



# SPORTS ABILITY

## Boccia

# Noughts and Crosses

A target game to develop shot accuracy and team tactics.

### Learning Intention

To refine accuracy of shots at targets from different distances and develop strategies for scoring as a team.

### What you need

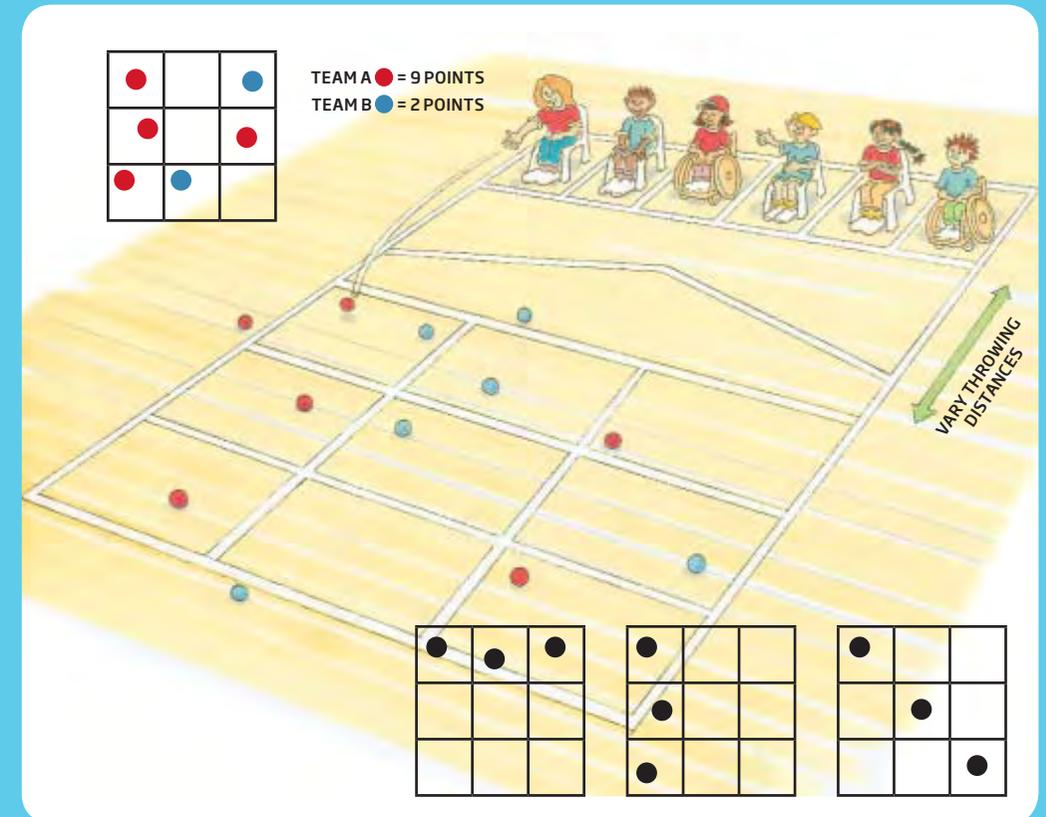
- Boccia balls or alternatives (see Equipment)
- Tape or chalk to mark a playing area
- Suitable indoor or outdoor playing space

### What to do

- Aim is to place 3 balls across, down or diagonally as in the game Noughts and Crosses.
- Divide into two teams of 2-3 players (6 balls per team) who take turns throwing.
- All players should be seated.
- Balls that do not reach or come to rest in occupied squares are 'foul balls' and removed from the area.
- Players wanting to 'take over' a square occupied by the opposition must nominate the square prior to taking a shot. If the ball does not land in the nominated square it does not count and is removed.
- After all balls have been played scores are added up.
- One point for each occupied square, plus 5 points for three in a row. When one team achieves a winning line the 'end' is over.

### Skill Focus

Throwing, rolling, shot placement



### Curriculum links

ACPMPO43, ACPMP045, ACPMP061, ACPMP063, ACPMP080, ACPMP082

F-2

3-4

5-6

7-8



## Teaching Style · Rules · Equipment · Environment

Use the TREE model to modify the game. Below are some suggestions or try your own!

### Teaching style

- Encourage teams to discuss tactics both at the start and during a game.
- Encourage sportsmanship. For example, if a ball lands on a line, players should agree in which box the ball should be placed.

### Rules

- Modifying rules to suit different abilities, e.g. some players can have more attempts (balls to use).
- Give teams the choice of either throwing to score or to knock opposing balls out of scoring boxes.

### Equipment

- Boccia ball alternatives include objects such as bean bags, paper and tape balls or Koosh balls.
- Use beanbags or non-bouncing/rolling objects to make it easier to score points.
- To increase the challenge place skittles in each square. If a skittle is knocked over, the scoring ball is placed in the square and the skittle removed.

### Environment

- Increase or decrease the box sizes.
- Place the throwing line closer or further from the target boxes.
- Players can play from different positions, for example, teams at opposite sides of the target boxes.

### Safety

- No one enters the target area during play.

### Ask the players

- How can you cooperate to ensure you do not block your teammates?
- How do you decide which box to aim for?
- What do you need to think about when you choose the box you are going to aim for?