



Australian Government  
Australian Sports Commission

# Participation in Exercise, Recreation and Sport



## Annual Report 2010

State and Territory Tables for Queensland



Communities  
Sport & Recreation



Government of Western Australia  
Department of Sport and Recreation



Government of South Australia  
Office for Recreation and Sport



Queensland  
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### 9.3.4 Queensland

**Table 60: Queensland participants — total participation in physical activity by type of participation, age and sex, 2010 (a)**

Sex	Age group (years)	Organised only (c)	Non-organised only (d)	Both organised and non-organised (e)	Total organised	Total non-organised	Total participation
		(A)	(B)	(C)	(A + C)	(B + C)	(A + B + C)
		Number ('000)					
Males	15 to 24	87.3	49.4	131.6	218.9	181.0	268.3
	25 to 34	23.1	130.0	117.7	140.8	247.7	270.8
	35 to 44	33.4	128.8	107.2	140.6	236.0	269.3
	45 to 54	23.8	141.5	80.6	104.4	222.1	245.9
	55 to 64	*18.4	129.2	44.5	62.9	173.7	192.1
	65 and over	*15.4	95.2	62.6	77.9	157.7	173.1
	<b>TOTAL</b>		<b>201.3</b>	<b>674.0</b>	<b>544.2</b>	<b>745.5</b>	<b>1,218.2</b>
Females	15 to 24	70.7	75.8	111.4	182.1	187.2	257.9
	25 to 34	40.1	134.9	81.1	121.2	216.0	256.1
	35 to 44	23.8	162.7	85.6	109.4	248.3	272.1
	45 to 54	24.6	166.8	68.5	93.1	235.3	259.9
	55 to 64	*10.1	116.8	67.1	77.2	183.9	194.0
	65 and over	26.9	114.1	56.6	83.5	170.7	197.6
	<b>TOTAL</b>		<b>196.2</b>	<b>771.2</b>	<b>470.3</b>	<b>666.5</b>	<b>1,241.5</b>
Persons	15 to 24	158.0	125.2	243.0	401.0	368.2	526.2
	25 to 34	63.1	264.9	198.8	262.0	463.8	526.9
	35 to 44	57.2	291.5	192.8	250.0	484.2	541.5
	45 to 54	48.4	308.3	149.1	197.5	457.4	505.8
	55 to 64	28.5	246.0	111.6	140.1	357.6	386.1
	65 and over	42.2	209.3	119.1	161.4	328.4	370.7
	<b>TOTAL</b>		<b>397.5</b>	<b>1,445.2</b>	<b>1,014.5</b>	<b>1,412.0</b>	<b>2,459.7</b>
Total participation rate (%) (b)							
Males	15 to 24	27.9	15.8	42.1	70.0	57.8	85.7
	25 to 34	7.5	42.2	38.2	45.7	80.5	88.0
	35 to 44	10.6	40.9	34.0	44.6	74.9	85.5
	45 to 54	7.9	47.2	26.9	34.8	74.1	82.1
	55 to 64	*7.3	51.0	17.6	24.8	68.6	75.9
	65 and over	*6.1	37.6	24.7	30.8	62.3	68.4
	<b>TOTAL</b>		<b>11.6</b>	<b>38.7</b>	<b>31.2</b>	<b>42.8</b>	<b>69.9</b>
Females	15 to 24	23.5	25.2	37.0	60.5	62.2	85.7
	25 to 34	13.1	44.1	26.5	39.6	70.6	83.6
	35 to 44	7.4	50.7	26.7	34.1	77.4	84.9
	45 to 54	8.0	54.1	22.2	30.2	76.3	84.3
	55 to 64	*4.0	46.1	26.5	30.5	72.7	76.6
	65 and over	9.8	41.6	20.6	30.4	62.2	72.0
	<b>TOTAL</b>		<b>11.1</b>	<b>43.7</b>	<b>26.7</b>	<b>37.8</b>	<b>70.4</b>
Persons	15 to 24	25.7	20.4	39.6	65.3	60.0	85.7
	25 to 34	10.3	43.2	32.4	42.7	75.5	85.8
	35 to 44	9.0	45.9	30.3	39.3	76.2	85.2
	45 to 54	8.0	50.7	24.5	32.5	75.2	83.2
	55 to 64	5.6	48.6	22.0	27.7	70.6	76.3
	65 and over	8.0	39.7	22.6	30.6	62.2	70.2
	<b>TOTAL</b>		<b>11.3</b>	<b>41.2</b>	<b>28.9</b>	<b>40.3</b>	<b>70.2</b>

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) Participants' activities are fully organised

(d) Participants' activities are fully non-organised

(e) Participants' activities are part organised and part non-organised

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

**Table 61: Queensland participants — total participation in any physical activity (organised and non-organised) by demographics, 2010 (a)**

