northern Territory participants — total participation in specific activities (organised and non-organised) by sex, 2007 (a)

Activity	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
Aerobics/fitness	9.8	12.7	19.6	26.2	29.5	19.3
Aquarobics	0.1**	0.2**	1.0*	1.3*	1.1*	0.8*
Athletics/track and field	0.0**	0.0**	0.8*	1.0*	0.8*	0.5*
Australian football	5.9	7.6	0.9*	1.2*	6.8	4.5
Badminton	0.5*	0.7*	0.3**	0.4**	0.8*	0.5*
Baseball	0.2**	0.2**	0.0**	0.0**	0.2**	0.1**
Basketball	3.1	4.0	1.8*	2.4*	4.9	3.2
Billiards/snooker/pool	0.1**	0.2**	0.2**	0.3**	0.3**	0.2**
Boxing	0.7*	1.0*	0.3**	0.4**	1.0*	0.7*
Canoeing/kayaking	0.8*	1.0*	0.5*	0.7*	1.3*	0.8*
Cricket (indoor)	1.4*	1.8*	0.3**	0.3**	1.6*	1.1*
Cricket (outdoor)	5.3	6.8	0.3**	0.4**	5.6	3.7
Cycling	14.0	18.0	8.6	11.5	22.6	14.8
Dancing	0.5*	0.7*	1.6*	2.1*	2.1	1.4
Darts	0.1**	0.2**	0.1**	0.1**	0.2**	0.1**
Fishing	6.5	8.4	1.0*	1.3*	7.5	4.9
Football (indoor)	2.1	2.7	0.4**	0.5**	2.5	1.6
Football (outdoor)	4.4	5.6	1.9*	2.5*	6.3	4.1
Golf	3.5	4.5	1.0*	1.3*	4.5	2.9
Gymnastics	0.1**	0.2**	0.7*	1.0*	0.8*	0.5*
Hockey (indoor)	0.1**	0.2**	0.4**	0.6**	0.5*	0.4*
Hockey (outdoor)	0.8*	1.0*	0.3**	0.4**	1.1*	0.7*
Horse riding/equestrian activities/polocrosse	0.5*	0.7*	2.0*	2.6*	2.5	1.6
Lawn bowls	0.4**	0.6**	0.9*	1.2*	1.3*	0.9*
Martial arts	1.6*	2.1*	0.8*	1.0*	2.4	1.6
Motor sports	2.9	3.8	0.6*	0.8*	3.5	2.3
Netball	0.6*	0.7*	5.9	7.9	6.5	4.3
Orienteering	0.8*	1.0*	0.1**	0.1**	0.8*	0.6*
Rock climbing	0.1**	0.2**	0.0**	0.0**	0.1**	0.1**
Roller sports	1.5*	1.9*	0.1**	0.1**	1.6*	1.0*
Rowing	0.0**	0.0**	0.2**	0.3**	0.2**	0.1**
Rugby league	3.0	3.9	0.1**	0.1**	3.1	2.0
Rugby union	3.4	4.3	0.0**	0.0**	3.4	2.2
Running	9.8	12.7	5.1	6.8	14.9	9.8
Sailing	0.9*	1.1*	0.3**	0.4**	1.2*	0.8*
Scuba diving	0.2**	0.3**	0.1**	0.1**	0.4**	0.2**
Shooting sports	2.4	3.1	0.0**	0.0**	2.4	1.6
Softball	0.1**	0.2**	0.4**	0.5**	0.5*	0.4*
Squash/racquetball	1.9*	2.5*	0.7*	0.9*	2.6	1.7
Surf sports	0.8*	1.1*	0.2**	0.3**	1.0*	0.7*
Swimming	8.3	10.7	12.7	17.0	21.1	13.8
Table tennis	1.0*	1.2*	0.0**	0.0**	1.0*	0.6*
Tennis	3.6	4.6	2.8	3.8	6.4	4.2
Tenpin bowling	0.4**	0.6**	0.4**	0.6**	0.9*	0.6*
Touch football	2.5	3.2	2.2	2.9	4.7	3.1
Triathlon	0.3**	0.3**	0.1**	0.1**	0.4**	0.2**
Volleyball	1.2*	1.5*	2.6	3.5	3.8	2.5
Walking (bush)	3.2	4.1	4.9	6.5	8.0	5.3
Walking (other)	17.5	22.5	29.8	39.7	47.3	31.0
Water polo	0.0**	0.0**	0.1**	0.1**	0.1**	0.1**
Waterskiing/powerboating	0.5*	0.6*	0.0**	0.0**	0.5*	0.3*
Weight training	2.8	3.6	1.0*	1.3*	3.7	2.4
Yoga	0.6*	0.8*	2.5	3.3	3.1	2.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 59: Northern Territory participants — total participation in specific activities by type of activity, 2007 (a)

Activity	Number ('000)			Total participation rate (%) (b)		
	Organised	Non-organised	Total	Organised	Non-organised	Total
Aerobics/fitness	13.9	17.7	29.5	9.1	11.6	19.3
Aquarobics	1.0*	0.2**	1.1*	0.7*	0.1**	0.8*
Athletics/track and field	0.8*	-	0.8*	0.5*	-	0.5*
Australian football	6.3	0.8*	6.8	4.1	0.5*	4.5
Badminton	0.7*	0.1**	0.8*	0.5*	0.1**	0.5*
Baseball	0.2**	-	0.2**	0.1**	-	0.1**
Basketball	2.9	2.9	4.9	1.9	1.9	3.2
Billiards/snooker/pool	0.1**	0.2**	0.3**	0.1**	0.2**	0.2**
Boxing	0.8*	0.3**	1.0*	0.5*	0.2**	0.7*
Canoeing/kayaking	0.4**	0.9*	1.3*	0.3**	0.6*	0.8*
Cricket (indoor)	0.9*	0.8*	1.6*	0.6*	0.5*	1.1*
Cricket (outdoor)	3.8	1.8*	5.6	2.5	1.2*	3.7
Cycling	1.3*	21.6	22.6	0.9*	14.2	14.8
Dancing	1.5*	0.7*	2.1	1.0*	0.5*	1.4
Darts	-	0.2**	0.2**	-	0.1**	0.1**
Fishing	0.8*	7.1	7.5	0.5*	4.6	4.9
Football (indoor)	1.4*	1.3*	2.5	0.9*	0.8*	1.6
Football (outdoor)	3.6	2.8	6.3	2.4	1.8	4.1
Golf	1.9*	2.8	4.5	1.2*	1.8	2.9
Gymnastics	0.4**	0.6*	0.8*	0.2**	0.4*	0.5*
Hockey (indoor)	0.4**	0.1**	0.5*	0.3**	0.1**	0.4*
Hockey (outdoor)	1.1*	-	1.1*	0.7*	-	0.7*
Horse riding/equestrian activities/polocrosse	1.1*	1.6*	2.5	0.7*	1.1*	1.6
Lawn bowls	1.3*	0.2**	1.3*	0.9*	0.2**	0.9*
Martial arts	2.4	-	2.4	1.6	-	1.6
Motor sports	1.7*	2.1	3.5	1.1*	1.4	2.3
Netball	6.4	1.6*	6.5	4.2	1.0*	4.3
Orienteering	0.7*	0.5*	0.8*	0.4*	0.3*	0.6*
Rock climbing	-	0.1**	0.1**	-	0.1**	0.1**
Roller sports	0.1**	1.4*	1.6*	0.1**	0.9*	1.0*
Rowing	0.1**	0.1**	0.2**	0.1**	0.1**	0.1**
Rugby league	2.4	1.0*	3.1	1.6	0.6*	2.0
Rugby union	2.9	0.8*	3.4	1.9	0.5*	2.2
Running	2.3	13.4	14.9	1.5	8.8	9.8
Sailing	0.5*	0.8*	1.2*	0.4*	0.5*	0.8*
Scuba diving	-	0.4**	0.4**	-	0.2**	0.2**
Shooting sports	0.8*	2.0*	2.4	0.5*	1.3*	1.6
Softball	0.5*	-	0.5*	0.4*	-	0.4*
Squash/racquetball	0.8*	2.0	2.6	0.5*	1.3	1.7
Surf sports	0.3**	0.8*	1.0*	0.2**	0.5*	0.7*
Swimming	2.3	19.6	21.1	1.5	12.8	13.8
Table tennis	-	1.0*	1.0*	-	0.6*	0.6*
Tennis	2.0*	5.0	6.4	1.3*	3.3	4.2
Tenpin bowling	0.5*	0.6*	0.9*	0.3*	0.4*	0.6*
Touch football	3.4	2.0*	4.7	2.2	1.3*	3.1
Triathlon	0.4**	0.1**	0.4**	0.2**	0.1**	0.2**
Volleyball	2.2	1.5*	3.8	1.5	1.0*	2.5
Walking (bush)	0.6*	7.7	8.0	0.4*	5.0	5.3
Walking (other)	2.3	45.9	47.3	1.5	30.1	31.0
Water polo	-	0.1**	0.1**	-	0.1**	0.1**
Waterskiing/powerboating	-	0.5*	0.5*	-	0.3*	0.3*
Weight training	0.7*	3.0	3.7	0.5*	2.0	2.4
Yoga	1.4*	1.7*	3.1	0.9*	1.1*	2.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

10.11 State data (Queensland)

Table 60: Queensland participants — total participation in physical activity by type of participation, age and sex, 2007 (a)

		Organised (A)	Non-organised only (B)	Both organised and non-organised (C)	Total organised (A + C)	Total non- organised (B + C)	Total participation (A + B + C)
Sex	Age group (years)	Number ('000)					
Males	15 to 24	85.1	99.3	62.0	147.1	161.4	246.4
	25 to 34	62.1	114.2	63.5	125.6	177.7	239.8
	35 to 44	47.6	134.5	70.2	117.8	204.6	252.3
	45 to 54	25.5*	119.3	71.6	97.1	190.8	216.4
	55 to 64	29.8*	100.3	29.5*	59.2	129.8	159.6
	65 and over	34.9	87.8	29.1*	64.0	116.9	151.7
	TOTAL		284.9	655.3	325.8	610.7	981.2
Females	15 to 24	75.7	100.9	45.7	121.5	146.6	222.3
	25 to 34	49.4	127.2	74.8	124.2	202.0	251.4
	35 to 44	36.7	164.3	64.4	101.2	228.8	265.5
	45 to 54	23.6*	147.2	61.1	84.6	208.2	231.8
	55 to 64	33.1	116.1	34.6	67.6	150.6	183.7
	65 and over	24.2*	97.0	34.3	58.5	131.3	155.5
	TOTAL		242.7	752.6	314.9	557.6	1,067.5
Persons	15 to 24	160.8	200.2	107.7	268.5	307.9	468.7
	25 to 34	111.4	241.4	138.3	249.8	379.7	491.2
	35 to 44	84.4	298.8	134.6	219.0	433.4	517.8
	45 to 54	49.1	266.4	132.6	181.7	399.1	448.2
	55 to 64	62.8	216.4	64.0	126.8	280.4	343.3
	65 and over	59.1	184.7	63.4	122.4	248.1	307.2
	TOTAL		527.6	1,408.0	640.7	1,168.3	2,048.7
Total participation rate (%) (b)							
Males	15 to 24	29.7	34.6	21.6	51.3	56.3	85.9
	25 to 34	22.5	41.4	23.0	45.5	64.4	86.9
	35 to 44	16.4	46.3	24.2	40.6	70.4	86.8
	45 to 54	9.3*	43.6	26.2	35.5	69.8	79.2
	55 to 64	13.0*	43.9	12.9*	25.9	56.7	69.7
	65 and over	15.7	39.4	13.1*	28.7	52.5	68.1
	TOTAL	18.1	41.5	20.7	38.7	62.2	80.2
Females	15 to 24	26.9	35.8	16.2	43.2	52.1	79.0
	25 to 34	17.6	45.2	26.6	44.1	71.8	89.4
	35 to 44	12.0	53.9	21.1	33.2	75.0	87.0
	45 to 54	8.3*	51.6	21.4	29.7	73.0	81.3
	55 to 64	14.5	51.0	15.2	29.7	66.2	80.8
	65 and over	9.8*	39.3	13.9	23.7	53.2	63.0
	TOTAL	14.9	46.2	19.3	34.3	65.6	80.5
Persons	15 to 24	28.3	35.2	19.0	47.3	54.2	82.5
	25 to 34	20.0	43.3	24.8	44.8	68.2	88.2
	35 to 44	14.2	50.2	22.6	36.8	72.8	86.9
	45 to 54	8.8	47.7	23.7	32.5	71.5	80.2
	55 to 64	13.8	47.4	14.0	27.8	61.5	75.2
	65 and over	12.6	39.3	13.5	26.1	52.8	65.4
	TOTAL	16.5	43.9	20.0	36.5	63.9	80.4

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 61: Queensland participants — total participation in any physical activity (organised and non-organised) by demographics, 2007 (a)

	MALES		FEMALES		PERSONS	
	Number	Total participation rate (b)	Number	Total participation rate	Number	Total participation rate
	('000)	(%)	('000)	(%)	('000)	(%)
AGE GROUP (YEARS)						
15 to 24	246.4	85.9	222.3	79.0	468.7	82.5
25 to 34	239.8	86.9	251.4	89.4	491.2	88.2
35 to 44	252.3	86.8	265.5	87.0	517.8	86.9
45 to 54	216.4	79.2	231.8	81.3	448.2	80.2
55 to 64	159.6	69.7	183.7	80.8	343.3	75.2
65 and over	151.7	68.1	155.5	63.0	307.2	65.4
REGION						
Capital city	578.6	82.0	607.4	82.7	1,185.9	82.4
Rest of state	687.5	78.8	702.8	78.7	1,390.3	78.7
EMPLOYMENT STATUS						
Employed full time	803.7	83.8	416.4	89.5	1,220.1	85.7
Employed part time	154.4	84.3	405.2	81.1	559.6	82.0
Unemployed	44.3	74.7	35.1	68.4	79.4	71.8
Not in the labour force	263.7	70.1	453.4	74.2	717.1	72.6
MARITAL STATUS						
Married	838.3	81.6	756.0	84.5	1,594.3	82.9
Not married	422.2	77.6	549.7	75.9	971.9	76.6
Refused/Do not know	5.6**	100.0**	4.5**	51.4**	10.1*	70.2*
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	406.3	87.9	470.2	83.0	876.4	85.2
At least one under 18 — none at home	30.6*	80.8*	7.9**	100.0**	38.4	84.1
No children under 18	829.3	76.9	832.1	79.0	1,661.4	78.0
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	342.9	92.1	311.8	90.9	654.6	91.5
Undergraduate diploma or associate diploma	102.5	91.6	130.2	85.6	232.7	88.1
Certificate, trade qualification or apprenticeship	239.2	76.5	167.1	86.9	406.3	80.4
Highest level of secondary school	308.8	80.4	307.1	72.8	615.9	76.4
Did not complete highest level of school	199.6	64.2	308.6	74.4	508.2	70.1
Never went to school	8.8*	100.0*	5.6**	100.0**	14.4*	100.0*
Still at secondary school	47.0	88.9	50.1	81.8	97.2	85.1
Other	14.0*	65.7*	23.8*	90.3*	37.8	79.3
Refused	3.2**	100.0**	5.8**	58.9**	9.0*	69.0*
INDIGENOUS STATUS						
Non-Indigenous	1,240.3	80.7	1,286.2	80.7	2,526.4	80.7
Indigenous	23.6*	62.1*	22.5*	72.4*	46.1	66.7
Total	1,266.1	80.2	1,310.2	80.5	2,576.2	80.4

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 62: All Queensland persons — participation in any physical activity by frequency, age and sex, 2007 (a)

Sex	Age group (years)	None	Up to once	Once or twice	Three or four	Five or	Total
			per week (b)	per week (c)	times per week (d)	more times per week	
		Number ('000)					
Males	15 to 24	40.3	50.7	89.6	32.0	74.0	286.7
	25 to 34	36.1	51.2	91.7	52.7	44.1	275.8
	35 to 44	38.2	38.7	93.9	53.9	65.8	290.5
	45 to 54	57.0	48.9	51.1	42.6	73.9	273.3
	55 to 64	69.3	37.5	38.2	30.3*	53.7	228.8
	65 and over	71.0	20.0*	32.9	34.4	64.4	222.7
	TOTAL		311.8	247.0	397.4	245.9	375.8
Females	15 to 24	59.1	39.0	67.4	67.4	48.5	281.4
	25 to 34	29.9*	31.4*	59.1	76.7	84.2	281.3
	35 to 44	39.6	41.4	73.5	61.4	89.2	305.1
	45 to 54	53.4	20.4*	48.5	72.0	90.9	285.2
	55 to 64	43.7	14.5*	52.8	49.0	67.3	227.4
	65 and over	91.4	16.3*	31.5*	29.8*	77.9	246.9
	TOTAL		317.2	163.0	332.8	356.3	458.0
Persons	15 to 24	99.4	89.7	157.0	99.4	122.5	568.1
	25 to 34	66.0	82.7	150.8	129.4	128.3	557.2
	35 to 44	77.8	80.1	167.4	115.2	155.0	595.6
	45 to 54	110.3	69.3	99.6	114.6	164.7	558.5
	55 to 64	113.0	52.0	91.0	79.3	121.0	456.3
	65 and over	162.4	36.2	64.4	64.2	142.3	469.6
	TOTAL		628.9	410.0	730.2	602.2	833.8
Percentage of row							
Males	15 to 24	14.1	17.7	31.3	11.2	25.8	100.0
	25 to 34	13.1	18.6	33.2	19.1	16.0	100.0
	35 to 44	13.2	13.3	32.3	18.5	22.7	100.0
	45 to 54	20.8	17.9	18.7	15.6	27.0	100.0
	55 to 64	30.3	16.4	16.7	13.2*	23.5	100.0
	65 and over	31.9	9.0*	14.8	15.5	28.9	100.0
	TOTAL		19.8	15.7	25.2	15.6	23.8
Females	15 to 24	21.0	13.9	24.0	24.0	17.2	100.0
	25 to 34	10.6*	11.2*	21.0	27.3	29.9	100.0
	35 to 44	13.0	13.6	24.1	20.1	29.2	100.0
	45 to 54	18.7	7.1*	17.0	25.3	31.9	100.0
	55 to 64	19.2	6.4*	23.2	21.5	29.6	100.0
	65 and over	37.0	6.6*	12.8*	12.1*	31.6	100.0
	TOTAL		19.5	10.0	20.5	21.9	28.1
Persons	15 to 24	17.5	15.8	27.6	17.5	21.6	100.0
	25 to 34	11.8	14.8	27.1	23.2	23.0	100.0
	35 to 44	13.1	13.5	28.1	19.4	26.0	100.0
	45 to 54	19.8	12.4	17.8	20.5	29.5	100.0
	55 to 64	24.8	11.4	19.9	17.4	26.5	100.0
	65 and over	34.6	7.7	13.7	13.7	30.3	100.0
	TOTAL		19.6	12.8	22.8	18.8	26.0

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 63: Queensland participants — participation in any physical activity by cumulative frequency, age and sex, 2007 (a)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	50.7	195.7	143.4	106.1	246.4
	25 to 34	51.2	188.5	135.8	96.8	239.8
	35 to 44	38.7	213.5	156.7	119.7	252.3
	45 to 54	48.9	167.5	142.0	116.4	216.4
	55 to 64	37.5	122.1	101.2	83.9	159.6
	65 and over	20.0*	131.7	117.1	98.8	151.7
	TOTAL		247.0	1,019.1	796.0	621.7
Females	15 to 24	39.0	183.3	144.3	115.9	222.3
	25 to 34	31.4*	220.0	189.5	160.9	251.4
	35 to 44	41.4	224.1	184.1	150.6	265.5
	45 to 54	20.4*	211.4	187.9	162.9	231.8
	55 to 64	14.5*	169.2	141.4	116.3	183.7
	65 and over	16.3*	139.2	121.6	107.7	155.5
	TOTAL		163.1	1,147.1	968.9	814.3
Persons	15 to 24	89.7	379.0	287.7	222.0	468.7
	25 to 34	82.7	408.5	325.3	257.7	491.2
	35 to 44	80.1	437.6	340.8	270.3	517.8
	45 to 54	69.3	378.9	329.9	279.3	448.2
	55 to 64	52.0	291.3	242.5	200.2	343.3
	65 and over	36.2	270.9	238.7	206.5	307.2
	TOTAL		410.1	2,166.2	1,764.9	1,436.0
Total participation rate (%) (b)						
Males	15 to 24	17.7	68.2	50.0	37.0	85.9
	25 to 34	18.6	68.3	49.2	35.1	86.9
	35 to 44	13.3	73.5	53.9	41.2	86.8
	45 to 54	17.9	61.3	51.9	42.6	79.2
	55 to 64	16.4	53.4	44.2	36.7	69.7
	65 and over	9.0*	59.2	52.6	44.4	68.1
	TOTAL		15.7	64.6	50.5	39.4
Females	15 to 24	13.9	65.1	51.3	41.2	79.0
	25 to 34	11.2*	78.2	67.4	57.2	89.4
	35 to 44	13.6	73.4	60.3	49.4	87.0
	45 to 54	7.1*	74.1	65.9	57.1	81.3
	55 to 64	6.4*	74.4	62.2	51.1	80.8
	65 and over	6.6*	56.4	49.3	43.6	63.0
	TOTAL		10.0	70.5	59.5	50.0
Persons	15 to 24	15.8	66.7	50.6	39.1	82.5
	25 to 34	14.8	73.3	58.4	46.2	88.2
	35 to 44	13.5	73.5	57.2	45.4	86.9
	45 to 54	12.4	67.8	59.1	50.0	80.2
	55 to 64	11.4	63.8	53.2	43.9	75.2
	65 and over	7.7	57.7	50.8	44.0	65.4
	TOTAL		12.8	67.6	55.1	44.8

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 64: Queensland recent participants — recent participation in any physical activity by duration and age, 2007 (a)

		15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	Total
		Number ('000)						
Five hours or more	More than three sessions weekly	92.5	82.9	106.3	104.0	79.6	81.9	547.2
	Two or three sessions weekly	25.7*	16.7*	7.1**	3.1**	11.8*	15.1*	79.6
	Less than two sessions weekly	3.0**	5.8**	6.9**	6.8**	2.6**	1.7**	26.8*
	<i>Total</i>	<i>121.2</i>	<i>105.4</i>	<i>120.3</i>	<i>113.9</i>	<i>94.0</i>	<i>98.7</i>	<i>653.5</i>
Two hours or more but less than five hours	More than three sessions weekly	37.8	61.2	88.4	90.1	67.6	57.4	402.5
	Two or three sessions weekly	58.8	63.3	42.4	42.3	28.1*	27.1*	262.0
	Less than two sessions weekly	38.0	20.1*	17.3*	15.4*	11.7*	21.8*	124.3
	<i>Total</i>	<i>134.6</i>	<i>144.6</i>	<i>148.1</i>	<i>147.8</i>	<i>107.4</i>	<i>106.2</i>	<i>788.8</i>
Less than two hours	More than three sessions weekly	7.2**	5.2**	13.2*	14.1*	8.0**	15.4*	63.2
	Two or three sessions weekly	48.1	30.7*	38.5	30.9*	24.4*	19.8*	192.4
	Less than two sessions weekly	80.8	105.7	105.4	69.4	55.8	34.6	451.7
	<i>Total</i>	<i>136.1</i>	<i>141.6</i>	<i>157.2</i>	<i>114.5</i>	<i>88.2</i>	<i>69.8</i>	<i>707.3</i>
Total	More than three sessions weekly	137.5	149.3	207.9	208.2	155.3	154.7	1,012.9
	Two or three sessions weekly	132.6	110.7	88.1	76.4	64.3	62.0	534.0
	Less than two sessions weekly	121.8	131.6	129.5	91.6	70.1	58.1	602.7
	Total	391.9	391.6	425.5	376.2	289.6	274.7	2,149.6
		Percentage of total						
Five hours or more	More than three sessions weekly	4.3	3.9	4.9	4.8	3.7	3.8	25.5
	Two or three sessions weekly	1.2*	0.8*	0.3**	0.1**	0.5*	0.7*	3.7
	Less than two sessions weekly	0.1**	0.3**	0.3**	0.3**	0.1**	0.1**	1.2*
	<i>Total</i>	<i>5.6</i>	<i>4.9</i>	<i>5.6</i>	<i>5.3</i>	<i>4.4</i>	<i>4.6</i>	<i>30.4</i>
Two hours or more but less than five hours	More than three sessions weekly	1.8	2.8	4.1	4.2	3.1	2.7	18.7
	Two or three sessions weekly	2.7	2.9	2.0	2.0	1.3*	1.3*	12.2
	Less than two sessions weekly	1.8	0.9*	0.8*	0.7*	0.5*	1.0*	5.8
	<i>Total</i>	<i>6.3</i>	<i>6.7</i>	<i>6.9</i>	<i>6.9</i>	<i>5.0</i>	<i>4.9</i>	<i>36.7</i>
Less than two hours	More than three sessions weekly	0.3**	0.2**	0.6*	0.7*	0.4**	0.7*	2.9
	Two or three sessions weekly	2.2	1.4*	1.8	1.4*	1.1*	0.9*	8.9
	Less than two sessions weekly	3.8	4.9	4.9	3.2	2.6	1.6	21.0
	<i>Total</i>	<i>6.3</i>	<i>6.6</i>	<i>7.3</i>	<i>5.3</i>	<i>4.1</i>	<i>3.2</i>	<i>32.9</i>
Total	More than three sessions weekly	6.4	6.9	9.7	9.7	7.2	7.2	47.1
	Two or three sessions weekly	6.2	5.1	4.1	3.6	3.0	2.9	24.8
	Less than two sessions weekly	5.7	6.1	6.0	4.3	3.3	2.7	28.0
	Total	18.2	18.2	19.8	17.5	13.5	12.8	100.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport in the two weeks prior to interview in 2007

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 65: Queensland regular participants — regular participation in any physical activity (organised and non-organised) by demographics, 2007 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Regular participation rate (b) (%)	Number (‘000)	Regular participation rate (%)	Number (‘000)	Regular participation rate (%)
AGE GROUP (YEARS)						
15 to 24	106.1	37.0	115.9	41.2	222.0	39.1
25 to 34	96.8	35.1	160.9	57.2	257.7	46.2
35 to 44	119.7	41.2	150.6	49.4	270.3	45.4
45 to 54	116.4	42.6	162.9	57.1	279.3	50.0
55 to 64	83.9	36.7	116.3	51.1	200.2	43.9
65 and over	98.8	44.4	107.7	43.6	206.5	44.0
REGION						
Capital city	279.0	39.6	360.5	49.1	639.5	44.4
Rest of state	342.6	39.3	453.8	50.8	796.5	45.1
EMPLOYMENT STATUS						
Employed full time	379.2	39.5	262.4	56.4	641.6	45.1
Employed part time	82.5	45.0	237.7	47.6	320.2	46.9
Unemployed	8.6*	14.6*	25.1*	48.9*	33.7	30.5
Not in the labour force	151.4	40.2	289.0	47.3	440.4	44.6
	423.9	41.2	484.8	54.2	908.7	47.3
MARITAL STATUS						
Married	193.9	35.6	326.3	45.0	520.2	41.0
Not married	3.9**	69.5**	3.2**	36.8**	7.1**	49.5**
Refused/Do not know	191.7	41.5	287.0	50.7	478.7	46.5
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	15.4*	40.7*	3.1**	38.7**	18.4*	40.3*
At least one under 18 — none at home	414.6	38.5	524.2	49.8	938.9	44.1
No children under 18	188.9	50.8	200.6	58.5	389.5	54.4
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)						
Undergraduate diploma or associate diploma	42.6	38.1	74.6	49.1	117.3	44.4
Certificate, trade qualification or apprenticeship	107.4	34.3	105.6	54.9	212.9	42.2
Highest level of secondary school	167.3	43.6	173.0	41.0	340.2	42.2
Did not complete highest level of school	89.5	28.8	200.6	48.4	290.1	40.0
Never went to school	5.9**	67.2**	4.1**	73.4**	10.1*	69.6*
Still at secondary school	10.4*	19.7*	29.0*	47.3*	39.4	34.5
Other	8.0**	37.4**	21.0*	79.8*	29.0*	60.8*
Refused	1.7**	52.6**	5.8**	58.9**	7.5**	57.4**
INDIGENOUS STATUS						
Non-Indigenous	605.5	39.4	796.8	50.0	1,402.3	44.8
Indigenous	14.0*	36.9*	16.0*	51.6*	30.1*	43.5*
Total	621.7	39.4	814.3	50.0	1,436.0	44.8

