



Australian Government
Australian Sports Commission

What did you learn?

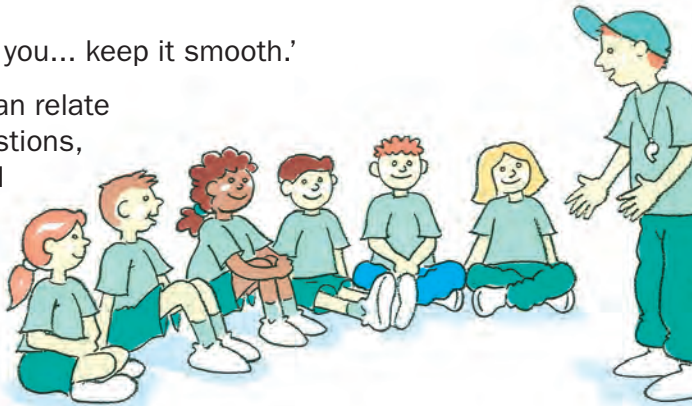
FORMAT > Q & A

Reinforce key skill or tactical points.

Use:

- > **cue words**, e.g. 'When you... keep it smooth.'
- > **tactical tips** – these can relate to *Ask the players* questions, e.g. 'Remember when I asked Mary, Kate and John to show us.... What did you learn?'

Link back to previous sessions.



Great work!

FORMAT > 'PAT ON THE BACK FEEDBACK AND ENCOURAGEMENT'

Examples

- > 'When you played... I saw some great examples of... '(Feedback could relate to kids fielding well, moving into space, anticipating the opposition etc. Use *Ask the players* as a guide.)
- > 'Today I saw lots of examples of players keeping an eye on the ball AND their team-mates. Well done!'

- > **Individual feedback.** Use when appropriate. Emphasise improvement rather than best all-round performance.



Let's see it!

FORMAT > SHORT FOCUSED DEMONSTRATION

Highlight a skill or tactical play.

Similar to 'What did you learn?' but practical.

- > Whisper to individuals or groups to be ready at the end of the session for a demonstration.

- > Gather everyone together. Say e.g., 'This group will demonstrate...'
- > Emphasise one key point and keep it short.



Put it away!

FORMAT > USE PHYSICAL ACTIVITY TO PUT AWAY EQUIPMENT SUCH AS MARKERS AND MATS

Write this into your session plan.

The usual safety rules apply such as safe 'traffic-flow', acting sensibly and being aware of others. Use it for:

- > gathering markers, balls and other small equipment
- > putting away mats, benches etc.

Use teams. For this to work well, you need to be organised.