	MALES		FEMALES		PERSONS	
	Number	Total participation rate (b)	Number	Total participation rate	Number	Total participation rate
	('000)	(%)	('000)	(%)	('000)	(%)
<b>AGE GROUP (YEARS)</b>						
15 to 24	268.3	85.7	257.9	85.7	526.2	85.7
25 to 34	270.8	88.0	256.1	83.6	526.9	85.8
35 to 44	269.3	85.5	272.1	84.9	541.5	85.2
45 to 54	245.9	82.1	259.9	84.3	505.8	83.2
55 to 64	192.1	75.9	194.0	76.6	386.1	76.3
65 and over	173.1	68.4	197.6	72.0	370.7	70.2
<b>REGION</b>						
Capital city	628.8	81.6	650.3	81.9	1,279.1	81.8
Rest of state	790.7	81.4	787.4	81.1	1,578.1	81.3
<b>EMPLOYMENT STATUS</b>						
Employed full time	870.5	84.2	420.1	82.5	1,290.6	83.6
Employed part time	172.6	87.7	490.8	88.0	663.4	87.9
Employed refused	*7.0	*87.9	*15.1	*69.9	22.1	74.8
Total employed	1,050.2	84.8	926.0	85.0	1,976.2	84.9
Unemployed	79.4	78.1	78.5	86.9	157.9	82.2
Not in the labour force	290.0	72.3	433.2	74.1	723.1	73.3
<b>MARITAL STATUS</b>						
Married	856.5	80.9	834.0	81.7	1,690.5	81.3
Not married	557.2	82.7	595.6	82.4	1,152.8	82.5
Refused/Do not know	**5.8	**68.8	*8.0	*38.5	*13.8	*47.2
<b>CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD</b>						
At least one under 18 at home	418.1	84.4	513.9	83.6	931.9	84.0
At least one under 18 — none at home	34.1	71.6	*6.2	*63.6	40.3	70.3
No children under 18	966.4	80.7	917.6	80.5	1,884.0	80.6
Refused	**0.9	**100.0	**0.0	**0.0	**0.9	**100.0
<b>HIGHEST EDUCATION ATTAINMENT</b>						
University degree or higher (including postgraduate diploma)	362.0	90.2	322.9	86.7	684.9	88.5
Undergraduate diploma or associate diploma	113.3	85.7	90.4	82.1	203.7	84.1
Certificate, trade qualification or apprenticeship	214.2	81.8	222.4	84.9	436.6	83.3
Highest level of secondary school	324.6	83.5	348.4	82.8	673.0	83.1
Did not complete highest level of school	294.9	68.6	357.4	73.6	652.2	71.2
Never went to school	**0.0	**0.0	**0.2	**51.0	**0.2	**2.9
Still at secondary school	84.8	98.1	53.6	93.7	138.4	96.3
Other	*18.1	*73.1	32.6	74.9	50.7	74.3
Refused	*7.7	*72.0	*9.8	*84.4	*17.5	*78.4
<b>LANGUAGE SPOKEN AT HOME</b>						
English only	1,305.8	81.6	1,352.3	81.7	2,658.1	81.6
European language/s other than English	25.6	78.3	25.6	87.1	51.2	82.5
Non-European language/s	94.7	82.2	61.0	76.2	155.8	79.7
<b>Total</b>	<b>1,419.5</b>	<b>81.5</b>	<b>1,437.7</b>	<b>81.5</b>	<b>2,857.2</b>	<b>81.5</b>

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

**Table 62: All Queensland persons — participation in any physical activity by frequency, age and sex, 2010 (a)**

Sex	Age group (years)	None	Up to once per week (b)	One or two times per week (c)	Three or four times per week (d)	Five or more times per week	Do not know	Total
		Number ('000)						
Males	15 to 24	44.6	22.1	77.2	73.6	94.9	**0.5	312.9
	25 to 34	37.0	54.2	92.7	50.3	73.6	**0.0	307.8
	35 to 44	45.6	52.0	107.7	56.1	53.5	**0.0	314.9
	45 to 54	53.8	58.0	68.9	53.4	65.7	**0.0	299.7
	55 to 64	61.1	27.0	43.5	31.9	89.7	**0.0	253.2
	65 and over	80.0	*17.0	34.6	38.8	82.7	**0.0	253.1
	<b>TOTAL</b>		<b>322.1</b>	<b>230.3</b>	<b>424.6</b>	<b>304.0</b>	<b>460.1</b>	<b>**0.5</b>
Females	15 to 24	43.2	48.2	65.0	52.9	91.8	**0.0	301.1
	25 to 34	50.1	33.5	85.4	65.2	72.0	**0.0	306.2
	35 to 44	48.6	35.2	69.7	78.6	88.4	**0.2	320.7
	45 to 54	48.4	36.4	59.1	66.6	97.8	**0.0	308.3
	55 to 64	59.2	23.7	35.5	55.5	79.1	**0.2	253.1
	65 and over	77.0	*13.6	45.7	47.4	90.6	**0.4	274.6
	<b>TOTAL</b>		<b>326.3</b>	<b>190.6</b>	<b>360.4</b>	<b>366.1</b>	<b>519.8</b>	<b>**0.7</b>
Persons	15 to 24	87.8	70.3	142.3	126.5	186.7	**0.5	614.0
	25 to 34	87.1	87.7	178.2	115.5	145.6	**0.0	614.0
	35 to 44	94.2	87.2	177.4	134.7	142.0	**0.2	635.6
	45 to 54	102.1	94.4	128.0	120.0	163.5	**0.0	608.0
	55 to 64	120.2	50.8	79.0	87.4	168.8	**0.2	506.3
	65 and over	157.1	30.6	80.3	86.1	173.2	**0.4	527.7
	<b>TOTAL</b>		<b>648.4</b>	<b>420.9</b>	<b>785.0</b>	<b>670.1</b>	<b>979.9</b>	<b>**1.2</b>
Percentage of row (%)								
Males	15 to 24	14.3	7.1	24.7	23.5	30.3	**0.1	100.0
	25 to 34	12.0	17.6	30.1	16.3	23.9	**0.0	100.0
	35 to 44	14.5	16.5	34.2	17.8	17.0	**0.0	100.0
	45 to 54	17.9	19.4	23.0	17.8	21.9	**0.0	100.0
	55 to 64	24.1	10.7	17.2	12.6	35.4	**0.0	100.0
	65 and over	31.6	*6.7	13.7	15.3	32.7	**0.0	100.0
	<b>TOTAL</b>		<b>18.5</b>	<b>13.2</b>	<b>24.4</b>	<b>17.5</b>	<b>26.4</b>	<b>**0.0</b>
Females	15 to 24	14.3	16.0	21.6	17.6	30.5	**0.0	100.0
	25 to 34	16.4	10.9	27.9	21.3	23.5	**0.0	100.0
	35 to 44	15.1	11.0	21.7	24.5	27.6	**0.1	100.0
	45 to 54	15.7	11.8	19.2	21.6	31.7	**0.0	100.0
	55 to 64	23.4	9.4	14.0	21.9	31.3	**0.1	100.0
	65 and over	28.0	*5.0	16.6	17.2	33.0	**0.1	100.0
	<b>TOTAL</b>		<b>18.5</b>	<b>10.8</b>	<b>20.4</b>	<b>20.8</b>	<b>29.5</b>	<b>**0.0</b>
Persons	15 to 24	14.3	11.5	23.2	20.6	30.4	**0.1	100.0
	25 to 34	14.2	14.3	29.0	18.8	23.7	**0.0	100.0
	35 to 44	14.8	13.7	27.9	21.2	22.3	**0.0	100.0
	45 to 54	16.8	15.5	21.1	19.7	26.9	**0.0	100.0
	55 to 64	23.7	10.0	15.6	17.3	33.3	**0.0	100.0
	65 and over	29.8	5.8	15.2	16.3	32.8	**0.1	100.0
	<b>TOTAL</b>		<b>18.5</b>	<b>12.0</b>	<b>22.4</b>	<b>19.1</b>	<b>28.0</b>	<b>**0.0</b>