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, regular participation rate is the number of persons who participated in the activity at least three times per week on average, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 66: Queensland organised participants — participation in organised physical activity by frequency, age and sex, 2007 (a)

Sex	Age group (years)	None	Up to once	Once or twice	Three or four	Five or more	Total
			per week (b)	per week (c)	times per week (d)	times per week	
		Number ('000)					
Males	15 to 24	139.6	37.3	57.5	23.9*	28.4*	286.7
	25 to 34	150.3	28.1*	67.1	18.8*	11.5*	275.8
	35 to 44	172.7	31.5*	50.8	22.2*	13.3*	290.5
	45 to 54	176.2	54.8	27.6*	8.4*	6.3**	273.3
	55 to 64	169.6	24.8*	23.0*	4.6**	6.9**	228.8
	65 and over	158.7	14.2*	29.5*	13.0*	7.2**	222.7
	TOTAL		967.1	190.7	255.5	90.8	73.7
Females	15 to 24	159.9	21.7*	39.6	35.1	25.1*	281.4
	25 to 34	157.1	42.5	40.8	25.2*	15.7*	281.3
	35 to 44	203.9	23.2*	38.4	30.5*	9.0*	305.1
	45 to 54	200.5	25.1*	34.5	17.2*	7.8**	285.2
	55 to 64	159.8	13.1*	25.4*	19.8*	9.3*	227.4
	65 and over	188.4	7.3**	28.3*	15.9*	7.1**	246.9
	TOTAL		1,069.8	132.9	206.8	143.7	74.1
Persons	15 to 24	299.6	59.0	97.0	59.0	53.5	568.1
	25 to 34	307.4	70.6	107.9	44.0	27.2*	557.2
	35 to 44	376.6	54.7	89.2	52.8	22.3*	595.6
	45 to 54	376.8	79.9	62.1	25.6*	14.1*	558.5
	55 to 64	329.4	37.9	48.4	24.4*	16.2*	456.3
	65 and over	347.1	21.5*	57.8	28.8*	14.3*	469.6
	TOTAL		2,036.9	323.6	462.4	234.5	147.7
Percentage of row							
Males	15 to 24	48.7	13.0	20.0	8.3*	9.9*	100.0
	25 to 34	54.5	10.2*	24.3	6.8*	4.2*	100.0
	35 to 44	59.4	10.8*	17.5	7.7*	4.6*	100.0
	45 to 54	64.5	20.0	10.1*	3.1*	2.3**	100.0
	55 to 64	74.1	10.8*	10.0*	2.0**	3.0**	100.0
	65 and over	71.3	6.4*	13.3*	5.8*	3.2**	100.0
	TOTAL		61.3	12.1	16.2	5.8	4.7
Females	15 to 24	56.8	7.7*	14.1	12.5	8.9*	100.0
	25 to 34	55.9	15.1	14.5	9.0*	5.6*	100.0
	35 to 44	66.8	7.6*	12.6	10.0*	3.0*	100.0
	45 to 54	70.3	8.8*	12.1	6.0*	2.7**	100.0
	55 to 64	70.3	5.8*	11.2*	8.7*	4.1*	100.0
	65 and over	76.3	3.0**	11.5*	6.4*	2.9**	100.0
	TOTAL		65.7	8.2	12.7	8.8	4.6
Persons	15 to 24	52.7	10.4	17.1	10.4	9.4	100.0
	25 to 34	55.2	12.7	19.4	7.9	4.9*	100.0
	35 to 44	63.2	9.2	15.0	8.9	3.8*	100.0
	45 to 54	67.5	14.3	11.1	4.6*	2.5*	100.0
	55 to 64	72.2	8.3	10.6	5.3*	3.6*	100.0
	65 and over	73.9	4.6*	12.3	6.1*	3.0*	100.0
	TOTAL		63.5	10.1	14.4	7.3	4.6

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 67: Queensland organised participants — participation in organised physical activity by cumulative frequency, age and sex, 2007 (a)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	37.3	109.8	82.2	52.3	147.1
	25 to 34	28.1*	97.4	55.6	30.3*	125.6
	35 to 44	31.5*	86.3	55.4	35.5	117.8
	45 to 54	54.8	42.3	29.5*	14.7*	97.1
	55 to 64	24.8*	34.4	21.8*	11.4*	59.2
	65 and over	14.2*	49.7	36.5	20.2*	64.0
	TOTAL		190.7	420.0	280.9	164.5
Females	15 to 24	21.7*	99.7	81.9	60.2	121.5
	25 to 34	42.5	81.7	58.7	41.0	124.2
	35 to 44	23.2*	78.0	53.3	39.6	101.2
	45 to 54	25.1*	59.5	42.3	25.0*	84.6
	55 to 64	13.1*	54.5	37.1	29.1*	67.6
	65 and over	7.3**	51.2	36.8	22.9*	58.5
	TOTAL		132.9	424.6	310.2	217.8
Persons	15 to 24	59.0	209.5	164.1	112.5	268.5
	25 to 34	70.6	179.2	114.3	71.3	249.8
	35 to 44	54.7	164.3	108.7	75.1	219.0
	45 to 54	79.9	101.8	71.7	39.7	181.7
	55 to 64	37.9	88.9	58.9	40.6	126.8
	65 and over	21.5*	100.9	73.4	43.1	122.4
	TOTAL		323.6	844.7	591.1	382.3
Total participation rate (%) (b)						
Males	15 to 24	13.0	38.3	28.7	18.2	51.3
	25 to 34	10.2*	35.3	20.2	11.0*	45.5
	35 to 44	10.8*	29.7	19.1	12.2	40.6
	45 to 54	20.0	15.5	10.8*	5.4*	35.5
	55 to 64	10.8*	15.0	9.5*	5.0*	25.9
	65 and over	6.4*	22.3	16.4	9.1*	28.7
	TOTAL		12.1	26.6	17.8	10.4
Females	15 to 24	7.7*	35.4	29.1	21.4	43.2
	25 to 34	15.1	29.1	20.9	14.6	44.1
	35 to 44	7.6*	25.6	17.5	13.0	33.2
	45 to 54	8.8*	20.9	14.8	8.8*	29.7
	55 to 64	5.8*	24.0	16.3	12.8*	29.7
	65 and over	3.0**	20.7	14.9	9.3*	23.7
	TOTAL		8.2	26.1	19.1	13.4
Persons	15 to 24	10.4	36.9	28.9	19.8	47.3
	25 to 34	12.7	32.2	20.5	12.8	44.8
	35 to 44	9.2	27.6	18.3	12.6	36.8
	45 to 54	14.3	18.2	12.8	7.1	32.5
	55 to 64	8.3	19.5	12.9	8.9	27.8
	65 and over	4.6*	21.5	15.6	9.2	26.1
	TOTAL		10.1	26.4	18.4	11.9

(a) Relates to persons aged 15 years and over who participated in organised physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 68: Queensland organised participants — total participation in organised activities by type of organisation, age and sex, 2007 (a)

Sex	Age group (years)	Fitness, leisure or indoor sports centre	Sport or recreation club or association	Work	School	Other	Total organised participation
		Number ('000)					
Males	15 to 24	38.9	117.9	3.0**	35.9	3.0**	147.1
	25 to 34	44.1	101.0	5.1**	-	5.8**	125.6
	35 to 44	46.4	84.5	-	1.7**	7.7**	117.8
	45 to 54	25.1*	59.2	6.4**	-	21.2*	97.1
	55 to 64	11.4*	37.1	3.4**	-	8.8*	59.2
	65 and over	18.5*	49.5	-	-	12.5*	64.0
	TOTAL		184.4	449.2	17.9*	37.6	59.0
Females	15 to 24	27.8*	90.3	-	42.9	3.3**	121.5
	25 to 34	62.5	63.2	3.7**	-	17.8*	124.2
	35 to 44	48.9	67.5	3.1**	-	6.1**	101.2
	45 to 54	40.7	45.5	3.2**	-	6.3**	84.6
	55 to 64	34.4	34.6	-	1.3**	16.0*	67.6
	65 and over	25.5*	26.4*	-	-	14.1*	58.5
	TOTAL		239.8	327.4	10.0*	44.2	63.6
Persons	15 to 24	66.7	208.2	3.0**	78.8	6.3**	268.5
	25 to 34	106.5	164.3	8.8*	-	23.5*	249.8
	35 to 44	95.4	152.0	3.1**	1.7**	13.9*	219.0
	45 to 54	65.8	104.7	9.6*	-	27.4*	181.7
	55 to 64	45.8	71.6	3.4**	1.3**	24.8*	126.8
	65 and over	44.0	75.9	-	-	26.7*	122.4
	TOTAL		424.2	776.6	27.9*	81.7	122.6
Total participation rate (%) (b)							
Males	15 to 24	13.6	41.1	1.0**	12.5	1.0**	51.3
	25 to 34	16.0	36.6	1.8**	-	2.1**	45.5
	35 to 44	16.0	29.1	-	0.6**	2.7**	40.6
	45 to 54	9.2*	21.7	2.4**	-	7.7*	35.5
	55 to 64	5.0*	16.2	1.5**	-	3.8*	25.9
	65 and over	8.3*	22.2	-	-	5.6*	28.7
	TOTAL		11.7	28.5	1.1	2.4	3.7
Females	15 to 24	9.9*	32.1	-	15.2	1.2**	43.2
	25 to 34	22.2	22.5	1.3**	-	6.3*	44.1
	35 to 44	16.0	22.1	1.0**	-	2.0**	33.2
	45 to 54	14.3	15.9	1.1**	-	2.2**	29.7
	55 to 64	15.1	15.2	-	0.6**	7.0*	29.7
	65 and over	10.3*	10.7*	-	-	5.7*	23.7
	TOTAL		14.7	20.1	0.6*	2.7	3.9
Persons	15 to 24	11.7	36.6	0.5**	13.9	1.1**	47.3
	25 to 34	19.1	29.5	1.6*	-	4.2*	44.8
	35 to 44	16.0	25.5	0.5**	0.3**	2.3*	36.8
	45 to 54	11.8	18.7	1.7*	-	4.9*	32.5
	55 to 64	10.1	15.7	0.8**	0.3**	5.4*	27.8
	65 and over	9.4	16.2	-	-	5.7*	26.1
	TOTAL		13.2	24.2	0.9*	2.6	3.8

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 69: Queensland participants — total participation in specific activities (organised and non-organised) by sex, 2007 (a)

Activity	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
Aerobics/fitness	251.4	15.9	402.8	24.8	654.3	20.4
Aquarobics	3.6**	0.2**	27.0*	1.7*	30.6*	1.0*
Athletics/track and field	24.1*	1.5*	22.5*	1.4*	46.6	1.5
Australian football	31.7	2.0	3.9**	0.2**	35.6	1.1
Badminton	8.2**	0.5**	6.7**	0.4**	14.9*	0.5*
Baseball	7.6**	0.5**	0.0**	0.0**	7.6**	0.2**
Basketball	51.0	3.2	25.8*	1.6*	76.8	2.4
Billiards/snooker/pool	1.9**	0.1**	5.2**	0.3**	7.1**	0.2**
Boxing	6.9**	0.4**	5.3**	0.3**	12.2*	0.4*
Canoeing/kayaking	13.6*	0.9*	13.6*	0.8*	27.3*	0.9*
Carpet bowls	1.7**	0.1**	9.8*	0.6*	11.5*	0.4*
Cricket (indoor)	25.9*	1.6*	1.5**	0.1**	27.4*	0.9*
Cricket (outdoor)	40.9	2.6	8.8*	0.5*	49.7	1.5
Cycling	230.0	14.6	96.5	5.9	326.5	10.2
Dancing	13.0*	0.8*	38.4	2.4	51.4	1.6
Darts	1.9**	0.1**	0.0**	0.0**	1.9**	0.1**
Fishing	52.6	3.3	5.9**	0.4**	58.5	1.8
Football (indoor)	33.5	2.1	10.0*	0.6*	43.4	1.4
Football (outdoor)	74.8	4.7	27.1*	1.7*	101.9	3.2
Golf	129.6	8.2	27.4*	1.7*	157.0	4.9
Gymnastics	1.7**	0.1**	7.0**	0.4**	8.7*	0.3*
Hockey (outdoor)	4.3**	0.3**	7.2**	0.4**	11.5*	0.4*
Horse riding/equestrian activities/polocrosse	24.4*	1.5*	20.8*	1.3*	45.2	1.4
Ice/snow sports	0.0**	0.0**	8.0**	0.5**	8.0**	0.2**
Lawn bowls	23.9*	1.5*	12.0*	0.7*	35.8	1.1
Martial arts	45.4	2.9	25.3*	1.6*	70.7	2.2
Motor sports	27.8*	1.8*	6.4**	0.4**	34.2	1.1
Netball	14.8*	0.9*	82.6	5.1	97.4	3.0
Orienteering	8.7*	0.5*	8.0**	0.5**	16.7*	0.5*
Rock climbing	5.1**	0.3**	3.9**	0.2**	9.0*	0.3*
Roller sports	6.4**	0.4**	5.1**	0.3**	11.5*	0.4*
Rowing	12.5*	0.8*	5.0**	0.3**	17.5*	0.5*
Rugby league	55.6	3.5	3.3**	0.2**	58.9	1.8
Rugby union	35.6	2.3	0.0**	0.0**	35.6	1.1
Running	122.7	7.8	90.4	5.6	213.2	6.7
Sailing	15.0*	1.0*	5.5**	0.3**	20.5*	0.6*
Scuba diving	8.8*	0.6*	0.0**	0.0**	8.8*	0.3*
Shooting sports	12.1*	0.8*	0.0**	0.0**	12.1*	0.4*
Softball	0.0**	0.0**	11.0*	0.7*	11.0*	0.3*
Squash/racquetball	29.4*	1.9*	15.9*	1.0*	45.3	1.4
Surf sports	35.1	2.2	9.5*	0.6*	44.5	1.4
Swimming	127.0	8.0	215.6	13.2	342.5	10.7
Table tennis	1.9**	0.1**	1.6**	0.1**	3.5**	0.1**
Tennis	71.9	4.6	71.7	4.4	143.7	4.5
Tenpin bowling	9.5*	0.6*	9.0*	0.6*	18.5*	0.6*
Touch football	69.5	4.4	57.0	3.5	126.5	3.9
Triathlon	8.9*	0.6*	3.6**	0.2**	12.5*	0.4*
Volleyball	12.1*	0.8*	11.7*	0.7*	23.8*	0.7*
Walking (bush)	86.8	5.5	105.8	6.5	192.5	6.0
Walking (other)	370.6	23.5	686.1	42.2	1,056.7	33.0
Water polo	2.2**	0.1**	0.0**	0.0**	2.2**	0.1**
Waterskiing/powerboating	14.2*	0.9*	14.9*	0.9*	29.1*	0.9*
Weight training	46.5	2.9	23.8*	1.5*	70.4	2.2
Yoga	12.8*	0.8*	63.3	3.9	76.0	2.4

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 70: Queensland participants — total participation in specific activities by type of activity, 2007 (a)

Activity	Number ('000)			Total participation rate (%) (b)		
	Organised	Non-organised	Total	Organised	Non-organised	Total
Aerobics/fitness	320.9	366.2	654.3	10.0	11.4	20.4
Aquarobics	22.9*	7.8**	30.6*	0.7*	0.2**	1.0*
Athletics/track and field	39.5	14.3*	46.6	1.2	0.4*	1.5
Australian football	29.7*	9.6*	35.6	0.9*	0.3*	1.1
Badminton	12.7*	2.2**	14.9*	0.4*	0.1**	0.5*
Baseball	7.6**	-	7.6**	0.2**	-	0.2**
Basketball	50.0	36.7	76.8	1.6	1.1	2.4
Billiards/snooker/pool	7.1**	-	7.1**	0.2**	-	0.2**
Boxing	5.1**	7.0**	12.2*	0.2**	0.2**	0.4*
Canoeing/kayaking	3.7**	25.7*	27.3*	0.1**	0.8*	0.9*
Carpet bowls	8.7*	2.8**	11.5*	0.3*	0.1**	0.4*
Cricket (indoor)	25.2*	2.2**	27.4*	0.8*	0.1**	0.9*
Cricket (outdoor)	33.0	16.7*	49.7	1.0	0.5*	1.5
Cycling	16.2*	318.0	326.5	0.5*	9.9	10.2
Dancing	30.1*	27.6*	51.4	0.9*	0.9*	1.6
Darts	1.9**	-	1.9**	0.1**	-	0.1**
Fishing	5.2**	56.4	58.5	0.2**	1.8	1.8
Football (indoor)	40.6	8.3**	43.4	1.3	0.3**	1.4
Football (outdoor)	61.3	46.5	101.9	1.9	1.5	3.2
Golf	98.4	81.1	157.0	3.1	2.5	4.9
Gymnastics	3.1**	5.6**	8.7*	0.1**	0.2**	0.3*
Hockey (outdoor)	9.3*	2.2**	11.5*	0.3*	0.1**	0.4*
Horse riding/equestrian activities/polocrosse	22.7*	27.8*	45.2	0.7*	0.9*	1.4
Ice/snow sports	1.6**	6.4**	8.0**	0.0**	0.2**	0.2**
Lawn bowls	34.1	3.8**	35.8	1.1	0.1**	1.1
Martial arts	60.7	13.9*	70.7	1.9	0.4*	2.2
Motor sports	13.9*	28.3*	34.2	0.4*	0.9*	1.1
Netball	77.7	24.9*	97.4	2.4	0.8*	3.0
Orienteering	7.1**	9.6*	16.7*	0.2**	0.3*	0.5*
Rock climbing	2.9**	6.1**	9.0*	0.1**	0.2**	0.3*
Roller sports	3.9**	9.5*	11.5*	0.1**	0.3*	0.4*
Rowing	13.6*	5.4**	17.5*	0.4*	0.2**	0.5*
Rugby league	54.2	8.0**	58.9	1.7	0.3**	1.8
Rugby union	33.4	2.2**	35.6	1.0	0.1**	1.1
Running	22.7*	200.5	213.2	0.7*	6.3	6.7
Sailing	11.6*	13.0*	20.5*	0.4*	0.4*	0.6*
Scuba diving	6.8**	5.0**	8.8*	0.2**	0.2**	0.3*
Shooting sports	5.5**	6.6**	12.1*	0.2**	0.2**	0.4*
Softball	11.0*	-	11.0*	0.3*	-	0.3*
Squash/racquetball	27.6*	21.2*	45.3	0.9*	0.7*	1.4
Surf sports	9.9*	39.6	44.5	0.3*	1.2	1.4
Swimming	46.8	302.7	342.5	1.5	9.4	10.7
Table tennis	1.6**	1.9**	3.5**	0.0**	0.1**	0.1**
Tennis	61.3	90.2	143.7	1.9	2.8	4.5
Tenpin bowling	9.0*	9.5*	18.5*	0.3*	0.3*	0.6*
Touch football	90.4	36.1	126.5	2.8	1.1	3.9
Triathlon	12.5*	-	12.5*	0.4*	-	0.4*
Volleyball	20.4*	3.4**	23.8*	0.6*	0.1**	0.7*
Walking (bush)	16.3*	184.8	192.5	0.5*	5.8	6.0
Walking (other)	34.4	1,036.7	1,056.7	1.1	32.3	33.0
Water polo	2.2**	-	2.2**	0.1**	-	0.1**
Waterskiing/powerboating	2.2**	29.1*	29.1*	0.1**	0.9*	0.9*
Weight training	13.2*	57.2	70.4	0.4*	1.8	2.2
Yoga	45.9	37.0	76.1	1.4	1.2	2.4

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

10.12 State data (South Australia)

Table 71: South Australia participants — total participation in physical activity by type of participation, age and sex, 2007 (a)

		Organised (A)	Non-organised only (B)	Both organised and non-organised (C)	Total organised (A + C)	Total non- organised (B + C)	Total participation (A + B + C)
Sex	Age group (years)	Number ('000)					
Males	15 to 24	31.0	33.9	30.5	61.5	64.4	95.4
	25 to 34	17.2	34.1	29.5	46.7	63.5	80.7
	35 to 44	21.2	37.6	23.4	44.5	61.0	82.1
	45 to 54	14.3	53.9	17.1	31.4	71.0	85.3
	55 to 64	8.8*	43.3	16.5	25.3	59.8	68.6
	65 and over	14.8	38.1	11.3*	26.1	49.4	64.2
	TOTAL		107.2	240.8	128.3	235.5	369.1
Females	15 to 24	30.6	36.9	27.1	57.7	64.0	94.6
	25 to 34	17.0	39.7	21.3	38.2	61.0	78.0
	35 to 44	13.9	54.0	25.1	39.0	79.1	93.0
	45 to 54	10.8*	49.8	27.5	38.3	77.3	88.1
	55 to 64	11.2*	44.9	19.9	31.1	64.8	76.0
	65 and over	16.3	54.4	14.2	30.6	68.7	85.0
	TOTAL		99.8	279.8	135.1	234.8	414.8
Persons	15 to 24	61.6	70.8	57.6	119.1	128.4	189.9
	25 to 34	34.2	73.8	50.7	84.9	124.5	158.7
	35 to 44	35.0	91.6	48.5	83.5	140.1	175.1
	45 to 54	25.1	103.7	44.6	69.7	148.3	173.4
	55 to 64	19.9	88.2	36.4	56.4	124.6	144.6
	65 and over	31.1	92.6	25.5	56.6	118.1	149.2
	TOTAL		206.9	520.6	263.3	470.3	784.0
Total participation rate (%) (b)							
Males	15 to 24	28.8	31.5	28.4	57.2	60.0	88.8
	25 to 34	17.6	34.8	30.1	47.7	65.0	82.6
	35 to 44	19.2	34.2	21.3	40.5	55.5	74.7
	45 to 54	13.3	49.9	15.9	29.1	65.8	79.1
	55 to 64	9.8*	48.5	18.5	28.3	67.0	76.8
	65 and over	14.9	38.4	11.3*	26.2	49.7	64.7
	TOTAL		17.5	39.4	21.0	38.5	60.3
Females	15 to 24	29.8	35.9	26.3	56.1	62.2	92.0
	25 to 34	17.5	40.9	21.9	39.4	62.8	80.3
	35 to 44	12.4	48.3	22.5	34.9	70.8	83.2
	45 to 54	9.6*	44.4	24.5	34.1	68.9	78.5
	55 to 64	11.9*	47.9	21.2	33.2	69.1	81.0
	65 and over	13.7	45.5	11.9	25.6	57.4	71.1
	TOTAL		15.7	43.9	21.2	36.8	65.1
Persons	15 to 24	29.3	33.7	27.4	56.7	61.1	90.3
	25 to 34	17.5	37.9	26.0	43.6	63.9	81.4
	35 to 44	15.8	41.3	21.9	37.7	63.2	79.0
	45 to 54	11.4	47.1	20.3	31.7	67.4	78.8
	55 to 64	10.9	48.2	19.9	30.8	68.1	79.0
	65 and over	14.2	42.3	11.7	25.9	53.9	68.2
	TOTAL		16.6	41.7	21.1	37.7	62.8

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 72: South Australia participants — total participation in any physical activity (organised and non-organised) by demographics, 2007 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
AGE GROUP (YEARS)						
15 to 24	95.4	88.8	94.6	92.0	189.9	90.3
25 to 34	80.7	82.6	78.0	80.3	158.7	81.4
35 to 44	82.1	74.7	93.0	83.2	175.1	79.0
45 to 54	85.3	79.1	88.1	78.5	173.4	78.8
55 to 64	68.6	76.8	76.0	81.0	144.6	79.0
65 and over	64.2	64.7	85.0	71.1	149.2	68.2
REGION						
Capital city	353.4	79.2	381.6	80.3	735.0	79.8
Rest of state	122.9	74.3	133.0	82.0	255.9	78.1
EMPLOYMENT STATUS						
Employed full time	290.9	81.7	152.1	86.2	443.0	83.2
Employed part time	67.6	82.1	147.4	84.3	215.0	83.6
Unemployed	21.7	85.0	18.9	82.7	40.7	83.9
Not in the labour force	96.1	65.1	196.2	74.6	292.3	71.2
MARITAL STATUS						
Married	285.3	77.3	280.5	83.2	565.8	80.1
Not married	188.0	79.0	228.8	78.3	416.8	78.6
Refused/Do not know	3.0**	67.3**	5.3*	66.9*	8.3*	67.0*
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	139.1	81.2	152.7	81.3	291.8	81.2
At least one under 18 – none at home	13.8	69.8	4.2*	88.1*	17.9	73.4
No children under 18	323.5	76.9	357.7	80.4	681.2	78.7
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	120.3	86.3	106.1	87.7	226.4	86.9
Undergraduate diploma or associate diploma	44.8	87.6	40.8	84.5	85.7	86.1
Certificate, trade qualification or apprenticeship	85.0	76.0	68.3	81.8	153.3	78.5
Highest level of secondary school	104.6	78.9	125.2	78.5	229.8	78.7
Did not complete highest level of school	102.2	66.7	139.5	75.8	241.7	71.7
Never went to school	0.0**	0.0**	1.0**	64.8**	1.0**	64.8**
Still at secondary school	13.8	85.7	26.0	92.9	39.8	90.3
Other	5.0*	73.3*	4.2*	88.2*	9.2*	79.5*
Refused	0.7**	100.0**	3.4*	52.4*	4.1*	56.9*
INDIGENOUS STATUS						
Non-Indigenous	468.9	77.8	508.6	80.7	977.5	79.3
Indigenous	7.4*	79.3*	6.0*	83.6*	13.4	81.1
Total	476.3	77.9	514.6	80.8	990.9	79.3

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 73: All South Australia persons — participation in any physical activity by frequency, age and sex, 2007 (a)

