



Australian Government  
Australian Sports Commission

# Participation in Exercise, Recreation and Sport



## Annual Report 2010

State and Territory Tables for Northern Territory



Communities  
Sport & Recreation



Government of Western Australia  
Department of Sport and Recreation



Government of South Australia  
Office for Recreation and Sport



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### 9.3.3 Northern Territory

**Table 49: Northern Territory participants — total participation in physical activity by type of participation, age and sex, 2010 (a)**

		Organised only (c) (A)	Non-organised only (d) (B)	Both organised and non-organised (e) (C)	Total organised (A + C)	Total non-organised (B + C)	Total participation (A + B + C)
Sex	Age group (years)	Number ('000)					
Males	15 to 24	3.3	4.5	8.0	11.3	12.4	15.7
	25 to 34	*1.4	7.4	6.0	7.4	13.4	14.8
	35 to 44	*1.9	7.1	6.2	8.1	13.3	15.1
	45 to 54	*1.1	6.6	4.7	5.8	11.3	12.4
	55 to 64	*1.3	4.7	2.4	3.7	7.1	8.3
	65 and over	**0.1	3.4	*0.9	*1.1	4.4	4.5
	<b>TOTAL</b>	<b>9.0</b>	<b>33.6</b>	<b>28.3</b>	<b>37.3</b>	<b>61.9</b>	<b>70.9</b>
Females	15 to 24	2.6	5.5	5.0	7.6	10.5	13.1
	25 to 34	*0.9	8.2	6.2	7.1	14.4	15.3
	35 to 44	*1.4	7.2	5.5	6.9	12.7	14.1
	45 to 54	*0.8	6.9	2.6	3.4	9.5	10.3
	55 to 64	**0.1	5.6	*1.7	*1.9	7.3	7.4
	65 and over	*0.8	2.1	*1.1	*1.9	3.1	3.9
	<b>TOTAL</b>	<b>6.7</b>	<b>35.4</b>	<b>22.0</b>	<b>28.7</b>	<b>57.5</b>	<b>64.1</b>
Persons	15 to 24	5.9	10.0	12.9	18.8	22.9	28.8
	25 to 34	2.3	15.6	12.2	14.5	27.8	30.1
	35 to 44	3.3	14.3	11.7	14.9	25.9	29.2
	45 to 54	*1.9	13.5	7.4	9.3	20.9	22.7
	55 to 64	*1.4	10.2	4.1	5.5	14.4	15.7
	65 and over	*0.9	5.5	*2.0	2.9	7.5	8.4
	<b>TOTAL</b>	<b>15.7</b>	<b>69.0</b>	<b>50.3</b>	<b>66.0</b>	<b>119.4</b>	<b>135.0</b>
Total participation rate (%) (b)							
Males	15 to 24	18.2	24.7	44.2	62.3	68.8	87.0
	25 to 34	*7.2	39.1	31.9	39.1	71.0	78.3
	35 to 44	*10.8	40.8	35.8	46.7	76.7	87.5
	45 to 54	*6.9	42.6	30.7	37.6	73.3	80.2
	55 to 64	*11.0	40.7	20.9	31.9	61.5	72.5
	65 and over	**2.0	53.1	*14.3	*16.3	67.3	69.4
	<b>TOTAL</b>	<b>10.3</b>	<b>38.3</b>	<b>32.2</b>	<b>42.5</b>	<b>70.6</b>	<b>80.8</b>
Females	15 to 24	16.4	34.5	30.9	47.3	65.5	81.8
	25 to 34	*5.0	43.3	32.5	37.5	75.8	80.8
	35 to 44	*8.2	42.1	32.1	40.3	74.2	82.4
	45 to 54	*5.5	47.2	18.1	23.6	65.4	70.9
	55 to 64	**1.0	56.3	*17.7	*18.8	74.0	75.0
	65 and over	*14.1	35.9	*18.8	*32.8	54.7	68.8
	<b>TOTAL</b>	<b>8.1</b>	<b>43.1</b>	<b>26.8</b>	<b>34.9</b>	<b>69.9</b>	<b>78.0</b>
Persons	15 to 24	17.3	29.3	37.9	55.3	67.2	84.6
	25 to 34	6.1	41.2	32.2	38.3	73.4	79.5
	35 to 44	9.5	41.5	34.0	43.5	75.4	85.0
	45 to 54	*6.2	44.8	24.6	30.8	69.4	75.7
	55 to 64	*6.4	47.9	19.4	25.8	67.3	73.7
	65 and over	*7.7	45.1	*16.4	24.0	61.4	69.1
	<b>TOTAL</b>	<b>9.2</b>	<b>40.6</b>	<b>29.6</b>	<b>38.8</b>	<b>70.3</b>	<b>79.5</b>

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) Participants' activities are fully organised

(d) Participants' activities are fully non-organised

(e) Participants' activities are part organised and part non-organised

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

**Table 50: Northern Territory participants — total participation in any physical activity (organised and non-organised) by demographics, 2010 (a)**