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

**Table 63: Queensland participants — participation in any physical activity by cumulative frequency, age and sex, 2010 (a) (b)**

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	22.1	245.7	212.6	168.5	268.3
	25 to 34	54.2	216.6	190.4	123.9	270.8
	35 to 44	52.0	217.4	163.8	109.6	269.3
	45 to 54	58.0	187.9	143.1	119.1	245.9
	55 to 64	27.0	165.1	138.2	121.6	192.1
	65 and over	*17.0	156.1	141.8	121.5	173.1
	<b>TOTAL</b>	<b>230.3</b>	<b>1,188.7</b>	<b>989.9</b>	<b>764.1</b>	<b>1,419.5</b>
Females	15 to 24	48.2	209.7	188.0	144.7	257.9
	25 to 34	33.5	222.6	174.8	137.2	256.1
	35 to 44	35.2	236.7	208.1	167.1	272.1
	45 to 54	36.4	223.5	194.7	164.4	259.9
	55 to 64	23.7	170.1	156.5	134.6	194.0
	65 and over	*13.6	183.6	168.7	137.9	197.6
	<b>TOTAL</b>	<b>190.6</b>	<b>1,246.3</b>	<b>1,090.8</b>	<b>885.9</b>	<b>1,437.7</b>
Persons	15 to 24	70.3	455.5	400.6	313.2	526.2
	25 to 34	87.7	439.2	365.2	261.1	526.9
	35 to 44	87.2	454.1	371.8	276.7	541.5
	45 to 54	94.4	411.5	337.8	283.5	505.8
	55 to 64	50.8	335.2	294.7	256.2	386.1
	65 and over	30.6	339.7	310.5	259.4	370.7
	<b>TOTAL</b>	<b>420.9</b>	<b>2,435.1</b>	<b>2,080.7</b>	<b>1,650.0</b>	<b>2,857.2</b>
Total participation rate (%) (c)						
Males	15 to 24	7.1	78.5	67.9	53.8	85.7
	25 to 34	17.6	70.4	61.9	40.3	88.0
	35 to 44	16.5	69.0	52.0	34.8	85.5
	45 to 54	19.4	62.7	47.8	39.7	82.1
	55 to 64	10.7	65.2	54.6	48.0	75.9
	65 and over	*6.7	61.7	56.0	48.0	68.4
	<b>TOTAL</b>	<b>13.2</b>	<b>68.3</b>	<b>56.8</b>	<b>43.9</b>	<b>81.5</b>
Females	15 to 24	16.0	69.7	62.4	48.1	85.7
	25 to 34	10.9	72.7	57.1	44.8	83.6
	35 to 44	11.0	73.8	64.9	52.1	84.9
	45 to 54	11.8	72.5	63.2	53.3	84.3
	55 to 64	9.4	67.2	61.8	53.2	76.6
	65 and over	*5.0	66.9	61.4	50.2	72.0
	<b>TOTAL</b>	<b>10.8</b>	<b>70.7</b>	<b>61.8</b>	<b>50.2</b>	<b>81.5</b>
Persons	15 to 24	11.5	74.2	65.2	51.0	85.7
	25 to 34	14.3	71.5	59.5	42.5	85.8
	35 to 44	13.7	71.4	58.5	43.5	85.2
	45 to 54	15.5	67.7	55.6	46.6	83.2
	55 to 64	10.0	66.2	58.2	50.6	76.3
	65 and over	5.8	64.4	58.8	49.2	70.2
	<b>TOTAL</b>	<b>12.0</b>	<b>69.5</b>	<b>59.4</b>	<b>47.1</b>	<b>81.5</b>

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) Cumulative frequency should be interpreted as the total number of persons who engaged in the activity with **at least** that frequency (for example, 2.0 million Queensland persons engaged in physical activity at least twice per week, which is a combination of those who engaged twice, three times, four times and five times per week or more)

(c) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

**Table 64: Queensland recent participants — recent participation in any physical activity by duration and age, 2010 (a)**