Sex	Age group (years)	None	Up to once per week (b)	Once or twice per week (c)	Three or four times per week (d)	Five or more times per week	Total
		Number ('000)					
Males	15 to 24	12.1*	16.7	35.6	17.8	25.3	107.5
	25 to 34	17.0	20.7	25.9	19.0	15.1	97.8
	35 to 44	27.8	22.8	25.2	19.2	15.0	109.9
	45 to 54	22.6	17.8	30.0	18.5	19.0	107.9
	55 to 64	20.8	11.3*	21.1	15.0	21.1	89.3
	65 and over	35.1	9.2*	15.2	14.9	24.9	99.3
	TOTAL		135.4	98.5	153.1	104.3	120.5
Females	15 to 24	8.2*	18.6	25.4	28.5	22.1	102.8
	25 to 34	19.1	16.3	21.3	20.6	19.9	97.1
	35 to 44	18.8	13.7	24.9	24.6	29.9	111.8
	45 to 54	24.1	14.9	18.0	19.5	35.6	112.2
	55 to 64	17.8	7.8*	24.0	16.6	27.6	93.8
	65 and over	34.6	11.2*	28.2	17.4	28.2	119.6
	TOTAL		122.6	82.5	141.8	127.1	163.2
Persons	15 to 24	20.3	35.3	61.0	46.2	47.4	210.3
	25 to 34	36.2	37.0	47.2	39.5	35.0	194.8
	35 to 44	46.6	36.4	50.1	43.7	44.8	221.7
	45 to 54	46.8	32.8	48.0	38.0	54.7	220.1
	55 to 64	38.5	19.1	45.1	31.6	48.7	183.1
	65 and over	69.7	20.4	43.4	32.3	53.1	218.9
	TOTAL		258.0	181.0	294.9	231.4	283.6
Percentage of row							
Males	15 to 24	11.2*	15.5	33.1	16.5	23.6	100.0
	25 to 34	17.4	21.2	26.5	19.4	15.4	100.0
	35 to 44	25.3	20.7	23.0	17.4	13.6	100.0
	45 to 54	20.9	16.5	27.8	17.1	17.6	100.0
	55 to 64	23.2	12.6*	23.7	16.8	23.7	100.0
	65 and over	35.3	9.2*	15.3	15.0	25.1	100.0
	TOTAL		22.1	16.1	25.0	17.0	19.7
Females	15 to 24	8.0*	18.1	24.7	27.7	21.5	100.0
	25 to 34	19.7	16.8	21.9	21.2	20.5	100.0
	35 to 44	16.8	12.2	22.3	22.0	26.7	100.0
	45 to 54	21.5	13.3	16.0	17.4	31.8	100.0
	55 to 64	19.0	8.3*	25.6	17.7	29.4	100.0
	65 and over	28.9	9.4*	23.6	14.5	23.6	100.0
	TOTAL		19.2	13.0	22.2	19.9	25.6
Persons	15 to 24	9.7	16.8	29.0	22.0	22.5	100.0
	25 to 34	18.6	19.0	24.2	20.3	17.9	100.0
	35 to 44	21.0	16.4	22.6	19.7	20.2	100.0
	45 to 54	21.2	14.9	21.8	17.2	24.8	100.0
	55 to 64	21.0	10.4	24.6	17.3	26.6	100.0
	65 and over	31.8	9.3	19.8	14.8	24.2	100.0
	TOTAL		20.7	14.5	23.6	18.5	22.7

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 74: South Australia participants — participation in any physical activity by cumulative frequency, age and sex, 2007 (a)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	16.7	78.7	59.7	43.1	95.4
	25 to 34	20.7	60.0	48.4	34.1	80.7
	35 to 44	22.8	59.4	44.2	34.1	82.1
	45 to 54	17.8	67.5	53.1	37.5	85.3
	55 to 64	11.3*	57.3	51.8	36.1	68.6
	65 and over	9.2*	55.0	45.3	39.8	64.2
	TOTAL		98.5	377.8	302.6	224.7
Females	15 to 24	18.6	76.0	62.3	50.5	94.6
	25 to 34	16.3	61.7	52.5	40.4	78.0
	35 to 44	13.7	79.3	70.1	54.4	93.0
	45 to 54	14.9	73.1	63.3	55.1	88.1
	55 to 64	7.8*	68.2	58.7	44.2	76.0
	65 and over	11.2*	73.8	59.6	45.5	85.0
	TOTAL		82.5	432.1	366.5	290.3
Persons	15 to 24	35.3	154.6	122.1	93.6	189.9
	25 to 34	37.0	121.7	100.8	74.5	158.7
	35 to 44	36.4	138.7	114.4	88.6	175.1
	45 to 54	32.8	140.6	116.4	92.6	173.4
	55 to 64	19.1	125.5	110.5	80.3	144.6
	65 and over	20.4	128.8	104.9	85.4	149.2
	TOTAL		181.0	809.9	669.1	515.0
Total participation rate (%) (b)						
Males	15 to 24	15.5	73.2	55.6	40.1	88.8
	25 to 34	21.2	61.4	49.5	34.8	82.6
	35 to 44	20.7	54.0	40.2	31.1	74.7
	45 to 54	16.5	62.5	49.2	34.7	79.1
	55 to 64	12.6*	64.1	58.0	40.5	76.8
	65 and over	9.2*	55.4	45.7	40.1	64.7
	TOTAL		16.1	61.8	49.5	36.7
Females	15 to 24	18.1	73.9	60.6	49.2	92.0
	25 to 34	16.8	63.5	54.1	41.6	80.3
	35 to 44	12.2	71.0	62.7	48.7	83.2
	45 to 54	13.3	65.2	56.4	49.1	78.5
	55 to 64	8.3*	72.7	62.6	47.1	81.0
	65 and over	9.4*	61.7	49.9	38.1	71.1
	TOTAL		13.0	67.8	57.5	45.6
Persons	15 to 24	16.8	73.6	58.1	44.5	90.3
	25 to 34	19.0	62.4	51.7	38.2	81.4
	35 to 44	16.4	62.6	51.6	39.9	79.0
	45 to 54	14.9	63.9	52.9	42.1	78.8
	55 to 64	10.4	68.5	60.3	43.9	79.0
	65 and over	9.3	58.8	47.9	39.0	68.2
	TOTAL		14.5	64.8	53.6	41.2

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 75: South Australia recent participants — recent participation in any physical activity by duration and age, 2007 (a)

		15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	Total
		Number ('000)						
Five hours or more	More than three sessions weekly	38.8	24.2	27.8	32.0	29.0	31.8	183.5
	Two or three sessions weekly	6.0*	7.4*	5.3*	6.1*	2.1**	8.9*	35.9
	Less than two sessions weekly	2.9**	0.0**	1.7**	2.7**	0.5**	0.0**	7.8*
	<i>Total</i>	47.7	31.6	34.8	40.8	31.6	40.7	227.1
Two hours or more but less than five hours	More than three sessions weekly	17.7	22.7	24.8	33.5	31.2	22.2	152.1
	Two or three sessions weekly	25.3	17.2	30.3	22.6	15.3	9.3*	120.1
	Less than two sessions weekly	15.3	8.4*	6.8*	6.8*	5.5*	8.4*	51.2
	<i>Total</i>	58.3	48.3	62.0	62.9	52.0	39.9	323.4
Less than two hours	More than three sessions weekly	0.0**	3.7*	5.0*	2.7**	5.4*	10.5*	27.4
	Two or three sessions weekly	11.7*	11.0*	15.9	11.9*	14.4	15.4	80.5
	Less than two sessions weekly	34.2	34.4	24.9	24.4	20.3	24.6	162.9
	<i>Total</i>	46.0	49.2	45.8	39.1	40.1	50.6	270.8
Total	More than three sessions weekly	56.5	50.5	57.5	68.2	65.6	64.6	362.9
	Two or three sessions weekly	43.0	35.7	51.6	40.6	31.9	33.7	236.4
	Less than two sessions weekly	52.4	42.8	33.4	34.0	26.3	33.0	221.9
	Total	151.9	129.0	142.5	142.8	123.8	131.2	821.3
		Percentage of total						
Five hours or more	More than three sessions weekly	4.7	2.9	3.4	3.9	3.5	3.9	22.3
	Two or three sessions weekly	0.7*	0.9*	0.7*	0.7*	0.3**	1.1*	4.4
	Less than two sessions weekly	0.3**	0.0**	0.2**	0.3**	0.1**	0.0**	0.9*
	<i>Total</i>	5.8	3.8	4.2	5.0	3.9	5.0	27.7
Two hours or more but less than five hours	More than three sessions weekly	2.2	2.8	3.0	4.1	3.8	2.7	18.5
	Two or three sessions weekly	3.1	2.1	3.7	2.7	1.9	1.1*	14.6
	Less than two sessions weekly	1.9	1.0*	0.8*	0.8*	0.7*	1.0*	6.2
	<i>Total</i>	7.1	5.9	7.5	7.7	6.3	4.9	39.4
Less than two hours	More than three sessions weekly	0.0**	0.5*	0.6*	0.3**	0.7*	1.3*	3.3
	Two or three sessions weekly	1.4*	1.3*	1.9	1.5*	1.8	1.9	9.8
	Less than two sessions weekly	4.2	4.2	3.0	3.0	2.5	3.0	19.8
	<i>Total</i>	5.6	6.0	5.6	4.8	4.9	6.2	33.0
Total	More than three sessions weekly	6.9	6.2	7.0	8.3	8.0	7.9	44.2
	Two or three sessions weekly	5.2	4.3	6.3	4.9	3.9	4.1	28.8
	Less than two sessions weekly	6.4	5.2	4.1	4.1	3.2	4.0	27.0
	Total	18.5	15.7	17.4	17.4	15.1	16.0	100.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport in the two weeks prior to interview in 2007

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 76: South Australia regular participants — regular participation in any physical activity (organised and non-organised) by demographics, 2007 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Regular participation rate (b) (%)	Number (‘000)	Regular participation rate (%)	Number (‘000)	Regular participation rate (%)
AGE GROUP (YEARS)						
15 to 24	43.1	40.1	50.5	49.2	93.6	44.5
25 to 34	34.1	34.8	40.4	41.6	74.5	38.2
35 to 44	34.1	31.1	54.4	48.7	88.6	39.9
45 to 54	37.5	34.7	55.1	49.1	92.6	42.1
55 to 64	36.1	40.5	44.2	47.1	80.3	43.9
65 and over	39.8	40.1	45.5	38.1	85.4	39.0
REGION						
Capital city	168.7	37.8	216.4	45.5	385.1	41.8
Rest of state	56.1	33.9	73.9	45.6	130.0	39.7
EMPLOYMENT STATUS						
Employed full time	126.2	35.4	89.9	50.9	216.1	40.6
Employed part time	31.3	38.0	80.2	45.9	111.5	43.4
Unemployed	7.7*	30.0*	12.6*	54.8*	20.2	41.7
Not in the labour force	59.6	40.4	107.7	40.9	167.3	40.7
MARITAL STATUS						
Married	134.0	36.3	157.9	46.8	291.8	41.3
Not married	89.2	37.5	130.1	44.5	219.3	41.4
Refused/Do not know	1.6**	35.3**	2.3**	29.2**	3.9*	31.4*
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	56.9	33.2	82.2	43.8	139.1	38.7
At least one under 18 — none at home	9.7*	49.4*	2.9**	61.9**	12.7*	51.9*
No children under 18	158.1	37.6	205.1	46.1	363.2	42.0
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	67.1	48.1	66.0	54.5	133.0	51.1
Undergraduate diploma or associate diploma	28.9	56.4	28.3	58.6	57.2	57.5
Certificate, trade qualification or apprenticeship	32.7	29.2	41.5	49.7	74.2	38.0
Highest level of secondary school	45.0	33.9	61.8	38.7	106.8	36.5
Did not complete highest level of school	39.2	25.6	74.0	40.2	113.3	33.6
Never went to school	0.0**	0.0**	0.6**	35.2**	0.6**	35.2**
Still at secondary school	8.6*	53.6*	12.2*	43.7*	20.9	47.3
Other	3.3**	48.3**	3.0**	63.3**	6.3*	54.5*
Refused	0.0**	0.0**	2.8**	43.7**	2.8**	39.5**
INDIGENOUS STATUS						
Non-Indigenous	218.1	36.2	286.4	45.5	504.5	40.9
Indigenous	6.6*	71.0*	3.9*	54.3*	10.6*	63.7*
Total	224.7	36.7	290.3	45.6	515.0	41.2

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, regular participation rate is the number of persons who participated in the activity at least three times per week on average, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 77: South Australia organised participants — participation in organised physical activity by frequency, age and sex, 2007 (a)

Sex	Age group (years)	None	Up to once per week (b)	Once or twice per week (c)	Three or four times per week (d)	Five or more times per week	Total
		Number ('000)					
Males	15 to 24	46.0	13.2	23.0	12.6*	12.7*	107.5
	25 to 34	51.1	24.5	14.4	5.8*	1.9**	97.8
	35 to 44	65.4	18.5	19.4	4.2*	2.5**	109.9
	45 to 54	76.5	13.0	14.3	2.0**	2.0**	107.9
	55 to 64	64.0	9.7*	8.5*	4.7*	2.4**	89.3
	65 and over	73.2	7.0*	11.0*	7.3*	0.8**	99.3
	TOTAL		376.2	85.9	90.6	36.7	22.3
Females	15 to 24	45.1	15.3	24.5	10.8*	7.0*	102.8
	25 to 34	58.9	16.3	10.6*	6.4*	5.0*	97.1
	35 to 44	72.8	13.7	14.6	7.5*	3.2**	111.8
	45 to 54	73.9	11.4*	14.7	10.1*	2.1**	112.2
	55 to 64	62.7	10.0*	11.1*	7.2*	2.8**	93.8
	65 and over	89.0	7.4*	18.1	3.4*	1.7**	119.6
	TOTAL		402.4	74.0	93.6	45.4	21.8
Persons	15 to 24	91.1	28.6	47.4	23.4	19.7	210.3
	25 to 34	110.0	40.8	25.0	12.2*	6.9*	194.8
	35 to 44	138.2	32.1	33.9	11.8*	5.7*	221.7
	45 to 54	150.4	24.4	29.0	12.1*	4.1*	220.1
	55 to 64	126.7	19.6	19.7	11.9*	5.2*	183.1
	65 and over	162.2	14.3	29.1	10.7*	2.5**	218.9
	TOTAL		778.7	159.9	184.1	82.1	44.1
Percentage of row							
Males	15 to 24	42.8	12.3	21.4	11.7*	11.8*	100.0
	25 to 34	52.3	25.1	14.7	5.9*	2.0**	100.0
	35 to 44	59.5	16.8	17.6	3.8*	2.3**	100.0
	45 to 54	70.9	12.1	13.3	1.9**	1.9**	100.0
	55 to 64	71.7	10.8*	9.6*	5.3*	2.7**	100.0
	65 and over	73.8	7.0*	11.1*	7.4*	0.8**	100.0
	TOTAL		61.5	14.0	14.8	6.0	3.6
Females	15 to 24	43.9	14.9	23.8	10.5*	6.8*	100.0
	25 to 34	60.6	16.8	11.0*	6.6*	5.1*	100.0
	35 to 44	65.1	12.2	13.0	6.7*	2.9**	100.0
	45 to 54	65.9	10.2*	13.1	9.0*	1.9**	100.0
	55 to 64	66.8	10.6*	11.9*	7.7*	3.0**	100.0
	65 and over	74.4	6.2*	15.1	2.8*	1.4**	100.0
	TOTAL		63.2	11.6	14.7	7.1	3.4
Persons	15 to 24	43.3	13.6	22.6	11.1	9.4	100.0
	25 to 34	56.4	20.9	12.8	6.3*	3.5*	100.0
	35 to 44	62.3	14.5	15.3	5.3*	2.6*	100.0
	45 to 54	68.3	11.1	13.2	5.5*	1.9*	100.0
	55 to 64	69.2	10.7	10.7	6.5*	2.8*	100.0
	65 and over	74.1	6.5	13.3	4.9*	1.1**	100.0
	TOTAL		62.3	12.8	14.7	6.6	3.5

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 78: South Australia organised participants — participation in organised physical activity by cumulative frequency, age and sex, 2007 (a)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	13.2	48.2	32.7	25.3	61.5
	25 to 34	24.5	22.1	15.3	7.8*	46.7
	35 to 44	18.5	26.1	13.4	6.7*	44.5
	45 to 54	13.0	18.4	7.5*	4.1*	31.4
	55 to 64	9.7*	15.6	11.0*	7.1*	25.3
	65 and over	7.0*	19.1	12.0*	8.1*	26.1
	TOTAL		85.9	149.5	92.0	59.0
Females	15 to 24	15.3	42.3	27.1	17.9	57.7
	25 to 34	16.3	22.0	14.9	11.3*	38.2
	35 to 44	13.7	25.3	17.8	10.8*	39.0
	45 to 54	11.4*	26.8	20.2	12.2*	38.3
	55 to 64	10.0*	21.1	13.4	10.0*	31.1
	65 and over	7.4*	23.2	11.2*	5.1*	30.6
	TOTAL		74.0	160.8	104.5	67.2
Persons	15 to 24	28.6	90.6	59.8	43.1	119.1
	25 to 34	40.8	44.1	30.2	19.1	84.9
	35 to 44	32.1	51.4	31.2	17.5	83.5
	45 to 54	24.4	45.3	27.7	16.2	69.7
	55 to 64	19.6	36.7	24.4	17.1	56.4
	65 and over	14.3	42.3	23.3	13.2	56.6
	TOTAL		159.9	310.3	196.5	126.2
Total participation rate (%) (b)						
Males	15 to 24	12.3	44.9	30.5	23.5	57.2
	25 to 34	25.1	22.6	15.7	7.9*	47.7
	35 to 44	16.8	23.7	12.2	6.1*	40.5
	45 to 54	12.1	17.1	6.9*	3.8*	29.1
	55 to 64	10.8*	17.5	12.3*	7.9*	28.3
	65 and over	7.0*	19.2	12.1*	8.2*	26.2
	TOTAL		14.0	24.4	15.0	9.6
Females	15 to 24	14.9	41.2	26.3	17.4	56.1
	25 to 34	16.8	22.6	15.3	11.7*	39.4
	35 to 44	12.2	22.7	15.9	9.6*	34.9
	45 to 54	10.2*	23.9	18.0	10.9*	34.1
	55 to 64	10.6*	22.5	14.3	10.7*	33.2
	65 and over	6.2*	19.4	9.4*	4.3*	25.6
	TOTAL		11.6	25.2	16.4	10.5
Persons	15 to 24	13.6	43.1	28.4	20.5	56.7
	25 to 34	20.9	22.6	15.5	9.8	43.6
	35 to 44	14.5	23.2	14.1	7.9	37.7
	45 to 54	11.1	20.6	12.6	7.4	31.7
	55 to 64	10.7	20.1	13.3	9.3	30.8
	65 and over	6.5	19.3	10.6	6.0	25.9
	TOTAL		12.8	24.8	15.7	10.1

(a) Relates to persons aged 15 years and over who participated in organised physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 79: South Australia organised participants — total participation in organised activities by type of organisation, age and sex, 2007 (a)

Sex	Age group (years)	Fitness, leisure or indoor sports centre	Sport or recreation club or association	Work	School	Other	Total organised participation
		Number ('000)					
Males	15 to 24	14.4	45.4	1.2**	16.1	2.3**	61.5
	25 to 34	13.3	35.0	1.9**	0.0**	6.8*	46.7
	35 to 44	13.5	33.6	1.7**	0.8**	6.7*	44.5
	45 to 54	6.8*	26.0	0.7**	0.0**	3.4*	31.4
	55 to 64	6.3*	19.1	0.8**	0.8**	3.2**	25.3
	65 and over	5.5*	18.6	0.0**	0.0**	7.5*	26.1
	TOTAL		59.8	177.7	6.2*	17.7	29.8
Females	15 to 24	23.3	33.4	0.0**	19.1	3.8*	57.7
	25 to 34	16.3	21.2	0.7**	0.0**	3.5*	38.2
	35 to 44	17.8	21.1	0.5**	1.6**	3.8*	39.0
	45 to 54	14.1	20.0	1.4**	0.0**	4.1*	38.3
	55 to 64	12.2*	20.0	1.1**	0.0**	3.4*	31.1
	65 and over	12.6*	15.1	0.0**	0.0**	7.7*	30.6
	TOTAL		96.3	130.8	3.7*	20.7	26.3
Persons	15 to 24	37.7	78.8	1.2**	35.1	6.1*	119.1
	25 to 34	29.6	56.3	2.6**	0.0**	10.3*	84.9
	35 to 44	31.3	54.7	2.2**	2.5**	10.5*	83.5
	45 to 54	20.9	46.0	2.1**	0.0**	7.5*	69.7
	55 to 64	18.5	39.1	1.9**	0.8**	6.5*	56.4
	65 and over	18.1	33.7	0.0**	0.0**	15.2	56.6
	TOTAL		156.1	308.6	9.9*	38.4	56.1

Total participation rate (%) (b)

Males	15 to 24	13.4	42.2	1.1**	15.0	2.1**	57.2
	25 to 34	13.6	35.8	2.0**	0.0**	6.9*	47.7
	35 to 44	12.3	30.6	1.5**	0.8**	6.1*	40.5
	45 to 54	6.3*	24.1	0.6**	0.0**	3.2*	29.1
	55 to 64	7.1*	21.4	0.9**	0.9**	3.5**	28.3
	65 and over	5.5*	18.7	0.0**	0.0**	7.5*	26.2
	TOTAL		9.8	29.1	1.0*	2.9	4.9
Females	15 to 24	22.6	32.5	0.0**	18.5	3.7*	56.1
	25 to 34	16.8	21.9	0.7**	0.0**	3.7*	39.4
	35 to 44	15.9	18.9	0.5**	1.5**	3.4*	34.9
	45 to 54	12.6	17.8	1.2**	0.0**	3.6*	34.1
	55 to 64	13.0*	21.3	1.2**	0.0**	3.6*	33.2
	65 and over	10.6*	12.6	0.0**	0.0**	6.5*	25.6
	TOTAL		15.1	20.5	0.6*	3.2	4.1
Persons	15 to 24	17.9	37.5	0.5**	16.7	2.9*	56.7
	25 to 34	15.2	28.9	1.4**	0.0**	5.3*	43.6
	35 to 44	14.1	24.7	1.0**	1.1**	4.7*	37.7
	45 to 54	9.5	20.9	0.9**	0.0**	3.4*	31.7
	55 to 64	10.1	21.4	1.0**	0.4**	3.6*	30.8
	65 and over	8.3	15.4	0.0**	0.0**	6.9	25.9
	TOTAL		12.5	24.7	0.8*	3.1	4.5

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 80: All South Australia participants — total participation in specific activities (organised and non-organised) by sex, 2007 (a)

Activity	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
Aerobics/fitness	86.4	14.1	165.1	25.9	251.5	20.1
Aquarobics	1.6**	0.3**	10.0*	1.6*	11.6*	0.9*
Athletics/track and field	0.0**	0.0**	2.4**	0.4**	2.4**	0.2**
Australian football	43.6	7.1	4.0*	0.6*	47.6	3.8
Badminton	3.1**	0.5**	1.7**	0.3**	4.8*	0.4*
Baseball	6.0*	1.0*	0.7**	0.1**	6.7*	0.5*
Basketball	32.4	5.3	9.1*	1.4*	41.5	3.3
Billiards/snooker/pool	2.2**	0.4**	0.0**	0.0**	2.2**	0.2**
Boxing	1.2**	0.2**	2.0**	0.3**	3.1**	0.3**
Canoeing/kayaking	7.7*	1.3*	4.0*	0.6*	11.7*	0.9*
Carpet bowls	0.0**	0.0**	1.7**	0.3**	1.7**	0.1**
Cricket (indoor)	10.6*	1.7*	0.0**	0.0**	10.6*	0.8*
Cricket (outdoor)	21.7	3.5	0.7**	0.1**	22.4	1.8
Cycling	73.1	12.0	31.7	5.0	104.8	8.4
Dancing	2.3**	0.4**	18.2	2.9	20.5	1.6
Darts	0.9**	0.1**	0.7**	0.1**	1.6**	0.1**
Fishing	12.9	2.1	1.7**	0.3**	14.6	1.2
Football (indoor)	15.4	2.5	2.8**	0.4**	18.3	1.5
Football (outdoor)	30.2	4.9	5.9*	0.9*	36.0	2.9
Golf	46.9	7.7	6.5*	1.0*	53.4	4.3
Hockey (outdoor)	7.1*	1.2*	4.7*	0.7*	11.7*	0.9*
Horse riding/equestrian activities/polocrosse	0.8**	0.1**	9.4*	1.5*	10.2*	0.8*
Ice/snow sports	3.6*	0.6*	1.7**	0.3**	5.3*	0.4*
Lawn bowls	12.7*	2.1*	8.6*	1.4*	21.3	1.7
Martial arts	7.1*	1.2*	12.3*	1.9*	19.4	1.6
Motor sports	11.8*	1.9*	1.9**	0.3**	13.7	1.1
Netball	5.1*	0.8*	47.3	7.4	52.3	4.2
Orienteering	4.4*	0.7*	0.0**	0.0**	4.4*	0.4*
Rock climbing	2.8**	0.5**	0.0**	0.0**	2.8**	0.2**
Roller sports	8.6*	1.4*	0.7**	0.1**	9.3*	0.7*
Rowing	1.4**	0.2**	0.0**	0.0**	1.4**	0.1**
Rugby league	0.7**	0.1**	0.5**	0.1**	1.2**	0.1**
Rugby union	1.6**	0.3**	0.0**	0.0**	1.6**	0.1**
Running	54.2	8.9	26.2	4.1	80.4	6.4
Sailing	6.5*	1.1*	0.6**	0.1**	7.1*	0.6*
Scuba diving	1.7**	0.3**	1.3**	0.2**	2.9**	0.2**
Shooting sports	4.1*	0.7*	0.0**	0.0**	4.1*	0.3*
Softball	0.7**	0.1**	3.7*	0.6*	4.4*	0.4*
Squash/racquetball	7.1*	1.2*	2.0**	0.3**	9.0*	0.7*
Surf sports	10.5*	1.7*	3.8*	0.6*	14.3	1.1
Swimming	38.7	6.3	56.5	8.9	95.2	7.6
Table tennis	3.4*	0.6*	4.0*	0.6*	7.4*	0.6*
Tennis	45.1	7.4	27.7	4.4	72.9	5.8
Tenpin bowling	3.2**	0.5**	5.5*	0.9*	8.6*	0.7*
Touch football	7.3*	1.2*	0.6**	0.1**	7.9*	0.6*
Triathlon	1.7**	0.3**	0.7**	0.1**	2.3**	0.2**
Volleyball	10.5*	1.7*	4.1*	0.6*	14.6	1.2
Walking (bush)	26.2	4.3	37.5	5.9	63.8	5.1
Walking (other)	154.4	25.2	269.6	42.3	424.0	34.0
Water polo	0.0**	0.0**	1.4**	0.2**	1.4**	0.1**
Waterskiing/powerboating	4.8*	0.8*	1.8**	0.3**	6.6*	0.5*
Weight training	16.9	2.8	8.0*	1.3*	24.9	2.0
Yoga	3.6*	0.6*	16.8	2.6	20.3	1.6

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 81: South Australia participants — total participation in specific activities by type of activity, 2007 (a)