	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
<b>AGE GROUP (YEARS)</b>						
15 to 24	15.7	87.0	13.1	81.8	28.8	84.6
25 to 34	14.8	78.3	15.3	80.8	30.1	79.5
35 to 44	15.1	87.5	14.1	82.4	29.2	85.0
45 to 54	12.4	80.2	10.3	70.9	22.7	75.7
55 to 64	8.3	72.5	7.4	75.0	15.7	73.7
65 and over	4.5	69.4	3.9	68.8	8.4	69.1
<b>REGION</b>						
Capital city	31.2	79.1	31.5	80.4	62.7	79.8
Rest of state	39.7	82.2	32.7	75.9	72.3	79.2
<b>EMPLOYMENT STATUS</b>						
Employed full time	52.2	83.1	33.4	76.7	85.6	80.5
Employed part time	9.3	93.0	17.0	83.7	26.3	86.8
Employed refused	*1.1	*63.7	**0.1	**26.1	*1.2	*55.9
Total employed	62.6	84.0	50.5	78.5	113.1	81.5
Unemployed	*1.9	*63.3	2.4	96.5	4.3	78.4
Not in the labour force	6.4	62.7	11.3	73.0	17.6	68.9
<b>MARITAL STATUS</b>						
Married	42.9	81.3	36.0	74.5	78.9	78.1
Not married	27.5	80.3	27.9	83.4	55.4	81.8
Refused/Do not know	*0.5	*68.1	**0.2	**55.0	*0.7	*63.5
<b>CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD</b>						
At least one under 18 at home	24.5	83.2	24.6	76.6	49.1	79.8
At least one under 18 — none at home	3.2	80.7	*0.7	*75.7	3.9	79.7
No children under 18	43.2	79.5	38.8	79.0	82.0	79.3
<b>HIGHEST EDUCATION ATTAINMENT</b>						
University degree or higher (including postgraduate diploma)	19.6	86.2	23.5	86.6	43.1	86.4
Undergraduate diploma or associate diploma	5.0	89.7	5.9	81.2	10.9	84.9
Certificate, trade qualification or apprenticeship	12.7	78.8	6.9	79.3	19.6	78.9
Highest level of secondary school	17.3	86.9	11.4	73.2	28.6	80.9
Did not complete highest level of school	12.5	67.1	12.4	67.3	24.9	67.2
Still at secondary school	3.0	86.7	3.2	84.6	6.3	85.6
Other	*0.6	*58.5	*0.8	*67.2	*1.3	*63.3
Refused	**0.3	**68.5	**0.1	**46.4	**0.4	**61.4
<b>LANGUAGE SPOKEN AT HOME</b>						
English only	65.1	81.3	58.8	79.0	123.8	80.2
European language/s other than English	*1.9	*78.9	*1.3	*74.2	3.2	76.9
Non-European language/s	4.1	75.6	4.1	66.1	8.1	70.5
<b>Total</b>	<b>70.9</b>	<b>80.8</b>	<b>64.1</b>	<b>78.0</b>	<b>135.0</b>	<b>79.5</b>

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

**Table 51: All Northern Territory persons — participation in any physical activity by frequency, age and sex, 2010 (a)**

Sex	Age group (years)	None	Up to once per week (b)	One or two times per week (c)	Three or four times per week (d)	Five or more times per week	Do not know	Total
		Number ('000)						
Males	15 to 24	2.3	*1.6	4.2	4.7	5.2	**0.0	18.1
	25 to 34	4.1	3.0	4.7	*1.9	5.2	**0.0	18.9
	35 to 44	2.2	3.0	4.5	3.0	4.6	**0.0	17.3
	45 to 54	3.1	3.4	2.8	3.1	3.2	**0.0	15.5
	55 to 64	3.1	*1.5	2.4	*1.8	2.6	**0.0	11.5
	65 and over	*2.0	*0.9	**0.4	*1.2	*2.0	**0.0	6.5
	<b>TOTAL</b>	<b>16.8</b>	<b>13.5</b>	<b>18.9</b>	<b>15.7</b>	<b>22.8</b>	<b>**0.0</b>	<b>87.7</b>
Females	15 to 24	2.9	2.0	4.4	2.9	3.8	**0.0	16.0
	25 to 34	3.6	2.1	4.6	3.3	5.2	**0.2	18.9
	35 to 44	3.0	*1.5	2.8	3.2	6.4	**0.1	17.1
	45 to 54	4.2	*1.3	2.1	2.5	4.5	**0.0	14.6
	55 to 64	2.5	*0.6	*1.0	*1.2	4.5	**0.0	9.9
	65 and over	*1.8	*0.6	*1.0	*0.7	*1.5	**0.1	5.7
	<b>TOTAL</b>	<b>18.0</b>	<b>8.1</b>	<b>15.8</b>	<b>13.9</b>	<b>26.0</b>	<b>**0.4</b>	<b>82.2</b>
Persons	15 to 24	5.3	3.7	8.6	7.6	8.9	**0.0	34.1
	25 to 34	7.7	5.1	9.2	5.2	10.4	**0.2	37.9
	35 to 44	5.2	4.5	7.3	6.2	11.1	**0.1	34.4
	45 to 54	7.3	4.6	4.8	5.6	7.7	**0.0	30.0
	55 to 64	5.6	2.1	3.4	3.0	7.2	**0.0	21.3
	65 and over	3.8	*1.6	*1.4	*1.9	3.5	**0.1	12.2
	<b>TOTAL</b>	<b>34.9</b>	<b>21.6</b>	<b>34.7</b>	<b>29.6</b>	<b>48.8</b>	<b>**0.4</b>	<b>169.9</b>
Percentage of row (%)								
Males	15 to 24	13.0	*9.1	23.4	26.0	28.6	**0.0	100.0
	25 to 34	21.7	15.9	24.6	*10.1	27.5	**0.0	100.0
	35 to 44	12.5	17.5	25.8	17.5	26.7	**0.0	100.0
	45 to 54	19.8	21.8	17.8	19.8	20.8	**0.0	100.0
	55 to 64	27.5	*13.2	20.9	*15.4	23.1	**0.0	100.0
	65 and over	*30.6	*14.3	**6.1	*18.4	*30.6	**0.0	100.0
	<b>TOTAL</b>	<b>19.2</b>	<b>15.4</b>	<b>21.5</b>	<b>17.9</b>	<b>26.0</b>	<b>**0.0</b>	<b>100.0</b>
Females	15 to 24	18.2	12.7	27.3	18.2	23.6	**0.0	100.0
	25 to 34	19.2	10.8	24.2	17.5	27.5	**0.8	100.0
	35 to 44	17.6	*8.8	16.4	18.9	37.7	**0.6	100.0
	45 to 54	29.1	*8.7	14.2	17.3	30.7	**0.0	100.0
	55 to 64	25.0	*6.3	*10.4	*12.5	45.8	**0.0	100.0
	65 and over	*31.3	*10.9	*17.2	*12.5	*26.6	**1.6	100.0
	<b>TOTAL</b>	<b>22.0</b>	<b>9.9</b>	<b>19.2</b>	<b>16.9</b>	<b>31.6</b>	<b>**0.4</b>	<b>100.0</b>
Persons	15 to 24	15.4	10.8	25.2	22.3	26.3	**0.0	100.0
	25 to 34	20.5	13.4	24.4	13.8	27.5	**0.4	100.0
	35 to 44	15.0	13.2	21.1	18.2	32.2	**0.3	100.0
	45 to 54	24.3	15.4	16.1	18.6	25.6	**0.0	100.0
	55 to 64	26.3	10.0	16.0	14.0	33.6	**0.0	100.0
	65 and over	30.9	*12.7	*11.3	*15.6	28.7	**0.7	100.0
	<b>TOTAL</b>	<b>20.5</b>	<b>12.7</b>	<b>20.4</b>	<b>17.4</b>	<b>28.7</b>	<b>**0.2</b>	<b>100.0</b>

