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Australian Sports Commission

Department of Health and Ageing

Participation in Exercise, Recreation and Sport



Annual Report 2008



Government of South Australia
Office for Recreation and Sport



Department of Sport and Recreation

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1 Executive summary

Background

The Exercise, Recreation and Sport Survey (ERASS) collects information on the frequency, duration, nature and type of physical activities that are participated in for exercise, recreation or sport by persons aged 15 years and over. ERASS has been collecting this information since 2001. It was conducted quarterly in 2008 with an annual total of 17,293 respondents across Australia. A summary of key findings is provided below.

Main findings

Participation in any physical activity

'Any physical activity' is physical activity for exercise, recreation or sport. It includes activities that were organised by a club, association or other type of organisation, and activities that were non-organised. It excludes activities that were part of household or garden duties, or work.

- An estimated 13.8 million persons aged 15 years and over, or 83.4% of the population living in occupied private dwellings, participated at least once annually in physical activity for exercise, recreation or sport. This is the **total participation rate** in any physical activity.
- An estimated 11.9 million persons aged 15 years and over, or 71.5% of the population, participated at least once per week, on average, in physical activity. This is the **weekly participation rate**.
- An estimated 8.2 million persons aged 15 years and over, or 49.3% of the population, participated at least three times per week, on average, in physical activity. This is the **regular participation rate**.
- The median frequency of participation in any physical activity was 2.9 times per week in 2008. Females (3.0 times per week) tended to participate more frequently than males (2.5 times).
- An estimated 8.2 million persons, or 49.2% of the population, participated for two hours or more per week in the two weeks prior to interview in 2008. An estimated 3.6 million persons, or 21.9% of the population, participated for five hours or more per week in the two weeks prior to interview.
- The regular participation rate in any physical activity increased 12 percentage points between 2001 and 2008 (from 37.2% to 49.3%). This increase occurred equally for both males and females.
- Except in the youngest and oldest age groups, females had higher regular participation rates in any physical activity. Regular participation rates in any physical activity were also higher among the university-educated and those still at secondary school.
- Persons speaking a non-European language at home, especially females, had lower than average regular participation rates.
- While females participated in physical activity more regularly than males, males participated for a longer duration. This was especially true for males aged between 15 and 24 years (these participants took part in physical activity 4.2 hours per week, on average). With the exception of this youngest male age group, duration of participation tended to increase with age for females and males, peaking for females at 55 to 64 years.
- The number of different physical activities participated in was strongly related to age for both males and females. Participants aged between 15 and 24 years participated in an average of 2.8 different physical activities in the 12 months prior to interview in 2008. Among participants aged 65 years and over, this decreased to 1.7 different physical activities, on average.

- The top ten physical activities in 2008, in terms of the total participation rate, were walking, aerobics/fitness, swimming, cycling, running, golf, tennis, bushwalking, outdoor football and netball. An estimated 6.5 million persons, or 39.2% of the population, participated at least once in walking for exercise, recreation or sport in 2008.
- In terms of the top ten physical activities, the largest increase in total participation between 2001 and 2008 was for aerobics/fitness, increasing by 99% over 2001. Participation in walking, outdoor football, running, bushwalking and cycling also increased over 2001.
- Activities experiencing declines in participation between 2001 and 2008 included tennis (down 19% over 2001) and golf (down 5%).

Participation in non-organised physical activity

‘Non-organised physical activity’ is physical activity for exercise, recreation or sport that was non-organised in full or in part (that is, not fully organised by a club, association or other type of organisation).

- The **total participation rate** in non-organised physical activity was 72.5% in 2008. Most participants engaged in partially or fully non-organised activities (86.6%).
- An estimated 6.6 million persons aged 15 years and over participated at least three times per week in non-organised physical activities, a **regular participation rate** of 39.7%.
- The regular participation rate in non-organised physical activity increased 12 percentage points between 2001 and 2008. This increase occurred for both males and females. Although the regular participation rate in organised physical activity also increased in the same period, increases were small. Overall increases in physical activity were mainly due to increases in non-organised participation.
- Females had higher regular participation rates in non-organised physical activity (42.6%) than males (36.7%). This was true in all age groups except the oldest.
- Regular participation in non-organised physical activity gradually increased with age for females and males, peaking at 55 to 64 years among females. Females aged between 55 and 64 years were the most active in non-organised physical activity, with a regular participation rate of 51.2%.
- Regular participation in non-organised physical activity was higher among those with a university education.
- Regular participation rates in non-organised physical activities were lower than average among persons speaking a non-European language at home.
- The top ten non-organised physical activities in 2008, in terms of the total participation rate, were walking, aerobics/fitness, swimming, cycling, running, bushwalking, tennis, golf, weight training and fishing. Almost all participation in cycling and running was non-organised, and most participation in swimming was non-organised.

Participation in organised physical activity

‘Organised physical activity’ is physical activity for exercise, recreation or sport that was organised in full or in part by a fitness, leisure or indoor sports centre that required payment for participation; a sport or recreation club or association that required payment of membership, fees or registration; a workplace; a school; or any other type of organisation.

- The **total participation rate** in organised physical activity was 40.8% in 2008. About half of all participation in physical activity was partially or fully organised (48.7%).
- An estimated 2.0 million persons aged 15 years and over participated at least three times per week in organised physical activities, a **regular participation rate** of 12.1%.

- Unlike non-organised participation, the regular participation rate in organised physical activity increased slightly between 2001 and 2008 (three percentage points for males; two percentage points for females).
- Overall, regular participation rates in organised physical activity were equal between males and females in 2008. However, regular participation in organised physical activity was higher for males in the 15 to 34 years age group and higher for females in the 35 years or older age groups.
- Regular participation in organised physical activity was most common among those aged 15 to 24 years, regardless of gender, while participation in non-organised physical activity increased with age.
- Those still at secondary school had the highest regular participation rate in organised physical activity.
- The top ten organised physical activities in 2008, in terms of the total participation rate, were aerobics/fitness, golf, outdoor football, netball, tennis, touch football, basketball, Australian rules football, swimming and outdoor cricket.
- In terms of the top ten organised physical activities, outdoor football had the largest increase in total participation between 2001 and 2008, increasing by 50% over 2001. Other organised activities in the top ten to experience increases in participation since 2001 were Australian rules football (36% increase), aerobics/fitness (35%), outdoor cricket (23%) and touch football (19%).
- Out of all top ten organised activities, tennis (-18%) and golf (-8%) had the greatest decline in participation between 2001 and 2008.

Participation in club-based physical activity

'Club-based physical activity' is any physical activity for exercise, recreation or sport that was organised in full or in part by a sport or recreation club or association that required payment of membership, fees or registration. This was distinct from fitness, leisure or sports centres that required payment for participation.

- The **total participation rate** in club-based physical activity was 25.2% in 2008.
- An estimated 1.0 million persons aged 15 years and over participated at least three times per week in club-based physical activities, a **regular participation rate** of 6.3%.
- In club-based physical activity, and in contrast to non-organised physical activity, the male regular participation rate (8.2%) exceeded the female rate (4.4%).
- Both male and female rates of regular participation in club-based physical activity have increased slightly since 2001 (two percentage points for males; one percentage point for females).
- Regardless of gender, regular participation in club-based physical activity was most common among those aged 15 to 24 years (16.4%).
- The top ten club-based physical activities in 2008, in terms of the total participation rate, were golf, outdoor football, tennis, netball, touch football, Australian rules football, lawn bowls, outdoor cricket, basketball and martial arts.
- Of these, Australian rules football, outdoor football, outdoor cricket, touch football and lawn bowls all experienced increases in participation between 2001 and 2008.
- Out of all top ten club-based activities, tennis (-8%) had the only decline in participation between 2001 and 2008.

2 Introduction

The Exercise, Recreation and Sport Survey (ERASS) is a joint initiative of the Australian Sports Commission and the state and territory government agencies responsible for sport and recreation.

The first survey was conducted in 2001. This publication presents results from the eighth annual ERASS data collection, which was conducted in 2008.

ERASS collects information on the frequency, duration, nature and type of physical activities that were participated in by persons aged 15 years and over for exercise, recreation or sport during the 12 months prior to interview. Participation means active 'playing' participation and does not include coaching, refereeing and being a spectator, or activities related to work, household chores or gardening duties.

ERASS collects data on the **total participation rate** in physical activity for exercise, recreation or sport over the 12-month period. The total participation rate is based on the number of persons who have undertaken exercise, recreation or sport **at least once** during the previous 12 months. This rate does not reflect the number of persons who are physically active on a regular basis. Frequency and duration data provide an indication of the number of persons who are regularly active. The main focus of this report is on persons who are physically active three times per week or more. This is referred to as the **regular participation rate** throughout the report.

The survey is conducted quarterly throughout Australia. In 2008, Newspoll Market and Social Research completed the fieldwork and prepared this report for the Australian Sports Commission in consultation with the states and territories.

This publication presents information regarding the:

- frequency of participation in organised and non-organised physical activity for exercise, recreation or sport
- duration of participation in physical activity for exercise, recreation or sport
- type of participation in physical activity for exercise, recreation or sport
- trends in participation over time.

Information is available for both organised and non-organised exercise, recreation and sport for all states and territories and for a variety of demographic variables.

3 Errata

Following the initial release of the ERASS Annual Report 2008, an error was found that has a minor impact on the data provided in this report. The report published incorrect club-based participation data for martial arts on pages 3 and 39 of the 2008 report. This error has now been corrected and the revised data is provided in this updated publication.

4 Glossary

For definitions of sports, please see 'Sports definitions' on page 8.

Any physical activity

Physical activity for exercise, recreation or sport. It includes activities that were organised by a club, association or other type of organisation, and activities that were non-organised. It excludes activities that were part of household or garden duties, or work

Capital cities

The six state capital city statistical divisions, the Darwin Statistical Division and the Australian Capital Territory

Club-based physical activity

Physical activity for exercise, recreation or sport that was organised in full or in part by a sport or recreation club or association that required payment of membership, fees or registration. This is distinct from fitness, leisure or sports centres that required payment for participation. Excludes all aerobics/fitness participants

Employed full time

Persons employed full time are those who usually work 35 hours or more per week (in all jobs)

Employed part time

Persons employed part time are those who usually work less than 35 hours per week (in all jobs)

ERASS

Exercise, Recreation and Sport Survey

European language

A language originating, and primarily spoken, in a country lying within Europe. Includes Afrikaans

Fitness organisation

A fitness, leisure or indoor sports centre that requires payment for participation

Frequency of participation

Number of times participated in physical activity for exercise, recreation or sport in the last 12 months. This number is used to define number of times 'per week' a person participated (by dividing the number of times in the last 12 months by 52) and in the calculation of the 'total participation rate', the 'weekly participation rate' and the 'regular participation rate'

Married

Married persons are those who describe their marital status as being married or in a de facto relationship

Mean

Often known as the average, and is the sum of all the data values divided by the number of data values

Median

Represents the centre or midpoint of the data. One-half of the data will have values less than the median, and the other half will have values greater than the median

Non-European language

A language originating, and primarily spoken, in a country lying outside Europe. Includes Turkish and Russian

Non-organised physical activity

Physical activity for exercise, recreation or sport that was non-organised in full or in part (that is, not fully organised by a club, association or other type of organisation)

Non-participation rate

For any group, this is the number of persons who did not participate in any activity at least once in the last 12 months, expressed as a percentage of the population in the same group

Not in the labour force

Persons who did not have a job when interviewed and did **not** look for work in the four weeks prior to interview

Not married

Persons who describe their marital status as being either separated, divorced, widowed or never married

Organised physical activity

Physical activity for exercise, recreation or sport organised in full or in part by a fitness, leisure or indoor sports centre that required payment for participation; a sport or recreation club or association that required payment of membership, fees or registration; a workplace; a school; or any other type of organisation

Participants

Persons who participated in at least one physical activity for exercise, recreation or sport at least once in the last 12 months

Per week

Statistics that identify the number of times persons participated 'per week' are calculated by dividing the number of times individuals participated in physical activity for exercise, recreation or sport during the 12 months prior to interview by 52 (that is, number of weeks in a year). This provides an average of the number of times persons participated 'per week'. However, it is possible that individuals who participate 'once per week' may not be regular participants throughout the 12 months prior to interview, as all their participation might be concentrated during one particular time period. For example, an individual who participates in cricket 52 times over three months, but then in no other activity for the other nine months, would appear to participate in physical activity for exercise, recreation or sport once per week

Recent participants

Persons who participated in at least one of their three top physical activities in the last two weeks. 'Top physical activities' are defined as those done most frequently by that person on an annual basis

Recent physical activity

Physical activity for exercise, recreation or sport that was done in the last two weeks

Regular participants

Persons who participated in at least one physical activity for exercise, recreation or sport at least three times per week on average. Statistics that identify the number of times persons participated 'per week' are calculated by dividing the number of times individuals participate in physical activity for exercise, recreation or sport during the 12 months prior to interview by 52 (that is, number of weeks in a year). This provides an average of the number of times persons participated 'per week'

Regular participation rate

For any group, this is the number of persons who participated in the activity at least three times per week in the last 12 months, expressed as a percentage of the population in the same group. Statistics that identify the number of times persons participated 'per week' are calculated by dividing the number of times individuals participate in physical activity for exercise, recreation or sport during the 12 months prior to interview by 52 (that is, number of weeks in a year). This provides an average of the number of times persons participated 'per week'

Rest of state

The whole of Australia less the six state capital city statistical divisions, the Darwin Statistical Division and the Australian Capital Territory

RSE

Relative standard error (see Section 10.7 'Standard errors and relative standard errors')

SE

Standard error (see Section 10.7 'Standard errors and relative standard errors')

Sport organisation

Sport or recreation club or association that requires payment of membership, fees or registration

Total participation rate

For any group, this is the number of persons who participated in the activity at least once in the last 12 months, expressed as a percentage of the population in the same group

Unemployed

Persons who did not have a job when interviewed but who looked for work in the four weeks prior to interview

Weekly participation rate

For any group, this is the number of persons who participated in the activity at least once per week in the last 12 months, expressed as a percentage of the population in the same group. Statistics that identify the number of times persons participated 'per week' are calculated by dividing the number of times individuals participate in physical activity for exercise, recreation or sport during the 12 months prior to interview by 52 (that is, number of weeks in a year). This provides an average of the number of times persons participated 'per week'

5 Sports definitions

Aerobics/fitness

Includes aerobics, calisthenics, Chinese exercise, exercise bike, gymnasium workouts, military exercise, Prime Movers for Over 50s, Step Reebok and treadmill. Excludes aquarobics and weight training, which are categorised separately

Basketball

Includes indoor and outdoor basketball

Bushwalking

Excludes other types of walking for sport and recreation, which are categorised separately

Canoeing/kayaking

Excludes canoe polo

Cricket (indoor)

Includes indoor cricket only. Outdoor cricket is categorised separately. Excludes electric light cricket

Cricket (outdoor)

Includes outdoor cricket only. Indoor cricket is categorised separately. Excludes electric light cricket

Cycling

BMX and mountain bike riding. Excludes triathlon, which is categorised separately

Dancing

Includes ballet, boot scooting and line dancing

Football (indoor)

Includes indoor soccer, fluffy ball and futsal. Excludes outdoor soccer, which is categorised separately

Football (outdoor)

Includes outdoor soccer. Excludes indoor soccer, which is categorised separately

Golf

Includes golf. Excludes putt-putt golf

Gymnastics

Includes gymnastics and trampolining

Hockey (indoor)

Excludes outdoor hockey, which is categorised separately

Hockey (outdoor)

Excludes indoor hockey, which is categorised separately

Horse riding/equestrian activities/polocrosse

Excludes rodeo and horse racing

Ice/snow sports

Includes blade-skating, ice hockey, ice-skating, snowboarding, skeleton, snow skiing and any other snow and ice sports. Excludes wheelchair ice hockey

Martial arts

Includes chi kung, Eastern judo, judo, karate, kick boxing, taekwondo and Tai Chi

Motor sports

Includes track, trail bike, car, motorbike, speedway, drag and go-kart

Netball

Includes indoor and outdoor netball

Orienteering

Includes rogaining and cross-country running

Rock climbing

Includes abseiling and caving

Roller sports

Includes inline hockey, roller-blading, skateboarding and all other roller sports

Rugby league

Includes rugby sevens and modball

Running

Includes jogging and marathon. Excludes triathlon, which is categorised separately

Sailing

Includes outriggering

Shooting sports

Includes hunting, paintball, pistol shooting and any other shooting sports. Excludes archery and bow hunting

Squash

Includes racquet ball

Surf sports

Includes sail boarding, surfing and wind surfing. Excludes surf lifesaving

Swimming

Includes board diving. Excludes triathlon, which is categorised separately

Tennis

Includes outdoor and indoor tennis

Tenpin bowling

Excludes bocce

Touch football

Includes Austag

Volleyball

Includes indoor (rebound) and outdoor volleyball, beach volleyball and Newcombe ball.

Excludes water volleyball

Water polo

Excludes canoe polo

Waterskiing/powerboating

Includes jet skiing, powerboating and waterskiing

Walking

Indicated as 'Walking — other' in the tables. Excludes bushwalking, which is categorised separately

Weight training

Includes bodybuilding, circuits, power team and weight training for fitness. Excludes weight-lifting (competition)

Yoga

Includes Pilates

Data on some other sports and activities were collected, and although they are included in the general data on participation rates, they have not been specifically identified in this report due to their relatively low participation rates. These include: air sports, archery/bow hunting, bocce, croquet, gridiron, outdoor and indoor lacrosse, rodeo, surf lifesaving, wrestling, canoe polo, electric light cricket, wheelchair ice hockey, dog racing, handball, fencing, gorilla ball, ultimate frisbee, Gaelic football, horse racing, tee ball, boomerang throwing, water volleyball, wood chopping, sheepdog trials, marching, korfbal, underwater hockey, softcrosse, royal tennis, broom ball, leader ball, pigeon racing, weight-lifting (competition), putt-putt golf and grockey.

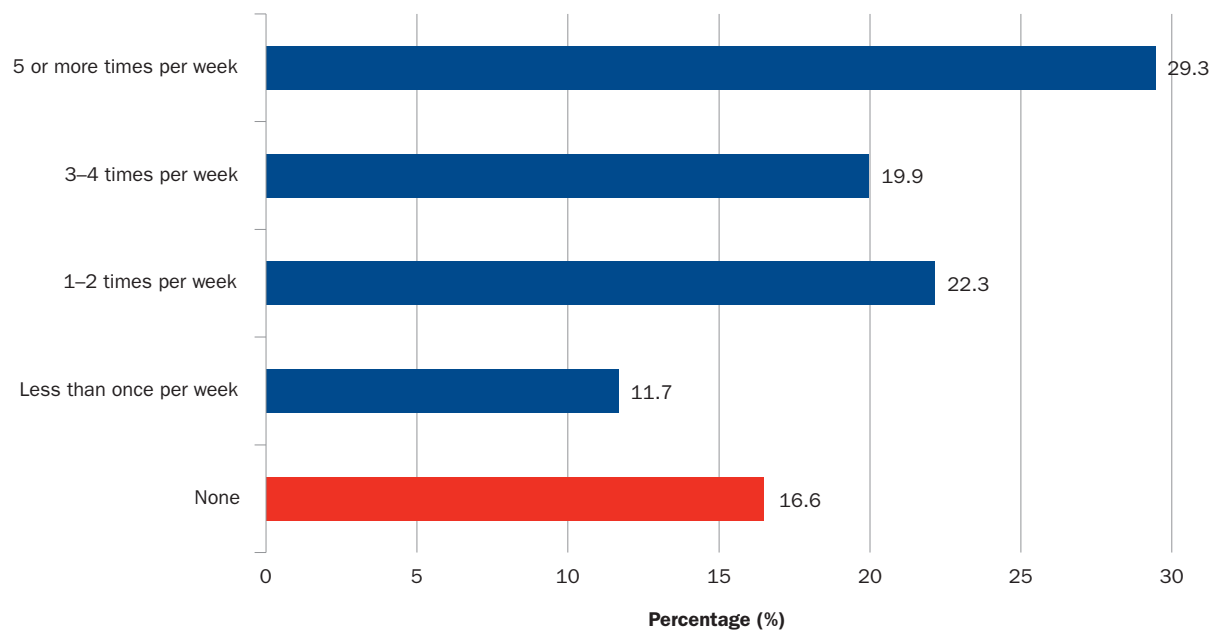
6 Participation in any physical activity

6.1 Frequency of participation in any physical activity

During the 12 months prior to interview in 2008:

- An estimated 13.8 million persons aged 15 years and over participated **at least once annually** in physical activity for exercise, recreation or sport, a **total participation rate** of 83.4% (Table 1).
- An estimated 11.9 million persons aged 15 years and over participated **at least once per week**¹ in physical activity for exercise, recreation or sport, a **weekly participation rate** of 71.5% (Figure 1 and Table 4).
- An estimated 8.2 million persons aged 15 years and over participated three times a week or more, a **regular participation rate** of 49.3%.
- An estimated 2.8 million persons aged 15 years and over did not participate in any physical activity for exercise, recreation or sport in the 12 months prior to interview in 2008, a **non-participation rate** of 16.6% (Table 3).

Figure 1: Frequency of participation in any physical activity, 2008



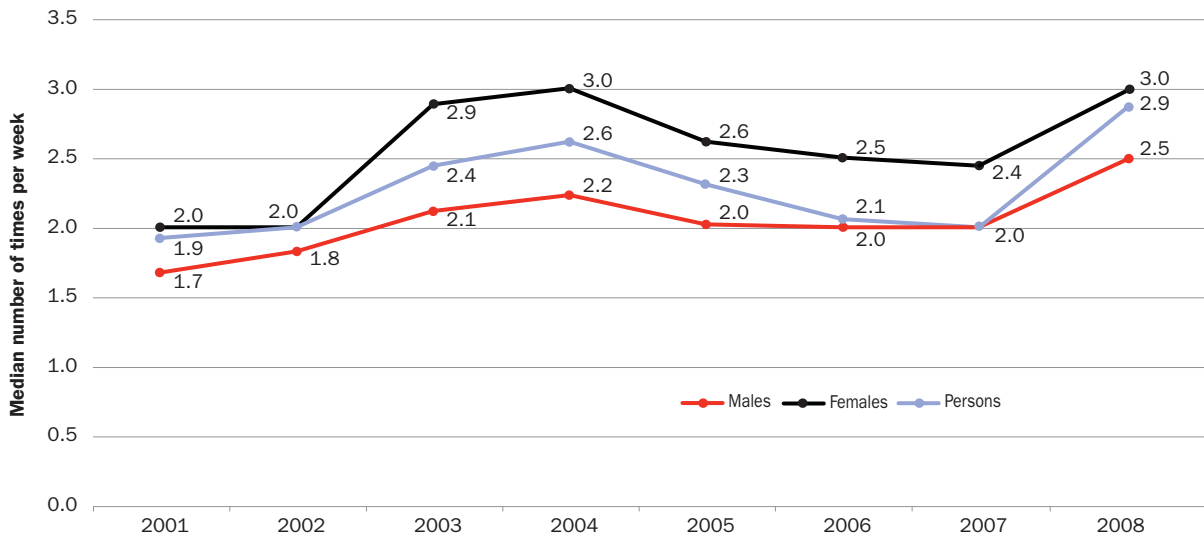
Base: All persons aged 15 years and over (n=17,293)

1 See 'Glossary' for information about how 'per week' statistics are calculated.

6.2 Median frequency of participation in any physical activity, 2001–2008

- The median frequency of participation in any physical activity for all Australians was 2.9 times per week in 2008 (Figure 2). This median calculation includes non-participants (that is, zero frequency).
- Overall, the median frequency of participation in any activity was at its highest level since 2001, following a similar peak in 2004.
- For all females, the median frequency of participation was 3.0 times per week in 2008, as in 2004.
- Male median frequency of participation also rose in 2008, to 2.5 times per week. This is the highest level for all males since 2001, when it was 1.7.

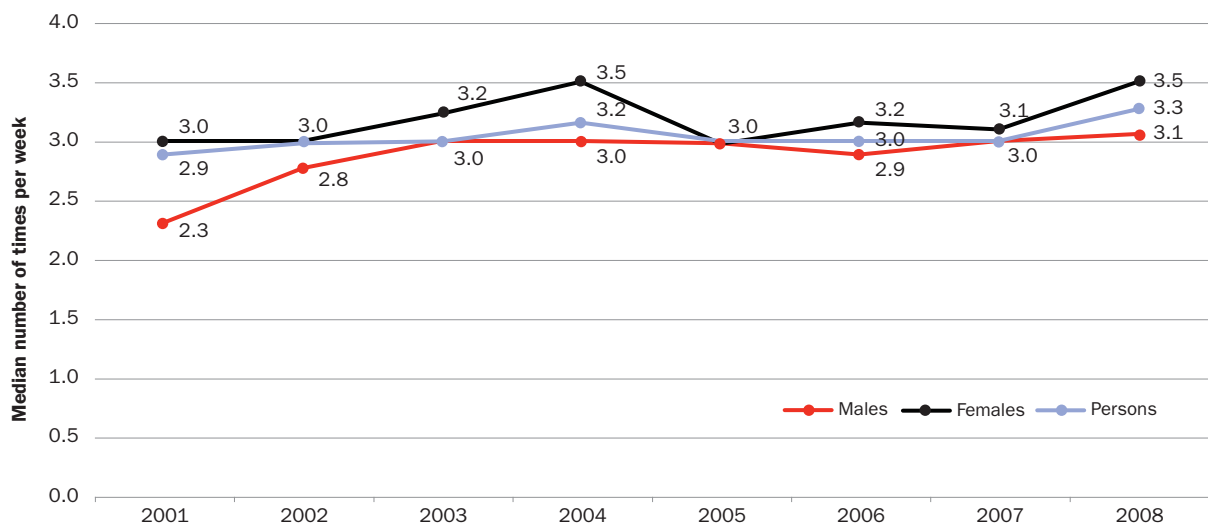
Figure 2: Median frequency of participation per week in any physical activity by sex and year



Base: All persons aged 15 years and over in 2008 (n=17,293); in 2007 (n=16,400); in 2006 (n=13,708); in 2005 (n=13,726); in 2004 (n=13,662); in 2003 (n=13,703); in 2002 (n=13,632); and in 2001 (n=13,424)

- Among participants only (excluding zero frequency), the median frequency of participation in any physical activity was 3.3 times per week in 2008 (Figure 3).
- The median frequency of participation was 3.5 times per week for female participants and 3.1 times per week for male participants.

Figure 3: All participants in physical activity — median frequency of participation per week in any physical activity by sex and year



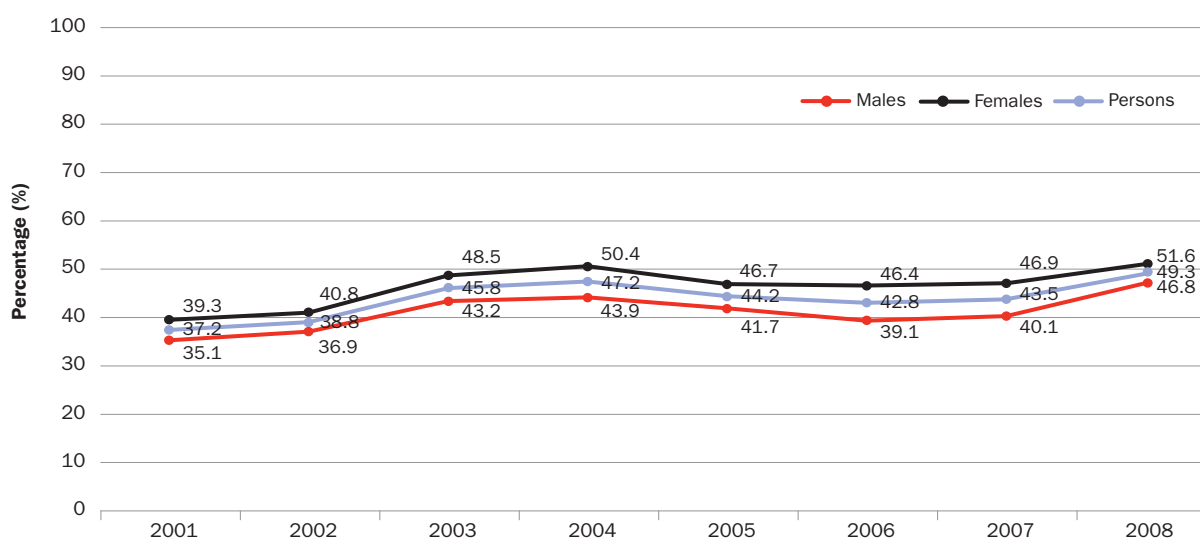
Base: All participants in physical activities in 2008 (n=14,324); in 2007 (n=13,011); in 2006 (n=10,969); in 2005 (n=11,336); in 2004 (n=11,211); in 2003 (n=11,248); in 2002 (n=10,550); and in 2001 (n=10,341)

6.3 Regular participation in any physical activity, 2001–2008

Regular participation in exercise, recreation or sport is defined as participating three times a week or more, on average.²

- The regular participation rate in any physical activity for exercise, recreation or sport in 2008 was 49.3% (Figure 4 and Table 9).
- This was the highest regular participation rate since 2001 (37.2%), and reflects a similar peak in 2004 (47.2%).
- More females than males were regular participants, and this has been the case since 2001.
- The regular participation rate increased between 2001 and 2008 for both males and females. In 2001, the regular participation rate among males was 35.1%; this increased to 46.8% in 2008. In 2001, the regular participation rate among females was 39.3%; this increased to 51.6% in 2008.
- The increase in the regular participation rate was almost entirely explained by an increase in participation in non-organised activities³ (13 percentage points for females; 11 percentage points for males) (see Section 6.3 'Regular participation in non-organised physical activity, 2001–2008'). Participation in organised activities has remained relatively unchanged between 2001 and 2008 (two percentage points for females; three percentage points for males) (see Section 7.3 'Regular participation in organised physical activity, 2001–2008').

Figure 4: Regular participation rate in any physical activity by sex and year



Base: All persons aged 15 years and over in 2008 (n=17,293); in 2007 (n=16,400); in 2006 (n=13,708); in 2005 (n=13,726); in 2004 (n=13,662); in 2003 (n=13,703); in 2002 (n=13,632); and in 2001 (n=13,424)

6.4 Regular participation in any physical activity by demographics

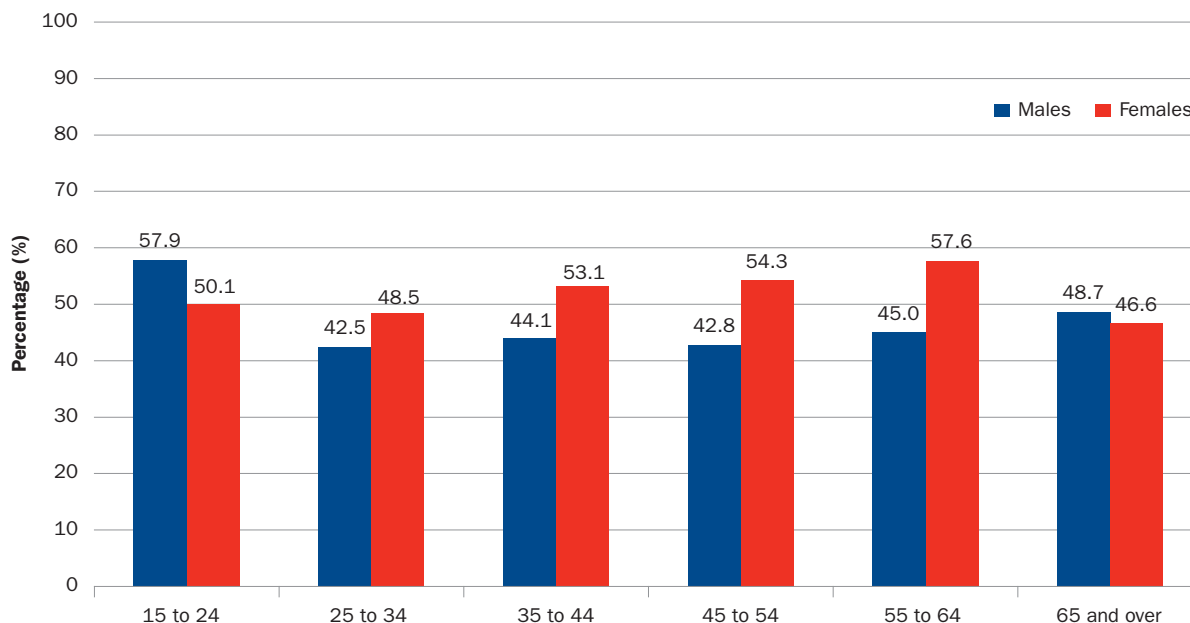
Age and sex

- In 2008, regular participation rates (three times a week or more) in any physical activity for exercise, recreation or sport were higher for females than males (51.6% and 46.8%, respectively) (Table 9).
- Women were more regularly active as they got older, peaking at 55 to 64 years old (57.6%), and then declining again for those aged 65 years and over (46.6%) (Figure 5 and Table 9).
- Males between the ages of 15 and 24 (57.9%) or 65 years and over (48.7%) were more regularly active.

² See 'Glossary' for information about how 'per week' statistics are calculated.

³ See 'Glossary' for how 'organised' and 'non-organised' activities are defined.

Figure 5: Regular participation rate in any physical activity by age and sex, 2008



Base: All persons aged 15 years and over (n=17,293)

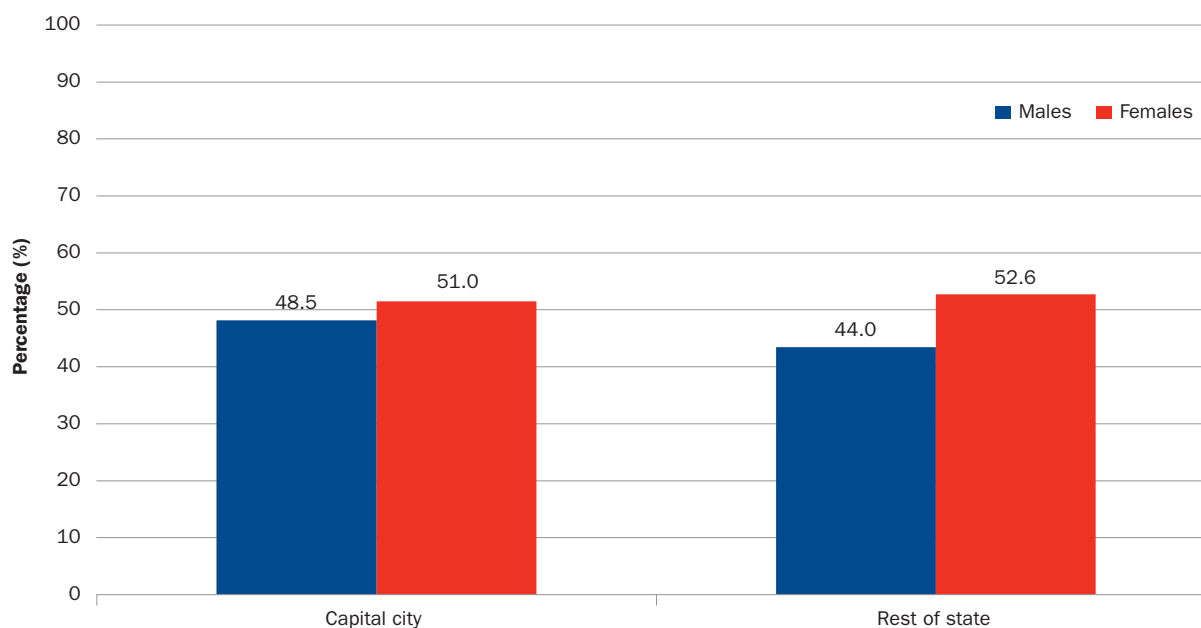
Labour force status

- Labour force status had limited impact on the regular participation rate in 2008, with the part-time employed having the highest regular participation rate (54.2%), compared to full-time employed (47.8%), unemployed (48.3%) and not in the labour force (47.7%) (Table 9).

Regional status

- The regular participation rate for any physical activity among persons living in capital cities was little different to those living in the rest of the state (49.8% and 48.3%, respectively) (Table 9).
- In both geographic areas, regular participation was higher for females than for males, reflecting the national pattern (Figure 6).

Figure 6: Regular participation rate in any physical activity by region and sex, 2008



Base: All persons aged 15 years and over (n=17,293)

Education

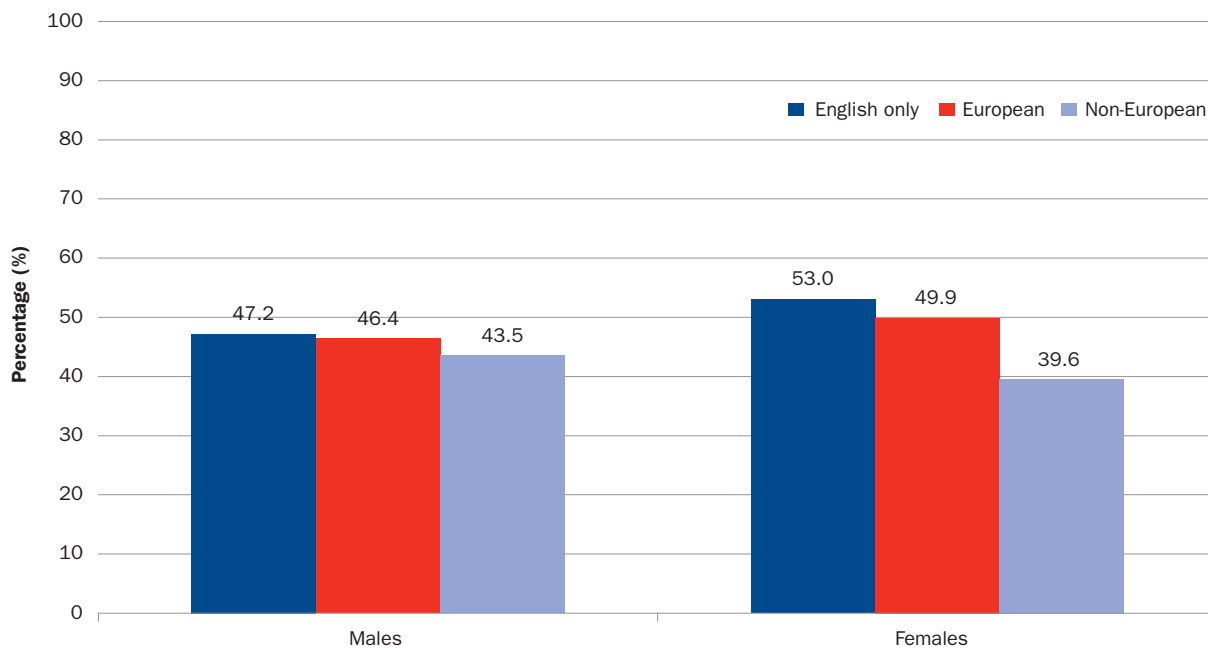
- The regular participation rate was highest for those with a university degree (55.6%) or diploma (52.7%), or who were still at secondary school (55.5%). The regular participation rate was lowest for those who did not complete the highest level of school (41.3%) (Table 9).

Language status

As ERASS collects information via telephone, persons who do not speak English well may have been less likely to participate in this survey. However, given that a large majority of persons who speak a language other than English at home speak English well (82% according to the 2006 Census), it is reasonable to assume that these statistics represent an accurate estimation of their participation in exercise, recreation and sport (Australian Bureau of Statistics, 2006, Census Tables, Catalogue number 2068.0, abs.gov.au).

- The regular participation rate was highest among females who speak English only (53.0%) (Table 9).
- Those who speak a non-European language⁴ at home had the lowest regular participation rates, among both men and women. The regular participation rate was lowest among females speaking a non-European language (39.6%) (Figure 7 and Table 9).

Figure 7: Regular participation rate in any physical activity by language spoken at home and sex, 2008



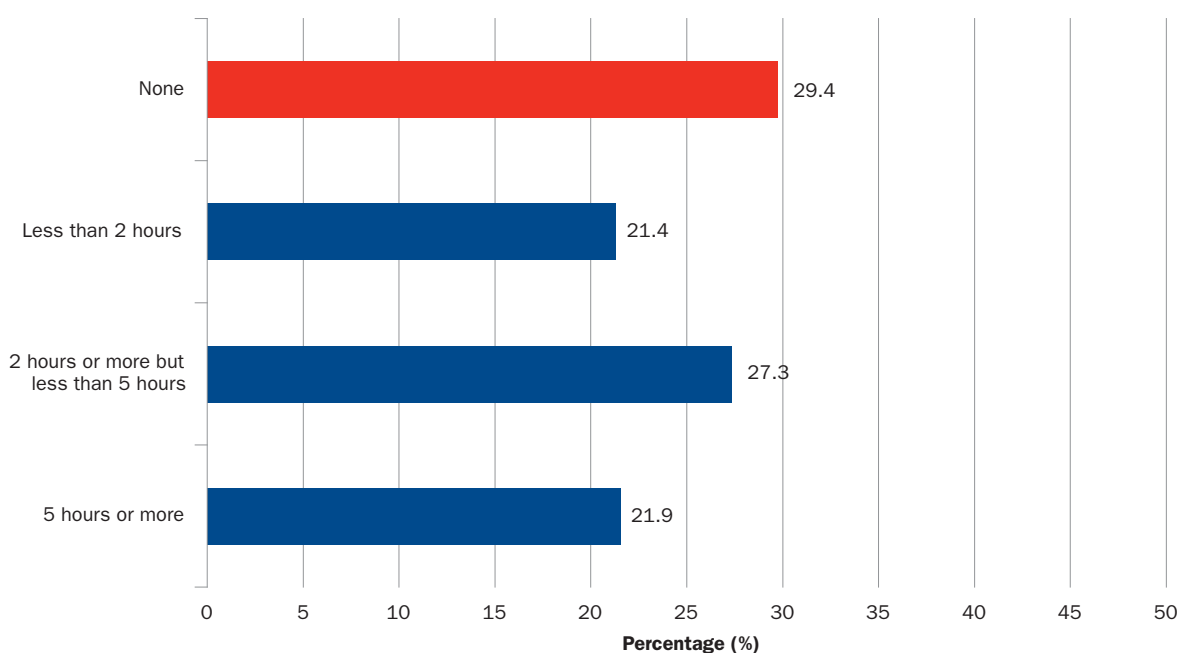
Base: All persons aged 15 years and over (n=17,293)

4 See 'Glossary' for definitions of European and non-European languages.

6.5 Duration of participation in any physical activity

- An estimated 11.7 million persons, or 70.6% of the population, participated in physical activity⁵ in the two weeks prior to interview in 2008 (Table 5). These people are described as ‘recent participants’ in this report.⁶
- Over one-quarter of all persons (29.4%) did not participate in physical activity⁷ in the two weeks prior to interview in 2008 (Figure 8).
- Almost half of all persons (49.2%), or an estimated 8.2 million persons, participated for two hours or more per week in the two weeks prior to interview.
- An estimated 3.6 million persons, or 21.9% of all persons, participated for five hours or more per week in the two weeks prior to interview in 2008.

Figure 8: Weekly duration of participation in any physical activity, 2008



Base: All persons aged 15 years and over (n=17,293)

While females were more likely to be regular participants (see Section 5.4 ‘Regular participation in any physical activity by demographics’), males participated for a longer duration. Figure 9 shows recent participants’⁸ median duration in hours of physical activity per week.

- One-third of males (35.8%) who participated in physical activity during the two weeks prior to interview did so for five hours or more per week (Table 6). The median hours of participation in any physical activity were 3.5 hours per week for recent participant males (Figure 9).
- Among females, 26.4% who participated in any physical activity during the two weeks prior to interview did so for five hours or more per week (Table 7). The median hours of participation per week for females were 2.9.
- Among males, duration of participation in any physical activity was highest among those aged 15 to 24 years (median of 4.2 hours per week). This declined for males aged 25 to 54 years (3.0 hours per week) and then increased again among men aged 55 years and older (4.0 hours per week).
- Among females, duration of participation increased gradually with age, peaked at 55 to 64 years (median of 3.5 hours/week), and then declined again among those aged 65 years or older (3.0 hours).

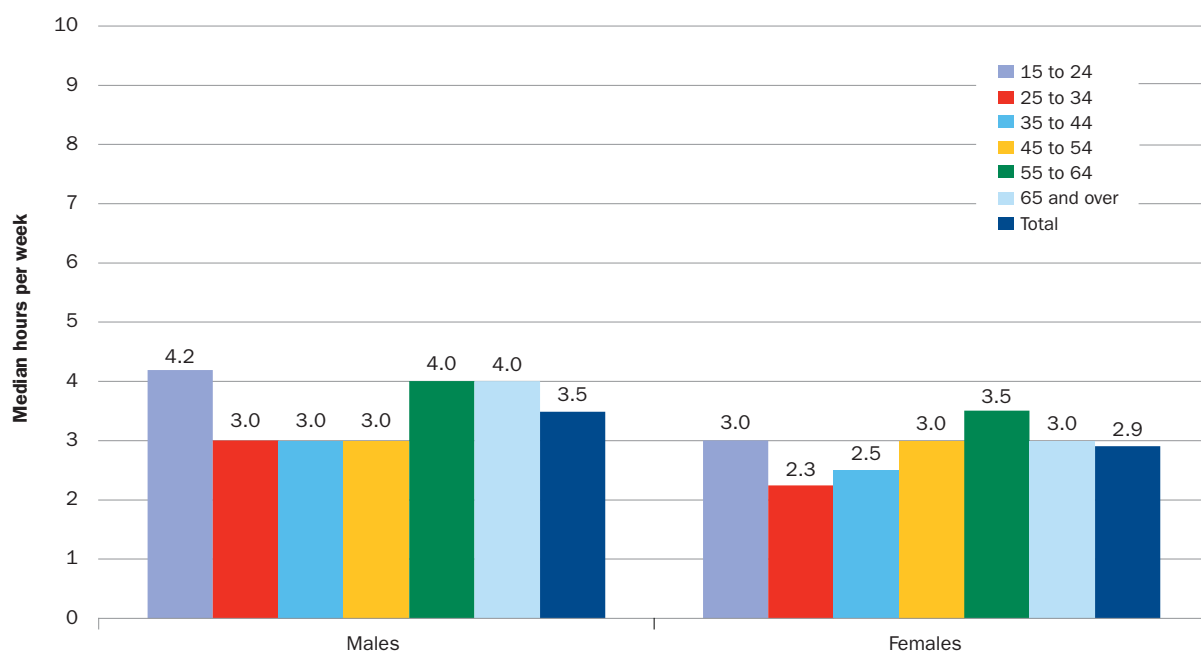
⁵ Participated in one of their top three activities for 2008 in the two weeks prior to interview.

⁶ See ‘Glossary’ for more information about how ‘recent participants’ are defined.

⁷ Did not participate in one of their top three activities for 2008 in the two weeks prior to interview.

⁸ See ‘Glossary’ for more information about how ‘recent participants’ are defined.

Figure 9: All recent participants — median duration of participation in any physical activity by age and sex, 2008



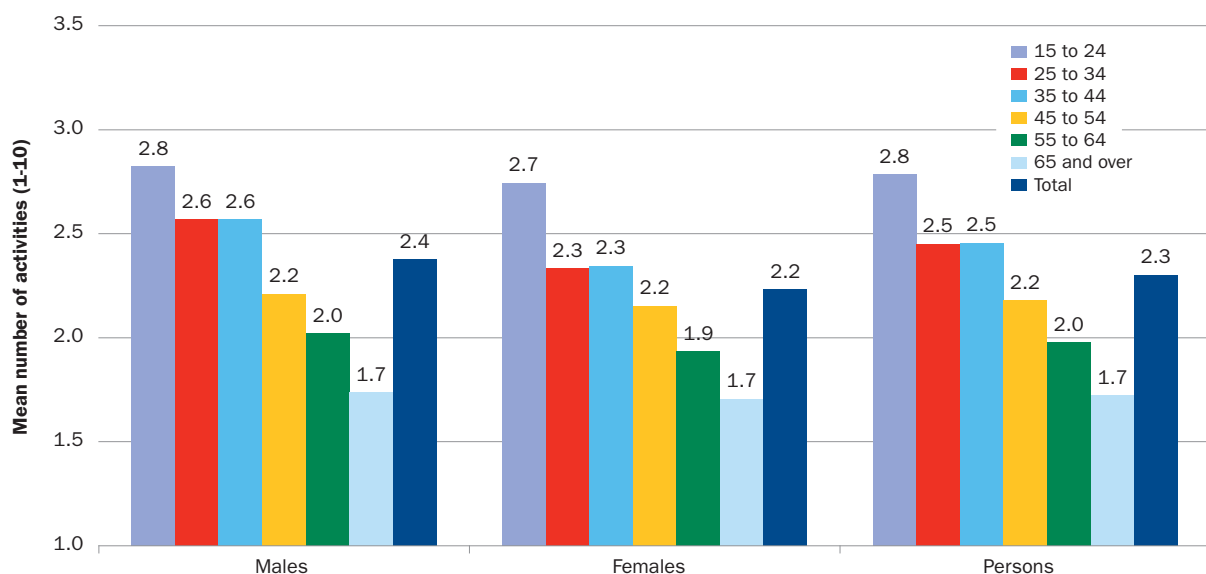
Base: All recent participants (n=12,262)

6.6 Average number of different physical activities

Participants took part in an average (mean) of 2.3 different sports or activities in the 12 months prior to interview (Figure 10).

- This peaked at 2.8 different activities for the 15 to 24 year age group and decreased with age to 1.7 different activities for those aged 65 and over.
- The average number of activities engaged in decreased with age for both men and women.
- Males participated in an average of 2.4 different activities, compared to an average of 2.2 different activities for females.
- The greatest difference between males and females, in terms of number of different activities, was in the 25 to 44 years age group.

Figure 10: All participants — average number of different activities by sex and age, 2008^(a)



Base: All participants (n=14,324)

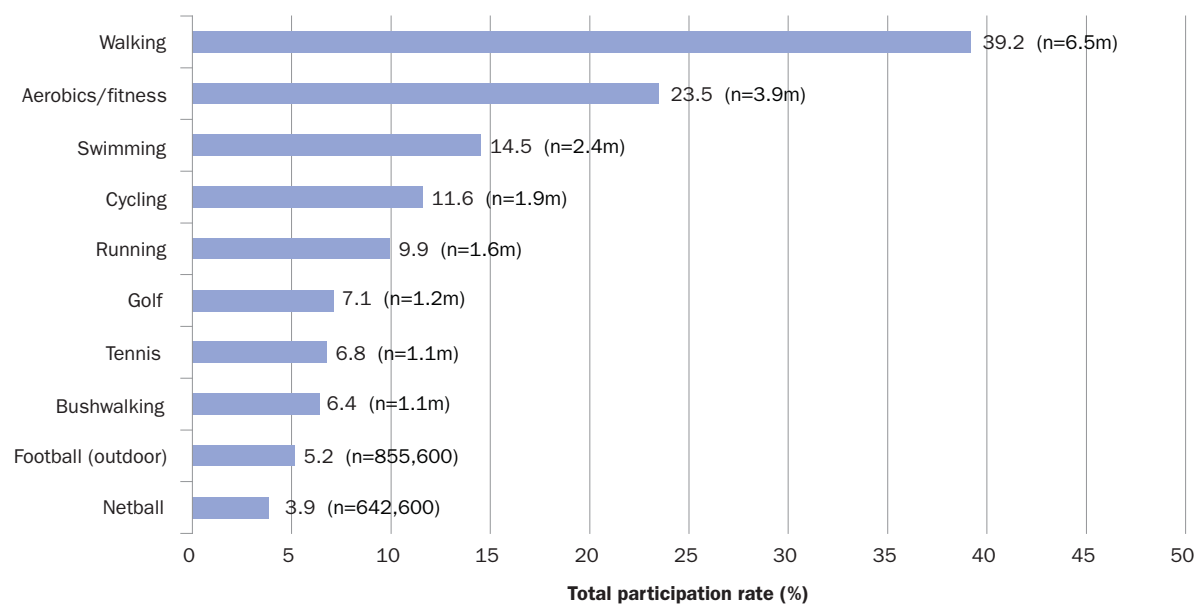
(a) The height of the columns is sometimes not equal when the average number of activities is reported as being equal. This is due to rounding. The average number of activities is rounded to one decimal place for reporting in the figure above, whereas the actual calculation of the column chart is based on a more precise estimate of at least ten decimal places.

6.7 Main activities

Total participation in top ten activities, 2008

- Of all activities, walking had the highest total participation rate (39.2%). An estimated 6.5 million persons aged 15 years and over walked at least once for exercise, recreation or sport in the 12 months prior to interview (Figure 11 and Table 13).
- This excluded bushwalking, which is categorised separately and had a total participation rate of 6.4%.
- Other sports and physical activities with relatively high total participation rates were aerobics/fitness activities (23.5%), swimming (14.5%), cycling (11.6%) and running (9.9%).

Figure 11: Top ten physical activities, 2008



Base: All persons aged 15 years and over (n=17,293)

Walking had the highest total participation rate for both males (27.8%) and females (50.2%) (Table 14).

- For males, activities with the highest total participation rates were walking (27.8%), aerobics/fitness activities (18.8%), cycling (15.3%), swimming (13.5%), running (11.8%) and golf (11.5%).
- For females, activities with the highest total participation rates were walking (50.2%), aerobics/fitness activities (28.1%), swimming (15.6%), cycling (8.1%), running (8.1%), bushwalking (7.0%), netball (6.7%) and tennis (6.2%).

Walking also had the highest total participation rate across all age groups, with the exception of the 15 to 24 year age group (Table 15).

- The total participation rate for walking increased with age, peaking at 55 to 64 years (55.2%) and declining slightly among those aged 65 years and over (49.3%).
- In the youngest age group (15 to 24 year olds), aerobics/fitness activities (26.1%), swimming (16.6%), outdoor football (16%), and running (15.7%) attracted the most participants.
- Participation in outdoor football tapered quickly, with only 6.6% of persons aged 25 to 34 years participating and even lower participation rates in older age groups.
- In the oldest age group (65 years and over), walking (49.3%), aerobics/fitness activities (15.7%) and golf (8.8%) attracted the most participants.

Total participation in top ten activities, 2001–2008

- In terms of the top ten activities, aerobics/fitness activities had the largest increase in total participation between 2001 and 2008 (99% increase over 2001) (Box 1).
- Other activities in the top ten to experience large increases since 2001 included walking (49% increase), outdoor football (55% increase), running (52% increase), bushwalking (34% increase) and cycling (34% increase).
- Activities experiencing declines in participation between 2001 and 2008 included tennis (–19% over 2001) and golf (–5%).

Box 1: Total participation in top ten physical activities by year

	2001	2002	2003	2004	2005	2006	2007	2008	% change 2001–2008 (a)
	'000	'000	'000	'000	'000	'000	'000	'000	
Walking	4,355.9	4,720.3	5,900.6	6,168.1	5,973.6	5,811.3	5,390.0	6,508.4	49.4
Aerobics/fitness	1,961.0	2,236.9	2,487.2	2,698.2	2,959.7	3,074.5	3,303.0	3,901.9	99.0
Swimming	2,415.5	2,278.0	2,384.5	2,605.7	2,311.2	2,200.0	1,966.2	2,414.3	0.0
Cycling	1,438.3	1,419.4	1,470.1	1,658.4	1,646.9	1,642.8	1,591.1	1,928.1	34.1
Running	1,084.3	1,161.8	1,181.5	1,312.0	1,231.7	1,194.9	1,245.1	1,649.4	52.1
Golf	1,240.2	1,337.1	1,282.0	1,250.6	1,139.3	1,090.9	915.0	1,181.1	–4.8
Tennis	1,381.8	1,260.5	1,407.0	1,323.2	1,253.3	1,100.7	951.2	1,122.5	–18.8
Bushwalking	794.9	855.5	902.2	818.0	910.4	754.3	926.5	1,067.3	34.3
Football (outdoor)	551.3	693.2	668.5	659.2	614.3	675.7	683.0	855.6	55.2
Netball	612.4	624.6	613.3	564.3	581.7	581.2	518.4	642.6	4.9

Base: All persons aged 15 years and over in 2008 (n=17,293); in 2007 (n=16,400); in 2006 (n=13,708); in 2005 (n=13,726); in 2004 (n=13,662); in 2003 (n=13,703); in 2002 (n=13,632); and in 2001 (n=13,424)

(a) Percentage change in the number of participants between 2001 and 2008. Per cent change over 2001 is calculated as follows: $(n_{2008} - n_{2001}) / n_{2001}$.

Frequency of specific activities, 2008

People participated most frequently in walking. The median number of times per year people walked for exercise, recreation or sport was 156, which equates to 3.0 times per week on average (Table 16).

Other activities⁹ relatively frequently participated in were:

- aerobics/fitness activities (median of 104 times a year, which equates to 2.0 times per week on average)
- running (2.0 times per week on average)
- weight training (2.0 times per week on average)
- boxing (1.9 times per week on average)
- lawn bowls (1.3 times per week on average)
- rugby league (1.3 times per week on average)
- rowing (1.2 times per week on average)
- rugby union (1.2 times per week on average)
- martial arts (1.1 times per week on average).

Yoga, netball, horse riding and other equestrian activities, dancing and cycling were all participated in once per week on average.

⁹ Activities included in this analysis refer only to those activities that were participated in by 50,000 or more persons aged 15 years and over in 2008.

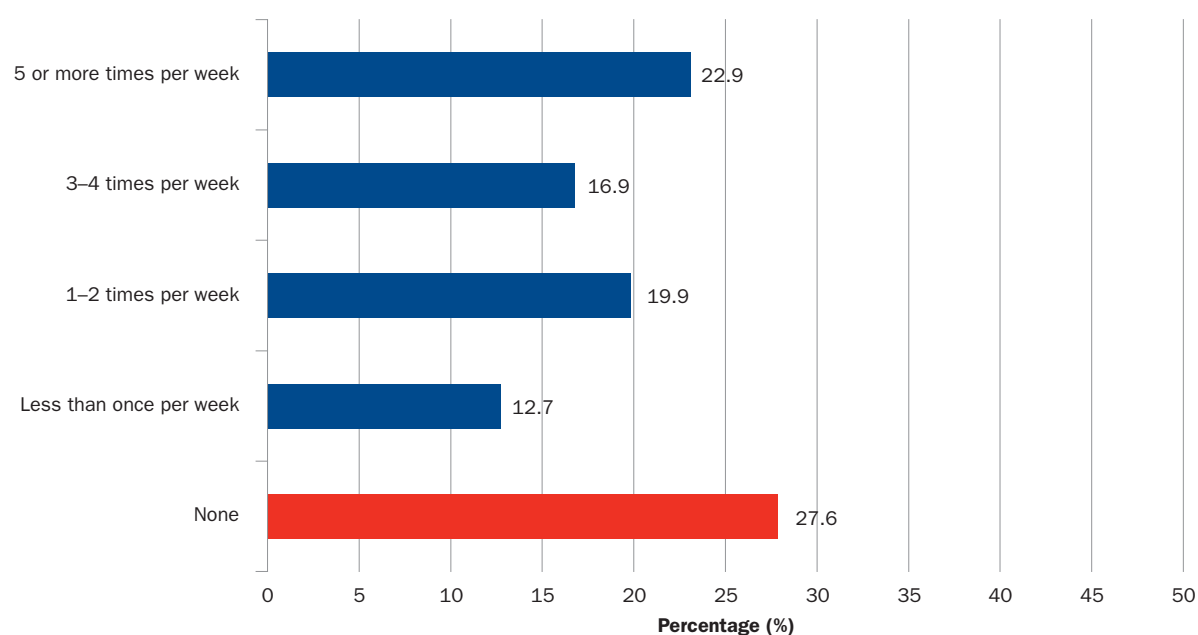
7 Participation in non-organised physical activity

7.1 Frequency of participation in non-organised physical activity

During the 12 months prior to interview in 2008:

- An estimated 12.0 million persons aged 15 years and over participated **at least once annually** in non-organised physical activity for exercise, recreation or sport,¹⁰ a **total participation rate** in non-organised activities of 72.5% (Table 1).¹¹ Over three-quarters (86.6%) of all participants undertook at least some non-organised activities.
- An estimated 9.9 million persons aged 15 years and over participated **at least once per week** in a non-organised physical activity for exercise, recreation or sport,¹² a **weekly participation rate** in non-organised activities of 59.7% (Figure 12).
- An estimated 6.6 million persons aged 15 years and over participated **three times a week or more**, a **regular participation rate** in non-organised activities of 39.8%.
- An estimated 4.6 million persons aged 15 years and over did not participate in any non-organised physical activity for exercise, recreation or sport in the 12 months prior to interview in 2008, a **non-participation rate** in non-organised activities of 27.6%.

Figure 12: Frequency of participation in non-organised physical activity, 2008^(a)



Base: All persons aged 15 years and over (n=17,293)

(a) Those who said 'don't know' when asked frequency of the activity for all their activities are coded as 'none' in this figure. This means that the total non-organised participation rate shown in Table 1 is slightly different from the rate that would be calculated by adding together all who reported a frequency.

10 See 'Glossary' for the definition of non-organised physical activities.

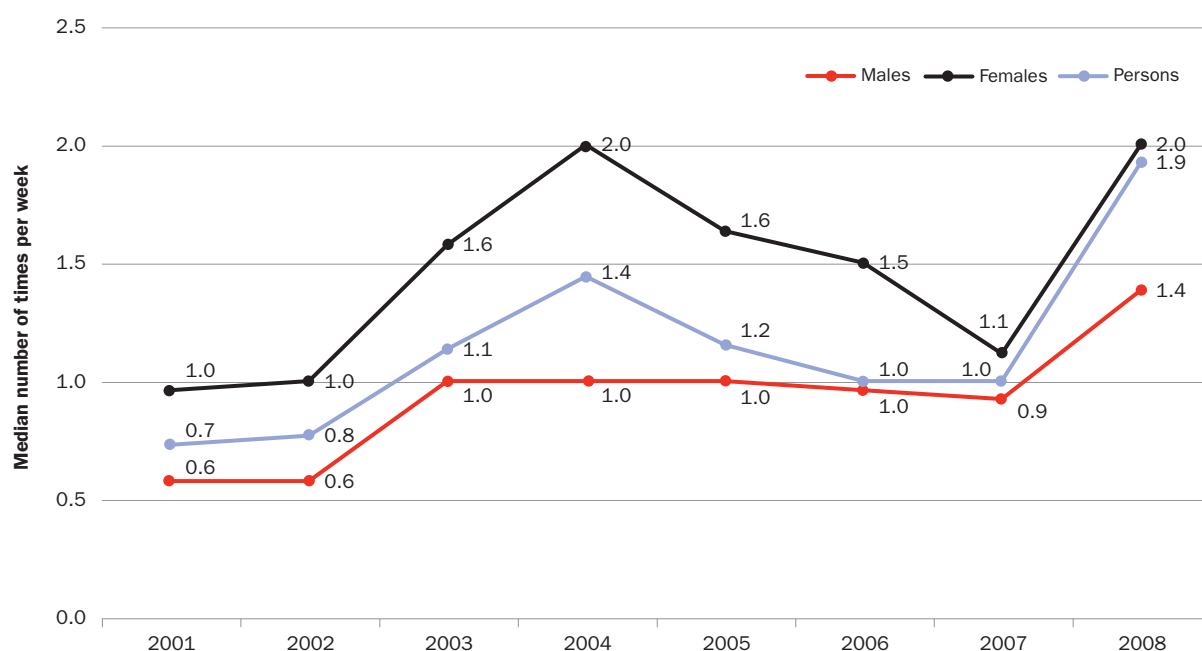
11 Those who 'don't know if activity organised' (Q3) are included in the counts of non-organised participants.

12 See 'Glossary' for information about how 'per week' statistics are calculated.

7.2 Median frequency of participation in non-organised physical activity, 2001–2008

- The median frequency of participation in non-organised physical activity was 1.9 times per week in 2008 among all Australians (Figure 13). This median calculation includes non-participants (that is, zero frequency).
- This was the highest frequency of non-organised participation since 2001, when it was 0.7 times per week.
- For all females, the median frequency of participation in non-organised activity was 2.0 times per week in 2008. This was equivalent to the previous peak in 2004.
- For all males, the median frequency of participation in non-organised physical activity was 1.4 times per week in 2008. For males, this is the highest frequency of non-organised participation since 2001, when it was 0.6 times per week.

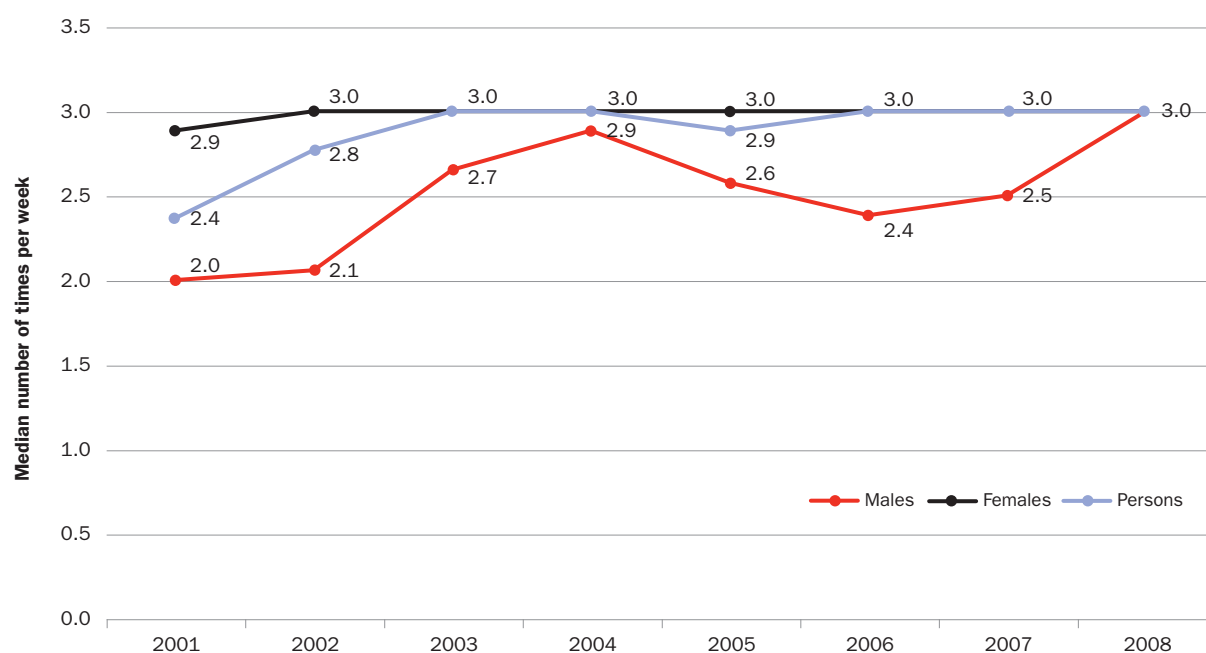
Figure 13: Median frequency of participation per week in non-organised physical activities by sex and year



Base: All persons aged 15 years and over in 2008 (n=17,293); in 2007 (n=16,400); in 2006 (n=13,708); in 2005 (n=13,726); in 2004 (n=13,662); in 2003 (n=13,703); in 2002 (n=13,632); and in 2001 (n=13,424)

- Among participants in non-organised physical activity only (excluding zero frequency), the median frequency of participation in non-organised physical activity was 3.0 times per week in 2008 (Figure 14).
- The median frequency of participation among non-organised physical activity participants was 3.0 times per week for both males and females. Frequency of participation in non-organised activities was higher than that in organised activities (see Section 7.2 'Median frequency of participation in organised physical activity, 2001–2008').

Figure 14: All participants in non-organised physical activity — median frequency of participation per week in non-organised physical activity by sex and year



Base: All participants in non-organised physical activities in 2008 (n=12,493); in 2007 (n=10,771); in 2006 (n=9,309); in 2005 (n=9,557); in 2004 (n=9,560); in 2003 (n=9,394); in 2002 (n=8,648); and in 2001 (n=8,395)

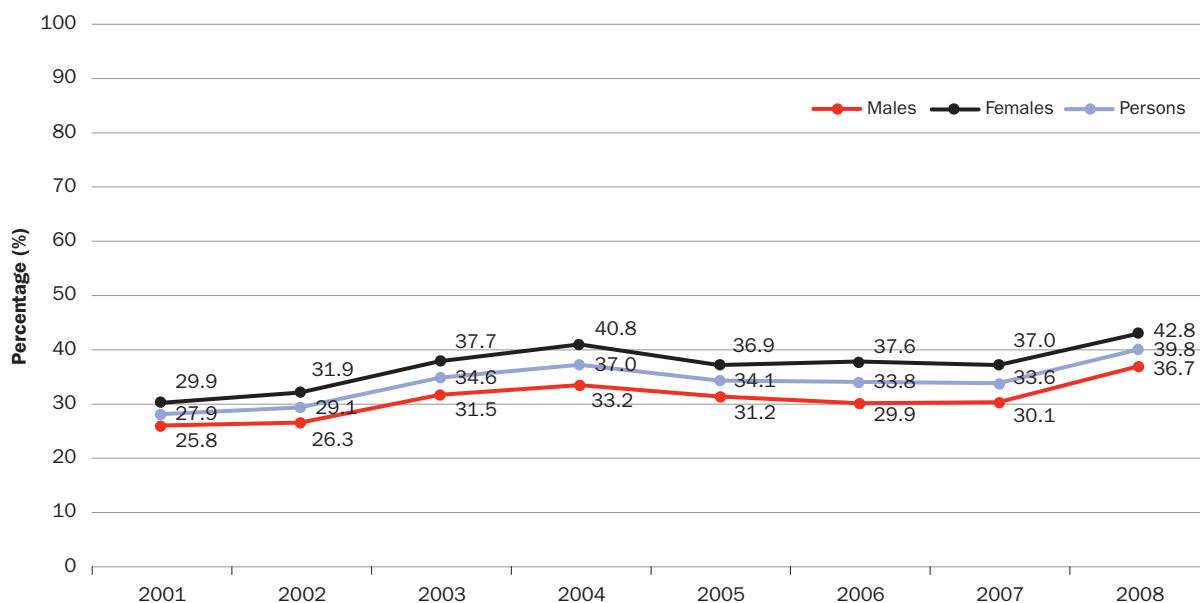
7.3 Regular participation in non-organised physical activity, 2001–2008

Regular participation in exercise, recreation or sport is defined as participating three times a week or more, on average.¹³

- The regular participation rate in non-organised physical activities in 2008 was 39.8% (Figure 15). This was considerably higher than for organised physical activities (see Section 7.3 ‘Regular participation in organised physical activity, 2001–2008’).
- The regular participation rate in non-organised physical activity has increased since 2001 (27.9%), and in 2008 was slightly higher than a previous peak in 2004. Although in the same period there was also an increase in the regular participation rate in organised physical activity (see Section 7.3 ‘Regular participation in organised physical activity, 2001–2008’), the increase was greater for non-organised activity.
- More females than males were regular participants in non-organised physical activities, and this has been the case since 2001. In 2001, the regular participation rate in non-organised physical activities among males was 25.8%, compared to 29.9% among females. In 2008, regular male participation in non-organised physical activities increased to 36.7%. In the same period, regular participation among females increased to 42.8%.

¹³ See ‘Glossary’ for information about how ‘per week’ statistics are calculated.

Figure 15: Regular participation rate in non-organised physical activities by sex and year



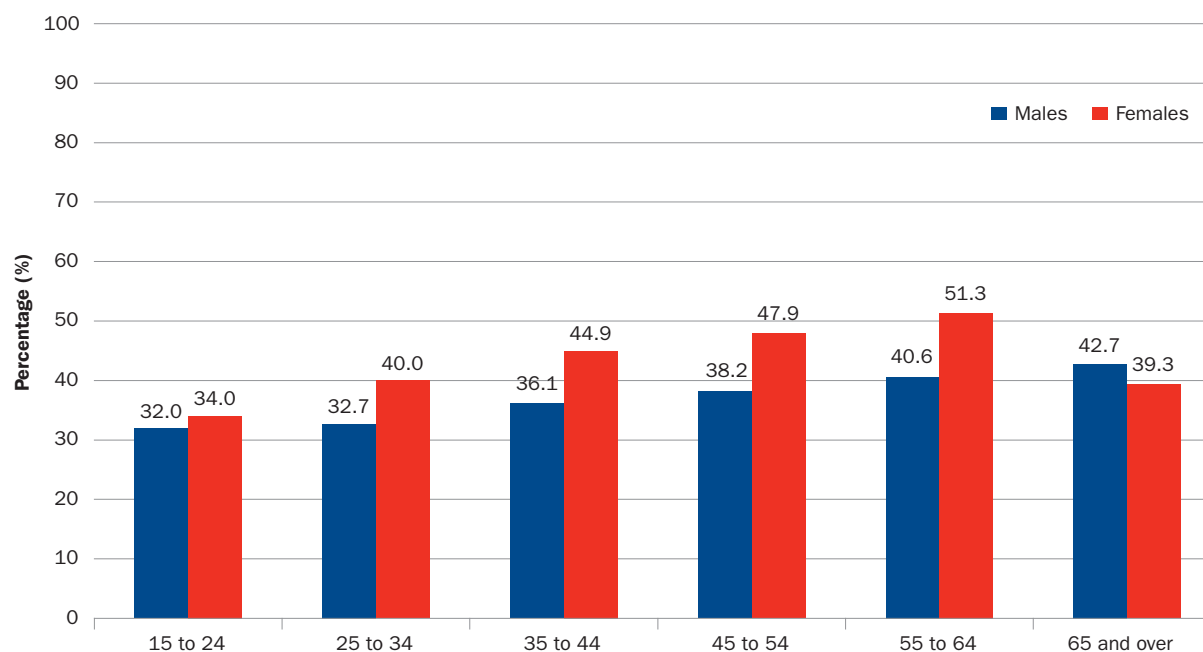
Base: All persons aged 15 years and over in 2008 (n=17,293); in 2007 (n=16,400); in 2006 (n=13,708); in 2005 (n=13,726); in 2004 (n=13,662); in 2003 (n=13,703); in 2002 (n=13,632); and in 2001 (n=13,424)

7.4 Regular participation in non-organised physical activity by demographics

Age and sex

- More females than males regularly participated in non-organised physical activity in 2008 (42.8% and 36.7%, respectively).
- Among females, regular participation in non-organised physical activity was lowest among those aged 15 to 24 years (34.0%), and gradually increased with age, peaking in the age group 55 to 64 years (51.3%), before declining again (Figure 16). Among females aged 65 years and over, the regular participation rate in non-organised physical activity was 39.3%.
- Among males, regular participation in non-organised physical activity increased steadily with age, from 32.0% among males aged 15 to 24 years to 42.7% among males aged 65 years and over.
- Regular participation in non-organised physical activity was higher for females than males in all age groups except those aged 65 years and over.