Activity	Number ('000)			Total participation rate (%) (b)		
	Organised	Non-organised	Total	Organised	Non-organised	Total
Aerobics/fitness	123.3	143.3	251.5	9.9	11.5	20.1
Aquarobics	10.3*	1.8**	11.6*	0.8*	0.1**	0.9*
Athletics/track and field	2.4**	-	2.4**	0.2**	-	0.2**
Australian football	37.1	13.4	47.6	3.0	1.1	3.8
Badminton	3.0**	3.1**	4.8*	0.2**	0.2**	0.4*
Baseball	2.4**	5.0*	6.7*	0.2**	0.4*	0.5*
Basketball	30.2	11.4*	41.5	2.4	0.9*	3.3
Billiards/snooker/pool	2.2**	1.5**	2.2**	0.2**	0.1**	0.2**
Boxing	2.0**	1.2**	3.1**	0.2**	0.1**	0.3**
Canoeing/kayaking	4.4*	9.8*	11.7*	0.3*	0.8*	0.9*
Carpet bowls	1.7**	-	1.7**	0.1**	-	0.1**
Cricket (indoor)	6.9*	3.6*	10.6*	0.6*	0.3*	0.8*
Cricket (outdoor)	13.9	9.4*	22.4	1.1	0.8*	1.8
Cycling	12.3*	99.7	104.8	1.0*	8.0	8.4
Dancing	12.7*	10.6*	20.5	1.0*	0.8*	1.6
Darts	1.6**	-	1.6**	0.1**	-	0.1**
Fishing	2.7**	13.2	14.6	0.2**	1.1	1.2
Football (indoor)	12.6*	5.7*	18.3	1.0*	0.5*	1.5
Football (outdoor)	24.3	11.7*	36.0	1.9	0.9*	2.9
Golf	33.3	26.1	53.4	2.7	2.1	4.3
Hockey (outdoor)	9.6*	2.1**	11.7*	0.8*	0.2**	0.9*
Horse riding/equestrian activities/polocrosse	4.1*	6.1*	10.2*	0.3*	0.5*	0.8*
Ice/snow sports	2.1**	3.1**	5.3*	0.2**	0.3**	0.4*
Lawn bowls	21.3	0.6**	21.3	1.7	0.0**	1.7
Martial arts	15.8	4.7*	19.4	1.3	0.4*	1.6
Motor sports	7.5*	6.9*	13.7	0.6*	0.5*	1.1
Netball	46.3	10.1*	52.3	3.7	0.8*	4.2
Orienteering	0.7**	3.7*	4.4*	0.1**	0.3*	0.4*
Rock climbing	1.0**	1.8**	2.8**	0.1**	0.1**	0.2**
Roller sports	2.0**	7.2*	9.3*	0.2**	0.6*	0.7*
Rowing	0.8**	0.7**	1.4**	0.1**	0.1**	0.1**
Rugby league	1.2**	0.5**	1.2**	0.1**	0.0**	0.1**
Rugby union	1.6**	-	1.6**	0.1**	-	0.1**
Running	9.7*	73.2	80.4	0.8*	5.9	6.4
Sailing	4.3*	3.7*	7.1*	0.3*	0.3*	0.6*
Scuba diving	1.7**	2.9**	2.9**	0.1**	0.2**	0.2**
Shooting sports	3.4*	1.7**	4.1*	0.3*	0.1**	0.3*
Softball	4.4*	-	4.4*	0.4*	-	0.4*
Squash/racquetball	4.7*	5.1*	9.0*	0.4*	0.4*	0.7*
Surf sports	1.9**	13.8	14.3	0.2**	1.1	1.1
Swimming	12.1*	86.6	95.2	1.0*	6.9	7.6
Table tennis	5.4*	2.5**	7.4*	0.4*	0.2**	0.6*
Tennis	30.4	46.2	72.9	2.4	3.7	5.8
Tenpin bowling	5.9*	3.5*	8.6*	0.5*	0.3*	0.7*
Touch football	7.9*	0.7**	7.9*	0.6*	0.1**	0.6*
Triathlon	2.3**	0.8**	2.3**	0.2**	0.1**	0.2**
Volleyball	9.4*	7.4*	14.6	0.7*	0.6*	1.2
Walking (bush)	3.9*	61.5	63.8	0.3*	4.9	5.1
Walking (other)	16.2	417.8	424.0	1.3	33.5	34.0
Water polo	1.4**	-	1.4**	0.1**	-	0.1**
Waterskiing/powerboating	-	6.6*	6.6*	-	0.5*	0.5*
Weight training	7.6*	18.2	24.9	0.6*	1.5	2.0
Yoga	14.2	6.6*	20.3	1.1	0.5*	1.6

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

10.13 State data (Tasmania)

Table 82: Tasmania participants — total participation in physical activity by type of participation, age and sex, 2007 (a)

		Organised only (A)	Non-organised only (B)	Both organised and non-organised (C)	Total organised (A + C)	Total non-organised (B + C)	Total participation (A + B + C)
Sex	Age group (years)	Number ('000)					
Males	15 to 24	14.1	5.7	9.3	23.4	15.1	29.1
	25 to 34	4.5	10.8	8.4	12.9	19.2	23.7
	35 to 44	5.7	11.9	8.1	13.8	20.0	25.7
	45 to 54	2.1*	14.6	6.7	8.8	21.2	23.3
	55 to 64	3.0*	13.1	3.9*	6.9	17.0	19.9
	65 and over	4.5	12.7	3.4*	7.9	16.1	20.6
	TOTAL		33.8	68.8	39.8	73.6	108.6
Females	15 to 24	8.1	8.1	9.9	18.0	18.0	26.1
	25 to 34	3.0*	15.0	7.1	10.1	22.1	25.1
	35 to 44	3.9*	16.1	9.1	13.0	25.2	29.1
	45 to 54	3.3*	17.7	7.7	11.0	25.4	28.7
	55 to 64	2.4*	13.3	6.4	8.8	19.8	22.2
	65 and over	4.4	14.4	7.5	11.9	21.9	26.3
	TOTAL		25.0	84.7	47.8	72.8	132.5
Persons	15 to 24	22.1	13.9	19.2	41.4	33.1	55.2
	25 to 34	7.5	25.8	15.4	22.9	41.3	48.8
	35 to 44	9.6	28.0	17.2	26.8	45.3	54.9
	45 to 54	5.4	32.3	14.4	19.8	46.7	52.0
	55 to 64	5.4	26.4	10.4	15.7	36.7	42.1
	65 and over	8.9	27.1	10.9	19.8	38.0	46.9
	TOTAL		58.8	153.5	87.6	146.4	241.0
Total participation rate (%) (b)							
Males	15 to 24	44.0	18.0	29.2	73.2	47.2	91.2
	25 to 34	16.6	40.0	31.0	47.6	71.0	87.6
	35 to 44	17.7	36.8	25.0	42.7	61.8	79.5
	45 to 54	6.0*	42.0	19.3	25.3	61.4	67.4
	55 to 64	9.9*	43.8	13.2*	23.1	57.0	66.9
	65 and over	14.6	41.0	10.9*	25.5	51.9	66.6
	TOTAL	18.1	36.8	21.3	39.4	58.1	76.3
Females	15 to 24	26.1	26.3	32.1	58.3	58.4	84.6
	25 to 34	10.5*	52.6	24.8	35.3	77.4	87.9
	35 to 44	11.3*	47.1	26.6	37.9	73.7	85.0
	45 to 54	9.2*	49.3	21.4	30.6	70.7	79.8
	55 to 64	7.9*	44.3	21.4	29.3	65.7	73.6
	65 and over	12.1	39.8	20.9	33.0	60.7	72.8
	TOTAL	12.8	43.2	24.4	37.2	67.6	80.4
Persons	15 to 24	35.2	22.1	30.6	65.9	52.7	87.9
	25 to 34	13.5	46.5	27.8	41.3	74.3	87.7
	35 to 44	14.4	42.1	25.8	40.2	67.9	82.3
	45 to 54	7.6	45.7	20.4	28.0	66.1	73.7
	55 to 64	8.9	44.1	17.3	26.2	61.3	70.3
	65 and over	13.3	40.4	16.3	29.6	56.6	69.9
	TOTAL	15.4	40.1	22.9	38.3	63.0	78.4

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 83: Tasmania participants — total participation in any physical activity (organised and non-organised) by demographics, 2007 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
AGE GROUP (YEARS)						
15 to 24	29.1	91.2	26.1	84.6	55.2	87.9
25 to 34	23.7	87.6	25.1	87.9	48.8	87.7
35 to 44	25.7	79.5	29.1	85.0	54.9	82.3
45 to 54	23.3	67.4	28.7	79.8	52.0	73.7
55 to 64	19.9	66.9	22.2	73.6	42.1	70.3
65 and over	20.6	66.6	26.3	72.8	46.9	69.9
REGION						
Capital city	62.7	80.9	70.3	83.4	132.9	82.2
Rest of state	79.7	73.0	87.2	78.2	166.9	75.6
EMPLOYMENT STATUS						
Employed full time	77.3	79.2	43.8	86.4	121.0	81.7
Employed part time	18.9	82.3	49.7	85.5	68.6	84.6
Unemployed	7.6	86.4	4.0*	65.2*	11.5	77.7
Not in the labour force	38.7	67.3	60.1	74.2	98.7	71.3
MARITAL STATUS						
Married	81.3	74.5	90.6	81.8	172.0	78.2
Not married	60.6	79.3	66.5	79.1	127.1	79.2
Refused/Do not know	0.4**	36.2**	0.3**	36.8**	0.7**	36.5**
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	38.1	76.2	55.1	84.0	93.1	80.6
At least one under 18 — none at home	4.9	73.1	0.3**	44.9**	5.2	70.4
No children under 18	99.4	76.4	102.1	78.8	201.5	77.6
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	31.0	86.0	35.1	94.0	66.1	90.1
Undergraduate diploma or associate diploma	9.8	83.2	15.6	92.7	25.4	88.8
Certificate, trade qualification or apprenticeship	23.3	82.5	19.2	80.4	42.5	81.5
Highest level of secondary school	36.4	76.5	38.5	80.4	75.0	78.5
Did not complete highest level of school	30.5	60.9	37.3	65.8	67.8	63.5
Never went to school	0.0**	0.0**	0.0**	0.0**	0.0**	0.0**
Still at secondary school	7.0	100.0	9.2	92.6	16.2	95.6
Other	3.9*	88.8*	1.7*	83.5*	5.6	87.1
Refused	0.4**	33.5**	0.8**	100.0**	1.2*	59.0*
INDIGENOUS STATUS						
Non-Indigenous	138.8	76.5	153.6	80.9	292.4	78.7
Indigenous	3.6*	68.5*	3.8*	65.1*	7.4	66.7
Total	142.4	76.3	157.5	80.4	299.9	78.4

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 84: All Tasmania persons — participation in any physical activity by frequency, age and sex, 2007 (a)

Sex	Age group (years)	None	Up to once	Once or twice	Three or four	Five or	Total
			per week (b)	per week (c)	times per week (d)	more times per week	
		Number ('000)					
Males	15 to 24	2.8*	4.9	14.3	4.5	5.5	31.9
	25 to 34	3.4*	3.2*	6.5	5.9	8.1	27.0
	35 to 44	6.6	6.9	7.1	4.6	7.1	32.4
	45 to 54	11.3	3.9*	8.1	6.0	5.3	34.6
	55 to 64	9.9	5.0	3.6*	4.5	6.8	29.8
	65 and over	10.4	2.6*	4.8	4.5	8.7	31.0
	TOTAL		44.3	26.5	44.4	30.0	41.5
Females	15 to 24	4.8	3.3*	8.8	7.0	7.0	30.9
	25 to 34	3.4*	3.4*	5.5	8.7	7.4	28.5
	35 to 44	5.1	3.4*	9.0	7.0	9.7	34.2
	45 to 54	7.3	4.1*	7.7	7.0	10.0	36.0
	55 to 64	7.9	3.2*	5.0	5.0	9.0	30.1
	65 and over	9.8	1.4*	7.5	6.0	11.4	36.1
	TOTAL		38.3	18.8	43.5	40.7	54.5
Persons	15 to 24	7.6	8.2	23.1	11.4	12.5	62.8
	25 to 34	6.8	6.6	12.0	14.6	15.6	55.6
	35 to 44	11.8	10.3	16.1	11.6	16.8	66.6
	45 to 54	18.5	8.0	15.7	13.0	15.3	70.6
	55 to 64	17.8	8.2	8.6	9.5	15.8	59.9
	65 and over	20.1	4.0*	12.4	10.5	20.1	67.0
	TOTAL		82.7	45.3	87.9	70.7	96.0
Percentage of row							
Males	15 to 24	8.8*	15.2	44.8	14.0	17.2	100.0
	25 to 34	12.4*	12.0*	23.9	21.7	30.0	100.0
	35 to 44	20.5	21.3	22.0	14.2	21.9	100.0
	45 to 54	32.6	11.3*	23.4	17.3	15.3	100.0
	55 to 64	33.1	16.8	12.2*	15.2	22.8	100.0
	65 and over	33.4	8.3*	15.6	14.6	28.1	100.0
	TOTAL		23.7	14.2	23.8	16.1	22.2
Females	15 to 24	15.4	10.7*	28.6	22.6	22.6	100.0
	25 to 34	12.1*	11.9*	19.4	30.6	26.1	100.0
	35 to 44	15.0	9.9*	26.1	20.6	28.4	100.0
	45 to 54	20.2	11.3*	21.3	19.6	27.7	100.0
	55 to 64	26.4	10.8*	16.5	16.5	29.9	100.0
	65 and over	27.2	3.9*	20.9	16.5	31.6	100.0
	TOTAL		19.6	9.6	22.2	20.8	27.8
Persons	15 to 24	12.1	13.0	36.9	18.2	19.9	100.0
	25 to 34	12.3	11.9	21.6	26.3	28.0	100.0
	35 to 44	17.7	15.5	24.1	17.5	25.3	100.0
	45 to 54	26.3	11.3	22.3	18.5	21.6	100.0
	55 to 64	29.7	13.7	14.3	15.8	26.4	100.0
	65 and over	30.1	5.9*	18.4	15.6	29.9	100.0
	TOTAL		21.6	11.8	23.0	18.5	25.1

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 85: Tasmania participants — participation in any physical activity by cumulative frequency, age and sex, 2007 (a)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	4.9	24.3	14.4	10.0	29.1
	25 to 34	3.2*	20.4	16.6	14.0	23.7
	35 to 44	6.9	18.8	15.4	11.7	25.7
	45 to 54	3.9*	19.4	15.5	11.3	23.3
	55 to 64	5.0	14.9	13.2	11.3	19.9
	65 and over	2.6*	18.0	15.8	13.2	20.6
	TOTAL		26.5	115.9	90.8	71.5
Females	15 to 24	3.3*	22.8	16.5	14.0	26.1
	25 to 34	3.4*	21.7	17.9	16.2	25.1
	35 to 44	3.4*	25.7	21.5	16.8	29.1
	45 to 54	4.1*	24.6	20.8	17.0	28.7
	55 to 64	3.2*	18.9	16.9	14.0	22.2
	65 and over	1.4*	24.9	22.2	17.3	26.3
	TOTAL		18.8	138.7	115.8	95.2
Persons	15 to 24	8.2	47.1	31.0	23.9	55.2
	25 to 34	6.6	42.2	34.5	30.1	48.8
	35 to 44	10.3	44.6	36.8	28.5	54.9
	45 to 54	8.0	44.0	36.3	28.3	52.0
	55 to 64	8.2	33.9	30.1	25.3	42.1
	65 and over	4.0*	42.9	38.0	30.5	46.9
	TOTAL		45.3	254.6	206.6	166.7
Total participation rate (%) (b)						
Males	15 to 24	15.2	76.0	45.2	31.2	91.2
	25 to 34	12.0*	75.6	61.2	51.7	87.6
	35 to 44	21.3	58.2	47.5	36.1	79.5
	45 to 54	11.3*	56.0	44.7	32.7	67.4
	55 to 64	16.8	50.1	44.3	38.0	66.9
	65 and over	8.3*	58.2	51.0	42.7	66.6
	TOTAL		14.2	62.1	48.6	38.3
Females	15 to 24	10.7*	73.9	53.6	45.2	84.6
	25 to 34	11.9*	76.1	62.8	56.6	87.9
	35 to 44	9.9*	75.1	62.6	49.0	85.0
	45 to 54	11.3*	68.5	57.8	47.2	79.8
	55 to 64	10.8*	62.9	56.0	46.4	73.6
	65 and over	3.9*	69.0	61.7	48.1	72.8
	TOTAL		9.6	70.8	59.1	48.6
Persons	15 to 24	13.0	74.9	49.3	38.1	87.9
	25 to 34	11.9	75.8	62.0	54.2	87.7
	35 to 44	15.5	66.9	55.3	42.7	82.3
	45 to 54	11.3	62.4	51.4	40.1	73.7
	55 to 64	13.7	56.5	50.2	42.2	70.3
	65 and over	5.9*	64.0	56.7	45.6	69.9
	TOTAL		11.8	66.6	54.0	43.6

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 86: Tasmania recent participants — recent participation in any physical activity by duration and age, 2007 (a)

		15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	Total
		Number ('000)						
Five hours or more	More than three sessions weekly	9.5	9.2	10.2	11.2	9.9	13.0	63.0
	Two or three sessions weekly	3.1*	1.0**	1.0**	1.0**	1.2*	2.8*	10.0
	Less than two sessions weekly	0.5**	0.2**	0.9**	1.1**	0.7**	0.2**	3.7*
	<i>Total</i>	<i>13.1</i>	<i>10.3</i>	<i>12.1</i>	<i>13.4</i>	<i>11.8</i>	<i>15.9</i>	<i>76.7</i>
Two hours or more but less than five hours	More than three sessions weekly	5.8	11.6	9.5	9.6	8.4	8.7	53.5
	Two or three sessions weekly	9.4	3.8*	6.1	4.2*	4.0*	3.9*	31.4
	Less than two sessions weekly	3.7*	2.7*	4.6	1.9*	2.8*	2.3*	18.0
	<i>Total</i>	<i>18.8</i>	<i>18.1</i>	<i>20.2</i>	<i>15.7</i>	<i>15.2</i>	<i>14.9</i>	<i>102.9</i>
Less than two hours	More than three sessions weekly	0.0**	0.2**	0.6**	0.5**	1.6*	1.8*	4.7
	Two or three sessions weekly	2.9*	2.9*	4.1*	3.5*	3.4*	3.5*	20.4
	Less than two sessions weekly	11.8	9.0	9.3	11.0	4.0*	5.8	51.1
	<i>Total</i>	<i>14.8</i>	<i>12.2</i>	<i>14.0</i>	<i>14.9</i>	<i>9.1</i>	<i>11.2</i>	<i>76.1</i>
Total	More than three sessions weekly	15.3	21.0	20.2	21.2	20.0	23.4	121.2
	Two or three sessions weekly	15.4	7.7	11.2	8.7	8.6	10.3	61.8
	Less than two sessions weekly	16.1	12.0	14.9	14.0	7.5	8.3	72.7
	Total	46.7	40.6	46.3	44.0	36.1	42.0	255.7
		Percentage of total						
Five hours or more	More than three sessions weekly	3.7	3.6	4.0	4.4	3.9	5.1	24.6
	Two or three sessions weekly	1.2*	0.4**	0.4**	0.4**	0.5*	1.1*	3.9
	Less than two sessions weekly	0.2**	0.1**	0.4**	0.4**	0.3**	0.1**	1.4*
	<i>Total</i>	<i>5.1</i>	<i>4.1</i>	<i>4.7</i>	<i>5.2</i>	<i>4.6</i>	<i>6.2</i>	<i>30.0</i>
Two hours or more but less than five hours	More than three sessions weekly	2.2	4.5	3.7	3.7	3.3	3.4	20.9
	Two or three sessions weekly	3.7	1.5*	2.4	1.7*	1.6*	1.5*	12.3
	Less than two sessions weekly	1.4*	1.1*	1.8	0.7*	1.1*	0.9*	7.0
	<i>Total</i>	<i>7.4</i>	<i>7.1</i>	<i>7.9</i>	<i>6.1</i>	<i>5.9</i>	<i>5.8</i>	<i>40.2</i>
Less than two hours	More than three sessions weekly	0.0**	0.1**	0.2**	0.2**	0.6*	0.7*	1.8
	Two or three sessions weekly	1.1*	1.1*	1.6*	1.4*	1.3*	1.4*	8.0
	Less than two sessions weekly	4.6	3.5	3.6	4.3	1.6*	2.3	20.0
	<i>Total</i>	<i>5.8</i>	<i>4.8</i>	<i>5.5</i>	<i>5.8</i>	<i>3.6</i>	<i>4.4</i>	<i>29.8</i>
Total	More than three sessions weekly	6.0	8.2	7.9	8.3	7.8	9.2	47.4
	Two or three sessions weekly	6.0	3.0	4.4	3.4	3.4	4.0	24.2
	Less than two sessions weekly	6.3	4.7	5.8	5.5	2.9	3.3	28.4
	Total	18.3	15.9	18.1	17.2	14.1	16.4	100.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport in the two weeks prior to interview in 2007

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 87: Tasmania regular participants — regular participation in any physical activity (organised and non-organised) by demographics, 2007 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Regular participation rate (b) (%)	Number (‘000)	Regular participation rate (%)	Number (‘000)	Regular participation rate (%)
AGE GROUP (YEARS)						
15 to 24	10.0	31.2	14.0	45.2	23.9	38.1
25 to 34	14.0	51.7	16.2	56.6	30.1	54.2
35 to 44	11.7	36.1	16.8	49.0	28.5	42.7
45 to 54	11.3	32.7	17.0	47.2	28.3	40.1
55 to 64	11.3	38.0	14.0	46.4	25.3	42.2
65 and over	13.2	42.7	17.3	48.1	30.5	45.6
REGION						
Capital city	31.3	40.3	40.9	48.6	72.2	44.6
Rest of state	40.2	36.8	54.3	48.6	94.5	42.8
EMPLOYMENT STATUS						
Employed full time	40.1	41.1	24.6	48.6	64.7	43.7
Employed part time	6.8	29.6	31.4	54.0	38.2	47.1
Unemployed	3.3*	37.3*	2.6*	42.9*	5.9	39.6
Not in the labour force	21.3	37.1	36.6	45.2	57.9	41.9
MARITAL STATUS						
Married	45.7	41.9	52.6	47.5	98.3	44.7
Not married	25.6	33.4	42.4	50.4	67.9	42.3
Refused/Do not know	0.2**	21.3**	0.2**	18.4**	0.4**	19.9**
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	19.3	38.7	32.7	49.8	52.0	45.1
At least one under 18 — none at home	2.2*	32.6*	0.3**	44.9**	2.5*	33.8*
No children under 18	50.0	38.4	62.2	48.0	112.1	43.2
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	17.8	49.5	21.7	58.2	39.6	53.9
Undergraduate diploma or associate diploma	6.3	53.6	8.7	51.3	14.9	52.2
Certificate, trade qualification or apprenticeship	13.0	45.9	11.8	49.4	24.8	47.5
Highest level of secondary school	17.2	36.2	24.6	51.4	41.8	43.8
Did not complete highest level of school	12.3	24.5	22.3	39.3	34.6	32.4
Never went to school	0.0**	0.0**	0.0**	0.0**	0.0**	0.0**
Still at secondary school	2.0*	29.0*	4.8	48.3	6.8	40.3
Other	2.7*	60.7*	0.5**	23.3**	3.2*	48.8*
Refused	0.2**	12.6**	0.8**	100.0**	1.0**	46.2**
INDIGENOUS STATUS						
Non-Indigenous	69.8	38.5	92.8	48.9	162.6	43.8
Indigenous	1.6*	31.2*	2.4*	40.5*	4.0*	36.1*
Total	71.5	38.3	95.2	48.6	166.7	43.6

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, regular participation rate is the number of persons who participated in the activity at least three times per week on average, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 88: Tasmania organised participants — participation in organised physical activity by frequency, age and sex, 2007 (a)

Sex	Age group (years)	None	Up to once per week (b)	Once or twice per week (c)	Three or four times per week (d)	Five or more times per week	Total
		Number ('000)					
Males	15 to 24	8.6	5.1	12.9	3.4*	1.9*	31.9
	25 to 34	14.2	2.8*	5.8	1.7*	2.6*	27.0
	35 to 44	18.6	5.0	5.9	2.0*	1.0**	32.4
	45 to 54	25.8	4.4	2.8*	1.2*	0.5**	34.6
	55 to 64	22.9	2.5*	3.0*	1.1**	0.3**	29.8
	65 and over	23.1	2.8*	3.3*	1.1**	0.7**	31.0
	TOTAL		113.1	22.5	33.7	10.5	6.9
Females	15 to 24	12.9	4.7	7.7	3.3*	2.2*	30.9
	25 to 34	18.5	4.1*	3.1*	2.7*	0.2**	28.5
	35 to 44	21.3	5.3	4.7	2.5*	0.5**	34.2
	45 to 54	25.0	3.6*	4.8	1.8*	0.8**	36.0
	55 to 64	21.3	3.1*	3.3*	1.1**	1.3*	30.1
	65 and over	24.1	0.9**	7.0	2.6*	1.4*	36.1
	TOTAL		123.0	21.6	30.6	14.0	6.4
Persons	15 to 24	21.4	9.9	20.6	6.7	4.1*	62.8
	25 to 34	32.6	6.8	8.9	4.4	2.8*	55.6
	35 to 44	39.8	10.2	10.6	4.5	1.5*	66.6
	45 to 54	50.8	8.0	7.6	3.0*	1.2*	70.6
	55 to 64	44.2	5.6	6.4	2.3*	1.5*	59.9
	65 and over	47.2	3.7*	10.3	3.7*	2.1*	67.0
	TOTAL		236.1	44.2	64.3	24.6	13.4
Percentage of row							
Males	15 to 24	26.8	16.0	40.4	10.8*	6.0*	100.0
	25 to 34	52.4	10.2*	21.5	6.3*	9.5*	100.0
	35 to 44	57.3	15.4	18.2	6.1*	3.0**	100.0
	45 to 54	74.7	12.7	8.0*	3.3*	1.3**	100.0
	55 to 64	76.9	8.3*	10.1*	3.8**	0.9**	100.0
	65 and over	74.5	9.0*	10.6*	3.6**	2.3**	100.0
	TOTAL	60.6	12.1	18.0	5.6	3.7	100.0
Females	15 to 24	41.7	15.4	25.0	10.7*	7.2*	100.0
	25 to 34	64.7	14.3*	10.9*	9.3*	0.8**	100.0
	35 to 44	62.1	15.4	13.6	7.4*	1.6**	100.0
	45 to 54	69.4	9.9*	13.3	5.1*	2.2**	100.0
	55 to 64	70.7	10.3*	11.1*	3.7**	4.2*	100.0
	65 and over	67.0	2.4**	19.4	7.3*	3.9*	100.0
	TOTAL	62.8	11.1	15.7	7.2	3.3	100.0
Persons	15 to 24	34.1	15.7	32.9	10.7	6.6*	100.0
	25 to 34	58.7	12.3	16.1	7.9	5.0*	100.0
	35 to 44	59.8	15.4	15.8	6.7	2.3*	100.0
	45 to 54	72.0	11.3	10.7	4.2*	1.8*	100.0
	55 to 64	73.8	9.3	10.6	3.8*	2.6*	100.0
	65 and over	70.4	5.5*	15.4	5.6*	3.2*	100.0
	TOTAL	61.7	11.5	16.8	6.4	3.5	100.0

