



## FOCUS ON ENVIRONMENT

Facilitate access to a variety of environments that encourage the development of physical literacy.

This fact sheet expands on the [Physical Literacy: Guide for Schools](#), providing more practical examples to help embed physical literacy in your school.

- Create play spaces that are:
  - undercover or shaded to allow for physical activity regardless of weather
  - colourful and eye-catching
  - synthetic to support physical activity for students of all abilities
  - multi-purpose for a variety of sports, games and activities, i.e. set up temporary tennis nets or portable soccer goals on a basketball court
  - creative with loose materials such as car tyres and crates provided. Donations of such objects could be provided by school families and local community members
  - promoted to students and identified on the school map.
- Provide pop-up play spaces to facilitate new play experiences. Encourage students to help identify opportunities.
- Create open spaces in classrooms allowing for movement during group work or cross-circular activities.
- Look for ways the natural environment promotes physical activity. This could include bike paths, walking tracks, large open spaces and outdoor fitness equipment.
- Ensure staff supervise active facilities, such as the gym or sports hall during breaks and provide guidance on how to use the facilities.
- Provide standing desks for students.
- Encourage greater participation, designate areas of the playground to various grade levels and provide equipment sets for each class.
- Seek funding for facilities and resources to support physical activity and sport.
- Ensure facilities are available and supervised before school, during recess/lunchtime and after school.
- Engage the art department and students to create eye-catching messages near active spaces that promote development of physical literacy and physical activity.
- Work with local council and transport authorities to change parking requirements and school drop off zones and create safe walking zones.
- Provide an equipment borrowing program that is managed by the students.

For more resources to support your school on its physical literacy journey, visit the [Sport Australia website](#).