		15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	Total
		Number ('000)						
Five hours or more	More than three sessions weekly	147.8	80.3	96.3	97.7	110.8	120.9	653.7
	Two or three sessions weekly	24.1	*13.4	**5.3	*15.3	*9.7	27.9	95.7
	Less than two sessions weekly	**1.5	*6.2	**2.4	*7.9	*6.2	**4.0	28.3
	<i>Total</i>	173.4	100.0	104.0	120.9	126.7	152.8	777.7
Two hours or more but less than five hours	More than three sessions weekly	59.9	80.7	86.9	95.6	72.5	69.2	464.8
	Two or three sessions weekly	79.2	77.5	64.7	53.2	30.2	29.6	334.3
	Less than two sessions weekly	*19.6	*13.2	22.0	*17.7	*16.4	*9.1	98.0
	<i>Total</i>	158.7	171.3	173.7	166.5	119.2	107.9	897.2
Less than two hours	More than three sessions weekly	*7.0	*8.1	*9.7	*9.2	*12.3	*10.8	57.1
	Two or three sessions weekly	23.7	28.5	31.1	52.4	*19.8	22.7	178.3
	Less than two sessions weekly	81.8	104.1	120.3	70.0	46.6	33.6	456.4
	<i>Total</i>	112.4	140.7	161.1	131.7	78.7	67.1	691.8
Total	More than three sessions weekly	214.7	169.1	192.9	202.5	195.6	200.9	1,175.6
	Two or three sessions weekly	126.9	119.4	101.1	120.9	59.7	80.2	608.3
	Less than two sessions weekly	102.9	123.5	144.8	95.6	69.3	46.8	582.8
	<b>Total</b>	<b>444.5</b>	<b>412.0</b>	<b>438.7</b>	<b>419.1</b>	<b>324.6</b>	<b>327.8</b>	<b>2,366.7</b>
		Percentage of total (%)						
Five hours or more	More than three sessions weekly	6.2	3.4	4.1	4.1	4.7	5.1	27.6
	Two or three sessions weekly	1.0	*0.6	**0.2	*0.6	*0.4	1.2	4.0
	Less than two sessions weekly	**0.1	*0.3	**0.1	*0.3	*0.3	**0.2	1.2
	<i>Total</i>	7.3	4.2	4.4	5.1	5.4	6.5	32.9
Two hours or more but less than five hours	More than three sessions weekly	2.5	3.4	3.7	4.0	3.1	2.9	19.6
	Two or three sessions weekly	3.3	3.3	2.7	2.2	1.3	1.2	14.1
	Less than two sessions weekly	*0.8	*0.6	0.9	*0.7	*0.7	*0.4	4.1
	<i>Total</i>	6.7	7.2	7.3	7.0	5.0	4.6	37.9
Less than two hours	More than three sessions weekly	*0.3	*0.3	*0.4	*0.4	*0.5	*0.5	2.4
	Two or three sessions weekly	1.0	1.2	1.3	2.2	*0.8	1.0	7.5
	Less than two sessions weekly	3.5	4.4	5.1	3.0	2.0	1.4	19.3
	<i>Total</i>	4.8	5.9	6.8	5.6	3.3	2.8	29.2
Total	More than three sessions weekly	9.1	7.1	8.1	8.6	8.3	8.5	49.7
	Two or three sessions weekly	5.4	5.0	4.3	5.1	2.5	3.4	25.7
	Less than two sessions weekly	4.3	5.2	6.1	4.0	2.9	2.0	24.6
	<b>Total</b>	<b>18.8</b>	<b>17.4</b>	<b>18.5</b>	<b>17.7</b>	<b>13.7</b>	<b>13.9</b>	<b>100.0</b>

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport in the two weeks prior to interview in 2010

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

**Table 65: Queensland regular participants — regular participation in any physical activity (organised and non-organised) by demographics, 2010 (a)**

	MALES		FEMALES		PERSONS	
	Number (‘000)	Regular participation rate (b) (%)	Number (‘000)	Regular participation rate (%)	Number (‘000)	Regular participation rate (%)
<b>AGE GROUP (YEARS)</b>						
15 to 24	168.5	53.8	144.7	48.1	313.2	51.0
25 to 34	123.9	40.3	137.2	44.8	261.1	42.5
35 to 44	109.6	34.8	167.1	52.1	276.7	43.5
45 to 54	119.1	39.7	164.4	53.3	283.5	46.6
55 to 64	121.6	48.0	134.6	53.2	256.2	50.6
65 and over	121.5	48.0	137.9	50.2	259.4	49.2
<b>REGION</b>						
Capital city	366.4	47.5	413.6	52.1	779.9	49.9
Rest of state	397.7	41.0	472.3	48.7	870.1	44.8
<b>EMPLOYMENT STATUS</b>						
Employed full time	397.2	38.4	262.7	51.6	659.9	42.8
Employed part time	104.6	53.1	294.9	52.9	399.5	52.9
Employed refused	**2.9	**36.3	*8.8	*40.9	*11.7	*39.6
Total employed	504.7	40.7	566.5	52.0	1,071.1	46.0
Unemployed	60.1	59.2	39.5	43.7	99.6	51.9
Not in the labour force	199.3	49.7	279.9	47.9	479.2	48.6
<b>MARITAL STATUS</b>						
Married	430.2	40.6	510.9	50.1	941.1	45.3
Not married	329.8	48.9	367.1	50.8	696.9	49.9
Refused/Do not know	**4.2	**49.3	*7.9	*37.7	*12.0	*41.0
<b>CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD</b>						
At least one under 18 at home	179.0	36.1	309.8	50.4	488.7	44.0
At least one under 18 — none at home	*10.5	*22.1	**3.3	**33.6	*13.8	*24.0
No children under 18	574.7	48.0	572.8	50.3	1,147.5	49.1
<b>HIGHEST EDUCATION ATTAINMENT</b>						
University degree or higher (including postgraduate diploma)	212.6	52.9	216.8	58.2	429.4	55.5
Undergraduate diploma or associate diploma	63.3	47.9	57.6	52.4	121.0	49.9
Certificate, trade qualification or apprenticeship	98.5	37.6	134.6	51.4	233.1	44.5
Highest level of secondary school	162.7	41.8	214.7	51.0	377.4	46.6
Did not complete highest level of school	151.8	35.3	207.4	42.7	359.2	39.2
Never went to school	**0.0	**0.0	**0.2	**51.0	**0.2	**2.9
Still at secondary school	61.4	71.0	31.2	54.5	92.6	64.5
Other	*11.0	*44.3	*18.4	*42.3	29.4	43.0
Refused	**2.9	**27.2	**4.9	**42.5	*7.9	*35.1
<b>LANGUAGE SPOKEN AT HOME</b>						
English only	684.9	42.8	844.3	51.0	1,529.2	47.0
European language/s other than English	*17.1	*52.4	*15.4	*52.2	32.5	52.3
Non-European language/s	67.7	58.7	27.1	33.8	94.8	48.5
<b>Total</b>	<b>764.1</b>	<b>43.9</b>	<b>885.9</b>	<b>50.2</b>	<b>1,650.0</b>	<b>47.1</b>