Figure 16: Regular participation rate in non-organised physical activity by age and sex, 2008



Base: All persons aged 15 years and over (n=17,293)

Labour force status

- The unemployed had the lowest rate of regular participation in non-organised physical activity (33.0%). There was little difference between employed full time, employed part time and not in the labour force, where about 40% regularly participated in non-organised physical activity.
- More women than men participated in non-organised physical activity regardless of labour force status, but the gender gap was particularly pronounced among those who were employed. Women working full time (45.4%) had the highest regular participation rate in non-organised activity.

Regional status

- There was no difference between capital cities and the rest of the state in regular participation in non-organised physical activities (39.9% and 39.6%, respectively).

Education

- Those who were still at secondary school had the highest regular participation rate in organised physical activity (see Section 7.4 'Regular participation in organised physical activity by demographics'), but had the lowest regular participation rate in non-organised physical activity (25.8%).
- Regular participation in non-organised physical activities was highest among people with university degrees (46.9%) or diplomas (43.3%).

Language status

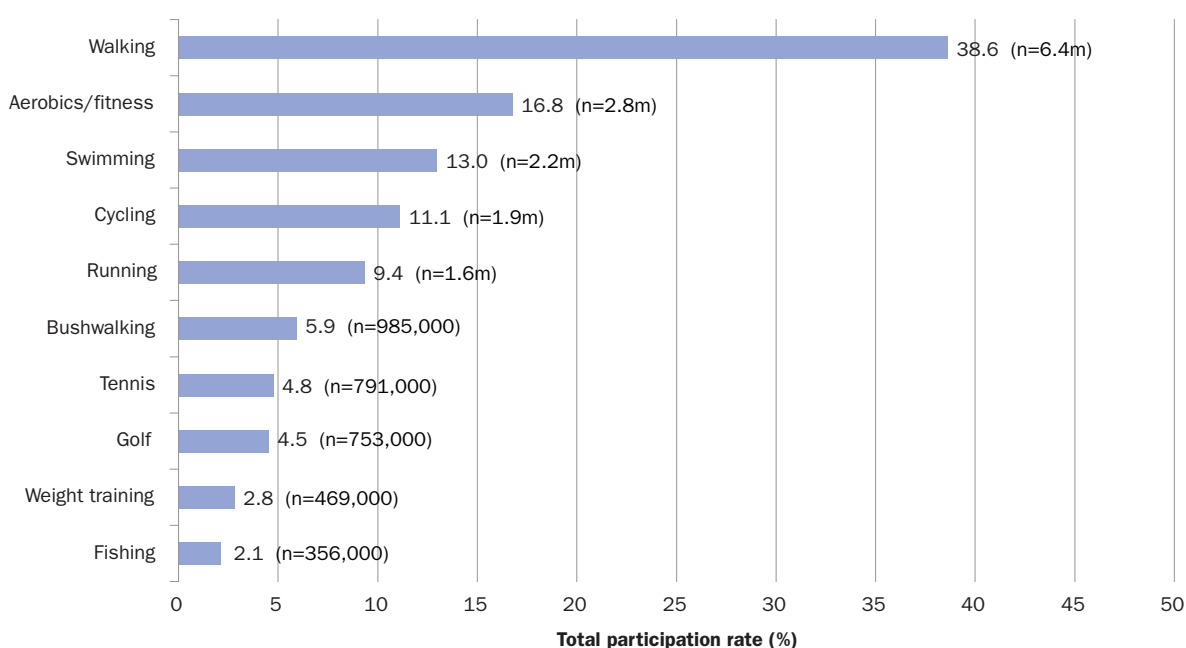
- Those who speak a non-European language at home regularly participated in non-organised physical activities (34.0%) to a lesser extent than those who speak English (40.4%) or another European language (41.5%) at home.

7.5 Main non-organised activities

Total participation in top ten non-organised activities, 2008

- Of all non-organised activities, walking had the highest total participation rate (38.6%). An estimated 6.4 million persons aged 15 years and over walked at least once as a non-organised activity in the 12 months prior to interview (Figure 17 and Table 13). Almost all participation in walking was non-organised.
- This excluded non-organised bushwalking, which is categorised separately and had a total participation rate of 5.9%.
- Other non-organised sports and physical activities with relatively high total participation rates were aerobics/fitness activities (16.8%), swimming (13.0%), cycling (11.1%) and running (9.4%).
- Almost all participation in cycling and running was non-organised. Most participation in swimming was non-organised.

Figure 17: Top ten non-organised physical activities, 2008



Base: All persons aged 15 years and over (n=17,293)

Total participation in top ten non-organised activities, 2001–2008

- In terms of the top ten non-organised activities, aerobics/fitness had the largest increase in total participation between 2001 and 2008 (153% increase over 2001) (Box 2).
- Other activities in the top ten to experience large increases since 2001 included walking (50% increase), running (57% increase), weight training (49% increase), cycling (36% increase) and bushwalking (34% increase).
- In terms of the top ten non-organised activities, the only one experiencing a decline in participation between 2001 and 2008 was tennis (–15% over 2001).

Box 2: Total participation in top ten non-organised physical activities by year

	2001	2002	2003	2004	2005	2006	2007	2008	% change 2001-2008 (a)
	'000	'000	'000	'000	'000	'000	'000	'000	
Walking	4,283.5	4,625.1	5,787.8	6,099.7	5,875.3	5,724.1	5,309.7	6,417.5	49.8
Aerobics/fitness	1,104.1	1,273.5	1,340.7	1,551.8	1,623.2	1,959.9	1,876.7	2,788.1	152.5
Swimming	2,170.1	2,042.2	2,066.5	2,295.2	2,070.8	1,955.0	1,738.8	2,158.9	-0.5
Cycling	1,361.1	1,342.4	1,400.7	1,591.3	1,576.4	1,571.7	1,532.0	1,850.5	35.9
Running	989.3	1,067.5	1,094.5	1,242.4	1,143.2	1,125.5	1,171.4	1,554.6	57.1
Bushwalking	737.4	787.8	824.8	731.1	837.6	693.8	862.5	984.8	33.5
Tennis	927.0	818.0	884.4	819.7	792.5	752.7	602.3	791.1	-14.7
Golf	695.2	733.1	690.4	680.5	654.0	631.4	488.9	752.5	8.2
Weight training	313.8	230.0	274.6	304.3	233.1	355.0	257.7	468.5	49.3
Fishing	335.5	337.1	387.7	349.4	312.0	335.0	252.7	356.3	6.2

Base: All persons aged 15 years and over in 2008 (n=17,293); in 2007 (n=16,400); in 2006 (n=13,708); in 2005 (n=13,726); in 2004 (n=13,662); in 2003 (n=13,703); in 2002 (n=13,632); and in 2001 (n=13,424)

(a) Percentage change in the number of participants between 2001 and 2008. Per cent change over 2001 is calculated as follows: $(n_{2008} - n_{2001}) / n_{2001}$.

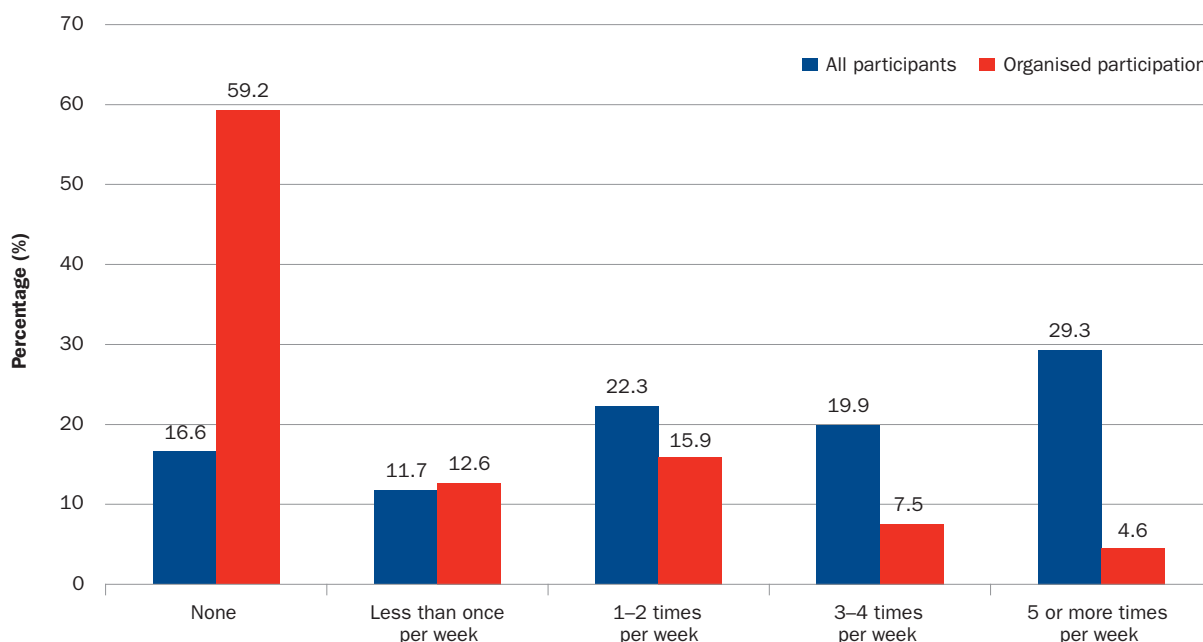
8 Participation in organised physical activity

8.1 Frequency of participation in organised physical activity

During the 12 months prior to interview in 2008:

- An estimated 6.8 million persons aged 15 years and over participated **at least once annually** in physical activity for exercise, recreation or sport that was organised by a club, association, fitness centre or other type of organisation,¹⁴ a **total participation rate** in organised activity of 40.8% (Table 1). Almost half (48.7%) of those participating in any activity did so on a partially or fully organised basis.
- An estimated 4.7 million persons aged 15 years and over participated **at least once per week** in organised physical activity, a **weekly participation rate** in organised activity of 28% (Table 11). This was about half the weekly participation rate in non-organised activity (see Section 6.1 'Frequency of participation in non-organised physical activity').
- An estimated 2.0 million persons aged 15 years and over participated in an organised physical activity three times a week or more, a **regular participation rate** in organised activity of 12.1%. This was about one-third the regular participation rate in non-organised activity (see Section 6.1 'Frequency of participation in non-organised physical activity').
- An estimated 9.8 million persons aged 15 years and over did not participate in any organised physical activity in the 12 months prior to interview in 2008, a **non-participation rate** in organised activity of 59.2% (Figure 18 and Table 10).

Figure 18: Frequency of participation in organised physical activity, 2008



Base: All persons aged 15 years and over (n=17,293)

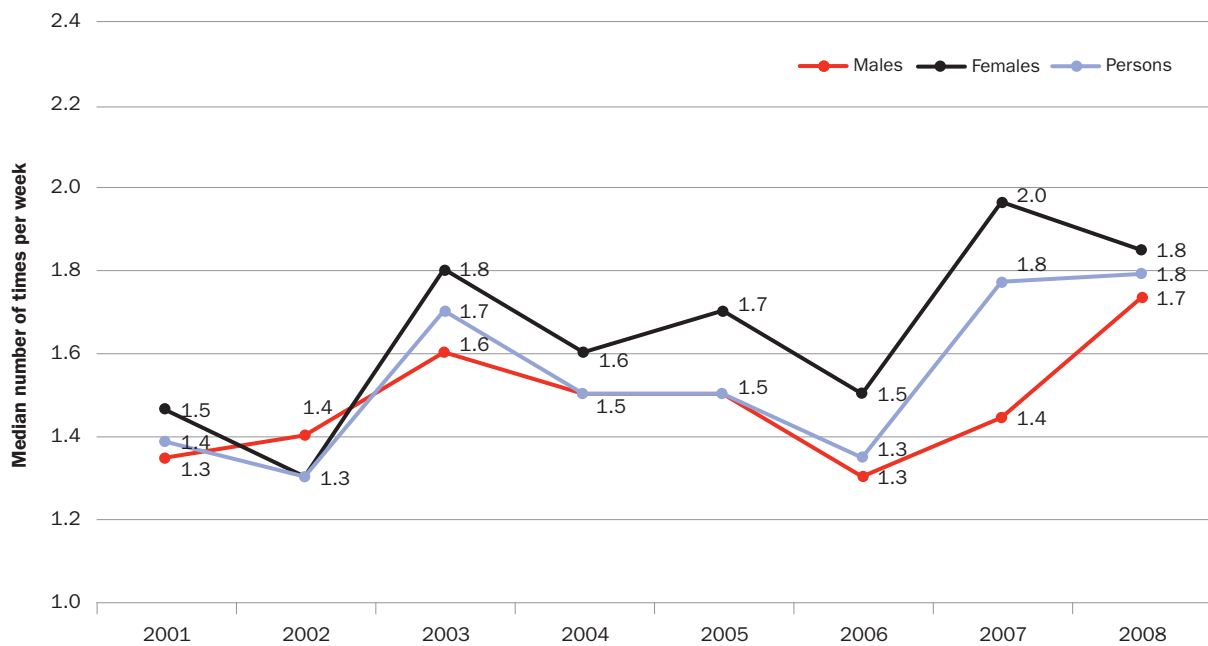
14 See 'Glossary' for the definition of organised physical activities.

8.2 Median frequency of participation in organised physical activity, 2001–2008

Note that the median data in this section are based only on those people who participated in organised physical activity

- The median frequency of participation in organised physical activity among participants¹⁵ was 1.8 times per week in 2008 (Figure 19).
- In 2008, the median frequency of participation in organised activity among participants was at its highest level since 2001.
- For female participants, the median frequency of participation in organised activities was 1.8 times per week in 2008. This was lower than in 2007, when it peaked at 2.0 times per week.
- Among male participants, the median frequency of participation in organised activities increased between 2001 and 2008, and was at its highest level ever in 2008 (1.7 times per week in 2008, compared to 1.3 in 2001).

Figure 19: All participants in organised physical activity — median frequency of participation per week in organised physical activity by sex and year



Base: All participants in organised activities in 2008 (n=6,753); in 2007 (n=6,039); in 2006 (n=4,994); in 2005 (n=5,486); in 2004 (n=5,587); in 2003 (n=5,664); in 2002 (n=5,329); and in 2001 (n=5,317)

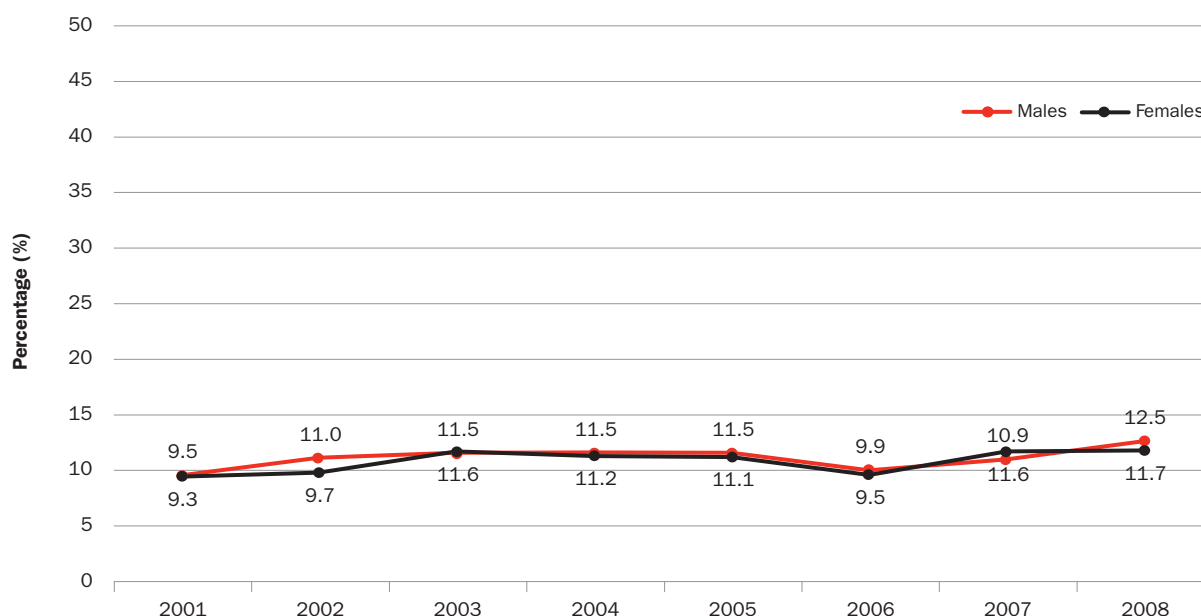
15 All those not participating in organised activity (frequency=0) are excluded from this calculation.

8.3 Regular participation in organised physical activity, 2001–2008

Regular participation in exercise, recreation or sport is defined as participating three times a week or more, on average.¹⁶

- In 2008, the regular participation rate in organised physical activities was 12.1%. This was considerably lower than for non-organised physical activities (see Section 6.3 ‘Regular participation in non-organised physical activity, 2001–2008’).
- The regular participation rate in organised physical activities has increased for males since 2001 (Figure 20). The 2008 rate for males was 12.5% (1.0 million persons), compared to 9.5% in 2001 (707,000 persons).
- The regular participation rate in organised physical activities has increased for females, but more modestly. The 2008 rate for females was 11.7% (986,000 persons), compared to 9.3% in 2001 (713,000 persons).
- There was little difference between males and females in organised participation rates in 2008. This has been the case since 2001 and is different to non-organised participation, where females have consistently had a higher regular participation rate (see Section 6.3 ‘Regular participation in non-organisation physical activity, 2001–2008’).

Figure 20: Regular participation rate in organised physical activity by sex and year



Base: All persons aged 15 years and over in 2008 (n=17,293); in 2007 (n=16,400); in 2006 (n=13,708); in 2005 (n=13,726); in 2004 (n=13,662); in 2003 (n=13,703); in 2002 (n=13,632); and in 2001 (n=13,424)

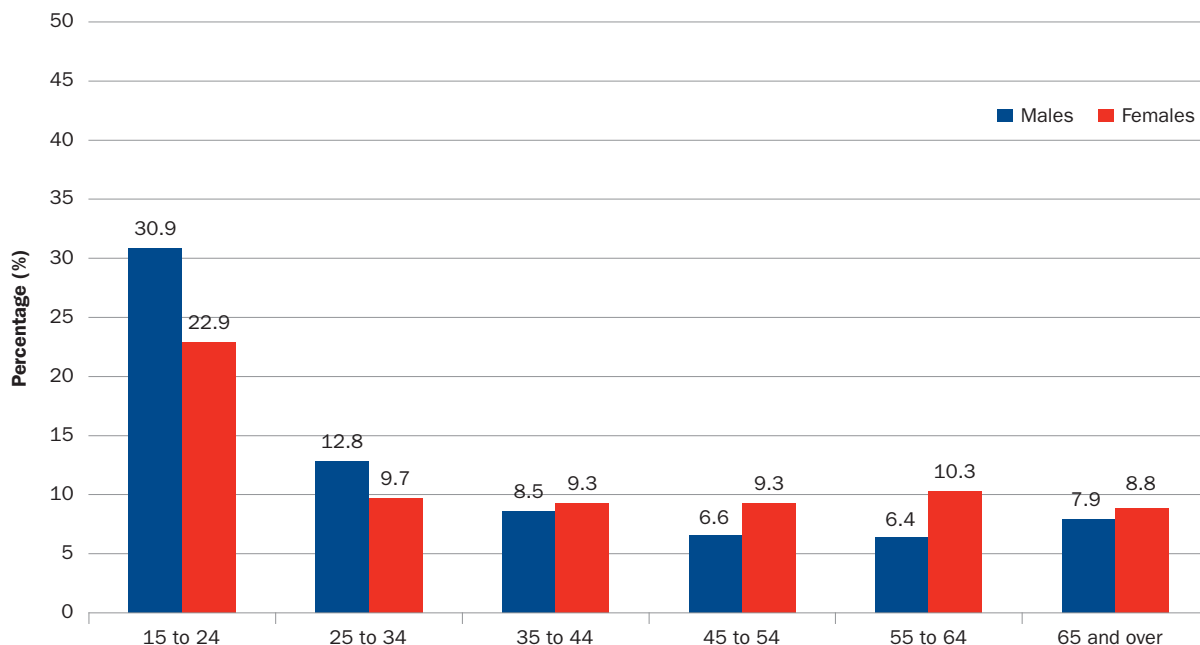
8.4 Regular participation in organised physical activity by demographics

Age and sex

- On average, more males than females regularly participated in organised physical activity in 2008, but the difference was small (12.5% and 11.7%, respectively).
- Regular participation in organised physical activity was higher for males than females in the 15 to 34 years age group and higher for females aged 35 years or older (Figure 21).
- Whereas participation in non-organised physical activity increased with age (see Section 6.4 ‘Regular participation in non-organised physical activity by demographics’), regular participation in organised physical activity was most common among those aged 15 to 24 years (26.9%).

¹⁶ See ‘Glossary’ for information about how ‘per week’ statistics are calculated.

Figure 21: Regular participation rate in organised physical activity by age and sex, 2008



Base: All persons aged 15 years and over (n=17,293)

Labour force status

- The unemployed had the highest regular participation rate in organised physical activity (20.4%), especially when compared to those employed full time (10.7%) or not in the labour force (10.1%). This is in direct contrast to non-organised physical activity (see Section 6.4 'Regular participation in non-organised physical activity by demographics').

Regional status

- Regular participation in organised physical activities was little different in capital cities (12.3%) to elsewhere (11.7%).

Education

- Those who were still at secondary school had the highest regular participation rate in organised physical activity (38.2%).
- In 2008, there were few differences of note among other education categories.

Language status

- Unlike non-organised physical activity (see Section 6.4 'Regular participation in non-organised physical activity by demographics'), there were few differences in regular participation in organised physical activity among those who speak only English at home (12.3%), those who speak another European language at home (12.4%), and those who speak a non-European language at home (10.0%).

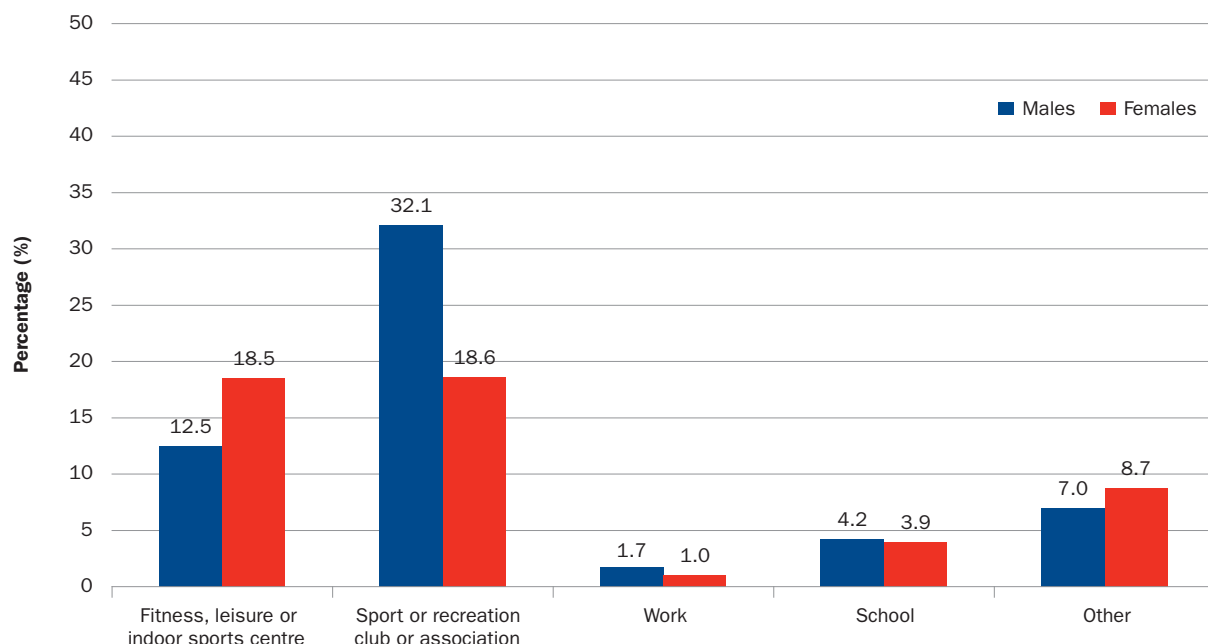
8.5 Type of organisation

Note that there are some concerns about the accuracy of the data in ERASS relating to the type of organisation involved in organising physical activities (see Section 11 'Exercise, Recreation and Sport Survey questionnaire' for detailed question wording). In particular, there is concern that the distinction between 'fitness, leisure or indoor sports centre' and 'sport or recreation club or association' may not always be clear to either the respondent and/or the interviewer, particularly for those involved in aerobics/fitness activities. This could be due to the fact that some fitness centres refer to themselves as a 'club' and charge an annual membership fee, which can then blur the distinction between 'fitness, leisure or indoor sports centre' and 'sport or recreation club or association'. For this reason, in this analysis all aerobics/fitness participants describing their participation as being through a 'club' have been recoded to 'fitness, leisure or indoor sports centre'.

In terms of the type of organisation behind organised physical activities:

- In 2008, an estimated 4.2 million persons, or 25.3%, participated at least once in activities that were organised by a **sport or recreation club or association** (Table 12).
- An estimated 2.6 million persons, or 15.6%, participated in activities that were organised by a **fitness, leisure or indoor sports centre**.
- Relatively few people participated in activities that were organised by their **school** (674,700 persons, or 4.1%) or **work** (223,600 persons, or 1.3%).
- More females than males participated in activities organised by a fitness, leisure or indoor sports centre (total participation rates of 18.5% and 12.5%, respectively) (Figure 22).
- More males participated in activities organised by a sport or recreation club or association than females (total participation rates of 32.1% and 18.6%, respectively).
- Participation through clubs was highest among the 15 to 24 age group (41.2%) (Table 12).

Figure 22: Total participation rate in organised physical activity by type of organisation, 2008



Base: All persons aged 15 years and over (n=17,293)

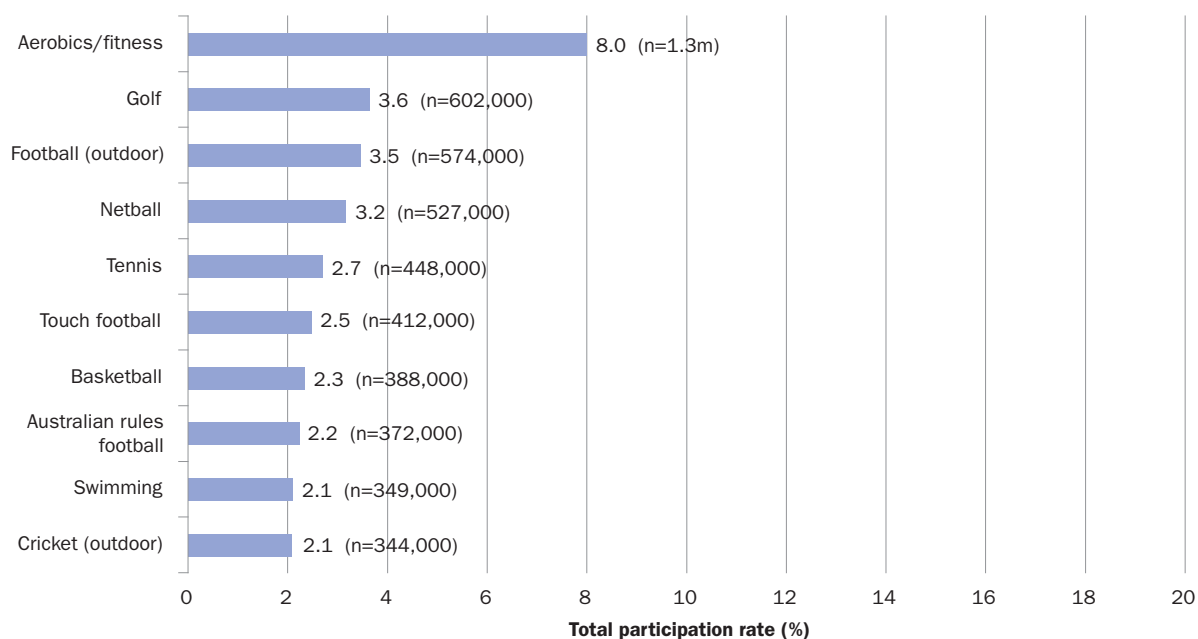
Note: Aerobics/fitness participants who said their activity had been organised by a sport or recreation club or association have been recoded to fitness, leisure or indoor sports centre. Aerobics/fitness includes calisthenics, Chinese exercise, exercise bike, gymnasium workouts, military exercise, Prime Movers, Step Reebok, treadmill, and other aerobics/exercising/physiotherapy.

8.6 Main organised activities

Total participation in top ten organised activities, 2008

- In 2008, the organised activity with the highest total participation rate was aerobics/fitness (8.0%) (Figure 23 and Table 17). An estimated 1.3 million persons aged 15 years and over participated in this activity in an organised environment at least once in the 12 months prior to interview.
- Other sports and physical activities that had relatively high numbers of participants in an organised environment were golf (3.6%), outdoor football (3.5%), netball (3.2%), tennis (2.7%), touch football (2.5%), basketball (2.3%), Australian rules football (2.2%), swimming (2.1%), and outdoor cricket (2.1%).

Figure 23: Top ten organised physical activities, 2008



Base: All persons aged 15 years and over (n=17,293)

Total participation in top ten organised activities, 2001-2008

- In terms of the top ten organised activities, outdoor football had the largest increase in total participation between 2001 and 2008 (50% increase over 2001) (Box 3). Participation in Australian rules football also increased (36%).
- Aerobics/fitness also experienced a large increase in participation since 2001 (35% increase over 2001), as did outdoor cricket (23%) and touch football (19%).
- Of the top ten organised activities, there was a decline in participation between 2001 and 2008 for tennis (-18%) and golf (-8%).

Box 3: Total participation in top ten organised physical activities by year

	2001	2002	2003	2004	2005	2006	2007	2008	% change 2001–2008 (a)
	'000	'000	'000	'000	'000	'000	'000	'000	
Aerobics/fitness	982.9	1,095.1	1,309.1	1,393.3	1,502.8	1,282.0	1,610.1	1,327.4	35.1
Golf	655.1	709.5	728.7	678.8	590.8	601.3	513.2	602.2	-8.1
Football (outdoor)	381.9	467.9	429.0	447.5	431.1	428.0	418.0	574.1	50.3
Netball	533.2	523.6	545.6	509.9	510.3	504.5	438.9	526.6	-1.2
Tennis	548.6	541.9	588.9	597.8	547.5	433.7	427.2	448.1	-18.3
Touch football	345.8	299.9	273.0	304.6	299.8	305.5	276.3	412.5	19.3
Basketball	364.2	432.0	367.5	341.1	376.3	370.0	353.4	388.3	6.6
Australian rules football	272.5	289.0	319.1	342.1	387.0	336.3	241.5	371.7	36.4
Swimming	334.0	333.3	435.6	442.8	345.8	307.7	305.1	349.3	4.6
Cricket (outdoor)	279.6	327.4	332.4	346.3	317.1	382.7	264.1	344.4	23.2

Base: All persons aged 15 years and over in 2008 (n=17,293); in 2007 (n=16,400); in 2006 (n=13,708); in 2005 (n=13,726); in 2004 (n=13,662); in 2003 (n=13,703); in 2002 (n=13,632); and in 2001 (n=13,424)

(a) Percentage change in the number of participants between 2001 and 2008. Per cent change over 2001 is calculated as follows: $(n_{2008} - n_{2001}) / n_{2001}$

9 Participation in club-based physical activity

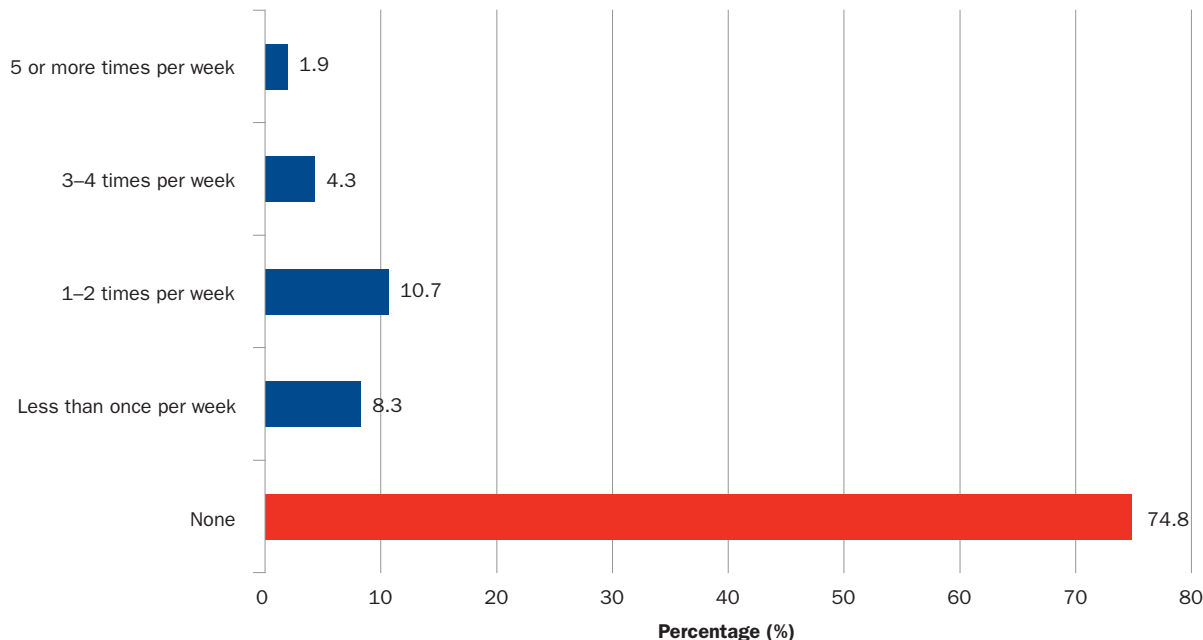
See note at start of Section 7.5 'Type of organisation'

9.1 Frequency of participation in club-based physical activity

During the 12 months prior to interview in 2008:

- An estimated 4.2 million persons aged 15 years and over participated **at least once annually** in physical activity for exercise, recreation or sport that was organised by a sport or recreation club or association,¹⁷ a **total participation rate** in club-based physical activity of 25.3% (Table 12).
- An estimated 2.8 million persons aged 15 years and over participated **at least once per week** in physical activity that was organised by a sport or recreation club or association, a **weekly participation rate** in club-based activity of 16.9% (Figure 24).
- An estimated 1.0 million persons aged 15 years and over participated in a club-based physical activity three times a week or more, a **regular participation rate** in club-based activity of 6.3%.
- An estimated 12.4 million persons aged 15 years and over did not participate in any club-based physical activity in the 12 months prior to interview in 2008, a **non-participation rate** in club-based activity of 74.8%.

Figure 24: Frequency of participation in club-based physical activity, 2008^(a,b)



Base: All persons aged 15 years and over (n=17,293)

(a) Aerobics/fitness participants who said their activity had been organised by a sport or recreation club or association have been excluded from this analysis. Aerobics/fitness includes calisthenics, Chinese exercise, exercise bike, gymnasium workouts, military exercise, Prime Movers, Step Reebok, treadmill and other aerobics/exercising/physiotherapy.

(b) Those who said 'don't know' when asked frequency of the activity for all their activities are coded as 'none' in this figure. This means that the total club-based participation rate shown in Table 12 is slightly different from the rate that would be calculated by adding together all who reported a frequency.

¹⁷ See 'Glossary' for the definition of club-based physical activities.

9.2 Median frequency of participation in club-based physical activity, 2001–2008

Note that the median data in this section are based only on those people who participated in club-based physical activity.

- The median frequency of participation in club-based physical activity among participants¹⁸ was 1.4 times per week in 2008. This was higher than in 2001 and equivalent to a similar peak in 2003 (Figure 25).
- The median frequency of participation in club-based activities was generally higher for males than for females over the period 2001 to 2008 (2003 excepted).
- The median frequency of participation among females was 1.3 times per week in 2008.
- Among male participants, median frequency of participation in club-based physical activity was at its highest level ever in 2008 (1.5 times per week).

Figure 25: All club-based participants — median frequency of participation in club-based physical activity by sex and year



Base: All participants in club-based activities in 2008 (n=4,048); in 2007 (n=4,003); in 2006 (n=3,415); in 2005 (n=3,627); in 2004 (n=3,877); in 2003 (n=3,721); in 2002 (n=3,574); and in 2001 (n=3,578)

Note: Aerobics/fitness participants who said their activity had been organised by a sport or recreation club or association have been excluded from this analysis. Aerobics/fitness includes calisthenics, Chinese exercise, exercise bike, gymnasium workouts, military exercise, Prime Movers, Step Reebok, treadmill and other aerobics/exercising/physiotherapy. The 2007 ERASS report did not exclude this type of participant from this type of analysis; there will therefore be minor discrepancies between the two reports for this data.

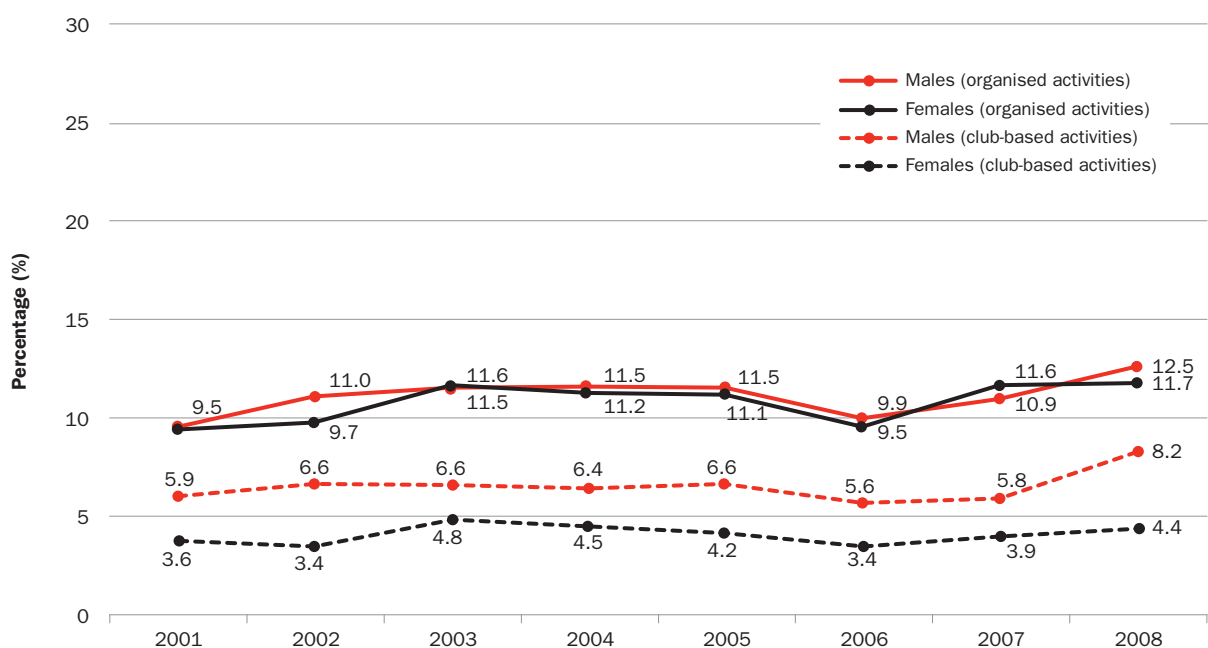
18 All those not participating in club-based activity (frequency=0) are excluded from this calculation.

9.3 Regular participation in club-based physical activity, 2001–2008

Regular participation in exercise, recreation or sport is defined as participating three times a week or more, on average.¹⁹

- In 2008, regular participation in physical activity organised by a recreation or sport club or association was 6.3% overall.
- For males, the regular participation rate in club-based physical activity was 8.2% and for females it was 4.4% in 2008 (Figure 26). This is unlike non-organised physical activity, where the female rate of regular participation exceeded the male rate (see Section 6.3 ‘Regular participation in non-organised physical activity, 2001–2008’).
- Regular club-based participation among females increased slightly between 2001, when the regular participation rate was 3.6%, and 2008.
- The male regular participation rate in club-based activity was at its highest level ever in 2008.

Figure 26: Regular participation rate in club-based physical activity by sex and year



Base: All persons aged 15 years and over in 2008 (n=17,293); in 2007 (n=16,400); in 2006 (n=13,708); in 2005 (n=13,726); in 2004 (n=13,662); in 2003 (n=13,703); in 2002 (n=13,632); and in 2001 (n=13,424)

Note: Aerobics/fitness participants who said their activity had been organised by a sport or recreation club or association have been excluded from this analysis. Aerobics/fitness Includes calisthenics, Chinese exercise, exercise bike, gymnasium workouts, military exercise, Prime Movers, Step Reebok, treadmill, and other aerobics/exercising/physiotherapy. The 2007 ERASS report did not exclude this type of participant from this type of analysis; there will therefore be minor discrepancies between the two reports for this data.

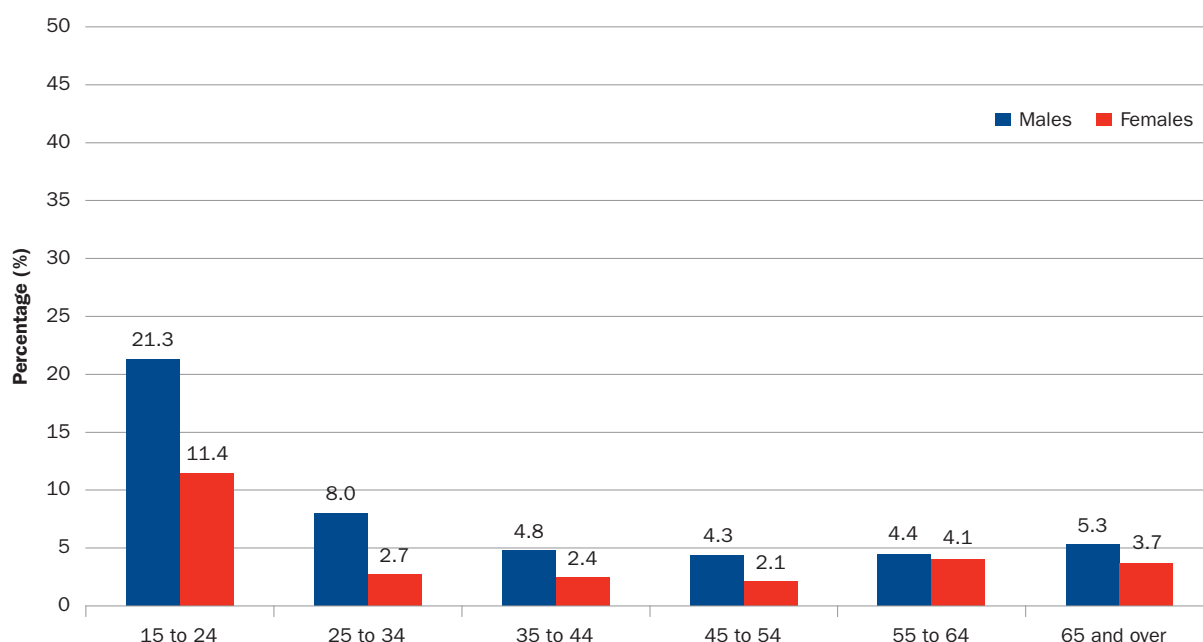
¹⁹ See ‘Glossary’ for information about how ‘per week’ statistics are calculated.

9.4 Regular participation in club-based physical activity by demographics

Age and sex

- While overall in 2008 males had a higher regular participation rate than females in club-based physical activity (8.2% and 4.4%, respectively), this relationship varied by age (Figure 27).
- The difference between males and females was especially pronounced among those aged 15 to 24 years, where the regular participation rate for males in club-based activity was 21.3%, compared to 11.4% for females.
- Regardless of gender, regular participation in club-based physical activity was most common among those aged 15 to 24 years (16.4%).

Figure 27: Regular participation in club-based physical activity by age and sex, 2008



Base: All persons aged 15 years and over (n=17,293)

Note: Aerobics/fitness participants who said their activity had been organised by a sport or recreation club or association have been excluded from this analysis. Aerobics/fitness includes calisthenics, Chinese exercise, exercise bike, gymnasium workouts, military exercise, Prime Movers, Step Reebok, treadmill and other aerobics/exercising/physiotherapy.

Labour force status

- The unemployed had the highest regular participation rate in club-based physical activities in 2008 (11.7%).
- Those who were not in the labour force (including students and retired persons) had the lowest regular participation rate in club-based physical activity (5.2%).
- Part-time employed persons had a higher regular participation rate (8.3%) in club-based physical activities than full-time employed persons (5.5%).

Regional status

- Regular participation in club-based physical activities was slightly lower in capital cities than in other parts of Australia (5.8% and 7.0%, respectively).

Education

- Those who were still at secondary school had the highest regular participation rate in club-based physical activity (22.5%), followed by those who had completed secondary school only (8.0%).

Language status

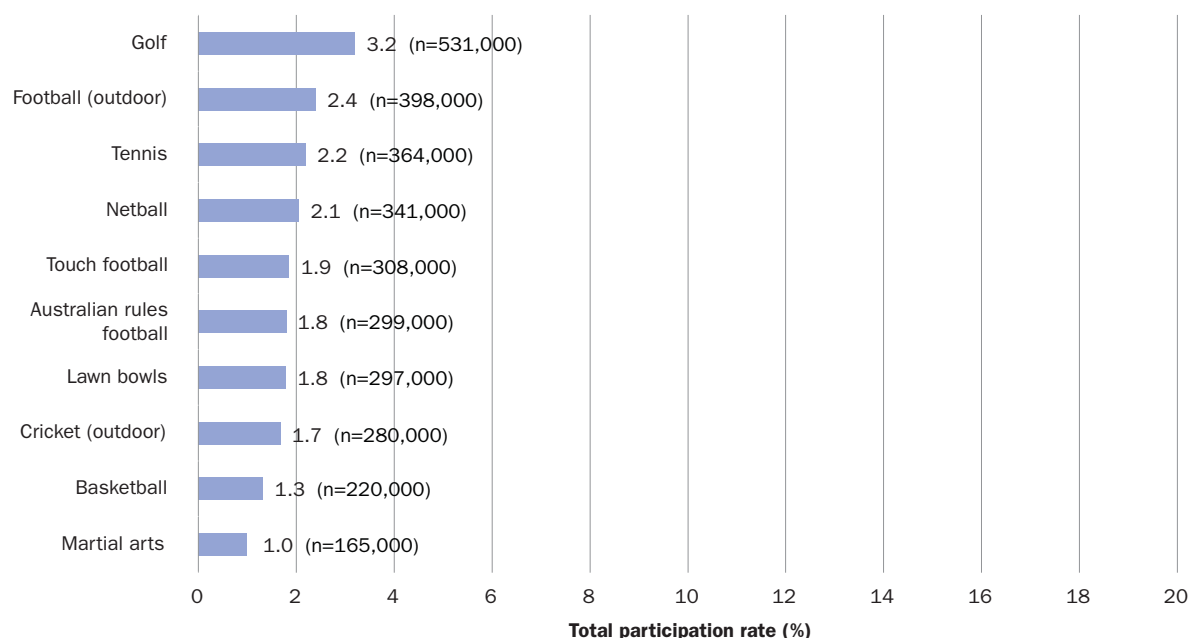
- There were few differences in regular participation in club-based physical activity among those who speak only English at home, those who speak another European language at home, and those who speak a non-European language at home. The latter had the lowest regular participation rate (4.0%), as with non-organised participation (see Section 6.4 'Regular participation in non-organised physical activity by demographics').

9.5 Main club-based activities

Total participation in top ten club-based activities, 2008

- In 2008, the club-based activity with the highest total participation rate was golf (3.2%) (Figure 28). An estimated 531,000 persons aged 15 years and over participated in this activity at least once in the 12 months prior to interview.
- Other sports and physical activities that had relatively high numbers of club-based participants were outdoor football (2.4%), tennis (2.2%), netball (2.1%), touch football (1.9%), Australian rules football (1.8%), lawn bowls (1.8%), outdoor cricket (1.7%), basketball (1.3%) and martial arts (1.0%).

Figure 28: Top ten club-based physical activities, 2008



Base: All persons aged 15 years and over (n=17,293)

Total participation in top ten club-based activities, 2001–2008

- In terms of the top ten club-based activities, Australian rules football had the largest increase in total participation between 2001 and 2008 (39% increase over 2001) (Box 4).
- The other club-based activities in the top ten to experience increases in participation since 2001 were outdoor football (35% increase over 2001), outdoor cricket (28%), touch football (14%) and lawn bowls (10%).
- Among the top ten club-based activities, tennis (-8%) had the only decline in participation between 2001 and 2008.

Box 4: Total participation in top ten club-based physical activities by year

	2001	2002	2003	2004	2005	2006	2007	2008	% change 2001–2008 (a)
	'000	'000	'000	'000	'000	'000	'000	'000	
Golf	534.0	600.5	600.5	564.0	503.8	510.4	438.9	530.9	-0.6
Football (outdoor)	295.2	336.8	276.1	297.8	310.8	298.7	317.9	397.8	34.7
Tennis	393.5	405.8	445.8	449.3	405.8	294.6	314.3	363.9	-7.5
Netball	336.5	330.3	339.8	347.3	315.4	322.7	292.7	341.5	1.5
Touch football	270.8	230.7	180.6	219.6	226.4	245.4	202.0	307.8	13.7
Australian rules football	214.8	227.0	258.3	258.1	306.4	234.8	202.6	299.1	39.2
Lawn bowls	269.8	291.3	329.7	308.6	316.0	272.0	203.9	297.4	10.2
Cricket (outdoor)	218.2	254.7	264.3	280.6	248.3	288.3	209.7	279.8	28.3
Basketball	205.6	259.2	224.7	216.5	190.7	183.0	216.2	219.8	6.9
Martial arts	162.8	155.1	159.6	180.8	171.8	162.2	171.1	165.3	1.5

Base: All persons aged 15 years and over in 2008 (n=17,293), in 2007 (n=16,400); in 2006 (n=13,708); in 2005 (n=13,726); in 2004 (n=13,662); in 2003 (n=13,703); in 2002 (n=13,632); and in 2001 (n=13,424)

(a) Percentage change in the number of participants between 2001 and 2008. Per cent change over 2001 is calculated as follows: $(n_{2008} - n_{2001}) / n_{2001}$

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10.1 2008 national tables

10.1.1 Total participation in any physical activity

Table 1: All participants — total participation in physical activity by type of participation, age and sex, 2008 (a)

Sex	Age group (years)	Organised only (c)	Non-organised only (d)	Both organised and non-organised (e)	Total organised	Total non-organised	Total participation
		(A)	(B)	(C)	(A + C)	(B + C)	(A + B + C)
		Number ('000)					
Males	15 to 24	336.7	344.9	663.7	1,000.4	1,008.7	1,345.3
	25 to 34	167.9	574.6	495.6	663.4	1,070.2	1,238.1
	35 to 44	148.0	640.8	492.2	640.2	1,133.0	1,281.1
	45 to 54	124.3	649.3	389.5	513.9	1,038.9	1,163.2
	55 to 64	110.1	561.5	249.2	359.3	810.8	920.9
	65 and over	134.4	511.2	244.2	378.7	755.4	889.9
	TOTAL	1,021.4	3,282.4	2,534.5	3,555.9	5,816.9	6,838.3
Females	15 to 24	248.4	436.8	549.6	798.0	986.4	1,234.8
	25 to 34	122.9	665.8	453.1	576.0	1,118.9	1,241.8
	35 to 44	119.8	739.3	464.0	583.9	1,203.3	1,323.1
	45 to 54	85.5	785.5	352.7	438.2	1,138.2	1,223.7
	55 to 64	65.4	613.1	291.7	357.1	904.8	970.2
	65 and over	147.8	556.5	313.0	460.9	869.5	1,017.3
	TOTAL	789.9	3,796.9	2,424.2	3,214.1	6,221.1	7,011.0
Persons	15 to 24	585.0	781.7	1,213.4	1,798.4	1,995.1	2,580.1
	25 to 34	290.8	1,240.4	948.7	1,239.5	2,189.1	2,479.9
	35 to 44	267.9	1,380.1	956.2	1,224.1	2,336.3	2,604.2
	45 to 54	209.8	1,434.9	742.2	952.0	2,177.1	2,386.9
	55 to 64	175.5	1,174.6	541.0	716.5	1,715.5	1,891.1
	65 and over	282.2	1,067.7	557.3	839.5	1,624.9	1,907.2
	TOTAL	1,811.3	7,079.3	4,958.7	6,770.0	12,038.1	13,849.3
		Total participation rate (%) (b)					
Males	15 to 24	23.1	23.7	45.6	68.7	69.3	92.4
	25 to 34	11.7	40.2	34.7	46.4	74.8	86.6
	35 to 44	9.9	43.0	33.0	43.0	76.0	85.9
	45 to 54	8.8	45.8	27.5	36.2	73.2	82.0
	55 to 64	9.4	48.1	21.4	30.8	69.5	78.9
	65 and over	11.1	42.4	20.2	31.4	62.6	73.8
	TOTAL	12.5	40.2	31.0	43.5	71.2	83.7
Females	15 to 24	17.6	31.0	39.1	56.7	70.1	87.7
	25 to 34	8.5	46.1	31.3	39.8	77.4	85.9
	35 to 44	7.8	48.0	30.1	37.9	78.2	85.9
	45 to 54	5.8	53.5	24.0	29.8	77.5	83.4
	55 to 64	5.5	51.7	24.6	30.1	76.4	81.9
	65 and over	10.6	40.0	22.5	33.1	62.5	73.1
	TOTAL	9.4	45.0	28.7	38.1	73.7	83.1
Persons	15 to 24	20.4	27.3	42.4	62.8	69.7	90.1
	25 to 34	10.1	43.1	33.0	43.1	76.1	86.2
	35 to 44	8.8	45.5	31.6	40.4	77.1	85.9
	45 to 54	7.3	49.7	25.7	33.0	75.4	82.7
	55 to 64	7.5	49.9	23.0	30.5	73.0	80.4
	65 and over	10.9	41.1	21.5	32.3	62.6	73.4
	TOTAL	10.9	42.6	29.9	40.8	72.5	83.4

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months

(c) Participants' activities are fully organised

(d) Participants' activities are fully non-organised

(e) Participants' activities are part organised and part non-organised

Table 2: All participants — total participation in any physical activity (organised and non-organised) by demographics, 2008 (a)

	MALES		FEMALES		PERSONS	
	Number	Total participation rate (b)	Number	Total participation rate	Number	Total participation rate
	('000)	(%)	('000)	(%)	('000)	(%)
AGE GROUP (YEARS)						
15 to 24	1,345.3	92.4	1,234.8	87.7	2,580.1	90.1
25 to 34	1,238.1	86.6	1,241.8	85.9	2,479.9	86.2
35 to 44	1,281.1	85.9	1,323.1	85.9	2,604.2	85.9
45 to 54	1,163.2	82.0	1,223.7	83.4	2,386.9	82.7
55 to 64	920.9	78.9	970.2	81.9	1,891.1	80.4
65 and over	889.9	73.8	1,017.3	73.1	1,907.2	73.4
REGION						
Capital city	4,473.8	85.5	4,591.5	84.2	9,065.3	84.8
Rest of state	2,364.5	80.6	2,419.5	81.1	4,784.0	80.9
EMPLOYMENT STATUS						
Employed full time	4,191.4	85.9	2,226.8	86.8	6,418.2	86.2
Employed part time	897.8	87.4	2,224.3	87.4	3,122.1	87.4
Employed refused	43.0	82.4	47.1	75.4	90.1	78.6
Total employed	5,132.2	86.2	4,498.1	87.0	9,630.3	86.5
Unemployed	299.6	86.5	273.9	81.7	573.5	84.2
Not in the labour force	1,406.6	75.4	2,239.0	76.4	3,645.5	76.0
MARITAL STATUS						
Married	4,004.8	84.0	3,977.9	85.0	7,982.7	84.5
Not married	2,813.9	83.5	3,000.5	80.7	5,814.4	82.1
Refused/Do not know	19.7*	60.7*	32.6	79.6	52.3	71.2
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	1,963.8	85.3	2,267.3	83.3	4,231.1	84.2
At least one under 18 — none at home	200.3	75.4	27.3*	75.5*	227.6	75.4
No children under 18	4,674.3	83.5	4,715.3	83.1	9,389.6	83.3
Refused	0.0**	0.0**	1.0**	20.8**	1.0**	13.9**
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	1,762.5	90.6	1,891.4	90.1	3,653.8	90.3
Undergraduate diploma or associate diploma	572.5	90.1	599.6	86.2	1,172.1	88.1
Certificate, trade qualification or apprenticeship	1,133.4	83.1	905.4	85.6	2,038.8	84.2
Highest level of secondary school	1,496.5	85.3	1,501.9	82.1	2,998.4	83.7
Did not complete highest level of school	1,298.5	72.4	1,533.4	74.5	2,832.0	73.5
Never went to school	2.8**	26.9**	1.0**	20.6**	3.7**	24.9**
Still at secondary school	388.6	94.4	374.2	91.2	762.8	92.8
Other	165.8	74.1	184.5	74.7	350.3	74.4
Refused	17.8*	60.5*	19.6*	58.7*	37.3	59.5
LANGUAGE SPOKEN AT HOME						
English only	5,911.7	84.3	6,197.2	84.3	12,108.9	84.3
European language/s other than English	273.0	81.5	268.2	78.7	541.1	80.1
Non-European language/s	686.7	79.9	574.9	73.6	1,261.6	76.9
Total	6,838.3	83.7	7,011.0	83.1	13,849.3	83.4

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 3: All persons — participation in any physical activity for exercise, recreation and sport by frequency, age and sex, 2008 (a)

Sex	Age group (years)	None	Up to once	One or two	Three or four	Five or	Do not know	Total
			per week (b)	times per week (c)	times per week (d)	more times per week		
		Number ('000)						
Males	15 to 24	110.5	170.6	331.0	364.0	478.5	1.3**	1,455.9
	25 to 34	192.0	252.4	378.5	279.9	327.3	0.0**	1,430.1
	35 to 44	209.6	240.2	384.2	318.1	338.6	0.0**	1,490.7
	45 to 54	255.4	220.0	333.4	230.3	376.8	2.6**	1,418.6
	55 to 64	245.9	174.3	220.7	172.1	353.1	0.6**	1,166.8
	65 and over	316.5	81.9	219.1	187.4	399.8	1.7**	1,206.3
	TOTAL	1,330.0	1,139.3	1,866.8	1,551.8	2,274.1	6.3**	8,168.3
Females	15 to 24	172.5	191.7	336.8	286.8	418.5	1.0**	1,407.3
	25 to 34	203.9	162.5	374.5	325.0	376.4	3.5**	1,445.7
	35 to 44	216.5	160.9	344.1	365.2	452.8	0.2**	1,539.6
	45 to 54	244.3	121.1	299.2	306.6	489.9	6.9**	1,468.0
	55 to 64	214.6	82.7	203.3	240.3	442.4	1.6**	1,184.8
	65 and over	374.1	91.9	271.0	236.1	412.5	5.8**	1,391.4
	TOTAL	1,425.9	810.7	1,828.9	1,759.9	2,592.5	18.9*	8,436.9
Persons	15 to 24	283.0	362.3	667.8	650.8	897.0	2.2**	2,863.2
	25 to 34	395.9	414.8	752.9	604.9	703.7	3.5**	2,875.8
	35 to 44	426.1	401.0	728.3	683.3	791.4	0.2**	3,030.3
	45 to 54	499.7	341.1	632.6	536.9	866.7	9.6*	2,886.6
	55 to 64	460.5	257.0	424.0	412.4	795.5	2.2**	2,351.6
	65 and over	690.6	173.8	490.1	423.5	812.3	7.5*	2,597.7
	TOTAL	2,755.9	1,950.0	3,695.7	3,311.7	4,866.6	25.2*	16,605.2
Percentage of row (%)								
Males	15 to 24	7.6	11.7	22.7	25.0	32.9	0.1**	100
	25 to 34	13.4	17.6	26.5	19.6	22.9	0.0**	100
	35 to 44	14.1	16.1	25.8	21.3	22.7	0.0**	100
	45 to 54	18.0	15.5	23.5	16.2	26.6	0.2**	100
	55 to 64	21.1	14.9	18.9	14.8	30.3	0.1**	100
	65 and over	26.2	6.8	18.2	15.5	33.1	0.1**	100
	TOTAL	16.3	13.9	22.9	19.0	27.8	0.1**	100
Females	15 to 24	12.3	13.6	23.9	20.4	29.7	0.1**	100
	25 to 34	14.1	11.2	25.9	22.5	26.0	0.2**	100
	35 to 44	14.1	10.4	22.3	23.7	29.4	0.0**	100
	45 to 54	16.6	8.3	20.4	20.9	33.4	0.5**	100
	55 to 64	18.1	7.0	17.2	20.3	37.3	0.1**	100
	65 and over	26.9	6.6	19.5	17.0	29.6	0.4**	100
	TOTAL	16.9	9.6	21.7	20.9	30.7	0.2*	100
Persons	15 to 24	9.9	12.7	23.3	22.7	31.3	0.1**	100
	25 to 34	13.8	14.4	26.2	21.0	24.5	0.1**	100
	35 to 44	14.1	13.2	24.0	22.5	26.1	0.0**	100
	45 to 54	17.3	11.8	21.9	18.6	30.0	0.3*	100
	55 to 64	19.6	10.9	18.0	17.5	33.8	0.1**	100
	65 and over	26.6	6.7	18.9	16.3	31.3	0.3*	100
	TOTAL	16.6	11.7	22.3	19.9	29.3	0.2*	100

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 4: All participants — participation in any physical activity by cumulative frequency, age and sex, 2008 (a)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	170.6	1,173.5	1,013.3	842.5	1,345.3
	25 to 34	252.4	985.7	792.3	607.2	1,238.1
	35 to 44	240.2	1,040.9	824.8	656.7	1,281.1
	45 to 54	220.0	940.5	779.3	607.2	1,163.2
	55 to 64	174.3	745.9	649.2	525.2	920.9
	65 and over	81.9	806.2	704.9	587.2	889.9
	TOTAL	1,139.3	5,692.8	4,763.7	3,825.9	6,838.3
Females	15 to 24	191.7	1,042.1	881.5	705.3	1,234.8
	25 to 34	162.5	1,075.9	912.4	701.4	1,241.8
	35 to 44	160.9	1,162.1	990.1	818.0	1,323.1
	45 to 54	121.1	1,095.7	958.3	796.5	1,223.7
	55 to 64	82.7	885.9	790.6	682.7	970.2
	65 and over	91.9	919.6	793.6	648.6	1,017.3
	TOTAL	810.7	6,181.3	5,326.7	4,352.4	7,011.0
Persons	15 to 24	362.3	2,215.6	1,894.8	1,547.8	2,580.1
	25 to 34	414.8	2,061.5	1,704.7	1,308.6	2,479.9
	35 to 44	401.0	2,203.0	1,815.0	1,474.7	2,604.2
	45 to 54	341.1	2,036.2	1,737.6	1,403.6	2,386.9
	55 to 64	257.0	1,631.9	1,439.8	1,207.9	1,891.1
	65 and over	173.8	1,725.9	1,498.5	1,235.8	1,907.2
	TOTAL	1,950.0	11,874.1	10,090.4	8,178.4	13,849.3

Total participation rate (%) (b)

Males	15 to 24	11.7	80.6	69.6	57.9	92.4
	25 to 34	17.6	68.9	55.4	42.5	86.6
	35 to 44	16.1	69.8	55.3	44.1	85.9
	45 to 54	15.5	66.3	54.9	42.8	82.0
	55 to 64	14.9	63.9	55.6	45.0	78.9
	65 and over	6.8	66.8	58.4	48.7	73.8
	TOTAL	13.9	69.7	58.3	46.8	83.7
Females	15 to 24	13.6	74.1	62.6	50.1	87.7
	25 to 34	11.2	74.4	63.1	48.5	85.9
	35 to 44	10.4	75.5	64.3	53.1	85.9
	45 to 54	8.3	74.6	65.3	54.3	83.4
	55 to 64	7.0	74.8	66.7	57.6	81.9
	65 and over	6.6	66.1	57.0	46.6	73.1
	TOTAL	9.6	73.3	63.1	51.6	83.1
Persons	15 to 24	12.7	77.4	66.2	54.1	90.1
	25 to 34	14.4	71.7	59.3	45.5	86.2
	35 to 44	13.2	72.7	59.9	48.7	85.9
	45 to 54	11.8	70.5	60.2	48.6	82.7
	55 to 64	10.9	69.4	61.2	51.4	80.4
	65 and over	6.7	66.4	57.7	47.6	73.4
	TOTAL	11.7	71.5	60.8	49.3	83.4

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

10.1.2 Recent participation in any physical activity

Table 5: All recent participants — recent participation in any physical activity by duration and age, 2008 (a)

		15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	Total
		Number ('000)						
Five hours or more	More than three sessions weekly	649.1	392.9	477.0	480.0	522.4	482.8	3,004.1
	Two or three sessions weekly	136.1	60.3	91.9	58.8	88.7	90.4	526.3
	Less than two sessions weekly	13.7*	16.9*	11.1*	18.3*	22.5*	23.4*	105.9
	<i>Total</i>	<i>798.9</i>	<i>470.1</i>	<i>580.0</i>	<i>557.1</i>	<i>633.7</i>	<i>596.5</i>	<i>3,636.3</i>
Two hours or more but less than five hours	More than three sessions weekly	327.8	378.5	438.8	454.4	398.4	369.0	2,366.9
	Two or three sessions weekly	389.0	339.2	311.4	259.3	130.7	140.7	1,570.4
	Less than two sessions weekly	133.4	91.5	103.9	102.8	68.1	93.7	593.3
	<i>Total</i>	<i>850.2</i>	<i>809.1</i>	<i>854.2</i>	<i>816.5</i>	<i>597.2</i>	<i>603.3</i>	<i>4,530.6</i>
Less than two hours	More than three sessions weekly	40.7	49.2	66.4	72.7	38.9	69.0	336.9
	Two or three sessions weekly	124.7	213.2	236.0	196.7	147.8	179.6	1,098.0
	Less than two sessions weekly	411.2	440.2	432.4	387.1	239.3	210.2	2,120.3
	<i>Total</i>	<i>576.6</i>	<i>702.5</i>	<i>734.8</i>	<i>656.4</i>	<i>426.0</i>	<i>458.8</i>	<i>3,555.2</i>
Total	More than three sessions weekly	1,017.6	820.5	982.3	1,007.1	959.7	920.8	5,708.0
	Two or three sessions weekly	649.8	612.7	639.3	514.8	367.3	410.6	3,194.6
	Less than two sessions weekly	558.3	548.5	547.4	508.1	330.0	327.2	2,819.5
	Total	2,225.7	1,981.8	2,169.0	2,030.0	1,656.9	1,658.6	11,722.0
		Percentage of total (%)						
Five hours or more	More than three sessions weekly	5.5	3.4	4.1	4.1	4.5	4.1	25.6
	Two or three sessions weekly	1.2	0.5	0.8	0.5	0.8	0.8	4.5
	Less than two sessions weekly	0.1*	0.1*	0.1*	0.2*	0.2*	0.2*	0.9
	<i>Total</i>	<i>6.8</i>	<i>4.0</i>	<i>4.9</i>	<i>4.8</i>	<i>5.4</i>	<i>5.1</i>	<i>31.0</i>
Two hours or more but less than five hours	More than three sessions weekly	2.8	3.2	3.7	3.9	3.4	3.1	20.2
	Two or three sessions weekly	3.3	2.9	2.7	2.2	1.1	1.2	13.4
	Less than two sessions weekly	1.1	0.8	0.9	0.9	0.6	0.8	5.1
	<i>Total</i>	<i>7.3</i>	<i>6.9</i>	<i>7.3</i>	<i>7.0</i>	<i>5.1</i>	<i>5.1</i>	<i>38.7</i>
Less than two hours	More than three sessions weekly	0.3	0.4	0.6	0.6	0.3	0.6	2.9
	Two or three sessions weekly	1.1	1.8	2.0	1.7	1.3	1.5	9.4
	Less than two sessions weekly	3.5	3.8	3.7	3.3	2.0	1.8	18.1
	<i>Total</i>	<i>4.9</i>	<i>6.0</i>	<i>6.3</i>	<i>5.6</i>	<i>3.6</i>	<i>3.9</i>	<i>30.3</i>
Total	More than three sessions weekly	8.7	7.0	8.4	8.6	8.2	7.9	48.7
	Two or three sessions weekly	5.5	5.2	5.5	4.4	3.1	3.5	27.3
	Less than two sessions weekly	4.8	4.7	4.7	4.3	2.8	2.8	24.1
	Total	19.0	16.9	18.5	17.3	14.1	14.1	100.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport in the two weeks prior to interview in 2008

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 6: All male recent participants — recent participation in any physical activity by duration and age, 2008 (a)

		15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	Total
		Number ('000)						
Five hours or more	More than three sessions weekly	392.1	207.9	256.3	222.6	257.4	258.2	1,594.4
	Two or three sessions weekly	99.8	50.5	70.7	44.7	64.7	64.0	394.4
	Less than two sessions weekly	10.9*	15.9*	8.6*	13.7*	14.8*	14.3*	78.3
	<i>Total</i>	502.7	274.3	335.6	281.0	336.9	336.6	2,067.1
Two hours or more but less than five hours	More than three sessions weekly	132.5	150.1	167.1	184.9	149.7	174.4	958.9
	Two or three sessions weekly	192.3	172.5	140.8	132.3	50.4	50.5	738.8
	Less than two sessions weekly	85.7	64.4	85.2	71.6	52.2	51.3	410.3
	<i>Total</i>	410.5	387.0	393.2	388.8	252.4	276.1	2,108.0
Less than two hours	More than three sessions weekly	27.5*	20.1*	41.4	26.5*	20.0*	31.0	166.6
	Two or three sessions weekly	44.7	74.3	94.9	98.6	67.0	68.8	448.3
	Less than two sessions weekly	190.5	214.9	196.2	183.7	113.5	80.4	979.2
	<i>Total</i>	262.7	309.3	332.5	308.8	200.4	180.2	1,594.1
Total	More than three sessions weekly	552.1	378.1	464.9	434.0	427.1	463.6	2,719.9
	Two or three sessions weekly	336.8	297.3	306.4	275.6	182.1	183.3	1,581.5
	Less than two sessions weekly	287.0	295.3	290.0	269.0	180.5	146.0	1,467.8
	Total	1,175.9	970.7	1,061.3	978.6	789.8	792.9	5,769.2
		Percentage of total (%)						
Five hours or more	More than three sessions weekly	6.8	3.6	4.4	3.9	4.5	4.5	27.6
	Two or three sessions weekly	1.7	0.9	1.2	0.8	1.1	1.1	6.8
	Less than two sessions weekly	0.2*	0.3*	0.1*	0.2*	0.3*	0.2*	1.4
	<i>Total</i>	8.7	4.8	5.8	4.9	5.8	5.8	35.8
Two hours or more but less than five hours	More than three sessions weekly	2.3	2.6	2.9	3.2	2.6	3.0	16.6
	Two or three sessions weekly	3.3	3.0	2.4	2.3	0.9	0.9	12.8
	Less than two sessions weekly	1.5	1.1	1.5	1.2	0.9	0.9	7.1
	<i>Total</i>	7.1	6.7	6.8	6.7	4.4	4.8	36.5
Less than two hours	More than three sessions weekly	0.5*	0.3*	0.7	0.5*	0.3*	0.5	2.9
	Two or three sessions weekly	0.8	1.3	1.6	1.7	1.2	1.2	7.8
	Less than two sessions weekly	3.3	3.7	3.4	3.2	2.0	1.4	17.0
	<i>Total</i>	4.6	5.4	5.8	5.4	3.5	3.1	27.6
Total	More than three sessions weekly	9.6	6.6	8.1	7.5	7.4	8.0	47.1
	Two or three sessions weekly	5.8	5.2	5.3	4.8	3.2	3.2	27.4
	Less than two sessions weekly	5.0	5.1	5.0	4.7	3.1	2.5	25.4
	Total	20.4	16.8	18.4	17.0	13.7	13.7	100.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport in the two weeks prior to interview in 2008

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 7: All female recent participants — recent participation in any physical activity by duration and age, 2008 (a)