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

**Table 52: Northern Territory participants — participation in any physical activity by cumulative frequency, age and sex, 2010 (a) (b)**

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	*1.6	14.1	12.0	9.9	15.7
	25 to 34	3.0	11.8	8.8	7.1	14.8
	35 to 44	3.0	12.1	10.1	7.6	15.1
	45 to 54	3.4	9.0	7.8	6.3	12.4
	55 to 64	*1.5	6.8	5.8	4.4	8.3
	65 and over	*0.9	3.6	3.4	3.2	4.5
	<b>TOTAL</b>		<b>13.5</b>	<b>57.4</b>	<b>47.9</b>	<b>38.5</b>
Females	15 to 24	2.0	11.1	10.2	6.7	13.1
	25 to 34	2.1	13.1	11.4	8.5	15.3
	35 to 44	*1.5	12.5	11.4	9.7	14.1
	45 to 54	*1.3	9.1	8.2	7.0	10.3
	55 to 64	*0.6	6.8	6.5	5.8	7.4
	65 and over	*0.6	3.2	2.9	2.2	3.9
	<b>TOTAL</b>		<b>8.1</b>	<b>55.7</b>	<b>50.4</b>	<b>39.9</b>
Persons	15 to 24	3.7	25.1	22.2	16.6	28.8
	25 to 34	5.1	24.9	20.1	15.6	30.1
	35 to 44	4.5	24.6	21.5	17.3	29.2
	45 to 54	4.6	18.1	16.0	13.3	22.7
	55 to 64	2.1	13.6	12.3	10.2	15.7
	65 and over	*1.6	6.8	6.3	5.4	8.4
	<b>TOTAL</b>		<b>21.6</b>	<b>113.1</b>	<b>98.3</b>	<b>78.4</b>

Total participation rate (%) (c)

Males	15 to 24	*9.1	77.9	66.2	54.5	87.0
	25 to 34	15.9	62.3	46.4	37.7	78.3
	35 to 44	17.5	70.0	58.3	44.2	87.5
	45 to 54	21.8	58.4	50.5	40.6	80.2
	55 to 64	*13.2	59.3	50.5	38.5	72.5
	65 and over	*14.3	55.1	53.1	49.0	69.4
	<b>TOTAL</b>		<b>15.4</b>	<b>65.4</b>	<b>54.6</b>	<b>43.9</b>
Females	15 to 24	12.7	69.1	63.6	41.8	81.8
	25 to 34	10.8	69.2	60.0	45.0	80.8
	35 to 44	*8.8	73.0	66.7	56.6	82.4
	45 to 54	*8.7	62.2	55.9	48.0	70.9
	55 to 64	*6.3	68.8	65.6	58.3	75.0
	65 and over	*10.9	56.3	50.0	39.1	68.8
	<b>TOTAL</b>		<b>9.9</b>	<b>67.8</b>	<b>61.3</b>	<b>48.5</b>
Persons	15 to 24	10.8	73.8	65.0	48.6	84.6
	25 to 34	13.4	65.7	53.2	41.3	79.5
	35 to 44	13.2	71.5	62.5	50.3	85.0
	45 to 54	15.4	60.3	53.1	44.2	75.7
	55 to 64	10.0	63.7	57.5	47.7	73.7
	65 and over	*12.7	55.6	51.6	44.3	69.1
	<b>TOTAL</b>		<b>12.7</b>	<b>66.6</b>	<b>57.9</b>	<b>46.1</b>

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) Cumulative frequency should be interpreted as the total number of persons who engaged in the activity with **at least** that frequency (for example, 98,300 Northern Territory persons engaged in physical activity at least twice per week, which is a combination of those who engaged twice, three times, four times and five times per week or more)

(c) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

**Table 53: Northern Territory recent participants — recent participation in any physical activity by duration and age, 2010 (a)**

