



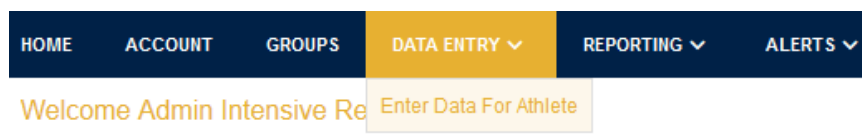
Applying to AIS Intensive Rehabilitation

Instructions for High Performance Directors

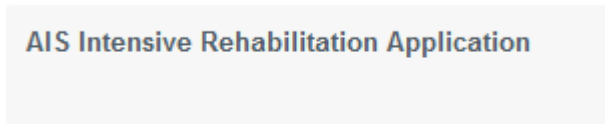
ONE | Login to the Athlete Management System (AMS) – <https://ams.ausport.gov.au/asc>

If you have any issues with login to AMS please contact ams@ausport.gov.au

TWO | Select Enter Data for Athlete under Data Entry from the top menu then select the athlete you wish to apply for



THREE | Select the 'AIS Intensive Rehabilitation Application' form as the Type of Event



FOUR | Complete the form, including attachment of relevant medical referrals, reports

The following criteria will apply for an athlete to be considered by the AIS Intensive Rehabilitation team:

- Categorised high performance Australian athlete.
- Return to performance competition timeframe requires an intensive rehabilitation intervention.
- Sport can't provide the rehabilitation services and facilities required to support the athlete return to performance in the required timeframe, and
- Agreement to the conditions of AIS Intensive Rehabilitation.

Does the athlete meet the ARC criteria?

Yes	No
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The partnership between the AIS, the NSO and the athlete hinges on a spirit of collaboration. In applying to AIS Intensive Rehabilitation, all partners are expected to:

- *Contribute to the discussion underpinning development of the athlete's rehabilitation plan*
- *Agree to the objectives of the rehabilitation plan and associated timelines*
- *Utilise the AMS to support communication between all partners*
- *Collaborate to enable a shared approach to rehabilitation, including throughout out DTE transition processes*

AIS sports science sports medicine services will be provided free of charge; however, costs of external services, such as those incurred when seeing a specialist physician for imaging will be borne by the athlete and/or their NSO.

Costs associated with flights, accommodation, meals and other incidentals are similarly borne by the athlete and/or their NSO.

FIVE | Once completed, press Save and Close at the bottom of the form. The AIS Intensive Rehabilitation team will be in touch within 7 days.

Having trouble submitting an application? Please contact AIS Intensive Rehabilitation at IntensiveRehab@sportaus.gov.au

