



Australian Government
 Australian Sports Commission

Participation in Exercise, Recreation and Sport



Annual Report 2009

State and Territory Tables for Northern Territory



Communities
 Sport & Recreation



Government of Western Australia
 Department of Sport and Recreation



Government of South Australia
 Office for Recreation and Sport



Queensland
 Government

SUPPORTED BY



9.3.3 Northern Territory

Table 49: Northern Territory participants — total participation in physical activity by type of participation, age and sex, 2009 (a)

		Organised only (c) (A)	Non-organised only (d) (B)	Both organised and non-organised (e) (C)	Total organised (A + C)	Total non-organised (B + C)	Total participation (A + B + C)
Sex	Age group (years)	Number ('000)					
Males	15 to 24	4.8	4.7	6.3	11.1	11.0	15.8
	25 to 34	3.6	6.0	6.3	9.9	12.2	15.9
	35 to 44	3.5	5.6	5.7	9.3	11.3	14.9
	45 to 54	*1.2	8.2	3.7	4.9	11.9	13.1
	55 to 64	*0.9	4.8	2.4	3.3	7.2	8.1
	65 and over	**0.2	2.8	*0.8	*1.0	3.7	3.9
	TOTAL		14.3	32.1	25.2	39.5	57.3
Females	15 to 24	*1.9	4.4	7.2	9.1	11.6	13.6
	25 to 34	2.3	6.5	7.1	9.3	13.6	15.8
	35 to 44	*1.7	7.9	4.6	6.3	12.5	14.2
	45 to 54	*1.0	6.3	4.2	5.2	10.5	11.5
	55 to 64	*0.5	5.0	*1.6	2.1	6.5	7.1
	65 and over	*0.5	*1.8	*1.2	*1.7	3.0	3.5
	TOTAL		8.0	31.9	25.8	33.8	57.8
Persons	15 to 24	6.8	9.1	13.5	20.3	22.6	29.4
	25 to 34	5.9	12.5	13.4	19.3	25.8	31.7
	35 to 44	5.2	13.5	10.4	15.6	23.9	29.1
	45 to 54	2.2	14.5	7.9	10.1	22.4	24.6
	55 to 64	*1.4	9.7	4.0	5.4	13.7	15.1
	65 and over	*0.7	4.6	*2.0	2.7	6.7	7.4
	TOTAL		22.3	64.0	51.1	73.3	115.0
Total participation rate (%) (b)							
Males	15 to 24	27.6	26.7	36.0	63.6	62.7	90.3
	25 to 34	19.9	32.6	34.3	54.1	66.8	86.7
	35 to 44	20.5	32.7	33.5	54.0	66.2	86.7
	45 to 54	*8.2	54.0	24.1	32.3	78.1	86.3
	55 to 64	*8.2	43.2	21.7	30.0	65.0	73.2
	65 and over	**2.7	47.0	*14.0	*16.7	61.0	63.7
	TOTAL		16.8	37.6	29.6	46.4	67.2
Females	15 to 24	*12.1	27.9	45.4	57.6	73.4	85.5
	25 to 34	12.2	35.0	38.2	50.4	73.3	85.5
	35 to 44	*10.1	46.9	27.4	37.5	74.3	84.4
	45 to 54	*6.9	44.0	29.2	36.2	73.2	80.1
	55 to 64	*5.6	53.1	*16.6	22.2	69.8	75.4
	65 and over	*10.2	*34.0	*22.2	*32.4	56.1	66.3
	TOTAL		9.9	39.8	32.2	42.1	71.9
Persons	15 to 24	20.3	27.3	40.5	60.7	67.8	88.0
	25 to 34	16.0	33.8	36.3	52.3	70.1	86.1
	35 to 44	15.4	39.7	30.5	45.8	70.2	85.5
	45 to 54	7.6	49.1	26.6	34.2	75.7	83.3
	55 to 64	*7.0	47.8	19.4	26.4	67.2	74.2
	65 and over	*6.2	40.9	*17.8	24.0	58.7	64.9
	TOTAL		13.4	38.6	30.9	44.3	69.5

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2009

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) Participants' activities are fully organised