		15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	Total
		Number ('000)						
Five hours or more	More than three sessions weekly	257.0	185.0	220.7	257.4	265.0	224.5	1,409.7
	Two or three sessions weekly	36.3	9.7*	21.3*	14.1*	24.0*	26.4*	131.9
	Less than two sessions weekly	2.9**	1.0**	2.5**	4.5**	7.7*	9.0*	27.6*
	<i>Total</i>	296.2	195.7	244.4	276.1	296.7	260.0	1,569.2
Two hours or more but less than five hours	More than three sessions weekly	195.3	228.4	271.7	269.4	248.7	194.6	1,408.1
	Two or three sessions weekly	196.7	166.7	170.6	127.0	80.3	90.2	831.5
	Less than two sessions weekly	47.7	27*	18.7*	31.2	15.9*	42.4	183.0
	<i>Total</i>	439.7	422.1	461.0	427.7	344.8	327.2	2,422.6
Less than two hours	More than three sessions weekly	13.2*	29.0	25.0*	46.3	18.9*	38.0	170.4
	Two or three sessions weekly	80.0	138.9	141.1	98.1	80.9	110.8	649.7
	Less than two sessions weekly	220.7	225.3	236.2	203.3	125.9	129.8	1,141.1
	<i>Total</i>	313.9	393.2	402.2	347.7	225.6	278.5	1,961.1
Total	More than three sessions weekly	465.5	442.4	517.4	573.1	532.6	457.1	2,988.1
	Two or three sessions weekly	313.0	315.3	332.9	239.2	185.2	227.4	1,613.1
	Less than two sessions weekly	271.3	253.3	257.4	239.1	149.5	181.2	1,351.7
	Total	1,049.8	1,011.1	1,107.6	1,051.5	867.2	865.7	5,952.9
		Percentage of total (%)						
Five hours or more	More than three sessions weekly	4.3	3.1	3.7	4.3	4.5	3.8	23.7
	Two or three sessions weekly	0.6	0.2*	0.4*	0.2*	0.4*	0.4*	2.2
	Less than two sessions weekly	0.0**	0.0**	0.0**	0.1**	0.1*	0.2*	0.5*
	<i>Total</i>	5.0	3.3	4.1	4.6	5.0	4.4	26.4
Two hours or more but less than five hours	More than three sessions weekly	3.3	3.8	4.6	4.5	4.2	3.3	23.7
	Two or three sessions weekly	3.3	2.8	2.9	2.1	1.3	1.5	14.0
	Less than two sessions weekly	0.8	0.5*	0.3*	0.5	0.3*	0.7	3.1
	<i>Total</i>	7.4	7.1	7.7	7.2	5.8	5.5	40.7
Less than two hours	More than three sessions weekly	0.2*	0.5	0.4*	0.8	0.3*	0.6	2.9
	Two or three sessions weekly	1.3	2.3	2.4	1.6	1.4	1.9	10.9
	Less than two sessions weekly	3.7	3.8	4.0	3.4	2.1	2.2	19.2
	<i>Total</i>	5.3	6.6	6.8	5.8	3.8	4.7	32.9
Total	More than three sessions weekly	7.8	7.4	8.7	9.6	8.9	7.7	50.2
	Two or three sessions weekly	5.3	5.3	5.6	4.0	3.1	3.8	27.1
	Less than two sessions weekly	4.6	4.3	4.3	4.0	2.5	3.0	22.7
	Total	17.6	17.0	18.6	17.7	14.6	14.5	100.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport in the two weeks prior to interview in 2008

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 8: All recent participants — recent participation in physical activity by type and duration, 2008 (a)

		Total organised	Total non-organised	Total
		Number ('000)		
Five hours or more	More than three sessions weekly	1,600.4	2,676.1	3,004.1
	Two or three sessions weekly	386.9	300.4	526.3
	Less than two sessions weekly	71.9	59.5	105.9
	<i>Total</i>	2,059.2	3,036.0	3,636.3
Two hours or more but less than five hours	More than three sessions weekly	652.5	2,272.1	2,366.9
	Two or three sessions weekly	784.2	1,209.5	1,570.4
	Less than two sessions weekly	359.4	338.1	593.3
	<i>Total</i>	1,796.1	3,819.7	4,530.6
Less than two hours	More than three sessions weekly	52.7	323.1	336.9
	Two or three sessions weekly	227.6	997.8	1,098.0
	Less than two sessions weekly	594.9	1,683.3	2,120.3
	<i>Total</i>	875.2	3,004.1	3,555.2
Total	More than three sessions weekly	2,305.6	5,271.3	5,708.0
	Two or three sessions weekly	1,398.7	2,507.7	3,194.6
	Less than two sessions weekly	1,026.1	2,080.9	2,819.5
	Total	4,730.4	9,859.9	11,722.0
		Percentage of total (%)		
Five hours or more	More than three sessions weekly	13.7	22.8	25.6
	Two or three sessions weekly	3.3	2.6	4.5
	Less than two sessions weekly	0.6	0.5	0.9
	<i>Total</i>	17.6	25.9	31.0
Two hours or more but less than five hours	More than three sessions weekly	5.6	19.4	20.2
	Two or three sessions weekly	6.7	10.3	13.4
	Less than two sessions weekly	3.1	2.9	5.1
	<i>Total</i>	15.3	32.6	38.7
Less than two hours	More than three sessions weekly	0.4	2.8	2.9
	Two or three sessions weekly	1.9	8.5	9.4
	Less than two sessions weekly	5.1	14.4	18.1
	<i>Total</i>	7.5	25.6	30.3
Total	More than three sessions weekly	19.7	45.0	48.7
	Two or three sessions weekly	11.9	21.4	27.3
	Less than two sessions weekly	8.8	17.8	24.1
	Total	40.4	84.1	100.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport in the two weeks prior to interview in 2008

10.1.3 Regular participation in any physical activity

Table 9: All regular participants — regular participation in any physical activity (organised and non-organised) by demographics, 2008 (a)

	MALES		FEMALES		PERSONS	
	Number ('000)	Regular participation rate (b) (%)	Number ('000)	Regular participation rate (%)	Number ('000)	Regular participation rate (%)
AGE GROUP (YEARS)						
15 to 24	842.5	57.9	705.3	50.1	1,547.8	54.1
25 to 34	607.2	42.5	701.4	48.5	1,308.6	45.5
35 to 44	656.7	44.1	818.0	53.1	1,474.7	48.7
45 to 54	607.2	42.8	796.5	54.3	1,403.6	48.6
55 to 64	525.2	45.0	682.7	57.6	1,207.9	51.4
65 and over	587.2	48.7	648.6	46.6	1,235.8	47.6
REGION						
Capital city	2,535.9	48.5	2,783.6	51.0	5,319.4	49.8
Rest of state	1,290.1	44.0	1,568.9	52.6	2,858.9	48.3
EMPLOYMENT STATUS						
Employed full time	2,187.6	44.9	1,371.9	53.5	3,559.5	47.8
Employed part time	557.4	54.3	1,379.7	54.2	1,937.2	54.2
Employed refused	30.9	59.2	34.9	56.0	65.8	57.4
Total employed	2,775.9	46.6	2,786.5	53.9	5,562.4	50.0
Unemployed	171.0	49.4	158.4	47.3	329.4	48.3
Not in the labour force	879.0	47.1	1,407.5	48.0	2,286.6	47.7
MARITAL STATUS						
Married	2,101.1	44.1	2,489.5	53.2	4,590.6	48.6
Not married	1,710.9	50.8	1,837.1	49.4	3,548.0	50.1
Refused/Do not know	13.9*	42.9*	25.8*	63.1*	39.7	54.2
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	983.1	42.7	1,331.4	48.9	2,314.5	46.1
At least one under 18 — none at home	106.6	40.1	17.5*	48.2*	124.0	41.1
No children under 18	2,736.3	48.9	3,002.5	52.9	5,738.9	50.9
Refused	0.0**	0.0**	1.0**	20.8**	1.0**	13.9**
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	1,022.0	52.5	1,229.8	58.6	2,251.8	55.6
Undergraduate diploma or associate diploma	329.8	51.9	371.0	53.3	700.8	52.7
Certificate, trade qualification or apprenticeship	565.7	41.5	533.7	50.4	1,099.4	45.4
Highest level of secondary school	888.2	50.6	947.5	51.8	1,835.7	51.2
Did not complete highest level of school	661.3	36.9	930.8	45.2	1,592.2	41.3
Never went to school	1.0**	9.4**	0.8**	16.1**	1.7**	11.5**
Still at secondary school	250.0	60.7	206.3	50.3	456.2	55.5
Other	95.4	42.7	119.0	48.2	214.4	45.6
Refused	12.5*	42.7*	13.6*	40.8*	26.1*	41.7*
LANGUAGE SPOKEN AT HOME						
English only	3,314.4	47.2	3,894.9	53.0	7,209.3	50.2
European language/s other than English	155.3	46.4	170.1	49.9	325.4	48.1
Non-European language/s	374.0	43.5	309.0	39.6	683.0	41.6
Total	3,825.9	46.8	4,352.4	51.6	8,178.4	49.3

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least three times per week on average expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

10.1.4 Total participation in organised physical activity

Table 10: All Persons — participation in organised physical activity by frequency, age and sex, 2008 (a)

Sex	Age group (years)	None	Up to once per week (b)	One or two times per week (c)	Three or four times per week (d)	Five or more times per week	Do not know	Total
		Number ('000)						
Males	15 to 24	455.5	195.3	354.5	254.0	195.3	1.3**	1,455.9
	25 to 34	766.6	222.5	257.3	127.8	55.9	0.0**	1,430.1
	35 to 44	850.4	267.9	244.9	85.5	41.9	0.0**	1,490.7
	45 to 54	904.7	220.0	198.2	62.8	30.2	2.6**	1,418.6
	55 to 64	807.5	122.2	162.0	51.1	23.5*	0.6**	1,166.8
	65 and over	827.7	93.7	187.7	71.2	24.3*	1.8**	1,206.3
	TOTAL	4,612.4	1,121.6	1,404.6	652.4	370.9	6.3**	8,168.3
Females	15 to 24	609.3	239.8	235.9	154.9	167.5	0.0**	1,407.3
	25 to 34	869.7	216.7	214.1	99.9	40.4	4.9**	1,445.7
	35 to 44	955.8	194.6	244.7	102.1	40.5	2.0**	1,539.6
	45 to 54	1,029.8	125.7	171.7	84.5	51.5	4.8**	1,468.0
	55 to 64	827.7	88.5	147.0	76.3	45.4	0.0**	1,184.8
	65 and over	930.6	111.4	225.9	82.1	40.8	0.7**	1,391.4
	TOTAL	5,222.8	976.7	1,239.3	599.7	386.0	12.3*	8,436.9
Persons	15 to 24	1,064.8	435.1	590.4	408.9	362.7	1.3**	2,863.2
	25 to 34	1,636.3	439.1	471.5	227.7	96.2	4.9**	2,875.8
	35 to 44	1,806.2	462.5	489.6	187.6	82.3	2.0**	3,030.3
	45 to 54	1,934.6	345.7	369.9	147.3	81.7	7.4**	2,886.6
	55 to 64	1,635.1	210.6	309.0	127.4	68.9	0.6**	2,351.6
	65 and over	1,758.2	205.1	413.6	153.3	65.1	2.4**	2,597.7
	TOTAL	9,835.2	2,098.3	2,644.0	1,252.2	756.9	18.7*	16,605.2
Percentage of row (%)								
Males	15 to 24	31.3	13.4	24.4	17.4	13.4	0.1**	100.0
	25 to 34	53.6	15.6	18.0	8.9	3.9	0.0**	100.0
	35 to 44	57.0	18.0	16.4	5.7	2.8	0.0**	100.0
	45 to 54	63.8	15.5	14.0	4.4	2.1	0.2**	100.0
	55 to 64	69.2	10.5	13.9	4.4	2.0*	0.1**	100.0
	65 and over	68.6	7.8	15.6	5.9	2.0*	0.1**	100.0
	TOTAL	56.5	13.7	17.2	8.0	4.5	0.1**	100.0
Females	15 to 24	43.3	17.0	16.8	11.0	11.9	0.0**	100.0
	25 to 34	60.2	15.0	14.8	6.9	2.8	0.3**	100.0
	35 to 44	62.1	12.6	15.9	6.6	2.6	0.1**	100.0
	45 to 54	70.2	8.6	11.7	5.8	3.5	0.3**	100.0
	55 to 64	69.9	7.5	12.4	6.4	3.8	0.0**	100.0
	65 and over	66.9	8.0	16.2	5.9	2.9	0.0**	100.0
	TOTAL	61.9	11.6	14.7	7.1	4.6	0.1*	100.0
Persons	15 to 24	37.2	15.2	20.6	14.3	12.7	0.0**	100.0
	25 to 34	56.9	15.3	16.4	7.9	3.3	0.2**	100.0
	35 to 44	59.6	15.3	16.2	6.2	2.7	0.1**	100.0
	45 to 54	67.0	12.0	12.8	5.1	2.8	0.3**	100.0
	55 to 64	69.5	9.0	13.1	5.4	2.9	0.0**	100.0
	65 and over	67.7	7.9	15.9	5.9	2.5	0.1**	100.0
	TOTAL	59.2	12.6	15.9	7.5	4.6	0.1*	100.0

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 11: Organised participants — participation in organised physical activity by cumulative frequency, age and sex, 2008 (a)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	195.3	803.8	616.5	449.3	1,000.4
	25 to 34	222.5	441.0	290.2	183.6	663.4
	35 to 44	267.9	372.3	212.2	127.4	640.2
	45 to 54	220.0	291.2	184.5	92.9	513.9
	55 to 64	122.2	236.6	152.0	74.6	359.3
	65 and over	93.7	283.2	189.2	95.5	378.7
	TOTAL	1,121.6	2,428.0	1,644.7	1,023.4	3,555.9
Females	15 to 24	239.8	558.2	446.8	322.3	798.0
	25 to 34	216.7	354.4	228.8	140.3	576.0
	35 to 44	194.6	387.3	239.3	142.6	583.9
	45 to 54	125.7	307.7	210.5	136.1	438.2
	55 to 64	88.5	268.7	204.6	121.6	357.1
	65 and over	111.4	348.8	224.3	122.9	460.9
	TOTAL	976.7	2,225.1	1,554.2	985.7	3,214.1
Persons	15 to 24	435.1	1,362.0	1,063.3	771.6	1,798.4
	25 to 34	439.1	795.4	519.0	323.9	1,239.5
	35 to 44	462.5	759.6	451.5	270.0	1,224.1
	45 to 54	345.7	598.9	395.0	229.0	952.0
	55 to 64	210.6	505.2	356.6	196.2	716.5
	65 and over	205.1	632.0	413.5	218.4	839.5
	TOTAL	2,098.3	4,653.1	3,198.8	2,009.1	6,770.0
Total participation rate (%) (b)						
Males	15 to 24	13.4	55.2	42.3	30.9	68.7
	25 to 34	15.6	30.8	20.3	12.8	46.4
	35 to 44	18.0	25.0	14.2	8.5	43.0
	45 to 54	15.5	20.5	13.0	6.6	36.2
	55 to 64	10.5	20.3	13.0	6.4	30.8
	65 and over	7.8	23.5	15.7	7.9	31.4
	TOTAL	13.7	29.7	20.1	12.5	43.5
Females	15 to 24	17.0	39.7	31.7	22.9	56.7
	25 to 34	15.0	24.5	15.8	9.7	39.8
	35 to 44	12.6	25.2	15.5	9.3	37.9
	45 to 54	8.6	21.0	14.3	9.3	29.8
	55 to 64	7.5	22.7	17.3	10.3	30.1
	65 and over	8.0	25.1	16.1	8.8	33.1
	TOTAL	11.6	26.4	18.4	11.7	38.1
Persons	15 to 24	15.2	47.6	37.1	26.9	62.8
	25 to 34	15.3	27.7	18.0	11.3	43.1
	35 to 44	15.3	25.1	14.9	8.9	40.4
	45 to 54	12.0	20.7	13.7	7.9	33.0
	55 to 64	9.0	21.5	15.2	8.3	30.5
	65 and over	7.9	24.3	15.9	8.4	32.3
	TOTAL	12.6	28.0	19.3	12.1	40.8

(a) Relates to persons aged 15 years and over who participated in organised physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

Table 12: Organised participants — total participation in organised activities by type of organisation, age and sex, 2008 (a)

Sex	Age group (years)	Fitness, leisure or indoor sports centre	Sport or recreation club or association (c)	Work	School	Other	Total organised participation
		Number ('000)					
Males	15 to 24	348.0	717.3	29.3	321.9	117.6	1,000.4
	25 to 34	243.5	472.1	52.9	7.4**	109.4	663.4
	35 to 44	179.7	506.4	28.9	9.8*	95.5	640.2
	45 to 54	120.0	382.4	20.1*	1.9**	87.6	513.9
	55 to 64	58.4	269.6	6.7**	1.8**	76.5	359.3
	65 and over	72.7	276.5	0.9**	0.3**	84.8	378.7
	TOTAL		1,022.3	2,624.2	138.8	343.0	571.5
Females	15 to 24	349.1	462.9	14.5*	291.9	104.4	798.0
	25 to 34	341.0	271.1	26.8*	10.2*	108.8	576.0
	35 to 44	328.8	281.8	15.7*	16.1*	115.9	583.9
	45 to 54	216.8	192.1	18.7*	9.9*	98.8	438.2
	55 to 64	169.7	153.4	8.3*	3.1**	110.5	357.1
	65 and over	154.7	207.3	0.9**	0.6**	196.9	460.9
	TOTAL		1,560.1	1,568.6	84.8	331.7	735.4
Persons	15 to 24	697.1	1,180.2	43.8	613.7	222.0	1,798.4
	25 to 34	584.4	743.2	79.6	17.5*	218.2	1,239.5
	35 to 44	508.5	788.2	44.6	25.9*	211.4	1,224.1
	45 to 54	336.8	574.5	38.8	11.8*	186.5	952.0
	55 to 64	228.1	423.0	15.0*	5.0**	187.0	716.5
	65 and over	227.4	483.8	1.8**	0.9**	281.7	839.5
	TOTAL		2,582.4	4,192.9	223.6	674.7	1,306.8

Total participation rate (%) (b)

Males	15 to 24	23.9	49.3	2.0	22.1	8.1	68.7
	25 to 34	17.0	33.0	3.7	0.5**	7.7	46.4
	35 to 44	12.1	34.0	1.9	0.7*	6.4	43.0
	45 to 54	8.5	27.0	1.4*	0.1**	6.2	36.2
	55 to 64	5.0	23.1	0.6**	0.2**	6.6	30.8
	65 and over	6.0	22.9	0.1**	0.0**	7.0	31.4
	TOTAL		12.5	32.1	1.7	4.2	7.0
Females	15 to 24	24.8	32.9	1.0*	20.7	7.4	56.7
	25 to 34	23.6	18.8	1.9*	0.7*	7.5	39.8
	35 to 44	21.4	18.3	1.0*	1.0*	7.5	37.9
	45 to 54	14.8	13.1	1.3*	0.7*	6.7	29.8
	55 to 64	14.3	12.9	0.7*	0.3**	9.3	30.1
	65 and over	11.1	14.9	0.1**	0.0**	14.2	33.1
	TOTAL		18.5	18.6	1.0	3.9	8.7
Persons	15 to 24	24.3	41.2	1.5	21.4	7.8	62.8
	25 to 34	20.3	25.8	2.8	0.6*	7.6	43.1
	35 to 44	16.8	26.0	1.5	0.9*	7.0	40.4
	45 to 54	11.7	19.9	1.3	0.4*	6.5	33.0
	55 to 64	9.7	18.0	0.6*	0.2**	8.0	30.5
	65 and over	8.8	18.6	0.1**	0.0**	10.8	32.3
	TOTAL		15.6	25.3	1.3	4.1	7.9

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) All aerobics/fitness participants describing their activity as organised by a sport or recreation club or association have been recoded to fitness, leisure or indoor sports centre

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

10.1.5 Total participation in specific activities

Table 13: All participants — total participation in specific activities by type of activity, 2008 (a)

Activity	Number ('000)			Total participation rate (%) (b)		
	Organised	Non-organised	Total	Organised	Non-organised	Total
Aerobics/fitness	1,327.4	2,788.1	3,901.9	8.0	16.8	23.5
Aquarobics	132.5	57.6	181.5	0.8	0.3	1.1
Athletics/track and field	84.8	33.7	108.7	0.5	0.2	0.7
Australian rules football	371.7	150.4	487.8	2.2	0.9	2.9
Badminton	76.1	81.4	153.2	0.5	0.5	0.9
Baseball	44.0	7.3**	48.1	0.3	0.0**	0.3
Basketball	388.3	269.5	597.6	2.3	1.6	3.6
Billiards/snooker/pool	10.1*	22.6*	32.6	0.1*	0.1*	0.2
Boxing	89.0	69.3	151.0	0.5	0.4	0.9
Canoeing/kayaking	47.3	152.1	186.5	0.3	0.9	1.1
Carpet bowls	38.6	8.5*	43.8	0.2	0.1*	0.3
Cricket (indoor)	107.4	41.4	146.1	0.6	0.2	0.9
Cricket (outdoor)	344.4	276.5	589.2	2.1	1.7	3.5
Cycling	192.5	1,850.5	1,928.1	1.2	11.1	11.6
Dancing	282.4	139.0	387.2	1.7	0.8	2.3
Darts	22.2*	5.8**	24.5*	0.1*	0.0**	0.1*
Fishing	51.1	356.3	365.8	0.3	2.1	2.2
Football (indoor)	265.1	143.2	383.9	1.6	0.9	2.3
Football (outdoor)	574.1	342.1	855.6	3.5	2.1	5.2
Golf	602.2	752.5	1,181.1	3.6	4.5	7.1
Gymnastics	25.7*	12.3*	35.2	0.2*	0.1*	0.2
Hockey (indoor)	18.5*	5.9**	24.1*	0.1*	0.0**	0.1*
Hockey (outdoor)	193.5	15.8*	202.8	1.2	0.1*	1.2
Horse riding/equestrian activities/polocrosse	80.5	114.8	162.9	0.5	0.7	1.0
Ice/snow sports	46.4	196.7	227.9	0.3	1.2	1.4
Lawn bowls	329.4	54.4	363.4	2.0	0.3	2.2
Martial arts	295.8	99.3	362.5	1.8	0.6	2.2
Motor sports	79.9	141.9	196.8	0.5	0.9	1.2
Netball	526.6	164.2	642.6	3.2	1.0	3.9
Orienteering	84.3	57.0	124.1	0.5	0.3	0.7
Rock climbing	14.1*	66.9	79.3	0.1*	0.4	0.5
Roller sports	8.2*	65.0	72.5	0.0*	0.4	0.4
Rowing	25.3*	30.8	53.8	0.2*	0.2	0.3
Rugby league	164.2	72.8	219.9	1.0	0.4	1.3
Rugby union	124.2	38.6	148.9	0.7	0.2	0.9
Running	229.9	1,554.6	1,649.4	1.4	9.4	9.9
Sailing	76.9	49.8	112.0	0.5	0.3	0.7
Scuba diving	16.3*	77.3	90.2	0.1*	0.5	0.5
Shooting sports	46.3	59.9	101.0	0.3	0.4	0.6
Softball	67.9	6.4**	73.8	0.4	0.0**	0.4
Squash/racquetball	98.4	166.8	237.9	0.6	1.0	1.4
Surf sports	19.2*	321.8	328.4	0.1*	1.9	2.0
Swimming	349.3	2,158.9	2,414.3	2.1	13.0	14.5
Table tennis	73.8	71.4	137.1	0.4	0.4	0.8
Tennis	448.1	791.1	1,122.5	2.7	4.8	6.8
Tenpin bowling	74.8	72.9	137.9	0.5	0.4	0.8
Touch football	412.5	153.0	537.0	2.5	0.9	3.2
Triathlon	53.0	4.9**	55.8	0.3	0.0**	0.3
Volleyball	160.7	83.4	230.4	1.0	0.5	1.4
Walking (bush)	131.5	984.8	1,067.3	0.8	5.9	6.4
Walking (other)	249.7	6,417.5	6,508.4	1.5	38.6	39.2
Water polo	24.0*	10.5*	32.6	0.1*	0.1*	0.2
Waterskiing/powerboating	12.1*	174.0	180.5	0.1*	1.0	1.1
Weight training	158.0	468.5	607.9	1.0	2.8	3.7
Yoga	293.5	274.4	526.1	1.8	1.7	3.2

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 14: All participants — total participation in specific activities (organised and non-organised) by sex, 2008 (a)

Activity	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
Aerobics/fitness	1,532.5	18.8	2,369.3	28.1	3,901.9	23.5
Aquarobics	11.8*	0.1*	169.7	2.0	181.5	1.1
Athletics/track and field	56.0	0.7	52.7	0.6	108.7	0.7
Australian rules football	426.5	5.2	61.3	0.7	487.8	2.9
Badminton	71.7	0.9	81.5	1.0	153.2	0.9
Baseball	42.3	0.5	5.8**	0.1**	48.1	0.3
Basketball	385.8	4.7	211.8	2.5	597.6	3.6
Billiards/snooker/pool	26.2*	0.3*	6.4**	0.1**	32.6	0.2
Boxing	89.9	1.1	61.1	0.7	151.0	0.9
Canoeing/kayaking	115.6	1.4	70.9	0.8	186.5	1.1
Carpet bowls	21.1*	0.3*	22.7*	0.3*	43.8	0.3
Cricket (indoor)	130.5	1.6	15.6*	0.2*	146.1	0.9
Cricket (outdoor)	486.0	5.9	103.2	1.2	589.2	3.5
Cycling	1,246.6	15.3	681.6	8.1	1,928.1	11.6
Dancing	50.8	0.6	336.3	4.0	387.2	2.3
Darts	15.0*	0.2*	9.5*	0.1*	24.5*	0.1*
Fishing	313.9	3.8	51.8	0.6	365.8	2.2
Football (indoor)	309.3	3.8	74.6	0.9	383.9	2.3
Football (outdoor)	638.0	7.8	217.6	2.6	855.6	5.2
Golf	942.9	11.5	238.2	2.8	1,181.1	7.1
Gymnastics	6.2**	0.1**	28.9	0.3	35.2	0.2
Hockey (indoor)	15.0*	0.2*	9.1*	0.1*	24.1*	0.1*
Hockey (outdoor)	108.2	1.3	94.6	1.1	202.8	1.2
Horse riding/equestrian activities/polocrosse	41.7	0.5	121.2	1.4	162.9	1.0
Ice/snow sports	147.4	1.8	80.5	1.0	227.9	1.4
Lawn bowls	210.5	2.6	152.9	1.8	363.4	2.2
Martial arts	186.6	2.3	176.0	2.1	362.5	2.2
Motor sports	174.2	2.1	22.6*	0.3*	196.8	1.2
Netball	78.2	1.0	564.5	6.7	642.6	3.9
Orienteering	61.2	0.7	62.8	0.7	124.1	0.7
Rock climbing	52.2	0.6	27.1*	0.3*	79.3	0.5
Roller sports	39.0	0.5	33.4	0.4	72.5	0.4
Rowing	18.6*	0.2*	35.2	0.4	53.8	0.3
Rugby league	206.3	2.5	13.6*	0.2*	219.9	1.3
Rugby union	139.9	1.7	9.0*	0.1*	148.9	0.9
Running	966.4	11.8	683.0	8.1	1,649.4	9.9
Sailing	85.2	1.0	26.8*	0.3*	112.0	0.7
Scuba diving	68.6	0.8	21.6*	0.3*	90.2	0.5
Shooting sports	93.4	1.1	7.6*	0.1*	101.0	0.6
Softball	17.1*	0.2*	56.7	0.7	73.8	0.4
Squash/racquetball	189.0	2.3	48.9	0.6	237.9	1.4
Surf sports	266.9	3.3	61.5	0.7	328.4	2.0
Swimming	1,102.0	13.5	1,312.3	15.6	2,414.3	14.5
Table tennis	92.0	1.1	45.1	0.5	137.1	0.8
Tennis	600.5	7.4	522.1	6.2	1,122.5	6.8
Tenpin bowling	85.8	1.1	52.1	0.6	137.9	0.8
Touch football	350.6	4.3	186.4	2.2	537.0	3.2
Triathlon	39.4	0.5	16.4*	0.2*	55.8	0.3
Volleyball	96.6	1.2	133.8	1.6	230.4	1.4
Walking (bush)	474.2	5.8	593.1	7.0	1,067.3	6.4
Walking (other)	2,273.2	27.8	4,235.2	50.2	6,508.4	39.2
Water polo	20.3*	0.2*	12.4*	0.1*	32.6	0.2
Waterskiing/powerboating	124.3	1.5	56.2	0.7	180.5	1.1
Weight training	368.4	4.5	239.5	2.8	607.9	3.7
Yoga	46.0	0.6	480.1	5.7	526.1	3.2

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 15: All participants — total participation in specific activities (organised and non-organised) by age, 2008 (a)

Activity	Number ('000)						Total
	15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	
Aerobics/fitness	748.6	820.3	794.3	647.6	484.2	406.8	3,901.9
Aquarobics	9.6*	12.4*	16.6*	30.9	44.3	67.8	181.5
Athletics/track and field	89.8	4.7**	8.5*	4.4**	0.0**	1.3**	108.7
Australian rules football	261.3	91.1	85.7	43.5	4.9**	1.2**	487.8
Badminton	72.2	19.3*	19.8*	23.7*	8.9*	9.3*	153.2
Baseball	21.0*	9.5*	7.9*	9.1*	0.6**	0.0**	48.1
Basketball	342.7	143.8	73.8	29.7	3.9**	3.8**	597.6
Billiards/snooker/pool	10.2*	2.3**	4.0**	5.7**	4.3**	6.0**	32.6
Boxing	59.4	45.1	35.3	7.5*	3.7**	0.0**	151.0
Canoeing/kayaking	16.1*	45.6	42.1	33.0	31.9	17.8*	186.5
Carpet bowls	0.0**	0.6**	0.0**	2.9**	2.5**	37.8	43.8
Cricket (indoor)	63.7	43.9	24.9*	11.0*	2.3**	0.2**	146.1
Cricket (outdoor)	238.6	138.7	118.5	68.8	17.0*	7.5*	589.2
Cycling	192.7	374.8	557.5	418.8	257.8	126.4	1,928.1
Dancing	131.5	57.1	49.3	46.9	41.4	61.0	387.2
Darts	4.9**	3.4**	1.5**	7.9*	3.4**	3.4**	24.5*
Fishing	19.9*	58.1	98.3	67.8	65.0	56.8	365.8
Football (indoor)	240.3	87.3	46.8	7.4**	2.0**	0.0**	383.9
Football (outdoor)	457.0	188.4	147.8	40.7	15.6*	6.1**	855.6
Golf	96.4	150.1	232.9	219.0	254.6	228.0	1,181.1
Gymnastics	22.5*	1.5**	2.0**	3.2**	2.8**	3.1**	35.2
Hockey (indoor)	17.0*	3.8**	1.4**	0.7**	0.0**	1.2**	24.1*
Hockey (outdoor)	112.7	22.3*	35.5	23.2*	6.4**	2.7**	202.8
Horse riding/equestrian activities/polocrosse	29.8	39.0	34.0	35.4	13.9*	10.9*	162.9
Ice/snow sports	54.3	44.8	48.7	48.0	22.9*	9.2*	227.9
Lawn bowls	12.6*	17.8*	19.9*	31.1	78.0	204.0	363.4
Martial arts	96.0	69.3	58.5	49.5	34.9	54.3	362.5
Motor sports	43.2	54.6	47.6	36.1	10.9*	4.4**	196.8
Netball	322.2	172.5	99.4	41.8	2.8**	3.8**	642.6
Orienteering	84.9	15.2*	11.2*	7.8*	2.9**	2.1**	124.1
Rock climbing	15.4*	32.6	12.2*	8.3*	9.8*	0.9**	79.3
Roller sports	36.6	20.0*	13.0*	2.8**	0.0**	0.0**	72.5
Rowing	18.7*	10.6*	9.5*	6.0**	6.0**	2.8**	53.8
Rugby league	172.2	26.4*	16.1*	5.1**	0.1**	0.0**	219.9
Rugby union	110.2	19.9*	12.9*	4.2**	1.4**	0.1**	148.9
Running	448.4	434.6	444.0	204.2	91.9	26.4*	1,649.4
Sailing	19.3*	16.3*	18.3*	26.2*	16.6*	15.4*	112.0
Scuba diving	9.5*	31.2	12.8*	24.0*	11.7*	1.1**	90.2
Shooting sports	20.3*	27.9*	10.4*	14.5*	15.0*	13.0*	101.0
Softball	31.7	13.3*	14.2*	13.6*	0.8**	0.2**	73.8
Squash/racquetball	46.8	80.2	46.7	45.6	13.4*	5.3**	237.9
Surf sports	80.8	76.6	79.3	66.1	16.5*	9.1*	328.4
Swimming	474.0	458.8	572.9	451.3	264.7	192.5	2,414.3
Table tennis	49.8	13.8*	19.2*	30.4	7.3**	16.7*	137.1
Tennis	277.2	201.2	246.7	191.5	116.8	89.2	1,122.5
Tenpin bowling	25.2*	21.1*	23.5*	22.7*	21.2*	24.2*	137.9
Touch football	246.4	135.4	94.6	53.4	7.2**	0.0**	537.0
Triathlon	18.6*	10.3*	21.4*	4.7**	0.7**	0.0**	55.8
Volleyball	141.4	46.2	28.9	13.1*	0.3**	0.5**	230.4
Walking (bush)	80.3	179.7	250.1	255.1	193.3	108.8	1,067.3
Walking (other)	429.3	922.1	1,207.4	1,370.6	1,297.5	1,281.5	6,508.4
Water polo	26.7*	4.0**	0.0**	1.9**	0.0**	0.0**	32.6
Waterskiing/powerboating	22.7*	63.9	43.7	41.7	7.6*	0.7**	180.5
Weight training	140.0	136.6	140.3	86.0	66.9	38.1	607.9
Yoga	62.0	133.3	122.5	115.9	59.9	32.5	526.1

continued over

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 15 continued: All participants — total participation in specific activities (organised and non-organised) by age, 2008

Activity	Total participation rate (%) (b)						Total
	15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	
Aerobics/fitness	26.1	28.5	26.2	22.4	20.6	15.7	23.5
Aquarobics	0.3*	0.4*	0.5*	1.1	1.9	2.6	1.1
Athletics/track and field	3.1	0.2**	0.3*	0.2**	0.0**	0.1**	0.7
Australian rules football	9.1	3.2	2.8	1.5	0.2**	0.0**	2.9
Badminton	2.5	0.7*	0.7*	0.8*	0.4*	0.4*	0.9
Baseball	0.7*	0.3*	0.3*	0.3*	0.0**	0.0**	0.3
Basketball	12.0	5.0	2.4	1.0	0.2**	0.1**	3.6
Billiards/snooker/pool	0.4*	0.1**	0.1**	0.2**	0.2**	0.2**	0.2
Boxing	2.1	1.6	1.2	0.3*	0.2**	0.0**	0.9
Canoeing/kayaking	0.6*	1.6	1.4	1.1	1.4	0.7*	1.1
Carpet bowls	0.0**	0.0**	0.0**	0.1**	0.1**	1.5	0.3
Cricket (indoor)	2.2	1.5	0.8*	0.4*	0.1**	0.0**	0.9
Cricket (outdoor)	8.3	4.8	3.9	2.4	0.7*	0.3*	3.5
Cycling	6.7	13.0	18.4	14.5	11.0	4.9	11.6
Dancing	4.6	2.0	1.6	1.6	1.8	2.3	2.3
Darts	0.2**	0.1**	0.1**	0.3*	0.1**	0.1**	0.1*
Fishing	0.7*	2.0	3.2	2.3	2.8	2.2	2.2
Football (indoor)	8.4	3.0	1.5	0.3**	0.1**	0.0**	2.3
Football (outdoor)	16.0	6.6	4.9	1.4	0.7*	0.2**	5.2
Golf	3.4	5.2	7.7	7.6	10.8	8.8	7.1
Gymnastics	0.8*	0.1**	0.1**	0.1**	0.1**	0.1**	0.2
Hockey (indoor)	0.6*	0.1**	0.0**	0.0**	0.0**	0.0**	0.1*
Hockey (outdoor)	3.9	0.8*	1.2	0.8*	0.3**	0.1**	1.2
Horse riding/equestrian activities/polocrosse	1.0	1.4	1.1	1.2	0.6*	0.4*	1.0
Ice/snow sports	1.9	1.6	1.6	1.7	1.0*	0.4*	1.4
Lawn bowls	0.4*	0.6*	0.7*	1.1	3.3	7.9	2.2
Martial arts	3.4	2.4	1.9	1.7	1.5	2.1	2.2
Motor sports	1.5	1.9	1.6	1.2	0.5*	0.2**	1.2
Netball	11.3	6.0	3.3	1.4	0.1**	0.1**	3.9
Orienteering	3.0	0.5*	0.4*	0.3*	0.1**	0.1**	0.7
Rock climbing	0.5*	1.1	0.4*	0.3*	0.4*	0.0**	0.5
Roller sports	1.3	0.7*	0.4*	0.1**	0.0**	0.0**	0.4
Rowing	0.7*	0.4*	0.3*	0.2**	0.3**	0.1**	0.3
Rugby league	6.0	0.9*	0.5*	0.2**	0.0**	0.0**	1.3
Rugby union	3.9	0.7*	0.4*	0.1**	0.1**	0.0**	0.9
Running	15.7	15.1	14.7	7.1	3.9	1.0*	9.9
Sailing	0.7*	0.6*	0.6*	0.9*	0.7*	0.6*	0.7
Scuba diving	0.3*	1.1	0.4*	0.8*	0.5*	0.0**	0.5
Shooting sports	0.7*	1.0*	0.3*	0.5*	0.6*	0.5*	0.6
Softball	1.1	0.5*	0.5*	0.5*	0.0**	0.0**	0.4
Squash/racquetball	1.6	2.8	1.5	1.6	0.6*	0.2**	1.4
Surf sports	2.8	2.7	2.6	2.3	0.7*	0.3*	2.0
Swimming	16.6	16.0	18.9	15.6	11.3	7.4	14.5
Table tennis	1.7	0.5*	0.6*	1.1	0.3**	0.6*	0.8
Tennis	9.7	7.0	8.1	6.6	5.0	3.4	6.8
Tenpin bowling	0.9*	0.7*	0.8*	0.8*	0.9*	0.9*	0.8
Touch football	8.6	4.7	3.1	1.8	0.3**	0.0**	3.2
Triathlon	0.7*	0.4*	0.7*	0.2**	0.0**	0.0**	0.3
Volleyball	4.9	1.6	1.0	0.5*	0.0**	0.0**	1.4
Walking (bush)	2.8	6.2	8.3	8.8	8.2	4.2	6.4
Walking (other)	15.0	32.1	39.8	47.5	55.2	49.3	39.2
Water polo	0.9*	0.1**	0.0**	0.1**	0.0**	0.0**	0.2
Waterskiing/powerboating	0.8*	2.2	1.4	1.4	0.3*	0.0**	1.1
Weight training	4.9	4.8	4.6	3.0	2.8	1.5	3.7
Yoga	2.2	4.6	4.0	4.0	2.5	1.3	3.2

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 16: All participants — participation in specific activities (organised and non-organised) by frequency, 2008 (a)

Activity	Number ('000)						Total
	1-6 times per year	7-12 times per year	13-26 times per year	27-52 times per year	53-104 times per year	More than 104 times per year	
Aerobics/fitness	134.3	160.1	264.0	637.2	916.8	1,786.9	3,899.4
Aquarobics	13.2*	15.2*	22.7*	55.6	48.1	26.7*	181.5
Athletics/track and field	40.6	7.5*	3.6**	28.5	10.5*	17.9*	108.7
Australian rules football	55.6	53.4	95.9	87.8	99.3	95.8	487.8
Badminton	30.9	25.5*	14.9*	51.0	24.2*	6.7**	153.2
Baseball	6.4**	5.4**	6.8**	7.3**	8.6*	13.6*	48.1
Basketball	87.4	71.7	102.6	186.0	78.4	71.6	597.6
Billiards/snooker/pool	9.8*	1.5**	3.3**	9.3*	3.2**	5.5**	32.6
Boxing	7.1**	11.7*	12.9*	35.0	24.8*	59.6	151.0
Canoeing/kayaking	95.7	23.6*	22.6*	23.2*	9.4*	12.0*	186.5
Carpet bowls	2.8**	0.8**	3.1**	22.8*	11.4*	2.7**	43.8
Cricket (indoor)	16.0*	15.8*	22.3*	74.1	12.3*	5.5**	146.1
Cricket (outdoor)	126.0	80.0	123.1	123.0	83.4	53.7	589.2
Cycling	251.7	227.4	307.5	412.6	293.2	435.7	1,928.1
Dancing	38.5	28.5	41.1	120.1	77.2	81.3	386.6
Darts	0.1**	1.1**	2.7**	8.0*	8.3*	4.2**	24.5*
Fishing	74.9	64.7	102.6	87.5	27.3*	8.7*	365.8
Football (indoor)	48.4	42.5	94.2	143.7	39.2	15.9*	383.9
Football (outdoor)	125.2	93.2	157.9	163.1	215.8	100.4	855.6
Golf	260.9	188.3	139.2	293.8	208.8	89.3	1,180.3
Gymnastics	4.1**	3.5**	2.4**	1.8**	6.6**	16.7*	35.2
Hockey (indoor)	5.3**	5.2**	1.2**	5.4**	2.2**	4.8**	24.1*
Hockey (outdoor)	17.9*	8.8*	56.0	52.1	41.3	26.6*	202.8
Horse riding/equestrian activities/polocrosse	20.4*	14.1*	25.5*	25.2*	35.5	42.2	162.9
Ice/snow sports	103.0	49.2	40.0	16.6*	12.3*	6.9**	227.9
Lawn bowls	41.6	20.8*	32.3	74.3	102.9	91.1	362.9
Martial arts	16.0*	24.8*	26.7*	109.0	96.6	89.4	362.5
Motor sports	51.4	30.2	53.0	41.2	7.6*	13.2*	196.5
Netball	62.0	74.2	102.6	198.9	126.1	78.0	641.8
Orienteering	33.0	8.9*	15.5*	14.9*	15.1*	36.8	124.1
Rock climbing	44.1	8.4*	19.4*	3.6**	3.0**	0.7**	79.3
Roller sports	12.5*	12.8*	6.1**	11.9*	10.3*	18.9*	72.5
Rowing	3.9**	6.6**	11.0*	4.3**	9.5*	18.3*	53.8
Rugby league	19.5*	17.6*	27.1*	36.2	50.2	69.2	219.9
Rugby union	7.1**	30.7	4.2**	30.7	38.3	37.9	148.9
Running	80.2	95.0	168.6	329.4	374.1	602.0	1,649.4
Sailing	25.7*	16.9*	14.1*	42.8	7.6*	4.8**	112.0
Scuba diving	33.8	24.8*	15.7*	6.3**	7.5*	2.1**	90.2
Shooting sports	36.5	13.8*	14.8*	23.2*	10.3*	2.5**	101.0
Softball	11.6*	2.9**	14.6*	31.4	10.8*	0.8**	72.0
Squash/racquetball	45.5	24.6*	37.1	74.0	44.9	9.0*	235.2
Surf sports	50.7	43.2	66.5	73.4	50.6	44.0	328.4
Swimming	285.5	343.9	487.1	624.2	343.2	328.8	2,412.8
Table tennis	23.3*	19.1*	17.7*	45.3	17.2*	14.6*	137.1
Tennis	238.6	184.5	191.3	318.8	131.6	57.8	1,122.5
Tenpin bowling	46.6	17.3*	9.4*	42.2	11.5*	10.9*	137.9
Touch football	66.3	92.7	111.9	178.4	61.8	26.0*	537.0
Triathlon	24.0*	2.2**	8.0*	1.1**	1.0**	19.4*	55.8
Volleyball	41.4	18.9*	69.8	57.1	22.0*	21.1*	230.4
Walking (bush)	427.3	232.0	153.1	111.0	52.3	91.5	1,067.3
Walking (other)	129.8	160.8	310.1	888.4	1,082.6	3,922.6	6,494.2
Water polo	0.0**	2.7**	11.3*	10.1*	3.6**	4.9**	32.6
Waterskiing/powerboating	57.6	47.2	53.6	12.3*	6.9**	2.7**	180.5
Weight training	23.4*	15.4*	32.2	113.5	150.4	273.0	607.9
Yoga	41.8	56.7	50.2	189.0	85.8	102.6	526.1

continued over

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 16 continued: All participants — participation in specific activities (organised and non-organised) by frequency, 2008

Activity	Total participation rate (%) (b)						Total	Mean times per year	Median times per year
	1-6 times per year	7-12 times per year	13-26 times per year	27-52 times per year	53-104 times per year	More than 104 times per year			
Aerobics/fitness	0.8	1.0	1.6	3.8	5.5	10.8	23.5	126.9	104.0
Aquarobics	0.1*	0.1*	0.1*	0.3	0.3	0.2*	1.1	68.3	52.0
Athletics/track and field	0.2	0.0*	0.0**	0.2	0.1*	0.1*	0.7	61.5	29.0
Australian rules football	0.3	0.3	0.6	0.5	0.6	0.6	2.9	63.1	48.0
Badminton	0.2	0.2*	0.1*	0.3	0.1*	0**	0.9	46.8	35.0
Baseball	0.0**	0.0**	0.0**	0.0**	0.1*	0.1*	0.3	63.4	40.0
Basketball	0.5	0.4	0.6	1.1	0.5	0.4	3.6	57.4	40.0
Billiards/snooker/pool	0.1*	0.0**	0.0**	0.1*	0.0**	0.0**	0.2	71.2	40.0
Boxing	0.0**	0.1*	0.1*	0.2	0.1*	0.4	0.9	107.4	100.0
Canoeing/kayaking	0.6	0.1*	0.1*	0.1*	0.1*	0.1*	1.1	33.0	6.0
Carpet bowls	0.0**	0.0**	0.0**	0.1*	0.1*	0.0**	0.3	61.5	52.0
Cricket (indoor)	0.1*	0.1*	0.1*	0.4	0.1*	0.0**	0.9	45.2	50.0
Cricket (outdoor)	0.8	0.5	0.7	0.7	0.5	0.3	3.5	42.7	24.0
Cycling	1.5	1.4	1.9	2.5	1.8	2.6	11.6	81.9	52.0
Dancing	0.2	0.2	0.2	0.7	0.5	0.5	2.3	82.0	52.0
Darts	0.0**	0.0**	0.0**	0.0*	0.1*	0.0**	0.1*	108.8	70.0
Fishing	0.5	0.4	0.6	0.5	0.2*	0.1*	2.2	31.5	20.0
Football (indoor)	0.3	0.3	0.6	0.9	0.2	0.1*	2.3	41.9	30.0
Football (outdoor)	0.8	0.6	1.0	1.0	1.3	0.6	5.2	56.9	40.0
Golf	1.6	1.1	0.8	1.8	1.3	0.5	7.1	45.9	26.0
Gymnastics	0.0**	0.0**	0.0**	0.0**	0.0**	0.1*	0.2	107.0	104.0
Hockey (indoor)	0.0**	0.0**	0.0**	0.0**	0.0**	0.0**	0.1*	52.1	48.0
Hockey (outdoor)	0.1*	0.1*	0.3	0.3	0.2	0.2*	1.2	60.5	45.0
Horse riding/equestrian activities/polocrosse	0.1*	0.1*	0.2*	0.2*	0.2	0.3	1.0	93.5	52.0
Ice/snow sports	0.6	0.3	0.2	0.1*	0.1*	0.0**	1.4	17.3	7.0
Lawn bowls	0.3	0.1*	0.2	0.4	0.6	0.5	2.2	80.1	70.0
Martial arts	0.1*	0.1*	0.2*	0.7	0.6	0.5	2.2	97.4	59.0
Motor sports	0.3	0.2	0.3	0.2	0.0*	0.1*	1.2	31.8	16.0
Netball	0.4	0.4	0.6	1.2	0.8	0.5	3.9	60.7	52.0
Orienteering	0.2	0.1*	0.1*	0.1*	0.1*	0.2	0.7	74.4	31.0
Rock climbing	0.3	0.1*	0.1*	0.0**	0.0**	0.0**	0.5	14.1	4.0
Roller sports	0.1*	0.1*	0.0**	0.1*	0.1*	0.1*	0.4	73.1	50.0
Rowing	0.0**	0.0**	0.1*	0.0**	0.1*	0.1*	0.3	124.7	61.0
Rugby league	0.1*	0.1*	0.2*	0.2	0.3	0.4	1.3	89.0	66.0
Rugby union	0.0**	0.2	0.0**	0.2	0.2	0.2	0.9	78.6	60.0
Running	0.5	0.6	1.0	2.0	2.3	3.6	9.9	108.3	104.0
Sailing	0.2*	0.1*	0.1*	0.3	0.0*	0.0**	0.7	36.8	26.0
Scuba diving	0.2	0.1*	0.1*	0.0**	0.0*	0.0**	0.5	17.2	8.0
Shooting sports	0.2	0.1*	0.1*	0.1*	0.1*	0.0**	0.6	32.2	14.0
Softball	0.1*	0.0**	0.1*	0.2	0.1*	0.0**	0.4	36.7	32.0
Squash/racquetball	0.3	0.1*	0.2	0.4	0.3	0.1*	1.4	43.5	30.0
Surf sports	0.3	0.3	0.4	0.4	0.3	0.3	2.0	58.4	32.0
Swimming	1.7	2.1	2.9	3.8	2.1	2.0	14.5	58.1	31.0
Table tennis	0.1*	0.1*	0.1*	0.3	0.1*	0.1*	0.8	55.3	40.0
Tennis	1.4	1.1	1.2	1.9	0.8	0.3	6.8	39.3	24.0
Tenpin bowling	0.3	0.1*	0.1*	0.3	0.1*	0.1*	0.8	36.9	20.0
Touch football	0.4	0.6	0.7	1.1	0.4	0.2*	3.2	40.5	26.0
Triathlon	0.1*	0.0**	0.0*	0.0**	0.0**	0.1*	0.3	112.0	25.0
Volleyball	0.2	0.1*	0.4	0.3	0.1*	0.1*	1.4	46.0	25.0
Walking (bush)	2.6	1.4	0.9	0.7	0.3	0.6	6.4	36.6	10.0
Walking (other)	0.8	1.0	1.9	5.3	6.5	23.6	39.1	179.9	156.0
Water polo	0.0**	0.0**	0.1*	0.1*	0.0**	0.0**	0.2	56.9	40.0
Waterskiing/powerboating	0.3	0.3	0.3	0.1*	0.0**	0.0**	1.1	19.1	12.0
Weight training	0.1*	0.1*	0.2	0.7	0.9	1.6	3.7	122.1	104.0
Yoga	0.3	0.3	0.3	1.1	0.5	0.6	3.2	80.6	52.0

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

10.1.6 Total participation in specific organised activities

Table 17: Organised participants — total participation in specific organised activities by age, 2008 (a)

Activity	Number ('000)						Total
	15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	
Aerobics/fitness	263.3	254.9	258.8	190.2	171.6	188.6	1,327.4
Aquarobics	9.6*	10.0*	14.9*	18.6*	28.6	50.7	132.5
Athletics/track and field	66.6	4.7**	8.4*	3.8**	0.0**	1.3**	84.8
Australian rules football	213.3	68.6	58.0	30.9	0.8**	0.0**	371.7
Badminton	38.1	7.6*	7.9*	11.6*	5.7**	5.2**	76.1
Baseball	19.7*	6.7**	7.9*	9.1*	0.6**	0.0**	44.0
Basketball	233.2	81.8	49.5	22.5*	0.9**	0.5**	388.3
Billiards/snooker/pool	2.9**	0.9**	0.2**	2.1**	2.5**	1.4**	10.1*
Boxing	36.8	29.4	14.0*	6.5**	2.4**	0.0**	89.0
Canoeing/kayaking	6.7**	11.7*	9.7*	5.5**	12.5*	1.1**	47.3
Carpet bowls	0.0**	0.6**	0.0**	2.9**	2.5**	32.6	38.6
Cricket (indoor)	49.2	29.0	15.7*	11.0*	2.3**	0.2**	107.4
Cricket (outdoor)	163.3	73.8	62.5	34.2	9.2*	1.5**	344.4
Cycling	32.0	37.4	56.9	34.1	19.3*	12.8*	192.5
Dancing	105.4	42.3	33.4	31.9	29.6	39.7	282.4
Darts	3.9**	3.4**	1.4**	6.8**	3.3**	3.4**	22.2*
Fishing	1.3**	5.8**	17.4*	8.6*	14.2*	3.9**	51.1
Football (indoor)	168.3	58.9	31.8	6.2**	0.0**	0.0**	265.1
Football (outdoor)	314.1	130.2	89.5	30.5	7.6*	2.2**	574.1
Golf	29.2	52.8	95.8	104.4	152.7	167.3	602.2
Gymnastics	18.9*	1.3**	1.0**	0.0**	2.8**	1.7**	25.7*
Hockey (indoor)	12.6*	2.5**	1.4**	0.7**	0.0**	1.2**	18.5*
Hockey (outdoor)	109.7	21.1*	34.0	22.1*	4.5**	2.0**	193.5
Horse riding/equestrian activities/polocrosse	18.3*	13.9*	17.9*	19.6*	6.4**	4.3**	80.5
Ice/snow sports	25.8*	7.1**	5.8**	3.1**	0.7**	3.9**	46.4
Lawn bowls	7.0**	13.3*	15.5*	26.5*	74.2	192.8	329.4
Martial arts	82.1	58.0	46.0	37.5	28.2	44.0	295.8
Motor sports	14.2*	19.1*	20.0*	17.9*	4.9**	3.9**	79.9
Netball	264.1	138.3	85.5	32.6	2.3**	3.8**	526.6
Orienteering	67.9	1.7**	8.2*	2.9**	1.5**	2.1**	84.3
Rock climbing	4.1**	7.8*	2.1**	0.0**	0.1**	0.0**	14.1*
Roller sports	4.2**	2.1**	0.0**	2.0**	0.0**	0.0**	8.2*
Rowing	9.7*	6.4**	4.1**	1.1**	4.0**	0.0**	25.3*
Rugby league	122.8	23.9*	13.5*	3.8**	0.1**	0.0**	164.2
Rugby union	86.7	19.9*	11.7*	4.2**	1.4**	0.1**	124.2
Running	56.8	56.1	60.9	34.6	17.1*	4.4**	229.9
Sailing	14.8*	12.5*	11.1*	15.7*	9.5*	13.3*	76.9
Scuba diving	4.1**	5.5**	1.4**	3.3**	2.1**	0.0**	16.3*
Shooting sports	5.4**	8.4*	5.7**	8.5*	8.1*	10.1*	46.3
Softball	27.7*	13.3*	14.1*	11.7*	0.8**	0.2**	67.9
Squash/racquetball	22.2*	21.9*	15.3*	29.3	6.7**	3.1**	98.4
Surf sports	4.8**	1.7**	5.7**	4.5**	1.8**	0.6**	19.2*
Swimming	134.4	58.4	67.1	37.8	25.9*	25.6*	349.3
Table tennis	32.7	1.7**	9.6*	11.4*	4.4**	13.9*	73.8
Tennis	116.2	54.5	90.6	93.0	59.5	34.4	448.1
Tenpin bowling	14.0*	6.1**	11.7*	9.4*	15.8*	17.8*	74.8
Touch football	179.3	115.4	77.3	33.3	7.2**	0.0**	412.5
Triathlon	17.4*	10.3*	19.8*	4.7**	0.7**	0.0**	53.0
Volleyball	98.5	30.8	24.4*	6.7**	0.3**	0.0**	160.7
Walking (bush)	14.5*	11.3*	26.4*	19.4*	30.0	29.9	131.5
Walking (other)	12.4*	35.3	30.5	50.0	45.3	76.2	249.7
Water polo	18.1*	4.0**	0.0**	1.9**	0.0**	0.0**	24.0*
Waterskiing/powerboating	2.5**	4.8**	0.7**	4.2**	0.0**	0.0**	12.1*
Weight training	27.7*	23.5*	44.2	23.1*	25.8*	13.7*	158.0
Yoga	40.5	74.1	71.4	54.2	31.9	21.3*	293.5

continued over

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 17 continued: Organised participants — total participation in specific organised activities by age, 2008

Activity	Total participation rate (%) (b)						Total
	15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	
Aerobics/fitness	9.2	8.9	8.5	6.6	7.3	7.3	8.0
Aquarobics	0.3*	0.3*	0.5*	0.6*	1.2	2.0	0.8
Athletics/track and field	2.3	0.2**	0.3*	0.1**	0.0**	0.1**	0.5
Australian rules football	7.5	2.4	1.9	1.1	0.0**	0.0**	2.2
Badminton	1.3	0.3*	0.3*	0.4*	0.2**	0.2**	0.5
Baseball	0.7*	0.2**	0.3*	0.3*	0.0**	0.0**	0.3
Basketball	8.1	2.8	1.6	0.8*	0.0**	0.0**	2.3
Billiards/snooker/pool	0.1**	0.0**	0.0**	0.1**	0.1**	0.1**	0.1*
Boxing	1.3	1.0	0.5*	0.2**	0.1**	0.0**	0.5
Canoeing/kayaking	0.2**	0.4*	0.3*	0.2**	0.5*	0.0**	0.3
Carpet bowls	0.0**	0.0**	0.0**	0.1**	0.1**	1.3	0.2
Cricket (indoor)	1.7	1.0	0.5*	0.4*	0.1**	0.0**	0.6
Cricket (outdoor)	5.7	2.6	2.1	1.2	0.4*	0.1**	2.1
Cycling	1.1	1.3	1.9	1.2	0.8*	0.5*	1.2
Dancing	3.7	1.5	1.1	1.1	1.3	1.5	1.7
Darts	0.1**	0.1**	0.0**	0.2**	0.1**	0.1**	0.1*
Fishing	0.0**	0.2**	0.6*	0.3*	0.6*	0.2**	0.3
Football (indoor)	5.9	2.0	1.0	0.2**	0.0**	0.0**	1.6
Football (outdoor)	11.0	4.5	3.0	1.1	0.3*	0.1**	3.5
Golf	1.0	1.8	3.2	3.6	6.5	6.4	3.6
Gymnastics	0.7*	0.0**	0.0**	0.0**	0.1**	0.1**	0.2*
Hockey (indoor)	0.4*	0.1**	0.0**	0.0**	0.0**	0.0**	0.1*
Hockey (outdoor)	3.8	0.7*	1.1	0.8*	0.2**	0.1**	1.2
Horse riding/equestrian activities/polocrosse	0.6*	0.5*	0.6*	0.7*	0.3**	0.2**	0.5
Ice/snow sports	0.9*	0.2**	0.2**	0.1**	0.0**	0.1**	0.3
Lawn bowls	0.2**	0.5*	0.5*	0.9*	3.2	7.4	2.0
Martial arts	2.9	2.0	1.5	1.3	1.2	1.7	1.8
Motor sports	0.5*	0.7*	0.7*	0.6*	0.2**	0.2**	0.5
Netball	9.2	4.8	2.8	1.1	0.1**	0.1**	3.2
Orienteering	2.4	0.1**	0.3*	0.1**	0.1**	0.1**	0.5
Rock climbing	0.1**	0.3*	0.1**	0.0**	0.0**	0.0**	0.1*
Roller sports	0.1**	0.1**	0.0**	0.1**	0.0**	0.0**	0.0*
Rowing	0.3*	0.2**	0.1**	0.0**	0.2**	0.0**	0.2*
Rugby league	4.3	0.8*	0.4*	0.1**	0.0**	0.0**	1.0
Rugby union	3.0	0.7*	0.4*	0.1**	0.1**	0.0**	0.7
Running	2.0	2.0	2.0	1.2	0.7*	0.2**	1.4
Sailing	0.5*	0.4*	0.4*	0.5*	0.4*	0.5*	0.5
Scuba diving	0.1**	0.2**	0.0**	0.1**	0.1**	0.0**	0.1*
Shooting sports	0.2**	0.3*	0.2**	0.3*	0.3*	0.4*	0.3
Softball	1.0*	0.5*	0.5*	0.4*	0.0**	0.0**	0.4
Squash/racquetball	0.8*	0.8*	0.5*	1.0	0.3**	0.1**	0.6
Surf sports	0.2**	0.1**	0.2**	0.2**	0.1**	0.0**	0.1*
Swimming	4.7	2.0	2.2	1.3	1.1*	1.0*	2.1
Table tennis	1.1	0.1**	0.3*	0.4*	0.2**	0.5*	0.4
Tennis	4.1	1.9	3.0	3.2	2.5	1.3	2.7
Tenpin bowling	0.5*	0.2**	0.4*	0.3*	0.7*	0.7*	0.5
Touch football	6.3	4.0	2.6	1.2	0.3**	0.0**	2.5
Triathlon	0.6*	0.4*	0.7*	0.2**	0.0**	0.0**	0.3
Volleyball	3.4	1.1	0.8*	0.2**	0.0**	0.0**	1.0
Walking (bush)	0.5*	0.4*	0.9*	0.7*	1.3	1.2	0.8
Walking (other)	0.4*	1.2	1.0	1.7	1.9	2.9	1.5
Water polo	0.6*	0.1**	0.0**	0.1**	0.0**	0.0**	0.1*
Waterskiing/powerboating	0.1**	0.2**	0.0**	0.1**	0.0**	0.0**	0.1*
Weight training	1.0*	0.8*	1.5	0.8*	1.1*	0.5*	1.0
Yoga	1.4	2.6	2.4	1.9	1.4	0.8*	1.8

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group.

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

10.2 2001–2008 state/territory tables

Table 18: All participants — total participation in any physical activity by state/territory, age and sex, 2008 (a)

		ACT	NSW	NT	QLD	SA	TAS	VIC	WA	AUSTRALIA
Sex	Age group (years)	Number ('000)								
Males	15 to 24	24.5	438.4	14.8	270.8	93.8	29.3	337.4	136.4	1,345.3
	25 to 34	24.3	400.4	14.5	241.0	88.0	23.8	318.0	128.1	1,238.1
	35 to 44	21.6	419.1	12.9	246.1	93.1	27.5	331.0	129.8	1,281.1
	45 to 54	19.7	380.2	11.0	221.5	95.0	27.2	287.2	121.3	1,163.2
	55 to 64	15.3	294.6	7.1	182.0	74.2	24.1	228.7	94.8	920.9
	65 and over	11.7	300.4	4.4	176.2	73.1	23.1	217.2	83.8	889.9
	TOTAL		117.1	2,233.2	64.7	1,337.5	517.2	154.9	1,719.4	694.2
Females	15 to 24	21.8	368.1	12.9	262.4	96.3	26.8	313.0	133.5	1,234.8
	25 to 34	24.7	396.7	14.6	260.7	86.7	25.5	310.6	122.2	1,241.8
	35 to 44	22.3	418.2	13.2	272.5	97.5	28.8	328.0	142.6	1,323.1
	45 to 54	21.9	398.6	11.0	241.3	93.6	32.6	302.4	122.2	1,223.7
	55 to 64	15.9	323.8	7.4	189.3	73.8	26.1	237.3	96.6	970.2
	65 and over	14.3	349.4	3.9	181.3	87.6	24.3	260.8	95.8	1,017.3
	TOTAL		120.9	2,254.8	63.1	1,407.6	535.5	164.1	1,752.1	712.9
Persons	15 to 24	46.4	806.5	27.7	533.2	190.1	56.1	650.3	269.9	2,580.1
	25 to 34	49.0	797.1	29.1	501.7	174.6	49.3	628.6	250.3	2,479.9
	35 to 44	43.9	837.3	26.1	518.5	190.7	56.3	658.9	272.3	2,604.2
	45 to 54	41.6	778.9	22.0	462.9	188.6	59.8	589.6	243.5	2,386.9
	55 to 64	31.2	618.5	14.5	371.3	148.0	50.2	466.0	191.5	1,891.1
	65 and over	26.0	649.8	8.4	357.5	160.7	47.3	478.1	179.6	1,907.2
	TOTAL		238.1	4,488.0	127.9	2,745.1	1,052.7	319.0	3,471.5	1,407.1
Total participation rate (%) (b)										
Males	15 to 24	96.6	94.7	90.4	92.5	86.4	91.3	92.0	90.3	92.4
	25 to 34	90.4	85.4	85.9	85.4	88.8	87.9	86.8	89.9	86.6
	35 to 44	87.5	87.1	78.7	83.3	85.2	86.2	87.7	84.1	85.9
	45 to 54	87.6	82.0	77.6	79.4	87.2	78.1	82.0	83.2	82.0
	55 to 64	86.1	77.6	69.6	76.9	80.7	78.3	81.2	80.3	78.9
	65 and over	79.9	73.8	79.1	76.3	71.9	72.5	71.9	74.5	73.8
	TOTAL	88.8	83.8	81.3	82.7	83.5	82.2	84.1	84.2	83.7
Females	15 to 24	89.5	81.7	83.7	91.6	92.7	86.6	89.0	92.7	87.7
	25 to 34	91.4	82.9	82.8	90.9	88.4	89.8	84.5	86.4	85.9
	35 to 44	87.1	84.2	81.4	88.1	87.6	85.1	83.9	91.8	85.9
	45 to 54	91.1	83.3	79.7	82.6	82.7	89.9	83.6	82.3	83.4
	55 to 64	85.6	83.8	84.6	80.1	76.3	83.9	81.3	83.7	81.9
	65 and over	82.7	73.2	81.9	71.3	72.1	66.0	73.7	76.5	73.1
	TOTAL	88.3	81.4	82.3	84.5	83.1	83.2	82.7	85.9	83.1
Persons	15 to 24	93.1	88.3	87.1	92.1	89.5	89.0	90.5	91.5	90.1
	25 to 34	90.9	84.1	84.3	88.2	88.6	88.9	85.6	88.2	86.2
	35 to 44	87.3	85.6	80.1	85.8	86.4	85.7	85.7	88.0	85.9
	45 to 54	89.4	82.7	78.6	81.1	84.9	84.1	82.9	82.8	82.7
	55 to 64	85.9	80.7	76.5	78.5	78.5	81.1	81.3	82.0	80.4
	65 and over	81.4	73.4	80.4	73.7	72.0	69.0	72.8	75.5	73.4
	TOTAL	88.6	82.6	81.8	83.6	83.3	82.7	83.4	85.1	83.4

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

Table 19: All participants — total participation in any physical activity by state/territory and sex, 2001–2008 (a)

		ACT	NSW	NT	QLD	SA	TAS	VIC	WA	AUSTRALIA
Sex	Year	Number ('000)								
Males	2001	103.8	2,026.0	60.1	1,099.2	447.2	134.4	1,493.6	599.5	5,963.9
	2002	107.2	1,987.3	58.0	1,096.1	468.3	137.4	1,511.1	603.3	5,968.6
	2003	108.3	2,152.2	59.9	1,147.8	490.4	145.4	1,632.1	636.7	6,372.7
	2004	110.5	2,156.3	61.1	1,217.9	472.6	147.3	1,678.2	669.9	6,513.7
	2005	113.2	2,214.8	59.8	1,273.3	498.0	150.5	1,667.2	663.5	6,640.3
	2006	110.9	2,090.9	60.1	1,228.1	486.3	150.3	1,581.4	646.9	6,354.8
	2007	112.3	2,091.1	62.3	1,266.1	476.3	142.4	1,611.7	628.7	6,390.8
	2008	117.1	2,233.2	64.7	1,337.5	517.2	154.9	1,719.4	694.2	6,838.3
Females	2001	100.2	1,944.5	53.2	1,060.8	438.7	146.4	1,443.9	596.9	5,784.6
	2002	102.4	1,928.0	53.4	1,130.4	460.0	140.1	1,515.3	613.8	5,943.4
	2003	110.1	2,099.9	57.2	1,204.2	502.8	153.0	1,683.1	661.0	6,471.3
	2004	112.0	2,160.7	54.4	1,243.0	497.7	156.8	1,700.1	652.9	6,577.6
	2005	112.0	2,214.8	55.4	1,243.5	508.7	156.5	1,735.2	663.3	6,689.5
	2006	115.1	2,122.0	59.4	1,259.2	499.3	159.6	1,701.4	674.5	6,590.6
	2007	115.1	2,085.5	60.6	1,310.2	514.6	157.5	1,650.8	673.8	6,568.0
	2008	120.9	2,254.8	63.1	1,407.6	535.5	164.1	1,752.1	712.9	7,011.0
Persons	2001	204.0	3,970.5	113.3	2,160.0	886.0	280.8	2,937.6	1,196.4	11,748.6
	2002	209.6	3,915.2	111.4	2,226.5	928.3	277.5	3,026.4	1,217.1	11,912.0
	2003	218.4	4,252.0	117.1	2,352.1	993.2	298.4	3,315.1	1,297.6	12,844.0
	2004	222.5	4,317.0	115.5	2,461.0	970.3	304.0	3,378.3	1,322.9	13,091.3
	2005	225.1	4,429.6	115.3	2,516.8	1,006.7	307.0	3,402.4	1,326.9	13,329.8
	2006	226.0	4,212.9	119.5	2,487.3	985.6	309.8	3,282.8	1,321.4	12,945.4
	2007	227.3	4,176.6	122.9	2,576.2	990.9	299.9	3,262.5	1,302.5	12,958.7
	2008	238.1	4,488.0	127.9	2,745.1	1,052.7	319.0	3,471.5	1,407.1	13,849.3
Total participation rate (%) (b)										
Males	2001	86.0	80.3	81.9	79.1	76.6	75.7	79.8	81.3	79.8
	2002	88.8	77.8	78.6	77.3	79.6	77.1	79.5	80.3	78.7
	2003	88.8	83.2	81.4	78.7	82.6	80.5	84.3	83.0	82.6
	2004	88.6	82.5	83.2	80.9	79.1	80.9	85.3	86.0	83.0
	2005	90.3	84.1	81.4	82.1	82.7	81.5	83.7	83.8	83.5
	2006	87.4	80.6	79.5	79.8	80.5	81.1	80.1	82.6	80.6
	2007	86.7	79.5	80.2	80.2	77.9	76.3	80.2	78.2	79.6
	2008	88.8	83.8	81.3	82.7	83.5	82.2	84.1	84.2	83.7
Females	2001	80.9	75.6	79.1	75.5	72.9	78.6	75.0	80.8	75.9
	2002	83.1	74.2	79.2	78.6	76.0	74.9	77.6	81.6	77.0
	2003	88.5	79.8	84.8	81.4	82.4	80.8	84.7	86.0	82.4
	2004	87.8	81.5	82.3	81.5	81.1	81.9	84.9	83.7	82.6
	2005	87.7	83.0	84.9	79.7	82.5	80.9	85.7	83.8	83.1
	2006	86.9	78.6	81.2	79.2	79.3	82.2	83.0	84.9	80.7
	2007	85.4	76.3	80.9	80.5	80.8	80.4	79.2	83.0	79.1
	2008	88.3	81.4	82.3	84.5	83.1	83.2	82.7	85.9	83.1
Persons	2001	83.4	77.9	80.5	77.3	74.7	77.2	77.4	81.0	77.8
	2002	85.9	76.0	78.9	78.0	77.8	75.9	78.5	81.0	77.8
	2003	88.6	81.5	83.0	80.1	82.5	80.7	84.5	84.5	82.5
	2004	88.2	82.0	82.8	81.2	80.1	81.4	85.1	84.8	82.8
	2005	89.0	83.5	83.0	80.9	82.6	81.2	84.7	83.8	83.3
	2006	87.1	79.6	80.3	79.5	79.9	81.7	81.6	83.7	80.7
	2007	86.0	77.9	80.5	80.4	79.3	78.4	79.7	80.6	79.4
	2008	88.6	82.6	81.8	83.6	83.3	82.7	83.4	85.1	83.4

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

Table 20: Regular participants — regular participation in any physical activity by state/territory, age and sex, 2008 (a)

		ACT	NSW	NT	QLD	SA	TAS	VIC	WA	AUSTRALIA
Sex	Age group (years)	Number ('000)								
Males	15 to 24	18.6	269.2	8.5	167.6	61.9	17.1	213.5	86.2	842.5
	25 to 34	14.7	191.3	6.6	121.4	45.6	10.7	153.4	63.6	607.2
	35 to 44	11.2	254.6	6.4	107.8	44.9	16.6	152.4	62.7	656.7
	45 to 54	9.8	217.9	6.0	112.8	42.5	14.9	154.0	49.3	607.2
	55 to 64	10.3	174.4	4.7	105.3	42.7	14.5	126.8	46.6	525.2
	65 and over	8.0	208.5	3.4	109.3	45.6	13.8	140.8	57.7	587.2
	TOTAL		72.5	1,315.8	35.6	724.2	283.1	87.6	940.9	366.1
Females	15 to 24	12.1	182.2	7.3	153.3	62.6	17.9	187.9	82.0	705.3
	25 to 34	15.0	209.2	9.6	150.3	54.1	14.7	182.9	65.6	701.4
	35 to 44	13.9	254.1	9.2	160.2	64.4	18.4	203.0	94.7	818.0
	45 to 54	14.0	272.3	7.5	148.6	57.6	19.8	206.4	70.3	796.5
	55 to 64	11.9	225.2	5.6	138.6	51.1	18.2	158.7	73.4	682.7
	65 and over	9.7	219.5	3.0	117.2	58.2	15.5	165.8	59.7	648.6
	TOTAL		76.6	1,362.4	42.3	868.1	347.9	104.6	1,104.7	445.7
Persons	15 to 24	30.7	451.4	15.8	320.9	124.5	35.0	401.3	168.2	1,547.8
	25 to 34	29.7	400.5	16.2	271.7	99.7	25.4	336.3	129.2	1,308.6
	35 to 44	25.1	508.7	15.7	268.1	109.2	35.1	355.4	157.4	1,474.7
	45 to 54	23.8	490.1	13.6	261.4	100.1	34.7	360.4	119.6	1,403.6
	55 to 64	22.1	399.6	10.3	243.8	93.8	32.7	285.5	120.0	1,207.9
	65 and over	17.6	427.9	6.5	226.5	103.8	29.3	306.7	117.4	1,235.8
	TOTAL		149.0	2,678.2	78.0	1,592.3	631.1	192.2	2,045.6	811.9
Regular participation rate (%) (b)										
Males	15 to 24	73.1	58.1	51.6	57.3	57.1	53.2	58.2	57.1	57.9
	25 to 34	54.6	40.8	38.9	43.0	46.0	39.5	41.9	44.7	42.5
	35 to 44	45.4	52.9	39.2	36.5	41.1	52.2	40.4	40.7	44.1
	45 to 54	43.5	47.0	42.4	40.4	38.9	42.9	44.0	33.8	42.8
	55 to 64	57.7	45.9	46.2	44.5	46.4	47.2	45.0	39.4	45.0
	65 and over	54.6	51.2	61.3	47.4	44.9	43.5	46.6	51.3	48.7
	TOTAL	55.0	49.4	44.7	44.8	45.7	46.5	46.0	44.4	46.8
Females	15 to 24	49.8	40.5	47.4	53.5	60.2	57.9	53.4	57.0	50.1
	25 to 34	55.4	43.7	54.5	52.4	55.1	51.8	49.8	46.3	48.5
	35 to 44	54.4	51.1	56.9	51.8	57.8	54.5	51.9	61.0	53.1
	45 to 54	58.1	56.9	54.4	50.9	51.0	54.6	57.1	47.3	54.3
	55 to 64	64.0	58.3	63.7	58.7	52.8	58.6	54.4	63.6	57.6
	65 and over	55.9	46.0	63.1	46.1	47.9	42.2	46.8	47.7	46.6
	TOTAL	55.9	49.2	55.2	52.1	54.0	53.0	52.2	53.7	51.6
Persons	15 to 24	61.7	49.4	49.6	55.4	58.6	55.5	55.9	57.0	54.1
	25 to 34	55.0	42.3	46.9	47.7	50.5	45.8	45.8	45.5	45.5
	35 to 44	50.0	52.0	48.0	44.3	49.5	53.4	46.2	50.8	48.7
	45 to 54	51.1	52.0	48.3	45.8	45.1	48.9	50.6	40.6	48.6
	55 to 64	60.9	52.2	54.3	51.6	49.7	52.9	49.8	51.4	51.4
	65 and over	55.3	48.4	62.2	46.7	46.5	42.8	46.7	49.4	47.6
	TOTAL	55.4	49.3	49.9	48.5	49.9	49.8	49.1	49.1	49.3