		15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	Total
		Number ('000)						
Five hours or more	More than three sessions weekly	8.4	5.9	5.6	4.4	3.9	2.3	30.5
	Two or three sessions weekly	*1.2	**0.3	*0.7	*1.2	*0.7	**0.4	4.5
	Less than two sessions weekly	*0.5	**0.3	*1.0	**0.2	*0.6	**0.2	2.8
	<i>Total</i>	10.2	6.5	7.3	5.7	5.3	2.9	37.9
Two hours or more but less than five hours	More than three sessions weekly	2.8	5.8	6.2	5.4	3.8	*1.1	25.1
	Two or three sessions weekly	3.8	3.7	3.6	*1.1	*1.3	*0.8	14.2
	Less than two sessions weekly	2.6	2.1	*1.5	*0.6	*0.7	*0.6	8.1
	<i>Total</i>	9.2	11.6	11.3	7.1	5.8	2.5	47.4
Less than two hours	More than three sessions weekly	*0.5	**0.3	**0.4	*0.5	**0.5	*0.5	2.8
	Two or three sessions weekly	*1.8	3.1	*1.5	*2.0	*0.7	*0.6	9.7
	Less than two sessions weekly	3.9	4.0	4.5	2.8	2.1	*0.8	18.0
	<i>Total</i>	6.2	7.4	6.4	5.3	3.2	*2.0	30.5
Total	More than three sessions weekly	11.8	12.0	12.1	10.3	8.1	3.9	58.3
	Two or three sessions weekly	6.8	7.1	5.8	4.3	2.7	*1.7	28.4
	Less than two sessions weekly	7.0	6.4	7.0	3.5	3.4	*1.7	28.9
	<b>Total</b>	<b>25.6</b>	<b>25.5</b>	<b>24.9</b>	<b>18.1</b>	<b>14.3</b>	<b>7.3</b>	<b>115.7</b>
		Percentage of total (%)						
Five hours or more	More than three sessions weekly	7.3	5.1	4.8	3.8	3.4	2.0	26.4
	Two or three sessions weekly	*1.1	**0.3	*0.6	*1.0	*0.6	**0.3	3.9
	Less than two sessions weekly	*0.5	**0.2	*0.9	**0.1	*0.5	**0.2	2.4
	<i>Total</i>	8.8	5.6	6.3	5.0	4.6	2.5	32.7
Two hours or more but less than five hours	More than three sessions weekly	2.4	5.0	5.3	4.7	3.3	*1.0	21.7
	Two or three sessions weekly	3.3	3.2	3.1	*1.0	*1.1	*0.7	12.3
	Less than two sessions weekly	2.2	1.8	*1.3	*0.5	*0.6	*0.5	7.0
	<i>Total</i>	7.9	10.0	9.7	6.2	5.0	2.1	41.0
Less than two hours	More than three sessions weekly	*0.5	**0.3	**0.3	*0.5	**0.4	*0.5	2.4
	Two or three sessions weekly	*1.6	2.7	*1.3	*1.7	*0.6	*0.5	8.4
	Less than two sessions weekly	3.3	3.5	3.9	2.4	1.8	*0.7	15.6
	<i>Total</i>	5.3	6.4	5.5	4.6	2.8	*1.7	26.3
Total	More than three sessions weekly	10.2	10.4	10.5	8.9	7.0	3.4	50.4
	Two or three sessions weekly	5.9	6.1	5.0	3.7	2.3	*1.5	24.6
	Less than two sessions weekly	6.0	5.5	6.1	3.0	3.0	*1.5	25.0
	<b>Total</b>	<b>22.1</b>	<b>22.0</b>	<b>21.5</b>	<b>15.7</b>	<b>12.4</b>	<b>6.3</b>	<b>100.0</b>

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport in the two weeks prior to interview in 2010

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use



**Table 54: Northern Territory regular participants — regular participation in any physical activity (organised and non-organised) by demographics, 2010 (a)**

	MALES		FEMALES		PERSONS	
	Number (’000)	Regular participation rate (b) (%)	Number (’000)	Regular participation rate (%)	Number (’000)	Regular participation rate (%)
<b>AGE GROUP (YEARS)</b>						
15 to 24	9.9	54.5	6.7	41.8	16.6	48.6
25 to 34	7.1	37.7	8.5	45.0	15.6	41.3
35 to 44	7.6	44.2	9.7	56.6	17.3	50.3
45 to 54	6.3	40.6	7.0	48.0	13.3	44.2
55 to 64	4.4	38.5	5.8	58.3	10.2	47.7
65 and over	3.2	49.0	2.2	39.1	5.4	44.3
<b>REGION</b>						
Capital city	17.4	44.0	19.5	49.8	36.9	46.9
Rest of state	21.1	43.8	20.4	47.3	41.5	45.5
<b>EMPLOYMENT STATUS</b>						
Employed full time	27.5	43.7	21.1	48.4	48.5	45.6
Employed part time	5.4	54.2	10.5	51.7	15.9	52.5
Employed refused	*0.8	*47.7	**0.0	**0.0	*0.8	*37.9
Total employed	33.7	45.2	31.5	49.1	65.2	47.0
Unemployed	*1.0	*32.5	*1.5	*59.2	2.5	44.6
Not in the labour force	3.8	37.6	6.9	44.4	10.7	41.8
<b>MARITAL STATUS</b>						
Married	22.1	42.0	23.4	48.4	45.5	45.0
Not married	15.9	46.3	16.4	49.0	32.3	47.6
Refused/Do not know	*0.5	*68.1	**0.1	**26.0	*0.6	*53.3
<b>CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD</b>						
At least one under 18 at home	11.6	39.5	14.8	46.1	26.4	42.9
At least one under 18 – none at home	*1.6	*39.8	*0.6	*63.6	2.2	44.5
No children under 18	25.3	46.6	24.5	49.8	49.8	48.1
<b>HIGHEST EDUCATION ATTAINMENT</b>						
University degree or higher (including postgraduate diploma)	11.2	49.2	15.9	58.5	27.1	54.3
Undergraduate diploma or associate diploma	2.2	39.0	3.6	50.4	5.8	45.4
Certificate, trade qualification or apprenticeship	5.7	35.5	5.0	57.0	10.7	43.1
Highest level of secondary school	10.5	52.7	6.2	39.7	16.6	47.0
Did not complete highest level of school	6.7	35.8	7.0	38.3	13.7	37.0
Still at secondary school	*1.6	*46.7	*1.7	*46.2	3.4	46.4
Other	**0.4	**42.2	**0.4	**34.4	*0.8	*37.9
Refused	**0.3	**68.5	**0.0	**0.0	**0.3	**46.3
<b>LANGUAGE SPOKEN AT HOME</b>						
English only	34.7	43.3	37.3	50.2	72.0	46.6
European language/s other than English	*1.3	*54.8	*0.7	*37.2	*2.0	*47.3
Non-European language/s	2.6	48.5	*1.9	*31.0	4.5	39.1
<b>Total</b>	<b>38.5</b>	<b>43.9</b>	<b>39.9</b>	<b>48.5</b>	<b>78.4</b>	<b>46.1</b>