(d) Participants' activities are fully non-organised

(e) Participants' activities are part organised and part non-organised

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 50: Northern Territory participants — total participation in any physical activity (organised and non-organised) by demographics, 2009 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
AGE GROUP (YEARS)						
15 to 24	15.8	90.3	13.6	85.5	29.4	88.0
25 to 34	15.9	86.7	15.8	85.5	31.7	86.1
35 to 44	14.9	86.7	14.2	84.4	29.1	85.5
45 to 54	13.1	86.3	11.5	80.1	24.6	83.3
55 to 64	8.1	73.2	7.1	75.4	15.1	74.2
65 and over	3.9	63.7	3.5	66.3	7.4	64.9
REGION						
Capital city	49.3	85.1	43.7	80.4	93.0	82.8
Rest of state	22.2	81.7	22.0	84.9	44.3	83.3
EMPLOYMENT STATUS						
Employed full time	53.2	85.4	33.8	86.2	86.9	85.7
Employed part time	8.2	92.7	16.8	79.1	25.1	83.1
Employed refused	*0.6	*100.0	**0.1	**39.5	*0.7	*83.1
Total employed	62.0	86.5	50.7	83.5	112.7	85.1
Unemployed	2.3	84.0	2.9	96.3	5.3	90.5
Not in the labour force	7.2	67.4	12.1	73.2	19.3	70.9
MARITAL STATUS						
Married	44.0	86.7	40.2	83.3	84.2	85.1
Not married	27.0	80.3	25.4	79.7	52.4	80.0
Refused/Do not know	*0.6	*68.1	**0.1	**58.7	*0.7	*66.6
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	26.4	88.4	27.7	84.7	54.1	86.5
At least one under 18 — none at home	2.4	91.4	**0.2	**41.2	2.6	82.8
No children under 18	42.8	81.2	37.8	80.3	80.6	80.7
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	17.0	89.4	21.3	87.2	38.3	88.2
Undergraduate diploma or associate diploma	4.4	91.9	4.9	87.9	9.3	89.7
Certificate, trade qualification or apprenticeship	13.7	81.4	4.9	85.9	21.5	83.0
Highest level of secondary school	16.4	90.6	15.6	85.1	32.1	87.8
Did not complete highest level of school	13.0	69.7	13.2	70.2	26.2	69.9
Still at secondary school	5.5	100.0	2.2	74.8	7.7	91.1
Other	*1.0	*64.4	*0.6	*61.2	*1.6	*63.2
Refused	*0.6	*75.9	**0.0	**0.0	*0.6	*75.9
INDIGENOUS STATUS						
Indigenous	3.3	73.1	3.0	63.1	6.3	68.0
Non-Indigenous	68.0	84.6	62.5	82.9	130.5	83.8
Refused	**0.3	**100.0	**0.3	**100.0	*0.5	*100.0
LANGUAGE SPOKEN AT HOME						
English only	62.6	83.8	58.9	84.3	121.5	84.0
European language/s other than English	*1.7	*90.0	2.8	82.3	4.5	85.1
Non-European language/s	7.7	84.7	4.0	57.2	11.7	72.7
Total	71.6	84.0	65.7	81.8	137.3	83.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2009

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 51: All Northern Territory persons — participation in any physical activity by frequency, age and sex, 2009 (a)

Sex	Age group (years)	None	Up to once per week (b)	One or two times per week (c)	Three or four times per week (d)	Five or more times per week	Do not know	Total
		Number ('000)						
Males	15 to 24	*1.7	2.4	3.9	4.1	5.5	**0.0	17.5
	25 to 34	2.4	6.4	3.8	2.9	2.9	**0.0	18.3
	35 to 44	2.3	2.6	4.3	3.9	4.0	**0.0	17.1
	45 to 54	2.1	*1.8	3.5	3.2	4.6	**0.0	15.2
	55 to 64	3.0	*1.8	*1.9	*1.5	2.8	**0.0	11.0
	65 and over	2.2	*0.8	**0.4	*0.8	*1.8	**0.0	6.1
	TOTAL	13.6	15.8	17.9	16.3	21.6	**0.0	85.2
Females	15 to 24	2.3	2.7	*1.4	2.8	6.6	**0.0	15.9
	25 to 34	2.7	3.0	3.7	4.3	4.8	**0.0	18.5
	35 to 44	2.6	*1.6	4.0	3.3	5.4	**0.0	16.9
	45 to 54	2.9	*1.9	2.2	*1.9	5.3	**0.1	14.4
	55 to 64	2.3	*0.5	*1.4	*1.8	3.4	**0.0	9.4
	65 and over	*1.8	**0.1	*0.8	*0.7	*1.9	**0.0	5.3
	TOTAL	14.6	9.9	13.5	14.8	27.5	**0.1	80.3
Persons	15 to 24	4.0	5.1	5.3	6.9	12.2	**0.0	33.4
	25 to 34	5.1	9.4	7.5	7.1	7.7	**0.0	36.8
	35 to 44	4.9	4.2	8.3	7.2	9.4	**0.0	34.0
	45 to 54	4.9	3.8	5.8	5.1	9.9	**0.1	29.5
	55 to 64	5.3	2.3	3.3	3.3	6.2	**0.0	20.4
	65 and over	4.0	*0.9	*1.2	*1.5	3.7	**0.0	11.3
	TOTAL	28.2	25.7	31.3	31.1	49.1	**0.1	165.5
Percentage of row (%)								
Males	15 to 24	*9.7	13.5	22.0	23.2	31.5	**0.0	100.0
	25 to 34	13.3	34.8	20.6	15.6	15.7	**0.0	100.0
	35 to 44	13.3	15.4	25.3	22.6	23.3	**0.0	100.0
	45 to 54	13.7	*12.0	23.4	21.0	30.0	**0.0	100.0
	55 to 64	26.8	*16.5	*17.5	*13.5	25.7	**0.0	100.0
	65 and over	36.3	*13.2	**7.1	*14.0	*29.4	**0.0	100.0
	TOTAL	16.0	18.6	21.0	19.1	25.3	**0.0	100.0
Females	15 to 24	14.5	17.2	*9.0	17.7	41.7	**0.0	100.0
	25 to 34	14.5	16.2	20.2	23.1	26.0	**0.0	100.0
	35 to 44	15.6	*9.4	23.5	19.6	31.9	**0.0	100.0
	45 to 54	19.9	*13.5	15.4	*13.3	37.2	**0.7	100.0
	55 to 64	24.6	*5.5	*14.4	*19.3	36.2	**0.0	100.0
	65 and over	*33.7	**2.6	*14.4	*12.9	*36.4	**0.0	100.0
	TOTAL	18.2	12.3	16.7	18.4	34.2	**0.1	100.0
Persons	15 to 24	12.0	15.2	15.8	20.6	36.4	**0.0	100.0
	25 to 34	13.9	25.4	20.4	19.3	20.9	**0.0	100.0
	35 to 44	14.5	12.4	24.4	21.1	27.6	**0.0	100.0
	45 to 54	16.7	12.8	19.5	17.2	33.5	**0.3	100.0
	55 to 64	25.8	11.4	16.1	16.1	30.5	**0.0	100.0
	65 and over	35.1	*8.2	*10.5	*13.5	32.7	**0.0	100.0
	TOTAL	17.0	15.5	18.9	18.8	29.6	**0.1	100.0