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the regular participation rate is the number of persons who participated in the activity at least three times per week on average expressed as a percentage of the population in the same group

Table 21: Regular participants — regular participation in any physical activity by state/territory and sex, 2001–2008 (a)

		ACT	NSW	NT	QLD	SA	TAS	VIC	WA	AUSTRALIA
Sex	Year	Number ('000)								
Males	2001	50.3	889.7	27.8	497.7	168.9	51.6	665.1	270.6	2,621.8
	2002	51.3	880.4	30.5	550.0	212.1	56.4	680.5	335.0	2,796.3
	2003	62.7	1,105.2	32.2	596.9	255.0	73.5	870.4	335.2	3,331.1
	2004	62.8	1,125.6	34.9	633.4	225.8	73.2	896.9	394.0	3,446.7
	2005	62.3	1,115.6	33.1	584.2	224.6	75.7	875.5	343.0	3,313.9
	2006	58.4	1,029.8	31.5	584.9	200.1	67.9	774.8	333.9	3,081.4
	2007	62.3	1,091.9	35.2	621.7	224.7	71.5	799.4	308.9	3,215.7
	2008	72.5	1,315.8	35.6	724.2	283.1	87.6	940.9	366.1	3,825.9
Females	2001	56.1	999.6	29.0	565.1	217.8	73.8	720.4	331.0	2,992.8
	2002	52.2	976.8	29.6	596.2	229.6	69.8	825.0	370.0	3,149.2
	2003	64.0	1,202.4	37.3	711.9	291.1	91.3	991.8	418.8	3,808.7
	2004	69.4	1,282.3	37.6	765.0	291.3	96.4	1,042.8	427.6	4,012.4
	2005	65.3	1,262.2	33.6	687.4	273.0	86.3	958.0	393.2	3,759.0
	2006	65.3	1,169.1	36.2	743.6	276.3	93.6	992.5	411.7	3,788.4
	2007	72.0	1,189.6	38.3	814.3	290.3	95.2	967.3	425.7	3,892.6
	2008	76.6	1,362.4	42.3	868.1	347.9	104.6	1,104.7	445.7	4,352.4
Persons	2001	106.5	1,889.3	56.9	1,062.8	386.7	125.4	1,385.5	601.6	5,614.6
	2002	103.5	1,857.2	60.1	1,146.3	441.7	126.2	1,505.5	705.1	5,945.4
	2003	126.7	2,307.7	69.6	1,308.7	546.1	164.8	1,862.2	754.1	7,139.8
	2004	132.3	2,407.9	72.5	1,398.4	517.2	169.7	1,939.6	821.6	7,459.1
	2005	127.6	2,377.8	66.7	1,271.5	497.6	162.0	1,833.5	736.2	7,072.9
	2006	123.7	2,198.9	67.7	1,328.5	476.5	161.5	1,767.3	745.6	6,869.8
	2007	134.4	2,281.4	73.5	1,436.0	515.0	166.7	1,766.7	734.6	7,108.3
	2008	149.0	2,678.2	78.0	1,592.3	631.1	192.2	2,045.6	811.9	8,178.4
Regular participation rate (%) (b)										
Males	2001	41.7	35.3	37.9	35.8	28.9	29.0	35.5	36.7	35.1
	2002	42.5	34.5	41.4	38.8	36.1	31.6	35.8	44.6	36.9
	2003	51.4	42.7	43.8	40.9	42.9	40.7	44.9	43.7	43.2
	2004	50.4	43.1	47.5	42.1	37.8	40.2	45.6	50.6	43.9
	2005	49.7	42.3	45.0	37.6	37.3	41.0	44.0	43.3	41.7
	2006	46.1	39.7	41.7	38.0	33.1	36.7	39.2	42.6	39.1
	2007	48.2	41.5	45.4	39.4	36.7	38.3	39.8	38.4	40.1
	2008	55.0	49.4	44.7	44.8	45.7	46.5	46.0	44.4	46.8
Females	2001	45.3	38.9	43.1	40.2	36.2	39.6	37.4	44.8	39.3
	2002	42.4	37.6	43.9	41.5	37.9	37.3	42.3	49.2	40.8
	2003	51.4	45.7	55.3	48.1	47.7	48.2	49.9	54.5	48.5
	2004	54.4	48.4	56.8	50.1	47.5	50.4	52.0	54.8	50.4
	2005	51.1	47.3	51.5	44.1	44.3	44.6	47.3	49.7	46.7
	2006	49.3	43.3	49.5	46.8	43.9	48.2	48.4	51.8	46.4
	2007	53.4	43.5	51.1	50.0	45.6	48.6	46.4	52.4	46.9
	2008	55.9	49.2	55.2	52.1	54.0	53.0	52.2	53.7	51.6
Persons	2001	43.6	37.1	40.4	38.0	32.6	34.5	36.5	40.7	37.2
	2002	42.4	36.0	42.6	40.1	37.0	34.5	39.1	46.9	38.8
	2003	51.4	44.2	49.3	44.6	45.4	44.5	47.5	49.1	45.8
	2004	52.4	45.7	51.9	46.1	42.7	45.4	48.9	52.7	47.2
	2005	50.4	44.8	48.1	40.9	40.8	42.8	45.6	46.5	44.2
	2006	47.7	41.5	45.5	42.5	38.6	42.6	43.9	47.3	42.8
	2007	50.9	42.5	48.2	44.8	41.2	43.6	43.2	45.5	43.5
	2008	55.4	49.3	49.9	48.5	49.9	49.8	49.1	49.1	49.3

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview

(b) For any group, the regular participation rate is the number of persons who participated in the activity at least three times per week on average expressed as a percentage of the population in the same group

Table 22: Organised participants — total participation in organised physical activity by state/territory, age and sex, 2008 (a)

		ACT	NSW	NT	QLD	SA	TAS	VIC	WA	AUSTRALIA
Sex	Age group (years)	Number ('000)								
Males	15 to 24	18.3	336.4	11.6	194.5	71.7	22.6	244.8	100.5	1,000.4
	25 to 34	14.1	201.9	7.2	138.8	42.2	14.0	172.1	73.3	663.4
	35 to 44	11.9	228.6	7.0	115.2	44.1	15.8	158.2	59.5	640.2
	45 to 54	9.3	173.6	5.1	99.1	39.0	9.8	129.4	48.6	513.9
	55 to 64	5.0	124.6	3.0	56.1	27.6	9.5	100.0	33.6	359.3
	65 and over	6.2	119.8	1.6*	71.8	33.7	11.3	101.7	32.6	378.7
	TOTAL		64.6	1,184.9	35.4	675.5	258.2	82.9	906.2	348.2
Females	15 to 24	14.9	230.6	8.6	159.4	65.1	21.0	209.2	89.2	798.0
	25 to 34	12.1	170.1	5.8	125.0	40.1	12.6	147.3	63.0	576.0
	35 to 44	10.4	163.1	6.1	118.1	52.2	10.4	138.1	85.4	583.9
	45 to 54	8.1	139.3	4.0	71.3	35.7	10.2	124.2	45.5	438.2
	55 to 64	5.4	120.7	2.8	68.8	26.6	8.3	90.6	33.8	357.1
	65 and over	6.7	164.6	2.0*	59.3	33.3	10.4	136.9	47.5	460.9
	TOTAL		57.6	988.6	29.3	602.0	253.1	72.9	846.2	364.4
Persons	15 to 24	33.3	567.0	20.2	353.9	136.8	43.6	453.9	189.7	1,798.4
	25 to 34	26.1	372.0	13.0	263.7	82.4	26.6	319.3	136.3	1,239.5
	35 to 44	22.3	391.7	13.1	233.4	96.3	26.2	296.3	144.9	1,224.1
	45 to 54	17.3	312.9	9.1	170.4	74.7	19.9	253.6	94.2	952.0
	55 to 64	10.3	245.3	5.8	125.0	54.1	17.8	190.6	67.5	716.5
	65 and over	12.9	284.4	3.6	131.1	67.0	21.7	238.6	80.1	839.5
	TOTAL		122.2	2,173.5	64.8	1,277.5	511.2	155.9	1,752.4	712.6

Total participation rate (%) (b)

Males	15 to 24	72.2	72.6	70.7	66.5	66.1	70.4	66.7	66.6	68.7
	25 to 34	52.3	43.1	42.6	49.1	42.6	51.5	47.0	51.5	46.4
	35 to 44	48.0	47.5	42.6	39.0	40.3	49.6	41.9	38.6	43.0
	45 to 54	41.2	37.5	35.7	35.5	35.7	28.1	37.0	33.4	36.2
	55 to 64	27.9	32.8	29.4	23.7	30.0	30.9	35.5	28.5	30.8
	65 and over	42.1	29.4	29.3*	31.1	33.1	35.6	33.7	29.0	31.4
	TOTAL	49.0	44.5	44.5	41.8	41.7	44.0	44.3	42.3	43.5
Females	15 to 24	61.3	51.2	55.9	55.7	62.6	67.8	59.5	62.0	56.7
	25 to 34	44.6	35.5	33.1	43.6	40.9	44.4	40.1	44.5	39.8
	35 to 44	40.7	32.8	37.5	38.2	46.9	30.7	35.3	54.9	37.9
	45 to 54	33.5	29.1	28.8	24.4	31.6	28.0	34.3	30.7	29.8
	55 to 64	28.9	31.3	32.2	29.2	27.5	26.8	31.1	29.3	30.1
	65 and over	38.9	34.5	41.1*	23.3	27.4	28.4	38.7	37.9	33.1
	TOTAL	42.1	35.7	38.2	36.2	39.3	37.0	40.0	43.9	38.1
Persons	15 to 24	66.9	62.1	63.5	61.1	64.4	69.2	63.2	64.3	62.8
	25 to 34	48.4	39.3	37.7	46.3	41.8	47.9	43.5	48.0	43.1
	35 to 44	44.3	40.0	40.1	38.6	43.6	39.8	38.6	46.8	40.4
	45 to 54	37.2	33.2	32.3	29.8	33.6	28.1	35.6	32.0	33.0
	55 to 64	28.4	32.0	30.7	26.4	28.7	28.8	33.3	28.9	30.5
	65 and over	40.4	32.2	34.7	27.0	30.0	31.7	36.4	33.7	32.3
	TOTAL	45.5	40.0	41.4	38.9	40.4	40.4	42.1	43.1	40.8

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 23: Organised participants — total participation in organised physical activity by state/territory and sex, 2001–2008 (a)

		ACT	NSW	NT	QLD	SA	TAS	VIC	WA	AUSTRALIA
Sex	Year	Number ('000)								
Males	2001	57.2	1,058.5	35.3	564.7	253.1	79.0	794.2	316.4	3,158.3
	2002	58.2	1,131.2	33.2	621.1	253.2	75.3	805.4	319.0	3,296.7
	2003	61.3	1,135.5	33.3	597.5	284.1	80.0	924.4	333.9	3,450.0
	2004	66.3	1,162.1	34.5	618.6	249.4	81.5	966.3	330.4	3,509.0
	2005	64.6	1,150.2	32.5	678.6	275.9	74.9	911.5	329.0	3,517.2
	2006	56.0	1,113.3	32.0	570.3	245.4	69.0	786.4	346.6	3,219.0
	2007	57.3	1,047.0	31.0	610.7	235.5	73.6	810.3	321.4	3,186.8
	2008	64.6	1,184.9	35.4	675.5	258.2	82.9	906.2	348.2	3,555.9
Females	2001	49.5	912.5	27.9	536.8	223.2	76.4	740.6	306.6	2,873.6
	2002	54.3	995.3	29.5	546.4	216.0	65.1	745.5	312.9	2,965.0
	2003	57.6	1,030.3	29.6	565.2	239.1	75.4	851.4	353.5	3,202.2
	2004	61.6	1,084.4	28.2	558.7	229.3	71.2	875.8	335.3	3,244.4
	2005	59.5	1,059.2	25.6	560.7	238.4	71.3	808.8	351.3	3,174.8
	2006	54.7	948.6	29.9	533.2	235.6	60.0	854.4	344.1	3,060.5
	2007	57.0	934.6	29.7	557.6	234.8	72.8	796.9	338.5	3,021.8
	2008	57.6	988.6	29.3	602.0	253.1	72.9	846.2	364.4	3,214.1
Persons	2001	106.7	1,971.0	63.2	1,101.5	476.3	155.4	1,534.8	623.0	6,031.9
	2002	112.5	2,126.5	62.7	1,167.5	469.1	140.4	1,550.9	632.0	6,261.7
	2003	118.8	2,165.8	62.9	1,162.7	523.3	155.4	1,775.8	687.5	6,652.2
	2004	127.9	2,246.5	62.6	1,177.3	478.7	152.7	1,842.0	665.7	6,753.4
	2005	124.1	2,209.5	58.2	1,239.4	514.3	146.1	1,720.3	680.2	6,692.1
	2006	110.7	2,061.9	61.9	1,103.4	481.0	129.0	1,640.8	690.7	6,279.5
	2007	114.2	1,981.6	60.6	1,168.3	470.3	146.4	1,607.3	659.9	6,208.6
	2008	122.2	2,173.5	64.8	1,277.5	511.2	155.9	1,752.4	712.6	6,770.0
Total participation rate (%) (b)										
Males	2001	47.4	41.9	48.1	40.6	43.4	44.4	42.4	42.9	42.2
	2002	48.2	44.3	45.0	43.8	43.1	42.2	42.4	42.5	43.5
	2003	50.2	43.9	45.3	41.0	47.9	44.3	47.7	43.5	44.7
	2004	53.2	44.5	47.0	41.1	41.7	44.8	49.1	42.4	44.7
	2005	51.5	43.7	44.3	43.7	45.8	40.6	45.8	41.5	44.2
	2006	44.1	42.9	42.3	37.0	40.6	37.3	39.8	44.3	40.8
	2007	44.3	39.8	39.9	38.7	38.5	39.4	40.3	40.0	39.7
	2008	49.0	44.5	44.5	41.8	41.7	44.0	44.3	42.3	43.5
Females	2001	40.0	35.5	41.5	38.2	37.1	41.1	38.4	41.5	37.7
	2002	44.1	38.3	43.8	38.0	35.7	34.8	38.2	41.6	38.4
	2003	46.2	39.2	43.8	38.2	39.2	39.8	42.9	46.0	40.8
	2004	48.3	40.9	42.6	36.6	37.4	37.2	43.7	43.0	40.8
	2005	46.6	39.7	39.2	36.0	38.7	36.8	39.9	44.4	39.4
	2006	41.3	35.1	40.9	33.5	37.4	30.9	41.7	43.3	37.5
	2007	42.3	34.2	39.6	34.3	36.8	37.2	38.2	41.7	36.4
	2008	42.1	35.7	38.2	36.2	39.3	37.0	40.0	43.9	38.1
Persons	2001	43.6	38.7	44.9	39.4	40.2	42.7	40.4	42.2	39.9
	2002	46.1	41.3	44.5	40.9	39.3	38.4	40.2	42.0	40.9
	2003	48.2	41.5	44.6	39.6	43.5	42.0	45.3	44.8	42.7
	2004	50.7	42.7	44.9	38.8	39.5	40.9	46.4	42.7	42.7
	2005	49.1	41.7	41.9	39.8	42.2	38.7	42.8	43.0	41.8
	2006	42.7	38.9	41.6	35.3	39.0	34.0	40.8	43.8	39.1
	2007	43.2	36.9	39.8	36.5	37.7	38.3	39.3	40.8	38.0
	2008	45.5	40.0	41.4	38.9	40.4	40.4	42.1	43.1	40.8

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

Table 24: Regular organised participants — regular participation in organised physical activity by state/territory and sex, 2001–2008 (a)

		ACT	NSW	NT	QLD	SA	TAS	VIC	WA	AUSTRALIA
Sex	Year	Number ('000)								
Males	2001	13.0	208.5	8.3	125.5	55.3	18.8	198.7	79.2	707.2
	2002	15.7	268.4	10.9	164.2	56.1	16.4	203.4	100.8	835.8
	2003	17.5	238.5	7.9	165.8	72.1	20.8	254.4	107.6	884.7
	2004	17.7	286.5	9.6	145.4	66.1	20.4	262.0	95.4	902.9
	2005	19.0	265.1	7.9	167.2	59.6	19.1	275.6	98.5	912.0
	2006	14.0	244.7	8.4	153.7	48.3	14.5	194.3	101.0	778.9
	2007	16.0	303.4	9.2	164.5	59.0	17.4	220.4	83.9	873.8
	2008	23.0	333.7	10.4	183.0	83.2	26.1	257.2	106.8	1,023.4
Females	2001	14.5	213.6	7.2	134.4	53.3	17.2	192.6	80.2	713.1
	2002	14.0	209.2	7.9	134.3	60.5	12.7	211.6	98.7	748.8
	2003	15.8	319.3	8.5	142.9	61.9	18.5	222.5	123.2	912.4
	2004	19.7	274.2	7.3	153.4	57.8	20.6	262.9	94.2	890.1
	2005	16.1	313.2	7.3	160.2	50.7	15.1	217.2	113.4	893.3
	2006	15.3	216.0	6.9	143.0	69.9	14.9	215.5	92.4	773.8
	2007	18.2	289.4	10.7	217.8	67.2	20.5	227.8	109.6	961.2
	2008	17.9	262.2	10.6	213.8	86.1	19.0	261.8	114.3	985.7
Persons	2001	27.5	422.0	15.5	259.9	108.6	36.0	391.3	159.4	1,420.2
	2002	29.7	477.6	18.9	298.5	116.6	29.0	415.0	199.4	1,584.6
	2003	33.3	557.8	16.3	308.7	134.0	39.3	476.9	230.8	1,797.0
	2004	37.4	560.7	16.8	298.8	123.9	41.0	524.9	189.5	1,793.0
	2005	35.1	578.3	15.2	327.4	110.3	34.2	492.8	211.9	1,805.3
	2006	29.3	460.6	15.3	296.7	118.2	29.4	409.8	193.5	1,552.8
	2007	34.2	592.8	19.9	382.3	126.2	37.9	448.3	193.5	1,835.0
	2008	40.9	595.8	21.0	396.9	169.3	45.1	519.0	221.0	2,009.1
		Regular participation rate (%) (b)								
Males	2001	10.8	8.3	11.3	9.0	9.5	10.6	10.6	10.7	9.5
	2002	13.0	10.5	14.8	11.6	9.5	9.2	10.7	13.4	11.0
	2003	14.4	9.2	10.7	11.4	12.1	11.5	13.1	14.0	11.5
	2004	14.2	11.0	13.1	9.6	11.1	11.2	13.3	12.2	11.5
	2005	15.1	10.1	10.7	10.8	9.9	10.3	13.8	12.4	11.5
	2006	11.0	9.4	11.1	10.0	8.0	7.8	9.8	12.9	9.9
	2007	12.3	11.5	11.9	10.4	9.6	9.3	11.0	10.4	10.9
	2008	17.4	12.5	13.1	11.3	13.4	13.9	12.6	13.0	12.5
Females	2001	11.7	8.3	10.6	9.6	8.9	9.2	10.0	10.9	9.4
	2002	11.4	8.0	11.8	9.3	10.0	6.8	10.8	13.1	9.7
	2003	12.7	12.1	12.5	9.7	10.1	9.7	11.2	16.0	11.6
	2004	15.4	10.3	11.0	10.1	9.4	10.8	13.1	12.1	11.2
	2005	12.6	11.7	11.3	10.3	8.2	7.8	10.7	14.3	11.1
	2006	11.6	8.0	9.4	9.0	11.1	7.7	10.5	11.6	9.5
	2007	13.5	10.6	14.3	13.4	10.5	10.5	10.9	13.5	11.6
	2008	13.1	9.5	13.8	12.8	13.4	9.6	12.4	13.8	11.7
Persons	2001	11.3	8.3	11.0	9.3	9.2	9.9	10.3	10.8	9.4
	2002	12.2	9.3	13.4	10.5	9.8	7.9	10.8	13.3	10.4
	2003	13.5	10.7	11.6	10.5	11.1	10.6	12.2	15.0	11.5
	2004	14.8	10.6	12.1	9.9	10.2	11.0	13.2	12.2	11.3
	2005	13.9	10.9	11.0	10.5	9.0	9.0	12.3	13.4	11.3
	2006	11.3	8.7	10.3	9.5	9.6	7.7	10.2	12.3	9.7
	2007	12.9	11.1	13.1	11.9	10.1	9.9	11.0	12.0	11.2
	2008	15.2	11.0	13.5	12.1	13.4	11.7	12.5	13.4	12.1

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview

(b) For any group, the regular participation rate is the number of persons who participated in the activity at least three times per week on average expressed as a percentage of the population in the same group

Table 25: Fitness and leisure participants — total participation in physical activities organised by fitness, leisure and indoor sports centres by state/territory, age and sex, 2008 (a) (c)

		ACT	NSW	NT	QLD	SA	TAS	VIC	WA	AUSTRALIA
Sex	Age group (years)	Number ('000)								
Males	15 to 24	7.2	105.1	3.5	70.0	27.5	7.6	89.3	37.8	348.0
	25 to 34	6.1	57.8	1.2*	62.3	12.7*	5.1	67.0	31.2	243.5
	35 to 44	4.3	65.7	1.8*	29.7*	10.9*	4.5	46.8	16.0	179.7
	45 to 54	3.0	33.7*	1.2*	21.9*	6.8*	1.8*	34.8	16.8	120.0
	55 to 64	0.9*	19.3*	0.7*	5.0**	7.6*	2.1*	16.7	6.1*	58.4
	65 and over	1.8*	26.8*	0.0**	17.1*	3.9*	1.6*	15.2	6.2*	72.7
	TOTAL	23.4	308.4	8.4	206.0	69.6	22.7	269.7	114.1	1,022.3
Females	15 to 24	7.9	106.2	2.9	67.1	32.2	6.2	91.2	35.4	349.1
	25 to 34	7.6	88.2	3.1	82.3	26.8	5.1	88.5	39.3	341.0
	35 to 44	5.1	90.3	3.1	70.8	25.3	3.3*	81.0	49.9	328.8
	45 to 54	5.0	62.4	2.1	36.3	20.4	3.7*	67.8	19.1	216.8
	55 to 64	2.2*	55.4	1.7*	31.5	15.9	3.6*	41.7	17.8	169.7
	65 and over	3.4	52.9	0.5*	19.6*	13.2	3.3*	42.6	19.1	154.7
	TOTAL	31.2	455.4	13.4	307.7	133.9	25.2	412.8	180.5	1,560.1
Persons	15 to 24	15.1	211.3	6.4	137.1	59.7	13.8	180.5	73.1	697.1
	25 to 34	13.7	146.0	4.3	144.6	39.6	10.2	155.5	70.6	584.4
	35 to 44	9.4	156.0	5.0	100.5	36.3	7.8	127.8	65.8	508.5
	45 to 54	8.0	96.1	3.3	58.2	27.2	5.5	102.6	35.9	336.8
	55 to 64	3.1	74.7	2.4	36.5	23.5	5.6	58.4	23.9	228.1
	65 and over	5.2	79.8	0.5*	36.7	17.2	4.9	57.8	25.3	227.4
	TOTAL	54.6	763.8	21.8	513.7	203.5	48.0	682.5	294.6	2,582.4
Total participation rate (%) (b)										
Males	15 to 24	28.2	22.7	21.5	23.9	25.4	23.8	24.3	25.0	23.9
	25 to 34	22.8	12.3	6.9*	22.1	12.8*	18.9	18.3	21.9	17.0
	35 to 44	17.6	13.7	11.3*	10.0*	10.0*	14.2	12.4	10.3	12.1
	45 to 54	13.4	7.3*	8.2*	7.9*	6.3*	5.1*	9.9	11.5	8.5
	55 to 64	5.1*	5.1*	7.0*	2.1**	8.3*	6.7*	5.9	5.2*	5.0
	65 and over	12.4*	6.6*	0.0**	7.4*	3.9*	5.1*	5.0	5.5*	6.0
	TOTAL	17.7	11.6	10.6	12.7	11.2	12.1	13.2	13.8	12.5
Females	15 to 24	32.6	23.6	18.9	23.4	30.9	20.1	25.9	24.6	24.8
	25 to 34	28.1	18.4	17.7	28.7	27.4	18.0	24.1	27.8	23.6
	35 to 44	19.7	18.2	19.4	22.9	22.8	9.7*	20.7	32.1	21.4
	45 to 54	20.8	13.0	15.1	12.4	18.0	10.3*	18.7	12.8	14.8
	55 to 64	12.0*	14.4	18.9*	13.3	16.4	11.5*	14.3	15.4	14.3
	65 and over	19.6	11.1	10.4*	7.7*	10.9	9.0*	12.0	15.3	11.1
	TOTAL	22.8	16.5	17.5	18.5	20.8	12.8	19.5	21.7	18.5
Persons	15 to 24	30.4	23.1	20.3	23.7	28.1	22.0	25.1	24.8	24.3
	25 to 34	25.5	15.4	12.4	25.4	20.1	18.5	21.2	24.8	20.3
	35 to 44	18.7	15.9	15.3	16.6	16.4	11.9	16.6	21.3	16.8
	45 to 54	17.2	10.2	11.6	10.2	12.3	7.7	14.4	12.2	11.7
	55 to 64	8.6	9.7	12.5	7.7	12.5	9.1	10.2	10.2	9.7
	65 and over	16.3	9.0	4.8*	7.6	7.7	7.2	8.8	10.6	8.8
	TOTAL	20.3	14.1	14.0	15.7	16.1	12.4	16.4	17.8	15.6

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) All aerobics/fitness participants describing their activity as organised by a sport or recreation club or association have been recoded to fitness, leisure or indoor sports centre

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 26: Club-based participants — total participation in physical activities organised by sport or recreation clubs or associations by state/territory, age and sex, 2008 (a)(c)

		ACT	NSW	NT	QLD	SA	TAS	VIC	WA	AUSTRALIA
Sex	Age group (years)	Number ('000)								
Males	15 to 24	14.2	236.4	8.9	136.9	49.8	17.5	176.7	76.9	717.3
	25 to 34	9.5	152.1	6.0	86.1	32.8	10.0	124.6	51.1	472.1
	35 to 44	8.9	195.6	5.6	86.3	34.6	12.0	119.3	44.2	506.4
	45 to 54	6.0	130.3	3.4	69.1	30.2	8.3	98.7	36.5	382.4
	55 to 64	3.9	93.3	2.4	42.1	18.6	6.6	74.7	28.0	269.6
	65 and over	4.5	81.7	1.4*	51.5	25.4	8.2	81.7	22.1	276.5
	TOTAL		47.0	889.3	27.7	471.9	191.5	62.5	675.7	258.7
Females	15 to 24	9.9	129.9	6.6	97.1	40.5	12.7	120.8	45.5	462.9
	25 to 34	5.6	97.2	2.5	45.6	22.9	7.9	59.1	30.4	271.1
	35 to 44	5.0	91.7	2.9	50.7	25.3	6.7	62.0	37.5	281.8
	45 to 54	3.2	61.9	2.0*	28.5*	13.9	5.0	58.4	19.2	192.1
	55 to 64	1.8*	51.0	0.9*	31.2*	8.7*	2.6*	42.5	14.6*	153.4
	65 and over	2.9	87.7	1.1*	22.3*	13.1	5.6	55.3	19.3	207.3
	TOTAL		28.5	519.4	16.0	275.4	124.3	40.5	398.1	166.4
Persons	15 to 24	24.1	366.3	15.5	234.0	90.3	30.2	297.6	122.3	1,180.2
	25 to 34	15.1	249.2	8.5	131.6	55.7	17.9	183.7	81.5	743.2
	35 to 44	13.9	287.3	8.5	137.0	59.9	18.6	181.2	81.7	788.2
	45 to 54	9.2	192.1	5.3	97.7	44.1	13.3	157.1	55.7	574.5
	55 to 64	5.7	144.3	3.4	73.2	27.4	9.2	117.3	42.5	423.0
	65 and over	7.4	169.4	2.5	73.8	38.5	13.8	136.9	41.4	483.8
	TOTAL		75.4	1,408.7	43.7	747.3	315.8	103.0	1,073.8	425.2
Total participation rate (%) (b)										
Males	15 to 24	56.1	51.0	54.3	46.8	45.9	54.6	48.2	50.9	49.3
	25 to 34	35.3	32.4	35.5	30.5	33.2	36.7	34.0	35.9	33.0
	35 to 44	36.0	40.7	34.2	29.2	31.6	37.6	31.6	28.7	34.0
	45 to 54	26.5	28.1	23.7	24.8	27.7	23.8	28.2	25.0	27.0
	55 to 64	21.9	24.6	23.5	17.8	20.3	21.4	26.5	23.7	23.1
	65 and over	30.8	20.1	25.8*	22.3	25.0	25.7	27.0	19.6	22.9
	TOTAL	35.6	33.4	34.8	29.2	30.9	33.2	33.1	31.4	32.1
Females	15 to 24	40.4	28.8	42.7	33.9	38.9	40.9	34.3	31.6	32.9
	25 to 34	20.8	20.3	14.2	15.9	23.3	27.9	16.1	21.5	18.8
	35 to 44	19.6	18.4	17.9	16.4	22.7	19.7	15.9	24.1	18.3
	45 to 54	13.5	12.9	14.1*	9.8*	12.3	13.8	16.2	12.9	13.1
	55 to 64	9.8*	13.2	10.9*	13.2*	9.0*	8.4*	14.6	12.6*	12.9
	65 and over	17.0	18.4	23.0*	8.8*	10.8	15.3	15.6	15.4	14.9
	TOTAL	20.8	18.8	20.9	16.5	19.3	20.5	18.8	20.1	18.6
Persons	15 to 24	48.4	40.1	48.6	40.4	42.5	47.9	41.4	41.5	41.2
	25 to 34	28.0	26.3	24.6	23.1	28.3	32.2	25.0	28.7	25.8
	35 to 44	27.6	29.4	26.1	22.7	27.1	28.4	23.6	26.4	26.0
	45 to 54	19.7	20.4	19.0	17.1	19.9	18.7	22.1	18.9	19.9
	55 to 64	15.7	18.8	17.7	15.5	14.5	14.9	20.5	18.2	18.0
	65 and over	23.3	19.2	24.5	15.2	17.2	20.1	20.9	17.4	18.6
	TOTAL	28.1	25.9	27.9	22.8	25.0	26.7	25.8	25.7	25.3

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) All aerobics/fitness participants describing their activity as organised by a sport or recreation club or association have been recoded to fitness, leisure or indoor sports centre

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

10.3 2008 state/territory tables

10.3.1 Australian Capital Territory

Table 27: Australian Capital Territory participants — total participation in physical activity by type of participation, age and sex, 2008 (a)

Sex	Age group (years)	Organised	Non-organised	Both organised and	Total	Total non-	Total
		only (c) (A)	only (d) (B)	non-organised (e) (C)	organised (A + C)	organised (B + C)	participation (A + B + C)
		Number ('000)					
Males	15 to 24	7.0	6.2	11.3	18.3	17.5	24.5
	25 to 34	2.9	10.3	11.2	14.1	21.4	24.3
	35 to 44	1.7*	9.8	10.1	11.9	19.9	21.6
	45 to 54	1.5*	10.4	7.8	9.3	18.3	19.7
	55 to 64	0.8*	10.3	4.2	5.0	14.5	15.3
	65 and over	1.6*	5.5	4.6	6.2	10.1	11.7
	TOTAL		15.4	52.5	49.2	64.6	101.7
Females	15 to 24	5.4	6.9	9.6	14.9	16.5	21.8
	25 to 34	2.6	12.6	9.5	12.1	22.2	24.7
	35 to 44	1.7*	11.9	8.7	10.4	20.6	22.3
	45 to 54	0.9*	13.9	7.1	8.1	21.0	21.9
	55 to 64	0.7*	10.5	4.6	5.4	15.2	15.9
	65 and over	1.9*	7.5	4.8	6.7	12.4	14.3
	TOTAL		13.1	63.3	44.4	57.6	107.8
Persons	15 to 24	12.4	13.1	20.9	33.3	33.9	46.4
	25 to 34	5.4	22.9	20.7	26.1	43.6	49.0
	35 to 44	3.4	21.6	18.9	22.3	40.5	43.9
	45 to 54	2.4	24.3	15.0	17.3	39.2	41.6
	55 to 64	1.5*	20.9	8.8	10.3	29.7	31.2
	65 and over	3.5	13.1	9.4	12.9	22.5	26.0
	TOTAL		28.6	115.8	93.6	122.2	209.5
Total participation rate (%) (b)							
Males	15 to 24	27.7	24.3	44.5	72.2	68.8	96.6
	25 to 34	10.7	38.2	41.6	52.3	79.7	90.4
	35 to 44	6.9*	39.5	41.0	48.0	80.6	87.5
	45 to 54	6.5*	46.4	34.7	41.2	81.1	87.6
	55 to 64	4.3*	58.2	23.6	27.9	81.8	86.1
	65 and over	10.7*	37.8	31.4	42.1	69.2	79.9
	TOTAL	11.7	39.8	37.3	49.0	77.1	88.8
Females	15 to 24	22.0	28.3	39.3	61.3	67.5	89.5
	25 to 34	9.5	46.7	35.2	44.6	81.9	91.4
	35 to 44	6.5*	46.4	34.2	40.7	80.6	87.1
	45 to 54	3.9*	57.5	29.7	33.5	87.2	91.1
	55 to 64	3.8*	56.8	25.1	28.9	81.8	85.6
	65 and over	11.0*	43.7	27.9	38.9	71.6	82.7
	TOTAL	9.6	46.3	32.5	42.1	78.7	88.3
Persons	15 to 24	24.9	26.3	41.9	66.9	68.2	93.1
	25 to 34	10.1	42.5	38.3	48.4	80.8	90.9
	35 to 44	6.7	43.0	37.5	44.3	80.6	87.3
	45 to 54	5.1	52.1	32.1	37.2	84.3	89.4
	55 to 64	4.0*	57.5	24.4	28.4	81.8	85.9
	65 and over	10.9	41.0	29.5	40.4	70.5	81.4
	TOTAL	10.6	43.1	34.8	45.5	77.9	88.6

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) Participants' activities are fully organised

(d) Participants' activities are fully non-organised

(e) Participants' activities are part organised and part non-organised

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 28: Australian Capital Territory participants — total participation in any physical activity (organised and non-organised) by demographics, 2008 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
AGE GROUP (YEARS)						
15 to 24	24.5	96.6	21.8	89.5	46.4	93.1
25 to 34	24.3	90.4	24.7	91.4	49.0	90.9
35 to 44	21.6	87.5	22.3	87.1	43.9	87.3
45 to 54	19.7	87.6	21.9	91.1	41.6	89.4
55 to 64	15.3	86.1	15.9	85.6	31.2	85.9
65 and over	11.7	79.9	14.3	82.7	26.0	81.4
REGION						
Capital city	117.1	88.8	120.9	88.3	238.1	88.6
EMPLOYMENT STATUS						
Employed full time	78.9	90.8	51.1	89.3	130.0	90.2
Employed part time	14.9	93.5	37.2	91.1	52.1	91.8
Employed refused	0.4**	75.5**	0.4**	100.0**	0.9*	86.4*
Total employed	94.3	91.2	88.7	90.1	183.0	90.7
Unemployed	5.8	92.9	3.8	100.0	9.5	95.6
Not in the labour force	17.1	76.9	28.4	81.9	45.5	80.0
MARITAL STATUS						
Married	69.7	88.4	67.2	87.3	136.9	87.9
Not married	46.8	89.3	53.3	89.8	100.1	89.6
Refused/Do not know	0.6*	100.0*	0.4**	71.3**	1.1*	85.4*
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	30.8	88.0	40.9	86.6	71.8	87.2
At least one under 18 — none at home	2.6	76.1	0.2**	61.8**	2.8	74.8
No children under 18	83.7	89.6	79.8	89.3	163.4	89.5
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	50.6	91.9	44.5	93.2	95.1	92.5
Undergraduate diploma or associate diploma	10.4	87.8	11.8	87.8	22.2	87.8
Certificate, trade qualification or apprenticeship	14.4	89.1	13.5	87.4	27.9	88.3
Highest level of secondary school	23.9	87.5	26.0	84.3	49.9	85.8
Did not complete highest level of school	9.9	79.6	15.0	82.4	25.0	81.3
Never went to school	0.2**	100.0**	0.2**	100.0**	0.4**	100.0**
Still at secondary school	6.5	90.9	6.7	92.4	13.3	91.6
Other	1.0*	67.7*	2.9	87.2	3.9	81.2
Refused	0.1**	100.0**	0.1**	50.7**	0.3**	66.8**
LANGUAGE SPOKEN AT HOME						
English only	100.9	88.9	109.9	89.7	210.8	89.3
European language/s other than English	3.9	85.7	4.3	81.0	8.3	83.2
Non-European language/s	12.5	89.0	7.5	76.5	20.0	83.8
Total	117.1	88.8	120.9	88.3	238.1	88.6

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 29: All Australian Capital Territory persons — participation in any physical activity by frequency, age and sex, 2008 (a)

Sex	Age group (years)	None	Up to once	One or two	Three or four	Five or	Do not know	Total
			per week (b)	times per week (c)	times per week (d)	more times per week		
		Number ('000)						
Males	15 to 24	0.9*	3.2	2.8	5.7	12.8	0.0**	25.4
	25 to 34	2.6	3.6	6.1	8.1	6.6	0.0**	26.9
	35 to 44	3.1	4.7	5.7	4.3	6.9	0.0**	24.7
	45 to 54	2.8	4.2	5.7	3.6	6.2	0.0**	22.5
	55 to 64	2.5	1.9*	3.1	3.3	6.9	0.0**	17.8
	65 and over	2.9	0.9*	2.8	2.6	5.4	0.0**	14.6
	TOTAL		14.7	18.6	26.1	27.7	44.8	0.0**
Females	15 to 24	2.6	3.1	6.6	4.8	7.3	0.0**	24.4
	25 to 34	2.3	2.3	7.4	7.0	8.0	0.0**	27.0
	35 to 44	3.3	2.2*	6.2	6.9	7.0	0.0**	25.6
	45 to 54	2.2*	2.5	5.5	5.9	8.1	0.0**	24.1
	55 to 64	2.7	1.1*	2.9	3.9	8.0	0.0**	18.5
	65 and over	3.0	1.2*	3.3	4.3	5.4	0.1**	17.3
	TOTAL		16.0	12.5	31.8	32.8	43.8	0.1**
Persons	15 to 24	3.4	6.3	9.3	10.6	20.1	0.0**	49.8
	25 to 34	4.9	5.9	13.5	15.1	14.6	0.0**	53.9
	35 to 44	6.4	6.9	11.9	11.2	13.9	0.0**	50.3
	45 to 54	4.9	6.7	11.1	9.5	14.3	0.0**	46.6
	55 to 64	5.1	3.1	6.0	7.2	14.9	0.0**	36.3
	65 and over	5.9	2.2*	6.1	6.8	10.8	0.1**	31.9
	TOTAL		30.7	31.1	57.9	60.4	88.6	0.1**
Percentage of row (%)								
Males	15 to 24	3.4*	12.6	10.9	22.6	50.5	0.0**	100.0
	25 to 34	9.6	13.3	22.6	30.2	24.4	0.0**	100.0
	35 to 44	12.5	19.1	23.0	17.4	28.0	0.0**	100.0
	45 to 54	12.4	18.9	25.2	16.2	27.4	0.0**	100.0
	55 to 64	13.9	11.0*	17.4	18.8	39.0	0.0**	100.0
	65 and over	20.1	6.2*	19.1	17.5	37.1	0.0**	100.0
	TOTAL		11.2	14.1	19.8	21.0	34.0	0.0**
Females	15 to 24	10.5	12.9	26.9	19.9	29.9	0.0**	100.0
	25 to 34	8.6	8.5	27.5	25.8	29.6	0.0**	100.0
	35 to 44	12.9	8.6*	24.1	27.0	27.4	0.0**	100.0
	45 to 54	8.9*	10.2	22.7	24.4	33.7	0.0**	100.0
	55 to 64	14.4	6.0*	15.7	21.1	42.9	0.0**	100.0
	65 and over	17.3	7.2*	18.9	24.6	31.3	0.6**	100.0
	TOTAL		11.7	9.1	23.2	23.9	32.0	0.1**
Persons	15 to 24	6.9	12.8	18.7	21.2	40.4	0.0**	100.0
	25 to 34	9.1	10.9	25.1	28.0	27.0	0.0**	100.0
	35 to 44	12.7	13.8	23.6	22.3	27.7	0.0**	100.0
	45 to 54	10.6	14.4	23.9	20.4	30.7	0.0**	100.0
	55 to 64	14.1	8.4	16.5	19.9	41.0	0.0**	100.0
	65 and over	18.6	6.7*	19.0	21.4	33.9	0.3**	100.0
	TOTAL		11.4	11.6	21.5	22.5	33.0	0.0**

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 30: Australian Capital Territory participants — participation in any physical activity by cumulative frequency, age and sex, 2008 (a)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	3.2	21.3	20.1	18.6	24.5
	25 to 34	3.6	20.7	18.1	14.7	24.3
	35 to 44	4.7	16.9	13.0	11.2	21.6
	45 to 54	4.2	15.5	12.3	9.8	19.7
	55 to 64	1.9*	13.3	11.9	10.3	15.3
	65 and over	0.9*	10.8	9.5	8.0	11.7
	TOTAL		18.6	98.5	85.0	72.5
Females	15 to 24	3.1	18.7	15.8	12.1	21.8
	25 to 34	2.3	22.4	19.7	15.0	24.7
	35 to 44	2.2*	20.1	17.7	13.9	22.3
	45 to 54	2.5	19.5	18.0	14.0	21.9
	55 to 64	1.1*	14.8	13.1	11.9	15.9
	65 and over	1.2*	12.9	11.7	9.7	14.3
	TOTAL		12.5	108.4	95.9	76.6
Persons	15 to 24	6.3	40.0	35.9	30.7	46.4
	25 to 34	5.9	43.2	37.8	29.7	49.0
	35 to 44	6.9	37.0	30.7	25.1	43.9
	45 to 54	6.7	34.9	30.4	23.8	41.6
	55 to 64	3.1	28.1	25.0	22.1	31.2
	65 and over	2.2*	23.7	21.1	17.6	26.0
	TOTAL		31.1	206.9	181.0	149.0
Total participation rate (%) (b)						
Males	15 to 24	12.6	83.9	79.3	73.1	96.6
	25 to 34	13.3	77.2	67.5	54.6	90.4
	35 to 44	19.1	68.4	52.6	45.4	87.5
	45 to 54	18.9	68.7	54.8	43.5	87.6
	55 to 64	11.0*	75.2	67.3	57.7	86.1
	65 and over	6.2*	73.7	64.6	54.6	79.9
	TOTAL		14.1	74.7	64.5	55.0
Females	15 to 24	12.9	76.7	64.8	49.8	89.5
	25 to 34	8.5	82.9	72.8	55.4	91.4
	35 to 44	8.6*	78.5	69.1	54.4	87.1
	45 to 54	10.2	80.8	74.8	58.1	91.1
	55 to 64	6.0*	79.7	70.5	64.0	85.6
	65 and over	7.2*	74.9	67.7	55.9	82.7
	TOTAL		9.1	79.1	70.1	55.9
Persons	15 to 24	12.8	80.4	72.2	61.7	93.1
	25 to 34	10.9	80.0	70.1	55.0	90.9
	35 to 44	13.8	73.5	61.0	50.0	87.3
	45 to 54	14.4	75.0	65.2	51.1	89.4
	55 to 64	8.4	77.5	68.9	60.9	85.9
	65 and over	6.7*	74.3	66.3	55.3	81.4
	TOTAL		11.6	77.0	67.3	55.4

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 31: Australian Capital Territory recent participants — recent participation in any physical activity by duration and age, 2008 (a)

		15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	Total
		Number ('000)						
Five hours or more	More than three sessions weekly	13.5	6.7	7.7	9.6	8.4	7.7	53.7
	Two or three sessions weekly	3.1	1.0*	1.5*	0.6*	0.6*	0.7*	7.4
	Less than two sessions weekly	0.0**	0.5**	0.3**	0.4**	0.0**	0.3**	1.6*
	<i>Total</i>	16.7	8.2	9.5	10.6	9.0	8.7	62.7
Two hours or more but less than five hours	More than three sessions weekly	4.9	8.9	8.9	9.0	8.9	5.0	45.5
	Two or three sessions weekly	6.8	5.6	5.1	5.0	2.3	1.8*	26.6
	Less than two sessions weekly	2.4	1.8*	2.2*	1.8*	0.5**	0.8*	9.5
	<i>Total</i>	14.1	16.3	16.2	15.8	11.7	7.5	81.6
Less than two hours	More than three sessions weekly	0.0**	1.6*	1.2*	0.5**	0.6*	0.7*	4.6
	Two or three sessions weekly	2.2*	4.3	3.7	2.7	2.1*	2.4	17.4
	Less than two sessions weekly	7.6	10.7	7.4	6.5	4.8	3.8	40.8
	<i>Total</i>	9.8	16.6	12.3	9.8	7.5	6.9	62.9
Total	More than three sessions weekly	18.4	17.2	17.8	19.1	18.0	13.4	103.9
	Two or three sessions weekly	12.2	11.0	10.2	8.3	5.0	4.8	51.4
	Less than two sessions weekly	10.0	13.0	9.9	8.8	5.3	4.9	51.9
	Total	40.6	41.1	38.0	36.1	28.2	23.2	207.2
		Percentage of total (%)						
Five hours or more	More than three sessions weekly	6.5	3.2	3.7	4.6	4.1	3.7	25.9
	Two or three sessions weekly	1.5	0.5*	0.7*	0.3*	0.3*	0.3*	3.6
	Less than two sessions weekly	0.0**	0.2**	0.1**	0.2**	0.0**	0.2**	0.8*
	<i>Total</i>	8.0	3.9	4.6	5.1	4.4	4.2	30.3
Two hours or more but less than five hours	More than three sessions weekly	2.4	4.3	4.3	4.3	4.3	2.4	22.0
	Two or three sessions weekly	3.3	2.7	2.4	2.4	1.1	0.9*	12.8
	Less than two sessions weekly	1.1	0.8*	1.1*	0.9*	0.2**	0.4*	4.6
	<i>Total</i>	6.8	7.9	7.8	7.6	5.7	3.6	39.4
Less than two hours	More than three sessions weekly	0.0**	0.8*	0.6*	0.3**	0.3*	0.3*	2.2
	Two or three sessions weekly	1.1*	2.1	1.8	1.3	1.0*	1.2	8.4
	Less than two sessions weekly	3.7	5.2	3.6	3.1	2.3	1.8	19.7
	<i>Total</i>	4.7	8.0	5.9	4.7	3.6	3.3	30.4
Total	More than three sessions weekly	8.9	8.3	8.6	9.2	8.7	6.5	50.1
	Two or three sessions weekly	5.9	5.3	4.9	4.0	2.4	2.3	24.8
	Less than two sessions weekly	4.8	6.3	4.8	4.2	2.5	2.4	25.0
	Total	19.6	19.8	18.3	17.4	13.6	11.2	100.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport in the two weeks prior to interview in 2008

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 32: Australian Capital Territory regular participants — regular participation in any physical activity (organised and non-organised) by demographics, 2008 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Regular participation rate (b) (%)	Number (‘000)	Regular participation rate (%)	Number (‘000)	Regular participation rate (%)
AGE GROUP (YEARS)						
15 to 24	18.6	73.1	12.1	49.8	30.7	61.7
25 to 34	14.7	54.6	15.0	55.4	29.7	55.0
35 to 44	11.2	45.4	13.9	54.4	25.1	50.0
45 to 54	9.8	43.5	14.0	58.1	23.8	51.1
55 to 64	10.3	57.7	11.9	64.0	22.1	60.9
65 and over	8.0	54.6	9.7	55.9	17.6	55.3
REGION						
Capital city	72.5	55.0	76.6	55.9	149.0	55.4
EMPLOYMENT STATUS						
Employed full time	46.1	53.0	32.9	57.5	79.0	54.8
Employed part time	10.7	66.8	22.8	55.9	33.5	59.0
Employed refused	0.3**	49.0**	0.3**	70.9**	0.6*	58.8*
Total employed	57.0	55.1	56.0	56.9	113.1	56.0
Unemployed	3.5	56.8	2.1*	56.8*	5.7	56.8
Not in the labour force	11.9	53.7	18.4	53.0	30.3	53.3
MARITAL STATUS						
Married	40.5	51.3	43.8	56.9	84.2	54.1
Not married	31.4	59.9	32.8	55.3	64.2	57.4
Refused/Do not know	0.6*	100.0*	0.0**	0.0**	0.6*	49.1*
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	15.9	45.3	24.8	52.5	40.7	49.4
At least one under 18 — none at home	1.4*	40.0*	0.2**	61.8**	1.6*	42.0*
No children under 18	55.2	59.1	51.5	57.7	106.8	58.4
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	31.1	56.5	29.6	62.0	60.7	59.0
Undergraduate diploma or associate diploma	6.5	54.8	7.1	52.6	13.6	53.6
Certificate, trade qualification or apprenticeship	8.0	49.4	8.3	53.5	16.3	51.4
Highest level of secondary school	15.8	57.8	15.9	51.6	31.7	54.5
Did not complete highest level of school	5.4	43.5	9.4	51.6	14.8	48.3
Never went to school	0.2**	100.0**	0.2**	100.0**	0.4**	100.0**
Still at secondary school	4.5	62.3	3.7	51.1	8.2	56.7
Other	0.8*	56.6*	2.2*	66.2*	3.0	63.2
Refused	0.1**	100.0**	0.1**	50.7**	0.3**	66.8**
LANGUAGE SPOKEN AT HOME						
English only	62.4	55.0	70.7	57.7	133.2	56.4
European language/s other than English	2.0*	43.1*	2.5	46.4	4.5	44.9
Non-European language/s	8.1	57.7	3.8	38.8	11.9	49.9
Total	72.5	55.0	76.6	55.9	149.0	55.4

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the regular participation rate is the number of persons who participated in the activity at least three times per week on average expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 33: Australian Capital Territory organised participants — participation in organised physical activity by frequency, age and sex, 2008 (a)

Sex	Age group (years)	None	Up to once	One or two	Three or four	Five or	Do not know	Total
			per week (b)	times per week (c)	times per week (d)	more times per week		
		Number ('000)						
Males	15 to 24	7.1	2.5	4.0	5.5	6.3	0.0**	25.4
	25 to 34	12.8	5.3	5.8	1.8*	1.2*	0.0**	26.9
	35 to 44	12.8	5.3	3.6	1.7*	1.1*	0.0**	24.7
	45 to 54	13.2	3.4	4.1	1.6*	0.1**	0.0**	22.5
	55 to 64	12.8	1.3*	2.1*	1.1*	0.4**	0.0**	17.8
	65 and over	8.5	1.3*	2.9	1.1*	0.9*	0.0**	14.6
	TOTAL		67.2	19.1	22.5	12.8	10.2	0.0**
Females	15 to 24	9.4	3.6	5.0	2.8	3.5	0.0**	24.4
	25 to 34	15.0	2.7	6.9	1.5*	0.9*	0.0**	27.0
	35 to 44	15.2	5.0	1.6*	2.7	1.0*	0.1**	25.6
	45 to 54	16.0	2.3	3.9	1.5*	0.4**	0.0**	24.1
	55 to 64	13.2	1.7*	2.0*	1.1*	0.5**	0.0**	18.5
	65 and over	10.5	1.4*	3.3	1.2*	0.8*	0.0**	17.3
	TOTAL		79.3	16.8	22.7	10.7	7.2	0.1**
Persons	15 to 24	16.5	6.1	9.1	8.4	9.8	0.0**	49.8
	25 to 34	27.8	8.0	12.6	3.3	2.2*	0.0**	53.9
	35 to 44	28.0	10.3	5.2	4.4	2.2*	0.1**	50.3
	45 to 54	29.2	5.8	8.0	3.0	0.5**	0.0**	46.6
	55 to 64	26.0	3.1	4.1	2.1*	1.0*	0.0**	36.3
	65 and over	19.0	2.7	6.2	2.3	1.7*	0.0**	31.9
	TOTAL		146.6	35.9	45.3	23.5	17.3	0.1**

Percentage of row (%)

Males	15 to 24	27.8	9.7	15.9	21.7	24.9	0.0**	100.0
	25 to 34	47.7	19.6	21.5	6.6*	4.6*	0.0**	100.0
	35 to 44	52.0	21.7	14.7	7.0*	4.6*	0.0**	100.0
	45 to 54	58.8	15.3	18.3	7.0*	0.7**	0.0**	100.0
	55 to 64	72.1	7.5*	12.0*	5.9*	2.5**	0.0**	100.0
	65 and over	57.9	8.8*	19.7	7.7*	5.8*	0.0**	100.0
	TOTAL		51.0	14.5	17.1	9.7	7.7	0.0**
Females	15 to 24	38.7	14.7	20.6	11.7	14.2	0.0**	100.0
	25 to 34	55.4	10.2	25.4	5.7*	3.4*	0.0**	100.0
	35 to 44	59.3	19.4	6.3*	10.4	4.1*	0.6**	100.0
	45 to 54	66.5	9.7	16.1	6.1*	1.6**	0.0**	100.0
	55 to 64	71.1	9.4*	10.9*	5.8*	2.8**	0.0**	100.0
	65 and over	61.1	8.2*	19.1	6.7*	4.9*	0.0**	100.0
	TOTAL		57.9	12.3	16.6	7.8	5.2	0.1**
Persons	15 to 24	33.1	12.2	18.2	16.8	19.7	0.0**	100.0
	25 to 34	51.6	14.9	23.4	6.1	4.0*	0.0**	100.0
	35 to 44	55.7	20.5	10.4	8.7	4.3*	0.3**	100.0
	45 to 54	62.8	12.4	17.2	6.5	1.1**	0.0**	100.0
	55 to 64	71.6	8.5	11.4	5.9*	2.6*	0.0**	100.0
	65 and over	59.6	8.5	19.4	7.2	5.3*	0.0**	100.0
	TOTAL		54.5	13.4	16.8	8.8	6.5	0.1**

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 34: Australian Capital Territory organised participants — participation in organised physical activity by cumulative frequency, age and sex, 2008 (a)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	2.5	15.9	14.4	11.9	18.3
	25 to 34	5.3	8.8	5.3	3.0	14.1
	35 to 44	5.3	6.5	4.6	2.9	11.9
	45 to 54	3.4	5.8	2.9	1.7*	9.3
	55 to 64	1.3*	3.6	2.2*	1.5*	5.0
	65 and over	1.3*	4.9	3.4	2.0*	6.2
	TOTAL		19.1	45.5	32.8	23.0
Females	15 to 24	3.6	11.4	8.5	6.3	14.9
	25 to 34	2.7	9.3	5.6	2.4	12.1
	35 to 44	5.0	5.3	4.3	3.7	10.4
	45 to 54	2.3	5.7	3.6	1.8*	8.1
	55 to 64	1.7*	3.6	2.4	1.6*	5.4
	65 and over	1.4*	5.3	3.8	2.0*	6.7
	TOTAL		16.8	40.6	28.2	17.9
Persons	15 to 24	6.1	27.2	22.9	18.2	33.3
	25 to 34	8.0	18.1	10.9	5.5	26.1
	35 to 44	10.3	11.8	8.9	6.6	22.3
	45 to 54	5.8	11.6	6.4	3.6	17.3
	55 to 64	3.1	7.2	4.6	3.1	10.3
	65 and over	2.7	10.2	7.2	4.0	12.9
	TOTAL		35.9	86.1	61.0	40.9
Total participation rate (%) (b)						
Males	15 to 24	9.7	62.5	56.6	46.7	72.2
	25 to 34	19.6	32.7	19.9	11.3	52.3
	35 to 44	21.7	26.3	18.5	11.6	48.0
	45 to 54	15.3	25.9	12.7	7.6*	41.2
	55 to 64	7.5*	20.4	12.3*	8.4*	27.9
	65 and over	8.8*	33.3	23.3	13.6*	42.1
	TOTAL	14.5	34.5	24.8	17.4	49.0
Females	15 to 24	14.7	46.6	35.0	25.9	61.3
	25 to 34	10.2	34.5	20.7	9.1	44.6
	35 to 44	19.4	20.7	17.0	14.4	40.7
	45 to 54	9.7	23.8	14.9	7.7*	33.5
	55 to 64	9.4*	19.4	13.0	8.6*	28.9
	65 and over	8.2*	30.7	21.9	11.6*	38.9
	TOTAL	12.3	29.7	20.6	13.1	42.1
Persons	15 to 24	12.2	54.7	46.0	36.5	66.9
	25 to 34	14.9	33.6	20.3	10.2	48.4
	35 to 44	20.5	23.5	17.7	13.0	44.3
	45 to 54	12.4	24.8	13.8	7.6	37.2
	55 to 64	8.5	19.9	12.7	8.5	28.4
	65 and over	8.5	31.9	22.6	12.5	40.4
	TOTAL	13.4	32.0	22.7	15.2	45.5

(a) Relates to persons aged 15 years and over who participated in organised physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 35: Australian Capital Territory organised participants — total participation in organised activities by type of organisation, age and sex, 2008 (a)

Sex	Age group (years)	Fitness, leisure or indoor sports centre	Sport or recreation club or association (c)	Work	School	Other	Total organised participation
		Number ('000)					
Males	15 to 24	7.2	14.2	1.1*	4.7	1.8*	18.3
	25 to 34	6.1	9.5	0.7*	0.5**	2.8	14.1
	35 to 44	4.3	8.9	1.5*	0.3**	1.4*	11.9
	45 to 54	3.0	6.0	0.5**	0.2**	1.3*	9.3
	55 to 64	0.9*	3.9	0.2**	0.0**	1.2*	5.0
	65 and over	1.8*	4.5	0.0**	0.0**	1.2*	6.2
	TOTAL		23.4	47.0	3.9	5.7	9.8
Females	15 to 24	7.9	9.9	0.5**	4.4	1.4*	14.9
	25 to 34	7.6	5.6	0.6*	0.2**	1.2*	12.1
	35 to 44	5.1	5.0	0.5**	0.0**	2.2*	10.4
	45 to 54	5.0	3.2	0.5**	0.2**	1.1*	8.1
	55 to 64	2.2*	1.8*	0.2**	0.0**	1.5*	5.4
	65 and over	3.4	2.9	0.0**	0.0**	2.0*	6.7
	TOTAL		31.2	28.5	2.4	4.9	9.5
Persons	15 to 24	15.1	24.1	1.6*	9.2	3.3	33.3
	25 to 34	13.7	15.1	1.3*	0.7*	4.1	26.1
	35 to 44	9.4	13.9	2.0*	0.3**	3.7	22.3
	45 to 54	8.0	9.2	1.0*	0.4**	2.4	17.3
	55 to 64	3.1	5.7	0.4**	0.0**	2.7	10.3
	65 and over	5.2	7.4	0.0**	0.0**	3.2	12.9
	TOTAL		54.6	75.4	6.3	10.6	19.3
Total participation rate (%) (b)							
Males	15 to 24	28.2	56.1	4.3*	18.7	7.2*	72.2
	25 to 34	22.8	35.3	2.6*	1.9**	10.5	52.3
	35 to 44	17.6	36.0	6.1*	1.1**	5.9*	48.0
	45 to 54	13.4	26.5	2.1**	0.8**	6.0*	41.2
	55 to 64	5.1*	21.9	0.9**	0.0**	6.6*	27.9
	65 and over	12.4*	30.8	0.0**	0.0**	8.2*	42.1
	TOTAL	17.7	35.6	3.0	4.3	7.5	49.0
Females	15 to 24	32.6	40.4	2.0**	18.2	5.9*	61.3
	25 to 34	28.1	20.8	2.3*	0.8**	4.6*	44.6
	35 to 44	19.7	19.6	2.1**	0.0**	8.7*	40.7
	45 to 54	20.8	13.5	2.1**	1.0**	4.5*	33.5
	55 to 64	12.0*	9.8*	1.1**	0.0**	8.2*	28.9
	65 and over	19.6	17.0	0.0**	0.0**	11.5*	38.9
	TOTAL	22.8	20.8	1.7	3.6	6.9	42.1
Persons	15 to 24	30.4	48.4	3.2*	18.5	6.6	66.9
	25 to 34	25.5	28.0	2.4*	1.3*	7.6	48.4
	35 to 44	18.7	27.6	4.0*	0.5**	7.3	44.3
	45 to 54	17.2	19.7	2.1*	0.9**	5.2	37.2
	55 to 64	8.6	15.7	1.0**	0.0**	7.4	28.4
	65 and over	16.3	23.3	0.0**	0.0**	10.0	40.4
	TOTAL	20.3	28.1	2.3	3.9	7.2	45.5

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) All aerobics/fitness participants describing their activity as organised by a sport or recreation club or association have been recoded to fitness, leisure or indoor sports centre

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 36: Australian Capital Territory participants — total participation in specific activities (organised and non-organised) by sex, 2008 (a)

Activity	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
Aerobics/fitness	30.3	22.9	47.8	34.9	78.0	29.0
Aquarobics	0.2**	0.1**	3.5	2.5	3.7	1.4
Athletics/track and field	1.4*	1.1*	0.9*	0.7*	2.3	0.9
Australian rules football	1.9*	1.5*	0.6*	0.5*	2.6	1.0
Badminton	1.9*	1.5*	1.1*	0.8*	3.0	1.1
Baseball	1.0*	0.7*	0.1**	0.1**	1.1*	0.4*
Basketball	6.4	4.9	3.5	2.5	9.9	3.7
Billiards/snooker/pool	1.0*	0.8*	0.1**	0.1**	1.1*	0.4*
Boxing	1.1*	0.9*	0.2**	0.2**	1.4*	0.5*
Canoeing/kayaking	3.2	2.5	1.6*	1.2*	4.9	1.8
Carpet bowls	0.3**	0.3**	0.0**	0.0**	0.3**	0.1**
Cricket (indoor)	5.5	4.2	0.4**	0.3**	5.9	2.2
Cricket (outdoor)	8.5	6.4	0.5**	0.4**	9.0	3.4
Cycling	30.7	23.3	18.1	13.2	48.8	18.2
Dancing	1.6*	1.2*	6.2	4.5	7.7	2.9
Darts	0.5**	0.3**	0.0**	0.0**	0.5**	0.2**
Fishing	3.9	3.0	0.1**	0.1**	4.1	1.5
Football (indoor)	6.0	4.6	3.1	2.3	9.2	3.4
Football (outdoor)	12.9	9.8	4.4	3.2	17.3	6.4
Golf	16.6	12.6	2.3	1.7	18.9	7.0
Gymnastics	0.5**	0.4**	0.7*	0.5*	1.2*	0.4*
Hockey (indoor)	1.3*	1.0*	0.8*	0.6*	2.1*	0.8*
Hockey (outdoor)	2.3	1.7	1.9*	1.4*	4.2	1.6
Horse riding/equestrian activities/polocrosse	0.1**	0.1**	2.5	1.8	2.6	1.0
Ice/snow sports	4.1	3.1	3.8	2.7	7.9	2.9
Lawn bowls	2.1*	1.6*	0.9*	0.7*	3.0	1.1
Martial arts	2.4	1.8	3.1	2.3	5.5	2.0
Motor sports	2.2*	1.7*	0.7*	0.5*	2.9	1.1
Netball	1.2*	0.9*	8.9	6.5	10.2	3.8
Orienteering	3.5	2.6	1.6*	1.2*	5.1	1.9
Rock climbing	0.9*	0.7*	1.1*	0.8*	2.0*	0.7*
Roller sports	1.2*	0.9*	1.0*	0.8*	2.3	0.8
Rowing	1.0*	0.8*	0.8*	0.6*	1.8*	0.7*
Rugby league	3.9	2.9	0.3**	0.2**	4.2	1.5
Rugby union	2.9	2.2	0.3**	0.2**	3.2	1.2
Running	21.8	16.5	12.2	8.9	34.0	12.6
Sailing	0.9*	0.7*	0.5**	0.4**	1.4*	0.5*
Scuba diving	1.0*	0.8*	0.6*	0.4*	1.6*	0.6*
Shooting sports	0.9*	0.7*	0.4**	0.3**	1.3*	0.5*
Softball	0.3**	0.2**	1.2*	0.9*	1.5*	0.6*
Squash/racquetball	4.3	3.3	0.8*	0.6*	5.1	1.9
Surf sports	2.0*	1.6*	0.9*	0.6*	2.9	1.1
Swimming	17.4	13.2	20.5	14.9	37.8	14.1
Table tennis	1.2*	0.9*	0.5**	0.3**	1.7*	0.6*
Tennis	11.7	8.8	9.1	6.7	20.8	7.7
Tenpin bowling	1.4*	1.0*	1.3*	1.0*	2.7	1.0
Touch football	9.3	7.0	3.6	2.7	12.9	4.8
Triathlon	0.6*	0.5*	0.5**	0.4**	1.2*	0.4*
Volleyball	1.2*	0.9*	0.5**	0.4**	1.7*	0.6*
Walking (bush)	10.2	7.7	10.7	7.8	20.9	7.8
Walking (other)	39.3	29.8	74.7	54.5	114.0	42.4
Water polo	0.6*	0.5*	0.2**	0.1**	0.8*	0.3*
Waterskiing/powerboating	1.5*	1.1*	0.7*	0.5*	2.2*	0.8*
Weight training	7.3	5.5	5.9	4.3	13.2	4.9
Yoga	0.9*	0.7*	10.3	7.5	11.2	4.2

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 37: Australian Capital Territory participants — total participation in specific activities by type of activity, 2008 (a)

Activity	Number ('000)			Total participation rate (%) (b)		
	Organised	Non-organised	Total	Organised	Non-organised	Total
Aerobics/fitness	27.6	54.7	78.0	10.3	20.3	29.0
Aquarobics	2.1*	1.7*	3.7	0.8*	0.6*	1.4
Athletics/track and field	1.7*	0.7*	2.3	0.6*	0.3*	0.9
Australian rules football	1.8*	0.8*	2.6	0.7*	0.3*	1.0
Badminton	1.1*	2.0*	3.0	0.4*	0.7*	1.1
Baseball	1.1*	0.0**	1.1*	0.4*	0.0**	0.4*
Basketball	6.6	3.8	9.9	2.4	1.4	3.7
Billiards/snooker/pool	0.3**	0.8*	1.1*	0.1**	0.3*	0.4*
Boxing	0.7*	0.7*	1.4*	0.2*	0.3*	0.5*
Canoeing/kayaking	1.6*	3.7	4.9	0.6*	1.4	1.8
Carpet bowls	0.3**	0.0**	0.3**	0.1**	0.0**	0.1**
Cricket (indoor)	4.9	1.2*	5.9	1.8	0.4*	2.2
Cricket (outdoor)	5.5	3.9	9.0	2.1	1.4	3.4
Cycling	6.4	46.4	48.8	2.4	17.3	18.2
Dancing	6.2	2.4	7.7	2.3	0.9	2.9
Darts	0.3**	0.1**	0.5**	0.1**	0.0**	0.2**
Fishing	0.8*	3.9	4.1	0.3*	1.5	1.5
Football (indoor)	7.7	2.4	9.2	2.9	0.9	3.4
Football (outdoor)	11.4	6.5	17.3	4.2	2.4	6.4
Golf	8.8	12.9	18.9	3.3	4.8	7.0
Gymnastics	0.6*	0.6*	1.2*	0.2*	0.2*	0.4*
Hockey (indoor)	2.1*	0.2**	2.1*	0.8*	0.1**	0.8*
Hockey (outdoor)	3.9	0.5**	4.2	1.5	0.2**	1.6
Horse riding/equestrian activities/polocrosse	0.9*	2.3	2.6	0.3*	0.9	1.0
Ice/snow sports	1.3*	6.7	7.9	0.5*	2.5	2.9
Lawn bowls	2.7	0.7*	3.0	1.0	0.3*	1.1
Martial arts	4.0	1.9*	5.5	1.5	0.7*	2.0
Motor sports	0.7*	2.4	2.9	0.3*	0.9	1.1
Netball	6.4	4.6	10.2	2.4	1.7	3.8
Orienteering	3.5	2.4	5.1	1.3	0.9	1.9
Rock climbing	0.7*	1.3*	2.0*	0.3*	0.5*	0.7*
Roller sports	0.0**	2.3	2.3	0.0**	0.8	0.8
Rowing	1.1*	0.7*	1.8*	0.4*	0.2*	0.7*
Rugby league	3.6	0.8*	4.2	1.3	0.3*	1.5
Rugby union	3.2	0.2**	3.2	1.2	0.1**	1.2
Running	5.8	32.5	34.0	2.2	12.1	12.6
Sailing	0.6*	1.3*	1.4*	0.2*	0.5*	0.5*
Scuba diving	1.0*	1.1*	1.6*	0.4*	0.4*	0.6*
Shooting sports	0.9*	0.5**	1.3*	0.3*	0.2**	0.5*
Softball	1.5*	0.1**	1.5*	0.6*	0.0**	0.6*
Squash/racquetball	1.7*	3.6	5.1	0.6*	1.3	1.9
Surf sports	0.2**	2.9	2.9	0.1**	1.1	1.1
Swimming	3.2	35.7	37.8	1.2	13.3	14.1
Table tennis	0.6*	1.1*	1.7*	0.2*	0.4*	0.6*
Tennis	6.5	16.8	20.8	2.4	6.3	7.7
Tenpin bowling	1.1*	1.9*	2.7	0.4*	0.7*	1.0
Touch football	9.7	3.6	12.9	3.6	1.3	4.8
Triathlon	1.2*	0.2**	1.2*	0.4*	0.1**	0.4*
Volleyball	1.7*	0.2**	1.7*	0.6*	0.1**	0.6*
Walking (bush)	3.7	19.4	20.9	1.4	7.2	7.8
Walking (other)	4.4	112.7	114.0	1.6	41.9	42.4
Water polo	0.8*	0.0**	0.8*	0.3*	0.0**	0.3*
Waterskiing/powerboating	0.0**	2.2*	2.2*	0.0**	0.8*	0.8*
Weight training	4.9	10.2	13.2	1.8	3.8	4.9
Yoga	7.2	5.1	11.2	2.7	1.9	4.2

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

10.3.2 New South Wales

Table 38: New South Wales participants — total participation in physical activity by type of participation, age and sex, 2008 (a)

Sex	Age group (years)	Organised only (c)	Non-organised only (d)	Both organised and non-organised (e)	Total organised	Total non-organised	Total participation
		(A)	(B)	(C)	(A + C)	(B + C)	(A + B + C)
		Number ('000)					
Males	15 to 24	110.1	102.0	226.2	336.4	328.3	438.4
	25 to 34	68.3	198.5	133.6	201.9	332.1	400.4
	35 to 44	41.4	190.6	187.2	228.6	377.7	419.1
	45 to 54	45.8	206.6	127.8	173.6	334.4	380.2
	55 to 64	44.5	170.0	80.1	124.6	250.1	294.6
	65 and over	33.4*	180.5	86.4	119.8	267.0	300.4
	TOTAL		343.6	1,048.3	841.3	1,184.9	1,889.7
Females	15 to 24	61.7	137.5	168.9	230.6	306.4	368.1
	25 to 34	25.6*	226.6	144.5	170.1	371.1	396.7
	35 to 44	34.3*	255.1	128.9	163.1	383.9	418.2
	45 to 54	24.8*	259.3	114.5	139.3	373.8	398.6
	55 to 64	26.3*	203.1	94.4	120.7	297.5	323.8
	65 and over	44.3	184.8	120.3	164.6	305.1	349.4
	TOTAL		217.0	1,266.2	771.5	988.6	2,037.8
Persons	15 to 24	171.8	239.5	395.2	567.0	634.6	806.5
	25 to 34	93.9	425.1	278.2	372.0	703.2	797.1
	35 to 44	75.7	445.6	316.0	391.7	761.7	837.3
	45 to 54	70.6	465.9	242.3	312.9	708.3	778.9
	55 to 64	70.9	373.1	174.5	245.3	547.6	618.5
	65 and over	77.7	365.3	206.7	284.4	572.1	649.8
	TOTAL		560.6	2,314.6	1,612.9	2,173.5	3,927.4
		Total participation rate (%) (b)					
Males	15 to 24	23.8	22.0	48.8	72.6	70.9	94.7
	25 to 34	14.6	42.3	28.5	43.1	70.8	85.4
	35 to 44	8.6	39.6	38.9	47.5	78.5	87.1
	45 to 54	9.9	44.6	27.6	37.5	72.2	82.0
	55 to 64	11.7	44.8	21.1	32.8	65.8	77.6
	65 and over	8.2*	44.3	21.2	29.4	65.6	73.8
	TOTAL		12.9	39.4	31.6	44.5	70.9
Females	15 to 24	13.7	30.5	37.5	51.2	68.0	81.7
	25 to 34	5.3*	47.3	30.2	35.5	77.5	82.9
	35 to 44	6.9*	51.3	25.9	32.8	77.3	84.2
	45 to 54	5.2*	54.2	23.9	29.1	78.1	83.3
	55 to 64	6.8*	52.6	24.4	31.3	77.0	83.8
	65 and over	9.3	38.7	25.2	34.5	63.9	73.2
	TOTAL		7.8	45.7	27.9	35.7	73.6
Persons	15 to 24	18.8	26.2	43.3	62.1	69.5	88.3
	25 to 34	9.9	44.9	29.4	39.3	74.2	84.1
	35 to 44	7.7	45.6	32.3	40.0	77.9	85.6
	45 to 54	7.5	49.5	25.7	33.2	75.2	82.7
	55 to 64	9.3	48.7	22.8	32.0	71.5	80.7
	65 and over	8.8	41.3	23.4	32.2	64.7	73.4
	TOTAL		10.3	42.6	29.7	40.0	72.3