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 89: Tasmania organised participants — participation in organised physical activity by cumulative frequency, age and sex, 2007 (a)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	5.1	18.3	9.1	5.4	23.4
	25 to 34	2.8*	10.1	6.1	4.3*	12.9
	35 to 44	5.0	8.9	5.6	3.0*	13.8
	45 to 54	4.4	4.4	2.5*	1.6*	8.8
	55 to 64	2.5*	4.4	3.3*	1.4*	6.9
	65 and over	2.8*	5.1	3.3*	1.8*	7.9
	TOTAL		22.5	51.1	29.9	17.4
Females	15 to 24	4.7	13.2	8.8	5.5	18.0
	25 to 34	4.1*	6.0	4.3*	2.9*	10.1
	35 to 44	5.3	7.7	4.7	3.1*	13.0
	45 to 54	3.6*	7.4	4.8	2.6*	11.0
	55 to 64	3.1*	5.7	3.5*	2.4*	8.8
	65 and over	0.9**	11.0	7.5	4.0*	11.9
	TOTAL		21.6	51.1	33.7	20.5
Persons	15 to 24	9.9	31.5	17.9	10.9	41.4
	25 to 34	6.8	16.1	10.4	7.2	22.9
	35 to 44	10.2	16.6	10.3	6.0	26.8
	45 to 54	8.0	11.8	7.4	4.2*	19.8
	55 to 64	5.6	10.1	6.8	3.8*	15.7
	65 and over	3.7*	16.1	10.9	5.9	19.8
	TOTAL		44.2	102.3	63.6	37.9

Total participation rate (%) (b)

Males	15 to 24	16.0	57.2	28.4	16.8	73.2
	25 to 34	10.2*	37.3	22.4	15.9*	47.6
	35 to 44	15.4	27.3	17.4	9.1*	42.7
	45 to 54	12.7	12.7	7.3*	4.7*	25.3
	55 to 64	8.3*	14.8	11.2*	4.7*	23.1
	65 and over	9.0*	16.5	10.7*	5.9*	25.5
	TOTAL	12.1	27.4	16.0	9.3	39.4
Females	15 to 24	15.4	42.9	28.6	17.9	58.3
	25 to 34	14.3*	21.0	15.2*	10.1*	35.3
	35 to 44	15.4	22.6	13.6	9.0*	37.9
	45 to 54	9.9*	20.6	13.5	7.3*	30.6
	55 to 64	10.3*	19.0	11.7*	7.9*	29.3
	65 and over	2.4**	30.6	20.9	11.2*	33.0
	TOTAL	11.1	26.1	17.2	10.5	37.2
Persons	15 to 24	15.7	50.2	28.5	17.3	65.9
	25 to 34	12.3	28.9	18.7	12.9	41.3
	35 to 44	15.4	24.9	15.4	9.0	40.2
	45 to 54	11.3	16.7	10.5	6.0*	28.0
	55 to 64	9.3	16.9	11.4	6.3*	26.2
	65 and over	5.5*	24.1	16.2	8.7	29.6
	TOTAL	11.5	26.7	16.6	9.9	38.3

(a) Relates to persons aged 15 years and over who participated in organised physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 90: Tasmania organised participants — total participation in organised activities by type of organisation, age and sex, 2007 (a)

Sex	Age group (years)	Fitness, leisure or	Sport or	Work	School	Other	Total organised participation
		indoor sports centre	recreation club or association				
		Number ('000)					
Males	15 to 24	6.1	18.3	0.4**	5.5	1.3*	23.4
	25 to 34	4.9	7.6	0.0**	0.0**	2.1*	12.9
	35 to 44	3.6*	10.2	0.2**	0.0**	2.0*	13.8
	45 to 54	1.8*	6.2	0.2**	0.0**	1.2*	8.8
	55 to 64	1.6*	5.9	0.0**	0.0**	0.3**	6.9
	65 and over	0.9**	6.0	0.0**	0.0**	1.2*	7.9
	TOTAL		19.0	54.1	0.8**	5.5	8.1
Females	15 to 24	6.6	12.2	0.4**	4.1*	1.8*	18.0
	25 to 34	5.5	5.9	0.3**	0.0**	1.2*	10.1
	35 to 44	5.9	7.4	0.4**	0.4**	1.6*	13.0
	45 to 54	5.0	6.7	0.6**	0.0**	0.7**	11.0
	55 to 64	2.9*	6.6	0.0**	0.2**	1.6*	8.8
	65 and over	3.5*	8.2	0.0**	0.0**	2.6*	11.9
	TOTAL		29.4	47.0	1.6*	4.6	9.6
Persons	15 to 24	12.7	30.4	0.8**	9.5	3.1*	41.4
	25 to 34	10.4	13.5	0.3**	0.0**	3.4*	22.9
	35 to 44	9.5	17.6	0.6**	0.4**	3.6*	26.8
	45 to 54	6.9	13.0	0.8**	0.0**	1.9*	19.8
	55 to 64	4.5	12.4	0.0**	0.2**	1.9*	15.7
	65 and over	4.4	14.3	0.0**	0.0**	3.8*	19.8
	TOTAL		48.3	101.1	2.4*	10.1	17.7
Total participation rate (%) (b)							
Males	15 to 24	19.2	57.2	1.2**	17.2	4.0*	73.2
	25 to 34	18.1	28.1	0.0**	0.0**	7.8*	47.6
	35 to 44	11.2*	31.4	0.7**	0.0**	6.3*	42.7
	45 to 54	5.3*	18.0	0.7**	0.0**	3.3*	25.3
	55 to 64	5.4*	19.7	0.0**	0.0**	1.1**	23.1
	65 and over	2.8**	19.4	0.0**	0.0**	3.8*	25.5
	TOTAL		10.2	29.0	0.5**	2.9	4.3
Females	15 to 24	21.3	39.4	1.2**	13.1*	5.9*	58.3
	25 to 34	19.2	20.6	1.0**	0.0**	4.4*	35.3
	35 to 44	17.1	21.6	1.0**	1.0**	4.5*	37.9
	45 to 54	14.0	18.8	1.5**	0.0**	2.0**	30.6
	55 to 64	9.7*	21.8	0.0**	0.6**	5.4*	29.3
	65 and over	9.7*	22.8	0.0**	0.0**	7.3*	33.0
	TOTAL		15.0	24.0	0.8*	2.3	4.9
Persons	15 to 24	20.2	48.4	1.2**	15.2	5.0*	65.9
	25 to 34	18.6	24.2	0.5**	0.0**	6.0*	41.3
	35 to 44	14.2	26.3	0.9**	0.5**	5.4*	40.2
	45 to 54	9.7	18.4	1.1**	0.0**	2.7*	28.0
	55 to 64	7.6	20.7	0.0**	0.3**	3.2*	26.2
	65 and over	6.5	21.3	0.0**	0.0**	5.7*	29.6
	TOTAL		12.6	26.4	0.6*	2.6	4.6

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 91: Tasmania participants — total participation in specific activities (organised and non-organised) by sex, 2007 (a)

Activity	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
Aerobics/fitness	19.6	10.5	40.7	20.8	60.3	15.8
Aquarobics	0.3**	0.2**	3.5*	1.8*	3.8*	1.0*
Athletics/track and field	2.3*	1.2*	0.7**	0.4**	3.0*	0.8*
Australian football	12.4	6.6	1.5*	0.7*	13.9	3.6
Badminton	2.6*	1.4*	2.6*	1.4*	5.2	1.4
Basketball	5.2	2.8	5.7	2.9	10.9	2.9
Billiards/snooker/pool	1.1**	0.6**	0.2**	0.1**	1.3*	0.3*
Boxing	0.8**	0.4**	0.4**	0.2**	1.2*	0.3*
Canoeing/kayaking	2.2*	1.2*	2.2*	1.1*	4.4	1.2
Carpet bowls	1.3*	0.7*	1.1**	0.6**	2.4*	0.6*
Cricket (indoor)	5.1	2.7	0.0**	0.0**	5.1	1.3
Cricket (outdoor)	6.7	3.6	2.4*	1.2*	9.0	2.4
Cycling	24.2	13.0	11.3	5.8	35.5	9.3
Dancing	0.5**	0.3**	5.0	2.5	5.5	1.4
Darts	0.2**	0.1**	0.4**	0.2**	0.6**	0.1**
Fishing	7.4	3.9	1.7*	0.9*	9.1	2.4
Football (indoor)	2.9*	1.6*	2.4*	1.2*	5.3	1.4
Football (outdoor)	7.8	4.2	2.3*	1.2*	10.0	2.6
Golf	11.2	6.0	4.1*	2.1*	15.3	4.0
Gymnastics	0.0**	0.0**	0.5**	0.3**	0.5**	0.1**
Hockey (indoor)	0.5**	0.3**	0.0**	0.0**	0.5**	0.1**
Hockey (outdoor)	3.6*	1.9*	1.6*	0.8*	5.2	1.4
Horse riding/equestrian activities/polocrosse	0.2**	0.1**	4.1*	2.1*	4.3*	1.1*
Ice/snow sports	1.9*	1.0*	0.5**	0.3**	2.4*	0.6*
Lawn bowls	3.7*	2.0*	4.0*	2.0*	7.7	2.0
Martial arts	5.4	2.9	3.6*	1.8*	9.0	2.4
Motor sports	5.7	3.1	0.3**	0.2**	6.0	1.6
Netball	1.4*	0.7*	14.6	7.4	15.9	4.2
Orienteering	1.4*	0.8*	1.2*	0.6*	2.6*	0.7*
Rock climbing	1.5*	0.8*	0.8**	0.4**	2.3*	0.6*
Roller sports	1.0**	0.5**	0.7**	0.3**	1.7*	0.4*
Rowing	1.3*	0.7*	1.2*	0.6*	2.5*	0.7*
Rugby league	1.0**	0.5**	0.4**	0.2**	1.3*	0.4*
Rugby union	1.0**	0.5**	0.0**	0.0**	1.0**	0.3**
Running	15.2	8.2	8.5	4.4	23.8	6.2
Sailing	2.3*	1.2*	1.2*	0.6*	3.5*	0.9*
Scuba diving	4.9	2.6	0.0**	0.0**	4.9	1.3
Shooting sports	3.9*	2.1*	0.0**	0.0**	3.9*	1.0*
Softball	0.7**	0.4**	1.2*	0.6*	1.9*	0.5*
Squash/racquetball	3.7*	2.0*	0.5**	0.3**	4.2*	1.1*
Surf sports	3.0*	1.6*	0.3**	0.2**	3.3*	0.9*
Swimming	14.5	7.7	28.4	14.5	42.8	11.2
Table tennis	1.1**	0.6**	0.4**	0.2**	1.5*	0.4*
Tennis	7.1	3.8	8.9	4.6	16.1	4.2
Tenpin bowling	0.8**	0.4**	1.0**	0.5**	1.8*	0.5*
Touch football	2.6*	1.4*	0.2**	0.1**	2.7*	0.7*
Triathlon	0.0**	0.0**	0.2**	0.1**	0.2**	0.0**
Volleyball	1.1**	0.6**	0.7**	0.4**	1.8*	0.5*
Walking (bush)	17.8	9.5	19.8	10.1	37.6	9.8
Walking (other)	47.8	25.6	93.0	47.5	140.8	36.8
Water polo	0.9**	0.5**	0.3**	0.1**	1.2*	0.3*
Waterskiing/powerboating	1.9*	1.0*	2.3*	1.2*	4.2*	1.1*
Weight training	5.7	3.1	2.1*	1.1*	7.9	2.1
Yoga	0.6**	0.3**	6.2	3.2	6.8	1.8

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 92: Tasmania participants — total participation in specific activities by type of activity, 2007 (a)

Activity	Number ('000)			Total participation rate (%) (b)		
	Organised	Non-organised	Total	Organised	Non-organised	Total
Aerobics/fitness	33.3	32.4	60.3	8.7	8.5	15.8
Aquarobics	2.8*	1.4*	3.8*	0.7*	0.4*	1.0*
Athletics/track and field	1.8*	1.2*	3.0*	0.5*	0.3*	0.8*
Australian football	11.7	2.1*	13.9	3.1	0.6*	3.6
Badminton	4.8	0.8**	5.2	1.3	0.2**	1.4
Basketball	8.1	3.8*	10.9	2.1	1.0*	2.9
Billiards/snooker/pool	1.1**	0.6**	1.3*	0.3**	0.2**	0.3*
Boxing	1.2*	0.4**	1.2*	0.3*	0.1**	0.3*
Canoeing/kayaking	0.7**	3.7*	4.4	0.2**	1.0*	1.2
Carpet bowls	2.2*	0.2**	2.4*	0.6*	0.1**	0.6*
Cricket (indoor)	4.5	1.1**	5.1	1.2	0.3**	1.3
Cricket (outdoor)	5.7	3.3*	9.0	1.5	0.9*	2.4
Cycling	2.9*	34.1	35.5	0.8*	8.9	9.3
Dancing	3.2*	2.7*	5.5	0.8*	0.7*	1.4
Darts	0.6**	-	0.6**	0.1**	-	0.1**
Fishing	1.5*	8.1	9.1	0.4*	2.1	2.4
Football (indoor)	4.2*	2.3*	5.3	1.1*	0.6*	1.4
Football (outdoor)	7.0	4.1*	10.0	1.8	1.1*	2.6
Golf	10.2	6.2	15.3	2.7	1.6	4.0
Gymnastics	0.2**	0.3**	0.5**	0.1**	0.1**	0.1**
Hockey (indoor)	0.3**	0.5**	0.5**	0.1**	0.1**	0.1**
Hockey (outdoor)	4.8	0.4**	5.2	1.3	0.1**	1.4
Horse riding/equestrian activities/polocrosse	1.6*	3.2*	4.3*	0.4*	0.8*	1.1*
Ice/snow sports	0.3**	2.2*	2.4*	0.1**	0.6*	0.6*
Lawn bowls	7.0	1.1**	7.7	1.8	0.3**	2.0
Martial arts	7.9	2.3*	9.0	2.1	0.6*	2.4
Motor sports	2.5*	3.7*	6.0	0.7*	1.0*	1.6
Netball	13.5	3.0*	15.9	3.5	0.8*	4.2
Orienteering	0.8**	2.0*	2.6*	0.2**	0.5*	0.7*
Rock climbing	1.2*	1.4*	2.3*	0.3*	0.4*	0.6*
Roller sports	0.2**	1.4*	1.7*	0.1**	0.4*	0.4*
Rowing	2.2*	0.3**	2.5*	0.6*	0.1**	0.7*
Rugby league	1.3*	-	1.3*	0.4*	-	0.4*
Rugby union	1.0**	0.5**	1.0**	0.3**	0.1**	0.3**
Running	3.4*	22.0	23.8	0.9*	5.8	6.2
Sailing	2.5*	1.0**	3.5*	0.7*	0.3**	0.9*
Scuba diving	0.2**	4.9	4.9	0.1**	1.3	1.3
Shooting sports	1.6*	3.0*	3.9*	0.4*	0.8*	1.0*
Softball	1.9*	-	1.9*	0.5*	-	0.5*
Squash/racquetball	2.5*	2.2*	4.2*	0.6*	0.6*	1.1*
Surf sports	1.0**	3.1*	3.3*	0.3**	0.8*	0.9*
Swimming	5.8	38.2	42.8	1.5	10.0	11.2
Table tennis	0.4**	1.2*	1.5*	0.1**	0.3*	0.4*
Tennis	8.5	8.2	16.1	2.2	2.1	4.2
Tenpin bowling	1.8*	0.3**	1.8*	0.5*	0.1**	0.5*
Touch football	2.0*	0.7**	2.7*	0.5*	0.2**	0.7*
Triathlon	0.2**	0.2**	0.2**	0.0**	0.0**	0.0**
Volleyball	1.5*	0.6**	1.8*	0.4*	0.2**	0.5*
Walking (bush)	4.7	34.2	37.6	1.2	9.0	9.8
Walking (other)	4.8	138.4	140.8	1.2	36.2	36.8
Water polo	1.2*	-	1.2*	0.3*	-	0.3*
Waterskiing/powerboating	0.4**	4.2*	4.2*	0.1**	1.1*	1.1*
Weight training	1.9*	5.9	7.9	0.5*	1.6	2.1
Yoga	2.7*	4.2*	6.8	0.7*	1.1*	1.8

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

10.14 State data (Victoria)

Table 93: Victoria participants — total participation in physical activity by type of participation, age and sex, 2007 (a)

		Organised only (A)	Non-organised only (B)	Both organised and non-organised (C)	Total organised (A + C)	Total non-organised (B + C)	Total participation (A + B + C)
Sex	Age group (years)	Number ('000)					
Males	15 to 24	109.8	92.1	106.9	216.7	199.1	308.9
	25 to 34	71.2	137.2	98.9	170.0	236.1	307.2
	35 to 44	31.4	178.7	106.0	137.4	284.7	316.1
	45 to 54	26.5	157.4	82.5	109.0	239.9	266.4
	55 to 64	26.3	119.4	49.4	75.6	168.8	195.0
	65 and over	43.2	116.5	58.4	101.5	174.8	218.0
	TOTAL		308.3	801.4	502.0	810.3	1,303.4
Females	15 to 24	83.5	98.4	116.7	200.2	215.1	298.6
	25 to 34	45.8	151.5	104.5	150.3	256.0	301.8
	35 to 44	40.2	179.5	99.7	139.9	279.2	319.4
	45 to 54	29.0	173.6	81.7	110.7	255.3	284.3
	55 to 64	31.9	123.0	61.2	93.1	184.2	216.1
	65 and over	51.4	127.9	51.4	102.7	179.2	230.6
	TOTAL		281.8	853.9	515.2	796.9	1,369.1
Persons	15 to 24	193.3	190.5	223.6	416.9	414.1	607.5
	25 to 34	116.9	288.7	203.4	320.3	492.1	609.1
	35 to 44	71.7	358.2	205.7	277.4	563.8	635.5
	45 to 54	55.5	331.1	164.2	219.6	495.2	550.7
	55 to 64	58.2	242.4	110.6	168.7	353.0	411.2
	65 and over	94.5	244.3	109.8	204.3	354.1	448.6
	TOTAL		590.1	1,655.3	1,017.2	1,607.3	2,672.4
Total participation rate (%) (b)							
Males	15 to 24	30.4	25.5	29.6	60.0	55.1	85.5
	25 to 34	19.7	38.0	27.4	47.1	65.4	85.1
	35 to 44	8.4	47.6	28.2	36.6	75.8	84.2
	45 to 54	7.7	45.7	24.0	31.7	69.7	77.4
	55 to 64	9.6	43.8	18.1	27.7	61.9	71.5
	65 and over	14.7	39.6	19.8	34.5	59.4	74.1
	TOTAL	15.3	39.9	25.0	40.3	64.9	80.2
Females	15 to 24	24.1	28.4	33.7	57.8	62.0	86.1
	25 to 34	12.6	41.7	28.7	41.3	70.4	83.0
	35 to 44	10.3	46.1	25.6	36.0	71.8	82.1
	45 to 54	8.1	48.8	23.0	31.1	71.8	79.9
	55 to 64	11.3	43.7	21.7	33.1	65.4	76.7
	65 and over	14.8	36.8	14.8	29.6	51.6	66.4
	TOTAL	13.5	41.0	24.7	38.2	65.7	79.2
Persons	15 to 24	27.3	26.9	31.6	58.9	58.5	85.8
	25 to 34	16.1	39.8	28.1	44.2	67.9	84.0
	35 to 44	9.4	46.8	26.9	36.3	73.7	83.1
	45 to 54	7.9	47.3	23.5	31.4	70.8	78.7
	55 to 64	10.5	43.7	19.9	30.4	63.7	74.2
	65 and over	14.7	38.1	17.1	31.8	55.2	69.9
	TOTAL	14.4	40.4	24.8	39.3	65.3	79.7

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

Table 94: Victoria participants — total participation in any physical activity (organised and non-organised) by demographics, 2007 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
AGE GROUP (YEARS)						
15 to 24	308.9	85.5	298.6	86.1	607.5	85.8
25 to 34	307.2	85.1	301.8	83.0	609.1	84.0
35 to 44	316.1	84.2	319.4	82.1	635.5	83.1
45 to 54	266.4	77.4	284.3	79.9	550.7	78.7
55 to 64	195.0	71.5	216.1	76.7	411.2	74.2
65 and over	218.0	74.1	230.6	66.4	448.6	69.9
REGION						
Capital city	1,194.2	80.6	1,216.6	79.2	2,410.8	79.9
Rest of state	417.5	79.0	434.3	79.4	851.7	79.2
EMPLOYMENT STATUS						
Employed full time	981.8	82.6	517.8	84.4	1,499.6	83.2
Employed part time	218.7	82.3	489.7	84.6	708.3	83.9
Unemployed	68.6	83.9	66.5	77.8	135.1	80.8
Not in the labour force	342.6	72.3	576.8	71.5	919.4	71.8
MARITAL STATUS						
Married	946.1	79.9	870.4	79.5	1,816.6	79.7
Not married	655.8	80.9	765.8	79.1	1,421.5	79.9
Refused/Do not know	9.8*	63.9*	14.7*	72.8*	24.4	69.0
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	453.7	81.8	512.6	80.4	966.3	81.1
At least one under 18 – none at home	42.0	79.7	3.8*	71.8*	45.8	79.0
No children under 18	1,116.0	79.6	1,134.5	78.7	2,250.4	79.2
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	507.6	87.6	496.9	86.6	1,004.5	87.1
Undergraduate diploma or associate diploma	146.5	84.8	161.3	88.5	307.8	86.7
Certificate, trade qualification or apprenticeship	203.3	78.8	144.2	78.8	347.4	78.8
Highest level of secondary school	344.0	78.3	370.2	75.6	714.2	76.9
Did not complete highest level of school	290.3	69.5	365.3	70.5	655.6	70.0
Never went to school	–	–	1.9**	52.2**	1.9**	35.4**
Still at secondary school	92.1	88.6	76.1	94.9	168.2	91.4
Other	21.6	87.4	18.6	71.5	40.2	79.2
Refused	6.4*	54.0*	16.4	60.7	22.8	58.7
Total	1,611.7	80.2	1,650.8	79.2	3,262.5	79.7

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 95: All Victoria persons — participation in any physical activity by frequency, age and sex, 2007 (a)

Sex	Age group (years)	None	Up to once	Once or twice	Three or four	Five or	Total
			per week (b)	per week (c)	times per week (d)	more times per week	
		Number ('000)					
Males	15 to 24	52.6	42.4	117.4	86.1	63.0	361.4
	25 to 34	53.8	71.6	103.1	72.5	60.0	361.1
	35 to 44	59.4	60.8	94.9	76.7	83.7	375.6
	45 to 54	77.9	60.9	77.1	47.2	81.2	344.3
	55 to 64	77.6	37.7	50.6	51.5	55.3	272.7
	65 and over	76.4	29.9	66.1	41.5	80.5	294.4
	TOTAL		397.7	303.1	509.1	375.6	423.8
Females	15 to 24	48.1	51.8	89.1	67.8	89.8	346.6
	25 to 34	61.8	40.1	83.8	76.7	101.2	363.6
	35 to 44	69.6	36.8	96.8	93.2	92.5	389.0
	45 to 54	71.3	33.4	78.7	70.1	102.1	355.6
	55 to 64	65.6	29.3	55.1	45.0	86.8	281.7
	65 and over	116.8	25.6	63.0	52.3	89.7	347.4
	TOTAL		433.1	217.0	466.5	405.1	562.2
Persons	15 to 24	100.6	94.2	206.5	153.9	152.9	708.1
	25 to 34	115.7	111.7	186.9	149.2	161.3	724.7
	35 to 44	129.0	97.6	191.7	170.0	176.3	764.6
	45 to 54	149.2	94.3	155.9	117.2	183.3	699.9
	55 to 64	143.2	66.9	105.6	96.6	142.0	554.4
	65 and over	193.1	55.4	129.1	93.8	170.3	641.7
	TOTAL		830.9	520.2	975.7	780.7	986.0
Percentage of row							
Males	15 to 24	14.5	11.7	32.5	23.8	17.4	100.0
	25 to 34	14.9	19.8	28.6	20.1	16.6	100.0
	35 to 44	15.8	16.2	25.3	20.4	22.3	100.0
	45 to 54	22.6	17.7	22.4	13.7	23.6	100.0
	55 to 64	28.5	13.8	18.5	18.9	20.3	100.0
	65 and over	25.9	10.1	22.5	14.1	27.4	100.0
	TOTAL		19.8	15.1	25.3	18.7	21.1
Females	15 to 24	13.9	14.9	25.7	19.6	25.9	100.0
	25 to 34	17.0	11.0	23.0	21.1	27.8	100.0
	35 to 44	17.9	9.5	24.9	24.0	23.8	100.0
	45 to 54	20.1	9.4	22.1	19.7	28.7	100.0
	55 to 64	23.3	10.4	19.6	16.0	30.8	100.0
	65 and over	33.6	7.4	18.1	15.0	25.8	100.0
	TOTAL		20.8	10.4	22.4	19.4	27.0
Persons	15 to 24	14.2	13.3	29.2	21.7	21.6	100.0
	25 to 34	16.0	15.4	25.8	20.6	22.3	100.0
	35 to 44	16.9	12.8	25.1	22.2	23.1	100.0
	45 to 54	21.3	13.5	22.3	16.8	26.2	100.0
	55 to 64	25.8	12.1	19.1	17.4	25.6	100.0
	65 and over	30.1	8.6	20.1	14.6	26.5	100.0
	TOTAL		20.3	12.7	23.8	19.1	24.1

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

Table 96: Victoria participants — participation in any physical activity by cumulative frequency, age and sex, 2007 (a)

Sex	Age group (years)	Less than once per week	Once per week or more	Number ('000)			Total participation
				Twice per week or more	Three times per week or more		
Males	15 to 24	42.4	266.5	198.9	149.1	308.9	
	25 to 34	71.6	235.6	178.3	132.5	307.2	
	35 to 44	60.8	255.4	209.9	160.5	316.1	
	45 to 54	60.9	205.5	170.3	128.4	266.4	
	55 to 64	37.7	157.4	131.2	106.8	195.0	
	65 and over	29.9	188.1	156.6	122.1	218.0	
	TOTAL		303.1	1,308.6	1,045.2	799.4	1,611.7
Females	15 to 24	51.8	246.8	199.4	157.7	298.6	
	25 to 34	40.1	261.7	223.7	177.9	301.8	
	35 to 44	36.8	282.6	241.3	185.8	319.4	
	45 to 54	33.4	250.9	215.4	172.1	284.3	
	55 to 64	29.3	186.9	161.8	131.8	216.1	
	65 and over	25.6	205.0	173.3	142.0	230.6	
	TOTAL		217.0	1,433.8	1,215.0	967.3	1,650.8
Persons	15 to 24	94.2	513.3	398.3	306.8	607.5	
	25 to 34	111.7	497.3	401.9	310.5	609.1	
	35 to 44	97.6	538.0	451.3	346.3	635.5	
	45 to 54	94.3	456.4	385.7	300.5	550.7	
	55 to 64	66.9	344.2	293.1	238.6	411.2	
	65 and over	55.4	393.2	329.9	264.0	448.6	
	TOTAL		520.2	2,742.3	2,260.1	1,766.7	3,262.5
Total participation rate (%) (b)							
Males	15 to 24	11.7	73.7	55.0	41.3	85.5	
	25 to 34	19.8	65.3	49.4	36.7	85.1	
	35 to 44	16.2	68.0	55.9	42.7	84.2	
	45 to 54	17.7	59.7	49.5	37.3	77.4	
	55 to 64	13.8	57.7	48.1	39.2	71.5	
	65 and over	10.1	63.9	53.2	41.5	74.1	
	TOTAL		15.1	65.1	52.0	39.8	80.2
Females	15 to 24	14.9	71.2	57.5	45.5	86.1	
	25 to 34	11.0	72.0	61.5	48.9	83.0	
	35 to 44	9.5	72.6	62.0	47.8	82.1	
	45 to 54	9.4	70.5	60.6	48.4	79.9	
	55 to 64	10.4	66.3	57.4	46.8	76.7	
	65 and over	7.4	59.0	49.9	40.9	66.4	
	TOTAL		10.4	68.8	58.3	46.4	79.2
Persons	15 to 24	13.3	72.5	56.3	43.3	85.8	
	25 to 34	15.4	68.6	55.5	42.8	84.0	
	35 to 44	12.8	70.4	59.0	45.3	83.1	
	45 to 54	13.5	65.2	55.1	42.9	78.7	
	55 to 64	12.1	62.1	52.9	43.0	74.2	
	65 and over	8.6	61.3	51.4	41.1	69.9	
	TOTAL		12.7	67.0	55.2	43.2	79.7

