

TRANSGENDER & GENDER DIVERSE INCLUSION IN SPORT

FREQUENTLY ASKED QUESTIONS

01 How should I talk to someone who is trans or gender diverse?

Generally, conversations between team mates or people who you share a club with revolves around a shared sporting or community interest. Trans and gender diverse athletes and participants should be treated in the same way, with the same kind of respect for privacy.

03 Should trans and gender diverse people be allowed to play sport?

There are many benefits to being involved in sport and the sporting community. Policies that exclude trans and gender diverse participants have been found to be harmful not just to trans and gender diverse people but harmful to all people associated with sporting organisations. The great majority of sporting teams and clubs are founded on a belief in respect, fairness and courage, not on difference and exclusion.

02 What pronouns should I use?

Pronouns for trans and gender diverse athletes often align with the gender of the team or division they want to play in. It's also possible that a trans or gender diverse participant might prefer non-gendered pronouns like 'they,' or 'them'. If in doubt either ask politely about what pronouns are preferred or follow the lead of the person themselves. Make sure if you get it wrong, you apologise and try to use the correct pronouns next time.

04 What are the benefits of including trans and gender diverse athletes to my club or team?

Clubs and teams benefit from having a wide range of members and trans and gender diverse athletes bring as much passion, ability and interest to their sport as any other participant. However, open and inclusive teams and clubs have a direct benefit on the health and wellbeing of not just trans and gender diverse athletes, but also to the wellbeing of people associated with sporting organisations.

More information

Read the full *Guidelines for the inclusion of transgender and gender diverse people* in sport on the Sport Australia website.

Making sport inclusive for everyone