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) Participants' activities are fully organised

(d) Participants' activities are fully non-organised

(e) Participants' activities are part organised and part non-organised

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 39: New South Wales participants — total participation in any physical activity (organised and non-organised) by demographics, 2008 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
AGE GROUP (YEARS)						
15 to 24	438.4	94.7	368.1	81.7	806.5	88.3
25 to 34	400.4	85.4	396.7	82.9	797.1	84.1
35 to 44	419.1	87.1	418.2	84.2	837.3	85.6
45 to 54	380.2	82.0	398.6	83.3	778.9	82.7
55 to 64	294.6	77.6	323.8	83.8	618.5	80.7
65 and over	300.4	73.8	349.4	73.2	649.8	73.4
REGION						
Capital city	1,425.2	84.8	1,457.2	82.8	2,882.4	83.8
Rest of state	808.0	82.1	797.6	79.0	1,605.6	80.6
EMPLOYMENT STATUS						
Employed full time	1,325.7	86.4	696.6	83.9	2,022.3	85.5
Employed part time	308.4	88.8	686.8	87.1	995.2	87.6
Employed refused	15.8*	75.4*	14.2*	82.9*	30.0*	78.8*
Total employed	1,650.0	86.7	1,397.5	85.5	3,047.5	86.1
Unemployed	95.9	79.9	83.9	79.8	179.8	79.9
Not in the labour force	487.4	76.0	773.3	75.2	1,260.7	75.5
MARITAL STATUS						
Married	1,294.5	84.6	1,289.4	84.1	2,583.9	84.4
Not married	936.3	83.2	952.8	77.9	1,889.1	80.5
Refused/Do not know	2.4**	27.3**	12.6*	100.0*	15.0*	70.2*
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	653.1	86.2	737.5	81.4	1,390.6	83.6
At least one under 18 — none at home	67.8	77.2	6.4**	78.3**	74.2	77.3
No children under 18	1,512.2	83.2	1,510.9	81.6	3,023.2	82.4
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	583.2	88.3	632.7	88.2	1,216.0	88.2
Undergraduate diploma or associate diploma	186.7	88.2	191.9	82.6	378.7	85.3
Certificate, trade qualification or apprenticeship	402.3	83.4	322.9	85.2	725.3	84.2
Highest level of secondary school	489.3	88.9	489.6	80.1	978.9	84.3
Did not complete highest level of school	376.4	69.3	465.1	73.2	841.5	71.4
Still at secondary school	137.3	95.6	102.9	88.9	240.2	92.6
Other	52.5	80.9	46.8	71.4	99.3	76.1
Refused	5.3**	77.7**	2.9**	31.0**	8.2**	50.9**
LANGUAGE SPOKEN AT HOME						
English only	1,851.2	84.6	1,900.3	83.4	3,751.6	84.0
European language/s other than English	91.2	86.8	91.4	75.7	182.6	80.9
Non-European language/s	302.6	78.7	273.9	71.5	576.5	75.1
Total	2,233.2	83.8	2,254.8	81.4	4,488.0	82.6

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 40: All New South Wales persons — participation in any physical activity by frequency, age and sex, 2008 (a)

Sex	Age group (years)	None	Up to once per week (b)	One or two times per week (c)	Three or four times per week (d)	Five or more times per week	Do not know	Total
		Number ('000)						
Males	15 to 24	24.8*	52.0	117.2	126.1	143.0	0.0**	463.2
	25 to 34	68.6	99.4	109.7	93.9	97.4	0.0**	469.0
	35 to 44	62.1	66.9	97.6	138.2	116.4	0.0**	481.2
	45 to 54	83.2	70.1	89.6	75.7	142.2	2.6**	463.4
	55 to 64	85.2	58.9	61.4	52.9	121.6	0.0**	379.9
	65 and over	106.8	24.4*	67.5	56.5	151.9	0.0**	407.2
	TOTAL	430.6	371.7	543.0	543.3	772.5	2.6**	2,663.8
Females	15 to 24	82.4	81.7	104.1	79.4	102.8	0.0**	450.4
	25 to 34	82.0	52.8	132.5	81.6	127.6	2.2**	478.7
	35 to 44	78.8	59.0	105.2	117.4	136.7	0.0**	497.0
	45 to 54	80.1	31.9*	92.7	114.2	158.1	1.8**	478.7
	55 to 64	62.5	16.7*	81.9	84.8	140.4	0.0**	386.3
	65 and over	128.1	24.7*	101.7	77.5	141.9	3.5**	477.5
	TOTAL	513.8	266.8	618.2	554.9	807.5	7.4**	2,768.6
Persons	15 to 24	107.1	133.7	221.3	205.5	245.9	0.0**	913.6
	25 to 34	150.5	152.2	242.3	175.4	225.0	2.2**	947.6
	35 to 44	140.8	125.9	202.8	255.6	253.1	0.0**	978.2
	45 to 54	163.3	102.0	182.3	189.9	300.3	4.4**	942.1
	55 to 64	147.8	75.5	143.3	137.7	261.9	0.0**	766.2
	65 and over	234.9	49.1	169.2	134.0	293.9	3.5**	884.7
	TOTAL	944.4	638.5	1,161.2	1,098.2	1,580.1	10.1**	5,432.4
Percentage of row (%)								
Males	15 to 24	5.3*	11.2	25.3	27.2	30.9	0.0**	100.0
	25 to 34	14.6	21.2	23.4	20.0	20.8	0.0**	100.0
	35 to 44	12.9	13.9	20.3	28.7	24.2	0.0**	100.0
	45 to 54	18.0	15.1	19.3	16.3	30.7	0.6**	100.0
	55 to 64	22.4	15.5	16.2	13.9	32.0	0.0**	100.0
	65 and over	26.2	6.0*	16.6	13.9	37.3	0.0**	100.0
	TOTAL	16.2	14.0	20.4	20.4	29.0	0.1**	100.0
Females	15 to 24	18.3	18.1	23.1	17.6	22.8	0.0**	100.0
	25 to 34	17.1	11.0	27.7	17.0	26.7	0.5**	100.0
	35 to 44	15.8	11.9	21.2	23.6	27.5	0.0**	100.0
	45 to 54	16.7	6.7*	19.4	23.9	33.0	0.4**	100.0
	55 to 64	16.2	4.3*	21.2	22.0	36.3	0.0**	100.0
	65 and over	26.8	5.2*	21.3	16.2	29.7	0.7**	100.0
	TOTAL	18.6	9.6	22.3	20.0	29.2	0.3**	100.0
Persons	15 to 24	11.7	14.6	24.2	22.5	26.9	0.0**	100.0
	25 to 34	15.9	16.1	25.6	18.5	23.7	0.2**	100.0
	35 to 44	14.4	12.9	20.7	26.1	25.9	0.0**	100.0
	45 to 54	17.3	10.8	19.4	20.2	31.9	0.5**	100.0
	55 to 64	19.3	9.9	18.7	18.0	34.2	0.0**	100.0
	65 and over	26.6	5.6	19.1	15.2	33.2	0.4**	100.0
	TOTAL	17.4	11.8	21.4	20.2	29.1	0.2**	100.0

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 41: New South Wales participants — participation in any physical activity by cumulative frequency, age and sex, 2008 (a)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	52.0	386.4	332.5	269.2	438.4
	25 to 34	99.4	301.0	246.4	191.3	400.4
	35 to 44	66.9	352.2	280.6	254.6	419.1
	45 to 54	70.1	307.5	274.1	217.9	380.2
	55 to 64	58.9	235.8	207.2	174.4	294.6
	65 and over	24.4*	276.0	241.3	208.5	300.4
	TOTAL		371.7	1,858.8	1,582.1	1,315.8
Females	15 to 24	81.7	286.3	237.7	182.2	368.1
	25 to 34	52.8	341.7	271.0	209.2	396.7
	35 to 44	59.0	359.2	302.2	254.1	418.2
	45 to 54	31.9*	365.0	327.5	272.3	398.6
	55 to 64	16.7*	307.1	268.6	225.2	323.8
	65 and over	24.7*	321.2	274.9	219.5	349.4
	TOTAL		266.8	1,980.6	1,682.0	1,362.4
Persons	15 to 24	133.7	672.7	570.2	451.4	806.5
	25 to 34	152.2	642.7	517.5	400.5	797.1
	35 to 44	125.9	711.5	582.8	508.7	837.3
	45 to 54	102.0	672.4	601.6	490.1	778.9
	55 to 64	75.5	542.9	475.8	399.6	618.5
	65 and over	49.1	597.1	516.1	427.9	649.8
	TOTAL		638.5	3,839.5	3,264.0	2,678.2
Total participation rate (%) (b)						
Males	15 to 24	11.2	83.4	71.8	58.1	94.7
	25 to 34	21.2	64.2	52.5	40.8	85.4
	35 to 44	13.9	73.2	58.3	52.9	87.1
	45 to 54	15.1	66.3	59.1	47.0	82.0
	55 to 64	15.5	62.1	54.6	45.9	77.6
	65 and over	6.0*	67.8	59.3	51.2	73.8
	TOTAL	14.0	69.8	59.4	49.4	83.8
Females	15 to 24	18.1	63.6	52.8	40.5	81.7
	25 to 34	11.0	71.4	56.6	43.7	82.9
	35 to 44	11.9	72.3	60.8	51.1	84.2
	45 to 54	6.7*	76.2	68.4	56.9	83.3
	55 to 64	4.3*	79.5	69.5	58.3	83.8
	65 and over	5.2*	67.3	57.6	46.0	73.2
	TOTAL	9.6	71.5	60.8	49.2	81.4
Persons	15 to 24	14.6	73.6	62.4	49.4	88.3
	25 to 34	16.1	67.8	54.6	42.3	84.1
	35 to 44	12.9	72.7	59.6	52.0	85.6
	45 to 54	10.8	71.4	63.9	52.0	82.7
	55 to 64	9.9	70.9	62.1	52.2	80.7
	65 and over	5.6	67.5	58.3	48.4	73.4
	TOTAL	11.8	70.7	60.1	49.3	82.6

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 42: New South Wales recent participants — recent participation in any physical activity by duration and age, 2008 (a)

		15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	Total
		Number ('000)						
Five hours or more	More than three sessions weekly	170.9	112.0	181.7	158.0	178.4	179.8	980.9
	Two or three sessions weekly	51.6	13.3*	38.7*	18.9*	38.4*	27.8*	188.8
	Less than two sessions weekly	3.3**	3.8**	0.0**	7.6**	15.1*	10.6**	40.4*
	<i>Total</i>	225.8	129.1	220.5	184.5	231.9	218.2	1,210.1
Two hours or more but less than five hours	More than three sessions weekly	84.8	130.9	115.1	162.4	147.1	107.5	747.8
	Two or three sessions weekly	142.7	102.8	89.5	93.0	34.9*	47.3	510.2
	Less than two sessions weekly	25.8*	33.1*	30.5*	29.3*	16.1*	37.0*	171.8
	<i>Total</i>	253.4	266.8	235.1	284.7	198.2	191.8	1,429.8
Less than two hours	More than three sessions weekly	18.7*	16.1*	19.6*	29.0*	6.9**	17.2*	107.5
	Two or three sessions weekly	39.5*	68.1	70.6	63.0	33.6*	76.4	351.3
	Less than two sessions weekly	140.5	154.6	124.2	111.0	79.7	69.1	679.0
	<i>Total</i>	198.7	238.9	214.4	203.0	120.2	162.7	1,137.8
Total	More than three sessions weekly	274.4	259.0	316.4	349.4	332.4	304.5	1,836.1
	Two or three sessions weekly	233.9	184.3	198.8	174.9	107.0	151.5	1,050.4
	Less than two sessions weekly	169.6	191.5	154.7	147.9	110.9	116.7	891.2
	Total	677.8	634.7	669.9	672.2	550.3	572.7	3,777.7
		Percentage of total (%)						
Five hours or more	More than three sessions weekly	4.5	3.0	4.8	4.2	4.7	4.8	26.0
	Two or three sessions weekly	1.4	0.4*	1.0*	0.5*	1.0*	0.7*	5.0
	Less than two sessions weekly	0.1**	0.1**	0.0**	0.2**	0.4*	0.3**	1.1*
	<i>Total</i>	6.0	3.4	5.8	4.9	6.1	5.8	32.0
Two hours or more but less than five hours	More than three sessions weekly	2.2	3.5	3.0	4.3	3.9	2.8	19.8
	Two or three sessions weekly	3.8	2.7	2.4	2.5	0.9*	1.3	13.5
	Less than two sessions weekly	0.7*	0.9*	0.8*	0.8*	0.4*	1.0*	4.5
	<i>Total</i>	6.7	7.1	6.2	7.5	5.2	5.1	37.8
Less than two hours	More than three sessions weekly	0.5*	0.4*	0.5*	0.8*	0.2**	0.5*	2.8
	Two or three sessions weekly	1.0*	1.8	1.9	1.7	0.9*	2.0	9.3
	Less than two sessions weekly	3.7	4.1	3.3	2.9	2.1	1.8	18.0
	<i>Total</i>	5.3	6.3	5.7	5.4	3.2	4.3	30.1
Total	More than three sessions weekly	7.3	6.9	8.4	9.2	8.8	8.1	48.6
	Two or three sessions weekly	6.2	4.9	5.3	4.6	2.8	4.0	27.8
	Less than two sessions weekly	4.5	5.1	4.1	3.9	2.9	3.1	23.6
	Total	17.9	16.8	17.7	17.8	14.6	15.2	100.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport in the two weeks prior to interview in 2008

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 43: New South Wales regular participants — regular participation in any physical activity (organised and non-organised) by demographics, 2008 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Regular participation rate (b) (%)	Number (‘000)	Regular participation rate (%)	Number (‘000)	Regular participation rate (%)
AGE GROUP (YEARS)						
15 to 24	269.2	58.1	182.2	40.5	451.4	49.4
25 to 34	191.3	40.8	209.2	43.7	400.5	42.3
35 to 44	254.6	52.9	254.1	51.1	508.7	52.0
45 to 54	217.9	47.0	272.3	56.9	490.1	52.0
55 to 64	174.4	45.9	225.2	58.3	399.6	52.2
65 and over	208.5	51.2	219.5	46.0	427.9	48.4
REGION						
Capital city	862.3	51.3	811.9	46.2	1,674.1	48.7
Rest of state	453.5	46.1	550.6	54.5	1,004.1	50.4
EMPLOYMENT STATUS						
Employed full time	736.2	48.0	428.8	51.7	1,165.1	49.3
Employed part time	198.2	57.1	425.8	54.0	624.0	55.0
Employed refused	15.8*	75.4*	10.8**	63.0**	26.6*	69.8*
Total employed	950.2	49.9	865.4	52.9	1,815.6	51.3
Unemployed	62.9	52.4	38.3*	36.4*	101.2	45.0
Not in the labour force	302.6	47.2	458.7	44.6	761.4	45.6
MARITAL STATUS						
Married	720.0	47.1	797.1	52.0	1,517.1	49.5
Not married	593.4	52.7	555.6	45.4	1,149.0	48.9
Refused/Do not know	2.4**	27.3**	9.7**	77.2**	12.1*	56.7*
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	369.4	48.7	428.0	47.3	797.4	47.9
At least one under 18 — none at home	47.4	53.9	4.3**	53.1**	51.7	53.8
No children under 18	899.0	49.4	930.1	50.2	1,829.1	49.8
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	355.9	53.9	386.3	53.8	742.2	53.9
Undergraduate diploma or associate diploma	122.6	57.9	112.1	48.2	234.7	52.9
Certificate, trade qualification or apprenticeship	188.1	39.0	185.9	49.0	374.0	43.4
Highest level of secondary school	296.9	53.9	299.1	48.9	596.0	51.3
Did not complete highest level of school	214.1	39.4	290.3	45.7	504.4	42.8
Still at secondary school	99.7	69.4	56.3	48.7	156.1	60.2
Other	34.7*	53.4*	29.5*	45.0*	64.2	49.2
Refused	3.8**	54.8**	2.9**	31.0**	6.6**	41.1**
LANGUAGE SPOKEN AT HOME						
English only	1,100.7	50.3	1,182.8	51.9	2,283.5	51.1
European language/s other than English	54.5	51.9	49.9	41.4	104.5	46.3
Non-European language/s	166.3	43.2	137.1	35.8	303.3	39.5
Total	1,315.8	49.4	1,362.4	49.2	2,678.2	49.3

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the regular participation rate is the number of persons who participated in the activity at least three times per week on average expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 44: New South Wales organised participants — participation in organised physical activity by frequency, age and sex, 2008 (a)

Sex	Age group (years)	None	Up to once	One or two	Three or four	Five or	Do not know	Total
			per week (b)	times per week (c)	times per week (d)	more times per week		
		Number ('000)						
Males	15 to 24	126.8	66.9	128.5	86.6	54.4	0.0**	463.2
	25 to 34	267.1	81.6	73.4	40.1*	6.8**	0.0**	469.0
	35 to 44	252.6	93.3	86.1	30.8*	18.3*	0.0**	481.2
	45 to 54	289.8	67.4	71.9	18.1*	13.7*	2.6**	463.4
	55 to 64	255.3	37.8*	56.9	18.1*	11.7*	0.0**	379.9
	65 and over	287.4	33.0*	51.7	23.5*	11.5*	0.0**	407.2
	TOTAL	1,478.9	380.1	468.4	217.2	116.5	2.6**	2,663.8
Females	15 to 24	219.8	106.3	60.0	36.1*	28.2*	0.0**	450.4
	25 to 34	308.5	78.0	52.1	26.1*	11.1*	2.9**	478.7
	35 to 44	333.8	58.8	72.4	26.1*	4.0**	1.8**	497.0
	45 to 54	339.4	37.8*	51.8	27.3*	20.6*	1.8**	478.7
	55 to 64	265.6	27.7*	55.2	25.0*	12.8*	0.0**	386.3
	65 and over	312.9	39.7*	80.1	30.3*	14.5*	0.0**	477.5
	TOTAL	1,780.1	348.3	371.6	170.9	91.2	6.4**	2,768.6
Persons	15 to 24	346.6	173.3	188.4	122.7	82.7	0.0**	913.6
	25 to 34	575.6	159.6	125.5	66.2	17.9*	2.9**	947.6
	35 to 44	586.5	152.1	158.5	56.9	22.3*	1.8**	978.2
	45 to 54	629.2	105.2	123.7	45.4	34.3*	4.4**	942.1
	55 to 64	520.9	65.5	112.1	43.2	24.6*	0.0**	766.2
	65 and over	600.2	72.8	131.9	53.8	26.0*	0.0**	884.7
	TOTAL	3,259.0	728.5	840.1	388.1	207.7	9.1**	5,432.4

Percentage of row (%)

Males	15 to 24	27.4	14.4	27.7	18.7	11.8	0.0**	100.0
	25 to 34	56.9	17.4	15.6	8.5*	1.4**	0.0**	100.0
	35 to 44	52.5	19.4	17.9	6.4*	3.8*	0.0**	100.0
	45 to 54	62.5	14.5	15.5	3.9*	2.9*	0.6**	100.0
	55 to 64	67.2	10.0*	15.0	4.8*	3.1*	0.0**	100.0
	65 and over	70.6	8.1*	12.7	5.8*	2.8*	0.0**	100.0
	TOTAL	55.5	14.3	17.6	8.2	4.4	0.1**	100.0
Females	15 to 24	48.8	23.6	13.3	8.0*	6.3*	0.0**	100.0
	25 to 34	64.5	16.3	10.9	5.5*	2.3*	0.6**	100.0
	35 to 44	67.2	11.8	14.6	5.3*	0.8**	0.4**	100.0
	45 to 54	70.9	7.9*	10.8	5.7*	4.3*	0.4**	100.0
	55 to 64	68.7	7.2*	14.3	6.5*	3.3*	0.0**	100.0
	65 and over	65.5	8.3*	16.8	6.3*	3.0*	0.0**	100.0
	TOTAL	64.3	12.6	13.4	6.2	3.3	0.2**	100.0
Persons	15 to 24	37.9	19.0	20.6	13.4	9.0	0.0**	100.0
	25 to 34	60.7	16.8	13.2	7.0	1.9*	0.3**	100.0
	35 to 44	60.0	15.6	16.2	5.8	2.3*	0.2**	100.0
	45 to 54	66.8	11.2	13.1	4.8	3.6*	0.5**	100.0
	55 to 64	68.0	8.5	14.6	5.6	3.2*	0.0**	100.0
	65 and over	67.8	8.2	14.9	6.1	2.9*	0.0**	100.0
	TOTAL	60.0	13.4	15.5	7.1	3.8	0.2**	100.0

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 45: New South Wales organised participants — participation in organised physical activity by cumulative frequency, age and sex, 2008 (a)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	66.9	269.5	198.4	141.0	336.4
	25 to 34	81.6	120.3	74.9	46.9	201.9
	35 to 44	93.3	135.2	77.3	49.1	228.6
	45 to 54	67.4	103.6	64.9	31.8*	173.6
	55 to 64	37.8*	86.8	54.8	29.9*	124.6
	65 and over	33.0*	86.8	59.2	35.0*	119.8
	TOTAL		380.1	802.1	529.4	333.7
Females	15 to 24	106.3	124.3	95.4	64.3	230.6
	25 to 34	78.0	89.3	52.2	37.2*	170.1
	35 to 44	58.8	102.5	54.8	30.1*	163.1
	45 to 54	37.8*	99.7	74.8	47.9	139.3
	55 to 64	27.7*	93.1	77.2	37.9*	120.7
	65 and over	39.7*	124.9	88.5	44.8	164.6
	TOTAL		348.3	633.8	442.8	262.2
Persons	15 to 24	173.3	393.7	293.8	205.3	567.0
	25 to 34	159.6	209.6	127.0	84.1	372.0
	35 to 44	152.1	237.7	132.1	79.2	391.7
	45 to 54	105.2	203.3	139.7	79.7	312.9
	55 to 64	65.5	179.8	132.0	67.7	245.3
	65 and over	72.8	211.7	147.6	79.8	284.4
	TOTAL		728.5	1,435.9	972.2	595.8
Total participation rate (%) (b)						
Males	15 to 24	14.4	58.2	42.8	30.4	72.6
	25 to 34	17.4	25.6	16.0	10.0	43.1
	35 to 44	19.4	28.1	16.1	10.2	47.5
	45 to 54	14.5	22.4	14.0	6.9*	37.5
	55 to 64	10.0*	22.8	14.4	7.9*	32.8
	65 and over	8.1*	21.3	14.5	8.6*	29.4
	TOTAL		14.3	30.1	19.9	12.5
Females	15 to 24	23.6	27.6	21.2	14.3	51.2
	25 to 34	16.3	18.7	10.9	7.8*	35.5
	35 to 44	11.8	20.6	11.0	6.1*	32.8
	45 to 54	7.9*	20.8	15.6	10.0	29.1
	55 to 64	7.2*	24.1	20.0	9.8*	31.3
	65 and over	8.3*	26.2	18.5	9.4	34.5
	TOTAL		12.6	22.9	16.0	9.5
Persons	15 to 24	19.0	43.1	32.2	22.5	62.1
	25 to 34	16.8	22.1	13.4	8.9	39.3
	35 to 44	15.6	24.3	13.5	8.1	40.0
	45 to 54	11.2	21.6	14.8	8.5	33.2
	55 to 64	8.5	23.5	17.2	8.8	32.0
	65 and over	8.2	23.9	16.7	9.0	32.2
	TOTAL		13.4	26.4	17.9	11.0

(a) Relates to persons aged 15 years and over who participated in organised physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 46: New South Wales organised participants — total participation in organised activities by type of organisation, age and sex, 2008 (a)

Sex	Age group (years)	Fitness, leisure or indoor sports centre	Sport or recreation club or association (c)	Work	School	Other	Total organised participation
		Number ('000)					
Males	15 to 24	105.1	236.4	10.0**	112.5	45.6	336.4
	25 to 34	57.8	152.1	13.8*	3.8**	34.2*	201.9
	35 to 44	65.7	195.6	4.8**	6.1**	28.3*	228.6
	45 to 54	33.7*	130.3	5.0**	0.0**	28.3*	173.6
	55 to 64	19.3*	93.3	2.0**	0.0**	27.9*	124.6
	65 and over	26.8*	81.7	0.0**	0.0**	29.1*	119.8
	TOTAL		308.4	889.3	35.6*	122.4	193.5
Females	15 to 24	106.2	129.9	5.8**	91.2	36.6*	230.6
	25 to 34	88.2	97.2	9.5**	2.2**	32.6*	170.1
	35 to 44	90.3	91.7	3.9**	8.0**	28.2*	163.1
	45 to 54	62.4	61.9	9.1**	4.4**	30.0*	139.3
	55 to 64	55.4	51.0	4.8**	2.8**	44.9	120.7
	65 and over	52.9	87.7	0.0**	0.0**	70.1	164.6
	TOTAL		455.4	519.4	33.1*	108.7	242.3
Persons	15 to 24	211.3	366.3	15.8*	203.8	82.2	567.0
	25 to 34	146.0	249.2	23.3*	6.0**	66.8	372.0
	35 to 44	156.0	287.3	8.8**	14.1*	56.4	391.7
	45 to 54	96.1	192.1	14.1*	4.4**	58.3	312.9
	55 to 64	74.7	144.3	6.8**	2.8**	72.8	245.3
	65 and over	79.8	169.4	0.0**	0.0**	99.2	284.4
	TOTAL		763.8	1,408.7	68.8	231.1	435.8

Total participation rate (%) (b)

Males	15 to 24	22.7	51.0	2.2**	24.3	9.8	72.6
	25 to 34	12.3	32.4	2.9*	0.8**	7.3*	43.1
	35 to 44	13.7	40.7	1.0**	1.3**	5.9*	47.5
	45 to 54	7.3*	28.1	1.1**	0.0**	6.1*	37.5
	55 to 64	5.1*	24.6	0.5**	0.0**	7.3*	32.8
	65 and over	6.6*	20.1	0.0**	0.0**	7.2*	29.4
	TOTAL		11.6	33.4	1.3*	4.6	7.3
Females	15 to 24	23.6	28.8	1.3**	20.3	8.1*	51.2
	25 to 34	18.4	20.3	2.0**	0.5**	6.8*	35.5
	35 to 44	18.2	18.4	0.8**	1.6**	5.7*	32.8
	45 to 54	13.0	12.9	1.9**	0.9**	6.3*	29.1
	55 to 64	14.4	13.2	1.2**	0.7**	11.6	31.3
	65 and over	11.1	18.4	0**	0**	14.7	34.5
	TOTAL		16.5	18.8	1.2*	3.9	8.8
Persons	15 to 24	23.1	40.1	1.7*	22.3	9.0	62.1
	25 to 34	15.4	26.3	2.5*	0.6**	7.1	39.3
	35 to 44	15.9	29.4	0.9**	1.4*	5.8	40.0
	45 to 54	10.2	20.4	1.5*	0.5**	6.2	33.2
	55 to 64	9.7	18.8	0.9**	0.4**	9.5	32.0
	65 and over	9.0	19.2	0.0**	0.0**	11.2	32.2
	TOTAL		14.1	25.9	1.3	4.3	8.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) All aerobics/fitness participants describing their activity as organised by a sport or recreation club or association have been recoded to fitness, leisure or indoor sports centre

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 47: New South Wales participants — total participation in specific activities (organised and non-organised) by sex, 2008 (a)

Activity	MALES		FEMALES		PERSONS	
	Number (’000)	Total participation rate (b) (%)	Number (’000)	Total participation rate (%)	Number (’000)	Total participation rate (%)
Aerobics/fitness	508.8	19.1	749.8	27.1	1,258.6	23.2
Aquarobics	4.1**	0.2**	49.6	1.8	53.7	1.0
Athletics/track and field	19.5*	0.7*	11.1*	0.4*	30.6*	0.6*
Australian rules football	27.8*	1.0*	4.0**	0.1**	31.8*	0.6*
Badminton	17.5*	0.7*	29.2*	1.1*	46.7	0.9
Baseball	16.8*	0.6*	0.0**	0.0**	16.8*	0.3*
Basketball	74.2	2.8	57.8	2.1	132.0	2.4
Billiards/snooker/pool	2.1**	0.1**	2.8**	0.1**	4.9**	0.1**
Boxing	32.3*	1.2*	25.7*	0.9*	57.9	1.1
Canoeing/kayaking	48.7	1.8	18.5*	0.7*	67.2	1.2
Carpet bowls	7.2**	0.3**	8.3**	0.3**	15.4*	0.3*
Cricket (indoor)	30.6*	1.1*	1.8**	0.1**	32.3*	0.6*
Cricket (outdoor)	125.1	4.7	47.2	1.7	172.3	3.2
Cycling	393.6	14.8	146.0	5.3	539.6	9.9
Dancing	10.2**	0.4**	110.8	4.0	121.0	2.2
Darts	0.0**	0.0**	3.3**	0.1**	3.3**	0.1**
Fishing	112.2	4.2	10.2**	0.4**	122.4	2.3
Football (indoor)	94.7	3.6	21.9*	0.8*	116.6	2.1
Football (outdoor)	273.8	10.3	104.5	3.8	378.3	7.0
Golf	337.0	12.7	82.6	3.0	419.7	7.7
Gymnastics	2.3**	0.1**	7.7**	0.3**	10.0**	0.2**
Hockey (indoor)	3.3**	0.1**	0.0**	0.0**	3.3**	0.1**
Hockey (outdoor)	39.2*	1.5*	38.8*	1.4*	78.0	1.4
Horse riding/equestrian activities/polo cross	12.0*	0.5*	37.8*	1.4*	49.8	0.9
Ice/snow sports	74.0	2.8	46.5	1.7	120.4	2.2
Lawn bowls	62.5	2.3	58.6	2.1	121.1	2.2
Martial arts	72.5	2.7	63.8	2.3	136.3	2.5
Motor sports	68.3	2.6	7.2**	0.3**	75.5	1.4
Netball	7.1**	0.3**	119.5	4.3	126.6	2.3
Orienteering	20.6*	0.8*	19.0*	0.7*	39.6*	0.7*
Rock climbing	18.9*	0.7*	7.2**	0.3**	26.2*	0.5*
Roller sports	14.5*	0.5*	2.3**	0.1**	16.8*	0.3*
Rowing	3.1**	0.1**	12.1*	0.4*	15.2*	0.3*
Rugby league	84.4	3.2	2.4**	0.1**	86.9	1.6
Rugby union	86.3	3.2	2.4**	0.1**	88.7	1.6
Running	336.0	12.6	218.5	7.9	554.5	10.2
Sailing	44.8	1.7	9.6**	0.3**	54.3	1.0
Scuba diving	14.2*	0.5*	8.3**	0.3**	22.5*	0.4*
Shooting sports	46.3	1.7	0.0**	0.0**	46.3	0.9
Softball	12.3*	0.5*	26.1*	0.9*	38.5*	0.7*
Squash/racquetball	67.2	2.5	8.4**	0.3**	75.6	1.4
Surf sports	125.8	4.7	23.9*	0.9*	149.7	2.8
Swimming	419.2	15.7	455.8	16.5	875.0	16.1
Table tennis	23.9*	0.9*	16.8*	0.6*	40.7*	0.7*
Tennis	217.6	8.2	190.0	6.9	407.6	7.5
Tenpin bowling	30.1*	1.1*	15.1*	0.5*	45.2	0.8
Touch football	177.8	6.7	93.2	3.4	271.0	5.0
Triathlons	17.7*	0.7*	6.5**	0.2**	24.2*	0.4*
Volleyball	13.7*	0.5*	34.0*	1.2*	47.7	0.9
Walking (bush)	161.4	6.1	224.2	8.1	385.6	7.1
Walking (other)	721.1	27.1	1,357.5	49.0	2,078.6	38.3
Water polo	11.4*	0.4*	2.8**	0.1**	14.2*	0.3*
Waterskiing/powerboating	38.9*	1.5*	21.2*	0.8*	60.1	1.1
Weight training	132.9	5.0	45.8	1.7	178.6	3.3
Yoga	14.8*	0.6*	180.2	6.5	195.0	3.6

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 48: New South Wales participants — total participation in specific activities by type of activity, 2008 (a)

Activity	Number ('000)			Total participation rate (%) (b)		
	Organised	Non-organised	Total	Organised	Non-organised	Total
Aerobics/fitness	401.9	918.1	1,258.6	7.4	16.9	23.2
Aquarobics	40.2*	15.0*	53.7	0.7*	0.3*	1.0
Athletics/track and field	15.7*	18.2*	30.6*	0.3*	0.3*	0.6*
Australian rules football	30.0*	6.0**	31.8*	0.6*	0.1**	0.6*
Badminton	15.5*	33.0*	46.7	0.3*	0.6*	0.9
Baseball	16.8*	0.0**	16.8*	0.3*	0.0**	0.3*
Basketball	67.8	76.5	132.0	1.2	1.4	2.4
Billiards/snooker/pool	0.0**	4.9**	4.9**	0.0**	0.1**	0.1**
Boxing	31.6*	29.6*	57.9	0.6*	0.5*	1.1
Canoeing/kayaking	10.7**	62.0	67.2	0.2**	1.1	1.2
Carpet bowls	13.2*	2.2**	15.4*	0.2*	0.0**	0.3*
Cricket (indoor)	17.1*	15.2*	32.3*	0.3*	0.3*	0.6*
Cricket (outdoor)	80.9	105.7	172.3	1.5	1.9	3.2
Cycling	57.9	510.7	539.6	1.1	9.4	9.9
Dancing	84.0	44.2	121.0	1.5	0.8	2.2
Darts	3.3**	0.0**	3.3**	0.1**	0.0**	0.1**
Fishing	20.7*	117.9	122.4	0.4*	2.2	2.3
Football (indoor)	80.3	39.6*	116.6	1.5	0.7*	2.1
Football (outdoor)	256.7	149.1	378.3	4.7	2.7	7.0
Golf	220.4	264.3	419.7	4.1	4.9	7.7
Gymnastics	4.3**	8.5**	10.0**	0.1**	0.2**	0.2**
Hockey (indoor)	3.3**	0.0**	3.3**	0.1**	0.0**	0.1**
Hockey (outdoor)	78.0	0.0**	78.0	1.4	0.0**	1.4
Horse riding/equestrian activities/polocrosse	30.2*	28.0*	49.8	0.6*	0.5*	0.9
Ice/snow sports	20.4*	103.2	120.4	0.4*	1.9	2.2
Lawn bowls	107.1	21.9*	121.1	2.0	0.4*	2.2
Martial arts	111.4	40.1*	136.3	2.1	0.7*	2.5
Motor sports	28.2*	60.0	75.5	0.5*	1.1	1.4
Netball	106.2	38.6*	126.6	2.0	0.7*	2.3
Orienteering	28.3*	19.4*	39.6*	0.5*	0.4*	0.7*
Rock climbing	0.0**	26.2*	26.2*	0.0**	0.5*	0.5*
Roller sports	0.0**	16.8*	16.8*	0.0**	0.3*	0.3*
Rowing	2.6**	12.6*	15.2*	0.0**	0.2*	0.3*
Rugby league	65.4	31.2*	86.9	1.2	0.6*	1.6
Rugby union	74.4	25.6*	88.7	1.4	0.5*	1.6
Running	61.6	524.2	554.5	1.1	9.6	10.2
Sailing	39.4*	20.9*	54.3	0.7*	0.4*	1.0
Scuba diving	4.7**	17.7*	22.5*	0.1**	0.3*	0.4*
Shooting sports	22.3*	24.0*	46.3	0.4*	0.4*	0.9
Softball	35.7*	2.8**	38.5*	0.7*	0.1**	0.7*
Squash/racquetball	38.9*	49.1	75.6	0.7*	0.9	1.4
Surf sports	6.7**	149.7	149.7	0.1**	2.8	2.8
Swimming	141.7	785.5	875.0	2.6	14.5	16.1
Table tennis	17.7*	25.4*	40.7*	0.3*	0.5*	0.7*
Tennis	135.8	313.5	407.6	2.5	5.8	7.5
Tenpin bowling	15.9*	31.5*	45.2	0.3*	0.6*	0.8
Touch football	208.1	79.1	271.0	3.8	1.5	5.0
Triathlon	24.2*	0.0**	24.2*	0.4*	0.0**	0.4*
Volleyball	32.5*	15.2*	47.7	0.6*	0.3*	0.9
Walking (bush)	49.1	350.1	385.6	0.9	6.4	7.1
Walking (other)	63.4	2,065.4	2,078.6	1.2	38.0	38.3
Water polo	6.1**	8.1**	14.2*	0.1**	0.1**	0.3*
Waterskiing/powerboating	2.2**	60.1	60.1	0**	1.1	1.1
Weight training	25.5*	154.9	178.6	0.5*	2.9	3.3
Yoga	105.3	109.7	195.0	1.9	2.0	3.6

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

10.3.3 Northern Territory

Table 49: Northern Territory participants — total participation in physical activity by type of participation, age and sex, 2008 (a)

		Organised only (c) (A)	Non-organised only (d) (B)	Both organised and non-organised (e) (C)	Total organised (A + C)	Total non-organised (B + C)	Total participation (A + B + C)
Sex	Age group (years)	Number ('000)					
Males	15 to 24	4.6	3.2	7.0	11.6	10.2	14.8
	25 to 34	1.9*	7.3	5.3	7.2	12.5	14.5
	35 to 44	1.8*	5.9	5.2	7.0	11.1	12.9
	45 to 54	1.4*	5.9	3.6	5.1	9.6	11.0
	55 to 64	0.7*	4.1	2.3	3.0	6.4	7.1
	65 and over	0.7*	2.8	0.9*	1.6*	3.7	4.4
	TOTAL		11.1	29.3	24.3	35.4	53.6
Females	15 to 24	2.5	4.3	6.1	8.6	10.4	12.9
	25 to 34	1.6*	8.8	4.3	5.8	13.0	14.6
	35 to 44	1.3*	7.1	4.8	6.1	12.0	13.2
	45 to 54	0.4**	7.0	3.6	4.0	10.6	11.0
	55 to 64	0.7*	4.6	2.1	2.8	6.7	7.4
	65 and over	0.9*	2.0*	1.1*	2.0*	3.1	3.9
	TOTAL		7.3	33.8	22.1	29.3	55.9
Persons	15 to 24	7.1	7.5	13.1	20.2	20.6	27.7
	25 to 34	3.5	16.1	9.5	13.0	25.6	29.1
	35 to 44	3.0	13.1	10.0	13.1	23.1	26.1
	45 to 54	1.8*	13.0	7.2	9.1	20.2	22.0
	55 to 64	1.4*	8.7	4.4	5.8	13.1	14.5
	65 and over	1.5*	4.7	2.1	3.6	6.8	8.4
	TOTAL		18.4	63.1	46.4	64.8	109.5
Total participation rate (%) (b)							
Males	15 to 24	28.1	19.7	42.6	70.7	62.3	90.4
	25 to 34	11.4*	43.3	31.2	42.6	74.4	85.9
	35 to 44	10.9*	36.1	31.7	42.6	67.8	78.7
	45 to 54	10.0*	41.9	25.7	35.7	67.6	77.6
	55 to 64	7.0*	40.2	22.4	29.4	62.6	69.6
	65 and over	12.3*	49.8	17.0*	29.3*	66.8	79.1
	TOTAL	14.0	36.8	30.5	44.5	67.3	81.3
Females	15 to 24	16.1	27.8	39.8	55.9	67.6	83.7
	25 to 34	9.0*	49.8	24.1	33.1	73.8	82.8
	35 to 44	7.8*	43.9	29.8	37.5	73.7	81.4
	45 to 54	3.0**	50.9	25.8	28.8	76.7	79.7
	55 to 64	7.6*	52.4	24.5	32.2	76.9	84.6
	65 and over	17.8*	40.8*	23.3*	41.1*	64.1	81.9
	TOTAL	9.5	44.1	28.8	38.2	72.8	82.3
Persons	15 to 24	22.2	23.6	41.3	63.5	64.9	87.1
	25 to 34	10.2	46.6	27.5	37.7	74.1	84.3
	35 to 44	9.3	40.0	30.7	40.1	70.7	80.1
	45 to 54	6.6*	46.3	25.7	32.3	72.1	78.6
	55 to 64	7.3*	45.8	23.4	30.7	69.2	76.5
	65 and over	14.8*	45.6	19.9	34.7	65.5	80.4
	TOTAL	11.8	40.3	29.7	41.4	70.0	81.8

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) Participants' activities are fully organised

(d) Participants' activities are fully non-organised

(e) Participants' activities are part organised and part non-organised

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 50: Northern Territory participants — total participation in any physical activity (organised and non-organised) by demographics, 2008 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
AGE GROUP (YEARS)						
15 to 24	14.8	90.4	12.9	83.7	27.7	87.1
25 to 34	14.5	85.9	14.6	82.8	29.1	84.3
35 to 44	12.9	78.7	13.2	81.4	26.1	80.1
45 to 54	11.0	77.6	11.0	79.7	22.0	78.6
55 to 64	7.1	69.6	7.4	84.6	14.5	76.5
65 and over	4.4	79.1	3.9	81.9	8.4	80.4
REGION						
Capital city	44.0	81.6	43.9	81.5	87.9	81.5
Rest of state	20.7	80.6	19.3	84.2	40.0	82.3
EMPLOYMENT STATUS						
Employed full time	47.5	83.9	34.9	83.0	82.4	83.6
Employed part time	8.3	80.5	14.3	86.1	22.5	84.0
Employed refused	0.5*	50.8*	0.2**	49.9**	0.7*	50.5*
Total employed	56.2	83.0	49.3	83.7	105.6	83.3
Unemployed	0.7*	63.7*	2.2	82.0	2.9	76.7
Not in the labour force	7.8	72.4	11.6	77.0	19.4	75.1
MARITAL STATUS						
Married	37.9	80.8	38.1	81.1	75.9	81.0
Not married	26.7	81.9	25.1	84.1	51.8	83.0
Refused/Do not know	0.1**	100.0**	0.0**	0.0**	0.1**	100.0**
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	21.4	82.6	24.3	78.6	45.6	80.4
At least one under 18 — none at home	2.3	86.0	0.2**	77.9**	2.5	85.1
No children under 18	41.1	80.4	38.6	84.8	79.7	82.5
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	14.2	95.4	18.8	87.7	33.0	90.8
Undergraduate diploma or associate diploma	4.2	82.7	6.0	92.2	10.2	88.1
Certificate, trade qualification or apprenticeship	15.8	78.4	8.6	88.0	24.5	81.5
Highest level of secondary school	13.1	83.7	14.2	83.9	27.3	83.8
Did not complete highest level of school	11.4	68.3	11.4	65.4	22.8	66.8
Still at secondary school	3.5	85.6	2.7	100.0	6.1	91.3
Other	2.2	84.5	1.4*	72.9*	3.6	79.6
Refused	0.3**	66.4**	0.1**	100.0**	0.4**	72.2**
LANGUAGE SPOKEN AT HOME						
English only	56.9	81.1	55.9	83.5	112.8	82.3
European language/s other than English	1.8*	93.7*	2.0*	74.4*	3.9	82.4
Non-European language/s	6.2	80.2	5.3	74.0	11.5	77.2
Total	64.7	81.3	63.1	82.3	127.9	81.8

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 51: All Northern Territory persons — participation in any physical activity by frequency, age and sex, 2008 (a)

Sex	Age group (years)	None	Up to once per week (b)	One or two times per week (c)	Three or four times per week (d)	Five or more times per week	Do not know	Total
		Number ('000)						
Males	15 to 24	1.6*	1.8*	4.5	2.5	5.9	0.0**	16.4
	25 to 34	2.4	2.5	5.4	2.9	3.7	0.0**	16.8
	35 to 44	3.5	2.4	4.0	3.0	3.4	0.0**	16.4
	45 to 54	3.2	2.5	2.5	2.8	3.3	0.0**	14.2
	55 to 64	3.1	0.7*	1.7*	1.8*	2.9	0.0**	10.2
	65 and over	1.2*	0.3**	0.7*	1.1*	2.3	0.0**	5.6
	TOTAL		14.9	10.2	18.9	14.1	21.6	0.0**
Females	15 to 24	2.5	1.5*	4.1	2.9	4.4	0.0**	15.4
	25 to 34	3.0	2.1	2.9	3.8	5.8	0.0**	17.7
	35 to 44	3.0	1.1*	2.9	3.4	5.8	0.0**	16.3
	45 to 54	2.8	0.7*	2.8	2.1	5.5	0.0**	13.8
	55 to 64	1.3*	0.7*	1.1*	1.9*	3.7	0.1**	8.7
	65 and over	0.9*	0.2**	0.7*	1.1*	2.0*	0.0**	4.8
	TOTAL		13.6	6.3	14.4	15.2	27.2	0.1**
Persons	15 to 24	4.1	3.3	8.6	5.4	10.3	0.0**	31.8
	25 to 34	5.4	4.6	8.3	6.7	9.5	0.0**	34.5
	35 to 44	6.5	3.5	6.9	6.4	9.3	0.0**	32.6
	45 to 54	6.0	3.2	5.3	4.8	8.7	0.0**	28.0
	55 to 64	4.5	1.4*	2.8	3.7	6.6	0.1**	19.0
	65 and over	2.0*	0.5*	1.4*	2.2	4.3	0.0**	10.4
	TOTAL		28.5	16.5	33.3	29.2	48.7	0.1**

Percentage of row (%)

Males	15 to 24	9.6*	11.1*	27.6	15.4	36.3	0.0**	100.0
	25 to 34	14.1	14.7	32.2	17.0	21.9	0.0**	100.0
	35 to 44	21.3	14.8	24.7	18.3	20.9	0.0**	100.0
	45 to 54	22.4	17.6	17.6	19.4	23.0	0.0**	100.0
	55 to 64	30.4	6.7*	16.7*	17.7*	28.6	0.0**	100.0
	65 and over	20.9*	5.4**	12.3*	19.9*	41.5	0.0**	100.0
	TOTAL		18.7	12.8	23.7	17.7	27.1	0.0**
Females	15 to 24	16.3	9.7*	26.6	18.9	28.6	0.0**	100.0
	25 to 34	17.2	12.0	16.3	21.6	32.9	0.0**	100.0
	35 to 44	18.6	6.8*	17.8	21.0	35.8	0.0**	100.0
	45 to 54	20.3	5.1*	20.2	15.0	39.4	0.0**	100.0
	55 to 64	15.4*	7.7*	12.2*	21.7*	42.1	1.0**	100.0
	65 and over	18.1*	5.0**	13.7*	22.1*	41.0*	0.0**	100.0
	TOTAL		17.7	8.3	18.8	19.8	35.4	0.1**
Persons	15 to 24	12.9	10.4	27.1	17.1	32.5	0.0**	100.0
	25 to 34	15.7	13.3	24.1	19.4	27.5	0.0**	100.0
	35 to 44	19.9	10.8	21.3	19.7	28.3	0.0**	100.0
	45 to 54	21.4	11.4	18.9	17.2	31.1	0.0**	100.0
	55 to 64	23.5	7.1*	14.6	19.5	34.8	0.5**	100.0
	65 and over	19.6*	5.2*	13.0*	20.9	41.3	0.0**	100.0
	TOTAL		18.2	10.6	21.3	18.7	31.2	0.1**

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 52: Northern Territory participants — participation in any physical activity by cumulative frequency, age and sex, 2008 (a)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	1.8*	13.0	10.7	8.5	14.8
	25 to 34	2.5	12.0	10.3	6.6	14.5
	35 to 44	2.4	10.5	7.8	6.4	12.9
	45 to 54	2.5	8.5	7.1	6.0	11.0
	55 to 64	0.7*	6.4	6.0	4.7	7.1
	65 and over	0.3**	4.1	3.6	3.4	4.4
	TOTAL	10.2	54.5	45.5	35.6	64.7
Females	15 to 24	1.5*	11.4	9.7	7.3	12.9
	25 to 34	2.1	12.5	11.1	9.6	14.6
	35 to 44	1.1*	12.1	10.9	9.2	13.2
	45 to 54	0.7*	10.3	8.9	7.5	11.0
	55 to 64	0.7*	6.6	5.8	5.6	7.4
	65 and over	0.2**	3.7	3.4	3.0	3.9
	TOTAL	6.3	56.7	49.8	42.3	63.1
Persons	15 to 24	3.3	24.4	20.4	15.8	27.7
	25 to 34	4.6	24.5	21.4	16.2	29.1
	35 to 44	3.5	22.6	18.7	15.7	26.1
	45 to 54	3.2	18.8	15.9	13.6	22.0
	55 to 64	1.4*	13.1	11.9	10.3	14.5
	65 and over	0.5*	7.8	7.1	6.5	8.4
	TOTAL	16.5	111.2	95.3	78.0	127.9

Total participation rate (%) (b)

Males	15 to 24	11.1*	79.2	65.4	51.6	90.4
	25 to 34	14.7	71.1	61.1	38.9	85.9
	35 to 44	14.8	63.9	47.3	39.2	78.7
	45 to 54	17.6	60.0	49.9	42.4	77.6
	55 to 64	6.7*	62.9	59.0	46.2	69.6
	65 and over	5.4**	73.7	64.8	61.3	79.1
	TOTAL	12.8	68.5	57.2	44.7	81.3
Females	15 to 24	9.7*	74.0	62.9	47.4	83.7
	25 to 34	12.0	70.8	62.6	54.5	82.8
	35 to 44	6.8*	74.7	67.2	56.9	81.4
	45 to 54	5.1*	74.6	64.0	54.4	79.7
	55 to 64	7.7*	75.9	66.9	63.7	84.6
	65 and over	5.0**	76.9	71.4	63.1	81.9
	TOTAL	8.3	73.9	64.9	55.2	82.3
Persons	15 to 24	10.4	76.7	64.2	49.6	87.1
	25 to 34	13.3	71.0	61.9	46.9	84.3
	35 to 44	10.8	69.3	57.2	48.0	80.1
	45 to 54	11.4	67.2	56.9	48.3	78.6
	55 to 64	7.1*	68.9	62.6	54.3	76.5
	65 and over	5.2*	75.1	67.9	62.2	80.4
	TOTAL	10.6	71.1	61.0	49.9	81.8

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 53: Northern Territory recent participants — recent participation in any physical activity by duration and age, 2008 (a)

		15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	Total
		Number ('000)						
Five hours or more	More than three sessions weekly	7.9	4.3	5.5	4.7	4.3	1.6*	28.2
	Two or three sessions weekly	0.8*	0.2**	0.5*	0.9*	0.3**	0.7*	3.4
	Less than two sessions weekly	0.0**	0.5*	0.3**	0.1**	0.0**	0.2**	1.1*
	<i>Total</i>	8.6	5.0	6.3	5.7	4.6	2.4	32.7
Two hours or more but less than five hours	More than three sessions weekly	2.7	6.0	3.9	5.5	3.0	2.5	23.7
	Two or three sessions weekly	3.4	2.8	3.2	1.7*	1.3*	0.6*	13.0
	Less than two sessions weekly	1.6*	1.2*	1.1*	1.3*	0.4**	0.4**	6.0
	<i>Total</i>	7.7	10.0	8.3	8.6	4.7	3.6	42.7
Less than two hours	More than three sessions weekly	0.6*	0.1**	0.7*	0.2**	0.4**	0.5*	2.5
	Two or three sessions weekly	2.1	1.8*	2.5	1.1*	1.6*	0.5*	9.5
	Less than two sessions weekly	3.3	5.3	4.3	4.1	1.3*	0.6*	19.0
	<i>Total</i>	6.0	7.2	7.6	5.4	3.2	1.7*	31.1
Total	More than three sessions weekly	11.2	10.4	10.1	10.4	7.7	4.6	54.5
	Two or three sessions weekly	6.2	4.8	6.3	3.7	3.1	1.8*	25.9
	Less than two sessions weekly	4.9	7.0	5.8	5.6	1.6*	1.2*	26.2
	Total	22.3	22.2	22.2	19.7	12.5	7.7	106.5
		Percentage of total (%)						
Five hours or more	More than three sessions weekly	7.4	4.0	5.1	4.4	4.1	1.5*	26.5
	Two or three sessions weekly	0.7*	0.2**	0.5*	0.9*	0.3**	0.6*	3.2
	Less than two sessions weekly	0.0**	0.5*	0.3**	0.1**	0.0**	0.1**	1.0*
	<i>Total</i>	8.1	4.7	5.9	5.4	4.3	2.3	30.7
Two hours or more but less than five hours	More than three sessions weekly	2.5	5.6	3.7	5.2	2.8	2.4	22.2
	Two or three sessions weekly	3.2	2.6	3.0	1.6*	1.2*	0.6*	12.2
	Less than two sessions weekly	1.5*	1.1*	1.1*	1.2*	0.3**	0.4**	5.7
	<i>Total</i>	7.2	9.4	7.8	8.0	4.4	3.3	40.1
Less than two hours	More than three sessions weekly	0.6*	0.1**	0.7*	0.2**	0.3**	0.4*	2.4
	Two or three sessions weekly	1.9	1.7*	2.4	1.0*	1.5*	0.5*	9.0
	Less than two sessions weekly	3.1	5.0	4.1	3.9	1.2*	0.6*	17.9
	<i>Total</i>	5.7	6.8	7.1	5.1	3.0	1.6*	29.2
Total	More than three sessions weekly	10.5	9.8	9.5	9.8	7.2	4.3	51.1
	Two or three sessions weekly	5.8	4.5	5.9	3.5	2.9	1.7*	24.3
	Less than two sessions weekly	4.6	6.5	5.4	5.2	1.5*	1.2*	24.5
	Total	21.0	20.8	20.8	18.5	11.7	7.2	100.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport in the two weeks prior to interview in 2008

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 54: Northern Territory regular participants — regular participation in any physical activity (organised and non-organised) by demographics, 2008 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Regular participation rate (b) (%)	Number (‘000)	Regular participation rate (%)	Number (‘000)	Regular participation rate (%)
AGE GROUP (YEARS)						
15 to 24	8.5	51.6	7.3	47.4	15.8	49.6
25 to 34	6.6	38.9	9.6	54.5	16.2	46.9
35 to 44	6.4	39.2	9.2	56.9	15.7	48.0
45 to 54	6.0	42.4	7.5	54.4	13.6	48.3
55 to 64	4.7	46.2	5.6	63.7	10.3	54.3
65 and over	3.4	61.3	3.0	63.1	6.5	62.2
REGION						
Capital city	24.4	45.2	29.4	54.6	53.8	49.9
Rest of state	11.3	43.8	12.9	56.4	24.2	49.7
EMPLOYMENT STATUS						
Employed full time	25.7	45.5	23.8	56.7	49.5	50.3
Employed part time	4.1	39.6	8.6	52.1	12.7	47.3
Employed refused	0.3**	35.2**	0.1**	24.2**	0.4**	31.5**
Total employed	30.1	44.4	32.6	55.2	62.7	49.4
Unemployed	0.3**	31.8**	1.5*	55.7*	1.9*	48.8*
Not in the labour force	5.2	48.0	8.3	54.9	13.4	52.1
MARITAL STATUS						
Married	19.4	41.3	26.3	55.9	45.6	48.6
Not married	16.1	49.4	16.1	53.9	32.2	51.6
Refused/Do not know	0.1**	100.0**	0.0**	0.0**	0.1**	100.0**
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	11.2	43.3	15.4	50.0	26.6	46.9
At least one under 18 — none at home	1.2*	45.8*	0.1**	47.1**	1.4*	46.0*
No children under 18	23.2	45.4	26.8	58.7	50.0	51.7
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	8.6	57.5	14.6	68.3	23.2	63.9
Undergraduate diploma or associate diploma	2.2	43.8	4.3	66.8	6.5	56.7
Certificate, trade qualification or apprenticeship	7.9	39.1	5.5	56.2	13.4	44.7
Highest level of secondary school	6.5	41.8	8.4	49.3	14.9	45.7
Did not complete highest level of school	6.5	38.8	6.9	39.6	13.4	39.2
Still at secondary school	2.2	55.4	1.4*	54.1*	3.7	54.9
Other	1.7*	63.0*	1.1*	55.9*	2.7	60.0
Refused	0.0**	0.0**	0.1**	100.0**	0.1**	17.1**
LANGUAGE SPOKEN AT HOME						
English only	30.7	43.7	37.3	55.7	67.9	49.6
European language/s other than English	1.3*	64.8*	1.1*	41.6*	2.4	51.2
Non-European language/s	3.9	50.7	4.1	56.1	8.0	53.3
Total	35.6	44.7	42.3	55.2	78.0	49.9

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the regular participation rate is the number of persons who participated in the activity at least three times per week on average expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 55: Northern Territory organised participants — participation in organised physical activity by frequency, age and sex, 2008 (a)

Sex	Age group (years)	None	Up to once	One or two	Three or four	Five or	Do not know	Total
			per week (b)	times per week (c)	times per week (d)	more times per week		
		Number ('000)						
Males	15 to 24	4.8	1.8*	5.0	2.3	2.4	0.0**	16.4
	25 to 34	9.7	2.3	3.5	1.3*	0.0**	0.0**	16.8
	35 to 44	9.4	3.0	2.4	1.2*	0.3**	0.0**	16.4
	45 to 54	9.1	2.3	1.5*	0.5*	0.8*	0.0**	14.2
	55 to 64	7.2	0.5*	1.5*	0.7*	0.3**	0.0**	10.2
	65 and over	4.0	0.5*	0.5*	0.3**	0.3**	0.0**	5.6
	TOTAL		44.2	10.6	14.4	6.3	4.2	0.0**
Females	15 to 24	6.8	2.6	2.5	2.5	1.1*	0.0**	15.4
	25 to 34	11.8	2.1	2.2	0.9*	0.6*	0.0**	17.7
	35 to 44	10.2	2.1	2.1	1.2*	0.7*	0.0**	16.3
	45 to 54	9.9	1.1*	1.2*	1.1*	0.6*	0.0**	13.8
	55 to 64	5.9	1.0*	1.0*	0.7*	0.2**	0.0**	8.7
	65 and over	2.8	0.2**	0.8*	0.8*	0.3**	0.0**	4.8
	TOTAL		47.4	9.0	9.8	7.1	3.5	0.0**
Persons	15 to 24	11.6	4.4	7.5	4.8	3.5	0.0**	31.8
	25 to 34	21.5	4.4	5.8	2.2	0.6*	0.0**	34.5
	35 to 44	19.6	5.1	4.6	2.4	1.1*	0.0**	32.6
	45 to 54	19.0	3.4	2.7	1.6*	1.4*	0.0**	28.0
	55 to 64	13.2	1.5*	2.5	1.4*	0.5*	0.0**	19.0
	65 and over	6.8	0.7*	1.2*	1.1*	0.6*	0.0**	10.4
	TOTAL		91.6	19.5	24.2	13.4	7.6	0.0**

Percentage of row (%)

Males	15 to 24	29.3	11.2*	30.6	14.1	14.7	0.0**	100.0
	25 to 34	57.4	13.9	21.0	7.7*	0.0**	0.0**	100.0
	35 to 44	57.4	18.4	14.9	7.3*	1.9**	0.0**	100.0
	45 to 54	64.3	16.3	10.2*	3.3*	6.0*	0.0**	100.0
	55 to 64	70.6	5.2*	14.8*	6.7*	2.6**	0.0**	100.0
	65 and over	70.7	9.4*	8.3*	6.0**	5.6**	0.0**	100.0
	TOTAL		55.5	13.3	18.1	7.9	5.2	0.0**
Females	15 to 24	44.1	16.7	16.2	16.2	6.8*	0.0**	100.0
	25 to 34	66.9	11.6	12.7	5.2*	3.5*	0.0**	100.0
	35 to 44	62.5	12.9	13.0	7.1*	4.5*	0.0**	100.0
	45 to 54	71.2	7.7*	8.7*	8.1*	4.3*	0.0**	100.0
	55 to 64	67.8	11.2*	11.2*	7.6*	2.2**	0.0**	100.0
	65 and over	58.9	4.0**	15.6*	16.1*	5.4**	0.0**	100.0
	TOTAL		61.8	11.7	12.7	9.3	4.5	0.0**
Persons	15 to 24	36.5	13.9	23.6	15.1	10.9	0.0**	100.0
	25 to 34	62.3	12.7	16.8	6.4	1.8*	0.0**	100.0
	35 to 44	59.9	15.7	14.0	7.2	3.2*	0.0**	100.0
	45 to 54	67.7	12.0	9.5	5.7*	5.1*	0.0**	100.0
	55 to 64	69.3	8.0*	13.2	7.1*	2.4*	0.0**	100.0
	65 and over	65.3	6.9*	11.7*	10.6*	5.5*	0.0**	100.0
	TOTAL		58.6	12.5	15.5	8.6	4.9	0.0**

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 56: Northern Territory organised participants — participation in organised physical activity by cumulative frequency, age and sex, 2008 (a)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	1.8*	9.7	7.2	4.7	11.6
	25 to 34	2.3	4.8	3.0	1.3*	7.2
	35 to 44	3.0	4.0	2.3	1.5*	7.0
	45 to 54	2.3	2.8	2.6	1.3*	5.1
	55 to 64	0.5*	2.5	1.5*	1.0*	3.0
	65 and over	0.5*	1.1*	0.9*	0.6*	1.6*
	TOTAL		10.6	24.9	17.5	10.4
Females	15 to 24	2.6	6.0	4.5	3.6	8.6
	25 to 34	2.1	3.8	2.9	1.5*	5.8
	35 to 44	2.1	4.0	2.7	1.9*	6.1
	45 to 54	1.1*	2.9	1.7*	1.7*	4.0
	55 to 64	1.0*	1.8*	1.5*	0.9*	2.8
	65 and over	0.2**	1.8*	1.4*	1.0*	2.0*
	TOTAL		9.0	20.4	14.7	10.6
Persons	15 to 24	4.4	15.8	11.7	8.3	20.2
	25 to 34	4.4	8.6	5.9	2.8	13.0
	35 to 44	5.1	8.0	5.0	3.4	13.1
	45 to 54	3.4	5.7	4.3	3.0	9.1
	55 to 64	1.5*	4.3	3.0	1.8*	5.8
	65 and over	0.7*	2.9	2.2	1.7*	3.6
	TOTAL		19.5	45.3	32.2	21.0
Total participation rate (%) (b)						
Males	15 to 24	11.2*	59.5	44.2	28.8	70.7
	25 to 34	13.9	28.7	17.9	7.7*	42.6
	35 to 44	18.4	24.2	13.9	9.3*	42.6
	45 to 54	16.3	19.5	18.5	9.2*	35.7
	55 to 64	5.2*	24.2	14.9*	9.3*	29.4
	65 and over	9.4*	19.9*	15.5*	11.6*	29.3*
	TOTAL	13.3	31.3	22.0	13.1	44.5
Females	15 to 24	16.7	39.2	29.2	23.0	55.9
	25 to 34	11.6	21.4	16.2	8.7*	33.1
	35 to 44	12.9	24.6	16.8	11.6*	37.5
	45 to 54	7.7*	21.1	12.4*	12.4*	28.8
	55 to 64	11.2*	21.0*	16.8*	9.8*	32.2
	65 and over	4.0**	37.1*	28.8*	21.5*	41.1*
	TOTAL	11.7	26.6	19.1	13.8	38.2
Persons	15 to 24	13.9	49.6	37.0	26.0	63.5
	25 to 34	12.7	25.0	17.0	8.2	37.7
	35 to 44	15.7	24.4	15.3	10.5	40.1
	45 to 54	12.0	20.3	15.5	10.8	32.3
	55 to 64	8.0*	22.7	15.8	9.6*	30.7
	65 and over	6.9*	27.8	21.6	16.2*	34.7
	TOTAL	12.5	28.9	20.6	13.5	41.4

(a) Relates to persons aged 15 years and over who participated in organised physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 57: Northern Territory organised participants — total participation in organised activities by type of organisation, age and sex, 2008 (a)

Sex	Age group (years)	Fitness, leisure or indoor sports centre	Sport or recreation club or association (c)	Work	School	Other	Total organised participation
		Number ('000)					
Males	15 to 24	3.5	8.9	0.6*	1.9*	1.8*	11.6
	25 to 34	1.2*	6.0	0.8*	0.0**	0.7*	7.2
	35 to 44	1.8*	5.6	0.5*	0.0**	0.7*	7.0
	45 to 54	1.2*	3.4	0.2**	0.0**	1.4*	5.1
	55 to 64	0.7*	2.4	0.0**	0.0**	0.2**	3.0
	65 and over	0.0**	1.4*	0.0**	0.1**	0.2**	1.6*
	TOTAL		8.4	27.7	2.0*	2.0*	5.1
Females	15 to 24	2.9	6.6	0.2**	1.8*	1.7*	8.6
	25 to 34	3.1	2.5	1.2*	0.4**	1.1*	5.8
	35 to 44	3.1	2.9	0.3**	0.3**	1.0*	6.1
	45 to 54	2.1	2.0*	0.2**	0.0**	0.6*	4.0
	55 to 64	1.7*	0.9*	0.2**	0.0**	0.4**	2.8
	65 and over	0.5*	1.1*	0.0**	0.0**	0.8*	2.0*
	TOTAL		13.4	16.0	2.0*	2.4	5.5
Persons	15 to 24	6.4	15.5	0.8*	3.6	3.6	20.2
	25 to 34	4.3	8.5	2.0*	0.4**	1.8*	13.0
	35 to 44	5.0	8.5	0.8*	0.3**	1.7*	13.1
	45 to 54	3.3	5.3	0.4**	0.0**	2.1	9.1
	55 to 64	2.4	3.4	0.2**	0.0**	0.5*	5.8
	65 and over	0.5*	2.5	0.0**	0.1**	1.0*	3.6
	TOTAL		21.8	43.7	4.1	4.4	10.6

Total participation rate (%) (b)

Males	15 to 24	21.5*	54.3	3.8*	11.3*	11.2*	70.7
	25 to 34	6.9*	35.5	4.6*	0.0**	4.2*	42.6
	35 to 44	11.3*	34.2	2.9*	0.0**	4.5*	42.6
	45 to 54	8.2*	23.7	1.1**	0.0**	10.1*	35.7
	55 to 64	7.0*	23.5	0.0**	0.0**	1.5**	29.4
	65 and over	0.0**	25.8*	0.0**	1.9**	4.1**	29.3*
	TOTAL		10.6	34.8	2.5*	2.5*	6.4
Females	15 to 24	18.9	42.7	1.2**	11.5*	11.2*	55.9
	25 to 34	17.7	14.2	6.7*	2.1**	6.0*	33.1
	35 to 44	19.4	17.9	1.8**	1.5**	6.1*	37.5
	45 to 54	15.1	14.1*	1.4**	0.0**	4.5*	28.8
	55 to 64	18.9*	10.9*	2.1**	0.0**	4.5**	32.2
	65 and over	10.4*	23.0*	0.0**	0.0**	15.6*	41.1*
	TOTAL		17.5	20.9	2.7*	3.1	7.2
Persons	15 to 24	20.3	48.6	2.5*	11.4	11.2	63.5
	25 to 34	12.4	24.6	5.7*	1.1**	5.1*	37.7
	35 to 44	15.3	26.1	2.4*	0.8**	5.3*	40.1
	45 to 54	11.6	19.0	1.3**	0.0**	7.3	32.3
	55 to 64	12.5	17.7	1.0**	0.0**	2.9*	30.7
	65 and over	4.8*	24.5	0.0**	1.0**	9.4*	34.7
	TOTAL		14.0	27.9	2.6	2.8	6.8

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) All aerobics/fitness participants describing their activity as organised by a sport or recreation club or association have been recoded to fitness, leisure or indoor sports centre

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 58: Northern Territory participants — total participation in specific activities (organised and non-organised) by sex, 2008 (a)

Activity	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
Aerobics/fitness	10.4	13.0	21.1	27.5	31.5	20.1
Aquarobics	0.1**	0.2**	2.3	2.9	2.4	1.5
Athletics/track and field	0.2**	0.2**	0.6*	0.7*	0.8*	0.5*
Australian rules football	4.9	6.1	0.5*	0.7*	5.4	3.5
Badminton	0.4**	0.5**	0.5*	0.7*	0.9*	0.6*
Baseball	1.2*	1.5*	0.0**	0.0**	1.2*	0.8*
Basketball	4.1	5.2	2.9	3.7	7.0	4.5
Billiards/snooker/pool	0.4**	0.5**	0.1**	0.1**	0.5*	0.3*
Boxing	1.1*	1.4*	0.1**	0.1**	1.2*	0.8*
Canoeing/kayaking	0.8*	1.0*	1.0*	1.3*	1.8*	1.1*
Cricket (indoor)	1.9*	2.4*	0.1**	0.1**	2.0*	1.3*
Cricket (outdoor)	5.0	6.2	0.5*	0.7*	5.5	3.5
Cycling	13.5	16.9	10.3	13.5	23.8	15.2
Dancing	0.3**	0.3**	2.9	3.7	3.1	2.0
Darts	0.3**	0.4**	0.0**	0.0**	0.3**	0.2**
Fishing	5.3	6.7	0.6*	0.8*	5.9	3.8
Football (indoor)	2.7	3.4	0.9*	1.1*	3.6	2.3
Football (outdoor)	5.6	7.0	3.8	5.0	9.4	6.0
Golf	6.4	8.1	1.6*	2.1*	8.0	5.1
Gymnastics	0.6*	0.8*	0.1**	0.1**	0.7*	0.5*
Hockey (indoor)	1.2*	1.6*	0.4**	0.6**	1.7*	1.1*
Hockey (outdoor)	2.1	2.7	1.0*	1.3*	3.1	2.0
Horse riding/equestrian activities/polocrosse	0.6*	0.8*	1.6*	2.1*	2.2	1.4
Ice/snow sports	0.4**	0.6**	0.2**	0.3**	0.7*	0.4*
Lawn bowls	1.0*	1.2*	0.9*	1.2*	1.9*	1.2*
Martial arts	2.0*	2.5*	0.7*	0.9*	2.7	1.7
Motor sports	4.5	5.6	0.3**	0.4**	4.8	3.0
Netball	0.4**	0.5**	4.9	6.3	5.3	3.4
Orienteering	0.3**	0.4**	0.4**	0.6**	0.8*	0.5*
Rock climbing	1.6*	2.0*	0.8*	1.0*	2.4	1.5
Roller sports	0.2**	0.2**	0.1**	0.2**	0.3**	0.2**
Rowing	0.2**	0.2**	0.3**	0.3**	0.4**	0.3**
Rugby league	2.7	3.3	0.0**	0.0**	2.7	1.7
Rugby union	2.6	3.3	0.2**	0.2**	2.8	1.8
Running	10.8	13.5	6.0	7.8	16.7	10.7
Sailing	0.6*	0.7*	0.5*	0.6*	1.0*	0.7*
Scuba diving	0.0**	0.0**	0.3**	0.4**	0.3**	0.2**
Shooting sports	1.8*	2.3*	0.2**	0.3**	2.1	1.3
Softball	0.3**	0.4**	0.6*	0.8*	0.9*	0.6*
Squash/racquetball	1.1*	1.4*	0.8*	1.0*	1.9*	1.2*
Surf sports	0.5*	0.7*	0.2**	0.3**	0.7*	0.5*
Swimming	10.5	13.1	14.5	18.9	25.0	16.0
Table tennis	0.5*	0.6*	0.4**	0.5**	0.9*	0.5*
Tennis	2.8	3.5	2.5	3.3	5.3	3.4
Tenpin bowling	0.4**	0.5**	0.9*	1.2*	1.3*	0.8*
Touch football	4.7	5.8	2.0*	2.6*	6.6	4.2
Triathlon	0.1**	0.2**	0.5*	0.7*	0.6*	0.4*
Volleyball	4.3	5.4	3.1	4.0	7.3	4.7
Walking (bush)	5.2	6.5	7.3	9.5	12.5	8.0
Walking (other)	18.2	22.8	34.2	44.5	52.3	33.5
Water polo	0.2**	0.3**	0.0**	0.0**	0.2**	0.1**
Waterskiing/powerboating	0.2**	0.2**	0.2**	0.3**	0.4**	0.3**
Weight training	4.0	5.0	2.5	3.3	6.5	4.2
Yoga	0.7*	0.9*	4.4	5.8	5.1	3.3

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 59: Northern Territory participants — total participation in specific activities by type of activity, 2008 (a)