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the regular participation rate is the number of persons who participated in the activity at least three times per week on average expressed as a percentage of the population in the same group

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

**Table 66: All Queensland persons — participation in organised physical activity by frequency, age and sex, 2010 (a)**

Sex	Age group (years)	None	Up to once per week (b)	One or two times per week (c)	Three or four times per week (d)	Five or more times per week	Do not know	Total
		Number ('000)						
Males	15 to 24	94.0	41.0	75.3	46.0	56.6	**0.0	312.9
	25 to 34	167.0	67.0	52.8	*12.1	*8.9	**0.0	307.8
	35 to 44	174.4	46.1	62.2	26.8	**5.5	**0.0	314.9
	45 to 54	195.3	47.3	36.2	*16.6	**4.3	**0.0	299.7
	55 to 64	190.3	*19.0	27.9	*10.6	**5.4	**0.0	253.2
	65 and over	175.2	*17.1	33.5	20.9	*6.5	**0.0	253.1
	<b>TOTAL</b>	<b>996.1</b>	<b>237.5</b>	<b>287.9</b>	<b>132.9</b>	<b>87.2</b>	<b>**0.0</b>	<b>1,741.6</b>
Females	15 to 24	119.0	41.0	62.5	31.9	46.7	**0.0	301.1
	25 to 34	185.0	43.1	42.6	27.5	*8.0	**0.0	306.2
	35 to 44	211.3	40.5	40.1	21.5	*7.4	**0.0	320.7
	45 to 54	215.2	32.6	27.3	25.3	*7.9	**0.0	308.3
	55 to 64	176.0	*19.2	30.8	*15.0	*12.3	**0.0	253.1
	65 and over	191.2	*16.5	37.4	21.1	*6.9	**1.6	274.6
	<b>TOTAL</b>	<b>1,097.5</b>	<b>192.8</b>	<b>240.5</b>	<b>142.2</b>	<b>89.3</b>	<b>**1.6</b>	<b>1,764.0</b>
Persons	15 to 24	213.0	82.0	137.7	77.9	103.3	**0.0	614.0
	25 to 34	352.0	110.1	95.4	39.6	*17.0	**0.0	614.0
	35 to 44	385.6	86.6	102.3	48.2	*12.9	**0.0	635.6
	45 to 54	410.4	79.9	63.5	41.9	*12.2	**0.0	608.0
	55 to 64	366.2	38.2	58.7	25.5	*17.7	**0.0	506.3
	65 and over	366.4	33.5	70.8	42.1	*13.4	**1.6	527.7
	<b>TOTAL</b>	<b>2,093.6</b>	<b>430.3</b>	<b>528.4</b>	<b>275.1</b>	<b>176.5</b>	<b>**1.6</b>	<b>3,505.6</b>
Percentage of row (%)								
Males	15 to 24	30.0	13.1	24.1	14.7	18.1	**0.0	100.0
	25 to 34	54.3	21.8	17.2	*3.9	*2.9	**0.0	100.0
	35 to 44	55.4	14.6	19.8	8.5	**1.7	**0.0	100.0
	45 to 54	65.2	15.8	12.1	*5.5	**1.4	**0.0	100.0
	55 to 64	75.2	*7.5	11.0	*4.2	**2.1	**0.0	100.0
	65 and over	69.2	*6.7	13.2	8.3	*2.5	**0.0	100.0
	<b>TOTAL</b>	<b>57.2</b>	<b>13.6</b>	<b>16.5</b>	<b>7.6</b>	<b>5.0</b>	<b>**0.0</b>	<b>100.0</b>
Females	15 to 24	39.5	13.6	20.7	10.6	15.5	**0.0	100.0
	25 to 34	60.4	14.1	13.9	9.0	*2.6	**0.0	100.0
	35 to 44	65.9	12.6	12.5	6.7	*2.3	**0.0	100.0
	45 to 54	69.8	10.6	8.9	8.2	*2.6	**0.0	100.0
	55 to 64	69.5	*7.6	12.1	*5.9	*4.8	**0.0	100.0
	65 and over	69.6	*6.0	13.6	7.7	*2.5	**0.6	100.0
	<b>TOTAL</b>	<b>62.2</b>	<b>10.9</b>	<b>13.6</b>	<b>8.1</b>	<b>5.1</b>	<b>**0.1</b>	<b>100.0</b>
Persons	15 to 24	34.7	13.4	22.4	12.7	16.8	**0.0	100.0
	25 to 34	57.3	17.9	15.5	6.4	*2.8	**0.0	100.0
	35 to 44	60.7	13.6	16.1	7.6	*2.0	**0.0	100.0
	45 to 54	67.5	13.1	10.5	6.9	*2.0	**0.0	100.0
	55 to 64	72.3	7.5	11.6	5.0	*3.5	**0.0	100.0
	65 and over	69.4	6.4	13.4	8.0	*2.5	**0.3	100.0
	<b>TOTAL</b>	<b>59.7</b>	<b>12.3</b>	<b>15.1</b>	<b>7.8</b>	<b>5.0</b>	<b>**0.0</b>	<b>100.0</b>

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use



**Table 67: Queensland organised participants — participation in organised physical activity by cumulative frequency, age and sex, 2010 (a) (b)**