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 52: Northern Territory participants — participation in any physical activity by cumulative frequency, age and sex, 2009 (a) (b)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	2.4	13.5	10.7	9.6	15.8
	25 to 34	6.4	9.5	7.6	5.7	15.9
	35 to 44	2.6	12.2	10.0	7.9	14.9
	45 to 54	*1.8	11.3	9.4	7.7	13.1
	55 to 64	*1.8	6.3	5.2	4.3	8.1
	65 and over	*0.8	3.1	2.7	2.6	3.9
	TOTAL		15.8	55.8	45.7	37.9
Females	15 to 24	2.7	10.9	10.3	9.4	13.6
	25 to 34	3.0	12.8	11.1	9.1	15.8
	35 to 44	*1.6	12.6	11.3	8.7	14.2
	45 to 54	*1.9	9.5	8.3	7.3	11.5
	55 to 64	*0.5	6.6	6.3	5.2	7.1
	65 and over	**0.1	3.4	2.9	2.6	3.5
	TOTAL		9.9	55.7	50.2	42.3
Persons	15 to 24	5.1	24.3	21.1	19.0	29.4
	25 to 34	9.4	22.3	18.7	14.8	31.7
	35 to 44	4.2	24.9	21.3	16.6	29.1
	45 to 54	3.8	20.7	17.7	15.0	24.6
	55 to 64	2.3	12.8	11.5	9.5	15.1
	65 and over	*0.9	6.4	5.6	5.2	7.4
	TOTAL		25.7	111.5	95.9	80.2

Total participation rate (%) (c)

Males	15 to 24	13.5	76.8	61.2	54.8	90.3
	25 to 34	34.8	51.9	41.6	31.3	86.7
	35 to 44	15.4	71.3	58.2	45.9	86.7
	45 to 54	*12.0	74.3	61.9	51.0	86.3
	55 to 64	*16.5	56.7	47.5	39.2	73.2
	65 and over	*13.2	50.5	44.9	43.4	63.7
	TOTAL		18.6	65.4	53.6	44.4
Females	15 to 24	17.2	68.3	65.2	59.4	85.5
	25 to 34	16.2	69.3	59.7	49.0	85.5
	35 to 44	*9.4	75.0	67.2	51.5	84.4
	45 to 54	*13.5	65.9	57.9	50.5	80.1
	55 to 64	*5.5	69.9	66.7	55.5	75.4
	65 and over	**2.6	63.8	54.4	49.4	66.3
	TOTAL		12.3	69.4	62.5	52.6
Persons	15 to 24	15.2	72.8	63.1	57.0	88.0
	25 to 34	25.4	60.6	50.7	40.2	86.1
	35 to 44	12.4	73.1	62.7	48.7	85.5
	45 to 54	12.8	70.2	60.0	50.7	83.3
	55 to 64	11.4	62.8	56.3	46.7	74.2
	65 and over	*8.2	56.7	49.3	46.2	64.9
	TOTAL		15.5	67.4	57.9	48.4

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2009

(b) Cumulative frequency should be interpreted as the total number of persons who engaged in the activity with **at least** that frequency (for example, 95,900 Northern Territory persons engaged in physical activity at least twice per week, which is a combination of those who engaged twice, three times, four times and five times per week or more)

(c) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 53: Northern Territory recent participants — recent participation in any physical activity by duration and age, 2009 (a)

		15 to 24 years	25 to 34 years	35 to 44 years	45 to 54 years	55 to 64 years	65 years and over	Total
		Number ('000)						
Five hours or more	More than three sessions weekly	7.5	5.2	5.0	4.9	4.1	2.3	29.1
	Two or three sessions weekly	*0.9	2.7	*0.6	*0.5	*0.7	**0.2	5.6
	Less than two sessions weekly	**0.0	**0.3	**0.3	*0.5	**0.3	**0.0	*1.5
	<i>Total</i>	8.4	8.1	6.0	6.0	5.1	2.5	36.1
Two hours or more but less than five hours	More than three sessions weekly	3.7	4.5	5.0	5.0	2.5	*1.4	22.1
	Two or three sessions weekly	3.3	3.2	3.2	2.6	*1.0	*0.7	14.0
	Less than two sessions weekly	2.6	*0.5	*1.4	*1.1	*0.6	**0.5	6.7
	<i>Total</i>	9.6	8.3	9.5	8.7	4.2	2.5	42.7
Less than two hours	More than three sessions weekly	**0.0	*0.5	*1.0	*0.9	*0.6	**0.2	3.1
	Two or three sessions weekly	*1.3	3.1	2.7	*0.9	*1.1	**0.5	9.6
	Less than two sessions weekly	5.1	6.7	4.9	4.9	2.1	*0.5	24.2
	<i>Total</i>	6.3	10.3	8.6	6.7	3.8	*1.2	36.9
Total	More than three sessions weekly	11.3	10.2	11.0	10.8	7.2	3.9	54.3
	Two or three sessions weekly	5.4	9.0	6.6	4.0	2.8	*1.3	29.1
	Less than two sessions weekly	7.6	7.6	6.5	6.5	3.1	*1.0	32.3
	Total	24.3	26.7	24.1	21.3	13.1	6.2	115.7
		Percentage of total (%)						
Five hours or more	More than three sessions weekly	6.5	4.5	4.4	4.3	3.5	2.0	25.2
	Two or three sessions weekly	*0.7	2.3	*0.6	*0.5	*0.6	**0.1	4.8
	Less than two sessions weekly	**0.0	**0.3	**0.2	*0.5	**0.3	**0.0	*1.3
	<i>Total</i>	7.3	7.0	5.2	5.2	4.4	2.2	31.2
Two hours or more but less than five hours	More than three sessions weekly	3.2	3.9	4.3	4.3	2.2	*1.2	19.1
	Two or three sessions weekly	2.8	2.8	2.7	2.2	*0.9	*0.6	12.1
	Less than two sessions weekly	2.2	*0.5	*1.2	*0.9	*0.6	**0.4	5.8
	<i>Total</i>	8.3	7.1	8.2	7.5	3.6	2.1	36.9
Less than two hours	More than three sessions weekly	**0.0	*0.4	*0.9	*0.7	*0.5	**0.1	2.7
	Two or three sessions weekly	*1.1	2.7	2.4	*0.8	*1.0	**0.4	8.3
	Less than two sessions weekly	4.4	5.8	4.2	4.2	1.8	*0.5	20.9
	<i>Total</i>	5.5	8.9	7.4	5.8	3.3	*1.0	31.9
Total	More than three sessions weekly	9.7	8.8	9.5	9.3	6.3	3.3	47.0
	Two or three sessions weekly	4.7	7.7	5.7	3.5	2.4	*1.1	25.1
	Less than two sessions weekly	6.6	6.5	5.6	5.6	2.7	*0.9	27.9
	Total	21.0	23.1	20.8	18.4	11.3	5.3	100.0