Activity	Number ('000)			Total participation rate (%) (b)		
	Organised	Non-organised	Total	Organised	Non-organised	Total
Aerobics/fitness	10.2	23.3	31.5	6.5	14.9	20.1
Aquarobics	1.7*	1.0*	2.4	1.1*	0.6*	1.5
Athletics/track and field	0.8*	0.2**	0.8*	0.5*	0.2**	0.5*
Australian rules football	4.7	1.6*	5.4	3.0	1.0*	3.5
Badminton	0.8*	0.1**	0.9*	0.5*	0.1**	0.6*
Baseball	1.0*	0.2**	1.2*	0.6*	0.1**	0.8*
Basketball	4.4	3.3	7.0	2.8	2.1	4.5
Billiards/snooker/pool	0.4**	0.2**	0.5*	0.2**	0.1**	0.3*
Boxing	0.3**	0.9*	1.2*	0.2**	0.6*	0.8*
Canoeing/kayaking	0.9*	0.9*	1.8*	0.6*	0.5*	1.1*
Cricket (indoor)	1.4*	0.7*	2.0*	0.9*	0.5*	1.3*
Cricket (outdoor)	3.7	2.1	5.5	2.3	1.3	3.5
Cycling	1.9*	22.9	23.8	1.2*	14.6	15.2
Dancing	2.0*	1.5*	3.1	1.3*	1.0*	2.0
Darts	0.1**	0.3**	0.3**	0.1**	0.2**	0.2**
Fishing	0.8*	5.6	5.9	0.5*	3.6	3.8
Football (indoor)	1.9*	1.9*	3.6	1.2*	1.2*	2.3
Football (outdoor)	7.2	2.7	9.4	4.6	1.7	6.0
Golf	4.9	4.3	8.0	3.1	2.8	5.1
Gymnastics	0.2**	0.5*	0.7*	0.1**	0.3*	0.5*
Hockey (indoor)	1.7*	0.0**	1.7*	1.1*	0.0**	1.1*
Hockey (outdoor)	3.1	0.0**	3.1	2.0	0.0**	2.0
Horse riding/equestrian activities/polocrosse	0.7*	1.9*	2.2	0.4*	1.2*	1.4
Ice/snow sports	0.2**	0.4**	0.7*	0.1**	0.3**	0.4*
Lawn bowls	1.6*	0.2**	1.9*	1.0*	0.2**	1.2*
Martial arts	2.0*	0.9*	2.7	1.3*	0.5*	1.7
Motor sports	2.6	2.3	4.8	1.6	1.5	3.0
Netball	4.0	1.5*	5.3	2.5	1.0*	3.4
Orienteering	0.4**	0.5*	0.8*	0.3**	0.3*	0.5*
Rock climbing	1.1*	1.6*	2.4	0.7*	1.0*	1.5
Roller sports	0.0**	0.3**	0.3**	0.0**	0.2**	0.2**
Rowing	0.2**	0.3**	0.4**	0.2**	0.2**	0.3**
Rugby league	2.1	0.8*	2.7	1.3	0.5*	1.7
Rugby union	2.2	0.6*	2.8	1.4	0.4*	1.8
Running	2.8	15.6	16.7	1.8	10.0	10.7
Sailing	0.7*	0.7*	1.0*	0.4*	0.4*	0.7*
Scuba diving	0.1**	0.2**	0.3**	0.1**	0.1**	0.2**
Shooting sports	1.7*	0.8*	2.1	1.1*	0.5*	1.3
Softball	0.9*	0.1**	0.9*	0.5*	0.0**	0.6*
Squash/racquetball	0.9*	1.0*	1.9*	0.6*	0.6*	1.2*
Surf sports	0.2**	0.6*	0.7*	0.1**	0.4*	0.5*
Swimming	2.0*	24.2	25.0	1.3*	15.5	16.0
Table tennis	0.7*	0.2**	0.9*	0.4*	0.1**	0.5*
Tennis	1.2*	4.1	5.3	0.8*	2.6	3.4
Tenpin bowling	0.8*	0.6*	1.3*	0.5*	0.4*	0.8*
Touch football	5.4	1.4*	6.6	3.5	0.9*	4.2
Triathlon	0.6*	0.2**	0.6*	0.4*	0.1**	0.4*
Volleyball	5.8	1.5*	7.3	3.7	1.0*	4.7
Walking (bush)	1.3*	11.4	12.5	0.8*	7.3	8.0
Walking (other)	1.4*	52.0	52.3	0.9*	33.3	33.5
Water polo	0.0**	0.2**	0.2**	0.0**	0.1**	0.1**
Waterskiing/powerboating	0.0**	0.4**	0.4**	0.0**	0.3**	0.3**
Weight training	1.4*	5.5	6.5	0.9*	3.5	4.2
Yoga	2.4	3.7	5.1	1.6	2.3	3.3

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

10.3.4 Queensland

Table 60: Queensland participants — total participation in physical activity by type of participation, age and sex, 2008 (a)

		Organised only (c) (A)	Non-organised only (d) (B)	Both organised and non-organised (e) (C)	Total organised (A + C)	Total non-organised (B + C)	Total participation (A + B + C)
Sex	Age group (years)	Number ('000)					
Males	15 to 24	67.2	76.2	127.3	194.5	203.6	270.8
	25 to 34	12.9*	102.2	125.8	138.8	228.1	241.0
	35 to 44	31.0*	130.9	84.2	115.2	215.1	246.1
	45 to 54	20.7*	122.4	78.4	99.1	200.9	221.5
	55 to 64	20.1*	125.9	36.0	56.1	161.9	182.0
	65 and over	28.0*	104.4	43.7	71.8	148.1	176.2
	TOTAL	179.9	662.0	495.6	675.5	1,157.6	1,337.5
	Females	15 to 24	47.7	103.0	111.7	159.4	214.7
25 to 34		33.4	135.8	91.5	125.0	227.3	260.7
35 to 44		31.6	154.3	86.5	118.1	240.8	272.5
45 to 54		16.7*	170.1	54.5	71.3	224.6	241.3
55 to 64		6.8**	120.4	62.0	68.8	182.4	189.3
65 and over		20.1*	122.0	39.3	59.3	161.2	181.3
TOTAL		156.4	805.6	445.5	602.0	1,251.1	1,407.6
Persons		15 to 24	114.9	179.2	239.1	353.9	418.3
	25 to 34	46.4	238.0	217.4	263.7	455.4	501.7
	35 to 44	62.6	285.2	170.7	233.4	455.9	518.5
	45 to 54	37.4	292.5	132.9	170.4	425.5	462.9
	55 to 64	27.0*	246.3	98.0	125.0	344.3	371.3
	65 and over	48.1	226.4	83.0	131.1	309.4	357.5
	TOTAL	336.4	1,467.6	941.1	1,277.5	2,408.7	2,745.1
	Total participation rate (%) (b)						
Males	15 to 24	23.0	26.1	43.5	66.5	69.6	92.5
	25 to 34	4.6*	36.2	44.6	49.1	80.8	85.4
	35 to 44	10.5*	44.3	28.5	39.0	72.8	83.3
	45 to 54	7.4*	43.9	28.1	35.5	72.0	79.4
	55 to 64	8.5*	53.2	15.2	23.7	68.4	76.9
	65 and over	12.1*	45.2	18.9	31.1	64.2	76.3
	TOTAL	11.1	40.9	30.7	41.8	71.6	82.7
	Females	15 to 24	16.7	36.0	39.0	55.7	75.0
25 to 34		11.7	47.3	31.9	43.6	79.3	90.9
35 to 44		10.2	49.9	28.0	38.2	77.9	88.1
45 to 54		5.7*	58.2	18.7	24.4	76.9	82.6
55 to 64		2.9**	51.0	26.3	29.2	77.2	80.1
65 and over		7.9*	48.0	15.4	23.3	63.4	71.3
TOTAL		9.4	48.4	26.8	36.2	75.1	84.5
Persons		15 to 24	19.8	31.0	41.3	61.1	72.2
	25 to 34	8.1	41.8	38.2	46.3	80.0	88.2
	35 to 44	10.4	47.2	28.2	38.6	75.4	85.8
	45 to 54	6.6	51.2	23.3	29.8	74.5	81.1
	55 to 64	5.7*	52.1	20.7	26.4	72.8	78.5
	65 and over	9.9	46.7	17.1	27.0	63.8	73.7
	TOTAL	10.2	44.7	28.7	38.9	73.4	83.6

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) Participants' activities are fully organised

(d) Participants' activities are fully non-organised

(e) Participants' activities are part organised and part non-organised

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 61: Queensland participants — total participation in any physical activity (organised and non-organised) by demographics, 2008 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
AGE GROUP (YEARS)						
15 to 24	270.8	92.5	262.4	91.6	533.2	92.1
25 to 34	241.0	85.4	260.7	90.9	501.7	88.2
35 to 44	246.1	83.3	272.5	88.1	518.5	85.8
45 to 54	221.5	79.4	241.3	82.6	462.9	81.1
55 to 64	182.0	76.9	189.3	80.1	371.3	78.5
65 and over	176.2	76.3	181.3	71.3	357.5	73.7
REGION						
Capital city	615.0	85.8	656.3	87.8	1,271.3	86.8
Rest of state	722.6	80.3	751.3	81.9	1,473.8	81.1
EMPLOYMENT STATUS						
Employed full time	854.4	84.0	491.9	90.4	1,346.3	86.3
Employed part time	150.0	84.9	410.3	85.4	560.2	85.3
Employed refused	13.8*	87.3*	8.4*	83.4*	22.1*	85.8*
Total employed	1,018.1	84.2	910.6	88.0	1,928.7	86.0
Unemployed	63.1	96.7	53.0	84.8	116.2	90.9
Not in the labour force	256.3	74.9	444.0	78.2	700.2	76.9
MARITAL STATUS						
Married	786.8	82.8	807.9	86.7	1,594.7	84.7
Not married	540.7	82.8	596.8	81.9	1,137.5	82.4
Refused/Do not know	10.0*	74.4*	2.8**	63.1**	12.9*	71.6*
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	391.5	82.9	461.9	85.4	853.4	84.2
At least one under 18 — none at home	48.8	70.7	5.2**	56.7**	54.0	69.0
No children under 18	897.2	83.6	940.5	84.3	1,837.7	84.0
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	287.5	92.6	341.1	92.6	628.6	92.6
Undergraduate diploma or associate diploma	98.0	95.8	117.4	90.7	215.4	92.9
Certificate, trade qualification or apprenticeship	223.1	84.3	169.3	85.9	392.4	85.0
Highest level of secondary school	305.4	81.2	283.0	82.6	588.3	81.8
Did not complete highest level of school	317.4	73.9	389.0	76.8	706.3	75.5
Never went to school	1.8**	34.3**	0.0**	0.0**	1.8**	34.3**
Still at secondary school	79.0	94.9	72.2	90.5	151.2	92.8
Other	21.7*	56.4*	30.7*	84.5*	52.4	70.1
Refused	3.7**	51.8**	4.9**	100.0**	8.6*	71.4*
LANGUAGE SPOKEN AT HOME						
English only	1,232.0	82.7	1,311.9	84.0	2,543.9	83.4
European language/s other than English	30.2*	70.3*	26.6*	95.1*	56.8	80.1
Non-European language/s	75.3	86.9	70.2	90.9	145.6	88.8
Total	1,337.5	82.7	1,407.6	84.5	2,745.1	83.6

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 62: All Queensland persons — participation in any physical activity by frequency, age and sex, 2008 (a)

Sex	Age group (years)	None	Up to once per week (b)	One or two times per week (c)	Three or four times per week (d)	Five or more times per week	Do not know	Total
		Number ('000)						
Males	15 to 24	21.9*	36.4	66.8	80.0	87.6	0.0**	292.6
	25 to 34	41.3	57.2	62.4	32.4	89.0	0.0**	282.3
	35 to 44	49.4	42.6	95.6	52.9	54.9	0.0**	295.5
	45 to 54	57.3	47.2	61.6	41.2	71.6	0.0**	278.9
	55 to 64	54.7	32.5	44.2	24.1*	81.2	0.0**	236.7
	65 and over	54.6	21.7*	45.2	29.7*	79.6	0.0**	230.8
	TOTAL	279.3	237.6	375.8	260.3	463.9	0.0**	1,616.8
Females	15 to 24	24.0*	24.3*	84.8	64.1	89.2	0.0**	286.4
	25 to 34	26.0*	33.8	76.6	85.3	65.0	0.0**	286.7
	35 to 44	36.7	32.3	79.9	77.1	83.1	0.0**	309.1
	45 to 54	50.7	29.5*	60.2	48.1	100.5	3.1**	292.1
	55 to 64	46.9	22.0*	27.3*	39.8	98.8	1.4**	236.2
	65 and over	73.1	24.1*	40.0	38.7	78.5	0.0**	254.4
	TOTAL	257.4	166.1	368.9	353.2	514.9	4.5**	1,664.9
Persons	15 to 24	45.9	60.7	151.6	144.1	176.8	0.0**	579.1
	25 to 34	67.3	91.0	139.0	117.7	154.0	0.0**	569.1
	35 to 44	86.1	74.9	175.5	130.0	138.0	0.0**	604.7
	45 to 54	108.0	76.7	121.8	89.3	172.0	3.1**	570.9
	55 to 64	101.6	54.5	71.6	63.9	180.0	1.4**	472.9
	65 and over	127.7	45.8	85.2	68.4	158.1	0.0**	485.2
	TOTAL	536.6	403.6	744.7	613.5	978.9	4.5**	3,281.7
Percentage of row (%)								
Males	15 to 24	7.5*	12.4	22.8	27.3	29.9	0.0**	100.0
	25 to 34	14.6	20.3	22.1	11.5	31.5	0.0**	100.0
	35 to 44	16.7	14.4	32.4	17.9	18.6	0.0**	100.0
	45 to 54	20.6	16.9	22.1	14.8	25.7	0.0**	100.0
	55 to 64	23.1	13.7	18.7	10.2*	34.3	0.0**	100.0
	65 and over	23.7	9.4*	19.6	12.9*	34.5	0.0**	100.0
	TOTAL	17.3	14.7	23.2	16.1	28.7	0.0**	100.0
Females	15 to 24	8.4*	8.5*	29.6	22.4	31.1	0.0**	100.0
	25 to 34	9.1*	11.8	26.7	29.7	22.7	0.0**	100.0
	35 to 44	11.9	10.5	25.9	25.0	26.9	0.0**	100.0
	45 to 54	17.4	10.1*	20.6	16.5	34.4	1.1**	100.0
	55 to 64	19.9	9.3*	11.6*	16.9	41.8	0.6**	100.0
	65 and over	28.7	9.5*	15.7	15.2	30.8	0.0**	100.0
	TOTAL	15.5	10.0	22.2	21.2	30.9	0.3**	100.0
Persons	15 to 24	7.9	10.5	26.2	24.9	30.5	0.0**	100.0
	25 to 34	11.8	16.0	24.4	20.7	27.1	0.0**	100.0
	35 to 44	14.2	12.4	29.0	21.5	22.8	0.0**	100.0
	45 to 54	18.9	13.4	21.3	15.6	30.1	0.5**	100.0
	55 to 64	21.5	11.5	15.1	13.5	38.1	0.3**	100.0
	65 and over	26.3	9.4	17.6	14.1	32.6	0.0**	100.0
	TOTAL	16.4	12.3	22.7	18.7	29.8	0.1**	100.0

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 63: Queensland participants — participation in any physical activity by cumulative frequency, age and sex, 2008 (a)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	36.4	234.4	202.3	167.6	270.8
	25 to 34	57.2	183.8	144.2	121.4	241.0
	35 to 44	42.6	203.5	163.8	107.8	246.1
	45 to 54	47.2	174.3	148.6	112.8	221.5
	55 to 64	32.5	149.5	130.9	105.3	182.0
	65 and over	21.7*	154.5	130.6	109.3	176.2
	TOTAL	237.6	1,100.0	920.4	724.2	1,337.5
Females	15 to 24	24.3*	238.1	203.7	153.3	262.4
	25 to 34	33.8	226.9	202.2	150.3	260.7
	35 to 44	32.3	240.1	200.2	160.2	272.5
	45 to 54	29.5*	208.8	180.3	148.6	241.3
	55 to 64	22.0*	165.9	151.1	138.6	189.3
	65 and over	24.1*	157.2	135.8	117.2	181.3
	TOTAL	166.1	1,237.0	1,073.4	868.1	1,407.6
Persons	15 to 24	60.7	472.5	406.0	320.9	533.2
	25 to 34	91.0	410.7	346.4	271.7	501.7
	35 to 44	74.9	443.6	364.0	268.1	518.5
	45 to 54	76.7	383.1	329.0	261.4	462.9
	55 to 64	54.5	315.4	282.1	243.8	371.3
	65 and over	45.8	311.7	266.4	226.5	357.5
	TOTAL	403.6	2,337.0	1,993.8	1,592.3	2,745.1
Total participation rate (%) (b)						
Males	15 to 24	12.4	80.1	69.1	57.3	92.5
	25 to 34	20.3	65.1	51.1	43.0	85.4
	35 to 44	14.4	68.8	55.4	36.5	83.3
	45 to 54	16.9	62.5	53.3	40.4	79.4
	55 to 64	13.7	63.2	55.3	44.5	76.9
	65 and over	9.4*	66.9	56.6	47.4	76.3
	TOTAL	14.7	68.0	56.9	44.8	82.7
Females	15 to 24	8.5*	83.1	71.1	53.5	91.6
	25 to 34	11.8	79.1	70.5	52.4	90.9
	35 to 44	10.5	77.7	64.8	51.8	88.1
	45 to 54	10.1*	71.5	61.7	50.9	82.6
	55 to 64	9.3*	70.2	64.0	58.7	80.1
	65 and over	9.5*	61.8	53.4	46.1	71.3
	TOTAL	10.0	74.3	64.5	52.1	84.5
Persons	15 to 24	10.5	81.6	70.1	55.4	92.1
	25 to 34	16.0	72.2	60.9	47.7	88.2
	35 to 44	12.4	73.4	60.2	44.3	85.8
	45 to 54	13.4	67.1	57.6	45.8	81.1
	55 to 64	11.5	66.7	59.7	51.6	78.5
	65 and over	9.4	64.2	54.9	46.7	73.7
	TOTAL	12.3	71.2	60.8	48.5	83.6

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 64: Queensland recent participants — recent participation in any physical activity by duration and age, 2008 (a)

		15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	Total
		Number ('000)						
Five hours or more	More than three sessions weekly	134.2	85.7	86.6	87.6	102.6	93.0	589.7
	Two or three sessions weekly	24.1*	16.9*	13.9*	3.8**	13.0*	10.9*	82.6
	Less than two sessions weekly	2.2**	3.0**	3.6**	5.2**	0.0**	3.4**	17.3*
	<i>Total</i>	160.5	105.6	104.1	96.6	115.7	107.2	689.7
Two hours or more but less than five hours	More than three sessions weekly	73.1	67.2	88.0	94.8	72.4	68.9	464.4
	Two or three sessions weekly	73.4	82.6	79.4	49.0	27.0*	25.0*	336.3
	Less than two sessions weekly	42.7	16.9*	18.2*	31.3*	11.9*	17.1*	138.1
	<i>Total</i>	189.2	166.7	185.6	175.1	111.3	110.9	938.9
Less than two hours	More than three sessions weekly	4.5**	7.9**	10.5*	11.9*	8.0**	14.9*	57.7
	Two or three sessions weekly	33.7	42.3	51.6	29.9*	32.5	30.7*	220.7
	Less than two sessions weekly	82.1	59.6	90.1	76.4	46.9	30.8*	385.9
	<i>Total</i>	120.3	109.8	152.2	118.2	87.5	76.4	664.4
Total	More than three sessions weekly	211.8	160.9	185.0	194.3	183.1	176.8	1,111.9
	Two or three sessions weekly	131.1	141.8	144.9	82.7	72.6	66.5	639.6
	Less than two sessions weekly	127.0	79.5	111.9	112.9	58.8	51.2	541.4
	Total	470.0	382.2	441.8	389.9	314.4	294.5	2,292.9
		Percentage of total (%)						
Five hours or more	More than three sessions weekly	5.9	3.7	3.8	3.8	4.5	4.1	25.7
	Two or three sessions weekly	1.1*	0.7*	0.6*	0.2**	0.6*	0.5*	3.6
	Less than two sessions weekly	0.1**	0.1**	0.2**	0.2**	0.0**	0.1**	0.8*
	<i>Total</i>	7.0	4.6	4.5	4.2	5.0	4.7	30.1
Two hours or more but less than five hours	More than three sessions weekly	3.2	2.9	3.8	4.1	3.2	3.0	20.3
	Two or three sessions weekly	3.2	3.6	3.5	2.1	1.2*	1.1*	14.7
	Less than two sessions weekly	1.9	0.7*	0.8*	1.4*	0.5*	0.7*	6.0
	<i>Total</i>	8.3	7.3	8.1	7.6	4.9	4.8	40.9
Less than two hours	More than three sessions weekly	0.2**	0.3**	0.5*	0.5*	0.4**	0.7*	2.5
	Two or three sessions weekly	1.5	1.8	2.3	1.3*	1.4	1.3*	9.6
	Less than two sessions weekly	3.6	2.6	3.9	3.3	2.0	1.3*	16.8
	<i>Total</i>	5.2	4.8	6.6	5.2	3.8	3.3	29.0
Total	More than three sessions weekly	9.2	7.0	8.1	8.5	8.0	7.7	48.5
	Two or three sessions weekly	5.7	6.2	6.3	3.6	3.2	2.9	27.9
	Less than two sessions weekly	5.5	3.5	4.9	4.9	2.6	2.2	23.6
	Total	20.5	16.7	19.3	17.0	13.7	12.8	100.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport in the two weeks prior to interview in 2008

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 65: Queensland regular participants — regular participation in any physical activity (organised and non-organised) by demographics, 2008 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Regular participation rate (b) (%)	Number (‘000)	Regular participation rate (%)	Number (‘000)	Regular participation rate (%)
AGE GROUP (YEARS)						
15 to 24	167.6	57.3	153.3	53.5	320.9	55.4
25 to 34	121.4	43.0	150.3	52.4	271.7	47.7
35 to 44	107.8	36.5	160.2	51.8	268.1	44.3
45 to 54	112.8	40.4	148.6	50.9	261.4	45.8
55 to 64	105.3	44.5	138.6	58.7	243.8	51.6
65 and over	109.3	47.4	117.2	46.1	226.5	46.7
REGION						
Capital city	318.8	44.5	405.5	54.3	724.3	49.5
Rest of state	405.4	45.0	462.7	50.4	868.1	47.7
EMPLOYMENT STATUS						
Employed full time	435.4	42.8	310.2	57.0	745.6	47.8
Employed part time	97.3	55.1	216.7	45.1	314.0	47.8
Employed refused	7.8**	49.3**	5.2**	52.2**	13.0*	50.4*
Total employed	540.5	44.7	532.1	51.4	1,072.6	47.8
Unemployed	34.1	52.2	37.0	59.2	71.1	55.6
Not in the labour force	149.6	43.7	299.1	52.6	448.7	49.3
MARITAL STATUS						
Married	388.5	40.9	494.3	53.0	882.7	46.9
Not married	329.5	50.5	371.0	50.9	700.5	50.7
Refused/Do not know	6.2**	46.2**	2.8**	63.1**	9.1*	50.4*
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	184.7	39.1	246.7	45.6	431.4	42.6
At least one under 18 — none at home	20.2*	29.3*	3.3**	35.6**	23.5*	30.0*
No children under 18	519.3	48.4	618.2	55.4	1,137.4	52.0
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	166.5	53.7	232.2	63.1	398.7	58.8
Undergraduate diploma or associate diploma	49.6	48.4	73.7	56.9	123.2	53.2
Certificate, trade qualification or apprenticeship	115.5	43.7	93.4	47.4	209.0	45.3
Highest level of secondary school	186.8	49.7	189.3	55.2	376.0	52.3
Did not complete highest level of school	151.4	35.3	217.7	43.0	369.1	39.4
Still at secondary school	40.0	48.1	38.8	48.6	78.8	48.3
Other	12.1*	31.4*	18.2*	50.2*	30.3*	40.5*
Refused	2.3**	32**	4.9**	100**	7.2**	59.6**
LANGUAGE SPOKEN AT HOME						
English only	655.5	44.0	808.5	51.8	1,464.0	48.0
European language/s other than English	15.7*	36.6*	22.1*	79.0*	37.9	53.3
Non-European language/s	53.0	61.2	38.7	50.1	91.7	55.9
Total	724.2	44.8	868.1	52.1	1,592.3	48.5

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the regular participation rate is the number of persons who participated in the activity at least three times per week on average expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 66: Queensland organised participants — participation in organised physical activity by frequency, age and sex, 2008 (a)

Sex	Age group (years)	None	Up to once	One or two	Three or four	Five or	Do not know	Total
			per week (b)	times per week (c)	times per week (d)	more times per week		
		Number ('000)						
Males	15 to 24	98.1	42.4	67.5	58.5	26.0*	0.0**	292.6
	25 to 34	143.6	44.4	47.1	30.8*	16.5*	0.0**	282.3
	35 to 44	180.3	52.8	51.8	8.9*	1.7**	0.0**	295.5
	45 to 54	179.8	56.0	29.8*	13.3*	0.0**	0.0**	278.9
	55 to 64	180.6	26.2*	18.9*	9.2*	1.8**	0.0**	236.7
	65 and over	159.1	19.3*	36.1	13.7*	2.7**	0.0**	230.8
	TOTAL	941.3	241.2	251.3	134.4	48.7	0.0**	1,616.8
Females	15 to 24	127.0	34.8	37.2	38.6	48.9	0.0**	286.4
	25 to 34	161.8	42.7	50.4	26.8*	5.1**	0.0**	286.7
	35 to 44	191.0	35.5	57.1	19.2*	6.4**	0.0**	309.1
	45 to 54	220.8	21.4*	27.3*	10.5*	10.5*	1.7**	292.1
	55 to 64	167.3	17.4*	19.8*	16.7*	15.0*	0.0**	236.2
	65 and over	195.1	12.2*	30.9*	11.1*	5.2**	0.0**	254.4
	TOTAL	1,063.0	163.9	222.6	122.8	91.0	1.7**	1,664.9
Persons	15 to 24	225.1	77.2	104.7	97.1	74.9	0.0**	579.1
	25 to 34	305.3	87.1	97.5	57.6	21.5*	0.0**	569.1
	35 to 44	371.3	88.3	108.9	28.0*	8.1**	0.0**	604.7
	45 to 54	400.6	77.3	57.1	23.8*	10.5*	1.7**	570.9
	55 to 64	347.9	43.6	38.7	25.9*	16.8*	0.0**	472.9
	65 and over	354.1	31.5	67.0	24.7*	7.9**	0.0**	485.2
	TOTAL	2,004.3	405.1	473.9	257.2	139.7	1.7**	3,281.7

Percentage of row (%)

Males	15 to 24	33.5	14.5	23.1	20.0	8.9*	0.0**	100.0
	25 to 34	50.9	15.7	16.7	10.9*	5.8*	0.0**	100.0
	35 to 44	61.0	17.9	17.5	3.0*	0.6**	0.0**	100.0
	45 to 54	64.5	20.1	10.7*	4.8*	0.0**	0.0**	100.0
	55 to 64	76.3	11.1*	8.0*	3.9*	0.8**	0.0**	100.0
	65 and over	68.9	8.4*	15.6	5.9*	1.2**	0.0**	100.0
	TOTAL	58.2	14.9	15.5	8.3	3.0	0.0**	100.0
Females	15 to 24	44.3	12.1	13.0	13.5	17.1	0.0**	100.0
	25 to 34	56.4	14.9	17.6	9.4*	1.8**	0.0**	100.0
	35 to 44	61.8	11.5	18.5	6.2*	2.1**	0.0**	100.0
	45 to 54	75.6	7.3*	9.3*	3.6*	3.6*	0.6**	100.0
	55 to 64	70.8	7.4*	8.4*	7.1*	6.3*	0.0**	100.0
	65 and over	76.7	4.8*	12.1*	4.3*	2.0**	0.0**	100.0
	TOTAL	63.8	9.8	13.4	7.4	5.5	0.1**	100.0
Persons	15 to 24	38.9	13.3	18.1	16.8	12.9	0.0**	100.0
	25 to 34	53.7	15.3	17.1	10.1	3.8*	0.0**	100.0
	35 to 44	61.4	14.6	18.0	4.6*	1.3**	0.0**	100.0
	45 to 54	70.2	13.5	10.0	4.2*	1.8*	0.3**	100.0
	55 to 64	73.6	9.2	8.2	5.5*	3.6*	0.0**	100.0
	65 and over	73.0	6.5	13.8	5.1*	1.6**	0.0**	100.0
	TOTAL	61.1	12.3	14.4	7.8	4.3	0.1**	100.0

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 67: Queensland organised participants — participation in organised physical activity by cumulative frequency, age and sex, 2008 (a)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	42.4	152.1	123.5	84.6	194.5
	25 to 34	44.4	94.4	63.8	47.3	138.8
	35 to 44	52.8	62.4	27.2*	10.6*	115.2
	45 to 54	56.0	43.1	29.5*	13.3*	99.1
	55 to 64	26.2*	29.9*	23.3*	11.0*	56.1
	65 and over	19.3*	52.5	33.0	16.3*	71.8
	TOTAL		241.2	434.3	300.3	183.0
Females	15 to 24	34.8	124.6	115.2	87.4	159.4
	25 to 34	42.7	82.3	52.4	31.9	125.0
	35 to 44	35.5	82.7	52.2	25.6*	118.1
	45 to 54	21.4*	48.2	32.7	20.9*	71.3
	55 to 64	17.4*	51.5	39.3	31.7	68.8
	65 and over	12.2*	47.1	24.7*	16.3*	59.3
	TOTAL		163.9	436.4	316.6	213.8
Persons	15 to 24	77.2	276.7	238.8	172.0	353.9
	25 to 34	87.1	176.7	116.2	79.2	263.7
	35 to 44	88.3	145.0	79.4	36.2	233.4
	45 to 54	77.3	91.4	62.2	34.2	170.4
	55 to 64	43.6	81.4	62.6	42.7	125.0
	65 and over	31.5	99.6	57.7	32.6	131.1
	TOTAL		405.1	870.7	616.8	396.9
Total participation rate (%) (b)						
Males	15 to 24	14.5	52.0	42.2	28.9	66.5
	25 to 34	15.7	33.4	22.6	16.7	49.1
	35 to 44	17.9	21.1	9.2*	3.6*	39.0
	45 to 54	20.1	15.5	10.6*	4.8*	35.5
	55 to 64	11.1*	12.6*	9.8*	4.7*	23.7
	65 and over	8.4*	22.7	14.3	7.1*	31.1
	TOTAL		14.9	26.9	18.6	11.3
Females	15 to 24	12.1	43.5	40.2	30.5	55.7
	25 to 34	14.9	28.7	18.3	11.1	43.6
	35 to 44	11.5	26.7	16.9	8.3*	38.2
	45 to 54	7.3*	16.5	11.2	7.2*	24.4
	55 to 64	7.4*	21.8	16.7	13.4	29.2
	65 and over	4.8*	18.5	9.7*	6.4*	23.3
	TOTAL		9.8	26.2	19.0	12.8
Persons	15 to 24	13.3	47.8	41.2	29.7	61.1
	25 to 34	15.3	31.0	20.4	13.9	46.3
	35 to 44	14.6	24.0	13.1	6.0	38.6
	45 to 54	13.5	16.0	10.9	6.0	29.8
	55 to 64	9.2	17.2	13.2	9.0	26.4
	65 and over	6.5	20.5	11.9	6.7	27.0
	TOTAL		12.3	26.5	18.8	12.1

(a) Relates to persons aged 15 years and over who participated in organised physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 68: Queensland organised participants — total participation in organised activities by type of organisation, age and sex, 2008 (a)

Sex	Age group (years)	Fitness, leisure or indoor sports centre	Sport or recreation club or association (c)	Work	School	Other	Total organised participation
		Number ('000)					
Males	15 to 24	70.0	136.9	2.9**	67.8	14.4*	194.5
	25 to 34	62.3	86.1	21.6*	0.0**	29.0*	138.8
	35 to 44	29.7*	86.3	6.1**	0.0**	21.2*	115.2
	45 to 54	21.9*	69.1	7.4**	0.0**	16.8*	99.1
	55 to 64	5.0**	42.1	1.2**	0.0**	13.0*	56.1
	65 and over	17.1*	51.5	0.0**	0.0**	15.8*	71.8
	TOTAL		206.0	471.9	39.3	67.8	110.3
Females	15 to 24	67.1	97.1	0.0**	55.6	11.1*	159.4
	25 to 34	82.3	45.6	1.9**	1.9**	22.8*	125.0
	35 to 44	70.8	50.7	3.0**	0.0**	26.2*	118.1
	45 to 54	36.3	28.5*	3.4**	0.0**	17.0*	71.3
	55 to 64	31.5	31.2*	0.0**	0.0**	14.4*	68.8
	65 and over	19.6*	22.3*	0.0**	0.0**	20.1*	59.3
	TOTAL		307.7	275.4	8.3**	57.5	111.6
Persons	15 to 24	137.1	234.0	2.9**	123.4	25.5*	353.9
	25 to 34	144.6	131.6	23.5*	1.9**	51.8	263.7
	35 to 44	100.5	137.0	9.1*	0.0**	47.4	233.4
	45 to 54	58.2	97.7	10.9*	0.0**	33.8	170.4
	55 to 64	36.5	73.2	1.2**	0.0**	27.4*	125.0
	65 and over	36.7	73.8	0.0**	0.0**	36.0	131.1
	TOTAL		513.7	747.3	47.6	125.3	221.9

Total participation rate (%) (b)

Males	15 to 24	23.9	46.8	1.0**	23.2	4.9*	66.5
	25 to 34	22.1	30.5	7.6*	0.0**	10.3*	49.1
	35 to 44	10.0*	29.2	2.1**	0.0**	7.2*	39.0
	45 to 54	7.9*	24.8	2.7**	0.0**	6.0*	35.5
	55 to 64	2.1**	17.8	0.5**	0.0**	5.5*	23.7
	65 and over	7.4*	22.3	0.0**	0.0**	6.9*	31.1
	TOTAL		12.7	29.2	2.4	4.2	6.8
Females	15 to 24	23.4	33.9	0.0**	19.4	3.9*	55.7
	25 to 34	28.7	15.9	0.7**	0.7**	7.9*	43.6
	35 to 44	22.9	16.4	1.0**	0.0**	8.5*	38.2
	45 to 54	12.4	9.8*	1.2**	0.0**	5.8*	24.4
	55 to 64	13.3	13.2*	0.0**	0.0**	6.1*	29.2
	65 and over	7.7*	8.8*	0.0**	0.0**	7.9*	23.3
	TOTAL		18.5	16.5	0.5**	3.5	6.7
Persons	15 to 24	23.7	40.4	0.5**	21.3	4.4*	61.1
	25 to 34	25.4	23.1	4.1*	0.3**	9.1	46.3
	35 to 44	16.6	22.7	1.5*	0.0**	7.8	38.6
	45 to 54	10.2	17.1	1.9*	0.0**	5.9	29.8
	55 to 64	7.7	15.5	0.3**	0.0**	5.8*	26.4
	65 and over	7.6	15.2	0.0**	0.0**	7.4	27.0
	TOTAL		15.7	22.8	1.4	3.8	6.8

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) All aerobics/fitness participants describing their activity as organised by a sport or recreation club or association have been recoded to fitness, leisure or indoor sports centre

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 69: Queensland participants — total participation in specific activities (organised and non-organised) by sex, 2008 (a)

Activity	MALES		FEMALES		PERSONS	
	Number (’000)	Total participation rate (b) (%)	Number (’000)	Total participation rate (%)	Number (’000)	Total participation rate (%)
Aerobics/fitness	349.6	21.6	426.3	25.6	775.9	23.6
Aquarobics	0.0**	0.0**	36.7	2.2	36.7	1.1
Athletics/track and field	10.7*	0.7*	16.1*	1.0*	26.9*	0.8*
Australian rules football	28.3*	1.7*	17.8*	1.1*	46.1	1.4
Badminton	12.0*	0.7*	3.7**	0.2**	15.7*	0.5*
Baseball	4.3**	0.3**	0.0**	0.0**	4.3**	0.1**
Basketball	53.3	3.3	17.1*	1.0*	70.4	2.1
Billiards/snooker/pool	7.0**	0.4**	1.3**	0.1**	8.3**	0.3**
Boxing	19.5*	1.2*	17.7*	1.1*	37.3	1.1
Canoeing/kayaking	17.0*	1.1*	18.7*	1.1*	35.7	1.1
Carpet bowls	5.3**	0.3**	1.3**	0.1**	6.5**	0.2**
Cricket (indoor)	32.3	2.0	5.8**	0.3**	38.0	1.2
Cricket (outdoor)	68.1	4.2	22.2*	1.3*	90.3	2.8
Cycling	192.9	11.9	140.4	8.4	333.3	10.2
Dancing	13.4*	0.8*	63.5	3.8	76.9	2.3
Darts	2.1**	0.1**	0.0**	0.0**	2.1**	0.1**
Fishing	75.2	4.7	20.0*	1.2*	95.2	2.9
Football (indoor)	60.3	3.7	25.5*	1.5*	85.8	2.6
Football (outdoor)	132.7	8.2	38.5	2.3	171.2	5.2
Golf	184.0	11.4	46.3	2.8	230.4	7.0
Gymnastics	0.0**	0.0**	11.1*	0.7*	11.1*	0.3*
Hockey (outdoor)	19.5*	1.2*	11.8*	0.7*	31.2*	1.0*
Horse riding/equestrian activities/polocrosse	11.7*	0.7*	25.0*	1.5*	36.6	1.1
Ice/snow sports	13.6*	0.8*	0.0**	0.0**	13.6*	0.4*
Lawn bowls	44.9	2.8	30.5*	1.8*	75.4	2.3
Martial arts	30.9*	1.9*	33.3	2.0	64.3	2.0
Motor sports	31.0*	1.9*	4.0**	0.2**	35.0	1.1
Netball	18.1*	1.1*	114.4	6.9	132.6	4.0
Orienteering	10.7*	0.7*	15.4*	0.9*	26.1*	0.8*
Rock climbing	15.9*	1.0*	5.2**	0.3**	21.0*	0.6*
Roller sports	5.1**	0.3**	15.8*	1.0*	20.9*	0.6*
Rowing	3.4**	0.2**	10.1*	0.6*	13.5*	0.4*
Rugby league	87.2	5.4	9.0*	0.5*	96.1	2.9
Rugby union	24.1*	1.5*	4.8**	0.3**	28.8*	0.9*
Running	181.7	11.2	138.1	8.3	319.7	9.7
Sailing	9.7*	0.6*	1.4**	0.1**	11.0*	0.3*
Scuba diving	13.4*	0.8*	2.8**	0.2**	16.2*	0.5*
Shooting sports	13.2*	0.8*	1.9**	0.1**	15.1*	0.5*
Softball	0.0**	0.0**	5.0**	0.3**	5.0**	0.2**
Squash/racquetball	31.7	2.0	14.9*	0.9*	46.6	1.4
Surf sports	46.2	2.9	14.0*	0.8*	60.2	1.8
Swimming	209.7	13.0	257.6	15.5	467.2	14.2
Table tennis	22.6*	1.4*	2.7**	0.2**	25.4*	0.8*
Tennis	100.1	6.2	95.2	5.7	195.3	6.0
Tenpin bowling	24.7*	1.5*	12.8*	0.8*	37.5	1.1
Touch football	129.0	8.0	69.7	4.2	198.6	6.1
Triathlon	10.1*	0.6*	1.4**	0.1**	11.5*	0.3*
Volleyball	28.8*	1.8*	38.4	2.3	67.2	2.0
Walking (bush)	85.2	5.3	125.6	7.5	210.8	6.4
Walking (other)	447.4	27.7	856.9	51.5	1,304.3	39.7
Water polo	0.0**	0.0**	2.7**	0.2**	2.7**	0.1**
Waterskiing/powerboating	33.4	2.1	10.1*	0.6*	43.5	1.3
Weight training	57.7	3.6	46.5	2.8	104.2	3.2
Yoga	5.1**	0.3**	77.8	4.7	82.9	2.5

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 70: Queensland participants — total participation in specific activities by type of activity, 2008 (a)

Activity	Number ('000)			Total participation rate (%) (b)		
	Organised	Non-organised	Total	Organised	Non-organised	Total
Aerobics/fitness	252.8	569.2	775.9	7.7	17.3	23.6
Aquarobics	28.8*	7.9**	36.7	0.9*	0.2**	1.1
Athletics/track and field	26.9*	0.0**	26.9*	0.8*	0.0**	0.8*
Australian rules football	39.0	12.6*	46.1	1.2	0.4*	1.4
Badminton	2.2**	13.5*	15.7*	0.1**	0.4*	0.5*
Baseball	4.3**	0.0**	4.3**	0.1**	0.0**	0.1**
Basketball	35.4	38.9	70.4	1.1	1.2	2.1
Billiards/snooker/pool	4.5**	3.8**	8.3**	0.1**	0.1**	0.3**
Boxing	21.3*	16.0*	37.3	0.6*	0.5*	1.1
Canoeing/kayaking	9.3*	28.3*	35.7	0.3*	0.9*	1.1
Carpet bowls	6.5**	1.8**	6.5**	0.2**	0.1**	0.2**
Cricket (indoor)	30.5*	7.5**	38.0	0.9*	0.2**	1.2
Cricket (outdoor)	42.4	47.9	90.3	1.3	1.5	2.8
Cycling	23.0*	329.3	333.3	0.7*	10.0	10.2
Dancing	53.9	27.6*	76.9	1.6	0.8*	2.3
Darts	2.1**	0.0**	2.1**	0.1**	0.0**	0.1**
Fishing	12.5*	95.2	95.2	0.4*	2.9	2.9
Football (indoor)	78.7	18.2*	85.8	2.4	0.6*	2.6
Football (outdoor)	124.9	54.7	171.2	3.8	1.7	5.2
Golf	105.5	157.9	230.4	3.2	4.8	7.0
Gymnastics	9.8*	1.3**	11.1*	0.3*	0.0**	0.3*
Hockey (outdoor)	27.9*	6.4**	31.2*	0.8*	0.2**	1.0*
Horse riding/equestrian activities/polocrosse	14.2*	25.8*	36.6	0.4*	0.8*	1.1
Ice/snow sports	2.5**	13.6*	13.6*	0.1**	0.4*	0.4*
Lawn bowls	68.8	6.6**	75.4	2.1	0.2**	2.3
Martial arts	54.2	15.2*	64.3	1.7	0.5*	2.0
Motor sports	18.1*	20.7*	35.0	0.6*	0.6*	1.1
Netball	114.1	24.1*	132.6	3.5	0.7*	4.0
Orienteering	21.5*	8.7*	26.1*	0.7*	0.3*	0.8*
Rock climbing	6.5**	14.6*	21.0*	0.2**	0.4*	0.6*
Roller sports	0.0**	20.9*	20.9*	0.0**	0.6*	0.6*
Rowing	9.8*	5.8**	13.5*	0.3*	0.2**	0.4*
Rugby league	72.4	28.4*	96.1	2.2	0.9*	2.9
Rugby union	26.4*	4.8**	28.8*	0.8*	0.1**	0.9*
Running	44.0	303.7	319.7	1.3	9.3	9.7
Sailing	7.9**	6.6**	11.0*	0.2**	0.2**	0.3*
Scuba diving	0.0**	16.2*	16.2*	0.0**	0.5*	0.5*
Shooting sports	6.4**	8.7*	15.1*	0.2**	0.3*	0.5*
Softball	3.1**	1.9**	5.0**	0.1**	0.1**	0.2**
Squash/racquetball	21.9*	31.7	46.6	0.7*	1.0	1.4
Surf sports	3.1**	58.7	60.2	0.1**	1.8	1.8
Swimming	51.8	420.1	467.2	1.6	12.8	14.2
Table tennis	16.8*	10.9*	25.4*	0.5*	0.3*	0.8*
Tennis	73.2	141.5	195.3	2.2	4.3	6.0
Tenpin bowling	26.9*	15.3*	37.5	0.8*	0.5*	1.1
Touch football	150.0	58.2	198.6	4.6	1.8	6.1
Triathlon	9.9*	3.3**	11.5*	0.3*	0.1**	0.3*
Volleyball	41.8	30.9*	67.2	1.3	0.9*	2.0
Walking (bush)	17.4*	197.8	210.8	0.5*	6.0	6.4
Walking (other)	51.8	1,281.9	1,304.3	1.6	39.1	39.7
Water polo	2.7**	0.0**	2.7**	0.1**	0.0**	0.1**
Waterskiing/powerboating	7.7**	37.5	43.5	0.2**	1.1	1.3
Weight training	19.9*	86.0	104.2	0.6*	2.6	3.2
Yoga	42.2	43.9	82.9	1.3	1.3	2.5

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

10.3.5 South Australia

Table 71: South Australian participants — total participation in physical activity by type of participation, age and sex, 2008 (a)

		Organised only (c) (A)	Non-organised only (d) (B)	Both organised and non-organised (e) (C)	Total organised (A + C)	Total non-organised (B + C)	Total participation (A + B + C)
Sex	Age group (years)	Number ('000)					
Males	15 to 24	23.4	22.1	48.3	71.7	70.4	93.8
	25 to 34	12.0*	45.7	30.3	42.2	76.0	88.0
	35 to 44	14.9	49.1	29.2	44.1	78.3	93.1
	45 to 54	5.8*	56.1	33.1	39.0	89.2	95.0
	55 to 64	8.3*	46.6	19.2	27.6	65.9	74.2
	65 and over	11.0*	39.4	22.7	33.7	62.1	73.1
	TOTAL		75.4	259.0	182.8	258.2	441.8
Females	15 to 24	24.0	31.2	41.1	65.1	72.3	96.3
	25 to 34	10.5*	46.5	29.6	40.1	76.1	86.7
	35 to 44	10.7*	45.3	41.5	52.2	86.8	97.5
	45 to 54	6.9*	57.8	28.8	35.7	86.7	93.6
	55 to 64	2.8**	47.2	23.8	26.6	71.0	73.8
	65 and over	13.1	54.3	20.3	33.3	74.5	87.6
	TOTAL		68.0	282.4	185.1	253.1	467.5
Persons	15 to 24	47.4	53.3	89.4	136.8	142.7	190.1
	25 to 34	22.5	92.3	59.9	82.4	152.1	174.6
	35 to 44	25.6	94.4	70.7	96.3	165.1	190.7
	45 to 54	12.7*	113.9	62.0	74.7	175.9	188.6
	55 to 64	11.2*	93.9	43.0	54.1	136.9	148.0
	65 and over	24.0	93.7	43.0	67.0	136.7	160.7
	TOTAL		143.4	541.4	367.9	511.2	909.3
Total participation rate (%) (b)							
Males	15 to 24	21.6	20.3	44.5	66.1	64.8	86.4
	25 to 34	12.1*	46.2	30.6	42.6	76.7	88.8
	35 to 44	13.6	44.9	26.7	40.3	71.6	85.2
	45 to 54	5.3*	51.5	30.4	35.7	81.8	87.2
	55 to 64	9.1*	50.7	20.9	30.0	71.7	80.7
	65 and over	10.8*	38.8	22.3	33.1	61.1	71.9
	TOTAL		12.2	41.8	29.5	41.7	71.3
Females	15 to 24	23.1	30.0	39.5	62.6	69.6	92.7
	25 to 34	10.7*	47.4	30.2	40.9	77.6	88.4
	35 to 44	9.6*	40.7	37.3	46.9	78.0	87.6
	45 to 54	6.1*	51.1	25.5	31.6	76.7	82.7
	55 to 64	2.9**	48.8	24.6	27.5	73.4	76.3
	65 and over	10.7	44.7	16.7	27.4	61.4	72.1
	TOTAL		10.6	43.8	28.7	39.3	72.5
Persons	15 to 24	22.3	25.1	42.1	64.4	67.2	89.5
	25 to 34	11.4	46.8	30.4	41.8	77.2	88.6
	35 to 44	11.6	42.8	32.0	43.6	74.8	86.4
	45 to 54	5.7*	51.3	27.9	33.6	79.2	84.9
	55 to 64	5.9*	49.8	22.8	28.7	72.5	78.5
	65 and over	10.8	42.0	19.3	30.0	61.3	72.0
	TOTAL		11.3	42.8	29.1	40.4	71.9

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) Participants' activities are fully organised

(d) Participants' activities are fully non-organised

(e) Participants' activities are part organised and part non-organised

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 72: South Australian participants — total participation in any physical activity (organised and non-organised) by demographics, 2008 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
AGE GROUP (YEARS)						
15 to 24	93.8	86.4	96.3	92.7	190.1	89.5
25 to 34	88.0	88.8	86.7	88.4	174.6	88.6
35 to 44	93.1	85.2	97.5	87.6	190.7	86.4
45 to 54	95.0	87.2	93.6	82.7	188.6	84.9
55 to 64	74.2	80.7	73.8	76.3	148.0	78.5
65 and over	73.1	71.9	87.6	72.1	160.7	72.0
REGION						
Capital city	388.2	85.9	407.8	84.9	796.1	85.4
Rest of state	128.9	77.0	127.6	77.8	256.6	77.4
EMPLOYMENT STATUS						
Employed full time	304.9	88.8	148.7	89.7	453.6	89.1
Employed part time	70.0	80.8	193.9	89.6	263.8	87.1
Employed refused	0.5**	100.0**	6.1*	78.7*	6.6*	80.1*
Total employed	375.4	87.2	348.7	89.4	724.1	88.3
Unemployed	21.9	82.6	16.4	86.5	38.2	84.2
Not in the labour force	119.9	73.8	170.4	72.3	290.3	72.9
MARITAL STATUS						
Married	300.1	85.2	310.6	85.1	610.7	85.2
Not married	214.9	81.0	223.6	80.5	438.5	80.8
Refused/Do not know	2.2**	100.0**	1.3**	71.1**	3.5*	86.9*
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	142.5	87.6	170.4	84.0	312.9	85.6
At least one under 18 — none at home	17.0	77.4	5.3*	91.4*	22.3	80.3
No children under 18	357.7	82.3	359.8	82.5	717.4	82.4
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	126.4	93.4	123.6	90.6	250.0	92.0
Undergraduate diploma or associate diploma	36.7	90.4	49.1	88.9	85.8	89.5
Certificate, trade qualification or apprenticeship	109.9	89.5	78.1	90.9	188.0	90.1
Highest level of secondary school	112.7	81.3	120.7	82.4	233.3	81.9
Did not complete highest level of school	95.4	72.4	116.8	72.7	212.1	72.5
Still at secondary school	23.9	82.0	29.9	93.9	53.7	88.2
Other	11.0*	60.0*	16.4	63.4	27.5	62.0
Refused	1.3**	57.7**	0.9**	100.0**	2.2**	69.5**
LANGUAGE SPOKEN AT HOME						
English only	467.7	83.6	487.8	83.4	955.5	83.5
European language/s other than English	24.4	83.1	21.3	80.2	45.7	81.7
Non-European language/s	27.3	81.5	29.5	81.6	56.7	81.6
Total	517.2	83.5	535.5	83.1	1,052.7	83.3

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 73: All South Australian persons — participation in any physical activity by frequency, age and sex, 2008 (a)

Sex	Age group (years)	None	Up to once per week (b)	One or two times per week (c)	Three or four times per week (d)	Five or more times per week	Do not know	Total
		Number ('000)						
Males	15 to 24	14.7	10.4*	21.4	24.8	37.1	0.0**	108.5
	25 to 34	11.1*	14.0	28.4	23.8	21.8	0.0**	99.0
	35 to 44	16.2	20.8	27.5	21.9	23.0	0.0**	109.4
	45 to 54	14.0	14.9	37.7	14.5	28.0	0.0**	109.0
	55 to 64	17.7	11.1*	20.4	15.9	26.8	0.0**	91.9
	65 and over	28.5	6.2*	21.3	15.1	30.4	0.0**	101.6
	TOTAL	102.3	77.4	156.6	116.0	167.1	0.0**	619.5
Females	15 to 24	7.6*	9.9*	23.9	23.2	39.4	0.0**	103.9
	25 to 34	11.4*	11.4*	21.1	25.1	29.0	0.0**	98.1
	35 to 44	13.8	11.2*	22.0	28.6	35.8	0.0**	111.3
	45 to 54	19.5	8.5*	26.9	23.3	34.4	0.6**	113.1
	55 to 64	22.9	5.8*	16.9	20.9	30.3	0.0**	96.7
	65 and over	33.9	8.2*	19.8	20.4	37.8	1.4**	121.5
	TOTAL	109.1	55.0	130.5	141.3	206.6	2.0**	644.6
Persons	15 to 24	22.4	20.2	45.3	48.0	76.5	0.0**	212.4
	25 to 34	22.5	25.5	49.5	48.9	50.8	0.0**	197.2
	35 to 44	30.0	32.0	49.5	50.5	58.8	0.0**	220.7
	45 to 54	33.5	23.4	64.6	37.7	62.4	0.6**	222.1
	55 to 64	40.6	17.0	37.2	36.7	57.1	0.0**	188.6
	65 and over	62.4	14.4	41.0	35.5	68.2	1.4**	223.1
	TOTAL	211.4	132.5	287.1	257.3	373.7	2.0**	1,264.0
Percentage of row (%)								
Males	15 to 24	13.6	9.6*	19.8	22.9	34.2	0.0**	100.0
	25 to 34	11.2*	14.1	28.7	24.0	22.0	0.0**	100.0
	35 to 44	14.8	19.0	25.1	20.0	21.0	0.0**	100.0
	45 to 54	12.8	13.7	34.6	13.3	25.7	0.0**	100.0
	55 to 64	19.3	12.1*	22.2	17.3	29.2	0.0**	100.0
	65 and over	28.1	6.1*	20.9	14.9	30.0	0.0**	100.0
	TOTAL	16.5	12.5	25.3	18.7	27.0	0.0**	100.0
Females	15 to 24	7.3*	9.5*	23.0	22.3	37.9	0.0**	100.0
	25 to 34	11.6*	11.7*	21.5	25.6	29.6	0.0**	100.0
	35 to 44	12.4	10.1*	19.7	25.7	32.1	0.0**	100.0
	45 to 54	17.3	7.5*	23.8	20.6	30.4	0.5**	100.0
	55 to 64	23.7	6.0*	17.5	21.6	31.3	0.0**	100.0
	65 and over	27.9	6.8*	16.3	16.8	31.1	1.2**	100.0
	TOTAL	16.9	8.5	20.2	21.9	32.1	0.3**	100.0
Persons	15 to 24	10.5	9.5	21.3	22.6	36.0	0.0**	100.0
	25 to 34	11.4	12.9	25.1	24.8	25.8	0.0**	100.0
	35 to 44	13.6	14.5	22.4	22.9	26.6	0.0**	100.0
	45 to 54	15.1	10.5	29.1	17.0	28.1	0.3**	100.0
	55 to 64	21.5	9.0	19.7	19.5	30.3	0.0**	100.0
	65 and over	28.0	6.5	18.4	15.9	30.6	0.6**	100.0
	TOTAL	16.7	10.5	22.7	20.4	29.6	0.2**	100.0

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 74: South Australian participants — participation in any physical activity by cumulative frequency, age and sex, 2008 (a)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	10.4*	83.4	69.9	61.9	93.8
	25 to 34	14.0	74.0	62.6	45.6	88.0
	35 to 44	20.8	72.4	52.7	44.9	93.1
	45 to 54	14.9	80.2	60.6	42.5	95.0
	55 to 64	11.1*	63.0	54.1	42.7	74.2
	65 and over	6.2*	66.9	56.8	45.6	73.1
	TOTAL		77.4	439.7	356.7	283.1
Females	15 to 24	9.9*	86.5	74.5	62.6	96.3
	25 to 34	11.4*	75.2	66.9	54.1	86.7
	35 to 44	11.2*	86.3	77.3	64.4	97.5
	45 to 54	8.5*	84.5	70.0	57.6	93.6
	55 to 64	5.8*	68.0	59.5	51.1	73.8
	65 and over	8.2*	77.9	71.6	58.2	87.6
	TOTAL		55.0	478.5	419.7	347.9
Persons	15 to 24	20.2	169.8	144.4	124.5	190.1
	25 to 34	25.5	149.2	129.4	99.7	174.6
	35 to 44	32.0	158.7	130.0	109.2	190.7
	45 to 54	23.4	164.7	130.6	100.1	188.6
	55 to 64	17.0	131.0	113.6	93.8	148.0
	65 and over	14.4	144.8	128.5	103.8	160.7
	TOTAL		132.5	918.2	776.4	631.1
Total participation rate (%) (b)						
Males	15 to 24	9.6*	76.8	64.4	57.1	86.4
	25 to 34	14.1	74.7	63.2	46.0	88.8
	35 to 44	19.0	66.2	48.2	41.1	85.2
	45 to 54	13.7	73.5	55.6	38.9	87.2
	55 to 64	12.1*	68.6	58.9	46.4	80.7
	65 and over	6.1*	65.8	55.9	44.9	71.9
	TOTAL		12.5	71.0	57.6	45.7
Females	15 to 24	9.5*	83.2	71.6	60.2	92.7
	25 to 34	11.7*	76.7	68.1	55.1	88.4
	35 to 44	10.1*	77.6	69.4	57.8	87.6
	45 to 54	7.5*	74.7	61.9	51.0	82.7
	55 to 64	6.0*	70.3	61.5	52.8	76.3
	65 and over	6.8*	64.2	59.0	47.9	72.1
	TOTAL		8.5	74.2	65.1	54.0
Persons	15 to 24	9.5	79.9	68.0	58.6	89.5
	25 to 34	12.9	75.7	65.7	50.5	88.6
	35 to 44	14.5	71.9	58.9	49.5	86.4
	45 to 54	10.5	74.1	58.8	45.1	84.9
	55 to 64	9.0	69.5	60.2	49.7	78.5
	65 and over	6.5	64.9	57.6	46.5	72.0
	TOTAL		10.5	72.6	61.4	49.9

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 75: South Australian recent participants — recent participation in any physical activity by duration and age, 2008 (a)

		15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	Total
		Number ('000)						
Five hours or more	More than three sessions weekly	51.7	28.5	25.5	30.6	36.5	33.2	205.9
	Two or three sessions weekly	9.1*	6.5*	6.3*	7.6*	7.0*	7.2*	43.7
	Less than two sessions weekly	3.0**	0.0**	0.8**	0.7**	1.8**	2.0**	8.2*
	<i>Total</i>	63.8	35.0	32.6	38.9	45.3	42.3	257.9
Two hours or more but less than five hours	More than three sessions weekly	16.1	27.8	31.8	29.3	26.2	39.0	170.1
	Two or three sessions weekly	31.4	22.6	23.9	22.9	14.9	12.8	128.6
	Less than two sessions weekly	11.2*	3.6*	9.7*	8.0*	4.7*	3.5*	40.7
	<i>Total</i>	58.7	54.0	65.4	60.2	45.8	55.3	339.4
Less than two hours	More than three sessions weekly	3.7*	3.9*	5.7*	4.0*	5.6*	7.3*	30.3
	Two or three sessions weekly	10.1*	14.6	14.5	21.4	16.1	16.1	92.8
	Less than two sessions weekly	36.2	31.0	39.9	36.8	16.7	19.1	179.8
	<i>Total</i>	50.0	49.5	60.2	62.3	38.4	42.5	302.9
Total	More than three sessions weekly	71.5	60.1	63.0	63.8	68.4	79.5	406.3
	Two or three sessions weekly	50.6	43.6	44.8	52.0	38.0	36.1	265.1
	Less than two sessions weekly	50.4	34.6	50.4	45.6	23.2	24.5	228.7
	Total	172.5	138.4	158.1	161.5	129.6	140.1	900.2
		Percentage of total (%)						
Five hours or more	More than three sessions weekly	5.7	3.2	2.8	3.4	4.1	3.7	22.9
	Two or three sessions weekly	1.0*	0.7*	0.7*	0.8*	0.8*	0.8*	4.9
	Less than two sessions weekly	0.3**	0.0**	0.1**	0.1**	0.2**	0.2**	0.9*
	<i>Total</i>	7.1	3.9	3.6	4.3	5.0	4.7	28.7
Two hours or more but less than five hours	More than three sessions weekly	1.8	3.1	3.5	3.3	2.9	4.3	18.9
	Two or three sessions weekly	3.5	2.5	2.7	2.5	1.7	1.4	14.3
	Less than two sessions weekly	1.2*	0.4*	1.1*	0.9*	0.5*	0.4*	4.5
	<i>Total</i>	6.5	6.0	7.3	6.7	5.1	6.1	37.7
Less than two hours	More than three sessions weekly	0.4*	0.4*	0.6*	0.4*	0.6*	0.8*	3.4
	Two or three sessions weekly	1.1*	1.6	1.6	2.4	1.8	1.8	10.3
	Less than two sessions weekly	4.0	3.4	4.4	4.1	1.9	2.1	20.0
	<i>Total</i>	5.6	5.5	6.7	6.9	4.3	4.7	33.6
Total	More than three sessions weekly	7.9	6.7	7.0	7.1	7.6	8.8	45.1
	Two or three sessions weekly	5.6	4.8	5.0	5.8	4.2	4.0	29.5
	Less than two sessions weekly	5.6	3.8	5.6	5.1	2.6	2.7	25.4
	Total	19.2	15.4	17.6	17.9	14.4	15.6	100.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport in the two weeks prior to interview in 2008

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 76: South Australian regular participants — regular participation in any physical activity (organised and non-organised) by demographics, 2008 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Regular participation rate (b) (%)	Number (‘000)	Regular participation rate (%)	Number (‘000)	Regular participation rate (%)
AGE GROUP (YEARS)						
15 to 24	61.9	57.1	62.6	60.2	124.5	58.6
25 to 34	45.6	46.0	54.1	55.1	99.7	50.5
35 to 44	44.9	41.1	64.4	57.8	109.2	49.5
45 to 54	42.5	38.9	57.6	51.0	100.1	45.1
55 to 64	42.7	46.4	51.1	52.8	93.8	49.7
65 and over	45.6	44.9	58.2	47.9	103.8	46.5
REGION						
Capital city	222.8	49.3	262.5	54.6	485.4	52.1
Rest of state	60.3	36.0	85.4	52.1	145.7	43.9
EMPLOYMENT STATUS						
Employed full time	159.0	46.3	89.2	53.8	248.2	48.8
Employed part time	38.4	44.4	124.8	57.7	163.2	53.9
Employed refused	0.5**	100.0**	4.9*	63.4*	5.5*	65.7*
Total employed	198.0	46.0	218.9	56.1	416.9	50.8
Unemployed	13.6	51.5	13.7	72.2	27.3	60.1
Not in the labour force	71.5	44.0	115.3	48.9	186.8	46.9
MARITAL STATUS						
Married	153.0	43.5	204.2	55.9	357.2	49.8
Not married	128.7	48.5	142.5	51.3	271.2	50.0
Refused/Do not know	1.4**	63.3**	1.3**	71.1**	2.7**	66.8**
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	68.1	41.9	112.9	55.7	181.0	49.5
At least one under 18 — none at home	6.7*	30.4*	2.3**	39.3**	9.0*	32.2*
No children under 18	208.3	47.9	232.8	53.4	441.1	50.7
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	74.2	54.8	85.6	62.7	159.8	58.8
Undergraduate diploma or associate diploma	18.1	44.5	31.4	56.8	49.5	51.6
Certificate, trade qualification or apprenticeship	53.4	43.5	48.0	55.9	101.4	48.6
Highest level of secondary school	66.1	47.7	76.6	52.3	142.8	50.1
Did not complete highest level of school	47.7	36.2	77.1	48.0	124.8	42.7
Still at secondary school	16.8	57.8	16.5	51.9	33.3	54.7
Other	5.5*	30.2*	11.8*	45.6*	17.4	39.2
Refused	1.3**	57.7**	0.9**	100.0**	2.2**	69.5**
LANGUAGE SPOKEN AT HOME						
English only	259.7	46.4	310.7	53.1	570.4	49.8
European language/s other than English	10.3*	35.3*	16.7	62.8	27.1	48.4
Non-European language/s	14.5	43.3	22.8	63.2	37.3	53.7
Total	283.1	45.7	347.9	54.0	631.1	49.9

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the regular participation rate is the number of persons who participated in the activity at least three times per week on average expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 77: South Australian organised participants — participation in organised physical activity by frequency, age and sex, 2008 (a)

Sex	Age group (years)	None	Up to once	Once or twice	Three or four	Five or	Do not know	Total
			per week (b)	per week (c)	times per week (d)	more times per week		
		Number ('000)						
Males	15 to 24	36.8	15.9	18.0	18.8	19.1	0.0**	108.5
	25 to 34	56.8	11.0*	19.9	5.9*	5.5*	0.0**	99.0
	35 to 44	65.3	21.8	12.5*	3.8*	5.9*	0.0**	109.4
	45 to 54	70.1	14.1	16.6	4.5*	3.6*	0.0**	109.0
	55 to 64	64.4	5.4*	13.3	7.5*	1.3**	0.0**	91.9
	65 and over	68.0	7.9*	18.5	4.9*	2.4**	0.0**	101.6
	TOTAL		361.3	76.2	98.8	45.4	37.8	0.0**
Females	15 to 24	38.9	11.8*	25.5	13.8	14.1	0.0**	103.9
	25 to 34	58.0	11.0*	18.3	5.4*	5.5*	0.0**	98.1
	35 to 44	59.1	20.6	18.6	10.5*	2.6**	0.0**	111.3
	45 to 54	77.3	10.0*	12.4*	10.9*	2.0**	0.6**	113.1
	55 to 64	70.1	4.8*	10.9*	7.4*	3.5*	0.0**	96.7
	65 and over	88.1	8.2*	14.4	7.7*	3.0**	0.0**	121.5
	TOTAL		391.5	66.4	100.0	55.5	30.6	0.6**
Persons	15 to 24	75.6	27.7	43.4	32.6	33.1	0.0**	212.4
	25 to 34	114.8	22.0	38.1	11.2*	11.0*	0.0**	197.2
	35 to 44	124.4	42.4	31.0	14.3	8.6*	0.0**	220.7
	45 to 54	147.4	24.1	29.0	15.4	5.6*	0.6**	222.1
	55 to 64	134.5	10.2*	24.2	14.9	4.8*	0.0**	188.6
	65 and over	156.1	16.1	32.9	12.6*	5.4*	0.0**	223.1
	TOTAL		752.8	142.6	198.8	101.0	68.4	0.6**

Percentage of row (%)

Males	15 to 24	33.9	14.7	16.5	17.3	17.6	0.0**	100.0
	25 to 34	57.4	11.1*	20.1	5.9*	5.5*	0.0**	100.0
	35 to 44	59.7	20.0	11.4*	3.5*	5.4*	0.0**	100.0
	45 to 54	64.3	13.0	15.3	4.2*	3.3*	0.0**	100.0
	55 to 64	70.0	5.9*	14.5	8.2*	1.4**	0.0**	100.0
	65 and over	66.9	7.8*	18.2	4.8*	2.4**	0.0**	100.0
	TOTAL		58.3	12.3	15.9	7.3	6.1	0.0**
Females	15 to 24	37.4	11.3*	24.5	13.2	13.5	0.0**	100.0
	25 to 34	59.1	11.2*	18.6	5.5*	5.6*	0.0**	100.0
	35 to 44	53.1	18.5	16.7	9.4*	2.3**	0.0**	100.0
	45 to 54	68.4	8.8*	10.9*	9.6*	1.7**	0.5**	100.0
	55 to 64	72.5	5.0*	11.3*	7.6*	3.6*	0.0**	100.0
	65 and over	72.6	6.8*	11.9	6.4*	2.4**	0.0**	100.0
	TOTAL		60.7	10.3	15.5	8.6	4.7	0.1**
Persons	15 to 24	35.6	13.0	20.4	15.3	15.6	0.0**	100.0
	25 to 34	58.2	11.2	19.3	5.7*	5.6*	0.0**	100.0
	35 to 44	56.4	19.2	14.1	6.5	3.9*	0.0**	100.0
	45 to 54	66.4	10.9	13.1	6.9	2.5*	0.3**	100.0
	55 to 64	71.3	5.4*	12.8	7.9	2.5*	0.0**	100.0
	65 and over	70.0	7.2	14.7	5.6*	2.4*	0.0**	100.0
	TOTAL		59.6	11.3	15.7	8.0	5.4	0.0**

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 78: South Australian organised participants — participation in organised physical activity by cumulative frequency, age and sex, 2008 (a)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	15.9	55.8	46.1	37.9	71.7
	25 to 34	11.0*	31.2	20.7	11.3*	42.2
	35 to 44	21.8	22.3	14.0	9.8*	44.1
	45 to 54	14.1	24.8	15.3	8.2*	39.0
	55 to 64	5.4*	22.1	16.6	8.8*	27.6
	65 and over	7.9*	25.8	16.5	7.3*	33.7
	TOTAL		76.2	182.0	129.1	83.2
Females	15 to 24	11.8*	53.3	44.6	27.8	65.1
	25 to 34	11.0*	29.1	19.5	10.9*	40.1
	35 to 44	20.6	31.6	19.7	13.1	52.2
	45 to 54	10.0*	25.2	17.9	12.8	35.7
	55 to 64	4.8*	21.8	17.5	10.9*	26.6
	65 and over	8.2*	25.1	14.8	10.7*	33.3
	TOTAL		66.4	186.1	133.9	86.1
Persons	15 to 24	27.7	109.1	90.6	65.7	136.8
	25 to 34	22.0	60.3	40.2	22.2	82.4
	35 to 44	42.4	53.9	33.6	22.8	96.3
	45 to 54	24.1	50.0	33.3	21.0	74.7
	55 to 64	10.2*	43.9	34.1	19.7	54.1
	65 and over	16.1	50.8	31.3	17.9	67.0
	TOTAL		142.6	368.1	263.0	169.3
Total participation rate (%) (b)						
Males	15 to 24	14.7	51.4	42.4	34.9	66.1
	25 to 34	11.1*	31.5	20.9	11.5*	42.6
	35 to 44	20.0	20.4	12.8	8.9*	40.3
	45 to 54	13.0	22.8	14.1	7.5*	35.7
	55 to 64	5.9*	24.1	18.0	9.6*	30.0
	65 and over	7.8*	25.4	16.2	7.2*	33.1
	TOTAL		12.3	29.4	20.8	13.4
Females	15 to 24	11.3*	51.3	42.9	26.8	62.6
	25 to 34	11.2*	29.7	19.8	11.1*	40.9
	35 to 44	18.5	28.4	17.7	11.7	46.9
	45 to 54	8.8*	22.3	15.9	11.3	31.6
	55 to 64	5.0*	22.5	18.1	11.3*	27.5
	65 and over	6.8*	20.6	12.2	8.8*	27.4
	TOTAL		10.3	28.9	20.8	13.4
Persons	15 to 24	13.0	51.4	42.7	30.9	64.4
	25 to 34	11.2	30.6	20.4	11.3	41.8
	35 to 44	19.2	24.4	15.2	10.3	43.6
	45 to 54	10.9	22.5	15.0	9.4	33.6
	55 to 64	5.4*	23.3	18.1	10.4	28.7
	65 and over	7.2	22.8	14.0	8.0	30.0
	TOTAL		11.3	29.1	20.8	13.4

(a) Relates to persons aged 15 years and over who participated in organised physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 79: South Australian organised participants — total participation in organised activities by type of organisation, age and sex, 2008 (a)

Sex	Age group (years)	Fitness, leisure or indoor sports centre	Sport or recreation club or association (c)	Work	School	Other	Total organised participation
		Number ('000)					
Males	15 to 24	27.5	49.8	2.1**	26.8	10.2*	71.7
	25 to 34	12.7*	32.8	2.4**	1.1**	7.8*	42.2
	35 to 44	10.9*	34.6	4.0*	0.0**	7.8*	44.1
	45 to 54	6.8*	30.2	0.7**	0.0**	6.7*	39.0
	55 to 64	7.6*	18.6	0.7**	0.8**	3.3**	27.6
	65 and over	3.9*	25.4	0.0**	0.0**	8.0*	33.7
	TOTAL		69.6	191.5	9.9*	28.8	43.8
Females	15 to 24	32.2	40.5	1.2**	21.5	12.1*	65.1
	25 to 34	26.8	22.9	0.6**	0.7**	2.2**	40.1
	35 to 44	25.3	25.3	3.7*	2.0**	11.7*	52.2
	45 to 54	20.4	13.9	0.0**	0.8**	10.3*	35.7
	55 to 64	15.9	8.7*	0.5**	0.0**	6.4*	26.6
	65 and over	13.2	13.1	0.0**	0.0**	11.6*	33.3
	TOTAL		133.9	124.3	6.0*	25.0	54.3
Persons	15 to 24	59.7	90.3	3.3**	48.3	22.3	136.8
	25 to 34	39.6	55.7	3.0**	1.9**	10.0*	82.4
	35 to 44	36.3	59.9	7.7*	2.0**	19.5	96.3
	45 to 54	27.2	44.1	0.7**	0.8**	17.0	74.7
	55 to 64	23.5	27.4	1.2**	0.8**	9.6*	54.1
	65 and over	17.2	38.5	0.0**	0.0**	19.7	67.0
	TOTAL		203.5	315.8	15.9	53.8	98.0
Total participation rate (%) (b)							
Males	15 to 24	25.4	45.9	1.9**	24.7	9.4*	66.1
	25 to 34	12.8*	33.2	2.4**	1.1**	7.9*	42.6
	35 to 44	10.0*	31.6	3.7*	0.0**	7.2*	40.3
	45 to 54	6.3*	27.7	0.7**	0.0**	6.1*	35.7
	55 to 64	8.3*	20.3	0.7**	0.9**	3.5**	30.0
	65 and over	3.9*	25.0	0.0**	0.0**	7.9*	33.1
	TOTAL		11.2	30.9	1.6*	4.6	7.1
Females	15 to 24	30.9	38.9	1.1**	20.7	11.6*	62.6
	25 to 34	27.4	23.3	0.6**	0.7**	2.2**	40.9
	35 to 44	22.8	22.7	3.3*	1.8**	10.5*	46.9
	45 to 54	18.0	12.3	0.0**	0.7**	9.1*	31.6
	55 to 64	16.4	9.0*	0.5**	0.0**	6.6*	27.5
	65 and over	10.9	10.8	0.0**	0.0**	9.6*	27.4
	TOTAL		20.8	19.3	0.9*	3.9	8.4
Persons	15 to 24	28.1	42.5	1.5**	22.7	10.5	64.4
	25 to 34	20.1	28.3	1.5**	0.9**	5.1*	41.8
	35 to 44	16.4	27.1	3.5*	0.9**	8.9	43.6
	45 to 54	12.3	19.9	0.3**	0.4**	7.6	33.6
	55 to 64	12.5	14.5	0.6**	0.4**	5.1*	28.7
	65 and over	7.7	17.2	0.0**	0.0**	8.8	30.0
	TOTAL		16.1	25.0	1.3	4.3	7.8

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) All aerobics/fitness participants describing their activity as organised by a sport or recreation club or association have been recoded to fitness, leisure or indoor sports centre

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 80: South Australian participants — total participation in specific activities (organised and non-organised) by sex, 2008 (a)