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	41.0	177.9	128.3	102.7	218.9
	25 to 34	67.0	73.8	46.3	21.0	140.8
	35 to 44	46.1	94.5	50.8	32.2	140.6
	45 to 54	47.3	57.1	37.3	20.9	104.4
	55 to 64	*19.0	43.9	29.7	*16.0	62.9
	65 and over	*17.1	60.8	42.1	27.4	77.9
	<b>TOTAL</b>	<b>237.5</b>	<b>508.0</b>	<b>334.6</b>	<b>220.1</b>	<b>745.5</b>
Females	15 to 24	41.0	141.1	107.6	78.6	182.1
	25 to 34	43.1	78.1	46.9	35.5	121.2
	35 to 44	40.5	69.0	42.2	28.9	109.4
	45 to 54	32.6	60.5	46.3	33.2	93.1
	55 to 64	*19.2	58.0	40.6	27.2	77.2
	65 and over	*16.5	65.4	49.0	28.1	83.5
	<b>TOTAL</b>	<b>192.8</b>	<b>472.1</b>	<b>332.7</b>	<b>231.6</b>	<b>666.5</b>
Persons	15 to 24	82.0	319.0	235.9	181.2	401.0
	25 to 34	110.1	151.9	93.2	56.5	262.0
	35 to 44	86.6	163.5	93.1	61.1	250.0
	45 to 54	79.9	117.6	83.6	54.1	197.5
	55 to 64	38.2	101.9	70.4	43.2	140.1
	65 and over	33.5	126.3	91.2	55.4	161.4
	<b>TOTAL</b>	<b>430.3</b>	<b>980.1</b>	<b>667.3</b>	<b>451.6</b>	<b>1,412.0</b>
Total participation rate (%) (c)						
Males	15 to 24	13.1	56.9	41.0	32.8	70.0
	25 to 34	21.8	24.0	15.0	6.8	45.7
	35 to 44	14.6	30.0	16.1	10.2	44.6
	45 to 54	15.8	19.1	12.4	7.0	34.8
	55 to 64	*7.5	17.3	11.7	*6.3	24.8
	65 and over	*6.7	24.0	16.7	10.8	30.8
	<b>TOTAL</b>	<b>13.6</b>	<b>29.2</b>	<b>19.2</b>	<b>12.6</b>	<b>42.8</b>
Females	15 to 24	13.6	46.8	35.7	26.1	60.5
	25 to 34	14.1	25.5	15.3	11.6	39.6
	35 to 44	12.6	21.5	13.2	9.0	34.1
	45 to 54	10.6	19.6	15.0	10.8	30.2
	55 to 64	*7.6	22.9	16.0	10.8	30.5
	65 and over	*6.0	23.8	17.9	10.2	30.4
	<b>TOTAL</b>	<b>10.9</b>	<b>26.8</b>	<b>18.9</b>	<b>13.1</b>	<b>37.8</b>
Persons	15 to 24	13.4	52.0	38.4	29.5	65.3
	25 to 34	17.9	24.7	15.2	9.2	42.7
	35 to 44	13.6	25.7	14.6	9.6	39.3
	45 to 54	13.1	19.3	13.7	8.9	32.5
	55 to 64	7.5	20.1	13.9	8.5	27.7
	65 and over	6.4	23.9	17.3	10.5	30.6
	<b>TOTAL</b>	<b>12.3</b>	<b>28.0</b>	<b>19.0</b>	<b>12.9</b>	<b>40.3</b>

(a) Relates to persons aged 15 years and over who participated in organised physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) Cumulative frequency should be interpreted as the total number of persons who engaged in the activity with **at least** that frequency (for example, 667,300 Queensland persons engaged in organised physical activity at least twice per week, which is a combination of those who engaged twice, three times, four times and five times per week or more)

(c) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

**Table 68: Queensland organised participants — total participation in organised activities by type of organisation, age and sex, 2010 (a)**

Sex	Age group (years)	Fitness, leisure or indoor sports centre	Sport or recreation club or association (c)	Work	School	Other	Total organised participation
		Number ('000)					
Males	15 to 24	93.4	161.1	*15.3	76.2	*17.0	218.9
	25 to 34	63.3	97.7	*8.1	**2.9	33.4	140.8
	35 to 44	41.0	117.4	*7.0	**1.1	21.8	140.6
	45 to 54	30.6	68.9	*10.7	**4.3	*10.3	104.4
	55 to 64	22.2	40.8	**3.8	**0.0	*16.0	62.9
	65 and over	*11.9	60.9	**0.0	**0.6	21.0	77.9
	<b>TOTAL</b>		262.3	546.9	44.9	85.1	119.4
Females	15 to 24	81.9	125.4	*16.2	60.2	33.4	182.1
	25 to 34	66.8	61.7	**5.7	**1.7	21.5	121.2
	35 to 44	63.5	54.2	**4.7	**4.5	30.2	109.4
	45 to 54	44.9	29.8	*8.5	**0.5	30.8	93.1
	55 to 64	36.9	42.2	**0.6	**0.3	27.2	77.2
	65 and over	28.1	53.5	**0.6	**2.0	22.6	83.5
	<b>TOTAL</b>		322.0	366.9	36.2	69.3	165.6
Persons	15 to 24	175.2	286.5	31.5	136.5	50.3	401.0
	25 to 34	130.1	159.5	*13.7	**4.6	54.9	262.0
	35 to 44	104.5	171.7	*11.8	**5.7	52.0	250.0
	45 to 54	75.4	98.7	*19.3	**4.8	41.1	197.5
	55 to 64	59.1	83.0	**4.3	**0.3	43.2	140.1
	65 and over	39.9	114.4	**0.6	**2.5	43.6	161.4
	<b>TOTAL</b>		<b>584.3</b>	<b>913.8</b>	<b>81.1</b>	<b>154.4</b>	<b>285.0</b>

