



# NATIONAL VOLUNTEER WEEK 2022

National Volunteer Week (NVW) is Australia's largest annual celebration of volunteers. From Monday 16 to Sunday 22 May 2022, we will **celebrate, thank and recognise** the significant contribution the almost 3 million sport volunteers make across Australia.

## THEME

The theme for NVW 2022 is **Better Together**.

Volunteering brings people together; it builds communities and creates a better society for everyone.

National Volunteer Week is a chance for all of us to celebrate and recognise the vital work of volunteers and to say thank you.

Together, through volunteering, we are changing communities for the better. We are, Better Together.

## SPORT VOLUNTEERING KEY MESSAGES

- Volunteering in sport is incredibly positive, enjoyable and rewarding. There are so many benefits; you can feel good, make new friends, learn new skills all whilst having fun.
- Sport volunteering is for everyone, plus you can volunteer for something that suits your individual needs, interests and availability.
- Thank you to the almost 3 million Australian's who volunteer in sport, making a positive impact in sport in Australia.
- Volunteering is participation, it is respected and recognised as a critical role in sport delivery.
- Opportunities to volunteer in sport is available across a wide variety of roles and tasks. Some include coaching, fundraising managers, marshals, car park attendants, event organisers, team uniform managers, treasurers and board members.
- Volunteering is linked to a wide range of benefits, including positive mental health and physical benefits such as social connection, personal confidence, sense of belonging and skill development.
- Volunteering is the heart of our sport sector. Get involved today.

To find out more, hear from some sport volunteers about their personal experiences or to volunteer visit [SportAus.gov.au/volunteering](https://SportAus.gov.au/volunteering).

#NVW2022 #SportVolunteering #SportVolunteerCoalition