Short description
A ‘wrestling’ game where attacking players attempt to uncover an object and opposing players attempt to stop them. (This version is a limited physical contact version suitable for younger players.)

Players
- A team of four to six (or more) players against a defending team of two to three players.

Playing area
- A designated area such as a large sandpit, beach volleyball court or sandy beach area.

Equipment
- A rounded stone or tennis ball can be used as the meetcha nut.
- Players on the attacking team wear Oztag or similar ‘tags’ hanging from their waists.
**Game play and basic rules**

- All players turn their back while the *meetcha* (tennis ball) is buried about 10–20 centimetres deep in a designated part of a sandpit or beach. The players on the attacking team attempt to find and uncover the *meetcha*.

- The defending player’s actions are restricted to removing a tag from the attacking players as they attempt to find the *meetcha*. When a player has a tag removed he or she must go back to a starting area 15 metres away and replace the tag to continue in the game. The attacking players may not protect the tags in any way as they dig.

- If a player who is digging in the sand is about to be tagged he or she may run around the playing area to allow other players a chance to dig in the sand.

**Scoring**

The game continues for five minutes or until the *meetcha* is secured. Teams could be timed to see how long it takes to find the *meetcha*. Swap around players and continue.

**Comment**

The uncertainty for both teams about where the *meetcha* is buried adds an exciting element as the defenders attempt to remove a tag from attacking players who are digging in different parts of the area. An element of strategy can be used by both teams to achieve their purposes.

**Suggestion**

This would be a good game to play on the sand at the beach or in a sand pit. If players are not digging in the correct area prompts such as ‘hot’ and ‘cold’ can help direct the efforts of players.

**Teaching points**

- All look the other way.
- Ready and go.
- No contact, take a tag and drop it on the ground.
- Be careful with the sand.
- Dig it out. Keep going.
- Got it. Well done.