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the regular participation rate is the number of persons who participated in the activity at least three times per week on average expressed as a percentage of the population in the same group

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

**Table 55: All Northern Territory persons — participation in organised physical activity by frequency, age and sex, 2010 (a)**

Sex	Age group (years)	None	Up to once	One or two	Three or four	Five or	Do not know	Total
			per week (b)	times per week (c)	times per week (d)	more times per week		
		Number ('000)						
Males	15 to 24	6.8	2.1	5.9	*1.9	*1.4	**0.0	18.1
	25 to 34	11.5	3.3	2.7	*0.5	*0.8	**0.0	18.9
	35 to 44	9.2	2.6	3.7	*1.0	*0.7	**0.0	17.3
	45 to 54	9.6	3.2	*2.0	**0.3	**0.3	**0.0	15.5
	55 to 64	7.8	*1.3	*1.3	*0.8	**0.4	**0.0	11.5
	65 and over	5.4	**0.3	**0.3	**0.4	**0.1	**0.0	6.5
	<b>TOTAL</b>	<b>50.4</b>	<b>12.7</b>	<b>15.9</b>	<b>4.9</b>	<b>3.8</b>	<b>**0.0</b>	<b>87.7</b>
Females	15 to 24	8.4	*1.5	3.8	*0.6	*1.7	**0.0	16.0
	25 to 34	11.8	2.5	2.8	*1.1	*0.6	**0.0	18.9
	35 to 44	10.2	2.5	2.4	*1.1	*0.9	**0.1	17.1
	45 to 54	11.1	*1.1	*1.1	*0.9	**0.2	**0.0	14.6
	55 to 64	8.0	*0.6	*0.6	*0.5	**0.1	**0.0	9.9
	65 and over	3.8	*0.5	*1.0	**0.4	**0.0	**0.0	5.7
	<b>TOTAL</b>	<b>53.5</b>	<b>8.8</b>	<b>11.7</b>	<b>4.6</b>	<b>3.6</b>	<b>**0.1</b>	<b>82.2</b>
Persons	15 to 24	15.3	3.6	9.7	2.5	3.2	**0.0	34.1
	25 to 34	23.4	5.8	5.6	*1.7	*1.5	**0.0	37.9
	35 to 44	19.4	5.1	6.1	2.1	*1.6	**0.1	34.4
	45 to 54	20.8	4.4	3.1	*1.2	*0.5	**0.0	30.0
	55 to 64	15.8	*1.9	*1.9	*1.3	**0.5	**0.0	21.3
	65 and over	9.3	*0.8	*1.2	*0.8	**0.1	**0.0	12.2
	<b>TOTAL</b>	<b>103.9</b>	<b>21.5</b>	<b>27.6</b>	<b>9.4</b>	<b>7.3</b>	<b>**0.1</b>	<b>169.9</b>

Percentage of row (%)

Males	15 to 24	37.7	11.7	32.5	*10.4	*7.8	**0.0	100.0
	25 to 34	60.9	17.4	14.5	*2.9	*4.3	**0.0	100.0
	35 to 44	53.3	15.0	21.7	*5.8	*4.2	**0.0	100.0
	45 to 54	62.4	20.8	*12.9	**2.0	**2.0	**0.0	100.0
	55 to 64	68.1	*11.0	*11.0	*6.6	*3.3	**0.0	100.0
	65 and over	83.7	**4.1	**4.1	**6.1	**2.0	**0.0	100.0
	<b>TOTAL</b>	<b>57.5</b>	<b>14.5</b>	<b>18.1</b>	<b>5.6</b>	<b>4.3</b>	<b>**0.0</b>	<b>100.0</b>
Females	15 to 24	52.7	*9.1	23.6	*3.6	*10.9	**0.0	100.0
	25 to 34	62.5	13.3	15.0	*5.8	*3.3	**0.0	100.0
	35 to 44	59.7	14.5	13.8	*6.3	*5.0	**0.6	100.0
	45 to 54	76.4	*7.9	*7.9	*6.3	*1.6	**0.0	100.0
	55 to 64	81.3	*6.3	*6.3	*5.2	*1.0	**0.0	100.0
	65 and over	67.2	*9.4	*17.2	**6.3	**0.0	**0.0	100.0
	<b>TOTAL</b>	<b>65.1</b>	<b>10.6</b>	<b>14.3</b>	<b>5.5</b>	<b>4.3</b>	<b>**0.1</b>	<b>100.0</b>
Persons	15 to 24	44.7	10.5	28.3	7.2	9.3	**0.0	100.0
	25 to 34	61.7	15.4	14.7	*4.4	*3.8	**0.0	100.0
	35 to 44	56.5	14.7	17.8	6.1	*4.6	**0.3	100.0
	45 to 54	69.2	14.5	10.4	*4.1	*1.8	**0.0	100.0
	55 to 64	74.2	*8.8	*8.8	*6.0	*2.3	**0.0	100.0
	65 and over	76.0	*6.6	*10.2	*6.2	*1.1	**0.0	100.0
	<b>TOTAL</b>	<b>61.2</b>	<b>12.6</b>	<b>16.2</b>	<b>5.6</b>	<b>4.3</b>	<b>**0.1</b>	<b>100.0</b>

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use



**Table 56: Northern Territory organised participants — participation in organised physical activity by cumulative frequency, age and sex, 2010 (a) (b)**