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

Table 97: Victoria recent participants — recent participation in any physical activity by duration and age, 2007 (a)

		15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	Total
		Number ('000)						
Five hours or more	More than three sessions weekly	135.5	102.6	101.1	97.2	99.0	97.7	633.1
	Two or three sessions weekly	33.3	19.7	16.4	22.8	24.9	21.2	138.4
	Less than two sessions weekly	-	4.6*	3.0**	2.6**	4.1*	8.9*	23.2
	<i>Total</i>	168.7	126.9	120.5	122.7	128.0	127.8	794.6
Two hours or more but less than five hours	More than three sessions weekly	63.3	98.5	126.8	109.3	69.9	88.7	556.4
	Two or three sessions weekly	84.4	86.6	69.8	77.0	39.6	31.4	388.7
	Less than two sessions weekly	26.3	27.2	25.8	25.5	17.8	25.4	148.1
	<i>Total</i>	174.0	212.3	222.4	211.8	127.2	145.6	1,093.3
Less than two hours	More than three sessions weekly	10.1*	13.6*	15.4	10.2*	12.8*	18.3	80.3
	Two or three sessions weekly	37.1	41.6	62.1	38.0	22.6	38.3	239.8
	Less than two sessions weekly	130.4	114.8	115.3	80.0	62.7	59.2	562.3
	<i>Total</i>	177.6	170.0	192.8	128.1	98.1	115.8	882.4
Total	More than three sessions weekly	208.8	214.7	243.2	216.8	181.6	204.7	1,269.8
	Two or three sessions weekly	154.8	147.9	148.3	137.8	87.1	91.0	766.9
	Less than two sessions weekly	156.7	146.6	144.2	108.1	84.5	93.6	733.7
	Total	520.4	509.1	535.7	462.7	353.3	389.2	2,770.4
		Percentage of total						
Five hours or more	More than three sessions weekly	4.9	3.7	3.6	3.5	3.6	3.5	22.9
	Two or three sessions weekly	1.2	0.7	0.6	0.8	0.9	0.8	5.0
	Less than two sessions weekly	-	0.2*	0.1**	0.1**	0.1*	0.3*	0.8
	<i>Total</i>	6.1	4.6	4.4	4.4	4.6	4.6	28.7
Two hours or more but less than five hours	More than three sessions weekly	2.3	3.6	4.6	3.9	2.5	3.2	20.1
	Two or three sessions weekly	3.1	3.1	2.5	2.8	1.4	1.1	14.0
	Less than two sessions weekly	0.9	1.0	0.9	0.9	0.6	0.9	5.3
	<i>Total</i>	6.3	7.7	8.0	7.6	4.6	5.3	39.5
Less than two hours	More than three sessions weekly	0.4*	0.5*	0.6	0.4*	0.5*	0.7	2.9
	Two or three sessions weekly	1.3	1.5	2.2	1.4	0.8	1.4	8.7
	Less than two sessions weekly	4.7	4.1	4.2	2.9	2.3	2.1	20.3
	<i>Total</i>	6.4	6.1	7.0	4.6	3.5	4.2	31.9
Total	More than three sessions weekly	7.5	7.7	8.8	7.8	6.6	7.4	45.8
	Two or three sessions weekly	5.6	5.3	5.4	5.0	3.1	3.3	27.7
	Less than two sessions weekly	5.7	5.3	5.2	3.9	3.1	3.4	26.5
	Total	18.8	18.4	19.3	16.7	12.8	14.0	100.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport in the two weeks prior to interview in 2007

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 98: Victoria regular participants — regular participation in any physical activity (organised and non-organised) by demographics, 2007 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Regular participation rate (b) (%)	Number (‘000)	Regular participation rate (%)	Number (‘000)	Regular participation rate (%)
AGE GROUP (YEARS)						
15 to 24	149.1	41.3	157.7	45.5	306.8	43.3
25 to 34	132.5	36.7	177.9	48.9	310.5	42.8
35 to 44	160.5	42.7	185.8	47.8	346.3	45.3
45 to 54	128.4	37.3	172.1	48.4	300.5	42.9
55 to 64	106.8	39.2	131.8	46.8	238.6	43.0
65 and over	122.1	41.5	142.0	40.9	264.0	41.1
REGION						
Capital city	596.1	40.2	724.0	47.1	1,320.1	43.7
Rest of state	203.3	38.5	243.2	44.5	446.6	41.5
EMPLOYMENT STATUS						
Employed full time	454.1	38.2	297.0	48.4	751.1	41.7
Employed part time	108.9	41.0	283.7	49.0	392.6	46.5
Unemployed	37.5	45.9	44.5	52.1	82.0	49.1
Not in the labour force	198.9	42.0	342.1	42.4	541.0	42.3
MARITAL STATUS						
Married	456.2	38.5	526.2	48.0	982.4	43.1
Not married	338.1	41.7	433.9	44.8	772.0	43.4
Refused/Do not know	5.1*	33.5*	7.2*	35.6*	12.3*	34.7*
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	210.6	38.0	293.4	46.0	504.0	42.3
At least one under 18 — none at home	27.5	52.2	3.0**	57.5**	30.5	52.7
No children under 18	561.3	40.0	670.8	46.6	1,232.2	43.3
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	250.7	43.3	309.2	53.9	559.9	48.5
Undergraduate diploma or associate diploma	75.6	43.7	98.2	53.8	173.8	48.9
Certificate, trade qualification or apprenticeship	97.4	37.7	78.8	43.1	176.2	40.0
Highest level of secondary school	167.6	38.2	211.6	43.2	379.2	40.8
Did not complete highest level of school	142.0	34.0	202.0	39.0	344.0	36.7
Never went to school	–	–	1.9**	52.2**	1.9**	35.4**
Still at secondary school	52.6	50.6	42.5	53.0	95.1	51.6
Other	9.0*	36.5*	14.2*	54.4*	23.2	45.7
Refused	4.7*	39.4*	8.9*	33.1*	13.6*	35.0*
INDIGENOUS STATUS						
Non-Indigenous	318.5	39.5	406.0	46.9	724.5	43.3
Indigenous	0.9**	32.1**	4.4*	42.5*	5.3*	40.3*
Total	799.4	39.8	967.3	46.4	1,766.7	43.2

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, regular participation rate is the number of persons who participated in the activity at least three times per week on average, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 99: Victoria organised participants — participation in organised physical activity by frequency, age and sex, 2007 (a)

Sex	Age group (years)	None	Up to once per week (b)	Once or twice per week (c)	Three or four times per week (d)	Five or more times per week	Total
		Number ('000)					
Males	15 to 24	144.7	36.5	95.4	60.0	24.9	361.4
	25 to 34	191.1	60.9	68.7	30.9	9.5*	361.1
	35 to 44	238.1	57.6	44.4	28.4	7.1*	375.6
	45 to 54	235.3	43.4	41.4	12.5*	11.6*	344.3
	55 to 64	197.0	30.7	28.9	11.2*	4.9*	272.7
	65 and over	192.8	29.9	52.2	11.4*	8.1*	294.4
	TOTAL		1,199.1	258.9	331.0	154.3	66.2
Females	15 to 24	146.4	64.5	73.8	41.0	20.9	346.6
	25 to 34	213.3	47.4	63.0	27.1	12.7*	363.6
	35 to 44	249.1	36.8	60.0	32.2	10.9*	389.0
	45 to 54	244.9	30.6	48.9	24.5	6.6*	355.6
	55 to 64	188.6	21.5	41.9	22.7	7.0*	281.7
	65 and over	244.6	26.3	54.4	16.2	5.8*	347.4
	TOTAL		1,287.0	227.1	342.0	163.9	63.9
Persons	15 to 24	291.1	101.0	169.2	101.0	45.8	708.1
	25 to 34	404.4	108.3	131.7	58.1	22.3	724.7
	35 to 44	487.2	94.4	104.4	60.6	18.0	764.6
	45 to 54	480.3	74.0	90.4	37.0	18.2	699.9
	55 to 64	385.6	52.2	70.7	33.9	11.9*	554.4
	65 and over	437.5	56.1	106.6	27.6	13.9*	641.7
	TOTAL		2,486.1	486.0	673.0	318.1	130.1
Percentage of row							
Males	15 to 24	40.0	10.1	26.4	16.6	6.9	100.0
	25 to 34	52.9	16.9	19.0	8.6	2.6*	100.0
	35 to 44	63.4	15.3	11.8	7.5	1.9*	100.0
	45 to 54	68.3	12.6	12.0	3.6*	3.4*	100.0
	55 to 64	72.3	11.2	10.6	4.1*	1.8*	100.0
	65 and over	65.5	10.1	17.7	3.9*	2.8*	100.0
	TOTAL		59.7	12.9	16.5	7.7	3.3
Females	15 to 24	42.2	18.6	21.3	11.8	6.0	100.0
	25 to 34	58.7	13.0	17.3	7.5	3.5*	100.0
	35 to 44	64.0	9.5	15.4	8.3	2.8*	100.0
	45 to 54	68.9	8.6	13.8	6.9	1.9*	100.0
	55 to 64	67.0	7.6	14.9	8.1	2.5*	100.0
	65 and over	70.4	7.6	15.7	4.7	1.7*	100.0
	TOTAL		61.8	10.9	16.4	7.9	3.1
Persons	15 to 24	41.1	14.3	23.9	14.3	6.5	100.0
	25 to 34	55.8	14.9	18.2	8.0	3.1	100.0
	35 to 44	63.7	12.3	13.7	7.9	2.3	100.0
	45 to 54	68.6	10.6	12.9	5.3	2.6	100.0
	55 to 64	69.6	9.4	12.8	6.1	2.2*	100.0
	65 and over	68.2	8.7	16.6	4.3	2.2*	100.0
	TOTAL		60.7	11.9	16.4	7.8	3.2

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 100: Victoria organised participants — participation in organised physical activity by cumulative frequency, age and sex, 2007 (a)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	36.5	180.2	118.4	84.8	216.7
	25 to 34	60.9	109.1	69.9	40.5	170.0
	35 to 44	57.6	79.9	54.6	35.4	137.4
	45 to 54	43.4	65.6	41.0	24.1	109.0
	55 to 64	30.7	45.0	27.9	16.1	75.6
	65 and over	29.9	71.7	42.7	19.5	101.5
	TOTAL		258.9	551.5	354.4	220.4
Females	15 to 24	64.5	135.7	91.7	61.9	200.2
	25 to 34	47.4	102.9	67.7	39.9	150.3
	35 to 44	36.8	103.1	65.2	43.1	139.9
	45 to 54	30.6	80.1	50.1	31.1	110.7
	55 to 64	21.5	71.6	49.1	29.7	93.1
	65 and over	26.3	76.4	45.3	22.1	102.7
	TOTAL		227.1	569.8	369.1	227.8
Persons	15 to 24	101.0	315.9	210.1	146.7	416.9
	25 to 34	108.3	212.0	137.6	80.3	320.3
	35 to 44	94.4	183.0	119.8	78.6	277.4
	45 to 54	74.0	145.7	91.2	55.3	219.6
	55 to 64	52.2	116.5	77.0	45.8	168.7
	65 and over	56.1	148.1	88.0	41.6	204.3
	TOTAL		486.0	1,121.3	723.5	448.3
Total participation rate (%) (b)						
Males	15 to 24	10.1	49.9	32.7	23.5	60.0
	25 to 34	16.9	30.2	19.3	11.2	47.1
	35 to 44	15.3	21.3	14.5	9.4	36.6
	45 to 54	12.6	19.1	11.9	7.0	31.7
	55 to 64	11.2	16.5	10.2	5.9	27.7
	65 and over	10.1	24.4	14.5	6.6	34.5
	TOTAL		12.9	27.4	17.6	11.0
Females	15 to 24	18.6	39.1	26.5	17.9	57.8
	25 to 34	13.0	28.3	18.6	11.0	41.3
	35 to 44	9.5	26.5	16.8	11.1	36.0
	45 to 54	8.6	22.5	14.1	8.8	31.1
	55 to 64	7.6	25.4	17.4	10.5	33.1
	65 and over	7.6	22.0	13.0	6.4	29.6
	TOTAL		10.9	27.3	17.7	10.9
Persons	15 to 24	14.3	44.6	29.7	20.7	58.9
	25 to 34	14.9	29.3	19.0	11.1	44.2
	35 to 44	12.3	23.9	15.7	10.3	36.3
	45 to 54	10.6	20.8	13.0	7.9	31.4
	55 to 64	9.4	21.0	13.9	8.3	30.4
	65 and over	8.7	23.1	13.7	6.5	31.8
	TOTAL		11.9	27.4	17.7	11.0

(a) Relates to persons aged 15 years and over who participated in organised physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

Table 101: Victoria organised participants — total participation in organised activities by type of organisation, age and sex, 2007 (a)

Sex	Age group (years)	Fitness, leisure or indoor sports centre	Sport or recreation club or association	Work	School	Other	Total organised participation
		Number ('000)					
Males	15 to 24	51.1	162.7	2.9**	35.3	17.6	216.7
	25 to 34	57.6	129.4	9.5*	3.3**	17.2	170.0
	35 to 44	42.5	100.1	4.0*	4.0*	15.2	137.4
	45 to 54	30.3	83.5	4.4*	–	7.5*	109.0
	55 to 64	17.6	58.9	2.5**	–	12.6*	75.6
	65 and over	25.4	74.8	0.9**	–	15.1	101.5
	TOTAL		224.5	609.4	24.2	42.6	85.1
Females	15 to 24	61.1	129.0	6.0*	45.9	18.6	200.2
	25 to 34	79.5	88.5	2.8**	4.2*	8.7*	150.3
	35 to 44	70.9	75.6	2.9**	2.2**	14.5*	139.9
	45 to 54	50.4	62.5	2.8**	0.7**	13.1*	110.7
	55 to 64	35.4	54.7	0.8**	–	16.5	93.1
	65 and over	39.9	51.7	1.1**	–	24.3	102.7
	TOTAL		337.3	462.0	16.3	52.9	95.8
Persons	15 to 24	112.3	291.7	8.8*	81.1	36.2	416.9
	25 to 34	137.1	217.9	12.3*	7.5*	25.9	320.3
	35 to 44	113.4	175.8	6.9*	6.2*	29.6	277.4
	45 to 54	80.7	146.0	7.2*	0.7**	20.6	219.6
	55 to 64	53.0	113.6	3.3**	–	29.1	168.7
	65 and over	65.3	126.6	2.0**	–	39.4	204.3
	TOTAL		561.8	1,071.4	40.6	95.5	180.9

Total participation rate (%) (b)

Males	15 to 24	14.1	45.0	0.8**	9.8	4.9	60.0
	25 to 34	16.0	35.8	2.6*	0.9**	4.8	47.1
	35 to 44	11.3	26.7	1.1*	1.1*	4.0	36.6
	45 to 54	8.8	24.3	1.3*	–	2.2*	31.7
	55 to 64	6.5	21.6	0.9**	–	4.6*	27.7
	65 and over	8.6	25.4	0.3**	–	5.1	34.5
	TOTAL		11.2	30.3	1.2	2.1	4.2
Females	15 to 24	17.6	37.2	1.7*	13.2	5.4	57.8
	25 to 34	21.9	24.3	0.8**	1.2*	2.4*	41.3
	35 to 44	18.2	19.4	0.7**	0.6**	3.7*	36.0
	45 to 54	14.2	17.6	0.8**	0.2**	3.7*	31.1
	55 to 64	12.6	19.4	0.3**	–	5.9	33.1
	65 and over	11.5	14.9	0.3**	–	7.0	29.6
	TOTAL		16.2	22.2	0.8	2.5	4.6
Persons	15 to 24	15.9	41.2	1.2*	11.5	5.1	58.9
	25 to 34	18.9	30.1	1.7*	1.0*	3.6	44.2
	35 to 44	14.8	23.0	0.9*	0.8*	3.9	36.3
	45 to 54	11.5	20.9	1.0*	0.1**	2.9	31.4
	55 to 64	9.6	20.5	0.6**	–	5.2	30.4
	65 and over	10.2	19.7	0.3**	–	6.1	31.8
	TOTAL		13.7	26.2	1.0	2.3	4.4

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 102: Victoria participants — total participation in specific activities (organised and non-organised) by sex, 2007 (a)

Activity	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
Aerobics/fitness	302.3	15.0	547.1	26.3	849.4	20.8
Aquarobics	3.5**	0.2**	37.3	1.8	40.7	1.0
Athletics/track and field	11.2*	0.6*	14.4*	0.7*	25.6	0.6
Australian football	121.5	6.0	15.2	0.7	136.6	3.3
Badminton	19.3	1.0	14.9	0.7	34.2	0.8
Baseball	9.1*	0.5*	0.0**	0.0**	9.1*	0.2*
Basketball	91.2	4.5	53.7	2.6	144.9	3.5
Billiards/snooker/pool	1.8**	0.1**	0.0**	0.0**	1.8**	0.0**
Boxing	12.3*	0.6*	7.5*	0.4*	19.8	0.5
Canoeing/kayaking	19.4	1.0	7.9*	0.4*	27.3	0.7
Carpet bowls	4.2*	0.2*	6.7*	0.3*	10.9*	0.3*
Cricket (indoor)	28.0	1.4	3.3**	0.2**	31.2	0.8
Cricket (outdoor)	126.5	6.3	8.1*	0.4*	134.5	3.3
Cycling	284.2	14.1	154.8	7.4	439.0	10.7
Dancing	8.6*	0.4*	83.0	4.0	91.7	2.2
Darts	3.7**	0.2**	0.0**	0.0**	3.7**	0.1**
Fishing	48.5	2.4	8.0*	0.4*	56.5	1.4
Football (indoor)	54.4	2.7	10.6*	0.5*	64.9	1.6
Football (outdoor)	121.3	6.0	26.7	1.3	147.9	3.6
Golf	224.4	11.2	53.7	2.6	278.1	6.8
Gymnastics	3.0**	0.1**	4.3*	0.2*	7.3*	0.2*
Hockey (indoor)	0.0**	0.0**	1.5**	0.1**	1.5**	0.0**
Hockey (outdoor)	9.1*	0.5*	4.8*	0.2*	13.9*	0.3*
Horse riding/equestrian activities/polocrosse	3.9*	0.2*	23.7	1.1	27.6	0.7
Ice/snow sports	30.0	1.5	14.1*	0.7*	44.1	1.1
Lawn bowls	52.3	2.6	21.6	1.0	73.9	1.8
Martial arts	33.1	1.6	35.4	1.7	68.5	1.7
Motor sports	43.3	2.2	3.1**	0.2**	46.5	1.1
Netball	24.1	1.2	130.3	6.3	154.5	3.8
Orienteering	9.5*	0.5*	7.8*	0.4*	17.2	0.4
Rock climbing	8.0*	0.4*	3.7**	0.2**	11.7*	0.3*
Roller sports	17.5	0.9	7.4*	0.4*	24.9	0.6
Rowing	12.3*	0.6*	8.3*	0.4*	20.6	0.5
Rugby league	7.1*	0.4*	2.2**	0.1**	9.3*	0.2*
Rugby union	16.7	0.8	0.0**	0.0**	16.7	0.4
Running	216.2	10.8	138.3	6.6	354.5	8.7
Sailing	12.6*	0.6*	8.0*	0.4*	20.6	0.5
Scuba diving	14.0*	0.7*	0.9**	0.0**	15.0	0.4
Shooting sports	17.7	0.9	0.9**	0.0**	18.7	0.5
Softball	3.8*	0.2*	7.8*	0.4*	11.6*	0.3*
Squash/racquetball	37.4	1.9	9.7*	0.5*	47.1	1.1
Surf sports	42.9	2.1	6.1*	0.3*	49.0	1.2
Swimming	226.9	11.3	236.0	11.3	462.9	11.3
Table tennis	18.6	0.9	3.9*	0.2*	22.4	0.5
Tennis	142.4	7.1	119.6	5.7	262.0	6.4
Tenpin bowling	15.8	0.8	10.0*	0.5*	25.7	0.6
Touch football	14.7*	0.7*	2.2**	0.1**	16.9	0.4
Triathlon	10.3*	0.5*	2.8**	0.1**	13.2*	0.3*
Volleyball	15.7	0.8	11.8*	0.6*	27.4	0.7
Walking (bush)	91.7	4.6	97.6	4.7	189.3	4.6
Walking (other)	498.1	24.8	893.0	42.8	1,391.1	34.0
Water polo	0.0**	0.0**	1.1**	0.1**	1.1**	0.0**
Waterskiing/powerboating	9.0*	0.4*	8.9*	0.4*	17.9	0.4
Weight training	57.5	2.9	38.4	1.8	95.9	2.3
Yoga	11.8*	0.6*	114.5	5.5	126.4	3.1

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group.

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 103: Victoria participants — total participation in specific activities by type of activity, 2007 (a)

Activity	Number ('000)			Total participation rate (%) (b)		
	Organised	Non-organised	Total	Organised	Non-organised	Total
Aerobics/fitness	416.3	488.1	849.4	10.2	11.9	20.8
Aquarobics	31.4	11.5*	40.7	0.8	0.3*	1.0
Athletics/track and field	25.6	2.9**	25.6	0.6	0.1**	0.6
Australian football	107.3	34.5	136.6	2.6	0.8	3.3
Badminton	13.2*	23.7	34.2	0.3*	0.6	0.8
Baseball	9.1*	-	9.1*	0.2*	-	0.2*
Basketball	103.0	50.8	144.9	2.5	1.2	3.5
Billiards/snooker/pool	-	1.8**	1.8**	-	0.0**	0.0**
Boxing	12.2*	7.6*	19.8	0.3*	0.2*	0.5
Canoeing/kayaking	14.0*	18.7	27.3	0.3*	0.5	0.7
Carpet bowls	9.3*	2.4**	10.9*	0.2*	0.1**	0.3*
Cricket (indoor)	18.2	14.9	31.2	0.4	0.4	0.8
Cricket (outdoor)	96.5	44.5	134.5	2.4	1.1	3.3
Cycling	37.2	425.5	439.0	0.9	10.4	10.7
Dancing	69.4	30.7	91.7	1.7	0.8	2.2
Darts	3.7**	0.9**	3.7**	0.1**	0.0**	0.1**
Fishing	6.1*	54.8	56.5	0.1*	1.3	1.4
Football (indoor)	39.4	29.5	64.9	1.0	0.7	1.6
Football (outdoor)	78.1	79.1	147.9	1.9	1.9	3.6
Golf	136.6	166.5	278.1	3.3	4.1	6.8
Gymnastics	3.5**	4.3*	7.3*	0.1**	0.1*	0.2*
Hockey (indoor)	1.5**	-	1.5**	0.0**	-	0.0**
Hockey (outdoor)	13.9*	-	13.9*	0.3*	-	0.3*
Horse riding/equestrian activities/polocrosse	10.9*	22.2	27.6	0.3*	0.5	0.7
Ice/snow sports	8.4*	37.4	44.1	0.2*	0.9	1.1
Lawn bowls	71.0	3.5**	73.9	1.7	0.1**	1.8
Martial arts	59.5	14.4*	68.5	1.5	0.4*	1.7
Motor sports	16.5	37.1	46.5	0.4	0.9	1.1
Netball	133.3	27.0	154.5	3.3	0.7	3.8
Orienteering	3.0**	14.2*	17.2	0.1**	0.3*	0.4
Rock climbing	6.6*	5.1*	11.7*	0.2*	0.1*	0.3*
Roller sports	2.4**	24.2	24.9	0.1**	0.6	0.6
Rowing	11.7*	8.9*	20.6	0.3*	0.2*	0.5
Rugby league	7.8*	2.2**	9.3*	0.2*	0.1**	0.2*
Rugby union	11.4*	5.3*	16.7	0.3*	0.1*	0.4
Running	31.2	338.8	354.5	0.8	8.3	8.7
Sailing	11.9*	12.4*	20.6	0.3*	0.3*	0.5
Scuba diving	7.5*	10.8*	15.0	0.2*	0.3*	0.4
Shooting sports	12.0*	13.1*	18.7	0.3*	0.3*	0.5
Softball	11.6*	-	11.6*	0.3*	-	0.3*
Squash/racquetball	14.3*	35.3	47.1	0.3*	0.9	1.1
Surf sports	3.6**	46.6	49.0	0.1**	1.1	1.2
Swimming	85.6	401.8	462.9	2.1	9.8	11.3
Table tennis	7.9*	18.5	22.4	0.2*	0.5	0.5
Tennis	140.2	142.1	262.0	3.4	3.5	6.4
Tenpin bowling	10.0*	15.8	25.7	0.2*	0.4	0.6
Touch football	13.7*	3.2**	16.9	0.3*	0.1**	0.4
Triathlon	13.2*	0.9**	13.2*	0.3*	0.0**	0.3*
Volleyball	23.6	3.8*	27.4	0.6	0.1*	0.7
Walking (bush)	27.5	169.5	189.3	0.7	4.1	4.6
Walking (other)	42.6	1,371.4	1,391.1	1.0	33.5	34.0
Water polo	1.1**	-	1.1**	0.0**	-	0.0**
Waterskiing/powerboating	4.2*	14.5*	17.9	0.1*	0.4*	0.4
Weight training	30.8	69.1	95.9	0.8	1.7	2.3
Yoga	76.5	60.8	126.4	1.9	1.5	3.1

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group.