Total participation rate (%) (b)

Males	15 to 24	29.8	51.5	*4.9	24.4	*5.4	70.0
	25 to 34	20.6	31.8	*2.6	**0.9	10.8	45.7
	35 to 44	13.0	37.3	*2.2	**0.4	6.9	44.6
	45 to 54	10.2	23.0	*3.6	**1.4	*3.4	34.8
	55 to 64	8.8	16.1	**1.5	**0.0	*6.3	24.8
	65 and over	*4.7	24.1	**0.0	**0.2	8.3	30.8
	<b>TOTAL</b>		15.1	31.4	2.6	4.9	6.9
Females	15 to 24	27.2	41.7	*5.4	20.0	11.1	60.5
	25 to 34	21.8	20.2	**1.8	**0.6	7.0	39.6
	35 to 44	19.8	16.9	**1.5	**1.4	9.4	34.1
	45 to 54	14.6	9.7	*2.8	**0.2	10.0	30.2
	55 to 64	14.6	16.7	**0.2	**0.1	10.8	30.5
	65 and over	10.2	19.5	**0.2	**0.7	8.2	30.4
	<b>TOTAL</b>		18.3	20.8	2.1	3.9	9.4
Persons	15 to 24	28.5	46.7	5.1	22.2	8.2	65.3
	25 to 34	21.2	26.0	*2.2	**0.7	8.9	42.7
	35 to 44	16.4	27.0	*1.8	**0.9	8.2	39.3
	45 to 54	12.4	16.2	*3.2	**0.8	6.8	32.5
	55 to 64	11.7	16.4	**0.9	**0.1	8.5	27.7
	65 and over	7.6	21.7	**0.1	**0.5	8.3	30.6
	<b>TOTAL</b>		<b>16.7</b>	<b>26.1</b>	<b>2.3</b>	<b>4.4</b>	<b>8.1</b>

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) All aerobics/fitness participants describing their activity as organised by a sport or recreation club or association have been recoded to fitness, leisure or indoor sports centre

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

**Table 69: Queensland participants — total participation in specific activities (organised and non-organised) by sex, 2010 (a)**

Activity	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
Aerobics/fitness	322.9	18.5	485.1	27.5	808.0	23.0
Aquarobics	**1.8	**0.1	40.9	2.3	42.7	1.2
Athletics/track and field	*7.9	*0.5	*17.3	*1.0	25.3	0.7
Australian rules football	46.7	2.7	**6.0	**0.3	52.7	1.5
Badminton	*6.0	*0.3	**2.5	**0.1	*8.6	*0.2
Baseball	**0.9	**0.0	**0.0	**0.0	**0.9	**0.0
Basketball	74.4	4.3	20.8	1.2	95.2	2.7
Billiards/snooker/pool	**2.9	**0.2	**0.5	**0.0	**3.4	**0.1
Boxing	39.4	2.3	24.1	1.4	63.5	1.8
Canoeing/kayaking	38.2	2.2	22.4	1.3	60.7	1.7
Carpet bowls	**1.7	**0.1	*7.9	*0.4	*9.6	*0.3
Cricket (indoor)	31.8	1.8	**0.6	**0.0	32.4	0.9
Cricket (outdoor)	85.7	4.9	**4.4	**0.2	90.1	2.6
Cycling	251.4	14.4	138.1	7.8	389.6	11.1
Dancing	*12.4	*0.7	69.0	3.9	81.4	2.3
Darts	**1.3	**0.1	**2.0	**0.1	**3.3	**0.1
Fishing	85.6	4.9	*15.8	*0.9	101.4	2.9
Golf	170.2	9.8	38.7	2.2	208.9	6.0
Gymnastics	**2.1	**0.1	*7.8	*0.4	*10.0	*0.3
Hockey (indoor)	**0.8	**0.0	**0.2	**0.0	**1.0	**0.0
Hockey (outdoor)	*7.1	*0.4	*8.2	*0.5	*15.4	*0.4
Horse riding/equestrian activities/polocrosse	*7.1	*0.4	47.3	2.7	54.4	1.6
Ice/snow sports	*13.9	*0.8	*18.2	*1.0	32.1	0.9
Lawn bowls	35.5	2.0	*19.8	*1.1	55.3	1.6
Martial arts	55.8	3.2	47.3	2.7	103.1	2.9
Motor sports	46.8	2.7	*7.3	*0.4	54.2	1.5
Netball	24.0	1.4	98.0	5.6	122.0	3.5
Orienteering	*17.9	*1.0	*18.1	*1.0	36.0	1.0
Rock climbing	**5.6	**0.3	*9.4	*0.5	*15.0	*0.4
Roller sports	*13.1	*0.8	*7.7	*0.4	20.8	0.6
Rowing	*6.3	*0.4	*7.4	*0.4	*13.7	*0.4
Rugby league	79.8	4.6	*7.2	*0.4	87.0	2.5
Rugby union	46.5	2.7	**0.4	**0.0	46.9	1.3
Running	238.1	13.7	142.3	8.1	380.4	10.9
Sailing	24.5	1.4	**3.4	**0.2	27.9	0.8
Scuba diving	*16.6	*1.0	**2.8	**0.2	*19.3	*0.6
Shooting sports	*19.6	*1.1	**5.1	**0.3	24.7	0.7
Football (indoor)	42.0	2.4	*20.4	*1.2	62.4	1.8
Football (outdoor)	95.9	5.5	52.1	3.0	148.1	4.2
Softball	**1.1	**0.1	**5.2	**0.3	*6.3	*0.2
Squash/racquet ball	26.8	1.5	25.3	1.4	52.1	1.5
Surf sports	70.6	4.1	*11.5	*0.7	82.1	2.3
Swimming	167.1	9.6	226.2	12.8	393.3	11.2
Table tennis	*13.6	*0.8	**2.4	**0.1	*16.1	*0.5
Tennis	75.7	4.3	74.2	4.2	149.9	4.3
Tenpin bowling	28.2	1.6	*13.5	*0.8	41.7	1.2
Touch football	97.8	5.6	59.3	3.4	157.1	4.5
Triathlon	*8.4	*0.5	*7.7	*0.4	*16.1	*0.5
Volleyball	37.7	2.2	*19.6	*1.1	57.3	1.6
Walking (bush)	89.2	5.1	89.6	5.1	178.8	5.1
Walking (other)	459.5	26.4	766.5	43.5	1,225.9	35.0
Water polo	**0.6	**0.0	**6.0	**0.3	*6.6	*0.2
Waterskiing/powerboating	22.5	1.3	**5.5	**0.3	28.0	0.8
Weight training	95.3	5.5	52.8	3.0	148.1	4.2
Yoga	*10.6	*0.6	86.1	4.9	96.7	2.8