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	2.1	9.1	6.3	3.3	11.3
	25 to 34	3.3	4.1	2.2	*1.4	7.4
	35 to 44	2.6	5.5	2.6	*1.7	8.1
	45 to 54	3.2	2.6	*1.4	*0.6	5.8
	55 to 64	*1.3	2.4	*1.8	*1.1	3.7
	65 and over	**0.3	*0.8	*0.5	*0.5	*1.1
	<b>TOTAL</b>	<b>12.7</b>	<b>24.5</b>	<b>14.8</b>	<b>8.7</b>	<b>37.3</b>
Females	15 to 24	*1.5	6.1	4.4	2.3	7.6
	25 to 34	2.5	4.6	3.0	*1.7	7.1
	35 to 44	2.5	4.3	2.9	*1.9	6.9
	45 to 54	*1.1	2.3	*1.6	*1.1	3.4
	55 to 64	*0.6	*1.2	*0.9	*0.6	*1.9
	65 and over	*0.5	*1.3	*0.8	**0.4	*1.9
	<b>TOTAL</b>	<b>8.8</b>	<b>19.9</b>	<b>13.6</b>	<b>8.1</b>	<b>28.7</b>
Persons	15 to 24	3.6	15.3	10.7	5.6	18.8
	25 to 34	5.8	8.7	5.2	3.1	14.5
	35 to 44	5.1	9.8	5.5	3.7	14.9
	45 to 54	4.4	4.9	3.0	*1.8	9.3
	55 to 64	*1.9	3.6	2.7	*1.8	5.5
	65 and over	*0.8	2.1	*1.3	*0.9	2.9
	<b>TOTAL</b>	<b>21.5</b>	<b>44.4</b>	<b>28.4</b>	<b>16.8</b>	<b>66.0</b>

Total participation rate (%) (c)

Males	15 to 24	11.7	50.6	35.1	18.2	62.3
	25 to 34	17.4	21.7	11.6	*7.2	39.1
	35 to 44	15.0	31.7	15.0	*10.0	46.7
	45 to 54	20.8	16.8	*8.9	*4.0	37.6
	55 to 64	*11.0	20.9	*15.4	*9.9	31.9
	65 and over	**4.1	*12.2	*8.2	*8.2	*16.3
	<b>TOTAL</b>	<b>14.5</b>	<b>28.0</b>	<b>16.9</b>	<b>9.9</b>	<b>42.5</b>
Females	15 to 24	*9.1	38.2	27.3	14.5	47.3
	25 to 34	13.3	24.2	15.8	*9.2	37.5
	35 to 44	14.5	25.2	17.0	*11.3	40.3
	45 to 54	*7.9	15.7	*11.0	*7.9	23.6
	55 to 64	*6.3	*12.5	*9.4	*6.3	*18.8
	65 and over	*9.4	*23.4	*14.1	**6.3	*32.8
	<b>TOTAL</b>	<b>10.6</b>	<b>24.2</b>	<b>16.5</b>	<b>9.9</b>	<b>34.9</b>
Persons	15 to 24	10.5	44.8	31.4	16.5	55.3
	25 to 34	15.4	23.0	13.7	8.2	38.3
	35 to 44	14.7	28.4	16.0	10.7	43.5
	45 to 54	14.5	16.3	9.9	*5.9	30.8
	55 to 64	*8.8	17.0	12.6	*8.2	25.8
	65 and over	*6.6	17.5	*10.9	*7.3	24.0
	<b>TOTAL</b>	<b>12.6</b>	<b>26.1</b>	<b>16.7</b>	<b>9.9</b>	<b>38.8</b>

(a) Relates to persons aged 15 years and over who participated in organised physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) Cumulative frequency should be interpreted as the total number of persons who engaged in the activity with **at least** that frequency (for example, 28,400 Northern Territory persons engaged in organised physical activity at least twice per week, which is a combination of those who engaged twice, three times, four times and five times per week or more)

(c) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

**Table 57: Northern Territory organised participants — total participation in organised activities by type of organisation, age and sex, 2010 (a)**

Sex	Age group (years)	Fitness, leisure or indoor sports centre	Sport or recreation club or association (c)	Work	School	Other	Total organised participation
		Number ('000)					
Males	15 to 24	4.0	7.7	*0.7	*1.4	3.0	11.3
	25 to 34	2.7	4.9	*1.4	**0.0	*0.8	7.4
	35 to 44	3.0	6.1	*0.9	**0.1	*1.2	8.1
	45 to 54	**0.5	4.6	**0.5	**0.0	*1.2	5.8
	55 to 64	*0.5	3.0	**0.1	**0.0	**0.4	3.7
	65 and over	**0.0	*0.7	**0.1	**0.0	**0.4	*1.1
	<b>TOTAL</b>		10.7	27.0	3.7	*1.6	7.0
Females	15 to 24	3.5	5.0	**0.3	2.9	*1.2	7.6
	25 to 34	3.5	3.0	*0.6	**0.2	2.8	7.1
	35 to 44	3.3	3.5	*0.5	**0.1	*1.8	6.9
	45 to 54	*1.8	*1.4	**0.0	**0.1	*0.6	3.4
	55 to 64	*0.6	*0.8	**0.1	**0.1	*0.7	*1.9
	65 and over	*0.9	*0.9	**0.0	**0.0	*0.7	*1.9
	<b>TOTAL</b>		13.6	14.6	*1.6	3.4	7.8
Persons	15 to 24	7.5	12.7	*1.0	4.3	4.2	18.8
	25 to 34	6.2	7.9	*2.0	**0.2	3.7	14.5
	35 to 44	6.4	9.6	*1.4	**0.3	3.0	14.9
	45 to 54	2.3	6.0	**0.5	**0.1	*1.8	9.3
	55 to 64	*1.1	3.8	**0.2	**0.1	*1.1	5.5
	65 and over	*0.9	*1.6	**0.1	**0.0	*1.1	2.9
	<b>TOTAL</b>		<b>24.4</b>	<b>41.6</b>	<b>5.2</b>	<b>4.9</b>	<b>14.9</b>

Total participation rate (%) (b)