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport in the two weeks prior to interview in 2009

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 54: Northern Territory regular participants — regular participation in any physical activity (organised and non-organised) by demographics, 2009 (a)

	MALES		FEMALES		PERSONS	
	Number (‘000)	Regular participation rate (b) (%)	Number (‘000)	Regular participation rate (%)	Number (‘000)	Regular participation rate (%)
AGE GROUP (YEARS)						
15 to 24	9.6	54.8	9.4	59.4	19.0	57.0
25 to 34	5.7	31.3	9.1	49.0	14.8	40.2
35 to 44	7.9	45.9	8.7	51.5	16.6	48.7
45 to 54	7.7	51.0	7.3	50.5	15.0	50.7
55 to 64	4.3	39.2	5.2	55.5	9.5	46.7
65 and over	2.6	43.4	2.6	49.4	5.2	46.2
REGION						
Capital city	26.1	45.0	27.5	50.6	53.6	47.7
Rest of state	11.8	43.3	14.8	56.9	26.5	49.9
EMPLOYMENT STATUS						
Employed full time	27.3	43.9	22.4	57.1	49.7	49.0
Employed part time	4.2	46.8	11.0	51.4	15.1	50.0
Employed refused	**0.3	**44.1	**0.1	**39.5	**0.4	**42.8
Total employed	31.7	44.3	33.4	55.0	65.1	49.2
Unemployed	*1.2	*43.8	*1.8	*59.7	3.0	52.1
Not in the labour force	4.9	45.9	7.1	42.7	12.0	44.0
MARITAL STATUS						
Married	22.0	43.3	25.0	51.7	46.9	47.4
Not married	15.3	45.6	17.2	54.0	32.5	49.7
Refused/Do not know	*0.6	*68.1	**0.1	**58.7	*0.7	*66.6
CHILDREN AGED UNDER 18 YEARS IN THE HOUSEHOLD						
At least one under 18 at home	11.7	39.2	15.7	47.9	27.4	43.8
At least one under 18 – none at home	*2.0	*75.7	**0.1	**19.0	2.1	66.1
No children under 18	24.2	45.9	26.5	56.3	50.7	50.8
HIGHEST EDUCATION ATTAINMENT						
University degree or higher (including postgraduate diploma)	10.9	57.4	13.2	54.2	24.2	55.6
Undergraduate diploma or associate diploma	*1.8	*37.2	3.6	64.4	5.4	51.9
Certificate, trade qualification or apprenticeship	5.6	33.3	5.2	57.0	10.8	41.6
Highest level of secondary school	8.8	48.4	10.9	59.3	19.7	53.9
Did not complete highest level of school	6.3	33.6	7.3	38.8	13.6	36.2
Still at secondary school	3.7	67.0	*1.7	*57.1	5.3	63.5
Other	**0.3	**17.9	**0.3	**34.0	*0.6	*24.1
Refused	*0.6	*75.9	**0.0	**0.0	*0.6	*75.9
INDIGENOUS STATUS						
Indigenous	*1.9	*41.7	*1.8	*37.5	3.7	39.5
Non-Indigenous	35.7	44.4	40.4	53.6	76.1	48.8
Refused	**0.3	**100.0	**0.2	**59.6	**0.4	**79.5
LANGUAGE SPOKEN AT HOME						
English only	32.7	43.8	37.7	53.9	70.4	48.7
European language/s other than English	*1.0	*50.1	*2.0	*58.9	2.9	55.7
Non-European language/s	4.4	48.8	2.6	37.1	7.1	43.7
Total	37.9	44.4	42.3	52.6	80.2	48.4

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2009

(b) For any group, the regular participation rate is the number of persons who participated in the activity at least three times per week on average expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 55: All Northern Territory persons — participation in organised physical activity by frequency, age and sex, 2009 (a)