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

\* Estimate has a relative standard error of between 25% and 50% and should be used with caution

\*\* Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

**Table 70: Queensland participants — total participation in specific activities by type of activity, 2010 (a)**

Activity	Number ('000)			Total participation rate (%) (b)		
	Organised	Non-organised	Total	Organised	Non-organised	Total
Aerobics/fitness	218.1	643.6	808.0	6.2	18.4	23.0
Aquarobics	34.5	*11.9	42.7	1.0	*0.3	1.2
Athletics/track and field	23.5	**1.8	25.3	0.7	**0.1	0.7
Australian rules football	49.0	*8.6	52.7	1.4	*0.2	1.5
Badminton	**4.0	*8.6	*8.6	**0.1	*0.2	*0.2
Baseball	**0.9	**0.0	**0.9	**0.0	**0.0	**0.0
Basketball	64.4	39.9	95.2	1.8	1.1	2.7
Billiards/snooker/pool	**0.8	**3.2	**3.4	**0.0	**0.1	**0.1
Boxing	29.9	37.9	63.5	0.9	1.1	1.8
Canoeing/kayaking	*14.9	46.4	60.7	*0.4	1.3	1.7
Carpet bowls	*8.5	**2.3	*9.6	*0.2	**0.1	*0.3
Cricket (indoor)	28.8	**5.2	32.4	0.8	**0.1	0.9
Cricket (outdoor)	56.7	35.6	90.1	1.6	1.0	2.6
Cycling	48.6	371.7	389.6	1.4	10.6	11.1
Dancing	52.0	37.1	81.4	1.5	1.1	2.3
Darts	**1.2	**2.3	**3.3	**0.0	**0.1	**0.1
Fishing	**6.0	99.2	101.4	**0.2	2.8	2.9
Golf	101.8	140.2	208.9	2.9	4.0	6.0
Gymnastics	**6.0	**4.0	*10.0	**0.2	**0.1	*0.3
Hockey (indoor)	**1.0	**0.0	**1.0	**0.0	**0.0	**0.0
Hockey (outdoor)	*15.4	**1.0	*15.4	*0.4	**0.0	*0.4
Horse riding/equestrian activities/polocrosse	41.3	32.1	54.4	1.2	0.9	1.6
Ice/snow sports	*10.3	21.8	32.1	*0.3	0.6	0.9
Lawn bowls	51.8	*8.0	55.3	1.5	*0.2	1.6
Martial arts	82.8	27.3	103.1	2.4	0.8	2.9
Motor sports	28.3	41.9	54.2	0.8	1.2	1.5
Netball	102.3	33.9	122.0	2.9	1.0	3.5
Orienteering	*18.3	21.6	36.0	*0.5	0.6	1.0
Rock climbing	*6.3	*8.7	*15.0	*0.2	*0.2	*0.4
Roller sports	**0.5	*20.3	20.8	**0.0	*0.6	0.6
Rowing	*10.8	**3.3	*13.7	*0.3	**0.1	*0.4
Rugby league	66.1	27.1	87.0	1.9	0.8	2.5
Rugby union	40.2	*9.7	46.9	1.1	*0.3	1.3
Running	51.2	361.0	380.4	1.5	10.3	10.9
Sailing	*12.5	20.6	27.9	*0.4	0.6	0.8
Scuba diving	**3.7	*16.0	*19.3	**0.1	*0.5	*0.6
Shooting sports	*15.9	*14.1	24.7	*0.5	*0.4	0.7
Football (indoor)	55.6	*13.4	62.4	1.6	*0.4	1.8
Football (outdoor)	104.7	57.2	148.1	3.0	1.6	4.2
Softball	**4.8	**1.8	*6.3	**0.1	**0.1	*0.2
Squash/racquet ball	*17.3	42.3	52.1	*0.5	1.2	1.5
Surf sports	**3.3	81.1	82.1	**0.1	2.3	2.3
Swimming	40.3	364.8	393.3	1.1	10.4	11.2
Table tennis	*11.3	**4.9	*16.1	*0.3	**0.1	*0.5
Tennis	46.2	121.2	149.9	1.3	3.5	4.3
Tenpin bowling	28.0	*14.4	41.7	0.8	*0.4	1.2
Touch football	126.6	43.7	157.1	3.6	1.2	4.5
Triathlon	*14.7	**1.4	*16.1	*0.4	**0.0	*0.5
Volleyball	45.9	*15.9	57.3	1.3	*0.5	1.6
Walking (bush)	26.5	158.2	178.8	0.8	4.5	5.1
Walking (other)	47.6	1,208.8	1,225.9	1.4	34.5	35.0
Water polo	**1.5	**5.6	*6.6	**0.0	**0.2	*0.2
Waterskiing/powerboating	**2.1	28.0	28.0	**0.1	0.8	0.8
Weight training	45.1	116.9	148.1	1.3	3.3	4.2
Yoga	54.4	47.8	96.7	1.6	1.4	2.8

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2010

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

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