Males	15 to 24	22.1	42.9	*3.9	*7.8	16.9	62.3
	25 to 34	14.5	26.1	*7.2	**0.0	*4.3	39.1
	35 to 44	17.5	35.0	*5.0	**0.8	*6.7	46.7
	45 to 54	**3.0	29.7	**3.0	**0.0	*7.9	37.6
	55 to 64	*4.4	26.4	**1.1	**0.0	**3.3	31.9
	65 and over	**0.0	*10.2	**2.0	**0.0	**6.1	*16.3
	<b>TOTAL</b>		12.2	30.8	4.2	*1.8	8.0
Females	15 to 24	21.8	30.9	**1.8	18.2	*7.3	47.3
	25 to 34	18.3	15.8	*3.3	**0.8	15.0	37.5
	35 to 44	19.5	20.8	*3.1	**0.6	*10.7	40.3
	45 to 54	*12.6	*9.4	**0.0	**0.8	*3.9	23.6
	55 to 64	*6.3	*8.3	**1.0	**1.0	*7.3	*18.8
	65 and over	*15.6	*15.6	**0.0	**0.0	*12.5	*32.8
	<b>TOTAL</b>		16.6	17.7	*1.9	4.1	9.5
Persons	15 to 24	22.0	37.2	*2.9	12.7	12.4	55.3
	25 to 34	16.4	21.0	*5.3	**0.4	9.7	38.3
	35 to 44	18.5	27.9	*4.1	**0.7	8.7	43.5
	45 to 54	7.6	19.9	**1.5	**0.4	*6.0	30.8
	55 to 64	*5.3	18.0	**1.1	**0.5	*5.1	25.8
	65 and over	*7.3	*12.7	**1.1	**0.0	*9.1	24.0
	<b>TOTAL</b>		<b>14.3</b>	<b>24.5</b>	<b>3.1</b>	<b>2.9</b>	<b>8.7</b>

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) All aerobics/fitness participants describing their activity as organised by a sport or recreation club or association have been recoded to fitness, leisure or indoor sports centre

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

**Table 58: Northern Territory participants — total participation in specific activities (organised and non-organised) by sex, 2010 (a)**

Activity	MALES		FEMALES		PERSONS	
	Number (’000)	Total participation rate (b) (%)	Number (’000)	Total participation rate (%)	Number (’000)	Total participation rate (%)
Aerobics/fitness	14.0	15.9	24.8	30.1	38.7	22.8
Aquarobics	**0.1	**0.2	*1.7	*2.0	*1.8	*1.1
Athletics/track and field	**0.2	**0.3	*1.2	*1.5	*1.4	*0.8
Australian rules football	5.3	6.1	**0.1	**0.1	5.4	3.2
Badminton	**0.1	**0.1	**0.3	**0.4	**0.4	**0.3
Baseball	**0.2	**0.3	**0.0	**0.0	**0.2	**0.1
Basketball	2.6	3.0	2.3	2.8	4.9	2.9
Boxing	**0.3	**0.3	*0.9	*1.1	*1.2	*0.7
Canoeing/kayaking	**0.4	**0.5	*0.7	*0.9	*1.2	*0.7
Carpet bowls	**0.1	**0.2	**0.0	**0.0	**0.1	**0.1
Cricket (indoor)	*1.5	*1.8	**0.0	**0.0	*1.5	*0.9
Cricket (outdoor)	5.2	5.9	**0.3	**0.3	5.5	3.2
Cycling	19.9	22.7	9.8	11.9	29.7	17.5
Dancing	*0.5	*0.6	3.3	4.0	3.9	2.3
Darts	**0.0	**0.0	**0.1	**0.1	**0.1	**0.1
Fishing	6.9	7.9	*1.3	*1.6	8.2	4.8
Golf	7.9	9.0	*1.3	*1.6	9.2	5.4
Gymnastics	**0.0	**0.0	**0.2	**0.2	**0.2	**0.1
Hockey (indoor)	*0.7	*0.8	**0.1	**0.1	*0.8	*0.5
Hockey (outdoor)	*1.7	*1.9	*1.1	*1.3	2.8	1.6
Horse riding/equestrian activities/polocrosse	**0.4	**0.5	*1.3	*1.6	*1.7	*1.0
Ice/snow sports	**0.4	**0.4	*0.7	*0.8	*1.0	*0.6
Lawn bowls	*1.6	*1.8	*0.5	*0.7	2.1	1.2
Martial arts	*1.7	*1.9	*1.0	*1.3	2.7	1.6
Motor sports	2.7	3.1	**0.2	**0.3	3.0	1.7
Netball	**0.1	**0.2	6.6	8.0	6.7	4.0
Orienteering	**0.4	**0.5	*1.3	*1.5	*1.7	*1.0
Rock climbing	*0.7	*0.8	**0.0	**0.0	*0.7	*0.4
Roller sports	*0.5	*0.6	**0.3	**0.3	*0.8	*0.5
Rowing	**0.0	**0.0	**0.3	**0.4	**0.3	**0.2
Rugby league	2.7	3.1	**0.2	**0.2	2.8	1.7
Rugby union	2.6	3.0	**0.1	**0.1	2.7	1.6
Running	14.1	16.1	8.4	10.3	22.6	13.3
Sailing	**0.0	**0.0	**0.4	**0.5	**0.4	**0.2
Scuba diving	**0.3	**0.3	**0.1	**0.1	**0.4	**0.2
Shooting sports	*1.1	*1.2	**0.0	**0.0	*1.1	*0.6
Football (indoor)	*1.3	*1.5	*0.9	*1.1	2.1	1.3
Football (outdoor)	7.3	8.3	2.3	2.8	9.6	5.7
Softball	**0.0	**0.0	**0.5	**0.6	**0.5	**0.3
Squash/racquet ball	*1.5	*1.7	*0.5	*0.7	2.1	1.2
Surf sports	*1.0	*1.1	**0.1	**0.1	*1.1	*0.6
Swimming	11.9	13.6	14.5	17.6	26.4	15.5
Table tennis	**0.4	**0.5	**0.3	**0.3	*0.7	*0.4
Tennis	3.7	4.2	2.2	2.7	5.9	3.5
Tenpin bowling	**0.4	**0.5	**0.4	**0.5	*0.9	*0.5
Touch football	4.1	4.7	2.6	3.1	6.7	3.9
Triathlon	**0.3	**0.3	**0.2	**0.3	*0.5	*0.3
Volleyball	3.4	3.9	*1.9	*2.4	5.4	3.2
Walking (bush)	5.1	5.8	5.1	6.2	10.2	6.0
Walking (other)	17.8	20.3	32.8	39.9	50.6	29.8
Water polo	**0.0	**0.0	**0.2	**0.2	**0.2	**0.1
Waterskiing/powerboating	*1.1	*1.2	**0.2	**0.2	*1.2	*0.7
Weight training	3.3	3.8	*2.0	*2.4	5.3	3.1
Yoga	*0.7	*0.9	4.8	5.9	5.6	3.3