Sex	Age group (years)	None	Up to once	One or two	Three or four	Five or	Do not know	Total
			per week (b)	times per week (c)	times per week (d)	more times per week		
		Number ('000)						
Males	15 to 24	6.4	2.8	3.8	*1.9	2.7	**0.0	17.5
	25 to 34	8.4	5.7	2.7	*1.5	**0.0	**0.0	18.3
	35 to 44	7.9	4.2	3.3	*1.4	**0.3	**0.0	17.1
	45 to 54	10.3	2.3	*1.5	*0.9	**0.1	**0.0	15.2
	55 to 64	7.7	*1.1	*1.6	*0.6	**0.0	**0.0	11.0
	65 and over	5.0	**0.2	*0.5	**0.2	**0.2	**0.0	6.1
	TOTAL	45.7	16.3	13.4	6.5	3.3	**0.0	85.2
Females	15 to 24	6.7	2.4	3.2	2.1	*1.4	**0.0	15.9
	25 to 34	9.2	4.0	3.8	*1.2	**0.3	**0.0	18.5
	35 to 44	10.5	*1.9	2.5	*1.2	*0.8	**0.0	16.9
	45 to 54	9.2	2.4	*1.9	*0.7	**0.2	**0.0	14.4
	55 to 64	7.3	*0.5	*0.6	*0.7	**0.2	**0.0	9.4
	65 and over	3.6	**0.1	*1.2	**0.2	**0.3	**0.0	5.3
	TOTAL	46.5	11.2	13.2	6.2	3.2	**0.0	80.3
Persons	15 to 24	13.1	5.2	7.0	4.0	4.1	**0.0	33.4
	25 to 34	17.6	9.6	6.5	2.7	**0.3	**0.0	36.8
	35 to 44	18.4	6.1	5.7	2.6	*1.1	**0.0	34.0
	45 to 54	19.4	4.7	3.5	*1.6	**0.3	**0.0	29.5
	55 to 64	15.0	*1.7	2.2	*1.3	**0.2	**0.0	20.4
	65 and over	8.6	**0.2	*1.7	**0.4	**0.4	**0.0	11.3
	TOTAL	92.2	27.6	26.5	12.7	6.5	**0.0	165.5
Percentage of row (%)								
Males	15 to 24	36.4	16.0	21.5	*10.8	15.2	**0.0	100.0
	25 to 34	45.9	31.0	15.0	*8.2	**0.0	**0.0	100.0
	35 to 44	46.0	24.7	19.0	*8.3	**1.9	**0.0	100.0
	45 to 54	67.7	15.2	*10.1	*6.1	**0.9	**0.0	100.0
	55 to 64	70.0	*10.4	*14.4	*5.2	**0.0	**0.0	100.0
	65 and over	83.3	**2.7	*8.2	**3.3	**2.5	**0.0	100.0
	TOTAL	53.6	19.2	15.7	7.6	3.8	**0.0	100.0
Females	15 to 24	42.4	15.1	20.0	13.5	*9.0	**0.0	100.0
	25 to 34	49.6	21.4	20.5	*6.7	**1.8	**0.0	100.0
	35 to 44	62.5	*11.0	14.6	*7.0	*4.9	**0.0	100.0
	45 to 54	63.8	16.5	*13.5	*4.8	**1.3	**0.0	100.0
	55 to 64	77.8	*5.6	*6.6	*7.8	**2.2	**0.0	100.0
	65 and over	67.6	**1.5	*22.0	**4.0	**4.9	**0.0	100.0
	TOTAL	57.9	14.0	16.4	7.7	4.0	**0.0	100.0
Persons	15 to 24	39.3	15.6	20.8	12.1	12.2	**0.0	100.0
	25 to 34	47.7	26.2	17.8	7.4	*0.9	**0.0	100.0
	35 to 44	54.2	17.9	16.8	7.7	*3.4	**0.0	100.0
	45 to 54	65.8	15.9	11.7	*5.5	**1.1	**0.0	100.0
	55 to 64	73.6	*8.2	10.8	*6.4	**1.0	**0.0	100.0
	65 and over	76.0	**2.1	*14.6	*3.7	*3.6	**0.0	100.0
	TOTAL	55.7	16.6	16.0	7.7	3.9	**0.0	100.0

(a) Relates to all persons aged 15 years and over

(b) More than zero and less than once per week

(c) Once or more and less than three times per week

(d) Three or more times and less than five times per week

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 56: Northern Territory organised participants — participation in organised physical activity by cumulative frequency, age and sex, 2009 (a) (b)

Sex	Age group (years)	Less than once per week	Once per week or more	Twice per week or more	Three times per week or more	Total participation
		Number ('000)				
Males	15 to 24	2.8	8.3	5.9	4.6	11.1
	25 to 34	5.7	4.2	2.7	*1.5	9.9
	35 to 44	4.2	5.0	2.9	*1.7	9.3
	45 to 54	2.3	2.6	*1.8	*1.1	4.9
	55 to 64	*1.1	2.2	*1.2	*0.6	3.3
	65 and over	**0.2	*0.8	**0.4	**0.4	*1.0
	TOTAL	16.3	23.2	15.0	9.8	39.5
Females	15 to 24	2.4	6.7	5.3	3.6	9.1
	25 to 34	4.0	5.4	3.3	*1.6	9.3
	35 to 44	*1.9	4.5	3.4	*2.0	6.3
	45 to 54	2.4	2.8	*1.7	*0.9	5.2
	55 to 64	*0.5	*1.6	*1.1	*0.9	2.1
	65 and over	**0.1	*1.6	*1.0	**0.5	*1.7
	TOTAL	11.2	22.6	15.9	9.4	33.8
Persons	15 to 24	5.2	15.1	11.2	8.1	20.3
	25 to 34	9.6	9.6	6.0	3.1	19.3
	35 to 44	6.1	9.5	6.3	3.8	15.6
	45 to 54	4.7	5.4	3.5	*1.9	10.1
	55 to 64	*1.7	3.7	2.4	*1.5	5.4
	65 and over	**0.2	2.5	*1.5	*0.8	2.7
	TOTAL	27.6	45.8	30.9	19.2	73.3