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

10.15 State data (Western Australia)

Table 104: Western Australia participants — total participation in physical activity by type of participation, age and sex, 2007 (a)

		Organised only (A)	Non-organised only (B)	Both organised and non-organised (C)	Total organised (A + C)	Total non-organised (B + C)	Total participation (A + B + C)
Sex	Age group (years)	Number ('000)					
Males	15 to 24	47.3	37.4	47.3	94.7	84.7	132.1
	25 to 34	16.0	60.2	36.8	52.8	97.0	113.1
	35 to 44	17.2	63.7	39.4	56.7	103.1	120.3
	45 to 54	20.0	54.5	30.6	50.6	85.1	105.1
	55 to 64	12.6*	46.9	20.2	32.8	67.1	79.7
	65 and over	11.9*	44.5	22.0	33.9	66.5	78.4
	TOTAL	125.0	307.3	196.4	321.4	503.7	628.7
Females	15 to 24	40.0	47.6	33.0	73.0	80.6	120.6
	25 to 34	20.9	58.8	48.0	68.9	106.8	127.7
	35 to 44	25.9	75.2	35.6	61.4	110.8	136.6
	45 to 54	13.9*	73.0	36.4	50.3	109.4	123.3
	55 to 64	8.1*	48.3	31.2	39.3	79.5	87.7
	65 and over	20.7	32.4	24.8	45.5	57.2	77.9
	TOTAL	129.6	335.3	208.9	338.5	544.2	673.8
Persons	15 to 24	87.4	85.0	80.3	167.7	165.3	252.7
	25 to 34	36.9	119.0	84.8	121.7	203.8	240.8
	35 to 44	43.1	138.8	75.0	118.1	213.9	256.9
	45 to 54	33.9	127.5	67.0	100.9	194.5	228.4
	55 to 64	20.7	95.2	51.4	72.1	146.6	167.4
	65 and over	32.6	77.0	46.8	79.4	123.8	156.3
	TOTAL	254.6	642.6	405.3	659.9	1,047.9	1,302.5
Total participation rate (%) (b)							
Males	15 to 24	31.9	25.2	31.8	63.7	57.0	88.9
	25 to 34	11.6	43.6	26.6	38.2	70.2	81.8
	35 to 44	11.3	41.9	26.0	37.3	67.9	79.2
	45 to 54	14.0	38.2	21.4	35.4	59.7	73.7
	55 to 64	11.1*	41.3	17.8	28.9	59.0	70.1
	65 and over	11.0*	41.1	20.3	31.3	61.4	72.3
	TOTAL	15.6	38.2	24.4	40.0	62.7	78.2
Females	15 to 24	28.3	33.7	23.3	51.6	57.0	85.3
	25 to 34	15.1	42.4	34.6	49.7	77.0	92.1
	35 to 44	16.8	48.8	23.1	39.9	71.9	88.7
	45 to 54	9.5*	50.0	25.0	34.5	75.0	84.5
	55 to 64	7.4*	43.7	28.2	35.6	71.9	79.2
	65 and over	17.0	26.6	20.4	37.4	47.0	64.0
	TOTAL	16.0	41.3	25.7	41.7	67.0	83.0
Persons	15 to 24	30.1	29.3	27.7	57.8	57.0	87.1
	25 to 34	13.3	43.0	30.6	44.0	73.6	86.9
	35 to 44	14.1	45.4	24.5	38.6	69.9	84.0
	45 to 54	11.7	44.2	23.2	35.0	67.4	79.2
	55 to 64	9.2	42.4	22.9	32.2	65.4	74.6
	65 and over	14.2	33.4	20.3	34.5	53.8	67.9
	TOTAL	15.8	39.8	25.1	40.8	64.8	80.6

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 105: Western Australia participants — total participation in any physical activity (organised and non-organised) by demographics, 2007 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
AGE GROUP (YEARS)						
15 to 24	132.1	88.9	120.6	85.3	252.7	87.1
25 to 34	113.1	81.8	127.7	92.1	240.8	86.9
35 to 44	120.3	79.2	136.6	88.7	256.9	84.0
45 to 54	105.1	73.7	123.3	84.5	228.4	79.2
55 to 64	79.7	70.1	87.7	79.2	167.4	74.6
65 and over	78.4	72.3	77.9	64.0	156.3	67.9
REGION						
Capital city	476.3	79.8	509.1	82.8	985.3	81.3
Rest of state	152.4	73.8	164.7	83.3	317.2	78.5
EMPLOYMENT STATUS						
Employed full time	401.3	79.2	220.1	89.6	621.4	82.5
Employed part time	75.3	81.5	232.5	86.1	307.8	85.0
Unemployed	15.0*	77.1*	16.4	78.6	31.5	77.9
Not in the labour force	137.0	74.2	204.8	74.3	341.8	74.2
MARITAL STATUS						
Married	389.0	78.9	402.2	84.1	791.2	81.5
Not married	236.7	77.0	267.8	81.4	504.5	79.3
Refused/Do not know	2.9**	100.0**	3.8**	71.4**	6.7*	81.5*
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	180.5	76.8	230.5	87.1	411.0	82.3
At least one under 18 — none at home	13.8*	75.0*	4.9*	100.0*	18.7	80.3
No children under 18	434.4	78.9	438.4	80.8	872.8	79.8
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	194.9	89.0	187.2	88.1	382.1	88.5
Undergraduate diploma or associate diploma	41.5	87.7	69.6	94.9	111.2	92.1
Certificate, trade qualification or apprenticeship	82.2	69.4	94.3	86.8	176.5	77.7
Highest level of secondary school	130.2	76.4	163.4	81.3	293.6	79.1
Did not complete highest level of school	131.5	69.1	124.6	72.9	256.1	70.9
Never went to school	0.0**	0.0**	1.5**	39.0**	1.5**	23.6**
Still at secondary school	38.1	96.3	20.6	94.8	58.6	95.8
Other	6.5*	57.7*	8.5*	84.0*	15.0*	70.1*
Refused	3.8**	79.7**	3.9**	38.9**	7.8*	52.1*
INDIGENOUS STATUS						
Non-Indigenous	621.4	78.6	663.0	83.4	1,284.4	81.0
Indigenous	7.3*	57.0*	10.8*	64.0*	18.1	61.0
Total	628.7	78.2	673.8	83.0	1,302.5	80.6

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 106: All Western Australia persons — participation in any physical activity by frequency, age and sex, 2007 (a)

Sex	Age group (years)	None	Up to once	Once or twice	Three or four	Five or	Total
			per week (b)	per week (c)	times per week (d)	more times per week	
		Number ('000)					
Males	15 to 24	16.5	34.3	40.1	30.5	27.3	148.6
	25 to 34	25.2	23.4	37.4	30.0	22.3	138.3
	35 to 44	31.6	24.6	42.5	23.2	30.0	151.9
	45 to 54	37.6	20.8	35.7	20.1	28.5	142.7
	55 to 64	34.0	13.9*	20.7	15.1*	29.9	113.7
	65 and over	30.0	10.5*	15.8	14.4*	37.7	108.4
	TOTAL		174.9	127.5	192.2	133.3	175.6
Females	15 to 24	20.8	5.5*	36.3	35.0	43.7	141.4
	25 to 34	10.9*	17.3	39.7	25.1	45.7	138.6
	35 to 44	17.4	15.3*	41.8	43.1	36.5	154.1
	45 to 54	22.5	9.3*	30.5	25.9	57.7	145.8
	55 to 64	23.0	3.3**	21.5	23.8	39.1	110.6
	65 and over	43.8	6.1*	21.6	17.6	32.6	121.7
	TOTAL		138.5	56.7	191.4	170.4	255.3
Persons	15 to 24	37.3	39.7	76.4	65.5	71.0	290.0
	25 to 34	36.2	40.7	77.1	55.1	67.9	276.9
	35 to 44	49.0	39.9	84.3	66.3	66.4	306.0
	45 to 54	60.1	30.1	66.2	46.0	86.1	288.5
	55 to 64	57.0	17.2	42.2	38.9	69.0	224.3
	65 and over	73.8	16.6	37.4	32.0	70.3	230.2
	TOTAL		313.4	184.2	383.6	303.8	430.8
Percentage of row							
Males	15 to 24	11.1	23.0	27.0	20.5	18.4	100.0
	25 to 34	18.2	16.9	27.0	21.7	16.1	100.0
	35 to 44	20.8	16.2	28.0	15.3	19.7	100.0
	45 to 54	26.3	14.6	25.0	14.1	19.9	100.0
	55 to 64	29.9	12.3*	18.2	13.3*	26.3	100.0
	65 and over	27.7	9.7*	14.6	13.3*	34.8	100.0
	TOTAL		21.8	15.9	23.9	16.6	21.8
Females	15 to 24	14.7	3.9*	25.7	24.8	30.9	100.0
	25 to 34	7.9*	12.4	28.6	18.1	32.9	100.0
	35 to 44	11.3	9.9*	27.1	28.0	23.7	100.0
	45 to 54	15.5	6.4*	20.9	17.7	39.5	100.0
	55 to 64	20.8	3.0**	19.4	21.5	35.4	100.0
	65 and over	36.0	5.0*	17.7	14.4	26.8	100.0
	TOTAL		17.0	7.0	23.6	21.0	31.4
Persons	15 to 24	12.9	13.7	26.3	22.6	24.5	100.0
	25 to 34	13.1	14.7	27.8	19.9	24.5	100.0
	35 to 44	16.0	13.0	27.6	21.7	21.7	100.0
	45 to 54	20.8	10.4	22.9	15.9	29.8	100.0
	55 to 64	25.4	7.7	18.8	17.3	30.8	100.0
	65 and over	32.1	7.2	16.3	13.9	30.6	100.0
	TOTAL		19.4	11.4	23.7	18.8	26.7

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 107: Western Australia participants — participation in any physical activity by cumulative frequency, age and sex, 2007 (a)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	34.3	97.8	69.1	57.8	132.1
	25 to 34	23.4	89.6	72.1	52.2	113.1
	35 to 44	24.6	95.7	76.3	53.2	120.3
	45 to 54	20.8	84.3	59.1	48.6	105.1
	55 to 64	13.9*	65.8	56.4	45.0	79.7
	65 and over	10.5*	68.0	60.3	52.1	78.4
	TOTAL		127.5	501.2	393.3	308.9
Females	15 to 24	5.5*	115.1	95.0	78.8	120.6
	25 to 34	17.3	110.5	88.2	70.8	127.7
	35 to 44	15.3*	121.4	100.0	79.6	136.6
	45 to 54	9.3*	114.0	100.7	83.5	123.3
	55 to 64	3.3**	84.4	72.0	62.9	87.7
	65 and over	6.1*	71.8	63.1	50.2	77.9
	TOTAL		56.7	617.1	519.2	425.7
Persons	15 to 24	39.7	213.0	164.1	136.5	252.7
	25 to 34	40.7	200.1	160.4	123.0	240.8
	35 to 44	39.9	217.1	176.3	132.7	256.9
	45 to 54	30.1	198.3	159.8	132.1	228.4
	55 to 64	17.2	150.1	128.4	107.9	167.4
	65 and over	16.6	139.7	123.5	102.3	156.3
	TOTAL		184.2	1,118.2	912.5	734.6

Total participation rate (%) (b)

Males	15 to 24	23.1	65.8	46.5	38.9	88.9
	25 to 34	16.9	64.8	52.1	37.8	81.8
	35 to 44	16.2	63.0	50.2	35.0	79.2
	45 to 54	14.6	59.1	41.4	34.0	73.7
	55 to 64	12.3*	57.8	49.6	39.6	70.1
	65 and over	9.7*	62.7	55.6	48.1	72.3
	TOTAL		15.9	62.4	48.9	38.4
Females	15 to 24	3.9*	81.4	67.2	55.7	85.3
	25 to 34	12.4	79.7	63.7	51.0	92.1
	35 to 44	9.9*	78.8	64.9	51.6	88.7
	45 to 54	6.4*	78.2	69.1	57.3	84.5
	55 to 64	3.0**	76.2	65.1	56.9	79.2
	65 and over	5.0*	59.0	51.8	41.2	64.0
	TOTAL		7.0	76.0	63.9	52.4
Persons	15 to 24	13.7	73.4	56.6	47.1	87.1
	25 to 34	14.7	72.2	57.9	44.4	86.9
	35 to 44	13.0	70.9	57.6	43.4	84.0
	45 to 54	10.4	68.7	55.4	45.8	79.2
	55 to 64	7.7	66.9	57.3	48.1	74.6
	65 and over	7.2	60.7	53.6	44.5	67.9
	TOTAL		11.4	69.2	56.5	45.5

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 108: Western Australia recent participants — recent participation in any physical activity by duration and age, 2007 (a)

		15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	Total
		Number ('000)						
Five hours or more	More than three sessions weekly	50.5	38.3	38.3	47.1	38.4	33.6	246.3
	Two or three sessions weekly	4.4*	3.0**	6.6*	6.5*	3.3**	6.3*	30.1
	Less than two sessions weekly	3.5**	1.2**	3.3**	2.1**	2.0**	0.8**	12.9*
	<i>Total</i>	58.4	42.5	48.2	55.8	43.7	40.7	289.3
Two hours or more but less than five hours	More than three sessions weekly	32.0	43.1	36.3	52.9	34.5	32.7	231.5
	Two or three sessions weekly	34.8	25.4	36.2	19.9	21.9	17.6	155.7
	Less than two sessions weekly	15.8	13.0*	10.4*	7.7*	7.9*	7.4*	62.2
	<i>Total</i>	82.5	81.5	82.9	80.5	64.4	57.6	449.4
Less than two hours	More than three sessions weekly	2.0**	8.2*	5.0*	4.1*	3.1**	8.3*	30.8
	Two or three sessions weekly	18.7	25.2	27.1	17.3	18.8	14.5*	121.6
	Less than two sessions weekly	45.2	48.0	48.0	37.4	14.3*	15.8	208.7
	<i>Total</i>	65.9	81.4	80.0	58.8	36.3	38.7	361.1
Total	More than three sessions weekly	84.5	89.6	79.6	104.2	76.0	74.6	508.6
	Two or three sessions weekly	57.8	53.6	69.8	43.7	44.0	38.5	307.4
	Less than two sessions weekly	64.5	62.1	61.7	47.2	24.3	24.0	283.8
	Total	206.8	205.3	211.1	195.1	144.4	137.0	1,099.8
		Percentage of total						
Five hours or more	More than three sessions weekly	4.6	3.5	3.5	4.3	3.5	3.1	22.4
	Two or three sessions weekly	0.4*	0.3**	0.6*	0.6*	0.3**	0.6*	2.7
	Less than two sessions weekly	0.3**	0.1**	0.3**	0.2**	0.2**	0.1**	1.2*
	<i>Total</i>	5.3	3.9	4.4	5.1	4.0	3.7	26.3
Two hours or more but less than five hours	More than three sessions weekly	2.9	3.9	3.3	4.8	3.1	3.0	21.1
	Two or three sessions weekly	3.2	2.3	3.3	1.8	2.0	1.6	14.2
	Less than two sessions weekly	1.4	1.2*	0.9*	0.7*	0.7*	0.7*	5.7
	<i>Total</i>	7.5	7.4	7.5	7.3	5.9	5.2	40.9
Less than two hours	More than three sessions weekly	0.2**	0.7*	0.5*	0.4*	0.3**	0.8*	2.8
	Two or three sessions weekly	1.7	2.3	2.5	1.6	1.7	1.3*	11.1
	Less than two sessions weekly	4.1	4.4	4.4	3.4	1.3*	1.4	19.0
	<i>Total</i>	6.0	7.4	7.3	5.3	3.3	3.5	32.8
Total	More than three sessions weekly	7.7	8.1	7.2	9.5	6.9	6.8	46.2
	Two or three sessions weekly	5.3	4.9	6.3	4.0	4.0	3.5	28.0
	Less than two sessions weekly	5.9	5.6	5.6	4.3	2.2	2.2	25.8
	Total	18.8	18.7	19.2	17.7	13.1	12.5	100.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport in the two weeks prior to interview in 2007

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 109: Western Australia regular participants — regular participation in any physical activity (organised and non-organised) by demographics, 2007 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Regular participation rate (b) (%)	Number (‘000)	Regular participation rate (%)	Number (‘000)	Regular participation rate (%)
AGE GROUP (YEARS)						
15 to 24	57.8	38.9	78.8	55.7	136.5	47.1
25 to 34	52.2	37.8	70.8	51.0	123.0	44.4
35 to 44	53.2	35.0	79.6	51.6	132.7	43.4
45 to 54	48.6	34.0	83.5	57.3	132.1	45.8
55 to 64	45.0	39.6	62.9	56.9	107.9	48.1
65 and over	52.1	48.1	50.2	41.2	102.3	44.5
REGION						
Capital city	243.8	40.8	326.9	53.2	570.6	47.1
Rest of state	65.1	31.5	98.9	50.0	164.0	40.6
EMPLOYMENT STATUS						
Employed full time	177.0	34.9	134.1	54.6	311.1	41.3
Employed part time	39.9	43.2	146.3	54.2	186.2	51.4
Unemployed	5.4*	27.7*	11.8*	56.5*	17.2	42.6
Not in the labour force	86.6	46.9	133.6	48.4	220.1	47.8
MARITAL STATUS						
Married	182.0	36.9	249.6	52.2	431.6	44.4
Not married	126.0	41.0	172.3	52.4	298.3	46.9
Refused/Do not know	0.8**	29.3**	3.8**	71.4**	4.6*	56.5*
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	79.3	33.7	136.1	51.5	215.4	43.1
At least one under 18 — none at home	4.4*	24.1*	2.9**	59.5**	7.4*	31.6*
No children under 18	225.2	40.9	286.7	52.8	511.9	46.8
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	93.6	42.7	116.9	55.0	210.5	48.8
Undergraduate diploma or associate diploma	26.3	55.6	47.0	64.1	73.3	60.7
Certificate, trade qualification or apprenticeship	44.7	37.7	54.7	50.4	99.4	43.7
Highest level of secondary school	57.5	33.7	106.3	52.9	163.8	44.1
Did not complete highest level of school	61.1	32.1	80.1	46.9	141.2	39.1
Never went to school	0.0**	0.0**	0.8**	19.5**	0.8**	11.8**
Still at secondary school	19.8	50.0	10.3*	47.4*	30.0	49.1
Other	4.1*	36.1*	7.0*	69.1*	11.0*	51.7*
Refused	2.0**	41.7**	2.6**	25.8**	4.6*	31.0*
INDIGENOUS STATUS						
Non-Indigenous	308.9	39.1	421.6	53.0	730.5	46.1
Indigenous	0.0**	0.0**	4.2*	24.6*	4.2*	14.0*
Total	308.9	38.4	425.7	52.4	734.6	45.5

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, regular participation rate is the number of persons who participated in the activity at least three times per week on average, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 110: Western Australia organised participants — participation in organised physical activity by frequency, age and sex, 2007 (a)

Sex	Age group (years)	None	Up to once per week (b)	Once or twice per week (c)	Three or four times per week (d)	Five or more times per week	Total
		Number ('000)					
Males	15 to 24	54.0	30.5	33.7	21.2	9.3*	148.6
	25 to 34	85.5	19.9	18.4	12.2*	2.4**	138.3
	35 to 44	95.3	24.5	20.3	7.0*	4.9*	151.9
	45 to 54	92.1	17.8	26.5	3.1**	3.2**	142.7
	55 to 64	80.9	10.4*	15.1*	4.1*	3.2**	113.7
	65 and over	74.5	4.1*	16.5	10.5*	2.9**	108.4
	TOTAL		482.2	107.1	130.4	58.0	25.9
Females	15 to 24	68.4	10.3*	35.7	16.7	10.3*	141.4
	25 to 34	69.7	25.1	28.8	10.1*	5.0*	138.6
	35 to 44	92.6	16.7	24.3	15.8	4.5*	154.1
	45 to 54	95.5	12.6*	18.5	11.9*	7.3*	145.8
	55 to 64	71.3	6.5*	17.1	13.2*	2.5**	110.6
	65 and over	76.3	10.0*	23.2	8.4*	3.8**	121.7
	TOTAL		473.8	81.2	147.7	76.3	33.3
Persons	15 to 24	122.3	40.8	69.4	37.9	19.6	290.0
	25 to 34	155.2	45.0	47.1	22.3	7.3*	276.9
	35 to 44	187.9	41.2	44.6	22.8	9.4*	306.0
	45 to 54	187.6	30.4	45.0	15.0*	10.5*	288.5
	55 to 64	152.2	16.9	32.2	17.3	5.7*	224.3
	65 and over	150.8	14.1*	39.7	18.9	6.7*	230.2
	TOTAL		956.0	188.3	278.1	134.3	59.2
Percentage of row							
Males	15 to 24	36.3	20.5	22.7	14.3	6.3*	100.0
	25 to 34	61.8	14.4	13.3	8.8*	1.7**	100.0
	35 to 44	62.7	16.1	13.4	4.6*	3.2*	100.0
	45 to 54	64.6	12.5	18.5	2.1**	2.3**	100.0
	55 to 64	71.1	9.1*	13.3*	3.6*	2.8**	100.0
	65 and over	68.7	3.8*	15.2	9.7*	2.7**	100.0
	TOTAL		60.0	13.3	16.2	7.2	3.2
Females	15 to 24	48.4	7.3*	25.3	11.8	7.3*	100.0
	25 to 34	50.3	18.1	20.7	7.3*	3.6*	100.0
	35 to 44	60.1	10.9	15.8	10.3	2.9*	100.0
	45 to 54	65.5	8.6*	12.7	8.2*	5.0*	100.0
	55 to 64	64.4	5.9*	15.4	12.0*	2.3**	100.0
	65 and over	62.6	8.2*	19.1	6.9*	3.1**	100.0
	TOTAL		58.3	10.0	18.2	9.4	4.1
Persons	15 to 24	42.2	14.1	23.9	13.1	6.8	100.0
	25 to 34	56.0	16.2	17.0	8.1	2.6*	100.0
	35 to 44	61.4	13.5	14.6	7.5	3.1*	100.0
	45 to 54	65.0	10.5	15.6	5.2*	3.6*	100.0
	55 to 64	67.8	7.5	14.4	7.7	2.6*	100.0
	65 and over	65.5	6.1*	17.2	8.2	2.9*	100.0
	TOTAL		59.2	11.7	17.2	8.3	3.7

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 11.1: Western Australia organised participants — participation in organised physical activity by cumulative frequency, age and sex, 2007 (a)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	30.5	64.2	38.9	30.5	94.7
	25 to 34	19.9	32.9	21.9	14.5*	52.8
	35 to 44	24.5	32.2	18.9	11.9*	56.7
	45 to 54	17.8	32.7	16.8	6.3*	50.6
	55 to 64	10.4*	22.4	13.8*	7.3*	32.8
	65 and over	4.1*	29.8	18.3	13.4*	33.9
	TOTAL		107.1	214.3	128.6	83.9
Females	15 to 24	10.3*	62.7	37.3	27.0	73.0
	25 to 34	25.1	43.8	24.5	15.1*	68.9
	35 to 44	16.7	44.7	33.3	20.4	61.4
	45 to 54	12.6*	37.7	27.1	19.2	50.3
	55 to 64	6.5*	32.8	23.9	15.7	39.3
	65 and over	10.0*	35.5	22.1	12.2*	45.5
	TOTAL		81.2	257.3	168.2	109.6
Persons	15 to 24	40.8	126.9	76.2	57.5	167.7
	25 to 34	45.0	76.8	46.5	29.6	121.7
	35 to 44	41.2	76.9	52.2	32.3	118.1
	45 to 54	30.4	70.5	43.9	25.5	100.9
	55 to 64	16.9	55.2	37.6	23.0	72.1
	65 and over	14.1*	65.3	40.4	25.6	79.4
	TOTAL		188.3	471.5	296.8	193.5

Total participation rate (%) (b)

Males	15 to 24	20.5	43.2	26.2	20.5	63.7
	25 to 34	14.4	23.8	15.9	10.5*	38.2
	35 to 44	16.1	21.2	12.4	7.8*	37.3
	45 to 54	12.5	22.9	11.7	4.4*	35.4
	55 to 64	9.1*	19.7	12.1*	6.4*	28.9
	65 and over	3.8*	27.5	16.9	12.3*	31.3
	TOTAL		13.3	26.7	16.0	10.4
Females	15 to 24	7.3*	44.4	26.4	19.1	51.6
	25 to 34	18.1	31.6	17.7	10.9*	49.7
	35 to 44	10.9	29.0	21.6	13.2	39.9
	45 to 54	8.6*	25.9	18.6	13.2	34.5
	55 to 64	5.9*	29.7	21.6	14.2	35.6
	65 and over	8.2*	29.1	18.1	10.0*	37.4
	TOTAL		10.0	31.7	20.7	13.5
Persons	15 to 24	14.1	43.8	26.3	19.8	57.8
	25 to 34	16.2	27.7	16.8	10.7	44.0
	35 to 44	13.5	25.1	17.1	10.5	38.6
	45 to 54	10.5	24.4	15.2	8.8	35.0
	55 to 64	7.5	24.6	16.8	10.3	32.2
	65 and over	6.1*	28.4	17.5	11.1	34.5
	TOTAL		11.7	29.2	18.4	12.0

(a) Relates to persons aged 15 years and over who participated in organised physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 112: Western Australia organised participants — total participation in organised activities by type of organisation, age and sex, 2007 (a)

Sex	Age group (years)	Fitness, leisure or	Sport or	Work	School	Other	Total organised participation
		indoor sports centre	recreation club or association				
		Number ('000)					
Males	15 to 24	41.0	65.9	1.5**	13.6*	1.5**	94.7
	25 to 34	18.1	43.0	2.7**	1.2**	1.2**	52.8
	35 to 44	15.0*	40.6	4.1*	1.0**	7.0*	56.7
	45 to 54	23.2	34.7	1.0**	0.0**	2.1**	50.6
	55 to 64	11.0*	26.5	1.7**	0.0**	2.0**	32.8
	65 and over	9.7*	24.2	0.0**	0.0**	4.5*	33.9
	TOTAL		117.9	235.0	10.9*	15.8	18.3
Females	15 to 24	23.3	40.7	1.6**	19.0	10.8*	73.0
	25 to 34	35.2	44.2	2.1**	1.0**	3.9**	68.9
	35 to 44	24.3	40.2	0.8**	1.5**	5.3*	61.4
	45 to 54	25.2	29.8	1.3**	0.7**	4.6*	50.3
	55 to 64	16.4	22.2	0.0**	0.8**	6.5*	39.3
	65 and over	15.4*	28.5	0.0**	0.0**	11.5*	45.5
	TOTAL		139.8	205.5	5.8*	23.0	42.7
Persons	15 to 24	64.3	106.6	3.1**	32.6	12.2*	167.7
	25 to 34	53.3	87.2	4.7*	2.2**	5.1*	121.7
	35 to 44	39.3	80.8	4.8*	2.5**	12.3*	118.1
	45 to 54	48.3	64.5	2.3**	0.7**	6.7*	100.9
	55 to 64	27.5	48.7	1.7**	0.8**	8.6*	72.1
	65 and over	25.1	52.8	0.0**	0.0**	16.0	79.4
	TOTAL		257.7	440.5	16.6	38.8	60.9
Total participation rate (%) (b)							
Males	15 to 24	27.6	44.4	1.0**	9.2*	1.0**	63.7
	25 to 34	13.1	31.1	1.9**	0.9**	0.9**	38.2
	35 to 44	9.9*	26.7	2.7*	0.6**	4.6*	37.3
	45 to 54	16.2	24.3	0.7**	0.0**	1.4**	35.4
	55 to 64	9.7*	23.3	1.5**	0.0**	1.8**	28.9
	65 and over	8.9*	22.4	0.0**	0.0**	4.2*	31.3
	TOTAL		14.7	29.2	1.4*	2.0	2.3
Females	15 to 24	16.5	28.8	1.1**	13.4	7.6*	51.6
	25 to 34	25.4	31.9	1.5**	0.7**	2.8**	49.7
	35 to 44	15.8	26.1	0.5**	1.0**	3.4*	39.9
	45 to 54	17.3	20.4	0.9**	0.5**	3.2*	34.5
	55 to 64	14.9	20.0	0.0**	0.7**	5.9*	35.6
	65 and over	12.6*	23.4	0.0**	0.0**	9.5*	37.4
	TOTAL		17.2	25.3	0.7*	2.8	5.3
Persons	15 to 24	22.2	36.8	1.1**	11.2	4.2*	57.8
	25 to 34	19.2	31.5	1.7*	0.8**	1.8*	44.0
	35 to 44	12.8	26.4	1.6*	0.8**	4.0*	38.6
	45 to 54	16.8	22.4	0.8**	0.2**	2.3*	35.0
	55 to 64	12.3	21.7	0.8**	0.4**	3.8*	32.2
	65 and over	10.9	22.9	0.0**	0.0**	7.0	34.5
	TOTAL		16.0	27.3	1.0	2.4	3.8