Activity	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
Aerobics/fitness	103.1	16.6	197.9	30.7	301.0	23.8
Aquarobics	1.4**	0.2**	16.0	2.5	17.4	1.4
Athletics/track and field	1.4**	0.2**	3.0**	0.5**	4.4*	0.4*
Australian rules football	59.1	9.5	4.7*	0.7*	63.8	5.1
Badminton	7.2*	1.2*	9.6*	1.5*	16.8	1.3
Baseball	6.4*	1.0*	0.0**	0.0**	6.4*	0.5*
Basketball	35.9	5.8	24.0	3.7	59.9	4.7
Billiards/snooker/pool	3.2**	0.5**	0.0**	0.0**	3.2**	0.2**
Boxing	8.2*	1.3*	1.8**	0.3**	10.0*	0.8*
Canoeing/kayaking	10.5*	1.7*	5.0*	0.8*	15.5	1.2
Carpet bowls	2.1**	0.3**	2.4**	0.4**	4.5*	0.4*
Cricket (indoor)	5.5*	0.9*	0.7**	0.1**	6.2*	0.5*
Cricket (outdoor)	38.4	6.2	6.1*	1.0*	44.6	3.5
Cycling	95.6	15.4	52.9	8.2	148.5	11.7
Dancing	3.0**	0.5**	20.1	3.1	23.1	1.8
Darts	2.0**	0.3**	4.3*	0.7*	6.3*	0.5*
Fishing	22.0	3.6	4.1*	0.6*	26.1	2.1
Football (indoor)	23.3	3.8	3.8*	0.6*	27.1	2.1
Football (outdoor)	38.0	6.1	10.6*	1.6*	48.6	3.8
Golf	46.9	7.6	9.9*	1.5*	56.8	4.5
Gymnastics	1.4**	0.2**	3.2**	0.5**	4.6*	0.4*
Hockey (indoor)	3.5*	0.6*	2.1**	0.3**	5.6*	0.4*
Hockey (outdoor)	8.1*	1.3*	6.1*	0.9*	14.2	1.1
Horse riding/equestrian activities/polocrosse	2.5**	0.4**	5.2*	0.8*	7.7*	0.6*
Ice/snow sports	3.2**	0.5**	3.8*	0.6*	7.1*	0.6*
Lawn bowls	23.2	3.8	7.6*	1.2*	30.8	2.4
Martial arts	13.0	2.1	12.9	2.0	25.9	2.0
Motor sports	10.8*	1.7*	2.4**	0.4**	13.2	1.0
Netball	10.5*	1.7*	71.9	11.2	82.4	6.5
Orienteering	2.4**	0.4**	2.3**	0.4**	4.7*	0.4*
Rock climbing	3.7*	0.6*	0.6**	0.1**	4.3*	0.3*
Roller sports	2.1**	0.3**	0.7**	0.1**	2.8**	0.2**
Rowing	0.0**	0.0**	1.1**	0.2**	1.1**	0.1**
Rugby league	4.5*	0.7*	0.0**	0.0**	4.5*	0.4*
Rugby union	4.9*	0.8*	0.0**	0.0**	4.9*	0.4*
Running	69.5	11.2	44.4	6.9	113.9	9.0
Sailing	1.6**	0.3**	1.1**	0.2**	2.8**	0.2**
Scuba diving	5.5*	0.9*	0.6**	0.1**	6.1*	0.5*
Shooting sports	6.9*	1.1*	0.5**	0.1**	7.4*	0.6*
Softball	0.0**	0.0**	4.1*	0.6*	4.1*	0.3*
Squash/racquetball	7.9*	1.3*	1.9**	0.3**	9.8*	0.8*
Surf sports	11.6*	1.9*	6.1*	1.0*	17.8	1.4
Swimming	53.5	8.6	76.2	11.8	129.7	10.3
Table tennis	8.9*	1.4*	8.0*	1.2*	16.9	1.3
Tennis	48.1	7.8	38.6	6.0	86.7	6.9
Tenpin bowling	8.1*	1.3*	2.5**	0.4**	10.6*	0.8*
Touch football	6.7*	1.1*	6.7*	1.0*	13.4	1.1
Triathlon	4.3*	0.7*	1.0**	0.2**	5.2*	0.4*
Volleyball	6.9*	1.1*	14.5	2.3	21.4	1.7
Walking (bush)	43.0	6.9	41.8	6.5	84.7	6.7
Walking (other)	193.5	31.2	326.2	50.6	519.6	41.1
Water polo	3.8*	0.6*	1.5**	0.2**	5.3*	0.4*
Waterskiing/powerboating	11.8*	1.9*	7.1*	1.1*	19.0	1.5
Weight training	41.0	6.6	28.5	4.4	69.6	5.5
Yoga	4.1*	0.7*	32.7	5.1	36.8	2.9

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 81: South Australian participants — total participation in specific activities by type of activity, 2008 (a)

Activity	Number ('000)			Total participation rate (%) (b)		
	Organised	Non-organised	Total	Organised	Non-organised	Total
Aerobics/fitness	108.0	208.1	301.0	8.5	16.5	23.8
Aquarobics	11.6*	6.7*	17.4	0.9*	0.5*	1.4
Athletics/track and field	4.4*	0.8**	4.4*	0.4*	0.1**	0.4*
Australian rules football	46.4	18.8	63.8	3.7	1.5	5.1
Badminton	11.5*	6.4*	16.8	0.9*	0.5*	1.3
Baseball	5.3*	2.0**	6.4*	0.4*	0.2**	0.5*
Basketball	42.9	23.9	59.9	3.4	1.9	4.7
Billiards/snooker/pool	0.9**	2.2**	3.2**	0.1**	0.2**	0.2**
Boxing	5.1*	5.0*	10.0*	0.4*	0.4*	0.8*
Canoeing/kayaking	6.9*	8.6*	15.5	0.5*	0.7*	1.2
Carpet bowls	3.8*	1.1**	4.5*	0.3*	0.1**	0.4*
Cricket (indoor)	4.8*	1.4**	6.2*	0.4*	0.1**	0.5*
Cricket (outdoor)	29.6	16.9	44.6	2.3	1.3	3.5
Cycling	15.0	142.1	148.5	1.2	11.2	11.7
Dancing	18.5	6.1*	23.1	1.5	0.5*	1.8
Darts	6.3*	3.3**	6.3*	0.5*	0.3**	0.5*
Fishing	1.7**	25.5	26.1	0.1**	2.0	2.1
Football (indoor)	9.8*	17.3	27.1	0.8*	1.4	2.1
Football (outdoor)	32.1	20.9	48.6	2.5	1.7	3.8
Golf	34.7	30.2	56.8	2.7	2.4	4.5
Gymnastics	4.1*	0.6**	4.6*	0.3*	0.0**	0.4*
Hockey (indoor)	4.5*	1.1**	5.6*	0.4*	0.1**	0.4*
Hockey (outdoor)	13.0	2.1**	14.2	1.0	0.2**	1.1
Horse riding/equestrian activities/polocrosse	3.8*	4.9*	7.7*	0.3*	0.4*	0.6*
Ice/snow sports	2.3**	5.4*	7.1*	0.2**	0.4*	0.6*
Lawn bowls	28.9	3.2**	30.8	2.3	0.3**	2.4
Martial arts	21.7	5.4*	25.9	1.7	0.4*	2.0
Motor sports	6.5*	8.1*	13.2	0.5*	0.6*	1.0
Netball	62.4	24.7	82.4	4.9	2.0	6.5
Orienteering	1.8**	2.9**	4.7*	0.1**	0.2**	0.4*
Rock climbing	1.1**	4.3*	4.3*	0.1**	0.3*	0.3*
Roller sports	0.8**	2.0**	2.8**	0.1**	0.2**	0.2**
Rowing	1.1**	0.0**	1.1**	0.1**	0.0**	0.1**
Rugby league	4.5*	0.0**	4.5*	0.4*	0.0**	0.4*
Rugby union	3.8*	1.1**	4.9*	0.3*	0.1**	0.4*
Running	25.0	104.7	113.9	2.0	8.3	9.0
Sailing	2.2**	0.5**	2.8**	0.2**	0.0**	0.2**
Scuba diving	2.4**	5.0*	6.1*	0.2**	0.4*	0.5*
Shooting sports	2.9**	4.5*	7.4*	0.2**	0.4*	0.6*
Softball	2.9**	1.2**	4.1*	0.2**	0.1**	0.3*
Squash/racquetball	2.3**	8.0*	9.8*	0.2**	0.6*	0.8*
Surf sports	1.9**	16.6	17.8	0.2**	1.3	1.4
Swimming	19.4	116.3	129.7	1.5	9.2	10.3
Table tennis	10.9*	6.5*	16.9	0.9*	0.5*	1.3
Tennis	40.4	54.4	86.7	3.2	4.3	6.9
Tenpin bowling	6.2*	5.7*	10.6*	0.5*	0.4*	0.8*
Touch football	11.1*	2.3**	13.4	0.9*	0.2**	1.1
Triathlon	5.2*	0.0**	5.2*	0.4*	0.0**	0.4*
Volleyball	16.1	10.6*	21.4	1.3	0.8*	1.7
Walking (bush)	8.5*	79.0	84.7	0.7*	6.2	6.7
Walking (other)	23.4	508.9	519.6	1.8	40.3	41.1
Water polo	5.3*	0.0**	5.3*	0.4*	0.0**	0.4*
Waterskiing/powerboating	0.0**	19.0	19.0	0.0**	1.5	1.5
Weight training	24.3	50.8	69.6	1.9	4.0	5.5
Yoga	18.4	19.2	36.8	1.5	1.5	2.9

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

10.3.6 Tasmania

Table 82: Tasmanian participants — total participation in physical activity by type of participation, age and sex, 2008 (a)

		Organised only (c) (A)	Non-organised only (d) (B)	Both organised and non-organised (e) (C)	Total organised (A + C)	Total non-organised (B + C)	Total participation (A + B + C)
Sex	Age group (years)	Number ('000)					
Males	15 to 24	9.1	6.7	13.5	22.6	20.2	29.3
	25 to 34	3.0*	9.9	10.9	14.0	20.8	23.8
	35 to 44	2.6*	11.7	13.2	15.8	24.9	27.5
	45 to 54	1.5*	17.4	8.3	9.8	25.7	27.2
	55 to 64	2.1*	14.6	7.4	9.5	21.9	24.1
	65 and over	3.7*	11.8	7.6	11.3	19.4	23.1
	TOTAL	22.0	72.0	60.9	82.9	132.9	154.9
Females	15 to 24	6.0	5.8	15.0	21.0	20.8	26.8
	25 to 34	3.2*	12.9	9.4	12.6	22.3	25.5
	35 to 44	1.4*	18.5	8.9	10.4	27.4	28.8
	45 to 54	2.6*	22.4	7.6	10.2	30.0	32.6
	55 to 64	1.0**	17.8	7.3	8.3	25.1	26.1
	65 and over	4.0*	13.8	6.5	10.4	20.3	24.3
	TOTAL	18.2	91.2	54.7	72.9	145.9	164.1
Persons	15 to 24	15.0	12.5	28.5	43.6	41.0	56.1
	25 to 34	6.2	22.8	20.4	26.6	43.1	49.3
	35 to 44	4.0*	30.1	22.2	26.2	52.3	56.3
	45 to 54	4.1*	39.8	15.9	19.9	55.7	59.8
	55 to 64	3.2*	32.4	14.7	17.8	47.0	50.2
	65 and over	7.7	25.6	14.1	21.7	39.7	47.3
	TOTAL	40.2	163.1	115.6	155.9	278.8	319.0
Total participation rate (%) (b)							
Males	15 to 24	28.2	20.9	42.2	70.4	63.0	91.3
	25 to 34	11.2*	36.4	40.3	51.5	76.7	87.9
	35 to 44	8.1*	36.6	41.5	49.6	78.1	86.2
	45 to 54	4.2*	50.0	23.9	28.1	73.9	78.1
	55 to 64	6.9*	47.5	23.9	30.9	71.4	78.3
	65 and over	11.7*	37.0	23.9	35.6	60.8	72.5
	TOTAL	11.7	38.2	32.3	44.0	70.5	82.2
Females	15 to 24	19.3	18.8	48.5	67.8	67.3	86.6
	25 to 34	11.2*	45.4	33.2	44.4	78.6	89.8
	35 to 44	4.3*	54.5	26.4	30.7	80.9	85.1
	45 to 54	7.2*	61.9	20.9	28.0	82.8	89.9
	55 to 64	3.4**	57.1	23.4	26.8	80.5	83.9
	65 and over	10.8*	37.6	17.6	28.4	55.3	66.0
	TOTAL	9.2	46.2	27.7	37.0	73.9	83.2
Persons	15 to 24	23.9	19.8	45.3	69.2	65.1	89.0
	25 to 34	11.2	41.0	36.7	47.9	77.7	88.9
	35 to 44	6.1*	45.8	33.7	39.8	79.5	85.7
	45 to 54	5.7*	56.1	22.4	28.1	78.4	84.1
	55 to 64	5.1*	52.3	23.7	28.8	76.0	81.1
	65 and over	11.2	37.3	20.5	31.7	57.9	69.0
	TOTAL	10.4	42.3	30.0	40.4	72.3	82.7

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) Participants' activities are fully organised

(d) Participants' activities are fully non-organised

(e) Participants' activities are part organised and part non-organised

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 83: Tasmanian participants — total participation in any physical activity (organised and non-organised) by demographics, 2008 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
AGE GROUP (YEARS)						
15 to 24	29.3	91.3	26.8	86.6	56.1	89.0
25 to 34	23.8	87.9	25.5	89.8	49.3	88.9
35 to 44	27.5	86.2	28.8	85.1	56.3	85.7
45 to 54	27.2	78.1	32.6	89.9	59.8	84.1
55 to 64	24.1	78.3	26.1	83.9	50.2	81.1
65 and over	23.1	72.5	24.3	66.0	47.3	69.0
REGION						
Capital city	68.4	87.3	72.4	85.0	140.7	86.1
Rest of state	86.5	78.6	91.8	81.7	178.3	80.2
EMPLOYMENT STATUS						
Employed full time	88.9	85.0	44.0	87.7	132.9	85.9
Employed part time	21.2	88.0	58.8	91.4	80.1	90.4
Employed refused	0.5**	100.0**	1.1**	77.7**	1.6*	83.2*
Total employed	110.6	85.6	104.0	89.6	214.6	87.5
Unemployed	4.5	72.9	6.3	75.1	10.8	74.1
Not in the labour force	39.8	75.1	53.9	73.8	93.6	74.3
MARITAL STATUS						
Married	99.1	83.5	95.8	86.7	194.9	85.1
Not married	55.6	79.9	67.8	78.5	123.4	79.1
Refused/Do not know	0.2**	100.0**	0.5**	100.0**	0.7**	100.0**
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	47.7	86.5	55.5	87.1	103.2	86.8
At least one under 18 — none at home	4.3	73.2	1.1**	65.6**	5.5	71.5
No children under 18	102.8	80.8	107.5	81.5	210.3	81.1
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	34.2	89.4	34.0	94.8	68.2	92.0
Undergraduate diploma or associate diploma	14.1	94.4	11.5	90.4	25.6	92.6
Certificate, trade qualification or apprenticeship	26.1	85.0	27.9	88.3	54.0	86.7
Highest level of secondary school	31.2	76.2	35.0	75.4	66.3	75.8
Did not complete highest level of school	36.1	76.3	39.6	75.4	75.7	75.8
Never went to school	0.0**	0.0**	0.2**	100.0**	0.2**	51.2**
Still at secondary school	9.6	96.1	11.2	100.0	20.8	98.1
Other	3.3*	70.4*	4.1*	69.7*	7.4	70.0
Refused	0.2**	17.5**	0.6**	65.8**	0.8**	38.2**
LANGUAGE SPOKEN AT HOME						
English only	147.9	82.1	159.0	83.3	306.9	82.7
European language/s other than English	3.6*	85.7*	2.0*	84.1*	5.6	85.1
Non-European language/s	4.1*	88.1*	3.1*	73.9*	7.3	81.3
Total	154.9	82.2	164.1	83.2	319.0	82.7

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 84: All Tasmanian persons — participation in any physical activity by frequency, age and sex, 2008 (a)

Sex	Age group (years)	None	Up to once per week (b)	One or two times per week (c)	Three or four times per week (d)	Five or more times per week	Do not know	Total
		Number ('000)						
Males	15 to 24	2.8*	3.6*	8.6	5.6	11.5	0.0**	32.1
	25 to 34	3.3*	3.1*	10.0	5.2	5.5	0.0**	27.1
	35 to 44	4.4	6.2	4.6	6.6	10.0	0.0**	31.9
	45 to 54	7.6	4.4	7.8	7.1	7.9	0.0**	34.8
	55 to 64	6.7	4.9	4.7	4.9	9.6	0.0**	30.7
	65 and over	8.7	3.1*	5.6	4.1*	9.7	0.5**	31.8
	TOTAL	33.5	25.3	41.4	33.5	54.1	0.5**	188.4
Females	15 to 24	4.1*	3.2*	5.7	6.1	11.8	0.0**	30.9
	25 to 34	2.9*	2.2*	8.1	8.0	6.7	0.5**	28.4
	35 to 44	5.0	2.9*	7.3	7.5	11.0	0.2**	33.9
	45 to 54	3.7*	3.7*	9.1	9.1	10.7	0.0**	36.3
	55 to 64	5.0	2.3*	5.5	7.3	10.9	0.1**	31.1
	65 and over	12.5	2.5*	5.9	7.3	8.2	0.3**	36.7
	TOTAL	33.2	16.9	41.5	45.3	59.3	1.1**	197.3
Persons	15 to 24	6.9	6.8	14.3	11.7	23.3	0.0**	63.0
	25 to 34	6.2	5.3	18.1	13.2	12.2	0.5**	55.5
	35 to 44	9.4	9.1	11.9	14.1	21.0	0.2**	65.7
	45 to 54	11.3	8.1	16.9	16.2	18.5	0.0**	71.0
	55 to 64	11.7	7.2	10.2	12.2	20.5	0.1**	61.9
	65 and over	21.2	5.6	11.5	11.4	17.9	0.8**	68.6
	TOTAL	66.7	42.2	83.0	78.9	113.4	1.6*	385.7
Percentage of row (%)								
Males	15 to 24	8.7*	11.2*	26.9	17.4	35.8	0.0**	100.0
	25 to 34	12.1*	11.4*	37.0	19.4	20.2	0.0**	100.0
	35 to 44	13.8	19.5	14.6	20.8	31.4	0.0**	100.0
	45 to 54	21.9	12.8	22.4	20.3	22.6	0.0**	100.0
	55 to 64	21.7	15.8	15.3	16.0	31.2	0.0**	100.0
	65 and over	27.5	9.7*	17.7	12.9*	30.5	1.6**	100.0
	TOTAL	17.8	13.4	22.0	17.8	28.7	0.3**	100.0
Females	15 to 24	13.4*	10.4*	18.4	19.7	38.2	0.0**	100.0
	25 to 34	10.2*	7.9*	28.5	28.1	23.7	1.6**	100.0
	35 to 44	14.9	8.6*	21.5	22.1	32.3	0.5**	100.0
	45 to 54	10.1*	10.1*	25.2	25.2	29.4	0.0**	100.0
	55 to 64	16.1	7.4*	17.5	23.5	35.1	0.4**	100.0
	65 and over	34.0	6.9*	16.0	19.9	22.3	0.9**	100.0
	TOTAL	16.8	8.6	21.0	23.0	30.0	0.6**	100.0
Persons	15 to 24	11.0	10.8	22.7	18.5	37.0	0.0**	100.0
	25 to 34	11.1	9.6	32.6	23.8	22.0	0.8**	100.0
	35 to 44	14.3	13.9	18.2	21.5	31.9	0.3**	100.0
	45 to 54	15.9	11.4	23.8	22.8	26.1	0.0**	100.0
	55 to 64	18.9	11.6	16.4	19.8	33.1	0.2**	100.0
	65 and over	31.0	8.2	16.8	16.7	26.1	1.2**	100.0
	TOTAL	17.3	10.9	21.5	20.5	29.4	0.4*	100.0

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 85: Tasmanian participants — participation in any physical activity by cumulative frequency, age and sex, 2008 (a)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	3.6*	25.7	22.1	17.1	29.3
	25 to 34	3.1*	20.7	13.4	10.7	23.8
	35 to 44	6.2	21.3	19.5	16.6	27.5
	45 to 54	4.4	22.7	19.7	14.9	27.2
	55 to 64	4.9	19.2	17.7	14.5	24.1
	65 and over	3.1*	19.5	17.8	13.8	23.1
	TOTAL		25.3	129.1	110.3	87.6
Females	15 to 24	3.2*	23.6	21.1	17.9	26.8
	25 to 34	2.2*	22.8	18.7	14.7	25.5
	35 to 44	2.9*	25.7	21.6	18.4	28.8
	45 to 54	3.7*	28.9	24.3	19.8	32.6
	55 to 64	2.3*	23.7	21.6	18.2	26.1
	65 and over	2.5*	21.4	18.5	15.5	24.3
	TOTAL		16.9	146.1	125.8	104.6
Persons	15 to 24	6.8	49.3	43.2	35.0	56.1
	25 to 34	5.3	43.5	32.1	25.4	49.3
	35 to 44	9.1	47.0	41.1	35.1	56.3
	45 to 54	8.1	51.6	43.9	34.7	59.8
	55 to 64	7.2	42.9	39.3	32.7	50.2
	65 and over	5.6	40.8	36.4	29.3	47.3
	TOTAL		42.2	275.2	236.1	192.2
Total participation rate (%) (b)						
Males	15 to 24	11.2*	80.1	68.9	53.2	91.3
	25 to 34	11.4*	76.5	49.5	39.5	87.9
	35 to 44	19.5	66.8	61.3	52.2	86.2
	45 to 54	12.8	65.3	56.5	42.9	78.1
	55 to 64	15.8	62.5	57.8	47.2	78.3
	65 and over	9.7*	61.2	56.0	43.5	72.5
	TOTAL		13.4	68.5	58.6	46.5
Females	15 to 24	10.4*	76.3	68.2	57.9	86.6
	25 to 34	7.9*	80.2	65.9	51.8	89.8
	35 to 44	8.6*	76.0	63.8	54.5	85.1
	45 to 54	10.1*	79.8	66.9	54.6	89.9
	55 to 64	7.4*	76.1	69.3	58.6	83.9
	65 and over	6.9*	58.2	50.5	42.2	66.0
	TOTAL		8.6	74.1	63.8	53.0
Persons	15 to 24	10.8	78.2	68.5	55.5	89.0
	25 to 34	9.6	78.4	57.9	45.8	88.9
	35 to 44	13.9	71.5	62.6	53.4	85.7
	45 to 54	11.4	72.7	61.9	48.9	84.1
	55 to 64	11.6	69.3	63.6	52.9	81.1
	65 and over	8.2	59.6	53.0	42.8	69.0
	TOTAL		10.9	71.4	61.2	49.8

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 86: Tasmanian recent participants — recent participation in any physical activity by duration and age, 2008 (a)

		15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	Total
		Number ('000)						
Five hours or more	More than three sessions weekly	16.6	7.7	10.5	14.6	11.5	10.8	71.7
	Two or three sessions weekly	3.9*	2.0*	1.4*	1.4*	2.2*	3.5*	14.3
	Less than two sessions weekly	0.7**	0.3**	0.2**	0.6**	0.3**	0.4**	2.4*
	<i>Total</i>	21.2	9.9	12.1	16.6	14.0	14.7	88.4
Two hours or more but less than five hours	More than three sessions weekly	5.5	6.4	13.5	9.1	11.6	9.2	55.4
	Two or three sessions weekly	9.7	7.2	4.3	6.0	4.5	3.6*	35.3
	Less than two sessions weekly	2.6*	3.0*	1.6*	1.9*	3.1*	2.8*	15.0
	<i>Total</i>	17.8	16.6	19.4	17.1	19.2	15.6	105.7
Less than two hours	More than three sessions weekly	0.0**	1.7*	1.6*	1.5*	1.3*	2.1*	8.1
	Two or three sessions weekly	2.7*	2.6*	5.5	6.5	3.3*	2.8*	23.4
	Less than two sessions weekly	5.5	8.4	10.6	8.8	7.4	6.1	46.8
	<i>Total</i>	8.2	12.7	17.7	16.7	12.0	11.0	78.3
Total	More than three sessions weekly	22.1	15.8	25.6	25.2	24.4	22.1	135.2
	Two or three sessions weekly	16.3	11.8	11.2	13.9	10.0	9.9	73.1
	Less than two sessions weekly	8.8	11.6	12.4	11.2	10.8	9.3	64.2
	Total	47.2	39.2	49.2	50.3	45.2	41.3	272.4
		Percentage of total (%)						
Five hours or more	More than three sessions weekly	6.1	2.8	3.9	5.3	4.2	4.0	26.3
	Two or three sessions weekly	1.4*	0.7*	0.5*	0.5*	0.8*	1.3*	5.3
	Less than two sessions weekly	0.3**	0.1**	0.1**	0.2**	0.1**	0.2**	0.9*
	<i>Total</i>	7.8	3.6	4.4	6.1	5.1	5.4	32.5
Two hours or more but less than five hours	More than three sessions weekly	2.0	2.4	4.9	3.4	4.3	3.4	20.3
	Two or three sessions weekly	3.6	2.6	1.6	2.2	1.6	1.3*	13.0
	Less than two sessions weekly	0.9*	1.1*	0.6*	0.7*	1.1*	1.0*	5.5
	<i>Total</i>	6.5	6.1	7.1	6.3	7.0	5.7	38.8
Less than two hours	More than three sessions weekly	0.0**	0.6*	0.6*	0.5*	0.5*	0.8*	3.0
	Two or three sessions weekly	1.0*	1.0*	2.0	2.4	1.2*	1.0*	8.6
	Less than two sessions weekly	2.0	3.1	3.9	3.2	2.7	2.2	17.2
	<i>Total</i>	3.0	4.6	6.5	6.1	4.4	4.0	28.8
Total	More than three sessions weekly	8.1	5.8	9.4	9.2	9.0	8.1	49.6
	Two or three sessions weekly	6.0	4.3	4.1	5.1	3.7	3.6	26.8
	Less than two sessions weekly	3.2	4.3	4.6	4.1	4.0	3.4	23.6
	Total	17.3	14.4	18.1	18.5	16.6	15.2	100.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport in the two weeks prior to interview in 2008

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 87: Tasmanian regular participants — regular participation in any physical activity (organised and non-organised) by demographics, 2008 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Regular participation rate (b) (%)	Number (‘000)	Regular participation rate (%)	Number (‘000)	Regular participation rate (%)
AGE GROUP (YEARS)						
15 to 24	17.1	53.2	17.9	57.9	35.0	55.5
25 to 34	10.7	39.5	14.7	51.8	25.4	45.8
35 to 44	16.6	52.2	18.4	54.5	35.1	53.4
45 to 54	14.9	42.9	19.8	54.6	34.7	48.9
55 to 64	14.5	47.2	18.2	58.6	32.7	52.9
65 and over	13.8	43.5	15.5	42.2	29.3	42.8
REGION						
Capital city	40.6	51.8	47.2	55.5	87.8	53.7
Rest of state	47.1	42.8	57.4	51.1	104.4	47.0
EMPLOYMENT STATUS						
Employed full time	47.5	45.4	26.6	53.0	74.0	47.8
Employed part time	13.2	54.8	39.1	60.8	52.4	59.1
Employed refused	0.2**	51.1**	0.8**	54.6**	1.0**	53.7**
Total employed	60.9	47.1	66.5	57.3	127.4	52.0
Unemployed	1.5*	23.6*	3.4*	40.8*	4.9	33.5
Not in the labour force	25.3	47.7	34.7	47.5	59.9	47.6
MARITAL STATUS						
Married	55.4	46.7	60.0	54.3	115.3	50.4
Not married	32.0	46.1	44.6	51.6	76.7	49.2
Refused/Do not know	0.2**	100.0**	0.0**	0.0**	0.2**	33.8**
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	23.8	43.2	33.4	52.5	57.3	48.2
At least one under 18 — none at home	1.8*	30.7*	0.8**	44.5**	2.6*	33.9*
No children under 18	62.0	48.7	70.4	53.3	132.4	51.1
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	20.2	52.8	22.5	62.8	42.7	57.7
Undergraduate diploma or associate diploma	8.6	57.3	8.0	62.9	16.6	59.9
Certificate, trade qualification or apprenticeship	15.2	49.7	16.9	53.4	32.1	51.6
Highest level of secondary school	17.9	43.6	20.1	43.2	38.0	43.4
Did not complete highest level of school	18.0	38.0	25.6	48.7	43.5	43.6
Still at secondary school	6.0	60.0	8.5	76.1	14.5	68.5
Other	1.5*	32.7*	2.9*	49.4*	4.4	41.9
Refused	0.2**	17.5**	0.2**	19.0**	0.4**	18.1**
LANGUAGE SPOKEN AT HOME						
English only	82.6	45.8	101.3	53.1	184.0	49.6
European language/s other than English	1.9*	45.5*	1.2**	49.7**	3.1*	47.0*
Non-European language/s	3.6*	78.0*	2.1*	48.6*	5.7	64.0
Total	87.6	46.5	104.6	53.0	192.2	49.8

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the regular participation rate is the number of persons who participated in the activity at least three times per week on average expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 88: Tasmanian organised participants — participation in organised physical activity by frequency, age and sex, 2008 (a)

Sex	Age group (years)	None	Up to once	One or two	Three or four	Five or	Do not know	Total
			per week (b)	times per week (c)	times per week (d)	more times per week		
		Number ('000)						
Males	15 to 24	9.5	5.8	6.7	3.3*	6.7	0.0**	32.1
	25 to 34	13.1	4.1*	5.0	4.2*	0.7**	0.0**	27.1
	35 to 44	16.0	5.7	5.4	2.9*	1.9*	0.0**	31.9
	45 to 54	25.0	4.3	3.3*	1.2**	1.0**	0.0**	34.8
	55 to 64	21.2	3.1*	4.9	0.6**	0.9**	0.0**	30.7
	65 and over	20.5	4.2*	4.4	1.9*	0.9**	0.0**	31.8
	TOTAL	105.4	27.2	29.6	14.1	12.0	0.0**	188.4
Females	15 to 24	9.9	5.9	7.2	3.5*	4.3	0.0**	30.9
	25 to 34	15.8	3.6*	6.0	2.4*	0.2**	0.5**	28.4
	35 to 44	23.5	4.0*	3.7*	1.8*	0.9**	0.0**	33.9
	45 to 54	26.1	4.1*	3.7*	1.5*	0.8**	0.0**	36.3
	55 to 64	22.8	2.2*	3.9*	1.6*	0.7**	0.0**	31.1
	65 and over	26.3	3.3*	5.6	1.1**	0.3**	0.2**	36.7
	TOTAL	124.4	23.1	30.2	11.9	7.1	0.6**	197.3
Persons	15 to 24	19.4	11.7	14.0	6.8	11.0	0.0**	63.0
	25 to 34	28.9	7.7	11.0	6.6	0.9**	0.5**	55.5
	35 to 44	39.5	9.7	9.1	4.7	2.8*	0.0**	65.7
	45 to 54	51.1	8.4	7.1	2.7*	1.8*	0.0**	71.0
	55 to 64	44.0	5.3	8.8	2.2*	1.5*	0.0**	61.9
	65 and over	46.8	7.5	10.0	3.0*	1.1**	0.2**	68.6
	TOTAL	229.9	50.2	59.9	26.0	19.1	0.6**	385.7

Percentage of row (%)

Males	15 to 24	29.6	18.1	20.9	10.4*	21.0	0.0**	100.0
	25 to 34	48.5	15.2*	18.3	15.5*	2.5**	0.0**	100.0
	35 to 44	50.4	17.8	16.8	9.1*	5.9*	0.0**	100.0
	45 to 54	71.9	12.3	9.6*	3.4**	2.8**	0.0**	100.0
	55 to 64	69.1	10.1*	16.0	1.9**	2.8**	0.0**	100.0
	65 and over	64.4	13.1*	13.7	6.0*	2.7**	0.0**	100.0
	TOTAL	56.0	14.4	15.7	7.5	6.4	0.0**	100.0
Females	15 to 24	32.2	19.2	23.4	11.3*	13.9	0.0**	100.0
	25 to 34	55.6	12.6*	21.1	8.3*	0.8**	1.6**	100.0
	35 to 44	69.3	11.8*	11.0*	5.3*	2.6**	0.0**	100.0
	45 to 54	72.0	11.3*	10.3*	4.3*	2.2**	0.0**	100.0
	55 to 64	73.2	6.9*	12.5*	5.3*	2.1**	0.0**	100.0
	65 and over	71.6	8.9*	15.3	2.9**	0.8**	0.5**	100.0
	TOTAL	63.0	11.7	15.3	6.0	3.6	0.3**	100.0
Persons	15 to 24	30.8	18.6	22.1	10.9	17.5	0.0**	100.0
	25 to 34	52.1	13.9	19.7	11.8	1.6**	0.8**	100.0
	35 to 44	60.2	14.7	13.8	7.1	4.2*	0.0**	100.0
	45 to 54	71.9	11.8	9.9	3.8*	2.5*	0.0**	100.0
	55 to 64	71.2	8.5	14.3	3.6*	2.5*	0.0**	100.0
	65 and over	68.3	10.9	14.6	4.4*	1.7**	0.3**	100.0
	TOTAL	59.6	13.0	15.5	6.7	5.0	0.2**	100.0

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 89: Tasmanian organised participants — participation in organised physical activity by cumulative frequency, age and sex, 2008 (a)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	5.8	16.8	13.4	10.1	22.6
	25 to 34	4.1*	9.8	6.2	4.9	14.0
	35 to 44	5.7	10.1	6.8	4.8	15.8
	45 to 54	4.3	5.5	3.7*	2.2*	9.8
	55 to 64	3.1*	6.4	3.5*	1.4*	9.5
	65 and over	4.2*	7.1	5.1	2.8*	11.3
	TOTAL		27.2	55.8	38.8	26.1
Females	15 to 24	5.9	15.0	12.4	7.8	21.0
	25 to 34	3.6*	8.6	5.1	2.6*	12.6
	35 to 44	4.0*	6.4	4.1*	2.7*	10.4
	45 to 54	4.1*	6.1	3.7*	2.3*	10.2
	55 to 64	2.2*	6.2	4.5	2.3*	8.3
	65 and over	3.3*	7.0	3.9*	1.3*	10.4
	TOTAL		23.1	49.2	33.8	19.0
Persons	15 to 24	11.7	31.8	25.8	17.9	43.6
	25 to 34	7.7	18.4	11.3	7.4	26.6
	35 to 44	9.7	16.5	10.9	7.4	26.2
	45 to 54	8.4	11.6	7.4	4.5	19.9
	55 to 64	5.3	12.6	8.0	3.7*	17.8
	65 and over	7.5	14.1	9.0	4.1*	21.7
	TOTAL		50.2	105.0	72.5	45.1

Total participation rate (%) (b)

Males	15 to 24	18.1	52.3	41.7	31.4	70.4
	25 to 34	15.2*	36.3	22.9	18.0	51.5
	35 to 44	17.8	31.8	21.4	15.0	49.6
	45 to 54	12.3	15.8	10.6*	6.2*	28.1
	55 to 64	10.1*	20.7	11.5*	4.7*	30.9
	65 and over	13.1*	22.4	16.1	8.7*	35.6
	TOTAL	14.4	29.6	20.6	13.9	44.0
Females	15 to 24	19.2	48.6	40.1	25.2	67.8
	25 to 34	12.6*	30.2	18.1	9.0*	44.4
	35 to 44	11.8*	18.9	12.1*	7.8*	30.7
	45 to 54	11.3*	16.7	10.3*	6.5*	28.0
	55 to 64	6.9*	19.9	14.5	7.4*	26.8
	65 and over	8.9*	19.0	10.6*	3.7*	28.4
	TOTAL	11.7	24.9	17.1	9.6	37.0
Persons	15 to 24	18.6	50.5	40.9	28.4	69.2
	25 to 34	13.9	33.2	20.4	13.4	47.9
	35 to 44	14.7	25.1	16.6	11.3	39.8
	45 to 54	11.8	16.3	10.4	6.4	28.1
	55 to 64	8.5	20.3	13.0	6.0*	28.8
	65 and over	10.9	20.6	13.2	6.0*	31.7
	TOTAL	13.0	27.2	18.8	11.7	40.4

(a) Relates to persons aged 15 years and over who participated in organised physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 90: Tasmanian organised participants — total participation in organised activities by type of organisation, age and sex, 2008 (a)

Sex	Age group (years)	Fitness, leisure or indoor sports centre	Sport or recreation club or association (c)	Work	School	Other	Total organised participation
		Number ('000)					
Males	15 to 24	7.6	17.5	0.0**	5.6	3.3*	22.6
	25 to 34	5.1	10.0	0.0**	0.2**	1.4*	14.0
	35 to 44	4.5	12.0	0.2**	0.0**	1.8*	15.8
	45 to 54	1.8*	8.3	0.0**	0.6**	1.5*	9.8
	55 to 64	2.1*	6.6	0.6**	0.4**	1.7*	9.5
	65 and over	1.6*	8.2	0.0**	0.2**	3.3*	11.3
	TOTAL		22.7	62.5	0.8**	7.0	13.0
Females	15 to 24	6.2	12.7	0.3**	7.7	1.8*	21.0
	25 to 34	5.1	7.9	0.8**	1.0**	3.7*	12.6
	35 to 44	3.3*	6.7	0.4**	0.4**	2.0*	10.4
	45 to 54	3.7*	5.0	0.2**	0.6**	3.3*	10.2
	55 to 64	3.6*	2.6*	0.2**	0.3**	3.2*	8.3
	65 and over	3.3*	5.6	0.3**	0.6**	3.9*	10.4
	TOTAL		25.2	40.5	2.2*	10.6	17.8
Persons	15 to 24	13.8	30.2	0.3**	13.3	5.1	43.6
	25 to 34	10.2	17.9	0.8**	1.2**	5.0	26.6
	35 to 44	7.8	18.6	0.6**	0.4**	3.8*	26.2
	45 to 54	5.5	13.3	0.2**	1.2**	4.9	19.9
	55 to 64	5.6	9.2	0.7**	0.7**	4.8	17.8
	65 and over	4.9	13.8	0.3**	0.8**	7.2	21.7
	TOTAL		48.0	103.0	3.0*	17.5	30.8

Total participation rate (%) (b)

Males	15 to 24	23.8	54.6	0.0**	17.5	10.4*	70.4
	25 to 34	18.9	36.7	0.0**	0.8**	5.1*	51.5
	35 to 44	14.2	37.6	0.7**	0.0**	5.8*	49.6
	45 to 54	5.1*	23.8	0.0**	1.7**	4.4*	28.1
	55 to 64	6.7*	21.4	1.9**	1.2**	5.4*	30.9
	65 and over	5.1*	25.7	0.0**	0.6**	10.3*	35.6
	TOTAL		12.1	33.2	0.4**	3.7	6.9
Females	15 to 24	20.1	40.9	1.1**	25.0	5.7*	67.8
	25 to 34	18.0	27.9	2.7**	3.5**	12.9*	44.4
	35 to 44	9.7*	19.7	1.1**	1.1**	5.9*	30.7
	45 to 54	10.3*	13.8	0.6**	1.6**	9.2*	28.0
	55 to 64	11.5*	8.4*	0.5**	0.9**	10.1*	26.8
	65 and over	9.0*	15.3	0.9**	1.5**	10.6*	28.4
	TOTAL		12.8	20.5	1.1*	5.4	9.0
Persons	15 to 24	22.0	47.9	0.5**	21.2	8.1	69.2
	25 to 34	18.5	32.2	1.4**	2.2**	9.1	47.9
	35 to 44	11.9	28.4	0.9**	0.6**	5.8*	39.8
	45 to 54	7.7	18.7	0.3**	1.7**	6.8	28.1
	55 to 64	9.1	14.9	1.2**	1.1**	7.8	28.8
	65 and over	7.2	20.1	0.5**	1.1**	10.5	31.7
	TOTAL		12.4	26.7	0.8*	4.5	8.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) All aerobics/fitness participants describing their activity as organised by a sport or recreation club or association have been recoded to fitness, leisure or indoor sports centre

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 91: Tasmanian participants — total participation in specific activities (organised and non-organised) by sex, 2008 (a)

Activity	MALES		FEMALES		PERSONS	
	Number (’000)	Total participation rate (b) (%)	Number (’000)	Total participation rate (%)	Number (’000)	Total participation rate (%)
Aerobics/fitness	20.3	10.8	42.5	21.5	62.8	16.3
Aquarobics	0.0**	0.0**	2.0*	1.0*	2.0*	0.5*
Athletics/track and field	2.5*	1.3*	0.9**	0.5**	3.5*	0.9*
Australian rules football	16.4	8.7	0.6**	0.3**	16.9	4.4
Badminton	2.6*	1.4*	2.8*	1.4*	5.4	1.4
Baseball	0.0**	0.0**	0.3**	0.2**	0.3**	0.1**
Basketball	5.4	2.8	6.3	3.2	11.6	3.0
Billiards/snooker/pool	0.5**	0.2**	0.0**	0.0**	0.5**	0.1**
Boxing	1.4*	0.7*	0.0**	0.0**	1.4*	0.4*
Canoeing/kayaking	4.4	2.3	2.9*	1.5*	7.2	1.9
Carpet bowls	1.5*	0.8*	2.0*	1.0*	3.5*	0.9*
Cricket (indoor)	3.1*	1.6*	0.6**	0.3**	3.6*	0.9*
Cricket (outdoor)	12.6	6.7	2.8*	1.4*	15.4	4.0
Cycling	23.1	12.3	13.9	7.0	37.0	9.6
Dancing	1.7*	0.9*	6.3	3.2	8.0	2.1
Darts	0.0**	0.0**	0.1**	0.1**	0.1**	0.0**
Fishing	12.3	6.5	0.6**	0.3**	12.9	3.3
Football (indoor)	7.7	4.1	0.7**	0.4**	8.4	2.2
Football (outdoor)	13.5	7.1	4.9	2.5	18.4	4.8
Golf	18.0	9.6	3.6*	1.8*	21.6	5.6
Gymnastics	0.2**	0.1**	0.3**	0.2**	0.5**	0.1**
Hockey (outdoor)	2.7*	1.4*	5.8	2.9	8.5	2.2
Horse riding/equestrian activities/polocrosse	1.8*	1.0*	3.8*	1.9*	5.6	1.4
Ice/snow sports	1.8*	1.0*	0.8**	0.4**	2.7*	0.7*
Lawn bowls	6.5	3.4	4.0*	2.0*	10.5	2.7
Martial arts	6.4	3.4	3.9*	2.0*	10.3	2.7
Motor sports	3.3*	1.8*	1.1**	0.6**	4.5	1.2
Netball	0.5**	0.3**	12.8	6.5	13.4	3.5
Orienteering	2.8*	1.5*	2.4*	1.2*	5.2	1.3
Rock climbing	0.8**	0.4**	1.0**	0.5**	1.8*	0.5*
Roller sports	0.7**	0.4**	0.7**	0.3**	1.4*	0.4*
Rowing	0.2**	0.1**	1.3*	0.7*	1.5*	0.4*
Rugby league	0.2**	0.1**	0.0**	0.0**	0.2**	0.1**
Rugby union	1.6*	0.9*	0.2**	0.1**	1.8*	0.5*
Running	24.3	12.9	12.7	6.4	37.1	9.6
Sailing	5.3	2.8	3.0*	1.5*	8.3	2.2
Scuba diving	4.4	2.3	0.0**	0.0**	4.4	1.1
Shooting sports	3.4*	1.8*	0.0**	0.0**	3.4*	0.9*
Softball	0.2**	0.1**	2.0*	1.0*	2.2*	0.6*
Squash/racquetball	3.7*	1.9*	1.5*	0.8*	5.2	1.3
Surf sports	2.0*	1.1*	1.8*	0.9*	3.8*	1.0*
Swimming	15.7	8.3	35.1	17.8	50.8	13.2
Table tennis	1.0**	0.5**	0.0**	0.0**	1.0**	0.3**
Tennis	8.0	4.2	7.7	3.9	15.7	4.1
Tenpin bowling	1.0**	0.5**	1.6*	0.8*	2.6*	0.7*
Touch football	3.5*	1.9*	2.9*	1.4*	6.4	1.7
Triathlon	0.3**	0.2**	0.0**	0.0**	0.3**	0.1**
Volleyball	1.6*	0.8*	0.6**	0.3**	2.2*	0.6*
Walking (bush)	19.7	10.5	20.9	10.6	40.6	10.5
Walking (other)	58.0	30.8	104.2	52.8	162.2	42.1
Water polo	0.0**	0.0**	0.6**	0.3**	0.6**	0.1**
Waterskiing/powerboating	3.1*	1.6*	0.7**	0.4**	3.8*	1.0*
Weight training	7.9	4.2	4.4	2.2	12.3	3.2
Yoga	2.0*	1.1*	6.9	3.5	8.9	2.3

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 92: Tasmanian participants — total participation in specific activities by type of activity, 2008 (a)

Activity	Number ('000)			Total participation rate (%) (b)		
	Organised	Non-organised	Total	Organised	Non-organised	Total
Aerobics/fitness	18.4	48.7	62.8	4.8	12.6	16.3
Aquarobics	1.5*	0.6**	2.0*	0.4*	0.2**	0.5*
Athletics/track and field	3.5*	0.8**	3.5*	0.9*	0.2**	0.9*
Australian rules football	12.2	5.3	16.9	3.2	1.4	4.4
Badminton	4.7	0.8**	5.4	1.2	0.2**	1.4
Baseball	0.3**	0.3**	0.3**	0.1**	0.1**	0.1**
Basketball	9.6	2.9*	11.6	2.5	0.7*	3.0
Billiards/snooker/pool	0.2**	0.3**	0.5**	0.1**	0.1**	0.1**
Boxing	1.2**	0.1**	1.4*	0.3**	0.0**	0.4*
Canoeing/kayaking	1.0**	6.6	7.2	0.3**	1.7	1.9
Carpet bowls	3.4*	0.3**	3.5*	0.9*	0.1**	0.9*
Cricket (indoor)	2.6*	1.1**	3.6*	0.7*	0.3**	0.9*
Cricket (outdoor)	10.7	6.0	15.4	2.8	1.5	4.0
Cycling	3.7*	35.6	37.0	1.0*	9.2	9.6
Dancing	6.2	3.1*	8.0	1.6	0.8*	2.1
Darts	0.0**	0.1**	0.1**	0.0**	0.0**	0.0**
Fishing	1.7*	12.7	12.9	0.4*	3.3	3.3
Football (indoor)	4.8	4.1*	8.4	1.2	1.1*	2.2
Football (outdoor)	14.7	4.4	18.4	3.8	1.1	4.8
Golf	14.3	12.1	21.6	3.7	3.1	5.6
Gymnastics	0.4**	0.1**	0.5**	0.1**	0.0**	0.1**
Hockey (outdoor)	8.1	1.7*	8.5	2.1	0.4*	2.2
Horse riding/equestrian activities/polocrosse	3.4*	5.4	5.6	0.9*	1.4	1.4
Ice/snow sports	0.0**	2.7*	2.7*	0.0**	0.7*	0.7*
Lawn bowls	10.2	1.6*	10.5	2.6	0.4*	2.7
Martial arts	7.9	3.6*	10.3	2.0	0.9*	2.7
Motor sports	1.1**	3.8*	4.5	0.3**	1.0*	1.2
Netball	12.1	3.5*	13.4	3.1	0.9*	3.5
Orienteering	2.8*	2.8*	5.2	0.7*	0.7*	1.3
Rock climbing	0.4**	1.8*	1.8*	0.1**	0.5*	0.5*
Roller sports	0.4**	1.1**	1.4*	0.1**	0.3**	0.4*
Rowing	0.9**	0.7**	1.5*	0.2**	0.2**	0.4*
Rugby league	0.0**	0.2**	0.2**	0.0**	0.1**	0.1**
Rugby union	1.3*	0.6**	1.8*	0.3*	0.1**	0.5*
Running	6.5	33.1	37.1	1.7	8.6	9.6
Sailing	4.0*	5.6	8.3	1.0*	1.4	2.2
Scuba diving	0.2**	4.4	4.4	0.1**	1.1	1.1
Shooting sports	1.3*	2.4*	3.4*	0.3*	0.6*	0.9*
Softball	2.2*	0.3**	2.2*	0.6*	0.1**	0.6*
Squash/racquetball	1.2**	4.2*	5.2	0.3**	1.1*	1.3
Surf sports	0.5**	3.7*	3.8*	0.1**	1.0*	1.0*
Swimming	5.6	49.0	50.8	1.4	12.7	13.2
Table tennis	0.2**	0.8**	1.0**	0.1**	0.2**	0.3**
Tennis	6.6	11.3	15.7	1.7	2.9	4.1
Tenpin bowling	1.4*	1.5*	2.6*	0.4*	0.4*	0.7*
Touch football	4.3	2.5*	6.4	1.1	0.6*	1.7
Triathlon	0.3**	0.0**	0.3**	0.1**	0.0**	0.1**
Volleyball	2.2*	0.0**	2.2*	0.6*	0.0**	0.6*
Walking (bush)	5.4	37.7	40.6	1.4	9.8	10.5
Walking (other)	8.2	159.7	162.2	2.1	41.4	42.1
Water polo	0.2**	0.4**	0.6**	0.1**	0.1**	0.1**
Waterskiing/powerboating	0.5**	3.3*	3.8*	0.1**	0.9*	1.0*
Weight training	5.3	7.4	12.3	1.4	1.9	3.2
Yoga	4.5	5.0	8.9	1.2	1.3	2.3

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

10.3.7 Victoria

Table 93: Victorian participants — total participation in physical activity by type of participation, age and sex, 2008 (a)

Sex	Age group (years)	Organised only (c)	Non-organised only (d)	Both organised and non-organised (e)	Total organised	Total non-organised	Total participation
		(A)	(B)	(C)	(A + C)	(B + C)	(A + B + C)
		Number ('000)					
Males	15 to 24	93.9	92.6	150.8	244.8	243.4	337.4
	25 to 34	45.3	145.9	126.8	172.1	272.7	318.0
	35 to 44	44.5	172.7	113.8	158.2	286.5	331.0
	45 to 54	32.0	157.8	97.4	129.4	255.2	287.2
	55 to 64	24.4	128.7	75.6	100.0	204.3	228.7
	65 and over	45.1	115.5	56.6	101.7	172.2	217.2
	TOTAL		285.2	813.3	621.0	906.2	1,434.3
Females	15 to 24	75.1	103.8	134.0	209.2	237.8	313.0
	25 to 34	34.7	163.4	112.6	147.3	276.0	310.6
	35 to 44	24.0	189.9	114.1	138.1	303.9	328.0
	45 to 54	22.9	178.3	101.3	124.2	279.6	302.4
	55 to 64	20.8	146.7	69.8	90.6	216.5	237.3
	65 and over	48.2	123.9	88.7	136.9	212.6	260.8
	TOTAL		225.8	905.9	620.5	846.2	1,526.3
Persons	15 to 24	169.1	196.4	284.9	453.9	481.3	650.3
	25 to 34	80.0	309.3	239.4	319.3	548.6	628.6
	35 to 44	68.5	362.6	227.8	296.3	590.4	658.9
	45 to 54	54.9	336.1	198.7	253.6	534.8	589.6
	55 to 64	45.2	275.4	145.4	190.6	420.8	466.0
	65 and over	93.3	239.4	145.3	238.6	384.7	478.1
	TOTAL		510.9	1,719.1	1,241.5	1,752.4	2,960.6
		Total participation rate (%) (b)					
Males	15 to 24	25.6	25.3	41.1	66.7	66.4	92.0
	25 to 34	12.4	39.8	34.6	47.0	74.4	86.8
	35 to 44	11.8	45.8	30.1	41.9	75.9	87.7
	45 to 54	9.1	45.1	27.8	37.0	72.9	82.0
	55 to 64	8.7	45.7	26.9	35.5	72.6	81.2
	65 and over	14.9	38.2	18.7	33.7	57.0	71.9
	TOTAL	13.9	39.8	30.4	44.3	70.2	84.1
Females	15 to 24	21.4	29.5	38.1	59.5	67.6	89.0
	25 to 34	9.4	44.4	30.6	40.1	75.1	84.5
	35 to 44	6.1	48.5	29.2	35.3	77.7	83.9
	45 to 54	6.3	49.3	28.0	34.3	77.3	83.6
	55 to 64	7.1	50.3	23.9	31.1	74.2	81.3
	65 and over	13.6	35.0	25.1	38.7	60.0	73.7
	TOTAL	10.7	42.8	29.3	40.0	72.1	82.7
Persons	15 to 24	23.5	27.3	39.6	63.2	67.0	90.5
	25 to 34	10.9	42.1	32.6	43.5	74.7	85.6
	35 to 44	8.9	47.2	29.6	38.6	76.8	85.7
	45 to 54	7.7	47.2	27.9	35.6	75.1	82.9
	55 to 64	7.9	48.0	25.4	33.3	73.4	81.3
	65 and over	14.2	36.5	22.1	36.4	58.6	72.8
	TOTAL	12.3	41.3	29.8	42.1	71.1	83.4

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) Participants' activities are fully organised

(d) Participants' activities are fully non-organised

(e) Participants' activities are part organised and part non-organised

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 94: Victorian participants — total participation in any physical activity (organised and non-organised) by demographics, 2008 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
AGE GROUP (YEARS)						
15 to 24	337.4	92.0	313.0	89.0	650.3	90.5
25 to 34	318.0	86.8	310.6	84.5	628.6	85.6
35 to 44	331.0	87.7	328.0	83.9	658.9	85.7
45 to 54	287.2	82.0	302.4	83.6	589.6	82.9
55 to 64	228.7	81.2	237.3	81.3	466.0	81.3
65 and over	217.2	71.9	260.8	73.7	478.1	72.8
REGION						
Capital city	1,284.6	85.1	1,292.2	82.7	2,576.8	83.9
Rest of state	434.8	81.2	460.0	82.9	894.8	82.1
EMPLOYMENT STATUS						
Employed full time	1,036.2	85.9	529.4	86.1	1,565.7	86.0
Employed part time	240.1	88.4	582.7	87.1	822.9	87.5
Employed refused	11.5*	94.8*	11.2*	62.7*	22.8	75.7
Total employed	1,287.9	86.5	1,123.4	86.3	2,411.3	86.4
Unemployed	84.1	92.1	76.3	81.7	160.4	86.9
Not in the labour force	347.5	75.0	552.5	76.5	899.9	75.9
MARITAL STATUS						
Married	1,001.9	83.7	953.5	84.0	1,955.4	83.9
Not married	714.0	84.8	789.0	81.3	1,503.0	82.9
Refused/Do not know	3.5**	64.7**	9.6*	76.3*	13.1*	72.8*
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	464.7	84.2	546.6	82.1	1,011.3	83.0
At least one under 18 — none at home	45.0	82.8	5.5*	82.8*	50.5	82.8
No children under 18	1,209.8	84.2	1,199.9	83.0	2,409.7	83.6
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	504.7	90.6	510.7	90.1	1,015.4	90.3
Undergraduate diploma or associate diploma	149.6	87.7	157.6	86.6	307.2	87.1
Certificate, trade qualification or apprenticeship	230.8	81.2	184.3	83.0	415.1	82.0
Highest level of secondary school	365.6	85.0	369.1	81.7	734.7	83.3
Did not complete highest level of school	327.2	74.6	356.8	72.7	684.0	73.6
Never went to school	0.7**	34.7**	0.6**	49.3**	1.3**	39.8**
Still at secondary school	87.9	95.8	113.5	91.0	201.4	93.0
Other	48.3	79.0	52.1	74.5	100.4	76.6
Refused	4.6*	56.8*	7.5*	83.2*	12.1*	70.7*
LANGUAGE SPOKEN AT HOME						
English only	1,449.0	85.5	1,534.4	84.5	2,983.3	85.0
European language/s other than English	95.9	80.3	96.7	75.9	192.6	78.1
Non-European language/s	189.5	76.9	128.0	69.3	317.5	73.7
Total	1,719.4	84.1	1,752.1	82.7	3,471.5	83.4

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 95: All Victorian persons — participation in any physical activity by frequency, age and sex, 2008 (a)

Sex	Age group (years)	None	Up to once per week (b)	One or two times per week (c)	Three or four times per week (d)	Five or more times per week	Do not know	Total
		Number ('000)						
Males	15 to 24	29.3	43.4	80.5	88.1	125.4	0.0**	366.7
	25 to 34	48.5	58.3	106.3	77.6	75.8	0.0**	366.5
	35 to 44	46.4	67.8	110.8	62.5	89.9	0.0**	377.4
	45 to 54	62.9	54.1	79.0	60.6	93.5	0.0**	350.1
	55 to 64	52.8	40.5	60.8	50.5	76.3	0.6**	281.5
	65 and over	85.0	19.9	56.5	58.4	82.4	0.0**	302.2
	TOTAL	324.9	284.0	493.9	397.6	543.3	0.6**	2,044.3
Females	15 to 24	38.8	46.0	78.1	74.0	113.9	1.0**	351.8
	25 to 34	56.9	42.4	84.5	82.1	100.9	0.8**	367.5
	35 to 44	63.1	40.8	84.1	88.7	114.4	0.0**	391.1
	45 to 54	59.1	26.3	69.1	82.5	123.9	0.7**	361.6
	55 to 64	54.4	26.6	52.0	57.0	101.7	0.0**	291.7
	65 and over	93.2	22.2	72.8	65.0	100.9	0.0**	354.1
	TOTAL	365.7	204.2	440.6	449.3	655.4	2.5**	2,117.8
Persons	15 to 24	68.1	89.4	158.6	162.1	239.2	1.0**	718.5
	25 to 34	105.4	100.7	190.8	159.7	176.7	0.8**	734.0
	35 to 44	109.6	108.6	194.9	151.2	204.3	0.0**	768.5
	45 to 54	122.0	80.4	148.1	143.1	217.3	0.7**	711.6
	55 to 64	107.2	67.1	112.8	107.5	178.0	0.6**	573.2
	65 and over	178.2	42.1	129.3	123.4	183.3	0.0**	656.3
	TOTAL	690.6	488.2	934.5	846.9	1,198.7	3.1**	4,162.1
Percentage of row (%)								
Males	15 to 24	8.0	11.8	22.0	24.0	34.2	0.0**	100.0
	25 to 34	13.2	15.9	29.0	21.2	20.7	0.0**	100.0
	35 to 44	12.3	18.0	29.4	16.6	23.8	0.0**	100.0
	45 to 54	18.0	15.5	22.6	17.3	26.7	0.0**	100.0
	55 to 64	18.8	14.4	21.6	17.9	27.1	0.2**	100.0
	65 and over	28.1	6.6	18.7	19.3	27.3	0.0**	100.0
	TOTAL	15.9	13.9	24.2	19.5	26.6	0.0**	100.0
Females	15 to 24	11.0	13.1	22.2	21.0	32.4	0.3**	100.0
	25 to 34	15.5	11.5	23.0	22.3	27.4	0.2**	100.0
	35 to 44	16.1	10.4	21.5	22.7	29.2	0.0**	100.0
	45 to 54	16.4	7.3	19.1	22.8	34.3	0.2**	100.0
	55 to 64	18.7	9.1	17.8	19.6	34.8	0.0**	100.0
	65 and over	26.3	6.3	20.5	18.4	28.5	0.0**	100.0
	TOTAL	17.3	9.6	20.8	21.2	30.9	0.1**	100.0
Persons	15 to 24	9.5	12.4	22.1	22.6	33.3	0.1**	100.0
	25 to 34	14.4	13.7	26.0	21.8	24.1	0.1**	100.0
	35 to 44	14.3	14.1	25.4	19.7	26.6	0.0**	100.0
	45 to 54	17.1	11.3	20.8	20.1	30.5	0.1**	100.0
	55 to 64	18.7	11.7	19.7	18.8	31.0	0.1**	100.0
	65 and over	27.2	6.4	19.7	18.8	27.9	0.0**	100.0
	TOTAL	16.6	11.7	22.5	20.3	28.8	0.1**	100.0

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 96: Victorian participants — participation in any physical activity by cumulative frequency, age and sex, 2008 (a)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	43.4	294.0	253.9	213.5	337.4
	25 to 34	58.3	259.6	207.4	153.4	318.0
	35 to 44	67.8	263.2	210.6	152.4	331.0
	45 to 54	54.1	233.0	189.4	154.0	287.2
	55 to 64	40.5	187.6	163.0	126.8	228.7
	65 and over	19.9	197.3	177.7	140.8	217.2
	TOTAL	284.0	1,434.8	1,202.0	940.9	1,719.4
Females	15 to 24	46.0	266.0	223.6	187.9	313.0
	25 to 34	42.4	267.4	233.8	182.9	310.6
	35 to 44	40.8	287.2	249.2	203.0	328.0
	45 to 54	26.3	275.4	245.9	206.4	302.4
	55 to 64	26.6	210.7	186.6	158.7	237.3
	65 and over	22.2	238.6	202.1	165.8	260.8
	TOTAL	204.2	1,545.3	1,341.2	1,104.7	1,752.1
Persons	15 to 24	89.4	560.0	477.6	401.3	650.3
	25 to 34	100.7	527.1	441.3	336.3	628.6
	35 to 44	108.6	550.4	459.8	355.4	658.9
	45 to 54	80.4	508.5	435.3	360.4	589.6
	55 to 64	67.1	398.3	349.6	285.5	466.0
	65 and over	42.1	435.9	379.8	306.7	478.1
	TOTAL	488.2	2,980.2	2,543.2	2,045.6	3,471.5
Total participation rate (%) (b)						
Males	15 to 24	11.8	80.2	69.2	58.2	92.0
	25 to 34	15.9	70.9	56.6	41.9	86.8
	35 to 44	18.0	69.7	55.8	40.4	87.7
	45 to 54	15.5	66.6	54.1	44.0	82.0
	55 to 64	14.4	66.6	57.9	45.0	81.2
	65 and over	6.6	65.3	58.8	46.6	71.9
	TOTAL	13.9	70.2	58.8	46.0	84.1
Females	15 to 24	13.1	75.6	63.6	53.4	89.0
	25 to 34	11.5	72.8	63.6	49.8	84.5
	35 to 44	10.4	73.4	63.7	51.9	83.9
	45 to 54	7.3	76.2	68.0	57.1	83.6
	55 to 64	9.1	72.2	64.0	54.4	81.3
	65 and over	6.3	67.4	57.1	46.8	73.7
	TOTAL	9.6	73.0	63.3	52.2	82.7
Persons	15 to 24	12.4	77.9	66.5	55.9	90.5
	25 to 34	13.7	71.8	60.1	45.8	85.6
	35 to 44	14.1	71.6	59.8	46.2	85.7
	45 to 54	11.3	71.5	61.2	50.6	82.9
	55 to 64	11.7	69.5	61.0	49.8	81.3
	65 and over	6.4	66.4	57.9	46.7	72.8
	TOTAL	11.7	71.6	61.1	49.1	83.4

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

Table 97: Victorian recent participants — recent participation in any physical activity by duration and age, 2008 (a)

		15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	Total
		Number ('000)						
Five hours or more	More than three sessions weekly	182.4	109.7	106.4	132.9	136.5	114.7	782.5
	Two or three sessions weekly	31.6	15.2	24.6	17.3	16.8	34.2	139.8
	Less than two sessions weekly	4.6*	8.0*	5.9*	2.9**	3.7**	6.5*	31.6
	<i>Total</i>	218.6	132.8	137.0	153.1	157.0	155.5	953.9
Two hours or more but less than five hours	More than three sessions weekly	92.4	91.4	128.3	109.3	82.1	96.5	600.0
	Two or three sessions weekly	85.6	75.3	76.1	61.1	32.3	33.3	363.7
	Less than two sessions weekly	29.5	20.5	27.9	20.6	21.8	23.5	143.9
	<i>Total</i>	207.5	187.2	232.3	191.0	136.2	153.4	1,107.6
Less than two hours	More than three sessions weekly	9.1*	10.0*	17.5	17.8	12.0*	20.5	86.8
	Two or three sessions weekly	21.8	61.1	67.4	48.4	41.6	41.1	281.4
	Less than two sessions weekly	103.2	128.1	106.1	96.8	66.0	59.4	559.5
	<i>Total</i>	134.1	199.1	191.0	163.0	119.6	120.9	927.7
Total	More than three sessions weekly	283.9	211.0	252.2	259.9	230.6	231.7	1,469.3
	Two or three sessions weekly	139.0	151.6	168.2	126.9	90.7	108.6	784.9
	Less than two sessions weekly	137.3	156.5	139.9	120.3	91.5	89.4	735.0
	Total	560.1	519.2	560.3	507.1	412.8	429.8	2,989.2
		Percentage of total (%)						
Five hours or more	More than three sessions weekly	6.1	3.7	3.6	4.4	4.6	3.8	26.2
	Two or three sessions weekly	1.1	0.5	0.8	0.6**	0.6**	1.1	4.7
	Less than two sessions weekly	0.2*	0.3*	0.2*	0.1	0.1	0.2*	1.1
	<i>Total</i>	7.3	4.4	4.6	5.1	5.3	5.2	31.9
Two hours or more but less than five hours	More than three sessions weekly	3.1	3.1	4.3	3.7	2.7	3.2	20.1
	Two or three sessions weekly	2.9	2.5	2.5	2.0	1.1	1.1	12.2
	Less than two sessions weekly	1.0	0.7	0.9	0.7	0.7	0.8	4.8
	<i>Total</i>	6.9	6.3	7.8	6.4	4.6	5.1	37.1
Less than two hours	More than three sessions weekly	0.3*	0.3*	0.6	0.6	0.4*	0.7	2.9
	Two or three sessions weekly	0.7	2.0	2.3	1.6	1.4	1.4	9.4
	Less than two sessions weekly	3.5	4.3	3.6	3.2	2.2	2.0	18.7
	<i>Total</i>	4.5	6.7	6.4	5.5	4.0	4.0	31.0
Total	More than three sessions weekly	9.5	7.1	8.4	8.7	7.7	7.8	49.2
	Two or three sessions weekly	4.6	5.1	5.6	4.2	3.0	3.6	26.3
	Less than two sessions weekly	4.6	5.2	4.7	4.0	3.1	3.0	24.6
	Total	18.7	17.4	18.7	17.0	13.8	14.4	100.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport in the two weeks prior to interview in 2008

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 98: Victorian regular participants — regular participation in any physical activity (organised and non-organised) by demographics, 2008 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Regular participation rate (b) (%)	Number (‘000)	Regular participation rate (%)	Number (‘000)	Regular participation rate (%)
AGE GROUP (YEARS)						
15 to 24	213.5	58.2	187.9	53.4	401.3	55.9
25 to 34	153.4	41.9	182.9	49.8	336.3	45.8
35 to 44	152.4	40.4	203.0	51.9	355.4	46.2
45 to 54	154.0	44.0	206.4	57.1	360.4	50.6
55 to 64	126.8	45.0	158.7	54.4	285.5	49.8
65 and over	140.8	46.6	165.8	46.8	306.7	46.7
REGION						
Capital city	714.9	47.4	811.3	51.9	1,526.2	49.7
Rest of state	226.0	42.2	293.4	52.9	519.4	47.6
EMPLOYMENT STATUS						
Employed full time	514.5	42.7	336.0	54.6	850.5	46.7
Employed part time	152.2	56.0	383.9	57.4	536.1	57.0
Employed refused	5.9*	48.7*	8.0*	44.9*	14.0*	46.5*
Total employed	672.6	45.2	727.9	55.9	1,400.5	50.2
Unemployed	44.6	48.9	40.8	43.7	85.4	46.3
Not in the labour force	223.7	48.3	336.0	46.5	559.7	47.2
MARITAL STATUS						
Married	517.4	43.2	602.1	53.0	1,119.5	48.0
Not married	421.1	50.0	496.0	51.1	917.1	50.6
Refused/Do not know	2.4**	43.3**	6.7*	52.9*	9.0*	50.0*
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	208.4	37.8	324.8	48.8	533.3	43.8
At least one under 18 — none at home	20.7	38.0	3.1**	46.3**	23.8	38.9
No children under 18	711.8	49.5	776.8	53.8	1,488.6	51.6
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	278.0	49.9	334.2	59.0	612.2	54.5
Undergraduate diploma or associate diploma	84.4	49.5	98.6	54.2	183.0	51.9
Certificate, trade qualification or apprenticeship	120.3	42.3	115.6	52.1	235.8	46.6
Highest level of secondary school	212.7	49.5	241.5	53.5	454.1	51.5
Did not complete highest level of school	160.0	36.5	219.0	44.6	379.1	40.8
Never went to school	0.7**	34.7**	0.6**	49.3**	1.3**	39.8**
Still at secondary school	52.8	57.5	57.4	46.0	110.1	50.9
Other	29.4	48.1	33.3	47.7	62.8	47.9
Refused	2.6**	32.7**	4.5*	50.4*	7.2*	42.0*
LANGUAGE SPOKEN AT HOME						
English only	797.8	47.1	983.5	54.2	1,781.3	50.7
European language/s other than English	59.0	49.4	59.4	46.6	118.4	48.0
Non-European language/s	93.5	37.9	65.6	35.5	159.1	36.9
Total	940.9	46.0	1,104.7	52.2	2,045.6	49.1

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the regular participation rate is the number of persons who participated in the activity at three times per week on average expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 99: Victorian organised participants — participation in organised physical activity by frequency, age and sex, 2008 (a)

Sex	Age group (years)	None	Up to once	One or two	Three or four	Five or	Do not know	Total
			per week (b)	times per week (c)	times per week (d)	more times per week		
		Number ('000)						
Males	15 to 24	121.9	41.9	91.6	56.5	54.8	0.0**	366.7
	25 to 34	194.4	54.5	69.7	29.4	18.5	0.0**	366.5
	35 to 44	219.2	66.8	62.3	20.5	8.5*	0.0**	377.4
	45 to 54	220.7	52.2	50.5	18.8	7.9*	0.0**	350.1
	55 to 64	181.5	33.8	48.0	12.5*	5.1*	0.6**	281.5
	65 and over	200.5	20.2	56.9	21.4	3.2**	0.0**	302.2
	TOTAL	1,138.2	269.4	379.0	159.3	97.9	0.6**	2,044.3
Females	15 to 24	142.6	48.9	79.8	34.9	45.6	0.0**	351.8
	25 to 34	220.3	48.9	54.4	27.6	14.7*	1.6**	367.5
	35 to 44	253.0	42.6	57.1	23.2	15.1	0.0**	391.1
	45 to 54	237.4	35.6	51.8	22.4	14.3*	0.0**	361.6
	55 to 64	201.1	24.2	37.5	18.3	10.5*	0.0**	291.7
	65 and over	217.1	34.8	66.9	21.8	13.4*	0.0**	354.1
	TOTAL	1,271.5	235.2	347.6	148.4	113.4	1.6**	2,117.8
Persons	15 to 24	264.6	90.8	171.4	91.5	100.3	0.0**	718.5
	25 to 34	414.7	103.4	124.1	57.1	33.1	1.6**	734.0
	35 to 44	472.2	109.5	119.5	43.8	23.6	0.0**	768.5
	45 to 54	458.1	87.8	102.3	41.2	22.2	0.0**	711.6
	55 to 64	382.6	58.0	85.6	30.9	15.5	0.6**	573.2
	65 and over	417.6	55.0	123.9	43.2	16.5	0.0**	656.3
	TOTAL	2,409.7	504.6	726.6	307.6	211.3	2.3**	4,162.1

Percentage of row (%)

Males	15 to 24	33.3	11.4	25.0	15.4	14.9	0.0**	100.0
	25 to 34	53.0	14.9	19.0	8.0	5.0	0.0**	100.0
	35 to 44	58.1	17.7	16.5	5.4	2.3*	0.0**	100.0
	45 to 54	63.0	14.9	14.4	5.4	2.3*	0.0**	100.0
	55 to 64	64.5	12.0	17.1	4.4*	1.8*	0.2**	100.0
	65 and over	66.3	6.7	18.8	7.1	1.0**	0.0**	100.0
	TOTAL	55.7	13.2	18.5	7.8	4.8	0.0**	100.0
Females	15 to 24	40.5	13.9	22.7	9.9	13.0	0.0**	100.0
	25 to 34	59.9	13.3	14.8	7.5	4.0*	0.4**	100.0
	35 to 44	64.7	10.9	14.6	5.9	3.9	0.0**	100.0
	45 to 54	65.7	9.9	14.3	6.2	3.9*	0.0**	100.0
	55 to 64	68.9	8.3	12.9	6.3	3.6*	0.0**	100.0
	65 and over	61.3	9.8	18.9	6.2	3.8*	0.0**	100.0
	TOTAL	60.0	11.1	16.4	7.0	5.4	0.1**	100.0
Persons	15 to 24	36.8	12.6	23.8	12.7	14.0	0.0**	100.0
	25 to 34	56.5	14.1	16.9	7.8	4.5	0.2**	100.0
	35 to 44	61.4	14.2	15.5	5.7	3.1	0.0**	100.0
	45 to 54	64.4	12.3	14.4	5.8	3.1	0.0**	100.0
	55 to 64	66.7	10.1	14.9	5.4	2.7	0.1**	100.0
	65 and over	63.6	8.4	18.9	6.6	2.5	0.0**	100.0
	TOTAL	57.9	12.1	17.5	7.4	5.1	0.1**	100.0

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 100: Victorian organised participants — participation in organised physical activity by cumulative frequency, age and sex, 2008 (a)

		Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
Sex	Age group (years)	Number ('000)				
Males	15 to 24	41.9	202.8	151.2	111.3	244.8
	25 to 34	54.5	117.6	79.7	47.9	172.1
	35 to 44	66.8	91.4	54.3	29.1	158.2
	45 to 54	52.2	77.3	49.4	26.7	129.4
	55 to 64	33.8	65.6	35.7	17.6	100.0
	65 and over	20.2	81.5	55.8	24.6	101.7
	TOTAL		269.4	636.2	426.0	257.2
Females	15 to 24	48.9	160.3	113.0	80.5	209.2
	25 to 34	48.9	96.7	65.3	42.3	147.3
	35 to 44	42.6	95.5	60.5	38.3	138.1
	45 to 54	35.6	88.5	60.8	36.7	124.2
	55 to 64	24.2	66.4	46.4	28.8	90.6
	65 and over	34.8	102.1	60.9	35.2	136.9
	TOTAL		235.2	609.4	406.8	261.8
Persons	15 to 24	90.8	363.1	264.2	191.8	453.9
	25 to 34	103.4	214.3	145.0	90.2	319.3
	35 to 44	109.5	186.9	114.8	67.4	296.3
	45 to 54	87.8	165.8	110.2	63.4	253.6
	55 to 64	58.0	132.0	82.1	46.4	190.6
	65 and over	55.0	183.6	116.6	59.8	238.6
	TOTAL		504.6	1,245.6	832.8	519.0
Total participation rate (%) (b)						
Males	15 to 24	11.4	55.3	41.2	30.4	66.7
	25 to 34	14.9	32.1	21.7	13.1	47.0
	35 to 44	17.7	24.2	14.4	7.7	41.9
	45 to 54	14.9	22.1	14.1	7.6	37.0
	55 to 64	12.0	23.3	12.7	6.2	35.5
	65 and over	6.7	27.0	18.5	8.1	33.7
	TOTAL		13.2	31.1	20.8	12.6
Females	15 to 24	13.9	45.6	32.1	22.9	59.5
	25 to 34	13.3	26.3	17.8	11.5	40.1
	35 to 44	10.9	24.4	15.5	9.8	35.3
	45 to 54	9.9	24.5	16.8	10.1	34.3
	55 to 64	8.3	22.7	15.9	9.9	31.1
	65 and over	9.8	28.8	17.2	9.9	38.7
	TOTAL		11.1	28.8	19.2	12.4
Persons	15 to 24	12.6	50.5	36.8	26.7	63.2
	25 to 34	14.1	29.2	19.7	12.3	43.5
	35 to 44	14.2	24.3	14.9	8.8	38.6
	45 to 54	12.3	23.3	15.5	8.9	35.6
	55 to 64	10.1	23.0	14.3	8.1	33.3
	65 and over	8.4	28.0	17.8	9.1	36.4
	TOTAL		12.1	29.9	20.0	12.5

(a) Relates to persons aged 15 years and over who participated in organised physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

Table 101: Victorian organised participants — total participation in organised activities by type of organisation, age and sex, 2008 (a)

Sex	Age group (years)	Fitness, leisure or indoor sports centre	Sport or recreation club or association (c)	Work	School	Other	Total organised participation
		Number ('000)					
Males	15 to 24	89.3	176.7	7.2*	74.6	25.9	244.8
	25 to 34	67.0	124.6	9.3*	0.0**	25.4	172.1
	35 to 44	46.8	119.3	6.7*	2.5**	21.0	158.2
	45 to 54	34.8	98.7	4.5*	0.0**	23.0	129.4
	55 to 64	16.7	74.7	1.4**	0.6**	23.5	100.0
	65 and over	15.2	81.7	0.0**	0.0**	16.8	101.7
	TOTAL		269.7	675.7	29.1	77.7	135.7
Females	15 to 24	91.2	120.8	4.7*	70.2	27.8	209.2
	25 to 34	88.5	59.1	6.5*	3.7**	30.1	147.3
	35 to 44	81.0	62.0	1.9**	3.1**	33.5	138.1
	45 to 54	67.8	58.4	2.3**	2.8**	24.4	124.2
	55 to 64	41.7	42.5	1.6**	0.0**	24.9	90.6
	65 and over	42.6	55.3	0.6**	0.0**	63.5	136.9
	TOTAL		412.8	398.1	17.5	79.8	204.2
Persons	15 to 24	180.5	297.6	11.9*	144.8	53.6	453.9
	25 to 34	155.5	183.7	15.9	3.7**	55.5	319.3
	35 to 44	127.8	181.2	8.6*	5.5*	54.5	296.3
	45 to 54	102.6	157.1	6.8*	2.8**	47.5	253.6
	55 to 64	58.4	117.3	2.9**	0.6**	48.4	190.6
	65 and over	57.8	136.9	0.6**	0.0**	80.4	238.6
	TOTAL		682.5	1,073.8	46.6	157.5	339.9

Total participation rate (%) (b)

Males	15 to 24	24.3	48.2	2.0*	20.3	7.1	66.7
	25 to 34	18.3	34.0	2.5*	0.0**	6.9	47.0
	35 to 44	12.4	31.6	1.8*	0.7**	5.6	41.9
	45 to 54	9.9	28.2	1.3*	0.0**	6.6	37.0
	55 to 64	5.9	26.5	0.5**	0.2**	8.4	35.5
	65 and over	5.0	27.0	0.0**	0.0**	5.6	33.7
	TOTAL		13.2	33.1	1.4	3.8	6.6
Females	15 to 24	25.9	34.3	1.3*	19.9	7.9	59.5
	25 to 34	24.1	16.1	1.8*	1.0**	8.2	40.1
	35 to 44	20.7	15.9	0.5**	0.8**	8.6	35.3
	45 to 54	18.7	16.2	0.6**	0.8**	6.8	34.3
	55 to 64	14.3	14.6	0.5**	0.0**	8.5	31.1
	65 and over	12.0	15.6	0.2**	0.0**	17.9	38.7
	TOTAL		19.5	18.8	0.8	3.8	9.6
Persons	15 to 24	25.1	41.4	1.7*	20.1	7.5	63.2
	25 to 34	21.2	25.0	2.2	0.5**	7.6	43.5
	35 to 44	16.6	23.6	1.1*	0.7*	7.1	38.6
	45 to 54	14.4	22.1	1.0*	0.4**	6.7	35.6
	55 to 64	10.2	20.5	0.5**	0.1**	8.5	33.3
	65 and over	8.8	20.9	0.1**	0.0**	12.2	36.4
	TOTAL		16.4	25.8	1.1	3.8	8.2

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) All aerobics/fitness participants describing their activity as organised by a sport or recreation club or association have been recoded to fitness, leisure or indoor sports centre

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 102: Victorian participants — total participation in specific activities (organised and non-organised) by sex, 2008 (a)

Activity	MALES		FEMALES		PERSONS	
	Number (’000)	Total participation rate (b) (%)	Number (’000)	Total participation rate (%)	Number (’000)	Total participation rate (%)
Aerobics/fitness	372.6	18.2	635.7	30.0	1,008.3	24.2
Aquarobics	3.8*	0.2*	41.5	2.0	45.3	1.1
Athletics/track and field	13.5*	0.7*	10.0*	0.5*	23.5	0.6
Australian rules football	212.7	10.4	22.0	1.0	234.6	5.6
Badminton	20.7	1.0	19.3	0.9	40.0	1.0
Baseball	6.7*	0.3*	2.7**	0.1**	9.5*	0.2*
Basketball	142.8	7.0	72.1	3.4	214.9	5.2
Billiards/snooker/pool	9.0*	0.4*	2.1**	0.1**	11.1*	0.3*
Boxing	18.9	0.9	9.0*	0.4*	27.9	0.7
Canoeing/kayaking	17.3	0.8	10.2*	0.5*	27.5	0.7
Carpet bowls	4.2*	0.2*	5.8*	0.3*	10.0*	0.2*
Cricket (indoor)	29.6	1.4	3.8*	0.2*	33.3	0.8
Cricket (outdoor)	174.9	8.6	18.6	0.9	193.5	4.6
Cycling	372.2	18.2	200.4	9.5	572.6	13.8
Dancing	15.2	0.7	89.0	4.2	104.1	2.5
Darts	4.7*	0.2*	0.0**	0.0**	4.7*	0.1*
Fishing	52.0	2.5	11.5*	0.5*	63.5	1.5
Football (indoor)	81.1	4.0	12.6*	0.6*	93.7	2.3
Football (outdoor)	102.9	5.0	36.5	1.7	139.4	3.4
Golf	247.8	12.1	67.1	3.2	314.9	7.6
Gymnastics	1.3**	0.1**	4.3*	0.2*	5.6*	0.1*
Hockey (indoor)	5.6*	0.3*	4.5*	0.2*	10.1*	0.2*
Hockey (outdoor)	15.6	0.8	10.8*	0.5*	26.4	0.6
Horse riding/equestrian activities/polocrosse	9.9*	0.5*	35.8	1.7	45.7	1.1
Ice/snow sports	41.2	2.0	23.2	1.1	64.5	1.5
Lawn bowls	54.9	2.7	32.0	1.5	86.9	2.1
Martial arts	43.6	2.1	40.4	1.9	83.9	2.0
Motor sports	33.3	1.6	6.2*	0.3*	39.5	0.9
Netball	36.7	1.8	166.4	7.9	203.1	4.9
Orienteering	15.4	0.8	14.5*	0.7*	29.9	0.7
Rock climbing	8.3*	0.4*	3.1**	0.1**	11.4*	0.3*
Roller sports	11.6*	0.6*	7.9*	0.4*	19.5	0.5
Rowing	6.1*	0.3*	7.0*	0.3*	13.1*	0.3*
Rugby league	14.0*	0.7*	0.0**	0.0**	14.0*	0.3*
Rugby union	6.9*	0.3*	1.2**	0.1**	8.1*	0.2*
Running	237.6	11.6	182.4	8.6	420.0	10.1
Sailing	17.8	0.9	9.0*	0.4*	26.8	0.6
Scuba diving	10.1*	0.5*	8.1*	0.4*	18.2	0.4
Shooting sports	17.1	0.8	3.9*	0.2*	21.0	0.5
Softball	1.2**	0.1**	8.7*	0.4*	9.9*	0.2*
Squash/racquetball	40.0	2.0	8.1*	0.4*	48.1	1.2
Surf sports	33.3	1.6	9.4*	0.4*	42.7	1.0
Swimming	256.0	12.5	292.7	13.8	548.7	13.2
Table tennis	29.0	1.4	16.7	0.8	45.7	1.1
Tennis	166.6	8.1	134.0	6.3	300.6	7.2
Tenpin bowling	15.6	0.8	14.9	0.7	30.5	0.7
Touch football	8.4*	0.4*	3.2**	0.2**	11.6*	0.3*
Triathlon	2.9**	0.1**	3.6**	0.2**	6.5*	0.2*
Volleyball	25.1	1.2	27.9	1.3	53.0	1.3
Walking (bush)	115.9	5.7	120.7	5.7	236.5	5.7
Walking (other)	554.7	27.1	1,059.3	50.0	1,614.1	38.8
Water polo	2.0**	0.1**	1.0**	0.0**	2.9**	0.1**
Waterskiing/powerboating	23.9	1.2	12.5*	0.6*	36.3	0.9
Weight training	92.6	4.5	75.4	3.6	168.0	4.0
Yoga	17.1	0.8	111.9	5.3	129.1	3.1

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group.