Total participation rate (%) (c)

Males	15 to 24	16.0	47.5	33.9	26.0	63.6
	25 to 34	31.0	23.1	14.6	*8.2	54.1
	35 to 44	24.7	29.2	16.7	*10.2	54.0
	45 to 54	15.2	17.1	*11.8	*7.0	32.3
	55 to 64	*10.4	19.6	*11.3	*5.2	30.0
	65 and over	**2.7	*14.0	**7.3	**5.8	*16.7
	TOTAL	19.2	27.2	17.5	11.5	46.4
Females	15 to 24	15.1	42.5	33.4	22.5	57.6
	25 to 34	21.4	29.0	18.0	*8.5	50.4
	35 to 44	*11.0	26.5	20.3	*11.9	37.5
	45 to 54	16.5	19.6	*11.9	*6.1	36.2
	55 to 64	*5.6	*16.6	*12.1	*10.1	22.2
	65 and over	**1.5	*30.9	*19.7	**8.9	*32.4
	TOTAL	14.0	28.1	19.8	11.8	42.1
Persons	15 to 24	15.6	45.1	33.6	24.3	60.7
	25 to 34	26.2	26.1	16.3	8.3	52.3
	35 to 44	17.9	27.9	18.5	11.0	45.8
	45 to 54	15.9	18.3	11.8	*6.6	34.2
	55 to 64	*8.2	18.2	11.7	*7.4	26.4
	65 and over	**2.1	21.9	*13.1	*7.3	24.0
	TOTAL	16.6	27.7	18.7	11.6	44.3

(a) Relates to persons aged 15 years and over who participated in organised physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2009

(b) Cumulative frequency should be interpreted as the total number of persons who engaged in the activity with **at least** that frequency (for example, 30,900 Northern Territory persons engaged in organised physical activity at least twice per week, which is a combination of those who engaged twice, three times, four times and five times per week or more)

(c) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 57: Northern Territory organised participants — total participation in organised activities by type of organisation, age and sex, 2009 (a)

Sex	Age group (years)	Fitness, leisure or indoor sports centre	Sport or recreation club or association (c)	Work	School	Other	Total organised participation
		Number ('000)					
Males	15 to 24	3.0	8.8	**0.0	2.5	*2.0	11.1
	25 to 34	*1.2	7.8	*0.6	**0.0	*1.2	9.9
	35 to 44	2.1	5.9	*0.9	**0.3	2.1	9.3
	45 to 54	*1.2	3.3	**0.0	**0.0	*0.9	4.9
	55 to 64	**0.5	2.7	**0.3	**0.1	*0.6	3.3
	65 and over	**0.1	*0.9	**0.0	**0.0	**0.2	*1.0
	TOTAL	8.0	29.4	*1.8	2.9	6.9	39.5
Females	15 to 24	4.0	6.4	*0.8	*0.6	*1.2	9.1
	25 to 34	4.9	5.4	*1.0	**0.0	*1.8	9.3
	35 to 44	3.4	3.0	**0.0	**0.0	*1.5	6.3
	45 to 54	2.3	2.2	**0.2	**0.3	*1.5	5.2
	55 to 64	*0.8	*1.2	**0.0	**0.1	**0.3	2.1
	65 and over	*0.7	*1.2	**0.0	**0.0	**0.5	*1.7
	TOTAL	16.2	19.4	*2.0	*1.0	6.7	33.8
Persons	15 to 24	7.0	15.2	*0.8	3.1	3.2	20.3
	25 to 34	6.1	13.2	*1.6	**0.0	3.0	19.3
	35 to 44	5.5	8.9	*0.9	**0.3	3.5	15.6
	45 to 54	3.5	5.4	**0.2	**0.3	2.4	10.1
	55 to 64	*1.3	4.0	**0.3	**0.2	*0.9	5.4
	65 and over	*0.8	2.1	**0.0	**0.0	*0.6	2.7
	TOTAL	24.1	48.8	3.8	3.9	13.6	73.3
Total participation rate (%) (b)							
Males	15 to 24	17.0	50.4	**0.0	14.2	*11.5	63.6
	25 to 34	*6.3	42.5	*3.3	**0.0	*6.7	54.1
	35 to 44	12.1	34.1	*5.1	**1.6	12.0	54.0
	45 to 54	*8.0	21.4	**0.0	**0.0	*5.6	32.3
	55 to 64	**4.2	24.8	**3.1	**1.0	*5.1	30.0
	65 and over	**1.5	*15.5	**0.0	**0.0	**2.7	*16.7
	TOTAL	9.4	34.5	*2.1	3.4	8.1	46.4
Females	15 to 24	25.4	40.3	*5.1	*4.0	*7.4	57.6
	25 to 34	26.5	29.2	*5.2	**0.0	*9.5	50.4
	35 to 44	20.1	18.1	**0.0	**0.0	*8.7	37.5
	45 to 54	15.9	15.1	**1.2	**1.8	*10.6	36.2
	55 to 64	*8.8	*13.2	**0.0	**1.0	*3.4	22.2
	65 and over	*13.9	*21.9	**0.0	**0.0	*9.0	*32.4
	TOTAL	20.1	24.2	*2.4	*1.2	8.4	42.1
Persons	15 to 24	21.0	45.6	*2.4	9.4	9.6	60.7
	25 to 34	16.5	35.8	*4.3	**0.0	8.1	52.3
	35 to 44	16.0	26.2	*2.6	**0.8	10.4	45.8
	45 to 54	11.9	18.4	**0.6	**0.9	8.0	34.2
	55 to 64	*6.3	19.5	**1.7	**1.0	*4.3	26.4
	65 and over	*7.2	18.4	**0.0	**0.0	*5.7	24.0
	TOTAL	14.6	29.5	2.3	2.3	8.2	44.3