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 113: Western Australia participants — total participation in specific activities (organised and non-organised) by sex, 2007 (a)

Activity	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
Aerobics/fitness	107.3	13.3	223.2	27.5	330.4	20.4
Aquarobics	1.0**	0.1**	18.5	2.3	19.6	1.2
Athletics/track and field	5.1*	0.6*	2.7**	0.3**	7.9*	0.5*
Australian football	45.9	5.7	2.9**	0.4**	48.8	3.0
Badminton	5.5*	0.7*	10.8*	1.3*	16.3	1.0
Baseball	3.6**	0.5**	0.0**	0.0**	3.6**	0.2**
Basketball	42.4	5.3	23.6	2.9	66.0	4.1
Billiards/snooker/pool	1.0**	0.1**	0.8**	0.1**	1.8**	0.1**
Boxing	4.9*	0.6*	1.6**	0.2**	6.5*	0.4*
Canoeing/kayaking	13.0*	1.6*	6.5*	0.8*	19.5	1.2
Carpet bowls	2.9**	0.4**	0.8**	0.1**	3.6**	0.2**
Cricket (indoor)	11.0*	1.4*	0.0**	0.0**	11.0*	0.7*
Cricket (outdoor)	32.9	4.1	3.4**	0.4**	36.3	2.2
Cycling	101.1	12.6	71.7	8.8	172.8	10.7
Dancing	6.1*	0.8*	37.8	4.7	43.9	2.7
Darts	2.0**	0.3**	0.0**	0.0**	2.0**	0.1**
Fishing	26.0	3.2	5.5*	0.7*	31.5	1.9
Football (indoor)	25.4	3.2	4.8*	0.6*	30.2	1.9
Football (outdoor)	35.2	4.4	13.6*	1.7*	48.8	3.0
Golf	76.5	9.5	15.5*	1.9*	92.0	5.7
Gymnastics	3.2**	0.4**	0.0**	0.0**	3.2**	0.2**
Hockey (indoor)	2.0**	0.3**	0.0**	0.0**	2.0**	0.1**
Hockey (outdoor)	20.8	2.6	7.4*	0.9*	28.2	1.7
Horse riding/equestrian activities/polocrosse	2.8**	0.4**	12.7*	1.6*	15.6	1.0
Ice/snow sports	1.5**	0.2**	3.0**	0.4**	4.5*	0.3*
Lawn bowls	14.4*	1.8*	18.7	2.3	33.2	2.1
Martial arts	16.3	2.0	14.3*	1.8*	30.6	1.9
Motor sports	10.3*	1.3*	0.8**	0.1**	11.1*	0.7*
Netball	5.6*	0.7*	51.3	6.3	56.9	3.5
Orienteering	3.0**	0.4**	6.6*	0.8*	9.6*	0.6*
Rock climbing	3.3**	0.4**	1.5**	0.2**	4.8*	0.3*
Roller sports	8.9*	1.1*	3.4**	0.4**	12.3*	0.8*
Rowing	2.3**	0.3**	2.1**	0.3**	4.4*	0.3*
Rugby league	2.9**	0.4**	0.0**	0.0**	2.9**	0.2**
Rugby union	11.2*	1.4*	1.6**	0.2**	12.8*	0.8*
Running	79.9	9.9	56.5	7.0	136.4	8.4
Sailing	3.5**	0.4**	5.8*	0.7*	9.3*	0.6*
Scuba diving	12.0*	1.5*	5.1*	0.6*	17.1	1.1
Shooting sports	4.4*	0.5*	0.8**	0.1**	5.2*	0.3*
Softball	3.1**	0.4**	4.4*	0.5*	7.5*	0.5*
Squash/racquetball	13.2*	1.6*	4.4*	0.5*	17.6	1.1
Surf sports	33.4	4.2	7.3*	0.9*	40.6	2.5
Swimming	96.6	12.0	129.1	15.9	225.7	14.0
Table tennis	2.2**	0.3**	0.0**	0.0**	2.2**	0.1**
Tennis	44.0	5.5	28.0	3.4	72.0	4.5
Tenpin bowling	3.8**	0.5**	7.3*	0.9*	11.1*	0.7*
Touch football	5.3*	0.7*	3.4**	0.4**	8.6*	0.5*
Triathlon	3.8**	0.5**	0.7**	0.1**	4.5*	0.3*
Volleyball	11.5*	1.4*	9.9*	1.2*	21.4	1.3
Walking (bush)	35.0	4.4	48.8	6.0	83.8	5.2
Walking (other)	176.6	22.0	357.7	44.0	534.3	33.1
Water polo	2.1**	0.3**	1.6**	0.2**	3.7**	0.2**
Waterskiing/powerboating	9.8*	1.2*	3.7**	0.5**	13.5*	0.8*
Weight training	19.7	2.5	16.9	2.1	36.6	2.3
Yoga	8.5*	1.1*	41.3	5.1	49.8	3.1

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 114: Western Australia participants — total participation in specific activities by type of activity, 2007 (a)

Activity	Number ('000)			Total participation rate (%) (b)		
	Organised	Non-organised	Total	Organised	Non-organised	Total
Aerobics/fitness	179.2	168.1	330.4	11.1	10.4	20.4
Aquarobics	14.2*	6.8*	19.6	0.9*	0.4*	1.2
Athletics/track and field	6.2*	1.6**	7.9*	0.4*	0.1**	0.5*
Australian football	37.3	14.4*	48.8	2.3	0.9*	3.0
Badminton	12.3*	4.0*	16.3	0.8*	0.2*	1.0
Baseball	2.6**	1.0**	3.6**	0.2**	0.1**	0.2**
Basketball	45.9	24.6	66.0	2.8	1.5	4.1
Billiards/snooker/pool	1.0**	0.8**	1.8**	0.1**	0.0**	0.1**
Boxing	2.5**	4.0*	6.5*	0.2**	0.2*	0.4*
Canoeing/kayaking	4.3*	17.7	19.5	0.3*	1.1	1.2
Carpet bowls	3.6**	-	3.6**	0.2**	-	0.2**
Cricket (indoor)	11.0*	2.4**	11.0*	0.7*	0.1**	0.7*
Cricket (outdoor)	22.1	20.6	36.3	1.4	1.3	2.2
Cycling	7.3*	168.3	172.8	0.4*	10.4	10.7
Dancing	31.2	16.9	43.9	1.9	1.0	2.7
Darts	2.0**	-	2.0**	0.1**	-	0.1**
Fishing	1.7**	30.8	31.5	0.1**	1.9	1.9
Football (indoor)	14.8*	17.8	30.2	0.9*	1.1	1.9
Football (outdoor)	29.2	23.3	48.8	1.8	1.4	3.0
Golf	49.9	54.4	92.0	3.1	3.4	5.7
Gymnastics	2.2**	1.1**	3.2**	0.1**	0.1**	0.2**
Hockey (indoor)	2.0**	-	2.0**	0.1**	-	0.1**
Hockey (outdoor)	27.2	3.0**	28.2	1.7	0.2**	1.7
Horse riding/equestrian activities/polocrosse	9.2*	10.4*	15.6	0.6*	0.6*	1.0
Ice/snow sports	1.6**	2.9**	4.5*	0.1**	0.2**	0.3*
Lawn bowls	31.4	3.7**	33.2	1.9	0.2**	2.1
Martial arts	28.0	4.0*	30.6	1.7	0.2*	1.9
Motor sports	7.4*	5.8*	11.1*	0.5*	0.4*	0.7*
Netball	50.9	7.9*	56.9	3.1	0.5*	3.5
Orienteering	6.9*	2.7**	9.6*	0.4*	0.2**	0.6*
Rock climbing	2.1**	2.7**	4.8*	0.1**	0.2**	0.3*
Roller sports	-	12.3*	12.3*	-	0.8*	0.8*
Rowing	3.6**	1.7**	4.4*	0.2**	0.1**	0.3*
Rugby league	1.5**	1.5**	2.9**	0.1**	0.1**	0.2**
Rugby union	12.8*	2.0**	12.8*	0.8*	0.1**	0.8*
Running	15.1*	127.5	136.4	0.9*	7.9	8.4
Sailing	6.9*	3.1**	9.3*	0.4*	0.2**	0.6*
Scuba diving	6.1*	14.5*	17.1	0.4*	0.9*	1.1
Shooting sports	2.9**	2.3**	5.2*	0.2**	0.1**	0.3*
Softball	7.5*	-	7.5*	0.5*	-	0.5*
Squash/racquetball	4.5*	13.8*	17.6	0.3*	0.9*	1.1
Surf sports	4.2*	38.6	40.6	0.3*	2.4	2.5
Swimming	37.4	197.5	225.7	2.3	12.2	14.0
Table tennis	-	2.2**	2.2**	-	0.1**	0.1**
Tennis	33.4	45.2	72.0	2.1	2.8	4.5
Tenpin bowling	6.7*	4.4*	11.1*	0.4*	0.3*	0.7*
Touch football	7.4*	2.0**	8.6*	0.5*	0.1**	0.5*
Triathlon	3.3**	1.9**	4.5*	0.2**	0.1**	0.3*
Volleyball	17.5	6.2*	21.4	1.1	0.4*	1.3
Walking (bush)	6.6*	82.7	83.8	0.4*	5.1	5.2
Walking (other)	20.7	523.1	534.3	1.3	32.4	33.1
Water polo	2.1**	2.7**	3.7**	0.1**	0.2**	0.2**
Waterskiing/powerboating	2.5**	13.5*	13.5*	0.2**	0.8*	0.8*
Weight training	14.2*	25.5	36.6	0.9*	1.6	2.3
Yoga	29.1	24.5	49.8	1.8	1.5	3.1

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2007

(b) For any group, total participation rate is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

11 Explanatory notes

11.1 Introduction

ERASS collects information on participation in physical activity for exercise, recreation and sport by the Australian population. Participation is restricted to active 'playing' participation and does not include non-playing participation such as coaching, refereeing and being a spectator, or activities that are related to work or household chores. Practice and training activities are included.

The survey is conducted quarterly throughout Australia, with the 2007 fieldwork undertaken by ACNielsen Research. Results for 2007 were compiled by aggregating the four quarterly surveys conducted in February, May, August and November.

11.2 Scope

The survey collects information on persons who participated in exercise, recreation and sport in the 12 months prior to interview. The scope of the survey was all persons aged 15 years and over in occupied private dwellings (excludes people in special dwellings such as hospitals, hotels, nursing homes, etc.).

11.3 Methodology

Mode: All interviews were conducted by telephone using ACNielsen's Computer-Assisted Telephone Interviewing (CATI) system.

Sample design: The sample design was a random survey stratified by state and territory. The sample is selected from the Random Digit Dialling (RDD) and one person is randomly selected per dwelling to complete the interview (based on last birthday method).

Total sample: The total sample of records used to produce estimates for 2007 was 16,400 persons aged 15 years and over. This sample was then weighted (by age, sex and geographic area) to the population in occupied private dwellings (16,236,400) using ABS estimates. Note that the sample in 2007 was greater than that in previous years because the Victorian sample was boosted by 2,728. The Victorian boost sample was funded by Sport and Recreation Victoria and VicHealth. In 2007 Sport and Recreation Victoria and VicHealth agreed to release more data than had previously been the case. The main impact of this increase in sample was to reduce the standard errors for Victorian and Australian total estimates.

Overall response rate: The overall response rate was 31.4%. The response rate is the number of completed interviews divided by the number of contacts plus those where there was no answer after four calls.

11.4 Questionnaire

The questionnaire covers three main areas:

- Physical activity for exercise, recreation and sport over the last 12 months, identifying up to ten different types of activities participated in over the last 12 months, and for each type of activity determining whether it was organised by a club or association, the type of club or association and the number of times that activity was engaged in over the last 12 months

- Physical activity for exercise, recreation and sport over the last two weeks, identifying the frequency and duration of participation in three activities that the respondent participated in during the two weeks prior to interview. The three activities chosen were those they participated in most over the 12 months prior to interview. This section was first added in 2005 and was again collected in 2006 and 2007
- Demographics — covers sex, age, marital status, number and age of children, educational qualifications, employment status, Indigenous status, language spoken at home and postcode.

A copy of the questionnaire can be found in section 12.

11.5 Comparability of the data

The survey was first conducted in 2001. This publication provides results from the seventh annual survey, which was conducted in 2007. The survey will also be conducted in 2008, which will allow a comparison of participation in physical activity for exercise, recreation and sport over an eight-year period.

ERASS is not comparable with data collected through other surveys of participation in physical activity. In particular, the data cannot be directly compared with participation surveys conducted by the Australian Bureau of Statistics (for example, Population Survey Monitor and Multi Purpose Household Survey) and by Sweeney Sports (Sweeney Research). This is due to differences in the scope, methodology and questionnaire design of the various surveys.

11.6 Weighting the data

The data are weighted at the state (eight states and territories) by region (capital city and rest of state), age (15–24, 25–34, 35–44, 45–54, 55–64, and 65 and over) and sex level. Population estimates used are ABS population projections based on the 2006 Census for persons in Occupied Private Dwellings (OPD).

11.7 Standard errors and relative standard errors

Since the estimates presented in the tables are based on information from a sample of persons selected randomly by telephone number, they are subject to sampling variability; that is, they may differ from those that would have been produced if all persons had been included in the survey.

One measure of the likely difference is given by the standard error (SE), which indicates the extent to which an estimate might have varied by chance because only a sample of persons was included. There are about two chances in three (67%) that a sample estimate will vary by less than one standard error from the number that would have been obtained if all persons had been included, and about 19 chances in 20 (95%) that the difference will be less than two standard errors.

A table of standard errors for ERASS is provided at the end of this section. Note that standard errors vary by state and territory and for Australia in total.

As an example of the use of the standard error table, if it was estimated from ERASS that 100,000 persons aged 15 years and over in Australia participated in any physical activity in 2007, then from the table of standard errors we know that the standard error for an estimate of 100,000 for Australia is 12,800. Therefore we are 67% confident that if we surveyed the entire Australian population the result would be within one standard error; that is, between 87,200 (100,000 - 12,800) and 112,800 (100,000 + 12,800). Similarly, we would be 95% confident that, if we surveyed the entire Australian population, the result would be within two standard errors; that is, between 74,400 [100,000 - (2 x 12,800)] and 125,600 [100,000 + (2 x 12,800)].

Another measure of accuracy is the relative standard error (RSE), which is obtained by expressing the standard error as a percentage of the estimate. In the above example it is 12.8%. The relative standard error is a useful measure in that it provides an indication of the relative accuracy of the estimate, compared to other estimates. In the table at the end of this section, each standard error is also expressed as a relative standard error.

For the tables provided in this publication, only estimates with relative standard errors of less than 25% are considered sufficiently reliable for most purposes. However, estimates with relative standard errors of between 25% and 50% have been included and are followed by a single asterisk (*) to indicate that they should be treated with caution and viewed as being merely indicative of the magnitude involved. Estimates with relative standard errors greater than 50% are followed by a double asterisk (**) and are subject to sampling error too high for most practical purposes.

The table at the end of this section also gives the relative standard error cut-offs to be used when applying, if required, a single or double asterisk to the estimate. Note that the standard errors, and hence the cut-offs, vary by state and territory and for Australia in total. As an example of using these relative standard error cut-offs, for New South Wales, an estimate between 11,056 and 41,091 should be followed by a single asterisk and used with caution, and an estimate less than 11,056 should be followed by a double asterisk and will be considered too unreliable for general use.

11.8 Significance testing

When differences are detected between statistics, it is important to test to determine if those perceived differences are statistically significant or just due to sampling variability. For example, in 2007 for Australia, total participation by males aged 45–54 was 1,059,700 (giving a participation rate of 75.9%) and for males aged 55–64 it was 816,500 (a participation rate of 72.2%). Are these differences significant?

The standard error on the difference between two estimates (e_1 and e_2) is approximated by the square root of the sum of the square of the standard errors for e_1 and e_2 . Therefore, in the above example, the standard error on the difference between the two estimates of the number of participants (1,059,700 - 816,500 = 243,200) is approximated by the square root of the sum of the square of the standard errors for 1,059,700 and 816,500; that is, square root of $[(38,000)^2 + (34,400)^2]$ or 51,258.

Therefore, we can be 95% confident that the difference of 243,200 is statistically significant if it is greater than twice the standard error of the difference, or 102,516 (2 x 51,258). This is true, therefore the differences in the estimates (and therefore the participation rates based on these estimates, namely 75.9% and 72.2%) are statistically significant.

Exercise, Recreation and Sport Survey 2007

Standard errors

Size of estimate	NSW no.	VIC no.	QLD no.	SA no.	WA no.	TAS no.	NT no.	ACT no.	Australia no.
1,000	1,800	1,000	1,500	1,000	1,000	600	400	400	1,400
2,000	2,500	1,400	2,100	1,300	1,400	800	500	500	2,000
5,000	3,800	2,200	3,300	2,000	2,200	1,200	800	800	3,100
10,000	5,300	3,000	4,600	2,840	3,100	1,600	1,200	1,200	4,300
20,000	7,300	4,280	6,300	3,900	4,400	2,200	1,600	1,700	6,000
50,000	11,300	6,700	9,800	6,100	6,900	3,300	2,700	2,800	9,200
100,000	15,600	9,400	13,700	8,500	9,600	4,500	3,700	4,000	12,800
200,000	21,600	13,200	19,000	11,800	13,400	6,200	5,400	5,800	17,800
500,000	33,500	20,500	29,500	18,000	21,000	9,500	na	9,500	27,600
800,000	41,600	25,600	36,800	22,400	26,400	na	na	na	34,400
1,000,000	46,000	29,000	41,000	25,000	29,000	na	na	na	38,000
1,500,000	55,500	36,000	49,500	30,000	36,000	na	na	na	47,000
2,000,000	64,000	40,000	58,000	na	na	na	na	na	54,000
5,000,000	100,000	65,000	na	na	na	na	na	na	85,000
8,000,000	na	na	na	na	na	na	na	na	104,000

* na is not applicable (exceeds relevant population in state or territory)

Relative standard errors

Size of estimate	NSW %	VIC %	QLD %	SA %	WA %	TAS %	NT %	ACT %	Australia %
1,000	177.8	98.9	151.4	95.1	101.9	55.5	35.3	36.5	142.6
2,000	123.3	69.4	105.4	66.1	71.4	38.0	25.2	26.2	99.2
5,000	76.0	43.4	65.3	40.8	44.6	23.0	16.1	16.9	61.4
10,000	52.7	30.5	45.5	28.4	31.3	15.7	11.5	12.1	42.8
20,000	36.6	21.4	31.7	19.7	21.9	10.8	8.2	8.7	29.8
50,000	22.5	13.4	19.6	12.2	13.7	6.5	5.3	5.6	18.4
100,000	15.6	9.4	13.7	8.5	9.6	4.5	3.7	4.0	12.8
200,000	10.8	6.6	9.5	5.9	6.7	3.1	2.7	2.9	8.9
500,000	6.7	4.1	5.9	3.6	4.2	1.9	na	1.9	5.5
800,000	5.2	3.2	4.6	2.8	3.3	na	na	na	4.3
1,000,000	4.6	2.9	4.1	2.5	2.9	na	na	na	3.8
1,500,000	3.7	2.4	3.3	2.0	2.4	na	na	na	3.1
2,000,000	3.2	2.0	2.9	na	na	na	na	na	2.7
5,000,000	2.0	1.3	na	na	na	na	na	na	1.7
8,000,000	na	na	na	na	na	na	na	na	1.3

Relative standard error cut-offs

RSE cut-off	NSW no.	VIC no.	QLD no.	SA no.	WA no.	TAS no.	NT no.	ACT no.	Australia no.
25%*	41,091	14,737	31,492	12,731	15,460	4,292	2,033	2,204	27,901
50%**	11,056	3,796	8,347	3,400	4,003	1,209	490	517	7,414

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

12 Exercise, Recreation and Sport Survey questionnaire 2007

The following questions are about physical activities you have participated in during the last 12 months for exercise, recreation or sport. Do not include any activities that were part of work or household and garden chores.

- Q1 During the last 12 months did you participate in any physical activities for exercise, recreation or sport?
- Yes 1 Go to Q2
- No 2 Go to Q7
- Don't know 9 Go to Q7
- Q2 What activities did you participate in?
- Up to maximum of ten activities to be coded*
- For each activity — ask Q3–Q5*
- Q3 Was any of this (activity) organised by a club, association or other type of organisation?
- Yes, all (organised) 1 Go to Q4
- Yes, some (organised) 2 Go to Q4
- No 3 Go to Q5
- Don't know 9 Go to Q5
- Q4 What type of club, association or organisation organised the (activity)?
- (multiple response)**
- Fitness, leisure or indoor sports centre that required payment for participation 1
 - Sport or recreation club or association that required payment of membership, fees or registration 2
 - Work 3
 - School 4
 - Other (specify) 8

- Q5 Including any practice or training, approximately how many times did you participate in (activity) during the last 12 months?
Record actual number
[Ask Q6a and Q6b only for the 'top three sports' based on the frequency of activities reported at Q5]
- Q6a Now thinking about the activities you have mentioned, during the last two weeks, how many sessions of [activity 1, 2, 3] did you participate in?
- Q6b On average, how long was each session of [activity 1, 2, 3] during the two-week period?
- Q7 Sex of respondent
Male1
Female2
- Q8 What is your current age?
(Record age)
- Q9 Which of the following best describes your current marital status? (Read out)
Married1
De facto2
Separated3
Divorced4
Widowed5
Never married6
Refused7
- Q10 Do you have any children under 18 years of age?
Yes 1 Go to Q11
No 2 Go to Q13
- Q11 How many of these children are living with you? (Record actual number. If zero then go to Q13)
- Q12 What is the age of each of these children who are under 18 years of age and living with you?
(Record actual age of each child)

- Q13 What is the highest educational qualification you have completed?
- University degree or higher (including postgraduate diploma)1
 - Undergraduate diploma or associate diploma.....2
 - Certificate, trade qualification or apprenticeship.....3
 - Highest level of secondary school.....4
 - Did not complete highest level of school.....5
 - Never went to school.....6
 - Still at secondary school.....7
 - Other (specify)8
 - Refused9
- Q14 Do you have a full-time or part-time job of any kind?
- Yes 1 Go to Q15
 - Yes 2 Go to Q17
- Q15 Do you have more than one job?
- Yes1
 - No.....2
- Q16 How many hours a week do you usually work (in all jobs)?
- Go to Q18
- Q17 Did you look for work at any time in the last four weeks?
- Yes1
 - No.....2
- Q18 Which language or languages do you speak at home? (Please indicate all languages spoken)
- Q19 Are you of Aboriginal or Torres Strait Islander origin?
- Q20 What is the postcode of the suburb/area where you live? (Record postcode)

Questionnaire attachment — list of activities

1	Calisthenics	41	Football — sevens
2	Chinese exercise	42	Football — modball
3	Exercise bike	43	Football — rugby union
4	Gymnasium workouts	44	Football — soccer (indoor)
5	Military exercise	45	Football — fluffy ball
6	Prime movers=>50s	46	Football — futsal
7	Step Reebok	47	Football — soccer (outdoor)
8	Aerobics/exercising/other	48	Football — touch
9	Aerobatics	49	Football — Austag
10	Balloonng	50	Golf
11	Gliding	51	Gymnastics
12	Gyroplane flying	52	Trampolining
13	Hang gliding	53	Hockey (indoor)
14	Model aeroplane flying	54	Hockey (outdoor)
15	Ultralight flying	55	Horseriding/equestrian activities
16	Air sports — other	56	Blade-skating
17	Archery	57	Ice hockey
18	Bow hunting	58	Ice skating
19	Athletics — track and field	59	Snow skiing
20	Badminton	60	Ice/snow sports — other
21	Baseball	61	Lacrosse (outdoor)
22	Basketball (indoor and outdoor)	62	Lawn bowls
23	Billiards	63	Chi kung
24	Pool	64	Eastern — judo
25	Snooker	65	Judo
26	Bocce/French bowls (outdoor)	66	Karate
27	Boxing	67	Kickboxing
28	Canoeing	68	Taekwondo
29	Kayaking	69	Tai Chi
30	Carpet bowls	70	Yoga
31	Cricket (indoor)	71	Martial arts — other
32	Cricket (outdoor) — Vigoro	72	Motor sports — go-karting
33	Croquet	73	Motor sports — track
34	Cycling	74	Motor sports — trail bike
35	BMX	75	Motor sports — other
36	Mountain bike	76	Netball (indoor)
37	Darts	77	Netball (outdoor)
38	Football — Australian rules	78	Cross-country running
39	Football — gridiron (US)	79	Orienteering
40	Football — rugby league	80	Rogaining

81	Rodeo	124	Fishing
82	Inline hockey	125	Electric light cricket
83	Rollerblading	126	Wheelchair ice hockey
84	Skateboarding	127	Scuba diving
85	Roller sports — other	128	Water polo
86	Rowing	129	Dog racing
87	Jogging	130	Walking — bush
88	Running (for example, marathon)	131	Walking — other (specify)
89	Sailing (outrigging)	133	Abseiling
90	Hunting	134	Caving
91	Paintball shooting	135	Rock climbing
92	Pistol shooting	136	Handball
93	Shooting sports — other	137	Fencing
94	Softball	138	Gorilla ball
95	Squash	139	Racquet ball
96	Surf lifesaving/Royal lifesaving	140	Ultimate frisbee
97	Sailboarding	141	Gaelic football
98	Windsurfing	142	Horsereading (strapping)
99	Surfing	143	Teeball (T-ball)
100	Surf sports — other	144	Boomerang throwing
101	Diving (board)	145	Water volleyball
102	Swimming	146	Woodchopping
103	Table tennis	147	Dog shows
104	Tennis (outdoor)	148	Sheepdog trials
105	Tenpin bowling	149	Winter Olympics
106	Triathlons	150	Marching
107	Volleyball (indoor) — rebound	151	Aquarobics
108	Newcombe ball	152	Korfball
109	Volleyball (outdoor)	153	Underwater hockey
110	Jet skiing	154	Sofcrosse
111	Powerboating	155	Commonwealth Games
112	Waterskiing	156	Royal tennis
113	Wrestling	157	Broom ball
114	Tennis (indoor)	158	Polocrosse
115	Lacrosse (indoor)	159	Leader ball
116	Canoe polo	160	Pigeon racing
117	Bodybuilding	161	Weight-lifting (competition)
118	Circuits	162	Play
119	Power team	163	Putt-putt golf
120	Weight training for fitness — other	164	Grockey
121	Ballet	165	Other activities (specify 1)
122	Boot scooting	166	Other activities (specify 2)
123	Dancing — other	167	Treadmill

13 References

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