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

**Table 59: Northern Territory participants — total participation in specific activities by type of activity, 2010 (a)**

Activity	Number ('000)			Total participation rate (%) (b)		
	Organised	Non-organised	Total	Organised	Non-organised	Total
Aerobics/fitness	11.2	30.5	38.7	6.6	17.9	22.8
Aquarobics	*1.6	*0.5	*1.8	*0.9	*0.3	*1.1
Athletics/track and field	*1.1	**0.4	*1.4	*0.7	**0.2	*0.8
Australian rules football	4.1	*1.6	5.4	2.4	*0.9	3.2
Badminton	**0.1	**0.3	**0.4	**0.1	**0.2	**0.3
Baseball	**0.2	**0.0	**0.2	**0.1	**0.0	**0.1
Basketball	3.4	*1.8	4.9	2.0	*1.1	2.9
Boxing	*0.7	*0.5	*1.2	*0.4	*0.3	*0.7
Canoeing/kayaking	**0.2	*1.0	*1.2	**0.1	*0.6	*0.7
Carpet bowls	**0.1	**0.0	**0.1	**0.1	**0.0	**0.1
Cricket (indoor)	*1.2	*0.8	*1.5	*0.7	*0.4	*0.9
Cricket (outdoor)	3.9	*2.0	5.5	2.3	*1.2	3.2
Cycling	3.4	28.7	29.7	2.0	16.9	17.5
Dancing	2.8	*1.4	3.9	1.7	*0.8	2.3
Darts	**0.1	**0.1	**0.1	**0.1	**0.1	**0.1
Fishing	*1.0	8.1	8.2	*0.6	4.8	4.8
Golf	4.7	6.0	9.2	2.7	3.5	5.4
Gymnastics	**0.2	**0.0	**0.2	**0.1	**0.0	**0.1
Hockey (indoor)	*0.8	**0.0	*0.8	*0.5	**0.0	*0.5
Hockey (outdoor)	2.7	**0.1	2.8	1.6	**0.1	1.6
Horse riding/equestrian activities/polocrosse	*0.9	*1.1	*1.7	*0.5	*0.7	*1.0
Ice/snow sports	**0.3	*0.7	*1.0	**0.2	*0.4	*0.6
Lawn bowls	*1.9	*0.6	2.1	*1.1	*0.4	1.2
Martial arts	*1.9	*0.8	2.7	*1.1	*0.5	1.6
Motor sports	*1.5	*1.6	3.0	*0.9	*1.0	1.7
Netball	5.2	*1.8	6.7	3.0	*1.1	4.0
Orienteering	*0.9	*0.7	*1.7	*0.6	*0.4	*1.0
Rock climbing	**0.1	*0.5	*0.7	**0.1	*0.3	*0.4
Roller sports	**0.0	*0.8	*0.8	**0.0	*0.5	*0.5
Rowing	**0.3	**0.0	**0.3	**0.2	**0.0	**0.2
Rugby league	2.5	*0.7	2.8	1.5	*0.4	1.7
Rugby union	2.4	*0.8	2.7	1.4	*0.5	1.6
Running	3.0	22.0	22.6	1.8	12.9	13.3
Sailing	**0.3	**0.1	**0.4	**0.2	**0.1	**0.2
Scuba diving	**0.0	**0.4	**0.4	**0.0	**0.2	**0.2
Shooting sports	**0.1	*1.1	*1.1	**0.1	*0.6	*0.6
Football (indoor)	*1.0	*1.2	2.1	*0.6	*0.7	1.3
Football (outdoor)	7.8	2.2	9.6	4.6	1.3	5.7
Softball	**0.4	**0.5	**0.5	**0.2	**0.3	**0.3
Squash/racquet ball	**0.4	*1.8	2.1	**0.3	*1.0	1.2
Surf sports	**0.0	*1.1	*1.1	**0.0	*0.6	*0.6
Swimming	2.7	25.7	26.4	1.6	15.1	15.5
Table tennis	**0.2	**0.4	*0.7	**0.1	**0.3	*0.4
Tennis	2.8	3.4	5.9	1.7	2.0	3.5
Tenpin bowling	**0.3	*0.7	*0.9	**0.2	*0.4	*0.5
Touch football	5.3	*1.7	6.7	3.1	*1.0	3.9
Triathlon	*0.5	**0.3	*0.5	*0.3	**0.2	*0.3
Volleyball	3.6	*2.0	5.4	2.1	*1.2	3.2
Walking (bush)	*1.1	9.5	10.2	*0.7	5.6	6.0
Walking (other)	2.3	50.0	50.6	1.3	29.4	29.8
Water polo	**0.2	**0.0	**0.2	**0.1	**0.0	**0.1
Waterskiing/powerboating	**0.1	*1.2	*1.2	**0.1	*0.7	*0.7
Weight training	**0.4	5.2	5.3	**0.2	3.0	3.1
Yoga	2.2	3.7	5.6	1.3	2.2	3.3

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

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