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2009

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

(c) All aerobics/fitness participants describing their activity as organised by a sport or recreation club or association have been recoded to fitness, leisure or indoor sports centre

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 58: Northern Territory participants — total participation in specific activities (organised and non-organised) by sex, 2009 (a)

Activity	MALES		FEMALES		PERSONS	
	Number (‘000)	Total participation rate (b) (%)	Number (‘000)	Total participation rate (%)	Number (‘000)	Total participation rate (%)
Aerobics/fitness	12.2	14.3	21.2	26.4	33.3	20.1
Aquarobics	**0.0	**0.0	*1.4	*1.7	*1.4	*0.8
Athletics/track and field	*1.0	*1.1	**0.4	**0.5	*1.3	*0.8
Australian rules football	6.2	7.3	*0.8	*1.0	7.0	4.2
Badminton	*0.8	*0.9	*0.6	*0.8	*1.4	*0.8
Baseball	*0.5	*0.6	**0.1	**0.1	*0.6	*0.4
Basketball	4.7	5.5	2.5	3.1	7.2	4.3
Billiards/snooker/pool	**0.3	**0.3	**0.0	**0.0	**0.3	**0.2
Boxing	*0.6	*0.7	*0.5	*0.7	*1.1	*0.7
Canoeing/kayaking	*0.7	*0.9	*0.7	*0.8	*1.4	*0.8
Carpet bowls	**0.0	**0.0	**0.1	**0.1	**0.1	**0.0
Cricket (indoor)	2.1	2.5	**0.3	**0.4	2.4	1.5
Cricket (outdoor)	5.8	6.9	*1.0	*1.3	6.9	4.2
Cycling	13.3	15.6	9.5	11.9	22.9	13.8
Dancing	*0.7	*0.8	2.1	2.6	2.8	1.7
Darts	*0.6	*0.8	**0.1	**0.1	*0.7	*0.4
Fishing	6.6	7.8	*1.7	*2.1	8.4	5.0
Football (indoor)	*1.4	*1.6	*1.8	*2.2	3.1	1.9
Football (outdoor)	6.4	7.5	2.6	3.2	9.0	5.4
Golf	9.0	10.6	*1.4	*1.8	10.4	6.3
Hockey (indoor)	**0.2	**0.3	**0.3	**0.4	*0.5	*0.3
Hockey (outdoor)	*1.6	*1.9	*1.0	*1.2	2.6	1.6
Horse riding/equestrian activities/polocrosse	**0.5	**0.5	*1.2	*1.5	*1.6	*1.0
Ice/snow sports	**0.2	**0.2	**0.4	**0.5	*0.6	*0.4
Lawn bowls	*1.1	*1.2	**0.3	**0.4	*1.4	*0.8
Martial arts	*1.4	*1.6	2.3	2.9	3.7	2.2
Motor sports	3.1	3.6	*0.7	*0.8	3.7	2.3
Netball	**0.3	**0.3	6.6	8.2	6.9	4.2
Orienteering	*0.6	*0.7	*0.7	*0.9	*1.3	*0.8
Rock climbing	*1.1	*1.3	*0.9	*1.1	*2.0	*1.2
Roller sports	*0.6	*0.7	**0.1	**0.2	*0.7	*0.4
Rowing	**0.1	**0.2	**0.0	**0.0	**0.1	**0.1
Rugby league	4.1	4.8	**0.5	**0.6	4.6	2.8
Rugby union	4.0	4.6	**0.5	**0.6	4.4	2.7
Running	9.9	11.7	6.8	8.5	16.8	10.1
Sailing	*0.6	*0.7	**0.1	**0.1	*0.7	*0.5
Scuba diving	**0.1	**0.1	**0.1	**0.2	**0.3	**0.2
Shooting sports	*0.6	*0.7	**0.0	**0.0	*0.6	*0.4
Softball	*0.7	*0.8	*0.7	*0.9	*1.4	*0.8
Squash/racquetball	3.0	3.5	**0.5	**0.6	3.5	2.1
Surf sports	**0.4	**0.5	**0.4	**0.5	*0.8	*0.5
Swimming	10.3	12.1	18.0	22.4	28.4	17.1
Table tennis	*0.9	*1.1	**0.1	**0.1	*1.0	*0.6
Tennis	4.3	5.1	2.5	3.1	6.8	4.1
Tenpin bowling	**0.3	**0.4	**0.2	**0.2	*0.5	*0.3
Touch football	3.7	4.3	3.5	4.3	7.2	4.3
Triathlon	*0.5	*0.6	**0.4	**0.4	*0.9	*0.5
Volleyball	3.2	3.7	2.4	3.0	5.6	3.4
Walking (bush)	5.4	6.4	3.6	4.5	9.0	5.4
Walking (other)	17.9	21.1	36.7	45.6	54.6	33.0
Water polo	**0.0	**0.0	**0.2	**0.3	**0.2	**0.1
Waterskiing/powerboating	*1.4	*1.7	*0.7	*0.8	2.1	1.2
Weight training	4.1	4.8	2.6	3.3	6.7	4.1
Yoga	*0.7	*0.8	5.8	7.2	6.5	3.9