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 103: Victorian participants — total participation in specific activities by type of activity, 2008 (a)

Activity	Number ('000)			Total participation rate (%) (b)		
	Organised	Non-organised	Total	Organised	Non-organised	Total
Aerobics/fitness	366.6	697.7	1,008.3	8.8	16.8	24.2
Aquarobics	34.4	14.8	45.3	0.8	0.4	1.1
Athletics/track and field	17.7	7.0*	23.5	0.4	0.2*	0.6
Australian rules football	177.3	70.1	234.6	4.3	1.7	5.6
Badminton	23.8	16.9	40.0	0.6	0.4	1.0
Baseball	8.3*	3.1**	9.5*	0.2*	0.1**	0.2*
Basketball	157.3	74.4	214.9	3.8	1.8	5.2
Billiards/snooker/pool	3.7**	7.4*	11.1*	0.1**	0.2*	0.3*
Boxing	17.2	13.4*	27.9	0.4	0.3*	0.7
Canoeing/kayaking	5.4*	23.5	27.5	0.1*	0.6	0.7
Carpet bowls	8.3*	2.6**	10.0*	0.2*	0.1**	0.2*
Cricket (indoor)	24.8	10.7*	33.3	0.6	0.3*	0.8
Cricket (outdoor)	141.5	60.8	193.5	3.4	1.5	4.6
Cycling	65.0	547.8	572.6	1.6	13.2	13.8
Dancing	76.1	37.3	104.1	1.8	0.9	2.5
Darts	2.8**	1.9**	4.7*	0.1**	0.0**	0.1*
Fishing	9.9*	60.5	63.5	0.2*	1.5	1.5
Football (indoor)	55.9	43.3	93.7	1.3	1.0	2.3
Football (outdoor)	82.4	66.8	139.4	2.0	1.6	3.4
Golf	155.2	197.5	314.9	3.7	4.7	7.6
Gymnastics	5.6*	0.0**	5.6*	0.1*	0.0**	0.1*
Hockey (indoor)	5.6*	4.6*	10.1*	0.1*	0.1*	0.2*
Hockey (outdoor)	23.4	4.0*	26.4	0.6	0.1*	0.6
Horse riding/equestrian activities/polocrosse	20.5	34.5	45.7	0.5	0.8	1.1
Ice/snow sports	16.9	55.2	64.5	0.4	1.3	1.5
Lawn bowls	81.1	11.3*	86.9	1.9	0.3*	2.1
Martial arts	67.3	22.2	83.9	1.6	0.5	2.0
Motor sports	15.5	27.0	39.5	0.4	0.6	0.9
Netball	166.6	43.4	203.1	4.0	1.0	4.9
Orienteering	17.2	15.1	29.9	0.4	0.4	0.7
Rock climbing	0.6**	10.8*	11.4*	0.0**	0.3*	0.3*
Roller sports	3.6**	16.7	19.5	0.1**	0.4	0.5
Rowing	7.8*	5.3*	13.1*	0.2*	0.1*	0.3*
Rugby league	7.8*	7.4*	14.0*	0.2*	0.2*	0.3*
Rugby union	4.6*	3.4**	8.1*	0.1*	0.1**	0.2*
Running	64.9	396.8	420.0	1.6	9.5	10.1
Sailing	18.3	11.6*	26.8	0.4	0.3*	0.6
Scuba diving	4.6*	13.5*	18.2	0.1*	0.3*	0.4
Shooting sports	8.5*	15.9	21.0	0.2*	0.4	0.5
Softball	9.9*	0.0**	9.9*	0.2*	0.0**	0.2*
Squash/racquetball	14.3*	35.0	48.1	0.3*	0.8	1.2
Surf sports	1.6**	41.1	42.7	0.0**	1.0	1.0
Swimming	79.0	483.8	548.7	1.9	11.6	13.2
Table tennis	25.3	22.3	45.7	0.6	0.5	1.1
Tennis	140.4	192.2	300.6	3.4	4.6	7.2
Tenpin bowling	18.8	12.8*	30.5	0.5	0.3*	0.7
Touch football	8.7*	3.8*	11.6*	0.2*	0.1*	0.3*
Triathlon	5.3*	1.2**	6.5*	0.1*	0.0**	0.2*
Volleyball	38.2	16.1	53.0	0.9	0.4	1.3
Walking (bush)	37.9	216.1	236.5	0.9	5.2	5.7
Walking (other)	73.0	1,580.7	1,614.1	1.8	38.0	38.8
Water polo	2.9**	0.0**	2.9**	0.1**	0.0**	0.1**
Waterskiing/powerboating	1.8**	36.3	36.3	0.0**	0.9	0.9
Weight training	56.8	118.2	168.0	1.4	2.8	4.0
Yoga	72.4	65.5	129.1	1.7	1.6	3.1

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group.

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

10.3.8 Western Australia

Table 104: Western Australian participants — total participation in physical activity by type of participation, age and sex, 2008 (a)

Sex	Age group (years)	Organised only (c)	Non-organised only (d)	Both organised and non-organised (e)	Total organised	Total non-organised	Total participation
		(A)	(B)	(C)	(A + C)	(B + C)	(A + B + C)
		Number ('000)					
Males	15 to 24	21.3	35.9	79.2	100.5	115.1	136.4
	25 to 34	21.6	54.8	51.7	73.3	106.5	128.1
	35 to 44	10.2*	70.3	49.3	59.5	119.6	129.8
	45 to 54	15.7	72.6	33.0	48.6	105.6	121.3
	55 to 64	9.1*	61.2	24.5	33.6	85.7	94.8
	65 and over	11.0*	51.2	21.6	32.6	72.8	83.8
	TOTAL		88.8	346.0	259.4	348.2	605.4
Females	15 to 24	26.0	44.3	63.2	89.2	107.5	133.5
	25 to 34	11.3*	59.2	51.7	63.0	110.9	122.2
	35 to 44	14.8*	57.2	70.6	85.4	127.8	142.6
	45 to 54	10.3*	76.7	35.3	45.5	111.9	122.2
	55 to 64	6.2*	62.8	27.7	33.8	90.5	96.6
	65 and over	15.4*	48.2	32.1	47.5	80.4	95.8
	TOTAL		84.0	348.5	280.4	364.4	628.9
Persons	15 to 24	47.3	80.2	142.4	189.7	222.6	269.9
	25 to 34	32.9	114.1	103.4	136.3	217.4	250.3
	35 to 44	25.0	127.5	119.9	144.9	247.4	272.3
	45 to 54	25.9	149.3	68.2	94.2	217.6	243.5
	55 to 64	15.3*	124.0	52.2	67.5	176.2	191.5
	65 and over	26.4	99.4	53.7	80.1	153.2	179.6
	TOTAL		172.8	694.5	539.8	712.6	1,234.3
Total participation rate (%) (b)							
Males	15 to 24	14.1	23.8	52.4	66.6	76.2	90.3
	25 to 34	15.1	38.5	36.3	51.5	74.8	89.9
	35 to 44	6.6*	45.6	32.0	38.6	77.5	84.1
	45 to 54	10.7	49.8	22.6	33.4	72.5	83.2
	55 to 64	7.7*	51.8	20.8	28.5	72.6	80.3
	65 and over	9.8*	45.5	19.2	29.0	64.7	74.5
	TOTAL		10.8	42.0	31.5	42.3	73.5
Females	15 to 24	18.1	30.8	43.9	62.0	74.7	92.7
	25 to 34	8.0*	41.9	36.5	44.5	78.3	86.4
	35 to 44	9.5*	36.8	45.4	54.9	82.2	91.8
	45 to 54	6.9*	51.7	23.8	30.7	75.4	82.3
	55 to 64	5.4*	54.4	24.0	29.3	78.4	83.7
	65 and over	12.3*	38.5	25.6	37.9	64.2	76.5
	TOTAL		10.1	42.0	33.8	43.9	75.8
Persons	15 to 24	16.0	27.2	48.3	64.3	75.5	91.5
	25 to 34	11.6	40.2	36.4	48.0	76.6	88.2
	35 to 44	8.1	41.2	38.7	46.8	79.9	88.0
	45 to 54	8.8	50.8	23.2	32.0	73.9	82.8
	55 to 64	6.5*	53.1	22.3	28.9	75.4	82.0
	65 and over	11.1	41.8	22.6	33.7	64.4	75.5
	TOTAL		10.4	42.0	32.6	43.1	74.6

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) Participants' activities are fully organised

(d) Participants' activities are fully non-organised

(e) Participants' activities are part organised and part non-organised

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 105: Western Australian participants — total participation in any physical activity (organised and non-organised) by demographics, 2008 (a)

	MALES		FEMALES		PERSONS	
	Number	Total participation rate (b)	Number	Total participation rate	Number	Total participation rate
	('000)	(%)	('000)	(%)	('000)	(%)
AGE GROUP (YEARS)						
15 to 24	136.4	90.3	133.5	92.7	269.9	91.5
25 to 34	128.1	89.9	122.2	86.4	250.3	88.2
35 to 44	129.8	84.1	142.6	91.8	272.3	88.0
45 to 54	121.3	83.2	122.2	82.3	243.5	82.8
55 to 64	94.8	80.3	96.6	83.7	191.5	82.0
65 and over	83.8	74.5	95.8	76.5	179.6	75.5
REGION						
Capital city	531.3	86.7	541.0	86.1	1,072.3	86.4
Rest of state	162.9	77.1	171.9	85.3	334.8	81.1
EMPLOYMENT STATUS						
Employed full time	454.8	86.1	230.2	88.4	685.0	86.9
Employed part time	84.9	89.5	240.3	89.7	325.1	89.7
Employed refused	0.0**	0.0**	5.4*	74.3*	5.4*	66.7*
Total employed	539.7	86.5	475.9	88.9	1,015.5	87.6
Unemployed	23.6	79.8	32.0	79.2	55.6	79.5
Not in the labour force	130.9	76.7	205.0	80.7	335.9	79.1
MARITAL STATUS						
Married	414.8	84.1	415.4	86.8	830.2	85.4
Not married	278.8	84.7	292.2	85.2	571.0	85.0
Refused/Do not know	0.6**	36.9**	5.3*	63.9*	5.9*	59.6*
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	212.1	88.3	230.2	87.1	442.3	87.7
At least one under 18 — none at home	12.4*	61.3*	3.4**	82.4**	15.8	64.8
No children under 18	469.8	83.4	478.3	85.6	948.1	84.5
Refused	0.0**	0.0**	1.0**	37.1**	1.0**	37.1**
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	161.6	92.6	185.9	90.1	347.5	91.3
Undergraduate diploma or associate diploma	72.8	93.1	54.3	84.8	127.1	89.4
Certificate, trade qualification or apprenticeship	111.0	78.0	100.7	86.1	211.7	81.6
Highest level of secondary school	155.3	88.7	164.4	89.3	319.7	89.0
Did not complete highest level of school	124.8	71.5	139.8	79.6	264.6	75.5
Still at secondary school	40.9	96.3	35.1	94.9	76.0	95.7
Other	25.6	80.5	30.1	79.2	55.7	79.8
Refused	2.2**	68.3**	2.6**	32.2**	4.7*	42.4*
LANGUAGE SPOKEN AT HOME						
English only	606.0	84.1	638.1	87.4	1,244.2	85.8
European language/s other than English	21.9	79.7	23.7	86.1	45.6	82.9
Non-European language/s	69.2	84.8	57.3	72.9	126.5	78.9
Total	694.2	84.2	712.9	85.9	1,407.1	85.1

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 106: All Western Australian persons — participation in any physical activity by frequency, age and sex, 2008 (a)

Sex	Age group (years)	None	Up to once per week (b)	One or two times per week (c)	Three or four times per week (d)	Five or more times per week	Do not know	Total
		Number ('000)						
Males	15 to 24	14.6*	19.8	29.1	31.0	55.2	1.3**	151.0
	25 to 34	14.3*	14.3*	50.2	36.0	27.6	0.0**	142.4
	35 to 44	24.5	28.7	38.3	28.8	33.9	0.0**	154.2
	45 to 54	24.5	22.4	49.6	24.9	24.4	0.0**	145.8
	55 to 64	23.3	23.8	24.5	18.8	27.8	0.0**	118.1
	65 and over	28.7	5.4*	19.5	19.8	37.9	1.2**	112.5
	TOTAL	129.8	114.5	211.1	159.4	206.8	2.5**	824.0
Females	15 to 24	10.5*	21.9	29.5	32.3	49.7	0.0**	143.9
	25 to 34	19.3	15.4*	41.3	32.2	33.4	0.0**	141.6
	35 to 44	12.8*	11.4*	36.5	35.5	59.2	0.0**	155.4
	45 to 54	26.2	18.2	33.0	21.4	48.9	0.8**	148.5
	55 to 64	18.8	7.5*	15.7	24.6	48.8	0.0**	115.4
	65 and over	29.5	8.6*	27.0	21.8	37.9	0.5**	125.2
	TOTAL	117.1	83.0	182.9	167.9	277.8	1.3**	830.0
Persons	15 to 24	25.1	41.7	58.6	63.3	104.9	1.3**	295.0
	25 to 34	33.6	29.7	91.4	68.2	61.0	0.0**	284.0
	35 to 44	37.3	40.1	74.8	64.3	93.1	0.0**	309.6
	45 to 54	50.7	40.6	82.6	46.4	73.2	0.8**	294.2
	55 to 64	42.1	31.3	40.2	43.4	76.6	0.0**	233.5
	65 and over	58.1	14.0*	46.5	41.6	75.8	1.7**	237.7
	TOTAL	246.9	197.4	394.1	327.3	484.6	3.7**	1,654.0
Percentage of row (%)								
Males	15 to 24	9.7*	13.1	19.3	20.5	36.5	0.9**	100.0
	25 to 34	10.1*	10.0*	35.2	25.3	19.4	0.0**	100.0
	35 to 44	15.9	18.6	24.8	18.7	22.0	0.0**	100.0
	45 to 54	16.8	15.4	34.0	17.1	16.7	0.0**	100.0
	55 to 64	19.7	20.1	20.7	15.9	23.5	0.0**	100.0
	65 and over	25.5	4.8*	17.4	17.6	33.7	1.0**	100.0
	TOTAL	15.8	13.9	25.6	19.3	25.1	0.3**	100.0
Females	15 to 24	7.3*	15.2	20.5	22.5	34.5	0.0**	100.0
	25 to 34	13.6	10.9*	29.2	22.7	23.6	0.0**	100.0
	35 to 44	8.2*	7.3*	23.5	22.9	38.1	0.0**	100.0
	45 to 54	17.7	12.2	22.2	14.4	32.9	0.5**	100.0
	55 to 64	16.3	6.5*	13.6	21.3	42.3	0.0**	100.0
	65 and over	23.5	6.9*	21.5	17.4	30.2	0.4**	100.0
	TOTAL	14.1	10.0	22.0	20.2	33.5	0.2**	100.0
Persons	15 to 24	8.5	14.1	19.9	21.5	35.6	0.4**	100.0
	25 to 34	11.8	10.5	32.2	24.0	21.5	0.0**	100.0
	35 to 44	12.0	13.0	24.2	20.8	30.1	0.0**	100.0
	45 to 54	17.2	13.8	28.1	15.8	24.9	0.3**	100.0
	55 to 64	18.0	13.4	17.2	18.6	32.8	0.0**	100.0
	65 and over	24.5	5.9*	19.6	17.5	31.9	0.7**	100.0
	TOTAL	14.9	11.9	23.8	19.8	29.3	0.2**	100.0

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 107: Western Australian participants — participation in any physical activity by cumulative frequency, age and sex, 2008 (a)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	19.8	115.3	101.8	86.2	136.4
	25 to 34	14.3*	113.8	89.8	63.6	128.1
	35 to 44	28.7	101.0	76.9	62.7	129.8
	45 to 54	22.4	98.8	67.5	49.3	121.3
	55 to 64	23.8	71.1	58.2	46.6	94.8
	65 and over	5.4*	77.2	67.7	57.7	83.8
	TOTAL		114.5	577.3	461.8	366.1
Females	15 to 24	21.9	111.6	95.3	82.0	133.5
	25 to 34	15.4*	106.8	89.0	65.6	122.2
	35 to 44	11.4*	131.2	111.0	94.7	142.6
	45 to 54	18.2	103.3	83.5	70.3	122.2
	55 to 64	7.5*	89.1	84.4	73.4	96.6
	65 and over	8.6*	86.7	75.5	59.7	95.8
	TOTAL		83.0	628.7	538.7	445.7
Persons	15 to 24	41.7	226.9	197.1	168.2	269.9
	25 to 34	29.7	220.6	178.8	129.2	250.3
	35 to 44	40.1	232.2	188.0	157.4	272.3
	45 to 54	40.6	202.1	151.0	119.6	243.5
	55 to 64	31.3	160.2	142.5	120.0	191.5
	65 and over	14.0*	163.9	143.2	117.4	179.6
	TOTAL		197.4	1,205.9	1,000.5	811.9

Total participation rate (%) (b)

Males	15 to 24	13.1	76.3	67.4	57.1	90.3
	25 to 34	10.0*	79.9	63.0	44.7	89.9
	35 to 44	18.6	65.5	49.9	40.7	84.1
	45 to 54	15.4	67.8	46.3	33.8	83.2
	55 to 64	20.1	60.2	49.3	39.4	80.3
	65 and over	4.8*	68.7	60.2	51.3	74.5
	TOTAL		13.9	70.1	56.0	44.4
Females	15 to 24	15.2	77.5	66.2	57.0	92.7
	25 to 34	10.9*	75.5	62.9	46.3	86.4
	35 to 44	7.3*	84.4	71.5	61.0	91.8
	45 to 54	12.2	69.6	56.2	47.3	82.3
	55 to 64	6.5*	77.2	73.1	63.6	83.7
	65 and over	6.9*	69.2	60.3	47.7	76.5
	TOTAL		10.0	75.7	64.9	53.7
Persons	15 to 24	14.1	76.9	66.8	57.0	91.5
	25 to 34	10.5	77.7	63.0	45.5	88.2
	35 to 44	13.0	75.0	60.7	50.8	88.0
	45 to 54	13.8	68.7	51.3	40.6	82.8
	55 to 64	13.4	68.6	61.0	51.4	82.0
	65 and over	5.9*	69.0	60.2	49.4	75.5
	TOTAL		11.9	72.9	60.5	49.1

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

Table 108: Western Australian recent participants — recent participation in any physical activity by duration and age, 2008 (a)

		15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	Total
		Number ('000)						
Five hours or more	More than three sessions weekly	71.9	38.3	53.1	42.1	44.1	41.9	291.4
	Two or three sessions weekly	11.9*	5.3*	5.0*	8.2*	10.4*	5.5*	46.2
	Less than two sessions weekly	0.0**	0.9**	0.0**	0.7**	1.7**	0.0**	3.3**
	<i>Total</i>	83.8	44.5	58.0	51.0	56.2	47.4	340.9
Two hours or more but less than five hours	More than three sessions weekly	48.2	39.9	49.5	35.0	47.1	40.4	260.1
	Two or three sessions weekly	36.0	40.2	30.0	20.6	13.5*	16.3	156.6
	Less than two sessions weekly	17.6	11.4*	12.6*	8.5*	9.6*	8.5*	68.2
	<i>Total</i>	101.8	91.6	92.0	64.0	70.2	65.3	485.0
Less than two hours	More than three sessions weekly	4.1*	7.9*	9.6*	7.8*	4.0**	5.9*	39.3
	Two or three sessions weekly	12.6*	18.4	20.1	23.6	17.0	9.5*	101.3
	Less than two sessions weekly	32.8	42.5	49.7	46.6	16.6	21.3	209.4
	<i>Total</i>	49.5	68.7	79.4	78.1	37.6	36.7	350.1
Total	More than three sessions weekly	124.2	86.2	112.2	84.9	95.1	88.1	590.8
	Two or three sessions weekly	60.6	63.9	55.0	52.4	40.9	31.4	304.1
	Less than two sessions weekly	50.4	54.8	62.3	55.8	27.9	29.8	281.0
	Total	235.2	204.8	229.5	193.2	163.9	149.4	1,175.9
		Percentage of total (%)						
Five hours or more	More than three sessions weekly	6.1	3.3	4.5	3.6	3.7	3.6	24.8
	Two or three sessions weekly	1.0*	0.4*	0.4*	0.7*	0.9*	0.5*	3.9
	Less than two sessions weekly	0.0**	0.1**	0.0**	0.1**	0.1**	0.0**	0.3**
	<i>Total</i>	7.1	3.8	4.9	4.3	4.8	4.0	29.0
Two hours or more but less than five hours	More than three sessions weekly	4.1	3.4	4.2	3.0	4.0	3.4	22.1
	Two or three sessions weekly	3.1	3.4	2.5	1.7	1.2*	1.4	13.3
	Less than two sessions weekly	1.5	1.0*	1.1*	0.7*	0.8*	0.7*	5.8
	<i>Total</i>	8.7	7.8	7.8	5.4	6.0	5.6	41.2
Less than two hours	More than three sessions weekly	0.3*	0.7*	0.8*	0.7*	0.3**	0.5*	3.3
	Two or three sessions weekly	1.1*	1.6	1.7	2.0	1.4	0.8*	8.6
	Less than two sessions weekly	2.8	3.6	4.2	4.0	1.4	1.8	17.8
	<i>Total</i>	4.2	5.8	6.8	6.6	3.2	3.1	29.8
Total	More than three sessions weekly	10.6	7.3	9.5	7.2	8.1	7.5	50.2
	Two or three sessions weekly	5.2	5.4	4.7	4.5	3.5	2.7	25.9
	Less than two sessions weekly	4.3	4.7	5.3	4.7	2.4	2.5	23.9
	Total	20.0	17.4	19.5	16.4	13.9	12.7	100.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport in the two weeks prior to interview in 2008

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 109: Western Australian regular participants — regular participation in any physical activity (organised and non-organised) by demographics, 2008 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Regular participation rate (b) (%)	Number (‘000)	Regular participation rate (%)	Number (‘000)	Regular participation rate (%)
AGE GROUP (YEARS)						
15 to 24	86.2	57.1	82.0	57.0	168.2	57.0
25 to 34	63.6	44.7	65.6	46.3	129.2	45.5
35 to 44	62.7	40.7	94.7	61.0	157.4	50.8
45 to 54	49.3	33.8	70.3	47.3	119.6	40.6
55 to 64	46.6	39.4	73.4	63.6	120.0	51.4
65 and over	57.7	51.3	59.7	47.7	117.4	49.4
REGION						
Capital city	279.6	45.6	339.2	54.0	618.8	49.9
Rest of state	86.5	40.9	106.5	52.9	193.1	46.8
EMPLOYMENT STATUS						
Employed full time	223.2	42.3	124.4	47.8	347.6	44.1
Employed part time	43.3	45.7	158.0	59.0	201.3	55.5
Employed refused	0.0**	0.0**	4.7*	65.0*	4.7*	58.3*
Total employed	266.5	42.7	287.1	53.6	553.6	47.8
Unemployed	10.4*	35.2*	21.5	53.3	32.0	45.7
Not in the labour force	89.2	52.3	137.1	53.9	226.3	53.3
MARITAL STATUS						
Married	207.0	42.0	261.9	54.7	468.9	48.2
Not married	158.6	48.2	178.5	52.0	337.1	50.1
Refused/Do not know	0.6**	36.9**	5.3*	63.9*	5.9*	59.6*
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	101.5	42.3	145.3	55.0	246.8	48.9
At least one under 18 — none at home	7.2*	35.6*	3.4**	82.4**	10.6*	43.5*
No children under 18	257.5	45.7	296.0	53.0	553.5	49.3
Refused	0.0**	0.0**	1.0**	37.1**	1.0**	37.1**
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	87.5	50.1	124.7	60.5	212.2	55.7
Undergraduate diploma or associate diploma	37.9	48.5	35.9	56.1	73.8	51.9
Certificate, trade qualification or apprenticeship	57.3	40.3	60.1	51.3	117.4	45.3
Highest level of secondary school	85.6	48.9	96.7	52.5	182.2	50.7
Did not complete highest level of school	58.2	33.3	84.9	48.3	143.1	40.8
Still at secondary school	27.9	65.6	23.6	63.7	51.5	64.8
Other	9.7*	30.3*	20.0	52.5	29.6	42.4
Refused	2.2**	68.3**	0.0**	0.0**	2.2**	19.4**
LANGUAGE SPOKEN AT HOME						
English only	325.0	45.1	400.1	54.8	725.0	50.0
European language/s other than English	10.5*	38.4*	17.1	61.9	27.6	50.2
Non-European language/s	31.2	38.2	34.9	44.3	66.1	41.2
Total	366.1	44.4	445.7	53.7	811.9	49.1

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the regular participation rate is the number of persons who participated in the activity at least three times per week on average expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 110: Western Australian organised participants — participation in organised physical activity by frequency, age and sex, 2008 (a)

Sex	Age group (years)	None	Up to once	One or two	Three or four	Five or	Do not know	Total
			per week (b)	times per week (c)	times per week (d)	more times per week		
		Number ('000)						
Males	15 to 24	50.5	18.0	33.3	22.4	25.5	1.3**	151.0
	25 to 34	69.1	19.2	33.1	14.3*	6.8*	0.0**	142.4
	35 to 44	94.7	19.1	20.7	15.7	4.0**	0.0**	154.2
	45 to 54	97.1	20.4	20.5	4.8*	3.0**	0.0**	145.8
	55 to 64	84.5	13.9*	16.2	1.4**	2.0**	0.0**	118.1
	65 and over	79.8	7.3*	16.7	4.4*	2.5**	1.8**	112.5
	TOTAL	475.8	97.9	140.5	63.0	43.8	3.0**	824.0
Females	15 to 24	54.8	25.9	18.7	22.7	21.9	0.0**	143.9
	25 to 34	78.6	27.7	23.9	9.2*	2.2**	0.0**	141.6
	35 to 44	70.0	26.1	32.1	17.5	9.7*	0.0**	155.4
	45 to 54	102.9	13.4*	19.6	9.3*	2.5**	0.8**	148.5
	55 to 64	81.6	9.5*	16.7	5.4*	2.2**	0.0**	115.4
	65 and over	77.7	11.5*	23.9	8.2*	3.4**	0.5**	125.2
	TOTAL	465.6	114.0	134.9	72.3	42.0	1.3**	830.0
Persons	15 to 24	105.3	43.9	52.0	45.1	47.4	1.3**	295.0
	25 to 34	147.7	46.9	56.9	23.5	9.0*	0.0**	284.0
	35 to 44	164.7	45.1	52.8	33.2	13.7*	0.0**	309.6
	45 to 54	200.1	33.8	40.0	14.1*	5.4*	0.8**	294.2
	55 to 64	166.1	23.4	33.0	6.8*	4.3*	0.0**	233.5
	65 and over	157.6	18.8	40.6	12.6*	5.9*	2.3**	237.7
	TOTAL	941.4	211.9	275.4	135.3	85.7	4.3*	1,654.0

Percentage of row (%)

Males	15 to 24	33.4	11.9	22.0	14.8	16.9	0.9**	100.0
	25 to 34	48.5	13.5	23.2	10.0*	4.7*	0.0**	100.0
	35 to 44	61.4	12.4	13.4	10.2	2.6**	0.0**	100.0
	45 to 54	66.6	14.0	14.0	3.3*	2.0**	0.0**	100.0
	55 to 64	71.5	11.8*	13.8	1.2**	1.7**	0.0**	100.0
	65 and over	71.0	6.5*	14.8	3.9*	2.2**	1.6**	100.0
	TOTAL	57.7	11.9	17.1	7.6	5.3	0.4**	100.0
Females	15 to 24	38.0	18.0	13.0	15.8	15.2	0.0**	100.0
	25 to 34	55.5	19.6	16.9	6.5*	1.6**	0.0**	100.0
	35 to 44	45.1	16.8	20.7	11.3	6.2*	0.0**	100.0
	45 to 54	69.3	9.0*	13.2	6.3*	1.7**	0.5**	100.0
	55 to 64	70.7	8.2*	14.5	4.7*	1.9**	0.0**	100.0
	65 and over	62.1	9.2*	19.1	6.6*	2.7**	0.4**	100.0
	TOTAL	56.1	13.7	16.2	8.7	5.1	0.2**	100.0
Persons	15 to 24	35.7	14.9	17.6	15.3	16.1	0.4**	100.0
	25 to 34	52.0	16.5	20.0	8.3	3.2*	0.0**	100.0
	35 to 44	53.2	14.6	17.1	10.7	4.4*	0.0**	100.0
	45 to 54	68.0	11.5	13.6	4.8*	1.8*	0.3**	100.0
	55 to 64	71.1	10.0	14.1	2.9*	1.8*	0.0**	100.0
	65 and over	66.3	7.9	17.1	5.3*	2.5*	0.9**	100.0
	TOTAL	56.9	12.8	16.6	8.2	5.2	0.3*	100.0

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 11.1: Western Australian organised participants — participation in organised physical activity by cumulative frequency, age and sex, 2008 (a)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	18.0	81.2	62.3	47.9	100.5
	25 to 34	19.2	54.1	36.6	21.0	73.3
	35 to 44	19.1	40.5	25.8	19.7	59.5
	45 to 54	20.4	28.3	16.2	7.8*	48.6
	55 to 64	13.9*	19.7	14.5*	3.4**	33.6
	65 and over	7.3*	23.6	15.4*	6.9*	32.6
	TOTAL		97.9	247.3	170.8	106.8
Females	15 to 24	25.9	63.3	53.2	44.6	89.2
	25 to 34	27.7	35.3	25.9	11.4*	63.0
	35 to 44	26.1	59.3	41.0	27.2	85.4
	45 to 54	13.4*	31.4	15.3*	11.8*	45.5
	55 to 64	9.5*	24.3	15.8	7.6*	33.8
	65 and over	11.5*	35.5	26.3	11.6*	47.5
	TOTAL		114.0	249.1	177.5	114.3
Persons	15 to 24	43.9	144.5	115.5	92.5	189.7
	25 to 34	46.9	89.4	62.5	32.4	136.3
	35 to 44	45.1	99.8	66.8	46.9	144.9
	45 to 54	33.8	59.6	31.5	19.6	94.2
	55 to 64	23.4	44.0	30.3	11.1*	67.5
	65 and over	18.8	59.1	41.7	18.5	80.1
	TOTAL		211.9	496.4	348.3	221.0
Total participation rate (%) (b)						
Males	15 to 24	11.9	53.8	41.3	31.7	66.6
	25 to 34	13.5	38.0	25.7	14.8	51.5
	35 to 44	12.4	26.2	16.7	12.8	38.6
	45 to 54	14.0	19.4	11.1	5.3*	33.4
	55 to 64	11.8*	16.7	12.3*	2.9**	28.5
	65 and over	6.5*	20.9	13.7*	6.1*	29.0
	TOTAL		11.9	30.0	20.7	13.0
Females	15 to 24	18.0	44.0	36.9	31.0	62.0
	25 to 34	19.6	24.9	18.3	8.1*	44.5
	35 to 44	16.8	38.2	26.4	17.5	54.9
	45 to 54	9.0*	21.1	10.3*	7.9*	30.7
	55 to 64	8.2*	21.1	13.7	6.6*	29.3
	65 and over	9.2*	28.4	21.0	9.3*	37.9
	TOTAL		13.7	30.0	21.4	13.8
Persons	15 to 24	14.9	49.0	39.2	31.4	64.3
	25 to 34	16.5	31.5	22.0	11.4	48.0
	35 to 44	14.6	32.2	21.6	15.2	46.8
	45 to 54	11.5	20.3	10.7	6.7	32.0
	55 to 64	10.0	18.9	13.0	4.7*	28.9
	65 and over	7.9	24.9	17.5	7.8	33.7
	TOTAL		12.8	30.0	21.1	13.4

(a) Relates to persons aged 15 years and over who participated in organised physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 112: Western Australian organised participants — total participation in organised activities by type of organisation, age and sex, 2008 (a)

Sex	Age group (years)	Fitness, leisure or indoor sports centre	Sport or recreation club or association (c)	Work	School	Other	Total organised participation
		Number ('000)					
Males	15 to 24	37.8	76.9	5.4*	28.0	14.5*	100.5
	25 to 34	31.2	51.1	4.3*	1.7**	8.0*	73.3
	35 to 44	16.0	44.2	5.0*	1.0**	13.2*	59.5
	45 to 54	16.8	36.5	1.8**	1.2**	8.5*	48.6
	55 to 64	6.1*	28.0	0.7**	0.0**	5.8*	33.6
	65 and over	6.2*	22.1	0.9**	0.0**	10.3*	32.6
	TOTAL		114.1	258.7	18.1	31.8	60.3
Females	15 to 24	35.4	45.5	1.9**	39.4	11.9*	89.2
	25 to 34	39.3	30.4	5.6*	0.0**	15.2*	63.0
	35 to 44	49.9	37.5	2.1**	2.4**	11.2*	85.4
	45 to 54	19.1	19.2	2.9**	1.0**	12.2*	45.5
	55 to 64	17.8	14.6*	0.8**	0.0**	14.9*	33.8
	65 and over	19.1	19.3	0.0**	0.0**	24.9	47.5
	TOTAL		180.5	166.4	13.3*	42.8	90.2
Persons	15 to 24	73.1	122.3	7.2*	67.4	26.4	189.7
	25 to 34	70.6	81.5	9.9*	1.7**	23.2	136.3
	35 to 44	65.8	81.7	7.1*	3.3**	24.3	144.9
	45 to 54	35.9	55.7	4.7*	2.2**	20.6	94.2
	55 to 64	23.9	42.5	1.5**	0.0**	20.7	67.5
	65 and over	25.3	41.4	0.9**	0.0**	35.2	80.1
	TOTAL		294.6	425.2	31.4	74.6	150.5

Total participation rate (%) (b)

Males	15 to 24	25.0	50.9	3.5*	18.5	9.6*	66.6
	25 to 34	21.9	35.9	3.0*	1.2**	5.6*	51.5
	35 to 44	10.3	28.7	3.3*	0.6**	8.5*	38.6
	45 to 54	11.5	25.0	1.2**	0.8**	5.8*	33.4
	55 to 64	5.2*	23.7	0.6**	0.0**	4.9*	28.5
	65 and over	5.5*	19.6	0.8**	0.0**	9.2*	29.0
	TOTAL		13.8	31.4	2.2	3.9	7.3
Females	15 to 24	24.6	31.6	1.3**	27.4	8.2*	62.0
	25 to 34	27.8	21.5	4.0*	0.0**	10.7*	44.5
	35 to 44	32.1	24.1	1.3**	1.5**	7.2*	54.9
	45 to 54	12.8	12.9	2.0**	0.7**	8.2*	30.7
	55 to 64	15.4	12.6*	0.7**	0.0**	12.9*	29.3
	65 and over	15.3	15.4	0.0**	0.0**	19.9	37.9
	TOTAL		21.7	20.1	1.6*	5.2	10.9
Persons	15 to 24	24.8	41.5	2.5*	22.8	9.0	64.3
	25 to 34	24.8	28.7	3.5*	0.6**	8.2	48.0
	35 to 44	21.3	26.4	2.3*	1.1**	7.9	46.8
	45 to 54	12.2	18.9	1.6*	0.7**	7.0	32.0
	55 to 64	10.2	18.2	0.7**	0.0**	8.9	28.9
	65 and over	10.6	17.4	0.4**	0.0**	14.8	33.7
	TOTAL		17.8	25.7	1.9	4.5	9.1

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) All aerobics/fitness participants describing their activity as organised by a sport or recreation club or association have been recoded to fitness, leisure or indoor sports centre

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 113: Western Australian participants — total participation in specific activities (organised and non-organised) by sex, 2008 (a)

Activity	MALES		FEMALES		PERSONS	
	Number (’000)	Total participation rate (b) (%)	Number (’000)	Total participation rate (%)	Number (’000)	Total participation rate (%)
Aerobics/fitness	137.4	16.7	248.3	29.9	385.8	23.3
Aquarobics	2.2**	0.3**	18.3	2.2	20.5	1.2
Athletics/track and field	6.7*	0.8*	10.0*	1.2*	16.7	1.0
Australian rules football	75.4	9.2	11.1*	1.3*	86.5	5.2
Badminton	9.3*	1.1*	15.3*	1.8*	24.6	1.5
Baseball	5.9*	0.7*	2.6**	0.3**	8.5*	0.5*
Basketball	63.7	7.7	28.2	3.4	91.9	5.6
Billiards/snooker/pool	3.1**	0.4**	0.0**	0.0**	3.1**	0.2**
Boxing	7.4*	0.9*	6.6*	0.8*	14.0*	0.8*
Canoeing/kayaking	13.8*	1.7*	13.0*	1.6*	26.8	1.6
Carpet bowls	0.6**	0.1**	2.9**	0.3**	3.5**	0.2**
Cricket (indoor)	22.2	2.7	2.6**	0.3**	24.7	1.5
Cricket (outdoor)	53.4	6.5	5.2*	0.6*	58.6	3.5
Cycling	124.9	15.2	99.6	12.0	224.6	13.6
Dancing	5.5*	0.7*	37.6	4.5	43.1	2.6
Darts	5.5*	0.7*	1.8**	0.2**	7.3*	0.4*
Fishing	30.9	3.8	4.8*	0.6*	35.7	2.2
Football (indoor)	33.4	4.1	6.0*	0.7*	39.5	2.4
Football (outdoor)	58.5	7.1	14.5*	1.7*	73.0	4.4
Golf	86.1	10.4	24.7	3.0	110.8	6.7
Gymnastics	0.0**	0.0**	1.4**	0.2**	1.4**	0.1**
Hockey (indoor)	0.0**	0.0**	1.2**	0.1**	1.2**	0.1**
Hockey (outdoor)	18.8	2.3	18.5	2.2	37.2	2.3
Horse riding/equestrian activities/polocrosse	3.1**	0.4**	9.6*	1.2*	12.7*	0.8*
Ice/snow sports	9.0*	1.1*	2.2**	0.3**	11.1*	0.7*
Lawn bowls	15.3*	1.9*	18.4	2.2	33.7	2.0
Martial arts	15.8	1.9	17.9	2.2	33.7	2.0
Motor sports	20.8	2.5	0.7**	0.1**	21.5	1.3
Netball	3.5**	0.4**	65.7	7.9	69.2	4.2
Orienteering	5.6*	0.7*	7.1*	0.9*	12.6*	0.8*
Rock climbing	2.0**	0.2**	8.3*	1.0*	10.3*	0.6*
Roller sports	3.6**	0.4**	4.9*	0.6*	8.5*	0.5*
Rowing	4.7*	0.6*	2.6**	0.3**	7.3*	0.4*
Rugby league	9.4*	1.1*	1.9**	0.2**	11.3*	0.7*
Rugby union	10.6*	1.3*	0.0**	0.0**	10.6*	0.6*
Running	84.8	10.3	68.7	8.3	153.4	9.3
Sailing	4.5*	0.5*	1.9**	0.2**	6.3*	0.4*
Scuba diving	20.1	2.4	0.9**	0.1**	21.0	1.3
Shooting sports	3.8**	0.5**	0.7**	0.1**	4.5*	0.3*
Softball	2.7**	0.3**	8.9*	1.1*	11.7*	0.7*
Squash/racquetball	33.1	4.0	12.6*	1.5*	45.7	2.8
Surf sports	45.4	5.5	5.2*	0.6*	50.6	3.1
Swimming	120.1	14.6	159.9	19.3	280.0	16.9
Table tennis	4.8*	0.6*	0.0**	0.0**	4.8*	0.3*
Tennis	45.7	5.5	44.9	5.4	90.5	5.5
Tenpin bowling	4.4*	0.5*	3.0**	0.4**	7.4*	0.4*
Touch football	11.2*	1.4*	5.2*	0.6*	16.4	1.0
Triathlon	3.4**	0.4**	2.9**	0.3**	6.2*	0.4*
Volleyball	15.1*	1.8*	14.8*	1.8*	29.8	1.8
Walking (bush)	33.6	4.1	41.9	5.0	75.5	4.6
Walking (other)	241.0	29.2	422.2	50.9	663.3	40.1
Water polo	2.2**	0.3**	3.8**	0.5**	6.0*	0.4*
Waterskiing/powerboating	11.6*	1.4*	3.5**	0.4**	15.2*	0.9*
Weight training	25.0	3.0	30.4	3.7	55.4	3.4
Yoga	1.1**	0.1**	55.8	6.7	57.0	3.4

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 114: Western Australian participants — total participation in specific activities by type of activity, 2008 (a)

Activity	Number ('000)			Total participation rate (%) (b)		
	Organised	Non-organised	Total	Organised	Non-organised	Total
Aerobics/fitness	142.1	268.4	385.8	8.6	16.2	23.3
Aquarobics	12.1*	9.9*	20.5	0.7*	0.6*	1.2
Athletics/track and field	14.2*	6.0*	16.7	0.9*	0.4*	1.0
Australian rules football	60.2	35.2	86.5	3.6	2.1	5.2
Badminton	16.5	8.7*	24.6	1.0	0.5*	1.5
Baseball	6.8*	1.7**	8.5*	0.4*	0.1**	0.5*
Basketball	64.3	45.9	91.9	3.9	2.8	5.6
Billiards/snooker/pool	0.0**	3.1**	3.1**	0.0**	0.2**	0.2**
Boxing	11.6*	3.4**	14.0*	0.7*	0.2**	0.8*
Canoeing/kayaking	11.4*	18.5	26.8	0.7*	1.1	1.6
Carpet bowls	3.0**	0.5**	3.5**	0.2**	0.0**	0.2**
Cricket (indoor)	21.2	3.5**	24.7	1.3	0.2**	1.5
Cricket (outdoor)	30.0	33.3	58.6	1.8	2.0	3.5
Cycling	19.7	215.7	224.6	1.2	13.0	13.6
Dancing	35.3	16.7	43.1	2.1	1.0	2.6
Darts	7.3*	0.0**	7.3*	0.4*	0.0**	0.4*
Fishing	2.9**	34.9	35.7	0.2**	2.1	2.2
Football (indoor)	26.1	16.2	39.5	1.6	1.0	2.4
Football (outdoor)	44.8	37.0	73.0	2.7	2.2	4.4
Golf	58.4	73.2	110.8	3.5	4.4	6.7
Gymnastics	0.7**	0.7**	1.4**	0.0**	0.0**	0.1**
Hockey (indoor)	1.2**	0.0**	1.2**	0.1**	0.0**	0.1**
Hockey (outdoor)	36.1	1.2**	37.2	2.2	0.1**	2.3
Horse riding/equestrian activities/polocrosse	6.9*	12.0*	12.7*	0.4*	0.7*	0.8*
Ice/snow sports	2.9**	9.6*	11.1*	0.2**	0.6*	0.7*
Lawn bowls	29.0	8.8*	33.7	1.8	0.5*	2.0
Martial arts	27.4	10.1*	33.7	1.7	0.6*	2.0
Motor sports	7.2*	17.7	21.5	0.4*	1.1	1.3
Netball	54.8	23.7	69.2	3.3	1.4	4.2
Orienteering	8.7*	5.3*	12.6*	0.5*	0.3*	0.8*
Rock climbing	3.8**	6.5*	10.3*	0.2**	0.4*	0.6*
Roller sports	3.5**	5.0*	8.5*	0.2**	0.3*	0.5*
Rowing	1.9**	5.4*	7.3*	0.1**	0.3*	0.4*
Rugby league	8.5*	4.1*	11.3*	0.5*	0.2*	0.7*
Rugby union	8.3*	2.2**	10.6*	0.5*	0.1**	0.6*
Running	19.2	144.2	153.4	1.2	8.7	9.3
Sailing	3.7**	2.6**	6.3*	0.2**	0.2**	0.4*
Scuba diving	3.3**	19.1	21.0	0.2**	1.2	1.3
Shooting sports	2.3**	3.2**	4.5*	0.1**	0.2**	0.3*
Softball	11.7*	0.0**	11.7*	0.7*	0.0**	0.7*
Squash/racquetball	17.3	34.3	45.7	1.0	2.1	2.8
Surf sports	5.0*	48.5	50.6	0.3*	2.9	3.1
Swimming	46.7	244.5	280.0	2.8	14.8	16.9
Table tennis	1.6**	4.2*	4.8*	0.1**	0.3*	0.3*
Tennis	43.9	57.2	90.5	2.7	3.5	5.5
Tenpin bowling	3.8**	3.6**	7.4*	0.2**	0.2**	0.4*
Touch football	15.1*	2.1**	16.4	0.9*	0.1**	1.0
Triathlon	6.2*	0.0**	6.2*	0.4*	0.0**	0.4*
Volleyball	22.4	9.0*	29.8	1.4	0.5*	1.8
Walking (bush)	8.2*	73.1	75.5	0.5*	4.4	4.6
Walking (other)	24.1	656.2	663.3	1.5	39.7	40.1
Water polo	6.0*	1.9**	6.0*	0.4*	0.1**	0.4*
Waterskiing/powerboating	0.0**	15.2*	15.2*	0.0**	0.9*	0.9*
Weight training	19.9	35.5	55.4	1.2	2.1	3.4
Yoga	41.0	22.2	57.0	2.5	1.3	3.4

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2008

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

11 Explanatory notes

11.1 Introduction

ERASS collects information on participation in physical activity for exercise, recreation or sport by the Australian population. Participation is restricted to active 'playing' participation and does not include non-playing participation such as coaching, refereeing and being a spectator, or activities that are related to work or household chores. Practice and training activities are included.

The survey is conducted quarterly throughout Australia, with the 2008 fieldwork undertaken by Newspoll. Results for 2008 were compiled by aggregating the four quarterly surveys conducted in February, May, August and November.

11.2 Scope

The survey collects information on persons who participated in exercise, recreation or sport in the 12 months prior to interview. The scope of the survey was all persons aged 15 years and over in occupied private dwellings (excluding people in special dwellings such as hospitals, hotels, nursing homes, etc.).

11.3 Methodology

Mode: All interviews were conducted by telephone using Newspoll's Computer-assisted Telephone Interviewing (CATI) system.

Sample design: The sample design was a random survey stratified by state and territory. The sample was selected from the Random Digit Dialling (RDD) and one person was randomly selected per dwelling to complete the interview (based on last birthday method).

Total sample: The total sample of records used to produce estimates for 2008 was 17,293 persons aged 15 years and over. This sample was then weighted (by age, sex and geographic area) to the population in occupied private dwellings (16,605,200) using Australian Bureau of Statistics estimates. The Victorian sample was boosted by 3,631. The Victorian boost sample was funded by Sport and Recreation Victoria and VicHealth.

Overall response rate: The overall response rate was 25.7%. The response rate is the number of completed interviews divided by the number of contacts plus those where there was no answer after four calls.

11.4 Questionnaire

The questionnaire covered three main areas:

- Physical activity for exercise, recreation or sport over the last 12 months — identifying up to ten different types of activities participated in over the last 12 months, and for each type of activity determining whether it was organised by a club or association, the type of club or association and the number of times that activity was engaged in over the last 12 months.
- Physical activity for exercise, recreation or sport over the last two weeks — identifying the frequency and duration of participation in three activities that the respondent participated in during the two weeks prior to interview. The three activities chosen were those they participated in most over the 12 months prior to interview. This section was first added in 2005 and was collected again in 2006, 2007 and 2008.

- Demographics — covers sex, age, marital status, number and age of children, educational qualifications, employment status, Indigenous status, language spoken at home and postcode.

A copy of the questionnaire can be found in Section 11.

11.5 Comparability of the data

The survey was first conducted in 2001. This publication provides results from the eighth annual survey, which was conducted in 2008. The survey will also be conducted in 2009, which will allow a comparison of participation in physical activity for exercise, recreation or sport over a nine-year period.

ERASS is not comparable with data collected through other surveys of participation in physical activity. In particular, the data cannot be directly compared with participation surveys conducted by the Australian Bureau of Statistics (for example, Population Survey Monitor and Multi Purpose Household Survey) and by Sweeney Sports (Sweeney Research). This is due to differences in the scope, methodology and questionnaire design of the various surveys.

11.6 Weighting the data

The data are weighted at the state (eight states and territories) by region (capital city and rest of state), age (15 to 24, 25 to 34, 35 to 44, 45 to 54, 55 to 64, and 65 and over) and sex level. Population estimates used are Australian Bureau of Statistics population projections based on the 2006 Census for persons in occupied private dwellings.

11.7 Standard errors and relative standard errors

Since the estimates presented in the tables are based on information from a sample of persons selected randomly by telephone number, they are subject to sampling variability; that is, they may differ from those that would have been produced if all persons had been included in the survey.

One measure of the likely difference is given by the standard error, which indicates the extent to which an estimate might have varied by chance because only a sample of persons was included. There are about two chances in three (67%) that a sample estimate will vary by less than one standard error from the number that would have been obtained if all persons had been included, and about 19 chances in 20 (95%) that the difference will be less than two standard errors.

A table of standard errors for ERASS is provided at the end of this section. Note that standard errors vary by state and territory and for Australia in total.

As an example of the use of the standard error table, if it was estimated from ERASS that 100,000 persons aged 15 years and over in Australia participated in any physical activity in 2008, then from the table of standard errors we know that the standard error for an estimate of 100,000 for Australia is 12,800. Therefore we are 67% confident that if we surveyed the entire Australian population the result would be within one standard error; that is, between 87,200 (100,000–12,800) and 112,800 (100,000 + 12,800). Similarly, we would be 95% confident that if we surveyed the entire Australian population, the result would be within two standard errors; that is, between 74,400 (100,000 – [2 x 12,800]) and 125,600 (100,000 + [2 x 12,800]).

Another measure of accuracy is the relative standard error, which is obtained by expressing the standard error as a percentage of the estimate. In the previous example it is 12.8%. The relative standard error is a useful measure in that it provides an indication of the relative accuracy of the estimate, compared to other estimates. In the table at the end of this section, each standard error is also expressed as a relative standard error.

For the tables provided in this publication, only estimates with relative standard errors of less than 25% are considered sufficiently reliable for most purposes. However, estimates with relative standard errors of between 25% and 50% have been included and are followed by a single asterisk (*) to indicate that they should be treated with caution and viewed as being merely indicative of the magnitude involved. Estimates with relative standard errors greater than 50% are followed by a double asterisk (***) and are subject to sampling error too high for most practical purposes.

A table at the end of this section also gives the relative standard error cut-offs to be used when applying, if required, a single or double asterisk to the estimate. Note that the standard errors, and hence the cut-offs, vary by state and territory and for Australia in total. As an example of using these relative standard error cut-offs, for New South Wales an estimate between 11,056 and 41,091 should be followed by a single asterisk and used with caution, and an estimate less than 11,056 should be followed by a double asterisk and considered too unreliable for general use.

Please note that the Victorian boost sample increased in size between 2007 and 2008. Relative standard errors were calculated on the basis of 2007 sample sizes. This means that the relative standard errors for Victoria for 2008 are reduced and relative standard error information reported in Victorian tables should be considered conservative.

It is important to note that although an estimate with a relative standard error of less than 25% can be considered sufficiently reliable for most purposes, all sample estimates are subject to sample error, which is, in part, a function of the sample size on which the estimate is based. Estimates based on small samples (for example, some demographic sub-groups within a single state/territory, such as unemployed males in New South Wales) will have higher relative standard errors than estimates based on larger samples (for example, the unemployed in national samples). Although an estimate may not be below the 25% relative standard error cut-off, generally speaking, the smaller the population on which the estimate is based, the more caution that must be used when interpreting the data.

11.8 Significance testing

When differences are detected between statistics, it is important to test to determine if those perceived differences are statistically significant or just due to sampling variability. For example, in 2007 in Australia, regular participation by males aged 45 to 54 was 1,059,700 (giving a participation rate of 75.9%) and for males aged 55 to 64 it was 816,500 (a participation rate of 72.2%). Are these differences significant?

The standard error on the difference between two estimates (e_1 and e_2) is approximated by the square root of the sum of the square of the standard errors for e_1 and e_2 . Therefore, in the above example, the standard error on the difference between the two estimates of the number of participants ($1,059,700 - 816,500 = 243,200$) is approximated by the square root of the sum of the square of the standard errors for 1,059,700 and 816,500; that is, square root of $([38,000]^2 + [34,400]^2)$ or 51,258.

Therefore, we can be 95% confident that the difference of 243,200 is statistically significant if it is greater than twice the standard error of the difference, or 102,516 ($2 \times 51,258$). This is true, therefore the differences in the estimates (and therefore the participation rates based on these estimates, namely 75.9% and 72.2%) are statistically significant.

Exercise, Recreation and Sport Survey 2008

Standard errors

Size of estimate	NSW no.	VIC no.	QLD no.	SA no.	WA no.	TAS no.	NT no.	ACT no.	Australia no.
1,000	1,800	1,000	1,500	1,000	1,000	600	400	400	1,400
2,000	2,500	1,400	2,100	1,300	1,400	800	500	500	2,000
5,000	3,800	2,200	3,300	2,000	2,200	1,200	800	800	3,100
10,000	5,300	3,000	4,600	2,840	3,100	1,600	1,200	1,200	4,300
20,000	7,300	4,280	6,300	3,900	4,400	2,200	1,600	1,700	6,000
50,000	11,300	6,700	9,800	6,100	6,900	3,300	2,700	2,800	9,200
100,000	15,600	9,400	13,700	8,500	9,600	4,500	3,700	4,000	12,800
200,000	21,600	13,200	19,000	11,800	13,400	6,200	5,400	5,800	17,800
500,000	33,500	20,500	29,500	18,000	21,000	9,500	na	9,500	27,600
800,000	41,600	25,600	36,800	22,400	26,400	na	na	na	34,400
1,000,000	46,000	29,000	41,000	25,000	29,000	na	na	na	38,000
1,500,000	55,500	36,000	49,500	30,000	36,000	na	na	na	47,000
2,000,000	64,000	40,000	58,000	na	na	na	na	na	54,000
5,000,000	100,000	65,000	na	na	na	na	na	na	85,000
8,000,000	na	na	na	na	na	na	na	na	104,000

* na is not applicable (exceeds relevant population in state or territory)

Relative standard errors

Size of estimate	NSW %	VIC %	QLD %	SA %	WA %	TAS %	NT %	ACT %	Australia %
1,000	177.8	98.9	151.4	95.1	101.9	55.5	35.3	36.5	142.6
2,000	123.3	69.4	105.4	66.1	71.4	38.0	25.2	26.2	99.2
5,000	76.0	43.4	65.3	40.8	44.6	23.0	16.1	16.9	61.4
10,000	52.7	30.5	45.5	28.4	31.3	15.7	11.5	12.1	42.8
20,000	36.6	21.4	31.7	19.7	21.9	10.8	8.2	8.7	29.8
50,000	22.5	13.4	19.6	12.2	13.7	6.5	5.3	5.6	18.4
100,000	15.6	9.4	13.7	8.5	9.6	4.5	3.7	4.0	12.8
200,000	10.8	6.6	9.5	5.9	6.7	3.1	2.7	2.9	8.9
500,000	6.7	4.1	5.9	3.6	4.2	1.9	na	1.9	5.5
800,000	5.2	3.2	4.6	2.8	3.3	na	na	na	4.3
1,000,000	4.6	2.9	4.1	2.5	2.9	na	na	na	3.8
1,500,000	3.7	2.4	3.3	2.0	2.4	na	na	na	3.1
2,000,000	3.2	2.0	2.9	na	na	na	na	na	2.7
5,000,000	2.0	1.3	na	na	na	na	na	na	1.7
8,000,000	na	na	na	na	na	na	na	na	1.3

Relative standard error cut-offs

RSE cut-off	NSW no.	VIC no.	QLD no.	SA no.	WA no.	TAS no.	NT no.	ACT no.	Australia no.
25%*	41,091	14,737	31,492	12,731	15,460	4,292	2,033	2,204	27,901
50%**	11,056	3,796	8,347	3,400	4,003	1,209	490	517	7,414

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

12 Exercise, Recreation and Sport Survey questionnaire 2008

The following questions are about physical activities you have participated in during the last 12 months for exercise, recreation or sport. Do not include any activities that were part of work or household and garden chores.

- Q1 During the last 12 months did you participate in any physical activities for exercise, recreation or sport?
- Yes 1 Go to Q2
- No 2 Go to Q7
- Don't know 9 Go to Q7
- Q2 What activities did you participate in?
- Up to maximum of ten activities to be coded*
- For each activity — ask Q3–Q5*
- Q3 Was any of this (activity) organised by a club, association or other type of organisation?
- Yes, all (organised) 1 Go to Q4
- Yes, some (organised) 2 Go to Q4
- No 3 Go to Q5
- Don't know 9 Go to Q5
- Q4a What type of club, association or organisation organised the (activity)?
- (multiple response)**
- Fitness, leisure or indoor sports centre that required payment for participation 1
 - Sport or recreation club or association that required payment of membership, fees or registration 2
 - Work 3
 - School 4
 - Other (specify) 8
- Q4b Can you tell me the name of the club or association and the suburb where it is located?
- Record name of club and suburb separately and verbatim*

Q5	Including any practice or training, approximately how many times did you participate in (activity) during the last 12 months? <i>Record actual number (1-998)</i> <i>Don't know recorded as 999</i> [Ask Q6a and Q6b only for the 'top three sports' based on the frequency of activities reported at Q5]	
Q6a	Now thinking about the activities you have mentioned, during the last two weeks, how many sessions of [activity 1, 2, 3] did you participate in?	
Q6b	On average, how long was each session of [activity 1, 2, 3] during the two-week period? <i>Record in hours and minutes</i> <i>Don't know recorded as 99</i>	
Q7	Sex of respondent	
	Male	1
	Female	2
Q8a	What is your current age? <i>(Record age)</i> <i>Refused go to Q8b; Others go to Q9</i>	
Q8b	Which age group do you belong to? (Read out)	
	15 to 17	1
	18 to 19	2
	20 to 24	3
	25 to 29	4
	30 to 34	5
	35 to 39	6
	40 to 44	7
	45 to 49	8
	50 to 54	9
	55 to 59	10
	60 to 64	11
	65 to 69	12
	70 years and over	13
	Refused	99

Q9	Which of the following best describes your current marital status? (Read out)	
	Married	1
	De facto	2
	Separated	3
	Divorced	4
	Widowed	5
	Never married	6
	Refused	7
Q10	Do you have any children under 18 years of age?	
	Yes	1 Go to Q11
	No	2 Go to Q13
Q11	How many of these children are living with you?	
	<i>Record actual number (1-10)</i>	
	<i>If zero, go to Q13.</i>	
	<i>Refused recorded as 99</i>	
Q12	What is the age of each of these children who are under 18 years of age and living with you?	
	<i>Record actual age (1-17)</i>	
	<i>Refused recorded as 99</i>	
Q13	What is the highest educational qualification you have completed?	
	University degree or higher (including postgraduate diploma)	1
	Undergraduate diploma or associate diploma	2
	Certificate, trade qualification or apprenticeship	3
	Highest level of secondary school	4
	Did not complete highest level of school	5
	Never went to school	6
	Still at secondary school	7
	Other (specify)	8
	Refused	9

Q14	Do you have a full-time or part-time job of any kind?		
	Yes	1	Go to Q15
	Yes	2	Go to Q17
	Retired (volunteered response)	3	Go to Q17
Q15	Do you have more than one job?		
	Yes	1	
	No	2	
Q16	How many hours a week do you usually work (in all jobs)?		
	<i>Record actual hours (0 to 98)</i>		
	<i>Refused/Don't know recorded as 99</i>		
	<i>Go to Q18</i>		
Q17	Did you look for work at any time in the last four weeks?		
	Yes	1	
	No	2	
Q18	Are you of Aboriginal or Torres Strait Islander origin?		
	Yes	1	
	No	2	
	Refused	3	
Q19	Do you speak a language other than English at home?		
	Yes	1	Go to Q20
	No	2	Go to Q21
	Refused	3	Go to Q21

Q20 What languages other than English do you speak at home?

(multiple response)

Italian.....	2
Greek.....	3
Cantonese.....	4
Mandarin.....	5
Arabic.....	6
Vietnamese.....	7
German.....	8
Spanish.....	9
Tagalog (Filipino).....	10
Hindi.....	11
Macedonian.....	12
Croatian.....	13
Korean.....	14
Turkish.....	15
Polish.....	16
Other (specify).....	98

Q21 What is the postcode of the suburb/area where you live?

Record postcode

Record refused as 'refused'

Questionnaire attachment — list of activities

1	Calisthenics	43	Football — rugby union
2	Chinese exercise	44	Football — soccer (indoor)
3	Exercise bike	45	Football — fluffy ball
4	Gymnasium workouts	46	Football — futsal
5	Military exercise	47	Football — soccer (outdoor)
6	Prime movers=>50s	48	Football — touch
7	Step Reebok	49	Football — Austag
8	Aerobics/exercising/other	50	Golf
10	Ballooning	51	Gymnastics
11	Gliding	52	Trampolining
12	Gyroplane flying	53	Hockey (indoor)
13	Hang gliding	54	Hockey (outdoor)
14	Model aeroplane flying	55	Horseriding/equestrian activities
15	Ultralight flying	56	Blade-skating
16	Air sports — other	57	Ice hockey
17	Archery	58	Ice skating
18	Bow hunting	59	Snow skiing
19	Athletics — track and field	60	Ice/snow sports — other
20	Badminton	61	Lacrosse (outdoor)
21	Baseball	62	Lawn bowls
22	Basketball (indoor and outdoor)	63	Chi kung
23	Billiards	64	Eastern — judo
24	Pool	65	Judo
25	Snooker	66	Karate
26	Bocce/French bowls (outdoor)	67	Kickboxing
27	Boxing	68	Taekwondo
28	Canoeing	69	Tai Chi
29	Kayaking	70	Yoga
30	Carpet bowls	71	Martial arts — other
31	Cricket (indoor)	72	Motor sports — go-karting
32	Cricket (outdoor) — Vigoro	73	Motor sports — track
33	Croquet	74	Motor sports — trail bike
34	Cycling	75	Motor sports — other
35	BMX	76	Netball (indoor)
36	Mountain bike	77	Netball (outdoor)
37	Darts	78	Cross-country running
38	Football — Australian rules	79	Orienteering
39	Football — gridiron (US)	80	Rogaining
40	Football — rugby league	81	Rodeo
41	Football — sevens	82	Inline hockey
42	Football — modball	83	Rollerblading

84	Skateboarding	128	Water polo
85	Roller sports — other	129	Dog racing
86	Rowing	130	Walking — bush
87	Jogging	131	Walking — other (specify)
88	Running (for example, marathon)	133	Abseiling
89	Sailing (outrigging)	134	Caving
90	Hunting	135	Rock climbing
91	Paintball shooting	136	Handball
92	Pistol shooting	137	Fencing
93	Shooting sports — other	138	Gorilla ball
94	Softball	139	Racquet ball
95	Squash	140	Ultimate frisbee
96	Surf lifesaving/Royal lifesaving	141	Gaelic football
97	Sailboarding	142	Horseracing (strapping)
98	Windsurfing	143	Teeball (T-ball)
99	Surfing	144	Boomerang throwing
100	Surf sports — other	145	Water volleyball
101	Diving (board)	146	Woodchopping
102	Swimming	147	Dog shows
103	Table tennis	148	Sheepdog trials
104	Tennis (outdoor)	149	Winter Olympics
105	Tenpin bowling	150	Marching
106	Triathlons	151	Aquarobics
107	Volleyball (indoor) — rebound	152	Korfball
108	Newcombe ball	153	Underwater hockey
109	Volleyball (outdoor)	154	Sofcrosse
110	Jet skiing	155	Commonwealth Games
111	Powerboating	156	Royal tennis
112	Waterskiing	157	Broom ball
113	Wrestling	158	Polocrosse
114	Tennis (indoor)	159	Leader ball
115	Lacrosse (indoor)	160	Pigeon racing
116	Canoe polo	161	Weight-lifting (competition)
117	Bodybuilding	162	Play
118	Circuits	163	Putt-putt golf
119	Power team	164	Grockey
120	Weight training for fitness — other	165	Other activities (specify 1)
121	Ballet	166	Other activities (specify 2)
122	Boot scooting	167	Treadmill
123	Dancing — other	168	Volleyball — beach
124	Fishing	169	Snowboarding
125	Electric light cricket	170	Skeleton
126	Wheelchair ice hockey		
127	Scuba diving		

13 Contacts

For more information about the survey, please contact:

Research and Corporate Planning
Australian Sports Commission
PO Box 176
BELCONNEN ACT 2616
Tel: (02) 6214 1111
Email: research@ausport.gov.au
Website: ausport.gov.au

or contact your state or territory government agency responsible for sport and recreation:

Australian Capital Territory

Sport and Recreation Services
Tel: (02) 6207 2111

New South Wales

NSW Sport and Recreation
Tel: (02) 9006 3761

Northern Territory

Division of Sport and Recreation
Tel: (08) 8982 2325

Queensland

Department of Local Government, Sport and Recreation
Tel: (07) 3237 0098

South Australia

Office for Recreation and Sport
Tel: (08) 8416 6677

Tasmania

Sport and Recreation Tasmania
Tel: 1800 252 476

Victoria

Sport and Recreation Victoria
Tel: (03) 9208 3333

Western Australia

Department of Sport and Recreation
Tel: (08) 9492 9700