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2009

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use

Table 59: Northern Territory participants — total participation in specific activities by type of activity, 2009 (a)

Activity	Number ('000)			Total participation rate (%) (b)		
	Organised	Non-organised	Total	Organised	Non-organised	Total
Aerobics/fitness	13.1	23.1	33.3	7.9	13.9	20.1
Aquarobics	*1.0	**0.4	*1.4	*0.6	**0.2	*0.8
Athletics/track and field	*1.2	**0.3	*1.3	*0.7	**0.2	*0.8
Australian rules football	4.4	2.9	7.0	2.6	1.8	4.2
Badminton	*1.2	**0.2	*1.4	*0.7	**0.1	*0.8
Baseball	**0.5	**0.2	*0.6	**0.3	**0.1	*0.4
Basketball	4.6	2.8	7.2	2.8	1.7	4.3
Billiards/snooker/pool	**0.2	**0.1	**0.3	**0.1	**0.1	**0.2
Boxing	**0.4	*1.0	*1.1	**0.2	*0.6	*0.7
Canoeing/kayaking	*0.6	*1.2	*1.4	*0.4	*0.7	*0.8
Carpet bowls	**0.1	**0.0	**0.1	**0.0	**0.0	**0.0
Cricket (indoor)	*1.4	*1.0	2.4	*0.9	*0.6	1.5
Cricket (outdoor)	4.7	2.5	6.9	2.8	1.5	4.2
Cycling	*1.9	21.8	22.9	*1.2	13.2	13.8
Dancing	*2.0	*1.2	2.8	*1.2	*0.7	1.7
Darts	**0.4	**0.4	*0.7	**0.2	**0.2	*0.4
Fishing	2.0	8.0	8.4	1.2	4.8	5.0
Football (indoor)	2.3	*1.4	3.1	1.4	*0.9	1.9
Football (outdoor)	5.2	4.2	9.0	3.2	2.6	5.4
Golf	4.9	7.4	10.4	3.0	4.5	6.3
Hockey (indoor)	**0.3	**0.2	*0.5	**0.2	**0.1	*0.3
Hockey (outdoor)	2.2	**0.4	2.6	1.4	**0.2	1.6
Horse riding/equestrian activities/polocrosse	*0.8	*1.4	*1.6	*0.5	*0.9	*1.0
Ice/snow sports	**0.0	*0.6	*0.6	**0.0	*0.4	*0.4
Lawn bowls	*1.1	**0.5	*1.4	*0.6	**0.3	*0.8
Martial arts	2.1	*1.8	3.7	1.3	*1.1	2.2
Motor sports	*1.4	3.0	3.7	*0.8	1.8	2.3
Netball	5.9	*1.9	6.9	3.5	*1.2	4.2
Orienteering	*0.9	**0.4	*1.3	*0.6	**0.2	*0.8
Rock climbing	**0.0	*2.0	*2.0	**0.0	*1.2	*1.2
Roller sports	**0.0	*0.7	*0.7	**0.0	*0.4	*0.4
Rowing	**0.0	**0.1	**0.1	**0.0	**0.1	**0.1
Rugby league	3.5	*1.3	4.6	2.1	*0.8	2.8
Rugby union	3.9	*0.9	4.4	2.3	*0.6	2.7
Running	3.0	15.3	16.8	1.8	9.3	10.1
Sailing	**0.5	*0.5	*0.7	**0.3	*0.3	*0.5
Scuba diving	**0.0	**0.3	**0.3	**0.0	**0.2	**0.2
Shooting sports	**0.1	*0.5	*0.6	**0.1	*0.3	*0.4
Softball	*1.3	**0.1	*1.4	*0.8	**0.1	*0.8
Squash/racquetball	*1.2	2.5	3.5	*0.7	1.5	2.1
Surf sports	**0.0	*0.8	*0.8	**0.0	*0.5	*0.5
Swimming	*1.9	27.2	28.4	*1.1	16.4	17.1
Table tennis	*0.9	**0.4	*1.0	*0.5	**0.2	*0.6
Tennis	2.7	4.9	6.8	1.6	3.0	4.1
Tenpin bowling	**0.1	**0.4	*0.5	**0.1	**0.3	*0.3
Touch football	6.2	*1.3	7.2	3.7	*0.8	4.3
Triathlon	*0.9	**0.3	*0.9	*0.5	**0.2	*0.5
Volleyball	3.9	*1.8	5.6	2.4	*1.1	3.4
Walking (bush)	*0.7	8.9	9.0	*0.4	5.4	5.4
Walking (other)	2.8	53.3	54.6	1.7	32.2	33.0
Water polo	**0.0	**0.2	**0.2	**0.0	**0.1	**0.1
Waterskiing/powerboating	**0.1	*2.0	2.1	**0.1	*1.2	1.2
Weight training	*0.8	6.0	6.7	*0.5	3.6	4.1
Yoga	2.5	4.3	6.5	1.5	2.6	3.9

(a) Relates to persons aged 15 years and over who participated in physical activity for exercise, recreation and sport over a 12-month period prior to interview in 2009

(b) For any group, the total participation rate is the number of persons who participated in the activity at least once in the last 12 months expressed as a percentage of the population in the same group

* Estimate has a relative standard error of between 25% and 50% and should be used with caution

** Estimate has a relative standard error greater than 50% and is considered too unreliable for general use